

June 30, 2023

Charissa Fotinos, MD Medicaid Director Washington Health Care Authority 626 8th Avenue P.O. Box 45502 Olympia, WA 98504-5050

Dear Dr. Fotinos:

The Centers for Medicare & Medicaid Services (CMS) is approving Washington's request to extend and amend its section 1115 demonstration entitled, "Medicaid Transformation Project 2.0" (MTP 2.0) (Project Number: 11-W-00304/0 and 21-W-00071/0), in accordance with section 1115(a) of the Social Security Act (the Act). Approval of this request will extend many longstanding demonstration authorities and allow the state, through various waiver and expenditure authorities, to test the effectiveness of innovative practices aimed at promoting consistently high-quality, evidence-based, coordinated, and integrated care. With this extension, Washington is also introducing new initiatives and investments to assist the state in improving health coverage, access, and consistent provision of high-quality services for Medicaid and Children's Health Insurance Program (CHIP) beneficiaries, all while advancing health equity among its beneficiary populations. Overall, the goal of the demonstration is to provide medical assistance and improve the health of communities and populations. The extension will lead to additional populations being served by Medicaid, as well as additional services being furnished to Medicaid and CHIP beneficiaries. This approval is effective July 1, 2023 through June 30, 2028.

CMS has determined that Washington's Medicaid Transformation Project 2.0 is likely to assist in promoting the objectives of the Medicaid statute and, as relevant, the CHIP statute, by increasing access to high-quality medical assistance and coverage for targeted low-income individuals. Under the demonstration, CMS is approving new initiatives related to continuous eligibility for postpartum individuals, presumptive eligibility (PE) for individuals applying for certain home and community-based services, contingency management, supports for community reentry, and services addressing health-related social needs (HRSN), while continuing initiatives related to continuous eligibility for children, eligibility for alternative long-term services and supports, existing services addressing HRSN, and treatment for substance use disorder (SUD) and serious mental illness (SMI).

As reflected in the statute, the primary objective of the Medicaid program is to furnish medical assistance. This demonstration is expected to promote the objective of furnishing medical assistance by strengthening access to high quality care for all those with Medicaid coverage.

CMS' approval is subject to the limitations specified in the attached waiver and expenditure authorities, special terms and conditions (STCs), and any supplemental attachments defining the nature, character, and extent of federal involvement in this project. The state may deviate from Medicaid state plan requirements only to the extent those requirements have been listed as waived or not applicable to expenditures under the demonstration.

# Extent and Scope of the Demonstration Extension

Extension of Washington's MTP 2.0 demonstration includes the extension of longstanding authorities and programs that make up a crucial part of the state's Medicaid program. This approval includes, among other current elements: 1) Medicaid Alternative Care (MAC) and Tailored Supports for Older Adults (TSOA) programs; 2) Foundational Community Supports (FCS); and 3) SUD and SMI programs.

## Additions to Existing Programs

Washington is also amending existing programs as part of the demonstration extension. In this approval, CMS is permitting the state to expand its MAC and TSOA programs by adding covered services and increasing TSOA eligibility standards. In addition, CMS is approving a revised FCS Protocol to revise the age limit for supportive housing to individuals age 16 and older.

## New Initiatives

Washington is introducing new initiatives to promote health coverage and equitable access to high-quality care for Medicaid beneficiaries and other low-income individuals within the state. In this approval, CMS is authorizing a PE process to individuals who need access to home and community-based services under the Medicaid state plan and 1915(c) waiver authorities. The PE process permits individuals who plan to enroll in Community First Choice, Community Options Program Entry System Waiver (COPES) and Medicaid Personal Care to self-attest to meeting financial and functional requirements. This demonstration approval aims to expedite the delivery of benefits in the least restrictive setting while the state is conducting a full assessment of eligibility for HCBS.

Once the state, or a qualified entity, determines that the individual appears to meet financial and functional eligibility requirements, the individual will receive a limited benefit package. The PE period will end the earlier of: 1) the day on which a decision is made on the application in the case of an individual for whom a Medicaid application has been filed; or 2) the last day of the month following the month in which the determination of presumptive eligibility was made in the case of an individual for whom a Medicaid application has not been filed.

This approval also authorizes Washington to provide full Medicaid state plan covered benefits to postpartum individuals with incomes up to 193 percent of the FPL who apply for Medicaid or CHIP during their postpartum period, but who were not previously enrolled in Medicaid or CHIP during their pregnancy, until 12 months after their pregnancy ends. The state will provide

continuous eligibility for individuals during the entire postpartum period, ensuring continuity of coverage. Washington has adopted continuous postpartum coverage for individuals who were enrolled in Medicaid or CHIP while pregnant through its Medicaid state plan, as authorized by the American Rescue Plan Act of 2021. The demonstration approval aims to increase and strengthen overall coverage, and improve the health of certain individuals in Washington, as well as reduce the rate of maternal mortality and morbidity in the state by addressing continuity of care for individuals at any time during their 12-month postpartum period.

CMS also authorizes contingency management, an evidence-based tool in the treatment of SUD, consisting of a series of incentives for meeting treatment goals. Contingency management has demonstrated effectiveness in increasing rates of drug abstinence in a range of SUDs, including use of stimulants, cannabis, alcohol, and tobacco.

CMS is authorizing the provision or increased coverage of certain services that address HRSN, as evidence indicates that these benefits are critical drivers of an individual's access to health services that keep them well.<sup>1,2</sup> These include critical nutritional services and nutrition education, as well as transitional housing supports for individuals with a clinical need or who are transitioning out of institutional care, congregate settings, homelessness or a homeless shelter, or the child welfare system. Related services include case management, outreach, and education, as well as infrastructure investments to support those services. HRSN services will be provided through a combination of fee-for-service and managed care delivery systems, with some services administered through Community Hubs and the Native Hub. Community Hubs and the Native Hub will provide HRSN services, regardless of tribal membership, race, or national/ethnic origin. The Native Hub will provide such services statewide and the Community Hubs may limit services to their associated regions.

HRSN services authorized in this demonstration must be clinically appropriate for the eligible beneficiary. Individuals eligible to receive HRSN services are Medicaid eligible with a documented medical need for the services. A comprehensive list of the populations that will be eligible to receive HRSN services will be described in the post-approval Protocol(s) for HRSN Services and Infrastructure, subject to CMS review and approval. Targeted populations may include: individuals post-discharge or those with chronic conditions, who screen positive for food, housing, or financial insecurity, individuals transitioning out of institutional care or congregate settings; individuals who are homeless, at risk of homelessness, or transitioning out of an emergency shelter as defined by 24 CFR 91.5; youth transitioning out of the child welfare system; enrollees who live in the community and are compromised in their activities of daily

<sup>&</sup>lt;sup>1</sup>As discussed in a letter to State Health Officials issued on January 7, 2021, <u>https://www.medicaid.gov/federal-policy-guidance/downloads/sho21001.pdf</u>, addressing Social Determinants of Health can more effectively improve population health, reduce disability, and lower overall health care costs in the Medicaid program. While "social determinants of health" is a broad term that relates to the health of all people, HRSN relates more specifically to an individual's adverse conditions reflecting needs that are unmet and contribute to poor health. See also <u>https://www.healthaffairs.org/do/10.1377/forefront.20191025.776011/full/</u>

<sup>&</sup>lt;sup>2</sup> Bachrach, D., Pfister, H., Wallis, K., Lipson, M. *Addressing Patients' Social Needs: An Emerging Business Case for Provider Investment*. The Commonwealth Fund; 2014;

https://www.commonwealthfund.org/sites/default/files/documents/ media files publications fund report 2014 may\_1749\_bachrach\_addressing\_patients\_social\_needs\_v2.pdf.

living and/or have been assessed to have a behavioral health need, and whose unpaid caregivers require relief to avoid the enrollee being placed in an institution; adults who are intoxicated but conscious, cooperative, able to walk, nonviolent, and free from immediate medical distress, who would otherwise be transported to the emergency department or jail; or have presented at the emergency department and can safely be diverted to a stabilization center; individuals at risk for institutionalization due to inaccessible living environments; individuals with poorly controlled asthma, or other medical condition(s) exacerbated by in-home environmental factors; and individuals with functional impairments and no other adequate support system The HRSN services approved for Washington's demonstration include nutrition education; medically-tailored food assistance; short-term grocery resources; recuperative care and short-term posthospitalization housing; short-term post-transition housing for up to six months; housing supports; and medically necessary home modifications and remediations to address high risk clinical conditions

Coverage of targeted HRSN services and supports is likely to assist in promoting the objectives of Medicaid because it is expected to help beneficiaries stay connected to coverage and access needed health care. Lack of stable housing or inadequate nutrition may impede an individual's ability to enroll in and maintain coverage and access needed health care. In one survey in 2022, approximately 40 percent of adults in the United States delayed or went without medical care due to cost. Moreover, individuals with unmet social needs, like housing and nutrition, often have decreased access to care and lower satisfaction with care when received. When individuals with unmet social needs do access care, it is more likely in emergency and acute settings than primary care, compared to a population without unmet social needs.<sup>3,4</sup> Lack of stable housing or inadequate nutrition may create physical, social, or emotional conditions that are counterproductive to the otherwise positive effects of the health care services an individual does receive, including through Medicaid.<sup>5</sup> The housing and nutritional support services authorized in the demonstration are expected to stabilize the housing and nutritional situations of eligible Medicaid beneficiaries and thus increase the likelihood that they will keep receiving and benefitting from the Medicaid-covered services to which they are entitled.

Coverage of targeted, clinically appropriate HRSN services will also provide a regular source of care to meet individuals' comprehensive health needs. This is likely to improve health outcomes directly, as well as improve the use of other clinical services. For example, individuals with poor health outcomes who also experience housing insecurity may otherwise use the emergency department more frequently than alternative settings for their care.<sup>6</sup> By providing the short-term

<sup>&</sup>lt;sup>3</sup> Montero, A., Kearney, A., Hamel, L., Brodie, M. *Americans' Challenges with Healthcare Costs*. Kaiser Family Foundation: 2022, July 14; https://www.kff.org/health-costs/issue-brief/americans-challenges-with-health-carecosts/

<sup>&</sup>lt;sup>4</sup> Hutchins Coe, E., Cordina, J., Feffer, D., Parmar, S. *Understanding the impact of unmet social needs on consumer health and healthcare*. McKinsey & Company: Healthcare – Our Insights. 2020, February 20; <a href="https://www.mckinsey.com/industries/healthcare/our-insights/understanding-the-impact-of-unmet-social-needs-on-consumer-health-and-healthcare">https://www.mckinsey.com/industries/healthcare/our-insights/understanding-the-impact-of-unmet-social-needs-on-consumer-health-and-healthcare</a>

<sup>&</sup>lt;sup>5</sup> Schilbach, F., Schofield, H., Mullainathan, S. *The Psychological Lives of the Poor*. American Economic Review: Papers & Proceedings; 2016; http://dx.doi.org/10.1257/aer.p20161101.

<sup>&</sup>lt;sup>6</sup> December 18, 2020. QuickStats: Rate of Emergency Department (ED) Visits,\* by Homeless Status† and Geographic Region§ — National Hospital Ambulatory Medical Care Survey, United States, 2015–2018. <u>https://www.cdc.gov/mmwr/volumes/69/wr/mm6950a8.htm#:~:text=During%202015%E2%80%932018%2C%20th</u> <u>ere%20were.the%20rate%20for%20nonhomeless%20persons; *see also* May 2002. Emergency Department Use</u>

services needed to stabilize housing, this demonstration will test whether the individual's health outcomes will improve in addition to their utilization of appropriate care.

Moreover, the Medicaid statute, including both sections 1905 and 1915 of the Act already includes mechanisms that reflect the critical role of upstream services (i.e., those that help avert more intensive medical interventions) in meeting the medical assistance needs of certain Medicaid-eligible populations (e.g., individuals with disabilities). For example, medical assistance made available under a waiver authorized under section 1915(c) of the Act is provided as a home and community-based alternative to avoid the need for more intensive institutional care. Medical assistance made available under a state plan option authorized under section 1915(i) of the Act provide that same package of HCBS to individuals meeting needs-based criteria that are less stringent than criteria required for institutional placement. These services are also intended to avert a need for nursing facility care. Both provisions authorize services, including those related to habilitation such as pre-tenancy and tenancy support, with a goal of preventing decline in beneficiary health that would lead to more intense intervention(s). Similarly, medical assistance covering interventions aimed at improving asthma management and mitigating asthma triggers is another example of how the Medicaid statute gives states authority to help reduce beneficiary need for acute care services (e.g., emergency department visits).

Available evidence<sup>7</sup> suggests there may be populations in addition to those eligible under 1915(c) or 1915(i) criteria that would benefit clinically from the section 1915(c) or 1915(i) services described above, as well as additional upstream HRSN services. Additional research is needed to better understand the effects of providing these types of services to a broader group of people. To that end, this demonstration will test whether expanding eligibility for these services to additional populations or providing additional services can improve the health outcomes of certain Medicaid beneficiaries. The demonstration will also test whether extending eligibility for a broader range of Medicaid beneficiaries or providing additional services will help to maintain coverage by preventing health-related incidents that could lead to enrollment churn.<sup>8</sup>

Moreover, access to these services for individuals with poorer health outcomes may help to reduce health disparities. Expanding who can receive these services is expected to help a broader range of Medicaid beneficiaries not only receive, and benefit from, the medical assistance to which they are entitled, but also, these services are also expected to further reduce health disparities often rooted in social and economic disadvantages.<sup>9</sup> Thus, broadening the availability of certain HRSN services is expected to promote coverage and access to care,

https://aspe.hhs.gov/sites/default/files/documents/e2b650cd64cf84aae8ff0fae7474af82/SDOH-Evidence-Review.pdf

Among the Homeless and Marginally Housed: Results From a Community-Based Study. <u>https://www.ncbi.nlm.nih.gov/pmc/articles/PMC1447161/</u>.

 <sup>&</sup>lt;sup>7</sup> September 23, 2021. ASPE Contractor Project Report: Building the Evidence Base for Social Determinants of Health Interventions. <u>https://aspe.hhs.gov/reports/building-evidence-base-social-determinants-health-interventions</u>
 <sup>8</sup> April 12, 2021. Medicaid Churning and Continuity of Care: Evidence and Policy Considerations Before and After the COVID-19 Pandemic. <u>https://aspe.hhs.gov/sites/default/files/private/pdf/265366/medicaid-churning-ib.pdf</u>

<sup>&</sup>lt;sup>9</sup> April, 1, 2022. Addressing Social Determinants of Health: Examples of Successful Evidence-Based Strategies and Current Federal Effort.

improve health outcomes, reduce disparities, and create long-term, cost-effective alternatives or supplements to traditional medical services.

CMS' authorization of limited infrastructure spending, such as paying for health information technology system investments and provider network investments for low-resourced providers that furnish covered services to beneficiaries, as part of this HRSN framework is expected to improve the availability and quality of the services delivered. CMS also expects the state to maintain existing state funding and efforts for HRSN services, without this demonstration authority supplanting existing efforts, and to have in place partnerships with other state and local entities to coordinate possible pathways to permanency for services to be provided without demonstration authorities.

CMS is committed to improving access to quality care for all Medicaid beneficiaries and is engaged in an "all of Medicaid" approach to improve coverage, access to, and quality of care, as well as improve health outcomes for all beneficiaries consistent with Medicaid's statutory objectives. Further, we expect that such policies will also have the effect of mitigating health disparities. Research shows that increasing Medicaid payments to providers improves beneficiaries' access to health care services and the quality of care received. To that end, as a condition of approval for expenditure authority for HRSN services and related infrastructure (unless the amount of expenditure authority is under a de minimis amount),<sup>10</sup> the state will be required to increase and (at least) sustain Medicaid fee-for-service provider base payment rates and Medicaid managed care payment rates in primary care, behavioral health, and obstetrics care, should the state's Medicaid-to-Medicare provider rate ratio dip below 80 percent in any of these categories. At least a two-percentage point payment rate increase will be applied to each of the services in the one service category in each of Medicaid managed care and fee-for-service delivery systems that the state operates, if for that delivery system the ratio is both the lowest ratio among the three and below 80 percent. The state must attest that the rate increases will be implemented according to the STCs, and that it will not decrease provider payment rates for other Medicaid or demonstration-covered services for the purpose of making state funds available to finance these required provider rate increases (i.e., cost-shifting). The state must also sustain the increase for the remaining years of the demonstration.

Authority is being provided to Washington to provide limited coverage for certain services furnished to certain incarcerated individuals for up to 90 days immediately prior to the beneficiary's expected date of release, in accordance with section 1115(a) of the Act. As directed by section 5032(b) of the Substance Use-Disorder Prevention that Promotes Opioid Recovery and Treatment for Patients and Communities Act (herein referred to as the SUPPORT Act) (Pub. L. No. 115-271), CMS issued a State Medicaid Director Letter<sup>11</sup> (SMDL) regarding opportunities to design demonstrations under section 1115 of the Act to improve care transitions for certain individuals who are soon-to-be former inmates of a public institution and who are

<sup>&</sup>lt;sup>10</sup> CMS developed the de minimis amount by arraying in order the requests we had from states for HRSN expenditures, as well as the range of likely costs for increasing provider rates, and examined the relationship between these ranges. CMS determined that applying the provider rate increase requirement if the annualized expenditure authority exceeds either the less of 0.5% of the state's annual Medicaid spending or \$50 million in annual expenditures is a reasonable cut-off point under which a state would not be required to apply the HRSN rate increase policy.

<sup>&</sup>lt;sup>11</sup> https://www.medicaid.gov/federal-policy-guidance/downloads/smd23003.pdf

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otherwise eligible for Medicaid. The state's proposed approach closely aligns with CMS' "Reentry Demonstration Opportunity" as described in this SMDL released April 17, 2023.

Individuals recently released from jails, prisons, and other correctional settings have multifaceted needs that must be addressed in order to ensure their successful reintegration into their communities. By improving connections and coordination between the correctional, health care, and social service systems, Washington's reentry demonstration initiative aims to address the needs of incarcerated beneficiaries as they near the end of their incarceration and reenter the community, with the goals of increasing and continuing coverage; improving coordination and communication between correctional systems, Medicaid systems, and community-based providers; and providing appropriate health care interventions at earlier opportunities to reduce acute services utilization and adverse health outcomes (including but not limited to decompensation, suicide-related deaths, overdoses, overdose-related deaths, and all-cause deaths) in the period preceding their release, immediately afterward, and in the near term. As a result, the state anticipates it will increase coverage and continuity of coverage for eligible beneficiaries, improve care transitions for beneficiaries as they reenter the community, and reduce morbidity and mortality in the near-term post-release, all of which will advance public health and public safety outcomes for individuals and their communities.

Washington's approval to provide limited coverage for pre-release services for certain justiceinvolved individuals supports CMS' vision to serve the public as a trusted partner and steward, dedicated to expanding coverage, advancing quality and health equity, and improving health outcomes. This approval focuses on providing high-quality coverage of certain Medicaidcovered services for certain incarcerated beneficiaries. As a group, incarcerated individuals have generally been historically underserved, marginalized, and adversely affected by persistent poverty and inequality.

With this approval, Washington will cover a set of pre-release services to justice-involved individuals, to improve their transitions (in particular, transitions of health coverage and care) back to the community. Coverage of the pre-release services and the activities to improve care transitions upon reentry into the community are expected to: increase continuity of health coverage; prevent unnecessary disruptions in care; reduce emergency department visits and inpatient hospital admissions; reduce decompensation, suicide-related deaths, overdoses, overdose-related deaths and all-cause deaths; and lead to improve health outcomes in general. This targeted set of pre-release services will be available to certain eligible Medicaid and CHIP beneficiaries and individuals who would be eligible for CHIP except for their incarceration status, who are residing in state prisons, county or city jails, or youth correctional facilities, for up to 90 days immediately prior to the individual's expected release date.

For the reasons outlined below, this approval provides Washington with the authority to cover certain pre-release services under section 1115 authority independent of the demonstration opportunity specified in section 5032(b) of the SUPPORT Act for up to 90 days immediately prior an individual's date of expected release. Covering pre-release services only in the 30 days immediately prior to an individual's date of expected release aligns with the opportunity described in section 5032(b) of the SUPPORT Act to improve care transitions for certain "soon-to-be former inmates of a public institution." However, the 30-day timeframe specified in

section 5032(b) of the SUPPORT Act does not limit the Secretary's preexisting authority to approve demonstration projects and associated expenditure authorities under section 1115 of the Act, and pursuant to that authority, CMS is authorizing Washington to cover specified pre-release services for up to a 90-day pre-release period.

As discussed below, the state will be required to evaluate the effect of pre-release services coverage during the entire 90-day pre-release period on improving care transitions as contemplated in section 5032(b) of the SUPPORT Act. However, the extended coverage period between 30 days and up to 90 days before the individual's expected date of release is approved under section 1115(a) of the Act specifically to test whether such coverage improves the identification and treatment of certain chronic and other serious conditions to reduce acute care utilization in the period soon after release, and whether it improves uptake and continuity of Medication-assisted treatment (MAT) and other SUD and behavioral health treatment, as appropriate for the individual, to reduce decompensation, suicide-related death, overdose, and overdose-related death. For example, the reentry demonstration initiative will test whether the full 90-day timeline will enable the state to support pre-release identification, stabilization, and management of certain serious physical and behavioral health conditions that may respond to ambulatory care and treatment (e.g., diabetes, heart failure, hypertension, schizophrenia, and SUDs) which could reduce post-release acute care utilization. By allowing early interventions to occur in the full 90-day period immediately prior to expected release, such as for certain behavioral health conditions and including stabilizing medications like long-acting injectable anti-psychotics and medications for addiction treatment for SUDs. Washington expects that it will be able to reduce decompensation, suicide-related deaths, overdoses, and overdose-related deaths in the near-term post-release. The state will test, and comprehensively evaluate through robust hypotheses testing, the effectiveness of the extended full 90-day coverage period before the beneficiary's expected date of release on achieving these articulated goals of the initiative.

