## **Table of Contents**

State/Territory Name: Nebraska

State Plan Amendment (SPA) #: 20-0016

This file contains the following documents in the order listed:

- 1) Approval Letter
- 2) CMS 179 Form/Summary Form (with 179-like data)
- 3) Approved SPA Pages

#### DEPARTMENT OF HEALTH & HUMAN SERVICES

Centers for Medicare & Medicaid Services Center for Medicaid & CHIP Services 233 North Michigan Ave., Suite 600 Chicago, Illinois 60601



### **Financial Management Group**

March 24, 2021

Kevin Bagley, Medicaid Director Division of Medicaid & Long-Term Care Nebraska Department of Health & Human Services 301 Centennial Mall South Lincoln, NE 68509

RE:TN 20-0016-A

Dear Mr. Bagley:

We have reviewed the proposed Nebraska State Plan Amendment (SPA) to Attachment 4.19-B, NE-20-0016-A, which was submitted to the Centers for Medicare & Medicaid Services (CMS) on September 30, 2020. This plan amendment provides targeted rate increases for providers of mental health and behavioral health services, specifically individual psychotherapy, substance use assessment, and day rehabilitation services.

Based upon the information provided by the State, we have approved the amendment with an effective date of September 1, 2020. We are enclosing the approved CMS-179 (HCFA-179) and a copy of the new state plan pages.

If you have any additional questions or need further assistance, please contact Blake Holt at (415) 744-3754 or blake.holt@cms.hhs.gov.

Sincerely,

For Todd McMillion Director Division of Reimbursement Review

| HEALTH CARE FINANCING ADMINISTRATION   |  | OMB NO. 0938-0193  |
|--|--|--------------------|
| TRANSMITTAL AND NOTICE OF APPROVAL OF  | 1. TRANSMITTAL NUMBER:                         | 2. STATE           |
| STATE PLAN MATERIAL  | NE 20-0016-A                                   | Nebraska           |
|  |  |                    |
| FOR: HEALTH CARE FINANCING ADMINISTRATION  | 2. DDOCD AM IDENTIFICATION, TI                 | TI E VIV OF THE    |
| FOR. HEALTH CARE FINANCING ADMINISTRATION  | 3. PROGRAM IDENTIFICATION: TITLE XIX OF THE    |                    |
|  | SOCIAL SECURITY ACT (MEDICAID)                 |                    |
| TO DECIONAL ADMINISTRATOR  | 4 DRODOGED EFFECTIVE DATE                      |                    |
| TO: REGIONAL ADMINISTRATOR   | 4. PROPOSED EFFECTIVE DATE                     |                    |
| HEALTH CARE FINANCING ADMINISTRATION   | September 1, 2020                              |                    |
| DEPARTMENT OF HEALTH AND HUMAN SERVICES  |  |                    |
| 5. TYPE OF PLAN MATERIAL (Check One):  |  |                    |
|  |  |                    |
| ☐ NEW STATE PLAN ☐ AMENDMENT TO BE CONSIDERED AS NEW PLAN ☐ AMENDMENT                                |  |                    |
| COMPLETE BLOCKS 6 THRU 10 IF THIS IS AN AMENDMENT (Separate Transmittal for each amendment)          |  |                    |
|  |  | і итепитені)       |
| 6. FEDERAL STATUTE/REGULATION CITATION:  | 7. FEDERAL BUDGET IMPACT:                      |                    |
| 42 CFR 447 Subpart F   |  | 2,945              |
|  | b. FFY 2021 \$4,9                              | 955,334            |
| 8. PAGE NUMBER OF THE PLAN SECTION OR ATTACHMENT:  | 9. PAGE NUMBER OF THE SUPERS                   | SEDED PLAN SECTION |
|  | OR ATTACHMENT (If Applicable)                  | :                  |
| Att. 4.19-A, Page 17a  | (Jup 17)                                       |                    |
| Att. 4.19-B, Item 9, Page 1  | Att. 4.19-A, Page 17a                          |                    |
| Att. 4.19-B, Relli 9, Page 1   |  |                    |
|  | Att. 4.19-B, Item 9, Page 1                    |                    |
|  |  |                    |
|  |  |                    |
| 10. SUBJECT OF AMENDMENT:  |  |                    |
|  |  |                    |
| Provider Rate Increase for Mental Health and Behavioral Health Ser                                   | vices  |                    |
|  |  |                    |
| 11. GOVERNOR'S REVIEW (Check One):   |  |                    |
|  | MOTHER ASSESSED                                | NEIED.             |
| GOVERNOR'S OFFICE REPORTED NO COMMENT  | ⊠ OTHER, AS SPEC                               |                    |
| COMMENTS OF GOVERNOR'S OFFICE ENCLOSED   | Governor has waiv                              | red review         |
| ☐ NO REPLY RECEIVED WITHIN 45 DAYS OF SUBMITTAL  |  |                    |
|  |  |                    |
| OF STATE AGENCY OFFICIAL:  | 16. RETURN TO:                                 |                    |
|  |  |                    |
|  | Dawn Kastens                                   |                    |
| 13. TYPED NAME:  | Division of Medicaid & Long-Term Ca            | ira.               |
| Jeremy Brunssen  | Nebraska Department of Health & Human Services |                    |
| 14. TITLE:   | 1  |                    |
| Interim Director, Division of Medicaid and Long-Term Care  | 301 Centennial Mall South                      |                    |
| 15. DATE SUBMITTED:  | Lincoln, NE 68509                              |                    |
|  |  |                    |
| September 30, 2020   | PROPERTY ON THE                                |                    |
| FOR REGIONAL OF  |  |                    |
| 17. DATE RECEIVED:   | 18. DATE APPROVED:                             |                    |
|  | 3/24/21  |                    |
| PLAN APPROVED – ON   | E COPY ATTACHED                                |                    |
| 19. EFFECTIVE DATE OF APPROVED MATERIAL:   | 20.  | FICIAL:            |
| 9/1/20   |  | or                 |
| 21. TYPED NAME:  | 22.  | <u> </u>           |
| Todd McMillion   |  | bursement Review   |
|  |  | oursement iteview  |
| 23. REMARKS:   |  |                    |
| The state provided concurrence for the following pen and ink changes in their 01/06/21 RAI response: |  |                    |
| Box 7: FY20 from "\$412,945" to "\$1,068"; FY21 from "\$4,955,334" to "\$13,230"                     |  |                    |
|  |  |                    |
| Boxes 8 and 9: Delete "Att. 4.19-A, Page 17a" and add "Att. 4.19-B, It                               | em 15d"  |                    |
|  |  |                    |
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|  |  |                    |

