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State/Territory Name: North Dakota

State Plan Amendment (SPA) #: 22-0008

This file contains the following documents in the order listed:

- 1) Approval Letter
- 2) CMS 179 Form/Summary Form (with 179-like data)
- 3) Approved SPA Pages

DEPARTMENT OF HEALTH & HUMAN SERVICES

Centers for Medicare & Medicaid Services 601 E. 12th St., Room 355 Kansas City, Missouri 64106



Medicaid and CHIP Operations Group

October 3, 2022

Caprice Knapp, Director Medical Services Division ND Department of Human Services 600 East Boulevard Avenue Dept. 325 Bismarck, ND 58505-0250

Re: North Dakota State Plan Amendment (SPA) 22-0008

Dear Ms. Knapp:

The Centers for Medicare & Medicaid Services (CMS) reviewed your Medicaid State Plan Amendment (SPA) submitted under transmittal number (TN) ND-22-0008. This amendment proposes to amend the State Plan to include additional provider types for rehabilitative services and designates Licensed Professional Counselors as Other Licensed Practitioners.

We conducted our review of your submittal according to statutory requirements in Title XIX of the Social Security Act and implementing regulations 42 CFR 440.130(d); 42 CFR 440.60. This letter is to inform you that North Dakota Medicaid SPA 22-0008 was approved on October 3, 2022, with an effective date of July 1, 2022.

If you have any questions, please contact Tyson Christensen at (816) 426-6440 or via email at tyson.christensen@cms.hhs.gov.

Sincerely,

James G. Scott, Director Division of Program Operations

cc: LeeAnn Thiel

TRANSMITTAL AND NOTICE OF APPROVAL OI STATE PLAN MATERIAL	2 2 — 0 0 0 8 ND	
FOR: CENTERS FOR MEDICARE & MEDICAID SERVICES	3. PROGRAM IDENTIFICATION: TITLE OF THE SOCIAL SECURITY ACT XIX XXI	
TO: CENTER DIRECTOR CENTERS FOR MEDICAID & CHIP SERVICES DEPARTMENT OF HEALTH AND HUMAN SERVICES	4. PROPOSED EFFECTIVE DATE July 1, 2022	
5. FEDERAL STATUTE/REGULATION CITATION 42 CFR 440.130(d); 42 CFR 440.60	6. FEDERAL BUDGET IMPACT (Amounts in WHOLE dollars) a. FFY 2022 \$ 14.245 b. FFY 2023 \$ 41,867	
7. PAGE NUMBER OF THE PLAN SECTION OR ATTACHMENT	8. PAGE NUMBER OF THE SUPERSEDED PLAN SECTION OR ATTACHMENT (If Applicable)	
Attachment to page 3 of Attachment 3.1-A; Attachment to page 3 of Attachment 3.1-B; Attachment to page 6 of Attachment 3.1-A; Attachment to page 5 of Attachment 3.1-B; Attachment 4.19-B page 5b	Attachment to page 3 of Attachment 3.1-A (TN 21-0023); Attachment to page 3 of Attachment 3.1-B (TN 21-0023); Attachment to page 6 of Attachment 3.1-A (TN 21-0023); Attachment to page 5 of Attachment 3.1-B (TN 21-0023); Attachment 4.19-B page 5b (TN 17-0011)	
SUBJECT OF AMENDMENT Amends the State Plan to include additional provider types for re Counselors as Other Licensed Practitioners.	habilitative services and designates Licensed Professional	
10. GOVERNOR'S REVIEW (Check One) GOVERNOR'S OFFICE REPORTED NO COMMENT COMMENTS OF GOVERNOR'S OFFICE ENCLOSED NO REPLY RECEIVED WITHIN 45 DAYS OF SUBMITTAL	OTHER, AS SPECIFIED:	
11. SIGNATURE OF STATE AGENCY OFFICIAL	15. RETURN TO Caprice Knapp, Director Medical Services Division	
12. TYPED NAME Caprice Knapp	Department of Human Services DEast Boulevard Avenue Dept 325	
13. TITLE Medicaid Director	smarck ND 58505-0250	
14. DATE SUBMITTED July 13, 2022		
FOR CMS	USE ONLY	
16. DATE RECEIVED July 13, 2022	17. DATE APPROVED October 3, 2022	
PLAN APPROVED - O	GEOGRAPHIC CONTROL CON	
18. EFFECTIVE DATE OF APPROVED MATERIAL July 1, 2022	19. SIGNATURE OF APPROVING OFFICIAL	
20. TYPED NAME OF APPROVING OFFICIAL James G. Scott	21. TITLE OF APPROVING OFFICIAL Director, Division of Project Operations	
22. REMARKS		

STATE: North Dakota

LIMITATIONS ON AMOUNT, DURATION AND SCOPE

Service

6.b. Effective July 1, 2009, individuals <u>21 years of age and older</u> are limited to one refractive examination no more often every two years after the initial examination paid under Medicaid unless more frequent examinations are prior approved as medically necessary by the department's optometric consultant. The same will apply to subsequent examinations in relation to a two-year cycle following an examination.

Individuals <u>under 21 years of age</u> are limited to one refractive examination no more often than one year after the initial examination paid under Medicaid unless more frequent examinations are prior approved as medically necessary by the department's optometric consultant. The same will apply to subsequent examinations in relation to a one-year cycle following an examination.

- 6.c. Chiropractic services. Effective January 1, 2022, the North Dakota Medicaid program will limit the number of spinal manipulation treatment services to no more than twenty treatments and two radiologic examinations per recipient per year unless the provider requests and receives prior authorization from the department.
- 6.d. Other practitioner's services.

Effective April 1, 1992 the department shall provide for services provided by licensed psychologists.

Effective October 1, 2003, the North Dakota Medicaid Program will pay for services provided by Certified Registered Nurse Anesthetists.

Effective April 1, 2004, the North Dakota Medicaid Program will pay for the services of Nurse Practitioners who meet North Dakota's advanced educational and clinic practice requirements and who are certified in specialties in addition to family and pediatric nurse practitioner services.

Effective June 1, 2004, the North Dakota Medicaid Program will pay for services provided by Licensed Independent Certified Social Workers (LICSW's). The 2019 Legislative Assembly revised the title for these individuals to licensed clinical social worker (LCSW).

Effective July 1, 2011, the North Dakota Medicaid Program will pay for services provided by licensed and registered pharmacists.

Effective September 17, 2012, the North Dakota Medicaid Program will enroll licensed Physician Assistants and Clinical Nurse Specialists.

Effective September 17, 2012, the North Dakota Medicaid Program will enroll Registered Nurses for the purposes of administering vaccines.

Effective January 1, 2016, the North Dakota Medicaid Program will enroll Licensed Marriage and Family Therapists and Licensed Professional Clinical Counselors.

Effective July 1, 2022, the North Dakota Medicaid Program will enroll Licensed Professional Counselors.

TN No. <u>22-0008</u> Supersedes TN No. 21-0023

Approval Date October 3, 2022

Effective Date <u>07-01-2022</u>

Attachment to Page 6 of Attachment 3.1-A Rehab Service 13d-1

13d. Rehabilitative Services.

State: North Dakota

Definition of Services

Rehabilitative Services pursuant to 1905(a)(13)(d) of the Act and 42 CFR 440.130(d) include any medical or remedial services and are recommended by a physician or other licensed practitioner of the healing arts within their scope of practice according to state law for maximum reduction of physical or mental disability and restoration of a beneficiary to his/her best possible functional level.

