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State/Territory Name: Washington

State Plan Amendment (SPA) #: 24-0046

This file contains the following documents in the order listed:

- 1) Approval Letter
- 2) CMS 179 Form/Summary Form (with 179-like data)
- 3) Approved SPA Pages

DEPARTMENT OF HEALTH & HUMAN SERVICES
Centers for Medicare & Medicaid Services
601 E. 12th St., Room 355 (300)
Kansas City, Missouri 64106



Medicaid and CHIP Operations Group

November 8, 2024

Susan Birch, Director
Dr. Charissa Fotinos, State Medicaid Director
Washington State Health Care Authority
Post Office Box 45502
Olympia, WA 98504-5010

Re: Washington State Plan Amendment (SPA) – 24-0046

Dear Director Birch and Dr. Fotinos:

The Centers for Medicare & Medicaid Services (CMS) reviewed your Medicaid State Plan Amendment (SPA) submitted under transmittal number (TN) 24-0046. This amendment will add Certified Behavioral Health Support Specialists (BHSS) as Medicaid providers to the Medicaid State Plan.

We conducted our review of your submittal according to statutory requirements in Section 1905(a)(13) of the Act and 42 CFR 440.130(d). This letter informs you that Washington State Plan Amendment (SPA) – 24-0046 was approved on November 8, 2024, with an effective date of January 1, 2025.

Enclosed are copies of Form CMS-179 and approved SPA pages to be incorporated into the Washington State Plan.

If you have any questions, please contact Edwin Walaszek at (212)-616-2512 or via email at edwin.walaszek1@cms.hhs.gov.

Sincerely,

A black rectangular box redacts the signature of James G. Scott. There are some faint blue ink marks around the box.

James G. Scott, Director
Division of Program Operations

Digitally signed by James G.
Scott -S
Date: 2024.11.08 13:50:19
-06'00'

Enclosures

cc: Ann Myers, Section Manager & State Plan Coordinator, Health Care Authority

**TRANSMITTAL AND NOTICE OF APPROVAL OF
STATE PLAN MATERIAL
FOR: CENTERS FOR MEDICARE & MEDICAID SERVICES**

1. TRANSMITTAL NUMBER

2 4 — 0 0 4 6

2. STATE

WA3. PROGRAM IDENTIFICATION: TITLE OF THE SOCIAL
SECURITY ACT

XIX



XXI

TO: CENTER DIRECTOR

CENTERS FOR MEDICAID & CHIP SERVICES
DEPARTMENT OF HEALTH AND HUMAN SERVICES

4. PROPOSED EFFECTIVE DATE

January 1, 2025

5. FEDERAL STATUTE/REGULATION CITATION

~~1902a of the Social Security Act~~

1905(a)(13) of the Act and 42 CFR 440.130(d)

6. FEDERAL BUDGET IMPACT (Amounts in WHOLE dollars)

a. FFY 2025 \$ 21,952b. FFY 2026 \$ 29,270

7. PAGE NUMBER OF THE PLAN SECTION OR ATTACHMENT

Attachment 3.1-A pages 38, 38a (new), 39, 40, 42, 44

Attachment 3.1-B pages 38, 39, 40, 42, 44

8. PAGE NUMBER OF THE SUPERSEDED PLAN SECTION
OR ATTACHMENT (If Applicable)Attachment 3.1-A pgs 38(TN#24-0017), 39(TN#23-0010),
40(TN#23-0010), 42(TN#23-0010), 44(TN#23-0010)Attachment 3.1-B pgs 38(TN#24-0017), 39(TN#23-0010)
40(TN#23-0010), 42(TN#23-0010), 44(TN#23-0010)

9. SUBJECT OF AMENDMENT

Add Behavioral Health Support Specialists to Rehabilitative Services

10. GOVERNOR'S REVIEW (Check One)



GOVERNOR'S OFFICE REPORTED NO COMMENT



COMMENTS OF GOVERNOR'S OFFICE ENCLOSED



NO REPLY RECEIVED WITHIN 45 DAYS OF SUBMITTAL



OTHER, AS SPECIFIED: EXEMPT

11. SIGNATURE OF STATE AGENCY OFFICIAL



12. TYPED NAME

Charissa Fotinos, MD, MSc

13. TITLE

Medicaid and Behavioral Health Medical Director

14. DATE SUBMITTED

October 24, 2024

15. RETURN TO

State Plan Coordinator

POB 42716

Olympia, WA 98504-2716

FOR CMS USE ONLY

16. DATE RECEIVED

October 24, 2024

17. DATE APPROVED

November 8, 2024

PLAN APPROVED - ONE COPY ATTACHED

18. EFFECTIVE DATE OF APPROVED MATERIAL

January 1, 2025

19. SIGNATURE OF APPROVING OFFICIAL



Digitally signed by James G. Scott -S

Date: 2024.11.08 13:52:05 -06'00'

