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State/Territory Name: Idaho

State Plan Amendment (SPA) #: 19-0011

This file contains the following documents in the order listed:

DEPARTMENT OF HEALTH & HUMAN SERVICES
Centers for Medicare & Medicaid Services
Seattle Regional Office
701 Fifth Avenue, Suite 1600, MS/RX-200
Seattle, WA 98104

Western Division - Regional Operations Group

December 23, 2019

Dave Jeppesen, Director
Department of Health and Welfare
Towers Building - Tenth Floor
PO Box 83720
Boise, ID 83720-0036

RE: Idaho State Plan Amendment (SPA) Transmittal Number 19-0011

Dear Mr. Jeppesen:

The Centers for Medicare & Medicaid Services (CMS) has completed its review of the enclosed SPA Transmittal Number 19-0011. This SPA amends Idaho's Basic Alternative Benefit Plan (Basic ABP) to add children's habilitation intervention services to the Basic ABP. The habilitation intervention services for children include Habilitative Skill, Behavioral Intervention, Interdisciplinary Training, and Crisis Intervention services.

This SPA was approved by CMS on December 20, 2019 with an effective date of July 1, 2019. Enclosed is a copy of the approved pages for incorporation into the Idaho State Plan.

If there are any questions concerning this approval, please contact me or your staff may contact Walter Neal at walter.neal@cms.hhs.gov or 206-615-2330.

Sincerely,

[redacted]

David L. Meacham
Deputy Director

Enclosure

cc:

Matt Wimmer, Administrator

Alternative Benefit Plan

OMB Control Number: 0938-1148

Attachment 3.1-C- N

OMB Expiration date: 10/31/2014

Selection of Benchmark Benefit Package or Benchmark-Equivalent Benefit Package ABP3

Select one of the following:

- (•) The state/territory is amending one existing benefit package for the population defined in Section 1.
- ( ) The state/territory is creating a single new benefit package for the population defined in Section 1.

Name of benefit package: Basic Alternative Benefit Plan

Selection of the Section 1937 Coverage Option

The state/territory selects as its Section 1937 Coverage option the following type of Benchmark Benefit Package or Benchmark-Equivalent Benefit Package under this Alternative Benefit Plan (check one):

- (•) Benchmark Benefit Package.
- ( ) Benchmark-Equivalent Benefit Package.

The state/territory will provide the following Benchmark Benefit Package (check one that applies):

- ( ) The Standard Blue Cross/Blue Shield Preferred Provider Option offered through the Federal Employee Health Benefit Program (FEHBP).
- ( ) State employee coverage that is offered and generally available to state employees (State Employee Coverage):
- ( ) A commercial HMO with the largest insured commercial, non-Medicaid enrollment in the state/territory (Commercial HMO):
- (•) Secretary-Approved Coverage.
  - ( ) The state/territory offers benefits based on the approved state plan.
  - (•) The state/territory offers an array of benefits from the section 1937 coverage option and/or base benchmark plan benefit packages, or the approved state plan, or from a combination of these benefit packages.

Please briefly identify the benefits, the source of benefits and any limitations:

Idaho offers benefits that are based on Idaho's Base Benchmark Small Group plan, Preferred Blue, plus additional services that are appropriate for the Medicaid Participants choosing this plan.

Selection of Base Benchmark Plan

The state/territory must select a Base Benchmark Plan as the basis for providing Essential Health Benefits in its Benchmark or Benchmark-Equivalent Package.

The Base Benchmark Plan is the same as the Section 1937 Coverage option. Yes

Other Information Related to Selection of the Section 1937 Coverage Option and the Base Benchmark Plan (optional):

1. The state assures that all services in the base benchmark have been accounted for throughout the benefit chart found in ABP5.

2. The state assures the accuracy of all information in ABP5 depicting amount, duration and scope parameters of services authorized in the currently approved Medicaid state plan.

PRA Disclosure Statement

According to the Paperwork Reduction Act of 1995, no persons are required to respond to a collection of information unless it displays a valid OMB control number. The valid OMB control number for this information collection is 0938-1148. The time required to complete this information collection is estimated to average 5 hours per response, including the time to review instructions, search existing data resources, gather the data needed, and complete and review the information collection. If you have comments concerning the accuracy of the time estimate(s) or suggestions for improving this form, please write to: CMS, 7500 Security Boulevard, Attn: PRA Reports Clearance Officer, Mail Stop C4-26-05, Baltimore, Maryland 21244-1850.

V.20130801

Alternative Benefit Plan

OMB Control Number: 0938-1148
OMB Expiration date: 10/31/2014

Attachment 3.1-C- N

Alternative Benefit Plan Cost-Sharing	ABP4

☑ Any cost sharing described in Attachment 4.18-A applies to the Alternative Benefit Plan.

Attachment 4.18-A may be revised to include cost sharing for ABP services that are not otherwise described in the state plan. Any such cost sharing must comply with Section 1916 of the Social Security Act.

The Alternative Benefit Plan for individuals with income over 100% FPL includes cost-sharing other than that described in Attachment 4.18-A.	No

Other Information Related to Cost Sharing Requirements (optional):

PRA Disclosure Statement

According to the Paperwork Reduction Act of 1995, no persons are required to respond to a collection of information unless it displays a valid OMB control number. The valid OMB control number for this information collection is 0938-1148. The time required to complete this information collection is estimated to average 5 hours per response, including the time to review instructions, search existing data resources, gather the data needed, and complete and review the information collection. If you have comments concerning the accuracy of the time estimate(s) or suggestions for improving this form, please write to: CMS, 7500 Security Boulevard, Attn: PRA Reports Clearance Officer, Mail Stop C4-26-05, Baltimore, Maryland 21244-1850.

V.20130807

Alternative Benefit Plan

State Name: Idaho

Attachment 3.1-L- B

OMB Control Number: 0938-1148

Transmittal Number: ID - 19 - 0011

Benefits Description ABP5

The state/territory proposes a "Benchmark-Equivalent" benefit package. No

Benefits Included in Alternative Benefit Plan

Enter the specific name of the base benchmark plan selected:

Preferred Blue, Blue Cross of Idaho Health Services, Inc.

Enter the specific name of the section 1937 coverage option selected, if other than Secretary-Approved. Otherwise, enter "Secretary-Approved."

Secretary-Approved.

Alternative Benefit Plan

■ 1. Essential Health Benefit: Ambulatory patient services Collapse All ☐

Benefit Provided: Primary Care Visit to Treat an Injury or Illness
Source: Base Benchmark Small Group
Remove
Authorization: None
Provider Qualifications: Selected Public Employee/Commercial Plan
Amount Limit: None
Duration Limit: None
Scope Limit: None
Other information regarding this benefit, including the specific name of the source plan if it is not the base benchmark plan:

Benefit Provided: Specialist Visit
Source: Base Benchmark Small Group
Remove
Authorization: Prior Authorization
Provider Qualifications: Selected Public Employee/Commercial Plan
Amount Limit: None
Duration Limit: None
Scope Limit: None
Other information regarding this benefit, including the specific name of the source plan if it is not the base benchmark plan: Selected services require prior authorization.

Benefit Provided: Other Practitioner Office Visit
Source: Base Benchmark Small Group
Remove
Authorization: Prior Authorization
Provider Qualifications: Selected Public Employee/Commercial Plan
Amount Limit: None
Duration Limit: None
Scope Limit: None

Alternative Benefit Plan

Other information regarding this benefit, including the specific name of the source plan if it is not the base benchmark plan:

Selected services require prior authorization.

Remove

Benefit Provided: Outpatient Facility Fee (e.g., ASC)

Source: Base Benchmark Small Group

Authorization: Prior Authorization

Provider Qualifications: Selected Public Employee/Commercial Plan

Amount Limit: None

Duration Limit: None

Scope Limit: None

Other information regarding this benefit, including the specific name of the source plan if it is not the base benchmark plan:

Ambulatory Surgery Center (ASC).

Selected services require prior authorization.

Remove

Benefit Provided: Outpatient Surgery Physician/Surgical Services

Source: Base Benchmark Small Group

Authorization: Prior Authorization

Provider Qualifications: Selected Public Employee/Commercial Plan

Amount Limit: None

Duration Limit: None

Scope Limit: None

Other information regarding this benefit, including the specific name of the source plan if it is not the base benchmark plan:

Selected services require prior authorization.

Remove

Benefit Provided: Urgent Care Centers or Facilities

Source: Base Benchmark Small Group

Authorization: None

Provider Qualifications: Selected Public Employee/Commercial Plan

Amount Limit: None

Duration Limit: None

Alternative Benefit Plan

Scope Limit:

None

Other information regarding this benefit, including the specific name of the source plan if it is not the base benchmark plan:

Benefit Provided:

Chiropractic Care

Source:

Base Benchmark Small Group

Remove

Authorization:

Authorization required in excess of limitation

Provider Qualifications:

Selected Public Employee/Commercial Plan

Amount Limit:

Six (6) visits

Duration Limit:

None

Scope Limit:

Coverage only for treatment involving manipulation of the spine to correct a subluxation condition.

Other information regarding this benefit, including the specific name of the source plan if it is not the base benchmark plan:

The Department will review for medical necessity and prior authorize chiropractic services after the initial six visits per year.

Benefit Provided:

Radiation Therapy

Source:

Base Benchmark Small Group

Remove

Authorization:

None

Provider Qualifications:

Selected Public Employee/Commercial Plan

Amount Limit:

None

Duration Limit:

None

Scope Limit:

None

Other information regarding this benefit, including the specific name of the source plan if it is not the base benchmark plan:

Benefit Provided:

Renal Dialysis

Source:

Base Benchmark Small Group

Remove

Authorization:

None

Provider Qualifications:

Selected Public Employee/Commercial Plan

Amount Limit: None

Duration Limit: None

Scope Limit: None

Other information regarding this benefit, including the specific name of the source plan if it is not the base benchmark plan:

Benefit Provided: Respiratory Therapy

Source: Base Benchmark Small Group

Remove

Authorization: None

Provider Qualifications: Selected Public Employee/Commercial Plan

Amount Limit: None

Duration Limit: None

Scope Limit: None

Other information regarding this benefit, including the specific name of the source plan if it is not the base benchmark plan:

Benefit Provided: Enterostomal Therapy

Source: Base Benchmark Small Group

Remove

Authorization: None

Provider Qualifications: Selected Public Employee/Commercial Plan

Amount Limit: None

Duration Limit: None

Scope Limit: None

Other information regarding this benefit, including the specific name of the source plan if it is not the base benchmark plan:

Benefit Provided: Home IV Therapy

Source: Base Benchmark Small Group

Remove

Alternative Benefit Plan

Authorization:
None

Provider Qualifications:
Selected Public Employee/Commercial Plan

Amount Limit:
None

Duration Limit:
None

Scope Limit:
None

Other information regarding this benefit, including the specific name of the source plan if it is not the base benchmark plan:

Benefit Provided:
Hospice

Source:
Base Benchmark Small Group

Remove

Authorization:
Prior Authorization

Provider Qualifications:
Selected Public Employee/Commercial Plan

Amount Limit:
None

Duration Limit:
None

Scope Limit:
None

Other information regarding this benefit, including the specific name of the source plan if it is not the base benchmark plan:

Concurrent care for children under the age of 21 is covered.

As soon as they begin to receive this benefit, participants are transitioned to the Enhanced ABP, so extended coverage of hospice care is not provided under this Basic ABP.

Add

Alternative Benefit Plan

■ 2. Essential Health Benefit: Emergency services

Collapse All ☐

Benefit Provided: Emergency Room Services

Source: Base Benchmark Small Group

Remove

Authorization: None

Provider Qualifications: Selected Public Employee/Commercial Plan

Amount Limit: None

Duration Limit: None

Scope Limit: None

Other information regarding this benefit, including the specific name of the source plan if it is not the base benchmark plan:

Benefit Provided: Emergency Transportation/Ambulance

Source: Base Benchmark Small Group

Remove

Authorization: None

Provider Qualifications: Selected Public Employee/Commercial Plan

Amount Limit: None

Duration Limit: None

Scope Limit: None

Other information regarding this benefit, including the specific name of the source plan if it is not the base benchmark plan:

Add

Alternative Benefit Plan

■ 3. Essential Health Benefit: Hospitalization — Collapse All ☐

Benefit Provided: Inpatient Hospital Services (e.g., Hospital Stay)
Source: Base Benchmark Small Group
Remove
Authorization: Authorization required in excess of limitation
Provider Qualifications: Selected Public Employee/Commercial Plan
Amount Limit: None
Duration Limit: None
Scope Limit: None
Other information regarding this benefit, including the specific name of the source plan if it is not the base benchmark plan:
Inpatient stays are reviewed by the Department or its contractor after three days, or in four days if the participant has had a cesarean section.

Selected services require prior authorization.

Benefit Provided: Inpatient Physician and Surgical Services
Source: Base Benchmark Small Group
Remove
Authorization: Prior Authorization
Provider Qualifications: Selected Public Employee/Commercial Plan
Amount Limit: None
Duration Limit: None
Scope Limit: None
Other information regarding this benefit, including the specific name of the source plan if it is not the base benchmark plan:
Selected services require prior authorization.

Benefit Provided: Radiation Therapy: Inpatient
Source: Base Benchmark Small Group
Remove
Authorization: None
Provider Qualifications: Selected Public Employee/Commercial Plan
Amount Limit: None
Duration Limit: None
Scope Limit: None

Alternative Benefit Plan

Other information regarding this benefit, including the specific name of the source plan if it is not the base benchmark plan:

Add

Alternative Benefit Plan

☑ 4. Essential Health Benefit: Maternity and newborn care — Collapse All ☐

Benefit Provided: Prenatal and Postnatal Care

Source: Base Benchmark Small Group

Remove

Authorization: None

Provider Qualifications: Selected Public Employee/Commercial Plan

Amount Limit: None

Duration Limit: None

Scope Limit: None

Other information regarding this benefit, including the specific name of the source plan if it is not the base benchmark plan:

See "Other 1937 Benefits" for additional provider types covered beyond the Base Benchmark: Other Licensed Practitioner, Licensed Midwife.