Services include behavioral intervention services that consist of developing and implementing a regimen that will reduce, modify or eliminate undesirable behaviors and/or introducing new methods to induce alternative positive behaviors and management including improving life skills. Specific services are defined in the table below.

Medicaid-eligible children under EPSDT, are able to receive these and all other medically necessary services.

Therapy and/or treatment that involves the participation of a family member/collateral and/or other non-Medicaid eligible individual(s) is for the direct benefit of the member, in accordance with the member's needs and treatment goals identified in the member's treatment plan and for assisting the member's recovery. The general expectation is that the member would be present for the service with the nonmember; however, there may be some treatment session(s) where the practitioner's judgment is not to include the member. The state assures that the following services that include the participation of a family member, collateral, and/or other non-Medicaid eligible individual(s) are provided to, or directed exclusively toward the Medicaid eligible beneficiary:

- Screening, Triage, and Referral Leading to Assessment
- Behavioral Assessment
- Crisis Intervention
- Nursing Assessment and Evaluation
- Behavioral Health Counseling and Therapy
- Individual or Group Counseling
- Intensive in-home for Children
- **Skills Integration**
- Behavioral Intervention
- Crisis Stabilization
- Transitional Living
- **Intensive Outpatient Treatment**
- Partial Hospitalization
- Clinically Managed Low-Intensity Residential Care
- Clinically Managed Residential Withdrawal
- Clinically Managed High-Intensity Residential Services
- Medically Monitored Intensive Inpatient Treatment

There is no duplication of billed services.

Rehabilitative Services do not include the following:

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- a. Room and board;
- b. Services provided to residents of institutions for mental diseases;
- c. Services that are covered elsewhere in the State Medicaid plan;
- d. Educational, vocational and job training services;
- e. Recreational and social activities;
- f. Habilitation Services; and
- g. Services provided to inmates of public institutions.

Service Name	Definition of Services	Who Provides
Screening, Triage, and Referral Leading to Assessment	This service includes the brief assessment of an individual's need for services to determine whether there are sufficient indications of behavioral health issues to warrant further evaluation. This service also includes the initial gathering of information to identify the urgency of need. This information must be collected through a face-to-face interview with the individual and may include a telephonic interview with the family/guardian as necessary. This service includes the process of obtaining cursory historical, social, functional, psychiatric, developmental, or other information from the individual and/or family seeking services in order to determine whether or not a behavioral health issue is likely to exist and the urgency of the need. Services are available 24 hours per day, seven days per week. This service also includes the provision of appropriate triage and referrals to needed services based on the individual's presentation and preferences as identified in the screening process.	Licensed Baccalaureate Social Worker (LBSW), Licensed Master Social Worker (LMSW), Licensed Exempt Psychologist, Licensed Associate Professional Counselor (LAPC), Behavior Modification Specialist, Registered Nurse (RN)
Behavioral Assessment	Interview with the individual, family, staff or other caregivers, and observation of the individual in the environment to assess identified behavioral excesses or deficits. This service involves operationally defining a behavior, identifying environmental, antecedent and consequent events, and making a hypothesis regarding the likely function or purpose of the behavior as well as formulation of therapeutic recommendations/intervention regimen.	Licensed Exempt Psychologist, Licensed Master Social Worker (LMSW)
Crisis Intervention	Emergency behavioral health therapeutic intervention intended to assist in a crisis situation. Crisis situations may be defined as an individual's perception or experience of an event or situation that exceeds the individual's current resources or coping mechanisms. Crisis intervention seeks to stabilize the individual's mental state and prevent immediate harm to the individual or others in contact with that individual. Crisis intervention includes facilitating	Licensed Baccalaureate Social Worker (LBSW), Licensed Master Social Worker (LMSW), Licensed Associate Professional Counselor (LAPC)

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Supersedes

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Service Name	Definition of Services	Who Provides
	emotion regulation, safety planning, providing support, providing guidance for preventing future crisis, promoting mobilization of emotion regulation skills, implementing order and providing protection.	Behavior Modification Specialist
Nursing Assessment and Evaluation	This service requires face-to-face contact with the individual to monitor, evaluate, assess, and/or carry out an order from a licensed practitioner within their scope of practice. This service must consider all of the following items: 1. Assessment to observe, monitor, and care for the physical, nutritional and psychological issues, problems or crises manifested in the course of an individual's treatment; 2. Assessing and monitoring the individual's response to medication(s) to determine the need to continue medication and/or to determine the need to refer the individual for a medication; 3. Assessing and monitoring the individual's medical and other health issues that are either directly related to the mental health disorder, or to the treatment of the disorder; and 4. When appropriate, consulting with the individual's family and significant other(s) about medical, nutritional and other health issues related to the individual's mental health disorder.	Registered Nurse (RN)
Behavioral Health Counseling and Therapy	Behavioral health counseling and therapy provides individual or group counseling by a clinician for children in foster care receiving services through a qualified residential treatment program or in a therapeutic foster care home. Clinicians must be employed by or contracted through the qualified residential treatment program or the therapeutic foster care agency. This service is limited to one hour per child per day of individual counseling and one hour per child per day of group counseling and must be within each practitioner's scope of practice in accordance with licensure and certification. If additional services are medically necessary, the provider may request service authorization from the North Dakota Medicaid Program. Federal financial participation is not available for care or services to Medicaid beneficiaries residing in an IMD.	Licensed Addiction Counselor (LAC), Licensed Baccalaureate Social Worker (LBSW), Licensed Master Social Worker (LMSW), Licensed Associate Professional Counselor (LAPC)

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Service Name	Definition of Services	Who Provides
	Children in foster care have access to comparable services to children who are not in foster care.	
Individual or Group Counseling	Counseling is a process through which an individual or group works with a trained therapist in a safe, caring, and confidential environment to explore their feelings, beliefs, or behaviors, work through challenging or influential memories, identify aspects of their lives that they would like to change, better understand themselves and others, set personal goals, and work toward desired change.	Licensed Baccalaureate Social Worker (LBSW), Licensed Master Social Worker (LMSW), Licensed Associate Professional Counselor (LAPC)
Intensive in-home for Children	This service provides the Medicaid-eligible child(ren) and his/her family with intensive in-home crisis intervention and family education, to prevent one or more children from being placed in out-of-home care. The service must be for the direct benefit of the Medicaid-eligible child. Services are furnished in the child's home. Providers are on call 24 hours a day, seven days a week. Services are time-limited and providers carry a limited caseload. Family education is the practice of equipping family members to develop knowledge and skills that will enhance their ability to help restore the Medicaid-eligible child to the best possible functional level. A child is at risk if the referring agency documents during the evaluation and determination process that the child is at risk of out-of-home placement and one or more of the following criteria is present: Court determination for need of placement; Temporary custody transferred from parents with reunification as the plan; History of significant law violation, physical or sexual abuse and/or neglect, incorrigibility, delinquency, substance abuse, severe mental health issues, etc.; A referral from the child and family team process; Prior placement of any child from within the family unit; Prior placement history of child identified in the referral; Prevent adoption disruption; Child protection assessment resulting in a "Services Required"; and/or	Licensed Baccalaureate Social Worker (LBSW), Licensed Master Social Worker (LMSW), Licensed Associate Professional Counselor (LAPC)