In support of improving continuity of coverage, reducing post-release acute care utilization, and reducing substance use-related health crises in the period shortly after release, the state and its demonstration partners will need to conduct other activities (including enrollment eligibility education and application assistance), and to cover services (for example, health needs screening for demonstration service qualification and case management triage) in the period up to 90 days pre-release.

Under this program, Washington will cover a set of pre-release Medicaid benefits for Medicaid and CHIP beneficiaries and individuals who would be eligible for CHIP except for their incarceration status who are inmates in state prisons, county and city jails, and youth correctional facilities during the period up to 90 days immediately prior to the individual's expected date of release (fewer days for people who are expected to be released from incarceration in fewer than 90 days). This includes all beneficiaries eligible for Medicaid coverage, including adults, parentcaretakers, youth under 19, pregnant or post-partum individuals, individuals who are aged/blind/disabled, and children in foster care and former foster care youth. Individuals residing in a state prison, county or city jail, or youth correctional facility, must be eligible for Medicaid (as determined pursuant to an application filed before or during incarceration), eligible for CHIP (as determined pursuant to an application filed before incarceration) or be eligible for CHIP except for their incarceration status, and have an expected release date not later than 90 days after initiation of demonstration-covered services to qualify for pre-release services.

Ensuring enrollment in health coverage is an essential component of improving care transitions between carceral settings and the community. A straightforward strategy to better ensure enrollment for newly released, Medicaid-eligible individuals, is to adopt an eligibility or benefits suspension approach, instead of enrollment termination, so the individual does not have to submit a new application prior to release.

CMS is requiring, as a condition of approval of this demonstration extension, that Washington makes pre-release outreach, along with eligibility and enrollment support, available to all individuals incarcerated in the facilities in which the demonstration is functioning. Without outreach and support to assist all interested individuals to apply for Medicaid coverage or renewal, it is generally not possible to assess whom "may be eligible" for Medicaid and limit outreach and enrollment support to a subset of inmates.

Upon an individual entering a correctional facility, Washington suspends Medicaid and CHIP eligibility. If an individual is not enrolled in Medicaid or CHIP when entering a correctional facility, Washington will ensure that, during the period of incarceration, the individual receives assistance with completing and submitting a Medicaid application sufficiently prior to their anticipated release date, unless the individual voluntarily refuses such assistance.

The pre-release benefit package is designed to support the proactive identification of both physical and behavioral health needs and includes development of a plan to address health and HRSN for soon-to-be released incarcerated individuals who meet Medicaid or CHIP eligibility criteria or CHIP eligibility criteria other than incarceration status. The benefit package seeks to promote coverage and quality of care to improve transitions for individuals being released from jails or prisons. In addition, Washington expects its benefit package to support improvement in the identification and treatment of certain chronic and other serious conditions to reduce acute care utilization in the period soon after release, and it will test whether it improves uptake and continuity of MAT and other SUD and behavioral health treatment, as appropriate for the individual, to reduce decompensation, suicide-related death, overdose, and overdose-related death. It also addresses the overarching demonstration goals, while aiming to ensure that participating carceral facilities can feasibly provide minimum required and additional pre-release benefits to qualifying incarcerated individuals.

CMS is authorizing Washington to provide a range of covered services to individuals who qualify for pre-release services. Participating facilities will provide at a minimum: case management to assess and address physical and behavioral health needs and HRSN; MAT services for all types of SUD as clinically appropriate, with accompanying counseling; and a 30-day supply of all prescription medications that have been prescribed for the beneficiary at the time of release, provided to the beneficiary immediately upon release from the correctional facility. Participating facilities are also authorized to provide the following additional services: medications during incarceration; community health worker (CHW) services, clinical and behavioral health consultations; laboratory and radiology services; and medical equipment and supplies in-hand upon release. The state will implement a Service Level approach such that facilities will be able to select a service level to implement. Service Level One is structured as

the minimum benefit package for pre-release coverage: case management services to assess and address physical and behavioral health needs and HRSN; MAT services for all types of SUD as clinically appropriate, with accompanying counseling; and a 30-day supply of all prescription medications provided to the beneficiary immediately upon release from the correctional facility. The state will define additional Service Level categories and its plans to encourage and support facilities to move from one service level to more comprehensive service levels in its Implementation Plan as discussed further below. A facility must implement all the services within its chosen Service Level. As applicable, additional service levels may be phased-in by facilities in any order, e.g., Service Level Two would not be a prerequisite for phasing-in Service Level Three.

CMS recognizes that many individuals exiting prisons and jails and other correctional facilities may not have received sufficient health care to address all of their physical and/or behavioral health care needs while incarcerated; however, as described above, the purpose of this demonstration opportunity is to provide short-term Medicaid enrollment assistance and pre-release coverage for certain services to facilitate successful care transitions as well as improve the identification and treatment of certain chronic and other serious conditions to reduce acute care utilization in the period soon after release, and test whether it improves uptake and continuity of MAT and other SUD and behavioral health treatment, as appropriate for the individual, to reduce decompensation, suicide-related death, overdose, and overdose-related death. Therefore, CMS is approving a demonstration benefit package in Washington that is designed to improve identification of health and health-related social needs and facilitate connections to providers with the capacity to meet those needs in the community during the period immediately before an individual's expected release. Once a beneficiary is released, the coverage for which the beneficiary is otherwise eligible must be provided consistent with all requirements applicable to such coverage.

As described in the STCs of the demonstration, Washington will be required to submit for CMS approval a Reentry Initiative Implementation Plan (Implementation Plan) and Reinvestment Plan documenting how the state will operationalize coverage and provision of pre-release services and how existing state funding for carceral health services will continue to support access to necessary care and achievement of positive health outcomes for the justice-involved population.

The Implementation Plan, to be submitted to and reviewed by CMS consistent with the STCs, will describe the new key policies being tested under this demonstration extension and provide operational details not captured in the STCs regarding implementation of those demonstration policies. At a minimum, the Implementation Plan will include definitions and parameters related to the implementation of the reentry authorities, and describe the state's strategic approach to implementing the policies, including goals and milestones, as well as associated timelines for meeting them, for both program policy implementation Plan will further detail the Service Level implementation, including the approach to facilities opting into Service Levels, associated timelines, including how intervals of change will support evaluation, and how the state will encourage and support the take up overtime of more comprehensive service levels. The Implementation Plan will also outline how the state will anticipate potential operational

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challenges and resolve the challenges the state is likely to encounter in implementing the reentry demonstration initiative.

The reentry demonstration initiative is not intended to shift current carceral health care costs to the Medicaid program. Section 5032(b) of the SUPPORT Act makes clear that the purpose of the demonstration opportunity contemplated under that statute is "to improve care transitions for certain individuals who are soon-to-be former inmates of a public institution and who are otherwise eligible to receive medical assistance under title XIX." Furthermore, demonstration projects under section 1115 of the Act must be likely to promote the objectives of title XIX, which itself includes the inmate payment exclusion in recognition that the carceral authority generally bears the costs for health care furnished to incarcerated individuals. This demonstration does not absolve carceral authorities in Washington of their constitutional obligation to ensure needed health care is furnished to inmates in their custody and is not intended as a means to transfer the financial burden of that obligation from a federal, state, or local carceral authority to the Medicaid program.

Accordingly, with this approval, Washington agrees to reinvest the total amount of new federal matching funds for the reentry demonstration initiative received under this demonstration extension into activities and/or initiatives that increase access to or improve the quality of health care services for individuals who are incarcerated (including individuals who are soon-to-be released) or were recently released from incarceration, or for HRSN services that may help prevent or reduce the likelihood of criminal justice system involvement. Consistent with this requirement, Washington will develop and submit a Reinvestment Plan to CMS outlining how the federal matching funds under the demonstration will be reinvested. The reinvestment plan should align with the goals of the state's reentry demonstration initiative. It should detail the state's plans to increase access to or improve the quality of health care services, as well as address HRSN of individuals who are incarcerated (including those who are soon-to-be released), those who have recently been released, and those who may be at higher risk of future criminal justice system involvement, particularly due to untreated behavioral health conditions. The Reinvestment Plan should describe the activities and/or initiatives selected by Washington for investment and a timeline for implementation. Any investment in carceral health care must add to and/or improve the quality of health care services and resources for individuals who are incarcerated and those who are soon to be released from carceral settings, and not supplant existing state or local spending on such services and resources.

# Budget Neutrality

Under section 1115(a) demonstrations, states can test innovative approaches to operating their Medicaid programs if CMS determines that the demonstration is likely to assist in promoting the objectives of the Medicaid statute. CMS has long required, as a condition of demonstration approval, that demonstrations be "budget neutral," meaning the federal costs of the state's Medicaid program with the demonstration cannot exceed what the federal government's Medicaid costs in that state likely would have been without the demonstration. In requiring demonstrations to be budget neutral, CMS is constantly striving to achieve a balance between its interest in preserving the fiscal integrity of the Medicaid program and its interest in facilitating state innovation through section 1115 approvals. In practice, budget neutrality generally means

that the total computable (i.e., both state and federal) costs for approved demonstration expenditures are limited to a certain amount for the demonstration approval period. This limit is called the budget neutrality expenditure limit, and is based on a projection of the Medicaid expenditures that could have occurred absent the demonstration (the "without waiver" [WOW] costs). Historically, if a state's "with waiver" (WW) costs for a demonstration approval period were less than the expenditure limit for that period, the unspent funds or "savings" rolled over into the next approval period, which meant that the state could incur higher WW costs during the new approval period.

CMS and states have generally been applying an approach to calculating budget neutrality that CMS described in a 2018 SMDL.<sup>12</sup> The approach described in the 2018 SMDL included certain features that limited the extent to which states could roll over unspent "savings" from one approval period to the next when CMS extended a demonstration, and which were thereby intended to preserve the fiscal integrity of the Medicaid program. Based on CMS' and states' experience implementing the approach described in the 2018 SMDL, it has become apparent to CMS that this approach may limit states' future ability to continue testing and developing innovative demonstration programs that are likely to assist in promoting the objectives of Medicaid. Therefore, in this approval, CMS has reevaluated and is modifying certain aspects of the budget neutrality approach described in the 2018 SMDL in an attempt to better support state innovation, in line with section 1115 of the Act, while maintaining its commitment to fiscal integrity. While CMS evaluates each demonstration proposal on a case-by-case basis, CMS anticipates that it will consistently apply these or similar updates in its approach to budget neutrality to all similarly situated states going forward.

Under this approval, CMS is departing from the budget neutrality approach described in the 2018 SMDL in two key ways. First, CMS is making several changes that are intended to give states greater access to funding, including "savings" from prior approval periods, while still maintaining fiscal integrity. These changes include an updated approach to calculating the WOW baseline, which refers to the projected expenditures that could have occurred absent the demonstration and which, as described above, is the basis for the budget neutrality expenditure limit for each approval period. Under this approval, CMS calculated the WOW baseline by using a *weighted average* of the state's *historical* WOW per-member-per-month (PMPM) baseline and its *recent actual* PMPM costs, rather than taking the approach described in the 2018 SMDL, which was to adjust WOW PMPM cost estimates to reflect only the *recent actual* PMPM costs. This updated approach is expected to result in a slightly higher WOW baseline, while still primarily reflecting the state's most recent expenditures.

In addition, under this approval, projected demonstration expenditures associated with each Medicaid Eligibility Group in the WOW baseline have been trended forward using the President's Budget trend rate to determine the maximum expenditure authority for the new approval period. In contrast, under the approach described in the 2018 SMDL, CMS would use the *lower of* the state's historical trend or the President's Budget trend rate. Using the President's Budget trend rate instead aligns the demonstration trend rate with federal budgeting principles and assumptions.

<sup>&</sup>lt;sup>12</sup> August 22, 2018. SMD#18-009 RE: Budget Neutrality Policies for Section 1115(a) Medicaid Demonstration Projects. <u>https://www.medicaid.gov/federal-policy-guidance/downloads/smd18009.pdf</u>

Additionally, while CMS will still limit the extent to which demonstration "savings" can be "rolled over" to a new approval period, the limitations will be less narrow than those under the approach described in the 2018 SMDL. In the 2018 SMDL, CMS explained that it expected to permit states to roll over "savings" to a demonstration extension from only the most recent 5 years of prior approvals, and that there would be a transitional phase-down of accrued "savings." Under this approval, the "savings" amount available for the extension approval period has been limited to the lower of (1) the "savings" available to the state in the current extension approval period plus net savings from up to 10 years of the immediately prior demonstration approval period(s); or (2) 15 percent of the state's projected total Medicaid expenditures in aggregate for the demonstration extension period. This first change with "rollover" will permit states to access more "savings" from prior approval periods than it would otherwise be able to do under the approach described in the 2018 SMDL, and thus will better permit states to fund the program innovations described above.

At the same time, with the second change with "rollover", CMS will limit the "savings" states can access, thereby preserving the Medicaid program's fiscal integrity. These adjustments to the 2018 approach improve the balance between the availability of expenditure authority to support program innovation and the need for fiscal restraint. CMS expects these updates will continue to ensure fiscal integrity by limiting "savings" rollover from one approval period to the next. They are also expected to give states access to more funding than it would otherwise have been able to access, and thus a greater ability to implement demonstration projects likely to assist in promoting the objectives of the Medicaid program than it would have had under the approach described in the 2018 SMDL.

In a second key change from the approach described in the 2018 SMDL, CMS is treating certain HRSN expenditures as "hypothetical" for the purposes of Washington's budget neutrality calculation. As described in the 2018 SMDL, when calculating budget neutrality, CMS effectively treats a hypothetical expenditure like an expenditure that the state could have made absent the demonstration. As a result, hypothetical expenditures are included in both the WOW baseline and the estimate of the WW expenditures under the demonstration, and states do not have to find demonstration "savings" to offset hypothetical expenditures. However, when evaluating budget neutrality, CMS does not offset non-hypothetical expenditures with projected or accrued "savings" from hypothetical expenditures. That is, "savings" are not generated from a hypothetical population or service if the state does not spend up to the hypothetical expenditure limit. To allow for hypothetical expenditures, while preventing them from resulting in "savings," CMS applies a separate, independent budget neutrality "supplemental test" for hypothetical expenditures. These supplemental budget neutrality tests subject the hypothetical expenditures to predetermined limits to which the state and CMS agree, and that CMS approves, during negotiations. If the state's WW hypothetical spending exceeds the supplemental test's expenditure limit, the state agrees (as a condition of CMS approval) to offset that excess spending by finding "savings" elsewhere in the demonstration or to refund the federal matching funds to CMS.

In the 2018 SMDL, CMS explained that it historically considered demonstration expenditures to be "hypothetical" in the following circumstances: (1) when they are for populations or services

that the state could otherwise have covered under its Medicaid state plan or other title XIX authority, such as a waiver under section 1915 of the Act; or (2) when a WOW spending baseline is difficult to estimate due to variable and volatile cost data resulting in anomalous trend rates (e.g., CMS has treated demonstration expenditures on the "adult group" described in section 1902(a)(10)(A)(i)(VIII) of the Act as hypothetical for this reason).

Under this approval, certain HRSN expenditures are considered "hypothetical" expenditures and are included in the budget neutrality WOW baseline. Some of these expenditures, as discussed above, are expenditures for services that the state could otherwise cover under other title XIX authority, such as tenancy and nutrition supports for beneficiaries. Treating those expenditures as hypothetical is consistent with how CMS has historically treated similar expenditures. While other approved HRSN expenditures could not otherwise be covered under title XIX authority, such as expenditures on section 1915(c) and 1915(i) services for beneficiaries who would not otherwise be eligible for them under section 1915, there are insufficient or inconsistent data to calculate a WOW baseline for at least some of these expenditures. Treating those expenditures as hypothetical is also consistent with how CMS has historically treated similar expenditures.

As discussed above, based on robust academic-level research, it appears likely that these state expenditures could improve the quality and effectiveness of downstream services that can be provided under state plan authority.<sup>13</sup> And, as also discussed below, covering HRSN services might improve beneficiary health, reducing the future downstream costs of medical care for these beneficiaries. At the same time, predicting these downstream effects on overall Medicaid program costs of covering certain evidence-based HRSN services is extremely difficult, making it hard for CMS to pinpoint the estimated fiscal impact of these expenditures on demonstration budget neutrality or on the state's overall Medicaid program. Treating demonstration HRSN expenditures as hypothetical will give the state the flexibility to test these worthy innovations, especially as CMS anticipates that they might result in overall reductions in future Medicaid program costs.

Historically, CMS has often authorized expenditures through section 1115 demonstrations subject to expenditure limits. In this case, to ensure that treating certain HRSN expenditures as hypothetical will not have a significant negative impact on Medicaid fiscal program integrity, CMS is applying a budget neutrality spending cap to HRSN services expenditures and an additional sub-cap to HRSN infrastructure expenditures, and is referring to these expenditures as "capped hypothetical expenditures" in the STCs.

The caps on expenditures for these HRSN services and related infrastructure activities differ from the usual limit CMS places on hypothetical expenditures under the "supplemental test" discussed above in several respects. First, ordinarily, if a state exceeds the hypothetical expenditure limit, it can offset the additional costs with savings from the rest of the

<sup>&</sup>lt;sup>13</sup> Lipson, D. J. *Medicaid's Role in Improving the Social Determinants of Health: Opportunities for States*. National Academy of Social Insurance; 2017; <u>https://www.nasi.org/wp-content/uploads/2017/06/Opportunities-for-States\_web.pdf</u>; Whitman, A., De Lew, N., Chappel, A., et al. *Addressing Social Determinants of Health: Examples of Successful Evidence-Based Strategies and Current Federal Efforts*. Assistant Secretary for Planning and Evaluation; 2022; <u>https://aspe.hhs.gov/sites/default/files/documents/e2b650cd64cf84aae8ff0fae7474af82/SDOH-Evidence-Review.pdf</u>.

demonstration. That will not be permitted with the HRSN expenditures. However, unspent expenditure authority allocated for HRSN infrastructure in a given demonstration year can be applied to HRSN services in the same demonstration year. Any unspent HRSN services expenditure authority may not be used to fund HRSN infrastructure. Second, the expenditures subject to the cap are narrowly defined to reflect only expenditures associated with services that research indicates are likely to have certain positive downstream effects, as discussed above. Third, the upper limit on the cap is based on a range of estimates of the likely cost of these expenditures over the course of a five-year period, and set at a mid-point in that range. While this cap deviates from the traditional approach to hypothetical expenditures, it is consistent with CMS' historical approach to maintaining budget neutrality in Medicaid demonstrations, and it does not alter the underlying financing structure of the Medicaid program. This cap will ensure that the state maintains its investment in the state plan benefits to which beneficiaries are entitled while testing the benefit of the HRSN services described above. This cap will not apply to any other benefits or services.

Finally, CMS is revising the approach to adjusting the budget neutrality calculation in the middle of a demonstration approval period. Historically, CMS has limited its review of state requests for "mid-course" budget neutrality adjustments to situations that necessitate a corrective action plan, in which projected expenditure data indicated a state is likely to exceed its budget neutrality expenditure limit. CMS has updated its approach to mid-course corrections in this demonstration approval to provide flexibility and stability for the state over the life of a demonstration. This update identifies, in the STCs, a list of circumstances under which a state's baseline may be adjusted based on actual expenditure data to accommodate circumstances that are either out of the state's control (for example, if expensive new drugs that the state is required to cover enter the market); and/or the effect is not a condition or consequence of the demonstration (for example, unexpected costs due to a public health emergency); and/or the new expenditure (while not a new demonstration-covered service or population that would require the state to propose an amendment to the demonstration) is likely to further strengthen access to care (for example, a legislated increase in provider rates). CMS also explains in the STCs what data and other information the state should submit to support a potentially approvable request for an adjustment. CMS considers this a more rational, transparent, and standardized approach to permitting budget neutrality modifications during the course of a demonstration.

# Requests Not Being Approved at this Time

CMS and Washington are continuing discussions of the state's pending requests related to strategies to improve and strengthen access to care and health outcomes for certain individuals enrolled in Medicaid. Specifically, Washington requested authority for federal financial participation through the Designated State Health Programs (DSHP) to support new initiatives approved in this extension. Additionally, other pending requests include: funding for the development of local, community-based initiatives; funding for an assessment tool, technical assistance and provider incentives for integration of physical and behavioral health care; supporting continuity of care for individuals confined in state hospitals or IMDs who are discharging to the community; funding to provide compensation for guardianship and decision-making supports for individuals qualifying for LTSS; increasing access to personal care services through delivery model efficiencies; increasing the duration of funding for rent/temporary

housing for specified individuals transitioning from specific types of facilities or settings; and expanding presumptive eligibility for individuals in need of HCBS in a licensed residential setting.

