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State/Territory Name: Utah

State Plan Amendment (SPA) #: 24-0024

This file contains the following documents in the order listed:

- 1) Approval Letter
- 2) CMS Form 179
- 3) Approved SPA Pages

DEPARTMENT OF HEALTH & HUMAN SERVICES
Centers for Medicare & Medicaid Services
601 E. 12th St., Room 355
Kansas City, Missouri 64106



Medicaid and CHIP Operations Group

March 26, 2025

Jennifer Strohecker
Director
Division of Integrated Healthcare
Utah Department of Health and Human Services
PO Box 143101
Salt Lake City, UT 84114-3101

Re: Utah State Plan Amendment (SPA) 24-0024

Dear Director Strohecker:

The Centers for Medicare & Medicaid Services (CMS) reviewed your Medicaid State Plan Amendment (SPA) submitted under transmittal number (TN) 24-0024. This amendment proposes changes to provider qualifications for rehabilitative services.

We conducted our review of your submittal according to statutory requirements in Title XIX of the Social Security Act and implementing regulations 42 CFR §440.130(d). This letter informs you that Utah Medicaid SPA TN 24-0024 was approved on March 26, 2025, with an effective date of January 1, 2025.

Enclosed are copies of Form CMS-179 and approved SPA pages to be incorporated into the Utah State Plan.

If you have any questions, please contact Tyler Deines at 202-571-8533 or via email at Tyler.Deines@cms.hhs.gov.

Sincerely,

James G. Scott, Director
Division of Program Operations

Enclosures

**TRANSMITTAL AND NOTICE OF APPROVAL OF
STATE PLAN MATERIAL
FOR: CENTERS FOR MEDICARE & MEDICAID SERVICES**

1. TRANSMITTAL NUMBER

2 4 — 0 0 2 4

2. STATE

UTAH3. PROGRAM IDENTIFICATION: TITLE OF THE SOCIAL
SECURITY ACT

XIX



XXI

TO: CENTER DIRECTOR
CENTERS FOR MEDICAID & CHIP SERVICES
DEPARTMENT OF HEALTH AND HUMAN SERVICES

4. PROPOSED EFFECTIVE DATE

January 1, 2025

5. FEDERAL STATUTE/REGULATION CITATION

42 CFR 440.130(d)

6. FEDERAL BUDGET IMPACT (Amounts in WHOLE dollars)

a. FFY 2025\$ 0b. FFY 2026\$ 0

7. PAGE NUMBER OF THE PLAN SECTION OR ATTACHMENT

~~Pages 2f and 2g of Attachment #13, within ATTACHMENTS 3.1-A
and 3.1-B~~

Attachments 3.1-A & 3.1-B, Attachment 13, Pages 2c -2h

8. PAGE NUMBER OF THE SUPERSEDED PLAN SECTION
OR ATTACHMENT (If Applicable)~~Pages 2f and 2g of Attachment #13, within
ATTACHMENTS 3.1-A and 3.1-B (T.N. 21-0009)~~

Attachments 3.1-A & 3.1-B, Attachment 13, Pages 2c-2f, & 2h (TN 21-0009)

Attachments 3.1-A & 3.1-B, Attachment 13, Page 2g (TN 24-0015)

9. SUBJECT OF AMENDMENT

Provider Qualifications for Rehabilitative Services

10. GOVERNOR'S REVIEW (Check One)



GOVERNOR'S OFFICE REPORTED NO COMMENT



COMMENTS OF GOVERNOR'S OFFICE ENCLOSED



NO REPLY RECEIVED WITHIN 45 DAYS OF SUBMITTAL



OTHER, AS SPECIFIED:

11. SIGNATURE OF STATE AGENCY OFFICIAL

12. TYPED NAME

Tracy S. Gruber

13. TITLE

Executive Director, Utah Dept of Health & Human Services

14. DATE SUBMITTED

December 31, 2024

15. RETURN TO

Craig Devashrayee

Utah Department of Health & Human Services

Division of Integrated Healthcare

cdevashrayee@utah.gov

FOR CMS USE ONLY

16. DATE RECEIVED

December 31, 2024

17. DATE APPROVED

March 26, 2025**PLAN APPROVED - ONE COPY ATTACHED**

18. EFFECTIVE DATE OF APPROVED MATERIAL

January 1, 2025

19. SIGNATURE OF APPROVING OFFICIAL

20. TYPED NAME OF APPROVING OFFICIAL

James G. Scott

21. TITLE OF APPROVING OFFICIAL

Director, Division of Program Operations

22. REMARKS

Block 8: State approved pen and ink changes on 01/07/2025.

