

## **Table of Contents**

**State/Territory Name: Washington**

**State Plan Amendment (SPA) #: 24-0012**

This file contains the following documents in the order listed:

- 1) Approval Letter
- 2) CMS 179 Form/Summary Form (with 179-like data)
- 3) Approved SPA Pages

DEPARTMENT OF HEALTH & HUMAN SERVICES  
Centers for Medicare & Medicaid Services  
601 E. 12th St., Room 355 (300)  
Kansas City, Missouri 64106



Medicaid and CHIP Operations Group

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June 11, 2024

Susan Birch, Director  
Dr. Charissa Fotinos, State Medicaid Director  
Health Care Authority  
Post Office Box 45502  
Olympia, WA 98504-5010

Re: Washington State Plan Amendment (SPA) – 24-0012

Dear Director Birch and Dr. Fotinos:

The Centers for Medicare & Medicaid Services (CMS) reviewed your Medicaid State Plan Amendment (SPA) submitted under transmittal number (TN) 24-0012. This amendment will add Substance Use Disorder Professionals, Licensed Independent Clinical Social Worker Associates, Licensed Advance Social Worker Associates, Licensed Marriage & Family Therapist Associates, & Licensed Mental Health Counselor Associates as Other Licensed Practitioners in the State Plan.

We conducted our review of your submittal according to statutory requirements in Section 1905(a)(6) of the Act and 42 CFR 440.60. This letter informs you that Washington State Plan Amendment (SPA) – 24-0012 was approved on June 11, 2024, with an effective date of July 1, 2024.

Enclosed are copies of Form CMS-179 and approved SPA pages to be incorporated into the Washington State Plan.

If you have any questions, please contact Edwin Walaszek at (212)-616-2512 or via email at [edwin.walaszek1@cms.hhs.gov](mailto:edwin.walaszek1@cms.hhs.gov).

Sincerely,

A black rectangular box redacts the signature of James G. Scott. A blue ink scribble is visible below the box.

Digitally signed by James  
G. Scott -S  
Date: 2024.06.11 09:30:42  
-05'00'

James G. Scott, Director  
Division of Program Operations

Enclosures

cc: Ann Myers, Section Manager & State Plan Coordinator, Health Care Authority

**TRANSMITTAL AND NOTICE OF APPROVAL OF  
STATE PLAN MATERIAL  
FOR: CENTERS FOR MEDICARE & MEDICAID SERVICES**

1. TRANSMITTAL NUMBER

2 4 — 0 0 1 2

2. STATE

WA3. PROGRAM IDENTIFICATION: TITLE OF THE SOCIAL  
SECURITY ACT

XIX



XXI

TO: CENTER DIRECTOR  
CENTERS FOR MEDICAID & CHIP SERVICES  
DEPARTMENT OF HEALTH AND HUMAN SERVICES

4. PROPOSED EFFECTIVE DATE

July 1, 2024

5. FEDERAL STATUTE/REGULATION CITATION

Section 1902a of the Social Security Act Section 1905(a)(6) of the Act and 42 CFR 440.60

6. FEDERAL BUDGET IMPACT (Amounts in WHOLE dollars)

a. FFY 2024 \$ 91,492b. FFY 2025 \$ 581,756

7. PAGE NUMBER OF THE PLAN SECTION OR ATTACHMENT

Attachment 3.1-A pages 20, 21 20a-NEW  
Attachment 3.1-B page 21, 21a-NEW, 208. PAGE NUMBER OF THE SUPERSEDED PLAN SECTION  
OR ATTACHMENT (If Applicable)Attachment 3.1-A pages 20 (TN#22-0032), 21  
(TN#21-0010)Attachment 3.1-B page 21 (TN#22-0032), page 20  
(TN#10-032)

9. SUBJECT OF AMENDMENT

Add Substance Use Disorder Professionals, Licensed Independent Clinical Social Worker Associates, Licensed Advance Social Worker Associates, Licensed Marriage &amp; Family Therapist Associates, &amp; Licensed Mental Health Counselor Associates as Other Licensed Practitioners

10. GOVERNOR'S REVIEW (Check One)



GOVERNOR'S OFFICE REPORTED NO COMMENT



COMMENTS OF GOVERNOR'S OFFICE ENCLOSED



NO REPLY RECEIVED WITHIN 45 DAYS OF SUBMITTAL



OTHER, AS SPECIFIED: EXEMPT

11. SIGNATURE OF STATE AGENCY OFFICIAL

 MD, MSc

12. TYPED NAME

Charissa Fotinos, MD, MSc

13. TITLE

Medicaid and Behavioral Health Medical Director

14. DATE SUBMITTED

May 1, 2024

15. RETURN TO

State Plan Coordinator  
POB 42716  
Olympia, WA 98504-2716**FOR CMS USE ONLY**

16. DATE RECEIVED

May 1, 2024

17. DATE APPROVED

June 11, 2024

**PLAN APPROVED - ONE COPY ATTACHED**

18. EFFECTIVE DATE OF APPROVED MATERIAL

July 1, 2024

19. SIGNATURE OF APPROVING OFFICIAL

Digitally signed by James G. Scott -S  
Date: 2024.06.11 09:31:11 -05'00'

