

Table of Contents

State/Territory Name: Vermont

State Plan Amendment (SPA) #: 25-0013

This file contains the following documents in the order listed:

- 1) Approval Letter
- 2) Form CMS-179
- 3) Approved SPA Pages

DEPARTMENT OF HEALTH & HUMAN SERVICES

Centers for Medicare & Medicaid Services
601 E. 12th St., Room 355
Kansas City, Missouri 64106



Medicaid and CHIP Operations Group

December 1, 2025

Jill Mazza Olson, Medicaid Director
Vermont Agency of Human Services
Building E, Third Floor, 280 State Drive
Waterbury, VT 05671-1000

Re: Vermont State Plan Amendment (SPA) - 25-0013

Dear Director Olson:

The Centers for Medicare & Medicaid Services (CMS) reviewed your Medicaid State Plan Amendment (SPA) submitted under transmittal number (TN) 25-0013. This amendment proposes to add clinically managed residential withdrawal management as a new Medicaid benefit.

We conducted our review of your submittal according to statutory requirements in Title XIX of the Social Security Act and implementing regulations in accordance with 42 CFR §430.12(c)(1)(ii). This letter is to inform you that Vermont Medicaid SPA TN 25-0013 was approved on December 1, 2025, effective July 1, 2025.

Enclosed are copies of Form CMS 179 and the approved SPA pages to be incorporated into the Vermont State Plan.

If you have any questions, please contact Gilson DaSilva at (617) 565-1227 or via email at Gilson.DaSilva@cms.hhs.gov.

Sincerely,



Wendy E. Hill Petras, Acting Director
Division of Program Operations

Enclosures

cc: Dylan Frazer, Deputy Director of Medicaid Policy

**TRANSMITTAL AND NOTICE OF APPROVAL OF
STATE PLAN MATERIAL
FOR: CENTERS FOR MEDICARE & MEDICAID SERVICES**

1. TRANSMITTAL NUMBER

2 5 — 0 0 1 3

2. STATE

VT

3. PROGRAM IDENTIFICATION: TITLE OF THE SOCIAL
SECURITY ACT



XIX



XXI

TO: CENTER DIRECTOR
CENTERS FOR MEDICAID & CHIP SERVICES
DEPARTMENT OF HEALTH AND HUMAN SERVICES

4. PROPOSED EFFECTIVE DATE

7/1/2025

5. FEDERAL STATUTE/REGULATION CITATION

42 CFR §430.12(c)(1)(ii)

6. FEDERAL BUDGET IMPACT (Amounts in WHOLE dollars)

a. FFY 2025 \$ 174,570

b. FFY 2026 \$ 708,120

7. PAGE NUMBER OF THE PLAN SECTION OR ATTACHMENT

Att. 3.1-A pages 6a(1) and 6a(2)

8. PAGE NUMBER OF THE SUPERSEDED PLAN SECTION
OR ATTACHMENT (If Applicable)

Att. 3.1-A pages 6a(1) and 6a(2)

9. SUBJECT OF AMENDMENT

Addition of clinically managed residential withdrawal management as a new benefit

10. GOVERNOR'S REVIEW (Check One)



GOVERNOR'S OFFICE REPORTED NO COMMENT



COMMENTS OF GOVERNOR'S OFFICE ENCLOSED



NO REPLY RECEIVED WITHIN 45 DAYS OF SUBMITTAL



OTHER, AS SPECIFIED: Approval from Agency of Admin.

11. SIGNATURE OF STATE AGENCY OFFICIAL

Ashley Berliner

13. TITLE

MEDICAID DIRECTOR, AGENCY OF HUMAN SERVICES

14. DATE SUBMITTED

9/30/2025

15. RETURN TO

DYLAN FRAZER
DEPARTMENT OF VERMONT HEALTH ACCESS
280 STATE DRIVE
WATERBURY, VT 05671-1010

DYLAN.FRAZER@VERMONT.GOV

FOR CMS USE ONLY

16. DATE RECEIVED

09/30/2025

17. DATE APPROVED

12/01/2025

PLAN APPROVED - ONE COPY ATTACHED

18. EFFECTIVE DATE OF APPROVED MATERIAL

07/01/2025

19.

20. TYPED NAME OF APPROVING OFFICIAL

Wendy E. Hill Petras

21. TITLE OF APPROVING OFFICIAL

Acting Director, Division of Program Operations

22. REMARKS

ITEM 13. OTHER DIAGNOSTIC, SCREENING PREVENTIVE AND
REHABILITATIVE SERVICES, I.E., OTHER THAN THOSE PROVIDED
ELSEWHERE IN THE PLAN. (Continued)

2. Substance Use Disorder Services (Continued)

- (f) Clinically managed low-intensity residential services: 24-hour structure in residential treatment settings with services provided by addiction treatment, mental health, and/or medical personnel. Medical and psychiatric therapies including counseling and lab services are available onsite or through consultation or referral. Clinically managed low-intensity residential services include at least 5 hours of clinical service per week.
- (g) Medically monitored intensive inpatient detox services: 24-hour nursing care with physician availability in residential settings with services provided by addiction treatment, mental health, and/or medical personnel. Medical, psychiatric, counseling and lab services are provided onsite or through consultation or referral. Medically monitored intensive inpatient services include 16-hour per day counselor availability.
- (h) Withdrawal Management (WM) services: monitoring and management of physical and psychological effects, with or without the use of medication, to support withdrawal from an addictive substance. This service is provided in certified withdrawal management programs, specialized health homes, hospitals, and residential treatment settings with services delivered by addiction treatment, mental health, and/or medical personnel.

Substance Use Disorder Provider Qualifications:

Provider/Practitioner	License/Certification	Services Provided
Alcohol & Drug Counselor (ADC)	Certification pursuant to regulations set forth by the VT Secretary of State's Office of Professional Regulation	Assessment; Early Intervention; Treatment under supervision of licensed provider/practitioner
Alcohol & Drug Counselor (LADC)	Licensed pursuant to OPR regulations	Assessment; Early Intervention; Treatment
Apprentice Addiction Professional (AAP)	Certification pursuant to OPR regulations	Assessment; Early Intervention; Treatment under supervision of licensed provider/practitioner
Clinical Mental Health Counselor	Licensed pursuant to VT Board of Allied Mental Health regulations	Assessment; Early Intervention; Treatment

(Continued)

ITEM 13. OTHER DIAGNOSTIC, SCREENING PREVENTIVE AND
REHABILITATIVE SERVICES, I.E., OTHER THAN THOSE PROVIDED
ELSEWHERE IN THE PLAN. (Continued)

2. Substance Use Disorder Services (Continued)

Clinical Social Worker	Licensed pursuant to OPR regulations	Assessment; Early Intervention; Treatment
Marriage & Family Therapist	Licensed pursuant to VT Board of Allied Mental Health regulations	Assessment; Early Intervention; Treatment
Nurse	Registered Nurse Licensed pursuant to VT Board of Nursing regulations	Assessment; Early Intervention; Treatment
Physicians	Allopathic physicians are licensed pursuant to VT Board of Medical Practice regulations; Osteopathic physicians are licensed pursuant to VT Board of Osteopathic Physicians and Surgeons regulations	Assessment; Early Intervention; Treatment
Psychologists	Licensed pursuant to VT Board of Psychological Examiners regulations	Assessment; Early Intervention; Treatment
Residential	Licensed pursuant to the VT Department of Disabilities, Aging & Independent Living, Division of Licensing & Protection regulations	Assessment; Treatment
Withdrawal Management Programs	Certified by the Vermont Department of Health	Assessment; Treatment; Early Intervention