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State/Territory Name: Colorado

State Plan Amendment (SPA) #: 24-0033

This file contains the following documents in the order listed:

- 1) Approval Letter
- 2) CMS Form 179
- 3) Approved SPA Pages

DEPARTMENT OF HEALTH & HUMAN SERVICES
Centers for Medicare & Medicaid Services
601 E. 12th St., Room 355
Kansas City, Missouri 64106



Medicaid and CHIP Operations Group

November 19, 2024

Adela Flores-Brennan
State Medicaid Director
Colorado Department of Health Care
Policy and Financing
303 E. 17th Avenue, Suite 1100
Denver, CO 80203

Re: Colorado State Plan Amendment (SPA) 24-0033

Dear Adela Flores-Brennan:

The Centers for Medicare & Medicaid Services (CMS) reviewed your Medicaid State Plan Amendment (SPA) submitted under transmittal number (TN) 24-0033. This amendment proposes to establish specific guidelines and limitations for the Intensive Outpatient Program (IOP) substance use disorder services.

We conducted our review of your submittal according to statutory requirements in Title XIX of the Social Security Act. This letter informs you that Colorado Medicaid SPA TN 24-0033 was approved on November 19, 2024, with an effective date of September 1, 2024.

Enclosed are copies of Form CMS-179 and approved SPA pages to be incorporated into the Colorado State Plan.

If you have any questions, please contact Helenita Augustus at (410) 786-8902 or via email at Helenita.Augustus@cms.hhs.gov.

Sincerely,

James G. Scott, Director
Division of Program Operations

Enclosures

cc: Adela Flores-Brennan, CO State Medicaid Director
Russell Zigler, CO Medicaid
Jessica Farnen, CO Medicaid

**TRANSMITTAL AND NOTICE OF APPROVAL OF
STATE PLAN MATERIAL
FOR: CENTERS FOR MEDICARE & MEDICAID SERVICES**

1. TRANSMITTAL NUMBER

2 4 — 0 0 3 3

2. STATE

CO3. PROGRAM IDENTIFICATION: TITLE OF THE SOCIAL
SECURITY ACT

XIX



XXI

TO: CENTER DIRECTOR
CENTERS FOR MEDICAID & CHIP SERVICES
DEPARTMENT OF HEALTH AND HUMAN SERVICES

4. PROPOSED EFFECTIVE DATE

September 1, 2024

5. FEDERAL STATUTE/REGULATION CITATION

42 CFR 440.130

6. FEDERAL BUDGET IMPACT (Amounts in WHOLE dollars)

a. FFY 2025 \$ 0b. FFY 2026 \$ 0

7. PAGE NUMBER OF THE PLAN SECTION OR ATTACHMENT

Supplement to Attachment 3.1-A -- Limitations to Care and
Services -- Item 13.d Rehabilitative Services -- Substance Use
Disorder Treatment -- Pages 3-5 of 58. PAGE NUMBER OF THE SUPERSEDED PLAN SECTION
OR ATTACHMENT (If Applicable)Supplement to Attachment 3.1-A -- Limitations to Care and
Services -- Item 13.d Rehabilitative Services -- Substance
Use Disorder Treatment -- Pages 3-5 of 5 (TN
CO-20-0001)

9. SUBJECT OF AMENDMENT

Specifies the Intensive Outpatient Program (IOP) substance use disorder service limitations. IOP substance use disorder services are structured treatment programs providing services in outpatient settings with at least 9 hours per week for adults age 18 and older, and 6 hours per week for youth under the age of 18. Service provision cannot exceed 19 hours per week.

10. GOVERNOR'S REVIEW (Check One)



GOVERNOR'S OFFICE REPORTED NO COMMENT



COMMENTS OF GOVERNOR'S OFFICE ENCLOSED



NO REPLY RECEIVED WITHIN 45 DAYS OF SUBMITTAL



OTHER, AS SPECIFIED:

Governor's letter dated
5 April 2023

11. SIGNATURE OF STATE AGENCY OFFICIAL

12. TYPED NAME

Adela Flores-Brennan

13. TITLE

Medicaid Director

14. DATE SUBMITTED September 26, 2024

15. RETURN TO

Colorado Department of Health Care Policy and Financing
303 E. 17th Avenue, Suite 1100
Denver, CO 80203

Attn: Jessica Farnen

FOR CMS USE ONLY

16. DATE RECEIVED

September 26, 2024

17. DATE APPROVED

November 19, 2024

PLAN APPROVED - ONE COPY ATTACHED

18. EFFECTIVE DATE OF APPROVED MATERIAL

September 1, 2024

19. SIGNATURE OF APPROVING OFFICIAL

20. TYPED NAME OF APPROVING OFFICIAL

James G. Scott

21. TITLE OF APPROVING OFFICIAL

Director, Division of Program Operations

22. REMARKS

STATE PLAN UNDER TITLE XIX OF THE SOCIAL SECURITY ACT
MEDICAL ASSISTANCE PROGRAM

STATE OF COLORADO

Supplement to Attachment 3.1-A

LIMITATIONS TO CARE AND SERVICES

Item 13.d. Rehabilitative Services (continued)

Page 3 of 5

Outpatient Substance Use Disorder Treatment Services

Outpatient substance use disorder treatment services are designed to help patients achieve changes in their alcohol and/or other drug use. They are tailored to each patient's level of clinical severity and functioning.

