Table of Contents

State/Territory Name: North Dakota

State Plan Amendment (SPA) #: 20-0010

This file contains the following documents in the order listed:

1) Approval Letter 2) 179 Form 3) Approved SPA Pages

DEPARTMENT OF HEALTH & HUMAN SERVICES Centers for Medicare & Medicaid Services 601 E. 12th St., Room 355

Kansas City, Missouri 64106



Medicaid and CHIP Operations Group

December 31, 2020

Caprice Knapp, Medicaid Director North Dakota Department of Health, Medical Services 600 E Boulevard Avenue, Dept. 325 Bismarck, ND 58505-0250

RE: TN 20-0010 new North Dakota §1915(i) home and community-based services (HCBS) state plan benefit

Dear Ms. Knapp:

The Centers for Medicare & Medicaid Services (CMS) is approving the state's request to amend its state plan to add a new 1915(i) home and community-based services (HCBS) benefit, transmittal number TN 20-0010. The effective date for this 1915(i) benefit is October 1, 2020. Enclosed is a copy of the approved state plan amendment (SPA).

Since the state has elected to target the population who can receive these §1915(i) State Plan HCBS, CMS approves this SPA for a five-year period expiring September 30, 2025, in accordance with §1915(i)(7) of the Social Security Act. To renew the §1915(i) State Plan HCBS benefit for an additional five-year period, the state must submit a renewal application to CMS at least 180 days prior to the end of the approval period, September 30, 2025. CMS' approval of a renewal request is contingent upon state adherence to federal requirements and the state meeting its objectives with respect to quality improvement and beneficiary outcomes.

Per federal regulations at 42 CFR §441.745(a)(i), the state will annually provide CMS with the projected number of individuals to be enrolled in the benefit and the actual number of unduplicated individuals enrolled in the §1915(i) State Plan HCBS benefit in the previous year. Additionally, at least 21 months prior to the end of the five-year approval period, the state must submit evidence of the state's quality monitoring in accordance with the Quality Improvement Strategy in the approved state plan amendment. The evidence must include data analysis, findings, remediation, and describe any system improvement for each of the §1915(i) requirements.

It is important to note that CMS' approval of this new 1915(i) HCBS state plan benefit solely addresses the state's compliance with the applicable Medicaid authorities. CMS' approval does not address the state's independent and separate obligations under federal laws including, but not limited to, the Americans with Disabilities Act, § 504 of the Rehabilitation Act, or the Supreme

Court's Olmstead decision. Guidance from the Department of Justice concerning compliance with the Americans with Disabilities Act and the Olmstead decision is available at http://www.ada.gov/olmstead/q&a_olmstead.htm.

Thank you for your cooperation during the review process. If you have any questions concerning this information, please contact me at (206) 615-2356, or your staff may contact Kijhana Glasco at Kijhana.Glasco@cms.hhs.gov or (303) 844-7131.

Sincerely,

Digitally signed by David L. Meacham -S Date: 2020.12.31 11:34:26

David L. Meacham, Director Division of HCBS Operations and Oversight

Enclosure

cc:

Krista Fremming, North Dakota Dawn Pearson, North Dakota Dominique Mathurin, CMS Walter Neal, CMS, Curtis Volesky, CMS Jan Covello, CMS Michele Mackenzie, CMS Christine Story, CMS LaJoshica Smith, CMS Katherine Berland, CMS Kevin Patterson, CMS Kathy Poisal, CMS Deanna Clark, CMS

CENTERS FOR MEDICARE AND MEDICAID SERVICES		OMB NO. 0938-0193
TRANSMITTAL AND NOTICE OF APPROVAL OF	1. TRANSMITTAL NUMBER:	2. STATE
STATE PLAN MATERIAL	20-0010	
	20-0010	North Dakota
	3. PROGRAM IDENTIFICATION:	
FOR: CENTERS FOR MEDICARE AND MEDICAID SERVICES	TITLE XIX OF THE SOCIAL SECU	RITV ACT
	(MEDICAID)	MIII MEI
TO: REGIONAL ADMINISTRATOR	4. PROPOSED EFFECTIVE DATE	
	4. FROPOSED EFFECTIVE DATE	
CENTERS FOR MEDICARE AND MEDICAID SERVICES	October 1, 2020	
DEPARTMENT OF HEALTH AND HUMAN SERVICES	October 1, 2020	
5. TYPE OF PLAN MATERIAL (Check One):		
NEW STATE PLAN AMENDMENT TO BE O	CONSIDERED AS NEW PLAN	AMENDMENT
COMPLETE BLOCKS 6 THRU 10 IF THIS IS AN AMEN		
6. FEDERAL STATUTE/REGULATION CITATION:	7. FEDERAL BUDGET IMPACT:	· cincrement)
Social Security Act Section 1915(i) (State Plan Amendment Option		
To Provide Home and Community-Based Services for Elderly and	b. FFY 2022 \$14,107,157	
Disabled Individuals)		
8. PAGE NUMBER OF THE PLAN SECTION OR ATTACHMENT:	9. PAGE NUMBER OF THE SUPERS	
	OR ATTACHMENT (If Applicable):	:
Attachment 3.1-i: Pages 1 to 114	New state plan pages	
Attachment 4.19-B, Pages 13 to 16	New state plan pages	
Attachment 2.2-A, Pages 28 and 29	New state plan pages	
10. SUBJECT OF AMENDMENT:		
Amends the State Plan to include new community-based behavioral h	iealth services under section 1915i auth	ority.
11 COVERNORS REVIEW (CL. 1.0.)		
11. GOVERNOR'S REVIEW (Check One):	M. 0.77777 . 1.0.0770	
GOVERNOR'S OFFICE REPORTED NO COMMENT	☑ OTHER, AS SPEC	
COMMENTS OF GOVERNOR'S OFFICE ENCLOSED	<u>Caprice Knapp, Di</u>	
☐ NO REPLY RECEIVED WITHIN 45 DAYS OF SUBMITTAL	<u>Medical Service</u>	<u>s Division</u>
12. SIGNATURE OF STATE AGENCY OFFICIAL:	16. RETURN TO:	
	Caprice Knapp, Director	
13. TYPED NAME:	Medical Services Division	
	ND Department of Human Se	ervices
Caprice Knapp	600 East Boulevard Avenue I	Dent 325
14. TITLE:	Bismarck ND 58505-0250	орг 020
Director, Medical Services Division	Disiliarck ND 56505-0250	
15. DATE SUBMITTED:		
April 29, 2020		
FOR REGIONAL OF		
17. DATE RECEIVED:	18. DATE APPROVED:	
April 29, 2020	December 31, 2020	
PLAN APPROVED – ONE	E COPY ATTACHED	
19. EFFECTIVE DATE OF APPROVED MATERIAL:	20. SIGNATURE OF REGIONAL TOP IT	副仪kigned by David L.
October 1, 2020		cham -S
21. TYPED NAME:	22. TI	: 2020.12.31 11:35:03
David L. Meacham	Director of Division of HCBS Operatio	
	Director of Division of HCB3 Operatio	ns and Oversignt
23. REMARKS:		

State: North Dakota TN: 20-0010

Effective: October 1, 2020

Approved: December 31, 2020 Supersedes: New

1915(i) State plan Home and Community-Based Services Administration and Operation

The state implements the optional 1915(i) State plan Home and Community-Based Services (HCBS) benefit for Individuals with Behavioral Health Conditions as set forth below.

- **1. Services.** (Specify the state's service title(s) for the HCBS defined under "Services" and listed in Attachment 4.19-B):
 - 1. Care Coordination
 - 2. Training and Supports for Unpaid Caregivers
 - 3. Peer Support
 - 4. Family Peer Support
 - 5. Respite
 - 6. Non-Medical Transportation
 - 7. Community Transition Services
 - 8. Benefits Planning Services
 - 9. Supported Education
 - 10. Pre-Vocational Training
 - 11. Supported Employment
 - 12. Housing Supports
- **2. Concurrent Operation with Other Programs.** (Indicate whether this benefit will operate concurrently with another Medicaid authority):

Select one:

X	Not	Not applicable				
	Applicable					
	Che	ck the applicable authority or authorities:				
		Services furnished under the provisions of §1915(a)(1)(a) of the Act. Specify: (a) the MCOs and/or health plans that furnish services under the provisions of §1915(a)(1); (b) the geographic areas served by these plans; (c) the specific 1915(i) State plan HCBS furnished by these plans; (d) how payments are made to the health plans; and (e) whether the 1915(a) contract has been submitted or previously approved.				
		N/A				
		Waiver(s) authorized under §1915(b) of the Act.				
		Specify the §1915(b) waiver program and indicate whether a §1915(b) waiver application has been submitted or previously approved:				

State: North Dakota

§1915(i) State plan HCBS

State plan Attachment 3.1–i:

Page 2

TN: 20-0010 Effective: October 1, 2020

Approved: December 31, 2020 Supersedes: New

-	Specify the §1915(b) authorities under which this program operates (<i>check each that applies</i>):			
	§1915(b)(1) (mandated enrollment to managed care)		§1915(b)(3) (employ cost savings to furnish additional services)	
	§1915(b)(2) (central broker)		§1915(b)(4) (selective contracting/limit number of providers)	
A pro	A program operated under §1932(a) of the Act.			
4 ,	Specify the nature of the State Plan benefit and indicate whether the State Plan Amendment has been submitted or previously approved:			
A pro	A program authorized under §1115 of the Act. Specify the program:			
N/A				

3. State Medicaid Agency (SMA) Line of Authority for Operating the State plan HCBS Benefit. (Select one):

•	The State plan HCBS benefit is operated by the SMA. Specify the SMA division/unit that has line authority for the operation of the program (<i>select one</i>):			
	•	The Medical Assistance Unit (name of unit): Medical Services Division		
	O Another division/unit within the SMA that is separate from the Medical Assist			
		(name of division/unit) This includes administrations/divisions under the umbrella agency that have been identified as the Single State Medicaid Agency.		
0	The	State plan HCBS benefit is operated by (name of agency)		
	N/A			
	a separate agency of the state that is not a division/unit of the Medicaid agency. In accordance with 42 CFR §431.10, the Medicaid agency exercises administrative discretion in the administration and supervision of the State plan HCBS benefit and issues policies, rules and regulations related to the State plan HCBS benefit. The interagency agreement or memorandum of understanding that sets forth the authority and arrangements for this delegation of authority is available through the Medicaid agency to CMS upon request.			

4. Distribution of State plan HCBS Operational and Administrative Functions.

• (By checking this box, the state assures that): While the Medicaid division does not directly conduct an administrative function, it supervises the performance of the function and establishes

Page 3

TN: 20-0010 Effective: October 1, 2020

State: North Dakota

Approved: December 31, 2020 Supersedes: New

and/or approves policies that affect the function. All functions not performed directly by the Medicaid agency must be delegated in writing and monitored by the Medicaid division. When a function is performed by a division/entity other than the Medicaid division, the division/entity performing that function does not substitute its own judgment for that of the Medicaid division with respect to the application of policies, rules and regulations. Furthermore, the Medicaid division assures that it maintains accountability for the performance of any operational, contractual, or local regional entities. In the following table, specify the entity or entities that have responsibility for conducting each of the operational and administrative functions listed (*check each that applies*):

(Check all agencies and/or entities that perform each function):

Function	Medicaid Agency	Other State Operating Agency	Contracted Entity	Local Non-State Entity
1 Individual State plan HCBS enrollment				•
2 Eligibility evaluation				•
3 Review of participant service plans	•			
4 Prior authorization of State plan HCBS	•			
5 Utilization management	•			
6 Qualified provider enrollment	•			
7 Execution of Medicaid provider agreement	•			
8 Establishment of a consistent rate methodology for each State plan HCBS	•			
9 Rules, policies, procedures, and information development governing the State plan HCBS benefit	•			
10 Quality assurance and quality improvement activities	•			

(Specify, as numbered above, the agencies/entities (other than the SMA) that perform each function):

The State Medicaid Agency retains ultimate authority and responsibility for the operation of the 1915(i) state plan benefit by exercising oversight over the performance of functions, contracted entities, and local non-state entities. The North Dakota Department of Human Services (NDDHS) is the single State Medicaid Agency which includes the Medical Services and Behavioral Health Divisions.

The Medical Services Division maintains authority and oversight of 1915(i) operational and administrative functions. Any functions not performed directly by the State Medicaid Agency must be delegated in writing. When the State Medicaid Agency does not directly conduct an operational or administrative function, it supervises the performance of the function and establishes and/or approves policies that affect the function.

State: North Dakota TN: 20-0010 Page 4

Effective: October 1, 2020 Approved: December 31, 2020 Supersedes: New

When a function is performed by an entity other than the State Medicaid Agency, the entity performing that function does not substitute its own judgment for that of the State Medicaid Agency with respect to the application of policies, rules and regulations. Furthermore, the State Medicaid Agency assures that it maintains accountability for the performance of any contractual entities or local non-state entities performing operational or administrative functions, e.g. the Fiscal Agent or the Human Service Zones.

Identified employees of the Human Service Zones will directly perform the following operational and administrative functions:

- #1 Individual State Plan HCBS enrollment
- #2 Eligibility Evaluation and Reevaluation

The Human Service Zones provide oversight of their local offices in the counties (formerly known as county social service offices). The counties have professionals on site who can help people apply for a variety of services and supports: Supplemental Nutrition Assistance Program (SNAP/Food Stamps), Temporary Assistance for Needy Families (TANF), heating assistance, Medicaid, including children's health services; basic care assistance; child care assistance; inhome and community-based services and supports for elderly and disabled individuals; personal care assistance; child welfare (foster care, child protection services, child care licensing and related services); and referrals to other local resources and programs.

Employees of the Human Service Zones are county government employees. The Human Service Zones conduct eligibility determinations for a wide variety of programs administered by NDDHS including Medicaid, the Supplemental Nutrition Assistance Program, the Low-Income Heating Assistance Program and Temporary Assistance for Needy Families. The Zones employ eligibility workers who are the main point of contact for individuals who are applying for and receiving assistance through one of the programs. The Zones have offices in every county in the state for ease of access for individuals. For these reasons, the Human Service Zones are ideal entities to provide 1915(i) enrollment, eligibility evaluation, and reevaluation. The NDDHS Medicaid Agency will have a written agreement with the Human Service Zones delegating them to identify qualified employees to provide these functions.

The Medical Services Division will directly perform the following operational and administrative functions:

- #4 Prior authorization of State plan HCBS
- #5 Utilization management
- #6 Qualified Provider Enrollment
- #7 Execution of Medicaid Provider Agreement
- #8 Establishment of Rate Methodology

The Behavioral Health Division will directly perform the following operational and administrative functions:

#3 Review of Participant POCs

The Medical Services and Behavioral Health Divisions will share performance of the following functions:

- #9 Rules, policies, procedures, and information development governing the HCBS benefit
- #10 Quality assurance and quality improvement activities.

State plan Attachment 3.1–i:

TN: 20-0010 Page 5

Effective: October 1, 2020 Approved: December 31, 2020 Supersedes: New

The processes North Dakota will employ for operational and administrative functions #1 - #10 are discussed in detail throughout this application.

Medical Services, Behavioral Health, and Human Service Zones will collaborate and hold meetings as needed to discuss operational and administrative functions, trends, member appeals, and any other topics that may arise.

(By checking the following boxes, the State assures that):

State: North Dakota

- **Conflict of Interest Standards.** The state assures the independence of persons performing evaluations, assessments, and plans of care. Written conflict of interest standards ensures, at a minimum, that persons performing these functions are not:
 - 1. related by blood or marriage to the individual, or any paid caregiver of the individual
 - 2. financially responsible for the individual
 - 3. empowered to make financial or health-related decisions on behalf of the individual
 - 4. providers of State plan HCBS for the individual, or those who have interest in or are employed by a provider of State plan HCBS; except, at the option of the state, when providers are given responsibility to perform assessments and plans of care because such individuals are the only willing and qualified entity in a geographic area, and the state devises conflict of interest protections. (If the state chooses this option, specify the conflict of interest protections the state will implement):

The state opts to allow certain providers of state plan HCBS to also perform assessments and develop POCs for the same recipients to whom they are also providing state plan HCBS in the following situations:

- 1) such providers are the only willing and qualified providers in certain geographic areas of the state where there is a mental health provider shortage, as determined by the Department; information on provider shortage areas will be available on our website.
- 2) such providers are the only willing and qualified providers with experience and knowledge to provide services to individuals who share a common language or cultural background.

The baseline for provider shortage areas for these services is the University of North Dakota Center for Rural Health's ND Mental Health Professional Shortage Areas. Link to Map: https://ruralhealth.und.edu/assets/2783-12672/nd-mental-hpsa.pdf

Ward, Morton, Burleigh, Grand Forks, & Cass are the only counties in North Dakota which are not Mental Health Professional Shortage Areas.

Mental Health Professional Shortage Areas (MHPSA) are counties with too few mental health providers and services. According to the University of North Dakota Center for Rural Health, the following counties would be considered shortage areas: Divide, Williams, McKenzie, Billings, Golden Valley, Slope, Hettinger, Stark, Bowman, Adams, Grant, Oliver, Mercer, Dunn, McLean, Burke, Renville, Bottineau, Rolette, Towner, Cavalier, Ramsey, Walsh, Nelson, Griggs, Pierce, McHenry, Benson Wells, Sheridan, Kidder, Eddy, Foster, Pembina, Steele, Trail, Barnes, Stutsman, Richland, Ransom, Dickey, Sargent, Emmons, Logan, Lamoure, Sioux, McIntosh, and Mountrail.

Effective: October 1, 2020 Approved: December 31, 2020 Supersedes: New

State: North Dakota

TN: 20-0010

In order to ensure conflict of interest standards are met, the NDDHS will put these safeguards in place:

- A. The Department will prohibit the same professional within an agency from conducting both the assessment and plan of care and providing state plan HCBS other than care coordination to the same recipient.
- B. Agencies and clinics that provide both assessment and plan development, as well as 1915(i) HCBS must document the use of different professionals.
- C. Providers must receive prior service authorization from the Department before providing state plan HCBS to recipients whom they have assessed or created a care plan. The care plan must indicate that recipients were notified of the conflicts and the dispute resolution process, and that the client has exercised their right in free choice of provider after notification of the conflict.
- D. Recipients who receive state plan HCBS from the same agency that provided the assessment or care plan development, are protected by the following safeguards: fair hearing rights, the ability to change providers, and the ability to request different professionals from within the same agency.
- E. Provide direct oversight and periodic evaluation of safeguards.
- F. The point of entry to enroll in 1915(i) services are the Human Service Zones. The written agreement between the NDDHS and the Human Service Zones will require them to notify the individual of their right to choose their care coordination provider and their right to appeal, and to assure the Human Service Zone employee determining eligibility is not related by blood or marriage to the individual/participant; to any of the individual's paid caregivers; or to anyone financially responsible for the individual or empowered to make financial or health related decisions on the individual/participant's behalf.
- G. NDDHS will require providers to have written conflict of interest standards and written policy to ensure the independence of persons performing evaluations and assessments, and developing the individual's plan of care. The person must not be:
 - 1. related by blood or marriage to the individual, or any paid caregiver of the individual;
 - 2. financially responsible for the individual; and
 - 3. empowered to make financial or health-related decisions on behalf of the individual.
- H. During the Medicaid eligibility process, the Human Service Zones have the participant sign a Medicaid application which verifies the individual has been informed of their rights and responsibilities with opportunities for fair hearings and appeals in accordance with 42 CFR 431 Subpart E. The Human Service Zones will also provide the participant with a list of available Care Coordination providers for the participant to choose from.
- I. The individual's Care Coordinator will also provide written documentation explaining the individual's right to choose providers for each of the services specified on the POC, and their right to change their Care Coordinator provider or any other 1915(i) service provider at any time. The participant selects all service provider(s) from a list of available service providers.
- J. All POCs must be submitted to the State Medicaid agency.
- K. The State will engage in quality management activities to promote adherence to service delivery practices, including individual choice and direction in the development of the POC, selection of service providers and preference for service delivery.

Effective: October 1, 2020 Approved: December 31, 2020 Supersedes: New

L. The member, and their family or guardian when applicable, develop and lead the POC Team with assistance from the Care Coordinator. The individuals on the team consist of service providers, community supports and natural supports.

M. The NDDHS is responsible for authorizing all services.

State: North Dakota

TN: 20-0010

N. The NDDHS will require all providers who assert they are the only willing and qualified provider with experience and knowledge to provide services to individuals who share a common language or cultural background, to submit a request to the NDDHS, along with evidence to support the assertion. The NDDHS will review the evidence and either approve or deny the request.

The Department is constantly evaluating gaps in capacity and provider shortages and working to establish steps to address these barriers to access for recipients of these services.

Once a mental health provider shortage no longer exists in a given county, the Department will prohibit agencies from conducting assessments and care plan development from also delivering state plan HCBS other than care coordination.

The Department will post information on its website regarding the conflict of interest standards.

Department's goal is to ensure that the outcomes are in the best interests of recipients of these services.

In addition to the conflict-free measures identified above, the dispute resolutions include:

- Individuals, and families when applicable, are given a brochure containing their right to choose services and providers, and the following dispute resolution process. If the individual is uncomfortable reporting any problems/concerns to their Care Coordinator, they may contact the Community Behavioral Health Administrator, the Medical Services Division, or Protection & Advocacy.
- 6. Fair Hearings and Appeals. The state assures that individuals have opportunities for fair hearings and appeals in accordance with 42 CFR 431 Subpart E.
- 7. No FFP for Room and Board. The state has methodology to prevent claims for Federal financial participation for room and board in State plan HCBS.
- 8. Non-duplication of services. State plan HCBS will not be provided to an individual at the same time as another service that is the same in nature and scope regardless of source, including Federal, state, local, and private entities. For habilitation services, the state includes within the record of each individual an explanation that these services do not include special education and related services defined in the Individuals with Disabilities Education Improvement Act of 2004 that otherwise are available to the individual through a local education agency, or vocational rehabilitation services that otherwise are available to the individual through a program funded under §110 of the Rehabilitation Act of 1973.

State plan Attachment 3.1–i:

TN: 20-0010 Page 8

Effective: October 1, 2020 Approved: December 31, 2020 Supersedes: New

Number Served

1. Projected Number of Unduplicated Individuals to Be Served Annually.

(Specify for year one. Years 2-5 optional):

State: North Dakota

Annual Period	From	То	Projected Number of Participants
Year 1	10/1/2020	9/30/2021	11,150
Year 2			
Year 3			
Year 4			
Year 5			

2. • Annual Reporting. (By checking this box, the state agrees to): annually report the actual number of unduplicated individuals served and the estimated number of individuals for the following year.

Financial Eligibility

1. ● Medicaid Eligible. (By checking this box, the state assures that): Individuals receiving State plan HCBS are included in an eligibility group that is covered under the State's Medicaid Plan and have income that does not exceed 150% of the Federal Poverty Line (FPL). (This election does not include the optional categorically needy eligibility group specified at §1902(a)(10)(A)(ii)(XXII) of the Social Security Act. States that want to adopt the §1902(a)(10)(A)(ii)(XXII) eligibility category make the election in Attachment 2.2-A of the state Medicaid plan.)

2.	M	ledic	allv	Ne	\mathbf{v}	(Sa	lect	one	ŀ
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The State does not provide State plan HCBS to the medically needy.

- The State provides State plan HCBS to the medically needy. (Select one):
- ☐ The state elects to disregard the requirements section of 1902(a)(10)(c)(i)(III) of the Social Security Act relating to community income and resource rules for the medically needy. When a state makes this election, individuals who qualify as medically needy on the basis of this election receive only 1915(i) services.
- The state does not elect to disregard the requirements at section 1902(a)(10)(c)(i)(III) of the Social Security Act.

Evaluation/Reevaluation of Eligibility

1. **Responsibility for Performing Evaluations / Reevaluations.** Eligibility for the State plan HCBS benefit must be determined through an independent evaluation of each individual). Independent evaluations/reevaluations to determine whether applicants are eligible for the State plan HCBS benefit are performed (*Select one*):

Effective: October 1, 2020 Approved: December 31, 2020 Supersedes: New

	Directly by the Medicaid agency
X	By Other (specify State agency or entity under contract with the State Medicaid agency):
	Evaluation/reevaluation of Eligibility is delegated by the state Medicaid Agency to the NDDHS Human Service Zones (Zones). The Zones are government agencies. Zone Eligibility Workers will complete the evaluation/reevaluation of eligibility.

Qualifications of Individuals Performing Evaluation/Reevaluation. The independent evaluation is performed by an agent that is independent and qualified. There are qualifications (that are reasonably related to performing evaluations) for the individual responsible for evaluation/reevaluation of needs-based eligibility for State plan HCBS. (Specify qualifications):

The Zone Eligibility Worker, on behalf of the State Medicaid Agency, will verify the completed the evaluation/reevaluation assessment and use this information to determine eligibility. Zone Eligibility Worker qualifications include:

Minimum Qualifications:

State: North Dakota

TN: 20-0010

Requires one of the following:

- (1) Completion of the eligibility worker one-year certificate program.
- (2) Completion of 90 semester hours or 135 quarter hours of a bachelor's degree program.
- (3) Graduation from high school or GED and three years of work experience involving processing of claims, loans, financial eligibility benefits, credit reviews, abstracts, taxes, or housing assistance, or working in the clerical, accounting, bookkeeping, legal, financial, business, teaching, investments/financial planning, computer/data processing fields.
- (4) Three years of any combination of education and experience listed above.

To ensure integrity of the process, Zone Eligibility Workers will complete initial and ongoing training conducted by the State Medicaid Agency. Training will provide guidance on the requirements and responsibilities of 1915(i) evaluation/reevaluation.

3. Process for Performing Evaluation/Reevaluation. Describe the process for evaluating whether individuals meet the needs-based State plan HCBS eligibility criteria and any instrument(s) used to make this determination. If the reevaluation process differs from the evaluation process, describe the differences:

The evaluation/reevaluation process includes the assessment, and eligibility determination.

North Dakota has identified the World Health Organization Disability Assessment Schedule (WHODAS) as the tool for assessment of needs-based eligibility. Agents administering the WHODAS by interview must be independent and meet qualifications determined by the State Medicaid Agency.

In summary, the WHODAS will be utilized because it is:

- a valid assessment tool:
- an instrument to measure health and determine the level of need of an individual;
- currently utilized in other areas throughout NDDHS Behavioral Health system:
- used across all diseases, including mental, neurological and addictive disorders;

Effective: October 1, 2020 Approved: December 31, 2020 Supersedes: New

• applicable in HCBS settings;

State: North Dakota

TN: 20-0010

- a tool to identify standardized need levels;
- applicable across cultures, in all populations across the lifespan;
- directly linked to the International Classification of Functioning, Disability and Health (ICF);

The WHODAS is a multi-faceted tool and will serve dual purposes for the 1915(i):

- 1. The WHODAS will initially provide a reliable overall complex score to ensure the individual meets the established needs-based eligibility criteria of the 1915(i) A comprehensive complex score of 50 or above is required for 1915(i) eligibility.; and,
- 2. Secondly the WHODAS will assess an individual's level of need, and assign a score, in each of the 6 Domains:
 - Cognition understanding & communicating
 - Mobility–moving & getting around
 - Self-care-hygiene, dressing, eating & staying alone
 - Getting along–interacting with other people
 - Life activities—domestic responsibilities, leisure, work & school
 - Participation—joining in community activities

The resulting domain scores will be considered in the person-centered POC planning process to determine, based on need, which of the 1915(i) services the individual would benefit from to reach their goals.

Modes of Administering the WHODAS 2.0:

The 1915(i) will use two modes of administering WHODAS 2.0: by interview and by proxy, both of which are discussed below.

1. **Interview:** WHODAS 2.0 will be administered face-to-face by an agent who is independent and qualified as defined by the state in this application, using a personcentered process.

General interview techniques are sufficient to administer the interview in this mode. Chapter 7 of the WHODAS Instruction Guide, available through the World Health Organization (WHO) contains question-by-question specifications that each interviewer must be trained in, and chapter 10 contains a test that can be used to assess knowledge related to administration of the WHODAS 2.0.

2. Proxy: An individual's representative may provide a third-party view of functioning under the following circumstances:

Individual's representative means, with respect to an individual being evaluated for, assessed regarding, or receiving State plan HCBS, the following:

(a) The individual's legal guardian or other person who is authorized under State law to represent the individual for the purpose of making decisions related to the person's care or well-being.

State: North Dakota

State plan Attachment 3.1–i:

Page 11

TN: 20-0010
Effective: October 1, 2020 Approved: December 31, 2020 Supersedes: New

(b) Any other person who is authorized under § 435.923, or under the policy of the State Medicaid Agency to represent the individual, including but not limited to, a parent, a family member, or an advocate for the individual.

The applicant, at the time of application and at other times, is permitted to designate an individual or organization to act responsibly on their behalf in assisting with the individual's application and renewal of eligibility and other ongoing communications. Such a designation must include the applicant's signature.

When the State Medicaid Agency authorizes representatives in accordance with paragraph (b) of this section, the State Medicaid Agency will have policies describing the process for authorization; the extent of decision-making authorized; and safeguards to ensure that the representative uses substituted judgment on behalf of the individual. State Medicaid Agency policy will address exceptions to using substituted judgment when the individual's wishes cannot be ascertained or when the individual's wishes would result in substantial harm to the individual. States may not refuse the authorized representative that the individual chooses, unless in the process of applying the requirements for authorization, the State discovers and can document evidence that the representative is not acting in accordance with these policies or cannot perform the required functions.

The State Medicaid Agency will continue to meet the requirements regarding the person-centered planning process at § 441.725, by requiring the care coordinator to develop a written Person-Centered Plan of Care jointly with the individual, and the individual's authorized representative if applicable.

Modes of scoring the WHODAS 2.0 Scoring Process

The WHODAS offers several scoring options, however, the NDDHS will require assessors to use the Complex scoring method. The more complex method of scoring is called "item-response-theory" (IRT) based scoring; it takes into account multiple levels of difficulty for each WHODAS 2.0 item. This type of scoring for WHODAS 2.0 allows for more fine-grained analyses that make use of the full information of the individual's responses. The Complex Scoring method takes the coding for each item response as "none", "mild", "moderate", "severe" and "extreme" separately, and then uses a computer to determine the summary score by differentially weighting the items and the levels of severity. Basically, the scoring has three steps:

• Step 1 – Summing of recoded item scores within each domain. • Step 2 – Summing of all six domain scores. • Step 3 – Converting the summary score into a metric ranging from 0 to 100 (where 0 = no disability; 100 = full disability). The computer program is available from the WHO web site.

In addition, the WHODAS 2.0 domain scores produce domain-specific scores for six different functioning domains—cognition, mobility, self-care, getting along, life activities (household and work) and participation. The domain scores provide more detailed information than the summary score.

Effective: October 1, 2020 Approved: December 31, 2020 Supersedes: New

The World Health Organization confirmed the existing WHODAS 2.0 is suitable for individuals across the lifespan. In those cases where a given question may not be applicable, for example in the case of a small child, there is a mechanism outlined in the WHODAS user manual for how to calculate the score when having dropped a question or two. NDDHS will provide the template for the child's WHODAS administration and scoring to the Zones to ensure state-wide consistency.

