

Table of Contents

State/Territory Name: New York

State Plan Amendment (SPA) #: 24-0026

This file contains the following documents in the order listed:

- 1) Approval Letter
- 2) Form CMS-179
- 3) Approved SPA Pages

DEPARTMENT OF HEALTH & HUMAN SERVICES
Centers for Medicare & Medicaid Services
601 E. 12th Street, Room 355
Kansas City, MO 64106



Medicaid and CHIP Operations Group

May 27, 2026

Amir Bassiri, Medicaid Director
Deputy Commissioner of the Office of Health Insurance Programs
New York State Department of Health
One Commerce Plaza
99 Washington Avenue, Suite 1715
Albany, NY 12211

Re: New York State Plan Amendment (SPA) – 24-0026

Dear Director Bassiri:

The Centers for Medicare & Medicaid Services (CMS) reviewed your Medicaid State Plan Amendment (SPA) submitted under transmittal number (TN) NY-24-0026. This amendment proposes to establish Critical Time Intervention (CTI) services under the medical assistance program.

We conducted our review of your submittal according to statutory requirements in section 1905(a)(13) of Title XIX of the Social Security Act and implementing regulations. This letter informs you that New York's Medicaid SPA TN 24-0026 was approved on May 27, 2026, with an effective date of July 1, 2024.

Enclosed are copies of Form CMS-179 and approved SPA pages to be incorporated into the New York State Plan.

If you have any questions, please contact Melvina Harrison at (212) 616-2247 or via email at Melvina.Harrison@cms.hhs.gov.

Sincerely,



Falecia M. Smith
Acting Director, Division of Program Operations

Enclosures

cc: Regina Deyette

**TRANSMITTAL AND NOTICE OF APPROVAL OF
STATE PLAN MATERIAL
FOR: CENTERS FOR MEDICARE & MEDICAID SERVICES**

1. TRANSMITTAL NUMBER <u>2 4 — 0 0 2 6</u>	2. STATE <u>NY</u>
3. PROGRAM IDENTIFICATION: TITLE OF THE SOCIAL SECURITY ACT <input checked="" type="radio"/> XIX <input type="radio"/> XXI	

TO: CENTER DIRECTOR CENTERS FOR MEDICAID & CHIP SERVICES DEPARTMENT OF HEALTH AND HUMAN SERVICES	4. PROPOSED EFFECTIVE DATE July 01, 2024
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5. FEDERAL STATUTE/REGULATION CITATION <u>§ 1905(a)(13) Other Diagnostic, Screening, Preventative, and Rehab</u>	6. FEDERAL BUDGET IMPACT (Amounts in WHOLE dollars) a. FFY <u>07/01/24-09/30/24</u> \$ <u>0</u> b. FFY <u>10/01/24-09/30/25</u> \$ <u>10,720,263</u>
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7. PAGE NUMBER OF THE PLAN SECTION OR ATTACHMENT Attachment 3.1-A Supp. Pages: 3b-84, 3b-85, 3b-86, 3b-87, 3b-88, 3b-89 Attachment 3.1-B Supp. Pages: 3b-84, 3b-85, 3b-86, 3b-87, 3b-88, 3b-89 Attachment 4.19-B Pages: 3Q, 3Q-1, 3Q-2, 3Q-3	8. PAGE NUMBER OF THE SUPERSEDED PLAN SECTION OR ATTACHMENT (if Applicable) Attachment: NEW
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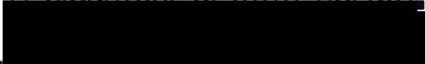
9. SUBJECT OF AMENDMENT

Critical Time Intervention (CTI)

10. GOVERNOR'S REVIEW (Check One)

GOVERNOR'S OFFICE REPORTED NO COMMENT
 COMMENTS OF GOVERNOR'S OFFICE ENCLOSED
 NO REPLY RECEIVED WITHIN 45 DAYS OF SUBMITTAL


OTHER, AS SPECIFIED:

11. SIGNATURE OF STATE AGENCY OFFICIAL 	15. RETURN TO New York State Department of Health Division of Finance and Rate Setting 99 Washington Ave – One Commerce Plaza Suite 1432 Albany, NY 12210
12. TYPED NAME Amir Bassiri	
13. TITLE Medicaid Director	
14. DATE SUBMITTED September 27, 2024	

FOR CMS USE ONLY

16. DATE RECEIVED September 27, 2024	17. DATE APPROVED May 27, 2026
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PLAN APPROVED - ONE COPY ATTACHED

18. EFFECTIVE DATE OF APPROVED MATERIAL July 1, 2024	19. 
20. TYPED NAME OF APPROVING OFFICIAL Falecia M. Smith	21. TITLE OF APPROVING OFFICIAL Acting Director, Division of Program Operations

22. REMARKS

The State authorizes the following pen and ink changes to the 179:
Box 7- Page Number of the Plan Section or Attachment
Attachment 3.1-A Supp. Pages: 3b-84, 3b-85, 3b-86, 3b-87, 3b-88, 3b-89
Attachment 3.1-B Supp. Pages: 3b-84, 3b-85, 3b-86, 3b-87, 3b-88, 3b-89
Attachment 4.19-B Pages: 3Q, 3Q-1, 3Q-2, 3Q-3

**New York
3b-84**

1905(a)(13) Other Diagnostic, Screening, Preventative, and Rehabilitative Services

**13.d Rehabilitative Services
Critical Time Intervention (CTI) Services**

Description:

Critical Time Intervention (CTI) Services are an evidence-based, time-limited, and phased approach to rehabilitate individuals with mental illness during critical times of transition in their lives, such as transitions from inpatient hospitalization or incarceration settings, to address the symptoms of mental illness and restore lost functionality. CTI Services are provided to both adults and children and emphasize assisting individuals directly or through collateral contacts. Collateral contacts occur with the recipient's family, and others significant in their life, as applicable and for the direct benefit of the beneficiary, to restore the functional skills necessary to return to or remain in integrated community settings and strengthen linkages to mental health and other supportive services that will remain in place after the time-limited intervention ends. CTI Services also include remedial and care coordination services prior to the individual's discharge from an inpatient hospital to promote community integration.

Provider Qualifications

CTI Services are recommended by a Licensed Practitioner of the Healing Arts. CTI services are provided by a multidisciplinary team of professional and paraprofessional staff under the supervision of professional staff, as defined herein, employed or contracted by an agency licensed or authorized by the NYS Office of Mental Health to provide CTI Services.

New York
3b-85

1905(a)(13) Other Diagnostic, Screening, Preventative, and Rehabilitative Services

13.d Rehabilitative Services

Critical Time Intervention (CTI) Services (Continued)

Licensed Practitioners of the Healing Arts (LPHA): include the following individuals licensed by the New York State Education Department (NYSED), including:

- Physician: An individual currently licensed to practice medicine by NYSED;
- Physician Assistant: An individual currently licensed to practice as a physician assistant by NYSED;
- Nurse Practitioner: An individual currently certified as a nurse practitioner by NYSED.
- Registered Nurse (RN): An individual currently licensed and registered to practice as a registered professional nurse by NYSED;
- Psychologist: An individual currently licensed to practice as a psychologist by NYSED;
- Social Worker: An individual who is either currently licensed by NYSED as a licensed clinical social worker (LCSW) or a Licensed Master of Social Work (LMSW) practicing under the supervision of a psychiatrist, psychologist, or LCSW licensed by NYSED and employed by the agency;
- Mental Health Counselor: An individual currently licensed to practice as a mental health counselor by NYSED;
- Marriage and Family Therapist: An individual currently licensed to practice as a marriage and family therapist by NYSED;
- Psychoanalyst: An individual currently licensed to practice as a psychoanalyst by NYSED; and
- Creative Arts Therapist: An individual currently licensed to practice as a creative arts therapist by NYSED.