Participants in the optional pregnant individuals group may receive EHB and other 1937 services that are pregnancy-related as described below:
Idaho covers services that are necessary for the health of the pregnant individual and fetus, or that have become necessary because of the individual having been pregnant and services for other conditions that might complicate the pregnancy. Coverage includes prenatal care, delivery, postpartum care, and family planning services. This coverage includes services for the mother or fetus for other conditions that might complicate the pregnancy, including those for diagnoses, illnesses, or medical conditions that might threaten the carrying of the fetus to full term or the safe delivery of the fetus. Pregnancy-related services are covered for a postpartum period that begins on the last day of pregnancy and extends through the end of the month in which the 60-day period following termination of pregnancy ends.

Idaho does not cover services for pregnant individuals that are medically contraindicated during pregnancy or elective procedures for conditions that do not threaten the health of the pregnant individual, the carrying of the fetus to full term, or the safe delivery of the fetus.

Based on the benefits provided, this group does not meet Minimum Essential Coverage under section 5000A(f)(1)(E) of the Internal Revenue Code on 1986.

Benefit Provided: Delivery and All Inpatient Services-Maternity Care

Source: Base Benchmark Small Group

Remove

Authorization: None

Provider Qualifications: Selected Public Employee/Commercial Plan

Amount Limit: None

Duration Limit: None

Scope Limit: None

Alternative Benefit Plan

Other information regarding this benefit, including the specific name of the source plan if it is not the base benchmark plan:

Freestanding Birth Centers are not a recognized provider type in Idaho and are not approved for Idaho Medicaid payment. Freestanding Birth Centers are not licensed in Idaho.

Add

Alternative Benefit Plan

Collapse All ☐

☑ 5. Essential Health Benefit: Mental health and substance use disorder services including behavioral health treatment

Remove

Benefit Provided: Substance Use Disorder Outpatient Services

Source: Base Benchmark Small Group

Authorization: None

Provider Qualifications: Other

Amount Limit: None

Duration Limit: None

Scope Limit: None

Other information regarding this benefit, including the specific name of the source plan if it is not the base benchmark plan:

Qualified Providers:
1) Licensed physician
2) Advanced Practice Registered Nurse
3) Physician Assistant
4) Licensed Social Worker
5) Licensed Counselor
6) Licensed Marriage and Family Therapist
7) Providers who hold at least a Bachelor's degree, a Certification or Licensing in their field, and meet requirements of Idaho Department of Health and Welfare or its Contractor
8) Licensed Psychologist, Psychologist Extender (Registered with the Idaho Bureau of Occupational Licenses)
9) Registered Nurse

Remove

Benefit Provided: MH/BH Inpatient Services

Source: Base Benchmark Small Group

Authorization: Prior Authorization

Provider Qualifications: Selected Public Employee/Commercial Plan

Amount Limit: None

Duration Limit: None

Scope Limit: None

Other information regarding this benefit, including the specific name of the source plan if it is not the base benchmark plan:

Mental Health/Behavioral Health Inpatient Services.

Services are not provided in an IMD.

Remove

Benefit Provided: Substance Use Disorder Inpatient Services

Source: Secretary-Approved Other

Alternative Benefit Plan

Authorization:
Prior Authorization

Provider Qualifications:
Other

Amount Limit:
None

Duration Limit:
None

Scope Limit:
None

Other information regarding this benefit, including the specific name of the source plan if it is not the base benchmark plan:

The Department covers Substance Use Disorder Inpatient Services with services that are the same as the Base Benchmark with the exception of Residential Treatment services.

Services are not provided in an IMD.

Remove

Benefit Provided:
Partial Care

Source:
Secretary-Approved Other

Authorization:
None

Provider Qualifications:
Other

Amount Limit:
None

Duration Limit:
None

Scope Limit:
None

Other information regarding this benefit, including the specific name of the source plan if it is not the base benchmark plan:

Program Description: Partial Care Treatment; 1905(a)(6) of the Act.

* Services are prior authorized, and there is no limitation in amount, duration or scope.

* A distinct and organized intensive ambulatory treatment service offering less than 24-hour daily care that is reasonable and necessary for the diagnosis or active treatment of the individual's condition, reasonably expected to improve or reduce disability or restore the individual's condition and functional level and to prevent relapse or hospitalization. These services occur through the application of principles of behavior modification for behavior change and structured, goal-oriented group socialization for skill acquisition.

* Partial Care is a program of services that include support therapy, medication monitoring, and skills building as appropriate for the individual. Each service must be delivered by a person licensed or certified to deliver those services.

Partial Care treatment may be provided by one of the following contracted licensed or certified professionals within the scope of their practice:
1) Licensed physician
2) Advanced Practice Registered Nurse
3) Physician Assistant
4) Licensed Social Worker
5) Licensed Counselor

6) Licensed Marriage and Family Therapist
7) Providers who hold at least a Bachelor's degree and are Licensed Social Workers
8) Licensed Psychologist, Psychologist Extender (Registered with the Idaho Bureau of Occupational Licenses)
9) Registered Nurse

- These licensed practitioners provide supervision to unlicensed practitioners, including certified alcohol and drug counselors.
- Such supervision is included in the State's Scope of Practice Act for the supervising licensed practitioner.
- The licensed practitioner assumes professional responsibility for the services provided by the unlicensed practitioner.

Remove

Benefit Provided: Psychotherapy: Individual, Family, and Group

Source: Base Benchmark Small Group

Authorization: None

Provider Qualifications: Selected Public Employee/Commercial Plan

Amount Limit: None

Duration Limit: None

Scope Limit: None

Other information regarding this benefit, including the specific name of the source plan if it is not the base benchmark plan:

Outpatient psychotherapy services are in-person, non-electronic services (except when telehealth is provided in accordance with board regulations), and are used to treat mental health conditions and substance use disorders. Family and Individual Psychotherapy may be delivered in a home or community-based setting.

Remove

Benefit Provided: MH/BH Outpatient Services: ECT Therapy

Source: Base Benchmark Small Group

Authorization: Prior Authorization

Provider Qualifications: Selected Public Employee/Commercial Plan

Amount Limit: None

Duration Limit: None

Scope Limit: None

Other information regarding this benefit, including the specific name of the source plan if it is not the base benchmark plan:

Remove

Benefit Provided: Medication Management

Source: Base Benchmark Small Group

Authorization:
None

Provider Qualifications:
Selected Public Employee/Commercial Plan

Amount Limit:
None

Duration Limit:
None

Scope Limit:
None

Other information regarding this benefit, including the specific name of the source plan if it is not the base benchmark plan:

Provider Qualifications
Services may be provided by one of the following contracted professionals within the scope of their practice:
1) Licensed physician
2) Licensed non-physician practitioner with prescriptive authority

Benefit Provided:
Intensive Outpatient Program, MH and SUDs

Source:
Base Benchmark Small Group

Remove

Authorization:
None

Provider Qualifications:
Other

Amount Limit:
None

Duration Limit:
None

Scope Limit:
IOP services do not include overnight housing.

Other information regarding this benefit, including the specific name of the source plan if it is not the base benchmark plan:

An Intensive Outpatient Program (IOP) can be used to treat mental health conditions or substance use disorders, or can specialize in the treatment of co-occurring mental health and substance-related disorders. IOP is a structured program for participants whose symptoms result in significant personal distress and/or significant psychosocial and environmental issues. IOP provides not only behavioral health treatment, but also the opportunity to practice new skills. Programs for adolescents are offered separately from programs for adults, and each program and its staff must meet the certification and credentialing criteria of the Idaho Department of Health and Welfare. In compliance with EPSDT, this service is covered for children through the month of their twenty-first (21st) birthday when medically necessary.

IOP is appropriate for participants who are experiencing symptoms that can be addressed and managed in a level of care that is less intensive than psychiatric hospitalization but that require a higher level of care than routine outpatient services. The program may function as a step-down option from psychiatric hospitalization, partial hospitalization, or residential treatment, and may also be used to prevent or minimize the need for a more intensive level of treatment.

IOP–Mental Health occurs at a minimum of three (3) days per week, maintaining at least nine (9) hours of service for adults and at least six (6) hours of service for adolescents. IOP–SUDs maintains nine (9) to nineteen (19) hours of service weekly for adults and six (6) to nineteen (19) hours of service for adolescents. Services are expected to be maintained at this level throughout the duration of the program. However, services may be authorized at a less intense level for fewer hours per week as the participant

moves toward discharge until the participant can be safely and appropriately transitioned back into a less intensive level of outpatient care.

IOP services may include any of the following:
• Individual, group, and family psychotherapy and education focused on recovery
• Evidence-informed practices such as group therapy, cognitive behavioral therapy (CBT), motivational interviewing, and multidimensional family therapy
• Psychiatric evaluations and medication management
• Substance use screening and monitoring, if appropriate
• Transition management and discharge planning
• 24-hour crisis coverage
• Initial and ongoing risk assessments

Due to the non-residential nature of the program, IOP services are commonly provided during evenings and on weekends. Because IOP programs have such a different approach and intensity, they are not typically designed to be used for extended duration; instead they rely on an integrated approach using high-frequency contact to increase functioning, monitor and maintain stability, and support recovery.

Following the participant's admission to IOP, it is not appropriate for other behavioral health providers to provide services to the participant or bill for services outside the program, with the exception of psychiatric services and medication management. All other services are included in the IOP's per diem rate.

Provider Qualifications
IOP services may be provided by the following contracted professionals within the scope of their practice:
1) Licensed physician
2) Advanced Practice Registered Nurse
3) Physician Assistant
4) Licensed Social Worker
5) Licensed Counselor
6) Licensed Marriage and Family Therapist
7) Paraprofessionals who hold at least a Bachelor's degree and a current credential from the Psychiatric Rehabilitation Association (i.e., a certificate or certification in psychiatric rehabilitation based upon the primary population with whom the provider works, in accordance with the requirements set by the PRA), and who meet requirements of the Idaho Department of Health and Welfare
8) Licensed Psychologist, Psychologist Extender (Registered with the Idaho Bureau of Occupational Licenses)
9) Registered Nurse

The IOP provider is responsible for coordination of care with the participant's primary care provider (PCP) and other behavioral health providers.

Remove

Benefit Provided:	Source:
Psychological/Neuropsychological Testing	Base Benchmark Small Group
Authorization:	**Provider Qualifications:**
None	Other
Amount Limit:	**Duration Limit:**
None	None
Scope Limit:	
None	

Other information regarding this benefit, including the specific name of the source plan if it is not the base benchmark plan:

Provider Qualifications
The provider's professional training and licensure must include any of the following:
• A doctoral-level psychologist who is licensed to practice independently, and demonstrates sufficient training and experience.
• A psychometrist or psychometrician who administers and scores psychological tests under the supervision of a licensed, doctoral-level psychologist, and whose services are billed by the supervising psychologist.
– The supervising psychologist must have face-to-face contact with the member at intake and during the feedback session.
– The supervising psychologist is also responsible for final test interpretation, report writing, and final signature of approval.
• A master's-degreed behavioral health professional whose licensure specifically allows for provision of psychological testing services.
– The master's-degreed provider has professional expertise in the types of tests/assessments being administered.
– The master's-degreed provider is conducting test administration, scoring and interpretation in accordance with licensing standards and psychological testing professional and ethical standards.

Remove

Benefit Provided: Skills Building/CBRS: Adults

Source: Base Benchmark Small Group

Authorization: Prior Authorization

Provider Qualifications: Other

Amount Limit: None

Duration Limit: None

Scope Limit:

Limited to adults age 18 or over who are receiving treatment for a Severe and Persistent Mental Illness (SPMI) or Serious Mental Illness (SMI) and have a functional impairment

Other information regarding this benefit, including the specific name of the source plan if it is not the base benchmark plan:

The Skills Building/Community Based Rehabilitation Services (CBRS): Adults service focuses on behavioral, social, communication, rehabilitation, and/or basic living skills training to increase a participant's functioning and decrease mental health and/or behavioral symptoms. Skills Building/CBRS addresses an adult's ability to function adaptively in home and community settings. Examples of training areas that may be addressed include self-care, behavior, social decorum, avoidance of exploitation, anger management, budgeting, development of social support networks, and use of community resources.

Delivered pursuant to a written plan of care, Skills Building/CBRS vary in intensity, frequency, and duration in order to support the participant's ability to manage functional difficulties and to realize recovery and resiliency goals.

Skills Building/CBRS is appropriate for adults receiving treatment for a Severe and Persistent Mental Illness (SPMI) or Serious Mental Illness (SMI) when they have been assessed to have at least two (2) significant functional deficits related to the identified SPMI/SMI, and Skills Building/CBRS services are necessary in order for the adult to obtain and/or apply developmentally age-appropriate skills.