CMS is not able to approve the state's request for federal funding to provide continuous eligibility to postpartum individuals who are non-qualified aliens. The Personal Responsibility and Work Opportunity Reconciliation Act of 1996 (PRWORA) prohibits federal benefits, except emergency services, for non-qualified aliens. Although CMS is not able to approve this request, CMS is supportive of Washington's effort to improve access to postpartum care. As described above, CMS is approving continuous postpartum coverage for individuals who meet Medicaid eligibility requirements and are not eligible for Medicaid state plan continuous eligibility.

# Monitoring and Evaluation

Consistent with the demonstration STCs, the state submitted its Interim Evaluation Report for the prior demonstration approval period with the extension application. The evaluation found substantial improvements in statewide measures related to SUD with access to and quality of SUD treatment beginning to improve in the year following demonstration implementation. Additionally, there was evidence of increased capacity for SUD treatment across the state..

Evidence from the Interim Evaluation Report also signaled progress toward reaching demonstration goals related to value-based payment (VBP) and integrated managed care (IMC). The state achieved targets for VBP participation by MCOs through 2018 and expanded participation in VBP arrangements by primary care practices.

Early results of the Accountable Communities of Health (ACH) Health Improvement Projects signaled improvements in measures for projects to integrate behavioral and physical health care and to address the opioid crisis. However, there was less clear evidence of improvements for other health improvement projects, which is largely due to their early stages of implementation during the first few years of the demonstration.<sup>14,15</sup> During this time, the ACHs were focused on developing partnerships, workforce, and infrastructure to support new interventions.

Results from the FCS program were promising. The state made significant progress in establishing a statewide network of providers, and Supported Employment participants saw strong improvements in employment. The impact of the Supportive Housing Program was less clear, which may have been related to shortages in affordable housing. However, engagement in primary care and SUD treatment improved for participants enrolled in both the FCS housing and employment programs.

<sup>&</sup>lt;sup>14</sup> These early-stage projects included community-based care coordination, transitional care, diversion interventions, reproductive and maternal or child health, access to oral health care, and chronic disease prevention and control.

<sup>&</sup>lt;sup>15</sup> For the ACH projects, 2017-2018 were planning years, and 2019 was the implementation year. Given the measurement period for the interim report ended December 2019, there was insufficient evidence to draw reliable conclusions about the impact of these programs. The forthcoming summative evaluation report will include more years of implementation data and therefore be more informative.

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MAC and TSOA components appear to have reduced statewide utilization of traditional Medicaid long-term services and supports. One quarter of TSOA participants enrolled in Medicaid within 6 months of participation, and few used traditional Medicaid-paid long-term services and supports. MAC participants had fewer adverse outcomes following enrollment, compared to non-MAC participants. While enrollment in these programs ramped up slowly, satisfaction in the programs was high.

Challenges encountered under the demonstration included workforce shortages and infrastructure hurdles. ACHs devoted substantial effort to workforce development with community health workers playing an important role in regional progress toward demonstration goals, but retention challenges were evident. Moreover, stakeholders desired a statewide health information technology and health information exchange strategies to promote standardization and interoperability as the demonstration required substantial effort from partnering organizations, which raised resource concerns.

Finally, the state did report racial and ethnic disparities in that Black and American Indian/Alaska Native beneficiaries experienced less access to or a lower quality of care on several measures, compared to Medicaid beneficiaries as a whole. The state will continue to monitor and evaluate these and other disparities during the extension period.

With this extension of the Washington MTP Demonstration, consistent with CMS requirements for section 1115 demonstrations and as outlined in the demonstration's STCs, the state is required to continue conducting systematic monitoring and robust evaluation of the demonstration, per applicable CMS guidance and technical assistance. The overall demonstration, and specifically the novel initiatives must be rigorously monitored and evaluated. Evidence indicating substantial and sustained directional change inconsistent with the demonstration goals (such as sustained trends indicating substantially increased difficulty accessing services) could form the basis for CMS to initiate the process for withdrawing specific authorities within the demonstration.

The demonstration's monitoring through quantitative data and narrative information must support tracking progress toward meeting goals and milestones—including relative to their projected timelines—of the demonstration's program/policy implementation and infrastructure investments. The state must report on metrics that relate to the demonstration's key policy components—both those that are continuing from the prior demonstration approval period and those that are newly approved in the state with this demonstration extension. This would include but is not be limited to: SUD, SMI/SED, contingency management, presumptive eligibility for HCBS, postpartum coverage, HRSN, and pre-release services for individuals leaving jails, prisons and youth correctional facilities.

The state and CMS will work collaboratively in developing and finalizing the Monitoring Protocols to establish monitoring metrics and other qualitative reporting expectations, per the STCs, to help track operational and implementation progress and performance of the demonstration's different programs.

Specifically, with this extension, the state must undertake standardized reporting on categories of

metrics including, but not limited to enrollment and renewal, inclusive of enrollment duration, access to providers, utilization of services, and quality of care and health outcomes. The state is required to provide robust reporting on quality of care and health outcomes aligned with the demonstration's policy composition and objectives, to be reported for all demonstration populations. Such reporting must also be stratified by demographic subpopulations of interest (e.g., by sex, age, race/ethnicity, English language proficiency, primary language, disability status, and geography) and demonstration components, to the extent feasible. Subpopulation reporting will support identifying any existing shortcomings or disparities in quality of care and health outcomes and help track whether the demonstration's initiatives help improve outcomes for the state's Medicaid population, including the narrowing of any identified disparities.

To that end, CMS underscores the importance of reporting metrics data on quality of care and health outcomes that are known to be important for closing key equity gaps in Medicaid and CHIP (e.g., the National Quality Forum (NQF) "disparities sensitive" measures) and prioritizing key outcome measures and their clinical and non-clinical (i.e., social) drivers of health. In coordination with CMS, the state is expected to select such measures for reporting in alignment with a critical set of equity-focused measures CMCS is finalizing as part of its upcoming guidance on the CMCS Health Equity Measure Slate.

For this demonstration's HRSN initiatives, in addition to reporting on the metrics described above, the state must track beneficiary participation, screening, receipt of referrals and social services over time, as well as narratively report on the adoption of information technology infrastructure to support data sharing between the state or partner entities assisting in the administration of the demonstration and social services organizations. Specifically, in the context of the HRSN initiatives, the state's enrollment and renewal metrics must capture baseline data and track progress via monitoring reports in the percent of Medicaid renewals completed ex parte (administratively), as well as the percentage of Medicaid beneficiaries enrolled in other public benefit programs (such as, Supplemental Nutrition Assistance Program and Special Supplemental Nutrition Program for Women, Infants, and Children) for which they are eligible. The Monitoring Reports must also provide status updates in accordance with the Monitoring Protocol on the implementation of infrastructure investments tied to the HRSN initiatives. If the state, health plans, or health care providers will contract or partner with organizations to implement the demonstration, the state must use monitoring metrics that track the number and characteristics of contracted or participating organizations in specific demonstration programs and corresponding payment-related metrics. These metrics are specifically relevant for the state's HRSN initiatives.

The state's monitoring and evaluation must also accommodate the newly approved reentry demonstration initiative. The state is required to report on metrics aligned with tracking progress with implementation and toward meeting the milestones of the reentry demonstration initiative. CMS expects such metrics to include, but not be limited to: administration of screenings to identify individuals who qualify for pre-release services, utilization of applicable pre-release and post-release services (e.g., case management, MAT, clinical/behavioral health assessment pre-release and primary and behavioral health services post-release), provision of health or social service referral pre-release, participants who received case management pre-release and post-release, and take-up of data system enhancements among participating carceral settings. In

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addition, the state is also expected to monitor the number of beneficiaries served by types of services rendered under the demonstration.

Also, in alignment with the state's Reentry Demonstration Initiative Implementation Plan, the state must provide in its Monitoring Reports narrative details outlining its progress with implementing the initiative, including any challenges encountered and plans for addressing them. This information must also capture the transitional non-service expenditures, including enhancements in the data infrastructure and information technology. The Monitoring Reports will also capture the progress of facilities implementing the Service Line of their choosing, including any challenges and changes in Service Lines. In addition, the state must have an independent entity conduct a mid-point assessment of the reentry demonstration initiative to be completed by the end of the third year of the initiative's implementation. The assessment will support understanding the state's progress toward—and risks of not meeting—its initiative-specific milestones and goals, and outline any necessary mitigation strategies.

Furthermore, as required by 42 CFR 431.424 and the STCs, and consistent with current CMS guidance, Washington must conduct a comprehensive and meaningful evaluation of the demonstration as approved herein to assess whether the demonstration components are effective in producing the desired outcomes for its beneficiaries and providers, as well as for the state's overall Medicaid program. The demonstration evaluation must outline and address well-crafted hypotheses and research questions for all key demonstration policy components that support understanding the demonstration's impact on beneficiary coverage, access to and quality of care, and health outcomes, as well as its effectiveness in achieving the policy goals and objectives.

For demonstration components that are continuing from the prior demonstration approval period, the state's Evaluation Design must reframe and refocus as needed the evaluation hypotheses and research questions to factor in where the state can reasonably expect continued improvements, and where the demonstration's role might be to help stabilize outcomes. Likewise, for continuing policies, the state must revisit its analytic approaches compared to those used in the prior approval period evaluation activities to ensure that the evaluation of those policies taps into the longer implementation time span.

Overall, for all demonstration components, to the extent feasible, the state must collect data to support analyses stratified by key subpopulations of interest (e.g., by sex, age, race/ethnicity, English language proficiency, primary language, disability status, and geography). Such stratified data analyses will provide a fuller understanding of existing disparities in access to and quality of care and health outcomes and help inform how the demonstration's various policies might support reducing such disparities.

For all components of the demonstration, the state must—as applicable—develop and test evaluation hypotheses and research questions aligned with program goals, and assess enrollment and enrollment continuity, as well as various measures of access, utilization, and health outcomes, as appropriate and in alignment with applicable CMS evaluation guidance and technical assistance. SUD evaluation, for example, is expected to incorporate outcomes such as initiation and compliance with treatment; utilization of health services, including avoidable emergency department visits and inpatient hospitalizations; care coordination, including access

to care for physical health conditions; preventable or medically inappropriate readmissions; and opioid-related overdose deaths.

Hypotheses for the extension of the postpartum care initiative must cover outcomes related to primary and preventative care utilization, maternal and infant health, and treatment for behavioral health, with a focus on addressing any demographic disparities.

For the presumptive eligibility policies for HCBS, the state must investigate hypotheses related to beneficiaries' experience of and access to care, including but not limited to changes in time to first appointments. Also, the state should evaluate whether the processes for presuming eligibility are accurate and reliable (i.e., the vast majority of presumed-eligible beneficiaries are eventually found to be eligible).

With the approval of the HRSN initiatives under this demonstration extension, evaluation hypotheses for the program must focus on assessing the effectiveness of the HRSN services in mitigating identified needs of beneficiaries. Such assessment is expected to use applicable demonstration monitoring and other data on the prevalence and severity of beneficiaries' HRSNs and the provision of and beneficiary utilization of HRSN services. Furthermore, the HRSN evaluation must include analysis of how the initiatives affect utilization of preventive and routine care; utilization of and costs associated with potentially avoidable, high-acuity health care; and beneficiary physical and mental health outcomes. In alignment with the demonstration's objectives to improve outcomes for the state's overall beneficiary populations eligible for the HRSN initiatives, the state must also include research questions and hypotheses focused on understanding the impact of the HRSN initiatives on advancing health quality, including through the reduction of health disparities, for example, by assessing the effects of the initiatives in reducing disparities in health care access, quality of care, or health outcomes at the individual, population and/or community level.

The evaluation also must assess the effectiveness of the infrastructure investments authorized through the demonstration to support the development and implementation of the HRSN initiatives. The state must examine whether and how local investments in housing supports change over time and in concert with new Medicaid funding toward those HRSN services. In addition, in light of how demonstration HRSN expenditures are being treated for the purposes of budget neutrality, the evaluation of the HRSN initiative must include a cost analysis to support developing comprehensive and accurate cost estimates for providing such services. Evaluation of the HRSN initiative must include a robust assessment of potential improvements in the quality and effectiveness of downstream services that can be provided under the state plan authority, as well as on associated cost implications.

Evaluation of the reentry demonstration initiative must be designed to examine whether the initiative expands Medicaid coverage through increased enrollment of eligible individuals, and efficient provision of high-quality pre-release services that promote continuity of care into the community post-release. In addition, in alignment with the goals of the reentry demonstration initiative in the state, the evaluation hypotheses must focus on, but not be limited to: cross-system communication and coordination, connections between carceral and community services, access to and quality of care in carceral and community settings; preventive and routine physical

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and behavioral health care utilization, non-emergent emergency department visits and inpatient hospitalizations and all-cause deaths.

The state must also provide a comprehensive analysis of the distribution of services rendered by type of service over the duration of the 90-day coverage period before the beneficiary's expected date of release-to the extent feasible, and discuss in the evaluation any relationship identified between the provision and timing of particular services with salient post-release outcomes, including utilization of acute care services for chronic and other serious conditions, decompensation, suicide-related death, overdose, and overdose-related deaths in the period soon after release. In addition, the state is expected to assess the extent to which this coverage timeline facilitated providing more coordinated, efficient and effective reentry planning, enabled pre-release management and stabilization of clinical, physical and behavioral health conditions, and helped mitigate any potential operational challenges the state might have otherwise encountered in a more compressed timeline for coverage of pre-release services. The demonstration's evaluation efforts will be expected to include an examination of carceral provider qualifications and standards as well as the experiences of carceral and community providers, including challenges encountered, as they develop relationships and coordinate to facilitate transition of individuals into the community. Finally, similar to the state's HRSN initiative, the state must conduct a comprehensive cost analysis to support developing estimates of implementing the reentry demonstration initiative, including covering associated services.

CMS underscores the importance of undertaking a well-designed beneficiary survey and/or interviews to assess, for instance, beneficiary understanding of and experience with the various demonstration policies and with access to and quality of care. In addition, the state is strongly encouraged to evaluate the implementation of the novel demonstration programs to better understand whether certain key demonstration policies were implemented as envisioned during the demonstration design process, and whether specific factors acted as facilitators of—or barriers to—successful implementation. The implementation evaluation can inform the state's crafting and selection of testable hypotheses and research questions for the demonstration's outcome and impact evaluations and provide context for interpreting the findings.

Under the STCs, the state is required to contract with an independent evaluator to conduct the evaluation and develop the demonstration's Interim and Summative Evaluation Reports in alignment with the CMS-approved Evaluation Design. The state also will have an independent entity conduct demonstration mid-point assessments for the SUD, SMI, and reentry policies. The mid-point assessments will provide the state an opportunity to outline any necessary mitigation strategies to ensure the state is meeting the milestones.

## **Consideration of Public Comments**

To increase the transparency of demonstration projects, section 1115(d)(1) and (2) of the Act direct the Secretary to issue regulations providing for two periods of public comment on a state's application for a section 1115 demonstration that would result in an impact on eligibility, enrollment, benefits, cost-sharing, or financing. The first comment period occurs at the state level before submission of the section 1115 application, and the second comment period occurs at the federal level after the application is received by the Secretary. Washington completed its state-level public comment period, as required, from May 12, 2022 through June 13, 2022.

Section 1115(d)(2)(A) and (C) of the Act further specifies that comment periods should be "sufficient to ensure a meaningful level of public input," but the statute imposes no additional requirement on the states or the Secretary to address those comments, as might otherwise be required under a general rulemaking. Accordingly, the implementing regulations issued in 2012 provide that CMS will review and consider all comments received by the deadline but will not necessarily provide written responses to all public comments (42 CFR 431.416[d][2]).

The federal comment period opened on August 1, 2022 and closed on August 31, 2022. CMS received four public comments during the federal comment period. One comment was unrelated to the Washington demonstration extension request.

Implementation of HRSN services was widely supported within the public comments by praising the expansion of access to innovative strategies to improve health outcomes and addressing health inequities among Medicaid beneficiaries. One commenter described how this coverage will address existing gaps to coverage by providing services that will not only improve health of individuals but also will decrease the financial implications for disadvantaged individuals. This commenter expressed support for Washington's efforts to create an integrated system targeting the reduction in health disparities and the promotion of health equity by supporting the delivery of HRSN services with a focus on local, regional needs. Additionally, this commenter supported investment in Community Hubs and a Native Hub to implement initiatives to reduce disparities and address HRSN.

Another commenter provided their endorsement for various aspects of the state's demonstration extension and the requested new programs. The commenter extended their strong support for continuing coverage for individuals up to 12 months of postpartum stating this program opens up opportunities to advance maternal health outcomes with the state, and further commenting on how this program will assist with overcoming racial disparities to align with health equity and reduce lapses in insurance coverage which will assist in alleviating the state's maternal mortality and morbidity crisis. The commenter also commended the state for incorporating continuous eligibility for children through age five into the demonstration stating this coverage will connect children to necessary preventive health care services, decrease complex health care enrollment procedures, and overall advance health equity. The state's proposal to increase services for justice-involved individuals was also supported by this commenter. However, the commenter recommended for the transitional services that women's health care be explicitly included in the services including comprehensive reproductive health care as well as other cervical and breast cancer screenings and maternity care as part of the physical assessments. Lastly, the commenter shared their enthusiasm with the state's proposals to support whole-person care, including the eligibility expansion for the MAC and TSOA programs to support unpaid caregivers and the creation of a standard assessment process for provider clinical behavioral health integration to screen for depression, anxiety, and SUD individuals during their first prenatal health care visit.

A third commenter commended Washington for its goals of health equity and increasing access to health care and health-related social needs services. This commenter encouraged continued partnerships with Tribal and urban Indian leaders, the American Indian Health Commission and the Northwest Portland Area Indian Health Board, and made a number of recommendations to address barriers to accessing services in Medicaid experienced by American Indian and Alaska Native (AI/AN) people. The commenter recommended that the state require Accountable

Communities of Health (ACHs) to adopt a policy for tribal engagement and coordination. The commenter is also recommending that Washington Health Care Authority (HCA) contract with federally recognized tribes to determine eligibility, authorize MAC and TSOA services, and perform case management functions for MAC and TSOA services. While most of these comments are beyond the scope of the demonstration extension, establishment of a Native Hub may help to further culturally attuned provision of HRSN services..

The commenter recommended changes to Medicaid programs not being modified, extended, or proposed as part of the demonstration's extension. The commenter requested changes to strengthen the current Fee-for-Service (FFS) system to improve access for AI/AN beneficiaries. The commenter provided recommendations to mitigate unintended negative consequences of Medicaid value-based purchasing on access to care for AI/AN communities. In addition, the commenter recommended the state add the Special Diabetes Program for Indians as a covered Medicaid benefit in the demonstration to address the prevalence of diabetes among AI/AN people. Lastly, the commenter requested the addition of traditional healing practices as a covered Medicaid benefit in the demonstration and tribal consultation and urban confer to develop appropriate reimbursement of these practices.

After carefully reviewing the public comments submitted during the federal comment period and information received from the state public comment period, CMS has concluded that the demonstration is likely to assist in promoting the objectives of Medicaid and, as relevant, CHIP.

# **Other Information**

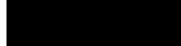
The award is subject to CMS receiving written acceptance by the state within 30 days of the date of this approval letter. Your project officer for this demonstration is Ms. Diona Kristian. Ms. Kristian is available to answer any questions concerning implementation of the state's section 1115(a) demonstration and her contact information is as follows:

Centers for Medicare & Medicaid Services Center for Medicaid and CHIP Services Mail Stop: S2-25-26 7500 Security Boulevard Baltimore, Maryland 21244-1850 Email: <u>Diona.Kristian@cms.hhs.gov</u>

We appreciate the state's commitment to improving the health of its Medicaid beneficiaries, and we look forward to our continued partnership on the Washington Medicaid Transformation Project section 1115(a) demonstration. If you have any questions regarding this approval, please contact Ms. Mehreen Rashid, Acting Director, State Demonstrations Group, Center for Medicaid and CHIP Services, at (443) 257-5069.

Sincerely,

Daniel Tsai



Deputy Administrator and Director

Enclosure

cc: Edwin Walaszek, State Monitoring Lead, CMS Medicaid and CHIP Operations Group

## **CENTERS FOR MEDICARE & MEDICAID SERVICES**

## WAIVER AUTHORITY

## NUMBER: 11-W-00304/0 and 21-W-00071/0

#### TITLE: Washington State Medicaid Transformation Project 2.0

#### **AWARDEE:** Washington State Health Care Authority

Under the authority in Section 1115(a)(1) of the Social Security Act ("the Act"), the following waivers are granted to enable the State of Washington (referred to herein as the state or the State) to operate the Washington State Medicaid Transformation Project 2.0 Section 1115(a) Demonstration. These waivers are effective beginning July 1, 2023 and are limited to the extent necessary to achieve the objectives below. These waivers may only be implemented consistent with the approved Special Terms and Conditions (STCs) set forth in the accompanying document.

As discussed in the Centers for Medicare & Medicaid Services' (CMS) approval letter, the Secretary of Health and Human Services has determined that the Washington State Medicaid Transformation Project Section 1115(a) Demonstration, including the granting of the waivers described below, is likely to assist in promoting the objectives of title XIX of the Act.

Except as provided below with respect to expenditure authority, all requirements of the Medicaid program expressed in law, regulation and policy statement, not expressly waived in this list, shall apply to the demonstration project for the period beginning July 1, 2023 through June 30, 2028.