For further information on the WHODAS, please see the World Health Organization's website for WHODAS: https://www.who.int/classifications/icf/whodasii/en/

Responsibility and requirements of trained, qualified practitioner

- 1. Administer the WHODAS 2.0 assessment tool using the WHO complex scoring spreadsheet, which automatically calculates the scores for each domain as well as an overall score.
- 2. Meet the requirements of a "trained, qualified practitioner" as defined by the state. North Dakota has defined a trained, qualified practitioner as: *An independent agent providing verification of completion of the WHODAS User Agreement and associated training on the administration and scoring of the WHODAS 2.0* located in the official WHODAS 2.0 Manual.

Responsibilities and requirements of the Human Service **Zone Eligibility Workers** include(s):

- 1. Prior to 1915(i) enrollment, the Zone Eligibility Workers are also responsible for Medicaid enrollment of the individual. The worker determining 1915(i) eligibility may, or may not be, the same Zone employee determining Medicaid eligibility for the individual. This process includes informing the applicant of their rights and responsibilities, which is verified by applicant's signature on the Medicaid form;
- 2. Enrolling individuals in 1915(i);

State: North Dakota

- 3. Verify proof of diagnosis; and proof of the WHODAS 2.0 assessment and scores. To obtain the information that will be used in determining needs-based eligibility:
 - a. the individual seeking eligibility may provide the Zone Eligibility Worker with proof of diagnosis and completed WHODAS 2.0 assessment using a 1915(i) Eligibility Determination Form. The form will be used to document the individual's diagnosis, name and contact information from diagnosing provider, and permission/ release of information for verification. The form will also document the WHODAS 2.0 assessment and scoring information, name and contact information of the WHODAS administrator and permission/ release of information for verification; or
 - b. Zone Eligibility Worker may assist the individual with obtaining proof of diagnosis from their diagnosing provider and proof of WHODAS 2.0 assessment scores.
 - c. The Zone Eligibility worker may administer the WHODAS 2.0 if the individual does not have a WHODAS score from a trained, qualified practitioner.
- 4. Entering the needs-based eligibility information into a web-based system as proof of 1915(i) eligibility. The web-based system will be used verify the information provided meets the need-based eligibility requirements;
- 5. Informing the individual (and family/guardian if applicable) of the eligibility results;
- 6. Informing individual of their right to choose their Care Coordination provider and providing them with a list of Care Coordination providers;

State plan Attachment 3.1–i: Page 13

Effective: October 1, 2020 Approved: December 31, 2020 Supersedes: New

Eligibility Reevaluation Reviews

State: North Dakota TN: 20-0010

> Zone Eligibility Workers must complete a reevaluation for each participant at least annually.

It is an option for the NDDHS. Care Coordinator or participant to request a reevaluation prior to the annual timeframe if the participant's needs or change in circumstances deem it necessary. The process for the reevaluation reviews is the same as for the initial evaluation as described above.

- Reevaluation Schedule. (By checking this box, the state assures that): Needs-based eligibility reevaluations are conducted at least every twelve months.
- Needs-based HCBS Eligibility Criteria. (By checking this box, the state assures that): Needsbased criteria are used to evaluate and reevaluate whether an individual is eligible for State plan HCBS.

The criteria take into account the individual's support needs, and may include other risk factors: (Specify the needs-based criteria):

The State has developed eligibility criteria in accordance with 42 CFR 441.715.

In addition to meeting the Target Group Eligibility Criteria, the participant must also meet the following Needs-Based HCBS eligibility criteria:

- Have an impairment, which substantially interferes with or substantially limits the ability to function in the family, school or community setting, as evidenced by a complex score of 50 or higher on the WHODAS 2.0. A score of 50 does not require 24/7 monitoring and supervision.
- Needs-based Institutional and Waiver Criteria. (By checking this box, the state assures 6. that): There are needs-based criteria for receipt of institutional services and participation in certain waivers that are more stringent than the criteria above for receipt of State plan HCBS. If the state has revised institutional level of care to reflect more stringent needs-based criteria, individuals receiving institutional services and participating in certain waivers on the date that more stringent criteria become effective are exempt from the new criteria until such time as they no longer require that level of care. (Complete chart below to summarize the needs-based criteria for State plan HCBS and corresponding more-stringent criteria for each of the following institutions):

State plan HCBS	NF LOC	ICF/IID LOC	Hospital LOC
needs-based			
eligibility criteria			

State: North Dakota State plan Attachment 3.1–i: TN: 20-0010 Page 14

Approved: December 31, 2020 Supersedes: New

Effective: October 1, 2020

An impairment which substantially interferes with or substantially limits the ability to function in the family, school or community setting, as evidenced by a complex score of 50 or higher on the WHODAS 2.0.	The requirement of care that is medically necessary with significant and continual support for activities of daily living, requiring 24/7 monitoring and supervision.	The requirement of an intellectual/developmental disability and exhibits self-harm, harm to others, and inability to take care of basic daily needs, putting their physical safety at risk, requiring 24/7 monitoring and supervision.	A psychiatric condition that places the individual at extreme risk due to self-harm, harm to others, or severely neglecting basic hygiene or starving self that predicts death, requiring 24/7 monitoring and
			The minimum WHODAS score ranges between 96- 100. Disability impairment only applies to psychiatric rehabilitative hospitalization.

• Target Group(s). The state elects to target this 1915(i) State plan HCBS benefit to a specific population based on age, disability, diagnosis, and/or eligibility group. With this election, the state will operate this program for a period of 5 years. At least 90 days prior to the end of this 5-year period, the state may request CMS renewal of this benefit for additional 5-year terms in accordance with 1915(i)(7)(c) and 42 CFR 441.710(e)(2). (Specify target group(s)):

The State elects to target this 1915(i) State plan HCBS benefit to the population defined below. With this election, the State will operate this program for a period of five years. At least 180 days prior to the end of this five-year period, the State may request that CMS renew this benefit for an additional five-year term in accordance with 1915(i)(7)(c).

Target Groups: North Dakota is targeting by diagnosis only for this 1915(i) SPA. Individuals must possess one or more of the following diagnoses:

ICD-10	
Diagnosis	ICD-10 Diagnosis
Code	Description
F41.0	Panic Disorder (episodic paroxysmal anxiety)
F40.01	Agoraphobia with panic disorder
F40.02	Agoraphobia without panic disorder
F10.180	Alcohol abuse with alcohol-induced anxiety disorder
F10.14	Alcohol abuse with alcohol-induced mood disorder

State plan Attachment 3.1–i: Page 15

Effective: October 1, 2020 Approved: December 31, 2020 Supersedes: New

State: North Dakota

F10.150	Alcohol abuse with alcohol-induced psychotic disorder with delusions
F10.151	Alcohol abuse with alcohol-induced psychotic disorder with hallucinations
F10.280	Alcohol dependence with alcohol-induced anxiety disorder
F10.24	Alcohol dependence with alcohol-induced mood disorder
F10.250	Alcohol dependence with alcohol-induced psychotic disorder with delusions
F10.251	Alcohol dependence with alcohol-induced psychotic disorder with hallucinations
F10.232	Alcohol dependence with withdrawal with perceptual disturbance
F10.980	Alcohol use, unspecified with alcohol-induced anxiety disorder
F10.94	Alcohol use, unspecified with alcohol-induced mood disorder
F10.950	Alcohol use, unspecified with alcohol-induced psychotic disorder with delusions
F10.951	Alcohol use, unspecified with alcohol-induced psychotic disorder with Hallucinations
F50.02	Anorexia nervosa, binge eating/purging type
F50.01	Anorexia nervosa, restricting type
F06.4	Anxiety disorder due to known physiological condition
F84.5	Asperger's syndrome
F90.2	Attention-deficit hyperactivity disorder, combined type
F90.8	Attention-deficit hyperactivity disorder, other type
F90.1	Attention-deficit hyperactivity disorder, predominantly hyperactive type
F90.0	Attention-deficit hyperactivity disorder, predominantly inattentive type
F84.0	Autistic disorder
F31.81	Bipolar II disorder
F31.31	Bipolar disorder, current episode depressed, mild
F31.32	Bipolar disorder, current episode depressed, moderate
F31.5	Bipolar disorder, current episode depressed, severe, with psychotic features
F31.4	Bipolar disorder, current episode depressed, severe, without psychotic features
F31.0	Bipolar disorder, current episode hypomanic
F31.2	Bipolar disorder, current episode manic severe with psychotic features
F31.11	Bipolar disorder, current episode manic without psychotic features, mild
F31.12	Bipolar disorder, current episode manic without psychotic features, moderate
F31.13	Bipolar disorder, current episode manic without psychotic features, severe
F31.61	Bipolar disorder, current episode mixed, mild
F31.62	Bipolar disorder, current episode mixed, moderate
F31.64	Bipolar disorder, current episode mixed, severe, with psychotic features
F31.63	Bipolar disorder, current episode mixed, severe, without psychotic features
F31.76	Bipolar disorder, in full remission, most recent episode depressed
F31.72	Bipolar disorder, in full remission, most recent episode hypomanic
F31.74	Bipolar disorder, in full remission, most recent episode manic

Effective: October 1, 2020 Approved: December 31, 2020 Supersedes: New

State: North Dakota

F31.78	Bipolar disorder, in full remission, most recent episode mixed				
F31.75	Bipolar disorder, in partial remission, most recent episode depressed				
F31.71	Bipolar disorder, in partial remission, most recent episode hypomanic				
F31.73	Bipolar disorder, in partial remission, most recent episode manic				
F31.77	Bipolar disorder, in partial remission, most recent episode mixed				
F60.3	Borderline personality disorder				
F12.180	Cannabis abuse with cannabis-induced anxiety disorder				
F12.122	Cannabis abuse with intoxication with perceptual disturbance				
F12.188	Cannabis abuse with other cannabis-induced disorder				
F12.150	Cannabis abuse with psychotic disorder with delusions				
F12.151	Cannabis abuse with psychotic disorder with hallucinations				
F12.19	Cannabis abuse with unspecified cannabis-induced disorder				
F12.280	Cannabis dependence with cannabis-induced anxiety disorder				
F12.222	Cannabis dependence with intoxication with perceptual disturbance				
F12.288	Cannabis dependence with other cannabis-induced disorder				
F12.250	Cannabis dependence with psychotic disorder with delusions				
F12.251	Cannabis dependence with psychotic disorder with hallucinations				
F06.1	Catatonic disorder due to known physiological condition				
F20.2	Catatonic schizophrenia				
F14.180	Cocaine abuse with cocaine-induced anxiety disorder				
F14.14	Cocaine abuse with cocaine-induced mood disorder				
F14.150	Cocaine abuse with cocaine-induced psychotic disorder with delusions				
F14.151	Cocaine abuse with cocaine-induced psychotic disorder with hallucinations				
F14.122	Cocaine abuse with intoxication with perceptual disturbance				
F14.188	Cocaine abuse with other cocaine-induced disorder				
F14.19	Cocaine abuse with unspecified cocaine-induced disorder				
F14.280	Cocaine dependence with cocaine-induced anxiety disorder				
F14.24	Cocaine dependence with cocaine-induced mood disorder				
F14.250	Cocaine dependence with cocaine-induced psychotic disorder with delusions				
F14.251	Cocaine dependence with cocaine-induced psychotic disorder with hallucinations				
F14.222	Cocaine dependence with intoxication with perceptual disturbance				
F14.288	Cocaine dependence with other cocaine-induced disorder				
F91.0	Conduct disorder confined to family context				
F91.2	Conduct disorder, adolescent-onset type				
F91.1	Conduct disorder, childhood-onset type				
F44.7	Conversion disorder with mixed symptom presentation				
F44.4	Conversion disorder with motor symptom or deficit				
F44.5	Conversion disorder with seizures or convulsions				
F44.6	Conversion disorder with sensory symptom or deficit				
F34.0	Cyclothymic disorder				

State plan Attachment 3.1–i: Page 17

Effective: October 1, 2020 Approved: December 31, 2020 Supersedes: New

State: North Dakota

F22	Delusional disorders			
F94.2	Disinhibited attachment disorder of childhood			
F20.1	Disorganized schizophrenia			
F34.81	Disruptive mood dysregulation disorder			
F44.0	Dissociative amnesia			
F44.9	Dissociative amnesia Dissociative and conversion disorder, unspecified			
F44.9 F44.1	7 - 4			
	Dissociative fugue			
F44.81	Dissociative identity disorder			
F44.2	Dissociative stupor			
F16.183	Hallucinogen abuse with hallucinogen persisting perception disorder (flashbacks)			
F16.180	Hallucinogen abuse with hallucinogen-induced anxiety disorder			
F16.14	Hallucinogen abuse with hallucinogen-induced mood disorder			
F16.150	Hallucinogen abuse with hallucinogen-induced psychotic disorder with delusions			
F16.151	Hallucinogen abuse with hallucinogen-induced psychotic disorder with Hallucinations			
F16.122	Hallucinogen abuse with intoxication with perceptual disturbance			
F16.283	Hallucinogen dependence with hallucinogen persisting perception disorder (flashbacks)			
F16.280	Hallucinogen dependence with hallucinogen-induced anxiety disorder			
F16.24	Hallucinogen dependence with hallucinogen-induced mood disorder			
F16.250	Hallucinogen dependence with hallucinogen-induced psychotic disorder with Delusions			
F16.251	Hallucinogen dependence with hallucinogen-induced psychotic disorder with Hallucinations			
F42.3	Hoarding disorder			
F18.180	Inhalant abuse with inhalant-induced anxiety disorder			
F18.14	Inhalant abuse with inhalant-induced mood disorder			
F18.150	Inhalant abuse with inhalant-induced psychotic disorder with delusions			
F18.151	Inhalant abuse with inhalant-induced psychotic disorder with hallucinations			
F18.280	Inhalant dependence with inhalant-induced anxiety disorder			
F18.24	Inhalant dependence with inhalant-induced mood disorder			
F18.250	Inhalant dependence with inhalant-induced psychotic disorder with delusions			
F18.251	Inhalant dependence with inhalant-induced psychotic disorder with hallucinations			
F63.81	Intermittent explosive disorder			
F33.2	Major depressive disorder, recurrent severe without psychotic features			
F33.42	Major depressive disorder, recurrent, in full remission			
F33.41	Major depressive disorder, recurrent, in partial remission			
F33.0	Major depressive disorder, recurrent, mild			
F33.1	Major depressive disorder, recurrent, moderate			
F33.3	Major depressive disorder, recurrent, severe with psychotic symptoms			

State plan Attachment 3.1–i: Page 18

TN: 20-0010 Effective: October 1, 2020 Approved: December 31, 2020 Supersedes: New

State: North Dakota

E22.4	Main damanda dia dia dia dia dia dia dia dia dia d			
F32.4	Major depressive disorder, single episode, in partial remission			
F32.1	Major depressive disorder, single episode, moderate			
F32.3	Major depressive disorder, single episode, severe with psychotic features			
F32.2	Major depressive disorder, single episode, severe without psychotic features			
F02.81	Major Neurocognitive Disorder Due to Traumatic Brain Injury, with behavioral disturbance			
F02.80	Major Neurocognitive Disorder Due to Traumatic Brain Injury, without			
1 02.00	behavioral disturbance			
G31.84	Mild Neurocognitive Disorder Due to Traumatic Brain Injury			
F30.3	Manic episode in partial remission			
F30.11	Manic episode without psychotic symptoms, mild			
F30.12	Manic episode without psychotic symptoms, moderate			
F30.2	Manic episode, severe with psychotic symptoms			
F30.13	Manic episode, severe, without psychotic symptoms			
F06.31	Mood disorder due to known physiological condition with depressive features			
F06.32	Mood disorder due to known physiological condition with major depressive-			
100.52	like			
	Episode			
F06.33	Mood disorder due to known physiological condition with manic features			
F06.34	Mood disorder due to known physiological condition with mixed features			
F06.30	Mood disorder due to known physiological condition, unspecified			
F42	Obsessive-compulsive disorder			
F11.122	Opioid abuse with intoxication with perceptual disturbance			
F11.14	Opioid abuse with opioid-induced mood disorder			
F11.150	Opioid abuse with opioid-induced psychotic disorder with delusions			
F11.151	Opioid abuse with opioid-induced psychotic disorder with hallucinations			
F11.24	Opioid dependence with opioid-induced mood disorder			
F11.250	Opioid dependence with opioid-induced psychotic disorder with delusions			
F11.251	Opioid dependence with opioid-induced psychotic disorder with			
	hallucinations			
F91.3	Oppositional defiant disorder			
F84.3	Other childhood disintegrative disorder			
F19.150	Other psychoactive substance abuse with psychoactive substance-induced			
	psychotic disorder with delusions			
F19.151	Other psychoactive substance abuse with psychoactive substance-induced			
	psychotic disorder with hallucinations			
F19.250	Other psychoactive substance dependence with psychoactive substance-			
E10 251	induced psychotic disorder with delusions Other psychoactive substance dependence with psychoactive substance			
F19.251	Other psychoactive substance dependence with psychoactive substance- induced psychotic disorder with hallucinations			
F15.150	Other stimulant abuse with stimulant-induced psychotic disorder with			
10.100	delusions			
F15.151	Other stimulant abuse with stimulant-induced psychotic disorder with			
	hallucinations			

State plan Attachment 3.1–i: Page 19

Effective: October 1, 2020 Approved: December 31, 2020 Supersedes: New

State: North Dakota

F15.250	Other stimulant dependence with stimulant-induced psychotic disorder with delusions			
F15.251	Other stimulant dependence with stimulant-induced psychotic disorder with hallucinations			
F45.41	Pain disorder exclusively related to psychological factors			
F45.42	Pain disorder with related psychological factors			
F41.0	Panic disorder [episodic paroxysmal anxiety] without agoraphobia			
F60.0	Paranoid personality disorder			
F20.0	Paranoid schizophrenia			
	Paranoid schizophrenia Pervasive developmental disorder, unspecified			
F84.9				
F43.11	Post-traumatic stress disorder, acute			
F43.12	Post-traumatic stress disorder, chronic			
F06.2	Psychotic disorder with delusions due to known physiological condition			
F06.0	Psychotic disorder with hallucinations due to known physiological condition			
F53	Puerperal psychosis			
F20.5	Residual schizophrenia			
F25.0	Schizoaffective disorder, bipolar type			
F25.1	Schizoaffective disorder, depressive type			
F20.81	Schizophreniform disorder			
F21	Schizotypal disorder			
F13.188	Sedative, hypnotic or anxiolytic abuse with other sedative, hypnotic or			
	anxiolytic-			
	induced disorder			
F13.180	Sedative, hypnotic or anxiolytic abuse with sedative, hypnotic or anxiolytic-			
	induced anxiety disorder			
F13.14	Sedative, hypnotic or anxiolytic abuse with sedative, hypnotic or anxiolytic-induced mood disorder			
F13.151	Sedative, hypnotic or anxiolytic abuse with sedative, hypnotic or anxiolytic-			
	induced psychotic disorder			
F13.159	Sedative, hypnotic or anxiolytic abuse with sedative, hypnotic or anxiolytic-			
	induced psychotic disorder			
F13.150	Sedative, hypnotic or anxiolytic abuse with sedative, hypnotic or anxiolytic-			
F13.288	induced psychotic disorder Sedative, hypnotic or anxiolytic dependence with other sedative, hypnotic or			
F13.200	anxiolytic-induced disorder			
F13.280	Sedative, hypnotic or anxiolytic dependence with sedative, hypnotic or			
10.200	anxiolytic-			
	induced anxiety disorder			
F13.24	Sedative, hypnotic or anxiolytic dependence with sedative, hypnotic or			
	anxiolytic-			
	induced mood disorder			
F13.27	Sedative, hypnotic or anxiolytic dependence with sedative, hypnotic or			
	anxiolytic-			
F13.26	induced persisting Sedative, hypnotic or anxiolytic dependence with sedative, hypnotic or			
µ·15.∠0	pedative, hyphotic of anxiorytic dependence with sedative, hyphotic or			

State plan Attachment 3.1–i:

Page 20

TN: 20-0010

Effective: October 1, 2020 Approved: December 31, 2020 Supersedes: New

	anxiolytic-			
	induced persisting			
F13.259	Sedative, hypnotic or anxiolytic dependence with sedative, hypnotic or			
	anxiolytic-			
	induced psychotic			
F13.251	Sedative, hypnotic or anxiolytic dependence with sedative, hypnotic or			
	anxiolytic-			
	induced psychotic			
F13.250	Sedative, hypnotic or anxiolytic dependence with sedative, hypnotic or			
	anxiolytic-			
	induced psychotic			
F93.0	Separation anxiety disorder of childhood			
F24	Shared psychotic disorder			
F40.11	Social phobia, generalized			
F45.0	Somatization disorder			

□ Option for Phase-in of Services and Eligibility. If the state elects to target this 1915(i) State plan HCBS benefit, it may limit the enrollment of individuals or the provision of services to enrolled individuals in accordance with 1915(i)(7)(B)(ii) and 42 CFR 441.745(a)(2)(ii) based upon criteria described in a phase-in plan, subject to CMS approval. At a minimum, the phase-in plan must describe: (1) the criteria used to limit enrollment or service delivery; (2) the rationale for phasing-in services and/or eligibility; and (3) timelines and benchmarks to ensure that the benefit is available statewide to all eligible individuals within the initial 5-year approval. (Specify the phase-in plan):

N/A

State: North Dakota

(By checking the following box, the State assures that):

- Adjustment Authority. The state will notify CMS and the public at least 60 days before exercising the option to modify needs-based eligibility criteria in accord with 1915(i)(1)(D)(ii).
- Reasonable Indication of Need for Services. In order for an individual to be determined to need the 1915(i) State plan HCBS benefit, an individual must require: (a) the provision of at least one 1915(i) service, as documented in the person-centered service plan, and (b) the provision of 1915(i) services at least monthly or, if the need for services is less than monthly, the participant requires regular monthly monitoring which must be documented in the person-centered service plan. Specify the state's policies concerning the reasonable indication of the need for 1915(i) State plan HCBS:

i.	Minimum number of services.			
	The minimum number of 1915(i) State plan services (one or more) that an individual must require in order to be determined to need the 1915(i) State plan HCBS benefit			
	is:			
	1			
ii.	Frequency of services. The state requires (select one):			
		The provision of 1915(i) services at least monthly		
	×	Monthly monitoring of the individual when services are furnished on a less than monthly basis		

State plan Attachment 3.1–i:

State: North Dakota TN: 20-0010 Page 21

Effective: October 1, 2020 Approved: December 31, 2020 Supersedes: New



If the state also requires a minimum frequency for the provision of 1915(i) services other than monthly (e.g., quarterly), specify the frequency: Quarterly

Home and Community-Based Settings

(By checking the following box, the State assures that):

1. • Home and Community-Based Settings. The State plan HCBS benefit will be furnished to individuals who reside and receive HCBS in their home or in the community, not in an institution. (Explain how residential and non-residential settings in this SPA comply with Federal home and community-based settings requirements at 42 CFR 441.710(a)(1)-(2) and associated CMS guidance. Include a description of the settings where individuals will reside and where individuals will receive HCBS, and how these settings meet the Federal home and communitybased settings requirements, at the time of submission and in the future):

(Note: In the Quality Improvement Strategy (QIS) portion of this SPA, the state will be prompted to include how the state Medicaid agency will monitor to ensure that all settings meet federal home and community-based settings requirements, at the time of this submission and ongoing.)

NDDHS will implement the following process to ensure compliance with the federal and state Home and Community-Based Settings requirements at 42 CFR 441.710(a)(1)-(2) and ensure all participants receiving HCBS have personal choice, and are integrated in and have full access to their communities, including opportunities to engage in community life, work and attend school in integrated environments, and control their own personal resources.

The state will communicate with the public, providers, Zones, and potential referral sources where HCBS services can be delivered and where they cannot.

The State Plan HCBS benefit will be furnished to those eligible individuals who receive HCBS in their own homes, in provider owned and controlled residential settings (Sober Living Homes, Group Homes, Foster Homes, Treatment Foster Homes, Transitional Living Homes), in nonresidential settings, and in the community at large.

Individuals residing in institutions [(NF/ICF/IID/Psychiatric Residential Treatment Centers (PRTF)] will not receive HCBS as federal and state regulations do not allow for this as the individual should receive all care determined necessary from the institution under other Medicaid authorities. However, the state will allow for an individual residing in an institution to undergo a "1915(i) pre-eligibility determination" within 90 days of the individual's identified discharge date in the event the institutional case manager provides the Zone Eligibility Worker with a qualifying diagnosis, WHODAS score, FPL of 150% or below, and a need for 1915(i) services has been identified for the individual. The Zone Eligibility Worker will complete a "preeligibility" screening and place the individual in "pending" status until the day following discharge from the institution when final eligibility can be determined. Whenever possible, this 1915(i) pre-eligibility should take place to allow for good discharge planning to occur and HCBS services to begin soon after discharge from the institution. Those individuals residing in an institution with discharge plans identifying a need for Community Transition Services will also undergo a pre-eligibility screening process as part of the 1915(i) Community Transition Service authorization process.

Effective: October 1, 2020 Approved: December 31, 2020 Supersedes: New

State: North Dakota

TN: 20-0010

Referral sources will not submit a 1915(i) referral/application for individuals residing in any of the state's institutions until the date of discharge is set and the individual's discharge plan developed by the institutional case manager identifies a qualifying diagnosis, WHODAS score, and Federal Poverty Level (FPL) of 150% or below, as well as a need for 1915(i) HCBS services.

The state will assure 1915(i) compliance with the setting requirements at 42 CFR 441.710(a)(1)-(2).

Following the 1915(i) eligibility determination, the individual's Care Coordinator is responsible for verifying initial and ongoing HCBS Settings compliance for the location(s) the individual will receive services. The state requires the following process for HCBS Settings Verification:

Category #1: The following settings in which an individual will receive 1915(i) services in are presumed compliant:

Any community-based private residence that the participant lives in, including private homes and apartments, which are rented or owned by the participant or legal guardian/caretaker, which are located in typical community neighborhoods where people are living who do not receive home and community-based service.

Documentation Required: The individual or legal guardian is responsible for providing the care coordinator with a valid rental lease or a utility bill, i.e. water, sewer, cable, MDU, etc., in the individual's or guardian's name as proof of home ownership to verify compliance. The Care Coordinator verifies HCBS settings compliance and documents compliance in the individual's POC.

Category #2: The following settings type is not assumed compliant and requires verification through the completion of the HCBS Settings Checklist:

A setting where the individual is living with an unrelated caregiver in a providerowned or controlled residential setting. (Sober Living Homes, Group Homes, Foster Homes, Treatment Foster Homes, Transitional Living Homes)

Verification of compliance can be obtained from the list of pre-approved, compliant HCBS settings (verified within the previous 365 days), or through a site visit and completion of the HCBS Settings Verification Checklist.

All of the following additional conditions must be met for a Category 2 Setting to be verified as compliant:

(A) The unit or dwelling is a specific physical place that can be owned, rented, or occupied under a legally enforceable agreement by the individual receiving services, and the individual has, at a minimum, the same responsibilities and protections from eviction that tenants have under the landlord/tenant law of the state, county, city, or other designated entity. For settings in which landlord tenant laws do not apply, the State must ensure that a lease, residency agreement or other form of written agreement will be in place for each HCBS participant and that the document

Effective: October 1, 2020 Approved: December 31, 2020 Supersedes: New

State: North Dakota

TN: 20-0010

provides protections that address eviction processes and appeals comparable to those provided under the jurisdiction's landlord tenant law;

(B) Each individual has privacy in their sleeping or living unit:

- (1) Units have entrance doors lockable by the individual, with only appropriate staff having keys to doors;
- (2) Individuals sharing units have a choice of roommates in that setting; and
- (3) Individuals have the freedom to furnish and decorate their sleeping or living units within the lease or other agreement.
- (B) Individuals have the freedom and support to control their own schedules and activities, and have access to food at any time;
- (C) Individuals are able to have visitors of their choosing at any time; and,
- (E) The setting is physically accessible to the individual.

Documentation Required:

The care coordinator will check the state's list of pre-approved, compliant HCBS settings. If the setting is on the list, the care coordinator documents HCBS settings compliance verification on the POC.

If the setting is NOT on the list of pre-approved, compliant HCBS settings, the care coordinator will complete a site review and the HCBS Settings Verification Checklist. The focus is on the setting's current physical characteristics and the location contributing to community integration and people's rights.

If the assessment determines the setting is compliant with the settings rule, the care coordinator will enter verification of compliance into the POC.

If the assessment determines area(s) of non-compliance, the care coordinator will inform the provider the setting is not compliant and assist the provider with identifying solutions to make the setting compliant. The care coordinator will document on the HCBS Settings Checklist area(s) of non-compliance, as well as the required solution(s) in order for the setting to be HCBS settings compliant.

In the case of an individual requiring modifications to the required conditions, the care coordinator in collaboration with the individual, provider and Person-Centered Team will complete the following process:

- (F) Any modification of the additional conditions, under paragraphs (a)(1)(vi)(A) through (D) of this section, must be supported by a specific assessed need and justified in the person-centered service plan. The following requirements must be documented in the person-centered service plan:
 - (1) Identify a specific and individualized assessed need.
 - (2) Document the positive interventions and supports used prior to any modifications to the person-centered service plan.

Effective: October 1, 2020 Approved: December 31, 2020 Supersedes: New

(3) Document less intrusive methods of meeting the need that have been tried but did not work.

- (4) Include a clear description of the condition that is directly proportionate to the specific assessed need.
- (5) Include regular collection and review of data to measure the ongoing effectiveness of the modification.
- (6) Include established time limits for periodic reviews to determine if the modification is still necessary or can be terminated.
- (7) Include the informed consent of the individual.
- (8) Include an assurance that interventions and supports will cause no harm to the individual.

The heightened scrutiny process only applies to those institutions in Category 4, thus is not applicable to Category 2.

Category #3: The following settings are not compliant. CMS has confirmed that individuals cannot live in any of the following institutions while being recipients of 1915(i) services.

- (i) A nursing facility.
- (ii) An institution for mental diseases.
- (iii) An intermediate care facility for individuals with intellectual disabilities.
- (iv) A hospital.

State: North Dakota

TN: 20-0010

Documentation Required: No assessment or documentation required as these are NOT compliant HCBS settings. If a referral is received by the Zones for an individual residing in one of these institutions, the Zone Eligibility Worker will proceed with determining "pre-eligibility" and place an individual in a "pending status" if a qualifying diagnosis, WHODAS score of 50 or above, and a FPL of 150% or below, along with an identified need for 1915(i) HCBS services are provided. Final eligibility would be determined the day following discharge from the institution.

The heightened scrutiny process only applies to those institutions in Category 4, thus is not applicable to Category 3.

Category #4: The following settings will be presumed to be settings having the qualities of an institution unless CMS determines through heightened scrutiny, based on information presented by the State or other parties, that the setting does not have the qualities of an institution and that the setting does have the qualities of home and community-based settings.

• A setting that is located in a building that is also a publicly or privately operated facility that provides inpatient institutional treatment. (State has not identified any of these to date, but it is possible there are, or will be, these types of settings in the state so we have prepared for this.)

State plan Attachment 3.1–i: Page 25

Effective: October 1, 2020 Approved: December 31, 2020 Supersedes: New

> A setting that is located in a building on the grounds of, or immediately adjacent to, a public institution. (State has not identified any of these to date, but it is possible there are, or will be, these types of settings in the state so we have prepared for this.)

Any other setting that has the effect of isolating individuals from the broader community. (State has not identified any of these to date, but it is possible there are, or will be, these types of settings in the state so we have prepared for this.)

Documentation Required:

State: North Dakota

TN: 20-0010

The Heightened Scrutiny process must be completed for this category.

