

## **Table of Contents**

**State/Territory Name: Wisconsin**

**State Plan Amendment (SPA) #: 24-0026**

This file contains the following documents in the order listed:

- 1) Approval Letter
- 2) CMS Form 179
- 3) Approved SPA Page

**DEPARTMENT OF HEALTH & HUMAN SERVICES**  
Centers for Medicare & Medicaid Services  
601 E. 12th St., Room 355  
Kansas City, Missouri 64106



Medicaid and CHIP Operations Group

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March 11, 2025

William Hanna  
Medicaid Director  
Wisconsin Department of Health Services  
1 W. Wilson Street  
Madison, WI 53701

Re: Wisconsin State Plan Amendment (SPA) – 24-0026

Dear Director Hanna:

The Centers for Medicare & Medicaid Services (CMS) reviewed your Medicaid State Plan Amendment (SPA) submitted under transmittal number (TN) 24-0026. This amendment proposes to add intensive outpatient treatment services.

We conducted our review of your submittal according to statutory requirements in Title XIX of the Social Security Act and implementing regulations at 42 Code of Federal Regulation (CFR) 440.130(d). This letter informs you that Wisconsin Medicaid SPA TN 24-0026 was approved on March 10, 2025, with an effective date of November 1, 2024.

Enclosed are copies of Form CMS-179 and approved SPA pages to be incorporated into the Wisconsin State Plan.

If you have any questions, please contact Mai Le-Yuen at (312) 353-2853 or via email at [mai.le-yuen@cms.hhs.gov](mailto:mai.le-yuen@cms.hhs.gov).

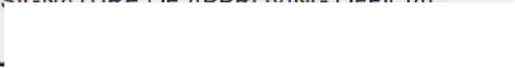
Sincerely,

A black rectangular box redacting the signature of Ruth A. Hughes.

Ruth A. Hughes, Acting Director  
Division of Program Operations

Enclosures

cc: Alexandra Merfeld, DHS

<b>TRANSMITTAL AND NOTICE OF APPROVAL OF STATE PLAN MATERIAL</b> <b>FOR: CENTERS FOR MEDICARE &amp; MEDICAID SERVICES</b>		1. TRANSMITTAL NUMBER <u>2</u> <u>4</u> — <u>0</u> <u>0</u> <u>2</u> <u>6</u>	2. STATE <u>WI</u>
		3. PROGRAM IDENTIFICATION: TITLE OF THE SOCIAL SECURITY ACT <input checked="" type="radio"/> XIX <input type="radio"/> XXI	
TO: CENTER DIRECTOR CENTERS FOR MEDICAID & CHIP SERVICES DEPARTMENT OF HEALTH AND HUMAN SERVICES		4. PROPOSED EFFECTIVE DATE  <u>11/1/2024</u>	
5. FEDERAL STATUTE/REGULATION CITATION  <u>42 CFR Part 440.130(d)</u>		6. FEDERAL BUDGET IMPACT (Amounts in WHOLE dollars) a. FFY <u>25</u> \$ <u>217,929</u> b. FFY <u>26</u> \$ <u>293,239</u>	
7. PAGE NUMBER OF THE PLAN SECTION OR ATTACHMENT <u>3.1-A Supp 1 pg. 10-b, 10c, 10d</u> <u>3.1-B Supp 1 pg. 10-a, 10-b, 10-c</u> <u>3.1-B Supp 1 pg. 10</u> <u>3.1-B Supp 1 pg. 11</u> <u>4.19-B pg. 3</u>		8. PAGE NUMBER OF THE SUPERSEDED PLAN SECTION OR ATTACHMENT (If Applicable)  <u>NEW</u> <u>NEW</u> <u>3.1-B Supp 1 pg. 10</u> <u>3.1-B Supp 1 pg. 11</u> <u>4.19-B pg. 3</u>	
9. SUBJECT OF AMENDMENT  <u>Introduces Integrated Intensive Outpatient Program (IOP) and establishes enrollment requirements and coverage policy.</u>			
10. GOVERNOR'S REVIEW (Check One)  <input checked="" type="radio"/> GOVERNOR'S OFFICE REPORTED NO COMMENT <input type="radio"/> COMMENTS OF GOVERNOR'S OFFICE ENCLOSED <input type="radio"/> NO REPLY RECEIVED WITHIN 45 DAYS OF SUBMITTAL  <input type="radio"/> OTHER, AS SPECIFIED:			
11. SIGNATURE OF STATE AGENCY OFFICIAL  12. TYPED NAME <u>William Hanna</u> 13. TITLE <u>Medicaid Director</u> 14. DATE SUBMITTED <u>12/20/2024</u>		15. RETURN TO <u>Allie Merfeld</u> <u>State Plan Amendment Coordinator</u> <u>Department of Health Services</u> <u>1 W. Wilson St.</u> <u>P.O. Box 309</u> <u>Madison, WI 53701-0309</u>	
<b>FOR CMS USE ONLY</b>			
16. DATE RECEIVED  <u>December 19, 2024</u>		17. DATE APPROVED  <u>March 10, 2025</u>	
<b>PLAN APPROVED - ONE COPY ATTACHED</b>			
18. EFFECTIVE DATE OF APPROVED MATERIAL  <u>November 1, 2024</u>		19. SIGNATURE OF APPROVING OFFICIAL  	
20. TYPED NAME OF APPROVING OFFICIAL  <u>Ruth A. Hughes</u>		21. TITLE OF APPROVING OFFICIAL  <u>Acting Director Division of Program Operations</u>	
22. REMARKS  <div style="background-color: #f0f0f0; height: 150px;"></div>			

