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State/Territory Name: Arkansas

State Plan Amendment (SPA) #: 24-0015

This file contains the following documents in the order listed:

- 1) Approval Letter
- 2) CMS 179 Form/Summary Form
- 3) Approved SPA Page

DEPARTMENT OF HEALTH & HUMAN SERVICES

Centers for Medicare & Medicaid Services 601 E. 12th St., Room 355 Kansas City, Missouri 64106



Medicaid and CHIP Operations Group

November 8, 2024

Janet Mann Director of Health and Medicaid Director Arkansas Department of Human Services 112 West 8th Street, Slot S401 Little Rock, AR 72201-4608

Re: Arkansas State Plan Amendment (SPA) AR-24-0015

Dear Director Mann:

The Centers for Medicare & Medicaid Services (CMS) reviewed your Medicaid State Plan Amendment (SPA) submitted under transmittal number (TN) AR-24-0015. This amendment proposes to include Autism Services for Children on Medicaid under the preventative benefit adding applied behavioral analysis (ABA) services for children.

We conducted our review of your submittal according to statutory requirements in section 1915(h) of the Social Security Act subsection 42 U.S.C. 13 and implementing regulations. This letter informs you that Arkansas' Medicaid SPA TN AR-24-0015 was approved on November 7, 2024, with an effective date of January 1, 2025.

Enclosed are copies of Form CMS-179 and approved SPA pages to be incorporated into the Arkansas State Plan.

If you have any questions, please contact Lee Herko at 570-230-4048 or via email at Lee.Herko@cms.hhs.gov.

Sincerely,

Digitally signed by James G. Scott -S
Date: 2024.11.08 13:40:13
-06'00'

James G. Scott, Director Division of Program Operations

Enclosures

cc: Elizabeth Pitman

TRANSMITTAL AND NOTICE OF APPROVAL OF STATE PLAN MATERIAL FOR: CENTERS FOR MEDICARE & MEDICAID SERVICES	1 TRANSMITTAL NUMBER 2 STATE 2 4 — 0 0 1 5 A R 3. PROGRAM IDENTIFICATION: TITLE OF THE SOCIAL
FOR. CENTERS FOR MEDICARE & MEDICAID SERVICES	SECURITY ACT XIX XXI
TO CENTER DIRECTOR CENTERS FOR MEDICAID & CHIP SERVICES DEPARTMENT OF HEALTH AND HUMAN SERVICES	4 PROPOSED EFFECTIVE DATE 1/1/2025
5 FEDERAL STATUTE/REGULATION CITATION	6 FEDERAL BUDGET IMPACT (Amounts in WHOLE dollars)
Section 1915(h) of the Social Security Act; 42 U.S.C. 13	a FFY 2025 \$ 0 b FFY 2026 \$ 0
7. PAGE NUMBER OF THE PLAN SECTION OR ATTACHMENT	8 PAGE NUMBER OF THE SUPERSEDED PLAN SECTION OR ATTACHMENT (if Applicable)
3.1 A1zz12 (New page) 4.19B 1rr 3.1B 2xx.4 (New page)	4.19B pg. 1rr ; Approved 11-9-2020; TN # 20-0021
3.1Azz13(New Page) 3.1B 2xx.5(New Page)	
9 SUBJECT OF AMENDMENT	
Autism Services for Children on Medicaid	
10. GOVERNOR'S REVIEW (Check One)	
GOVERNOR'S OFFICE REPORTED NO COMMENT COMMENTS OF GOVERNOR'S OFFICE ENCLOSED NO REPLY RECEIVED WITHIN 45 DAYS OF SUBMITTAL	OTHER, ASSPECIFIED:
11. SIGNATURE OF STATE AGENCY OFFICIAL 15	RETURN TO
Off	ice of Rules Promulgation
Elizabeth Pitman	Box 1437, Slot S295
13. TITLE	le Rock, AR 72203-1437
Director, Division of Medical Services	n: Mac Golden
14. DATE SUBMITTED 8-29-24	. Mad Golden
FOR CMS USE ONLY	
	DATE APPROVED November 7, 2024
PLAN APPROVED - ONE COPY ATTACHED	
18. EFFECTIVE DATE OF APPROVED MATERIAL 19 1/1/2025	SIGNATURE OF A DROVING OFFICIAL Digitally signed by James G. Scott -S Date: 2024.11.08 13:40:42 -06'00'
20. TYPED NAME OF APPROVING OFFICIAL 21.	TITLE OF APPROVING OFFICIAL
James G. Scott	Director, Division of Program Operations
22. REMARKS	