20. TYPED NAME OF APPROVING OFFICIAL

James G. Scott

21. TITLE OF APPROVING OFFICIAL

Director, Division of Program Operations

22. REMARKS

10/29/24: State authorizes the following pen and ink change:

-Box 5: Change federal statute/regulation citation to 1905(a)(13) of the Act and 42 CFR 440.130(d).

STATE PLAN UNDER TITLE XIX OF THE SOCIAL SECURITY ACT

State WASHINGTONAMOUNT, DURATION, AND SCOPE OF MEDICAL AND REMEDIAL
CARE AND SERVICES PROVIDED TO THE CATEGORICALLY NEEDY

13. d. Rehabilitative Services (cont)

- “Psychiatric nurse” means a registered nurse who has a bachelor's degree from an accredited college or university, and who has had, in addition, at least two years' experience in the direct treatment of mentally ill or emotionally disturbed persons, such experience gained under the supervision of a Mental Health Professional. “Psychiatric nurse” also means any other registered nurse who has three years of such experience.
- “Psychiatric advanced nurse practitioner” means person who is licensed as an advanced registered nurse practitioner according to state law; who is board-certified in advance practice psychiatric and mental health nursing.
- i. **Licensed Practical Nurse**
- ii. **Nursing Assistant Registered/Certified**
- iii. **Medical Assistant - Certified**
- iv. **Licensed Pharmacist**
- v. **Licensed Osteopathic Physician Assistant**
- vi. **Licensed Registered Nurse**
- vii. **Certified Substance Use Disorder Professional**
- viii. **Certified Substance Use Disorder Professional Trainee**
- ix. **Certified Peer Counselor** who has self-identified as in recovery from mental health conditions and or substance use disorders or is the parent or legal guardian of a person who has applied for, is eligible for, or has received mental health or substance use services; has received specialized training provided or contracted by the Health Care Authority; has passed a test, which includes both written and oral components of the training; has passed a Washington State background check; has been certified by the Health Care Authority and is working under an Agency Affiliated registration. Certified Peer Counselors work under the supervision of a Mental Health Professional or a Substance Use Disorder Professional.
- x. **Mental Health Care Provider**, means an individual working in a Behavioral Health Agency, under the supervision of a Mental Health Professional, who has primary responsibility for implementing an individualized plan for mental health rehabilitation services. To provide services as a Mental Health Care Provider, this person must be a Registered Agency Affiliated Counselor and have a minimum of one year of education or experience in mental health or a related field.
- xi. **Behavioral Health Specialist** is a Mental Health Professional who meets state requirements as:
 - A “child mental health specialist”
 - A “geriatric mental health specialist”
 - An “ethnic minority mental health specialist”
 - A “disability mental health specialist”
 - A “co-occurring disorder specialist – enhancement”
- xii. **Certified Behavioral Health Support Specialist (BHSS)** means an individual certified by the state to deliver brief behavioral health services under the supervision of a Mental Health Professional or a licensed practitioner covered under this benefit whose scope of practice includes assessment, diagnosis, and treatment of identifiable mental and behavioral health conditions. To provide services as a Certified Behavioral Health Support Specialist, this person must have a bachelor's degree and have completed the BHSS educational program approved by the state.

STATE PLAN UNDER TITLE XIX OF THE SOCIAL SECURITY ACT

State WASHINGTONAMOUNT, DURATION, AND SCOPE OF MEDICAL AND REMEDIAL
CARE AND SERVICES PROVIDED TO THE CATEGORICALLY NEEDY

13. d. Rehabilitative Services (cont)

- xiii. **Certified Gambling Counselor** is an individual that holds a state license as a Marriage and Family Therapist, a Marriage and Family Therapist Associate, A Mental Health Counselor, a mental Health Counselor Associate, a Social Worker (Advanced, Independent Clinical, or Associate), Psychologist or a state certification as a Substance Use Disorder Professional or Substance Use Disorder Professional Trainee and also holds a state certification as a Certified Gambling Counselor.