18. Portable x-ray
19. Rehabilitation agencies
20. Personal Care Services
21. AODA Outpatient Services effective 1-1-89
22. AODA Day Treatment Services effective 3-1-89
23. Podiatry Services effective 7-1-90
24. Pediatric and Family Nurse Practitioner Services effective 7-1-90
25. Other Nurse Practitioner and Clinical Nurse Specialist Services effective 7-1-90
26. Psychosocial Rehabilitation Services effective 1-1-2015
27. Services (other than room and board) designed to encourage completion of regimens of prescribed drugs by outpatients, including services to observe directly the intake of prescribed drugs for TB-infected individuals, effective 7-1-95
28. Drugs (pharmacy)
29. Substance use disorder treatment in a residential setting
30. Intensive Outpatient (IOP)

- \* For reimbursement of obstetric and pediatric services, see page 8 of this Attachment. For reimbursement for physician primary care services in a HPSA, see item #15, page 6.
- \*\* For reimbursement of high-tech care for children - private duty nursing services see item #19 in this attachment, page 6c.
- \*\*\* For reimbursement for trips where more than one recipient is transported at the same time, see item #23, page 16.



Eff. Mental health services, including services provided by a psychiatrist, may be provided to an individual who is 21 years of age or older in the individual's home or in the community.

13.d Out patient Substance Use Disorder (SUD) Formerly-Alcohol and Other Drug Abuse  
Eff. (AODA) Treatment Services.

Outpatient SUD AODA treatment services are available to recipients when such services are necessary for the maximum reduction of the recipient's disability and for restoring the recipient to his or her best possible functional level. A physician's prescription is required before starting AODA treatment services.

Outpatient SUD AODA services include evaluations, assessments and diagnostic services to determine the need for SUD services or to evaluate the appropriateness of the services being provided. The outpatient SUD treatment services include individual, group, and family SUD treatment SUD educational programming specific to medical aspects of SUD diagnosis and treatment. Outpatient SUD services include drug testing for a member engaged in treatment at an appropriately certified treatment facility.

Medication management may be provided by physicians, registered or nurses employed by a certified clinic. Counseling services include counseling necessary to ensure the best possible level of functioning associated with methadone maintenance. All services are provided under the general direction of a physician. These services may be performed only by the following providers: a physician; a licensed psychologist who is listed or eligible to be listed in the National Register of Healthcare Providers in Psychology; an individual with a master's degree in social work, counseling or psychology, or a related discipline, who has 3000 hours of post-degree experience providing psychotherapy services supervised by a provider meeting the certification requirements; or an individual certified by the Wisconsin Alcoholism and Drug Abuse Counselor Certification Board as an alcohol and drug counselor II or III. Masters level providers and SUD counselors must work in outpatient clinics certified by the Department of Health and Social Services.