STATE PLAN UNDER TITLE XIX OF THE SOCIAL SECURITY ACT MEDICAL ASSISTANCE PROGRAM STATE ARKANSAS

ATTACHMENT 3.1-A Page 1zz.12

AMOUNT, DURATION AND SCOPE OF SERVICES PROVIDED

January 1, 2025

CATEGORICALLY NEEDY

4b. Early and Periodic Screening and Diagnosis of Individuals Under 21 Years of Age, and Treatment of Conditions Found. (Continued)

25. Applied Behavioral Analysis (ABA) Therapy

- (1) Applied Behavior Analysis (ABA) therapy is only one component of services to treat Autism Spectrum Disorder (ASD). ABA therapy services are provided in accordance with 42 CFR 440.130(c).
- (2) ABA therapy services must be prescribed by the beneficiary's Arkansas Medicaid assigned primary care provider (PCP);
- (3) ABA therapy services must be performed by a:
 - a. Board-certified behavior analyst (BCBA) who must have board-certified behavior analyst (or more advanced) certification in good-standing from the Behavior Analyst Certification Board;
 - b. Board-certified assistant behavior analyst (BCaBA) who must have board-certified assistant behavior analyst certification in good-standing from the Behavior Analyst Certification Board; or
 - c. Registered behavior technician (RBT) who must have registered behavior technician certification in good-standing from the Behavior Analyst Certification Board.

TN: <u>AR-24-0015</u> Approval: <u>11-07-2024</u> Effective Date: <u>01-01-2025</u>

Supersedes TN: NEW

STATE PLAN UNDER TITLE XIX OF THE SOCIAL SECURITY ACT

MEDICAL ASSISTANCE PROGRAM STATE <u>ARKANSAS</u>

ATTACHMENT 3.1-A Page 1zz.13

AMOUNT, DURATION AND SCOPE OF SERVICES PROVIDED

January 1, 2025

CATEGORICALLY NEEDY

4b. Early and Periodic Screening and Diagnosis of Individuals Under 21 Years of Age, and Treatment of Conditions Found. (Continued)

25. Applied Behavioral Analysis (ABA) Therapy (Continued)

- 4. ABA therapy services include the following components:
 - a. Behavior identification assessment services, which include the following components:
 - i. Performing required comprehensive evaluations; and
 - ii. Developing the initial individualized treatment plan (ITP);
 - b. ABA therapy treatment services, which includes delivering ABA therapy treatment services directly to the beneficiary in accordance with the beneficiary's ITP;
 - c. Adaptive behavior treatment with protocol modification services, which includes the following components:
 - i. Actively training or assisting a BCaBA or RBT with the delivery of services to a beneficiary during an ABA therapy treatment session;
 - ii. Conducting clinical observation of and data collection on the beneficiary's progress towards ITP goals and objectives during an ABA therapy treatment session; and
 - iii. Adjusting and updating the ITP as required;
 - d. Family adaptive behavior treatment services, which are meetings between the beneficiary's parent(s)/guardian(s) or other appropriate caregiver and the supervising BCBA, where the supervising BCBA:
 - i. Discusses the beneficiary's progress;
 - ii. Provides any necessary technical or instructional assistance to the parent/guardian in connection with service delivery;
 - iii. Answers any parent/guardian or beneficiary questions and concerns; and
 - iv. Discusses any necessary changes to the beneficiary's individualized treatment plan.

TN: 24-0015 Approval: 11/07/25 Effective Date: 01-01-25

Supersedes TN: NEW

STATE PLAN UNDER TITLE XIX OF THE SOCIAL SECURITY ACT MEDICAL ASSISTANCE PROGRAM STATE ARKANSAS

ATTACHMENT 3.1-B Page 2xx.4

AMOUNT, DURATION AND SCOPE OF SERVICES PROVIDED

January 1, 2025

MEDICALLY NEEDY

4b. Early and Periodic Screening and Diagnosis of Individuals Under 21 Years of Age, and Treatment of Conditions Found. (Continued)

25. Applied Behavioral Analysis (ABA) Therapy

- (1) Applied Behavior Analysis (ABA) therapy is only one component of services to treat Autism Spectrum Disorder (ASD). ABA therapy services are provided in accordance with 42 CFR 440.130(c).
- (2) ABA therapy services must be prescribed by the beneficiary's Arkansas Medicaid assigned primary care provider (PCP);
- (3) ABA therapy services must be performed by a:
 - a. Board-certified behavior analyst (BCBA) who must have board-certified behavior analyst (or more advanced) certification in good-standing from the Behavior Analyst Certification Board;
 - b. Board-certified assistant behavior analyst (BCaBA) who must have board-certified assistant behavior analyst certification in good-standing from the Behavior Analyst Certification Board; or
 - c. Registered behavior technician (RBT) who must have registered behavior technician certification in good-standing from the Behavior Analyst Certification Board.

