### **Table of Contents**

## State/Territory Name: MARYLAND

## State Plan Amendment (SPA) #: 20-0004

This file contains the following documents in the order listed:

- 1) Approval Letter
- 2) CMS 179 Form/Summary Form (with 179-like data)
- 3) Approved SPA Pages



Medicaid and CHIP Operations Group

September 28, 2020

Mr. Dennis Schrader, Medicaid Director Maryland Department of Health 201 W. Preston St., 5<sup>th</sup> Floor Baltimore, MD 21201

Dear Mr. Schrader:

We are pleased to inform you of the approval of Maryland State Plan Amendment (SPA) 20-0004. This amendment expands the categories of providers allowed to order home health services to include nurse practitioners, and additionally revises the SPA language to reflect compliance with updated HH regulations and EVV requirements.

Enclosed is a copy of the approved SPA pages and the signed CMS-179 form. The effective date of this amendment is July 25, 2020.

If you have any questions regarding this SPA, please contact Talbatha Myatt at (215) 861-4259. She can also be reached at Talbatha.Myatt@cms.hhs.gov.

Sincerely,



Division of Program Operations

cc: Katia Fortune, State Plan Coordinator
 Nina McHugh, Medicaid Provider Services Administration
 Tricia Roddy, Director, Innovation, Research, and Development
 James G. Scott, Director Division of Program Operations
 Nicole McKnight, CMCS, Branch Manager, Division of Program Operations
 Talbatha Myatt, CMCS, State Lead, Division of Program Operations

|   | OMB No. 0938-019  |
|---|---|
| TRANSMITTAL AND NOTICE OF APPROVAL OF<br>STATE PLAN MATERIAL  | 1. TRANSMITTAL NUMBER     2. STATE $2$ $0$ $0$ $0$ $4$ MD     MD              |
| FOR: CENTERS FOR MEDICARE & MEDICAID SERVICES   | 3. PROGRAM IDENTIFICATION: TITLE XIX OF THE SOCIAL<br>SECURITY ACT (MEDICAID) |
| TO: REGIONAL ADMINISTRATOR  | 4. PROPOSED EFFECTIVE DATE  |
| CENTERS FOR MEDICARE & MEDICAID SERVICES<br>DEPARTMENT OF HEALTH AND HUMAN SERVICES   | 07/25/2020  |
| 5. TYPE OF PLAN MATERIAL (Check One)  |   |
| NEW STATE PLAN     AMENDMENT TO BE CONS   | IDERED AS NEW PLAN  |
| COMPLETE BLOCKS 6 THRU 10 IF THIS IS AN AME   |   |
| 6. FEDERAL STATUTE/REGULATION CITATION  | 7. FEDERAL BUDGET IMPACT<br>a. FFY 2021 \$0                                   |
| N/A   | b. FFY 2021 \$  |
| 8. PAGE NUMBER OF THE PLAN SECTION OR ATTACHMENT  | 9. PAGE NUMBER OF THE SUPERSEDED PLAN SECTION                                 |
| $A \pm 2 \pm 4$ pg $\Omega = 1 (20, 0004)$  | OR ATTACHMENT (If Applicable)   |
| <del>Att. 3.1A pg. 9C-1 (20-0004)</del><br>Att. 3.1A pg. 19-A (20-0004)   | Att. 3.1A pg. 9C-1 (17-0005)  |
| Att. 3.1A pg 198  | Att. 3.1A pg. 19-A (20-0004)  |
|   | Att. 3.1A pg 19B  |
| Att. 3.1A pg 21   | Att. 3.1A pg 21   |
| 11. GOVERNOR'S REVIEW <i>(Check One)</i><br>GOVERNOR'S OFFICE REPORTED NO COMMENT<br>COMMENTS OF GOVERNOR'S OFFICE ENCLOSED<br>NO REPLY RECEIVED WITHIN 45 DAYS OF SUBMITTAL            | Ther, as specified  |
| 12. SIGNATURE OF STATE AGENCY OFFICIAL  | 16. RETURN TO   |
|   |   |
| 13. TYPED NAME  | Dennis Schrader   |
| Tricia Roddy  | Medicaid Director   |
| 14. TITLE   | Maryland Department of Health<br>201 W. Preston St., 5th Floor                |
| Director, Innovation, Research, and Development   |   |
| 15. DATE SUBMITTED  |   |
| 6/30/2020   | Baltimore, MD 21201   |
| 6/30/2020<br>FOR REGIONAL OI  |   |
| FOR REGIONAL OI   |   |
| FOR REGIONAL OF<br>17. DATE RECEIVED<br>June 30, 2020<br>PLAN APPROVED - OF   | FICE USE ONLY<br>18. DATE APPROVED<br>09/23/2020<br>NE COPY ATTACHED          |
| FOR REGIONAL OF<br>17. DATE RECEIVED<br>June 30, 2020<br>PLAN APPROVED - OF   | FICE USE ONLY<br>18. DATE APPROVED<br>09/23/2020                              |
| FOR REGIONAL OF         17. DATE RECEIVED         June 30, 2020         PLAN APPROVED - OF         19. EFFECTIVE DATE OF APPROVED MATERIAL         July 25, 2020         21. TYPED NAME | FICE USE ONLY<br>18. DATE APPROVED<br>09/23/2020<br>NE COPY ATTACHED          |