The Care Coordinator will conduct a site review, inclusive of completion of the HCBS Settings Verification Checklist. The Care Coordinator will search for evidence demonstrating the setting does not have the qualities of an institution and that it does have the qualities of a HCBS setting. The Care Coordinator will compile the evidence into a report and submit the completed HCBS Settings Verification Checklist and report to the NDDHS. The NDDHS will review the evidence and determine if enough evidence exists to submit to CMS to initiate the Heightened Scrutiny Review Process. If there is sufficient evidence, the setting will be sent to CMS. If there isn't sufficient evidence to justify heightened scrutiny, then the setting will not be sent to CMS for heightened scrutiny and will be deemed non-compliant.

Following a CMS determination that the setting is HCBS compliant, the Care Coordinator will document in the individual's POC and 1915(i) services may be provided in the setting. In addition to this initial HCBS Settings Rule verification, written verification of settings must be continually assessed by the care coordinator and ongoing compliance documented in the POC throughout the individual's eligibility.

Following a CMS determination that the setting is not HCBS compliant, the Care Coordinator will document in the POC and ensure no 1915(i) services are provided in the setting.

The second step in compliance with the HCBS Final Rule will be addressed by the Care Coordinator through the person-centered plan of care process.

The person-centered plan of care process is utilized for each person and care coordinator will continuously implement practices and procedures to meet HCBS requirements. The individual's experiences will be monitored by care coordinator through face-to-face visits. Any identified issues will be remediated by using the person-centered plan of care process, and/or contacting an advocacy organization, and or reporting to the NDDHS.

The Care Coordinator will request 1915(i) participants to contact the them prior to a decision to relocate being made, and inform them their continued 1915(i) eligibility is contingent upon them receiving services in a compliant setting.

If, during the course of the 1915(i) eligibility period, the participant is found to be residing in an institutional, institution-like, or otherwise non-compliant setting, the Care Coordinator will notify

State plan Attachment 3.1–i: Page 26

Effective: October 1, 2020 Approved: December 31, 2020 Supersedes: New

all service providers and the Zone of the change as 1915(i) services can't be provided to an individual residing in a non-compliant setting.

Remediation:

State: North Dakota

TN: 20-0010

Services will not be delivered in settings before compliance with the settings criteria has been determined. If for any reason a 1915(i) eligible individual is discovered to be living in a setting suspected to be out of compliance, the care coordinator will initiate the appropriate settings verification process for that particular setting category.

If remediation of the setting is a possibility, then:

The care coordinator, individual, and the person-centered plan of care team, and/or the provider (site owner), will develop a remediation plan. The provider is given 21-days to implement remediation efforts.

At the end of the 21-day remediation period, the care coordinator or provider (site owner) will submit the remediation plan and outcome of the remediation efforts to NDDHS for review by the department's HCBS settings committee. The 1915(i) intends to collaborate with the department's C Waiver Authority's HCBS settings committee. The committee will decide if the setting:

- fully complies;
- will fully comply with additional changes; or
- does not, and cannot, meet community settings requirements.

If a decision is made that the setting fully complies, written correspondence is provided to the care coordinator and/or provider (site owner).

If a decision is made that the setting would comply with additional changes, written correspondence of the required changes is provided to the care coordinator and/or provider (site owner). The provider is given an additional 7 days to remedy and the remediation plan and outcome of the remediation efforts are provided to the department's HCBS settings committee. If the setting has not been remedied, a denial will be issued for that setting. The Care Coordinator will issue a 30-day advance written notice to the participant informing them they are living in a non-compliant setting, and must relocate to a compliant setting within 30 days to continue to receive 1915(i) services.

If a decision is made that the setting cannot be remedied, a denial will be issued for that setting. The Care Coordinator will issue a 30-day advance written notice to the participant informing them they are living in a non-compliant setting and must relocate to a compliant setting within 30 days to continue to receive 1915(i) services.

The care coordinator will provide the individual assistance with finding other HCBS options in their community that fully comply with the rule. Participants will be provided choices among alternative settings that meet the participant's needs, preferences, and HCBS setting requirements. The care coordinator and person-centered planning team will develop a transition plan to assist with relocation efforts.

If relocation to a compliant setting hasn't occurred within the 30 days, the client's 1915(i) eligibility will terminate.

State plan Attachment 3.1–i: State: North Dakota TN: 20-0010 Page 27

Effective: October 1, 2020 Approved: December 31, 2020 Supersedes: New

Ongoing Compliance and Monitoring of Settings: NDDHS will provide education on the HCBS Settings Final Rule requirements to community stakeholders, including the 1915(i) care coordinators. A description of the setting in which services are delivered and verification of compliance is required in all Person-Centered Plans. All providers are given NDDHS contacts to request technical assistance as needed.

The QI section of this application contains Requirement #4: "Settings meet the home and community-based setting requirements as specified in this SPA and in accordance with 42 CFR 441.710(a)(1) and (2)." The Community Settings Rule will be verified on each POC reviewed during the quality assurance reviews completed by the state.

The care coordinator will complete the HCBS Settings Rule Site Visit Review Checklist & Settings Compliance Verification Form for settings requiring a site visit. The following Setting Assessment Tools will be used as an overall guide when completing the checklist to ensure compliance for new settings, to assist in maintaining setting compliance, and to understand the expectations within the requirements.

Home and Community Based Settings Requirements

Contents include:

- Quick Reference containing only the HCBS regulations
- Comprehensive version containing the regulations and the corresponding characteristics

Person-Centered Planning & Service Delivery

(By checking the following boxes, the state assures that):

- There is an independent assessment of individuals determined to be eligible for the State plan HCBS benefit. The assessment meets federal requirements at 42 CFR §441.720.
- 2. Based on the independent assessment, there is a person-centered service plan for each individual determined to be eligible for the State plan HCBS benefit. The person-centered service plan is developed using a person-centered service planning process in accordance with 42 CFR §441.725(a), and the written person-centered service plan meets federal requirements at 42 CFR §441.725(b).
- 3. The person-centered service plan is reviewed and revised upon reassessment of functional need as required under 42 CFR §441.720, at least every 12 months, when the individual's circumstances or needs change significantly, and at the request of the individual.
- 4. Responsibility for Face-to-Face Assessment of an Individual's Support Needs and Capabilities. There are educational/professional qualifications (that are reasonably related to performing assessments) of the individuals who will be responsible for conducting the independent assessment, including specific training in assessment of individuals with need for HCBS. (Specify qualifications):

An Individual's needs are assessed through the completion of the WHODAS 2.0 Assessment. Agents administering and scoring the WHODAS must be independent and qualified as defined

Effective: October 1, 2020 Approved: December 31, 2020 Supersedes: New

State: North Dakota

TN: 20-0010

in #2. **Qualifications of Individuals Performing Evaluation/Reevaluation** under the Evaluation/Reevaluation Section of this application.

5. Responsibility for Development of Person-Centered Service Plan. There are qualifications (that are reasonably related to developing service plans) for persons responsible for the development of the individualized, person-centered service plan. (Specify qualifications):

Qualifications for those responsible for Development of Person-Centered POC:

The persons responsible for the development of the individualized, person-centered service POC must meet all of the following criteria:

- be employed with an enrolled Medicaid provider of the Care Coordination service, and possess NDDHS required competencies as identified within the Care Coordination service part of this application; and one of the following:
 - have a bachelor's degree in social work, psychology, nursing, sociology, counseling, human development, special education, child development and family science, human resource management (human service track), criminal justice, occupational therapy, communication science/disorders or vocational rehabilitation; or
 - o have 5 years of supervised, clinical experience working with individuals with SMI, SED, SUD, brain injuries, etc.; or,
 - with accompanying transcript, the NDDHS of Human Services may approve other degrees in a closely related field at the NDDHS's discretion;

An agency that meets all of the following criteria is able to enroll with ND Medicaid to provide the 1915(i) Care Coordination service:

Have a North Dakota Medicaid provider agreement and attest to the following:

- individual practitioners meet the required qualifications; and,
- services will be provided within their scope of practice; and,
- individual practitioners will have the required competencies identified in the service scope; and,
- agency availability 24 hours a day, 7 days a week to clients in need of emergency care coordination services; and,
- agency conducts training in accordance with state policies and procedures; and,
- agency adheres to all 1915(i) standards and requirements; and,
- agency policies and procedures, including but not limited to, participant rights, abuse, neglect, exploitation, use of restraints and reporting procedures are written and available for NDDHS review upon request; and,
- ensure supervisors of care coordination staff have a minimum of:
 - a bachelor's degree in social work, psychology, nursing, sociology, counseling, human development, special education, child development and family science, human resource management (human service track), criminal justice, occupational therapy, communication science/disorders or vocational rehabilitation; or,
 - o have 5 years of supervised, clinical experience working with individuals with SMI, SED, SUD, brain injuries, etc.; or,

Effective: October 1, 2020 Approved: December 31, 2020 Supersedes: New

State: North Dakota

TN: 20-0010

with accompanying transcript, the NDDHS of Human Services may approve other degrees in a closely related field at the NDDHS's discretion.

6. Supporting the Participant in Development of Person-Centered Service Plan. Supports and information are made available to the participant (and/or the additional parties specified, as appropriate) to direct and be actively engaged in the person-centered service plan development process. (Specify: (a) the supports and information made available, and (b) the participant's authority to determine who is included in the process):

Supporting the Participant in Development of Person-Centered POC

At the initial meeting between the Care Coordinator and the member, a signed release of information will be obtained to allow the Care Coordinator to request the eligibility related information, i.e. diagnosis and WHODAS scores, from the Zones.

The Care Coordinator informs the participant and legal guardian if applicable of their involvement in the development of the Plan of Care, and their right to choose who can be involved in the plan development. The participant and their guardian if applicable are given the opportunity to choose the times and location of meeting, and the makeup of team membership. The participant receives a brochure that explains each of the services. Also, a Rights and Responsibility brochure that explains what to expect to include how to requires a fair hearing.

The Care Coordinator assists the participant and guardian and team if applicable with developing the Person-Centered POC. Until a case management system is developed, the state will also rely on the POC as documentation to verify all of the following requirements are met: The POC must confirm the initial 1915i eligibility evaluation was completed by the Human Service Zone according to the process required by the state. For reevaluations, the POC must indicate the participant's eligibility was reviewed at the Zone within 365 days of their previous eligibility review.

- The POC must document the participant receives services in a compliant community-based setting as specified in the State Plan Amendment and in accordance with 42 CRF 441.710(a)(1) and (2).
- The POC must document the participant had choice of services.
- The POC must document the participant had choice of providers.
- The POC must identify and address assessed needs of the participant.
- The POC must contain the participant's signature stating they were informed of their rights surrounding abuse, neglect, exploitation, use of restraints and reporting procedures.
- The POC must be developed in collaboration with the participant, (and parent/guardian and team, as applicable), with goals, desired outcomes and preferences chosen by the participant.
- The POC must identify services, as well as frequency, duration, and amount of services, based on the needs identified by the independent assessment, as well as choice of the participant, to assist the participant with meeting the goals and outcomes he/she has identified in the Plan of Care.
- The POC must identify risk factors and barriers with strategies to overcome them, including an individualized back-up/crisis plan.

Effective: October 1, 2020 Approved: December 31, 2020 Supersedes: New

State: North Dakota

TN: 20-0010

The POC must include signatures of the participant, care coordinator, meeting participants, providers, and all others responsible for plan implementation. The provider's written or electronic signature must be in accordance with 42 CFR § 441.725(b).

- The POC must be provided to the participant, family if applicable, providers, and all members responsible for plan implementation and monitoring.
- All initial and revised POCs must be uploaded into the Medicaid Management Information System (MMIS).

The person-centered service plan is reviewed and revised upon reassessment of functional need as required under 42 CFR §441.720, at least every 12 months, when the individual's circumstances or needs change significantly, and at the request of the individual. The Care Coordinator is responsible for in-depth monitoring of the Plan of Care which includes meeting face to face with the participant at least every 90 days to review quality and satisfaction with services, and to assure services are delivered as required and remain appropriate for the individual. This in-depth monitoring by the Care Coordinator will also include a review of all provider's monthly progress updates.

Prior to each annual Plan of Care review, the Care Coordinator will review the participant rights information with the individual and guardian if applicable, which includes their right to choose among and between services, providers, and their right to appeal if they are denied the choice of services or provider.

7. **Informed Choice of Providers.** (Describe how participants are assisted in obtaining information about and selecting from among qualified providers of the 1915(i) services in the person-centered service plan):

Assisting Participants with selecting from among qualified providers of the 1915(i) services

The individuals have a choice of Care Coordination service providers. The Care Coordinator, in collaboration with the individual (and parent/guardian and team as applicable) creates the initial POC. As part of the person-centered planning process, the Care Coordinator informs the participant (and parent/guardian as applicable), verbally and in writing, about their right to choose from among any NDDHS-authorized providers of the chosen service.

As a recommended service is identified, the Care Coordinator will provide the participant with a list of providers containing the names and contact information of available providers. Participants may interview potential service providers and select the provider of each service on the POC. The POC signed by the participant (and parent/guardian as applicable) contains a statement assuring they had a choice of provider.

The Care Coordinator provides the member will a "Member Rights" document, which among other things, ensures the participant is aware of their option to change 1915(i) service providers at any time, including the option to change their Care Coordinator.

State: North Dakota §1915(i) State plan HCBS State plan Attachment 3.1–i: TN: 20-0010 Page 31

Effective: October 1, 2020 Approved: December 31, 2020 Supersedes: New

8. Process for Making Person-Centered Service Plan Subject to the Approval of the Medicaid Agency. (Describe the process by which the person-centered service plan is made subject to the approval of the Medicaid agency):

The Care Coordinator uploads all Plans of Care containing all services to be authorized into MMIS for authorization by state 1915i administrators. The POC, inclusive of services requested to be authorized, is uploaded into MMIS.

The process for POC submission and prior authorization of services are the same for the initial POC and all revised POCs.

9. Maintenance of Person-Centered Service Plan Forms. Written copies or electronic facsimiles of service plans are maintained for a minimum period of 3 years as required by 45 CFR §74.53. Service plans are maintained by the following *(check each that applies):*

•	Medicaid agency	Operating agency	Case manager
	Other (specify):		

Services

1. State plan HCBS. (Complete the following table for each service. Copy table as needed):

Service Specific	ations (Specify a service title for the HCBS listed in Attachment 4.19-B that
the state plans to	cover):
Service Title:	Care Coordination

Service Definition (Scope):

Services that assist participants in gaining access to needed 1915(i) and other state plan services, as well as medical, social, educational and other services, regardless of the funding source for the services to which access is gained. Care Coordination is a required component of the 1915(i)-community based behavioral health service system.

The care coordinator is responsible for the development of the plan of care and for the ongoing monitoring of the provision of services included in the participant's plan of care. The Care Coordinator ensures that the participant (and parent/guardian as applicable) voice, preferences, and needs are central to the Person-Centered POC development and implementation. A minimum of one face to face contact between the Care Coordinator and participant per quarter is required.

A participant's need for initial and continued services shall be discussed at each 1915(i) person-centered plan of care meeting, and formally evaluated during the WHODAS 2.0 functional needs assessment as part of the initial and annual reevaluation and service authorization/reauthorization process. The Care Coordinator must document a need for the service to support a participant's identified goals in the Person-Centered POC and document the participant's progress toward their goals.

The Care Coordinator is responsible for the facilitation and oversight of this process, including:

- A. Comprehensive assessment and reassessment activities include:
 - completion of assessments as needed;

§1915(i) State plan HCBS State plan Attachment 3.1–i:
Page 32

Effective: October 1, 2020 Approved: December 31, 2020 Supersedes: New

State: North Dakota

TN: 20-0010

• collecting, organizing and interpreting an individual's data and history, including the gathering of documentation and information from other sources such as family members, medical providers, social workers, and educators, etc., to form a complete assessment of the individual, initially and ongoing;

- promoting the individual's strengths, preferences and needs by addressing social determinants of health including five key domains (economic stability, education, health and health care, neighborhood and built environment, and social and community context) and assessing overall safety and risk including suicide risk;
- conducting a crisis assessment and plan initially and ongoing;
- guiding the family engagement process by exploring and assessing the participant's, and in the case of a minor the family's, strengths, preferences, and needs, including overall safety and risk, including suicide risk, initially and ongoing;
- ongoing verification of Community-Based Settings compliance.

All requirements contained in the Person-Centered POC Section, #4, Responsibility for Face-to-Face Assessment of an Individual's Support Needs and Capabilities, of this application are applicable to the Care Coordination Service.

B. Development of an individualized Person-Centered POC, including the Crisis Plan component, based on the information collected through the assessment

All requirements contained in the Person-Centered POC Section, #5- Responsibility for Development of Person-Centered Service Plan, 6- Supporting the Participant in Development of Person-Centered Service Plan, #7- Informed Choice of Providers, #8- Process for Making Person-Centered Service Plan Subject to the Approval of the Medicaid Agency and #9- Maintenance of Person-Centered Service Plan Forms of this application apply to the Care Coordination Service.

C. Crisis Plan Development, Implementation, and Monitoring

The Care Coordination Agency has ultimate responsibility for the development, implementation, and monitoring of the crisis plan. The crisis plan is developed by the Care Coordinator in collaboration with the participant and Person-Centered Plan of Care Team within the first week of initial contact with the member.

- **D. Referral, Collateral Contacts & Related Activities** include scheduling appointments for the individual and connecting the eligible individual with obtaining needed services including:
 - activities that help link the individual with health, housing, social, educational, employment and other programs and services needed to address needs and achieve outcomes in the POC;
 - systematically engaging culturally relevant community services and supports on behalf of the individual; and,
 - contacts with non-eligible individuals that are directly related to identifying the eligible
 individual's needs and care, for the purposes of helping the eligible individual access
 services, identifying needs and supports to assist the eligible individual in obtaining
 services, and providing members of the individual's team with useful feedback.
- **E. Monitoring and follow-up activities are** activities and contacts necessary to ensure the person-centered plan is implemented and adequately addresses the eligible individual's needs. These may be with the individual, family members, service providers, or other entities or

State: North Dakota §1915(i) State plan HCBS State plan Attachment 3.1–i: TN: 20-0010 Page 33

Effective: October 1, 2020 Approved: December 31, 2020 Supersedes: New

individuals and conducted as frequently as necessary to determine whether the following conditions are met:

- services are being furnished in accordance with the individual's POC;
- services in the plan are adequate;
- changes in the needs or status of the individual are reflected in the POC;
- monitoring and follow-up activities include making necessary adjustments in the POC and service arrangements with providers.;
- transition of the participant from 1915(i) services to State plan, or other community-based services, when indicated; and,
- ongoing compliance with the HCBS Settings Rule.

Agencies must have records available for NDDHS review documenting that Care Coordinators have reviewed the competencies or standards of practice in one of the following:

- The Substance Abuse and Mental Health Services Administration (SAMHSA) Core Competencies for Integrated Behavioral Health and Primary Care; or
- The Case Management Society of America standards of practice.

Agencies must also have records available for NDDHS review as verification that Care Coordinators have reviewed NDDHS approved training materials and acknowledge they are competent in the following areas:

- Person-Centered Plan Development and Implementation; and
- Community Settings Rule

Additional needs-based criteria for receiving the service, if applicable (specify):

None

Specify limits (if any) on the amount, duration, or scope of this service. Per 42 CFR Section 440.240, services available to any categorically needy recipient cannot be less in amount, duration and scope than those services available to a medically needy recipient, and services must be equal for any individual within a group. States must also separately address standard State plan service questions related to sufficiency of services.

(Choose each that applies):

• Categorically needy (specify limits):

State plan Attachment 3.1–i: Page 34

Effective: October 1, 2020 Approved: December 31, 2020 Supersedes: New

State: North Dakota

TN: 20-0010

There is a daily maximum of 8 hours (32 units) for this service, and a minimum of one face to face contact between the Care Coordinator and participant per quarter is required.

It is anticipated, and expected, that 1915(i) participants involved in multiple systems, waivers, and State Plan services, etc., will receive continued specialized case management from each. For example, the participant involved in the 1915(i) to address behavioral health needs, may be enrolled in the HCBS 1915(c) waiver due to a developmental disability, be in the foster care system, and also receiving Special Education services. Each of these systems offer case management in their areas of expertise and serve an essential role in the individual's care.

The state's 1915(i) SPA will offer Care Coordination for Ages 0+ and the following ND HCBS 1915(c) Waivers currently offer Case Management: ID/DD Waiver – Age 0+; Medically Fragile Waiver – Age 3 to 18; Autism Waiver – Age 0 to 14; Children's Hospice Waiver – Age 0 to 22; Aged & Disabled Waiver – Age 18+; Technology Dependent Waiver – Age 18+.

While the individual may receive case management from several areas, the state will allow only one case manager to bill during the same time period. The State will provide policy informing the 1915(c) waiver case managers, targeted case managers and the 1915(i) care coordinators that they will need to decide amongst themselves which of them will bill when attending the same meeting.

Services furnished through Medicaid 1915(i) must not be duplicated by services funded under section 110 of the Rehabilitation Act of 1973 or the IDEA (20 U.S.C. 1400 et seq.). To ensure duplication does not occur providers must coordinate efforts with the Department of Instruction and/ or local Vocational Rehabilitation Agency. Justification that services are not otherwise available to the individual through these agencies under section 110 of the Rehabilitation Act of 1973 or the IDEA (20 U.S.C. 1400 et seq.) must be documented in the individual's record and kept on file.

State plan Attachment 3.1–i:

Page 35

TN: 20-0010

Effective: October 1, 2020 Approved: December 31, 2020 Supersedes: New

Remote support may be utilized for up to 25% of all services provided in a calendar

Remote support includes real-time, two-way communication between the service provider and the participant. Remote support is limited to check-ins (e.g. reminders, verbal cues, prompts) and consultations (e.g. counseling, problem solving) within the scope of services.

Remote support options include:

Telephone

State: North Dakota

Secure Video Conferencing

Remote support must:

- be elected by the individual receiving services;
- not block the member's access to the community;
- not prohibit needed in-person services for the member;
- utilize a HIPPA compliant platform; and
- prioritize the integration of the member into the community.

For each utilization, providers must document that the remote support option:

- was elected by the member receiving services;
- did not block the member's access to the community;
- did not prohibit needed in-person services for the member;
- utilized a HIPAA-compliant platform; and
- prioritized the integration of the individual into the community.

The keys to providing better member care lies in making services available and ensuring members seek help when necessary. Remote support options are for the benefit of the member, rather than the benefit of the provider. The member's election to utilize remote support must enhance their integration into the community. Examples of the appropriate use of remote support include:

- Members with behavioral health conditions who are feeling stigmatized and, thus, avoiding seeking services in an effort to hide their conditions from others. Remote support will allow these members to receive services from the comfort of their own surroundings, reducing the stigma and increasing the chances they will seek services and stay engaged. Remote support alternatives will make ongoing care and follow-ups more convenient and easier to schedule for the member, likely increasing the number of appointments made, as well as the number of appointments kept.
- Members in the midst of a crisis situation or addiction relapse will be able to more easily reach out to 1915(i) service providers, reducing risks associated with their conditions and the likelihood of needing a higher level of care.

§1915(i) State plan HCBS State plan Attachment 3.1–i: Page 36

Effective: October 1, 2020 Approved: December 31, 2020 Supersedes: New

State: North Dakota

TN: 20-0010

Medically nee	dy (specify limits):		
	those for categoric	ally needy	
Provider Qualificat			nove as needed):
		Certification	Other Standard
Provider Type	License		
(Specify):	(Specify):	(Specify):	(Specify):
North Dakota	None	None	A provider of this service must
Medicaid enrolled			meet all of the following:
agency provider of			Have a North Dakota
Care Coordination Services			Medicaid provider
Services			agreement and attest to
NDDHS defines			the following:
			o individual
billing group provider as an			practitioners meet the
individual or entity			required qualifications
that is able to enroll			o services will be
to provide 1915(i)			provided within their
services. Depending			scope of practice
on their licensure or			o individual
certification, certain			practitioners will
practitioners are			have the required
allowed to enroll			competencies
independently			identified in the
without being			service scope
affiliated to a clinic,			o agency availability
hospital or other			24 hours a day, 7
agency, and others			days a week to
are not. Examples			clients in need of
of practitioners that			emergency care
could enroll			coordination services
independently			o agency conducts
without being			training in
affiliated to a clinic,			accordance with state
hospital, or other			policies and
entity: Licensed			procedures
Professional			o agency adheres to all
Clinical Counselor,			1915(i) standards and
Licensed Clinical			requirements
Social Worker,			o agency policies and
Licensed Marriage			procedures, including
and Family			but not limited to,
Therapist,			participant rights,
Psychologist, Nurse			abuse, neglect,
Practitioner and			exploitation, use of
Physician. These			restraints and
practitioners are			reporting procedures
considered 'other			are written and

§1915(i) State plan HCBS State plan Attachment 3.1–i: Page 37

Effective: October 1, 2020 Approved: December 31, 2020 Supersedes: New

State: North Dakota

TN: 20-0010

1: 1	1		** * * * *
licensed			available for
practitioners' (OLP)			NDDHS review upon
in the ND Medicaid			request
State Plan and are			
allowed to provide			The individual providing the
any state plan			service must:
service that is			1) be employed by an
within their scope			enrolled ND Medicaid
of practice. These			provider or enrolled
practitioners are			billing group of this
allowed to enroll as			service; and
their own billing			2) have a bachelor's
group provider if			degree in social work,
they choose. If a			psychology, nursing,
provider is not an			sociology, counseling,
OLP, they must be			human development,
affiliated to a clinic,			special education, child
hospital or other			development and family
agency in order to			science, human resource
enroll. Each billing			management (human
group provider			service track), criminal
must meet the			justice, occupational
qualifications			therapy, communication
specified in the			science/disorders or
1915(i) state plan			vocational rehabilitation;
pages. The			or
minimum			have 5 years of
qualifications for			supervised, clinical
the provider are			experience working
listed under each			with individuals with
service.			SMI, SED, SUD, brain
			injuries, etc.;
			Or,
			with accompanying
			transcript, the NDDHS of
			Human Services may
			approve other degrees in
			a closely related field at the NDDHS's discretion;
			<i>,</i>
			and,
			be supervised by an
			individual containing
			these qualifications at a
			minimum.
Verification of Prov	ider Qualifications	s (For each provide	r type listed above. Copy rows as
needed):		· •	**
Provider Type	Entity Responsibl	e for Verification	Frequency of Verification
(Specify):	(Spec		(Specify):
1 30/	, <u>, , , , , , , , , , , , , , , , , , </u>	UV /	\ 1 JV/

State plan Attachment 3.1–i: Page 38

Effective: October 1, 2020 Approved: December 31, 2020 Supersedes: New

Medi agend	n Dakota icaid enrolled cy provider of Coordination ices	Medical Services Provider Enrollment		Provider will complete an "Attestation" as part of the provider agreement process upon enrollment and at revalidation. Providers are required to revalidate their enrollments at least once every five (5) years.
Servi	Service Delivery Method. (Check each that applies):			
	□ Participant-directed • Pr			Provider managed

Service Specifications (Specify a service title for the HCBS listed in Attachment 4.19-B that the state plans to cover):

Service Title: **Training and Support for Unpaid Caregivers**

Service Definition (Scope):

State: North Dakota TN: 20-0010

Training and Support for Unpaid Caregivers is a service directed to individuals providing unpaid support to a recipient of 1915(i) services. Services are provided for the purpose of preserving, educating, and supporting the family and support system of the participant.

For purposes of this service, individual is defined as any person, including but not limited to, a parent, relative, foster parent, grandparent, legal guardian, adoptive parent, neighbor, spouse, friend, companion, or co-worker who provides uncompensated care, training, guidance, companionship or support to a 1915(i) participant.

A participant's need for initial and continued services shall be discussed at each 1915(i) person-centered plan of care meeting, and formally evaluated during the WHODAS 2.0 functional needs assessment as part of the initial and annual reevaluation and service authorization/reauthorization process. The Care Coordinator must document a need for the service to support a participant's identified goals in the Person-Centered POC and document the participant's progress toward their goals.

Covered activities may include the following:

- 1) practical living and decision-making skills;
- 2) child development, parenting skills, and assistance with family reunification including the provision of role modeling or appropriate parenting and family skills for parents and children during visitations; and facilitating engagement and active participation of the family in the planning process and with the ongoing instruction and reinforcement of skills learned throughout the recovery process;
- 3) home management skills including budget planning, money management, and related skills that will maximize a family's financial resources; guidance in proper nutrition through meal planning, planned grocery purchasing, and identification of alternative food sources;
- 4) provide information, instruction, and guidance in performing household tasks, personal care tasks, and related basic hygiene tasks;
- 5) use of community resources and development of informal supports;
- 6) conflict resolution;
- 7) coping skills;

State: North Dakota §1915(i) State plan HCBS State plan Attachment 3.1–i: TN: 20-0010 Page 39

Effective: October 1, 2020 Approved: December 31, 2020 Supersedes: New

8) gaining an understanding of the individual's behavioral health needs, including medications (purpose and side effects), mental illness or substance use disorder symptomology, and implementation of behavior plans;

- 9) learning communication and crisis de-escalation skills geared for working with the participants behavioral health needs;
- 10) training or education on a patient suicide safety plan and counseling on lethal means;
- 11) systems mediation and advocacy; and,
- 12) assist with accessing services, transportation arrangements, and coordination of services and appointments.

Agencies must have records available for NDDHS review documenting that individual providers have knowledge of and competency in the following:

Person-Centered Plan Implementation

Additional needs-based criteria for receiving the service, if applicable (specify):

N/A

Specify limits (if any) on the amount, duration, or scope of this service. Per 42 CFR Section 440.240, services available to any categorically needy recipient cannot be less in amount, duration and scope than those services available to a medically needy recipient, and services must be equal for any individual within a group. States must also separately address standard State plan service questions related to sufficiency of services.

(Choose each that applies):

Categorically needy (specify limits):

State plan Attachment 3.1–i: Page 40

Effective: October 1, 2020 Approved: December 31, 2020 Supersedes: New

State: North Dakota

TN: 20-0010

This service is billed using a 15-minute unit or reimbursement of cost of training.

The maximum daily limit for the service is eight (8) hours. The maximum annual limit is 208 hours. Service authorization requests for additional hours required to prevent imminent institutionalization, hospitalization, or out of home/out of community placement will be reviewed by the NDDHS.

This service is not available to caregivers who are paid to care for the participant.

Reimbursement is not available for the costs of travel, meals, or overnight lodging.

Training purchases will be procured through a third-party fiscal agent. Items, vendor, and cost must be identified in the Person-Centered POC. The third-party fiscal agent is unable to reimburse the participant or anyone other than the vendor.

The maximum allowable training budget per year is \$500.

Requests for training budget costs beyond the service limit which are necessary to prevent imminent institutionalization, hospitalization, or out of community placement must be included on the POC and submitted for service authorization to the NDDHS This service cannot be provided to an individual at the same time as another service that is the same in nature and scope regardless of source, including Federal, state, local, and private entities. Individuals eligible for multiple Medicaid funded authorities cannot access this service in more than one authority and are required to utilize the service through the alternate authority rather than the 1915(i). For example, if an individual is enrolled in both the 1915(i) and a 1915(c) waiver and is in need of a service which is offered in both, the individual is required to access the service through the 1915(c) rather than the 1915(i).