Professional Staff: Professional staff are qualified by credentials, training and experience to provide and supervise the provision of CTI Services, consistent with New York State scope of practice laws and rules, including:

Certified Psychiatric Rehabilitation Practitioner, which means an individual who is currently certified as a Psychiatric Rehabilitation Practitioner by the Psychiatric Rehabilitation Association;

Creative Arts Therapist, which means an individual who is currently licensed or has a limited permit to practice as a creative arts therapist by NYSED, or who has a master's degree in a mental health field from a program approved by NYSED and registration or certification by the American Art Therapy Association, American Dance Therapy Association, National Association of Music Therapy or American Association for Music Therapy;

Credentialed Alcoholism and Substance Abuse Counselor, which means an individual who is currently credentialed as a Credentialed Alcoholism and Substance Abuse Counselor by the New York State Office of Addiction Services and Supports;

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Supersedes TN NEW

Effective Date July 1, 2024

**New York
3b-86**

1905(a)(13) Other Diagnostic, Screening, Preventative, and Rehabilitative Services

13.d Rehabilitative Services

Critical Time Intervention (CTI) Services (Continued)

Professional Staff (continued):

Licensed Practical Nurse, which means an individual who is currently licensed or permitted as a licensed practical nurse by NYSED and is supervised by a registered professional nurse, licensed physician, or physician assistant;

Marriage and Family Therapist, which means an individual who is currently licensed or has a limited permit to practice as a marriage and family therapist by NYSED or who has at least a master's degree required for licensure as a marriage and family therapist pursuant to the NYS Education law;

Mental Health Counselor, which means an individual who is currently licensed or has a limited permit to practice as a mental health counselor by NYSED or who has at least a master's degree required for licensure as a mental health counselor pursuant to the NYS Education law;

Nurse Practitioner, which means an individual who is currently certified or has a limited permit to practice as a nurse practitioner by NYSED;

Nurse Practitioner in Psychiatry, which means an individual who is currently certified as a nurse practitioner in psychiatry by the New York State Education Department. For purposes of this Attachment, nurse practitioner in psychiatry will have the same meaning as psychiatric nurse practitioner, as defined by NYSED;

Physician, which means an individual who is currently licensed or has limited permit to practice as a physician by NYSED;

Physician Assistant, which means an individual who is currently registered or has a limited permit to practice as a physician assistant or a specialist's assistant by NYSED;

Psychiatrist, which means an individual who is currently licensed or has a limited permit to practice as a physician by NYSED and who is certified by, or eligible to be certified by, the American Board of Psychiatry and Neurology;

Psychoanalyst, which means an individual who is currently licensed or has a limited permit to practice as a psychoanalyst by NYSED or who has at least a master's degree required for licensure as a psychoanalyst pursuant to the NYS Education law;

Psychologist, which means an individual who is currently licensed or limited permit to practice as a psychologist by NYSED, or who has at least a master's degree in psychology;

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New York
3b-87

1905(a)(13) Other Diagnostic, Screening, Preventative, and Rehabilitative Services

13.d Rehabilitative Services

Critical Time Intervention (CTI) Services (Continued)

Professional Staff (continued):

Registered Professional Nurse, which means an individual who is currently licensed or has a limited permit to practice as a registered professional nurse by NYSED;

Rehabilitation Counselor, which means an individual who has either a master's degree in rehabilitation counseling from a program approved by NYSED or current certification by the Commission on Rehabilitation Counselor Certification;

Social Worker, which means an individual who is currently licensed or has a limited permit to practice as a master social worker (LMSW) or clinical social worker (LCSW) by NYSED or who has at least a master's degree required for licensure as a social worker pursuant to the NYS Education law;

Therapeutic Recreation Specialist, which means an individual who has either a master's degree in therapeutic recreation from a program approved by NYSED or registration as a therapeutic recreation specialist by the National Therapeutic Recreation Society.

Paraprofessional Staff: Paraprofessional staff must be at least 18 years of age and have attained a bachelor's degree or be at least 18 years of age, have attained a high-school diploma or equivalent, and at least six (6) months of direct care experience with individuals with serious mental illness.

Staff Supervision and Training Requirements

Staff supervision for professional and paraprofessional staff in the provision of CTI Services occurs both formally, through direct supervision and consultation, as well as informally through regular team meetings. All CTI staff, including professionals and paraprofessionals are required to complete State-approved training in the CTI model.

