

Table of Contents

State/Territory Name: Utah

State Plan Amendment (SPA) #: 25-0010

This file contains the following documents in the order listed:

- 1) Approval Letter
- 2) CMS Form 179
- 3) Approved SPA Pages

DEPARTMENT OF HEALTH & HUMAN SERVICES

Centers for Medicare & Medicaid Services
601 E. 12th St., Room 355
Kansas City, Missouri 64106



Medicaid and CHIP Operations Group

July 2, 2025

Jennifer Strohecker
Director
Division of Integrated Healthcare
Utah Department of Health and Human Services
PO Box 143101
Salt Lake City, UT 84114-3101

Re: Utah State Plan Amendment (SPA) 25-0010

Dear Director Strohecker:

The Centers for Medicare & Medicaid Services (CMS) reviewed your Medicaid State Plan Amendment (SPA) submitted under transmittal number (TN) 25-0010. This amendment proposes changes to qualifications for providers of extended services for pregnant women.

We conducted our review of your submittal according to statutory requirements in Title XIX of the Social Security Act and implementing regulations 42 CFR §440.60. This letter informs you that Utah Medicaid SPA TN 25-0010 was approved on July 2, 2025, with an effective date of July 1, 2025.

Enclosed are copies of Form CMS-179 and approved SPA pages to be incorporated into the Utah State Plan.

If you have any questions, please contact Tyler Deines at (202) 571-8533 or via email at Tyler.Deines@cms.hhs.gov.

Sincerely,

Ruth A. Hughes, Acting Director
Division of Program Operations

Enclosures

**TRANSMITTAL AND NOTICE OF APPROVAL OF
STATE PLAN MATERIAL
FOR: CENTERS FOR MEDICARE & MEDICAID SERVICES**

1. TRANSMITTAL NUMBER

2 5 — 0 0 1 0

2. STATE

UT3. PROGRAM IDENTIFICATION: TITLE OF THE SOCIAL
SECURITY ACT

XIX



XXI

TO: CENTER DIRECTOR
CENTERS FOR MEDICAID & CHIP SERVICES
DEPARTMENT OF HEALTH AND HUMAN SERVICES

4. PROPOSED EFFECTIVE DATE

July 1, 2025

5. FEDERAL STATUTE/REGULATION CITATION

~~42 CFR 440.50 and 440.60~~ 42 CFR §440.60

6. FEDERAL BUDGET IMPACT (Amounts in WHOLE dollars)

a. FFY 2025 \$ 0b. FFY 2026 \$ 0

7. PAGE NUMBER OF THE PLAN SECTION OR ATTACHMENT

Page 2 of Attachment #20b within ATTACHMENTS 3.1-A and 3.1-B

8. PAGE NUMBER OF THE SUPERSEDED PLAN SECTION
OR ATTACHMENT (If Applicable)Page 2 of Attachment #20b within ATTACHMENTS 3.1-A
and 3.1-B (TN:24-0022)

9. SUBJECT OF AMENDMENT

Prenatal and Postnatal Psychosocial Counseling Services - This amendment allows prenatal and postnatal psychosocial counseling services to be performed by all licensed mental health therapists and removes limitations on visits.

10. GOVERNOR'S REVIEW (Check One)



GOVERNOR'S OFFICE REPORTED NO COMMENT



COMMENTS OF GOVERNOR'S OFFICE ENCLOSED



NO REPLY RECEIVED WITHIN 45 DAYS OF SUBMITTAL



OTHER, ASSPECIFIED:

11. SIGNATURE OF STATE AGENCY OFFICIAL


Tracy Gruber (Jun 2, 2025 07:24 MDT)

12. TYPED NAME

Tracy S. Gruber

13. TITLE

Executive Director, Utah Dept of Health & Human Services

14. DATE SUBMITTED

June 2, 2025

15. RETURN TO

Craig Devashrayee
Utah Department of Health & Human Services
Division of Integrated Healthcare
cdevashrayee@utah.gov**FOR CMS USE ONLY**

16. DATE RECEIVED

June 2, 2025

17. DATE APPROVED

July 2, 2025

PLAN APPROVED - ONE COPY ATTACHED

18. EFFECTIVE DATE OF APPROVED MATERIAL

July 1, 2025

20. TYPED NAME OF APPROVING OFFICIAL

Ruth A. Hughes

19. SIGNATURE OF APPROVING OFFICIAL

21. TITLE OF APPROVING OFFICIAL

Acting Director, Division of Program Operations

22. REMARKS

Blocks 5 and 8: State approved pen and ink changes on 06/30/2025.

EXTENDED SERVICES TO PREGNANT WOMEN (Continued)

B. Medical Care

Licensed Physician Assistant Services
Perinatal Care Coordination

A physician assistant may provide risk assessment as defined in Section C.

A physician assistant may provide prenatal and postnatal visits as defined in Section C.

A physician assistant may provide group prenatal/postnatal education as defined in Section C.

A physician assistant may provide a prenatal assessment visit as defined in Section C.

A physician assistant may provide single prenatal visits as defined in Section C.

A physician assistant may provide perinatal care coordination as defined in Section C.

Licensed Mental Health Therapist

A prenatal and postnatal psychological counseling and psychosocial evaluation is provided to identify patients and families with high psychological and social risks, to develop a psychosocial care plan and provide or coordinate appropriate intervention, counseling or referral necessary to meet the identified needs of families.

Licensed Social Worker Services

A licensed social service worker (SSW) who meets the established criteria may provide perinatal care coordination.

A licensed, certified social worker (LCSW) who meets the established criteria may provide perinatal care coordination.

Licensed Registered Dietitian Services
Nutritional Assessment/Counseling

All women are referred to the WIC program for nutritional assessment. Women with complex nutritional or related medical risk factors as determined in initial prenatal visits may require intensive nutrition education, counseling, monitoring and frequent consultation, and may receive service by referral from a physician, certified nurse midwife, or a family nurse practitioner to a registered dietitian.

Limited to 14 visits during any 12-month period.

The Agency may exceed limitations to the extent allowed by law if its medical staff determines the proposed changes are medically necessary.

Licensed Community Health Nurse Services

Perinatal Care Coordination. A licensed community health nurse may provide prenatal and postnatal home visits as defined in Section C.

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Perinatal Care Coordination.

A licensed, registered nurse may provide prenatal/postnatal home visits as defined in Section C.

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