The participant's functioning in the following areas will be assessed to determine the training needs to

address using Skills Building/CBRS:
• Vocational/educational
• Financial
• Social relationships/support
• Family
• Basic living skills
• Housing
• Community/legal
• Health/medical

Skills Building/CBRS services may be provided by one of the following contracted professionals within the scope of their practice:
1) Licensed physician
2) Advanced Practice Registered Nurse
3) Physician Assistant
4) Licensed Social Worker
5) Licensed Counselor
6) Licensed Marriage and Family Therapist
7) Paraprofessionals who hold at least a Bachelor's degree and a current credential from the Psychiatric Rehabilitation Association (i.e., a certificate or certification in psychiatric rehabilitation based upon the primary population with whom the provider works, in accordance with the requirements set by the PRA), and who meet requirements of the Idaho Department of Health and Welfare
8) Licensed Psychologist, Psychologist Extender (Registered with the Idaho Bureau of Occupational Licenses)
9) Registered Nurse

Licensed clinicians qualified for independent practice in the State of Idaho may provide Skills Building/ CBRS services without the need to obtain a PRA credential. Paraprofessional providers who do not hold a current PRA credential and were hired on or after November 1, 2010, may deliver this service for a period not to exceed thirty (30) months from the initial date of hire. This thirty-month (30) period does not restart with new employment as a Skills Building/CBRS specialist when transferring to a new employer or agency. The provider must show documentation that they are working towards obtaining the required PRA credential. In order to continue providing this service as a Skills Building/CBRS specialist beyond the 30-month period, the paraprofessional provider must have obtained the required current PRA credential.

Remove

Benefit Provided: Skills Building/CBRS: Children

Source: Base Benchmark Small Group

Authorization: Prior Authorization

Provider Qualifications: Other

Amount Limit: None

Duration Limit: None

Scope Limit: None

Other information regarding this benefit, including the specific name of the source plan if it is not the base benchmark plan:

The Skills Building/Community Based Rehabilitation Services (CBRS): Children service focuses on behavioral, social, communication, rehabilitation, and/or basic living skills training to increase a participant’s functioning and decrease mental health and/or behavioral symptoms. Skills Building/CBRS

addresses the child's ability to function adaptively in home and community settings.

Delivered pursuant to a written plan of care, Skills Building/CBRS vary in intensity, frequency, and duration in order to support the participant's ability to manage functional difficulties and to realize recovery and resiliency goals.

Skills Building/CBRS is appropriate for a child receiving treatment for a SED when the child has been assessed to have at least one (1) significant functional deficit related to the identified SED and Skills Building/CBRS are necessary in order for the child to obtain and/or apply developmentally age-appropriate skills.

The participant's functioning in the following areas will be assessed to determine the training needs to address using Skills Building/CBRS:
• Vocational/educational
• Financial
• Social relationships/support
• Family
• Basic living skills
• Community/legal

Skills Building/CBRS services may be provided by one of the following contracted professionals within the scope of their practice:
1) Licensed physician
2) Advanced Practice Registered Nurse
3) Physician Assistant
4) Licensed Social Worker
5) Licensed Counselor
6) Licensed Marriage and Family Therapist
7) Paraprofessionals who hold at least a Bachelor's degree and a current credential from the Psychiatric Rehabilitation Association (i.e., a certificate or certification in psychiatric rehabilitation based upon the primary population with whom the provider works, in accordance with the requirements set by the PRA), and who meet requirements of the Idaho Department of Health and Welfare
8) Licensed Psychologist, Psychologist Extender (Registered with the Idaho Bureau of Occupational Licenses)
9) Registered Nurse
10) Endorsed or certified school psychologist

Licensed clinicians qualified for independent practice in the State of Idaho may provide Skills Building/ CBRS services without the need to obtain a PRA credential. Paraprofessional providers who do not hold a current PRA credential and were hired on or after November 1, 2010, may deliver this service for a period not to exceed thirty (30) months from the initial date of hire. This thirty-month (30) period does not restart with new employment as a Skills Building/CBRS specialist when transferring to a new school district, charter school, or agency. The provider must show documentation that they are working towards obtaining the required PRA credential. In order to continue providing this service as a Skills Building/ CBRS specialist beyond the 30-month period, the paraprofessional provider must have obtained the required current PRA credential.

Add

■ 6. Essential Health Benefit: Prescription drugs

Benefit Provided:

Coverage is at least the greater of one drug in each U.S. Pharmacopeia (USP) category and class or the same number of prescription drugs in each category and class as the base benchmark.

Prescription Drug Limits (Check all that apply.):	Authorization:	Provider Qualifications:
☒ Limit on days supply	Yes	State licensed
☐ Limit on number of prescriptions		
☒ Limit on brand drugs		
☒ Other coverage limits		
☒ Preferred drug list		

Coverage that exceeds the minimum requirements or other:

The Department covers at least the greater of one drug in each U.S. Pharmacopeia (USP) category and class.

Prior Authorization criteria are developed by the Department's clinical pharmacists with input from the Medical Director, the Pharmacy and Therapeutics Committee, and the Drug Utilization Review Board. The criteria used to place drugs on prior authorization are based upon safety, efficacy and clinical outcomes as provided by the product labeling of the drug, and quality evidence provided by established drug compendia, and the Drug Effectiveness Review Program.

See "Other 1937 Benefits" for services provided in excess of the Base Benchmark.

Alternative Benefit Plan

■ 7. Essential Health Benefit: Rehabilitative and habilitative services and devices Collapse All ☐

Benefit Provided: Home Health Care Services: Skilled Nursing

Source: Base Benchmark Small Group

Remove

Authorization: None

Provider Qualifications: Selected Public Employee/Commercial Plan

Amount Limit: None

Duration Limit: None

Scope Limit: Skilled Nursing services provided through a Home Health Agency.

Other information regarding this benefit, including the specific name of the source plan if it is not the base benchmark plan:

Benefit Provided: Outpatient Rehabilitation Services: PT, OT, SLP

Source: Base Benchmark Small Group

Remove

Authorization: None

Provider Qualifications: Selected Public Employee/Commercial Plan

Amount Limit: Twenty (20) visits/yr. (rehabilitative services)

Duration Limit: None

Scope Limit: PT, OT, SLP rehabilitation services are for the purpose of restoring certain functional losses due to disease, illness, or injury.

Other information regarding this benefit, including the specific name of the source plan if it is not the base benchmark plan:

The Base Benchmark limit is up to 20 visits for all occupational therapy (OT), speech-language pathology services (SLP), and physical therapy (PT) combined, and includes both rehabilitation and habilitation. To comply with 45 CFR 156.115(a)(5)(iii), Idaho Medicaid is establishing separate, equal 20-visit limits each for rehabilitation and habilitation. Services are not provided through a Home Health Agency.

See Outpatient Rehabilitation services in excess of the Base Benchmark in "Other 1937 Benefits."

Benefit Provided: Habilitation Services

Source: Base Benchmark Small Group

Remove

Authorization: None

Provider Qualifications: Selected Public Employee/Commercial Plan

Amount Limit: Twenty (20) visits/yr. (habilitative services)

Duration Limit: None

Scope Limit:

PT, OT, SLP habilitation services related to developing skills and functional abilities necessary for daily living and skills related to communication of persons who have never acquired them.

Other information regarding this benefit, including the specific name of the source plan if it is not the base benchmark plan:

The Base Benchmark limit is up to 20 visits for all occupational therapy (OT), speech-language pathology services (SLP), and physical therapy (PT) combined, and includes both rehabilitation and habilitation. To comply with 45 CFR 156.115(a)(5)(iii), Idaho Medicaid is establishing separate, equal 20-visit limits each for rehabilitation and habilitation. Services are not provided through a Home Health Agency.

See Habilitation Services in excess of the Base Benchmark in "Other 1937 Benefits."

Remove

Benefit Provided: Durable Medical Equipment

Source: Base Benchmark Small Group

Authorization: Prior Authorization

Provider Qualifications: Selected Public Employee/Commercial Plan

Amount Limit: None

Duration Limit: None

Scope Limit:

Items that are primarily used to serve a therapeutic purpose, are generally not useful to a person in the absence of injury, disease, or illness, and are appropriate for use in any setting in which normal life activities take place.

Other information regarding this benefit, including the specific name of the source plan if it is not the base benchmark plan:

See DME in "Other 1937 Benefits" for services in excess of the Base Benchmark.

Remove

Benefit Provided: Skilled Nursing Facility

Source: Base Benchmark Small Group

Authorization: Prior Authorization

Provider Qualifications: Selected Public Employee/Commercial Plan

Amount Limit: 30 days per year

Duration Limit: None

Scope Limit:

Skilled Nursing Facility services for rehabilitation.

Other information regarding this benefit, including the specific name of the source plan if it is not the base benchmark plan:

As soon as they begin to receive this benefit, participants are transitioned to the Enhanced ABP, so extended coverage of SNF care is not provided under this Basic ABP.

See Skilled Nursing Facility in "Other 1937 Benefits" for services in excess of the Base Benchmark.

Alternative Benefit Plan

Add

Alternative Benefit Plan

☑ 8. Essential Health Benefit: Laboratory services — Collapse All ☐

Benefit Provided: Diagnostic Test (X-ray and Lab Work)
Source: Base Benchmark Small Group
Remove
Authorization: None
Provider Qualifications: Selected Public Employee/Commercial Plan
Amount Limit: None
Duration Limit: None
Scope Limit: None
Other information regarding this benefit, including the specific name of the source plan if it is not the base benchmark plan:

Benefit Provided: Imaging (CT/PET Scans, MRIs, Nuclear Cardiology)
Source: Base Benchmark Small Group
Remove
Authorization: None
Provider Qualifications: Selected Public Employee/Commercial Plan
Amount Limit: None
Duration Limit: None
Scope Limit: None
Other information regarding this benefit, including the specific name of the source plan if it is not the base benchmark plan:

Add

Alternative Benefit Plan

■ 9. Essential Health Benefit: Preventive and wellness services and chronic disease management Collapse All ☐

The state/territory must provide, at a minimum, a broad range of preventive services including: "A" and "B" services recommended by the United States Preventive Services Task Force; Advisory Committee for Immunization Practices (ACIP) recommended vaccines; preventive care and screening for infants, children and adults recommended by HRSA's Bright Futures program/project; and additional preventive services for women recommended by the Institute of Medicine (IOM).

Remove

Benefit Provided: Preventive Services

Source: Base Benchmark Small Group

Authorization: None

Provider Qualifications: Selected Public Employee/Commercial Plan

Amount Limit: None

Duration Limit: None

Scope Limit: None

Other information regarding this benefit, including the specific name of the source plan if it is not the base benchmark plan:

The Department will provide, at a minimum, a broad range of preventive services including: "A" and "B" services recommended by the United States Preventive Services Task Force; Advisory Committee for Immunization Practices (ACIP) recommended vaccines; preventive care and screening for infants, children and adults recommended by HRSA's Bright Futures program/project; and additional preventive services for women recommended by the Institute of Medicine (IOM).

Remove

Benefit Provided: Preventive Care/Screening/Immunization

Source: Secretary-Approved Other

Authorization: None

Provider Qualifications: Selected Public Employee/Commercial Plan

Amount Limit: None

Duration Limit: None

Scope Limit: None

Other information regarding this benefit, including the specific name of the source plan if it is not the base benchmark plan:

The Basic Alternative Benefit Plan includes the following:
- Health Risk Assessment, which consists of:
• An initial health questionnaire; and
• A well child screen; or
• An adult physical.

- The health questionnaire is designed to assess the general health status and health behaviors of a recipient. This information will be used to provide customized health education. The health questionnaire will be administered at initial program entry and periodic intervals thereafter.
- A well child screen or adult physical conducted at periodic or interperiodic intervals which constitutes a health risk assessment will consist of a comprehensive physical examination and health education.

The Well Child Screen includes periodic medical screens and services completed at intervals recommended by the U.S. Preventive Services Task Force; Advisory Committee for Immunization Practices (ACIP) recommended vaccines; preventive care and screening for infants, children and adults recommended by HRSA's Bright Futures program/project; and additional preventive services for women recommended by the Institute of Medicine (IOM).

The Basic Alternative Benefit Plan for both children and adults includes an annual preventive health visit and services with "A" and "B" recommendations by the U.S. Preventive Services Task Force.

Remove

Benefit Provided: Diabetes Education

Source: Base Benchmark Small Group

Authorization: Authorization required in excess of limitation

Provider Qualifications: Selected Public Employee/Commercial Plan

Amount Limit: 24 hrs group sessions + 12 hrs individual per 5 yr

Duration Limit: None

Scope Limit: None

Other information regarding this benefit, including the specific name of the source plan if it is not the base benchmark plan:

Diabetes education and training services will be limited to twenty-four (24) hours of group sessions and twelve (12) hours of individual counseling every five (5) calendar years. More can be authorized when medically necessary.

Remove

Benefit Provided: Tobacco Cessation Counseling

Source: Base Benchmark Small Group

Authorization: None

Provider Qualifications: Selected Public Employee/Commercial Plan

Amount Limit: None

Duration Limit: None

Scope Limit: None

Other information regarding this benefit, including the specific name of the source plan if it is not the base benchmark plan:

Covered in accordance with USPSTF recommendations.

Remove

Benefit Provided: Dietary Counseling

Source: Secretary-Approved Other

Authorization: Authorization required in excess of limitation

Provider Qualifications: Selected Public Employee/Commercial Plan

Alternative Benefit Plan

Amount Limit:

Two (2) visits per year

Duration Limit:

None

Scope Limit:

None

Other information regarding this benefit, including the specific name of the source plan if it is not the base benchmark plan:

Add

Alternative Benefit Plan

■ 10. Essential Health Benefit: Pediatric services including oral and vision care Collapse All ☐

Benefit Provided: Medicaid State Plan EPSDT Benefits

Source: Base Benchmark Small Group

Remove

Authorization: Prior Authorization

Provider Qualifications: Selected Public Employee/Commercial Plan

Amount Limit: None

Duration Limit: None

Scope Limit: None

Other information regarding this benefit, including the specific name of the source plan if it is not the base benchmark plan:

Routine Eye Exam for children through the month of their twenty-first (21st) birthday.

Selected services require prior authorization.

Benefit Provided: Medicaid State Plan EPSDT Benefits

Source: Base Benchmark Small Group

Remove

Authorization: Prior Authorization

Provider Qualifications: Selected Public Employee/Commercial Plan

Amount Limit: None

Duration Limit: None

Scope Limit: None

Other information regarding this benefit, including the specific name of the source plan if it is not the base benchmark plan:

Orthodontia: Children through the month of their twenty-first (21st) birthday.