At this time the state has identified no duplication between this service offered in the 1915(i) and any services offered in the state's HCBS 1915(c) Waivers. If the HCBS 1915(c) Waivers were to offer a similar service in the future, the state will implement the following approach to ensure that 1915(i) services are not duplicated:

The Care Coordinator will contact the State Medicaid Office to inquire if the member has any eligibility spans for any of the C waivers in MMIS. If yes, the Care Coordinator will reach out to the C Waiver authority and do due diligence to ensure the plan of care does not include duplicative services.

Services furnished through Medicaid 1915(i) must not be duplicated by services funded under section 110 of the Rehabilitation Act of 1973 or the IDEA (20 U.S.C. 1400 et seq.). To ensure duplication does not occur providers must coordinate efforts with the Department of Instruction and/or local Vocational Rehabilitation Agency. Justification that services are not otherwise available to the individual through these agencies under section 110 of the Rehabilitation Act of 1973 or the IDEA (20 U.S.C. 1400 et seq.) must be documented in the individual's record and kept on file.

State plan Attachment 3.1–i:

State: North Dakota TN: 20-0010 Page 41

Effective: October 1, 2020 Approved: December 31, 2020 Supersedes: New

Remote support may be utilized for up to 25% of all services provided in a calendar

Remote support includes real-time, two-way communication between the service provider and the participant. Remote support is limited to check-ins (e.g. reminders, verbal cues, prompts) and consultations (e.g. counseling, problem solving) within the scope of services.

Remote support options include:

- Telephone
- Secure Video Conferencing

Remote support must:

- be elected by the individual receiving services;
- not block the member's access to the community;
- not prohibit needed in-person services for the member;
- utilize a HIPPA compliant platform; and
- prioritize the integration of the member into the community.

For each utilization, providers must document that the remote support option:

- was elected by the member receiving services;
- did not block the member's access to the community;
- did not prohibit needed in-person services for the member;
- utilized a HIPAA-compliant platform; and
- prioritized the integration of the individual into the community.

The keys to providing better member care lies in making services available and ensuring members seek help when necessary. Remote support options are for the benefit of the member, rather than the benefit of the provider. The member's election to utilize remote support must enhance their integration into the community. Examples of the appropriate use of remote support include:

- Members with behavioral health conditions who are feeling stigmatized and, thus, avoiding seeking services in an effort to hide their conditions from others. Remote support will allow these members to receive services from the comfort of their own surroundings, reducing the stigma and increasing the chances they will seek services and stay engaged. Remote support alternatives will make ongoing care and follow-ups more convenient and easier to schedule for the member, likely increasing the number of appointments made, as well as the number of appointments kept.
- Members in the midst of a crisis situation or addiction relapse will be able to more easily reach out to 1915(i) service providers, reducing risks associated with their conditions and the likelihood of needing a higher level of care.
- Medically needy (specify limits):

Same limits as those for categorically needy.

Provider Qualifications (For each type of provider. Copy rows as needed):

State plan Attachment 3.1–i:

State: North Dakota TN: 20-0010 Page 42

Effective: October 1, 2020 Approved: December 31, 2020 Supersedes: New

Provider Type	License	Certification	Other Standard
(Specify):	(Specify):	(Specify):	(Specify):
North Dakota	None	None	A provider of this service must
Medicaid enrolled	None	None	-
agency provider of			meet all of the following criteria:
			Have a North Dakota Medicaid
Training and			
Supports for			provider agreement and attest to
Unpaid Caregivers.			the following:
(RATE #1)			 individual practitioners meet the required
NDDHS defines			qualifications
billing group			• services will be provided
provider as an			within their scope of
individual or entity			practice
that is able to enroll			individual practitioners
to provide 1915(i)			will have the required
services. Depending			competencies identified
on their licensure or			in the service scope
certification, certain			agency conducts training
practitioners are			in accordance with state
allowed to enroll			policies and procedures
independently			agency adheres to all
without being			1915(i) standards and
affiliated to a clinic,			requirements
hospital or other			 agency policies and
agency, and others			procedures, including but
are not. Examples			not limited to, participant
of practitioners that			rights, abuse, neglect,
could enroll			exploitation, use of
independently			restraints and reporting
without being			procedures are written
affiliated to a clinic,			and available for
hospital, or other			NDDHS review upon
entity: Licensed			request
Professional			
Clinical Counselor,			
Licensed Clinical			
Social Worker,			
Licensed Marriage			
and Family			
Therapist,			
Psychologist, Nurse Practitioner and			
Physician. These			
practitioners are			
considered 'other			
licensed			
practitioners' (OLP)			
in the ND Medicaid			l

State: North Dakota §1915(i) State pla TN: 20-0010

§1915(i) State plan HCBS State plan Attachment 3.1–i:

Page 43

Effective: October 1, 2020 Approved: December 31, 2020 Supersedes: New

State Plan and are allowed to provide any state plan service that is within their scope of practice. These practitioners are allowed to enroll as their own billing group provider if they choose. If a provider is not an OLP, they must be affiliated to a clinic, hospital or other agency in order to enroll. Each billing group provider must meet the qualifications specified in the 1915(i) state plan pages. The minimum qualifications for the provider are listed under each service.			
Individual	None	Have a minimum of two years of experience working with or caring for individuals in the Target Population; or be certified as a Parent Aide, Mental Health Technician, Behavioral Health Technician, Healthy Families Home Visitor, Parents as Teachers Home Visitor,	The individual providing the service must: 1) Be employed by an enrolled ND Medicaid provider of this service, and 2) Be at least 18 years of age and possesses a High school diploma, or equivalent, and 3) Have a minimum of two years of experience working with or caring for individuals in the Target Population; or be certified as a Parent Aide, Mental Health Technician, Behavioral Health Technician, Healthy Families Home Visitor, Parents as Teachers Home Visitor, Nurse Family Partnerships Program Visitor, or other NDDHS approved certification.

State: North Dakota State plan Attachment 3.1–i: TN: 20-0010 Effective: October 1, 2020 Approved: December 31, 2020 Supersedes: New

Page 44

N. d. D. L.	N	Nurse Family Partnerships Program Visitor, or other NDDHS approved certification.	this service n requirements providing ser or more year providing dir caregivers.	of staff providing nust meet the s of an individual rvices and have two s of experience in rect support to
North Dakota Medicaid enrolled agency provider of Individual Training Budget Purchases (RATE #2) VERIDIAN	None	None	have a North provider agre	
Verification of Provinceded):	ider Qualifications	s (For each provide	r type listed ab	oove. Copy rows as
Provider Type (Specify):	Entity Responsible for Verification (Specify):			Frequency of Verification (Specify):
North Dakota Medicaid enrolled agency provider for Training and Supports for Unpaid Caregivers Rate #1 Component	North Dakota Medical Services Provider Enrollment			Provider will complete an attestation as part of the provider agreement process upon enrollment and at revalidation. Providers are required to revalidate their enrollments at least once every five (5) years.
Individual Training Budget Purchases Rate #2 Component	North Dakota Medical Services Provider Enrollment		Provider will complete an attestation as part of the provider agreement process upon enrollment and at revalidation. Providers are required to revalidate their enrollments at least once every five (5) years. Annually	

State: North Dakota

§1915(i) State plan HCBS

State plan Attachment 3.1–i:

Page 45

Effective: October 1, 2020

TN: 20-0010

Approved: December 31, 2020 Supersedes: New

Ser	vice Delivery Method. (Check each that ap	plies):	
0	Participant-directed	X	Provider managed

Service Specifications (Specify a service title for the HCBS listed in Attachment 4.19-B that the state plans to cover):

Service Title:

Peer Support

Service Definition (Scope):

Services are delivered to participants age 18 and older by trained and certified individuals in mental health or substance use recovery that promote hope, self-determination, and skills to achieve long-term recovery in the community. Peer Support Specialists have lived experience as a recipient of behavioral health services with a willingness to share personal, practical experience, knowledge, and first-hand insight to benefit service users. Services are provided in a variety of home and community based (HCBS) settings including: the individual's home, a community mental health center, a peer recovery center and other community settings where an individual and a peer may meet and interact i.e. community center, park, grocery store, etc.

A participant's need for initial and continued services shall be discussed at each 1915(i) person-centered plan of care meeting, and formally evaluated during the WHODAS 2.0 functional needs assessment as part of the initial and annual reevaluation and service authorization/reauthorization process. The Care Coordinator must document a need for the service to support a participant's identified goals in the Person-Centered POC and document the participant's progress toward their goals.

Peer Support Specialists require knowledge and skill in Person-Centered Plan Implementation.

Community-based peer support, including forensic peer support - Trauma-informed, non-clinical assistance to achieve long-term recovery from a behavioral health disorder. Activities included must be intended to achieve the identified goals or objectives as set forth in the individual person-centered plan, which delineates specific goals that are flexibly tailored to the participant and attempt to utilize community and natural supports. The intent of these activities is to assist individuals in initiating recovery, maintaining recovery, and enhancing the quality of personal and family life in long-term recovery.

Peer Support services include:

- 1) Engagement, bridging,
 - providing engagement and support to an individual following their transition from an institutional setting (state hospital, inpatient hospital, congregate care, nursing facility, or correctional settings) to their home communities
- 2) Coaching and enhancing a recovery-oriented attitude
 - Promoting wellness through modeling.
 - Assisting with understanding the person-centered planning meeting.
 - o Coaching the individual to articulate recovery goals.
 - Providing mutual support, hope, reassurance, and advocacy that include sharing one's own "personal recovery/resiliency story"
- 3) Self-Advocacy, self-efficacy, and empowerment

State plan Attachment 3.1–i: Page 46

Effective: October 1, 2020 Approved: December 31, 2020 Supersedes: New

> Sharing stories of recovery and/or advocacy involvement for the purpose of assisting recovery and self-advocacy:

- Serving as an advocate, mentor, or facilitator for resolution of issues
- Assisting in navigating the service system including
- Helping develop self-advocacy skills (e.g. assistance with shared decision making, developing mental health advanced directives).
- Assisting the individual with gaining and regaining the ability to make independent choices and assist individuals in playing a proactive role in their own treatment (assisting/mentoring them in discussing questions or concerns about medications, diagnoses or treatment approaches with their treating clinician). The Peer Specialist guides the individual to effectively communicate their individual preferences to providers.
- Assisting with developing skills to advocate for needed services and benefits and seeking to effectively resolve unmet needs.
- Advocacy and coaching on reasonable accommodations as defined by Americans with Disabilities Act (ADA)
- Skill development

State: North Dakota

TN: 20-0010

- Developing skills for coping with and managing psychiatric symptoms, trauma, and substance use disorders;
- Developing skills for wellness, resiliency and recovery support;
- Developing, implementing and providing health and wellness training to address preventable risk factors for medical conditions.
- Developing skills to independently navigate the service system; promoting the integration of physical and mental health care;
- Developing goal-setting skills;
- Building community living skills.
- 5) Community Connections and Natural Support are provided by peers and completed in partnership with individuals for the specific purpose of achieving increased community inclusion and participation, independence and productivity.
 - Connecting individuals to community resources and services.
 - Accompanying individuals to appointments and meetings for the purpose of mentoring and support.
 - Helping develop a network for information and support, including connecting individuals with cultural/spiritual activities, locating groups/programs based on an individual's interest including peer-run programs, and support groups.
- 6) Peer Relief Services are voluntary short-term and offer interventions to support individuals for adverting a psychiatric crisis. The premise behind peer relief is that psychiatric emergency services can be avoided if less intrusive supports are available in the community.

Additional needs-based criteria for receiving the service, if applicable (specify):

Specify limits (if any) on the amount, duration, or scope of this service. Per 42 CFR Section 440.240, services available to any categorically needy recipient cannot be less in amount, duration and scope than those services available to a medically needy recipient, and services must be equal for any individual within a group. States must also separately address standard state plan service questions related to sufficiency of services.

(Choose each that applies):

Categorically needy (specify limits):

State plan Attachment 3.1–i:

Page 47

Effective: October 1, 2020 Approved: December 31, 2020 Supersedes: New

State: North Dakota TN: 20-0010

Peer support services are billed in 15-minutes units. Services are limited to eight (8) hours per day (32 units daily) and 260 hours annually. Service authorizations requests for additional hours required to prevent imminent institutionalization, hospitalization, or out of home/out of community placement will be reviewed by the NDDHS.

Service is limited to individuals age 18 and older.

This service cannot be provided to an individual at the same time as another service that is the same in nature and scope regardless of source, including Federal, state, local, and private entities. Individuals eligible for multiple Medicaid funded authorities cannot access this service in more than one authority and are required to utilize the service through the alternate authority rather than the 1915(i). For example, if an individual is enrolled in both the 1915(i) and a 1915(c) waiver and is in need of this service which is offered in both, the individual is required to access the service through the 1915(c) rather than the 1915(i).

At this time the state has identified no duplication between this service offered in the 1915(i) and any services offered in the state's HCBS 1915(c) Waivers.

If the HCBS 1915(c) Waivers were to offer a similar service in the future, the state will implement the following approach to ensure that 1915(i) services are not duplicated:

The Care Coordinator will contact the State Medicaid Office to inquire if the member has any eligibility spans for any of the C waivers in MMIS. If yes, the Care Coordinator will reach out to the C Waiver authority and do due diligence to ensure the plan of care does not include duplicative services.

Services furnished through Medicaid 1915(i) must not be duplicated by services funded under section 110 of the Rehabilitation Act of 1973 or the IDEA (20 U.S.C. 1400 et seq.). To ensure duplication does not occur providers must coordinate efforts with the Department of Instruction and/ or local Vocational Rehabilitation Agency. Justification that services are not otherwise available to the individual through these agencies under section 110 of the Rehabilitation Act of 1973 or the IDEA (20 U.S.C. 1400 et seq.) must be documented in the individual's record and kept on file.

State plan 1915(i) HCBS will not be provided to an individual at the same time as another service that is the same in nature and scope regardless of source, including Federal, state, local, and private entities.

Peer Support Specialist must meet in person with the participant before providing remote services and at least quarterly, after which remote support may be utilized for up to 25% of all services provided in a calendar month.

Remote support includes real-time, two-way communication between the service provider and the participant. Remote support is limited to check-ins (e.g. reminders, verbal cues, prompts) and consultations (e.g. counseling, problem solving) within the scope of services.

Remote support options include:

- Telephone
- Secure Video Conferencing

TN: 20-0010

State: North Dakota

Effective: October 1, 2020

Approved: December 31, 2020 Supersedes: New

Remote support must:

- be elected by the individual receiving services;
- not block the member's access to the community;
- not prohibit needed in-person services for the member;
- utilize a HIPPA compliant platform; and
- prioritize the integration of the member into the community.

For each utilization, providers must document that the remote support option:

- was elected by the member receiving services;
- did not block the member's access to the community;
- did not prohibit needed in-person services for the member;
- utilized a HIPAA-compliant platform; and
- prioritized the integration of the individual into the community.

The keys to providing better member care lies in making services available and ensuring members seek help when necessary. Remote support options are for the benefit of the member, rather than the benefit of the provider. The member's election to utilize remote support must enhance their integration into the community. Examples of the appropriate use of remote support include:

- Members with behavioral health conditions who are feeling stigmatized and, thus, avoiding seeking services in an effort to hide their conditions from others. Remote support will allow these members to receive services from the comfort of their own surroundings, reducing the stigma and increasing the chances they will seek services and stay engaged. Remote support alternatives will make ongoing care and follow-ups more convenient and easier to schedule for the member, likely increasing the number of appointments made, as well as the number of appointments kept.
- Members in the midst of a crisis situation or addiction relapse will be able to more easily reach out to 1915(i) service providers, reducing risks associated with their conditions and the likelihood of needing a higher level of care.

Agencies must have records available for NDDHS review documenting that individual providers have knowledge of and competency in the following:

o Person-Centered Plan Implementation

Medically needy (specify limits):

Same limits as those for categorically needy.

Provider Qualifications (For each type of provider. Copy rows as needed):

	1	71 J 1	1.0
Provider Type (Specify):	License (Specify):	Certification (Specify):	Other Standard (Specify):
North Dakota Medicaid Enrolled Agency Provider of	None		An enrolled billing group of this service must meet all of the following criteria: 1. Have a North Dakota Medicaid provider
– Peer Support			agreement and attest to the following: • individual practitioners (Certified Peer
NDDHS defines			Support Specialists I and II) meet the

State plan Attachment 3.1–i:

State: North Dakota TN: 20-0010 Page 49

Effective: October 1, 2020 Approved: December 31, 2020 Supersedes: New

1 -11-	<u> </u>	. 1 1.0 1 NDAG
billing group		required qualifications under NDAC
provider as an		75-03-43
individual or entity		• services will be provided within their
that is able to enroll		scope of practice
to provide 1915(i)		 individual practitioners will have the
services. Depending		required competencies identified in
on their licensure or		the service scope
certification, certain		 agency conducts training in
practitioners are		accordance with state policies and
allowed to enroll		procedures
independently		 agency adheres to all 1915(i)
without being		standards and requirements
affiliated to a clinic,		 agency policies and procedures,
hospital or other		including but not limited to,
agency, and others		participant rights, abuse, neglect,
are not. Examples of		exploitation, use of restraints and
practitioners that		reporting procedures are written and
could enroll		available for NDDHS review upon
independently		request
without being		request
affiliated to a clinic,		
hospital, or other		2, Require individual practitioners (Certified
entity: Licensed		Peer Support Specialists I and II) maintain
Professional		current certification standards as required by
Clinical Counselor,		NDAC 75-03-43-06. Recertification and
Licensed Clinical		NDAC 75-03-43-07 Continuing Education
Social Worker,		TODIC 13 03 13 07 Continuing Education
Licensed Marriage		
and Family		
Therapist,		
Psychologist, Nurse		
Practitioner and		
Physician. These		
practitioners are		
considered 'other		
licensed		
practitioners' (OLP)		
in the ND Medicaid		
State Plan and are		
allowed to provide		
any state plan		
service that is		
within their scope of		
practice. These		
practitioners are		
allowed to enroll as		
their own billing		
group provider if		
they choose. If a		

State: North Dakota §1915(i) State plan HCBS State plan Attachment 3.1–i: Page 50

TN: 20-0010 Effective: October 1, 2020 Approved: December 31, 2020 Supersedes: New

provider is not an OLP, they must be affiliated to a clinic, hospital or other agency in order to enroll. Each billing group provider must meet the qualifications specified in the 1915(i) state plan pages. The minimum qualifications for the provider are listed under each service.		
Individual		 Be employed by an enrolled ND Medicaid enrolled billing group of this service. Be certified as a Peer Support Specialist I or II under NDAC 75-03-43. Certified Peer Support Specialists by the NDDHS Behavioral Health Division. Maintain current certification as a Peer Support Specialist I or II as required by NDAC 75-03-43-06. Recertification and 75-03-43-07 Supervision Requirements: For every 30 hours of Peer Support services provided, the individual provider must have one hour of face-to-face supervision with a qualified Peer Supervisor. The provider agency employing the peer specialist and supervisor is required to document the following requirements and have the documentation accessible for review by the NDDHS. A Qualified Peer Supervisor must: Be a certified peer specialist; OR Have one of the following combinations: High school diploma or GED and at least:

State: North Dakota

§1915(i) State plan HCBS State plan Attachment 3.1–i: TN: 20-0010 Page 51 Effective: October 1, 2020 Approved: December 31, 2020 Supersedes: New

		Be a North Dakota Certified Peer Support Specialist II Three years of work experience as a peer specialist or peer recovery coach including at least 2,250 hours of direct client service; or Two years of work experience as a peer specialist or peer recovery coach including at least 1500 hours of direct client service, and at least one year of full- time work experience supervising others; or Associate degree from an accredited college or university and at least two years of work experience as a peer specialist or peer recovery coach including at least 1500 hours of direct client service; or Bachelor's degree from an accredited college or university and at least two years of full-time work experience supervising others; or Be the director of an organization providing peer support services; and Have completed a state approved peer support specialist supervision training.
Verification of Proneeded):	ovider Qualifications (For each p	provider type listed above. Copy rows as
Provider Type (Specify):	Entity Responsible for Verification (Specify):	Frequency of Verification (Specify):

State: North Dakota

TN: 20-0010

§1915(i) State plan HCBS

State plan Attachment 3.1–i:

Page 52

Effective: October 1, 2020

Approved: December 31, 2020 Supersedes: New

North Dakota enrolled agen provider of Po Support		Provider will complete an attestation as part of the provider agreement process upon enrollment and at revalidation. Providers are required to revalidate their enrollments at least once every five (5) years
Service Deli	ivery Method. (Check each	that applies):
Par	ticipant-directed	X Provider managed

	Service Specifications (Specify a service title for the HCBS listed in Attachment 4.19-B that the state plans to cover):						
Servi Title:		Family Peer Support					

Service Definition (Scope):

Family Peer Support Services (FPSS) are delivered to families caring for a 1915(i) participant, under the age of 18, by trained and certified Peer Support Specialists with lived experience as a parent or primary caregiver who has navigated child serving systems on behalf of their child(ren) with social, emotional, developmental, health and/or behavioral healthcare needs. FPSS provide a structured, strength-based relationship between a Family Peer Support provider and the parent/family member/caregiver for the benefit of the child/youth. Services are delivered in a trauma informed, culturally responsive, person-centered, recovery-oriented manner.

A participant's need for initial and continued services shall be discussed at each 1915(i) person-centered plan of care meeting, and formally evaluated during the WHODAS 2.0 functional needs assessment as part of the initial and annual reevaluation and service authorization/reauthorization process. The Care Coordinator must document a need for the service to support a participant's identified goals in the Person-Centered POC and document the participant's progress toward their goals.

Family is defined as the primary care-giving unit and is inclusive of a wide diversity of primary caregiving units with significant attachment to the child, including but not limited to, birth, foster, adoptive, or guardianships, even if the child is living outside of the home.

Services can be provided in any compliant community-based setting with the participant's primary care-giver present.

Peer Support Services Include:

Engagement and Bridging,

- Serving as a bridge between families and service providers, supporting a productive and respectful partnership by assisting the families to express their strengths, needs and goals.
- Based on the strengths and needs of the youth and family, connecting them with appropriate services and supports. Accompanying the family when visiting programs.
- Facilitating meetings between families and service providers.
- Assisting the family to gather, organize and prepare documents needed for specific services.
- Addressing any concrete or subjective barriers that may prevent full participation in services,

§1915(i) State plan HCBS State plan Attachment 3.1–i:
Page 53

Effective: October 1, 2020 Approved: December 31, 2020 Supersedes: New

• Supporting and assisting families during stages of transition which may be unfamiliar (e.g. placements, in crisis, and between service systems etc.).

• Promoting continuity of engagement and supports as families' needs and services change.

Self-Advocacy, Self-Efficacy, and Empowerment

State: North Dakota

TN: 20-0010

- Coach and model shared decision-making and skills that support collaboration, in addition to providing opportunities for families to self-advocate.
- Supporting families to advocate on behalf of themselves to promote shared decision-making.
- Ensuring that family members inform all planning and decision-making.
- Modeling strengths-based interactions by accentuating the positive.
- Supporting the families in discovering their strengths and concerns.
- Assist families to identify and set goals and short-term objectives.
- Preparing families for meetings and accompany them when needed.
- Empowering families to express their fears, expectations and anxieties to promote positive effective communication.
- Assisting families to frame questions to ask providers.
- Providing opportunities for families to connect to and support one another.
- Supporting and encouraging family participation in community, regional, state, national activities to develop their leadership skills and expand their circles of support.
- Providing leadership opportunities for families who are receiving Family Peer Support Services.
- Empowering families to make informed decisions regarding the nature of supports for themselves and their child through:
 - Sharing information about resources, services and supports and exploring what might be appropriate for their child and family
 - o Exploring the needs and preferences of the family and locating relevant resources.
 - o Helping families understand eligibility rules
 - Helping families understand the assessment process and identify their child's strengths, needs and diagnosis.

Parent Skill Development

- Supporting the efforts of families in caring for and strengthening the health, development and well-being of their children.
- Helping the family learn and practice strategies to support their child's positive behavior.
- Assisting the family to implement strategies recommended by clinicians.
- Assisting families in talking with clinicians about their comfort with their treatment plans.
- Providing emotional support for the family on their parenting journey to reduce isolation, feelings of stigma, blame and hopelessness.
- Providing individual or group parent skill development related to the needs of the child (i.e., training on special needs parenting skills).
- Supporting families as children transition from out of home placement.
- Assisting families on how to access transportation.
- Supporting the parent in their role as their child's educational advocate by providing information, modeling, coaching in how to build effective partnerships, and exploring educational options with families and school staff.

Community Connections and Natural Supports

State: North Dakota §1915(i) State plan HCBS State plan Attachment 3.1–i: TN: 20-0010 Page 54

Effective: October 1, 2020 Approved: December 31, 2020 Supersedes: New

• Enhancing the quality of life by integration and supports for families in their own communities

- Helping the family to rediscover and reconnect to natural supports already present in their lives
- Utilizing the families' knowledge of their community in developing new supportive relationships.
- Helping the family identify and become involved in leisure and recreational activities in their community.
- In partnership with community leaders, encouraging families who express an interest to become more involved in faith or cultural organizations.
- Arranging support and training as needed to facilitate participation in community activities.
- Conducting groups with families to strengthen social skills, decrease isolation, provide emotional support and create opportunities for ongoing natural support.
- Working collaboratively with schools to promote family engagement.

Agencies must have records available for NDDHS review documenting that individual providers have knowledge of and competency in the following:

o Person-Centered Plan Implementation

Additional needs-based criteria for receiving the service, if applicable (specify):

Specify limits (if any) on the amount, duration, or scope of this service. Per 42 CFR Section 440.240, services available to any categorically needy recipient cannot be less in amount, duration and scope than those services available to a medically needy recipient, and services must be equal for any individual within a group. States must also separately address standard State plan service questions related to sufficiency of services.

(Choose each that applies):

• Categorically needy (specify limits):

§1915(i) State plan HCBS State plan Attachment 3.1–i:

Page 55

Effective: October 1, 2020 Approved: December 31, 2020 Supersedes: New

Peer support services are billed in 15-minutes units. Services are limited to eight (8) hours per day (32 units daily) and 260 hours annually. Service Authorization requests for additional hours required to prevent imminent institutionalization, hospitalization, or out of home/out of community placement will be reviewed by the NDDHS.

Services is limited to individuals with participants under the age of 18.

The following activities are not reimbursable for Medicaid family peer support programs:

- 12-step programs run by peers.
- General outreach and education including participation in health fairs, and other
 activities designed to increase the number of individuals served or the number of
 services received by individuals accessing services; community education services,
 such as health presentations to community groups, PTAs, etc.
- Time spent doing, attending, or participating in recreational activities.
- Services provided to teach academic subjects or as a substitute for educational personnel such as, but not limited to, a teacher, teacher's aide, or an academic tutor.
- Time spent attending school (e.g., during a day treatment program) with the exception of attending school meetings with the parent/caregiver on behalf of the child.
- Child Care services or services provided as a substitute for the parent or other individuals responsible for providing care and supervision.
- Respite care.

State: North Dakota

TN: 20-0010

- Services not identified on the beneficiary's authorized treatment plan.
- Services not in compliance with State Medicaid standards.
- Services provided to children, spouse, parents, or siblings of the eligible beneficiary under or others in the eligible beneficiary's life to address problems not directly related to the eligible beneficiary's issues and not listed on the eligible beneficiary's plan of care.

This service cannot be provided to an individual at the same time as another service that is the same in nature and scope regardless of source, including Federal, state, local, and private entities. Individuals eligible for multiple Medicaid funded authorities cannot access this service in more than one authority and are required to utilize the service through the alternate authority rather than the 1915(i). For example, if an individual is enrolled in both the 1915(i) and a 1915(c) waiver and is in need of this service which is offered in both, the individual is required to access the service through the 1915(c) rather than the 1915(i).

At this time the state has identified no duplication between this service offered in the 1915(i) and any services offered in the state's HCBS 1915(c) Waivers.

If the HCBS 1915(c) Waivers were to offer a similar service in the future, the state will implement the following approach to ensure that 1915(i) services are not duplicated:

The Care Coordinator will contact the State Medicaid Office to inquire if the
member has any eligibility spans for any of the C waivers in MMIS. If yes, the
Care Coordinator will reach out to the C Waiver authority and do due diligence
to ensure the plan of care does not include duplicative services.

§1915(i) State plan HCBS State plan Attachment 3.1–i:
Page 56

Effective: October 1, 2020 Approved: December 31, 2020 Supersedes: New

Services furnished through Medicaid 1915(i) must not be duplicated by services funded under section 110 of the Rehabilitation Act of 1973 or the IDEA (20 U.S.C. 1400 et seq.). To ensure duplication does not occur providers must coordinate efforts with the Department of Instruction and/or local Vocational Rehabilitation Agency. Justification that services are not otherwise available to the individual through these agencies under section 110 of the Rehabilitation Act of 1973 or the IDEA (20 U.S.C. 1400 et seq.) must be documented in the individual's record and kept on file.

Peer Support Specialist must meet in person with the participant before providing remote services and at least quarterly, after which remote support may be utilized for up to 25% of all services provided in a calendar month.

Remote support includes real-time, two-way communication between the service provider and the participant. Remote support is limited to check-ins (e.g. reminders, verbal cues, prompts) and consultations (e.g. counseling, problem solving) within the scope of services.

Remote support options include:

• Telephone

State: North Dakota

TN: 20-0010

• Secure Video Conferencing

Remote support must:

- be elected by the individual receiving services;
- not block the member's access to the community;
- not prohibit needed in-person services for the member;
- utilize a HIPPA compliant platform; and
- prioritize the integration of the member into the community.

For each utilization, providers must document that the remote support option:

- was elected by the member receiving services;
- did not block the member's access to the community;
- did not prohibit needed in-person services for the member;
- utilized a HIPAA-compliant platform; and
- prioritized the integration of the individual into the community.

The keys to providing better member care lies in making services available and ensuring members seek help when necessary. Remote support options are for the benefit of the member, rather than the benefit of the provider. The member's election to utilize remote support must enhance their integration into the community. Examples of the appropriate use of remote support include:

- Members with behavioral health conditions who are feeling stigmatized and, thus, avoiding seeking services in an effort to hide their conditions from others. Remote support will allow these members to receive services from the comfort of their own surroundings, reducing the stigma and increasing the chances they will seek services and stay engaged. Remote support alternatives will make ongoing care and follow-ups more convenient and easier to schedule for the member, likely increasing the number of appointments made, as well as the number of appointments kept.
- Members in the midst of a crisis situation or addiction relapse will be able to more

State plan Attachment 3.1–i:

Page 57

Effective: October 1, 2020 Approved: December 31, 2020 Supersedes: New

> easily reach out to 1915(i) service providers, reducing risks associated with their conditions and the likelihood of needing a higher level of care.

