

Conditions Targeted by Medicaid Health Homes

States can improve care coordination and care management for Medicaid beneficiaries with complex needs by creating health homes. Health homes integrate physical and behavioral health services (both mental health and substance abuse) and long-term services and supports for high-need, high-cost Medicaid populations. As of December 2024, there are 33 approved health home models in 19 states and the District of Columbia.¹ States may target health home services to individuals with: (1) two chronic conditions; (2) one chronic condition and risk for a second; or (3) a serious mental illness. The following table lists the conditions targeted by each health home model. For more information on the specifics of conditions included or excluded by states, refer to the text of the state plan amendments.²

State/Model	SMI/SED	Mental Health Conditions*	Substance Use Disorder*	Asthma*	Diabetes ^{3*}	Heart Disease ^{4*}	BMI over 25 ^{5*}	Cancer	Cerebrovascular Disease	COPD	Dementia ⁶	Gastrointestinal disease ⁷	Hematologic conditions	Hepatitis B or C	HIV/AIDS	Hyperlipidemia	Hypertension	I/DD	Musculoskeletal Conditions ⁸	Neurological Conditions ⁹	Renal Disease ¹⁰	Sickle Cell Anemia	Other	Other Conditions Targeted
Connecticut	X	–	–	–	–	–	–	–	–	–	–	–	–	–	–	–	–	–	–	–	–	–	–	N/A
District of Columbia	X	–	–	–	–	–	–	–	–	–	–	–	–	–	–	–	–	–	–	–	–	–	–	N/A
District of Columbia	–	X	X	X	X	X	–	–	–	–	–	–	–	–	–	–	–	–	–	–	X	–	X	Morbid Obesity: BMI over 35
Idaho	X	–	–	–	–	–	–	–	–	–	–	–	–	–	–	–	–	X	–	–	–	–	X	Autism
Iowa	X	–	–	–	–	–	–	–	–	–	–	–	–	–	–	–	–	–	–	–	–	–	–	N/A
Kansas	–	–	–	X	–	–	–	–	–	–	–	–	–	–	–	–	–	–	–	–	–	–	X	Diabetes, hypertension, cardiovascular disease, COPD, metabolic syndrome, mental illness, substance use disorder, morbid obesity, tobacco use or exposure to secondhand smoke
Kansas	X	–	–	–	–	–	–	–	–	–	–	–	–	–	–	–	–	–	–	–	–	–	–	Paranoid schizophrenia, severe bipolar disorder
Maine	–	X	X	X	X	X	X	–	–	X	–	–	–	–	–	X	X	X	–	X	–	–	X	Tobacco use, seizure disorders, and cardiac and circulatory congenital abnormalities, developmental disabilities, autism
Maine	X	–	–	–	–	–	–	–	–	–	–	–	–	–	–	–	–	–	–	–	–	–	–	N/A
Maine	–	–	X	–	–	–	–	–	–	–	–	–	–	–	–	–	–	–	–	–	–	–	X	Opioid dependency only
Maryland	–	–	X	–	–	–	–	–	–	–	–	–	–	–	–	–	–	–	–	–	–	–	X	Opioid substance use disorder
Michigan	X	–	–	–	–	–	–	–	–	–	–	–	–	–	–	–	–	–	–	–	–	–	X	Other anxiety disorders, major depressive disorder (single episode), reaction to severe stress, and adjustment disorders, major depressive disorder (recurrent), bipolar disorder, other mental disorders due to known physiological condition, schizoaffective disorders, attention-deficit hyperactivity disorders, schizophrenia
Michigan	–	–	–	X	X	X	–	–	–	X	–	–	–	–	–	–	X	–	–	–	–	–	X	Anxiety, depression
Michigan	–	–	X	–	–	–	–	–	–	–	–	–	–	–	–	–	–	–	–	–	–	–	X	Opioid use disorder
Minnesota	X	–	–	–	–	–	–	–	–	–	–	–	–	–	–	–	–	–	–	–	–	–	–	N/A

