

## **Table of Contents**

**State/Territory Name: South Dakota**

**State Plan Amendment (SPA) #: 22-0007**

This file contains the following documents in the order listed:

- 1) Approval Letter
- 2) CMS Form 179
- 3) Approved SPA Pages

DEPARTMENT OF HEALTH & HUMAN SERVICES  
Centers for Medicare & Medicaid Services  
601 E. 12th St., Room 355  
Kansas City, Missouri 64106



**Medicaid and CHIP Operations Group**

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August 29, 2022

Sarah Aker, Medicaid Director  
Department of Social Services  
Richard F. Kneip Building  
700 Governors Drive  
Pierre, SD 57501-2291

RE: TN 22-0007

Dear Ms. Aker:

The Centers for Medicare & Medicaid Services (CMS) has completed its review of South Dakota's State Plan Amendment (SPA) Transmittal #22-0007, submitted on June 24, 2022. The SPA amends the preventative services benefit to allow dentists to also order community health worker services, clarifies what services are considered non-covered, and updates the community health worker certification criteria.

CMS approved SPA #22-0007 on August 29, 2022, with an effective date of June 1, 2022. Enclosed is a copy of the CMS-179 summary form, as well as the approved pages for incorporation into the South Dakota State Plan.

If you have any questions regarding this amendment, please contact Mandy Strom at [mandy.strom@cms.hhs.gov](mailto:mandy.strom@cms.hhs.gov) or (303)844-7068.

Sincerely,



James G. Scott, Director  
Division of Program Operations

Enclosures

cc: Matthew Ballard, South Dakota Medicaid  
Renae Hericks, South Dakota Medicaid

**TRANSMITTAL AND NOTICE OF APPROVAL OF  
STATE PLAN MATERIAL  
FOR: CENTERS FOR MEDICARE & MEDICAID SERVICES**

1. TRANSMITTAL NUMBER <u>2 2 - 0 0 0 7</u>	2. STATE <u>SD</u>
3. PROGRAM IDENTIFICATION: TITLE OF THE SOCIAL SECURITY ACT <input checked="" type="radio"/> XIX <input type="radio"/> XXI	
4. PROPOSED EFFECTIVE DATE <u>June 1, 2022</u>	
5. FEDERAL STATUTE/REGULATION CITATION <u>42 CFR 440.130</u>	6. FEDERAL BUDGET IMPACT (Amounts in WHOLE dollars) a. FFY <u>2022</u> \$ <u>0</u> b. FFY <u>2023</u> \$ <u>0</u>
7. PAGE NUMBER OF THE PLAN SECTION OR ATTACHMENT <u>Page 26a and 26b of Supplement to Attachment 3.1-A *</u>	8. PAGE NUMBER OF THE SUPERSEDED PLAN SECTION OR ATTACHMENT (If Applicable) <u>Page 26a and 26b of Supplement to Attachment 3.1-A TN# 19-05*</u>

TO: CENTER DIRECTOR  
CENTERS FOR MEDICAID & CHIP SERVICES  
DEPARTMENT OF HEALTH AND HUMAN SERVICES

5. FEDERAL STATUTE/REGULATION CITATION  
42 CFR 440.130

7. PAGE NUMBER OF THE PLAN SECTION OR ATTACHMENT  
Page 26a and 26b of Supplement to Attachment 3.1-A \*

9. SUBJECT OF AMENDMENT

To provide additional flexibilities regarding community health worker services.

10. GOVERNOR'S REVIEW (Check One)

- GOVERNOR'S OFFICE REPORTED NO COMMENT  
 COMMENTS OF GOVERNOR'S OFFICE ENCLOSED  
 NO REPLY RECEIVED WITHIN 45 DAYS OF SUBMITTAL

OTHER, AS SPECIFIED:

11. SIGNATURE OF STATE AGENCY OFFICIAL

[Redacted Signature]

12. TYPED NAME  
Laurie R. Gill

13. TITLE  
Cabinet Secretary

14. DATE SUBMITTED  
June 24, 2022

15. RETURN TO

DEPARTMENT OF SOCIAL SERVICES  
DIVISION OF MEDICAL SERVICES  
700 GOVERNORS DRIVE  
PIERRE, SD 57501-2291

**FOR CMS USE ONLY**

16. DATE RECEIVED  
June 24, 2022

17. DATE APPROVED  
August 29, 2022

**PLAN APPROVED - ONE COPY ATTACHED**

18. EFFECTIVE DATE OF APPROVED MATERIAL  
June 1, 2022

19. [Redacted]

20. TYPED NAME OF APPROVING OFFICIAL  
James G. Scott

21. TITLE OF APPROVING OFFICIAL  
Director, Division of Program Operations

22. REMARKS

\* South Dakota authorized pen & ink change on August 16, 2022, to add "Supplement to" in box 7 and box 8 of the 179.

