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State/Territory Name: Oklahoma

State Plan Amendment (SPA) #: 23-0014

This file contains the following documents in the order listed:

- 1) Approval Letter
- 2) CMS 179 Form/Summary Form
- 3) Approved SPA Pages

DEPARTMENT OF HEALTH & HUMAN SERVICES
Centers for Medicare & Medicaid Services
601 E. 12th St., Room 355
Kansas City, Missouri 64106



Medicaid and CHIP Operations Group

June 29, 2023

Traylor Rains
State Medicaid Director
Oklahoma Health Care Authority (OHCA)
4345 N. Lincoln Blvd.
Oklahoma City, OK 73105

Re: Oklahoma State Plan Amendment (SPA) 23-0014

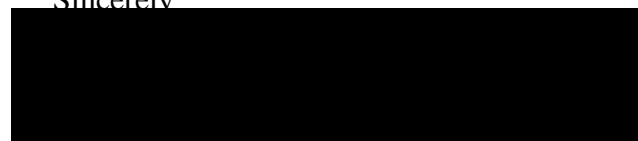
Dear Director Rains:

The Centers for Medicare & Medicaid Services (CMS) reviewed your Medicaid State Plan Amendment (SPA) submitted under transmittal number (TN) OK 23-0014. This amendment proposes to add doula service coverage, providing emotional, physical, and informational support services during the prenatal, labor and delivery, and postpartum periods.

We conducted our review of your submittal according to statutory requirements in Title XIX of the Social Security Act and implementing regulations 42 Code of Federal Regulations (CFR) 440.130(c). This letter is to inform you that Oklahoma Medicaid SPA 23-0014 was approved on June 26, 2023, with an effective date of July 1, 2023.

If you have any questions, please contact Stacey Steiner at (469) 904-1068, or via email at stacey.steiner@cms.hhs.gov.

Sincerely,



Division of Program Operations

Enclosures

cc: Sandra Puebla, OHCA
Kasie McCarty, OHCA
Heather Cox, OHCA

**TRANSMITTAL AND NOTICE OF APPROVAL OF
STATE PLAN MATERIAL
FOR: CENTERS FOR MEDICARE & MEDICAID SERVICES**

1. TRANSMITTAL NUMBER <u>2 3 — 0 0 1 4</u>	2. STATE <u>O K</u>
3. PROGRAM IDENTIFICATION: TITLE <u>XIX</u> OF THE SOCIAL SECURITY ACT	

TO: CENTER DIRECTOR CENTERS FOR MEDICAID & CHIP SERVICES DEPARTMENT OF HEALTH AND HUMAN SERVICES	4. PROPOSED EFFECTIVE DATE 07/01/2023
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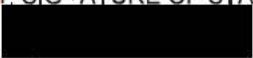
5. FEDERAL STATUTE/REGULATION CITATION 42 CFR 440.130(c)	6. FEDERAL BUDGET IMPACT (Amounts in WHOLE dollars) a. FFY <u>2023</u> \$ <u>460,502</u> b. FFY <u>2024</u> \$ <u>1,856,911</u>
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7. PAGE NUMBER OF THE PLAN SECTION OR ATTACHMENT Attachment 3.1-A Page 6 Attachment 3.1-A Page 6a-1 Attachment 3.1-A Page 6aa-1 Attachment 4.19-B Introduction Page 2 Attachment 4.19-B Page 46	8. PAGE NUMBER OF THE SUPERSEDED PLAN SECTION OR ATTACHMENT (If Applicable) Attachment 3.1-A Page 6; TN # 90-24 Attachment 3.1-A Page 6a-1; TN # 03-14 Attachment 3.1-A Page 6aa-1; NEW Attachment 4.19-B Introduction Page 2; TN # 22-0032 Attachment 4.19-B Page 46; NEW
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9. SUBJECT OF AMENDMENT
To add Doula service coverage, providing emotional, physical, and informational support services during the prenatal, labor and delivery, and postpartum periods.