Blocks 7 & 8: State approved pen and ink changes on 03/12/2025.

REHABILITATIVE SERVICES PRACTITIONERS CHART

Provider Type	Licensure/ Certification Authority	Supervision	Rehabilitative Mental Health Services
Licensed Physician and Surgeon or Osteopathic Physician engaged in the practice of mental health therapy	Utah Mental Health Professional Practice Act	Supervision is not required. May supervise APRN interns, registered nurses (RNs), licensed practical nurses (LPNs), medical assistants; certified social workers (CSWs), CSW interns (CSW-Is), associate clinical mental health counselors (ACMHCs), social service workers (SSWs) and individuals working toward licensure as an SSW; substance use disorder counselors if meets Mental Health Professional Practice Act qualifications regarding substance use disorder (SUD) training & experience; peer support specialists, individuals trained to provide psychosocial rehabilitative services (PRS).	Psychiatric diagnostic evaluations, Mental health assessment, psychological testing, psychotherapy, psychotherapy for crisis, psychotherapy with evaluation and management services, pharmacologic management, nurse medication management, therapeutic behavioral services, supportive living services, and psychosocial rehabilitative services.
Licensed Physician and Surgeon or Osteopathic Physician	Utah Medical Practice Act	Supervision is not required. May supervise APRN interns, RNs, LPNs, medical assistants; ACMHCs; substance use disorder counselors if meets Mental Health Professional Practice Act qualifications regarding substance use disorder (SUD) training & experience.	Psychiatric diagnostic evaluations, Mental health assessment, psychological testing, psychotherapy, psychotherapy for crisis, psychotherapy with evaluation and management services, pharmacologic management, nurse medication management, therapeutic behavioral services, supportive living services, and psychosocial rehabilitative services.
Licensed Advanced Practice Registered Nurse (APRN) specializing in psychiatric mental health nursing	Utah Mental Health Professional Practice Act	Supervision is not required. May supervise APRN interns, RNs, LPNs, medical assistants; CSWs, CSW-Is, ACMHCs, SSWs and individuals working toward licensure as an SSW; SUDCs if meets Mental Health Professional Practice Act qualifications regarding substance use disorder (SUD) training & experience; peer support specialists, individuals trained to provide PRS.	Psychiatric diagnostic evaluations, Mental health assessment, psychological testing, psychotherapy, psychotherapy for crisis, psychotherapy with evaluation and management services, pharmacologic management, nurse medication management, therapeutic behavioral services, supportive living services, and psychosocial rehabilitative services.
Licensed Advanced Practice Registered Nurse (APRN) intern specializing in psychiatric mental health nursing	Utah Mental Health Professional Practice Act	Provider requires supervision. May supervise RNs, LPNs, medical assistants; SSWs and individuals working toward licensure as an SSW, peer support specialists, individuals trained to provide PRS.	Psychiatric diagnostic evaluations, Mental health assessment, psychological testing, psychotherapy, psychotherapy for crisis, psychotherapy with evaluation and management services, pharmacologic management, nurse medication management, therapeutic behavioral services, supportive living services, and psychosocial rehabilitative services.