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Service Name	Definition of Services	Who Provides
	 Earlier intervention before court order involvement to prevent placement outside the home. 	
	Situations not covered above will be reviewed by the North Dakota Medicaid Program per a recommendation and proposed care plan from Intensive In-Home Service provider and the referring agency.	
	The length of service is brief, solution-focused and outcome-based. The average length of service is usually two to six months. Services provided beyond six months will require thorough documentation in the child's plan of care and are subject to audit.	
Skills Restoration	Skills restoration is a time-limited service that assists an individual with restoring needed and desired skills such as daily living/independent living skills to improve the functional impairments affected by the individual's behavioral health diagnoses and symptoms to meet rehabilitation goals. Skills restorations is a systematic series of instructional activities, which include a mixture of education, confirmation and demonstration of learned skills and capacity for observed learning over time to ensure lasting results that translate to the living environment. Skills restoration interventions used should be based on evidence-based practice.	Licensed Baccalaureate Social Worker (LBSW), Licensed Master Social Worker (LMSW), Licensed Associate Professional Counselor (LAPC), Behavior Modification Specialist, Registered Nurse (RN)
	Skills restoration is considered an individual service and if provided in a group setting, must be billed with	
Skills Integration	the appropriate modifiers. A service designed to assist an individual in the community in their efforts to apply and integrate those life skills that have been learned in their therapy programs. The individual typically requires support for cueing/modeling of appropriate behavioral and life skills in order to maximize their skills and prevent need for higher levels of care. The practitioner cues the individual and models and reinforces the desired behavior and observes the individual in their natural environment performing the behaviors.	Mental Health Technician, Licensed Baccalaureate Social Worker (LBSW), Licensed Master Social Worker (LMSW), Licensed Associate Professional Counselor (LAPC),
	The service reduces disability and restores an individual to previous functional levels by assisting the individual in ongoing utilization and application of	Behavior Modification Specialist

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Service Name	Definition of Services	Who Provides
	learned skills in normalized living situations. This strengthens the skill development that has occurred, and promotes skill integration in various life roles.	
	Services are limited to four hours per day and must be within each practitioner's scope of practice in accordance with licensure and certification. If additional services are medically necessary, the provider may request service authorization from the North Dakota Medicaid Program.	
	Skills integration is considered an individual service and if provided in a group setting, must be billed with the appropriate modifiers.	
Behavioral Intervention	Behavioral intervention is a service to identify responsive actions by an individual to stimuli and to develop and facilitate the implementation of an intervention regimen that will reduce, modify, or eliminate undesirable responses. This intervention is a comprehensive rehabilitative service that trains new positive behaviors to replace unwanted behavior through positive reinforcement of the descired behavior (i.e. reducing anxiety through deep breathing, reducing self-harm behavior by reinforcing replacement behavior).	Licensed Exempt Psychologist, Behavior Modification Specialist
	This service includes the assessment of the individual and the development a Behavioral Intervention Plan. The plan is to be reviewed and modified as needed to ensure the individual receives appropriate interventions.	
Assessment for Alleged Abuse and/or Neglect and Recommended Plan of Care	An assessment performed by an accredited children's advocacy center to determine if a child has experienced abuse and/or neglect. The assessment must be recorded and is designed to elicit a child's unique information when there are concerns of possible abuse. The assessment should lead to a recommended plan of care.	Licensed Baccalaureate Social Worker (LBSW), Licensed Master Social Worker (LMSW), Licensed Associate Professional Counselor (LAPC)
Crisis Stabilization	This is a residential alternative of not more than 16 beds, to prevent or divert from inpatient hospitalization, offering psychiatric stabilization and detoxification services. The service provides medically monitored residential services for the purpose of resolving acute self-harm or suicide risk, risk of harm to others, and acute substance withdrawal through:	

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Service Name	Definition of Services	Who Provides
	 Psychiatric medical assessment; Crisis assessment, support and intervention including withdrawal management; Medication administration, management, and monitoring; Brief individual, group and/or family counseling; and 	
Transitional Living	5. Linkage to other rehabilitative services as needed. Transitional Living is a residential alternative of not more than 16 beds, designed to assist individuals in restoring the self-help, socialization and adaptive skills necessary to live independently in their own home. This service includes assistance with restoration of skills related to activities of daily living including grocery shopping and meal preparation, managing money, job skills, community socialization, housekeeping and laundry.	

SUBSTANCE USE DISORDER (SUD) TREATMENT SERVICES

Substance Use Disorder Treatment Services means ambulatory services provided to an individual with an impairment resulting from a substance use disorder which are provided by a multidisciplinary team of health care professionals and are designed to stabilize the health of the individual. Services for treatment of substance use disorder may be hospital-based or non-hospital-based. In accordance with an individual's treatment plan, the level of intensity and the amount, duration, and scope of the services may vary based on medical necessity.

Licensed addiction counselors, operating within their scope of practice, performing American Society of Addiction Medicine (ASAM) level 1 services, and practicing within a recognized Indian reservation in North Dakota, are not required to have licensure for Medicaid ASAM level 1 billed services provided within a recognized Indian reservation in North Dakota.

Licensed addiction counselors include licensed clinical addiction counselors, licensed master addiction counselors and practitioners possessing a similar license in a border state and operating within their scope of practice in that state. Licensed addiction programs operating in a border state must provide documentation to the North Dakota Medicaid Program of their state's approval for the operation of the addiction program.

Federal financial participation is not available for any medical assistance under title XIX for services provided to any individual who is under age 65 and who is a patient in an IMD unless the payment is for inpatient psychiatric services for individuals under age 21.

Service Name	Definition of Service	Who Provides
Intensive Outpatient Treatment	Intensive outpatient treatment provided to individuals requiring a primary, organized treatment program and who are able to establish abstinence and	counselors and licensed addiction
		programs may enroll

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	recovery within the context of the individual's usual environment and daily activities. This level of care will normally be offered in the evening hours to facilitate an individual's ability to maintain the usual daily activity but may be offered during the day. An intensive outpatient treatment program shall offer no less than eight hours and no more than nineteen hours of programming per week in a structured	as Medicaid providers for intensive outpatient treatment.
	environment. Intensive outpatient treatment services that are coverable could include: a combination of individual and group therapy; medical and nursing services; referrals for identified treatment needs if such services are not available within the program; and family treatment services if for the benefit of the beneficiary.	
Partial Hospitalization	Partial hospitalization is a program that uses multidisciplinary staff and is provided for individuals who require a more intensive treatment experience than intensive outpatient treatment but who do not require residential treatment with the exception of clinically managed low-intensity residential care. This level of care is designed to offer highly structured intensive treatment to individuals whose condition is sufficiently stable so as not to require twenty-four-hour per day monitoring and care, but whose illness has progressed so as to require consistent near-daily treatment intervention. A partial hospitalization program shall offer no less	Licensed addiction counselors and licensed addiction programs may enroll as Medicaid providers for partial hospitalization.
	than twenty hours of programming, no less than four days per week in a structured program. Partial hospitalization services that are coverable could include: a combination of individual and group therapy; medical and nursing services; referrals for identified treatment needs if such services are not available within the program; and family treatment services if for the benefit of the beneficiary.	
Clinically Managed Low-Intensity Residential Care	Clinically managed low-intensity residential care provides an ongoing therapeutic environment for individuals requiring some structured support in which treatment is directed toward applying recovery skills, preventing relapse, improving emotional functioning, promoting personal responsibility, and reintegrating the individual into the worlds of work,	Licensed addiction counselors and licensed addiction programs may enroll as Medicaid providers for clinically managed