13c. Preventive Services

## 1. Diabetes Self-Management Training

Diabetes Self-Management Training is a preventive health service for persons diagnosed with diabetes. The service requires a physician referral. The training will increase the individual's understanding of diabetes progression and enable monitoring skills to prevent complications, disease progression, and disability

Training content is based upon the American Diabetes Association and South Dakota Department of Health standards. Enrolled diabetes education training providers must be capable of offering instruction in each of the content areas as established by the American Diabetes Association and Department of Health standards. Examples include, but are not limited to, diabetes overview, nutrition, exercise and activity, foot care, skin care, dental care, medications, and medication management.

Covered Services

The following services are covered:

- a. Individual diabetes self-management training
- b. Group diabetes self-management training

Practitioner Qualifications

Outpatient diabetes self-management education must be provided by a diabetes education team that is certified or recognized by the American Diabetes Association or the South Dakota Department of Health. The team must consist of licensed RNs and licensed dietitians to meet certification standards. Claims must be submitted by an enrolled provider.

Limitations

- a. Outpatient diabetes self-management education is limited to ten hours of comprehensive education for newly-diagnosed recipients and follow-up education sessions of two hours per year based upon assessment of need and documented physician order. Limits can be exceeded if determined medically necessary by the state.
- b. Diabetes self-management education is not separately covered when:
  - 1) The individual is institutionalized and the training is not delivered in an outpatient setting; or
  - 2) The individual receives this service in a FQHC or RHC.

## 2. Community Health Worker Services

Community Health Worker services is a preventive health service to prevent disease, disability, and other health conditions or their progression for individuals with a chronic condition or at risk for a chronic condition who are unable to self-manage the condition or for individuals with a documented barrier that is affecting the individual's health.

Community health worker services must be ordered by a physician, physician assistant, nurse practitioner, certified nurse midwife, or dentist and delivered according to a care plan. Services must be related to a medical intervention outlined in the individual's care plan and may include the following:

- a. Health system navigation and resource coordination includes helping a recipient find Medicaid providers to receive a covered service, helping a recipient make an appointment for a Medicaid covered service, arranging transportation to a medical appointment, attending an appointment with the recipient for a covered medical service, and helping a recipient find other relevant community resources such as support groups.
- b. Health promotion and coaching includes providing information or training to recipients that make positive contributions to their health status such as cessation of tobacco use, reduction in the misuse of alcohol or drugs, improvement in nutrition, improvement of

physical fitness, family planning, control of stress, pregnancy and infant care including prevention of fetal alcohol syndrome.

- c. Health education and training to train and/or promote to recipients methods and measures that have been proven effective in avoiding illness and/or lessening its effects including, but not limited to, immunizations, control of high blood pressure, control of sexually transmittable disease, prevention and control of diabetes, control of toxic agents, occupational safety and health, and accident prevention. The content of the education must be consistent with established or recognized healthcare standards.

The following services are non-covered services:

- a. Advanced care planning;
- b. Advocacy on behalf of the recipient;
- c. Case management/care management;
- d. Child care;
- e. Chore services including shopping and cooking;
- f. Companion services;
- g. Employment services;
- h. Exercise classes;
- i. Helping a recipient enroll in government programs or insurance;
- j. Interpreter services;
- k. Medication, medical equipment, or medical supply delivery;
- l. Personal care services/homemaker services;
- m. Respite care;
- n. Services not listed in the recipient's care plan;
- o. Services provided prior to the recipient's care plan being finalized;
- p. Services provided to non-Medicaid patients;
- q. Services that duplicate another covered Medicaid service;
- r. Socialization;
- s. Transporting the recipient; and
- t. Travel time.

#### Community Health Worker Qualifications

Providers must be enrolled with South Dakota Medicaid as a community health worker agency. Individual community health workers must be employed and supervised by an enrolled community health worker agency.

#### Community Health Worker Certification

Effective January 1, 2023, CHWs must be certified by the Community Health Worker Collaborative of South Dakota in order for the service to be covered. For services to be covered prior to January 1, 2023 CHWs must either be certified by the Community Health Worker Collaborative of South Dakota or have completed one of the following: Indian Health Services Community Health Representative basic training, a community health worker program approved by the South Dakota Board of Technical Education, the South Dakota Board of Regents, the Community Health Worker Collaborative of South Dakota, or a Community Health Worker training program approved by the department.

#### Continuing Education

Community Health Workers must complete a minimum of 6 hours of continuing education training annually.