REHABILITATIVE SERVICES PRACTITIONERS CHART

Licensed Advanced Practice Registered Nurse (APRN) (not psychiatric specialty)	Utah Nurse Practice Act	Supervision is not required. May supervise APRN interns, RNs, LPNs, medical assistants.	Psychiatric diagnostic evaluations, Mental health assessment, psychological testing, psychotherapy, psychotherapy for crisis, psychotherapy with evaluation and management services, pharmacologic management, nurse medication management, therapeutic behavioral services, supportive living services, and psychosocial rehabilitative services.
Licensed Advanced Practice Registered Nurse (APRN) intern (not psychiatric specialty)	Utah Nurse Practice Act	Provider requires supervision. May supervise RNs, LPNs, medical assistants.	Psychiatric diagnostic evaluations, Mental health assessment, psychological testing, psychotherapy, psychotherapy for crisis, psychotherapy with evaluation and management services, pharmacologic management, nurse medication management, therapeutic behavioral services, supportive living services, and psychosocial rehabilitative services.
Licensed Psychologist	Utah Mental Health Professional Practice Act	Supervision is not required. May supervise certified psychology residents; CSWs, CSW-Is, ACMHCs, SSWs and individuals working toward licensure as an SSW, and may supervise APRN interns specializing in psychiatric mental health nursing (non-medical services only) as delegated by the primary supervisor; substance use disorder counselors if meets Mental Health Professional Practice Act qualifications regarding training & experience; peer support specialists, individuals trained to provide PRS.	Psychiatric diagnostic evaluations, Mental health assessment, psychological testing, psychotherapy, psychotherapy for crisis, , therapeutic behavioral services, supportive living services, and psychosocial rehabilitative services.
Certified Psychology Resident	Utah Mental Health Professional Practice Act	Provider requires supervision. May supervise SSWs and individuals working toward licensure as an SSW; substance use disorder counselors if meets Mental Health Professional Practice Act qualifications regarding substance use disorder (SUD) training & experience; peer support specialists, individuals trained to provide PRS.	Psychiatric diagnostic evaluations, Mental health assessment, psychological testing, psychotherapy, psychotherapy for crisis, , therapeutic behavioral services, supportive living services, and psychosocial rehabilitative services.
Licensed Physician Assistant specializing in mental health care	Utah Mental Health Professional Practice Act	Supervision is not required. May supervise RNs, LPNs, medical assistants, or other license types if allowed by state rule; substance use disorder counselors if meets Mental Health Professional Practice Act qualifications regarding substance use disorder (SUD) training & experience; peer support specialists, individuals trained to provide PRS.	Psychiatric diagnostic evaluations, Mental health assessment, psychological testing, psychotherapy, psychotherapy for crisis, psychotherapy with evaluation and management services, pharmacologic management, nurse medication management, therapeutic behavioral services, supportive living services, and psychosocial rehabilitative services.

T.N. # UT-24-0024

Approval Date 3-26-25

Supersedes T.N. UT-21-0009

Effective Date 1-1-25

REHABILITATIVE SERVICES PRACTITIONERS CHART

Licensed Physician Assistant without mental health care specialty	Utah Medical Practice Act	Supervision is not required. May supervise RNs, LPNs, medical assistants, or other license types if allowed by state rule.	Psychiatric diagnostic evaluations, Mental health assessment, psychological testing, psychotherapy, psychotherapy for crisis, psychotherapy with evaluation and management services, pharmacologic management, nurse medication management, therapeutic behavioral services, supportive living services, and psychosocial rehabilitative services.
Licensed Clinical Social Worker (LCSW)	Utah Mental Health Professional Practice Act	Supervision is not required. May supervise CSWs, CSW-Is, ACMHCs, SSWs and individuals working toward licensure as an SSW, APRN interns specializing in psychiatric mental health nursing (non-medical services only) as delegated by the primary supervisor; substance use disorder counselors if meet Mental Health Professional Practice Act qualifications regarding substance use disorder (SUD) training & experience; peer support specialists, individuals trained to provide PRS.	Psychiatric diagnostic evaluations, psychotherapy, psychotherapy for crisis, therapeutic behavioral services, supportive living services, and psychosocial rehabilitative services.
Certified Social Worker (CSW) and CSW intern	Utah Mental Health Professional Practice Act	Provider requires supervision. May supervise SSWs and individuals working toward licensure as an SSW; substance use disorder counselors if meet Mental Health Professional Practice Act qualifications regarding substance use disorder (SUD) training & experience; peer support specialists, individuals trained to provide PRS.	Psychiatric diagnostic evaluations, psychotherapy, psychotherapy for crisis, therapeutic behavioral services, supportive living services, and psychosocial rehabilitative services.
Licensed Marriage and Family Therapist (MFT)	Utah Mental Health Professional Practice Act	Supervision is not required. May supervise associate MFTs, CSWs, CSW-Is, ACMHCs, SSWs and individuals working toward licensure as an SSW, APRN interns specializing in psychiatric mental health nursing (non-medical services only) as delegated by the primary supervisor; substance use disorder counselors if meet Mental Health Professional Practice Act qualifications regarding substance use disorder (SUD) training & experience; peer support specialists, individuals trained to provide PRS.	Psychiatric diagnostic evaluations, psychotherapy, psychotherapy for crisis, therapeutic behavioral services, supportive living services, and psychosocial rehabilitative services.
Licensed Associate Marriage and Family Therapist (AMFT)	Utah Mental Health Professional Practice Act	Provider requires supervision. May supervise SSWs and individuals working toward licensure as an SSW; substance use disorder counselors if meet Mental Health Professional Practice Act qualifications regarding substance use disorder (SUD) training & experience; peer support specialists, individuals trained to provide PRS.	Psychiatric diagnostic evaluations, psychotherapy, psychotherapy for crisis, therapeutic behavioral services, supportive living services, and psychosocial rehabilitative services.
Licensed Clinical Mental Health Counselor (CMHC)	Utah Mental Health Professional Practice Act	Supervision is not required. May supervise ACMHCs, CSWs, CSW-Is, SSWs and individuals working toward licensure as an SSW, APRN interns specializing in psychiatric mental health nursing (non-medical services only) as delegated by the primary supervisor; substance use disorder counselors if meet Mental Health Professional Practice Act qualifications regarding substance use disorder (SUD) training & experience; peer support specialists, individuals trained to provide PRS.	Psychiatric diagnostic evaluations, psychotherapy, psychotherapy for crisis, therapeutic behavioral services, supportive living services, and psychosocial rehabilitative services.