STATE PLAN UNDER TITLE XIX OF THE SOCIAL SECURITY ACT

State WASHINGTONAMOUNT, DURATION, AND SCOPE OF MEDICAL AND REMEDIAL
CARE AND SERVICES PROVIDED TO THE CATEGORICALLY NEEDY

13. d. Rehabilitative Services (cont)

(b) Services:**i. Crisis Intervention**

Screening, evaluation, assessment, and clinical intervention are provided to all Medicaid enrolled persons experiencing a behavioral health crisis. A behavioral health crisis is defined as a significant change in behavior in which instability increases and/or risk of harm to self or others increases. The reasons for this change could be external or internal to the person. If the crisis is not addressed in a timely manner, it could lead to significant negative outcomes or harm to the person or others. Crisis intervention services are available on a 24-hour basis, 365 days a year. Crisis intervention services are intended to stabilize the person in crisis, prevent further deterioration, and provide immediate treatment and intervention, de-escalation, and coordination/referral efforts with health, social, and other services and supports as needed to affect symptom reduction, harm reduction, and/or to safely transition persons in acute crisis to the appropriate environment for continued stabilization. Crisis intervention should take place in a location best suited to meet the needs of the person and in the least restrictive environment available. Crisis intervention services may be provided prior to completion of an intake evaluation.

The following practitioners may furnish crisis intervention services within their scope of practice as defined by state law:

- Mental Health Professional (MHP)
- Mental Health Care Provider, under the supervision of an MHP
- Certified Behavioral Health Support Specialist under the supervision of an MHP

Additional Information:

In order to claim increased FMAP for services using the 'community-based mobile crisis intervention services' model, the requirements described in section 1947(b) of the Act must be met, including providing services to persons outside of a hospital or other facility setting, through a multidisciplinary team, trained in trauma-informed care, de-escalation strategies, and harm reduction. The team must include, at a minimum, at least one individual who may conduct an assessment within their authorized scope of practice under state law and other professionals or paraprofessionals with appropriate expertise in behavioral health care.

ii. Crisis Stabilization

Services provided to Medicaid enrolled persons who are experiencing a behavioral health crisis. This service includes follow-up after a crisis intervention. These services are to be provided in the person's own home or another home-like setting, or a setting which provides safety for the person and the Mental Health Professional. Crisis stabilization services may include short-term assistance with life skills training and understanding medication effects. It may also include providing services to the person's natural and community supports, as determined by a Mental Health Professional, for the benefit of supporting the person that experienced the crisis. Crisis stabilization services may be provided prior to an intake evaluation for behavioral health services. Crisis stabilization services may be provided by a team of professionals, as deemed appropriate and under the supervision of a Mental Health Professional.

STATE PLAN UNDER TITLE XIX OF THE SOCIAL SECURITY ACT

State WASHINGTONAMOUNT, DURATION, AND SCOPE OF MEDICAL AND REMEDIAL
CARE AND SERVICES PROVIDED TO THE CATEGORICALLY NEEDY

13. d. Rehabilitative Services (cont)

The following practitioners may furnish crisis stabilization services within their scope of practice as defined by state law:

- Mental Health Professional (MHP)
- Mental Health Care Provider, under the supervision of an MHP
- Certified Peer Counselor, under the supervision of an MHP
- Substance Use Disorder Professional, under the supervision of an MHP
- Certified Behavioral Health Support Specialist under the supervision of an MHP

iii. Intake evaluation, assessment, and screenings (Mental Health)

This service is an evaluation of a person's behavioral health, along with their ability to function within a community, to establish the medical necessity for treatment, determine service needs, and formulate recommendations for treatment. Intake evaluations must be initiated prior to the provision of any other behavioral health services, except those specifically stated as being available prior to an intake. Services may begin before the completion of the intake once medical necessity is established.

Mental health intake evaluation, assessment, and screening services may be provided by a Mental Health Professional within their scope of practice as defined by state law. Psychological assessment and tests must be performed by or under the supervision of a licensed psychologist or psychiatrist.

iv. Intake evaluation, assessment, and screenings (Substance Use or Problem Gambling Disorder)

This service is a comprehensive evaluation of a person's behavioral health, along with their ability to function within a community, to determine current priority needs and formulate recommendations for treatment. The intake evaluation for substance use disorder includes a review of current intoxication and withdrawal potential; biomedical complications; emotional, behavioral, and/or cognitive complications; readiness to change; relapse potential; and recovery environment. Intake evaluations for problem gambling disorders include a biopsychosocial clinical assessment. Information from the intake is used to work with the person to develop an individualized service plan to address the identified issues.