None of these waivers apply to the Substance Use Disorder, Serious Mental Illness component of this demonstration (see Expenditure Authorities #10 and #11).

#### 1. Statewideness/Uniformity

#### Section 1902(a)(1) 42 CFR §431.50

Section 1902(a)(8)

To the extent necessary to enable the state to make delivery system reform incentive payments—based on a regional needs assessment—that vary regionally in amount and purpose.

#### 2. Reasonable promptness

To enable the state to limit the number of individuals receiving benefits through the Medicaid Alternative Care (MAC) or Tailored Support for Older Adults (TSOA) program.

To enable the state to limit the number of individuals who receive foundational community supports benefits under the demonstration.

#### 3. Freedom of Choice

Section 1902(a)(23)(A)

To the extent necessary to enable the state to restrict freedom of choice of provider for individuals receiving benefits through the Medicaid Alternative Care (MAC) or Tailored Support for Older Adults (TSOA) program.

To the extent necessary to enable the state to restrict freedom of choice of provider for individuals receiving foundational community supports benefits under the demonstration.

## 4. Amount, Duration, Scope and Service Section 1902(a)(10)(B)

To permit the state to provide benefits for the Tailored Supports for Older Adults (TSOA) expansion population that are not available in the standard Medicaid benefit package.

To permit the state to provide benefits not available in the standard Medicaid benefit package to individuals who have elected and enrolled to receive Medicaid Alternative Care (MAC) benefits.

To permit the state to provide benefits not available in the standard Medicaid benefit package to populations specified by Accountable Communities of Health (ACH).

To permit the state to offer a varying set of benefits to beneficiaries eligible for the Foundational Community Support program.

## **CENTERS FOR MEDICARE & MEDICAID SERVICES**

## **EXPENDITURE AUTHORITY**

#### NUMBER: 11-W-00304/0 and 21-W-00071/0

#### TITLE: Washington State Medicaid Transformation Project 2.0

#### **AWARDEE:** Washington State Health Care Authority

Under the authority of section 1115(a)(2) of the Social Security Act (the Act), expenditures made by Washington State (referred to herein as the state) for the items identified below, which would not otherwise be included as expenditures under section 1903 and 2107(e)(2)(A) of the Act shall, for the period from July 1, 2023 through June 30, 2028, unless otherwise specified, be regarded as expenditures under the state's title XIX and title XXI plan.

As discussed in the Centers for Medicare & Medicaid Services' (CMS) approval letter, the Secretary of Health and Human Services has determined that the Washington State Medicaid Transformation Project 2.0 Section 1115(a) Demonstration, including the granting of the expenditure authorities described below, is likely to assist in promoting the objectives of title XIX and title XXI of the Act.

The following expenditure authorities may only be implemented consistent with the approved Special Terms and Conditions (STC) and shall enable the state to operate the above-identified section 1115(a) demonstration.

- 1. Delivery System Reform Incentive Payments to Accountable Communities of Health and Partnering Providers. Expenditures for performance-based incentive payments to regionally based Accountable Communities of Health (ACH) and their partnering providers to address health systems and community capacity; financial sustainability through participation in valuebased payment; Bi-directional integration of physical and behavioral health; community-based whole person care; improve health equity and reduce health disparities. The only expenditures permitted are incentive payments for prior periods of performance and administrative activities to close out the DSRIP program. This authority expires on June 30, 2024.
- 2. Delivery System Reform Incentive Payments to Managed Care Organizations. Expenditures for DSRIP payments to managed care organizations. The only expenditures permitted are incentive payments for prior periods of performance and administrative activities to close out the DSRIP program. This authority expires on June 30, 2024.
- 3. Medicaid Alternative Care Unpaid Caregiver Supports. Expenditures for costs to support unpaid caregivers serving individuals who are receiving MAC benefits.
- 4. **Medicaid Alternative Care Services for Eligible Individuals.** Expenditures for individuals aged 55 and older who are eligible for the standard Medicaid benefit package, meet the

functional eligibility criteria for HCBS under the state plan, but elect, instead, to receive MAC services specified in Section 8.

- 5. **Tailored Support for Older Adults Unpaid Caregiver Supports.** Expenditures for costs to support unpaid caregivers serving individuals who are receiving TSOA benefits.
- 6. **Tailored Support for Older Adults for Eligible Individuals.** Expenditures for services that are an alternative to long-term care services and supports for individuals aged 55 or older who are not otherwise eligible for CN or ABP Medicaid, meet functional eligibility criteria for HCBS under the state plan, and have income up to 400 percent of the supplemental security benefit rate established by section 1611(b)(1) of the Act.
- 7. **Presumptive eligibility for MAC and TSOA.** Expenditures for each individual presumptively determined to be eligible for MAC or TSOA services, during the presumptive eligibility period described in STC 8.11. In the event the state implements a waitlist, the authority for presumptive eligibility terminates.
- 8. **Foundational Community Supports.** Expenditures for home and community-based services (HCBS) and related services as described in Section 10.
- 9. **Residential and Inpatient Treatment for Individuals with Substance Use Disorder.** Expenditures for otherwise covered services furnished to otherwise eligible individuals who are primarily receiving treatment and withdrawal management services for substance use disorder (SUD) who are short-term residents in facilities that meet the definition of an institution for mental diseases (IMD).
- 10. **Residential and Inpatient Treatment for Individuals with Serious Mental Illness.** Expenditures for Medicaid state plan services furnished to otherwise eligible individuals who are primarily receiving treatment for a serious mental illness (SMI) who are short-term residents in facilities that meet the definition of an institution for mental disease (IMD).
- 11. **Continuous Eligibility for Children.** Expenditures for continued benefits for children who have been determined eligible as specified in STC 5.2 for the continuous eligibility period who would otherwise lose coverage during an eligibility determination, except as noted in STC 5.3.
- 12. **Continuous Eligibility for Postpartum Individuals.** Expenditures for full Medicaid state plan benefits for individuals with income up to 193 percent of the federal poverty level and meet all other Medicaid eligibility criteria who are determined eligible within the 12-month post-partum period who were not previously enrolled in Medicaid or CHIP during their pregnancy. The eligibility will continue from the end of the pregnancy through the 12<sup>th</sup> month of post-partum without regard to change in circumstance.
- 13. **Presumptive Eligibility for Home and Community-Based Supports.** Expenditures for each individual presumptively determined to be eligible for section 1915(c) COPES, section 1915(k) Community First Choice, or Medicaid Personal Care, during the presumptive eligibility period described in Section 9 of the STCs . Individuals found eligible for presumptive eligibility and who receive services during the presumptive eligibility period will only be allowed one presumptive eligibility period in a 24-month period.

- 14. **Expenditures Related to Contingency Management.** Expenditures for Contingency Management services provided to qualifying beneficiaries in eligible provider settings that elect and are approved by Washington Health Care Authority (HCA) to pilot the Contingency Management benefit.
- 15. **Expenditures Related to Pre-Release Services.** Expenditures for pre-release services, as described in these STCs, provided to qualifying Medicaid beneficiaries for up to 90 days immediately prior to the expected date of release from a participating state prison, county or city jail, or youth correctional facility.
- 16. Expenditures for Pre-Release Administrative Costs. Capped expenditures for payments for allowable administrative costs, services, supports, transitional non-service expenditures, infrastructure and interventions, which may not be recognized as medical assistance under Section 1905(a) or may not otherwise be reimbursable under Section 1903, to the extent such activities are authorized as part of the Pre-Release initiative.
- 17. **Health-Related Social Needs (HRSN) Services.** Expenditures for health-related social needs services not otherwise covered that are furnished to individuals who meet the qualifying criteria as described in Section 15 of the STCs. This expenditure authority is contingent upon adherence to the requirements within Section 16 of these STCs, as well as all other applicable STCs.
- 18. **Health-Related Social Needs Infrastructure**. Expenditures for payments for allowable administrative costs and infrastructure not otherwise eligible for Medicaid payment, to the extent such activities are authorized under Section 15 of the STCs. This expenditure authority is contingent upon adherence to the requirements within Section 16 of the STCs, as well as all other applicable STCs.

## Medicaid Requirements Not Applicable to the Medicaid Expenditure Authority for Pre-Release Services:

#### Statewideness

To enable the state to provide pre-release services, as authorized under this demonstration, to qualifying beneficiaries on a geographically limited basis, in accordance with the Reentry Demonstration Initiative Implementation Plan.

## Amount, Duration, and Scope of Services and Comparability Section 1902(a)(10)(B)

To enable the state to provide only a limited set of pre-release services, as specified in these STCs, to qualifying beneficiaries that is different than the services available to all other beneficiaries outside of carceral settings in the same eligibility groups authorized under the state plan or the demonstration.

#### **Freedom of Choice**

To enable the state to require qualifying beneficiaries to receive pre-release services, as authorized under this demonstration, through only certain providers.

## Section 1902(a)(23)(A)

Section 1902(a)(1)

## Medicaid Requirements Not Applicable to the HRSN Medicaid Expenditure Authority:

#### Statewideness

To the extent necessary to enable Washington to provide HRSN services or certain types of HRSN services, only in certain geographical areas of the state.

#### **Comparability: Amount, Duration, and Scope**

## Section 1902(a)(10)(B), 1902(a)(17), 1902(a)(8)

Section 1902(a)(1)

To the extent necessary to allow the state to offer HRSN services only to an individual who meets the qualifying criteria for HRSN services, including delivery system enrollment, as described in Section 15 of the STCs.

To the extent necessary to allow the state to delay the application review process for HRSN services in the even the state does not have sufficient funding to support providing these services to eligible beneficiaries.

#### **Title XXI Expenditure Authority:**

**Expenditures Related to Pre-Release Services.** Expenditures for pre-release services, as described in these STCs, provided to qualifying demonstration beneficiaries who would be eligible for the CHIP if not for their incarceration status, for up to 90 days immediately prior to the expected dated of release from a participating state prison, county or city jail, or youth correctional facility.

#### **CENTERS FOR MEDICARE & MEDICAID SERVICES**

#### **SPECIAL TERMS AND CONDITIONS**

#### NUMBER: 11-W-00304/0 and 21-W-00071/0

# TITLE:Washington State Medicaid Transformation Project 2.0 Section 1115(a)Demonstration

#### AWARDEE: Washington State Health Care Authority

#### 1. PREFACE

The following are the Special Terms and Conditions (STCs) for the Washington State Medicaid Transformation Project (MTP) 2.0 section 1115(a) Medicaid and Children's Health Insurance Program (CHIP) demonstration (hereafter "MTP 2.0" or "demonstration") to enable Washington State (hereafter "state") to operate this demonstration. The Centers for Medicare & Medicaid Services (CMS) has granted waivers of requirements under section 1902(a) of the Social Security Act (Act), and expenditure authorities authorizing federal matching of demonstration costs not otherwise matchable, which are separately enumerated. These STCs set forth conditions and limitations on those waivers and expenditure authorities, and describe in detail the nature, character, and extent of federal involvement in the demonstration, the state's obligations to CMS related to the demonstration. The STCs neither grant additional waivers or expenditure authorities, nor expand upon those separately granted.

The STCs are effective as of July 1, 2023 through June 30, 2028, unless otherwise specified. All previously approved STCs are superseded by the STCs set forth below for the state's expenditures relating to dates of service during this demonstration extension, unless otherwise specified.

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Additional attachments have been included to provide supplementary information and guidance for specific STCs.

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## 2. PROGRAM DESCRIPTION AND OBJECTIVES

In January 2017, the Federal government approved Washington's five-year MTP section 1115 demonstration. This demonstration enabled communities to improve the health system at the local level, including an emphasis on integrating physical and behavioral health services and value-based payment, through the Delivery System Reform Incentive Payment program. The demonstration offered new benefit packages to support individuals needing long-term services and supports and their caregivers. To address health-related social needs, the state offered supportive housing and supported employment to qualifying individuals. In addition, during this demonstration period the state implemented new initiatives to provide substance use disorder services and treatment for serious mental illness. The MTP demonstration was extended for one additional year in December 2021 and received an additional six-month temporary extension through June 30, 2023. In April 2023, the demonstration was amended to add continuous eligibility for children ages 0 through five.

#### **Demonstration Objectives**

In this demonstration extension approved for demonstration years 8 through 12, entitled "Medicaid Transformation Project 2.0," the state seeks to achieve the following objectives:

- Expand coverage and access to care, ensuring that people can get the care they need. Washington will expand coverage and access by implementing continuous coverage for children and postpartum individuals; providing a new set of services to incarcerated individuals to support successful reentry into their communities; and providing services for Medicaid enrollees receiving substance use disorder and mental health treatment services in institutions for mental disease (IMDs).
- Advance whole-person primary, preventive, and home and community-based care. Washington will support physical and behavioral health providers and expand crucial services beyond the clinical setting into communities by continuing to offer the Medicaid Alternative Care (MAC) and Tailored Supports for Older Adults (TSOA), which together provide enhanced benefits to individuals eligible for Medicaid but not currently receiving Medicaid-funded long-term services and supports (LTSS) and individuals "at risk" of future Medicaid LTSS use and who do not currently meet Medicaid financial eligibility criteria. Washington will also engage in new LTSS program innovations by extending presumptive eligibility to individuals applying for LTSS services.
- Accelerate care delivery and payment innovation, focused on health-related social needs. Washington will advance programs and policies that identify and address Apple Health enrollees' health-related social needs (HRSN). Through continuing Foundational Community Supports and implementing coverage of targeted HRSN services, Washington will support a suite of HRSN services and build essential capacity for community-based care coordination, service delivery, and payment.

# 3. GENERAL PROGRAM REQUIREMENTS

- 3.1. **Compliance with Federal Non-Discrimination Statutes.** The state must comply with all applicable federal statutes relating to non-discrimination. These include, but are not limited to, the Americans with Disabilities Act of 1990 (ADA), Title VI of the Civil Rights Act of 1964, Title IX of the Education Amendments of 1972, Section 504 of the Rehabilitation Act of 1973 (Section 504), the Age Discrimination Act of 1975, and Section 1557 of the Patient Protection and Affordable Care Act.
- 3.2. Compliance with Medicaid and Children's Health Insurance Program (CHIP) Law, Regulation, and Policy. All requirements of the Medicaid and CHIP programs expressed in law, regulation, and policy statement, not expressly waived or identified as not applicable in the waiver and expenditure authority documents (of which these terms and conditions are part), apply to the demonstration.
- 3.3. Changes in Medicaid and CHIP Law, Regulation, and Policy. The state must, within the timeframes specified in federal law, regulation, or written policy, come into compliance with changes in law, regulation, or policy affecting the Medicaid or CHIP programs that occur during this demonstration approval period, unless the provision being changed is expressly waived or identified as not applicable. In addition, CMS reserves the right to amend the STCs to reflect such changes and/or changes as needed without requiring the state to submit an amendment to the demonstration under STC 3.7. CMS will notify the state 30 business days in advance of the expected approval date of the amended STCs to allow the state to provide comment. Changes will be considered in force upon issuance of the approval letter by CMS. The state must accept the changes in writing.

## 3.4. Impact on Demonstration of Changes in Federal Law, Regulation, and Policy.

- a. To the extent that a change in federal law, regulation, or policy requires either a reduction or an increase in Federal financial participation (FFP) for expenditures made under this demonstration, the state must adopt, subject to CMS approval, a modified budget neutrality agreement for the demonstration as necessary to comply with such change, as well as a modified allotment neutrality worksheet as necessary to comply with such change. The trend rates for the budget neutrality agreement are not subject to change under this subparagraph. Further, the state may seek an amendment to the demonstration (as per STC 3.7 of this section) as a result of the change in FFP.
- b. If mandated changes in the federal law require state legislation, unless otherwise prescribed by the terms of the federal law, the changes must take effect on the earlier of the day such state legislation becomes effective, or on the last day such legislation was required to be in effect under the law, whichever is sooner.
- 3.5. **State Plan Amendments.** The state will not be required to submit title XIX or XXI state plan amendments (SPAs) for changes affecting any populations made eligible solely through the demonstration. If a population eligible through the Medicaid or CHIP state plan is affected by a change to the demonstration, a conforming amendment to the appropriate state plan is

required, except as otherwise noted in these STCs. In all such cases, the Medicaid and CHIP state plans govern.

- 3.6. Changes Subject to the Amendment Process. Changes related to eligibility, enrollment, benefits, beneficiary rights, delivery systems, cost sharing, sources of non-federal share of funding, budget neutrality, and other comparable program elements must be submitted to CMS as amendments to the demonstration. All amendment requests are subject to approval at the discretion of the Secretary in accordance with section 1115 of the Act. The state must not implement changes to these elements without prior approval by CMS either through an approved amendment to the Medicaid or CHIP state plan or amendment to the demonstration. Amendments to the demonstration are not retroactive and no FFP of any kind, including for administrative or medical assistance expenditures, will be available under changes to the demonstration that have not been approved through the amendment process set forth in STC 3.7 below, except as provided in STC 3.3.
- 3.7. Amendment Process. Requests to amend the demonstration must be submitted to CMS in writing for approval no later than 120 days prior to the planned date of implementation of the change and may not be implemented until approved. CMS reserves the right to deny or delay approval of a demonstration amendment based on non-compliance with these STCs, including but not limited to failure by the state to submit required elements of a complete amendment request as described in this STCs, and failure by the state to submit required reports and other deliverables according to the deadlines specified therein. Amendment requests must include, but are not limited to, the following:
  - a. An explanation of the public process used by the state, consistent with the requirements of STC 3.12. Such explanation must include a summary of any public feedback received and identification of how this feedback was addressed by the state in the final amendment request submitted to CMS;
  - b. A detailed description of the amendment, including impact on beneficiaries, with sufficient supporting documentation;
  - c. A data analysis which identifies the specific "with waiver" impact of the proposed amendment on the current budget neutrality agreement. Such analysis must include current total computable "with waiver" and "without waiver" status on both a summary and detailed level through the current approval period using the most recent actual expenditures, as well as summary and detailed projections of the change in the "with waiver" expenditure total as a result of the proposed amendment, which isolates (by Eligibility Group) the impact of the amendment;
  - d. An up-to-date CHIP allotment worksheet, if necessary;
  - e. The state must provide updates to existing demonstration reporting and quality and evaluation plans. This includes a description of how the evaluation design and annual progress reports will be modified to incorporate the amendment provisions, as well as the oversight, monitoring and measurement of the provisions.

- 3.8. Extension of the Demonstration. States that intend to request an extension must submit an application to CMS from the Governor of the state in accordance with the requirements of 42 CFR 431.412(c) States that do not intend to request an extension of the demonstration beyond the period authorized in these STCs must submit phase-out plan consistent with the requirements of STC 3.9.
- 3.9. **Demonstration Phase-Out.** The state may only suspend or terminate this demonstration, in whole or in part, consistent with the following requirements:
  - a. Notification of Suspension or Termination. The state must promptly notify CMS in writing of the reason(s) for the suspension or termination, together with the effective date and a transition and phase-out plan. The state must submit a notification letter and a draft transition and phase-out plan to CMS no less than six months before the effective date of the demonstration's suspension or termination. Prior to submitting the draft transition and phase-out plan to CMS, the state must publish on its website the draft plan for a 30-day public comment period. In addition, the state must conduct tribal consultation in accordance with STC 3.12, if applicable. Once the 30-day public comment period has ended, the state must provide a summary of the issues raised by the public during the comment period and how the state considered the comments received when developing the revised transition and phase-out plan.
  - b. **Transition and Phase-Out Plan Requirements.** The state must include, at a minimum, in its phase-out plan the process by which it will notify affected beneficiaries, the content of said notices (including information on the beneficiary's appeal rights), the process by which the state will conduct redeterminations of Medicaid or CHIP eligibility prior to the termination of the demonstration for the affected beneficiaries, and ensure ongoing coverage for eligible beneficiaries , as well as any community outreach activities the state will undertake to notify affected beneficiaries, including community resources that are available.
  - c. **Transition and Phase-Out Plan Approval.** The state must obtain CMS approval of the transition and phase-out plan prior to the implementation of transition and phase-out activities. Implementation of transition and phase-out activities must be no sooner than 14 calendar days after CMS approval of the transition and phase-out plan.
  - d. **Transition and Phase-Out Procedures.** The state must redetermine eligibility for all affected beneficiaries in order to determine if they qualify for Medicaid eligibility under a different eligibility category prior to making a determination of ineligibility as required under 42 CFR 35.916(f)(1). For individuals determined ineligible for Medicaid or CHIP, the state must determine potential eligibility for other insurance affordability programs and comply with the procedures set forth in 42 CFR 435.1200(e). The state must comply with all applicable notice requirements found in 42 CFR, part 431 subpart E, including sections 431.206 through 431.214. In addition, the state must assure all

applicable appeal and hearing rights are afforded to beneficiaries in the demonstration as outlined in 42 CFR, part 431 subpart E, including sections 431.220 and 431.221. If a beneficiary in the demonstration requests a hearing before the date of action, the state must maintain benefits as required in 42 CFR §431.230.