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Effective Date 1-1-25

REHABILITATIVE SERVICES PRACTITIONERS CHART

Licensed Associate Clinical Mental Health Counselor (ACMHC)	Utah Mental Health Professional Practice Act	<p>Provider requires supervision.</p> <p>May supervise ACMHCs, CSWs, CSW-Is, SSWs and individuals working toward licensure as an SSW, APRN interns specializing in psychiatric mental health nursing (non-medical services only) as delegated by the primary supervisor; substance use disorder counselors if meet Mental Health Professional Practice Act qualifications regarding substance use disorder (SUD) training & experience; peer support specialists, individuals trained to provide PRS.</p>	Psychiatric diagnostic evaluations, psychotherapy, psychotherapy for crisis, therapeutic behavioral services, supportive living services, and psychosocial rehabilitative services.
Licensed Master Addiction Counselor	Utah Mental Health Professional Practice Act	<p>Provider requires supervision.</p> <p>May supervise ACMHCs, CSWs, CSW-Is, SSWs and individuals working toward licensure as an SSW, APRN interns specializing in psychiatric mental health nursing (non-medical services only) as delegated by the primary supervisor; substance use disorder counselors if meet Mental Health Professional Practice Act qualifications regarding substance use disorder (SUD) training & experience; peer support specialists, individuals trained to provide PRS.</p>	Psychiatric diagnostic evaluations, psychotherapy, psychotherapy for crisis, therapeutic behavioral services, supportive living services, and psychosocial rehabilitative services.
Licensed Associate Master Addiction Counselor	Utah Mental Health Professional Practice Act	<p>Provider requires supervision.</p> <p>May supervise SSWs and individuals working toward licensure as an SSW; substance use disorder counselors if meet Mental Health Professional Practice Act qualifications regarding substance use disorder (SUD) training & experience; peer support specialists, individuals trained to provide PRS.</p>	Psychiatric diagnostic evaluations, psychotherapy, psychotherapy for crisis, therapeutic behavioral services, supportive living services, and psychosocial rehabilitative services.
Licensed Behavioral Health Coach	Utah Mental Health Professional Practice Act	<p>Provider requires supervision.</p> <p>Provider may not supervise.</p>	Therapeutic behavioral services, group psychotherapy when cofacilitating with a licensed mental health therapist, supportive living services, and psychosocial rehabilitative services.
Students exempted from licensure while working toward licensure as a mental health therapist	Authorized to provide services while a student in a recognized school approved by the state and working towards licensure under the supervision of a qualified individual per state law	<p>Provider requires supervision</p> <p>Provider may not supervise.</p>	Psychiatric diagnostic evaluations, psychotherapy, psychotherapy for crisis, therapeutic behavioral services, supportive living services, and psychosocial rehabilitative services.