TN #24-0026

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New York
3b-88

1905(a)(13) Other Diagnostic, Screening, Preventative, and Rehabilitative Services

13.d Rehabilitative Services

Critical Time Intervention (CTI) Services (Continued)

CTI Services: CTI services are provided based upon an individual's assessed mental health condition and immediate needs screening, which forms the basis for establishing a person-centered plan of care for CTI Services. CTI services may involve contact with collaterals, including family and others significant in the individual's life, for the direct benefit of the beneficiary and in accordance with the individual's person-centered plan of care.

Medically necessary CTI Services include:

- **Person-Centered Planning:** Person-centered planning is a continuous process of assessing an individual's strengths, goals, barriers to achieving goals, and service needs, through the observation and evaluation of the individual's current mental, physical, and behavioral health condition and history. This service engages each individual and collaterals, as applicable, as an active partner in developing, reviewing, and modifying a course of care that supports the individual's progress toward recovery and community integration.

Practitioner Qualifications: Person-Centered Planning services are provided by professional staff or paraprofessional staff under the supervision of professional staff.

- **Psychosocial Rehabilitation Services:** Psychosocial rehabilitation services motivate and support individuals receiving CTI Services to engage in mental health and other community-based supportive services and continue to participate in the recovery process. Psychosocial rehabilitation services also motivate and support collaterals to engage in the treatment and discharge planning process for the benefit of the Medicaid beneficiary. Psychosocial Rehabilitation services assist in developing and enhancing an individual's stability in the community and address the symptoms of mental illness that interfere in the individual's ability to function in the community. Psychosocial rehabilitation services also include skill development and relapse prevention training services for the individual or collaterals, as applicable, to help the individual identify solutions to and resolve problems that threaten recovery and to restore age-appropriate skills which were lost or delayed due to the symptoms of mental illness.

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New York
3b-89

1905(a)(13) Other Diagnostic, Screening, Preventative, and Rehabilitative Services

13.d Rehabilitative Services

Critical Time Intervention (CTI) Services (Continued)

CTI Services (continued):

- **Crisis Prevention Services:** Crisis Prevention services to safely and respectfully de-escalate situations where individuals are experiencing or are at risk of acute distress or agitation which require immediate attention.

Practitioner Qualifications: Crisis Prevention Services are provided by professional staff or paraprofessional staff under the supervision of professional staff.

- **Health Services:** Health services include gathering of data concerning the individual's physical health, history, and any current signs and symptoms, and need for referral to appropriate medical services.

Practitioner Qualifications: Health Services are provided by a Registered Professional Nurse, Licensed Practical Nurse, Physician Assistant, Nurse Practitioner, Physician, or Psychiatrist.

- **Care Coordination Services:** Care Coordination services to support individuals living in the community or transitioning between levels of care. Care coordination is an active process that includes screening for service needs, helping beneficiaries by coordinating services and supports, referral and linkage, and identification or modification of supports, to promote community tenure and manage behavioral and physical health needs.

Practitioner Qualifications: Care coordination services are provided by professional staff and paraprofessional staff.

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**New York
3b-84**

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**New York
3b-85**

1905(a)(13) Other Diagnostic, Screening, Preventative, and Rehabilitative Services

13.d Rehabilitative Services

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**New York
3b-86**

1905(a)(13) Other Diagnostic, Screening, Preventative, and Rehabilitative Services

13.d Rehabilitative Services

Critical Time Intervention (CTI) Services (Continued)

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New York
3b-87

1905(a)(13) Other Diagnostic, Screening, Preventative, and Rehabilitative Services

13.d Rehabilitative Services

Critical Time Intervention (CTI) Services (Continued)

Professional Staff (continued):

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New York
3b-88

1905(a)(13) Other Diagnostic, Screening, Preventative, and Rehabilitative Services

13.d Rehabilitative Services

Critical Time Intervention (CTI) Services (Continued)

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Practitioner Qualifications: Person-Centered Planning services are provided by professional staff or paraprofessional staff under the supervision of professional staff.

