Table of Contents

State/Territory Name: Texas

State Plan Amendment (SPA) #: 22-0022

This file contains the following documents in the order listed:

- 1) Approval Letter
- 2) CMS 179 Form/Summary Form (with 179-like data)
- 3) Approved SPA Pages

DEPARTMENT OF HEALTH & HUMAN SERVICES

Centers for Medicare & Medicaid Services 601 E. 12th St., Room 355 Kansas City, Missouri 64106



Medicaid and CHIP Operations Group

January 23, 2024

Emily Zalkovsky State Medicaid Director Texas Health and Human Services Commission Mail Code: Hl00 P.O. Box 13247 Austin, TX 78711-3247

Re: Texas State Plan Amendment (SPA) 22-0022

Dear Emily Zalkovsky:

The Centers for Medicare & Medicaid Services (CMS) reviewed your Medicaid State Plan Amendment (SPA) submitted under transmittal number (TN) 22-0022. This amendment proposes to update the State Plan to include Collaborative Care Model (CoCM) services, as directed by Senate Bill 672, 87th Legislature, Regular Session, 2021.

We conducted our review of your submittal according to statutory requirements in Title XIX of the Social Security Act and implementing regulations 42 CFR §§440.50, 440.60. This letter is to inform you that Texas Medicaid SPA 22-0022 was approved on January 23, 2024, with an effective date of June 1, 2022.

If you have any questions, please contact Tobias Griffin at 214-767-4425 or via email at <u>Tobias.Griffin@cms.hhs.gov.</u>

Sincerely,

Digitally signed by James
G. Scott -S
Date: 2024.01.23
19:24:39 -06'00'

James G. Scott, Director Division of Program Operations

cc: Kathi Montalbano, Texas State Plan and Waiver Manager Ford Blunt, MCOG West Branch Acting Manager

FORM CMS-179 (09/24)