10. GOVERNOR'S REVIEW (Check One)


<input type="checkbox"/> GOVERNOR'S OFFICE REPORTED NO COMMENT	<input checked="" type="checkbox"/> OTHER, AS SPECIFIED: The governor's office does not review state plan material.
<input type="checkbox"/> COMMENTS OF GOVERNOR'S OFFICE ENCLOSED	
<input type="checkbox"/> NO REPLY RECEIVED WITHIN 45 DAYS OF SUBMITTAL	

11. SIGNATURE OF STATE AGENCY OFFICIAL 	15. RETURN TO Oklahoma Health Care Authority Attn: Traylor Rains 4345 N. Lincoln Blvd. Oklahoma City, OK 73105 cc: Sandra Puebla; Kasie McCarty; Heather Cox
12. TYPED NAME Traylor Rains	
13. TITLE State Medicaid Director	
14. DATE SUBMITTED 4/12/2023	

FOR CMS USE ONLY

16. DATE RECEIVED April 11, 2023	17. DATE APPROVED June 26, 2023
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PLAN APPROVED - ONE COPY ATTACHED

18. EFFECTIVE DATE OF APPROVED MATERIAL July 1, 2023	19. SIGNATURE OF APPROVING OFFICIAL 
20. TYPED NAME OF APPROVING OFFICIAL James G. Scott	21. TITLE OF APPROVING OFFICIAL Director, Division of Program Operations

22. REMARKS

**AMOUNT, DURATION AND SCOPE OF MEDICAL
AND REMEDIAL CARE AND SERVICES PROVIDED TO THE CATEGORICALLY NEEDY**

b. Screening services.

- Provided: No limitations With limitations*
 Not Provided.

c. Preventive services.

- Provided: No limitations With limitations*
 Not Provided.

d. Rehabilitative services.

- Provided: No limitations With limitations*
 Not Provided.

14. Services for individuals age 65 and older in institutions for mental diseases.

a. Inpatient hospital services.

- Provided: No limitations With limitations*
 Not provided.

b. Nursing facility services.

- Provided: No limitations With limitations*
 Not provided.

*Description provided on attachment.

Revised 07-01-23

TN# 23-0014

Approval Date: June 26, 2023

Effective Date: July 1, 2023

Supersedes TN# 90-24

**AMOUNT, DURATION AND SCOPE OF MEDICAL
AND REMEDIAL CARE AND SERVICES PROVIDED TO THE CATEGORICALLY NEEDY**

13. Other diagnostic, screening, preventive and rehabilitative services, i.e., other than those provided elsewhere in this plan.
 - b. Screening Services

Refer to Attachment 3.1-A, Page 1a-4.
 - c. Preventive Services

Refer to Attachment 3.1-A, Page 6aa-1
 - d. Rehabilitative Services

**AMOUNT, DURATION AND SCOPE OF MEDICAL
AND REMEDIAL CARE AND SERVICES PROVIDED TO THE CATEGORICALLY NEEDY**

13.c Preventive Services

A doula, or birth worker, is a trained professional who provides emotional, physical, and informational support during the prenatal, labor, delivery, and postpartum periods. Doulas are non-clinical and do not provide medical care. Doulas should not replace the services of licensed and trained medical professionals including, but not limited to, physicians, physician assistants, advanced practice registered nurses, and certified nurse midwives.

Services:

Doula services may include, but are not limited to:

- Providing emotional and physical support, including but not limited to prenatal coaching, physical comfort measures, and person-centered care honoring cultural and family traditions;
- Advocating and working as part of the beneficiary's multidisciplinary team;
- Prenatal counseling and assisting the beneficiary in preparing for and carrying out plans for birth;
- Teaching and advocating on behalf of the birthing parent during appointment visits;
- Facilitating and assuring access and linkage to resources that can improve birth-related outcomes, such as transportation, housing, alcohol & drug cessation, WIC, SNAP, and intimate partner violence resources;
- Providing ongoing education, with emphasis on postpartum care and resources;
- Providing information on infant feeding, breastfeeding guidance and resources, including referrals to lactation consultants as needed; and
- Supporting the whole birth team, including the birthing parent's partner, family members and other support persons.

Limitations:

- Doula services must be recommended by a physician or other licensed practitioner of the healing arts, including physician assistants, certified nurse practitioners, obstetricians, or certified nurse midwives.
- Beneficiaries are allowed eight prenatal/postpartum visits and one Labor & Delivery Care visit. Visits have a minimum duration of 60 minutes and may be conducted in person or via telehealth, but the Labor & Delivery Care visit may not be conducted via telehealth. The doula will work with the beneficiary to determine how to utilize these visits to best meet the needs of the beneficiary, including how many visits will occur during the prenatal period or postpartum period.
 - A prior authorization is required for additional visits, for beneficiaries with extenuating medical circumstances.
- Doulas will coordinate directly with the beneficiary to determine the most appropriate service location for prenatal and postpartum visits, which may include the beneficiary's residence, the physician's office, the doula's office, a hospital, or in the community. The Labor & Delivery Care visit may not occur in the beneficiary's residence.
- For the Early and Periodic Screening, Diagnostic, and Treatment (EPSDT) population, services are furnished based on medical necessity.