T.N. # UT-24-0024

Approval Date 3-26-25

Supersedes T.N. UT-21-0009

Effective Date 1-1-25

REHABILITATIVE SERVICES PRACTITIONERS CHART

Licensed Substance Use Disorder Counselors: Licensed Advanced Substance Use Disorder Counselor (ASUDC), Certified Advanced Substance Use Disorder Counselor (CASUDC), Certified Advanced Substance Use Disorder Counselor Intern (CASUDC-I), Licensed Substance Use Disorder Counselor (SUDC), Certified Substance Use Disorder Counselor (CSUDC), Certified Substance Use Disorder Counselor Intern (CSUDC-I)	Utah Mental Health Professional Practice Act	<p>Provider requires supervision.</p> <p>ASUDCs may supervise all of the substance use disorder license types, peer support specialists & individuals trained to provide PRS when peer support services or PRS is provided to individuals with a substance use disorder;</p> <p>SUDCs may supervise peer support specialists & individuals trained to provide PRS when peer support services or PRS is provided to individuals with a substance use disorder.</p>	Therapeutic behavioral services, supportive living services, group psychotherapy when cofacilitating with a licensed mental health therapist, and psychosocial rehabilitative services.
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T.N. # UT-24-0024

Approval Date 3-26-25

Supersedes T.N. UT-24-0015

Effective Date 1-1-25

REHABILITATIVE SERVICES PRACTITIONERS CHART

Licensed Registered Nurse	Utah Nurse Practice Act	Provider requires supervision. May supervise LPNs, medical assistants, individuals trained to provide PRS	Therapeutic behavioral services, supportive living services, and psychosocial rehabilitative services.
Licensed Practical Nurse	Utah Nurse Practice Act	Provider requires supervision. Provider may not supervise.	Therapeutic behavioral services, supportive living services, and psychosocial rehabilitative services.
Certified Peer Support Specialist	Individuals certified in accordance with state law as having successfully completed the peer support training curriculum must meet state continuing education requirements to maintain certification.	Provider requires supervision. Provider may not supervise.	Peer support services.
Individual trained to provide Psychosocial Rehabilitative Services	Individuals hired by licensed treatment agencies that have completed required trainings and education on administrative and behavioral health policies and procedures within 60 days of hire	Provider requires supervision. Provider may not supervise.	Supportive living services, and psychosocial rehabilitative services.
Certified Behavioral Health Technician	Utah Mental Health Professional Act	Provider requires supervision. Provider may not supervise.	Psychosocial rehabilitative services and supportive living services.
Registered nursing student; individual enrolled in a qualified substance use disorder education program	Authorized to provide services while a student in a recognized school approved by the state and working towards licensure under the supervision of a qualified individual per state law.	Pursuant to state statute, by qualified faculty, staff, or designee Provider may not supervise.	Therapeutic behavioral services, supportive living services, and psychosocial rehabilitative services.

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REHABILITATIVE SERVICES PRACTITIONERS CHART

Provider Type	Licensure/ Certification Authority	Supervision	Rehabilitative Mental Health Services
Licensed Physician and Surgeon or Osteopathic Physician engaged in the practice of mental health therapy	Utah Mental Health Professional Practice Act	Supervision is not required. May supervise APRN interns, registered nurses (RNs), licensed practical nurses (LPNs), medical assistants; certified social workers (CSWs), CSW interns (CSW-Is), associate clinical mental health counselors (ACMHCs), social service workers (SSWs) and individuals working toward licensure as an SSW; substance use disorder counselors if meets Mental Health Professional Practice Act qualifications regarding substance use disorder (SUD) training & experience; peer support specialists, individuals trained to provide psychosocial rehabilitative services (PRS).	Psychiatric diagnostic evaluations, Mental health assessment, psychological testing, psychotherapy, psychotherapy for crisis, psychotherapy with evaluation and management services, pharmacologic management, nurse medication management, therapeutic behavioral services, supportive living services, and psychosocial rehabilitative services.
Licensed Physician and Surgeon or Osteopathic Physician	Utah Medical Practice Act	Supervision is not required. May supervise APRN interns, RNs, LPNs, medical assistants; ACMHCs; substance use disorder counselors if meets Mental Health Professional Practice Act qualifications regarding substance use disorder (SUD) training & experience.	Psychiatric diagnostic evaluations, Mental health assessment, psychological testing, psychotherapy, psychotherapy for crisis, psychotherapy with evaluation and management services, pharmacologic management, nurse medication management, therapeutic behavioral services, supportive living services, and psychosocial rehabilitative services.
Licensed Advanced Practice Registered Nurse (APRN) specializing in psychiatric mental health nursing	Utah Mental Health Professional Practice Act	Supervision is not required. May supervise APRN interns, RNs, LPNs, medical assistants; CSWs, CSW-Is, ACMHCs, SSWs and individuals working toward licensure as an SSW; SUDCs if meets Mental Health Professional Practice Act qualifications regarding substance use disorder (SUD) training & experience; peer support specialists, individuals trained to provide PRS.	Psychiatric diagnostic evaluations, Mental health assessment, psychological testing, psychotherapy, psychotherapy for crisis, psychotherapy with evaluation and management services, pharmacologic management, nurse medication management, therapeutic behavioral services, supportive living services, and psychosocial rehabilitative services.
Licensed Advanced Practice Registered Nurse (APRN) intern specializing in psychiatric mental health nursing	Utah Mental Health Professional Practice Act	Provider requires supervision. May supervise RNs, LPNs, medical assistants; SSWs and individuals working toward licensure as an SSW, peer support specialists, individuals trained to provide PRS.	Psychiatric diagnostic evaluations, Mental health assessment, psychological testing, psychotherapy, psychotherapy for crisis, psychotherapy with evaluation and management services, pharmacologic management, nurse medication management, therapeutic behavioral services, supportive living services, and psychosocial rehabilitative services.