| STATE PLAN MATERIAL FOR: CENTERS FOR MEDICAIR & MEDICAID SERVICES TO: CENTER DIRECTOR CENTERS FOR MEDICAID & CHIP SERVICES DEPARTMENT OF HEALTH AND HUMAN SERVICES 5. FEDERAL STATUTE/REGULATION CITATION 42 CFR §§440.50, 440.60 7. PAGE NUMBER OF THE PLAN SECTION OR ATTACHMENT See attachment See attachment 9. SUBJECT OF AMENDMENT The purpose of the amendment is to update the State Plan to include Collaborative Care Mesenate Bill 672, 87th Legislature, Regular Session, 2021. 10. GOVERNOR'S OFFICE REPORTED NO COMMENT COMMENTS OF GOVERNOR'S OFFICE REPORTED NO COMMENT NO REPLY RECEIVED WITHIN 45 DAYS OF SUBMITTAL 11. SIGNATURE OF STATE AGENCY OFFICIAL Digitally signed by Emily Zalkovsky 13. TITLE Deputy State Medicaid Director 14. DATE SUBMITTED June 1, 2022 FOR CMS USE ONLY 16. DATE RECEIVED June 1, 2022 17. DATE APPROVED Jan PLAN APPROVED - ONE COPY ATTACHED | | |
|---|--|--|
| CENTERS FOR MEDICAID & CHIP SERVICES DEPARTMENT OF HEALTH AND HUMAN SERVICES 5. FEDERAL STATUTE/REGULATION CITATION 42 CFR §\$440.50, 440.60 7. PAGE NUMBER OF THE PLAN SECTION OR ATTACHMENT See attachment See attachment 9. SUBJECT OF AMENDMENT The purpose of the amendment is to update the State Plan to include Collaborative Care Missenate Bill 672, 87th Legislature, Regular Session, 2021. 10. GOVERNOR'S REVIEW (Check One) GOVERNOR'S OFFICE REPORTED NO COMMENT COMMENTS OF GOVERNOR'S OFFICE ENCLOSED NO REPLY RECEIVED WITHIN 45 DAYS OF SUBMITTAL 11. SIGNATURE OF STATE AGENCY OFFICIAL 12. TYPED NAME Emily Zalkovsky 13. TITLE Deputy State Medicaid Director 14. DATE SUBMITTED June 1, 2022 FOR CMS USE ONLY 16. DATE RECEIVED June 1, 2022 PLAN APPROVED - ONE COPY ATTACHED 18. EFFECTIVE DATE OF APPROVED MATERIAL G. FEDERAL BUDGET II a FFY 2022 b. FFY 2023 B. PAGENUMBER OF II a FFY 2022 b. FFY 2023 B. PAGENUMBER OF II a FFY 2022 b. FFY 2023 B. PAGENUMBER OF II A FFY 2022 b. FFY 2023 B. PAGENUMBER OF II A FFY 2022 b. FFY 2023 B. PAGENUMBER OF II A FFY 2022 b. FFY 2023 B. PAGENUMBER OF II A FFY 2022 b. FFY 2023 B. PAGENUMBER OF II A FFY 2022 b. FFY 2023 B. PAGENUMBER OF II A FFY 2022 b. FFY 2023 B. PAGENUMBER OF II A FFY 2022 b. FFY 2023 B. PAGENUMBER OF II A FFY 2022 b. FFY 2023 B. PAGENUMBER OF II A FFY 2022 b. FFY 2023 B. PAGENUMBER OF II A FFY 2022 b. FFY 2023 B. PAGENUMBER OF II A FFY 2022 b. FFY 2023 B. PAGENUMBER OF II A FFY 2023 | 0 2 2 TION: TITLE X | 2. STATE T X IX OF THE SOCIAL |
| 42 CFR §§440.50, 440.60 7. PAGE NUMBER OF THE PLAN SECTION OR ATTACHMENT See attachment 8. PAGENUMBER OF THE PLAN SECTION OR ATTACHMENT OR ATTACHMENT (If. See attachment 9. SUBJECT OF AMENDMENT The purpose of the amendment is to update the State Plan to include Collaborative Care McSenate Bill 672, 87th Legislature, Regular Session, 2021. 10. GOVERNOR'S REVIEW (Check One) GOVERNOR'S OFFICE REPORTED NO COMMENT COMMENTS OF GOVERNOR'S OFFICE ENCLOSED NO REPLY RECEIVED WITHIN 45 DAYS OF SUBMITTAL 11. SIGNATURE OF STATE AGENCY OFFICIAL 12. TYPED NAME Emily Zalkovsky 13. TITLE Deputy State Medicaid Director 14. DATE SUBMITTED June 1, 2022 FOR CMS USE ONLY 16. DATE RECEIVED June 1, 2022 17. DATE APPROVED Jan PLAN APPROVED - ONE COPY ATTACHED 18. EFFECTIVE DATE OF APPROVED MATERIAL | 4. PROPOSED EFFECTIVE DATE 06/01/2022 | |
