

O C T O B E R 2 0 2 5

Conditions Targeted by Medicaid Health Homes

States can improve care coordination and care management for Medicaid beneficiaries with complex needs by creating health homes. Health homes integrate physical and behavioral health services (both mental health and substance abuse) and long-term services and supports for high-need, high-cost Medicaid populations. As of October 2025, there are 33 approved health home models in 19 states and the District of Columbia.¹ States may target health home services to individuals with: (1) two chronic conditions; (2) one chronic condition and risk for a second; or (3) a serious mental illness. The following table lists the conditions targeted by each health home model. For more information on the specifics of conditions included or excluded by states, refer to the text of the state plan amendments.²

State/Conditions	SMI/SED	Mental Health Conditions*	Substance Use Disorder*	Asthma*	Diabetes ³⁺	Heart Disease ⁴⁺	BMI over 25 ⁵⁺	Cancer	Cerebrovascular Disease	COPD	Dementia ⁶	Gastrointestinal disease ⁷	Hematologic conditions	Hepatitis B or C	HIV/AIDS	Hyperlipidemia	Hypertension	I/DD	Musculoskeletal Conditions ⁸	Neurological Conditions ⁹	Renal Disease ¹⁰	Sickle Cell Anemia	Other	Additional Details
Connecticut	X	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	N/A
District of Columbia	X	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	N/A
District of Columbia	-	X	X	X	X	X	X	X	X	X	-	-	-	-	X	X	X	-	-	X	X	X	Two or more chronic conditions required Specifically morbid obesity: BMI over 35 Other includes paralysis	
Idaho	X	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	X	-	-	-	-	X	Must have I/DD and SMI or Autism
Iowa	X	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	N/A
Kansas	-	X	X	X	X	X	X	-	-	X	-	-	-	-	-	-	X	-	-	-	-	-	X	Must have asthma and one other qualifying condition. Specifically morbid obesity: BMI over 35 "Other" conditions: Metabolic syndrome, tobacco use or exposure to secondhand smoke
Kansas	X	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	Within SMI, specifically paranoid schizophrenia and severe bipolar disorder
Maine	-	X	X	X	X	X	X	-	-	X	-	-	-	-	-	-	X	X	X	-	X	-	X	Must have two or more chronic conditions or one chronic condition and risk for a second "Other" includes tobacco use, autism spectrum disorder, acquired brain injury, seizure disorders, cardiac and circulatory congenital abnormalities
Maine	X	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	N/A

