

Medicaid Innovation Accelerator Program Reducing Substance Use Disorders (SUD) Medication-Assisted Treatment Roundtables Program Overview

January 31, 2019

The Medicaid Innovation Accelerator Program (IAP) is a collaboration between the Center for Medicaid and CHIP Services and the Center for Medicare and Medicaid Innovation designed to build state capacity and support ongoing innovation in Medicaid. The Medicaid IAP provides targeted support to states' ongoing delivery system reform efforts across four priority program areas: (1) reducing substance use disorders; (2) improving care for Medicaid beneficiaries with complex care needs and high costs; (3) promoting community integration through long-term services and supports, and (4) supporting physical/mental health integration. IAP also provides support in four functional areas, which IAP sees as the building blocks to delivery system reform: (1) data analytics, (2) quality measurement, (3) value-based payment and financial simulations, and (4) performance improvement.

Medication-Assisted Treatment Roundtables (March 2019 – September 2019)

As part of the Reducing Substance Use Disorders (SUD) Program Area, the IAP is holding virtual Medication-Assisted Treatment (MAT) Roundtables to provide opportunities for states to review: (1) key MAT practices and (2) methods used to expand and/or modernize MAT provider delivery strategies for SUD treatment, particularly opioid use disorder (OUD) in Medicaid. Through webinars that use a point-counterpoint format, each roundtable will consider how states can use these strategies in decision-making and program planning in the Medicaid arena. These roundtables will not be in-person.

Participant Roles:

- Principle Discussants: The IAP team has pre-selected two point-counterpoint discussants. The pre-selected principal discussants will express either the benefits (pros) or drawbacks (cons) of a specific policy or practice regarding a MAT topic based on activity in his or her respective state. Each principal discussant will have 3–5 minutes to present the pros or cons on the roundtable issue to springboard discussion among roundtable participants.
- Active Participants: Each roundtable will have up to 10 states that actively participate and represent their state's viewpoints in the discussions. States may have multiple active participants in each roundtable. Through the submission of an Expression of Interest form, states will indicate which roundtable(s) they would like to join as active discussion participants.
- Listen-Only Participants: State attendees who do not want to actively participate are welcome listen-in to the roundtable.

Each roundtable also will include IAP moderators to guide discussions on MAT topics.

Roundtable Descriptions

Roundtable discussions will occur monthly from March 2019 through August 2019. Roundtables will focus on innovative methods for improving MAT delivery strategies. The following are the six-monthly roundtable topics:

- 1. Pharmacotherapy or MAT: Which Is Preferable?**
Focus on comparing states' experiences with either requiring counseling as a condition of receiving OUD medication or not requiring its provision. The webinar also will consider the role of psychosocial services and counseling within comprehensive SUD treatment that includes medication.
- 2. The Value of Withdrawal Management: Where's the Return on Investment?**
Explore relying on withdrawal management disconnected from treatment in contrast to creating multiple points for the induction of available medication—for example, emergency departments, residential treatment, and needle exchange programs. The objective of this webinar is to inform states about strategies for facilitating increased treatment initiation.
- 3. The Role of Opioid Treatment Programs: Time for a Change?**
Discuss the traditional role of opioid treatment programs (OTPs) and the evolution and expansion of the OTP model in several states. The webinar will provide an opportunity to discuss broadening the scope of OTPs to include all medications, developing an internal health care component, and creating relationships with primary care and office-based opioid treatment providers.
- 4. Low Barrier MAT: What Will It Take to Increase the Uptake of Alternative Access Models?**
Discuss access expansion through innovative models that include mobile units, emergency department induction, telehealth, and other “medication first” strategies.
- 5. MAT Collaborative Care: Is It the Only Way to Increase Access?**
Discuss the use of collaborative care models as MAT delivery systems, comparing the value of team-based physician support with models in which medications are delivered in isolation from other SUD services.
- 6. MAT: Should All SUD Treatment Organizations Be Required to Provide It?**
Discuss the issues that need to be addressed for all treatment organizations (i.e. providers) to meet this (MAT) standard of care, including obstacles to its incorporation into clinical practice, incentives for supporting its inclusion, and regulatory and contractual changes that may facilitate achievement of this milestone.

The MAT roundtables webinar series will culminate in early September 2019 with a final cohort closeout webinar, which will recap the ideas discussed in the preceding roundtable webinars. The closeout webinar will revisit the point-counterpoint arguments raised by principal discussants in earlier roundtables and discuss the pivotal highlights from the roundtables.

Participant Recruitment

The active state participants in each roundtable will be solicited using an Expression of Interest (EOI) process. States are asked to indicate which roundtables they would like to actively participate in and to list the individuals from their state that they plan to participate in the roundtable. Participant status will be allocated based the following criteria:

- The state Medicaid director has provided the approval for someone to represent the state in a roundtable.

- The state can cultivate substantive discussion during the roundtable as indicated by the viewpoint description, discussion points and questions listed on the EOI form.

For states that do not wish to actively participate in the discussion or those who are not chosen as active participants, there will be access to the roundtable webinar in a “listen mode” only. Choosing to join in “listen mode” does not require an EOI form, but rather an email indicating who from the state would like to be invited to listen in on the roundtables.

Resources

Following each roundtable, a summary of the webinar discussion will be distributed to all registered participants, and they will be encouraged to use the summary document to initiate conversations in their state on the topic of the webinar and the contrasting points raised through the point-counterpoint arguments.

How Do Interested States Apply for Technical Support?

Interested states are asked to submit the Expression of Interest form to sudcms@us.ibm.com by **February 21, 2019, midnight ET**. The Expression of Interest form can be found online on the IAP SUD webpage. For questions about this technical support opportunity, contact katherine.griffith@cms.hhs.gov.

States that would like to attend the roundtables in “listen mode” only are asked to submit an email to sudcms@us.ibm.com indicating they would like to attend in “listen mode.” The IAP team will add them to the webinar registration invitations.