| The purpose of the amendment is to update the State Plan to include Collaborative Care Mc Senate Bill 672, 87th Legislature, Regular Session, 2021. 10. GOVERNOR'S REVIEW (Check One) GOVERNOR'S OFFICE REPORTED NO COMMENT COMMENTS OF GOVERNOR'S OFFICE ENCLOSED NO REPLY RECEIVED WITHIN 45 DAYS OF SUBMITTAL 11. SIGNATURE OF STATE AGENCY OFFICIAL Digitally signed by Emily Zalkovsky Digitally signed by Emily State Medicaid Director) 12. TYPED NAME Emily Zalkovsky 13. TITLE Deputy State Medicaid Director 14. DATE SUBMITTED June 1, 2022 FOR CMS USE ONLY 16. DATE RECEIVED June 1, 2022 PLAN APPROVED - ONE COPY ATTACHED 18. EFFECTIVE DATE OF APPROVED MATERIAL | \$ 0 \$ 0 E SUPERSE | DED PLAN SECTION |
| GOVERNOR'S OFFICE REPORTED NO COMMENT COMMENTS OF GOVERNOR'S OFFICE ENCLOSED NO REPLY RECEIVED WITHIN 45 DAYS OF SUBMITTAL 11. SIGNATURE OF STATE AGENCY OFFICIAL Digitally signed by Emily Zaikovsky Date: 2022 06.01 17:03:05-05:00' 12. TYPED NAME Emily Zaikovsky 13. TITLE Deputy State Medicaid Director 14. DATE SUBMITTED June 1, 2022 FOR CMS USE ONLY 16. DATE RECEIVED June 1, 2022 17. DATE APPROVED Jane PLAN APPROVED - ONE COPY ATTACHED | del (CoCM) | services, as directed by |
| Digitally signed by Emily Zalkovsky Date: 2022 06.01 17:03:05-05'00' 12. TYPED NAME Emily Zalkovsky 13. TITLE Deputy State Medicaid Director 14. DATE SUBMITTED June 1, 2022 FOR CMS USE ONLY 16. DATE RECEIVED June 1, 2022 17. DATE APPROVED Jane PLAN APPROVED - ONE COPY ATTACHED | | to Governor's Office this e forwarded upon receipt. |
| Zalkovsky Date: 2022 06.01 17:03:05-05'00' State Medic Post Office Austin, Tex (Signing on behalf of Stephanie Stephens, State Medicaid Director) 12. TYPED NAME Emily Zalkovsky 13. TITLE Deputy State Medicaid Director 14. DATE SUBMITTED June 1, 2022 FOR CMS USE ONLY 16. DATE RECEIVED June 1, 2022 17. DATE APPROVED Jan PLAN APPROVED - ONE COPY ATTACHED | | |
| 12. TYPED NAME Emily Zalkovsky 13. TITLE Deputy State Medicaid Director 14. DATE SUBMITTED June 1, 2022 FOR CMS USE ONLY 16. DATE RECEIVED June 1, 2022 17. DATE APPROVED Jan PLAN APPROVED - ONE COPY ATTACHED 18. EFFECTIVE DATE OF APPROVED MATERIAL | aid Director Box 13247, | |
| 13. TITLE Deputy State Medicaid Director 14. DATE SUBMITTED June 1, 2022 FOR CMS USE ONLY 16. DATE RECEIVED June 1, 2022 17. DATE APPROVED Jan PLAN APPROVED - ONE COPY ATTACHED 18. EFFECTIVE DATE OF APPROVED MATERIAL | | |
| 14. DATE SUBMITTED June 1, 2022 FOR CMS USE ONLY 16. DATE RECEIVED June 1, 2022 17. DATE APPROVED Jan PLAN APPROVED - ONE COPY ATTACHED 18. EFFECTIVE DATE OF APPROVED MATERIAL | | |
| June 1, 2022 FOR CMS USE ONLY 16. DATE RECEIVED June 1, 2022 17. DATE APPROVED Jan PLAN APPROVED - ONE COPY ATTACHED 18. EFFECTIVE DATE OF APPROVED MATERIAL | | |
| 16. DATE RECEIVED June 1, 2022 17. DATE APPROVED Jan PLAN APPROVED - ONE COPY ATTACHED 18. EFFECTIVE DATE OF APPROVED MATERIAL | | |
| PLAN APPROVED - ONE COPY ATTACHED 18. EFFECTIVE DATE OF APPROVED MATERIAL RO | | |
| 18. EFFECTIVE DATE OF APPROVED MATERIAL RO | uary 23, 202 | 24 |
| 18. EFFECTIVE DATE OF APPROVED MATERIAL June 1, 2022 | | |
| | /ING OFFICE Digital Date: 2 | JAL lly signed by James G. Scott - 2024.01.23 19:25:40 -06'00' |
| 20. TYPED NAME OF APPROVING OFFICIAL 21. TITLE OF APPROVING O | The second Particular Second S | |
| James G. Scott Director, Division o | Program O | perations |
| 22. REMARKS | | |

