

## **Table of Contents**

**State/Territory Name: New Jersey**

**State Plan Amendment (SPA) #: 25-0014**

This file contains the following documents in the order listed:

- 1) Approval Letter
- 2) Form CMS-179
- 3) Approved SPA Pages

DEPARTMENT OF HEALTH & HUMAN SERVICES  
Centers for Medicare & Medicaid Services  
601 E. 12th St., Room 355  
Kansas City, Missouri 64106



Medicaid and CHIP Operations Group

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February 5, 2026

Gregory Woods  
Assistant Commissioner  
P.O. Box 712, Mail Code #26  
Trenton, NJ, 08625-0712

Re: New Jersey State Plan Amendment (SPA) – 25-0014

Dear Assistant Commissioner Woods:

The Centers for Medicare & Medicaid Services (CMS) reviewed your Medicaid State Plan Amendment (SPA) submitted under transmittal number (TN) 25-0014. This amendment proposes to eliminate an end date for Medication-Assisted Treatment services for substance use disorders.

We conducted our review of your submittal according to statutory requirements in Title XIX of the Social Security Act and implementing regulations at section 1905(a)(29). This letter informs you that New Jersey's Medicaid SPA TN 25-0014 was approved on February 4, 2026, with an effective date of October 1, 2025.

Enclosed are copies of Form CMS-179 and approved SPA pages to be incorporated into the New Jersey State Plan.

If you have any questions, please contact Terri Fraser at (410) 786-5573 or via email at [Terri.Fraser@cms.hhs.gov](mailto:Terri.Fraser@cms.hhs.gov).

Sincerely,

A solid black rectangular box redacting the signature of Wendy E. Hill Petras.

Wendy E. Hill Petras, Acting Director  
Division of Program Operations

Enclosures

**TRANSMITTAL AND NOTICE OF APPROVAL OF  
STATE PLAN MATERIAL  
FOR: CENTERS FOR MEDICARE & MEDICAID SERVICES**

1. TRANSMITTAL NUMBER  
2 5 — 0 0 1 4

2. STATE  
N J

3. PROGRAM IDENTIFICATION: TITLE OF THE SOCIAL SECURITY ACT  
 XIX  XXI

TO: CENTER DIRECTOR  
CENTERS FOR MEDICAID & CHIP SERVICES  
DEPARTMENT OF HEALTH AND HUMAN SERVICES

4. PROPOSED EFFECTIVE DATE  
**October 1, 2025**

5. FEDERAL STATUTE/REGULATION CITATION  
**Social Security Act Section 1905(a)(29) ; 42 USC 1396d(a)(29)**

6. FEDERAL BUDGET IMPACT (Amounts in WHOLE dollars)  
a. FFY 2025 \$ 0  
b. FFY 2026 \$ 0

7. PAGE NUMBER OF THE PLAN SECTION OR ATTACHMENT  
**Supplement 5 to Attachment 3.1-A Pages 1-6 ;  
Supplement 1 to Attachment 3.1-B Pages 1-6**

8. PAGENUMBER OF THE SUPERSEDED PLAN SECTION OR ATTACHMENT (if Applicable)  
**TN # 21-0003  
Supplement 5 to Attachment 3.1-A Page 1-6;  
Supplement 1 to Attachment 3.1-B Page 1-6**

9. SUBJECT OF AMENDMENT  
**Mandatory service for medication assisted treatment (MAT). Pursuant to Section 201 of the Consolidated Appropriations Act, 2024 (Pub. L. 118-42), New Jersey amends its State Plan to remove the September 30, 2025 sunset date for the MAT benefit.**

10. GOVERNOR'S REVIEW (Check One)  
 GOVERNOR'S OFFICE REPORTED NO COMMENT  
 COMMENTS OF GOVERNOR'S OFFICE ENCLOSED  
 NO REPLY RECEIVED WITHIN 45 DAYS OF SUBMITTAL

OTHER, AS SPECIFIED:

11. AGENCY OFFICIAL  
  
Sarah Adelman

15. RETURN TO  
Gregory Woods, Assistant Commissioner  
Division of Medical Assistance and Health Services  
P.O. Box 712, Mail Code #26  
Trenton, NJ 08625-0712