20. TYPED NAME OF APPROVING OFFICIAL

James G. Scott

21. TITLE OF APPROVING OFFICIAL

Director, Division of Program Operations

22. REMARKS

5/22/24-State authorizes the following pen and ink change: -Box 7 of the CMS-179:

- Add "20a (new)" to Attachment 3.1-A
- Add "21a (new)" to Attachment 3.1-B

5/23/24-State authorizes the following pen and ink changes:

- Box 5: change to Section 1905(a)(6) of the Act and 42 CFR 440.60
- Add page 20 to Attachment 3.1-B (TN# 10-032) to Attachment 3.1-B

## STATE PLAN UNDER TITLE XIX OF THE SOCIAL SECURITY ACT

State WASHINGTONAMOUNT, DURATION, AND SCOPE OF MEDICAL AND REMEDIAL  
CARE AND SERVICES PROVIDED TO THE CATEGORICALLY NEEDY

## 6. Other practitioners' services

Medical care and any other type of remedial care recognized under State law, furnished by licensed practitioners within the scope of their practice as defined by State law

- a. Podiatrists' services
 

Foot care is covered only for specific medical conditions that must be treated by a podiatrist.
- b. Optometrists' services
  - (1) The Medicaid agency covers medically necessary eye examinations, refractions, and fitting fees every 24 months for asymptomatic adults 21 years or older.
  - (2) Exceptions will be considered for all individuals based on medical necessity.
  - (3) For clients under 21 years of age, services will be provided in accordance with EPSDT requirements at 1905(r), subject to determination of medical necessity and prior authorization by the Medicaid agency.
- d. Other practitioners' services
  - (1) All other practitioners covered by the Medicaid agency include, but are not limited to, the following licensed practitioners. These practitioners are limited to services within their scope of practice and specialty area.
    - Advanced registered nurse practitioners including certified registered nurse anesthetists
    - Chiropractors (for EPSDT only)
    - Dental health aide therapists\* (under the supervision of a dentist within the scope of practice as defined under state law. The supervising licensed practitioner assumes professional responsibility for the services provided by the unlicensed practitioner and the licensed practitioner bills for services furnished by unlicensed practitioners.) *\*Technical correction: Dental health aide therapists added per SPA 17-0027 approved 6/21/2023 effective 7/23/2017.*
    - Dental hygienists
    - Denturists
    - Licensed non-nurse midwives
    - Naturopathic physicians (services are limited to physician-related primary care services)
    - Opticians
    - Pharmacists
      - Pharmacy interns and pharmacy technicians may furnish services in accordance with their professional scope of practice in accordance with state law.
      - Pharmacies are qualified providers of COVID-19 vaccinations per the HHS COVID-19 PREP Act Declaration and authorizations.
    - Physician assistants
    - Psychologist
    - Certified substance use disorder professionals

## STATE PLAN UNDER TITLE XIX OF THE SOCIAL SECURITY ACT

State WASHINGTONAMOUNT, DURATION, AND SCOPE OF MEDICAL AND REMEDIAL  
CARE AND SERVICES PROVIDED TO THE CATEGORICALLY NEEDY

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## 6. Other practitioners services' (cont)

- (2) Other practitioners are covered as specified in other sections of the State Plan and as approved by the Medicaid agency.
- (3) Mental health outpatient services may be provided by the following providers licensed by the state under 42 CFR 440.060(a):
- Licensed Advance Social Workers
  - Licensed Advance Social Worker Associates
  - Licensed Independent Clinical Social Workers
  - Licensed Independent Clinical Social Worker Associates
  - Licensed Marriage and Family Therapists
  - Licensed Marriage and Family Therapist Associates
  - Licensed Mental Health Counselors
  - Licensed Mental Health Counselor Associates
  - Licensed Psychiatric Advanced Nurse Practitioners
  - Licensed Psychologists

To diagnose and treat clients eighteen years of age and younger, the practitioner must be listed above and must:

- a. Meet state requirements for a Children's Mental Health Specialist; or
- b. Be working under the supervision of a licensed practitioner listed above who meets the state requirement for a Children's Mental Health Specialist.

## STATE PLAN UNDER TITLE XIX OF THE SOCIAL SECURITY ACT

State WASHINGTONAMOUNT, DURATION, AND SCOPE OF MEDICAL AND REMEDIAL  
CARE AND SERVICES PROVIDED TO THE CATEGORICALLY NEEDY