- e. Exemption from Public Notice Procedures 42 CFR §431.416(g). CMS may expedite the federal and state public notice requirements under circumstances described in 42 CFR §431.416(g).
- f. Enrollment Limitation during Demonstration Phase-Out. If the state elects to suspend, terminate, or not extend this demonstration, during the last six months of the demonstration, enrollment of new individuals into the demonstration must be suspended. The limitation of enrollment into the demonstration does not impact the state's obligation to determine Medicaid eligibility in accordance with the approved Medicaid state plan.
- g. Federal Financial Participation (FFP). If the project is terminated or any relevant waivers suspended by the state, FFP shall be limited to normal closeout costs associated with the termination or expiration of the demonstration including services, continued benefits as a result of beneficiaries' appeals, and administrative costs of disenrolling beneficiaries.

**CMS Right to Amend, Suspend, or Terminate.** CMS may amend, suspend or terminate the demonstration, in whole or in part, at any time before the date of expiration, whenever it determines following a hearing that the state has materially failed to comply with the terms of the project. CMS will promptly notify the state in writing of the determination and the reasons for the amendment, suspension or termination, together with the effective date.

- 3.10. Withdrawal of Waiver or Expenditure Authority. CMS reserves the right to withdraw waivers and/or expenditure authorities at any time it determines that continuing the waivers or expenditure authorities would no longer be in the public interest or promote the objectives of title XIX. CMS will promptly notify the state in writing of the determination and the reasons for the withdrawal, together with the effective date, and afford the state an opportunity to request a hearing to challenge CMS's determination prior to the effective date. If a waiver or expenditure authority is withdrawn, FFP is limited to normal closeout costs associated with terminating the waiver or expenditure authority, including services, continued benefits as a result of beneficiary appeals, and administrative costs of disenrolling beneficiaries.
- 3.11. Adequacy of Infrastructure. The state will ensure the availability of adequate resources for implementation and monitoring of the demonstration, including education, outreach, and enrollment; maintaining eligibility systems; compliance with cost sharing requirements; and reporting on financial and other demonstration components.
- 3.12. Public Notice, Tribal Consultation and Consultation with Interested Parties. The state must comply with the state notice procedures as required in 42 CFR §431.408 prior to

submitting an application to extend the demonstration. For applications to amend the demonstration, the state must comply with the state notice procedures set forth in 59 Fed. Reg. 49249 (September 27, 1994) prior to submitting such request. The state must also comply with the Public Notice Procedures set forth in 42 CFR §447.205 for changes in statewide methods and standards for setting payment rates.

In states with federally recognized Indian tribes, consultation must be conducted in accordance with the consultation process outlined in the SMDL #01-024, dated July 17, 2001, or the consultation process in the state's approved Medicaid state plan if that process is specifically applicable to consulting with tribal governments on demonstrations in accordance with 42 CFR §431.408(b)(2).

- 3.13. **Federal Financial Participation (FFP).** No federal matching funds for expenditures for this demonstration, including for administrative and medical assistance expenditures, will be available until the effective date identified in the demonstration approval letter, or if later, as expressly stated within these STCs.
- 3.14. Administrative Authority. When there are multiple entities involved in the administration of the demonstration, the Single State Medicaid Agency must maintain authority, accountability, and oversight of the program. The State Medicaid Agency must exercise oversight of all delegated functions to operating agencies, MCOs, and any other contracted entities. The Single State Medicaid Agency is responsible for the content and oversight of the quality strategies for the demonstration.
- 3.15. **Common Rule Exemption.** The state must ensure that the only involvement of human subjects in research activities that may be authorized and/or required by this demonstration is for projects which are conducted by or subject to the approval of CMS, and that are designed to study, evaluate, or otherwise examine the Medicaid or CHIP program including public benefit or service programs, procedures for obtaining Medicaid or CHIP benefits or services, possible changes in or alternatives to Medicaid or CHIP programs and procedures, or possible changes in methods or levels of payment for Medicaid benefits or services. CMS has determined that this demonstration as represented in these approved STCs meets the requirements for exemption from the human subject research provisions of the Common Rule set forth in 45 CFR 46.104(b)(5).

## 4. POPULATIONS AFFECTED BY THE DEMONSTRATION

- 4.1. Eligibility Groups Affected by the Demonstration. All individuals eligible under the Medicaid State Plan are affected by the demonstration. Such individuals derive their eligibility through the Medicaid State Plan and are subject to all applicable Medicaid laws and regulations in accordance with the Medicaid State Plan, except as expressly waived in this demonstration and described in these STCs. In addition, this demonstration extends eligibility to demonstration expansion populations. Specifically, this demonstration affects:
  - a. All individuals who are currently eligible under the state's Medicaid State Plan; and
  - b. Individuals eligible for Tailored Supports for Older Adults (TSOA) who are not otherwise eligible for CN or ABP Medicaid, age 55 or older, meet functional eligibility criteria for Home and Community-Based Services (HCBS) under the state plan or 1915(c), and have income up to 400% of the supplemental security benefit rate established by section 1611(b)(1) of the Act.
  - c. Children aged 0 through 5 who would otherwise lose coverage during an eligibility determination but are still within the continuous eligibility period.
  - d. Individuals who are in the 12-month postpartum period, have income up to and including 193 percent of the FPL and meet all other Medicaid eligibility criteria, were not previously enrolled in Medicaid or CHIP during their pregnancy, who would otherwise lose coverage during an eligibility determination but are still within the continuous eligibility period.

# 5. CONTINUOUS ELIGIBILITY FOR CHILDREN

- 5.1. Affected Individuals. Except as provided in STC 5.3, and except for the medically needy (as described in section 1902(a)(10)(C) of the Act and 42 CFR 435.301 et seq.), individuals ages zero through five, who enroll in Medicaid shall qualify for continuous eligibility until the end of the month in which their sixth birthday falls.
- 5.2. **Continuous Eligibility Period.** The state is authorized to provide continuous eligibility for children ages zero through five, regardless of the delivery system through which these populations receive Medicaid benefits.
  - a. This provision shall be effective beginning with enrollments and renewals that are undertaken on or after the date when the continuous coverage requirement authorized by the Families First Coronavirus Response Act (FFCRA) ends.
  - b. Subject to the effective date, once effective, coverage shall be continuous for children ages 0 through 5 who qualify for continuous eligibility until the end of the month in which their 6th birthday falls. The child's continuous eligibility period begins on the effective date of the child's eligibility under 42 CFR 435.915. The state will redetermine eligibility consistent with 42 CFR 435.916 when the child turns age 6. The state will continue to redetermine eligibility during a period of continuous eligibility in limited circumstances, if appropriate, as described in STC 5.3.
- 5.3. **Exceptions.** Notwithstanding STC 5.2, if any of the following circumstances occur during an individual's designated continuous eligibility period, the individual's Medicaid eligibility shall be redetermined or terminated:
  - a. The individual is no longer a Washington resident;
  - b. The individual requests termination of eligibility;
  - c. The individual dies; or
  - d. The agency determines that eligibility was erroneously granted at the most recent determination, redetermination or renewal of eligibility because of agency error or fraud, abuse, or perjury attributed to the individual.
- 5.4. **Beneficiary-Reported Information and Periodic Data Checks.** The state must have procedures designed to ensure that beneficiaries can make timely and accurate reports of any change in circumstances that may affect their eligibility as outlined in this demonstration, such as a change in state residency, and are able to report other information relevant to the state's implementation or monitoring and evaluation of this demonstration, such as changes in income. The beneficiary must be able to report this information through any of the modes of submission available at application (online, in person, by telephone, or by mail).

For individuals who qualify for a continuous eligibility period that exceeds 12 months, the state must continue to attempt to verify residency at least once every 12 months. The state

should follow its typical processes that it would otherwise use to verify continued residency at renewal if continuous eligibility was not available for these individuals. Additionally, at least once every 12 months, the state must follow its typical processes to attempt to confirm the individual is not deceased, consistent with the data sources outlined in the state's verification plan(s) and/or confirmed by the household per 42 CFR 435.952(d). The state must redetermine eligibility if the state receives information that indicates a change in state residency or that the individual is deceased, verifying the change consistent with 42 CFR 435.916(d) and in accordance with 42 CFR 435.940 through 435.960 and the state's verification plan developed under 42 CFR 435.945(j).

The state is required to provide CMS a narrative update annually on the processes it conducted and a summary of its findings regarding the successes and challenges in conducting such verifications. This information shall be provided in the demonstration's Annual Monitoring Reports (see STC 20.8).

5.5. Annual Updates to Beneficiary Information. For all continuous eligibility periods longer than 12 months, the state must have procedures and processes in place to accept and update beneficiary contact information and must attempt to update beneficiary contact information on an annual basis, which may include annually checking data sources and partnering with coordinated care organizations to encourage beneficiaries to update their contact information. The state is reminded that updated contact information obtained from third-party sources with an in-state address is not an indication of a change affecting eligibility. Contact information with an out-of-state or no forwarding address indicates a potential change in circumstance with respect to state residency, but without additional follow up by the state per 42 CFR 435.952(d), the receipt of this third-party data is not sufficient to make a definitive determination that beneficiaries no longer meet state residency requirements.

Each demonstration year, through the Annual Monitoring Reports (see STC 20.8), the state must submit to CMS a summary of activities and outcomes from these efforts to update beneficiary contact information on an annual basis.

## 6. CONTINUOUS ELIGIBILITY FOR POSTPARTUM INDIVIDUALS

- 6.1. Affected Individuals. Except as provided in STC 6.3, individuals who are in the 12- month postpartum period, have income up to and including 193 percent of the FPL and meet all other Medicaid eligibility criteria, were not previously enrolled in Medicaid or CHIP during their pregnancy, and who enroll in Medicaid shall qualify for continuous eligibility until the end of the 12<sup>th</sup> month following the end of the pregnancy.
- 6.2. **Continuous Eligibility Period.** The state is authorized to provide continuous eligibility for postpartum individuals described in STC 6.1, regardless of the delivery system through which these populations receive Medicaid benefits.
  - a. Subject to the effective date, once effective, coverage shall be continuous for postpartum individuals described in STC 6.1 who qualify for continuous eligibility until the end of the 12<sup>th</sup> month following the end of the pregnancy. The individual's continuous eligibility period begins on the effective date of the individual's eligibility under Expenditure Authority 12. The state will redetermine eligibility consistent with 42 CFR 435.916(f)(1) at the end of the continuous eligibility period. The state will continue to redetermine eligibility during a period of continuous eligibility in limited circumstances, if appropriate, as described in STC 6.3.
- 6.3. **Exceptions.** Notwithstanding STC 6.2, if any of the following circumstances occur during an individual's designated continuous eligibility period, the individual's Medicaid eligibility shall be redetermined or terminated:
  - a. The individual is no longer a Washington resident;
  - b. The individual requests termination of eligibility;
  - c. The individual dies; or
  - d. The agency determines that eligibility was erroneously granted at the most recent determination, redetermination or renewal of eligibility because of agency error or fraud, abuse, or perjury attributed to the individual.
- 6.4. Redetermination of Eligibility After the Postpartum Continuous Eligibility Period. At the end of the postpartum continuous eligibility period, Washington will redetermine Medicaid eligibility on all bases consistent with 42 CFR 435.916(f)(1) prior to terminating coverage. Individuals determined eligible on another basis at the end of the postpartum period will be moved to the appropriate group at that time. Individuals determined ineligible for Medicaid on all bases will be provided advance notice of termination in accordance with 42 CFR 435.917 and 42 CFR 431, Subpart E and assess for potential eligibility for other insurance affordability in accordance with 42 CFR 435.916(f)(2).
- 6.5. **Benefits.** Individuals who are eligible for the 12-month continuous postpartum coverage described in STC 6.1 receive full state plan benefits during the continuous coverage period.

6.6. **Beneficiary-Reported Information and Periodic Data Checks.** The state must have procedures designed to ensure that beneficiaries can make timely and accurate reports of any change in circumstances that may affect their eligibility as outlined in this demonstration, such as a change in state residency, and are able to report other information relevant to the state's implementation or monitoring and evaluation of this demonstration, such as changes in income. The beneficiary must be able to report this information through any of the modes of submission available at application (online, in person, by telephone, or by mail).

#### 7. DELIVERY SYSTEM REFORM INCENTIVE PAYMENT PROGRAM

The only expenditures permitted for DSRIP are incentive payments for prior periods of performance and administrative activities to close out the DSRIP program. Section 7 of these STCs is included only for the purpose of determining remaining payments to conclude the DSRIP program. DSRIP authority expires on June 30, 2024.

This demonstration authorizes Accountable Communities of Health (ACHs) to coordinate and oversee regional projects aimed at improving care for Medicaid beneficiaries with a focus on building health systems capacity, care delivery redesign, prevention, and health promotion, and preparing for value-based payments.

ACHs are self-governing organizations with multiple community representatives defined in STC 7.3, that address care in regions with non-overlapping boundaries that also align with Washington's regional service areas for Medicaid purchasing. They are focused on improving health and transforming care delivery for the populations that live within the region. ACHs are not new service delivery organizations, do not provide direct services, nor are they a replacement of managed care. ACHs must be headquartered in the region they serve and include in their governing bodies representatives of managed care organizations, health care providers, and other relevant organizations within the region (see STC 7.3). Managed care organizations (MCOs) will continue in their current roles, serving the majority of Medicaid enrollees in the provision and coordination of State Plan services and will be incentivized to implement value-based payment strategies.

ACHs, through their governing bodies, are responsible for managing and coordinating the partnering providers. The ACHs must meet the qualifications set forth in STCs 7.2-7.3 and must meet certain targets to earn incentive payments. In addition, they will certify whether or not the partnering providers have met the milestones as required for earning incentive payments within their region. The ACH will certify to the independent assessor (see STC 7.1) whether or not partnering providers have achieved the milestones. The independent assessor will review the ACH's certification and make recommendations to the state related to distribution of payment. Once the state affirms the recommendations from the independent assessor, the state will send them to the financial executor to distribute incentive payments to the partnering ACH providers.

Incentive payments for partnering providers and the ACHs will transition from pay-forreporting to outcome-based over the course of the demonstration. The performance of this initiative will be measured at the statewide and regional ACH level, and incentive payments will be paid out accordingly. The maximum allowable expenditures available for total ACH incentive payments are enumerated in STC 7.25 below (see Table 2). The state will allocate total funds across the ACHs based on a CMS-approved methodology to be submitted in the DSRIP Program Funding and Mechanics Protocol (Attachment D). Each regional ACH includes a coalition of partnering providers, and the ACH primary decision-making body will apply on behalf of partnering providers for such incentive payments as a single ACH.

7.1. **Role of Independent Assessor.** The state will contract with an independent assessor to review ACH project proposals using the state's review tool and consider anticipated project

performance. The independent assessor has no affiliation with the ACHs or their partnering providers. The independent assessor shall make recommendations to the state regarding approvals, denials or recommended changes to project plans to make them approvable. This entity (or another entity identified by the state) will also assist with the mid-point assessment and any other ongoing reviews of ACH Project Plan.

- a. **Review tool**. The state will develop a standardized review tool that the independent assessor will use to review ACH Project Plans and ensure compliance with these STCs and associated protocols. The review tool will be available for public comment according to the timeframe specified in the Program Funding and Mechanics Protocol (Attachment D). The review tool will define the relevant factors, assign weights to each factor, and include a scoring for each factor.
- b. **Mid-point assessment.** During DY 3, the state's independent assessor shall assess project performance to determine whether ACH Project Plans merit continued funding and provide recommendations to the state. If the state decides to discontinue specific projects, the project funds may be made available for expanding successful project plans in DY 4 and DY 5, as described in the Program Funding and Mechanics Protocol (Attachment D).
- 7.2. ACH Management. Each ACH must identify a primary decision-making process, a process for conflict resolution and structure (e.g., a Board or Steering Committee) that is subject to the outlined composition and participation guidelines. The primary decision-making body will be the final decision-maker for the ACH regarding the selection of projects and participants based on the regional needs assessment. Each ACH and the state will collaborate and agree on each ACH's approach to its decision-making structure for purposes of this demonstration. The overall organizational structure established by the ACH must reflect capability to make decisions and be accountable for the following five domains, at a minimum. The ACH must demonstrate compliance with this STC in the ACH Project Plan.
  - a. *Financial*, including decisions about the allocation methodology, the roles and responsibilities of each partner organization, and budget development.
  - b. *Clinical*, including appropriate expertise and strategies for monitoring clinical outcomes. The ACH will be responsible for monitoring activities of providers participating in care delivery redesign projects and should incorporate clinical leadership, which reflects both large and small providers and urban and rural providers.
  - c. *Community*, including an emphasis on health equity and a process to engage the community and consumers.
  - d. *Data*, including the processes and resources to support data-driven decision making and formative evaluation.

- e. *Program management and strategy development*. The ACH must have organizational capacity and administrative support for regional coordination and communication on behalf of the ACH.
- 7.3. ACH Composition and Participation. At a minimum, each ACH decision-making body must include voting partners from the following categories:
  - a. One or more primary care providers, including practices and facilities serving Medicaid beneficiaries;
  - b. One or more behavioral health providers, including practices and facilities serving Medicaid beneficiaries;
  - c. One or more health plans, including but not limited to Medicaid Managed Care Organizations; if only one opening is available for a health plan, it must be filled by a Medicaid Managed Care Organization;
  - d. One or more hospitals or health systems;
  - e. One or more local public health jurisdiction;
  - f. One or more representatives from the tribes, IHS facilities, and UIHPs in the region, as further specified in STC 7.6;
  - g. Multiple community partners and community-based organizations that provide social and support services reflective of the social determinants of health for a variety of populations in the region. This includes, but is not limited to, transportation, housing, employment services, education, criminal justice, financial assistance, consumers, consumer advocacy organizations, childcare, veteran services, community supports, legal assistance, etc.

The ACHs must create and execute a consumer engagement plan as part of the ACH Project Plan. The consumer engagement plan will detail the multiple levels of the decision-making process to ensure ACHs are accurately assessing local health needs, priorities and inequities. As part of the ACH Project Plan ACHs must provide documentation of at least two public meetings held for purposes of gathering public comment and must also provide details for how their submitted project plan incorporates feedback from the public comment process.

To ensure broad participation in the ACH and prevent one group of ACH partners from dominating decision-making, at least 50 percent of the primary decision-making body must be non-clinic, non-payer participants. In addition to balanced sectoral representation, where multiple counties exist within an ACH, a concerted effort to include a person from each county on the primary decision-making body must be demonstrated.

7.4. American Indians/Alaska Natives (AI/AN) Managed Care Protections. This section 1115 demonstration will not alter the statutory exemption of AI/ANs from requirements to enroll in

managed care or alter the requirements for the state and managed care entities to come into compliance with the Medicaid Managed Care Regulations published April 26, 2016, including the Indian-specific provisions at 42 CFR §438.14.

### 7.5. Indian Health Care Providers.

- a. The state will assure compliance by the state itself and by any managed care or ACH contractor with the requirements of section 1911 of the Social Security Act and 25 U.S.C. § 1647a(a)(1), to accept an entity that is operated by IHS, an Indian tribe, tribal organization, or urban Indian health program as a provider eligible to receive payment under the program for health care services furnished to an Indian on the same basis as any other provider qualified to participate as a provider of health care services under the program, if the entity attests that it meets generally applicable State or other requirements for participation as a provider of health care services under the program.
- b. The state will assure compliance by the state itself and by any managed care or ACH contractor with the requirements of 25 U.S.C. § 1621t, to licensed health professionals employed by the IHCP shall be exempt from the Washington State licensure requirements if the professionals are licensed in another state and are performing the services described in the contract or compact of the Indian health program under the Indian Self-Determination and Education Assistance Act (25 U.S.C. 450 et seq.).
- 7.6. **Tribal Engagement and Collaboration Protocol.** The state, with tribes, IHS facilities, and urban Indian Health Programs, must develop and submit to CMS for approval a Tribal Engagement and Collaboration Protocol (Attachment H) no later than 60 calendar days after demonstration approval date. Once approved by CMS, this document will be incorporated as Attachment H of these STCs, and once incorporated may be altered only with CMS approval, and only to the extent consistent with the approved expenditure and waiver authorities and STCs.

ACHs will be required to adopt either the State's Model ACH Tribal Collaboration or Communication Policy or a policy agreed upon in writing by the ACH and every tribe and Indian Health Care Provider (IHCP) in the ACH's region. The model policy establishes minimum requirements and protocols for the ACH to collaborate and communicate in a timely and equitable manner with tribes and Indian healthcare providers.

In addition to adopting the Model ACH Tribal Collaboration and Communication Policy, ACH governing boards must make reasonable efforts to receive ongoing training on the Indian health care delivery system with a focus on their local tribes and IHCPs and on the needs of both tribal and urban Indian populations.