- **Psychosocial Rehabilitation Services:** Psychosocial rehabilitation services motivate and support individuals receiving CTI Services to engage in mental health and other community-based supportive services and continue to participate in the recovery process. Psychosocial rehabilitation services also motivate and support collaterals to engage in the treatment and discharge planning process for the benefit of the Medicaid beneficiary. Psychosocial Rehabilitation services assist in developing and enhancing an individual's stability in the community and address the symptoms of mental illness that interfere in the individual's ability to function in the community. Psychosocial rehabilitation services also include skill development and relapse prevention training services for the individual or collaterals, as applicable, to help the individual identify solutions to and resolve problems that threaten recovery and to restore age-appropriate skills which were lost or delayed due to the symptoms of mental illness.

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New York
3b-89

1905(a)(13) Other Diagnostic, Screening, Preventative, and Rehabilitative Services

13.d Rehabilitative Services

Critical Time Intervention (CTI) Services (Continued)

CTI Services (continued):

- **Crisis Prevention Services:** Crisis Prevention services to safely and respectfully de-escalate situations where individuals are experiencing or are at risk of acute distress or agitation which require immediate attention.

Practitioner Qualifications: Crisis Prevention Services are provided by professional staff or paraprofessional staff under the supervision of professional staff.

- **Health Services:** Health services include gathering of data concerning the individual's physical health, history, and any current signs and symptoms, and need for referral to appropriate medical services.

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Practitioner Qualifications: Care coordination services are provided by professional staff and paraprofessional staff.

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New York
3Q

1905(a)(13) Other diagnostic, screening, preventive, and rehabilitative services

**13d. Rehabilitative Services
Critical Time Intervention (CTI) Reimbursement**

Assurances:

The State assures that all rehabilitative services are provided to, or directed exclusively toward the treatment of the Medicaid-eligible individual in accordance with section 1902(a)(10)(A)(i) of the Act.

The State assures that rehabilitative services do not include and FFP is not available for any of the following in accordance with section 1905(a)(13) of the Act:

- A. educational, vocational and job training services;
- B. room and board;
- C. habilitation services;
- D. services to inmates in public institutions as defined in 42 CFR §435.1010;
- E. services to individuals residing in institutions for mental diseases as described in 42 CFR §435.1010;
- F. recreational and social activities; and
- G. services that must be covered elsewhere in the state Medicaid plan.

The bundled monthly CTI payment reimburses only Medicaid-covered CTI rehabilitative services described in Attachment 3.1-A and 3.1-B, Section 13.d Rehabilitative Services – Critical Time Intervention (CTI) Services, furnished to Medicaid-eligible individuals. Medicaid providers furnishing separate Medicaid-covered services outside the scope of the CTI bundled payment methodology may bill for those separate services in accordance with State Medicaid billing requirements and applicable State Plan reimbursement methodologies.

CTI services are reimbursed regional monthly fees as follows.

Except as otherwise noted in the plan, monthly fees are the same for both governmental and non-governmental providers of CTI services. The agency’s fee schedule rate is effective as of July 1, 2024, and such rate is effective for services provided on or after that date. All rates are published at the following link:

https://www.omh.ny.gov/omhweb/medicaid_reimbursement/excel/cti.xlsx

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New York
3Q-1

1905(a)(13) Other diagnostic, screening, preventive, and rehabilitative services

13d. Rehabilitative Services

Critical Time Intervention (CTI) Reimbursement (Continued)

CTI services are reimbursed a monthly fee based on the number of contacts in which CTI services, including any combination of medically necessary CTI subcomponent services are provided during a calendar month. A CTI services provider may not bill more than one monthly fee for the same individual in the same month.

No more than one contact per day is counted for reimbursement purposes, except if two separate contacts are provided on the same day, including one face-to-face contact with an individual and one collateral contact.

CTI services provided by New York State Office of Mental Health licensed or authorized adult CTI services providers to individuals aged 16 and over will be reimbursed a tiered, regional monthly fee based on the number of contacts in which CTI services were provided to the eligible individual or collateral during the calendar month, as follows: There are three fee levels. Level 1 for a minimum of eight contacts; Level 2 for a minimum of six contacts; and Level 3 for a minimum of four contacts per calendar month.