#### STATE PLAN UNDER TITLE XIX OF THE SOCIAL SECURITY ACT State <u>Nebraska</u> METHODS AND STANDARDS FOR ESTABLISHING PAYMENT RATES

#### **CLINIC SERVICES**

Nebraska Medicaid pays for clinic services and outpatient mental health services at the lower of:

- 1. The provider's submitted charge; or
- 2. The allowable amount for that procedure code in the Nebraska Medicaid Mental Health and Substance Use Fee Schedule in effect for that date of service. The allowable amount is indicated in the fee schedule as:
  - a. The unit value multiplied by the conversion factor;
  - b. The invoice cost (indicated as "IC" in the fee schedule);
  - c. The maximum allowable dollar amount; or
  - d. The reasonable charge for the procedure as determined by the Medicaid Division (indicated as "BR" by report or "RNE" rate not established in the fee schedule). When a code is without a modifier and is notated as BR/RNE, the code is manually priced to mirror the current year Medicare rate. In the absence of the Medicare rate, the rate is determined as the average of available rates from other states.

The Nebraska Medicaid Mental Health and Substance Use Fee Schedule is effective July 1 through June 30 of each year.

When services which are reimbursed per a fee schedule, except as otherwise noted in the plan, state-developed fee schedule rates are the same for both governmental and private providers. The agency's rates were set as of September 1, 2020, and are effective for clinic services on or after that date. All rates are published at: <a href="http://dhhs.ne.gov/Pages/Medicaid-Provider-Rates-and-Fee-Schedules.aspx">http://dhhs.ne.gov/Pages/Medicaid-Provider-Rates-and-Fee-Schedules.aspx</a>. From the landing page, scroll down to the fee schedule for the specific program and year.

TN # <u>NE 20-0016-A</u> Supersedes TN # NE 20-0013

#### STATE PLAN UNDER TITLE XIX OF THE SOCIAL SECURITY ACT State <u>Nebraska</u> METHODS AND STANDARDS FOR ESTABLISHING PAYMENT RATES

# COMMUNITY-BASED COMPREHENSIVE PSYCHIATRIC REHABILITATION AND SUPPORT SERVICES PROGRAM

The Department pays separate rates for each community-based psychiatric rehabilitation and support service.

For Community Support, the unit of service is 15 minutes.

For Day Rehabilitation, the unit of service is a day of participation (five or more hours).

Note: Providers may bill for Day Rehabilitation services which do not meet the five hour minimum for a full day. The unit of service is 15 minutes with a minimum of twelve units of service provided up to a maximum of 19 units of service.

For Psychiatric Residential Rehabilitation, the unit of service is a day in residence (room and board is not included in the rate).

For Peer Support, the unit of service is 15 minutes.

Rates are reviewed annually based on audits and actual cost information submitted by each provider. The review is used as the basis for establishing a statewide fee schedule for each of the four services. Rates will not exceed the average statewide actual cost of providing rehabilitation services.

The Nebraska Medicaid Mental Health and Substance Use Fee Schedule is effective July 1 through June 30 of each year.

When services which are reimbursed per a fee schedule, except as otherwise noted in the plan, state-developed fee schedule rates are the same for both governmental and private providers. The agency's rates for Community-Based Comprehensive Psychiatric Rehabilitation and Support services were set as of September 1, 2020, and are effective on or after that date. All rates are published at: <a href="http://dhhs.ne.gov/Pages/Medicaid-Provider-Rates-and-Fee-Schedules.aspx">http://dhhs.ne.gov/Pages/Medicaid-Provider-Rates-and-Fee-Schedules.aspx</a>. From the landing page, scroll down to the fee schedule for the specific program and year.

The State assures that rehabilitative services are not provided in institutions for mental diseases (IMD).

<u>Payment for Telehealth Services:</u> Payment for telehealth services is included in the cost basis used to set the Medicaid rate.

Health care practitioner services included in a per monthly rate may be provided by telehealth technologies when they otherwise meet the requirements set forth in state regulations, as amended. These services are included in the appropriate cost reports or other accounting data used to calculate the rate.

<u>Payment for Telehealth Transmission Costs:</u> Telehealth transmission costs are allowable costs when they otherwise meet the requirements set forth in state regulations, as amended. These costs are included in the appropriate cost reports or other accounting data used to calculate the rate.

The Department covers transmission costs for the line charges when directly related to a covered telehealth service. The transmission must be in compliance with the quality standards for real time, two-way interactive audio-visual transmission as set forth in state regulations, as amended.

TN # <u>NE 20-0016-A</u> Supersedes TN # NE 16-0009

Approval Date 3/24/21

Effective Date September 1, 2020