Further specifications for engagement and collaboration in Medicaid transformation between (a) tribes, IHS facilities, and urban Indian health programs and (b) ACHs and the state, will be described by the Tribal Engagement and Collaboration Protocol (Attachment H). At a minimum, the Tribal Engagement and Collaboration Protocol must include the elements listed below:

- a. Outline the objectives that the state and tribes seek to achieve tribal-specific interests in Medicaid transformation; and
- b. Specify the process, timeline and funding mechanics for any tribal-specific activities that will be included as part of this demonstration, including the potential for financing the tribal-specific activities through alternative sources of non-federal share.
- 7.7. **Tribal-Specific Projects.** Consistent with the government-to-government relationship between the tribes and the State, tribes, IHCPs, or consortia of tribes and IHCPs can apply directly through the State to receive funding for eligible tribal-specific projects. Tribes and IHCPs will not be required to apply for tribal-specific projects through ACHs or the TCE, and the TCE and ACHs will not participate in the approval process for tribal-specific projects.
  - a. Indian Health Care Provider Health Information Technology Infrastructure. The state will work with the tribes and IHCPs to develop a tribal-specific project, subject to CMS approval, that will enhance capacity to: (i) effectively coordinate care between IHCPs and non-IHCPs, (ii) support interoperability with relevant State data systems, and (iii) support tribal patient-centered medical home models (e.g., IHS IPC, NCQA PCMH, etc.).
  - b. Other Tribal-Specific Projects. The state will work with tribes on tribal-specific projects, subject to CMS approval, that align with the objectives of this demonstration, including requirements that projects reflect a priority for financial sustainability beyond the demonstration period.
  - c. The Tribal Engagement and Collaboration Protocol (Attachment H) will provide further specifications for process, timeline and funding mechanics for any tribalspecific projects that will be included as part of this demonstration. To the extent applicable, the Tribal Engagement and Collaboration Protocol must align with project requirements set forth in these STCs.
- 7.8. **Financial Executor.** In order to assure consistent management of and accounting for the distribution of DSRIP funds across ACHs, the state shall select through a procurement process a single Financial Executor. The Financial Executor will be responsible for administering the funding distribution plan for the DSRIP that specifies in advance the methodology for distributing funding to providers partnering with the ACHs. The funding methodology will be described in the DSRIP Program Funding and Mechanics Protocol (Attachment D) and submitted to CMS for approval.
  - a. The Financial Executor will perform the following responsibilities: (a) provide accounting and banking management support for DSRIP incentive dollars; (b) distribute earned funds in a timely manner to participating providers in accordance with the state approved funding distribution plans; (c) submit scheduled reports to the state on the actual distribution of transformation project

payments, fund balances and reconciliations; and (d) develop and distribute budget forms to participating providers for receipt of incentive funds (see Attachment G).<sup>1</sup> Financial Executor performance will be subject to audit by the state.

- b. The distribution of funds must comply with all applicable laws and regulations, including, but not limited to, the following federal fraud and abuse authorities: the anti-kickback statute (sections 1128B(b)(1) and (2) of the Act); the physician self-referral prohibition (section 1903(s) of the Act); the gainsharing civil monetary penalty (CMP) provisions (sections 1128A(b)(1) and (2) of the Act); and the beneficiary inducement CMP (section 1128A(a)(5) of the Act). State approval of an ACH funding distribution plan does not alter the responsibility of ACHs to comply with all federal fraud and abuse requirements of the Medicaid program.
- 7.9. Attribution Based on Residence. The state will use defined regional service areas, which do not have overlapping boundaries, to determine populations for each ACH. Determination will be made based on beneficiary residence. There is only one ACH per regional service area, as described in the DSRIP Program Funding and Mechanics Protocol (Attachment D).
- 7.10. ACH Provider Agreements Under DSRIP. In addition to the requirements specified in the DSRIP Program Funding and Mechanics Protocol (Attachment D), ACHs must establish a partnership agreement between the providers participating in projects.
- 7.11. **Project Objectives.** ACHs will design and implement projects that further the objectives, which are elaborated further in the DSRIP Planning Protocol (Attachment C).
  - a. *Health Systems and Community Capacity*. Creating appropriate health systems capacity in order to expand effective community-based treatment models; reduce unnecessary use of intensive services and settings without impairing health outcomes; and support prevention through screening, early intervention, and population health management initiatives.
  - b. *Financial Sustainability Through Participation in Value-based Payment.* Medicaid transformation efforts must contribute meaningfully to moving the state forward on value-based payment (VBP). Paying for value across the continuum of Medicaid services is necessary to assure the sustainability of the transformation projects undertaken through the Medicaid Transformation Demonstration. For this reason, ACHs will be required to design project plan activities that enable the success of Alternative Payment Models required by the state for Medicaid managed care plans (see Table 1 under STC 7.22 for the APM goals per DY).
  - c. *Bi-directional Integration of Physical and Behavioral Health*. Requiring comprehensive integration of physical and behavioral health services through

<sup>&</sup>lt;sup>1</sup> For a comprehensive description of the Financial Executor role, see Attachment G.

new care models, consistent with the state's path to fully integrated managed care by January 2020. Projects may include: co-location of providers; adoption of evidence-based standards of integrated care; and use of team-based approaches to care delivery that address physical, behavioral and social barriers to improved outcomes for all populations with behavioral health needs. Along with directly promoting integration of care, the projects will promote infrastructure changes by supporting the IT capacity and protocols needed for integration of care, offering training to providers on how to adopt the required changes; and creating integrated care delivery protocols and models. The state will provide increased incentives for regions that commit to and implement fully integrated managed care prior to January 2020.

- d. *Community-Based Whole-Person Care.* Use or enhance existing services in the community to promote care coordination across the continuum of health for beneficiaries, ensuring those with complex health needs are connected to the interventions and services needed to improve and manage their health. In addition, develop linkages between providers of care coordination by utilizing a common platform that improves communication, standardizes use of evidence-based care coordination protocols across providers, and to promote accountable tracking of those beneficiaries being served. Projects will be designed and implemented to promote evidence-based practices that meet the needs of a region's identified high-risk, high-needs target populations.
- e. *Improve Health Equity and Reduce Health Disparities*. Implement prevention and health promotion strategies for targeted populations to address health disparities and achieve health equity. Projects will require the full engagement of traditional and non-traditional providers, and project areas may include: chronic disease prevention, maternal and child health, and access to oral health services, and the promotion of strategies to address the opioid epidemic.
- 7.12. **Project Milestones.** Progress towards achieving the goals specified above will be assessed based on achievement of specific milestones and measured by specific metrics that are further defined in the DSRIP Planning Protocol (Attachment C). These milestones are to be developed by the state in consultation with stakeholders and members of the public and approved by CMS. Generally, progress milestones will be organized into the following categories:
  - a. <u>Project planning progress milestones</u>. This includes plans for investments in technology, tools, stakeholder engagement, and human resources that will allow ACHs to build capacity to serve target populations and pursue ACH project goals in accordance with community-based priorities. Performance will be measured by a common set of process milestones that include project development plans, consistency with statewide goals and metrics, and demonstrated engagement from relevant providers who commit to participate in project plan activities.
  - b. <u>Project implementation progress milestones</u>. This includes milestones that demonstrate progress towards process-based improvements, as established by the state, in the implementation of projects consistent with the demonstration's

objectives of building health and community systems capacity; promoting care delivery redesign through bi-directional integration of care and care coordination; and fostering health equity through prevention and health promotion. Examples of progress milestones include: identify number of providers and practices implementing evidence-based and promising practices for integration; complete a plan for regional implementation of fully integrated managed care. In addition, performance will be monitored by project-level and system-wide outcome measures consistent with the objectives of the demonstration outlined in STC 7.11 and specific project area.

- c. <u>Scale and sustain progress milestones</u>. This includes milestones that demonstrate project implementation progress, as established by the state, related to efforts to scale and sustain project activities in pursuit of the demonstration objectives. Performance will be monitored by project-level and system-wide outcome measures consistent with the objectives of the demonstration outlined in STC 7.11 and specific project areas. The state will identify a sub-set of project-level and system-wide measures that will transition to pay for performance. The identification of measures that transition and the timing of transition to pay for performance will be outlined in the DSRIP Planning Protocol (Attachment C).
- 7.13. ACH Performance Indicators and Outcome Measures. The state will choose performance indicators and outcome measures that are connected to the achievement of the goals identified in STC 7.11 and in the DSRIP Planning Protocol (Attachment C). The DSRIP performance indicators and outcome measures will comprise the list of reporting measures that the state will be required to report under each of the DSRIP projects.
  - a. The state and CMS will accept GPRA measures in lieu of comparable statewide common performance measures when such substitution will reduce duplicative reporting and avoid excessive administrative burdens on tribes and IHCPs.
- 7.14. **MCO Role in DSRIP.** Managed care organizations are expected to serve in leadership or supportive capacity in every ACH. This ensures that delivery system reform efforts funded under this demonstration are coordinated from the beginning across all necessary sectors those providing payment, those delivering services and those providing critical, community-based supports. Managed care organizations have the following roles and responsibilities under this demonstration:
  - a. Continue to meet all contractual requirements for the provision and coordination of Medicaid state plan services, including utilization management, care coordination and any new requirements consistent with the Medicaid transformation demonstration.
  - b. Participate in the design and implementation of delivery system reform projects.
  - c. Actively provide leadership in every Accountable Community of Health where a MCO is providing services, whether through participation in governance or other supportive capacity.

- d. Collaborate with provider networks to implement value-based payment models, aligned to the HCP-LAN framework and report on the status of those arrangements to the state when requested.
- e. Ensure business approaches evolve to sustain new models of care delivery and population health management, during and beyond the six-year demonstration.

MCOs are expected to participate in delivery system reform efforts as a matter of business interest and contractual obligation to the state, and for this reason, do not receive incentive payments for participation in ACH-led transformation projects, with one exception. A portion of delivery system reform incentives is uniquely set aside to reward managed care plan attainment of value-based payment models, consistent with STC 7.23a. The incentive amounts are further defined in the DSRIP Planning Protocol (Attachment C), the DSRIP Program Funding and Mechanics Protocol (Attachment D) and the Roadmap (Attachment E).

- 7.15. **DSRIP Planning Protocol.** The state must develop and submit to CMS for approval a DSRIP Planning Protocol no later than 60 calendar days after the demonstration approval date. CMS has 60 calendar days to review and approve the protocol. Once approved by CMS, this document will be incorporated as Attachment C of these STCs, and once incorporated may be altered only with CMS approval, and only to the extent consistent with the approved expenditure authorities and STCs. Changes to the protocol will apply prospectively unless otherwise indicated in the protocols. The DSRIP Planning Protocol must:
  - a. Outline the global context, goals and outcomes that the state seeks to achieve through the combined implementation of individual projects by ACHs;
  - b. Detail the requirements of the ACH Project Plans, consistent with STC 7.17, which must include timelines and deadlines for the meeting of metrics associated with the projects and activities undertaken to ensure timely performance;
  - c. Specify a set of outcome measures that must be reported at the ACH level, regardless of the specific projects that they choose to undertake;
  - d. Include required baseline and ongoing data reporting, assessment protocols, and monitoring/evaluation criteria aligned with the evaluation design and the monitoring requirements in section 20 and 21 of the STCs.
  - e. Include a process that allows for potential ACH Project Plan modification (including possible reclamation, or redistribution, pending state and CMS approval) and an identification of circumstances under which a plan modification may be considered, which shall stipulate that the state or CMS may require that a plan be modified if it becomes evident that the previous targeting/estimation is no longer appropriate or that targets were greatly exceeded or underachieved.
  - f. When developing the DSRIP Planning Protocol, the state should consider ways to structure the different projects and demonstrate that it will facilitate the collection, dissemination, and comparison of valid quantitative data to support

the Evaluation Design required in section 21 of the STCs. Participating ACHs will use the same metrics for similar projects to enhance evaluation and learning experience between ACHs.

- 7.16. **DSRIP Program Funding and Mechanics Protocol.** The state must develop a DSRIP Program Funding and Mechanics Protocol to be submitted to CMS for approval no later than 60 days after the demonstration approval date. CMS has 60 days to review and approve the protocol. Once approved by CMS, this document will be incorporated as Attachment D of these STCs and, once incorporated, may be altered only with CMS approval, and only to the extent consistent with the approved expenditure authorities and STCs. Changes to the protocol will apply prospectively, unless otherwise indicated in the protocols. DSRIP payments for each ACH partnering provider are contingent on the partnering providers fully meeting project metrics defined in the approved ACH Project Plan. In order for providers to receive incentive funding relating to any metric, the ACH must submit all required reporting, as outlined in the DSRIP Program Funding and Mechanics Protocol (Attachment D). In addition, the DSRIP Program Funding and Mechanics Protocol must:
  - a. Describe and specify the role and function of a standardized ACH report to be submitted to the state on a quarterly basis that outlines a status update on the ACH Project Plan, as well as any data or reports that ACHs may be required to submit baseline information and substantiate progress. The state must develop a standardized reporting form for the ACHs to document their progress.
  - b. Specify an allocation formula across ACHs based on covered Medicaid lives per ACH, scale of project, type of project, level of impact on beneficiaries, number of providers, and other factors;
  - c. Specify parameters for an incentive payment formula to determine DSRIP incentive payments commensurate with the value, impact, and level of effort required, to be included in the ACH budget plan.
  - d. Specify that an ACH failure to fully meet a performance metric or noncompliance under its ACH Project Plan within the time frame specified will result in a forfeiture of the associated incentive payment.
  - e. Include a description of the state's process to develop an evaluation plan for DSRIP as a component of the draft evaluation design as required by STC 21.3.
  - f. Ensure that payment of funds allocated in an ACH Project Plan to outcome measures will be contingent on the ACH certifying and reporting DSRIP performance indicators to the state via the independent assessor and on the ACH meeting a target level of improvement in the DSRIP performance indicator relative to baseline. A portion of the funds allocated in DSRIP Year 3 and DSRIP Year 4, and a majority of funds allocated in DSRIP Year 5, must be contingent on meeting a target level of improvement. ACH partnering providers may not receive credit for metrics achieved prior to approval of their ACH Project Plans.

- g. Require that, for DSRIP years 4 and 5, all incentive dollars are contingent upon the state achieving fully integrated managed care by January 2020 for physical and behavioral health services. The state will report on progress toward this outcome on its annual report.
- h. Include criteria and methodology for project valuation, including a range of available incentive funding per project.
- i. Include pre-project plan milestones for capacity-building incentive payments.
- 7.17. ACH Project Plans. ACHs must develop a Project Plan that is consistent with the transformation objectives of this demonstration and describes the steps the ACH will take to achieve those objectives. The plan must be based on the DSRIP Planning Protocol (Attachment C), and further developed by the ACH to be directly responsive to the needs and characteristics of the communities that it serves. In developing its ACH Project Plan, an ACH must solicit and incorporate community and consumer input to ensure it reflects the specific needs of its region. ACH Project Plans must be approved by the state and may be subject to additional review by CMS. In accordance with the schedule outlined in these STCs and the process described further in the DSRIP Program Funding and Mechanics Protocol (Attachment D), the state and the assigned independent assessor must review and approve ACH Project Plans in order to authorize DSRIP funding for DY 1 and DY 2 and must conduct ongoing reviews of ACH Project Plans as part of a mid-point assessment in order to authorize DSRIP funding for DY 3-5. The state is responsible for conducting these reviews for compliance with approved protocols. The independent assessor recommendations should be considered final and not subject to CMS review. The DSRIP Planning Protocol (Attachment C) will provide a structured format for ACHs to use in developing their ACH Project Plan submission for approval. At a minimum, it will include the elements listed below.
  - a. Each ACH Project Plan must identify the target populations, projects, and specific milestones for the proposed project, which must be chosen from the options described in the approved DSRIP Planning Protocol (Attachment C).
  - b. Goals of the ACH Project Plan should be aligned with each of the objectives as described in STC 7.11 of this section.
  - c. Milestones should be organized as described above in STCs 7.12-7.13 of this section reflecting the overall goals of the demonstration and subparts for each goal as necessary.
  - d. The ACH Project Plan must describe the needs being addressed and the proposed period of performance, beginning after January 9, 2017.
  - e. Based on the proposed period of performance, the ACH must describe its expected outcome for each of the projects chosen. ACHs must also describe why the ACH selected the project drawing on evidence for the potential for the interventions to achieve these changes.

- f. The ACH Project Plan must include a description of the processes used by the ACH to engage and reach out to stakeholders including a plan for ongoing engagement with the public, based on the process described in the DSRIP Planning Protocol (Attachment C).
- g. ACHs must demonstrate how the projects support sustainable delivery system transformation for the target populations. The projects must implement new, or significantly enhance existing, health care initiatives.
- h. For each stated goal or objective of a project, there must be an associated outcome metric that must be reported in all years. The initial ACH Project Plan must include baseline data on all applicable quality improvement and outcome measures.
- i. ACH Project Plans must include an ACH Budget Plan, which specifies the allocation of funding proposed for each metric and milestone. ACHs may not receive credit for metrics achieved prior to approval of their ACH Project Plans.
- 7.18. **Monitoring.** The independent assessor and the state will be actively involved in ongoing monitoring of ACH projects, including but not limited to the following activities.
  - a. **Review of milestone achievement.** At least two times per year, ACHs seeking payment for providers under the DSRIP program shall submit reports to the state demonstrating progress on each of their projects as measured by project-specific milestones and metrics achieved during the reporting period. The reports shall be submitted using the standardized reporting form approved by the state. Based on the reports, the Independent Assessor will calculate the incentive payments for the progress achieved according to the approved ACH Project Plan. The Independent Assessor's determination shall be considered final. The ACH shall have available for review by the state, upon request, all supporting data and back-up documentation. These reports will serve as the basis for authorizing incentive payments to providers for achievement of DSRIP milestones.
  - b. **Quarterly DSRIP Operational Protocol Report.** The state shall provide quarterly updates to CMS and the public on the operation of the DSRIP program. The reports shall provide sufficient information for CMS to understand implementation progress of the demonstration and whether there has been progress toward the goals of the demonstration. The reports will document key operational and other challenges, to what they attribute the challenges and how the challenges are being addressed, as well as key achievements and to what conditions and efforts they attribute the successes.
  - c. Learning collaboratives. With funding available through this demonstration, the state will support regular learning collaboratives, which will be a required activity for all ACHs.
  - d. Additional progress milestones for at risk projects. Based on the information contained in the ACH semi-annual report or other monitoring and evaluation

information collected, the state may identify particular projects as being "at risk" of not successfully completing its ACH project in a manner that will result in meaningful delivery system transformation. Projects that remain "at risk" are likely to be discontinued at the midpoint assessment.

- e. **Annual discussion.** In addition to regular monitoring calls, the State shall on an annual basis present to and participate in a discussion with CMS on implementation progress of the demonstration including progress toward the goals, and key challenges, achievements and lessons learned.
- 7.19. **Data.** The state shall make the necessary arrangements to assure that the data required from the ACHs and from other sources, are available as required by the CMS approved DSRIP Planning Protocol (Attachment C).
- 7.20. **Health IT.** The state will use Health Information Technology ("Health IT") to link services and core providers across the continuum of care to the greatest extent possible. The state is expected to achieve minimum standards in foundational areas of Health IT and to develop its own goals for the transformational areas of Health IT use. The state will discuss how it plans to meet the Health IT goals/milestones outlined below in the DSRIP Planning Protocol (see STC 7.15 and Attachment C). Through quarterly reporting, the state will further enumerate how it has, or intends to, meet the stated goals.
  - a. The state must have plans with achievable milestones for Health IT adoption or health information exchange for providers both eligible and ineligible for the Medicaid Electronic Health Records (EHR) Incentive Programs and execute upon that plan.
  - b. The state shall create a pathway, or a plan, for the exchange of clinical health information for Medicaid consumers statewide to support the demonstration's program objectives.
  - c. The state shall advance the standards identified in the 'Interoperability Standards Advisory—Best Available Standards and Implementation Specifications' (ISA) in developing and implementing state policies—and in all applicable state procurements (e.g. including managed care contracts).
    - i. Where there are opportunities at the state and provider level to leverage federal Medicaid funds that could use a standard referenced in 45 CFR §170, the state must adopt it.
    - Where there are opportunities at the state and provider level to leverage federal Medicaid funds that could use a standard not already referenced in 45 CFR §170 but are included in the ISA, the state should attempt to use the federally-recognized ISA standards barring no other compelling state interest.
  - d. The state shall require the electronic exchange of clinical health information, utilizing the Consolidated Clinical Document Architecture (C-CDA), with all

members of the interdisciplinary care. The state will provide a Health IT strategy by April 1, 2017 that details existing HIT capabilities that support this goal, and develop a mutually-agreed upon timeframe between CMS and the state for any identified enhancements.

- e. The state shall ensure a comprehensive Medicaid enterprise master patient index that supports the programmatic objectives of the demonstration. The state will provide a Health IT strategy by April 1, 2017 that details existing HIT capabilities that support this goal, and develop a mutually-agreed upon timeframe between CMS and the state for any identified enhancements.
- f. The state shall ensure a comprehensive provider directory strategy that supports the programmatic objectives of the demonstration. The state will provide a Health IT strategy by April 1, 2017 that details existing HIT capabilities that support this goal, and develop a mutually-agreed upon timeframe between CMS and the state for any identified enhancements.
- g. The state will pursue improved coordination and improved integration between Behavioral Health, Physical Health, Home and Community-Based Providers and community-level collaborators for Improved Care Coordination (as applicable) through the adoption of provider-level Health IT infrastructure and software—to facilitate and improve integration and coordination to support the programmatic objectives of the demonstration. The state will provide a Health IT strategy by April 1, 2017 that details existing HIT capabilities which support this goal, and develop a mutually-agreed upon timeframe between CMS and the state for any identified enhancements.
- h. The State shall ensure a comprehensive Health IT-enabled quality measurement strategy that support the programmatic objectives of the demonstration. The state will provide a Health IT strategy by April 1, 2017 that details existing HIT capabilities which support this goal, and develop a mutually-agreed upon timeframe between CMS and the state for any identified enhancements.
- 7.21. Value-Based Roadmap. Recognizing that the DSRIP investments must be sustained through new payment methods, and that managed care plans will play a critical role in the long-term sustainability of this effort, the state must take steps to plan for and reflect the impact of DSRIP in managed care business approaches.