CTI services provided by New York State Office of Mental Health licensed or authorized youth CTI services providers to individuals up to and including age 18 (or up to age 19 if CTI services began prior to the individual’s 18th birthday), will be reimbursed a tiered, regional monthly fee, based on whether the youth resided in a Transitional Residential Setting during the calendar month. (Transitional Residential Settings are non-IMD residential placements for youth who require a step-down from inpatient or emergency services prior to returning to their home or other residential setting.) For youth residing in such residences during a calendar month, CTI services are reimbursed a tiered, regional monthly fee based on the number of days the individual resided in the residence during a calendar month and the number of contacts in which CTI services were provided to the eligible individual or collateral during the calendar month, as follows: Level 1 for 15 or more days in residence; Level 2 for 8-14 days in residence; and Level 3 for 1-7 days in residence. For level 3, the minimum number of contacts for the full level 3 fee is 8, however a minimum of 4 contacts will be reimbursed a fee equivalent to half the level 3 fee. For levels 1 and 2, the minimum number of contacts is 8.

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1905(a)(13) Other diagnostic, screening, preventive, and rehabilitative services

13d. Rehabilitative Services

Critical Time Intervention (CTI) Reimbursement (Continued)

For youth who did not reside in a Transitional Residential Setting during a calendar month, CTI services are reimbursed a tiered, regional monthly fee based only on the number of contacts in which CTI services were provided to the eligible individual or collateral during the calendar month, as follows: For level 4, the minimum number of contacts for the full level 4 fee is 8, however a minimum of 4 contacts will be reimbursed a fee equivalent to half the level 4 fee.

For CTI services for both adults and youth, service contacts above eight for billing any of the above-referenced monthly fees, will be reimbursed a per contact add-on fee, not to exceed 10 per recipient per calendar month.

Allowable costs included in the rates are determined in accordance with 2 CFR Part 200 and applicable federal Medicaid cost principles and may include personnel salaries and fringe benefits, contracted clinical services, supervision, staff training, occupancy and operational costs, transportation, technology, administrative costs, and other allowable costs necessary to furnish Medicaid-covered CTI services.

Rate development incorporates staffing configuration, team composition, caseload assumptions, projected annual service utilization, projected annual contact volume, provider specialization, geographic region, and populations served. Monthly bundled rates are calculated by dividing allowable annual Medicaid CTI program costs by 12 months, projected caseload size, and projected annual Medicaid service utilization and contact volume.

The resulting monthly bundled rate is adjusted by a stabilization factor designed to account for fluctuations in caseload and service utilization associated with the transitional nature of the CTI population. The stabilization factor is calculated using fixed percentages based on comparable outpatient rehabilitation programs for the base period.

Adult and youth CTI rates are developed using separate utilization, staffing, and service assumptions applicable to each population. Partial payment methodologies for youth CTI are based on minimum contact threshold.

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1905(a)(13) Other diagnostic, screening, preventive, and rehabilitative services

13d. Rehabilitative Services

Critical Time Intervention (CTI) Reimbursement (Continued)

Providers receiving the bundled monthly CTI payment may not separately bill Medicaid for CTI subcomponent services included within the bundled payment methodology, except in the final month of CTI service reimbursement, to facilitate transition to lower levels of care. Services furnished outside the scope of the bundled CTI payment methodology may be separately billed only where such services are separately covered under the Medicaid State Plan and reimbursed in accordance with applicable State Medicaid billing requirements.

CTI service providers will maintain complete case records which formed the basis of all claims and statistical and financial reports for at least six years from the date of service, or longer for services rendered to minors. All such records will be subject to audit for six years from the date the claim was submitted. Providers must also submit annual cost reports. The State periodically reviews case records, claims data, and provider cost reports to evaluate the adequacy and efficiency of bundled reimbursement rates.

The State also monitors the provision of CTI services to ensure that beneficiaries receive the types, quantity and intensity of services required to meet their needs through services and provider monitoring tools including regular reporting to OMH, CTI Dashboard, and PSYCKES data and provider licensing activities to monitor for compliance with New York State requirements. Providers of CTI services are required to perform patient-specific reporting to the State at routine intervals as a condition of licensure.

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