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Attachment to Page 6 of Attachment 3.1-A Rehab Service 13d-9

	education, and family life, adaptive skills that may	low-intensity
	not have been achieved or have been diminished during the individual's active addiction. Such	residential care.
	programs must offer at least five hours per week of	
	low-intensity treatment the focus of which will be on	
	issues in ASAM dimensions four, five, six, and three,	
	if appropriate mental health services are available onsite or by contractual arrangement. Clinically	
	managed low-intensity residential care is also	
	designed for the individual suffering from chronic,	
	long-term alcoholism or drug addiction and affords	
	an extended period of time to establish sound recovery and a solid support system.	
	recovery and a solid support system.	
	Clinically managed low-intensity residential care	
	services that are coverable could include: Skills	
	restoration to assist an individual with restoring needed and desired skills such as daily	
	living/independent living skills to improve the	
	functional impairments affected by the individual's	
	substance use disorder diagnosis and symptoms to	
	meet rehabilitation goals. Skills restorations is a systematic series of instructional activities, which	
	include a mixture of education, confirmation and	
	demonstration of learned skills and capacity for	
	observed learning over time to ensure lasting results	
	that translate to the living environment; and medication administration.	
	medication administration.	
	Clinically managed low-intensity residential care	
	must be combined with intensive outpatient services	
	or partial hospitalization services in order for North Dakota Medicaid to reimburse for clinically managed	
	low-intensity residential care.	
	Federal financial participation is not available for any	
	medical assistance under title XIX for services provided to any individual who is under age 65 and	
	who is a patient in an IMD unless the payment is for	
	inpatient psychiatric services for individuals under	
	age 21.	y
Clinically Managed Residential Withdrawal	Clinically managed residential withdrawal provides detoxification in an organized residential nonmedical	Licensed addiction counselors and
Residential Withdrawal	setting delivered by appropriately trained staff who	licensed addiction
	provide safe, twenty-four-hour monitoring,	programs may enroll
	observation, and support in a supervised environment	as Medicaid
	for an individual to achieve initial recovery	providers for clinically managed
		chincany managed

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State: North Dakota

State: North Dakota

Attachment to Page 6

of Attachment 3.1-A

Rehab Service 13d-10

	from the effects of alcohol or another drug. Clinically	residential
	managed residential withdrawal is characterized by	withdrawal.
	its emphasis on peer and social support and it provides care for individuals whose intoxication or withdrawal signs and symptoms are sufficiently severe to require twenty-four-hour structure and support but the full resources of a medically monitored inpatient detoxification are not necessary.	
	Clinically managed residential withdrawal services that are coverable could include: development of an individualized treatment plan; close observation by staff of the beneficiary; referrals for identified treatment needs if the service is not available within the program; a combination of individual and group therapy; and medication administration.	
	Clinically managed residential withdrawal programs must be affiliated with a hospital that provides twenty-four hour medical backup. Federal financial participation is not available for any medical assistance under title XIX for services provided to any individual who is under age 65 and who is a patient in an IMD unless the payment is for inpatient psychiatric services for individuals under	
Clinically Managed	age 21.	Tingungad addiction
Clinically Managed High-Intensity Residential Services	Clinically managed high-intensity residential services provide a therapeutic community or residential treatment center that offers continuous observation, monitoring, and treatment by allied professional staff designed to treat individuals who are not sufficiently stable to benefit from outpatient treatment no matter how intensive and who have significant psychological and social problems.	Licensed addiction counselors and licensed addiction programs may enroll as Medicaid providers for clinically managed high-intensity residential services.
	Clinically managed high-intensity residential services require onsite, twenty-four hour per day clinical staffing by licensed counselors and other practitioners.	
	Clinically managed high-intensity residential services that are coverable could include: development of an individualized treatment plan; a combination of individual and group therapy; motivational enhancement and engagement strategies; random drug screening; referrals for identified treatment needs if the service is not available within the	

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Rehab Service 13d-11

	program; family treatment services if for the benefit of the beneficiary; and medication administration.	
	Federal financial participation is not available for any medical assistance under title XIX for services provided to any individual who is under age 65 and who is a patient in an IMD unless the payment is for inpatient psychiatric services for individuals under age 21.	
Medically Monitored Intensive Inpatient Treatment	Medically monitored intensive inpatient treatment is a program that provides a planned regimen of twenty-four-hour professionally directed evaluation, observation, medical monitoring, and addiction treatment in an inpatient setting. This program is appropriate for an individual whose subacute detoxification, withdrawal, biomedical, and emotional, behavioral, or cognitive problems are so severe that they require inpatient treatment but who does not need the full resources of an acute care general hospital or a medically managed inpatient treatment program. Medically monitored intensive inpatient treatment services that are coverable could include: development of an individualized treatment plan; a combination of individual and group therapy; medical and nursing services to provide ongoing assessment and care of acute detoxification needs, medical and psychiatric problems; referrals for identified treatment needs if the service is not available within the program; family treatment services if for the benefit of the beneficiary; and medication administration. Federal financial participation is not available for any medical assistance under title XIX for services provided to any individual who is under age 65 and	Licensed addiction counselors and licensed addiction programs may enroll as Medicaid providers for medically monitored intensive inpatient treatment.
	who is a patient in an IMD unless the payment is for inpatient psychiatric services for individuals under age 21.	

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State: North Dakota

TN No: 21-0023

PRACTITIONER QUALIFICATIONS

State: North Dakota

Other Licensed Practitioners recognized by the Single Medicaid Agency and authorized under Attachment 3.1-A Item 6.d. and Attachment 3.1-B Item 6.d. may bill Medicaid for covered services, including Rehabilitative Services, allowed within their scope of practice.

Practitioners possessing a similar license/certification in a border state and operating within their scope of practice in that state may enroll to provide rehabilitative services upon attesting to the Single State Medicaid Agency of their comparable license/certification.

Practitioners who are governed by a state licensing board must follow the board's requirements for supervision.

Provider Types	Licensure/ Certification Authority	Education/ Degree Required
Licensed Addiction Counselor, Clinical Addiction Counselor, or Master Addiction Counselor	Requires current licensure as an Addiction Counselor, Clinical Addiction Counselor, or Master Addiction Counselor by the North Dakota Board of Addiction Counseling Examiners.	
Licensed Addiction Programs	Requires current licensure as an addiction program by the Behavioral Health Division of the North Dakota Department of Human Services.	
Licensed Exempt Psychologist	Eligibility for licensure exemption as determined by the North Dakota Board of Psychologist Examiners.	
Behavior Modification Specialist		Master's degree in psychology, social work, counseling, education, child development and family science, human services or communication disorders. Or a bachelors' degree in one of the above fields and two years of work experience in the respective discipline. The work experience must be in a professional setting and supervised by a licensed practitioner in a related field.