Attachment to Block 6 of CMS Form 179

Transmittal Number 22-0022

| | Total Fiscal Impact | Federal | State |
|----------|---------------------|---------|-------|
| FFY 2022 | \$0 | \$0 | \$0 |
| FFY 2023 | \$0 | \$0 | \$0 |
| FFY 2024 | \$0 | \$0 | \$0 |

For the estimated fiscal impact of Collaborative Care Model services, refer to the State Plan amendment, transmittal number 22-0025 related to reimbursement, as it includes the fiscal impact of adding these services.

Attachment to Blocks 7 & 8 of CMS Form 179

Transmittal Number 22-0022

| Number of the Plan Section or Attachment | Number of the Superseded Plan Section or Attachment |
|---|--|
| Supplement to Attachment 3.1-A Page 9b Page 13b Page 13b.1 Page 13f | Supplement to Attachment 3.1-A New Page 93-12 new page 07-26 |
| Supplement to Attachment 3.1-B Page 9b Page 13b Page 13b.1 Page 13f | Supplement to Attachment 3.1-B New Page 93-12 new page 07-26 |

5. Physicians' and Dentists' Services

- (d) Collaborative Care Model Services
 - (1) Effective June 1, 2022, physician services will include Collaborative Care Model (CoCM) services provided to Medicaid eligible recipients who have a mental health or substance use condition to include a suspected or pre-existing condition, if medically necessary. Physician services must be provided by a qualified physician who meets the requirements of, and in accordance with, 42 CFR §440.50 and other applicable state and federal law or regulation. See section 6.d (12) for CoCM services provided in primary care settings by other health care professionals.

TN: <u>22-0022</u> Approval Date: <u>01/23/2024</u>
Supersedes TN: <u>new page</u> Effective Date: <u>06/01/2022</u>

6.d.(4) Other Categories of Advanced Nurse Practitioner Services

Advanced nurse practitioner—A registered professional nurse currently licensed in the State of Texas, who is prepared for advanced nursing practice by virtue of knowledge and skills obtained through a post-basic or advanced educational program of study acceptable to the Board of Nurse Examiners for the State of Texas. The advanced nurse practitioner is prepared to practice in an expanded role to provide health care to individuals, families, and/or groups in variety of settings. The advanced nurse practitioner functions in a collegial relationship with other health care professionals regarding health regimens.

In addition to the coverage of services performed by certified nurse midwives, certified registered nurse anesthetists, certified pediatric nurse practitioners, and certified family nurse practitioners described elsewhere in this state plan and subject to the specification, conditions, requirements, and limitations established by the Single State Agency or its designee, services performed by advanced nurse practitioners are covered if the services: 1) are within the scope of practice for advanced nurse practitioners, as defined by state law; 2) are consistent with rules and regulations promulgated by the Board of Nurse Examiners for the State of Texas or other appropriate state licensing authority; and 3) would be covered by the Texas Medical Assistance Program if provided by a licensed physician (M.D. or D.O.).

To be payable, services must be reasonable and medically necessary as determined by the Single State Agency or its designee.

The advanced nurse practitioner must comply with all applicable federal and state laws and regulations governing the services provided; be enrolled and approved for participation in the Texas Medical Assistance Program; sign a written provider agreement with the Single State Agency or its designee; comply with the terms of the provider agreement and all requirements of the Texas Medical Assistance Program, including regulations, rules, handbooks, standards, and guidelines published by the Single State Agency or its designee; and bill for services covered by the Texas Medical Assistance Program in the manner and format prescribed by the Single State Agency or its designee.

Advanced nurse practitioners who are employed or remunerated by a physician, hospital, facility, or other provider must not bill the Texas Medical Assistance Program directly for their services if the billing would result in duplicate payment for the same services. If the services are coverable and reimbursable by the program, payment may be made to the physician, hospital, or other provider (if the provider is approved for

TN: <u>22-0022</u> Approval Date: 01/23/2024

Supersedes TN: 93-12 Effective Date: 06/01/2022

6.d.(4) Other Categories of Advanced Nurse Practitioner Services (continued)

participation in the Texas Medical Assistance Program) who employs or reimburses advanced nurse practitioners. The basis and amount of Medicaid reimbursement depend on the services actually provided, who provided the services, and the reimbursement methodology determined by the Texas Medical Assistance Program as appropriate for the services and providers involved.