Agencies must have records available for NDDHS review documenting that individual providers have knowledge of and competency in the following:

Person-Centered Plan Implementation

State: North Dakota

TN: 20-0010

x	Medically n	eedy (specify limits):							
	Same limits	s as those fo	or categorically	needy.					
Pı	Provider Qualifications (For each type of provider. Copy rows as needed):								
	ovider Type pecify):	License (Specify) :	Certificatio n (Specify):	Other Standard (Specify):					
METAS PRICE	orth Dakota edicaid arolled gency ovider of unily Peer apport DDHS fines billing oup ovider as an dividual or tity that is alle to enroll provide D15(i) rvices. Epending on eir licensure rtification, rtain actitioners e allowed to roll dependently ithout being filiated to a inic, espital or her agency, d others are of. Examples	None	None	An enrolled billing group of this service must meet all of the following criteria: 1. Have a North Dakota Medicaid provider agreement and attest to the following: • individual practitioners (Certified Peer Support Specialists I and II) meet the required qualifications under NDAC 75-03-43 • services will be provided within their scope of practice • individual practitioners will have the required competencies identified in the service scope • agency conducts training in accordance with state policies and procedures • agency adheres to all 1915(i) standards and requirements • agency policies and procedures, including but not limited to, participant rights, abuse, neglect, exploitation, use of restraints and reporting procedures are written and available for NDDHS review upon request 2, Require individual practitioners (Certified Peer Support Specialists I and II) maintain current certification standards as required by NDAC 75-03-43-06. Recertification and NDAC 75-03-43-07 Continuing Education					

State: North Dakota §1915(i) State plan HCBS State plan Attachment 3.1–i: TN: 20-0010 Page 58

Effective: October 1, 2020 Approved: December 31, 2020 Supersedes: New

of		
practitioners		
that could		
enroll		
independently		
without being		
affiliated to a		
clinic,		
hospital, or		
other entity:		
Licensed		
Professional		
Clinical		
Counselor,		
Licensed		
Clinical		
Social		
Worker,		
Licensed		
Marriage and		
Family		
Therapist,		
Psychologist,		
Nurse		
Practitioner		
and		
Physician.		
These		
practitioners		
are		
considered		
other		
licensed		
practitioners'		
(OLP) in the		
ND Medicaid		
State Plan and		
are allowed to		
provide any		
state plan		
service that is		
within their		
scope of		
practice.		
These		
practitioners		
are allowed to		
enroll as their		
own billing		
enroll as their		

State: North Dakota TN: 20-0010 §1915(i) State plan HCBS

State plan Attachment 3.1–i: Page 59

Effective: October 1, 2020

Approved: December 31, 2020 Supersedes: New

group provider if they choose. If a provider is not an OLP, they must be affiliated to a clinic, hospital or other agency in order to enroll. Each billing group provider must meet the qualifications specified in the 1915(i) state plan pages. The minimum qualifications for the provider are listed under each service. Individual	Peer Support Specialist certified under NDAC 75- 03-43 Certified Peer Support Specialists by the NDDHS Behavioral Health Division	The individual providing the service must: • Be employed by an enrolled ND Medicaid enrolled billing group of this service. • Be certified as a Peer Support Specialist I or II under NDAC 75-03-43. Certified Peer Support Specialists by the NDDHS Behavioral Health Division. • Maintain current certification as a Peer Support Specialist I or II as required by NDAC 75-03-43-06. Recertification and 75-03-43-07 Supervision Requirements: For every 30 hours of Peer Support services provided, the individual provider must have one hour of face-to-face supervision with a qualified Peer Supervisor. The provider agency employing the peer specialist and supervisor is required to document the following requirements and have the documentation accessible for review by the NDDHS. • Be a certified peer specialist; or
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§1915(i) State plan HCBS State plan Attachment 3.1–i:

State: North Dakota TN: 20-0010 Page 60

Effective: October 1, 2020 Approved: December 31, 2020 Supersedes: New

	Have one of the following
	combinations:
	 High school diploma or GED
	and at least:
	Be a North Dakota
	Certified Peer
	Support Specialist II
	Three years of work
	experience as a peer
	specialist or peer
	recovery coach
	including at least
	2,250 hours of direct
	client service; or
	Two years of work
	experience as a peer
	specialist or peer
	recovery coach
	including at least
	1500 hours of direct
	client service, and at
	least one year of full-
	time work experience
	supervising others; or
	Associate degree
	from an accredited
	college or university
	and at least two years
	of work experience as
	a peer specialist or
	peer recovery coach
	including at least
	1500 hours of direct
	client service; or
	Bachelor's degree
	from an accredited
	college or university
	and at least two years
	of full-time work
	experience
	supervising others; or
	Be the director of an argument in the second control of the
	organization
	providing peer
	support services; and
	Have completed a state approved peer support specialist supervision training
	support specialist supervision training

§1915(i) State plan HCBS State plan Attachment 3.1–i:

State: North Dakota TN: 20-0010 Page 61

Effective: October 1, 2020 Approved: December 31, 2020 Supersedes: New

	Verification of Provider Qualifications (For each provider type listed above. Copy rows as needed):								
(C : C.).			nsible for Verification (Specify):		Frequency of Verification (Specify):				
enro ager prov	ncy vider of nily Peer	North Dakota Me	dica	uid Provider Enrollment	Provider will complete an attestation as part of the provider agreement process upon enrollment and at revalidation. Providers are required to revalidate their enrollments at least once every five (5) years.				
Serv	Service Delivery Method. (Check each that applies):								
o l	o Participant-directed			Provider managed					

Service Specifications (Specify a service title for the HCBS listed in Attachment 4.19-B that the state plans to cover):

Service Title: **Respite Care**

Service Definition (Scope):

Respite Care is a service provided to a participant unable to care for himself/herself. The service is furnished on a short-term basis to provide needed relief to, or because of the absence of, the caregiver, including but not limited to the biological, kin, pre-adoptive, adoptive, and foster parent; and legal guardian.

Respite services are available to participants receiving the HCBS benefit who are residing in his or her family home (biological or kin), legal guardian's home, pre-adoptive/adoptive, or foster home.

Routine respite care may include hourly, daily and overnight support.

A participant's need for initial and continued services shall be discussed at each 1915(i) person-centered plan of care meeting, and formally evaluated during the WHODAS 2.0 functional needs assessment as part of the initial and annual reevaluation and service authorization/reauthorization process. The Care Coordinator must document a need for the service to support a participant's identified goals in the Person-Centered POC and document the participant's progress toward their goals.

Agencies must have records available for NDDHS review documenting that individual providers have knowledge of and competency in the following:

o Person-Centered Plan Implementation

Persons and agencies providing respite services must comply with all state and federal respite standards. Approved 1915(i) service providers may also include:

- o NDDHS-authorized Respite Care provider meeting standards and qualifications for a service provider.
- Any DHS-approved respite program setting licensed by NDDHS.
- A licensed child-care setting.

State plan Attachment 3.1–i: Page 62

Effective: October 1, 2020 Approved: December 31, 2020 Supersedes: New

> A relative related by blood, marriage, or adoption, who is not the legal guardian, does not live in the home with the Participant, and meets the standards and qualifications of an Individual service provider.

Respite Care may be provided in the participant's home/private place of residence, foster home, the private residence of the respite care provider, or any respite program located in an approved community-based setting and licensed by the NDDHS. A facility-based respite care program does not meet the HCBS 1915(c) Community Based Settings Rule.

Respite Care service activities include:

- Assistance with daily living skills
- Assistance with accessing/transporting to/from community activities
- Assistance with grooming and personal hygiene
- Meal preparation, serving and cleanup
- Administration of medications
- Supervision

State: North Dakota

TN: 20-0010

Recreational and leisure activities

Additional needs-based criteria for receiving the service, if applicable (specify):

Specify limits (if any) on the amount, duration, or scope of this service. Per 42 CFR Section 440.240, services available to any categorically needy recipient cannot be less in amount, duration and scope than those services available to a medically needy recipient, and services must be equal for any individual within a group. States must also separately address standard state plan service questions related to sufficiency of services. (Choose each that applies):

Categorically needy (specify limits):

This service is reimbursed as a 15 minute unit rate. Maximum number of hours a participant is eligible is 40 hours per month (160 units per month) with a maximum of 480 hours per year. Service Authorization requests for additional hours required to prevent imminent institutionalization, hospitalization, or out of home/out of community placement will be reviewed by the NDDHS.

Respite services do not include on-going day care or before or after school programs. Respite services are not available to individuals residing in institutions including but not limited to Qualified Residential Treatment Provider facilities (QRTP) and Psychiatric Residential Treatment Centers (PRTF).

Respite is only available to primary caregivers in family settings. Payments will not be made for the routine care and supervision which would be expected to be provided by a family for activities or supervision for which a payment is made by a source other than Medicaid. Respite care shall not be used as day/child-care to allow the persons normally providing care to go to work or school. Respite care cannot be used to provide service to a participant while the participant is eligible to receive Part B services.

This service cannot be provided by individuals living in the home.

State plan Attachment 3.1–i: Page 63

Effective: October 1, 2020 Approved: December 31, 2020 Supersedes: New

State: North Dakota

TN: 20-0010

Individuals receiving Respite or In-Home Supports through a HCBS 1915(c) Authority Medically Fragile, Autism, Children's Hospice, or Aged/Disabled Waiver are not eligible to receive respite services through the 1915(i).

Receipt of respite care does not necessarily preclude a participant from receiving other services on the same day. For example, a participant may receive supported employment on the same day as he/she receives respite care. Payment may not be made for respite furnished at the same time when other services that include care and supervision are provided.

This service cannot be provided to an individual at the same time as another service that is the same in nature and scope regardless of source, including Federal, state, local, and private entities. Individuals eligible for multiple Medicaid funded authorities cannot access this service in more than one authority and are required to utilize the service through the alternate authority rather than the 1915(i). For example, if an individual is enrolled in both the 1915(i) and a 1915(c) waiver and is in need of this service which is offered in both, the individual is required to access the service through the 1915(c) rather than the 1915(i). The state has identified the Respite service, age 0 to 21, within the 1915(i) is duplicative of the Respite/In-Home Supports services within the following HCBS 1915(c) Waivers: ID/DD Waiver – Age 0+; Medically Fragile Waiver – Age 3 to 18; Autism Waiver – Age 0 to 14; Children's Hospice Waiver – Age 0 to 22; HCBS Age/Disable Waiver – Ages 18+.

The state will implement the following approach to ensure that 1915(i) services are not duplicative with other Medicaid-funded services: The Care Coordinator will contact the State Medicaid Office to inquire if the member has any eligibility spans for any of the C waivers in MMIS. If yes, the Care Coordinator will reach out to the C Waiver authority and do due diligence to ensure the plan of care does not include duplicative services.

Services furnished through Medicaid 1915(i) must not be duplicated by services funded under section 110 of the Rehabilitation Act of 1973 or the IDEA (20 U.S.C. 1400 et seq.). To ensure duplication does not occur providers must coordinate efforts with the Department of Instruction and/ or local Vocational Rehabilitation Agency. Justification that services are not otherwise available to the individual through these agencies under section 110 of the Rehabilitation Act of 1973 or the IDEA (20 U.S.C. 1400 et seq.) must be documented in the individual's record and kept on file.

This service is available to individuals age 0 to age 21 and not available to individuals age 21 and older.

Respite care shall not be used as day/childcare to allow the caregiver to go to work or school.

Respite services do not include on-going day care or before or after school programs.

When respite is furnished for the relief of a foster care provider, foster care services may not be billed during the period that respite is furnished.

State plan Attachment 3.1–i:

TN: 20-0010 Page 64

Effective: October 1, 2020 Approved: December 31, 2020 Supersedes: New

Respite care cannot be used to provide service to a participant while the participant is eligible to receive Part B services and could otherwise gain support through the NDDHS of Public Instruction.

Payments will not be made for the routine care and supervision which would be expected to be provided by a caregiver for activities or supervision for which payment is made by a source other than Medicaid.

Medically needy (specify limits):

State: North Dakota

Same limits as those for categorically needy.

Provider O	ualifications	(For each	type of	provider.	Copy rows as	: needed):
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Provider Qualifications (For each type of provider. Copy rows as needed):							
Provider Type (Specify):	License (Specify):	Certificati on (Specify):	Other Standard (Specify):				
North Dakota Medicaid enrolled agency provider of Respite NDDHS defines billing group provider as an individual or entity that is able to enroll to provide 1915(i) services. Depending on their licensure or certification, certain practitioners are allowed to enroll independently without being affiliated to a clinic, hospital or other agency, and others are not. Examples of practitioners that could enroll independently without being	Family Foster Homes licensed under NDAC 75- 03-14; Therapeutic Foster Homes licensed by Licensed Child Placing Agencies under NDAC 75- 03-36; Foster Homes for Adults licensed under 75- 03-21; Supervised Independen t Living Programs licensed under NDAC 75- 03-41;	None	A provider of this service must meet all of the following criteria: Have a North Dakota Medicaid provider agreement and attest to the following: • individual practitioners meet the required qualifications • services will be provided within their scope of practice • individual practitioners will have the required competencies identified in the service scope • agency conducts training in accordance with state policies and procedures • agency adheres to all 1915(i) standards and requirements • agency policies and procedures, including but not limited to, participant rights, abuse, neglect, exploitation, use of restraints and reporting procedures are written and available for NDDHS review upon request The individual providing the service must: 1) Be employed by an enrolled ND Medicaid enrolled billing group of this service. 2) Be at least 18 years of age				

State: North Dakota

TN: 20-0010

State plan Attachment 3.1–i: Page 65

Effective: October 1, 2020 Approved: December 31, 2020 Supersedes: New

affiliated to a			
clinic, hospital,	Family		
or other entity:	Child Care		
Licensed	Homes		
Professional	licensed		
Clinical	under		
Counselor,	NDAC -75-		
Licensed	03-08;		
Clinical Social	03-08,		
Worker,	Group		
Licensed	Child Care		
	licensed		
Marriage and	under		
Family	NDAC 75-		
Therapist,	03-09;		
Psychologist,	03-09,		
Nurse	Child Care		
Practitioner and			
Physician. These	Centers		
practitioners are	licensed		
considered	under		
'other licensed	NDAC 75-		
practitioners'	03-10;		
(OLP) in the ND	D 11		
Medicaid State	Providers		
Plan and are	licensed by		
allowed to	the		
provide any state	NDDHS,		
plan service that	Division of		
is within their	Developme		
scope of	ntal		
practice. These	Disabilities		
practitioners are	under 75-		
allowed to enroll	04-01;		
as their own			
billing group	Qualified		
provider if they	Residential		
choose. If a	Treatment		
provider is not	Program		
an OLP, they	Providers		
must be	licensed by		
affiliated to a	the		
clinic, hospital	NDDHS,		
or other agency	Children		
in order to	and Family		
enroll. Each	Services		
billing group	Division,		

State plan Attachment 3.1–i: Page 66

Approved: December 31, 2020 Supersedes: New

TN: 20-0010 Effective: October 1, 2020

State: North Dakota

marridan marrat	under 75-	
provider must		
meet the	03-40 and	
qualifications	enrolled as	
specified in the	a Medicaid	
1915(i) state	Provider of	
plan pages. The	Community	
minimum	Based	
qualifications	Services;	
for the provider	ĺ	
are listed under	Psychiatric	
each service.	Residential	
cach service.	Treatment	
	Facility	
	Providers	
	licensed by	
	the	
	NDDHS,	
	Behavioral	
	Health	
	Division,	
	under	
	NDAC 75-	
	03-17 and	
	enrolled as	
	Medicaid	
	Provider of	
	Community	
	Based	
	Services;	
	Providers	
	licensed by	
	the NDDHS	
	under 75-	
	05-00.1	
	Human	
	Service	
	Center	
	Licensure	
	Licensuic	
	Enrolled	
	Qualified	
	Service	
	Provider	
	75-03-23-	
	07	

State: North Dakota

§1915(i) State plan HCBS

State plan Attachment 3.1–i: Page 67

TN: 20-0010 Effective: October 1, 2020

Approved: December 31, 2020 Supersedes: New

Verification of	Substance Abuse Treatment Program licensed under NDAC 75- 09.1	ation	s (For	each pr	ovider type listed above. Copy rows as
needed):	110videi Quanii	ation	3 (1 0)	each pro	white type fished doore. Copy rows dis
Provider Type (Specify):	Entity Re Verificati	-			Frequency of Verification (Specify):
North Dakota Medicaid Provider Medicaid Enrollment enrolled agency provider of respite					Provider will complete an attestation as part of the provider agreement process upon enrollment and at revalidation. Providers are required to revalidate their enrollments at least once every five (5) years.
	y Method. (Chec	k eacl	n that o	applies):	<u> </u>
Participant-	Participant-directed X Provider ma				aged

Effective: October 1, 2020 Approved: December 31, 2020 Supersedes: New

Service Specifications (Specify a service title for the HCBS listed in Attachment 4.19-B that the state plans to cover):

Service Non-Medical Transportation (NMT)
Title:

Service Definition (Scope):

Sate: North Dakota

TN: 20-0010

This service is offered in order to enable 1915(i) participants to gain access to 1915(i) and other community services, activities and resources, as specified by the person-centered plan of care. NMT increases the participant's mobility in the community and supports inclusion and independence. This service is offered in addition to medical transportation and transportation services under the state plan and does not replace them. The service must be provided in the most appropriate, cost effective mode available. Whenever possible, family, neighbors, friends, or community agencies which can provide this service without charge are utilized.

NMT services are offered, in addition to any medical transportation furnished under the 42 CFR 440.17(a) in the State plan. NMT cannot be used for transporting a client to medical care; e.g. doctor, etc. NMT will be provided to meet the participant's needs as determined by an assessment. Services are available for participants to access authorized HCBS and destinations that are related to a goal included on the participant's person-centered plan of care. Examples where this service may be requested include transportation to 1915(i) services, a job interview, college fair, a wellness seminar, a GED preparatory class, etc.

A participant's need for initial and continued services shall be discussed at each 1915(i) person-centered plan of care meeting, and formally evaluated during the WHODAS 2.0 functional needs assessment as part of the initial and annual reevaluation and service authorization/reauthorization process. The Care Coordinator must document a need for the service to support a participant's identified goals in the Person-Centered POC and document the participant's progress toward their goals.

Additional needs-based criteria for receiving the service, if applicable (specify):

N/A

Specify limits (if any) on the amount, duration, or scope of this service. Per 42 CFR Section 440.240, services available to any categorically needy recipient cannot be less in amount, duration and scope than those services available to a medically needy recipient, and services must be equal for any individual within a group. States must also separately address standard State plan service questions related to sufficiency of services.

(Choose each that applies):

• Categorically needy (specify limits):

Effective: October 1, 2020 Approved: December 31, 2020 Supersedes: New

Sate: North Dakota

TN: 20-0010

NMT will only be available for non-routine, time-limited services, not for ongoing treatment or services or for routine transportation to and from a job or school.

All other options for transportation, such as informal supports, community services, and public transportation must be explored and utilized prior to requesting waiver transportation. This service is not intended to replace other transportation services but compliment them.

A NMT provider must be enrolled in the ND Medicaid program and meet all applicable motor vehicle and licensing requirements.

NMT is solely for transporting the client to and from his/her home to essential services as allowed within the scope of the service. It does not include the cost of staff transportation to or from the client's home.

Individuals receiving Non-Medical Transportation Services through the ND HCBS 1915(c) authorities including the Medically Fragile Waiver, HCBS Aged/Disabled, and Technology Dependent Waivers are not eligible to receive Non-Medical Transportation through the 1915(i).

This service cannot be provided to an individual at the same time as another service that is the same in nature and scope regardless of source, including Federal, state, local, and private entities. Individuals eligible for multiple Medicaid funded authorities cannot access this service in more than one authority and are required to utilize the service through the alternate authority rather than the 1915(i). For example, if an individual is enrolled in both the 1915(i) and a 1915(c) waiver and is in need of this service which is offered in both, the individual is required to access the service through the 1915(c) rather than the 1915(i).

The state has identified the Non-Medical Transportation service, age 0+, within the 1915(i) is duplicative of the following services within the HCBS 1915(c) Waivers: Medically Fragile Waiver – Age 3 to 18; HCBS Aged/Disable Waiver – Age 18+; and Technology Dependent Waiver – Age 18+.

• The state will implement the following approach to ensure that 1915(i) services are not duplicative with other Medicaid-funded services: The Care Coordinator will contact the State Medicaid Office to inquire if the member has any eligibility spans for any of the C waivers in MMIS. If yes, the Care Coordinator will reach out to the C Waiver authority and do due diligence to ensure the plan of care does not include duplicative services.

Services furnished through Medicaid 1915(i) must not be duplicated by services funded under section 110 of the Rehabilitation Act of 1973 or the IDEA (20 U.S.C. 1400 et seq.). To ensure duplication does not occur providers must coordinate efforts with the Department of Instruction and/ or local Vocational Rehabilitation Agency. Justification that services are not otherwise available to the individual through these agencies under section 110 of the Rehabilitation Act of 1973 or the IDEA (20 U.S.C. 1400 et seq.) must be documented in the individual's record and kept on file.

x Medically needy (specify limits):

TN: 20-0010 Effective: October 1, 2020 Approved: December 31, 2020 Supersedes: New

Sate: North Dakota

Same limi	its as those for	categorically	needy.		
Provider Qua	Provider Qualifications (For each type of provider. Copy rows as needed):				
Provider Qual Provider Type (Specify): Medicaid Enrolled agency provider of Non- Medical Transportati on Provider NDDHS defines billing group provider as an individual or entity that is able to enroll to provide 1915(i) services. Depending on their licensure or certification, certain			Other Standard (Specify): A provider of this service must meet all of the following criteria: 1. Have a North Dakota Medicaid provider agreement and attest to the following: • individual practitioners meet the required qualifications • services will be provided within their scope of practice • individual practitioners will have the required competencies identified in the service scope • agency conducts training in accordance with state policies and procedures • agency adheres to all 1915(i) standards and requirements • agency policies and procedures, including but not limited to, participant rights, abuse, neglect, exploitation, use of restraints and reporting procedures are written and available for NDDHS review upon request • Agency adheres to ND State Laws regarding motor vehicles, operating licenses and insurance, and uses licensed public transportation carriers The individual providing the service must:		
enroll to provide 1915(i) services. Depending on their licensure or certification, certain practitioners			neglect, exploitation, use of restraints and reporting procedures are written and available for NDDHS review upon request • Agency adheres to ND State Laws regarding motor vehicles, operating licenses and insurance, and uses licensed public transportation carriers		
are allowed to enroll independent ly without being affiliated to a clinic, hospital or other agency, and others are not. Examples of			service. 2) Be at least 18 years of age 3) Have a valid driver's license issued by the State of ND.		

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practitioners		
that could		
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independent		
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affiliated to		
a clinic,		
hospital, or		
other entity:		
Licensed		
Professional		
Clinical		
Counselor,		
Licensed		
Clinical		
Social		
Worker,		
Licensed		
Marriage		
and Family		
Therapist,		
Psychologist		
, Nurse		
Practitioner		
and		
Physician.		
These		
practitioners		
are		
considered		
'other		
licensed		
practitioners		
' (OLP) in		
the ND		
Medicaid		
State Plan		
and are		
allowed to		
provide any		
state plan		
service that		
is within		
their scope		
of practice.		
These		
practitioners		

are allowed		
to enroll as		
their own		
billing		
group		
provider if		
they choose.		
If a provider		
is not an		
OLP, they		
must be		
affiliated to		
a clinic,		
hospital or		
other agency		
in order to		
enroll. Each		
billing		
group		
provider		
must meet		
the		
qualification		
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in the		
1915(i) state		
plan pages.		
The		
minimum		
qualification		
s for the		
provider are		
listed under		
each		
service.		
	of Provider Qualifications (A	each provider type listed above. Copy rows as
needed):		
Provider	Entity Responsible for Veri	ation Frequency of Verification (Specify):
Type	(Specify):	
(Specify):	(Specify).	
Enrolled	North Dakota Medical Servi	Provider will complete an attestation as
Medicaid	Provider Enrollment	part of the provider agreement process
agency	110 (Idol Emonitori	upon enrollment and at revalidation.
provider of		
Non-		Providers are required to revalidate their
Medical		enrollments at least once every five (5)

§1915(i) State plan HCBS

State plan Attachment 3.1–i: Page 73

Effective: October 1, 2020 Approved: December 31, 2020 Supersedes: New

Sate: North Dakota

TN: 20-0010

Transportati on							
	Service Delivery Method. (Check each that applies):						
	Participant-directed • Provider managed						
<u> </u>	•	•	-				
Service Spec state plans to		ice title for th	e HCBS listed in Attachment 4.19-B that the				
Service Title:	Community Transition	Community Transition Services (CTS)					
	nition (Scope):						
transitioning		PRTF to a liv	g set-up expenses for individuals who are ing arrangement in a private residence where living expenses.				
individual be	-		up to 90 consecutive days prior to the and 90 days from the date the individual				
To be eligibl	e for this service all the	following mu	ist be present:				
☐ Individed consect Resider ☐ An anti ☐ The indexided is directed institution institution institution ☐ Individued ☐ Indi	ntive days, and is transferntial Treatment Facility) cipated discharge date had ividual will be discharged atly responsible for his or ual will be receiving Medion; ual will have a federal prion; ual has a qualifying 1915 ual has a WHODAS compared to the strange of the strang	D Medicaid Instring from a Notation in the stability of t	stitution for a minimum of 30 F/IID/ICF/PRTF (Psychiatric shed; rangement in a private residence where he/she g expenses; edicaid Expansion upon discharge form the of 150% or below upon discharge from the 50 or higher; and e for and enroll in the 1915(i) within 90				
The case manager responsible for coordinating the individual's discharge planning must request and receive approval for the service from the State Medicaid office. Community Transition Services are furnished only to the extent that they are reasonable and necessary as determining through the plan development process, clearly identified in the plan and the person is unable to meet such expense or when the services cannot be obtained from other sources. The state's Community Transition Service policy and procedures must be followed.							

§1915(i) State plan HCBS

Sate: North Dakota State plan Attachment 3.1–i: TN: 20-0010 Page 74

Effective: October 1, 2020 Approved: December 31, 2020 Supersedes: New

Allowable expenses are those necessary to enable a person to establish a basic household that do not constitute room and board and may include: (a) security deposits that are required to obtain a lease on an apartment or home; (b) essential household furnishings and moving expense required to occupy and use a community domicile, including furniture, window coverings, food preparation items, and bed/bath linens; (c) set-up fees or deposits for utility or service access, including telephone, electricity, heating and water; (d) services necessary for the individual's health and safety such as pest eradication and one-time cleaning prior to occupancy; (e) moving expenses; (f) necessary home accessibility adaptations; and, (g) activities to assess need, arrange for and procure need resources. Community Transition Services are furnished only to the extent that they are reasonable and necessary as determining through the service plan development process, clearly identified in the service plan and the person is unable to meet such expense or when the services cannot be obtained from other sources. Community Transition Services do not include monthly rental or mortgage expense; food, regular utility charges; and/or household appliances or items that are intended for purely diversional/recreational purposes.

Items purchased via this service are the property of the individual.

Community Transition Services are furnished, as follows:

- Community Transitions Services are time-limited and non-reoccurring set-up expenses and may be authorized up to 90 consecutive days prior to admission to the 1915(i) of an institutionalized person and 90 days from the date the client became eligible for the 1915(i).
- When 1915(i) Community Transition Services are furnished to individuals returning to the community from a Medicaid institution. The costs of such services are incurred and billable when the person leaves the institutional setting and enters the 1915(i). The individual must be reasonably expected to be eligible for and to enroll in the 1915(i) within 90 days of the initiation of 1915(i) services. If for any unseen reason, the individual does not enroll in the 1915(i) (e.g. due to death or a significant change in condition), costs may be billed to Medicaid as an administrative cost.
- All purchases will be procured through a third-party fiscal agent.

Additional needs-based criteria for receiving the service, if applicable (specify):

Specify limits (if any) on the amount, duration, or scope of this service. Per 42 CFR Section 440.240, services available to any categorically needy recipient cannot be less in amount, duration and scope than those services available to a medically needy recipient, and services must be equal for any individual within a group. States must also separately address standard State plan service questions related to sufficiency of services.

(Choose each that applies):

• Categorically needy (specify limits):

Effective: October 1, 2020 Approved: December 31, 2020 Supersedes: New

Sate: North Dakota

TN: 20-0010

Limitations applicable to service delivery: \$3,000 to occur within the 180 consecutive days window per participant lifetime.

This service cannot be provided to an individual at the same time as another service that is the same in nature and scope regardless of source, including Federal, state, local, and private entities. Individuals eligible for multiple Medicaid funded authorities cannot access this service in more than one authority and are required to utilize the service through the alternate authority rather than the 1915(i). For example, if an individual is enrolled in both the 1915(i) and a 1915(c) waiver and is in need of this service which is offered in both, the individual is required to access the service through the 1915(c) rather than the 1915(i).

The state has identified the Community Transition service within the 1915(i) is duplicative of the following services within the HCBS 1915(c) Waivers: ID/DD Waiver – Age 0+; HCBS Aged/Disabled Waiver – Age 18+. Individuals currently or previously receiving Community Transition Services through the HCBS Aging/Disabled or DD Waivers are not eligible to receive Community Transition Services through the 1915(i).

The state will implement the following approach to ensure that 1915(i) services are not duplicative with other Medicaid-funded services: The case manager requesting the Community Transition funding will contact the State Medicaid Office to inquire if the member has any eligibility spans for any of the C waivers in MMIS. If yes, the State Medicaid Office will determine if the member has accessed Community Transition Services in the past, and will not approve the request if prior access is confirmed.

Services furnished through Medicaid 1915(i) must not be duplicated by services funded under section 110 of the Rehabilitation Act of 1973 or the IDEA (20 U.S.C. 1400 et seq.). To ensure duplication does not occur providers must coordinate efforts with the Department of Instruction and/ or local Vocational Rehabilitation Agency. Justification that services are not otherwise available to the individual through these agencies under section 110 of the Rehabilitation Act of 1973 or the IDEA (20 U.S.C. 1400 et seq.) must be documented in the individual's record and kept on file.

0

X | Medically needy (specify limits):

Same limits as those for categorically needy.

Provider Qualifications (For each type of provider. Copy rows as needed):

Provider Type (Specify):	License (Specify):	Certification (Specify):	Other Standard (Specify):
ND Medicaid enrolled agency provider of Community Transition Services	None	None	A provider of this service must have a North Dakota Medicaid provider agreement.: The individual providing the service must: 1) Be employed by an enrolled ND Medicaid enrolled billing group of this service.

_			
NDDHS			
defines			
billing group			
provider as			
an			
individual or			
entity that is			
able to			
enroll to			
provide			
1915(i)			
services.			
Depending			
on their			
licensure or			
certification,			
certain			
practitioners			
are allowed			
to enroll			
independentl			
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being			
affiliated to			
a clinic,			
hospital or			
other			
agency, and			
others are			
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Examples of			
practitioners			
that could			
enroll			
independentl			
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being			
affiliated to			
a clinic,			
hospital, or			
other entity:			
Licensed			
Professional			
Clinical			
Counselor,			
Licensed			
Clinical		 	

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Social		
Worker,		
Licensed		
Marriage		
and Family		
Therapist,		
Psychologist		
, Nurse		
Practitioner		
and		
Physician.		
These		
practitioners		
are		
considered		
other		
licensed		
practitioners		
' (OLP) in		
the ND		
Medicaid		
State Plan		
and are		
allowed to		
provide any		
state plan		
service that		
is within		
their scope		
of practice.		
These		
practitioners		
are allowed		
to enroll as		
their own		
billing group		
provider if		
they choose.		
If a provider		
is not an		
OLP, they		
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hospital or		
other agency		
in order to		
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Effective: October 1, 2020 Approved: December 31, 2020 Supersedes: New

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1915(i) state			
plan pages.			
The			
minimum			
qualification			
s for the			
provider are			
listed under			
each service.			
Verification of	of Provider Qualifications	(For each	provider type listed above. Copy rows as
needed):			
Provider	Entity Responsible for V	erification	Frequency of Verification (Specify):
Type	(Specify):		
(Specify):			
North	North Dakota Medicaid P	rovider	Provider will complete an attestation as
Dakota	Enrollment		part of the provider agreement process
Medicaid			upon enrollment and at revalidation.
enrolled			Providers are required to revalidate their
agency			enrollments at least once every five (5)
provider of			years.
Community			
Transition			
Services			
Service Deliv	ery Method. (Check each	that applies	;):
□ Participant	<u> </u>	Provider n	,
- I arricipant	directed	1 TO VIGCT II	iaiiagea

Service S _I	Service Specifications (Specify a service title for the HCBS listed in Attachment 4.19-B that				
the state plans to cover):					
Service	Benefits Planning Services				
Title:					
Service Do	Service Definition (Scope):				

Service Definition (Scope):

Benefits Planning Services offer individuals in-depth guidance about public benefits, including Social Security Disability Insurance (SSDI), Supplemental Security Income (SSI), Medicare, Medicaid etc. Services are available to individuals considering or seeking competitive employment and can assist individuals with making informed choices regarding public benefits and provide an understanding of available work incentives.

