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State/Territory Name: Hawaii

State Plan Amendment (SPA) #: 24-0002

This file contains the following documents in the order listed:

- 1) Approval Letter
- 2) CMS Form 179
- 3) Approved SPA Pages

DEPARTMENT OF HEALTH & HUMAN SERVICES

Centers for Medicare & Medicaid Services
601 E. 12th St., Room 355
Kansas City, Missouri 64106



Medicaid and CHIP Operations Group

July 8, 2025

Dr. Judy Mohr Peterson
State of Hawaii Department of Human Services
Office of the Director
PO Box 339
Honolulu, HI 96809-0339

Re: Hawaii State Plan Amendment (SPA) – 24-0002

Dear Dr. Mohr Peterson:

The Centers for Medicare & Medicaid Services (CMS) reviewed your Medicaid State Plan Amendment (SPA) submitted under transmittal number (TN) 24-0002. This amendment proposes to add coverage of diabetes prevention services.

We conducted our review of your submittal according to statutory requirements in Title XIX of the Social Security Act and implementing regulations. This letter informs you that Hawaii Medicaid SPA TN 24-0002 was approved on July 7, 2025, with an effective date of July 1, 2024.

Enclosed are copies of Form CMS-179 and approved SPA pages to be incorporated into the Hawaii State Plan.

If you have any questions, please contact Brian Zolynas at (206) 615-2742 or via email at Brian.Zolynas@cms.hhs.gov.

Sincerely,

Ruth A. Hughes, Acting Director
Division of Program Operations

Enclosures

cc: Jodeen Enesa
Edie Mayeshiro

**TRANSMITTAL AND NOTICE OF APPROVAL OF
STATE PLAN MATERIAL
FOR: CENTERS FOR MEDICARE & MEDICAID SERVICES**

1. TRANSMITTAL NUMBER

2 4 — 0 0 0 2

2. STATE

HI

3. PROGRAM IDENTIFICATION: TITLE OF THE SOCIAL

SECURITY ACT

☒ XIX☐ XXI

TO: CENTER DIRECTOR

CENTERS FOR MEDICAID & CHIP SERVICES

DEPARTMENT OF HEALTH AND HUMAN SERVICES

4. PROPOSED EFFECTIVE DATE

07/01/2024

5. FEDERAL STATUTE/REGULATION CITATION

1905(a)(13) Title XIX of the Social Security Act

6. FEDERAL BUDGET IMPACT (Amounts in WHOLE dollars)

a. FFY 2024\$ 0b. FFY 2025\$ 0

7. PAGE NUMBER OF THE PLAN SECTION OR ATTACHMENT

Supplement to Attachment 3.1-A and 3.1-B pg. 4b-4cAttachment 4.19-B pg. 1.2Attachment 4.19-B pg. 1.38. PAGE NUMBER OF THE SUPERSEDED PLAN SECTION
OR ATTACHMENT (If Applicable)Supplement to Attachment 3.1-A and 3.1-B pg. 4bAttachment 4.19-B pg. 1.2

9. SUBJECT OF AMENDMENT

Diabetes Prevention Program-coverage of diabetes prevention services as outlined in the Centers for Disease Control and Prevention (CDC)-recognized National Diabetes Prevention Program (NDPP).

10. GOVERNOR'S REVIEW (Check One)



GOVERNOR'S OFFICE REPORTED NO COMMENT



COMMENTS OF GOVERNOR'S OFFICE ENCLOSED



NO REPLY RECEIVED WITHIN 45 DAYS OF SUBMITTAL



OTHER, AS SPECIFIED:

11. SIGNATURE OF STATE AGENCY OFFICIAL

12. TYPED NAME

Judy Mohr Peterson, PhD

13. TITLE

Med-QUEST Administrator

14. DATE SUBMITTED

05/31/24

15. RETURN TO

State of Hawaii

Department of Human Services

Office of the Director

P.O. Box 339

Honolulu, Hawaii 96809-0339

FOR CMS USE ONLY

16. DATE RECEIVED

May 31, 2024

17. DATE APPROVED

July 7, 2025**PLAN APPROVED - ONE COPY ATTACHED**

18. EFFECTIVE DATE OF APPROVED MATERIAL

July 1, 2024

19. SIGNATURE OF APPROVING OFFICIAL

20. TYPED NAME OF APPROVING OFFICIAL

Ruth A. Hughes

21. TITLE OF APPROVING OFFICIAL

Acting Director, Division of Program Operations

22. REMARKS

State authorized pen and ink changes to Boxes 5, 7, and 8 on 7/25/2024.

Members can concurrently receive curative services, and those services are paid separately.

V. Qualifications of Providers

Palliative care is provided by healthcare providers that are legally authorized to deliver healthcare services by the State of Hawaii.

Palliative care is provided by a team of healthcare professionals and paraprofessionals with a range of skills to treat individuals with serious illnesses. The credentials and/or criteria for required members of the palliative care team are established by the State. The team members are described in Supplement 4 to Attachment 3.1-A and 3.1-B.

VI. Freedom of Choice

The State assures that the provision of community palliative care services will not restrict an individual's free choice of providers in Violation of Section 1902(a) (23) of the Act.

8. Diabetes Prevention Program (DPP)

Effective 07/01/2024, Medicaid will cover Diabetes Prevention Program (DPP) services in the delivery mode as outlined in the Centers for Disease Control and Prevention (CDC)-recognized National Diabetes Prevention Program (NDPP). The NDPP is an evidence-based, educational and support program designed to assist at-risk individuals from developing Type 2 diabetes. DPP services are medically necessary services recommended by a physician or other licensed practitioner of the healing arts to prevent or delay the onset of Type 2 diabetes for beneficiaries with indications of pre-diabetes in accordance with 42. CFR 440.130(c).

DPP services provide a variety of behavioral and nutritional interventions identified under evidence-based and/or nationally recognized organizations specializing in disease control and prevention.

Medically necessary DPP services are provided on a regular, periodic, or ongoing basis based upon individual measurable outcomes over the course of one year. Individuals are eligible for additional ongoing maintenance sessions on an annual basis based on measurable outcomes and medical necessity criteria. DPP service sessions are individual or group settings and include:

- Nutritional and behavioral counseling
- Physical and fitness assessments and counseling

A DPP service provider must be an organization enrolled in Hawaii Medicaid (HOKU) and obtain full recognition from the Centers for Disease Control and Prevention (CDC) for DPP. DPP services providers use Lifestyle Coaches to deliver DPP services. Lifestyle Coaches may be

- A physician,
- Licensed non-physician practitioner such as registered nurses, registered dietitians, or
- An unlicensed person who has received formal training on CDC-approved curriculum and is recognized as having met the NDPP requirements specified in the CDC's Diabetes Prevention Recognition Program (DPRP) standards and guidelines.

For DPP services rendered by unlicensed Lifestyle Coaches, the licensed supervising Medicaid provider shall assume professional liability and ensure services are rendered within scope of practice in accordance of State law.

Comparable services may be provided to children under the age of 21, pursuant to EPSDT.

- 13d. Rehabilitation services, except as otherwise provided under this subpart, includes any medical and remedial services recommended by a physician or licensed practitioner of the healing arts, within their scope of practice under State law, for maximum reduction of physical or mental disability and restoration of a beneficiary to their best possible functional level.

TN No. 24-0002
Supersedes
TN No. NEW

Approval Date: July 7, 2025

Effective Date: July 1, 2024

(1) Diabetes Prevention Services

Effective 02/01/2024, the Medicaid rate for National Diabetes Prevention Program (NDPP) services will be in accordance with the Hawaii Medicaid Fee Schedule.

The Hawaii Medicaid Fee schedule is located at <https://medquest.hawaii.gov/en/plans-providers/fee-for-service/fee-schedules.html>.

TN No.
Supersedes
TN No.

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