

Conditions Targeted by Medicaid Health Homes

States can improve care coordination and care management for Medicaid beneficiaries with complex needs by creating health homes. Health homes integrate physical and behavioral health services (both mental health and substance abuse) and long-term services and supports for high-need, high-cost Medicaid populations. As of December 2020, there are 37 approved health home models in 21 states and the District of Columbia.¹ States may target health home services to individuals with: (1) two chronic conditions; (2) one chronic condition and risk for a second; or (3) a serious mental illness. The following table lists the conditions targeted by each health home model. For more information on the specifics of conditions included or excluded by states, refer to the text of the state plan amendments.²

State/Model	SMI/SED	Mental Health Conditions*	Substance Use Disorder*	Asthma*	Diabetes ^{3*}	Heart Disease ^{4*}	BMI over 25 ^{5*}	Cancer	Cerebrovascular Disease	COPD	Dementia ⁶	Gastrointestinal disease ⁷	Hematologic conditions	Hepatitis B or C	HIV/AIDS	Hyperlipidemia	Hypertension	I/DD	Musculoskeletal Conditions ⁸	Neurological Conditions ⁹	Renal Disease ¹⁰	Sickle Cell	Other	Other Conditions Targeted	
California : Chronic conditions			X	X	X	X	X			X											X		X	chronic liver disease, congestive heart failure, dementia, traumatic brain injury or high blood pressure (but only when combined with COPD, diabetes, heart disease, or congestive heart failure). Also one chronic condition of asthma and risk of developing diabetes, substance use disorder, depression, or BMI over 25.	
California : SMI	X																								
Connecticut : SMI	X																								
Delaware : SMI	X																	X							
District of Columbia : SMI	X																								
District of Columbia : Chronic conditions		X	X	X	X	X	X														X				
Iowa : Chronic conditions		X	X	X	X	X	X	X									X								
Iowa : SMI/SED ¹¹	X																								
Kansas : Chronic conditions		X	X		X	X	X			X							X						X		metabolic syndrome, tobacco use, exposure to second-hand smoke
Kansas : SMI	X																								paranoid schizophrenia, severe bipolar disorder
Maine : Chronic conditions		X	X	X	X	X	X			X						X	X	X		X			X		tobacco use, seizure disorders, and cardiac and circulatory congenital abnormalities, developmental disabilities, autism
Maine : SMI/SED	X																								
Maine : SUD			X																				X		opioid dependency only
Maryland : SMI & SUD	X		X																				X		opioid dependency only

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Michigan: SMI/SED	X																						X	Other anxiety disorders, major depressive disorder (single episode), reaction to severe stress, and adjustment disorders, Major depressive disorder (recurrent), bipolar disorder, other mental disorders due to known physiological condition, schizoaffective disorders, attention-deficit hyperactivity disorders, schizophrenia	
Michigan: Chronic conditions				X	X	X				X							X							X	anxiety, depression
Michigan: SUD			X																					X	opioid dependency only
Minnesota: SMI/SED	X																								
Missouri: Chronic conditions		X	X	X	X	X	X											X						X	anxiety, depression, developmental disabilities, substance use disorder, chronic pain, diabetes, obesity, pediatric asthma, tobacco use
Missouri: SMI	X	X	X	X	X	X	X																		
New Jersey: SMI (adults)	X	X	X	X	X	X	X																		
New Jersey: SED (children)	X																								
New Mexico: SMI/SED	X																								
New York: Chronic conditions and SMI	X	X	X	X	X	X	X		X	X	X				X		X					X		X	congestive heart failure, eating disorders, alcohol dependency, and alcoholic liver disease, HIV/AIDS, complex trauma
New York: Chronic conditions (I/DD)																		X							
Oklahoma: SMI (adults)	X																								
Oklahoma: SED (children)	X																								
Rhode Island: Chronic conditions and SMI	X	X		X	X													X						X	developmental disabilities, Down syndrome, mental retardation, seizure disorders
Rhode Island: SMI	X																								
Rhode Island: SUD			X																					X	opioid dependency only
South Dakota: Chronic conditions and SMI	X	X	X	X	X	X	X			X							X		X						
Tennessee: SMI	X																								
Vermont: SUD			X																					X	opioid dependency only
Washington: Chronic conditions		X	X	X	X	X		X	X	X	X	X	X		X			X	X	X	X				
West Virginia: SMI																								X	bipolar disorder at risk for hepatitis B and/or C
West Virginia: Chronic conditions					X		X																	X	pre-diabetes, anxiety and/or depression

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Wisconsin: HIV/AIDS															X									

BMI = body mass index

COPD = chronic obstructive pulmonary disease

I/DD = intellectual/developmental disability

N/A = not applicable

SED = serious emotional disturbance

SMI = severe mental illness

SUD = substance use disorder

* The health home statute specifically lists SMI, mental health conditions, substance use disorder, asthma, diabetes, heart disease, and BMI over 25 as being chronic conditions. States may target other chronic conditions of their choice.

¹ Alabama, Idaho, Illinois, North Carolina, Ohio, and Oregon have terminated their Medicaid health home SPAs and are no longer providing health home services.

² For a list of all approved health home state plan amendments, see the Health Home Information Resource Center. Available at: <http://www.medicaid.gov/state-resource-center/medicaid-state-technical-assistance/health-homes-technical-assistance/approved-health-home-state-plan-amendments.html>.

³ Diabetes includes other endocrine disease.

⁴ Heart disease includes all cardiovascular disease including peripheral vascular disease.

⁵ Or above the 85th percentile in pediatric populations. The District of Columbia's chronic conditions health homes enroll individuals with a BMI > 35.

⁶ Dementia includes Alzheimer's disease.

⁷ Gastrointestinal disease includes chronic alimentary system disease.

⁸ Musculoskeletal conditions include back and neck pain and other chronic pain syndromes.

⁹ Neurological conditions also includes traumatic brain injury.

¹⁰ Renal disease includes chronic kidney disease (on dialysis) and kidney failure.

¹¹ Iowa includes children with SED who have co-occurring substance use disorders, learning disorders, or intellectual disorders.