Benefits Planning services include:

• Development of an individualized assessment, and benefits analysis. Plan must identify

Effective: October 1, 2020 Approved: December 31, 2020 Supersedes: New

the individuals projected financial goal or actual financial status, explain any current public benefits, and outline of a plan describing how to use work incentives.

- Training and education on work incentives available through Social Security Administration (SSA), and on income reporting requirements for public benefits programs.
- Assistance with developing a Plan to Achieve Self Support (PASS) plan and other Work Incentives to achieve employment goals.
- Assistance with developing a budget.

Sate: North Dakota

TN: 20-0010

- Assist with understanding health care coverage options (Medicaid, Medicaid Expansion and other State Plan Buy-in options).
- Making referrals and providing information about other resources in the community.
- Referrals to Protection and Advocacy for Beneficiaries of Social Security (PABSS) organization.
- Ongoing support and follow-up to assist the individual with managing changes in their benefits, the work incentives they use, negotiating with SSA, and other benefit program administrators.

A participant's need for initial and continued services shall be discussed at each 1915(i) person-centered plan of care meeting, and formally evaluated during the WHODAS 2.0 functional needs assessment as part of the initial and annual reevaluation and service authorization/reauthorization process. The Care Coordinator must document a need for the service to support a participant's identified goals in the Person-Centered POC and document the participant's progress toward their goals.

Additional needs-based criteria for receiving the service, if applicable (specify):

Categorically needy (specify limits):

Benefits Counseling services are limited to a maximum of 8 hours per day (32 units daily) 20 hours per participant per fiscal year. This service is reimbursable at a 15-minute unit rate. Service authorization requests for additional hours required to prevent imminent institutionalization, hospitalization, or out of home/out of community placement will be reviewed by the NDDHS.

This service cannot be provided to an individual at the same time as another service that is the same in nature and scope regardless of source, including Federal, state, local, and private entities. Individuals eligible for multiple Medicaid funded authorities cannot access this service in more than one authority and are required to utilize the service through the alternate authority rather than the 1915(i). For example, if an individual is enrolled in both the 1915(i) and a 1915(c) waiver and is in need of this service which is offered in both, the individual is required to access the service through the 1915(c) rather than the 1915(i).

At this time the state has identified no duplication between this service offered in the 1915(i) and any services offered in the state's HCBS 1915(c) Waivers.

• If the HCBS 1915(c) Waivers were to offer a similar service in the future, the state will implement the following approach to ensure that 1915(i) services are not duplicated: The Care Coordinator will contact the State Medicaid Office to

§1915(i) State plan HCBS

State plan Attachment 3.1–i: Page 80

Approved: December 31, 2020 Supersedes: New Effective: October 1, 2020

> inquire if the member has any eligibility spans for any of the C waivers in MMIS. If yes, the Care Coordinator will reach out to the C Waiver authority and do due diligence to ensure the plan of care does not include duplicative services.

Services furnished through Medicaid 1915(i) must not be duplicated by services funded under section 110 of the Rehabilitation Act of 1973 or the IDEA (20 U.S.C. 1400 et seq.). To ensure duplication does not occur providers must coordinate efforts with the Department of Instruction and/ or local Vocational Rehabilitation Agency. Justification that services are not otherwise available to the individual through these agencies under section 110 of the Rehabilitation Act of 1973 or the IDEA (20 U.S.C. 1400 et seq.) must be documented in the individual's record and kept on file.

Remote support may be utilized for up to 25% of all services provided in a calendar month.

Remote support includes real-time, two-way communication between the service provider and the participant. Remote support is limited to check-ins (e.g. reminders, verbal cues, prompts) and consultations (e.g. counseling, problem solving) within the scope of services.

Remote support options include:

Telephone

Sate: North Dakota

TN: 20-0010

Secure Video Conferencing

Remote support must:

- be elected by the individual receiving services;
- not block the member's access to the community:
- not prohibit needed in-person services for the member;
- utilize a HIPPA compliant platform; and
- prioritize the integration of the member into the community.

For each utilization, providers must document that the remote support option:

- was elected by the member receiving services;
- did not block the member's access to the community;
- did not prohibit needed in-person services for the member;
- utilized a HIPAA-compliant platform; and
- prioritized the integration of the individual into the community.

The keys to providing better member care lies in making services available and ensuring members seek help when necessary. Remote support options are for the benefit of the member, rather than the benefit of the provider. The member's election to utilize remote support must enhance their integration into the community. Examples of the appropriate use of remote support include:

Members with behavioral health conditions who are feeling stigmatized and, thus, avoiding seeking services in an effort to hide their conditions from others. Remote support will allow these members to receive services from the comfort of their own surroundings, reducing the stigma and increasing the chances they will seek services and stay engaged. Remote support alternatives will make ongoing care and followups more convenient and easier to schedule for the member, likely increasing the

Effective: October 1, 2020 Approved: December 31, 2020 Supersedes: New

number of appointments made, as well as the number of appointments kept.
Members in the midst of a crisis situation or addiction relapse will be able to more easily reach out to 1915(i) service providers, reducing risks associated with their

conditions and the likelihood of needing a higher level of care.

Limitations applicable to remote support service delivery of services:

• Remote support cannot be used for more than 25% of all benefits planning services in a calendar month.

Medically needy (specify limits):

Sate: North Dakota

TN: 20-0010

Same limits as those for categorically needy.

Same limi	Same limits as those for categorically needy.					
Provider Q	Provider Qualifications (For each type of provider. Copy rows as needed):					
Provider Type (Specify):	License (Specify):	Certificati on (Specify):	Other Standard (Specify):			
North Dakota Medicaid enrolled agency provider of Benefits Planning Services NDDHS defines billing group provider as an individual or entity that is able to enroll to provide 1915(i) services. Depending on their licensure or certification, certain practitioners are allowed to enroll independent			A provider of this service must meet all of the following criteria: 1. Have a North Dakota Medicaid provider agreement and attest to the following: • individual practitioners meet the required qualifications • services will be provided within their scope of practice • individual practitioners will have the required competencies identified in the service scope • agency conducts training in accordance with state policies and procedures • agency adheres to all 1915(i) standards and requirements • agency policies and procedures, including but not limited to, participant rights, abuse, neglect, exploitation, use of restraints and reporting procedures are written and available for NDDHS review upon request.			

Page 82

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a clinic,		
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agency, and		
others are		
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Examples of		
practitioners		
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hospital, or		
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Licensed		
Professional		
Clinical		
Counselor,		
Licensed		
Clinical		
Social		
Worker,		
Licensed		
Marriage		
and Family		
Therapist,		
Psychologist		
, Nurse		
Practitioner		
and		
Physician.		
These		
practitioners		
are		
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'other		
licensed		
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' (OLP) in		
the ND		
Medicaid		
State Plan		

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state plan		
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their scope		
of practice.		
These		
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are allowed		
to enroll as		
their own		
billing		
group		
provider if		
they choose.		
If a provider		
is not an		
OLP, they		
must be		
affiliated to		
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hospital or		
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in order to		
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1915(i) state		
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The		
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provider are		
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Individual	Certified	The individual providing the complete mounts
marviduai	Cerunea Work	The individual providing the service must:
	Incentives	1) Be employed by an enrolled ND Medicaid
	meenuves	enrolled billing group of this service.

Effective: October 1, 2020 Approved: December 31, 2020 Supersedes: New

Sate: North Dakota TN: 20-0010

Verificatio needed):	Counselor (CWIC) and Community Partner Work Incentives Counselor (CPWIC). n of Provider Qualifications (For each	n provider type listed above. Copy rows as	
Provid er Type (Speci fy):	Entity Responsible for Verification (Specify):	Frequency of Verification (Specify):	
NDDHS enrolled agency provider of Benefits Planning Services	North Dakota Provider of Benefits Planning Services	Provider will complete an attestation as part of the provider agreement process upon enrollment and at revalidation. Providers are required to revalidate their enrollments at least once every five (5) years.	
Service Delivery Method. (Check each that applies): Participant-directed X Provider managed			

Service Specifications (Specify a service title for the HCBS listed in Attachment 4.19-B that the state plans to cover):		
Service	Prevocational Training	
Title: Service Definition (Scope):		

Pre-vocational services are time-limited community-based services that prepare an individual for employment or volunteer work. This service specifically provides learning and work experiences where the individual can develop general, non-job-task-specific strengths and soft skills that that contribute to employability in competitive work environment as well as in the integrated community settings.

Prevocational services are authorized by the Care Coordinator as a support for achieving soft skills needed to attain future employment or volunteer work opportunities. Services are designed to be delivered in and outside of a classroom setting. Services must honor the individual's preferences (scheduling, choice of service provider, direction of work, etc.) and provide consideration for common courtesies such as timeliness and reliability. Services furnished through Medicaid 1915(i) must not be duplicated by services funded under section 110 of the Rehabilitation Act of 1973 or the IDEA (20 U.S.C. 1400 et seq.). To ensure duplication does not occur providers must coordinate efforts with the Department of Public Instruction and/ or local Vocational Rehabilitation Agency. Justification that services are not otherwise available to the

Effective: October 1, 2020 Approved: December 31, 2020 Supersedes: New

individual through these agencies under section 110 of the Rehabilitation Act of 1973 or the IDEA (20 U.S.C. 1400 et seq.) must be documented in the individual's record and kept on file. Service components include:

- Teach concepts such as: work compliance, attendance, task completion, problem solving, and safety, and, if applicable, teach individuals how to identify obstacles to employment, obtain paperwork necessary for employment applications, and how to interact with people in the work environment.
- Coordinate scheduled activities outside of an individual's home that support acquisition, retention, or improvement in job-related skills related to self-care, sensory-motor development, daily living skills, communication community living, improved socialization and cognitive skills. This could include financial skills including maintaining a bank account.
- Gain work-related experience considered crucial for job placement (e.g. volunteer work, time-limited unpaid internship, job shadowing) and career development

Additional needs-based criteria for receiving the service, if applicable (specify):

None.

Sate: North Dakota

TN: 20-0010

Specify limits (if any) on the amount, duration, or scope of this service. Per 42 CFR Section 440.240, services available to any categorically needy recipient cannot be less in amount, duration and scope than those services available to a medically needy recipient, and services must be equal for any individual within a group. States must also separately address standard state plan service questions related to sufficiency of services.

(Choose each that applies):

Categorically needy (specify limits):

Services are available to individuals 6 months before their 18th birthday or receipt of a high school diploma or GED, whichever comes first.

Services are time-limited. The staff providing services should ensure that services are needed and related to the goal that is in the person-centered plan. Pre-vocational services may be provided one on one or in a classroom setting.

The total combined hours (for prevocational services) are limited to no more than eight (8) hours per day (32 units daily) and a total of 156 hours per year. This service is a 15-minute unit rate.

Service authorization requests for additional hours required to prevent imminent institutionalization, hospitalization, or out of home/out of community placement will be reviewed by the NDDHS.

Individuals receiving Pre-Vocational services through the HCBS DD Waiver cannot receive the service through the 1915(i).

This service cannot be provided to an individual at the same time as another service that is the same in nature and scope regardless of source, including Federal, state, local, and private entities. Individuals eligible for multiple Medicaid funded authorities cannot access this service in more than one authority and are required to utilize the service through the alternate authority rather than the 1915(i). For example, if an individual is enrolled in both the 1915(i) and a 1915(c) waiver and is in need of this service which is offered in both, the individual is required

§1915(i) State plan HCBS

Sate: North Dakota State plan Attachment 3.1–i: TN: 20-0010 Page 86

Approved: December 31, 2020 Supersedes: New Effective: October 1, 2020

to access the service through the 1915(c) rather than the 1915(i). The state has identified the Pre-Vocational service, age 17.5+ or receipt of a high school diploma or GED, whichever comes first, within the 1915(i) is duplicative of the following services within the HCBS 1915(c) Waivers: ID/DD Waiver Pre-Vocational Services – Age 18+.

The state will implement the following approach to ensure that 1915(i) services are not duplicative with other Medicaid-funded services:

The Care Coordinator will contact the State Medicaid Office to inquire if the member has any eligibility spans for any of the C waivers in MMIS. If yes, the Care Coordinator will reach out to the C Waiver authority and do due diligence to ensure the plan of care does not include duplicative services.

Services furnished through Medicaid 1915(i) must not be duplicated by services funded under section 110 of the Rehabilitation Act of 1973 or the IDEA (20 U.S.C. 1400 et seq.). To ensure duplication does not occur providers must coordinate efforts with the Department of Instruction and/ or local Vocational Rehabilitation Agency. Justification that services are not otherwise available to the individual through these agencies under section 110 of the Rehabilitation Act of 1973 or the IDEA (20 U.S.C. 1400 et seq.) must be documented in the individual's record and kept on file.

Federal financial participation is not claimed for incentive payments, subsidies, or unrelated vocational training expenses, such as the following:

- Incentive payments made to an employer to encourage or subsidize the employer's participation in a supported employment program
- Payments that are passed through to users of supported employment programs
- Payments for training that is not directly related to an individual's supported employment program

Remote support may be utilized for up to 25% of all services provided in a calendar month.

Remote support includes real-time, two-way communication between the service provider and the participant. Remote support is limited to check-ins (e.g. reminders, verbal cues, prompts) and consultations (e.g. counseling, problem solving) within the scope of services.

Remote support options include:

- Telephone
- Secure Video Conferencing

Remote support must:

- be elected by the individual receiving services;
- not block the member's access to the community;
- not prohibit needed in-person services for the member;
- utilize a HIPPA compliant platform; and
- prioritize the integration of the member into the community.

For each utilization, providers must document that the remote support option:

Effective: October 1, 2020 Approved: December 31, 2020 Supersedes: New

was elected by the member receiving services;

- did not block the member's access to the community;
- did not prohibit needed in-person services for the member;
- utilized a HIPAA-compliant platform; and

Sate: North Dakota

TN: 20-0010

• prioritized the integration of the individual into the community.

The keys to providing better member care lies in making services available and ensuring members seek help when necessary. Remote support options are for the benefit of the member, rather than the benefit of the provider. The member's election to utilize remote support must enhance their integration into the community. Examples of the appropriate use of remote support include:

- Members with behavioral health conditions who are feeling stigmatized and, thus, avoiding seeking services in an effort to hide their conditions from others. Remote support will allow these members to receive services from the comfort of their own surroundings, reducing the stigma and increasing the chances they will seek services and stay engaged. Remote support alternatives will make ongoing care and follow-ups more convenient and easier to schedule for the member, likely increasing the number of appointments made, as well as the number of appointments kept.
- Members in the midst of a crisis situation or addiction relapse will be able to more easily reach out to 1915(i) service providers, reducing risks associated with their conditions and the likelihood of needing a higher level of care.

Medically needy (specify limits):

Same limits as those for categorically needy.

Provider Qualifications (For each type of provider. Copy rows as needed):

Provider Type (Specify):	Lice nse (Spec ify):	Certificatio n (Specify):	Other Standard (Specify):
North Dakota Medicaid enrolled agency provider of Prevocation al Training NDDHS defines billing group provider as an individual or entity that is			A provider of this service must meet all of the following criteria: 1. Have a North Dakota Medicaid provider agreement and attest to the following: • individual practitioners meet the required qualifications • services will be provided within their scope of practice • individual practitioners will have the required competencies identified in the service scope • agency conducts training in accordance with state policies and procedures • agency adheres to all 1915(i) standards and requirements • agency policies and procedures, including but not limited to, participant rights, abuse, neglect,

able to		exploitation, use of restraints and reporting
enroll to		procedures are written and available for
provide		NDDHS review upon request
1915(i)		
services.		Accreditation requirements do not apply to North
Depending		Dakota Schools enrolled as Medicaid Enrolled
on their		Prevocational Providers, however; schools must ensure
licensure or		that paraeducator/ education specialist, and supervisors
certification,		meet individual requirements.
certain		1
practitioners		Must meet NDAC 75-04-01 or have accreditation from
are allowed		the Commission on Accreditation of Rehabilitation
to enroll		Facilities (CARF) or Council on Accreditation (COA) or
independentl		The Council on Quality Leadership (CQL)
y without		Accreditation.
being		
affiliated to		
a clinic,		
hospital or		
other		
agency, and		
others are		
not.		
Examples of		
practitioners		
that could		
enroll		
independentl		
y without		
being		
affiliated to		
a clinic,		
hospital, or		
other entity:		
Licensed		
Professional		
Clinical		
Counselor,		
Licensed		
Clinical		
Social		
Worker,		
Licensed		
Marriage		
and Family		
Therapist,		
Psychologist		
, Nurse		

Sate: North Dakota §1915(i) State plan HCBS TN: 20-0010

State plan Attachment 3.1–i: Page 89

Practitioner		
and		
Physician.		
These		
practitioners		
μ		
are considered		
other		
licensed		
practitioners		
' (OLP) in		
the ND		
Medicaid		
State Plan		
and are		
allowed to		
provide any		
state plan		
service that		
is within		
their scope		
of practice.		
These		
practitioners		
are allowed		
to enroll as		
their own		
billing		
group		
provider if		
they choose.		
If a provider		
is not an		
OLP, they		
must be		
affiliated to		
a clinic,		
hospital or		
other agency		
in order to		
enroll. Each		
billing		
group		
provider		
must meet		
the		
qualification		
s specified		

	T	,
in the		
1915(i) state		
plan pages.		
The		
minimum		
qualification		
s for the		
provider are		
listed under		
each service.		
Individuals	Mental Health	The individual providing the service must:
individuais	First Aid	1) Be employed by an enrolled ND Medicaid
	Training for	enrolled billing group of this service.
	Youth and/or	emoned bining group of this service.
		In lieu of one of the approved certifications, a staff
	First Aid	providing services may instead be employed by a school
	Training for	in North Dakota, who is a North Dakota Medicaid
	Adults	· · · · · · · · · · · · · · · · · · ·
		enrolled provider of 1915(i) Pre-Vocational Services, as
	1 1	a paraeducator/ education specialist and be trained in
	scope of	Mental Health First Aid Training for Youth and/ or
	services/	Adults depending on the scope of services/ targeted
	targeted	population.
	population.	
	.	
	Must have one	
	of the following	
	certifications:	
	- Employ	
	ment	
	Specialis	
	ts (IPS	
	or	
	CESP)	
	- Certified	
	Brain	
	Injury	
	Specialis	
	t;	
	- Qualifie	
	d	
	Service	
	Provider	
	(QSP);	
	- Direct	
	Service	
	Provider	
	(DSP)	
	- Career	
	- Carcer	

Page 91

TN: 20-0010 Effective: October 1, 2020 Approved: December 31, 2020 Supersedes: New

	Develop ment Facilitati on		
Verification needed):	n of Provider Qualification	s (For each provider type listed above. Copy rows as	
Provid er Type	Entity Responsib le for Verificatio	Frequency of Verification (Specify):	
(Specify):	n (Specify):		
North Dakota Medicaid enrolled agency provider of Prevocation al Training Services	North Dakota Medicaid Provider Enrollment	Provider will complete an attestation as part of the provider agreement process upon enrollment and at revalidation. Providers are required to revalidate their enrollments at least once every five (5) years.	
Service Delivery Method. (Check each that applies):			
Participant-directed X Provider managed			

Service Specifications (Specify a service title for the HCBS listed in Attachment 4.19-B that the			
state plans to co	ver):		
Service	Supported Education		

Title:

Service Definition (Scope):

Sate: North Dakota

Supported Education Services (SEd) are individualized and promote engagement, sustain participation and restore an individual's ability to function in the learning environment. Services must be specified in the person-centered plan of care to enable the individual to integrate more fully into the community and/or educational setting and must ensure the health, welfare and safety of the individual. The goals of SEd are for individuals to: (1) engage and navigate the learning environment (2) support and enhance attitude and motivation (3) develop skills to improve educational competencies (social skills, social-emotional learning skills, literacy, study skills, time management); (4) promote self-advocacy, self-efficacy and empowerment (e.g. disclosure, reasonable accommodations, advancing educational opportunities); and (5) build community connections and natural supports.

A participant's need for initial and continued services shall be discussed at each 1915(i) personcentered plan of care meeting, and formally evaluated during the WHODAS 2.0 functional needs assessment as part of the initial and annual reevaluation and service authorization/reauthorization process. The Care Coordinator must document a need for the service to support a participant's

§1915(i) State plan HCBS Sate: North Dakota State plan Attachment 3.1–i: Page 92

Effective: October 1, 2020 Approved: December 31, 2020 Supersedes: New

identified goals in the Person-Centered POC and document the participant's progress toward their goals.

Supported Education Services (SEd) are requested by the Care Coordinator as a support to achieve educational goals identified in the person-centered planning process. Services are designed to be delivered in and outside of the classroom setting and may be provided by schools and/or agencies enrolled as Medicaid providers of 1915(i) Supported Education Services, that specialize in providing educational support services. Services must honor the individual's preferences (scheduling, choice of service provider, direction of work, etc.) and provide consideration for common courtesies such as timeliness and reliability. Services furnished through Medicaid 1915(i) must not be duplicated by services funded under section 110 of the Rehabilitation Act of 1973 or the IDEA (20 U.S.C. 1400 et seq.). To ensure duplication does not occur Providers must coordinate efforts with the Department of Public Instruction and/or local Vocational Rehabilitation Agency. Justification that services are not otherwise available to the individual through these agencies under section 110 of the Rehabilitation Act of 1973 or the IDEA (20 U.S.C. 1400 et seq.) must be documented in the individual's record and kept on file.

Supported Education services may include, but are not limited to, any combination of the following:

Engage, bridge and transition

TN: 20-0010

- Act as a liaison/support in the educational learning environment.
- Facilitate outreach and coordination.
- Familiarize individual and caregiver (if applicable) to school settings, to help navigate the school system and student services.
- Assist with admission applications and registration.
- Assist with transitions and/or withdrawals from programs such as those resulting from behavioral health challenges, medical conditions and other co-occurring disorders.
- Improve access by effectively linking consumers of mental health services to educational programs within the school, college, or university of their choice.
- Assist with developing a transportation plan.
- Act as a liaison and coordinator between the education, mental health, treatment, and rehabilitation providers.
- Assist with advancing education opportunities including applying for work experience, vocational programs, apprenticeships, and colleges.

Support and enhance attitude and motivation

- Develop an education/career plan and revise as needed in response to individuals' needs and recovery process.
- Assist in training to enhance interpersonal skills and social-emotional learning skills (effective problem solving, self-discipline, impulse control, increase social engagement, emotion management and coping skills).
- Individualize behavioral supports in all educational environments including but not limited to classroom, lunchroom, recess, and test-taking environments.
- Conduct a need assessment/educational assessment, based on goals to identify education/training requirements, personal strengths and necessary support services.

Develop skills to improve educational competencies

Effective: October 1, 2020 Approved: December 31, 2020 Supersedes: New

• Work with individuals to develop the skills needed to remain in the learning environment (e.g. effective problem solving, self-discipline, impulse control, emotion management, coping skills, literacy, English-learning, study skills, note taking, time and stress management, and social skills).

- Provide training on how to access transportation (e.g. training on how to ride the bus).
- Provide opportunities to explore individual interests related to career development and vocational choice.

Self-Advocacy, self-efficacy and empowerment

- Act as a liaison to assist with attaining alternative outcomes (e.g. completing the process to request an incomplete rather than failing grades if the student needs a medical leave or withdrawal).
- Manage issues of disclosure of disability.
- Provide advocacy support to obtain accommodations (such as requesting extensions for assignments and different test-taking settings if needed for documented disability).
- Advocacy and coaching on reasonable accommodations as defined by American's with Disabilities Act (ADA) (e.g. note-taking services, additional time to complete work in class and on tests, modifications in the learning environment, test reading, taking breaks during class when needed, changes in document/assignment format, etc.).
- Provide instruction on self-advocacy skills in relation to independent functioning in the educational environment.

Community connections and natural supports

- Serve as a resource clearinghouse for educational opportunities, tutoring, financial aid and other relevant educational supports and resources.
- Provide access to recovery supports including but not limited to cultural, recreational, and spiritual resources.
- Provide linkages to education-related community resources including supports for learning and cognitive disabilities.
- Identify financial aid resources and assist with applications for Financial Aid.
- Assist in applying for student loan forgiveness on previous loans because of disability status.

Ongoing supported education service components are conducted after an individual is successfully admitted to an educational program.

Additional needs-based criteria for receiving the service, if applicable (specify):

None.

Sate: North Dakota

TN: 20-0010

Specify limits (if any) on the amount, duration, or scope of this service. Per 42 CFR Section 440.240, services available to any categorically needy recipient cannot be less in amount, duration and scope than those services available to a medically needy recipient, and services must be equal for any individual within a group. States must also separately address standard state plan service questions related to sufficiency of services.

(Choose each that applies):

X Categorically needy (specify limits):

This service is available to individuals age 5 and above.

Effective: October 1, 2020 Approved: December 31, 2020 Supersedes: New

Services are limited to 8 hours per day (32 units daily) and a maximum of 156 hours annually. This service has a 15-minute unit rate. Service authorization requests for additional hours required to prevent imminent institutionalization, hospitalization, or out of home/out of community placement will be reviewed by the North Dakota Department of Human Services.

This service cannot be provided to an individual at the same time as another service that is the same in nature and scope regardless of source, including Federal, state, local, and private entities. Individuals eligible for multiple Medicaid funded authorities cannot access this service in more than one authority and are required to utilize the service through the alternate authority rather than the 1915(i). For example, if an individual is enrolled in both the 1915(i) and a 1915(c) waiver and is in need of this service which is offered in both, the individual is required to access the service through the 1915(c) rather than the 1915(i). At this time the state has identified no duplication between this service offered in the 1915(i) and any services offered in the state's HCBS 1915(c) Waivers.

• If the HCBS 1915(c) Waivers were to offer a similar service in the future, the state will implement the following approach to ensure that 1915(i) services are not duplicated: The Care Coordinator will contact the State Medicaid Office to inquire if the member has any eligibility spans for any of the C waivers in MMIS. If yes, the Care Coordinator will reach out to the C Waiver authority and do due diligence to ensure the plan of care does not include duplicative services.

Services furnished through Medicaid 1915(i) must not be duplicated by services funded under section 110 of the Rehabilitation Act of 1973 or the IDEA (20 U.S.C. 1400 et seq.). To ensure duplication does not occur providers must coordinate efforts with the Department of Instruction and/ or local Vocational Rehabilitation Agency. Justification that services are not otherwise available to the individual through these agencies under section 110 of the Rehabilitation Act of 1973 or the IDEA (20 U.S.C. 1400 et seq.) must be documented in the individual's record and kept on file.

Remote support may be utilized for up to 25% of all services provided in a calendar month.

Remote support includes real-time, two-way communication between the service provider and the participant. Remote support is limited to check-ins (e.g. reminders, verbal cues, prompts) and consultations (e.g. counseling, problem solving) within the scope of services.

Remote support options include:

• Telephone

Sate: North Dakota

TN: 20-0010

Secure Video Conferencing

Remote support must:

- be elected by the individual receiving services;
- not block the member's access to the community;
- not prohibit needed in-person services for the member;
- utilize a HIPPA compliant platform; and
- prioritize the integration of the member into the community.

For each utilization, providers must document that the remote support option:

Effective: October 1, 2020 Approved: December 31, 2020 Supersedes: New

• was elected by the member receiving services;

Sate: North Dakota

TN: 20-0010

- did not block the member's access to the community;
- did not prohibit needed in-person services for the member;
- utilized a HIPAA-compliant platform; and
- prioritized the integration of the individual into the community.

The keys to providing better member care lies in making services available and ensuring members seek help when necessary. Remote support options are for the benefit of the member, rather than the benefit of the provider. The member's election to utilize remote support must enhance their integration into the community. Examples of the appropriate use of remote support include:

- Members with behavioral health conditions who are feeling stigmatized and, thus, avoiding seeking services in an effort to hide their conditions from others. Remote support will allow these members to receive services from the comfort of their own surroundings, reducing the stigma and increasing the chances they will seek services and stay engaged. Remote support alternatives will make ongoing care and follow-ups more convenient and easier to schedule for the member, likely increasing the number of appointments made, as well as the number of appointments kept.
- Members in the midst of a crisis situation or addiction relapse will be able to more easily reach out to 1915(i) service providers, reducing risks associated with their conditions and the likelihood of needing a higher level of care.

X Medically needy (specify limits):

entity that is

to provide

1915(i)

services.

able to enroll

Depending on

their licensure

Same limits as those for categorically needy.

Provider Qua	Provider Qualifications (For each type of provider. Copy rows as needed):			
Provider Type (Specify):	License (Specify):	Certification (Specify):	Other Standard (Specify):	
Medicaid enrolled	None	None	A provider of this service must meet all the following criteria:	
agency provider of Prevocational Training			Have a North Dakota Medicaid provider agreement and attest to the following: individual practitioners meet the required qualifications	
NDDHS defines billing group provider as an individual or			 services will be provided within their scope of practice individual practitioners will have the required competencies identified in the service scope 	

agency conducts training in accordance

agency adheres to all 1915(i) standards

including but not limited to, participant

rights, abuse, neglect, exploitation, use

with state policies and procedures

agency policies and procedures,

and requirements

1		
or certification,		of restraints and reporting procedures
certain		are written and available for NDDHS
practitioners		review upon request
are allowed to		
enroll	1	Must meet requirements of 75-04-01 or have
independently		accreditation from the Commission on
without being		Accreditation of Rehabilitation Facilities
affiliated to a		(CARF) or Council on Accreditation (COA).
clinic, hospital		
or other		Accreditation requirements do not apply to
agency, and		North Dakota Schools enrolled as Medicaid
others are not.		Enrolled Supported Education Providers,
Examples of		however; schools must ensure that
practitioners		paraeducator/ education specialist supervisors,
that could		and supervisors meet individual requirements.
enroll		1
independently		
without being		
affiliated to a		
clinic, hospital,		
or other entity:		
Licensed		
Professional		
Clinical		
Counselor,		
Licensed		
Clinical Social		
Worker,		
Licensed		
Marriage and		
Family		
Therapist,		
Psychologist,		
Nurse		
Practitioner		
and Physician.		
These		
practitioners		
are considered		
I I		
other licensed		
practitioners'		
(OLP) in the		
ND Medicaid		
State Plan and		
are allowed to		
provide any		
state plan		
service that is		

within their		
scope of		
practice. These		
practitioners		
are allowed to		
enroll as their		
own billing		
group provider		
if they choose.		
If a provider is		
not an OLP,		
they must be		
affiliated to a		
clinic, hospital		
or other		
agency in		
order to enroll.		
Each billing		
group provider		
must meet the		
qualifications		
specified in the		
1915(i) state		
plan pages.		
The minimum		
qualifications		
for the		
provider are		
listed under		
each service.		
Individuals	Mental Health First	The individual providing the service must:
	Aid Training for	1) Be employed by an enrolled ND
	Youth and/or Mental	Medicaid enrolled billing group of this
	Health First Aid	service.
	Training for Adults	
		In lieu of one of the approved certifications, a
		staff providing services may instead be
	population; and	employed by a school in North Dakota, who is a
		North Dakota Medicaid enrolled provider of
		Supported Education, as a paraeducator/
		education specialist and be trained in Mental
		Health First Aid Training for Youth and/ or
	Specialists	Adults depending on the scope of services/
	(IPS or	targeted population.
	CESP)	
	- Certified	Supervisors of staff providing Supported
		Education (SEd) services must have a degree in
	 Specialist	one of the following: bachelors' degree or

Effective: October 1, 2020 Approved: December 31, 2020 Supersedes: New

	(DS) - Cert Care Deve	personnel management, mental health or social services, social work, psychology, nursing, sociology, counseling, human development, fied education, special education, child development	
Verification on the needed):	f Provider Qualification	(For each provider type listed above. Copy rows as	
Provider Type (Specify):	Entity Responsible for Verification (Specify):	Frequency of Verification (Specify):	
North Dakota Medicaid enrolled agency provider of Supported Education	North Dakota Medicaid Pr Enrollment	Provider will complete an attestation as part of the provider agreement process upon enrollment and at revalidation. Providers are required to revalidate their enrollments at least once every five (5) years.	
Service Delivery Method. (Check each that applies):			
Participant-dir	ected	Y Provider managed	

Service Specifications (Specify a service title for the HCBS listed in Attachment 4.19-B that the state plans to cover):

Service Title: Supported Employment

Service Definition (Scope):

Supported Employment (SEP) services assist individuals to obtain and keep competitive employment at or above the minimum wage. After intensive engagement, ongoing follow-along support is available for an indefinite period as needed by the individual to maintain their paid competitive employment position. SEP services are individualized, person-centered services providing supports to individuals who need ongoing support to learn a new job and maintain a job in a competitive employment or self-employment arrangement.