Detoxification is not covered in a social (non-hospital) setting.

Substance Use disorder (SUD) Day Treatment.

SUD day treatment is available for recipients who are seriously impaired in basic areas of everyday functioning and for whom less intensive, traditional, outpatient treatment is not adequate to stabilize their condition or attain their best possible functional level in the community. SUD day treatment may be appropriate for individuals who have had inpatient hospital detoxification or limited inpatient hospital rehabilitation. These services are necessary for the maximum reduction of the recipient's disability and for restoring the recipient to his or her best possible functional level.

SUD day treatment is a compendium of medical and SUD treatment services, but Medical Assistance pays for only those services which are medically necessary based on a supervising physician or psychologist-approved plan of care and are provided under the general direction of a physician. Medical Assistance-covered services include individual, group, and family therapy educational programming specific to medical aspects of SUD diagnosis and treatment, and drug testing.

SUD day treatment is provided by day treatment programs certified by the Department of Health and Social Services. Certification requires that the program be directed by an interdisciplinary team; that an individual certified by the Wisconsin Alcoholism and Drug Abuse Counselor Certification Board as an alcohol and drug counselor II or III is on duty all hours in which services are provided; and that recipients are evaluated for their ability to benefit from treatment.

All SUD day treatment services must be prior authorized except for the initial three hours of assessment. A recipient may not receive outpatient AODA SUD services during the period he or she is receiving SUD day treatment.

Alcohol and other drug abuse Substance Use Disorder services may be provided to an individual who is 21 years of age or older in the individual's home or in the community.



Intensive Outpatient (IOP) Treatment Services

**Intensive outpatient treatment services** – IOP Services are non-residential, intensive, structured program services for individuals who require more assistance than traditional outpatient therapy. Treatment consists of an array of direct behavioral health services which are expected to promote recovery from an individual's behavioral health conditions and establish a level of functioning that reduces risk of relapse. These services are provided to individuals who meet the states medical necessity criteria for the services. Treatment may be used to transition persons from higher levels of care or may be provided for persons at risk of being admitted to higher levels of care. Individual needs determine the specific array of services an individual member receives.

Intensive outpatient services include:

- **Assessment & Treatment Planning**

Assessment and treatment planning services include completion of the initial screening, intake, comprehensive biopsychosocial assessment, evaluation and diagnosis, state-approved placement criteria, and treatment planning. Reassessment and updating treatment planning is required throughout the duration of services as outlined in state regulations.

Allowable Practitioners: Licensed psychiatrists, Licensed physicians, Licensed psychologists, Licensed physician assistants, Licensed nurse practitioners, Licensed advanced practice nurse prescribers, Licensed registered nurses, Licensed independent clinical social workers, Licensed professional counselors, Licensed marriage and family therapists, Certified alcohol and drug abuse counselors, Clinical Student/Resident

- **Care Coordination**

Care coordination services are the planning and coordination of services to meet an individual's identified health needs, and assistance provided to support the individual's overall treatment and recovery.

Allowable Practitioners: Licensed psychiatrists, Licensed physicians, Licensed physician assistants, Licensed psychologists, Licensed nurse practitioners, Licensed advanced practice nurse prescribers, Licensed registered nurses, Licensed practical nurses, Licensed independent clinical social workers, Licensed professional counselors, Licensed marriage and family therapists, Certified social workers, Certified advance practice social workers, Certified independent social workers, Certified alcohol and drug abuse counselors, Clinical Student/Resident, Certified peer specialists supervised by a competent mental health professional, SUD technicians

- **Individual, group, and family counseling**

Counseling means the application of recognized theories, principles, techniques, and strategies to facilitate the progress of an individual toward identified treatment goals and objectives. Family counseling includes the interaction among the members of the individual's family and must be directly related to the assessed needs of the individual.