Benefit Provided: Medicaid State Plan EPSDT Benefits

Source: Base Benchmark Small Group

Remove

Authorization: Prior Authorization

Provider Qualifications: Selected Public Employee/Commercial Plan

Amount Limit: None

Duration Limit: None

Scope Limit: None

Alternative Benefit Plan

Other information regarding this benefit, including the specific name of the source plan if it is not the base benchmark plan:

Eyeglasses for children through the month of their twenty-first (21st) birthday.

Participants who have been diagnosed with a visual defect and who need eyeglasses for correction of a refractive error can receive one (1) pair of single vision or bifocal eyeglasses annually. Frames or lenses may be provided more frequently when medically necessary.

Benefit Provided: Medicaid State Plan EPSDT Benefits

Source: Base Benchmark Small Group

Remove

Authorization: Prior Authorization

Provider Qualifications: Selected Public Employee/Commercial Plan

Amount Limit: None

Duration Limit: None

Scope Limit: None

Other information regarding this benefit, including the specific name of the source plan if it is not the base benchmark plan:

Dental check-up for children through the month of their twenty-first (21st) birthday.

Benefit Provided: Medicaid State Plan EPSDT Benefits

Source: Base Benchmark Small Group

Remove

Authorization: Prior Authorization

Provider Qualifications: Selected Public Employee/Commercial Plan

Amount Limit: None

Duration Limit: None

Scope Limit: None

Other information regarding this benefit, including the specific name of the source plan if it is not the base benchmark plan:

Basic Dental Care - Children through the month of their twenty-first (21st) birthday.

Selected services require prior authorization.

Benefit Provided: Medicaid State Plan EPSDT Benefits

Source: Base Benchmark Small Group

Remove

Authorization: Prior Authorization

Provider Qualifications: Selected Public Employee/Commercial Plan

Alternative Benefit Plan

Amount Limit:

None

Duration Limit:

None

Scope Limit:

None

Other information regarding this benefit, including the specific name of the source plan if it is not the base benchmark plan:

Major Dental Care – Children through the month of their twenty-first (21st) birthday.

Selected services require prior authorization.

Add

☐ 11. Other Covered Benefits from Base Benchmark Collapse All ☐

Alternative Benefit Plan

☒ 12. Base Benchmark Benefits Not Covered due to Substitution or Duplication Collapse All ☐

Base Benchmark Benefit that was Substituted: Residential Treatment

Source: Base Benchmark

Remove

Explain the substitution or duplication, including indicating the substituted benefit(s) or the duplicate section 1937 benchmark benefit(s) included above under Essential Health Benefits:

The Department substitutes Community-Based Rehabilitation Services and Partial Care for Residential Treatment (part of the EHB 5 Mental/Behavioral Health Outpatient services and also Substance Use Disorder Inpatient services): There are no Psychiatric Residential Treatment Facilities licensed or certified in the State of Idaho.

This is an IMD.

Base Benchmark Benefit that was Substituted: Partial Hospitalization

Source: Base Benchmark

Remove

Explain the substitution or duplication, including indicating the substituted benefit(s) or the duplicate section 1937 benchmark benefit(s) included above under Essential Health Benefits:

The Department substitutes Community-Based Rehabilitation Services and Partial Care for Partial Hospitalization (part of the EHB 5 Mental/Behavioral Health Outpatient services).

This is an IMD.

Add

Alternative Benefit Plan

☒ 13. Other Base Benchmark Benefits Not Covered Collapse All ☐

Base Benchmark Benefit not Included in the Alternative Benefit Plan: Non-Emergency Care When Traveling outside the U.S.

Source: Base Benchmark

Remove

Explain why the state/territory chose not to include this benefit: Not covered, in accordance with federal statute.

Add

Alternative Benefit Plan

☒ 14. Other 1937 Covered Benefits that are not Essential Health Benefits Collapse All ☐

Other 1937 Benefit Provided:
Licensed Midwife

Source:
Section 1937 Coverage Option Benchmark Benefit Package

Remove

Authorization:
Other

Provider Qualifications:
Medicaid State Plan

Amount Limit:
None

Duration Limit:
None

Scope Limit:
Services include antepartum, intrapartum, up to six (6) weeks of postpartum maternity care, and up to six weeks of newborn care.

Other:
Program Description: Medical Care furnished by licensed practitioners; 1905(a)(6) of the Act.

Other services covered by the Department, but not covered by the Base Benchmark: Licensed Midwife (LM).

LM services include maternal and newborn care provided by LM providers within the scope of their practice and who are licensed by the Idaho Board of Midwifery.

Other 1937 Benefit Provided:
Optometrist and Ophthalmologist Services: Adults

Source:
Section 1937 Coverage Option Benchmark Benefit Package

Remove

Authorization:
Authorization required in excess of limitation

Provider Qualifications:
Selected Public Employee/Commercial Plan

Amount Limit:
One pair glasses or contacts post cataract surgery

Duration Limit:
None

Scope Limit:
None

Other:
Program Description:
* Physician Services; 1905(a)(5)(A) of the Act; and
* Medical care, or any other type of remedial care recognized under State law, furnished by licensed practitioners within the scope of their practice as defined by State law; 1905(a)(6) of the Act.

Other services covered by the Department, but not covered by the Base Benchmark: Optometrist and Ophthalmologist Services for adults.

The Department will cover services to monitor conditions that may cause damage to the eye and acute conditions that without treatment may cause permanent damage to the eye. One pair of glasses or contacts is covered post cataract surgery.

Other 1937 Benefit Provided:
Dental Services: Adults

Source:
Section 1937 Coverage Option Benchmark Benefit Package

Remove

Authorization:
Prior Authorization

Provider Qualifications:
Selected Public Employee/Commercial Plan

Amount Limit:
None

Duration Limit:
None

Scope Limit:
None

Other:

Program Description: Dental services; 1905(a)(10) of the Act.

Other services covered by the Department, but not covered by the Base Benchmark: Adult Dental Services.

Adult individuals receive all medically necessary preventative and restorative dental services, including:
* Preventive dental services:
- Oral exam every 12 months
- Cleaning every six months
- Fluoride treatment every 12 months
- Dental X-rays every 12 months (Full mouth or Panoramic every 36 months)

* Restorative Dental Services:
- Medically necessary exams
- Fillings are covered once in a 24-month period per tooth/surface
- Simple and surgical extractions
- Endodontic services include therapeutic pulpotomy and pulpa debridement
- Periodontic services include scaling and root planing, full mouth debridement
- Periodontal maintenance is covered up to 2 visits every 12 months

* Dentures:
-Dentures are covered once every 7 years
Limitations may be exceeded if medically necessary.

Exclusions:
* Drugs supplied to dental patients for self-administration other than those allowed by applicable Department rules.
* Non-medically necessary cosmetic services.

Limitations:
The Department may require prior approval for specific elective dental procedures.

Other 1937 Benefit Provided:
Outpatient Rehabilitation: OT, PT, SLP Services

Source:
Section 1937 Coverage Option Benchmark Benefit Package

Remove

Authorization:
Retroactive Authorization

Provider Qualifications:
Selected Public Employee/Commercial Plan

Amount Limit:
None

Duration Limit:
None

Scope Limit:
Services are for the purpose of restoring certain functional losses due to disease, illness, or injury.

Other:
Program Description: Physical therapy and related services; 1905(a)(11) of the Act.

Services in excess of the Base Benchmark: Rehabilitation Services.

The Department covers Physical Therapy, Occupational Therapy, and Speech Language Pathology services in excess of the Base Benchmark aggregate 20 visit limit. Claims exceeding current Medicare dollar caps are subject to targeted review for medical necessity.

Other 1937 Benefit Provided:
Outpatient Habilitation: OT, PT, SLP Services

Source:
Section 1937 Coverage Option Benchmark Benefit Package

Remove

Authorization:
Retroactive Authorization

Provider Qualifications:
Selected Public Employee/Commercial Plan

Amount Limit:
None

Duration Limit:
None

Scope Limit:
Services for developing skills and functional abilities necessary for daily living and skills related to communication of persons who have never acquired them.

Other:
Program Description: Physical therapy and related services; 1905(a)(11) of the Act.

Services in excess of the Base Benchmark: Habilitation Services.

The Department covers Physical Therapy, Occupational Therapy, and Speech Language Pathology services in excess of the Base Benchmark aggregate 20 visit limit. Claims exceeding current Medicare dollar caps are subject to targeted review for medical necessity.

Other 1937 Benefit Provided:
Bariatric Surgery

Source:
Section 1937 Coverage Option Benchmark Benefit Package

Remove

Authorization:
Prior Authorization

Provider Qualifications:
Selected Public Employee/Commercial Plan

Amount Limit:
None

Duration Limit:
None

Scope Limit:
None

Other:

Program Description: Physician Services; 1905(a)(5)(B) of the Act.

Other services covered by the Department, but not covered by the Base Benchmark: Bariatric Surgery.

Other 1937 Benefit Provided:

Prescription Drugs

Source:

Section 1937 Coverage Option Benchmark Benefit Package

Remove

Authorization:

Prior Authorization

Provider Qualifications:

Selected Public Employee/Commercial Plan

Amount Limit:

None

Duration Limit:

None

Scope Limit:

None

Other:

Idaho Medicaid provides coverage to Medicaid participants for the following drugs or classes of drugs, or their medical uses, which may be excluded from coverage or otherwise restricted under § 1927(d)(2) of the Social Security Act:
| | (A) Agents when used for anorexia, weight loss, or weight gain.
| | (B) Agents when used to promote fertility.
| | (C) Agents when used for cosmetic purposes or hair growth.
| | (D) Agents when used for the symptomatic relief of cough and colds.
| X | (E) Agents when used to promote smoking cessation.
| X | (F) Prescription vitamins and mineral products, except prenatal vitamins and fluoride preparations. Covered agents include: Injectable vitamin B12 (cyanocobalamin and analogues); vitamin K and analogues; prescription vitamin D and analogues; prescription pediatric vitamin-fluoride preparations; prescription pediatric vitamins, minerals, and flouride preparations; prenatal vitamins for pregnant or lactating individuals; prescription vitamin D and analogues; prescription folic acid; and oral prescription drugs containing folic acid in combination with vitamin B12 and/or iron salts, without additional ingredients.
| X | (G) Nonprescription drugs, except, in the case of pregnant women when recommended in accordance with Guideline referred to in section 1905(bb)(2)(A), agents approved by the Food and Drug Administration under the over-the-counter monograph process for purposed of promoting, and when used to promote, tobacco cessation.
Certain prescribed non-prescription products are covered, including: Permethrin; oral iron salts; disposable insulin syringes and needles; insulin; and tobacco cessation products.
| | (H) Covered outpatient drugs which the manufacturer seeks to require as a condition of sale that associated tests or monitoring services be purchased exclusively from the manufacturer or its designee.
| X | (I) Barbiturates
| X | (J) Benzodiazepines
| | (K) Agents when used for the treatment of sexual or erectile dysfunction, unless such agents are used to treat a condition, other than sexual or erectile dysfunction, for which the agents have been approved by the Food and Drug Administration.

Additional Excluded Drugs
Drugs are also not covered when the following circumstances apply:
• The participant's practitioner has written an order for a prescription drug for which federal financial participation is not available.

• The participant's practitioner has written an order for a prescription drug that is deemed to be experimental or investigational, as defined in IDAPA 16.03.09.390.03. Investigational drugs are not a covered service under the Idaho Medicaid pharmacy program. The Idaho Department of Health and Welfare may consider Medicaid coverage on a case-by-case basis for life-threatening medical illnesses when no other treatment options are available.
• The participant's practitioner has written an order for a covered outpatient drug for which the manufacturer seeks to require as a condition of sale that associated tests or monitoring services be purchased exclusively from the manufacturer or its designee.
• The Idaho Medicaid Pharmacy Program receives a provider reimbursement claim for a covered drug or pharmacy item that requires, but has not received, prior authorization for Medicaid payment.
• The participant is dually eligible for Medicare and Medicaid, and the prescribed drug or drug class is covered under Medicare Part D. In the case of dual eligibles, the Department will pay for only those Medicaid-covered drugs not covered under Medicare Part D.

Covered Outpatient Drugs
Medical necessity is the primary determinant of whether a therapeutic agent will be covered. The Department will cover generic drugs, and also brand drugs when medically necessary and that necessity is adequately documented. If case-specific indications of medical necessity are present, the Department may also issue prior authorization for otherwise excluded drugs.

Idaho Medicaid maintains a Preferred Drug List (PDL) that identifies the preferred drugs and non-preferred drugs within a therapeutic class. The Director of the Department makes final decisions regarding drugs' designated preferred or non-preferred status based on therapeutic recommendations from the Pharmacy and Therapeutics Committee and cost analysis from the Idaho Medicaid Pharmacy Program A brand name drug may be designated as a preferred drug by the Department if, after consideration of all rebates, the net cost of the brand name drug is less than the cost of the generic equivalent.

The Director of the Department of Health and Welfare, acting upon the recommendation of the Pharmacy and Therapeutics Committee, may determine that a non-prescription drug product is covered when the non-prescription product is found to be therapeutically interchangeable with prescription drugs in the same pharmacological class following evidence-based comparisons of efficacy, effectiveness, clinical outcomes, and safety, and the product is deemed by the Department to be a cost-effective alternative.

Other 1937 Benefit Provided:
Preventive Health Assistance

Source:
Section 1937 Coverage Option Benchmark Benefit Package

Remove

Authorization:
Prior Authorization

Provider Qualifications:
Other

Amount Limit:
None

Duration Limit:
None

Scope Limit:
Individualized benefits for individuals who are obese to address target health behaviors.