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Rehab Service 13d-13

Provider Types	Licensure/ Certification Authority	Education/ Degree Required
Licensed Baccalaureate Social Worker (LBSW)	Licensure as a LBSW by the North Dakota Board of Social Work Examiners.	
Licensed Master Social Worker (LMSW)	Licensure as a LMSW by the ND Board of Social Work Examiners.	
Registered Nurse (RN)	Requires licensure as a Registered Nurse by the North Dakota Board of Nursing.	
Licensed Associate Professional Counselor (LAPC)	Licensure as a LAPC by the North Dakota Board of Counselor Examiners.	
Mental Health Technician (MHT)	Certification as a Mental Health Technician and supervised by a licensed practitioner within their scope of practice.	

The North Dakota Medicaid Program, through the provider agreement, contracts with entities to provide rehabilitative services. The entities must attest to the North Dakota Medicaid Program that they:

- Maintain case files for each Medicaid-eligible individual;
- Retain evidence of compliance with the practitioner qualifications;
- Notify individuals of any limitations on amount, duration or scope of services and alert individuals when limitations are about to be reached and request authorization from the North Dakota Medicaid Program, as appropriate, for additional services; and
- Provide services according to a plan of care.

Individual practitioners must meet the qualifications detailed in the Provider Qualifications table and must be employed by an entity that has a provider agreement with the North Dakota Medicaid Program. The practitioner is responsible for ensuring services are allowed to be provided within their scope of practice according to state law and is responsible for maintaining the individual qualifications outlined in the Provider Qualifications table.

Eligibility for Services

State: North Dakota

The following requirements must be met before rehabilitative services can be provided through the North Dakota Medicaid Program.

- The individual must be eligible for the Medicaid Program; and 1)
- 2) Other than Screening, Triage, and Referral Leading to Assessment, Behavioral Assessment, Crisis Intervention and Forensic Interview, the service must be recommended by a practitioner of the healing arts within the scope of their practice under state law; and
- 3) The individual must be in need of mental health or behavioral intervention services that are provided by qualified practitioners.

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STATE: North Dakota

LIMITATIONS ON AMOUNT, DURATION AND SCOPE

Service

6.b. Effective July 1, 2009, individuals <u>21 years of age and older</u> are limited to one refractive examination no more often every two years after the initial examination paid under Medicaid unless more frequent examinations are prior approved as medically necessary by the department's optometric consultant. The same will apply to subsequent examinations in relation to a two-year cycle following an examination.

Individuals <u>under 21 years of age</u> are limited to one refractive examination no more often than one year after the initial examination paid under Medicaid unless more frequent examinations are prior approved as medically necessary by the department's optometric consultant. The same will apply to subsequent examinations in relation to a one-year cycle following an examination.

- 6.c. Chiropractic services. Effective January 1, 2022, the North Dakota Medicaid program will limit the number of spinal manipulation treatment services to no more than twenty treatments and two radiologic examinations per recipient per year unless the provider requests and receives prior authorization from the department.
- 6.d. Other practitioner's services.

Effective April 1, 1992, the department shall provide for services provided by licensed psychologists.

Effective October 1, 2003, the North Dakota Medicaid Program will pay for services provided by Certified Registered Nurse Anesthetists.

Effective April 1, 2004, the North Dakota Medicaid Program will pay for the services of Nurse Practitioners who meet North Dakota's advanced educational and clinic practice requirements and who are certified in specialties in addition to family and pediatric nurse practitioner services.

Effective June 1, 2004, the North Dakota Medicaid Program will pay for services provided by Licensed Independent Certified Social Workers (LICSW's). The 2019 Legislative Assembly revised the title for these individuals to licensed clinical social worker (LCSW).

Effective July 1, 2011, the North Dakota Medicaid Program will pay for services provided by licensed and registered pharmacists.

Effective September 17, 2012, the North Dakota Medicaid Program will enroll licensed Physician Assistants and Clinical Nurse Specialists.

Effective September 17, 2012, the North Dakota Medicaid Program will enroll Registered Nurses for the purposes of administering vaccines.

Effective January 1, 2016, the North Dakota Medicaid Program will enroll Licensed Marriage and Family Therapists and Licensed Professional Clinical Counselors.

Effective July 1, 2022, the North Dakota Medicaid Program will enroll Licensed Professional Counselors.

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Attachment to Page 5 of Attachment 3.1-B Rehab Service 13d-1

13d. Rehabilitative Services.

State: North Dakota

Definition of Services

Rehabilitative Services pursuant to 1905(a)(13)(d) of the Act and 42 CFR 440.130(d) include any medical or remedial services and are recommended by a physician or other licensed practitioner of the healing arts within their scope of practice according to state law for maximum reduction of physical or mental disability and restoration of a beneficiary to his/her best possible functional level.

Services include behavioral intervention services that consist of developing and implementing a regimen that will reduce, modify or eliminate undesirable behaviors and/or introducing new methods to induce alternative positive behaviors and management including improving life skills. Specific services are defined in the table below.

Medicaid-eligible children under EPSDT, are able to receive these and all other medically necessary services.

Therapy and/or treatment to the member's family and/or other non-Medicaid eligible individual(s) is for the direct benefit of the member, in accordance with the member's needs and treatment goals identified in the member's treatment plan and for assisting the member's recovery. The general expectation is that the member would be present for the service with the non-member; however, there may be some treatment session(s) where the practitioner's judgment is not to include the member. The state assures that the following services that include the participation of a family member, collateral, and/or other non-Medicaid eligible individual(s) are provided to, or directed exclusively toward the Medicaid eligible beneficiary:

- Screening, Triage, and Referral Leading to Assessment
- Behavioral Assessment
- Crisis Intervention
- Nursing Assessment and Evaluation
- Behavioral Health Counseling and Therapy
- Individual or Group Counseling
- Intensive in-home for Children
- Skills Integration
- Behavioral Intervention
- Crisis Stabilization
- Transitional Living
- Intensive Outpatient Treatment
- Partial Hospitalization
- Clinically Managed Low-Intensity Residential Care
- Clinically Managed Residential Withdrawal
- Clinically Managed High-Intensity Residential Services
- Medically Monitored Intensive Inpatient Treatment

There is no duplication of billed services.

Rehabilitative Services do not include the following:

a. Room and board;

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- b. Services provided to residents of institutions for mental diseases;
- c. Services that are covered elsewhere in the State Medicaid plan;
- d. Educational, vocational and job training services;
- e. Recreational and social activities;
- f. Habilitation Services; and
- g. Services provided to inmates of public institutions.