Within 60 days of STC approval, and subsequently, by October 1<sup>st</sup> of each demonstration year, the state must submit an updated Value-based Roadmap ("Roadmap") which establishes targets for VBP attainment, related incentives under DSRIP for MCOs and ACHs, a description of how managed care is transforming to support new models of care, and Medicaid MCO contract changes being made to align with the Medicaid Transformation Demonstration project. The state will also address the payment mechanism, including an implementation plan detailing when the state will submit any required documentation in order to meet payment timelines.

The Roadmap will be updated annually to ensure that best practices and lessons learned can be incorporated into the state's overall vision of delivery system reform. This Roadmap will describe what the state and its stakeholders consider the payment reforms required for a high quality and a financially sustainable Medicaid delivery system.

Recognizing the need to formulate this plan to align with the stages of DSRIP, this will be a multi-year plan. It will necessarily be flexible to properly reflect future DSRIP progress and accomplishments. Progress on the Roadmap will also be included in the quarterly DSRIP report.

The Roadmap shall address the following:

- a. Targets for regional ACH and statewide MCO attainment of VBP Goals, per STC 7.22.
- b. Approaches that MCOs and the state will use with providers to encourage practices consistent with DSRIP objectives and metrics and the VBP targets.
- c. Use of DSRIP measures and objectives by the state in their contracting strategy approach for managed care plans.
- d. MCO contract amendments to include any necessary reporting of DSRIP objectives and measures.
- e. Alternative payment models deployed between MCOs and providers to reward performance consistent with DSRIP objectives and measures.
- f. Measurement of MCOs based on utilization and quality in a manner consistent with DSRIP objectives and measures, including incorporating DSRIP objectives into their annual utilization and quality management plans.
- g. Evolution toward further alignment with MACRA and other advanced APMs.
- 7.22. Models of Value-Based Payment. The state has established VBP goals consistent with the HCP-LAN Alternative Payment Models (APM) Framework<sup>2</sup> and the Quality Payment Program (QPP) under MACRA, further defined in Table 1. The goals are in alignment with broader U.S. Department of Health and Human Services' (HHS) delivery system reform goals.

Under DSRIP, regional and managed care plan-level incentives will be established. Specifically, the state agrees to VBP target thresholds at or above which incentive payments can be earned by partnering ACH providers and MCOs. See Table 1. The state will ensure both improvement from baseline and attainment are taken into consideration in the development of the VBP incentive program. The thresholds will be further defined in the DSRIP planning protocol (Attachment C) and Roadmap (Attachment E).

<sup>&</sup>lt;sup>2</sup> Available at https://hcp-lan.org/groups/apm-fpt/apm-framework/

#### Table 1. Percentage of Provider Payments in HCP-LAN APM Categories at or above which Incentives Are Provided to Providers and MCOs under DSRIP

VBP Goals (consistent with HCP-LAN Framework)*									
	DY1	DY2	DY3	DY4	DY5	DY6			
HCP LAN Category 2C – 4B	30%	50%	75%	85%	85%	85%			
Subset of goal above: HCP LAN Category 3A – 4B	-	10%	20%	30%	50%	50%			
Payments in Advanced APMs			Yes/No	Yes/No	Yes/No	Yes/No			

- a. Starting in DY 1, VBP incentives will be based on the percentage of provider payments in categories 2C 4B of the HCP-LAN Framework, with progressive targets throughout the demonstration.
- b. By DY 2, the state will implement in its Roadmap (Attachment E) additional criteria that incentivizes ACH and MCO attainment of upside/downside provider risk arrangements (HCP-LAN categories 3A-4B). The incentive structure will be further defined in the DSRIP Planning Protocol (Attachment C) and Roadmap (Attachment E).
- c. By DY 3, the additional targets (\*) outlined in Table 1 above to be defined in the Roadmap, will incentivize implementation of MACRA Advanced APMs in provider contracts.
- d. Beginning in DY 4, to be eligible for any region or plan-level incentives under the Roadmap, at least 30 percent of all provider payments must meet or exceed category 3A of the HCP-LAN framework with additional incentives provided for meeting categories 3B through 4B with the following elements:
  - i. Shared upside and downside risk (where entities will be required to bear more than a nominal risk for monetary losses).
  - ii. Payment tied to provider improvement and attainment of quality performance metrics from the Washington Statewide Common Measure set, using HCA Quality Improvement Model or similar tool.
  - iii. Care transformation requirements consistent with ACH-led DSRIP activities, including appropriate recognition of state level best practice recommendations, such as the Bree Collaborative.<sup>3</sup>

<sup>&</sup>lt;sup>3</sup> Bree Collaborative is a public-private consortium established in 2011 by the Washington State Legislature "to provide a mechanism through which public and private health care stakeholders can work together to improve

- iv. Use of certified EHR technology and health information exchange services in support of VBP methods.
- e. The state will submit annually, by no later than October 1 of each demonstration year, an updated Roadmap (Attachment E) to meet the specifications of this section and to ensure the roadmap aligns with evolving MACRA and other state-based payment models. All thresholds for VBP incentive payments exclude payments for services provided by or through Indian health care providers.
- f. The Roadmap will describe how the state will validate and categorize valuebased arrangements using a third-party validator.
- g. Contractual obligations for MCOs are integral to this demonstration, including requirements that MCOs attain defined levels of value-based payment with their provider networks while achieving quality improvement across a core set of quality metrics to be included in the managed care contracts. A premium withhold has been established to incentivize improved quality performance, and that withhold will increase over the first five years of the demonstration. The withhold for DY 6 will be at or above the DY 5 level. These value-based purchasing targets and quality measures align to the DSRIP program structure and will change to adapt to future requirements and protocols developed throughout this demonstration.
- 7.23. Challenge and Reinvestment Pools. Under DSRIP, the state will set aside no more than 15 percent of annually available DSRIP funds to reward MCO and ACH partnering providers for provider-level attainment of VBP targets stipulated in STC 7.22. Two pools are created to facilitate incentive payments:
  - a. *Challenge Pool.* An annual budget, not to exceed 5 percent of total available DSRIP funding, is established as incentive payments for MCO attainment and progression toward VBP targets. In addition, if unearned incentives from the MCO premium withholds and DSRIP funding for MCO VBP attainment (see STC 7.23(g)) remain after the annual performance period, any remaining funds will be used for incentive payments for MCOs meeting exceptional standards of quality and patient experience, based on a subset of measures to be defined in the DSRIP planning protocol (Attachment C) and Roadmap (Attachment E).
  - b. *Reinvestment Pool.* An annual budget, not to exceed 10 percent of total available DSRIP funding, is established to reward ACH partnering providers (regional) attainment and progression toward VBP targets. To the extent unearned incentives remain after the annual performance period from ACH Projects or VBP unearned incentives, any remaining funds will be used for incentive

quality, health outcomes, and cost effectiveness of care in Washington State." Annually, the Bree identifies up to three areas where there is substantial variation in practice patterns and/or high utilization trends that do not produce better care outcomes. Recommendations from the Bree are sent to the Health Care Authority to guide state purchasing for programs such as Medicaid and Public Employees Benefits Board (PEBB).

payments to the ACH for performance against a core subset of measures to be defined the DSRIP planning protocol (Attachment C) and Roadmap (Attachment E). These funds must be spent on demonstration objectives.

- 7.24. Federal Financial Participation (FFP) for DSRIP. The state may claim, as authorized expenditures under the demonstration, up to \$994 million total computable for six years, performance-based incentive payments to ACH partnering providers or MCOs that support change in how care is provided to Medicaid beneficiaries through payment and delivery system reforms. DSRIP payments are an incentive for successfully meeting associated metrics and outcomes rather than payment of claims for the provision of medical care. For this reason, DSRIP payments shall not be considered patient care revenue for purposes of offsetting allowable uncompensated care costs under the DSRIP Funding and Mechanics Protocol under demonstration authority.
  - a. DSRIP payments are not direct reimbursement for expenditures or payments for services. DSRIP payments are intended to support and reward ACHs and their partnering providers for delivery system transformation efforts and are eligible for federal matching at the administrative rate and not as medical assistance.
     DSRIP payments are not considered patient care revenue, and shall not be offset against disproportionate share, MCO expenditures or other Medicaid expenditures that are related to the cost of patient care (including stepped down costs of administration of such care) or other allowable administrative expenses.
  - b. The state may not claim FFP for DSRIP until after CMS has approved the DSRIP Planning Protocol (Attachment C) and DSRIP Funding and Mechanics Protocol (Attachment D). Once approved, the state may receive FFP for expenditures beginning January 1, 2017.
  - c. The state may not claim FFP for DSRIP payments in each year for DSRIP Year 1 through DSRIP Year 6 until the state has concluded whether or not the ACHs, MCOs, and partnering providers have met the performance indicated for each payment. The state must inform CMS of the funding of all DSRIP payments through a quarterly payment report to be submitted to CMS within 60 days after the end of each quarter. ACH and MCO reports must contain sufficient data and documentation to allow the state and CMS to determine if the ACH, MCO, and partnering providers have fully met the specified metric or VBP goal, and ACHs and MCOs must have available for review by the state or CMS, upon request, all supporting data and back-up documentation. FFP will be available only for payments related to approved DSRIP activities.
  - d. The non-federal share of payments to ACHs, MCOs, and partnering providers may be funded by state general revenue funds, intergovernmental transfers, designated state health programs, or any other allowable source of non-federal share consistent with federal law. The funding will flow to the participating providers according to the methodology specified in the DSRIP Funding and Mechanics Protocol.

- e. The state must inform CMS of the funding of all DSRIP payments to providers through quarterly reports submitted to CMS within 60 calendar days after the end of each quarter, as required in STC 20.8. This report must identify the funding sources associated with each type of payment received by each provider.
- 7.25. **DSRIP Funding.** The amount of demonstration funds available for the DSRIP Program is shown in Table 2 below.

	DY1	DY2	DY3	DY4	DY5	DY6
	01/01/17 – 12/31/17	01/01/18 - 12/31/18	01/01/19 - 12/31/19	01/01/20 - 12/31/20	01/01/21 - 12/31/21	01/01/22 - 12/31/22
Maximum Allowable Funds*	\$242,100,000	\$240,600,000	\$187,180,434	\$151,510,022	\$71,250,000	\$101,679,588
Percent at Risk for Performance	0%	0%	5%	20%	20%	20%
Dollar Amount at Risk for Performance	N/A	N/A	\$9,359,022	\$0	\$14,250,000	\$20,335,918

#### Table 2. DSRIP Funding and At-Risk Percentages

\*These amounts reflect actual spending in DY1 – DY5.

*Funding at Risk for VBP and Quality Improvement Goals under DSRIP*. A share of total DSRIP funding will be at risk if the state fails to demonstrate progress toward meeting the demonstration's VBP goals as outlined in STC 7.22, Table 1 and quality measures to be defined in the DSRIP Planning Protocol (Attachment C). The percentage at risk will gradually increase from 0 percent in DY 1-2 to 5 percent in DY 3 and 20 percent in DY 5 and DY 6. The at risk for DY 4 is waived due to COVID-19 performance implications. The at-risk outcome measures will be developed by the state and included in the DSRIP Planning Protocol for approval by CMS. They must be statewide and measure progress toward the state's Medicaid transformation goals

- 7.26. Life Cycle of the Six-Year DSRIP Program. Synopsis of anticipated activities planned for this demonstration and the corresponding flow of funds.
  - a. Demonstration Year 1- Planning and Design: In the first year of the demonstration, the state will undertake implementation activities, including the following:
    - i. <u>Submit the DSRIP Planning Protocol (Attachment C) and DSRIP Program</u> <u>Funding and Mechanics Protocol (Attachment D)</u>. Working closely with stakeholders and CMS, the state will submit the two required protocols in accordance with STCs 7.15 and 7.16 by March 9, 2017.

- ii. <u>Develop and oversee certification process for ACHs</u>. The state will develop a process for ACHs to be certified to lead Medicaid transformation projects. Certification will require, among other things, that the ACHs: (1) describe their governance plan and process to ensure compliance with principles outlined in the STCs; and (2) describe the stakeholder, tribal engagement, and public processes that will be used to solicit community input.
- iii. <u>Develop and oversee project plan application process for ACHs</u>. The state will develop a project plan application in accordance with the approved DSRIP Planning Protocol (Attachment C) and the DSRIP Program Funding and Mechanics Protocol (Attachment D). The ACHs must complete the project plan applications within the timeframe determined by the state.
- iv. <u>Review and approve project plans submitted by ACHs</u>. Once the ACHs submit project plans and they are reviewed by the independent assessor, the state will approve applications in accordance with the DSRIP Funding and Mechanics Protocol (Attachment D).
- v. <u>Establish Statewide Resources to Support ACHs</u>. The demonstration will also support ACHs with statewide resources. Specifically, ACHs will be provided with technical assistance and the opportunity to participate in learning collaboratives that facilitate the sharing of best practices and lessons learned across ACHs. The statewide resources will be developed to coordinate with other ongoing and emerging delivery system reform efforts in the state.
- b. Demonstration Years 2-4: Implementation, Performance Measurement and Outcomes:
  - i. In these years, the state will move the distribution of DSRIP payments to more outcome-based measures, making them available over time only to those ACH partnering providers that meet performance metrics.
- c. Demonstration Years 5 and 6: Performance Measurement and Sustainability:
  - i. DSRIP investments that meet the demonstrations objectives will continue through value-based payment objectives, led by MCOs and supported by ACHs and the provider community.

### 8. LONG TERM SERVICES AND SUPPORTS

- 8.1. **Medicaid Alternative Care (MAC).** Currently eligible Medicaid beneficiaries who are eligible for, but have chosen not to receive, Medicaid-funded LTSS will be eligible for a new Medicaid Alternative Care (MAC) benefit package. These individuals *do not* constitute a new MEG. The demonstration allows them a benefits choice that will enable them to remain in their homes for a longer period. Eligibility criteria include:
  - a. Age 55 or older;
  - b. Eligible for Categorically Needy (CN) or Alternative Benefit Plan (ABP) services; and
  - c. Eligible to receive the LTSS Medicaid benefit currently available under optional State Plan 1915(k) or HCBS authorities—but have chosen to receive services under MAC instead.

The state will not apply post-eligibility treatment of income to the MAC population because they will not be receiving LTSS.

- 8.2. **MAC Benefits Package.** Administered by the state, or its delegate, the MAC benefit package will be offered through a person-centered planning process where services from one or more of the service categories in STC 8.2(a) through (d) are identified in a plan of care—up to a specified limit as defined in state rule—to individuals who are age 55 or older and eligible for CN or ABP coverage—and not currently receiving Medicaid-funded LTSS. Beneficiaries receiving MAC would also be eligible for Medicaid medical services but would not be eligible for other Medicaid optional state plan or 1915(c) LTSS benefits at the same time. MAC is an alternate benefit package that individuals may choose so they can remain in their home with care provided through their unpaid family caregiver. If an eligible to receive MAC services. With the exception of services authorized under presumptive eligibility, services offered under this benefit will not duplicate services covered under the state plan, Medicare or private insurance, or through other federal or state programs. The following are the MAC benefits with corresponding descriptions:
  - a. <u>Caregiver Assistance Services</u>. Services that take the place of those typically performed by the unpaid caregiver in support of unmet needs the care receiver has for assistance with activities of daily living (ADL) and instrumental ADL. Services include:
    - i. Housework/errands/yardwork,
    - ii. Transportation (in accordance with the participant's service plan),
    - iii. Respite (in home and out of home),
    - iv. Home delivered meals,
    - v. Home safety evaluation,

- vi. Minor home modifications and repairs required to maintain a safe environment,
- vii. Nurse delegation (in conjunction with in-home respite care, as needed),
- viii. Pest Eradication,
- ix. Specialized Deep Cleaning, and
- x. Community Choice Guide services.
- b. <u>Training and Education</u>. Services and supports to assist caregivers with gaining skills and knowledge to implement services and supports needed by the care receiver to remain at home or skills needed by the caregiver to remain in their role. Services include:
  - i. Support groups,
  - ii. Group training,
  - iii. Caregiver coping/skill building training,
  - iv. Consultation on supported decision making,
  - v. Caregiver training to meet the needs of the care receiver,
  - vi. Financial or legal consultation, and
  - vii. Health and wellness consultation.
- c. <u>Specialized Medical Equipment & Supplies</u>. Goods and supplies needed by the care receiver. Goods and supplies include:
  - i. Supplies,
  - ii. Specialized Medical Equipment (includes durable medical equipment and adaptive equipment),
  - iii. Personal emergency response system, and
  - iv. Assistive Technology.
- d. <u>Health Maintenance & Therapy Supports</u>. Clinical or therapeutic services that assist the care receiver to remain in their home or the caregiver to remain in their caregiving role and provide high quality care. Services are provided for the purpose of preventing further deterioration, improving or maintaining current level of functioning. Supports and services categorized here include those typically performed or provided by people with specialized skill, certification or licenses. Services include:
  - i. Adult day health,
  - ii. RDAD and EB exercise programs,

- iii. Health Promotion and Wellness Services, and
- iv. Counseling.
- 8.3. Tailored Supports for Older Adults. The demonstration also establishes a new eligibility expansion category for individuals who are "at risk" of becoming eligible for Medicaid in order to access LTSS. This "At Risk" or "Tailored Supports for Older Adults" (TSOA) eligibility group is comprised of individuals that could receive Medicaid State Plan benefits under 42 CFR §435.236 and §435.217. Under the Demonstration, these individuals may access a new LTSS benefit package that will preserve their quality of life while delaying their need (and the financial impoverishment) for full Medicaid benefits. The individuals must:
  - a. Be age 55 or older;
  - b. Be a U.S. citizen or in eligible immigration status;
  - c. Not be currently eligible for CN or ABP Medicaid;
  - d. Meet functional eligibility criteria for NFLOC as determined through an eligibility assessment; and
  - e. Have income up to 400% of the SSI Federal Benefit Rate.
    - i. To determine eligibility for TSOA services, the state will consider the income of the applicant, not their spouse/dependents, when determining if gross income is at or below the 400% SSI Federal Benefit Rate limit; and
    - ii. To determine income, Washington will use the Social Security Income (SSI)-related income methodologies currently in use for determining eligibility for Medicaid LTSS. No post-eligibility treatment of income will apply and eligibility will be determined using only the applicant's income.
    - iii. The individual's separate non-excluded resources are at or below the current monthly private nursing facility rate multiplied by six months or, for a married couple, that non-excluded resources (calculated as of the first point at which the individual is deemed to have the status of an "institutionalized spouse") are at or below a combination of the current monthly private nursing facility rate multiplied by six months plus the current state Community Spouse Resource Allowance, based on the individual's verified household resources.
      - 1. To determine resources, the State will use the Social Security Income (SSI)-related resource rules currently in use for determining eligibility for Medicaid LTSS with the following exceptions:
      - 2. Transfer of asset penalties do not apply
      - 3. Excess home equity provisions do not apply

- 8.4. **TSOA Benefits Package.** Administered by the state or its delegate, the TSOA benefit package will be offered to individuals determined to be "at risk" for Medicaid (as described in the previous section) will be offered through a person-centered planning process where services from one or more of the service categories are identified in a plan of care up to a specified limit as defined in state rule. Individuals receiving TSOA services will not be eligible for CN or ABP Medicaid-funded medical services or other Medicaid-funded optional State Plan or 1915(c) LTSS benefits. Individuals who later become CN or ABP Medicaid-eligible will no longer be eligible for TSOA services. Individuals receiving MN Medicaid-funded medical services or are eligible for a Medicare Savings Program (MSP) are eligible for TSOA services. With the exception of services authorized under presumptive eligibility, services offered under this benefit will not duplicate services covered under the state plan, Medicare or private insurance, or through other federal or state programs. The following are the TSOA benefits with corresponding descriptions:
  - a. <u>TSOA Benefits</u>. The TSOA benefits include all the same benefits outlined in STC 8.2 (a)(i), (a)(viii), (a)(ix), (a)(x) and (b) through (d).
  - b. <u>Personal Assistance Services</u>. Supports involving the labor of another person to help demonstration participants carry out everyday activities they are unable to perform independently. Services may be provided in the person's home or to access community resources. Services include but are not limited to:
    - i. Personal Care,
    - ii. Nursing delegation,
    - iii. Adult day care,
    - iv. Transportation (in accordance with the participant's service plan),
    - v. Home delivered meals,
    - vi. Home safety evaluation, and
    - vii. Home modifications and repairs (associated with the home modifications) required to maintain a safe environment.
- 8.5. **Person Centered Planning.** The state agrees to use person-centered planning processes to identify participants', applicants' and unpaid caregivers' LTSS needs, the resources available to meet those needs, and to provide access to additional service and support options as needed. The state assures that it will use person centered planning tools that will be in compliance with the characteristics set forth in 42 CFR 441.301(c)(1)-(3).
- 8.6. Self-Directed Supports. The state agrees to provide resources to support participants or their proxies (e.g., a surrogate, parent or legal guardian/representative) in directing their own care when that care is provided by an individual provider. This support assures, but is not limited to, participants' compliance with laws pertaining to employer responsibilities and provision for back-up attendants as needs arise. The state agrees to assure that background checks on employees and their results are available to participants. State policies and guidelines will include, but not be limited to: criteria for who is eligible to self-direct, a fiscal

agent/intermediary, and training materials to assist participants with learning their roles and responsibilities as an 'employer' and to ensure that services are consistent with care plan needs and allocations.