Intake evaluations must be initiated prior to the provision of any other substance use or problem gambling disorder services. Services may begin before the completion of the intake once medical necessity is established.

Intake evaluations, assessments, and screenings may be provided by the following practitioners within their scope of practice as defined by state law:

- Certified Substance Use Disorder Professional (SUDP)
- Certified Substance Use Disorder Professional Trainee (SUDPT), under the supervision of a SUDP
- Licensed Advanced Registered Nurse Practitioner
- Licensed Marriage and Family Therapist
- Licensed Marriage and Family Therapist Associate
- Licensed Mental Health Counselor
- Licensed Mental Health Counselor Associate

STATE PLAN UNDER TITLE XIX OF THE SOCIAL SECURITY ACT

State WASHINGTONAMOUNT, DURATION, AND SCOPE OF MEDICAL AND REMEDIAL
CARE AND SERVICES PROVIDED TO THE CATEGORICALLY NEEDY

13. d. Rehabilitative services (cont.)

Medication monitoring may be provided by the following practitioners within their scope of practice as defined by state law:

- Mental Health Professional (MHP)
- Mental Health Care Provider, under the supervision of an MHP
- Certified Peer Counselor, under the supervision of an MHP
- Medical Assistant-Certified
- Licensed Osteopathic Physician/Psychiatrist
- Licensed Osteopathic Physician Assistant
- Licensed Pharmacist
- Licensed Physician Assistant
- Licensed Physician/Psychiatrist
- Licensed Practical Nurse
- Licensed Registered Nurse
- Nursing Assistant Registered/Certified
- Certified Behavioral Health Support Specialist under the supervision of an MHP

vi. Mental Health Treatment Interventions

Services delivered in a wide variety of settings that promote recovery using therapeutic techniques. These services are provided, as medically necessary, along a continuum from outpatient up through residential and inpatient levels of care, and include evaluation, stabilization, and treatment. Services provided in facility settings must have the appropriate state facility licensure.

Treatment services include the use of planned interventions to achieve and maintain maximum level of functioning for the person.

Treatment interventions include cognitive and behavioral interventions designed with the intent to stabilize the individual and return them to more independent and less restrictive treatment. Services are conducted with the person, their family, or others at their behest, for the direct benefit of the person. Services may include individual, family, and group therapy, as well as skill building/self-care necessary to maintain/restore functioning. Services may also include therapeutic psychoeducation, which focuses on assisting the individual and their identified supports in increasing knowledge of mental health and recovery, use and efficacy of medication, symptom reduction and management, effective problem solving, and emotional/behavioral regulation skills. Intensive or brief intervention treatment models may be utilized, as well as using a multi-disciplinary team-based approaches.

Mental health treatment interventions may be provided by the following practitioners within their scope of practice as defined by state law:

- Mental Health Professional (MHP)
- Mental Health Care Provider, under the supervision of an MHP
- Certified Peer Counselor, under the supervision of an MHP
- Certified Behavioral Health Support Specialist under the supervision of an MHP

STATE PLAN UNDER TITLE XIX OF THE SOCIAL SECURITY ACT

State WASHINGTONAMOUNT, DURATION, AND SCOPE OF MEDICAL AND REMEDIAL
CARE AND SERVICES PROVIDED TO THE CATEGORICALLY NEEDY

13. d. 7 Rehabilitative services (cont.)

Behavioral health care coordination and community integration services may be provided by the following practitioners:

- Mental Health Professional (MHP)
- Mental Health Care Provider, under the supervision of an MHP
- Certified Peer Counselor, under the supervision of an MHP or SUDP
- Certified Substance Use Disorder Professional (SUDP)
- Certified Substance Use Disorder Professional Trainee, under the supervision of an SUDP
- Licensed Practical Nurse
- Licensed Pharmacist
- Licensed Physician Assistant
- Licensed Registered Nurse
- Certified Behavioral Health Support Specialist under the supervision of an MHP

vii. Substance Use Disorder Brief Intervention

A time limited, structured behavioral intervention designed to address risk factors that appear to be related to substance use disorders, using substance use disorder screening tools and brief intervention techniques, such as evidence-based motivational interviewing and referral to additional treatment services options when indicated.