REHABILITATIVE SERVICES PRACTITIONERS CHART

Licensed Advanced Practice Registered Nurse (APRN) (not psychiatric specialty)	Utah Nurse Practice Act	Supervision is not required. May supervise APRN interns, RNs, LPNs, medical assistants.	Psychiatric diagnostic evaluations, Mental health assessment, psychological testing, psychotherapy, psychotherapy for crisis, psychotherapy with evaluation and management services, pharmacologic management, nurse medication management, therapeutic behavioral services, supportive living services, and psychosocial rehabilitative services.
Licensed Advanced Practice Registered Nurse (APRN) intern (not psychiatric specialty)	Utah Nurse Practice Act	Provider requires supervision. May supervise RNs, LPNs, medical assistants.	Psychiatric diagnostic evaluations, Mental health assessment, psychological testing, psychotherapy, psychotherapy for crisis, psychotherapy with evaluation and management services, pharmacologic management, nurse medication management, therapeutic behavioral services, supportive living services, and psychosocial rehabilitative services.
Licensed Psychologist	Utah Mental Health Professional Practice Act	Supervision is not required. May supervise certified psychology residents; CSWs, CSW-Is, ACMHCs, SSWs and individuals working toward licensure as an SSW, and may supervise APRN interns specializing in psychiatric mental health nursing (non-medical services only) as delegated by the primary supervisor; substance use disorder counselors if meets Mental Health Professional Practice Act qualifications regarding training & experience; peer support specialists, individuals trained to provide PRS.	Psychiatric diagnostic evaluations, Mental health assessment, psychological testing, psychotherapy, psychotherapy for crisis, , therapeutic behavioral services, supportive living services, and psychosocial rehabilitative services.
Certified Psychology Resident	Utah Mental Health Professional Practice Act	Provider requires supervision. May supervise SSWs and individuals working toward licensure as an SSW; substance use disorder counselors if meets Mental Health Professional Practice Act qualifications regarding substance use disorder (SUD) training & experience; peer support specialists, individuals trained to provide PRS.	Psychiatric diagnostic evaluations, Mental health assessment, psychological testing, psychotherapy, psychotherapy for crisis, , therapeutic behavioral services, supportive living services, and psychosocial rehabilitative services.
Licensed Physician Assistant specializing in mental health care	Utah Mental Health Professional Practice Act	Supervision is not required. May supervise RNs, LPNs, medical assistants, or other license types if allowed by state rule; substance use disorder counselors if meets Mental Health Professional Practice Act qualifications regarding substance use disorder (SUD) training & experience; peer support specialists, individuals trained to provide PRS.	Psychiatric diagnostic evaluations, Mental health assessment, psychological testing, psychotherapy, psychotherapy for crisis, psychotherapy with evaluation and management services, pharmacologic management, nurse medication management, therapeutic behavioral services, supportive living services, and psychosocial rehabilitative services.