Other:
Program Description: This benefit is one of many preventive benefits that are included in this ABP. This benefit is covered in addition to the prevention and wellness benefits found in EHB 9 and is being approved as Secretary-Approved Coverage.

Other services covered by the Department, but not covered by the Base Benchmark: Preventive Health Assistance.

Alternative Benefit Plan

The Basic Alternative Benefit Plan includes certain Preventive Health Assistance (PHA) benefits for individuals in the target group, provided in accordance with applicable Department rules.

Basic PHA benefits are individualized benefits to address target health behaviors. Authorizations will be managed by the State Medicaid agency. PHA benefits made available under the Basic Alternative Benefit Plan will target individuals who are obese.

PHA benefits will be available when individuals complete specified activities in preparation for addressing the target health condition. These activities include discussing the condition with their primary care provider, participating in an applicable support group, and completing basic educational materials related to the condition.

PHA benefits may be used to purchase goods and services related to weight reduction/management rules. These goods and services may include weight-loss programs, dietary supplements, and other health-related benefits.

Other 1937 Benefit Provided:
Home Health Care Services

Source:
Section 1937 Coverage Option Benchmark Benefit Package

Remove

Authorization:
Authorization required in excess of limitation

Provider Qualifications:
Selected Public Employee/Commercial Plan

Amount Limit:
100 visits per year

Duration Limit:
None

Scope Limit:
None

Other:
Program Description: Home Health Care Services; 1905(a)(7) of the Act.

Services covered in excess of the Base Benchmark: The Base Benchmark covers up to 20 visits per year combined for outpatient PT/OT/SLP services.

The Department will cover up to 100 visits without PA for any combination of Home Health Aide, Physical Therapy, Occupational Therapy, or Speech-Language Pathology services. More can be authorized when medically necessary. This benefit does not include Skilled Nursing services.

Other 1937 Benefit Provided:
Durable Medical Equipment

Source:
Section 1937 Coverage Option Benchmark Benefit Package

Remove

Authorization:
Prior Authorization

Provider Qualifications:
Selected Public Employee/Commercial Plan

Amount Limit:
None

Duration Limit:
None

Scope Limit:

None

Other:

Program Description: Home health care services; 1905(a)(7) of the Act.

Services in excess of the Base Benchmark: DME.
- The Department covers some items not covered by the Base Benchmark.
- The Department will replace DME more frequently than five (5) years when determined to be medically necessary.

Other 1937 Benefit Provided:

Podiatrist Services

Source:

Section 1937 Coverage Option Benchmark Benefit Package

Remove

Authorization:

Prior Authorization

Provider Qualifications:

Other

Amount Limit:

None

Duration Limit:

None

Scope Limit:

Services to diagnose and treat medical conditions affecting the foot, ankle and related structures.

Routine foot care is not covered.

Other:

Program Description: Medical Care furnished by licensed practitioners; 1905(a)(6) of the Act.

Other services covered by the Department, but not covered by the Base Benchmark: Podiatrist Services.

Other 1937 Benefit Provided:

Individual and Family Medical Social Services

Source:

Section 1937 Coverage Option Benchmark Benefit Package

Remove

Authorization:

Authorization required in excess of limitation

Provider Qualifications:

Other

Amount Limit:

Two (2) visits

Duration Limit:

Pregnancy and six (6) weeks postpartum

Scope Limit:

None

Other:

Program Description: Medical Care; 1905(a)(6) – Medical care, or any other type of remedial care recognized under State law, furnished by licensed practitioners within the scope of their practice as defined by State law.

Other services covered by the Department, but not covered by the Base Benchmark: Services directed at helping a participant to overcome social or behavioral problems which may adversely affect the outcome of pregnancy and childbirth.

Payment is available for two (2) visits during the covered period to a licensed social worker qualified to provide individual counseling according to the provisions of the Idaho Code and the regulations of the Board of Social Work Examiners. Additional services may be prior authorized.

Remove

Other 1937 Benefit Provided:
Targeted Care Coordination Services: IBHP

Source:
Section 1937 Coverage Option Benchmark Benefit Package

Authorization:
Other

Provider Qualifications:
Other

Amount Limit:
None

Duration Limit:
None

Scope Limit:
None

Other:

Any Idaho Behavioral Health Plan (IBHP) enrollee diagnosed with a behavioral health condition or substance use disorder who is in need of care coordination is eligible to receive this service, including, but not limited to:

1. Adults 18 and older with serious and persistent mental illness; and
2. Children up to age 21 with serious emotional disturbance and/or substance use disorder.

~ Areas of State in which services will be provided: Entire State

~ Comparability of services: Services are not comparable in amount, duration and scope (§1915(g)(1)).

~ Definition of services:
Targeted Care Coordination is a service provided to assist IBHP enrollees to gain access to needed medical, social, educational, and other services, in accordance with the provisions of 42 CFR 440.169. Care coordinators also monitor the participant's progress in treatment, evaluate the effectiveness of services received under multiple providers' treatment/service plans, and track service utilization to guard against any duplication of services. Services may be delivered telephonically.

Care Coordination includes the following assistance:
• Initial assessment and annual reassessment of a participant to determine the need for any medical, educational, social or other services. More frequent reassessments may be conducted if medically necessary.
• Development (and periodic revision) of a care plan.
• Referral and related activities to help an eligible participant obtain needed services, including activities that help link an participant with Medicaid providers.
• Monitoring and follow-up activities to ensure the care plan is implemented and is adequately addressing the participant's needs.

~ Provider Qualifications:
This service is delivered by a qualified provider as determined by the Department. Service providers must comply with the limitations of practice imposed by state law, federal regulations, State of Idaho occupational licensing requirements, the provider's professional area of competency, and applicable Department rules, and qualifying criteria are subject to approval by the Department.
• Minimum Provider Qualifications for Care Coordination are providers holding at least a Bachelor's

degree in a human services field and a Certification or Licensing in their fields and meeting the requirements of the Idaho Department of Health and Welfare.

~ Waiver of Freedom of Choice of Providers
As permitted and authorized under section 1915(b)(4) of the Social Security Act, choice of care coordination providers is waived. Participants will have free choice of providers of other medical care under the state plan.

~ Freedom of Choice Exception (1915(g)(1) and 42 CFR 441.18(b)):
Providers are limited to qualified Medicaid providers of care coordination services capable of ensuring that IBHP enrollees diagnosed with a behavioral health condition or substance use disorder receive needed services and coordination of care.

~ Access to Services. The State assures that:
• Care coordination services will be provided in a manner consistent with the best interests of recipients and will not be used to restrict an participant's access to other services under the plan; [section 1902(a)(19)]
• Participants will not be compelled to receive care coordination services, condition receipt of care coordination services on the receipt of other Medicaid services, or condition receipt of other Medicaid services on receipt of care coordination services; [section 1902(a)(19)]
• Providers of care coordination services do not exercise the agency's authority to authorize or deny the provision of other services under the plan.

~Payment (42 CFR 441.18(a)(4)):
Payment for care coordination services does not duplicate payments made to public agencies or private entities under other program authorities for this same purpose.

~Case Records (42 CFR 441.18(a)(7)):
The State assures that providers maintain case records that document the following for all participants receiving Care Coordination [42 CFR 441.18(a)(7)]:
• The dates of the care coordination services.
• The name of the provider agency and the person providing the care coordination services.
• The nature, content, and units of the care coordination services received, and whether goals specified in the care plan have been achieved.
• Whether the participant has declined services in the care plan.
• The need for, and occurrences of, coordination with other care coordinators.
• A timeline for obtaining needed services.
• A timeline for reevaluation of the plan.

~Limitations:
Care coordination does not include, and Federal Financial Participation (FFP) is not available in expenditures for, services defined in §440.169 when the care coordination activities are an integral and inseparable component of another covered Medicaid service (State Medicaid Manual §4302).

Care coordination does not include, and Federal Financial Participation (FFP) is not available in expenditures for, services defined in §440.169 when the care coordination activities constitute the direct delivery of underlying medical, educational, social, or other services to which a participant has been referred, including for foster care programs, services such as, but not limited to, the following: research gathering and completion of documentation required by the foster care program; assessing adoption placements; recruiting or interviewing potential foster care parents; serving legal papers; home investigations; providing transportation; administering foster care subsidies; and making placement arrangements. (42 CFR 441.18(c))

Providers of care coordination must deliver the service in a way that precludes conflict of interest, in

accordance with 42 CFR 441.301. Providers of direct services to Medicaid participants, agencies/entities providing direct services, and those who have an interest in or are employed by a provider of direct services cannot also deliver care coordination or person-centered service plan development, except under the circumstances set forth at 42 CFR 441.301(c)(1)(vi).

FFP is only available for care coordination services if there are no other third parties liable to pay for such services, including as reimbursed under a medical, social, educational, or other program, except for care coordination that is included in an individualized education program or individualized family service plan consistent with §1903(c) of the Act. (§§1902(a)(25) and 1905(c))

Remove

Other 1937 Benefit Provided:
Dentures

Source:
Section 1937 Coverage Option Benchmark Benefit Package

Authorization:
Prior Authorization

Provider Qualifications:
Selected Public Employee/Commercial Plan

Amount Limit:
One (1) set every seven (7) years

Duration Limit:
None

Scope Limit:
Dentures for the purpose of restoring oral form and function due to loss of permanent teeth that would result in significant occlusal dysfunction.

Other:
Dentures are covered for children through the month of their twenty-first (21st) birthday when medically necessary. Limitations may be exceeded if medically necessary.

Remove

Other 1937 Benefit Provided:
Audiology

Source:
Section 1937 Coverage Option Benchmark Benefit Package

Authorization:
Prior Authorization

Provider Qualifications:
Other

Amount Limit:
None

Duration Limit:
None

Scope Limit:
None

Other:
Certain services require prior authorization.

Audiologist services are covered for individuals with hearing disorders when provided by an audiologist who is licensed by the Speech and Hearing Services Board of the Idaho Board of Occupational Licenses.
~ Participants age 21 and older are eligible to receive diagnostic audiology services necessary to obtain a differential diagnosis.
~ Participants under the age of 21 are eligible to receive necessary audiometric services and supplies.
~ The Department will prior authorize audiometric examination/testing if needed more frequently than once per year.

Remove

Other 1937 Benefit Provided:
Behavioral Consultation

Source:
Section 1937 Coverage Option Benchmark Benefit Package

Authorization:
Other

Provider Qualifications:
Other

Amount Limit:
36 hours per student per year

Duration Limit:
None

Scope Limit:
This service is provided to students in an educational setting pursuant to a signed and dated recommendation or referral by a physician or allowed non-physician practitioner.

Other:
Program Description: Other diagnostic, screening, preventive, and rehabilitative services - 1905(a)(13)(C) of the Act.

- Behavioral consultation supports a multi-disciplinary approach to rehabilitative and treatment by consulting with the IEP team during the assessment process for a specific child, performing advanced assessment of the child, coordinating the implementation of the behavior implementation plan and providing ongoing training to the behavioral interventionist and other team members for a child's needs.

Behavioral consultation provides expertise for children with complex needs who are not demonstrating outcomes with behavioral interventions alone. The consultant works with the IEP team and other professionals to develop a positive behavior support plan and provide oversight in carrying out that plan to reduce disability and increase function.

- Qualifications for Behavioral Consultation providers are:
~ Behavioral consultation must be provided by a professional who has a Doctoral or Master's degree in psychology, education, applied behavioral analysis, or in a related discipline with one thousand five hundred (1,500) hours of relevant coursework or training, or both, in principles of child development, learning theory, positive behavior support techniques, dual diagnosis, or behavior analysis (may be included as part of degree program), and who meets one (1) of the following:
~ An individual with an Exceptional Child Certificate as defined by State law.
~ An individual with an Early Childhood/Early Childhood Special Education Blended Certificate as defined by State law.
~ A Special Education Consulting Teacher as defined by State law.
~ An individual with a Pupil Personnel Certificate as defined by State law, excluding a registered nurse or audiologist.
~ An occupational therapist who is qualified and registered to practice in Idaho.
~ Therapeutic consultation professional who meets the requirements defined by the Department.

- Services provided in the schools must be the same in amount, duration and scope as the services provided in the community.
- Individuals delivering services in the schools must adhere to the same provider qualifications as required for individuals delivering services in the community.
- Participants are able to choose to receive Medicaid services from the pool of qualified Medicaid providers, which includes school-based and community providers.
- Participants through the month of their twenty-first (21st) birthday, pursuant to EPSDT, may receive additional services if determined to be medically necessary and prior authorized by the Department.

Other 1937 Benefit Provided:
Behavioral Intervention

Source:
Section 1937 Coverage Option Benchmark Benefit Package

Remove

Authorization:
Prior Authorization

Provider Qualifications:
Other

Amount Limit:
None

Duration Limit:
None

Scope Limit:
Children through the month of their twenty-first (21st) birthday
No prior authorization is required when provided to students in an educational setting pursuant to signed and dated recommendation/referral by a physician or other allowed practitioner.

Other:
Behavioral Intervention techniques are used to produce positive meaningful changes in behavior that incorporate functional replacement and reinforcement-based strategies while also addressing any identified habilitative skill building needs. These services are provided to participants who exhibit interfering behaviors that impact the independence or abilities of the participant, such as impaired social skills and communication or destructive behaviors. Intervention services may include teaching and coordinating methods of training with family members or others who regularly participate in caring for the eligible participant. Evidence-based or evidence-informed practices are used to promote positive behaviors and learning while reducing interfering behaviors and developing behavioral self-regulation.

Services may include individual or group services. Group services must be provided by one (1) qualified staff providing direct services for two (2) or three (3) individuals. As the number and needs of the participants increase, the participant ratio in the group must be adjusted from three (3) to two (2). Group services should only be delivered when the participant's goals relate to benefiting from group interaction.

