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State/Territory Name: North Dakota

State Plan Amendment (SPA) #: 25-0025

This file contains the following documents in the order listed:

- 1) Approval Letter
- 2) Form CMS 179
- 3) Approved SPA Pages

DEPARTMENT OF HEALTH & HUMAN SERVICES

Centers for Medicare & Medicaid Services
601 E. 12th St., Room 355
Kansas City, Missouri 64106



Medicaid and CHIP Operations Group

January 22, 2026

Krista Fremming
Interim Director
Medical Services Division
North Dakota Department of Health and Human Services
600 East Boulevard Avenue Dept 325
Bismarck, ND 58505-0250

Re: North Dakota State Plan Amendment (SPA) 25-0025

Dear Director Fremming:

The Centers for Medicare & Medicaid Services (CMS) reviewed your Medicaid State Plan Amendment (SPA) submitted under transmittal number (TN) 25-0025. This amendment proposes coverage for Community Health Worker services.

We conducted our review of your submittal according to statutory requirements in section 1905(a)(13) of the Social Security Act and CFR 440.130(c). This letter informs you that North Dakota's Medicaid SPA TN 25-0025 was approved on January 21, 2026, with an effective date of October 1, 2025.

Enclosed are copies of Form CMS-179 and approved SPA pages to be incorporated into the North Dakota's State Plan.

If you have any questions, please contact Tyson Christensen at (816) 426-6440 or via email at Tyson.Christensen@cms.hhs.gov.

Sincerely,

Wendy E. Hill Petras
Acting Director, Division of Program Operations

Enclosures

cc: LeeAnn Thiel

**TRANSMITTAL AND NOTICE OF APPROVAL OF
STATE PLAN MATERIAL
FOR: CENTERS FOR MEDICARE & MEDICAID SERVICES**

1. TRANSMITTAL NUMBER

2 5 — 0 0 2 5

2. STATE

ND3. PROGRAM IDENTIFICATION: TITLE OF THE SOCIAL
SECURITY ACT

XIX



XXI

TO: CENTER DIRECTOR
CENTERS FOR MEDICAID & CHIP SERVICES
DEPARTMENT OF HEALTH AND HUMAN SERVICES

4. PROPOSED EFFECTIVE DATE

October 1, 2025

5. FEDERAL STATUTE/REGULATION CITATION

1905(a)(13) of the Act and 42 CFR 440.130(c)

6. FEDERAL BUDGET IMPACT (Amounts in WHOLE dollars)

a. FFY 2025 \$ 5,097b. FFY 2026 \$ 2,099

7. PAGE NUMBER OF THE PLAN SECTION OR ATTACHMENT

Attachment to Page 6 of Attachment 3.1-A, pages 1-2
Attachment to Page 5 of Attachment 3.1-B, pages 1-28. PAGE NUMBER OF THE SUPERSEDED PLAN SECTION
OR ATTACHMENT (If Applicable)Attachment to Page 6 of Attachment 3.1-A, page 1 (TN
23-0029), Attachment to Page 5 of Attachment 3.1-B, page
1 (TN 23-0029)

9. SUBJECT OF AMENDMENT

Amends the State Plan to provide coverage for Community Health Worker Services.

10. GOVERNOR'S REVIEW (Check One)



GOVERNOR'S OFFICE REPORTED NO COMMENT



COMMENTS OF GOVERNOR'S OFFICE ENCLOSED



NO REPLY RECEIVED WITHIN 45 DAYS OF SUBMITTAL



OTHER, AS SPECIFIED:

Sarah Aker, Director
Medical Services Division

11. SIGNATURE OF STATE AGENCY OFFICIAL

12. TYPED NAME
Sarah Aker13. TITLE
Medical Services Director14. DATE SUBMITTED
October 28, 2025

15. RETURN TO

Sarah Aker, Director
Medical Services Division
ND Department of Health and Human Services
600 East Boulevard Avenue Dept 325
Bismarck ND 58505-0250**FOR CMS USE ONLY**

16. DATE RECEIVED

October 28, 2025

17. DATE APPROVED

January 21, 2026

PLAN APPROVED - ONE COPY ATTACHED

18. EFFECTIVE DATE OF APPROVED MATERIAL

October 1, 2025

19. SIGNATURE OF APPROVING OFFICIAL

20. TYPED NAME OF APPROVING OFFICIAL

Wendy E. Hill Petras

21. TITLE OF APPROVING OFFICIAL

Acting Director, Division of Program Operations

22. REMARKS

13.c Preventive Services

North Dakota Medicaid assures coverage for approved adult vaccines recommended by the Advisory Committee on Immunization Practices (ACIP) and the vaccine administration. North Dakota Medicaid also assures that changes to ACIP recommendations will be incorporated into coverage and billing codes as necessary.

Community Health Workers

Coverage of community health workers (CHWs) is added as a preventive service as defined in 1905(a)(13) of the Act and 42 CFR 440.130(c). CHWs are frontline public health workers who serve as liaisons, links or intermediaries between ND Medicaid individuals and health care and social service systems. CHWs can help engage individuals with necessary care and increase individual health knowledge/literacy and self-sufficiency resulting in healthier individuals.

This includes teaching individuals how to effectively self-manage their chronic condition or delay development of a chronic condition.

The following component services are covered when performed by CHWs to prevent disease, disability, and other health conditions or their progression; to prolong life; and to promote physical and mental health and efficiency within the scope of their practice:

- Health system navigation and resource coordination includes:
 - Helping to engage, re-engage, or ensure member-led follow-up in primary care, routine, preventive care, adherence to treatment plans, and/or self-management of chronic conditions, including assisting beneficiaries to access covered services and other community resources necessary to promote health, address health care barriers, and health-related social needs.
- Health promotion and coaching:
 - Providing information and training to members that enables them to make positive contributions to their health status, such as screening for health-related social needs, setting goals and creating an action plan, and providing information and/or coaching.
- Health education and training:
 - Training and/or increasing the member's awareness of methods and measures that have been proven effective in avoiding illness and/or lessening its effects. The content of education must be consistent with established or recognized healthcare standards.

Community health workers must be certified by the North Dakota Department of Health and Human Services by meeting the requirements as outlined in North Dakota Administrative Code.

CHW services must be recommended by a physician or Other Licensed Practitioner within their scope of practice according to state law. A referring practitioner may establish a standing order or protocol for recommending CHW services.

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