Allowable Practitioners: Licensed psychiatrists, Licensed physicians, Licensed psychologists, Licensed independent clinical social workers, Licensed professional counselors, Licensed marriage and family therapists, Certified alcohol and drug abuse counselors, Clinical Student/Resident

- **Individual, group, and family psychotherapy**

Therapy means the diagnosis and treatment of mental, emotional, or behavioral disorders through the application of established psychological methods for modifying behaviors. Family therapy includes interaction among members of the individual's family and must be directly related to the treatment goals of the individual.

Allowable Practitioners: Licensed psychiatrists, Licensed physicians, Licensed psychologists, Licensed advanced practice nurse prescribers, Licensed nurse practitioners, Licensed independent clinical social workers, Licensed professional counselors, Licensed marriage and family therapists, Certified social workers, Certified advance practice social workers, Certified independent social workers, Clinical Student/Resident

- **Medication management**

Medication management services for treatment of mental health or substance use disorders include: prescribing, patient education and informed consent of medications, ongoing monitoring, and evaluation of medications, maintaining medication records. Medication prescribing may only be conducted by licensed medical professionals acting within their scope of practice under state law.

Allowable Practitioners: Licensed psychiatrists, Licensed physicians, Licensed physician assistants, Licensed psychologists, Licensed nurse practitioners, Licensed advanced practice nurse prescribers, Licensed registered nurses, Licensed practical nurses, Licensed independent clinical social workers, Licensed professional counselors, Licensed marriage and family therapists, Certified social workers, Certified advance practice social workers, Certified independent social workers, Certified alcohol and drug abuse counselors, Clinical Student/Resident, Certified peer specialists supervised by a competent mental health professional, SUD technicians

- **Nursing services**

Nursing services include screening, assessment, and treatment services that support an overall mental health and substance use treatment program.

Allowable Practitioners: Licensed nurse practitioners, Licensed advanced practice nurse prescribers, Licensed registered nurses, Licensed practical nurses, Clinical Student/Resident

- **Psychoeducation**

Psychoeducation involves providing information about managing and coping with mental health or substance use disorder symptoms. Services are provided in a didactic format in either a group or individual setting that relates to health and promotes recovery.

Allowable Practitioners: Licensed psychiatrists, Licensed physicians, Licensed psychologists, Licensed physician assistants, Licensed nurse practitioners, Licensed advanced practice nurse prescribers, Licensed registered nurses, Licensed practical nurses, Licensed independent clinical social workers, Licensed professional counselors, Licensed marriage and family therapists, Certified social workers, Certified advance practice social workers, Certified independent social workers, Certified alcohol and drug abuse counselors, Clinical Student/Resident



**Provider Qualifications** - IOP treatment facilities must be licensed by the state of Wisconsin. IOP treatment facilities may employ licensed and non-licensed health professionals. IOP certification requires that the program be directed by an interdisciplinary team; and that all services are provided by or overseen by a licensed professional acting within the scope of their practice under state law.

Practitioners in IOP treatment facilities may include: Licensed psychiatrists, Licensed physicians, Licensed physician assistants, Licensed psychologists, Licensed nurse practitioners, Licensed advanced practice nurse prescribers, Licensed registered nurses, Licensed practical nurses, Licensed professional counselors, Licensed marriage and family therapists, Licensed independent clinical social workers, Certified social workers, Certified advanced practice social workers, Certified alcohol and drug abuse counselors, Certified peer specialists supervised by a competent mental health professional, SUD technicians, Clinical student/resident, and treatment technicians.

**Service Assurances** – IOP treatment must be medically necessary for the member as determined by assessment tools authorized by the state and recommended by a physician or other licensed practitioner of the healing arts within the scope of their practice under State law. The amount, duration, and scope of IOP treatment must be established on a case-by-case basis. Ongoing assessments must be completed at regularly scheduled intervals or whenever clinically indicated. Initial service authorizations require verification that a clinically appropriate assessment using allowable placement criteria has been performed prior to initiation of treatment services. Authorization limits may be exceeded if medical necessity is substantiated by clinical documentation.

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