Behavioral Intervention may include interdisciplinary training to assist with implementing a participant's health and medication monitoring, positioning and physical transferring, use of assistive equipment, and intervention techniques in a manner that meets the participant's needs. This service is intended to be utilized for collaboration, with the participant present, during the provision of services between a bachelor's-level intervention provider or Master's-level intervention provider and a Speech Language and Hearing Professional (SLP), Physical Therapist (PT), Occupational Therapist (OT), medical professional or behavioral/mental health professional. A bachelor's-level may provide this service if they meet the supervisory protocol required.

Provider Qualifications
Providers who have obtained a nationally recognized certification for services related to applied behavior analysis. Independently licensed clinicians, Master's-level individuals, bachelor's-level individuals, and paraprofessionals who meet supervisory protocol may also provide this service.

Other 1937 Benefit Provided:
Skilled Nursing Facility

Source:
Section 1937 Coverage Option Benchmark Benefit Package

Remove

Authorization:
Prior Authorization

Provider Qualifications:
Other

Amount Limit:
30 days per year

Duration Limit:
None

Scope Limit:
Skilled Nursing Facility services for rehabilitation.

Other:
Program Description: Nursing facility services (other than services in an institution for mental diseases) for individuals 21 years of age or older; § 1905(a)(4)(A) of the Act.

Services in excess of the Base Benchmark: Skilled Nursing Facility services.

* The Department will prior authorize services exceeding the 30-day limit in the Base Benchmark when such services are determined to be medically necessary.

Other 1937 Benefit Provided:
Early Intervention Services (EIS)

Source:
Section 1937 Coverage Option Benchmark Benefit Package

Remove

Authorization:
Other

Provider Qualifications:
Other

Amount Limit:
None

Duration Limit:
None

Scope Limit:
Available to Medicaid-eligible children who meet Individuals with Disabilities Education Act (IDEA) Part C requirements pursuant to a signed and dated physician referral or recommendation.

Other:
Early Intervention Services (EIS) are Early, Periodic, Screening, Diagnostic and Treatment (EPSDT) services provided to Idaho Medicaid participants through the IDEA Part C Lead Agency. The IDEA Part C Lead Agency is responsible for assessing and treating the developmental needs of infants and toddlers and the needs of the family related to enhancing the child's development. Services to the participant's family and significant others is for the direct benefit of the participant, in accordance with the participant's needs and treatment goals identified in the participant's treatment plan, and for the purpose of assisting in the participant's recovery.

An EIS provider is responsible for:
a. Responding to referrals for assessing and screening Medicaid eligible infants and toddlers for EIS.
b. Educating families on options for services through the IDEA Part C Lead Agency and providing referrals to other EPSDT providers or community resources.
c. Participating in the multidisciplinary team's ongoing assessment of the participant and family's resources, priorities, and concerns as related to the needs of the infant or toddler, in the development of integrated goals and outcomes for the Individualized Family Service Plan (IFSP).
d. Providing EIS in accordance with the IFSP.
e. Consulting with and training parents and others regarding the provision of the EIS described in the participant's IFSP.

EIS are delivered as part of the statewide comprehensive, coordinated, multidisciplinary interagency system for EIS. The following age-appropriate screenings, evaluations and services are covered when delivered by an early intervention provider:

a. Developmental, motor, language, social, adaptive, and cognitive functioning testing and interpretation.
b. Development, review, and implementation of IFSPs.
c. EIS including therapy services, family training, home care training, and interdisciplinary teaming.

EIS Provider Qualifications:
EIS for infants and toddlers enrolled in Idaho Medicaid are provided by the IDEA Part C Lead Agency (Idaho Infant Toddler Program, or ITP). The ITP must hold a valid Idaho Medicaid EIS provider agreement and comply with all provider screening requirements as specified in IDAPA 16.03.09.

All personnel providing EIS must be employed by or contracted with Idaho ITP, meet the IDEA Part C requirements, and meet all Medicaid regulations. Idaho Code, Title 16, Chapter 1 requires the Idaho ITP to ensure that individuals providing EIS meet Idaho's established certification or licensing standards within the scope of their practice and that they are appropriately and adequately trained. ITP personnel providing EIS include the following professions or disciplines providing the services designated:

a. Audiologist – Hearing screenings and evaluations
b. Developmental Specialist – Assessment and services
c. Family Therapist – Social/emotional assessment and services
d. Marriage and Family Therapist – Social/emotional assessment and services
e. Professional Counselor – Social/emotional assessment and services
f. Occupational Therapist – Occupational therapy assessment and services
g. Orientation/Mobility Specialist – Assessment and services for vision impaired
h. Optometrist – Vision assessment
i. Pediatrician/Physician – Plan development and oversight
j. Physician Assistant – Plan development and oversight
k. Nurse Practitioner – Plan development and oversight
l. Physical Therapist (PT) – Physical therapy assessment and services
m. Psychologist – Assessments/behavioral health services
n. Registered Dietitian –Dietary counseling services
o. Registered Nurse – Nursing services
p. Licensed Practical Nurse – Nursing services
q. Social Worker –Service Coordination/Social work services
r. Clinical Social Worker –Service Coordination/Social work services
s. Master's-level Social Worker –Service Coordination/Social work services
t. Speech-Language Pathologist – Speech-language assessments and therapy services
u. Teacher for Visually Impaired – Communication skills

Other 1937 Benefit Provided:
Peer Support, including Youth Support

Source:
Section 1937 Coverage Option Benchmark Benefit Package

Remove

Authorization:
Other

Provider Qualifications:
Other

Amount Limit:
None

Duration Limit:
None

Scope Limit:
None

Other:
Peer Support includes Adult Peer Support and Youth Support. Adult Peer Support is a face-to-face recovery support service in which a Certified Peer Support Specialist mentors, guides and coaches the participant to

achieve self-identified recovery and resiliency goals. This service is typically delivered to adults with a serious mental illness or co-occurring mental health and substance use disorders who are actively involved in their own recovery process. This specialized support is intended to complement an array of therapeutic services and may be offered before, during, or after mental health treatment has begun to facilitate long-term recovery in the community.

In collaboration with the participant, the Peer Support Specialist will create an individualized recovery plan that reflects the participant's needs and preferences, and describes the participant's individualized goals, interventions, timeframes and measurable results. The recovery plan will be formally reviewed at least every three (3) months.

Components of this service may include:
• Assistance with setting recovery goals, developing a recovery action plan, a relapse plan, solving problems and addressing barriers related to recovery;
• Encouraging self-determination, hope, insight, and the development of new skills;
• Connecting the participant with professional and non-professional recovery resources in the community and helping the participant navigate the service system in accessing resources independently;
• Facilitating activation so that participants may effectively manage their own mental illness or co-occurring conditions, and empowering participants to engage in their own treatment, healthcare and recovery;
• Helping the participant decrease isolation and build a community supportive of the participant establishing and maintaining recovery.

Qualified Adult Peer Support providers must have obtained certification as a Peer Support Specialist. The Peer Support Specialist is supervised by a competent mental health practitioner.

Youth Support services are provided by younger adults with lived experience of serious emotional disturbance (SED) during childhood/adolescence to assist and support participants in understanding their role in accessing services, and in becoming informed consumers of services and self-advocates. Youth support may include mentoring, advocating, and educating provided through youth support groups. Participants receiving this service will work on goals within their group, which will consist of four (4) or more participants.

In addition to the mandatory SED diagnosis, participants may also have a co-occurring substance-related disorder or developmental disability disorder. This service is covered for children through the month of their twenty-first (21st) birthday when medically necessary.

Provider Qualifications
Youth Support Specialists will meet the following requirements:
1. High school diploma or GED
2. Diagnosed with SED as a young adult
3. Was transitioned out of treatment at least one year ago
4. 21 to 30 years of age (recommended)
5. Completion of certification as a Peer Support Specialist
6. Completion of training for YSS Providers and Youth Group Facilitation required by the IDHW contractor.
7. Successful completion of a nationally based background check
8. The provider's agency will conduct a mandatory Agency Training, and the provider will work under clinical supervision by a competent mental health practitioner.

Other 1937 Benefit Provided:

Care Planning through Child and Family Team (CFT)

Source:
Section 1937 Coverage Option Benchmark Benefit Package

Remove

Authorization:
Other

Provider Qualifications:
Other

Amount Limit:
None

Duration Limit:
None

Scope Limit:
None

Other:

A planning team is responsible for successfully completing a person-centered planning process that will culminate in a person-centered service plan and other treatment plans, as needed, which will be used to inform and guide the ongoing treatment of the participant. Participation on this team, referred to as the Child and Family Team (or CFT), entails collaboration among diverse team members of the family's choosing; i.e., the CFT may include family members, a plan facilitator, the targeted care coordinator, treating clinicians and providers, the primary care physician, MH/SUDs professionals or paraprofessionals, and other persons selected by the family to be involved in the planning and/or delivery of the participant's care.

Planning activities take place within the framework of the CFT Interdisciplinary Team Meeting, which is an in-person or telephonic meeting, with the participant present, focused on developing, monitoring, or modifying a plan of care. In addition, CFT Interdisciplinary Team Meetings provide a forum in which the team can review the effectiveness of current services, assess the participant's progress towards objectives specified in the plans of care, and discuss treatment options and service adjustments for possible inclusion in revisions to planning documents.

The Care Planning benefit is the mechanism that will allow a Medicaid provider—when the provider will be actively involved in the development, implementation, and revision of the services prescribed in the plan(s)—to be reimbursed for attending planning sessions and participating on the CFT. In accordance with the core principles of person-centered planning, CFT Interdisciplinary Team Meetings are held at times and settings identified as convenient for the family.

The Care Planning benefit is limited exclusively to CFT participation. Periodic consultations between providers are considered a routine function of the practitioner, not a direct medical service to the participant, and therefore do not constitute a standalone service eligible for reimbursement.

Provider Qualifications
Medicaid-enrolled providers who are involved in the participant's care and have been selected by the family to serve on the CFT may bill for this service, including the provider types listed below:
1) Licensed physician
2) Advanced Practice Registered Nurse
3) Physician Assistant
4) Licensed Social Worker
5) Licensed Counselor
6) Licensed Marriage and Family Therapist
7) Paraprofessionals who hold at least a Bachelor's degree and a current credential from the Psychiatric Rehabilitation Association (i.e., a certificate or certification in psychiatric rehabilitation based upon the primary population with whom the provider works, in accordance with the requirements set by the PRA), and who meet requirements of the Idaho Department of Health and Welfare

8) Licensed Psychologist, Psychologist Extender (Registered with the Idaho Bureau of Occupational Licenses)
9) Registered Nurse

Other 1937 Benefit Provided:
Crisis Response

Source:
Section 1937 Coverage Option Benchmark Benefit Package

Remove

Authorization:
Other

Provider Qualifications:
Other

Amount Limit:
None

Duration Limit:
None

Scope Limit:
None

Other:
Crisis Response is delivered over the telephone, and the service is available 24/7 to help participants cope with a mental health crisis and remain in their own home and community. Crisis Response includes telephone contact with skilled crisis response providers who can furnish assessment and crisis de-escalation through counseling, support, active listening or other telephonic interventions, as well as offer linkage to services and community providers.

The goals of Crisis Response are to ensure the safety and emotional stability of the participant experiencing a mental health crisis, to avoid further deterioration in the participant's mental status, assist in the development or enhancement of more effective coping skills and support system, raise the participant's level of functioning, help in obtaining ongoing care by way of outreach to existing support services, community mental health, substance use and/or medical healthcare providers.

On occasion, the crisis response provider may determine that a higher level of intervention is indicated. Typical circumstances may involve a participant who is determined to be:
• Threatening imminent harm to self or others;
• Severely disoriented or out of touch with reality;
• Functionally or physically impaired;
• Extremely distraught and out of control; or
• Severely impaired by drugs or alcohol.

The presence of these risk factors suggest that the crisis has become a potentially life-threatening situation and a mental health emergency exists. In such cases, the crisis response provider will make contact with emergency responders who can evaluate whether a higher level of care is warranted.

Provider Qualifications
Crisis Response providers are:
1. Paraprofessionals who hold at least a Bachelor's degree in a human services field, are certified in their field (Crisis Response and Intervention from the Crisis Prevention Institute), and who meet requirements of the Idaho Department of Health and Welfare; or
2. Master's level clinicians or higher level who are licensed to practice independently in Idaho.

Other 1937 Benefit Provided:
Family Psychoeducation

Source:
Section 1937 Coverage Option Benchmark Benefit Package

Remove

Authorization:
Other

Provider Qualifications:
Other

Amount Limit:
None

Duration Limit:
None

Scope Limit:
None

Other:

Family Psychoeducation (FPE) is an approach for partnering with participants and families to treat participants with behavioral health diagnoses. In contrast with family therapy, Family Psychoeducation emphasizes the behavioral health condition as the focus of instruction, not the family. While psychoeducation is a typical component of psychotherapy, it is also an effective service when provided as a targeted service to a single family or group of families. Services to the participant's family and significant others is for the direct benefit of the participant, in accordance with the participant's needs and treatment goals identified in the participant's treatment plan, and for the purpose of assisting in the participant's recovery.

Rather than a short-term intervention, Family Psychoeducation is a series of meetings that present a pre-established curriculum comprising counseling to families based on the participant's specific medical needs.

Family Psychoeducation can be provided in a multifamily group (two to five families) or in a single-family format. Services provided should be identified on the participant's plan of care, and driven by the participant's and family's goals.