Effective June 1, 2022, advanced nurse practitioner services will include Collaborative Care Model services for persons who have a mental health or substance use condition to include a pre-existing or suspected mental health or substance use condition. Advanced nurse practitioners will furnish Collaborative Care Model services in accordance with their scope of practice and licensure as defined by state law.

TN: <u>22-0022</u> Approval Date: <u>01/23/2024</u>

Supersedes TN: <u>new page</u> Effective Date: <u>06/01/2022</u>

6.d.(9). Services provided by Physician Assistants.

- (a) Services performed by physician assistants are covered if the services are within the scope of practice for physician assistants, as defined by state law; are consistent with rules and regulations promulgated by the Texas Physician Assistant Board or other appropriate state licensing authority; and are covered services under the Texas Medical Assistance Program.
- (b) Physician Assistants are health care professionals who are licensed by the state to practice as physician assistants, who have met and maintained the eligibility requirements set forth in the law (such as successful completion of an educational program accredited by the Accreditation Review Commission on Education for the Physician Assistant for the training of physician assistants and certification as such by the National Commission on Certification of Physician Assistants). For services to be payable to these professionals, the professional must be licensed as a Physician Assistant; comply with all applicable federal and state laws governing the service provided; be enrolled in, and approved for participation in, the Texas Medical Assistance Program; must sign a written agreement with the single state agency or its designee; must comply with the terms of the provider agreement and all requirements of the Texas Medical Assistance Program, including federal and state regulations, rules, handbooks, standards, and guidelines published by the single state agency or its designee; and bill for services covered by the Texas Medical Assistance Program in the manner and format prescribed by the single state agency or its designee.
- (c) Physician Assistants who are employed or remunerated by a physician may bill the Texas Medical Assistance Program and be paid directly for their services. (Both the physician assistant and the employing/contracting entity may not bill services if that billing would result in duplicate payment for the same services.) If the services are reimbursable by the program, payment may be made to the entity (if approved for participation in the Texas Medical Assistance Program) that employs or reimburses the Physician Assistant The basis and amount of Medicaid reimbursement depends on the services actually provided, who provided the service, and the reimbursement methodology utilized by the Texas Medical Assistance Program as appropriate for the services and provider(s) involved.
- (d) Effective June 1, 2022, physician assistant services will include Collaborative Care Model services for persons who have a mental health or substance use condition to include a pre-existing or suspected mental health or substance use condition. Physician assistants will furnish Collaborative Care Model services in accordance with their scope of practice and licensure as defined by state law.

TN: <u>22-0022</u> Approval Date: 01/23/2024

Supersedes TN: <u>07-26</u> Effective Date: <u>06/01/2022</u>

5. Physicians' and Medical and Surgical Services of a Dentist

- (d) Collaborative Care Model Services
 - (1) Effective June 1, 2022, physician services will include Collaborative Care Model (CoCM) services provided to Medicaid eligible recipients who have a mental health or substance use condition to include a suspected or pre-existing condition, if medically necessary. Physician services must be provided by a qualified physician who meets the requirements of, and in accordance with, 42 CFR §440.50 and other applicable state and federal law or regulation. See section 6.d (12) for CoCM services provided in primary care settings by other health care professionals.

TN: <u>22-0022</u> Approval Date: <u>01/23/2024</u> Supersedes TN: new page Effective Date: <u>06/01/2022</u>

6.d.(4) Other Categories of Advanced Nurse Practitioner Services

Advanced nurse practitioner—A registered professional nurse currently licensed in the State of Texas, who is prepared for advanced nursing practice by virtue of knowledge and skills obtained through a post-basic or advanced educational program of study acceptable to the Board of Nurse Examiners for the State of Texas. The advanced nurse practitioner is prepared to practice in an expanded role to provide health care to individuals, families, and/or groups in variety of settings. The advanced nurse practitioner functions in a collegial relationship with other health care professionals regarding health regimens.