Service Name	Definition of Services	Who Provides
Screening, Triage, and Referral Leading to Assessment	This service includes the brief assessment of an individual's need for services to determine whether there are sufficient indications of behavioral health issues to warrant further evaluation. This service also includes the initial gathering of information to identify the urgency of need. This information must be collected through a face-to-face interview with the individual and may include a telephonic interview with the family/guardian as necessary. This service includes the process of obtaining cursory historical, social, functional, psychiatric, developmental, or other information from the individual and/or family seeking services in order to determine whether or not a behavioral health issue is likely to exist and the urgency of the need. Services are available 24 hours per day, seven days per week. This service also includes the provision of appropriate triage and referrals to needed services based on the individual's presentation and preferences as identified in the screening process.	Licensed Baccalaureate Social Worker (LBSW), Licensed Master Social Worker (LMSW), Licensed Exempt Psychologist, Licensed Associate Professional Counselor (LAPC), Behavior Modification Specialist, Registered Nurse (RN)
Behavioral Assessment	Interview with the individual, family, staff or other caregivers, and observation of the individual in the environment to assess identified behavioral excesses or deficits. This service involves operationally defining a behavior, identifying environmental, antecedent and consequent events, and making a hypothesis regarding the likely function or purpose of the behavior as well as formulation of therapeutic recommendations/intervention regimen.	Licensed Exempt Psychologist, Licensed Master Social Worker (LMSW)
Crisis Intervention	Emergency behavioral health therapeutic intervention intended to assist in a crisis situation. Crisis situations may be defined as an individual's perception or experience of an event or situation that exceeds the individual's current resources or coping mechanisms. Crisis intervention seeks to stabilize the individual's mental state and prevent immediate harm to the individual or others in contact with that individual. Crisis intervention includes facilitating emotion regulation, safety planning, providing support, providing guidance for preventing future crisis, promoting mobilization of emotion regulation skills, implementing order and providing protection.	Licensed Baccalaureate Social Worker (LBSW), Licensed Master Social Worker (LMSW), Licensed Associate Professional Counselor (LAPC), Behavior Modification Specialist

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Service Name	Definition of Services	Who Provides
Nursing Assessment and Evaluation	This service requires face-to-face contact with the individual to monitor, evaluate, assess, and/or carry out an order from a licensed practitioner within their scope of practice. This service must consider all of the following items: 1. Assessment to observe, monitor, and care for the physical, nutritional and psychological issues, problems or crises manifested in the course of an individual's treatment; 2. Assessing and monitoring the individual's response to medication(s) to determine the need to continue medication and/or to determine the need to refer the individual for a medication; 3. Assessing and monitoring the individual's medical and other health issues that are either directly related to the mental health disorder, or to the treatment of the disorder; and 4. When appropriate, consulting with the individual's family and significant other(s) about medical, nutritional and other health disorder.	Registered Nurse (RN)
Behavioral Health Counseling and Therapy	Behavioral health counseling and therapy provides individual or group counseling by a clinician for children in foster care receiving services through a qualified residential treatment program or in a therapeutic foster care home. Clinicians must be employed by or contracted through the qualified residential treatment program or the therapeutic foster care agency. This service is limited to one hour per child per day of individual counseling and one hour per child per day of group counseling and must be within each practitioner's scope of practice in accordance with licensure and certification. If additional services are medically necessary, the provider may request service authorization from the North Dakota Medicaid Program. Federal financial participation is not available for care or services to Medicaid beneficiaries residing in an IMD. Children in foster care have access to comparable services to children who are not in foster care.	Licensed Addiction Counselor (LAC), Licensed Baccalaureate Social Worker (LBSW), Licensed Master Social Worker (LMSW), Licensed Associate Professional Counselor (LAPC)

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Service Name	Definition of Services	Who Provides
Individual or Group Counseling	Counseling is a process through which an individual or group works with a trained therapist in a safe, caring, and confidential environment to explore their feelings, beliefs, or behaviors, work through challenging or influential memories, identify aspects of their lives that they would like to change, better understand themselves and others, set personal goals, and work toward desired change.	Licensed Baccalaureate Social Worker (LBSW), Licensed Master Social Worker (LMSW), Licensed Associate Professional Counselor (LAPC)
Intensive in-home for Children	This service provides the Medicaid-eligible child(ren) and his/her family with intensive in-home crisis intervention and family education, to prevent one or more children from being placed in out-of-home care. The service must be for the direct benefit of the Medicaid-eligible child. Services are furnished in the child's home. Providers are on call 24 hours a day, seven days a week. Services are time-limited and providers carry a limited caseload. Family education is the practice of equipping family members to develop knowledge and skills that will enhance their ability to help restore the Medicaid-eligible child to the best possible functional level. A child is at risk if the referring agency documents during the evaluation and determination process the child is at risk of out-of-home placement and one or more of the following criteria is present: • Court determination for need of placement; • Temporary custody transferred from parents with reunification as the plan; • History of significant law violation, physical or sexual abuse and/or neglect, incorrigibility, delinquency, substance abuse, severe mental health issues, etc.; • A referral from the child and family team process; • Prior placement of any child from within the family unit; • Prior placement history of child identified in the referral; • Prevent adoption disruption; • Child protection assessment resulting in a "Services Required"; and/or • Earlier intervention before court order involvement to prevent placement outside the home.	Licensed Baccalaureate Social Worker (LBSW), Licensed Master Social Worker (LMSW), Licensed Associate Professional Counselor (LAPC)

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Service Name	Definition of Services	Who Provides
	Situations not covered above will be reviewed by the North Dakota Medicaid Program per a recommendation and proposed care plan from Intensive In-Home Service provider and the referring agency. The length of service is brief, solution-focused and outcome-based. The average length of service is usually two to six months. Services provided beyond six months will require thorough documentation in the child's plan of	
Skills Restoration	care and are subject to audit. Skills restoration is a time-limited service that assists an individual with restoring needed and desired skills such as daily living/independent living skills to improve the functional impairments affected by the individual's behavioral health diagnoses and symptoms to meet rehabilitation goals. Skills restorations is a systematic series of instructional activities, which include a mixture of education, confirmation and demonstration of learned skills and capacity for observed learning over time to ensure lasting results that translate to the living environment. Skills restoration interventions used should be based on evidence-based practice.	Licensed Baccalaureate Social Worker (LBSW), Licensed Master Social Worker (LMSW), Licensed Associate Professional Counselor (LAPC), Behavior Modification Specialist, Registered Nurse (RN)
	Skills restoration is considered an individual service and if provided in a group setting, must be billed with the appropriate modifiers.	
Skills Integration	A service designed to support an individual in the community in their efforts to apply and integrate those life skills that have been learned in their therapy programs. The individual typically requires support for cueing/modeling of appropriate behavioral and life skills in order to maximize their skills and prevent need for higher levels of care. The service reduces disability and restores an individual to previous functional levels by assisting the individual in ongoing utilization and application of learned skills in	Mental Health Technician, Licensed Baccalaureate Social Worker (LBSW), Licensed Master Social Worker (LMSW), Licensed Associate Professional Counselor (LAPC),
	normalized living situations. This strengthens the skill development that has occurred, and promotes skill integration in various life roles. Services are limited to four hours per day and must be within each practitioner's scope of practice in accordance with licensure and certification. If additional services are	Behavior Modification Specialist