Family Psychoeducation supports the participant/family/caregivers in understanding aspects such as:
• The participant's symptoms of the behavioral health condition and nature of their specific illness
• The impact symptoms have on the participant's development and functioning across environments
• The components of treatment that are known to be effective for the participant's specific condition
• The concept of rehabilitation through skill development
• Other important elements of treatment (e.g., Medication and Medication Compliance)

Provider Qualifications
Single-family psychoeducation requires a master's-level, independently licensed clinician (Licensed Marriage and Family Therapist, Licensed Clinical Social Worker, Licensed Master Social Worker, Licensed Professional Counselor or Licensed Clinical Professional Counselor) or a master's-level provider qualified to deliver psychotherapy in a group agency under supervision. In cases where providers are working with a single family having many participants or complex issues, the family could benefit from the involvement of a second facilitator. Multifamily psychoeducation warrants two facilitators; at least one of these will be an independently licensed clinician or or a master's-level provider qualified to deliver psychotherapy in a group agency under supervision. The second facilitator may be a bachelor's-level paraprofessional operating in a group agency under supervision.

Other 1937 Benefit Provided:
Crisis Intervention

Source:
Section 1937 Coverage Option Benchmark Benefit Package

Remove

Authorization:
Other

Provider Qualifications:
Other

Amount Limit:
None

Duration Limit:
None

Scope Limit:
None

Other:
Crisis intervention services are provided face to face 24/7 in the community or home of the participant in order to assess immediate strengths and needs to ensure appropriate services are provided to de-escalate the current crisis and prevent future crisis. Services to the participant's family and significant others is for the direct benefit of the participant, in accordance with the participant's needs and treatment goals identified in the participant's treatment plan, and for the purpose of assisting in the participant's recovery.

This work includes the following activities: intervene, coordinate with current services, and provide linkages and referral for follow-up care to participants and families experiencing a behavioral health crisis. Crisis interventions are intended to address the immediate safety and well-being of the participant and family due to the participant's escalating behaviors that may be creating disruption to the participant's functioning and stability. Crisis interventions are short-term and time-limited as identified by the participant, family, or crisis services provider.

Crisis intervention specialists will be required to have the capacity to assess, intervene, de-escalate, and produce a stabilization/crisis plan as well as follow up telephonically within 24 hours with the participant/ participant's family to assess participant stability and deliver crisis follow-up needs. The result of an outpatient Crisis Intervention is a stabilized participant who remains in the community, a stabilized child participant whose family elects to receive some unplanned respite, or a participant who gets linked with higher level of care or response.

Provider Qualifications
Any providers of this service will be required to obtain certification in Crisis Response and Intervention by the Crisis Prevention Institute (CPI). The team typically includes a Master's-level clinician (Licensed Marriage and Family Therapist, Licensed Clinical Social Worker, Licensed Master Social Worker, Licensed Professional Counselor or Licensed Clinical Professional Counselor) and a Bachelor's-level paraprofessional with a degree in a human services field plus CPI certification, supervised by a Master's-level Clinical Supervisor with CPI certification.

Other 1937 Benefit Provided:
Family Support

Source:
Section 1937 Coverage Option Benchmark Benefit Package

Remove

Authorization:
Other

Provider Qualifications:
Other

Amount Limit:
None

Duration Limit:
None

Scope Limit:
Limited to children under age 18 who have been diagnosed with Serious Emotional Disturbance (SED).

Other:

Family Support services are provided to parents of children with SED by another parent (certified as a Peer Support Specialist) with a lived experience raising a child with SED. The Family Support Specialist will assist and support the family in gaining access to services, and help the family become informed consumers of services and self-advocates. Family support may include mentoring, advocating, and educating, provided one-on-one to the family or through family support groups. The Family Support Specialist provides support, information, and resources to families to accomplish the treatment goals being targeted for the participant, and may also work in partnership with the participant's therapist and treatment team to bridge the relationship between the parent and professionals working with their child. Services to the participant's family and significant others is for the direct benefit of the participant, in accordance with the participant's needs and treatment goals identified in the participant's treatment plan, and for the purpose of assisting in the participant's recovery.

FSS providers must receive training and certification as a Peer Support Specialist. FSS providers must be supervised by an independently licensed clinician who has direct knowledge and contact with the families receiving the service.

Remove

Other 1937 Benefit Provided:

Behavior Modification and Consultation

Source:

Section 1937 Coverage Option Benchmark Benefit Package

Authorization:

Prior Authorization

Provider Qualifications:

Other

Amount Limit:

None

Duration Limit:

None

Scope Limit:

Limited to children under age 18 who have been diagnosed with Serious Emotional Disturbance (SED).

Other:

Behavior Modification and Consultation services emphasize the replacement of problematic or inappropriate behaviors with positive behaviors and increasing the ability of the participant to exhibit more effective and appropriate behaviors. Behavioral strategies are used to teach the participant alternative means to deal with targeted behaviors and the environment to ensure inappropriate behaviors are eliminated and positive behaviors are learned and maintained. Behavior modification providers may provide assistance to help develop or maintain prosocial behaviors at any time and in any setting appropriate to meet the participant's needs, including home, school, and community. In compliance with EPSDT, this service is covered for children through the month of their twenty-first (21st) birthday when medically necessary.

Behavior modification providers focus on social and behavioral skill development by building a participant's competencies and confidence. These services are individualized and are related to goals identified in the participant's treatment plan.

Behavior modification services typically include development, implementation and monitoring of a behavioral management plan and other rehabilitation services identified in the behavior management plan. Once the behavior management plan is implemented, behavioral strategies can alter or improve specific behaviors when consistently applied by family members, teachers, and professional therapists working in concert with the participant until the behavior is effectively managed.

After assessment, the resulting behavioral management treatment plan can also include a risk-management or contingency plan developed to address the needs of the participant.

Provider Qualifications
Behavior modification and consultation providers must obtain a nationally recognized certification for providers of services related to behavior analysis and modification. Independently licensed clinicians or Master's-level clinicians and paraprofessionals who meet supervisory protocol may provide this service.

There are four nationally recognized certifications for providers of services related to behavior analysis and modification:
• Registered Behavioral Technician (RBT)—RBTs must: Be 18 years old with HS diploma; be supervised by BCaBA, BCBA, or BCBA-D; pass competency assessment and RBT exam.
• Board Certified Assistant Behavior Analyst (BCaBA)—BCaBAs must: Be Bachelor's level; be supervised by a BCBA or BCBA-D; pass BCaBA exam.
• Board Certified Behavior Analyst (BCBA)—BCBAs must: Be Master's level; pass BCBA exam; complete supervisor training.
• Board Certified Behavioral Analyst-Doctoral (BCBA-D)—BCBA-Ds must: Hold a Ph.D.; pass BCBA exam; complete supervisor training.

Other 1937 Benefit Provided:
Habilitative Skill Building

Source:
Section 1937 Coverage Option Benchmark Benefit Package

Remove

Authorization:
Prior Authorization

Provider Qualifications:
Other

Amount Limit:
None

Duration Limit:
None

Scope Limit:
Children through the month of their twenty-first (21st) birthday
No prior authorization is required when provided to students in an educational setting pursuant to signed and dated recommendation/referral by a physician or other allowed practitioner.

Other:
Habilitative skill building includes techniques used to develop, improve and maintain, to the maximum extent possible, the developmentally-appropriate functional abilities and daily living skills of an individual. These services may include teaching or coordinating methods of training with family members or others who regularly participate in caring for the eligible participant.
Services may include individual or group interventions. Group services must be provided by one (1) qualified staff providing direct services for two (2) or three (3) participants. As the number and needs of the participants increase, the participant ratio in the group must be adjusted from three (3) to two (2). Group services should only be delivered when the participant's goals relate to benefiting from group interaction. Habilitative skill building may include interdisciplinary training to assist with implementing a participant's health and medication monitoring, positioning and physical transferring, use of assistive equipment, and intervention techniques in a manner that meets the participant's needs. This service is intended to be utilized for collaboration, with the participant present, during the provision of services between a bachelor's-level intervention provider or Master's-level intervention provider and a Speech Language and Hearing Professional (SLP), Physical Therapist (PT), Occupational Therapist (OT), medical professional or behavioral/mental health professional. A bachelor's-level may provide this service if they meet the supervisory protocol required.

Provider Qualifications
Providers who have obtained a nationally recognized certification for services related to applied behavior

analysis. Independently licensed clinicians, Master's-level individuals, bachelor's-level individuals, and paraprofessionals who meet supervisory protocol may also provide this service.

Other 1937 Benefit Provided:
Children's Habilitation Crisis Intervention

Source:
Section 1937 Coverage Option Benchmark Benefit Package

Remove

Authorization:
Other

Provider Qualifications:
Other

Amount Limit:
None

Duration Limit:
None

Scope Limit:
Children through the month of their twenty-first (21st) birthday

Other:

Crisis intervention services are provided face to face 24/7 in the community, school, or home of the participant in order to assess immediate strengths and needs to ensure appropriate services are provided to de-escalate the current crisis and prevent future crisis. Services to the participant's family and others who regularly participate in the participant's life are for the direct benefit of the participant, in accordance with the participant's needs and treatment goals identified in the participant's treatment plan, and for the purpose of assisting in the participant's recovery. This work includes the following activities: intervene, coordinate with current services, and provide linkages and referral for follow-up care to participants and families experiencing a psychological, behavioral or emotional crisis. Crisis interventions are intended to address the immediate safety and well-being of the participant and family due to the participant's escalating behaviors that may be creating disruption to the participant's functioning and stability. Crisis interventions are short-term and time-limited as identified by the participant, family, or crisis services provider.

Crisis intervention providers must be trained to deliver direct consultation and clinical evaluation of a child participant who is experiencing a crisis (i.e., being at risk of out-of-home placement, hospitalization, incarceration, physical harm to self or others, family altercations or other emergencies).

Provider Qualifications
Providers who have obtained a nationally recognized certification for services related to applied behavior analysis. Independently licensed clinicians, Master's-level individuals, bachelor's-level individuals, and paraprofessionals who meet supervisory protocol may also provide this service.

Add

Alternative Benefit Plan

☐ 15. Additional Covered Benefits (This category of benefits is not applicable to the adult group under section 1902(a)(10)(A)(i)(VIII) of the Act.)

Collapse All ☐

PRA Disclosure Statement

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V.20160722

Alternative Benefit Plan

OMB Control Number: 0938-1148

Attachment 3.1-C- N

OMB Expiration date: 10/31/2014

Benefits Assurances — ABP7

EPSDT Assurances

If the target population includes persons under 21, please complete the following assurances regarding EPSDT. Otherwise, skip to the Prescription Drug Coverage Assurances below.

The alternative benefit plan includes beneficiaries under 21 years of age. Yes

Prescription Drug Coverage Assurances

☑ The state/territory assures that it meets the minimum requirements for prescription drug coverage in section 1937 of the Act and implementing regulations at 42 CFR 440.347. Coverage is at least the greater of one drug in each United States Pharmacopeia (USP) category and class or the same number of prescription drugs in each category and class as the base benchmark.

☑ The state/territory assures that procedures are in place to allow a beneficiary to request and gain access to clinically appropriate prescription drugs when not covered.

☑ The state/territory assures that when it pays for outpatient prescription drugs covered under an Alternative Benefit Plan, it meets the requirements of section 1927 of the Act and implementing regulations at 42 CFR 440.345, except for those requirements that are directly contrary to amount, duration and scope of coverage permitted under section 1937 of the Act.

☑ The state/territory assures that when conducting prior authorization of prescription drugs under an Alternative Benefit Plan, it complies with prior authorization program requirements in section 1927(d)(5) of the Act.

Other Benefit Assurances

☑ The state/territory assures that substituted benefits are actuarially equivalent to the benefits they replaced from the base benchmark plan, and that the state/territory has actuarial certification for substituted benefits available for CMS inspection if requested by CMS.

☑ The state/territory assures that individuals will have access to services in Rural Health Clinics (RHC) and Federally Qualified Health Centers (FQHC) as defined in subparagraphs (B) and (C) of section 1905(a)(2) of the Social Security Act.

☑ The state/territory assures that payment for RHC and FQHC services is made in accordance with the requirements of section 1902(bb) of the Social Security Act.

☑ The state/territory assures that it will comply with the requirement of section 1937(b)(5) of the Act by providing, effective January 1, 2014, to all Alternative Benefit Plan participants at least Essential Health Benefits as described in section 1302(b) of the Patient Protection and Affordable Care Act.

☑ The state/territory assures that it will comply with the mental health and substance use disorder parity requirements of section 1937(b)(6) of the Act by ensuring that the financial requirements and treatment limitations applicable to mental health or substance use disorder benefits comply with the requirements of section 2705(a) of the Public Health Service Act in the same manner as such requirements apply to a group health plan.

☑ The state/territory assures that it will comply with section 1937(b)(7) of the Act by ensuring that benefits provided to Alternative Benefit Plan participants include, for any individual described in section 1905(a)(4)(C), medical assistance for family planning services and supplies in accordance with such section.

☑ The state/territory assures transportation (emergency and non-emergency) for individuals enrolled in an Alternative Benefit Plan in accordance with 42 CFR 431.53.

Alternative Benefit Plan

☑ The state/territory assures, in accordance with 45 CFR 156.115(a)(4) and 45 CFR 147.130, that it will provide as Essential Health Benefits a broad range of preventive services including: "A" and "B" services recommended by the United States Preventive Services Task Force; Advisory Committee for Immunization Practices (ACIP) recommended vaccines; preventive care and screening for infants, children and adults recommended by HRSA's Bright Futures program/project; and additional preventive services for women recommended by the Institute of Medicine (IOM).

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Alternative Benefit Plan

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OMB Expiration date: 10/31/2014

Attachment 3.1-C- N

Service Delivery Systems — ABP8

Provide detail on the type of delivery system(s) the state/territory will use for the Alternative Benefit Plan's benchmark benefit package or benchmark-equivalent benefit package, including any variation by the participants' geographic area.

Type of service delivery system(s) the state/territory will use for this Alternative Benefit Plan(s).

