

## **Table of Contents**

**State/Territory Name: Illinois**

**State Plan Amendment (SPA) #: 24-0005**

This file contains the following documents in the order listed:

- 1) Approval Letter
- 2) CMS Form 179
- 3) Approved SPA Pages

**DEPARTMENT OF HEALTH & HUMAN SERVICES**

Centers for Medicare & Medicaid Services

601 E. 12th St., Room 355

Kansas City, Missouri 64106



Medicaid and CHIP Operations Group

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June 10, 2024

Elizabeth Whitehorn

Director

Illinois Department of Healthcare and Family Services

201 South Grand Avenue East

3rd Floor

Springfield, IL 62763-0001

Re: Illinois State Plan Amendment (SPA) 24-0005

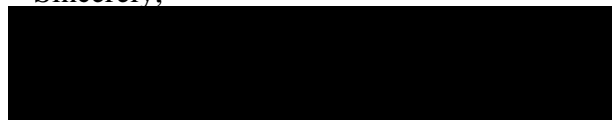
Dear Director Whitehorn:

The Centers for Medicare & Medicaid Services (CMS) reviewed your Medicaid State Plan Amendment (SPA) submitted under transmittal number (TN) 24-0005. This SPA proposes to add coverage for perinatal doula services delivered by certified doulas.

We conducted our review of your submittal according to statutory requirements in Title XIX of the Social Security Act and implementing regulations. This letter is to inform you that Illinois Medicaid SPA 24-0005 was approved on June 10, 2024, with an effective date of February 1, 2024.

If you have any questions, please contact Courtenay Savage at 312-353-3721 or via email at [Courtenay.Savage@cms.hhs.gov](mailto:Courtenay.Savage@cms.hhs.gov).

Sincerely,



James G. Scott, Director  
Division of Program Operations

Enclosures

cc: Kelly Cunningham

Annet Godiksen

Kati Hinshaw

**TRANSMITTAL AND NOTICE OF APPROVAL OF  
STATE PLAN MATERIAL  
FOR: CENTERS FOR MEDICARE & MEDICAID SERVICES**

1. TRANSMITTAL NUMBER

2 4 — 0 0 0 5

2. STATE

I L3. PROGRAM IDENTIFICATION: TITLE OF THE SOCIAL  
SECURITY ACT

XIX



XXI

TO: CENTER DIRECTOR  
CENTERS FOR MEDICAID & CHIP SERVICES  
DEPARTMENT OF HEALTH AND HUMAN SERVICES

4. PROPOSED EFFECTIVE DATE

February 1, 2024

5. FEDERAL STATUTE/REGULATION CITATION

42 CFR 440.130(c)

6. FEDERAL BUDGET IMPACT (Amounts in WHOLE dollars)

a. FFY 2024 \$ 6,000,000b. FFY 2025 \$ 9,000,000

7. PAGE NUMBER OF THE PLAN SECTION OR ATTACHMENT

Appendix to Attachment 3.1-A, page 13(A)(5) (new page)  
Attachment 4.19-B, Introduction page 1 and page 48(1) (new page)8. PAGE NUMBER OF THE SUPERSEDED PLAN SECTION  
OR ATTACHMENT (If Applicable)

Attachment 4.19-B, Introduction page 1

9. SUBJECT OF AMENDMENT

Coverage of doula services

10. GOVERNOR'S REVIEW (Check One)



GOVERNOR'S OFFICE REPORTED NO COMMENT



COMMENTS OF GOVERNOR'S OFFICE ENCLOSED



NO REPLY RECEIVED WITHIN 45 DAYS OF SUBMITTAL



OTHER, AS SPECIFIED:

11. SIGNATURE OF STATE AGENCY OFFICIAL

12. TYPED NAME  
Kelly Cunningham13. TITLE  
Medicaid Administrator14. DATE SUBMITTED  
January 18, 2024

15. RETURN TO

Department of Healthcare and Family Services  
Bureau of Program and Policy Coordination  
Attn: Kati Hinshaw  
201 South Grand Avenue East  
Springfield, IL 62763-0001**FOR CMS USE ONLY**16. DATE RECEIVED  
January 18, 202417. DATE APPROVED  
June 10, 2024**PLAN APPROVED - ONE COPY ATTACHED**18. EFFECTIVE DATE OF APPROVED MATERIAL  
February 1, 202420. TYPED NAME OF APPROVING OFFICIAL  
James G. Scott

21. TITLE OF APPROVING OFFICIAL

Director, Division of Program Operations

22. REMARKS

STATE PLAN UNDER TITLE XIX OF THE SOCIAL SECURITY ACT

State: Illinois

AMOUNT, DURATION, AND SCOPE OF MEDICAL AND REMEDIAL CARE AND SERVICES TO THE  
CATEGORICALLY NEEDY

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02/24 13c. Preventive Services – Doula Services

- A. **Service Description.** Doula services provide support for pregnant individuals throughout the perinatal period and up to 12 months postpartum, regardless of how the pregnancy ends. Pursuant to 42 C.F.R. Section 440.130(c), doula services are provided as preventive services and must be recommended by a physician or other licensed practitioner of the healing arts within their scope of practice under state law to prevent perinatal complications and/or promote the physical and mental health of the beneficiary.