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6. d. Other practitioners' services (cont.)
- (4) Reserved
- (5) Licensed non-nurse midwives  
To participate in home births and in birthing centers, midwives must be an agency-approved provider.
- (6) Psychologists
- Psychological testing must be medically necessary, prior authorized, in an outpatient setting, and is limited to 2 units per client.
  - Neurobehavioral status examinations require prior authorization.
  - Neuropsychological testing requires prior authorization.
  - Prior authorization is required for additional services that are medically necessary.
- (7) Intensive behavior services (applied behavior analysis (ABA) provided by:
- A. A lead behavior analysis therapist (LBAT) who under Washington State law is licensed under one of the following provisions:
- A licensed behavior analyst (LBA) practicing under the scope of state law as defined in Department of Health (DOH) RCW and WAC (may bill independently)
  - A licensed psychiatrist, psychiatric advanced nurse practitioner, psychologist, mental health counselor, marriage or family therapist, or clinical social worker practicing under the scope of state law as defined in DOH RCW and WAC who is licensed as an LBA (may bill independently)
  - A licensed assistant behavior analyst (LABA) practicing under the scope of state law as defined by DOH RCW and WAC and supervised by an LBA practicing under the scope of state law as defined in DOH RCW and WAC (may not bill independently)

Note: When licensed as an LBA, these professionals may supervise other providers, including certified behavior technicians (CBTs), in accordance with their scope of practice in applicable DOH RCW and WAC. All licensed supervising practitioners will bill for services performed by unlicensed practitioners.

## STATE PLAN UNDER TITLE XIX OF THE SOCIAL SECURITY ACT

State WASHINGTONAMOUNT, DURATION, AND SCOPE OF SERVICES PROVIDED TO THE  
MEDICALLY NEEDY GROUPS: ALL

- 
6. Medical care and any other type of remedial care recognized under State law, furnished by licensed practitioners within the scope of their practice as defined by State law
- a. Podiatrists' services
- (1) Foot care is covered only for specific medical conditions that must be treated by a podiatrist.
  - (2) Foot conditions for which treatment is not medically necessary are not covered.
- b. Optometrists' services
- (1) The Medicaid agency covers medically necessary eye examinations, refractions, and fitting fees every 24 months for asymptomatic adults 21 years of age and older.
  - (2) Exceptions will be considered for all individuals based on medical necessity.
  - (3) For clients under 21 years of age, services will be provided in accordance with EPSDT requirements at 1905(r), subject to determination of medical necessity and prior authorization by the Medicaid agency.

## STATE PLAN UNDER TITLE XIX OF THE SOCIAL SECURITY ACT

State WASHINGTONAMOUNT, DURATION, AND SCOPE OF SERVICES PROVIDED TO THE  
MEDICALLY NEEDY GROUP(S): ALL

## 6. d. Other practitioners' services

- (1) All other practitioners covered by the Medicaid agency include, but are not limited to, the following licensed practitioners. These practitioners are limited to services within their scope of practice and specialty area.
- Advanced registered nurse practitioners including certified registered nurse anesthetists
  - Chiropractors (for EPSDT only)
  - Dental health aide therapists\* (under the supervision of a dentist within the scope of practice as defined under state law. The supervising licensed practitioner assumes professional responsibility for the services provided by the unlicensed practitioner and the licensed practitioner bills for services furnished by unlicensed practitioners.) *\*Technical correction: Dental health aide therapists added per SPA 17-0027 approved 6/21/2023 effective 7/23/2017.*
  - Dental hygienists
  - Denturists
  - Licensed non-nurse midwives
  - Naturopathic physicians (services are limited to physician-related primary care services)
  - Opticians
  - Pharmacists
    - Pharmacy interns and pharmacy technicians may furnish services in accordance with their professional scope of practice in accordance with state law.
    - Pharmacies are qualified providers of COVID-19 vaccinations per the HHS COVID-19 PREP Act Declaration and authorizations.
  - Physician assistants
  - Psychologist
  - Certified substance use disorder professionals
- (2) Other practitioners are covered as specified in other sections of the State Plan and as approved by the Medicaid agency.

## STATE PLAN UNDER TITLE XIX OF THE SOCIAL SECURITY ACT

State WASHINGTONAMOUNT, DURATION, AND SCOPE OF SERVICES PROVIDED TO THE  
MEDICALLY NEEDY GROUP(S): ALL

## 6.d. Other practitioners' services (cont)

(3) Mental health outpatient services may be provided by the following providers licensed by the state under 42 CFR 440.060(a):

- Licensed Advanced Social Workers
- Licensed Advanced Social Worker Associates
- Licensed Independent Clinical Social Workers
- Licensed Independent Clinical Social Worker Associates
- Licensed Marriage and Family Therapists
- Licensed Marriage and Family Therapist Associates
- Licensed Mental Health Counselors
- Licensed Mental Health Counselor Associates
- Licensed Psychiatric Advanced Nurse Practitioners
- Licensed Psychologists;; and Associates; and Associates; and Associates; and Associates

To diagnose and treat clients eighteen years of age and younger, the practitioner must be listed above and must:

- a. Meet state requirements for a Children's Mental Health Specialist; or
- b. Be working under the supervision of a licensed practitioner listed above who meets the state requirement for a Children's Mental Health Specialist.

(4) Reserved

(5) Licensed non-nurse midwives

To participate in home births and in birthing centers, midwives must be an agency-approved provider.

(6) Psychologists.

- Psychological testing must be medically necessary, prior authorized, in an outpatient setting, and is limited to 2 units per client.
- Neurobehavioral status examinations require prior authorization.
- Neuropsychological testing requires prior authorization.
- Prior authorization is required for additional services that are medically necessary