This service may be provided prior to an intake evaluation or assessment.

Substance use disorder brief intervention services may be provided by the following practitioners:

- Certified Substance Use Disorder Professionals (SUDP)
- Certified Substance Use Disorder Professional Trainee under the supervision of an SUDP
- Licensed Advanced Registered Nurse Practitioner
- Licensed Marriage and Family Therapist
- Licensed Marriage and Family Therapist Associate
- Licensed Mental Health Counselor
- Licensed Mental Health Counselor Associate
- Licensed Osteopathic Physician
- Licensed Osteopathic Physician Assistant
- Licensed Physician
- Licensed Physician Assistant
- Licensed Psychologists
- Licensed Social Worker (Advanced, Independent Clinical, or Associate)
- Persons with a Co-occurring Disorder Specialist-Enhancement, as described in 13.d.1(a) above

STATE PLAN UNDER TITLE XIX OF THE SOCIAL SECURITY ACT

State WASHINGTONAMOUNT, DURATION, AND SCOPE OF SERVICES PROVIDED TO THE
MEDICALLY NEEDY GROUPS: ALL

13. d. Rehabilitative services (cont)

- “Psychiatric advanced registered nurse practitioner” means a person who is licensed as an advanced registered nurse practitioner according to state law; who is board certified in advance practice psychiatric and mental health nursing.
- i. **Licensed Practical Nurse**
- ii. **Nursing Assistant Registered/Certified**
- iii. **Medical Assistant – Certified**
- iv. **Licensed Pharmacist**
- v. **Licensed Osteopathic Physician Assistant**
- vi. **Licensed Registered Nurse**
- vii. **Certified Substance Use Disorder Professional**
- ix.. **Certified Substance Use Disorder Professional Trainee**
- x. **Certified Peer Counselor** who has self-identified as in recovery from mental health conditions and or substance use disorders or is the parent or legal guardian of a person who has applied for, is eligible for, or has received mental health or substance use services; has received specialized training provided or contracted by the Health Care Authority; has passed a test, which includes both written and oral components of the training; has passed a Washington State background check; has been certified by the Health Care Authority and is working under an Agency Affiliated registration. Certified Peer Counselors work under the supervision of a Mental Health Professional or a Substance Use Disorder Professional.
- xi. **Mental Health Care Provider**, means an individual working in a Behavioral Health Agency, under the supervision of a Mental Health Professional, who has primary responsibility for implementing an individualized plan for mental health rehabilitation services. To provide services as a Mental Health Care Provider, this person must be a Registered Agency Affiliated Counselor and have a minimum of one year of education or experience in mental health or a related field.
- xii. **Behavioral health Specialist** is an individual that hold a state-credential from the list above and meets state requirements as:
 - A "child mental health specialist"
 - A "geriatric mental health specialist"
 - An "ethnic minority mental health specialist"
 - A "disability mental health specialist"
 - A “Certified problem gambling counselor specialist ”
 - A “Co-Occurring Disorder Specialist-Enhancement”
- xiii. **Certified Behavioral Support Specialist (BHSS)** means an individual certified by the state to deliver brief behavioral health services under the supervision of a Mental Health Professional or a licensed practitioner covered under this benefit whose scope of practice includes assessment, diagnosis, and treatment of identifiable mental and behavioral health conditions.. To provide services as a Certified Behavioral Health Specialist, this person must have a bachelor’s degree and have completed the BHSS educational program approved by the state.
- xv. **Certified Gambling Counselor** is an individual who holds a state license as a Marriage and Family Therapist, a Marriage and Family Therapist Associate, A Mental Health Counselor, a mental Health Counselor Associate, a Social Worker (Advanced, Independent Clinical, or Associate), Psychologist or a state certification as a Substance Use Disorder Professional or Substance Use Disorder Professional Trainee and also holds a state certification as a Certified Gambling Counselor.