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REHABILITATIVE SERVICES PRACTITIONERS CHART

Licensed Physician Assistant without mental health care specialty	Utah Medical Practice Act	Supervision is not required. May supervise RNs, LPNs, medical assistants, or other license types if allowed by state rule.	Psychiatric diagnostic evaluations, Mental health assessment, psychological testing, psychotherapy, psychotherapy for crisis, psychotherapy with evaluation and management services, pharmacologic management, nurse medication management, therapeutic behavioral services, supportive living services, and psychosocial rehabilitative services.
Licensed Clinical Social Worker (LCSW)	Utah Mental Health Professional Practice Act	Supervision is not required. May supervise CSWs, CSW-Is, ACMHCs, SSWs and individuals working toward licensure as an SSW, APRN interns specializing in psychiatric mental health nursing (non-medical services only) as delegated by the primary supervisor; substance use disorder counselors if meet Mental Health Professional Practice Act qualifications regarding substance use disorder (SUD) training & experience; peer support specialists, individuals trained to provide PRS.	Psychiatric diagnostic evaluations, psychotherapy, psychotherapy for crisis, therapeutic behavioral services, supportive living services, and psychosocial rehabilitative services.
Certified Social Worker (CSW) and CSW intern	Utah Mental Health Professional Practice Act	Provider requires supervision. May supervise SSWs and individuals working toward licensure as an SSW; substance use disorder counselors if meet Mental Health Professional Practice Act qualifications regarding substance use disorder (SUD) training & experience; peer support specialists, individuals trained to provide PRS.	Psychiatric diagnostic evaluations, psychotherapy, psychotherapy for crisis, therapeutic behavioral services, supportive living services, and psychosocial rehabilitative services.
Licensed Marriage and Family Therapist (MFT)	Utah Mental Health Professional Practice Act	Supervision is not required. May supervise associate MFTs, CSWs, CSW-Is, ACMHCs, SSWs and individuals working toward licensure as an SSW, APRN interns specializing in psychiatric mental health nursing (non-medical services only) as delegated by the primary supervisor; substance use disorder counselors if meet Mental Health Professional Practice Act qualifications regarding substance use disorder (SUD) training & experience; peer support specialists, individuals trained to provide PRS.	Psychiatric diagnostic evaluations, psychotherapy, psychotherapy for crisis, therapeutic behavioral services, supportive living services, and psychosocial rehabilitative services.
Licensed Associate Marriage and Family Therapist (AMFT)	Utah Mental Health Professional Practice Act	Provider requires supervision. May supervise SSWs and individuals working toward licensure as an SSW; substance use disorder counselors if meet Mental Health Professional Practice Act qualifications regarding substance use disorder (SUD) training & experience; peer support specialists, individuals trained to provide PRS.	Psychiatric diagnostic evaluations, psychotherapy, psychotherapy for crisis, therapeutic behavioral services, supportive living services, and psychosocial rehabilitative services.
Licensed Clinical Mental Health Counselor (CMHC)	Utah Mental Health Professional Practice Act	Supervision is not required. May supervise ACMHCs, CSWs, CSW-Is, SSWs and individuals working toward licensure as an SSW, APRN interns specializing in psychiatric mental health nursing (non-medical services only) as delegated by the primary supervisor; substance use disorder counselors if meet Mental Health Professional Practice Act qualifications regarding substance use disorder (SUD) training & experience; peer support specialists, individuals trained to provide PRS.	Psychiatric diagnostic evaluations, psychotherapy, psychotherapy for crisis, therapeutic behavioral services, supportive living services, and psychosocial rehabilitative services.

