

---

## **Table of Contents**

**State/Territory Name: Maine**

**State Plan Amendment (SPA) #: ME 20-0011**

This file contains the following documents in the order listed:

- 1) Approval Letter
- 2) CMS 179 Form/Summary Form
- 3) Approved SPA Pages

**DEPARTMENT OF HEALTH & HUMAN SERVICES**

Centers for Medicare & Medicaid Services  
601 E. 12th St., Room 355  
Kansas City, Missouri 64106



Medicaid and CHIP Operations Group

---

April 28, 2021

**VIA E-MAIL**

Michelle Probert, Director  
Office of MaineCare Services  
Department of Health and Human Services  
109 Capitol Street, 11 State House Station  
Augusta, Maine 04333-0011

Dear Ms. Probert:

Enclosed is an approved copy of the Maine State Plan Amendment (SPA) 20-0011, received on September 30, 2020 regarding the addition of coverage and reimbursement for three evidence-based parenting programs for children with disruptive behavior disorders. The effective date for this SPA is August 19, 2020, as requested by your agency.

If you have questions concerning this letter, please contact Gilson DaSilva, Division of Program Operations (South Branch) at (617) 565-1227 or via e-mail at [Gilson.dasilva@cms.hhs.gov](mailto:Gilson.dasilva@cms.hhs.gov).

Sincerely,



James G. Scott, Director  
Division of Program Operations

cc: Kristin Merrill, State Plan Manager, Office of MaineCare Services

**TRANSMITTAL AND NOTICE OF APPROVAL OF  
STATE PLAN MATERIAL  
FOR: CENTERS FOR MEDICARE & MEDICAID SERVICES**

1. TRANSMITTAL NUMBER  
**20 - 0011**

2. STATE  
**Maine**

3. PROGRAM IDENTIFICATION: TITLE XIX OF THE SOCIAL SECURITY ACT (MEDICAID)

TO: REGIONAL ADMINISTRATOR  
CENTERS FOR MEDICARE & MEDICAID SERVICES  
DEPARTMENT OF HEALTH AND HUMAN SERVICES

4. PROPOSED EFFECTIVE DATE  
**08/19/2020**

5. TYPE OF PLAN MATERIAL (*Check One*)

NEW STATE PLAN

AMENDMENT TO BE CONSIDERED AS NEW PLAN

AMENDMENT

COMPLETE BLOCKS 6 THRU 10 IF THIS IS AN AMENDMENT (*Separate transmittal for each amendment*)

6. FEDERAL STATUTE/REGULATION CITATION  
**42 CFR 447 SUBPART B**

7. FEDERAL BUDGET IMPACT

a. FFY **2021 2020** \$ ~~362,520~~ **Zero**  
b. FFY **2022 2021** \$ ~~604,199~~ **362,520**

8. PAGE NUMBER OF THE PLAN SECTION OR ATTACHMENT  
**ATTACHMENT 4.19-B, PAGE 4(a)(iv)(1)  
Attachment 3.1-A, Page 5(a)(iv)(i)**

9. PAGE NUMBER OF THE SUPERSEDED PLAN SECTION OR ATTACHMENT (*If Applicable*)  
**NEW**

10. SUBJECT OF AMENDMENT

**Addition of three behavioral therapies for disruptive behavior disorders.**

11. GOVERNOR'S REVIEW (*Check One*)

GOVERNOR'S OFFICE REPORTED NO COMMENT

OTHER, AS SPECIFIED

COMMENTS OF GOVERNOR'S OFFICE ENCLOSED

NO REPLY RECEIVED WITHIN 45 DAYS OF SUBMITTAL

12. SIGNATURE OF STATE AGENCY OFFICIAL



16. RETURN TO

**Michelle Probert  
Director, MaineCare Services  
#11 State House Station  
109 Capitol Street  
Augusta, Maine 04333-0011**

13. TYPED NAME

**Michelle Probert**

14. TITLE

**Director, MaineCare Services**

15. DATE SUBMITTED

**9/30/2020**

**FOR REGIONAL OFFICE USE ONLY**

17. DATE RECEIVED

09/30/2020

18. DATE APPROVED

04/22/2021

**PLAN APPROVED - ONE COPY ATTACHED**

19. EFFECTIVE DATE OF APPROVED MATERIAL

08/19/2020

20. SIGNATURE OF REGIONAL OFFICIAL



21. TYPED NAME

James G. Scott

22. TITLE

Director, Division of Program Operations

23. REMARKS

11/19/2020 - State agreed to pen-and-ink changes to Box 7 to correct the fiscal impact figures.

STATE PLAN UNDER TITLE XIX OF THE SOCIAL SECURITY ACT

---

STATE: Maine

Attachment 3.1-A

Page 5(a)(iv)(i)

AMOUNT, DURATION AND SCOPE OF MEDICAL AND REMEDIAL CARE  
AND SERVICES PROVIDED TO THE CATEGORICALLY NEEDY

---

**iii. Behavioral Therapies for Disruptive Behavior Disorders**

Behavioral Therapies for Disruptive Behavior Disorders are validated, evidence-based services designed to strengthen and support positive attachments between the parent(s) and their child with the goal of supporting the child to better manage his or her disruptive behavior. The programs utilize assessments, treatment planning, and family and group therapy sessions targeting child-parent/caregiver attachment, increasing positive behaviors, decreasing challenging behaviors, and teaching emotional self-regulation with the goal of increasing child behavior and family functioning. Services are recommended by a licensed practitioner of the healing arts and are delivered by Behavioral Health Professionals and licensed clinicians as the models allow. Services are for the benefit of the child.

Behavioral therapies to treat behavioral disorders are available to all children under age 21 who meet the medical necessity criteria for the service. Comparable services are available to children who do not meet the medical necessity criteria for the service.

TN No.: 20-0011

APPROVAL DATE: **04/22/2021**

EFFECTIVE DATE: 8/19/2020

Supersedes  
TN No.: NEW

**STATE PLAN UNDER TITLE XIX OF THE SOCIAL SECURITY ACT**

STATE: Maine

Supplement 1 to Attachment 4.19-B

Page 4(a)(iv)(1)

METHODS AND STANDARDS FOR ESTABLISHING PAYMENT RATES –  
OTHER TYPES OF CARE

**iii. Behavioral Therapies for Disruptive Behavior Disorders:**

<b>CODE</b>	<b>MOD 1</b>	<b>MOD 2</b>	<b>MOD 3</b>	<b>UNIT</b>	<b>DESCRIPTION</b>	<b>RATE</b>
T1027	HA			¼ hour	Triple P 1:1	\$21.42
T1027	HA	HQ	UN	¼ hour	Triple P – Group 2-4 members	\$10.99
T1027	HA	HQ	UR	¼ hour	Triple P – Group 5-7 members	\$4.61
T1027	HA	HQ	US	¼ hour	Triple P – Group 8+ members	\$2.97
T1027	TJ	HQ	UN	¼ hour	Incredible Years – Group 2-4 members	\$12.51
T1027	TJ	HQ	UR	¼ hour	Incredible Years – Group 5-7 members	\$5.22
T1027	TJ	HQ	US	¼ hour	Incredible Years – Group 8+ members	\$3.38
T1027	HO			¼ hour	Parent-Child Interaction Therapy (PCIT) 1:1	\$23.94