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Missouri	X	–	–	–	–	–	–	–	–	–	–	–	–	–	–	–	–	–	–	–	–	–	–	N/A
Missouri	X	X	X	X	X	X	X	–	–	–	–	–	–	–	–	–	–	X	–	–	–	–	X	N/A
Missouri		–	–	–	–	–	–	–	–	–	–	–	–	–	–	–	–	X	–	–	–	–	X	I/DD and have or be at risk of developing one of the following conditions: Diabetes, asthma, CVD or hypertension, COPD, overweight (BMI >25), dementia, dependent on a ventilator and/or one of the Fatal Five Plus conditions or one or more chronic conditions that could lead to one of the Fatal Five Plus conditions: Pulmonary aspiration, bowel obstruction, gastroesophageal reflux disease, seizures, sepsis, dehydration tobacco use, diagnosis of autism spectrum disorder, or using the Health Risk Screening Tool that identifies potential risk for individuals with a Healthcare Level of 3 or greater
New Jersey	X	–	–	–	–	–	–	–	–	–	–	–	–	–	–	–	–	–	–	–	–	–	–	N/A
New Jersey	X	–	–	–	–	–	–	–	–	–	–	–	–	–	–	–	–	–	–	–	–	–	–	Co-occurring developmental disability and mental illness, co-occurring mental health and substance use, or developmental disability
New Mexico	X	–	–	–	–	–	–	–	–	–	–	–	–	–	–	–	–	–	–	–	–	–	–	N/A
New York	X	X	X	X	X	X	X	–	X	X	X	–	–	–	X	–	X	–	–	–	X	X	X	Congestive heart failure, eating disorders, alcohol dependency and alcoholic liver disease, HIV/AIDS, complex trauma
New York	X	–	–	–	–	–	–	–	–	–	–	–	–	–	–	–	–	X	–	–	–	–	–	N/A
North Carolina	X	–	–	–	–	–	–	–	–	–	–	–	–	–	–	–	–	X	–	–	–	–	X	TBI
Rhode Island	X	X	–	X	X	–	–	–	–	–	–	–	–	–	–	–	–	X	–	–	–	–	X	Developmental disabilities, Down syndrome, mental retardation, seizure disorders
Rhode Island	X	–	–	–	–	–	–	–	–	–	–	–	–	–	–	–	–	–	–	–	–	–	–	N/A
Rhode Island	–	–	X	–	–	–	–	–	–	–	–	–	–	–	–	–	–	–	–	–	–	–	X	Opioid dependency only
South Dakota	X	X	X	X	X	X	X	–	–	X	–	–	–	–	–	–	X	–	X	–	–	–	–	N/A
Tennessee	X	–	–	–	–	–	–	–	–	–	–	–	–	–	–	–	–	–	–	–	–	–	–	N/A
Vermont	–	–	X	–	–	–	–	–	–	–	–	–	–	–	–	–	–	–	–	–	–	–	X	Opioid dependency only
Washington	–	X	X	X	X	X	–	X	X	X	X	X	X	–	X	–	–	X	X	X	X	–	–	N/A
Wisconsin	–	–	–	–	–	–	–	–	–	–	–	–	–	–	X	–	–	–	–	–	–	–	–	N/A
Wisconsin	–	–	X	–	–	–	–	–	–	–	–	–	–	–	–	–	–	–	–	–	–	–	–	N/A

Acronym key: BMI = body mass index; COPD = chronic obstructive pulmonary disease; CVD = cardiovascular disease; I/DD = intellectual/developmental disability; SED = serious emotional disturbance; SMI = severe mental illness; SUD = substance use disorder; TBI = traumatic brain injury.

* The health home statute specifically lists SMI, mental health conditions, SUD, asthma, diabetes, heart disease, and BMI over 25 as being chronic conditions. States may target other chronic conditions of their choice.

¹ Alabama, California, Delaware, Illinois, Ohio, Oklahoma, Oregon, and West Virginia have terminated their Medicaid health home SPAs and no longer provide health home services.

² For a list of all approved health home SPAs, see the Health Home Information Resource Center at: <http://www.medicaid.gov/state-resource-center/medicaid-state-technical-assistance/health-homes-technical-assistance/approved-health-home-state-plan-amendments.html>.

³ Diabetes includes other endocrine disease.

⁴ Heart disease includes all cardiovascular disease including peripheral vascular disease.

⁵ Or above the 85th percentile in pediatric populations. The District of Columbia's chronic conditions health homes enroll individuals with a BMI > 35.

⁶ Dementia includes Alzheimer's disease.

⁷ Gastrointestinal disease includes chronic alimentary system disease.

⁸ Musculoskeletal conditions include back and neck pain and other chronic pain syndromes.

⁹ Neurological conditions also include TBI.

¹⁰ Renal disease includes chronic kidney disease (on dialysis) and kidney failure.