Eligible Providers:

- All providers of doula services must be at least 18 years of age and have an NPI number.
- Providers must be certified by an organization recognized by the Oklahoma Health Care Authority for the certification of doulas. This list may be found at www.oklahoma.gov/ohca/doula.
 - The types of certifications accepted are:
 - Birth Doula
 - Postpartum Doula
 - Full-Spectrum Doula
 - Community-Based Doula

NEW 07-01-23

TN# 23-0014

Approval Date: June 26, 2023

Effective Date: July 1, 2023Supersedes TN# NEW

DATES FOR ESTABLISHING PAYMENT RATES FOR ATTACHMENT 4.19-B SERVICES**Effective Dates for Reimbursement Rates for Specified Services: (continued)**

Service	State Plan Page	Effective Date
4.b. EPSDT (continued) • Other Practitioner – Applied Behavior Analysis (ABA) Services	Attachment 4.19-B, Page 28.13	July 1, 2019
Christian Science Nurses	Attachment 4.19-B, Page 28.5	October 1, 2019
Dentures	Attachment 4.19-B, Page 28.6	October 1, 2019
Respiratory Care	Attachment 4.19-B, Page 28.7	October 1, 2019
Private Duty Nursing	Attachment 4.19-B, Page 28.8	October 1, 2019
Physical Therapist	Attachment 4.19-B, Page 28.9	February 1, 2021
Occupational Therapist	Attachment 4.19-B, Page 28.10	February 1, 2021
Speech Language Pathologist	Attachment 4.19-B, Page 28.10.1	February 1, 2021
Christian Science Sanatoria	Attachment 4.19-B, Page 28.11	October 1, 2018
Other Practitioner – Licensed Clinical Social Worker	Attachment 4.19-B, Page 28.12	October 1, 2019
Residential Substance Use Disorder (SUD) Services	Attachment 4.19-B, Page 30b	July 1, 2022
Outpatient Behavioral Health and Substance Use Disorder Treatment Services A. Outpatient Behavioral Health Services in Agency Setting B. Partial Hospitalization Program (PHP)	Attachment 4.19-B, Page 29	July 1, 2022 September 1, 2022
Program of Assertive Community Treatment (PACT) Services	Attachment 4.19-B, Page 29a	July 1, 2022
Alternative Treatments for Pain Management	Attachment 4.19-B, Page 31	January 1, 2022
Pediatric or Family Nurse Practitioner (Advanced Practice Nurse) Services	Attachment 4.19-B, Page 32	October 1, 2019
Diabetes Self-management Training (DSMT) Services	Attachment 4.19-B, Page 43	January 1, 2020
Medication Assisted Treatment (MAT)	Attachment 4.19-B, Page 44	October 1, 2020
Doula Services	Attachment 4.19-B, Page 46	July 1, 2023

**AMOUNT, DURATION AND SCOPE OF MEDICAL
AND REMEDIAL CARE AND SERVICES PROVIDED TO THE CATEGORICALLY NEEDY**

13.c Preventive Services

Doula services payments are made in accordance with the established fee schedule rates described in Attachment 4.19-B, Page 3: Payment for physicians' services (includes medical and remedial care and services).

Reimbursement for doula services will be made based on a percentage of the physician fee schedule, according to the type of visit:

- For prenatal and postpartum visits, payment will be made at 40% of the physician fee schedule.
- For labor & delivery visits, payment will be made at 40% of the physician fee schedule for a cesarean delivery-only visit, or at 65% for vaginal delivery-only, vaginal delivery after previous cesarean delivery, or cesarean delivery following vaginal delivery attempt.
- Doula providers will use the appropriate code modifier for all procedure codes.

The agency's fee schedule rate was set as of July 1, 2023 and is effective for services provided on or after that date. All rates are published on the agency's website at <http://www.okhca.org/feeschedules>.

NEW 07-01-23

TN# 23-0014

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Supersedes TN# NEW