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Service Name	Definition of Services	Who Provides
	medically necessary, the provider may request service authorization from the North Dakota Medicaid Program.	
	Skills integration is considered an individual service and if provided in a group setting, must be billed with the appropriate modifiers.	
Behavioral Intervention	Behavioral intervention is a service to identify responsive actions by an individual to stimuli and to develop and facilitate the implementation of an intervention regimen that will reduce, modify, or eliminate undesirable responses. This intervention is a comprehensive rehabilitative service that trains new positive behaviors to replace unwanted behavior through positive reinforcement of the desired behavior (i.e. reducing anxiety through deep breathing, reducing self-harm behavior by reinforcing replacement behavior). This service includes the assessment of the individual and	Licensed Exempt Psychologist, Behavior Modification Specialist
	the development a Behavioral Intervention Plan. The plan is to be reviewed and modified as needed to ensure the individual receives appropriate interventions.	
Assessment for Alleged Abuse and/or Neglect and Recommended Plan of Care	An assessment performed by an accredited children's advocacy center to determine if a child has experienced abuse and/or neglect. The assessment must be recorded and is designed to elicit a child's unique information when there are concerns of possible abuse. The assessment should lead to a recommended plan of care.	Licensed Baccalaureate Social Worker (LBSW), Licensed Master Social Worker (LMSW), Licensed Associate Professional Counselor (LAPC)
Crisis Stabilization	This is a residential alternative of not more than 16 beds, to prevent or divert from inpatient hospitalization, offering psychiatric stabilization and detoxification services. The service provides medically monitored residential services for the purpose of resolving acute self-harm or suicide risk, risk of harm to others, and acute substance withdrawal through: 1. Psychiatric medical assessment;	
	 Crisis assessment, support and intervention including withdrawal management; Medication administration, management, and monitoring; Brief individual, group and/or family counseling; and Linkage to other rehabilitative services as needed. 	
Transitional Living	Transitional Living is a residential alternative of not more than 16 beds, designed to assist individuals in restoring the self-help, socialization and adaptive skills necessary to	

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Service Name	Definition of Services	Who Provides
	live independently in their own home. This service	
	includes assistance with restoration of skills related to	
	activities of daily living including grocery shopping and	
	meal preparation, managing money, job skills, community	
	socialization, housekeeping and laundry.	

SUBSTANCE USE DISORDER (SUD) TREATMENT SERVICES

Substance Use Disorder Treatment Services means ambulatory services provided to an individual with an impairment resulting from a substance use disorder which are provided by a multidisciplinary team of health care professionals and are designed to stabilize the health of the individual. Services for treatment of substance use disorder may be hospital-based or non-hospital-based. In accordance with an individual's treatment plan, the level of intensity and the amount, duration, and scope of the services may vary based on medical necessity.

Licensed addiction counselors, operating within their scope of practice, performing American Society of Addiction Medicine (ASAM) level 1 services, and practicing within a recognized Indian reservation in North Dakota, are not required to have licensure for Medicaid ASAM 1 billed services provided within a recognized Indian reservation in North Dakota.

Licensed addiction counselors include licensed clinical addiction counselors, licensed master addiction counselors and practitioners possessing a similar license in a border state and operating within their scope of practice in that state. Licensed addiction programs operating in a border state must provide documentation to the North Dakota Medicaid Program of their state's approval for the operation of the addiction program.

Federal financial participation is not available for any medical assistance under title XIX for services provided to any individual who is under age 65 and who is a patient in an IMD unless the payment is for inpatient psychiatric services for individuals under age 21.

Service Name	Definition of Service	Who Provides
Intensive Outpatient Treatment	Intensive outpatient treatment provided to individuals requiring a primary, organized treatment program and who are able to establish abstinence and recovery within the context of the individual's usual environment and daily activities. This level of care will normally be offered in the evening hours to facilitate an individual's ability to maintain the usual daily activity but may be offered during the day. An intensive outpatient treatment program shall offer no less than eight hours and no more than nineteen hours of programming per week in a structured environment. Intensive outpatient treatment services that are coverable could include: a combination of individual and group therapy; medical and nursing services;	Licensed addiction counselors and licensed addiction programs may enroll as Medicaid providers for intensive outpatient treatment.

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	referrals for identified treatment needs if such services are not available within the program; and family treatment services if for the benefit of the beneficiary.	
Partial Hospitalization	Partial hospitalization is a program that uses multidisciplinary staff and is provided for individuals who require a more intensive treatment experience than intensive outpatient treatment but who do not require residential treatment with the exception of clinically managed low-intensity residential care. This level of care is designed to offer highly structured intensive treatment to individuals whose condition is sufficiently stable so as not to require twenty-four-hour per day monitoring and care, but whose illness has progressed so as to require consistent near-daily treatment intervention. A partial hospitalization program shall offer no less than twenty hours of programming, no less than four days per week in a structured program. Partial hospitalization services that are coverable could include: a combination of individual and group	Licensed addiction counselors and licensed addiction programs may enroll as Medicaid providers for partial hospitalization.
	therapy; medical and nursing services; referrals for identified treatment needs if such services are not available within the program; and family treatment services if for the benefit of the beneficiary.	
Clinically Managed Low-Intensity Residential Care	Clinically managed low-intensity residential care provides an ongoing therapeutic environment for individuals requiring some structured support in which treatment is directed toward applying recovery skills, preventing relapse, improving emotional functioning, promoting personal responsibility, and reintegrating the individual into the worlds of work, education, and family life, adaptive skills that may not have been achieved or have been diminished during the individual's active addiction. Such programs must offer at least five hours per week of low-intensity treatment the focus of which will be on issues in ASAM dimensions four, five, six, and three, if appropriate mental health services are available onsite or by contractual arrangement. Clinically managed low-intensity residential care is also designed for the individual suffering from chronic, long-term alcoholism or drug addiction and affords an extended period of time to establish sound recovery and a solid support system.	Licensed addiction counselors and licensed addiction programs may enroll as Medicaid providers for clinically managed low-intensity residential care.

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	Clinically managed low-intensity residential care services that are coverable could include: Skills restoration to assist an individual with restoring needed and desired skills such as daily living/independent living skills to improve the functional impairments affected by the individual's substance use disorder diagnosis and symptoms to meet rehabilitation goals. Skills restorations is a systematic series of instructional activities, which include a mixture of education, confirmation and demonstration of learned skills and capacity for observed learning over time to ensure lasting results that translate to the living environment; and medication administration.	
	Clinically managed low-intensity residential care must be combined with intensive outpatient services or partial hospitalization services in order for North Dakota Medicaid to reimburse for clinically managed low-intensity residential care.	
	Federal financial participation is not available for any medical assistance under title XIX for services provided to any individual who is under age 65 and who is a patient in an IMD unless the payment is for inpatient psychiatric services for individuals under age 21.	
Clinically Managed Residential Withdrawal	Clinically managed residential withdrawal provides detoxification in an organized residential nonmedical setting delivered by appropriately trained staff who provide safe, twenty-four-hour monitoring, observation, and support in a supervised environment for an individual to achieve initial recovery from the effects of alcohol or another drug. Clinically managed residential withdrawal is characterized by its emphasis on peer and social support, and it provides care for individuals whose intoxication or withdrawal signs and symptoms are sufficiently severe to require twenty-four-hour structure and support but the full resources of a medically monitored inpatient detoxification are not necessary.	Licensed addiction counselors and licensed addiction programs may enroll as Medicaid providers for clinically managed residential withdrawal.
	Clinically managed residential withdrawal services that are coverable could include: development of an individualized treatment plan; close observation by staff of the beneficiary; referrals for identified treatment needs if the service is not available within the program; a combination of individual and group therapy; and medication administration.	