13. TITLE  
Commissioner, Department of Human Services

14. DATE SUBMITTED  
12/30/2025

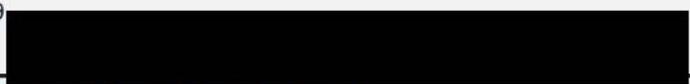
**FOR CMS USE ONLY**

16. DATE RECEIVED  
12/30/2025

17. DATE APPROVED  
02/04/2026

**PLAN APPROVED - ONE COPY ATTACHED**

18. EFFECTIVE DATE OF APPROVED MATERIAL  
10/01/2025

19. 

20. TYPED NAME OF APPROVING OFFICIAL  
Wendy E. Hill Petras

21. TITLE OF APPROVING OFFICIAL  
Acting Director, Division of Program Operations

22. REMARKS

**State Plan under Title XIX of the Social Security Act  
State/Territory: New Jersey**

**Section 1905(a)(29) Medication Assisted Treatment (MAT)**

Citation: 3.1-A Amount, Duration, and Scope of Services Provided to the Categorically Needy

1905(a)(29) MAT as described and limited in Supplement 5 to Attachment 3.1-A.

PRA Disclosure Statement - This use of this form is mandatory and the information is being collected to assist the Centers for Medicare & Medicaid Services in implementing section §1905(a)(29) of the Social Security Act. Under the Privacy Act of 1974, any personally identifying information obtained will be kept private to the extent of the law. An agency may not conduct or sponsor, and a person is not required to respond to a collection of information unless it displays a currently valid Office of Management and Budget (OMB) control number. The OMB control number for this project is 0938-1148 (CMS-10398 #68). Public burden for all of the collection of information requirements under this control number is estimated to take about 25 hours per response. Send comments regarding this burden estimate or any other aspect of this collection of information, including suggestions for reducing this burden, to CMS, 7500 Security Boulevard, Attn: Paperwork Reduction Act Reports Clearance Officer, Mail Stop C4-26-05, Baltimore, Maryland 21244-1850.

TN: 25-0014

Approval Date: 02/04/2026

Supersedes TN: 21-0003

Effective Date: 10/01/2025

**State Plan under Title XIX of the Social Security Act  
State/Territory: New Jersey**

**Section 1905(a)(29) Medication Assisted Treatment (MAT)**

**General Assurances**

- MAT is covered under the Medicaid state plan for all Medicaid beneficiaries who meet the medical necessity criteria for receipt of the service for the period beginning October 1, 2020.
- The state assures coverage of Naltrexone, Buprenorphine, and Methadone and all of the forms of these drugs for MAT that are approved under section 505 of the Federal Food, Drug, and Cosmetic Act (21 U.S.C. 355) and all biological products licensed under section 351 of the Public Health Service Act (42 U.S.C. 262).
- The state assures that Methadone for MAT is provided by Opioid Treatment Programs that meet the requirements in 42 C.F.R. Part 8.

**Service Package**

The state covers the following counseling services and behavioral health therapies as part of MAT:

Please set forth each service and components of each service (if applicable), along with a description of each service and component service.

Individual counseling- the utilization of special skills and evidence based practices to assist individuals to identify and change patterns of behavior relating to substance use disorders which are maladaptive, destructive and/or injurious to health through the provision of counseling by licensed or credentialed professionals or approved counselors in training.

Group counseling- the utilization of special skills and evidence based practices to assist individuals to identify and change patterns of behavior relating to substance use disorders which are maladaptive, destructive and/or injurious to health through the provision of group sessions by licensed or credentialed professionals or approved counselors in training.

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**State Plan under Title XIX of the Social Security Act  
State/Territory: New Jersey**

**Section 1905(a)(29) Medication Assisted Treatment (MAT)**

Family counseling- the utilization of special skills and evidence based practices to assist families to identify and change patterns of behavior relating to substance use disorders which are maladaptive, destructive and/or injurious to health through sessions involving family members. Family counseling that involves the participation of a non-Medicaid eligible is for the direct benefit of the beneficiary. The service must actively involve the beneficiary in the sense of being tailored to the beneficiary's individual needs. There may be times when, based on clinical judgment, the beneficiary is not present during the delivery of the service, but remains the focus of the service.