SEP services can be provided through many different service models. Some of these models can include evidence-based supported employment, or customized employment for individuals with significant disabilities. SE Services may be offered in conjunction with Assertive Community-based Treatment (ACT) models, Integrated Dual Diagnosis Treatment (IDDT) or with other treatment/therapeutic models that promote community inclusion and integrated employment.

A participant's need for initial and continued services shall be discussed at each 1915(i) personcentered plan of care meeting, and formally evaluated during the WHODAS 2.0 functional needs

§1915(i) State plan HCBS

Sate: North Dakota State plan Attachment 3.1–i: TN: 20-0010 Page 99

Approved: December 31, 2020 Supersedes: New Effective: October 1, 2020

assessment as part of the initial and annual reevaluation and service authorization/reauthorization process. The Care Coordinator must document a need for the service to support a participant's identified goals in the Person-Centered POC and document the participant's progress toward their goals.

Supported Employment services may be furnished to any individual that elects to receive support, and demonstrates a need for the service. Services are authorized during the person-centered planning process by the Care Coordinator to assist the individual with achieving goals identified in the person-centered plan of care. Services must be provided in a manner which honors the individual's preferences (scheduling, choice of provider, direction of work), and consideration for common courtesies such as timeliness and reliability. Services furnished through Medicaid 1915(i) must not duplicate services funded under section 110 of the Rehabilitation Act of 1973. To ensure duplication does not occur, providers must coordinate efforts with the local Vocational Rehabilitation Agency. Justification that services are not otherwise available to the individual through the Vocational Rehabilitation Agency must be identified and documented in the individual's record and kept on file.

Supported Employment services are individualized and may include any combination of the following services:

- vocational/job-related discovery or assessment,
- person-centered employment planning,
- job placement,
- rapid job placement,
- job development,
- negotiation with prospective employers,
- job analysis,
- job carving,
- support to establish or maintain self-employment (including home-based self-employment),
- training and systematic instruction,
- job coaching,
- benefits planning support/referral,
- training and planning,
- asset development and career advancement services,
- education and training on disability disclosure,
- education and training on reasonable accommodations as defined by ADA,
- assistance with securing reasonable accommodations as defined by ADA, and/or
- other workplace support services including services not specifically related to job skill training that enable the participant to be successful in integrating into the job setting.

Prior to an individual's first day of employment, the provider will work with the individual and members of the individual's team to create a plan for job stabilization. The provider will continue to coordinate team meetings when necessary, follow-up with the participant once they are employed, and provide monthly progress reports to the entire team.

Ongoing Follow-Along Support services are available to an individual once they are employed and are provided periodically to address work-related issues as they arise (e.g., understanding employer leave policies, scheduling, time sheets, tax withholding, etc.). Ongoing Follow-Along Support may

Effective: October 1, 2020 Approved: December 31, 2020 Supersedes: New

also involve assistance to address issues in the work environment, including accessibility, employee – employer relations. Services are designed to identify any problems or concerns early, to provide the best opportunity for long lasting work opportunities.

- Also included are supports to address any barriers that interfere with employment success/maintaining employment, which may include providing support to the employer.

Additional needs-based criteria for receiving the service, if applicable (specify):

Specify limits (if any) on the amount, duration, or scope of this service. Per 42 CFR Section 440.240, services available to any categorically needy recipient cannot be less in amount, duration and scope than those services available to a medically needy recipient, and services must be equal for any individual within a group. States must also separately address standard state plan service questions related to sufficiency of services.

(Choose each that applies):

Sate: North Dakota

TN: 20-0010

Categorically needy (specify limits):

Services are available to individuals 14 years of age or older.

A unit of Supported Employment is a 15-minute unit. A maximum of eight (8) hours per day (32 units daily) and a maximum of 156 hours per year. Service authorization requests for additional hours required to prevent imminent institutionalization, hospitalization, or out of home/out of community placement will be reviewed by the North Dakota Department of Human Services.

Once an individual has maintained employment for 6 months the individual may receive ongoing follow-along support. Ongoing support services are billed 15-minute units and may not exceed a maximum of 20% of hours worked by the individual per week.

This service cannot be provided to an individual at the same time as another service that is the same in nature and scope regardless of source, including Federal, state, local, and private entities. Individuals eligible for multiple Medicaid funded authorities cannot access this service in more than one authority and are required to utilize the service through the alternate authority rather than the 1915(i). For example, if an individual is enrolled in both the 1915(i) and a 1915(c) waiver and is in need of this service which is offered in both, the individual is required to access the service through the 1915(c) rather than the 1915(i). The state has identified the Supported Employment service, age 14+ within the 1915(i) is duplicative of the following services within the HCBS 1915(c) Waivers: ID/DD Waiver Supported Employment/Individual Employment Supports – Age 18+; and HCBS Aged/Disabled Waiver – Age 18+.

• The state will implement the following approach to ensure that 1915(i) services are not duplicative with other Medicaid-funded services: The Care Coordinator will contact the State Medicaid Office to inquire if the member has any eligibility spans for any of the C waivers in MMIS. If yes, the Care Coordinator will reach out to the C Waiver authority and do due diligence to ensure the plan of care does not include duplicative services.

Services furnished through Medicaid 1915(i) must not be duplicated by services funded under section 110 of the Rehabilitation Act of 1973 or the IDEA (20 U.S.C. 1400 et seq.). To ensure duplication does not occur providers must coordinate efforts with the Department of Instruction and/or local Vocational Rehabilitation Agency. Justification that services are not otherwise

Effective: October 1, 2020 Approved: December 31, 2020 Supersedes: New

available to the individual through these agencies under section 110 of the Rehabilitation Act of 1973 or the IDEA (20 U.S.C. 1400 et seq.) must be documented in the individual's record and kept on file.

Remote support may be utilized for up to 25% of all services provided in a calendar month.

Remote support includes real-time, two-way communication between the service provider and the participant. Remote support is limited to check-ins (e.g. reminders, verbal cues, prompts) and consultations (e.g. counseling, problem solving) within the scope of services.

Remote support options include:

• Telephone

Sate: North Dakota

TN: 20-0010

• Secure Video Conferencing

Remote support must:

- be elected by the individual receiving services;
- not block the member's access to the community;
- not prohibit needed in-person services for the member;
- utilize a HIPPA compliant platform; and
- prioritize the integration of the member into the community.

For each utilization, providers must document that the remote support option:

- was elected by the member receiving services;
- did not block the member's access to the community;
- did not prohibit needed in-person services for the member;
- utilized a HIPAA-compliant platform; and
- prioritized the integration of the individual into the community.

The keys to providing better member care lies in making services available and ensuring members seek help when necessary. Remote support options are for the benefit of the member, rather than the benefit of the provider. The member's election to utilize remote support must enhance their integration into the community. Examples of the appropriate use of remote support include:

- Members with behavioral health conditions who are feeling stigmatized and, thus, avoiding seeking services in an effort to hide their conditions from others. Remote support will allow these members to receive services from the comfort of their own surroundings, reducing the stigma and increasing the chances they will seek services and stay engaged. Remote support alternatives will make ongoing care and follow-ups more convenient and easier to schedule for the member, likely increasing the number of appointments made, as well as the number of appointments kept.
- Members in the midst of a crisis situation or addiction relapse will be able to more easily reach out to 1915(i) service providers, reducing risks associated with their conditions and the likelihood of needing a higher level of care.

Documentation is maintained that the service is not available under a program funded under section 110 of the Rehabilitation Act of 1973 or the DEA (20 U.S.C. 1400 et seq.). Federal

Effective: October 1, 2020 Approved: December 31, 2020 Supersedes: New

financial participation is not claimed for incentive payments, subsidies, or unrelated vocational training expenses such as the following:

- Incentive payments made to an employer to encourage or subsidize the employer's participation in supported employment; or
- Payments that are passed through to users of employment services.

Medically needy (specify limits):

Sate: North Dakota

TN: 20-0010

Same limits as those for categorically needy.

Provider Q	Dualifications	(For each	type of provider.	Copy rows as needed):
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1 Tovider Q	uamican	ons (For each typ	e of provider. Copy rows as needed).
Provider	License	Certificati	Other Standard
Type	(Specify)	on	(Specify):
(Specify):	:	(Specify):	
North			A provider of this service must meet all of the following
Dakota			criteria:
Medicaid			
enrolled			1. Have a North Dakota Medicaid provider agreement and
agency			attest to the following:
provider of			 individual practitioners meet the required
Prevocation			qualifications
al Training			• services will be provided within their scope of
			practice
NDDHS			 individual practitioners will have the required
defines			competencies identified in the service scope
billing			 agency conducts training in accordance with state
group			policies and procedures
provider as			 agency adheres to all 1915(i) standards and
an			requirements
individual or	1		 agency policies and procedures, including but not
entity that is			limited to, participant rights, abuse, neglect,
able to			exploitation, use of restraints and reporting
enroll to			procedures are written and available for NDDHS
provide			review upon request
1915(i)			······································
services.			Must meet NDAC 75-04-01 or have accreditation from the
Depending			Commission on Accreditation of Rehabilitation Facilities
on their			(CARF) or Council on Accreditation (COA) or The
licensure or			Council of Quality Leadership (CQL).
certification,			F (= (=)
certain			
practitioners			
are allowed			
to enroll			
independentl			
y without			
being			
affiliated to			
a clinic,			

Page 103

hospital or		
other		
agency, and		
others are		
not.		
Examples of		
practitioners		
that could		
enroll		
independentl		
y without		
being		
affiliated to		
a clinic,		
hospital, or		
other entity:		
Licensed		
Professional		
Clinical		
Counselor,		
Licensed		
Clinical		
Social		
Worker,		
Licensed		
Marriage		
and Family		
Therapist,		
Psychologist		
, Nurse		
Practitioner		
and		
Physician.		
These		
practitioners		
are		
considered		
other		
licensed		
practitioners		
OLP) in		
the ND		
Medicaid		
State Plan		
and are		
allowed to		
provide any		
state plan		
state plan		

Page 104

service that		
is within		
their scope		
of practice.		
These		
practitioners		
are allowed		
to enroll as		
their own		
billing		
group		
provider if		
they choose.		
If a provider		
is not an		
OLP, they		
must be		
affiliated to		
a clinic,		
hospital or		
other agency		
in order to		
enroll. Each		
billing		
group		
provider		
must meet		
the		
qualification		
s specified		
in the		
1915(i) state		
plan pages.		
The		
minimum		
qualification		
s for the		
provider are		
listed under		
each service.		
Individuals	 Mental Health	The individual providing the service must:
	First Aid	1) Be employed by an enrolled ND Medicaid
	Training for	enrolled billing group of this service.
	Youth and/or	
	Mental Health	In lieu of the approved certifications a staff providing
	First Aid	services may be uncertified and instead possess education
	Training for	equivalent to a bachelor's degree or higher in vocational
	Adults	services counselor, disabilities services, business,

§1915(i) State plan HCBS

Sate: North Dakota TN: 20-0010

State plan Attachment 3.1–i: Page 105

		personnel management, mental health or social services, social work, psychology, nursing, sociology, counseling, human development, special education, child development and family science, human resource management (human service track), criminal justice, occupational therapy, communication science/disorders or vocational rehabilitation. The NDDHS of Human Services may approve other degrees in a closely related field at the NDDHS's discretion.
	_	
Verification		ns (For each provider type listed above. Copy rows as
needed):		
Provider Type (Specify):	Entity Responsi ble for Verificati on	Frequency of Verification (Specify):
	(Specify):	

Effective: October 1, 2020 Approved: December 31, 2020 Supersedes: New

	Drauder Enrallment	Provider will complete an attestation as part of the provider agreement process upon enrollment and at revalidation.			
agency provider of Supported Employment		Providers are required to revalidate their enrollments at least once every five (5) years.			
Service De	Service Delivery Method. (Check each that applies):				
Participan	t-directed X Provide	der managed			

Service Specifications (Specify a service title for the HCBS listed in Attachment 4.19-B that the state plans to cover):

Service Title: **Housing Supports**

Service Definition (Scope):

Housing Supports help individuals' access and maintain stable housing in the community. Services are flexible, individually tailored, and involve collaboration between service providers, property managers, and tenants to engage in housing, preserve tenancy and resolve crisis situations that may arise. Housing Support services include Pre-tenancy, Tenancy.

Housing services can be provided through many different service models. Some of these models may include Permanent Support Housing (PSH) for individuals with a behavioral health condition experiencing chronic homelessness. Services may be offered in conjunction with Assertive Community-based Treatment (ACT) models, Family Assertive Community Treatment (FACT), Integrated Dual Diagnosis Treatment (IDDT) or with other treatment/therapeutic models that help an individual with stabilizing and accessing to the greater community.

A participant's need for initial and continued services shall be discussed at each 1915(i) person-centered plan of care meeting, and formally evaluated during the WHODAS 2.0 functional needs assessment as part of the initial and annual reevaluation and service authorization/reauthorization process. The Care Coordinator must document a need for the service to support a participant's identified goals in the Person-Centered POC and document the participant's progress toward their goals.

Pre-Tenancy services provide individuals the support that is needed to secure housing. Pretenancy services are available only to the individual living in the community and may not be billed when an individual is concurrently receiving Tenancy Support services.

Pre-tenancy services include:

- Supporting with applying for benefits to afford housing (e.g., housing assistance, SSI, SSDI, TANF, SNAP, LIHEAP, etc.).
- Assisting with the housing search process and identifying and securing housing of their choice
- Assisting with the housing application process, including securing required

Effective: October 1, 2020 Approved: December 31, 2020 Supersedes: New

documentation (e.g., Social Security card, birth certificate, prior rental history).

- Helping with understanding and negotiate a lease.
- Helping identify resources to cover expenses including the security deposit, moving costs, and other one-time expenses (e.g., furnishings, adaptive aids, environmental modifications).
- Services provided in Pre-tenancy supports may not duplicate the services provided in Community Transition Supports (CTS) or in Care Coordination.

Tenancy services assist individuals with sustaining tenancy in an integrated setting that supports access to the full and greater community. Tenancy Supports may not be billed when an individual is concurrently receiving Pre-tenancy Support services.

Tenancy services include:

Sate: North Dakota

TN: 20-0010

- Assisting with achieving housing support outcomes as identified in the person-centered plan.
- o Providing training and education on the role, rights, and responsibilities of the tenant and the landlord.
- Coaching on how to develop and maintain relationships with landlords and property managers.
- O Supporting with applying for benefits to afford their housing including securing new/renewing existing benefits.
- Skills training on financial literacy (e.g. developing a monthly budget).
- Assisting with resolving disputes between landlord and/or other tenants to reduce the risk of eviction or other adverse action.
- Assistance with the housing recertification process.
- Skills training on how to maintain a safe and healthy living environment (e.g. training on how to use appliances, how to handle repairs and faulty equipment within the home, how to cook meals, how to do laundry, how to clean in the home). Skills training should be provided onsite in the individual's home.
- O Coordinating and linking individuals to services and service providers in the community that would assist an individual with sustaining housing.

Additional needs-based criteria for receiving the service, if applicable (specify):

The determination of the need for Housing Services must be identified through the personcentered planning process for individuals receiving services and supports.

Services are available to individuals six months prior to the 18th birthday.

Individuals eligible to receive 1915(i) state plan amendment services may elect to receive housing support services if the individual:

- is experiencing homelessness,
- is at risk of becoming homeless,
- is living in a higher level of care than is required, or
- is at risk for living in an institution or other segregated setting.

To receive services, a person must be living in, or planning to receive services in a setting that complies with all home and community-based setting (HCBS) requirements identified by the

Sate: North Dakota \$1915(TN: 20-0010

§1915(i) State plan HCBS State plan Attachment 3.1–i:
Page 108

Effective: October 1, 2020 Approved: December 31, 2020 Supersedes: New

Federal Centers for Medicare & Medicaid Services in the Code of Federal Regulations, title 42, section 441.301 (c).

The setting must be integrated in and support full access to the greater community; ensure an individual's rights or privacy, dignity and respect, and freedom from coercion and restraint; optimize individual initiative, autonomy and independence to make life choices; and facilitate individual choice about services and supports and who provides them. Provider-controlled settings must meet additional requirements.

Prior to billing, services must be authorized in the person-centered POC by the Care Coordinator. The Care Coordinator will ensure the plan reflects both short- and long-term goals for maintaining and securing housing supports. In addition, prevention and early intervention strategies must be included in the POC in the event housing is jeopardized.

Specify limits (if any) on the amount, duration, or scope of this service. Per 42 CFR Section 440.240, services available to any categorically needy recipient cannot be less in amount, duration and scope than those services available to a medically needy recipient, and services must be equal for any individual within a group. States must also separately address standard State plan service questions related to sufficiency of services.

(Choose each that applies):

Categorically needy (specify limits):

Effective: October 1, 2020 Approved: December 31, 2020 Supersedes: New

Sate: North Dakota

TN: 20-0010

Housing Supports are limited to eight (8) hours per day (32 units daily). This service has a 15-minute rate.

Pre-tenancy supports are limited to 78 hours per 3-month authorization period for a maximum of 156 hours per year.

Requests for additional hours required to prevent imminent institutionalization, hospitalization, or out of home/out of community placement will be reviewed by the NDDHS.

Tenancy supports are limited to 78 hours per 6-month authorization period for a maximum of 156 hours per year.

Service authorization requests for additional hours required to prevent imminent institutionalization, hospitalization, or out of home/out of community placement will be reviewed by the NDDHS.

Services may not be duplicated by any other services provided through the Home & Community Based Services 1915(c) waiver.

This service cannot be provided to an individual at the same time as another service that is the same in nature and scope regardless of source, including Federal, state, local, and private entities. Individuals eligible for multiple Medicaid funded authorities cannot access this service in more than one authority and are required to utilize the service through the alternate authority rather than the 1915(i). For example, if an individual is enrolled in both the 1915(i) and a 1915(c) waiver and is in need of this service which is offered in both, the individual is required to access the service through the 1915(c) rather than the 1915(i). At this time the state has identified no duplication between this service offered in the 1915(i) and any services offered in the state's HCBS 1915(c) Waivers. If the HCBS 1915(c) Waivers were to offer a similar service in the future, the state will implement the following approach to ensure that 1915(i) services are not duplicated:

• The Care Coordinator will contact the State Medicaid Office to inquire if the member has any eligibility spans for any of the C waivers in MMIS. If yes, the Care Coordinator will reach out to the C Waiver authority and do due diligence to ensure the plan of care does not include duplicative services.

Services furnished through Medicaid 1915(i) must not be duplicated by services funded under section 110 of the Rehabilitation Act of 1973 or the IDEA (20 U.S.C. 1400 et seq.). To ensure duplication does not occur providers must coordinate efforts with the Department of Instruction and/ or local Vocational Rehabilitation Agency. Justification that services are not otherwise available to the individual through these agencies under section 110 of the Rehabilitation Act of 1973 or the IDEA (20 U.S.C. 1400 et seq.) must be documented in the individual's record and kept on file.

Remote support may be utilized for up to 25% of all services provided in a calendar month.

Effective: October 1, 2020 Approved: December 31, 2020 Supersedes: New

Remote support includes real-time, two-way communication between the service provider and the participant. Remote support is limited to check-ins (e.g. reminders, verbal cues, prompts) and consultations (e.g. counseling, problem solving) within the scope of services.

Remote support options include:

Telephone

Sate: North Dakota

TN: 20-0010

Secure Video Conferencing

Remote support must:

- be elected by the individual receiving services;
- not block the member's access to the community;
- not prohibit needed in-person services for the member;
- utilize a HIPPA compliant platform; and
- prioritize the integration of the member into the community.

For each utilization, providers must document that the remote support option:

- was elected by the member receiving services;
- did not block the member's access to the community;
- did not prohibit needed in-person services for the member;
- utilized a HIPAA-compliant platform; and
- prioritized the integration of the individual into the community.

The keys to providing better member care lies in making services available and ensuring members seek help when necessary. Remote support options are for the benefit of the member, rather than the benefit of the provider. The member's election to utilize remote support must enhance their integration into the community. Examples of the appropriate use of remote support include:

- Members with behavioral health conditions who are feeling stigmatized and, thus, avoiding seeking services in an effort to hide their conditions from others. Remote support will allow these members to receive services from the comfort of their own surroundings, reducing the stigma and increasing the chances they will seek services and stay engaged. Remote support alternatives will make ongoing care and follow-ups more convenient and easier to schedule for the member, likely increasing the number of appointments made, as well as the number of appointments kept.
- Members in the midst of a crisis situation or addiction relapse will be able to more easily reach out to 1915(i) service providers, reducing risks associated with their conditions and the likelihood of needing a higher level of care.

X Medically needy (specify limits):

Same limits as those for categorically needy.

Provider Qualifications (For each type of provider. Copy rows as needed):

§1915(i) State plan HCBS State plan Attachment 3.1–i: Sate: North Dakota Page 111

Effective: October 1, 2020 Approved: December 31, 2020 Supersedes: New

TN: 20-0010

Provider Type (Specify):	License (Specify):	Certificati on (Specify):	Other Standard (Specify):
North Dakota Medicaid enrolled agency provider of Housing Supports NDDHS defines billing group provider as an individual or entity that is able to enroll to provide 1915(i) services. Depending on their licensure or certificatio n, certain practitioner s are allowed to enroll independen tly without being affiliated to a clinic, hospital or other agency, and others are not. Examples of	None	None	A provider of this service must meet all of the following criteria: Have a North Dakota Medicaid provider agreement and attest to the following: individual practitioners meet the required qualifications services will be provided within their scope of practice individual practitioners will have the required competencies identified in the service scope agency conducts training in accordance with state policies and procedures agency adheres to all 1915(i) standards and requirements agency policies and procedures, including but not limited to, participant rights, abuse, neglect, exploitation, use of restraints and reporting procedures are written and available for NDDHS review upon request agency availability 24 hours a day, 7 days a week to clients in need of emergency services Member of the North Dakota Continuum of Care (NDCOC)

	•	
practitioner		
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a clinic,		
hospital, or		
other		
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Counselor,		
Licensed		
Clinical		
Social		
Worker, Licensed		
Marriage		
and Family		
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Medicaid		
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allowed to		
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plan		
service that		
is within		
their scope		
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22 P.30000.		

These		
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allowed to		
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their own		
billing		
group		
provider if		
they		
choose. If a		
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OLP, they		
must be		
affiliated to		
a clinic,		
hospital or		
other		
agency in		
order to		
enroll.		
Each		
billing		
group		
provider		
must meet		
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specified in		
the 1915(i)		
state plan		
pages. The		
minimum		
qualificatio		
ns for the		
provider		
are listed		
under each		
service.		
service.		
T. 1' '1 1	Mental	Be employed by an enrolled billing group provider; and
Individuals	Health	meet one of the following criteria:
	First Aid	High school diploma or GED and at least:
	Training	a. Two years of work experience providing direct
	for Youth	client service; or
	101 1 0 0 0 1 1	enent service, or

Effective: October 1, 2020 Approved: December 31, 2020 Supersedes: New

Sate: North Dakota

TN: 20-0010

	Trai for a depon s of serv targ	tal Ith t Aid ning Adults ending cope	b. Associate degree in the human service field from an accredited college or university. Supervisors of staff providing Housing Support services must meet the requirements of an individual providing services and have two or more years of experience in providing direct client services to individuals experiencing homelessness.
Verification needed):	of Provider Qu	alificat	ions (For each provider type listed above. Copy rows as
Provider Type (Specify):	Entity Respons for Verification (Specify):		Frequency of Verification (Specify):
North Dakota Medicaid enrolled agency provider of Housing Services	Medical Servic Provider Enrol		Provider will complete an attestation as part of the provider agreement process upon enrollment and at revalidation. Providers are required to revalidate their enrollments at least once every five (5) years.
Service Deli	very Method. (Check e	each that applies):
□ Participa	nt-directed	•]	Provider managed

2. Policies Concerning Payment for State plan HCBS Furnished by Relatives, Legally Responsible Individuals, and Legal Guardians. (By checking this box, the state assures that): There are policies pertaining to payment the state makes to qualified persons furnishing State plan HCBS, who are relatives of the individual. There are additional policies and controls if the state makes payment to qualified legally responsible individuals or legal guardians who provide State Plan HCBS. (Specify (a) who may be paid to provide State plan HCBS; (b) the specific State plan HCBS that can be provided; (c) how the state ensures that the provision of services by such persons is in the best interest of the individual; (d) the state's strategies for ongoing monitoring of services provided by such persons; (e) the controls to ensure that payments are made only for services rendered; and (f) if legally responsible individuals may provide personal care or similar services, the policies to determine and ensure that the services are extraordinary (over and above that which would ordinarily be provided by a legally responsible individual):

Sate: North Dakota TN: 20-0010

§1915(i) State plan HCBS

State plan Attachment 3.1–i:

Page 115

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Participant-Direction of Services Definition: Participant-direction means self-direction of services per §1915(i)(1)(G)(iii). Election of Participant-Direction. (Select one): The state does not offer opportunity for participant-direction of State plan HCBS. Every participant in State plan HCBS (or the participant's representative) is afforded the opportunity to elect to direct services. Alternate service delivery methods are available for participants who decide not to direct their services. Participants in State plan HCBS (or the participant's representative) are afforded the opportunity to direct some or all of their services, subject to criteria specified by the state. (Specify criteria): Description of Participant-Direction. (Provide an overview of the opportunities for participant-direction under the State plan HCBS, including: (a) the nature of the opportunities afforded; (b) how participants may take advantage of these opportunities; (c) the entities that support individuals who direct their services and the supports that they provide; and, (d) other relevant information about the approach to participant-direction): Limited Implementation of Participant-Direction. (Participant direction is a mode of service delivery, not a Medicaid service, and so is not subject to state wideness requirements. Select one): Participant direction is available in all geographic areas in which State plan HCBS are available. Participant-direction is available only to individuals who reside in the following geographic areas or political subdivisions of the state. Individuals who reside in these areas may elect self-directed service delivery options offered by the state or may choose instead to receive comparable services through the benefit's standard service delivery methods that are in effect in all geographic areas in which State plan HCBS are available. (Specify the areas of the state affected by this option):	Effective: (October 1, 2020 Approved: December 31, 2020 Supersedes: New
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· · · · · · · · · · · · · · · · · · ·		

4. directed, and the authority offered for each. Add lines as required):

Participant-Directed Service	Employer Authority	Budget Authority

Effective: October 1, 2020 Approved: December 31, 2020 Supersedes: New

5. Financial Management. (Select one):

Sate: North Dakota

TN: 20-0010

0	Financial Management is not furnished. Standard Medicaid payment mechanisms are used.
	Financial Management is furnished as a Medicaid administrative activity necessary for administration of the Medicaid State plan.

- **6.** Participant–Directed Person-Centered Service Plan. (By checking this box, the state assures that): Based on the independent assessment required under 42 CFR §441.720, the individualized person-centered service plan is developed jointly with the individual, meets federal requirements at 42 CFR §441.725, and:
 - Specifies the State plan HCBS that the individual will be responsible for directing;
 - Identifies the methods by which the individual will plan, direct or control services, including whether the individual will exercise authority over the employment of service providers and/or authority over expenditures from the individualized budget;
 - Includes appropriate risk management techniques that explicitly recognize the roles and sharing of responsibilities in obtaining services in a self-directed manner and assures the appropriateness of this plan based upon the resources and support needs of the individual;
 - Describes the process for facilitating voluntary and involuntary transition from self-direction including any circumstances under which transition out of self-direction is involuntary. There must be state procedures to ensure the continuity of services during the transition from self-direction to other service delivery methods; and
 - Specifies the financial management supports to be provided.
- 7. Voluntary and Involuntary Termination of Participant-Direction. (Describe how the state facilitates an individual's transition from participant-direction, and specify any circumstances when transition is involuntary):

N/A

8. Opportunities for Participant-Direction

a. Participant–Employer Authority (individual can select, manage, and dismiss State plan HCBS providers). (*Select one*):

l	X	The	The state does not offer opportunity for participant-employer authority.					
		Participants may elect participant-employer Authority (Check each that applies):						
		Participant/Co-Employer. The participant (or the participant's representative) functions as the co-employer (managing employer) of workers who provide waiver services. An agency is the common law employer of participant-selected/recruited staff and performs necessary payroll and human resources functions. Supports are available to assist the participant in conducting employer-related functions.						
			Participant/Common Law Employer. The participant (or the participant's representative) is the common law employer of workers who provide waiver services. An IRS-approved Fiscal/Employer Agent functions as the participant's agent in performing payroll and other employer responsibilities that are required by federal and state law. Supports are available to assist the participant in conducting employer related functions.					

Effective: October 1, 2020 Approved: December 31, 2020 Supersedes: New

b. Participant–Budget Authority (individual directs a budget that does not result in payment for medical assistance to the individual). (Select one):

X	The state does not offer opportunity for participants to direct a budget.
	Participants may elect Participant–Budget Authority.
	Participant-Directed Budget . (Describe in detail the method(s) that are used to establish the amount of the budget over which the participant has authority, including the method for calculating the dollar values in the budget based on reliable costs and service utilization, is applied consistently to each participant, and is adjusted to reflect changes in individual assessments and service plans. Information about these method(s) must be made publicly available and included in the person-centered service plan.):
	Expenditure Safeguards. (Describe the safeguards that have been established for the timely prevention of the premature depletion of the participant-directed budget or to address potential service delivery problems that may be associated with budget underutilization and the entity (or entities) responsible for implementing these safeguards.