#### STATE PLAN FOR MEDICAL ASSISTANCE UNDER TITLE XIX OF THE SOCIAL SECURITY ACT

#### STATE OF MARYLAND

| PROGRAM | LIMITATIONS  |
|---------|--|
| PROGRAM | <ul> <li>The state will comply with the Electronic Visit Verification<br/>System (EVV) requirements for home health services by January<br/>1, 2023 in accordance with section 12006 of the 21st Century<br/>CURES Act.</li> <li>1. Providers of home health services must: <ul> <li>a. Be licensed as a home health agency in the state; and</li> <li>b. Participate under Medicare as a home health agency.</li> </ul> </li> <li>2. Services must be: <ul> <li>a. Provided upon the written order of the physician or<br/>nurse practitioner, in accordance with State law, and<br/>furnished under the current plan of treatment;</li> <li>b. Consistent with the current diagnosis and treatment of<br/>the participant's condition;</li> <li>c. In accordance with accepted standards of medical<br/>practice;</li> <li>d. Required by the medical condition rather than the<br/>convenience or preference of the participant;</li> <li>e. Considered under accepted standards of medical<br/>practice to be a specific and effective treatment for the<br/>participant's condition;</li> <li>f. Required on a part-time, intermittent basis when<br/>skilled nursing services are rendered;</li> <li>g. Rendered by an approved provider in the participant's<br/>home, or other setting when normal life activities take<br/>the participant outside the home;</li> <li>h. Adequately described in the signed and dated progress<br/>notes;</li> <li>i. Documented as received by the participant as indicated<br/>by the participant's signature or signature of a witness;</li> <li>j. Documented that a physician, nurse practitioner,<br/>clinical nurse specialist, certified nurse midwife, or<br/>physician assistant who is not employed by the home<br/>health agency, has had a face-to-face encounter with<br/>the participant no more than 90 days before the home<br/>health start of care date or within 30 days after the start</li> </ul> </li> </ul> |
|         | <ul> <li>health start of care date of within 30 days after the start of the home health care, including the date of the encounter; and</li> <li>k. Documented by the attending acute or post-acute physician, the clinical findings of the face-to-face encounter for participants admitted immediately to home health upon discharge from a hospital or post-acute setting.</li> </ul>  |
|         | 1  |

TN NO. <u>20-0004</u> Supercedes TN No. <u>10-03</u> 
 Approval Date
 09/23/2020

 Effective Date:
 7/25/2020

# STATE PLAN FOR MEDICAL ASSISTANCE UNDER TITLE XIX OF THE SOCIAL SECURITY ACT STATE OF MARYLAND

| PROGE       | RAM  | LIMITATIONS  |
|-------------|--|--|
| PROGE<br>7. | AM<br>Home Health Services. General<br>Skilled nursing services, home health<br>aide services, physical therapy services,<br>speech pathology services, and medical<br>supplies. | LIMITATIONS 3. Home health aide services must come under<br>the direct supervision of a nurse. The home<br>health agency must have a registered nurse<br>provide biweekly supervisory visits to the<br>recipient's home. Every second visit shall<br>include observations of the delivery of<br>services by the aide to the recipient. |
|             |  |  |

#### STATE PLAN UNDER TITLE XIX OF THE SOCIAL SECURITY ACT

#### STATE OF MARYLAND

#### 7. Home Health Services - Medical Supplies and Equipment

Medical supplies are healthcare related items that are consumable or disposable, or cannot withstand repeated use by more than one participant, that are required to address a participant's medical disability, illness or injury.

Equipment and appliances are items that are primarily and customarily used to serve a medical purpose, generally are not useful to a participant in the absence of a disability, illness, or injury, can withstand repeated use, and can be reusable or removable.

Medical supplies and equipment and appliances are covered when:

1. Ordered by a physician or a licensed practitioner of the healing arts acting within the scope of practice authorized under State law, as part of a written plan of care reviewed by the ordering practitioner annually.

2. Medically necessary; and

3. Furnished by enrolled Maryland Medicaid medical equipment and supply providers.

Approval Date: 09/23/2020