Select one or more service delivery systems:

- [x] Managed care.
  - [ ] Managed Care Organizations (MCO).
  - [ ] Prepaid Inpatient Health Plans (PIHP).
  - [x] Prepaid Ambulatory Health Plans (PAHP).
  - [ ] Primary Care Case Management (PCCM).
- [ ] Fee-for-service.
- [ ] Other service delivery system.

Managed Care Options

Managed Care Assurance

- [x] The state/territory certifies that it will comply with all applicable Medicaid laws and regulations, including but not limited to sections 1903(m), 1905(t), and 1932 of the Act and 42 CFR Part 438, in providing managed care services through this Alternative Benefit Plan. This includes the requirement for CMS approval of contracts and rates pursuant to 42 CFR 438.6.

Managed Care Implementation

Please describe the implementation plan for the Alternative Benefit Plan under managed care including member, stakeholder, and provider outreach efforts.

Stakeholder meetings were held in 2012, and continuous feedback solicited through the Department's website. In 2013, Idaho sent notification regarding implementation of the managed care contract was sent to all participants and providers. The contract requires that the Contractor shall have a Communication Plan that includes a plan to communicate with Members, providers and stakeholders, including Member service and provider service call centers and Member and provider handbooks. Member handbooks were mailed in August of 2013, prior to implementation.

PAHP: Prepaid Ambulatory Health Plan

The managed care delivery system is the same as an already approved managed care program. Yes

The managed care program is operating under (select one):

- ○ Section 1915(a) voluntary managed care program.
- ◉ Section 1915(b) managed care waiver.
- ○ Section 1115 demonstration.
- ○ Section 1937 Alternative (Benchmark) Benefit Plan state plan amendment.

Identify the date the managed care program was approved by CMS: June 24, 2013

Alternative Benefit Plan

Describe program below:

The Department covers community-based outpatient behavioral health services through a PAHP contract. The implementation date of the managed care delivery system was September 1, 2013.

The Department contracted with a single, statewide managed care entity, United Behavioral Health, dba Optum/Idaho, who meets the requirements of a PAHP (as defined in 42 CFR § 438.8(b)). Optum manages a network of providers across the state in order to administer behavioral health services to eligible Medicaid members.

The Department has designated the Division of Medicaid to oversee the Idaho Behavioral Health Plan to assure compliance with federal financing requirements. Medicaid provides for an IDHW Contract Manager to lead ongoing contract administration and contract performance monitoring with overall responsibility for the management of all aspects of the contract.

Through the implementation of a managed care system under a 1915(b) waiver, Idaho seeks to achieve the following goals:
Short Term Goals:

* Enrollment of sufficient number of competent professionals to deliver core services; Successful claims processing; Improved identification of Members who meet program qualifications for behavioral health treatment; and Successful transition process for both providers of services (agencies and individual practitioners) and Members.

Intermediate Goals:

* Effective communications between the IDHW, Contractor and all other stakeholders; Increase in number of Members who receive behavioral health care treatment that accurately matches their behavioral health care needs; Implementation of utilization management and quality assurance processes that result in improved operations/services and improved payment approaches; and Improved coordination with all other treatment providers and programs that Members are involved with, specifically, the Healthy Connections program and the Health Home program.

Long Term Goals:

* Positive outcomes for Members that result in Members' recovery and/or resiliency; Decreased inappropriate use of higher cost services (hospital, emergency departments, crisis); Administrative efficiencies realized that include greater reliance on technology, cost-effective management of the network and of services, and decrease in waste and fraud; and Greater satisfaction with treatment and support services among Members and greater satisfaction for agencies and practitioners in the administration of the services.

Additional Information: PAHP (Optional)

Provide any additional details regarding this service delivery system (optional):

PRA Disclosure Statement

Alternative Benefit Plan

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Attachment 3.1-C- N

Service Delivery Systems — ABP8

Provide detail on the type of delivery system(s) the state/territory will use for the Alternative Benefit Plan's benchmark benefit package or benchmark-equivalent benefit package, including any variation by the participants' geographic area.

Type of service delivery system(s) the state/territory will use for this Alternative Benefit Plan(s).

Select one or more service delivery systems:

☒ Managed care.

- ☐ Managed Care Organizations (MCO).
- ☐ Prepaid Inpatient Health Plans (PIHP).
- ☒ Prepaid Ambulatory Health Plans (PAHP).
- ☐ Primary Care Case Management (PCCM).

☐ Fee-for-service.

☐ Other service delivery system.

Managed Care Options

Managed Care Assurance

☑ The state/territory certifies that it will comply with all applicable Medicaid laws and regulations, including but not limited to sections 1903(m), 1905(t), and 1932 of the Act and 42 CFR Part 438, in providing managed care services through this Alternative Benefit Plan. This includes the requirement for CMS approval of contracts and rates pursuant to 42 CFR 438.6.

Managed Care Implementation

Please describe the implementation plan for the Alternative Benefit Plan under managed care including member, stakeholder, and provider outreach efforts.

The Contractor is pursuing outreach activities with the goal of improving access to preventive services for children and pregnant women and to address the problems of early childhood dental caries by ensuring that children ages 0 - 3 have a dental home. The contract requires that the Contractor conduct outreach activities and programs to educate participants about their dental benefits and the importance of preventive dental care. Outreach efforts are to focus on the best and most cost-effective use of resources. Outreach may be accomplished through a variety of methods including, but not limited to, mailings, newsletters, website information, and contractor affiliations with other community, healthcare, and government health outreach programs.

PAHP: Prepaid Ambulatory Health Plan

The managed care delivery system is the same as an already approved managed care program. No

☑ The Alternative Benefit Plan will be provided through a prepaid ambulatory health plan (PAHP) consistent with applicable managed care requirements (42 CFR Part 438, and section 1937 of the Social Security Act).

◉ PAHPs are paid on a risk basis.

○ PAHPs are paid on a non-risk basis.

PAHP Procurement or Selection Method

Indicate the method used to select PAHPs:

(•) Competitive procurement method (RFP, RFA).

( ) Other procurement/selection method.

Describe the method used by the state/territory to procure or select the PAHPs:

Other PAHP-Based Service Delivery System Characteristics

List the benefits or services that will be provided apart from the PAHP, and explain how they will be provided. Add as many rows as needed.

	Benefit/service	Description of how the benefit/service will be provided	
+	The only dental service provided outside the PAHP is for dental sealants.	Pediatricians who have been trained may bill for providing dental sealants.	x
+	Interpretation services	Dentists bill Medicaid directly for Interpretation services	x

PAHP service delivery is provided on less than a statewide basis. No

PAHP Participation Exclusions

Individuals are excluded from PAHP participation in the Alternative Benefit Plan: No

General PAHP Participation Requirements

Indicate if participation in the managed care is mandatory or voluntary:

(•) Mandatory participation.

( ) Voluntary participation. Indicate the method for effectuating enrollment:

Describe method of enrollment in PAHPs:

All children and pregnant women enrolled in the Enhanced Alternative Benefit Plan are eligible to receive full dental benefits from the PAHP.

Adults who are not pregnant and who are not covered under the A&D or DD Waivers are limited to the dental services coverage defined in ABP5.

Additional Information: PAHP (Optional)

Provide any additional details regarding this service delivery system (optional):

PRA Disclosure Statement

Alternative Benefit Plan

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OMB Expiration date: 10/31/2014

Attachment 3.1-C- N

Service Delivery Systems — ABP8

Provide detail on the type of delivery system(s) the state/territory will use for the Alternative Benefit Plan's benchmark benefit package or benchmark-equivalent benefit package, including any variation by the participants' geographic area.

Type of service delivery system(s) the state/territory will use for this Alternative Benefit Plan(s).

Select one or more service delivery systems:

- ☒ Managed care.
  - ☐ Managed Care Organizations (MCO).
  - ☐ Prepaid Inpatient Health Plans (PIHP).
  - ☐ Prepaid Ambulatory Health Plans (PAHP).
  - ☒ Primary Care Case Management (PCCM).
- ☒ Fee-for-service.
- ☐ Other service delivery system.

Managed Care Options

Managed Care Assurance

☑ The state/territory certifies that it will comply with all applicable Medicaid laws and regulations, including but not limited to sections 1903(m), 1905(t), and 1932 of the Act and 42 CFR Part 438, in providing managed care services through this Alternative Benefit Plan. This includes the requirement for CMS approval of contracts and rates pursuant to 42 CFR 438.6.

Managed Care Implementation

Please describe the implementation plan for the Alternative Benefit Plan under managed care including member, stakeholder, and provider outreach efforts.

Idaho's PCCM program is operated in accordance with 42 CFR 438, and is an ongoing program with no new implementation outreach activities are anticipated at this time. However, at the time of enrollment, all new participants are informed about PCCM, and given the opportunity to choose their primary care provider. Information for participants about the PCCM program is found in the Idaho Health Plan Coverage booklet which is available on-line. Department representatives visit physicians and non-physician practitioners and keep them informed about Idaho's PCCM program.

PCCM: Primary Care Case Management

The PCCM delivery system is the same as an already approved PCCM program. No

☑ The Alternative Benefit Plan will be provided through primary care case management (PCCM) consistent with applicable managed care requirements (42 CFR Part 438, section 1903(m) of the Social Security Act, and section 1932 of the Social Security Act).

PCCM service delivery is provided on less than a statewide basis. No

PCCM Payments

Specify how payment for services is handled:

- ◉ Per member/per month case management fee paid to PCCM provider.

○ Other:

Additional Information: PCCM (Optional)

Provide any additional details regarding this service delivery system (optional):

Fee-For-Service Options

Indicate whether the state/territory offers traditional fee-for-service and/or services managed under an administrative services organization:

◉ Traditional state-managed fee-for-service

○ Services managed under an administrative services organization (ASO) arrangement

Please describe this fee-for-service delivery system, including any bundled payment arrangements, pay for performance, fee-for-service care management models/non-risk, contractual incentives as well as the population served via this delivery system.

Except for the Dental and the Behavioral Health services, the Enhanced Alternative Benefit Plan is furnished on a fee-for-service basis for all participants consistent with the requirements of section 1902(a) and implementing regulations relating to payment and participant free choice of provider.

Additional Information: Fee-For-Service (Optional)

Provide any additional details regarding this service delivery system (optional):

V.20130718

Alternative Benefit Plan

OMB Control Number: 0938-1148
OMB Expiration date: 10/31/2014

Attachment 3.1-C- N

Employer Sponsored Insurance and Payment of Premiums — ABP9

The state/territory provides the Alternative Benefit Plan through the payment of employer sponsored insurance for participants with such coverage, with additional benefits and services provided through a Benchmark or Benchmark-Equivalent Benefit Package. **Yes**

Provide a description of employer sponsored insurance, including the population covered, the amount of premium assistance by population, employer sponsored insurance activities including required contribution, cost-effectiveness test requirements, and benefit information:

The Medicaid agency pays insurance premiums for medical or any other type of remedial care to maintain a third party resource for Medicaid-covered services provided to individuals enrolled in the Basic Alternative Benefit Plan (except individuals 65 years of age or older and disabled individuals, entitled to Medicare Part A but not enrolled in Medicare Part B).

The Medicaid agency pays all premiums, deductibles, coinsurance and other cost sharing obligations for items and services covered under the Baasic Alternative Benefit Plan (subject to any nominal Medicaid co-payment) for eligible individuals in employer-based cost-effective group health plans.

When coverage for Medicaid-eligible family members is not possible unless ineligible family members enroll, the Medicaid agency pays premiums for enrollment of other family members when cost-effective. In addition, the eligible individual is entitled to services covered by the State plan which are not included in the group health plan.

Cost-effectiveness is determined by comparing the total amount paid by the primary insurance company to the premiums and deductible. If the primary insurance has paid more than the premiums and deductible, the case is cost-effective. If the primary insurance has paid less than the premiums and deductible, the case is NOT cost-effective.

The state assures that ESI coverage is established in sections 3.2 and 4.22(h) of the state's approved Medicaid state plan. The beneficiary will receive a benefit package that includes a wrap of benefits around the employer-sponsored insurance plan that equals the benefit package to which the beneficiary is entitled. The beneficiary will not be responsible for payment of premiums or other cost sharing that exceeds nominal levels as established at 42 CFR part 447 subpart A.

The state/territory otherwise provides for payment of premiums. **No**

Other Information Regarding Employer Sponsored Insurance or Payment of Premiums:

Alternative Benefit Plan

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Attachment 3.1-C- N

General Assurances — ABP10

Economy and Efficiency of Plans

☑ The state/territory assures that Alternative Benefit Plan coverage is provided in accordance with Federal upper payment limit requirements and other economy and efficiency principles that would otherwise be applicable to the services or delivery system through which the coverage and benefits are obtained.

Economy and efficiency will be achieved using the same approach as used for Medicaid state plan services. Yes

Compliance with the Law

☑ The state/territory will continue to comply with all other provisions of the Social Security Act in the administration of the state/territory plan under this title.

☑ The state/territory assures that Alternative Benefit Plan benefits designs shall conform to the non-discrimination requirements at 42 CFR 430.2 and 42 CFR 440.347(e).

☑ The state/territory assures that all providers of Alternative Benefit Plan benefits shall meet the provider qualification requirements of the Base Benchmark Plan and/or the Medicaid state plan.

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V.20130807

Alternative Benefit Plan

OMB Control Number: 0938-1148
OMB Expiration date: 10/31/2014

Attachment 3.1-C- N

Payment Methodology — ABP11

Alternative Benefit Plans - Payment Methodologies

☑ The state/territory provides assurance that, for each benefit provided under an Alternative Benefit Plan that is not provided through managed care, it will use the payment methodology in its approved state plan or hereby submits state plan amendment Attachment 4.19a, 4.19b or 4.19d, as appropriate, describing the payment methodology for the benefit.

An attachment is submitted.

V.20130807