Quality Improvement Strategy

Quality Measures

Sate: North Dakota

TN: 20-0010

(Describe the state's quality improvement strategy. For each requirement, and lettered sub-requirement, complete the table below):

1. Plan of Care (POC) a) address assessed needs of 1915(i) participants; b) are updated annually; and c) document choice of services and providers.

_	Requirement	1a. POCs address assessed needs of the 1915(i) participants
D	Discovery	
	Discovery Evidence	The number and percent of participant's with POCs that identify and address the participant's assessed needs.
	(Performance Measure)	$N=Number\ of\ POCs\ that\ identify\ and\ address\ the\ participant's\ assessed$ needs.
	11100000110)	D=Total number of participant POCs reviewed.
	Discovery	Source: A representative sample of the population (95% confidence level
	Activity	with a \pm -5 percent margin of error).

Sate: North Dakota \$1915(i) State plan HCBS TN: 20-0010

State plan Attachment 3.1–i: Page 118

	(Source of Data & sample size)	Sample Size: The sample size will be determined by the "total population". Total Population equals the number of individual participants enrolled in the 1915(i) at the point in time the sample is drawn. The following questions will be included on a checklist developed for use in the review of the representative samples: 1. Does the POC identify and address assessed needs of the participant?
	Monitoring	NDDHS Behavioral Health Division
	Responsibilities	TODATO Deliavioral Treatal Division
	(Agency or entity that conducts discovery activities)	
	Frequency	Annually
R	emediation	
	Remediation Responsibilities	NDDHS Behavioral Health Division
	(Who corrects, analyzes, and aggregates remediation activities; required timeframes for remediation)	Annually
П	Frequency	Annual
	(of Analysis and	

Requirement	1b. POCs are updated annually
Discovery	

	Discovery	The number and percent of participants with POCs reviewed and revised on
	Evidence	or before the required annual review date.
	(Performance	N= Total number of POCs that were updated annually.
	Measure)	D= Total number of POCs reviewed which were due for annual review.
	Ź	
	Discovery	Source: A representative sample of the population (95% confidence level
	Activity	with a +/-5 percent margin of error).
	·	Sample Size: The sample size will be determined by the "total population".
	(Source of Data	Total Population equals the number of individual participants enrolled in the
	& sample size)	1915(i) at the point in time the sample is drawn.
		The following question will be included on a checklist developed for use in
		the review of the representative samples: Was the POC reviewed and revised on or before the required annual
		review date?
	Monitoring	
		NDDHS Behavioral Health Division
	Responsibilities	
	(Agency or	
	entity that	
	conducts	
	discovery	
	activities)	
	Frequency	Annual
F	emediation	
Ĺ		
	Remediation	NDDHS Behavioral Health Division
	Responsibilities	
	(Who corrects,	Annual
	analyzes, and	
	aggregates	
	remediation	
	activities;	
	required timeframes for	
	remediation)	
1		

Sate: North Dakota \$1915(i) State plan HCBS TN: 20-0010

§1915(i) State plan HCBS State plan Attachment 3.1–i:
Page 120

Frequency	Annual
(of Analysis and Aggregation)	

Requirement	1c. POCs are updated/revised when warranted by changes in the participant's needs.
Discovery	
Discovery Evidence	The total number and percent of participant's POC revised when warranted by changes in the participant's needs.
(Performance	N=Number of POCs revised when warranted by changes in the participant's needs.
Measure)	D=Total number of POCs reviewed which warranted revision due to change in the participant's needs.
Discovery Activity	Source: A representative sample of the population (95% confidence level with a +/-5 percent margin of error).
(Source of Data & sample size)	Sample Size: The sample size will be determined by the "total population". Total Population equals the number of individual participants enrolled in the 1915(i) at the point in time the sample is drawn.
	The following question will be included on a checklist developed for use in the review of the representative samples: Was the POC reviewed and revised when warranted by changes in the participant's needs?
Monitoring Responsibilities	NDDHS Behavioral Health Division
(Agency or entity that conducts discovery activities)	
Frequency	Annual
 Remediation	

Remediation Responsibilities	NDDHS Behavioral Health Division
(Who corrects, analyzes, and aggregates remediation activities; required timeframes for remediation)	Annual
Frequency (of Analysis and Aggregation)	Annual

Requirement	1d. POCs document choice of services and providers.
iscovery	
Discovery Evidence (Performance Measure)	Total number and percent of signed POCs containing a Choice of Service and Provider Statement signed by the participant as proof of choice of eligible services and available providers. N=Total number of POCs containing a Choice of Service and Provider Statement signed by the participant.
	D= $Total$ number of POCs reviewed.
Discovery Activity (Source of Data & sample size)	Source: A representative sample of the population (95% confidence level with a +/-5 percent margin of error). Sample Size: The sample size will be determined by the "total population". Total Population equals the number of individual participants enrolled in the 1915(i) at the point in time the sample is drawn.
	The following questions will be included on a checklist developed for use in the review of the representative samples: Does the POC document the participant had choice of services? Does the POC document the participant had choice of providers?

§1915(i) State plan HCBS Sate: North Dakota State plan Attachment 3.1–i: TN: 20-0010 Page 122 Approved: December 31, 2020 Supersedes: New

Effective: October 1, 2020

	Monitoring	NDDHS Behavioral Health Division
	Responsibilities	
	(Agency or entity that conducts discovery activities)	
	Frequency	Annual
R	emediation	
	Remediation Responsibilities	NDDHS Behavioral Health Division
	(Who corrects, analyzes, and aggregates remediation activities; required timeframes for remediation)	Annual
	Frequency	Annual
	(of Analysis and Aggregation)	

2. Eligibility Requirements: (a) an evaluation for 1915(i) State plan HCBS eligibility is provided to all applicants for whom there is reasonable indication that 1915(i) services may be needed in the future; (b) the processes and instruments described in the approved state plan for determining 1915(i) eligibility are applied appropriately; and (c) the 1915(i) benefit eligibility of enrolled individuals is reevaluated at least annually or if more frequent, as specified in the approved state plan for 1915(i) HCBS.

Requirement	2a. An evaluation for 1915(i) State Plan HCBS eligibility is provided to all individuals for whom there is a reasonable indication that 1915(i) services may be needed in the future.
Discovery	

§1915(i) State plan HCBS Sate: North Dakota State plan Attachment 3.1–i: Page 123

Effective: October 1, 2020 Approved: December 31, 2020 Supersedes: New

TN: 20-0010

	Discovery Evidence (Performance Measure)	The number and percent of participants enrolled within the current month under review, with POC indicating they had an evaluation for 1915(i) eligibility prior to enrollment. N=The number of participants enrolled within the current month, with POCs indicating they had an evaluation for 1915(i) eligibility prior to enrollment D=The total number of POCs of new enrollees reviewed	
	Discovery Activity	Source: A representative sample of the population (95% confidence level with a +/-5 percent margin of error).	
	(Source of Data & sample size)	Sample Size: The sample size will be determined by the "total population". Total Population equals the number of individual participants enrolled in the 1915(i) at the point in time the sample is drawn.	
		The following question will be included on a checklist developed for use in the review of the representative samples: Does the POC indicate an evaluation for 1915(i) eligibility occurred prior to enrollment?	
li	Monitoring	NDDHS Behavioral Health Division	
	Responsibilities	NDDHS Benavioral Health Division	
	(Agency or entity that conducts discovery activities)		
	Frequency	Annual	
R	emediation		
	Remediation Responsibilities	NDDHS Behavioral Health Division	
	(Who corrects, analyzes, and aggregates remediation activities;	Annual	
	required		

Page 124

TN: 20-0010 Effective: October 1, 2020 Approved: December 31, 2020 Supersedes: New

Sate: North Dakota

timeframes for remediation)	
Frequency	Annual
(of Analysis and Aggregation)	

Requirement	2b. The process and instruments described in the approved state plan for determining 1915(i) eligibility are applied appropriately.
Discovery	
Discovery Evidence (Performance Measure)	The number and percent of participant eligibility reviews completed according to the process and instruments described in the state plan amendment. N=The total number of participants' eligibility reviews completed according to the process and instruments described in the state plan amendment. D=The total number of participant's eligibility reviews
Discovery Activity (Source of Data & sample size)	Source: A representative sample of the population (95% confidence level with a +/-5 percent margin of error). Sample Size: The sample size will be determined by the "total population". Total Population equals the number of individual participants enrolled in the 1915(i) at the point in time the sample is drawn. The following question will be included on a checklist developed for use in the review of the representative samples: Does the POC indicate the process and instruments described in the approved state plan for determining 1915(i) eligibility were applied appropriately?
Monitoring Responsibilities (Agency or entity that conducts discovery activities)	NDDHS Behavioral Health Division

Page 125

TN: 20-0010 Effective: October 1, 2020 Approved: December 31, 2020 Supersedes: New

Sate: North Dakota

Frequency	Annual
Remediation	
Remediation Responsibilities	NDDHS Behavioral Health Division
(Who corrects, analyzes, and aggregates remediation activities; required timeframes for remediation)	Annual
Frequency (of Analysis and Aggregation)	Annual

	Requirement	2c. The 1915(i) benefit eligibility of enrolled participants is reevaluated at least annually or if more frequent, as specified in the approved state plan for 1915(i) HCBS.
D	Discovery	
	Discovery Evidence	The number and percent of participants whose eligibility was reviewed within 365 days of their previous eligibility review.
	(Performance Measure)	N=The number of 1915(i) participants whose eligibility was reviewed within 365 days of their previous eligibility review.
		D=The total number of 1915(i) participants whose annual eligibility review was required.
	Discovery	Source: A representative sample of the population (95% confidence level with a +/-5 percent margin of error).
	Activity	
	(Source of Data & sample size)	Sample Size: The sample size will be determined by the "total population". Total Population equals the number of individual participants enrolled in the 1915(i) at the point in time the sample is drawn.

Effective: October 1, 2020 Approved: December 31, 2020 Supersedes: New

Sate: North Dakota

TN: 20-0010

		The following question will be included on a checklist developed for use in the review of the representative samples: Does the POC indicate the participant's eligibility was reviewed within 365 days of their previous eligibility review?
	Monitoring	NDDHS Behavioral Health Division
	Responsibilities	
	(Agency or entity that conducts discovery activities)	
	Frequency	Annual
R	emediation	
	Remediation Responsibilities	NDDHS Behavioral Health Division
	(Who corrects, analyzes, and aggregates remediation activities; required timeframes for remediation)	Annual
	Frequency	Annual
	(of Analysis and Aggregation)	

3. Providers meet required qualifications.

Requirement	3a. Providers meet required qualifications (initially).
Discovery	

Sate: North Dakota \$1915(i) State plan HCBS TN: 20-0010

State plan Attachment 3.1–i: Page 127

Discovery Evidence	Number and percent of service providers who initially met required licensure and/or authorization standards prior to furnishing 1915(i) services.
(Performance Measure)	$N=The\ total\ number\ of\ service\ providers\ who\ met\ required\ qualifications$ prior to furnishing 1915(i) Services.
	$D=The\ total\ number\ of\ 1915(i)\ authorized\ service\ providers.$
Discovery	NDDHS Medical Services Division at time of Provider Enrollment
Activity	100% review
(Source of Dat & sample size)	
Monitoring Responsibiliti	NDDHS Medical Services Division Provider Enrollment Process
Kesponsibiliti	
(Agency or entity that conducts discovery activities)	
Frequency	Initially upon enrollment
Remediation	
Remediation Responsibiliti	NDDHS Medical Services Division Provider Enrollment Process
(Who corrects, analyzes, and aggregates remediation activities;	Annually
required timeframes for remediation)	
Frequency	Annually
(of Analysis an Aggregation)	

§1915(i) State plan HCBS

State plan Attachment 3.1–i: Page 128

Effective: October 1, 2020 Approved: December 31, 2020 Supersedes: New

Sate: North Dakota TN: 20-0010

Requirement	3b. Providers meet required qualifications (ongoing).		
Discovery	Discovery		
Discovery Evidence	The number and percent of reauthorized providers who met required qualifications prior to reauthorization.		
(Performance Measure)	N=The number of 1915(i) providers reauthorized who met required qualifications prior to reauthorization		
	D=The total number of 1915(i) providers reauthorized		
Discovery	NDDHS Medical Services Division Provider Enrollment Process		
Activity	100% review		
(Source of Data & sample size)			
Monitoring	NDDHS Medical Services Division Provider Enrollment Process		
Responsibilities			
(Agency or entity that conducts discovery activities)			
Frequency	5 years at the time of reenrollment.		
Remediation			
Remediation Responsibilities	NDDHS Medical Services Division Provider Enrollment Process		
(Who corrects, analyzes, and aggregates remediation activities; required	Annually		

Effective: October 1, 2020 Approved: December 31, 2020 Supersedes: New

Sate: North Dakota

TN: 20-0010

timeframes for remediation)	
Frequency	Annually
(of Analysis and Aggregation)	

4. Settings meet the home and community-based setting requirements as specified in this SPA and in accordance with 42 CFR 441.710(a)(1) and (2).

Requirement	4a. Settings meet the home and community-based setting requirements as specified in the SPA and in accordance with 42 CFR 441.710(a)(1) and (2).
Discovery	
Discovery Evidence (Performance Measure)	The number and percent of participants whose POC indicate a setting for service delivery that meets the home and community-based settings requirements as specified by this SPA and in accordance with 42 CFR 441.710(a)(1) and (2) prior to enrollment. N=Total number of participants whose residential settings met the home and community-based settings requirement prior to enrollment. D=Total number of POCs reviewed.
Discovery Activity (Source of Data & sample size)	Source: A representative sample of the population (95% confidence level with a +/-5 percent margin of error). Sample Size: The sample size will be determined by the "total population". Total Population equals the number of individual participants enrolled in the 1915(i) at the point in time the sample is drawn. The following questions will be included on a checklist developed for use in the review of the representative samples: 1. Does the POC document the participant resides in and receives services in a compliant community-based setting as specified in the State Plan Amendment and in accordance with 42 CRF 441.710(a)(1) and (2)?
Monitoring	NDDHS Behavioral Health Division

§1915(i) State plan HCBS Sate: North Dakota State plan Attachment 3.1–i: TN: 20-0010

Page 130

Approved: December 31, 2020 Supersedes: New Effective: October 1, 2020

	Responsibilities	
	(Agency or entity that conducts discovery activities)	
	Frequency	Annual
R	emediation	
	Remediation Responsibilities	NDDHS Behavioral Health Division
	(Who corrects, analyzes, and aggregates remediation activities; required timeframes for remediation)	Annual
	Frequency	Annual
	(of Analysis and Aggregation)	

5. The SMA retains authority and responsibility for program operations and oversight.

	Requirement	5a. The SMA retains authority and responsibility for program operations and oversight.
L	Discovery	
	Discovery Evidence	N=Number of annual reports submitted to CMS timely
	(Performance Measure)	D=Number of annual reports due

Sate: North Dakota §1915(i) State plan HCBS TN: 20-0010

Effective: October 1, 2020 Approved: December 31, 2020 Supersedes: New

	Discovery Activity (Source of Data & sample size)	NDDHS Medical Services Division 100%
	Monitoring Responsibilities (Agency or entity that conducts discovery activities)	NDDHS Medical Services Division
R	Frequency emediation	Annually
	Remediation Responsibilities (Who corrects, analyzes, and aggregates remediation activities; required timeframes for remediation)	NDDHS Medical Services Division Annually
	Frequency (of Analysis and Aggregation)	Annually

State plan Attachment 3.1–i:

Page 131

6. The SMA maintains financial accountability through payment of claims for services that are authorized and furnished to 1915(i) participants by qualified providers.

Requirement	6a. The SMA maintains financial accountability through payment of claims for provider managed services that are authorized and furnished to 1915(i) participants by qualified providers.
Discovery	

Sate: North Dakota §1915(i) State plan HCBS TN: 20-0010

15(i) State plan HCBS State plan Attachment 3.1–i: Page 132

	Discovery Evidence	Number and percent of claims for provider managed services paid during the review period according to the service rate.
	(Performance Measure)	N=Number of claims for provider managed services paid during the review period according to the service rate
		D = Number of claims for provider managed services submitted during the review period
	Discovery Activity	Source: A representative sample of the population (95% confidence level with a +/-5 percent margin of error).
	(Source of Data & sample size)	Sample Size: The sample size will be determined by the "total population". Total Population equals the number of individual participants enrolled in the 1915(i) at the point in time the sample is drawn.
ŀ	Monitoring	NDDHS Medical Services Division
	Responsibilities	
	(Agency or entity that conducts discovery activities)	
	Frequency	Annual
Re	mediation	
	Remediation Responsibilities	NDDHS Medical Services Division
	(Who corrects, analyzes, and aggregates remediation activities; required timeframes for remediation)	Annual
┢	Frequency	Annual

Page 133

Effective: October 1, 2020 Approved: December 31, 2020 Supersedes: New

Sate: North Dakota

TN: 20-0010

(of Analysis and Aggregation)	
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7. The state identifies, addresses, and seeks to prevent incidents of abuse, neglect, and exploitation, including the use of restraints.

Requirement	7a. The state identifies, addresses, and seeks to prevent incidents of abuse, neglect, and exploitation, including the use of restraints.
Discovery	
Discovery Evidence (Performance Measure)	The number and percent of POCs with participant's signature indicating they were informed of their rights surrounding abuse, neglect, exploitation, use of restraints and reporting procedures. In case of a state or national emergency where close contact is not allowed, such as with COVID-19, an electronic signature may be accepted. N=Total number of POCs with participant's signature indicating they were informed of their rights surrounding abuse, neglect, exploitation, use of restraints and reporting procedures. D=Total number of 1915(i) participant POCs reviewed.
Discovery Activity (Source of Data & sample size)	Source: A representative sample of the population (95% confidence level with a +/-5 percent margin of error). Sample Size: The sample size will be determined by the "total population". Total Population equals the number of individual participants enrolled in the 1915(i) at the point in time the sample is drawn. The following question will be included on a checklist developed for use in the review of the representative samples: Does the POC contain the participant's signature stating they were informed of their rights surrounding abuse, neglect, exploitation, use of restrains and reporting procedures?
Monitoring Responsibilities	NDDHS Behavioral Health Division

Effective: October 1, 2020 Approved: December 31, 2020 Supersedes: New

er co di	Agency or ntity that onducts iscovery ctivities)	
F	requency	Annual
Rem	ediation	
	demediation desponsibilities	NDDHS Behavioral Health Division
at ag re ac re tir	Who corrects, nalyzes, and ggregates emediation ctivities; equired meframes for emediation)	Annual
(0	requency of Analysis and ggregation)	Annual

System Improvement

(Describe the process for systems improvement as a result of aggregated discovery and remediation activities.)

1. Methods for Analyzing Data and Prioritizing Need for System Improvement

Performance Measures:

NDDHS has develop performance measures for each required sub-assurance. Each performance measure is stated as a metric (number and/or percentage), and specifies a numerator and dominator, ensuring the performance measure:

- is measurable,
- has face validity,
- is based on the correct unit of analysis,
- is based on a representative sample of the population (95% confidence level with a +/-5 percent margin of error,
- provides data specific to the state plan benefit undergoing evaluation,

Effective: October 1, 2020 Approved: December 31, 2020 Supersedes: New

• demonstrates the degree of compliance for each period of data collection, and

• measures the health of the system, as opposed to measuring a beginning step in the process.

Discovery and Remediation

NDDHS will review a representative sample of the population (95% confidence level with a +/-5 percent margin of error), generated by NDDHS Decision Support Team.

Sample Size: The sample size will be determined by the "total population". Total Population equals the number of individual participants enrolled in the 1915(i) at the point in time the sample is drawn.

In addition, NDDHS will create a checklist containing the Performance Measures 1a, b, c, d; 2a, b, c; 4a; 7a; contained in this section and will require the Care Coordination providers to use this checklist to self-monitor their work by completing reviews of their POCs and files. The NDDHS will also develop a Reporting Template for the Care Coordination provider to report their findings following their reviews. This "self-monitoring" component completed by the provider will be in addition to the reviews completed by the NDDHS. This self-monitoring will complement the NDDHS monitoring process, rather than replace it.

2. Roles and Responsibilities

Sate: North Dakota TN: 20-0010

§1915(i) State plan HCBS

State plan Attachment 3.1-i:

Page 136

Effective: October 1, 2020

Approved: December 31, 2020 Supersedes: New

The NDDHS Behavioral Health Division is accountable for addressing individual problems for and relating to Measures 1, 2, 4 & 7 listed above. and will correct identified problems by providing training, clarify policy or other system improvement methods. Upon discovery of an issue, the Behavioral Health Division will contact the care coordinator or Zone to resolve the issue through training, policy clarification or other improvement measures. Issues and solutions are documented in an excel spreadsheet or a web-based system by the Behavioral Health Division staff.

The Medical Services Division is accountable for addressing provider-related issues relating to, Measures 3, 5 & 6 listed above and will correct identified problems. Remediation efforts may include changes in provider education, training, policy, and sanctions as allowed under NDAC Chapter 75-02-05 Provider Integrity; 75-02-05 Grounds for sanctioning providers. Issues and solutions are documented by the appropriate Medical Services Division staff. The state maintains documentation that tracks policy changes, recouped funds and terminations.

The state's approach to addressing measures below 86% compliance according to 2014 Quality reporting Guidelines include:

- A checklist will be developed and used for the review of the representative samples.
- Findings of the data collection efforts will be analyzed, and the need for system change identified.
- NDDHS Medical Services Division and Behavioral Health Division will meet monthly to evaluate the quality, efficiency and effectiveness of the 1915(i) SPA.
- The Behavioral Health Division is accountable for addressing compliance issues relating to Measures 1, 2, 4, & 7; and the Medical Services Division is accountable for addressing compliance issues relating to Measures 3, 5, & 6.

3. Frequency

Annually	

Effective: October 1, 2020 Approved: December 31, 2020 Supersedes: New

4. Method for Evaluating Effectiveness of System Changes

For performance measures trending near or below 85%, NDDHS Behavioral Health and Medical Services Divisions will discuss and plan quality improvement strategies (QIS). After the QIS has been implemented, performance measure data will be reviewed quarterly to ensure data is trending toward desired outcomes. Participant health, welfare, and safety will be prioritized above all else.

When data analysis reveals the need for system change, NDDHS will reconvene to revise QIS until success is achieved. Effectiveness of the Quality Improvement Process will be measured through progress towards 1915(i) system goals.

Effective: October 1, 2020 Approved: December 31, 2020 Supersedes: New

Methods and Standards for Establishing Payment Rates

1. Services Provided Under Section 1915(i) of the Social Security Act. For each optional service, describe the methods and standards used to set the associated payment rate. (Check each that applies, and describe methods and standards to set rates):

The agency's fee schedule rates for all of the following services will be set as of October 1, 2020 and will be effective for services provided on or after that date. The rates will be published at the State's website, http://www.nd.gov/dhs/services/medicalserv/medicaid/provider-fee-schedules.html

•	HCBS 1915(c) Case Management
	Care Coordination is a 15-minute unit rate.
	The rates were established by comparing the services to similar covered Medicaid services. Medicaid will pay the lower of billed charges or fee schedule established by the state agency.
	Payment to private and non-state governmental providers will be based on the lower of billed charges or the fee schedule established by the state agency.
	Payment to state government providers will be based on the cost of delivery of the services on a prospective basis as determined by the single state agency from cost data submitted annually by state government providers. Allowable costs will be determined in accordance with the Medicare Provider Reimbursement Manual.
	HCBS Homemaker
	HCBS Home Health Aide
	HCBS Personal Care
	HCBS Adult Day Health
	HCBS Habilitation
•	HCBS Respite Care
	The rates were established by comparing the services to similar covered Medicaid services. Medicaid will pay the lower of billed charges or fee schedule established by
	the state agency.
	Payment to private and non-state governmental providers will be based on the lower of billed charges or the fee schedule established by the state agency.
	Payment to state government providers will be based on the cost of delivery of the services on a prospective basis as determined by the single state agency from cost data

submitted annually by state government providers. Allowable costs will be determined in accordance with the Medicare Provider Reimbursement Manual.
Other Services (specify below)
Peer Support - The rates were established by comparing the services to similar covered Medicaid services. Medicaid will pay the lower of billed charges or fee schedule established by the state agency.
Payment to private and non-state governmental providers will be based on the lower of billed charges or the fee schedule established by the state agency.
Payment to state government providers will be based on the cost of delivery of the services on a prospective basis as determined by the single state agency from cost data submitted annually by state government providers. Allowable costs will be determined in accordance with the Medicare Provider Reimbursement Manual.
Housing Supports - The rates were established by comparing the services to similar covered Medicaid services. Medicaid will pay the lower of billed charges or fee schedule established by the state agency.
Payment to private and non-state governmental providers will be based on the lower of billed charges or the fee schedule established by the state agency.
Payment to state government providers will be based on the cost of delivery of the services on a prospective basis as determined by the single state agency from cost data submitted annually by state government providers. Allowable costs will be determined in accordance with the Medicare Provider Reimbursement Manual.
Supported Employment - The rates were established by comparing the services to similar covered Medicaid services. Medicaid will pay the lower of billed charges or fee schedule established by the state agency.
Payment to private and non-state governmental providers will be based on the lower of billed charges or the fee schedule established by the state agency.
Payment to state government providers will be based on the cost of delivery of the services on a prospective basis as determined by the single state agency from cost data submitted annually by state government providers. Allowable costs will be determined in accordance with the Medicare Provider Reimbursement Manual.
Training and Supports for Unpaid Caregivers - The rates were established by comparing the services to similar covered Medicaid services. Medicaid will pay the lower of billed charges or fee schedule established by the state agency. There are two parts to this service and a separate rate for each. Provision of this service is available as:

Effective: October 1, 2020 Approved: December 31, 2020 Supersedes: New

State: North Dakota

TN: 20-0010

1) Rate #1: A service based on a unit rate for one-on-one or group training and support by an approved service provider, i.e. parent aide, mental health technician, etc., as identified in the Provider Qualifications below, and; and

2) Rate #2: A service that reimburses for the costs of registration/conference training fees, books and supplies associated with the training and support needs. Note: The daily maximum applicable to the unit service rate #1 above is not applicable to this non-hourly, reimbursement of cost of training service rate #2. For example, the unpaid caregiver may be approved to attend a conference to receive training on how to address her child's behaviors. It does not matter if the conference is 12 hours per day and exceeds the maximum hours limit of rate #1, as only the cost of the actual training is reimbursed to the care giver for their attendance at the training.

Payment to private and non-state governmental providers will be based on the lower of billed charges or the fee schedule established by the state agency.

Payment to state government providers will be based on the cost of delivery of the services on a prospective basis as determined by the single state agency from cost data submitted annually by state government providers. Allowable costs will be determined in accordance with the Medicare Provider Reimbursement Manual.

Non-Medical Transportation - The rates were established by comparing the services to similar covered Medicaid services. Medicaid will pay the lower of billed charges or fee schedule established by the state agency.

Rate: Unit Rate – Driver with Vehicle – This code is limited to a flat rate per round-trip of one (1) unit.

Payment to private and non-state governmental providers will be based on the lower of billed charges or the fee schedule established by the state agency.

Payment to state government providers will be based on the cost of delivery of the services on a prospective basis as determined by the single state agency from cost data submitted annually by state government providers. Allowable costs will be determined in accordance with the Medicare Provider Reimbursement Manual.

Community Transition Services - The rates were established by comparing the services to similar covered Medicaid services. Medicaid will pay the lower of billed charges or fee schedule established by the state agency.

Payment to private and non-state governmental providers will be based on the lower of billed charges or the fee schedule established by the state agency.

Payment to state government providers will be based on the cost of delivery of the services on a prospective basis as determined by the single state agency from cost data submitted annually by state government providers. Allowable costs will be determined in accordance with the Medicare Provider Reimbursement Manual.

Effective: October 1, 2020 Approved: December 31, 2020 Supersedes: New

Supported Education - The rates were established by comparing the services to similar covered Medicaid services. Medicaid will pay the lower of billed charges or fee schedule established by the state agency.

Payment to private and non-state governmental providers will be based on the lower of billed charges or the fee schedule established by the state agency.

Payment to state government providers will be based on the cost of delivery of the services on a prospective basis as determined by the single state agency from cost data submitted annually by state government providers. Allowable costs will be determined in accordance with the Medicare Provider Reimbursement Manual.

Pre-Vocational Training - The rates were established by comparing the services to similar covered Medicaid services. Medicaid will pay the lower of billed charges or fee schedule established by the state agency.

Payment to private and non-state governmental providers will be based on the lower of billed charges or the fee schedule established by the state agency.

Payment to state government providers will be based on the cost of delivery of the services on a prospective basis as determined by the single state agency from cost data submitted annually by state government providers. Allowable costs will be determined in accordance with the Medicare Provider Reimbursement Manual.

Benefits Planning - The rates were established by comparing the services to similar covered Medicaid services. Medicaid will pay the lower of billed charges or fee schedule established by the state agency.

Payment to private and non-state governmental providers will be based on the lower of billed charges or the fee schedule established by the state agency.

Payment to state government providers will be based on the cost of delivery of the services on a prospective basis as determined by the single state agency from cost data submitted annually by state government providers. Allowable costs will be determined in accordance with the Medicare Provider Reimbursement Manual.

§1915(i) State plan HCBS

State plan Attachment 2.2-A:

Page 28

TN: Effective: July 1, 2020 Approved: December 31, 2020 Supersedes: New

Groups Covered

Optional Groups other than the Medically Needy

State: ND

In addition to providing State plan HCBS to individuals described in 1915(i)(1), the state may **also** cover the optional categorically needy eligibility group of individuals described in 1902(a)(10)(A)(ii)(XXII) who are eligible for HCBS under the needs-based criteria established under 1915(i)(1)(A) and have income that does not exceed 150% of the FPL, or who are eligible for HCBS under a waiver approved for the state under Section 1915(c), (d) or (e) or Section 1115 (even if they are not receiving such services), and who do not have income that exceeds 300% of the supplemental security income benefit rate. See 42 CFR § 435.219. (*Select one*):

• No. Does not apply. State does not cover optional categorically needy groups.

Yes. State covers the following optional categorically needy groups. (Select all that apply):

(a) Individuals not otherwise eligible for Medicaid who meet the needs-based criteria of the 1915(i) benefit, have income that does not exceed 150% of the federal poverty level, and will receive 1915(i) services. There is no resource test for this group. Methodology used: (Select one):
☐ SSI. The state uses the following less restrictive 1902(r)(2) income disregards for this group. (<i>Describe</i> , <i>if any</i>):
OTHER (describe):
(b) Individuals who are eligible for home and community-based services under a waiver approved for the State under section 1915(c), (d) or (e) (even if they are not receiving such services), and who do not have income that exceeds 300% of the supplemental security income benefit rate. Income limit: (<i>Select one</i>):
□ 300% of the SSI/FBR
□ Less than 300% of the SSI/FBR (<i>Specify</i>):%

State: ND \$1915(i) State plan HCBS State plan Attachment 2.2-A: Page 29

Effective: July 1, 2020 Approved: December 31, 2020 Supersedes: New

Specify the applicable 1915(c), (d), or (e) waiver or waivers for which
these individuals would be eligible: (Specify waiver name(s) and
mumber(s)):

(c) \square Individuals eligible for 1915(c), (d) or (e) -like services under an approved 1115 waiver. The income and resource standards and methodologies are the same as the applicable approved 1115 waiver.

Specify the 1115 waiver demonstration or demonstrations for which these individuals would be eligible. (Specify demonstration name(s) and number).