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**State Plan under Title XIX of the Social Security Act  
State/Territory: New Jersey**

**Section 1905(a)(29) Medication Assisted Treatment (MAT)**

Please include each practitioner and provider entity that furnishes each service and component service.

Individual Counseling- providers include Physicians, Physician Assistants (PAs), Advance Practice Nurses (APNs), Licensed Substance Use Disorder (SUD) treatment facilities, Licensed Mental Health Treatment Facilities, Licensed Behavioral Health Service Treatment Facilities, Licensed Opioid Treatment Program Services, Licensed Professional Counselors (LPCs), Licensed Associate Counselors (LACs) under the direct supervision of an LPC, Licensed Clinical Social Worker (LCSWs), Licensed Social Workers (LSWs) under the supervision of an LCSW, Licensed Clinical Alcohol and Drug Counselors (LCADCs), Licensed Marriage and Family Therapists (LMFTs), Certified Alcohol and Drug Counselors (CADCs), Psychologists, and counselor-interns.

Group Counseling- providers include Physicians, PAs, APNs, Licensed Substance Use Disorder (SUD) treatment facilities, Licensed Mental Health Treatment Facilities, Licensed Behavioral Health Service Treatment Facilities, Licensed Opioid Treatment Program Services, LPCs, LACs under the direct supervision of an LPC, LCSWs, LSWs under the supervision of an LCSW, LMFTs, LCADCs, CADCs, Psychologists, and counselor-interns.

Family Counseling- providers include Physicians, PAs, APNs, Licensed Substance Use Disorder (SUD) treatment facilities, Licensed Mental Health Treatment Facilities, Licensed Behavioral Health Service Treatment Facilities, Licensed Opioid Treatment Program Services, LPCs, LACs under the direct supervision of an LPC, LCSWs, LSWs under the supervision of an LCSW, LMFTs, LCADCs, CADCs, Psychologists, and counselor-interns.

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**State Plan under Title XIX of the Social Security Act  
State/Territory: New Jersey**

**Section 1905(a)(29) Medication Assisted Treatment (MAT)**

Please include a brief summary of the qualifications for each practitioner or provider entity that the state requires. Include any licensure, certification, registration, education, experience, training and supervisory arrangements that the state requires.

The following licensed practitioners of the healing arts may provide counseling (or, where specified, supervision of counseling services) when practicing within their scope of practice under state law and within the regulations established by their licensing boards: Physicians, PAs, APNs, LPCs, LACs under the direct supervision of an LPC, LCSWs, LSWs under the direct supervision of an LCSW, LMFTs, LCADCs, CADCs and Psychologists. Counseling services may also be provided by counselor-interns who are actively working toward LCADC or CADC status, or toward another health professional license that includes work of an opioid drug counseling nature within its scope of practice. Counselor-interns must work under the supervision of an LCADC or another New Jersey licensed clinical professional designated as a qualified clinical supervisor by the New Jersey Board of Marriage and Family Therapy Examiners.

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State Plan under Title XIX of the Social Security Act  
State/Territory: New Jersey

Section 1905(a)(29) Medication Assisted Treatment (MAT)

**Utilization Controls**

The state has drug utilization controls in place. (Check each of the following that apply)

Generic first policy

Preferred drug lists

Clinical criteria

Quantity limits

The state does not have drug utilization controls in place.

**Limitations**

NJ Medicaid has removed all prior authorization requirements for MAT medication including name brand medications. The state has an open formulary. The state continues to have safety edits such as ingredient duplication, drug to drug interaction or exceeding a recommended maximum dose limit. Prescribers have the ability to override most safety edits by acknowledging the potential risk and providing a clinical rationale for requesting an override.

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State/Territory: New Jersey**

**Section 1905(a)(29) Medication Assisted Treatment (MAT)**

Citation: 3.1-B Amount, Duration, and Scope of Services Medically Needy

1905(a)(29) MAT as described and limited in Supplement 1 to Attachment 3.1-B.

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