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REHABILITATIVE SERVICES PRACTITIONERS CHART

Licensed Associate Clinical Mental Health Counselor (ACMHC)	Utah Mental Health Professional Practice Act	<p>Provider requires supervision.</p> <p>May supervise ACMHCs, CSWs, CSW-Is, SSWs and individuals working toward licensure as an SSW, APRN interns specializing in psychiatric mental health nursing (non-medical services only) as delegated by the primary supervisor; substance use disorder counselors if meet Mental Health Professional Practice Act qualifications regarding substance use disorder (SUD) training & experience; peer support specialists, individuals trained to provide PRS.</p>	Psychiatric diagnostic evaluations, psychotherapy, psychotherapy for crisis, therapeutic behavioral services, supportive living services, and psychosocial rehabilitative services.
Licensed Master Addiction Counselor	Utah Mental Health Professional Practice Act	<p>Provider requires supervision.</p> <p>May supervise ACMHCs, CSWs, CSW-Is, SSWs and individuals working toward licensure as an SSW, APRN interns specializing in psychiatric mental health nursing (non-medical services only) as delegated by the primary supervisor; substance use disorder counselors if meet Mental Health Professional Practice Act qualifications regarding substance use disorder (SUD) training & experience; peer support specialists, individuals trained to provide PRS.</p>	Psychiatric diagnostic evaluations, psychotherapy, psychotherapy for crisis, therapeutic behavioral services, supportive living services, and psychosocial rehabilitative services.
Licensed Associate Master Addiction Counselor	Utah Mental Health Professional Practice Act	<p>Provider requires supervision.</p> <p>May supervise SSWs and individuals working toward licensure as an SSW; substance use disorder counselors if meet Mental Health Professional Practice Act qualifications regarding substance use disorder (SUD) training & experience; peer support specialists, individuals trained to provide PRS.</p>	Psychiatric diagnostic evaluations, psychotherapy, psychotherapy for crisis, therapeutic behavioral services, supportive living services, and psychosocial rehabilitative services.
Licensed Behavioral Health Coach	Utah Mental Health Professional Practice Act	<p>Provider requires supervision.</p> <p>Provider may not supervise.</p>	Therapeutic behavioral services, group psychotherapy when cofacilitating with a licensed mental health therapist, supportive living services, and psychosocial rehabilitative services.
Students exempted from licensure while working toward licensure as a mental health therapist	Authorized to provide services while a student in a recognized school approved by the state and working towards licensure under the supervision of a qualified individual per state law	<p>Provider requires supervision</p> <p>Provider may not supervise.</p>	Psychiatric diagnostic evaluations, psychotherapy, psychotherapy for crisis, therapeutic behavioral services, supportive living services, and psychosocial rehabilitative services.

T.N. # UT-24-0024

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Supersedes T.N. UT-21-0009

Effective Date 1-1-25

REHABILITATIVE SERVICES PRACTITIONERS CHART

<p>Licensed Substance Use Disorder Counselors: Licensed Advanced Substance Use Disorder Counselor (ASUDC), Certified Advanced Substance Use Disorder Counselor (CASUDC), Certified Advanced Substance Use Disorder Counselor Intern (CASUDC-I), Licensed Substance Use Disorder Counselor (SUDC), Certified Substance Use Disorder Counselor (CSUDC), Certified Substance Use Disorder Counselor Intern (CSUDC-I)</p>	<p>Utah Mental Health Professional Practice Act</p>	<p>Provider requires supervision.</p> <p>ASUDCs may supervise all of the substance use disorder license types, peer support specialists & individuals trained to provide PRS when peer support services or PRS is provided to individuals with a substance use disorder;</p> <p>SUDCs may supervise peer support specialists & individuals trained to provide PRS when peer support services or PRS is provided to individuals with a substance use disorder.</p>	<p>Therapeutic behavioral services, supportive living services, group psychotherapy when cofacilitating with a licensed mental health therapist, and psychosocial rehabilitative services.</p>
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T.N. # UT-24-0024

Approval Date 3-26-25

Supersedes T.N. UT-24-0015

Effective Date 1-1-25

REHABILITATIVE SERVICES PRACTITIONERS CHART

Licensed Registered Nurse	Utah Nurse Practice Act	Provider requires supervision. May supervise LPNs, medical assistants, individuals trained to provide PRS	Therapeutic behavioral services, supportive living services, and psychosocial rehabilitative services.
Licensed Practical Nurse	Utah Nurse Practice Act	Provider requires supervision. Provider may not supervise.	Therapeutic behavioral services, supportive living services, and psychosocial rehabilitative services.
Certified Peer Support Specialist	Individuals certified in accordance with state law as having successfully completed the peer support training curriculum must meet state continuing education requirements to maintain certification.	Provider requires supervision. Provider may not supervise.	Peer support services.
Individual trained to provide Psychosocial Rehabilitative Services	Individuals hired by licensed treatment agencies that have completed required trainings and education on administrative and behavioral health policies and procedures within 60 days of hire	Provider requires supervision. Provider may not supervise.	Supportive living services, and psychosocial rehabilitative services.
Certified Behavioral Health Technician	Utah Mental Health Professional Act	Provider requires supervision. Provider may not supervise.	Psychosocial rehabilitative services and supportive living services.
Registered nursing student; individual enrolled in a qualified substance use disorder education program	Authorized to provide services while a student in a recognized school approved by the state and working towards licensure under the supervision of a qualified individual per state law.	Pursuant to state statute, by qualified faculty, staff, or designee Provider may not supervise.	Therapeutic behavioral services, supportive living services, and psychosocial rehabilitative services.

T.N. # UT-24-0024

Approval Date 3-26-25

Supersedes T.N. UT-21-0009

Effective Date 1-1-25