Allowable services include:

1. Substance use disorder assessment. An evaluation designed to determine the level of drug or alcohol abuse or dependence, and the comprehensive treatment needs of a client.
2. Individual and family therapy. Therapeutic substance abuse counseling and treatment services with one client per session. Family therapy will be directly related to the client's treatment for substance use or dependence.
3. Group therapy. Therapeutic substance abuse counseling and treatment services with more than one client.
4. Alcohol/drug screening counseling. Counseling services provide in conjunction with the collection of urine to test for the presence of alcohol or drugs.
5. Medication Assisted Treatment (MAT). MAT consists of administration, management, and oversight of methadone or another approved controlled substance to an opiate dependent person for the purpose of decreasing or eliminating dependence on opiate substances. Administration, management and oversight of methadone or another approved controlled substance shall only be provided by:
 - a. Licensed Physicians;
 - b. Licensed Physician Assistants; and
 - c. Licensed Advance Practice Nurse.

Intensive Outpatient Program Substance Use Disorder Services

Intensive Outpatient Program (IOP) Substance Use Disorder (SUD) services are structured treatment programs providing services in outpatient settings with at least 9 hours per week for adults age 18 and older, and 6 hours per week for youth under the age of 18. Service provision cannot exceed 19 hours per week. IOP program treatment environments focus on assisting members to develop skills to regain stability in their lives and build a foundation based upon recovery. Programs provide clinically intensive treatment in outpatient settings to support members who are living with a behavioral health condition. IOP SUD services include individual, group, and family psychotherapy; individual and group psychosocial support and psychoeducation; activity therapy; and, medication management.

STATE PLAN UNDER TITLE XIX OF THE SOCIAL SECURITY ACT
MEDICAL ASSISTANCE PROGRAM

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Supplement to Attachment 3.1-A

LIMITATIONS TO CARE AND SERVICES

Item 13.d. Rehabilitative Services (continued)

Page 4 of 5

Residential Substance Use Disorder Treatment Services

Residential treatment services are delivered in settings that provide 24-hour structure, support and clinical interventions for patients. These services are appropriate for patients who require time and structure to practice and integrate their recovery and coping skills in a residential, supportive environment. Higher levels of residential treatment provide safe, stable living environments for patients who need them to establish or maintain their recovery apart from environments that promote continued use in the community.

Allowable service components include:

1. Substance use disorder assessment. An evaluation designed to determine the level of drug or alcohol abuse or dependence, and the comprehensive treatment needs of a client.
2. Individual and family therapy. Therapeutic substance abuse counseling and treatment services with one client per session. Family therapy will be directly related to the client's treatment for substance use or dependence.
3. Group therapy. Therapeutic substance abuse counseling and treatment services with more than one client.
4. Alcohol/drug screening counseling. Counseling services provided in conjunction with the collection of urine to test for the presence of alcohol or drugs.

Withdrawal Management Services

Clinically managed or medically monitored services aimed at the reduction of physiological and psychological features of withdrawal through short-term services delivered on a 24-hour basis for the purpose of stabilizing intoxicated patients, managing withdrawal and facilitating access to substance use disorder treatment.

Allowable service components include:

1. Individual therapy. Therapeutic substance abuse counseling and treatment services with one client per session.
2. Group therapy. Therapeutic substance abuse counseling and treatment services with more than one client.
3. Alcohol/drug screening counseling. Counseling services provided in conjunction with the collection of urine to test for the presence of alcohol or drugs.

STATE PLAN UNDER TITLE XIX OF THE SOCIAL SECURITY ACT
MEDICAL ASSISTANCE PROGRAM

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Supplement to Attachment 3.1-A

LIMITATIONS TO CARE AND SERVICES

Item 13.d. Rehabilitative Services (continued)

Page 5 of 5

4. Medication administration or supervision of self-administration of medication as clinically indicated.
5. Medical/nursing care and evaluation. Assessment of patient progress through withdrawal and provision of medical interventions as indicated by evaluation.
6. Treatment coordination.

Service Limitations

Services are subject to prior authorization, must be medically necessary and must be recommended by a licensed practitioner or physician, who is acting within the scope of his/her professional license and applicable state law.

Rehabilitative services do not include and FFP is not available for any of the following, in accordance with section 1905(a)(13) of the Act:

1. Room and board
2. Educational, vocational and job training services
3. Habilitation services
4. Services to inmates in public institutions as defined in 42 CFR 435.1010
5. Services to individuals residing in institutions for mental diseases as described in 42 CFR 435.1010
6. Recreational and social activities
7. Services that must be covered elsewhere in the state Medicaid plan.