STATE PLAN UNDER TITLE XIX OF THE SOCIAL SECURITY ACT

State WASHINGTONAMOUNT, DURATION, AND SCOPE OF SERVICES PROVIDED TO THE
MEDICALLY NEEDY GROUP(S): ALL

13. d. Rehabilitative services (cont)

(a) Services**i. Crisis Intervention**

Evaluation, assessment, and clinical intervention are provided to all Medicaid enrolled persons experiencing a behavioral health crisis. A behavioral health crisis is defined as a significant change in behavior in which instability increases, and/or risk of harm to self or others increases. The reasons for this change could be external or internal to the person. If the crisis is not addressed in a timely manner, it could lead to significant negative outcomes or harm to the person or others. Crisis services are available on a 24-hour basis. Crisis intervention services are intended to stabilize the person in crisis, prevent further deterioration, and provide immediate treatment and intervention, de-escalation, and coordination/referral efforts with health, social, and other services and supports as needed to effect symptom reduction, harm reduction, and/or to safely transition persons in acute crisis to the appropriate environment for continued stabilization. Crisis intervention should take place in a location best suited to meet the needs of the person and in the least restrictive environment available. Crisis intervention services may be provided prior to completion of an intake evaluation.

The following practitioners may furnish crisis intervention services within their scope of practice as defined by state law:

- Mental Health Professional (MHP)
- Mental Health Care Provider, under the supervision of an MHP
- Certified Behavioral Health Support Specialist under the supervision of an MHP

Additional Information:

In order to claim increased FMAP for services using the 'community-based mobile crisis intervention services' model, the requirements described in section 1947(b) of the Act must be met, including providing services to persons outside of a hospital or other facility setting through a multidisciplinary team, trained in trauma-informed care, de-escalation strategies, and harm reduction. The team must include, at a minimum, at least one individual who may conduct an assessment within their authorized scope of practice under state law and other professionals or paraprofessionals with appropriate expertise in behavioral health care.

ii. Crisis Stabilization

Services provided to Medicaid enrolled persons who are experiencing a behavioral health crisis. This service includes follow-up after a crisis intervention. These services are to be provided in the person's own home or another home-like setting, or a setting which provides safety for the person and the Mental Health Professional. Crisis stabilization services may include short-term assistance with life skills training and understanding medication effects. It may also include providing services to the person's natural and community supports, as determined by a Mental Health Professional, for the benefit of supporting the person who experienced the crisis.

Stabilization services may be provided prior to an intake evaluation for behavioral health services. Stabilization services may be provided by a team of professionals, as deemed appropriate and under the supervision of a Mental Health Professional.

STATE PLAN UNDER TITLE XIX OF THE SOCIAL SECURITY ACT

State WASHINGTONAMOUNT, DURATION, AND SCOPE OF SERVICES PROVIDED TO THE
MEDICALLY NEEDY GROUP(S): ALL

13. d. Rehabilitative services (cont.)

The following practitioners may furnish crisis stabilization services within their scope of practice as defined by state law:

- Mental Health Professional (MHP)
- Mental Health Care Provider, under the supervision of an MHP
- Certified Peer Counselor, under the supervision of an MHP
- Substance Use Disorder Professional, under the supervision of an MHP
- Certified Behavioral Health Support Specialist under the supervision of an MHP

iii. Intake evaluation, assessment, and screenings (Mental Health)

This service is an evaluation of a person's behavioral health, along with their ability to function within a community, to establish the medical necessity for treatment, determine service needs, and formulate recommendations for treatment. Intake evaluations must be initiated prior to the provision of any other behavioral health services, except those specifically stated as being available prior to an intake. Services may begin before the completion of the intake once medical necessity is established.

Mental health intake evaluation, assessment, and screening services may be provided by a Mental Health Professional within their scope of practice as defined by state law. Psychological assessment and tests must be performed by or under the supervision of a licensed psychologist or psychiatrist.

iv. Intake evaluation, assessment, and screenings (Substance Use or Problem Gambling Disorder)

This service is a comprehensive evaluation of a person's behavioral health, along with their ability to function within a community, to determine current priority needs and formulate recommendations for treatment. The intake evaluation for substance use disorder includes a review of current intoxication and withdrawal potential, biomedical complications, emotional, behavioral, cognitive complications, readiness to change, relapse potential, and recovery environment. Intake evaluations for problem gambling disorders includes a biopsychosocial clinical assessment. Information from the intake is used to work with the person to develop an individualized service plan to address the identified issues.

Intake evaluations must be initiated prior to the provision of any other substance use or problem gambling disorder services. Services may begin before the completion of the intake once medical necessity is established.