In addition to the coverage of services performed by certified nurse midwives, certified registered nurse anesthetists, certified pediatric nurse practitioners, and certified family nurse practitioners described elsewhere in this state plan and subject to the specification, conditions, requirements, and limitations established by the Single State Agency or its designee, services performed by advanced nurse practitioners are covered if the services: 1) are within the scope of practice for advanced nurse practitioners, as defined by state law; 2) are consistent with rules and regulations promulgated by the Board of Nurse Examiners for the State of Texas or other appropriate state licensing authority; and 3) would be covered by the Texas Medical Assistance Program if provided by a licensed physician (M.D. or D.O.).

To be payable, services must be reasonable and medically necessary as determined by the Single State Agency or its designee.

The advanced nurse practitioner must comply with all applicable federal and state laws and regulations governing the services provided; be enrolled and approved for participation in the Texas Medical Assistance Program; sign a written provider agreement with the Single State Agency or its designee; comply with the terms of the provider agreement and all requirements of the Texas Medical Assistance Program, including regulations, rules, handbooks, standards, and guidelines published by the Single State Agency or its designee; and bill for services covered by the Texas Medical Assistance Program in the manner and format prescribed by the Single State Agency or its designee.

Advanced nurse practitioners who are employed or remunerated by a physician, hospital, facility, or other provider must not bill the Texas Medical Assistance Program directly for their services if the billing would result in duplicate payment for the same services. If the services are coverable and reimbursable by the program, payment may be made to the physician, hospital, or other provider (if the provider is approved for

6.d.(4) Other Categories of Advanced Nurse Practitioner Services (continued)

participation in the Texas Medical Assistance Program) who employs or reimburses advanced nurse practitioners. The basis and amount of Medicaid reimbursement depend on the services actually provided, who provided the services, and the reimbursement methodology determined by the Texas Medical Assistance Program as appropriate for the services and providers involved.

Effective June 1, 2022, advanced nurse practitioner services will include Collaborative Care Model services for persons who have a mental health or substance use condition to include a pre-existing or suspected mental health or substance use condition. Advanced nurse practitioners will furnish Collaborative Care Model services in accordance with their scope of practice and licensure as defined by state law.

6.d.(9). Services provided by Physician Assistants.

- (a) Services performed by physician assistants are covered if the services are within the scope of practice for physician assistants, as defined by state law; are consistent with rules and regulations promulgated by the Texas Physician Assistant Board or other appropriate state licensing authority; and are covered services under the Texas Medical Assistance Program.
- (b) Physician Assistants are health care professionals who are licensed by the state to practice as physician assistants, who have met and maintained the eligibility requirements set forth in the law (such as successful completion of an educational program accredited by the Accreditation Review Commission on Education for the Physician Assistant for the training of physician assistants and certification as such by the National Commission on Certification of Physician Assistants). For services to be payable to these professionals, the professional must be licensed as a Physician Assistant; comply with all applicable federal and state laws governing the service provided; be enrolled in, and approved for participation in, the Texas Medical Assistance Program; must sign a written agreement with the single state agency or its designee; must comply with the terms of the provider agreement and all requirements of the Texas Medical Assistance Program, including federal and state regulations, rules, handbooks, standards, and quidelines published by the single state agency or its designee; and bill for services covered by the Texas Medical Assistance Program in the manner and format prescribed by the single state agency or its designee.
- (c) Physician Assistants who are employed or remunerated by a physician may bill the Texas Medical Assistance Program and be paid directly for their services. (Both the physician assistant and the employing/contracting entity may not bill services if that billing would result in duplicate payment for the same services.) If the services are reimbursable by the program, payment may be made to the entity (if approved for participation in the Texas Medical Assistance Program) that employs or reimburses the Physician Assistant. The basis and amount of Medicaid reimbursement depends on the services actually provided, who provided the service, and the reimbursement methodology utilized by the Texas Medical Assistance Program as appropriate for the services and provider(s) involved.
- (d) Effective June 1, 2022, physician assistant services will include Collaborative Care Model services for persons who have a mental health or substance use condition to include a pre-existing or suspected mental health or substance use condition. Physician assistants will furnish Collaborative Care Model services in accordance with their scope of practice and licensure as defined by state law.

TN: <u>22-0022</u> Approval Date: <u>01/23/2024</u> Supersedes TN: <u>07-26</u> Effective Date: <u>06/01/2022</u>