Doulas support the pregnant individual throughout the pregnancy, childbirth, and postpartum experience, with the goal of improving outcomes for birthing people and infants. Doula services include the following components:

1. Perinatal counseling, education, and support services, including newborn care, to prevent adverse outcomes;
  2. Labor support and attendance at delivery, including development of a birth plan;
  3. Coordination with community-based services, to improve beneficiary outcomes;
  4. Accompanying the pregnant/birthing individual to a clinician visit;
  5. Emotional and physical support; and,
  6. Visits to provide basic infant care.
- B. **Qualified Provider Specifications.** Doula services shall be provided by qualified individuals who are at least 18 years of age and who are certified as a doula by an HFS-designated state certifying entity.



State: Illinois

STATE PLAN UNDER TITLE XIX OF THE *SOCIAL SECURITY ACT***METHODS AND STANDARDS FOR ESTABLISHING PAYMENT RATES—  
OTHER TYPE OF CARE—BASIS FOR REIMBURSEMENT****Effective dates for Reimbursement Rates for Specified Services:**

Reimbursement rates for the services listed in this introductory section are effective for services provided on or after that date. Reimbursement is made at the lesser of the usual and customary charge to the general public or the statewide maximum established by the Department. Except as otherwise noted in the plan, state-developed fee schedule rates are the same for both governmental and private providers.

All rates are published on the Department's reimbursement webpage located at:  
<https://hfs.illinois.gov/medicalproviders/medicaidreimbursement.html>.

Service	Attachment 4.19-B Reference	Applicable Fee Schedule	Effective Date of Fee Schedule
Other Laboratory & X-Ray Services	p. 33	Practitioner	January 1, 2024
Physician's Services	p. 33-33C	Practitioner	January 1, 2024
Podiatric Services	p. 34	Podiatric	January 1, 2024
Speech, Occupational, & Physical Therapy Services	p. 35	Therapy Providers	January 1, 2024
Audiology Services	p. 35	Audiologist	January 1, 2021
Prosthetic Devices	p. 35	Durable Medical Equipment	January 1, 2024
Medical Supplies & Equipment	p. 35A	Durable Medical Equipment	January 1, 2024
Transportation Services	p. 35A	Transportation	January 1, 2024
Family Planning Services	p. 35B	Family Planning	November 30, 2022
EPSDT, Healthy Kids Services	p. 35B	Practitioner	January 1, 2024
EPSDT, In-Home Shift Nursing Services	p. 35C	Home Health	January 1, 2024
Screening Services	p. 48	Practitioner	January 1, 2024
Preventive Services, Adaptive Behavior Support	p. 48	Adaptive Behavior Support	October 1, 2021
Preventive Services, Doula Services	p. 48(1)	Doula	February 1, 2024

Payment methodologies are listed in the Attachment 4.19-B, Methods and Standards for Establishing Payment Rates, pages that follow.

STATE PLAN UNDER TITLE XIX OF THE SOCIAL SECURITY ACT

State: Illinois

**A METHODS AND STANDARDS FOR ESTABLISHING PAYMENT RATES—  
OTHER TYPE OF CARE—BASIS FOR REIMBURSEMENT**

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02/24

- C. Doula Services. For services found under Appendix to Attachment 3.1-A, Doula Services, the state pays the lesser of: 1) provider charges, or 2) the maximum fee schedule rate for doula services. Except as otherwise noted in the plan, state-developed fee schedule rates are the same for both governmental and private providers of doula services. The agency's fee schedule rates were set as of the date on the Attachment 4.19-B Introduction Page and are published at: <https://hfs.illinois.gov/medicalproviders/medicaidreimbursement.html>.
- a. Doulas are eligible to receive quality incentive payments for improving the delivery of follow-up postpartum care.
- i. A \$50 quality incentive payment will be made when the doula facilitates and attends a postpartum visit with a practitioner in support of the birthing parent. Doula will receive a separate \$50 quality incentive payment if they facilitate and attend a second postpartum visit in support of the birthing parent.
  - ii. A separate \$50 quality incentive payment will be made when the doula facilitates and attends the first newborn visit with a practitioner in support of the birthing parent.