Intake evaluations, assessments, and screenings may be provided by the following practitioners within their scope of practice as defined by state law:

STATE PLAN UNDER TITLE XIX OF THE SOCIAL SECURITY ACT

State WASHINGTONAMOUNT, DURATION, AND SCOPE OF SERVICES PROVIDED TO THE
MEDICALLY NEEDY GROUP(S): ALL

13 d. 7. Rehabilitative services (cont.)

v. Medication Monitoring

Medication monitoring is one-on-one cueing, observing, and encouraging a Medicaid enrolled person to take their psychiatric medications as prescribed. Also includes reporting back to persons licensed to perform medication management services for the direct benefit of the Medicaid enrolled person. This service is designed to facilitate medication compliance and positive outcomes.

Medication monitoring may be provided by the following practitioners within their scope of practice as defined by state law:

- Mental Health Professional (MHP)
- Mental Health Care Provider, under the supervision of an MHP
- Certified Peer Counselor, under the supervision of an MHP
- Medical Assistant-Certified
- Licensed Nursing Assistant Registered/Certified
- Licensed Osteopathic Physician/Psychiatrist
- Licensed Osteopathic Physician Assistant
- Licensed Pharmacist
- Licensed Physician Assistant
- Licensed Physician/Psychiatrist
- Licensed Practical Nurse
- Licensed Registered Nurse
- Certified Behavioral Health Support Specialist under the supervision of an MHP

vi. Mental Health Treatment Interventions

Services delivered in a wide variety of settings that promote recovery, using therapeutic techniques. These services are provided, as medically necessary, along a continuum from outpatient up through residential and inpatient levels of care and include evaluation, stabilization, and treatment. Services provided in facility settings must have the appropriate state facility licensure.

Treatment services include the use of planned interventions to achieve and maintain maximum level of functioning for the person.

Treatment interventions include cognitive and behavioral interventions designed with the intent to stabilize the individual and return them to more independent and less restrictive treatment. Services are conducted with the person, their family, or others at their behest, for the direct benefit of the person. Services may include individual, family, and group therapy, as well as skill building/self-care necessary to maintain/restore functioning. Services may also include therapeutic psychoeducation, which focuses on assisting the individual and their identified supports in increasing knowledge of mental health and recovery, use and efficacy of medication, symptom reduction and management, effective problem solving, and emotional/behavioral regulation skills. Intensive or brief intervention treatment models may be utilized, as well as using a multi-disciplinary team-based approach.

STATE PLAN UNDER TITLE XIX OF THE SOCIAL SECURITY ACT

State WASHINGTONAMOUNT, DURATION, AND SCOPE OF SERVICES PROVIDED TO THE
MEDICALLY NEEDY GROUP(S) ALL

13 d. 7. Rehabilitative services (cont.)

This service may be provided prior to an intake evaluation or assessment.

Behavioral health care coordination and community integration services may be provided by the following practitioners:

- Mental Health Professional (MHP)
- Mental Health Care Provider, under the supervision of an MHP
- Certified Peer Counselor, under the supervision of an MHP or SUDP
- Certified Substance Use Disorder Professional (SUDP)
- Certified Substance Use Disorder Professional Trainee, under the supervision of an SUDP
- Licensed Pharmacist
- Licensed Physician Assistant
- Licensed Practical Nurse
- Licensed Registered Nurse
- Certified Behavioral Health Support Specialist under the supervision of an MHP

vii. Substance Use Disorder Brief Intervention

A time limited, structured behavioral intervention designed to address risk factors that appear to be related to substance use disorders, using substance use disorder screening tools and brief intervention techniques, such as evidence-based motivational interviewing and referral to additional treatment services options when indicated.

This service may be provided prior to an intake evaluation or assessment.

Substance use disorder brief intervention services may be provided by the following practitioners:

- Certified Substance Use Disorder Professionals (SUDP)
- Certified Substance Use Disorder Professional Trainee under the supervision of an SUDP
- Licensed Advanced Registered Nurse Practitioner
- Licensed Marriage and Family Therapist
- Licensed Marriage and Family Therapist Associate
- Licensed Mental Health Counselor
- Licensed Mental Health Counselor Associate
- Licensed Osteopathic Physician
- Licensed Osteopathic Physician Assistant
- Licensed Physician
- Licensed Physician Assistant
- Licensed Psychologists
- Licensed Social Worker (Advanced, Independent Clinical, or Associate)
- Persons with a Co-occurring Disorder Specialist-Enhancement, as described in 13.d.1(a) above