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State: North Dakota

	Clinically managed residential withdrawal programs must be affiliated with a hospital that provides twenty-four hour medical backup. Federal financial participation is not available for any medical assistance under title XIX for services provided to any individual who is under age 65 and who is a patient in an IMD unless the payment is for inpatient psychiatric services for individuals under age 21.	
Clinically Managed High-Intensity Residential Services	Clinically managed high-intensity residential services provide a therapeutic community or residential treatment center that offers continuous observation, monitoring, and treatment by allied professional staff designed to treat individuals who are not sufficiently stable to benefit from outpatient treatment no matter how intensive and who have significant psychological and social problems. Clinically managed high-intensity residential services require onsite, twenty-four hour per day clinical staffing by licensed counselors and other practitioners. Clinically managed high-intensity residential services that are coverable could include: development of an individualized treatment plan; a combination of individual and group therapy; motivational enhancement and engagement strategies; random drug screening; referrals for identified treatment needs if the service is not available within the program; family treatment services if for the benefit of the beneficiary; and medication administration.	Licensed addiction counselors and licensed addiction programs may enroll as Medicaid providers for clinically managed high-intensity residential services.
Medically Monitored Intensive Inpatient Treatment	Federal financial participation is not available for any medical assistance under title XIX for services provided to any individual who is under age 65 and who is a patient in an IMD unless the payment is for inpatient psychiatric services for individuals under age 21. Medically monitored intensive inpatient treatment is a program that provides a planned regimen of twenty-four-hour professionally directed evaluation, observation, medical monitoring, and addiction treatment in an inpatient setting. This program is appropriate for an individual whose subacute detoxification, withdrawal, biomedical, and emotional, behavioral, or cognitive problems are so severe that they require inpatient treatment but who	Licensed addiction counselors and licensed addiction programs may enroll as Medicaid providers for medically monitored intensive inpatient treatment.

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Rehab Service 13d-11

does not need the full resources of an acute care general hospital or a medically managed inpatient treatment program.

Medically monitored intensive inpatient treatment services that are coverable could include: development of an individualized treatment plan; a combination of individual and group therapy; medical and nursing services to provide ongoing assessment and care of acute detoxification needs, medical and psychiatric problems; referrals for identified treatment needs if the service is not available within the program; family treatment services if for the benefit of the beneficiary; and medication administration.

Federal financial participation is not available for any medical assistance under title XIX for services provided to any individual who is under age 65 and who is a patient in an IMD unless the payment is for inpatient psychiatric services for individuals under age 21.

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State: North Dakota

PRACTITIONER QUALIFICATIONS

State: North Dakota

Other Licensed Practitioners recognized by the Single Medicaid Agency and authorized under Attachment 3.1-A Item 6.d. and Attachment 3.1-B Item 6.d. may bill Medicaid for covered services, including Rehabilitative Services, allowed within their scope of practice.

Practitioners possessing a similar license/certification in a border state and operating within their scope of practice in that state may enroll to provide rehabilitative services upon attesting to the Single State Medicaid Agency of their comparable license/certification.

Practitioners who are governed by a state licensing board must follow the board's requirements for supervision.

Provider Types	Licensure/ Certification Authority	Education/ Degree Required
Licensed Addiction Counselor. Clinical Addiction Counselor, or Master Addiction Counselor	Requires current licensure as an Addiction Counselor, Clinical Addiction Counselor, or Master Addiction Counselor by the North Dakota Board of Addiction Counseling Examiners.	
Licensed Addiction Programs	Requires current licensure as an addiction program by the Behavioral Health Division of the North Dakota Department of Human Services.	
Licensed Exempt Psychologist	Eligibility for licensure exemption as determined by the North Dakota Board of Psychologist Examiners.	
Behavior Modification Specialist		Master's degree in psychology, social work, counseling, education, child development and family science, human services or communication disorders. Or a bachelors' degree in one of the above fields and two years of work experience in the respective discipline. The work experience must be in a professional setting and supervised by a licensed practitioner in a related field.

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Provider Types	Licensure/ Certification Authority	Education/ Degree Required
Licensed Baccalaureate Social Worker (LBSW)	Licensure as a LBSW by the North Dakota Board of Social Work Examiners.	
Licensed Master Social Worker (LMSW)	Licensure as a LMSW by the North Dakota Board of Social Work Examiners.	
Registered Nurse (RN)	Requires licensure as a Registered Nurse by the North Dakota Board of Nursing.	
Licensed Associate Professional Counselor (LAPC)	Licensure as a LAPC by the North Dakota Board of Counselor Examiners.	
Mental Health Technician (MHT)	Certification as a Mental Health Technician and supervised by a licensed practitioner within their scope of practice.	

The North Dakota Medicaid Program, through the provider agreement, contracts with entities to provide rehabilitative services. The entities must attest to the North Dakota Medicaid Program that they:

- Maintain case files for each Medicaid-eligible individual;
- Retain evidence of compliance with the practitioner qualifications;
- Notify individuals of any limitations on amount, duration or scope of services and alert individuals
 when limitations are about to be reached and request authorization from the North Dakota Medicaid
 Program, as appropriate, for additional services; and
- Provide services according to a plan of care.

Individual practitioners must meet the qualifications detailed in the Provider Qualifications table and must be employed by an entity that has a provider agreement with the North Dakota Medicaid Program. The practitioner is responsible for ensuring services are allowed to be provided within their scope of practice according to state law and is responsible for maintaining the individual qualifications outlined in the Provider Qualifications table.

Eligibility for Services

The following requirements must be met before rehabilitative services can be provided through the North Dakota Medicaid Program.

- 1) The individual must be eligible for the Medicaid Program; and
- 2) Other than Screening, Triage, and Referral Leading to Assessment, Behavioral Assessment, Crisis Intervention and Forensic Interview, the service must be recommended by a practitioner of the healing arts within the scope of their practice under state law; and
- 3) The individual must be in need of mental health or behavioral intervention services that are provided by qualified practitioners.

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5. Rate-Setting for New FQHCs

For the purpose of this Section, a "new FQHC" is an FQHC that meets all applicable licensing or enrollment requirements, and qualifies as an FQHC on or after April 1, 2012. Sites of an existing FQHC that are newly recognized by the Health Resources and Services Administration (HRSA) are not new FQHCs.

- (a) <u>Establishment of Interim Rate</u>: The state shall pay new FQHCs under the methodology effective for services provided on or after the effective date the provider is an enrolled provider. The new FQHC shall choose between two options for interim medical and dental APM rates that shall be effective until new APM rates are established:
 - i. 90% of the average medical APM rate and average dental APM rate for all FQHCs in North Dakota; or
 - ii. A rate based on an actual or *pro forma* cost report.
- (b) <u>Establishment of APM Rates</u>: The FQHC's medical and dental APM rates will be determined according to subsection B.1 and shall be effective on the first day of the second full fiscal year of operations.
- (c) <u>Reconciliation</u>: Payments made to an FQHC under the interim rate described in subsection B.5 shall be subject to cost settlement, and the FQHC shall be entitled to receive the reasonable cost of providing covered services during the first two fiscal years of operation.

6. Behavioral Health Services Encounter

A behavioral health services encounter provided at a FQHC may be rendered by a licensed provider, within their scope of practice and who meets the provider qualifications under Attachment to Page 3 of Attachment 3.1-A and Attachment to Page 3 of Attachment 3.1-B.

The rate for a behavioral health encounter shall be equal to the medical APM rate. A behavioral health encounter may be reimbursed in addition to a separate medical encounter on the same day.

7. Wrap-around payment under managed care arrangements

If services furnished by a FQHC to a Medicaid eligible recipient are paid by a managed care entity at a rate less than the established rate, a supplemental payment equal to the difference between the rate paid by the managed care entity and the established rate times the number of visits shall be made quarterly by the managed care entity. When supplemental payments are made by the managed care entity to the FQHC, the individually affected FQHC must agree to this payment methodology.

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