State/Conditions	SMI/SED	Additional Details																						
		Mental Health Conditions*	Substance Use Disorder*	Asthma*	Diabetes ^{3*}	Heart Disease ^{4*}	BMI over 25 ^{5*}	Cancer	Cerebrovascular Disease ⁶	COPD	Dementia ⁶	Gastrointestinal disease ⁷	Hematologic conditions	Hepatitis B or C	HIV/AIDS	Hyperlipidemia	Hypertension	I/DD	Musculoskeletal Conditions ⁸	Neurological Conditions ⁹	Renal Disease ¹⁰	Sickle Cell Anemia	Other	
Maine	-	X	X	X	X	X	-	-	X	-	-	-	-	-	-	X	X	-	-	-	-	X	Opioid use disorder and one other chronic condition or risk of developing another chronic condition	
																							Other includes tobacco use, seizure disorders, acquired brain injury, circulatory congenital abnormalities	
Maryland	X	-	X	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	Specifically opioid use disorder for SUD, and at risk for another chronic condition	
Michigan	X	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	N/A	
Michigan	-	X	-	X	X	X	-	-	X	-	-	-	-	-	-	-	X	-	-	-	-	-	Two or more chronic conditions required	
Michigan	-	-	X	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	Mental health conditions are specifically anxiety and depression	
Michigan	-	-	X	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	Opioid use disorder, alcohol use disorder, stimulant use disorder	
Minnesota	X	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	N/A	
Missouri	X	X	X	X	X	X	X	-	-	-	-	-	-	-	-	-	X	-	-	-	-	-	One SMI diagnosis or a mental health condition and one other chronic condition, an SUD condition and one other chronic condition, or a mental health condition or substance use condition and tobacco use	
Missouri	X	X	X	X	X	X	X	-	-	-	-	-	-	-	-	-	-	X	X	-	-	-	X	Two or more chronic conditions or one chronic condition and risk of developing another
																							Musculoskeletal conditions is specifically chronic pain	
																							Other is tobacco use	
Missouri	-	-	-	X	X	X	X	-	-	X	X	-	-	-	-	-	X	X	-	-	-	X	Other includes dependent on a ventilator and/or one of the Fatal Five Plus conditions or one or more chronic conditions that could lead to one of the Fatal Five Plus conditions: Pulmonary aspiration, bowel obstruction, gastroesophageal reflux disease, seizures, sepsis, dehydration tobacco use, diagnosis of autism spectrum disorder, or using the Health Risk Screening Tool that identifies potential risk for individuals with a Healthcare Level of 3 or greater	
New Jersey	X	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	N/A	
New Jersey	X	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	
New Mexico	X	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	N/A	
New York	X	X	X	X	X	X	X	-	X	X	X	-	-	-	X	-	X	-	-	X	X	-	One SMI/SED diagnosis, HIV/AIDS, Sickle Cell Disease, or Complex Trauma or two or more chronic conditions	
New York	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	N/A	
North Carolina	X	-	X	-	-	-	-	-	-	-	-	-	-	-	-	-	X	-	-	X	-	-	One SMI/SED diagnosis, severe SUD, I/DD or TBI	
																							Neurological conditions is specifically TBI	
Rhode Island	X	X	-	X	X	-	-	-	-	-	-	-	-	-	-	-	-	X	-	-	-	X	One SMI/SED diagnosis, two or more chronic conditions or one chronic condition and risk of developing another	
																							I/DD is specifically Developmental disabilities, Down syndrome, mental retardation	
																							Other is seizure disorders	
Rhode Island	X	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	N/A	
Rhode Island	-	-	X	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	X	Opioid dependency only	
South Dakota	X	X	X	X	X	X	X	-	-	X	-	-	-	-	-	-	-	X	-	X	-	-	One SMI diagnosis, two or more chronic conditions or one chronic condition and risk of developing another	

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Tennessee	X	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	N/A
Vermont	-	-	X	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	Opioid dependency only
Washington	-	X	X	X	X	-	X	X	X	X	X	X	-	X	-	-	X	X	X	X	-	-	Must have at least one chronic condition and risk of developing another
Wisconsin	-	-	-	-	-	-	-	-	-	-	-	-	-	X	-	-	-	-	-	-	-	-	Must have HIV/AIDS and at least one other chronic condition or risk of developing another
Wisconsin	-	-	X	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	Must have SUD and at least one other chronic condition or risk of developing another

Acronym key: BMI = body mass index; COPD = chronic obstructive pulmonary disease; CVD = cardiovascular disease; IDD = intellectual/developmental disability; SED = serious emotional disturbance; SMI = severe mental illness; SUD = substance use disorder; TBI = traumatic brain injury.

* The health home statute specifically lists SMI, mental health conditions, SUD, asthma, diabetes, heart disease, and BMI over 25 as being chronic conditions. States may target other chronic conditions of their choice.

¹ Alabama, California, Delaware, Illinois, Ohio, Oklahoma, Oregon, and West Virginia have terminated their Medicaid health home SPAs and no longer provide health home services.

² For a list of all approved health home SPAs, see the Health Home Information Resource Center at: <https://www.medicaid.gov/resources-for-states/medicaid-state-technical-assistance/health-home-information-resource-center>.

³ Diabetes includes other endocrine disease.

⁴ Heart disease includes all cardiovascular disease including peripheral vascular disease.

⁵ Or above the 85th percentile in pediatric populations. The District of Columbia's chronic conditions health homes enroll individuals with a BMI > 35.

⁶ Dementia includes Alzheimer's disease.

⁷ Gastrointestinal disease includes chronic alimentary system disease.

⁸ Musculoskeletal conditions include back and neck pain and other chronic pain syndromes.

⁹ Neurological conditions also include TBI.

¹⁰ Renal disease includes chronic kidney disease (on dialysis) and kidney failure.