

INNOVATIVE PRACTICES FROM SECTION 1115 DEMONSTRATIONS SUBSTANCE USE DISORDER STATES: VIRGINIA

This resource is designed to capture innovative elements of 1115 SUD programs; it is not a comprehensive summary.

As part of the Department of Health and Human Services effort to combat the ongoing opioid crisis, on November 1, 2017, the Centers for Medicare & Medicaid Services issued <u>guidance</u> describing additional flexibilities to help states improve access to and quality of substance use disorder (SUD) treatment through <u>Medicaid section 1115 demonstrations</u>.

The Medicaid Innovation Accelerator Program (IAP) offered targeted technical support, tool development and cross-state learning opportunities to support states in their ongoing payment and deliver system reforms. IAP has supported a number of states in their Section 1115 demonstration SUD planning efforts, including Virginia.

Area	Features
Objectives Benefit	 Improve quality of care and population health outcomes Increase access to and utilization of addiction treatment services Decrease utilization of high-cost services Increase the number and type of clinicians providing SUD services
Enhancements	Full continuum of SUD treatment and recovery supports, including new inpatient detoxification, residential treatment and peer support services
Delivery System	95% Medicaid beneficiaries are enrolled in fully integrated health plans
Service Models and Delivery	 "Gold Card" Preferred Office-Based Opioid Treatment (OBOT) Community Service Boards, Federally Qualified Health Centers, outpatient clinics, psychiatric practices, primary care clinics Supports integrated buprenorphine-waivered practitioner with on-site licensed, credentialed addictions treatment professional providing counseling High touch SUD care coordination Higher rates for practitioner induction, individual and group counseling; can bill for Certified Peer Recovery Support Specialists; can bypass prior authorization requirements Behavioral health professionals performing service assessments must have telehealth capabilities; for enrollees without telehealth access, MCOs must contract with a subset of evaluators to provide in-home evaluations
Payment Methods	 Monthly rate for substance use care coordination by member, billed by buprenorphine-waivered practitioners in Preferred OBOTs
Performance/ Quality Measures	Virginia has implemented seven OBOT MAT quality measures to track adherence to best practices, including delivery of psychosocial services, urine drug screens, and monitor concomitant opioid prescriptions.



Area	Features
Special Populations	 Health plans are encouraged to develop special care coordination structures for pregnant and post-partum populations with histories of or current use of substances.
Network Development	 MCOs and BHSA were required to submit a pre-implementation Addiction Treatment Services Network Development Plan and an Addiction Treatment Services Network Readiness Plan Aggressive MAT Expansion Efforts: Comprehensive in-person and online training curricula for hundreds of prescribers, counselors/recovery coaches, care coordinators, and clinic administrators; Saturday CME Seminars; Statewide MAT Support Network hotline for new providers; regional champions (the state's MAT trainers who are physicians, pharmacists, registered nurses or licensed practical nurses) serve as mentors and hold case conferences; Project ECHO (Extension for Community Healthcare Outcomes) providing ongoing support for new waivered practitioners through telemedicine; OBOT quarterly Quality Collaboratives meeting
Stakeholder Engagement	 SUD Core workgroup provided recommendations on benefit design and included representatives from all state agencies, Chief Medical Officers from all MCOs/BHSA, addiction medicine experts. public and private behavioral health providers, FQHCs, hospitals, peer organizations and consumers.
Resources	 Virginia Addiction and Recovery Treatment Services website Presentation at CDC-CMCS-SAMHSA State Opioid Workshop Presentation on IAP webinar: Assessing SUD Provider and Service Capacity Presentation on IAP webinar: Leveraging Managed Care Contract Language to Improve SUD Purchasing Strategies
State Contact	Matthew Keats (Matthew.Keats@dmas.virginia.gov) Ashley Harrell (ashley.harrell@dmas.virginia.gov)