TN: 24-0015 Approval: 11/07/2024 Effective Date:01-01-25

Supersedes TN:NEW

STATE PLAN UNDER TITLE XIX OF THE SOCIAL SECURITY ACT

MEDICAL ASSISTANCE PROGRAM STATE <u>ARKANSAS</u>

ATTACHMENT 3.1-B Page 2xx.5

AMOUNT, DURATION AND SCOPE OF SERVICES PROVIDED

January 1, 2025

MEDICALLY NEEDY

4b. Early and Periodic Screening and Diagnosis of Individuals Under 21 Years of Age, and Treatment of Conditions Found. (Continued)

25. Applied Behavioral Analysis (ABA) Therapy (Continued)

- 4. ABA therapy services include the following components:
 - a. Behavior identification assessment services, which include the following components:
 - i. Performing required comprehensive evaluations; and
 - ii. Developing the initial individualized treatment plan (ITP);
 - b. ABA therapy treatment services, which includes delivering ABA therapy treatment services directly to the beneficiary in accordance with the beneficiary's ITP;
 - c. Adaptive behavior treatment with protocol modification services, which includes the following components:
 - i. Actively training or assisting a BCaBA or RBT with the delivery of services to a beneficiary during an ABA therapy treatment session;
 - ii. Conducting clinical observation of and data collection on the beneficiary's progress towards ITP goals and objectives during an ABA therapy treatment session; and
 - iii. Adjusting and updating the ITP as required;
 - d. Family adaptive behavior treatment services, which are meetings between the beneficiary's parent(s)/guardian(s) or other appropriate caregiver and the supervising BCBA, where the supervising BCBA:
 - i. Discusses the beneficiary's progress;
 - ii. Provides any necessary technical or instructional assistance to the parent/guardian in connection with service delivery;
 - iii. Answers any parent/guardian or beneficiary questions and concerns; and
 - iv. Discusses any necessary changes to the beneficiary's individualized treatment plan.

TN: 24-0015 Approval: 11/07/2024 Effective Date:01-01-25

Supersedes TN: NEW

STATE PLAN UNDER TITLE XIX OF THE SOCIAL SECURITY ACT MEDICAL ASSISTANCE PROGRAM STATE <u>ARKANSAS</u>

ATTACHMENT 4.19-B Page lrr

METHODS AND STANDARDS FOR ESTABLISHING PAYMENT RATES-OTHER TYPES OF CARE Revised: January 1, 2025

- 4.b. Early and Periodic Screening and Diagnosis of Individuals Under 21 Years of Age and Treatment of Conditions Found (Continued)
 - (19) Physical Therapy and Related Services (Continued)
 - 3. Speech-Language Therapy (Continued)

At the beginning of each calendar year, Medicaid officials and the Arkansas Speech-Language Therapy Association or its successor will arrive at mutually agreeable increase or decrease in reimbursement rates based on the market forces as they impact on access. Any agreed upon increase or decrease will be implemented at the beginning of the following state fiscal year, July 1 with any appropriate State Plan changes.

(19a) Applied Behavior Analysis (ABA) Therapy

Applied Behavior Analysis (ABA) therapy services are reimbursed on a per unit basis using fee schedule reimbursement methodology, where reimbursement is made at the lower of the billed charge for the service or the maximum allowable reimbursement for the service under Arkansas Medicaid. DHS engaged an independent actuary to conduct a rate study on ABA therapy services during the summer of 2023 to determine appropriate service rates. The rate study considered direct wages (using Arkansas-specific May 2021 Bureau of Labor Statistics data), indirect and transportation costs, employee related expenses, and supervisor time, and used an independent rate model approach that captured the average expected costs a reasonably efficient Arkansas provider would incur while delivering ABA therapy services. The applicable fee schedule of ABA therapy service rates is published on the agency's website.

(20) Rehabilitative Services for Persons with Physical Disabilities (RSPD)

1. Residential Rehabilitation Centers

The per diem reimbursement for RSPD services provided by a Residential Rehabilitation enter will be based on the provider's fiscal year end 1994 audited cost report as submitted by an independent auditor plus a percentage increase equal to the HCFA Market Basket Index published for the quarter ending in March. A cap has been established at \$395.00. This is a prospective rate with no cost settlement. Room and board is not an allowable program cost. The criteria utilized to exclude room and board is as follows: The total Medicaid ancillary cost was divided by total Medicaid inpatient days which equals the RSPD prospective per diem. The ancillary cost was determined based upon Medicare Principles of Reimbursement. There is no routine cost included.

TN: 24-0015 Approval: 11/07/2024 Effective Date: 1-1-2025

Supersedes TN: 20-0021