- a. Program enrollees will have full informed choice on the requirements and options to: self-direct services; have a qualified designated representative direct services on their behalf, or select traditional agency-based service delivery. State and provider staff will receive training on these options.
- 8.7. **Conflict of Interest.** The state agrees that the entity responsible for assisting the individual with development of the person-centered service plan may not be an LTSS service provider, unless that service planning entity is the only qualified and willing entity available to conduct the service. If a service planning entity is the only willing and qualified entity to conduct the service, the state must establish firewalls between the service provision and planning functions to ensure conflict of interest protections. The state assures that conflict of interest protections will be in compliance with the characteristics set forth in 42 CFR 441.301(c)(1)(v)(vi). The state also assures that the independent evaluation and determination of eligibility for LTSS is performed by an agent that is independent and qualified as defined in 42 CFR 441.730.
- 8.8. **Home and Community-Based Setting Requirements.** The state will assure compliance with the characteristics of home and community-based settings in accordance with 42 CFR 441.301(c)(4), for those services that could be authorized under sections 1915(c) and 1915(i).
- 8.9. Quality Measures. The state will develop a Quality Improvement System (QIS) that includes:
  - a. Performance measurement and reporting in accordance with the quality reporting and review standards outlined in *Modifications to Quality Measures and Reporting in 1915(c) Home and Community-Based Waivers* guidance issued March 12, 2014, and reporting timelines outlined in *Revised Interim Procedural Guidance* issued February 6, 2007.

Performance measures should address the following areas:

- i. Identification of needs and goals, and access to services (Level of Care/Functional assessment and Person-Centered Plan of Care at least annually);
- ii. Services are delivered in accordance with the Person-Centered Plan of Care
- iii. Providers meet required qualifications;
- iv. Settings meet the home and community-based setting requirements for those services that could be authorized under 1915(c) and 1915(i);
- v. Number of substantiated incidents of neglect, exploitation or abuse and average time to resolution;
- vi. The State Medicaid Agency (SMA) retains authority and responsibility for program operations and oversight; and

- vii. The SMA maintains financial accountability through payment of claims for services that are authorized and furnished to 1115 participants by qualified providers.
- b. Ongoing quarterly/annual reporting that includes:
  - i. Number of LTSS beneficiaries broken out by program (MAC and TSOA);
  - ii. Number of new MAC and TSOA person-centered service plans;
  - iii. Percent of MAC and TSOA level of care re-assessments annually; and
  - iv. Number of people self-directing services under employer authority.
- 8.10. **Critical Incident Reporting.** The state has a system as well as policies and procedures in place through which providers must identify, report and investigate critical incidents that occur within the delivery of MAC and TSOA. Provider contracts reflect the requirements of this system. The state also has a system as well as policies and procedures in place through which to detect, report, investigate, and remediate abuse, neglect, and exploitation. Providers and participants are educated about this system. Provider obligations include specific action steps that providers must take in the event of known or suspected abuse, neglect or exploitation.
- 8.11. **Presumptive Eligibility.** The state will provide the MAC and TSOA services outlined in STCs 8.2 and 8.4 to individuals during a presumptive eligibility (PE) period following a determination by the state or a qualified entity—on the basis of preliminary information—that the individual appears to meet functional and financial eligibility requirements, using simplified methodology prescribed by the state and approved by CMS. In the event the state implements a waitlist, the authority for presumptive eligibility terminates.
  - a. <u>*Qualified entity*</u> Presumptive eligibility will be determined by both the state and state designated qualified entities. A qualified entity is an entity that:
    - i. Participates with the Department of Social and Health Services (DSHS) as an Area Agency on Aging (AAA), subcontractor of an AAA or as a state designated tribal entity to provide limited eligibility functions and other administrative functions as delegated in contract;
    - ii. Notifies the DSHS of its election to make presumptive eligibility determinations under this section, and agrees to make presumptive eligibility determinations consistent with State policies and procedures; and
    - iii. The state will include language specific to presumptive eligibility requirements to its existing contracts with qualified entities who shall conduct presumptive eligibility determinations.
  - b. <u>*Qualified staff*</u> Presumptive eligibility shall be determined by staff of qualified entities who have met at least the following qualifications imposed by the state.
    - i. A College degree and at least two years of social service experience or an equivalent level of education plus relevant experience;

- ii. Complete PE training prior to determining PE; and
- iii. The state will provide CMS the initial training curriculum and PE determination form for review and approval prior to program implementation. Subsequent content changes will be submitted to CMS for review at the time the change is made.
- c. <u>*Quality Assurance and Monitoring*</u> The state will monitor both state staff and qualified entities for adherence to policies applicable to presumptive eligibility determinations through contract monitoring and quality assurance reviews.
  - i. Post implementation the state will conduct a targeted review of implementation to validate PE determinations are being made in accordance with established criteria; and
  - ii. As part of the state's Quality Improvement Strategy, a sample of PE determinations will be reviewed yearly to determine that PE was established appropriately.
- d. <u>Presumptive Functional Eligibility</u> The following information will be collected as part of the presumptive functional eligibility assessment to determine if the individual appears to meet nursing facility level of care as defined in state rule. Indicators include:
  - i. Does the individual need daily care provided or supervised by a registered nurse (RN) or licensed practical nurse (LPN); or
  - ii. Does the individual have an unmet or partially met for assistance with 3 or more qualifying ADLs; or
  - iii. Does the individual have a cognitive impairment and require supervision due to one or more of the following: Disorientation, memory impairment, impaired decision making, or wandering and a need for assistance with 1 or more qualifying ADLs; or
  - iv. Does the individual have an unmet or partially met need for assistance with 2 or more qualifying ADLs; and
  - v. Functional eligibility shall be confirmed by the State for ongoing program eligibility.
- e. <u>Presumptive Financial Eligibility</u> Presumptive financial eligibility will be determined by a financial screen, based on application attestation, to determine if the applicant meets the following requirements:
  - i. For TSOA:
    - 1. State resident;

- 2. Social Security Number (SSN);<sup>4</sup>
- 3. The individual's separate non-excluded income is equal to or less than 400% of the SSI Federal Benefit Rate.
- 4. The individual's separate non-excluded resources are at or below the current monthly private nursing facility rate multiplied by six months or, for a married couple, that non-excluded resources (calculated as of the first point at which the individual is deemed to have the status of an "institutionalized spouse") are at or below a combination of the current monthly private nursing facility rate multiplied by six months plus the current state Community Spouse Resource Allowance, based on the individual's self-attested statement of their household resources.
- ii. For MAC:
  - 1. The state or qualified entity will confirm the individual is presumptively eligible in a categorically needy or alternative benefit plan program that offers healthcare coverage to the target population using the state's eligibility and enrollment data system.
- f. <u>Period of Presumptive Eligibility</u> Period of presumptive eligibility means a period that begins on the date on which a qualified entity determines that an applicant is presumptively eligible<sup>5</sup> and ends with the earlier of:
  - i. In the case of an individual on whose behalf a Medicaid or TSOA application has been filed, the day on which a decision is made on that application; or
  - ii. In the case of an individual on whose behalf a Medicaid or TSOA application has not been filed, the last day of the month following the month in which the determination of presumptive eligibility was made.
- g. <u>Presumptive Eligibility Service Level</u> As part of the presumptive eligibility determination the state shall assess the individual for both functional eligibility (NFLOC) and financial eligibility concurrently.
- 8.12. **Estate Recovery.** Participants in MAC and TSOA are exempted from Medicaid estate recovery requirements due to:
  - a. Scope of Medicaid estate recovery;
  - b. Limitation on access to Medicaid-funded state plan or demonstration HCBS for MAC participants;

<sup>&</sup>lt;sup>4</sup> If an applicant does not have a SSN established it will not preclude the applicant from applying for TSOA or MAC, the state shall provide the individual with assistance applying for an SSN or getting the person's SSN.

<sup>&</sup>lt;sup>5</sup> To receive services past the PE period, the state must have completed a full financial eligibility determination and/or a NFLOC assessment.

- c. Services available to MAC participants are outside the scope of services generally defined by CMS as HCBS; and
- d. TSOA is a non-Medicaid population.
- 8.13. Wait List. The state may institute a waitlist for those who are eligible for MAC or TSOA services but are unable to access the services because funding for services under the demonstration is not available. If the state determines expenditures for this program will exceed the expenditure authority within a given demonstration year, the state may impose a wait list. The state will implement the waitlist and ensure that no existing beneficiaries lose services as a result of the waitlist. In the event the state implements a waitlist, the authority for presumptive eligibility terminates.

# 9. PRESUMPTIVE ELIGIBILITY FOR HOME AND COMMUNITY-BASED SERVICES

- 9.1. **Presumptive Eligibility (PE) for Home and Community-Based Services (HCBS).** The demonstration also establishes PE for individuals in need of expedited access to HCBS under Medicaid state plan and 1915(c) waiver authorities and Medicaid medical coverage regardless of how individuals enter the LTSS system. The demonstration allows individuals to access specific benefits quickly, in the most appropriate and least restrictive setting, while full functional and/or financial eligibility are determined.
- 9.2. Eligibility and Phase In. Individuals who plan to enroll in Community First Choice, COPES and Medicaid Personal Care (MPC) who self-attest to meet functional and financial requirements will be deemed presumptive eligible until such time the PE period ends as defined in STC 9.6 below. The state will phase in presumptive eligibility in two stages and anticipates that each phase will be operationalized for several months before implementing the next phase. Progress on implementation of Phase 1 and 2 shall be included in quarterly monitoring reports described in STC 20.8. The state will phase in presumptive eligibility as follows:
  - a. Phase 1. The initial phase will include individuals discharging home from an acute care or community psychiatric hospital setting or diversion from these facilities who plan to enroll in Community First Choice, COPES, or MPC. In the initial phase, the state will provide the limited benefit package outlined in STC 9.8 during the PE period to these individuals.
  - b. Phase 2. The second phase will expand to include all individuals seeking HCBS services in their own home. The second phase will provide the limited benefit package outlined in STC 9.8 to any individual determined to meet HCBS PE eligibility criteria and wishing to receive state plan or 1915(c) waiver HCBS services in their own home.
- 9.3. **Qualified Entity.** Presumptive eligibility will be determined by both the state and state designated qualified entities. The state or qualified entity, on the basis of preliminary information and using a simplified methodology described in STC 9.4, STC 9.5 and Attachment P, will make a determination that the individual appears to meet functional and financial eligibility requirements. A qualified entity is an entity that Participates with the Department of Social and Health Services (DSHS) as an Area Agency on Aging (AAA), subcontractor of an AAA or as a state designated tribal entity to provide limited eligibility functions and other administrative functions as delegated in contract.
- 9.4. **Presumptive Functional Eligibility**. Individuals will self-attest to meeting functional eligibility to determine if the individual appears to meet nursing facility level of care (NFLOC) or MPC level of care as defined in state rule.
- 9.5. **Presumptive Financial Eligibility**. Individuals will self-attest to meeting financial eligibility requirements to determine if the applicant meets the eligibility requirements.

- 9.6. **Period of Presumptive Eligibility.** Period of presumptive eligibility means a period that begins on the date on which a qualified entity determines that an applicant is presumptively eligible<sup>6</sup> and ends:
  - a. In the case of an individual on whose behalf a Medicaid application has been filed, the day on which a decision is made on that application; or
  - b. In the case of an individual on whose behalf a Medicaid application has not been filed, the last day of the month following the month in which the determination of presumptive eligibility was made.
- 9.7. **Presumptive Eligibility Limits**. Applicants who are approved for presumptive eligibility and receive services during the PE period will only be allowed one PE period every twenty-four months.
- 9.8. Benefits. The following benefits will be provided to PE eligible individuals. PE eligible individuals will receive HCBS PE benefits through a person-centered planning process. Individuals cannot receive HCBS PE benefits while also receiving services under a 1915(c) or 1915(k) program. PE services are not duplicative of services covered under private insurance, Medicare, state plan Medicaid, or through other federal or state programs.
  - a. The following are the HCBS NFLOC PE benefits which include a subset of services available under the 1915(c) COPES waiver and the 1915(k) Community First Choice state plan option:
    - i. Personal care services, up to 103 hours per month, which are included in the Electronic Visit Verification (EVV) system implementation;
    - ii. Nurse delegation;
    - iii. Personal Emergency Response System (PERS);
    - iv. Home delivered meals, up to two meals per day;
    - v. Specialized medical equipment and supplies;
    - vi. Assistive/Adaptive technology and equipment;
    - vii. Community transition or sustainability services: goods and services which are nonrecurring set-up items and services to assist with expenses to move from an acute care hospital or diversion from a community psychiatric hospital stay to an in-home setting where the individual is directly responsible for his or her own living expenses and may include at least one of the following:
      - 1. Security deposits that are required to lease an apartment or home;

<sup>&</sup>lt;sup>6</sup> The state must have completed a full financial and functional eligibility determination for the individual to receive HCBS services in the state's Medicaid state plan and 1915(c) waiver programs after the end of the PE period.

- 2. Activities to assess need, arrange for, and obtain needed resources, including essential household furnishings;
- 3. Set-up fees or deposits for utility or services access, including telephone, electricity, heating, water, and garbage;
- 4. Services necessary for health and safety such as pest eradication, and one-time cleaning prior to occupancy; and
- 5. Moving expenses.
- viii. Minor home accessibility modifications necessary for hospital discharge. Home accessibility modifications are limited to those adaptations or improvements to the home that are of direct medical or remedial benefit to the participant and are not of general utility. Adaptations that add to the total square footage of the home are also excluded from this benefit except when necessary to complete an adaptation;
  - ix. Community choice guide: Specialty services which provide assistance and support to ensure an individual's successful transition to the community and/or maintenance of independent living; and
  - x. Supportive Housing services, defined in WAC 182-559-150, means active search and promotion of access to, and choice of, safe and affordable housing that is appropriate to the client's age, culture, and needs. Housing must meet the home and community-based settings requirements.
- b. The HCBS MPC PE benefits include personal care services up to 34 hours per month, which are included in the Electronic Visit Verification (EVV) system implementation.
- 9.9. **Post-eligibility Treatment of Income**. Participants in 1915(c) HCBS PE are subject to posteligibility treatment of income (PETI) based on self-attested available income and allowable deductions, including a personal needs allowance (PNA) during the PE period. The cost of care applied during the PE period will not be retroactively adjusted when full eligibility is determined. An individual financially eligible for a CN or ABP program does not pay toward the cost of care in home. Once full functional and financial eligibility determinations are complete, an updated PETI will be applied the first of the month following that determination, if appropriate based on client's final eligibility determination.
- 9.10. **Estate Recovery**. Participants in HCBS PE are subject to Medicaid estate recovery requirements.

## **10. FOUNDATIONAL COMMUNITY SUPPORTS**

- 10.1. **Foundational Community Supports Program.** Under this program, the state will provide a set of HCBS for eligible individuals.
- 10.2. Foundational Community Supports Services 1. One-time community transition services to individuals moving from institutional to community settings and those at imminent risk of institutional placement.
- 10.3. Foundational Community Supports Eligibility 1. Eligible individuals include those who would be eligible under a section 1915(c) waiver program who, but for the Foundational Community Supports Program, would be in an institutional placement. (For example, those at imminent risk of institutionalization include those individuals with a disabling condition who meet an institutional level of care.)
- 10.4. **Post Approval Protocol 1.** The post-approval protocol (Attachment I), which will be subject to CMS approval, will include the service definitions for the one-time transition services and payment methodologies.
- 10.5. Foundational Community Supports Services 2. HCBS that could be provided to the individual under a 1915(c) waiver or 1915(i) SPA.
- 10.6. **Foundational Community Supports Eligibility 2.** Eligibility for these services include individuals who could be eligible under a section 1915(c) waiver or 1915(i) SPA program.
- 10.7. **Post Approval Protocol 2.** The post-approval protocol (Attachment I), which will be subject to CMS approval, will include the content that would otherwise be documented in a 1915(c) waiver and/or 1915(i) SPA, and will include service definitions, payment methodologies, and the administrative approach.
- 10.8. **Submission of Post Approval Protocol.** The state will submit the protocol for services identified in STC 10.4 and STC 10.7 above to CMS for review within 60 days following demonstration approval, and will not provide services under the program until receiving CMS approval.
- 10.9. **Wait List.** The state may institute a waitlist for those who are eligible for the Foundational Community Supports Program but are unable to access the services because funding for services under the demonstration is not available. If the state determines expenditures for this program will exceed the expenditure authority within a given demonstration year, the state may impose a wait list. The state will implement the waitlist and ensure that no existing beneficiaries lose services as a result of the waitlist.

# 11. SUBSTANCE USE DISORDER PROGRAM AND BENEFITS

11.1. **Substance Use Disorder (SUD) Program Benefits.** Effective upon CMS's approval of the SUD Implementation Plan, the demonstration benefit package for Washington Medicaid beneficiaries will include SUD treatment services, including services provided in residential and inpatient treatment settings that qualify as an Institution for Mental Diseases (IMD), which are not otherwise matchable expenditures under section 1903 of the Act. The state will be eligible to receive FFP for Medicaid beneficiaries who are short-term residents in IMDs under the terms of this demonstration for coverage of medical assistance, including OUD/SUD services, that would otherwise be matchable if the beneficiary were not residing in an IMD once CMS approved the state's Implementation Plan. Washington will aim for a statewide average length of stay of 30 days or less in residential treatment settings, to be monitored pursuant to the SUD Monitoring Protocol as outlined in Section 20.6, to ensure short-term residential treatment stays.

Under this demonstration beneficiaries will have access to high quality, evidence-based OUD/SUD treatment services across a comprehensive continuum of care, ranging from residential and inpatient treatment to on-going chronic care for these conditions in cost-effective community-based settings.

## 11.2. SUD Implementation Plan and Health IT Plan.

- a. The state must submit SUD Implementation Plan within ninety (90) calendar days after approval of the SUD program under this demonstration. The state may not claim FFP for services provided in IMDs to beneficiaries who are primarily receiving SUD treatment and withdrawal management services until CMS has approved the Implementation Plan. Once approved, the SUD Implementation Plan will be incorporated into the STCs, as Attachment K, and once incorporated, may be altered only with CMS approval. After approval of the Implementation Plan, FFP will be available prospectively, not retrospectively.
- b. Failure to submit a SUD Implementation Plan will be considered a material failure to comply with the terms of the demonstration project as described in 42 CFR 431.420(d) and, as such, would be grounds for termination or suspension of the SUD program under this demonstration. Failure to progress in meeting the milestone goals agreed upon by the state and CMS will result in a funding deferral as described in STC 20.2.
- c. At a minimum, the SUD Implementation Plan must describe the strategic approach and detailed project implementation plan, including timetables and programmatic content where applicable, for meeting the following milestones which reflect the key goals and objectives of the SUD component of this demonstration program:

- i. Access to Critical Levels of Care for OUD and other SUDs: Coverage of OUD/SUD treatment services across a comprehensive continuum of care including: outpatient; intensive outpatient; medication assisted treatment (medication as well as counseling and other services with sufficient provider capacity to meet needs of Medicaid beneficiaries in the state); intensive levels of care in residential and inpatient settings; and medically supervised withdrawal management, within 12-24 months of demonstration approval;
- Use of Evidence-based SUD-specific Patient Placement Criteria: Establishment of a requirement that providers assess treatment needs based on SUD-specific, multidimensional assessment tools, such as the American Society of Addiction Medicine (ASAM) Criteria or other comparable assessment and placement tools that reflect evidence-based clinical treatment guidelines within 12-24 months of SUD program demonstration approval;
- iii. *Patient Placement*: Establishment of a utilization management approach such that beneficiaries have access to SUD services at the appropriate level of care and that the interventions are appropriate for the diagnosis and level of care, including an independent process for reviewing placement in residential treatment settings within 12-24 months of SUD program demonstration approval;
- iv. Use of Nationally Recognized SUD-specific Program Standards to set Provider Qualifications for Residential Treatment Facilities: Currently, residential treatment service providers must be a licensed organization, pursuant to the residential service provider qualifications described in Washington Administrative Code regulations: WAC 246-341.<sup>7</sup> The state must establish residential treatment provider qualifications in licensure, policy or provider manuals, managed care contracts or credentialing, or other requirements or guidance that meet program standards in the ASAM Criteria or other nationally recognized, SUD-specific program standards regarding in particular the types of services, hours of clinical care, and credentials of staff for residential treatment settings within 12-24 months of OUD/SUD program demonstration approval;
- v. *Standards of Care:* Establishment of a provider review process to ensure that residential treatment providers deliver care consistent with the specifications in the ASAM Criteria or other comparable, nationally recognized SUD program standards based on evidence-based clinical treatment guidelines for types of services, hours of clinical care, and credentials of staff for residential treatment settings within 12-24 months of SUD program demonstration approval;

<sup>&</sup>lt;sup>7</sup> <u>http://apps.leg.wa.gov/wac/default.aspx?cite=388-877</u>

- vi. *Standards of Care*: Establishment of a requirement that residential treatment providers offer MAT on-site or facilitate access to MAT off-site within 12-24 months of SUD program demonstration approval;
- vii. Sufficient Provider Capacity at each Level of Care including Medication Assisted Treatment for SUD/OUD: An assessment of the availability of providers in the critical levels of care throughout the state, or in the regions of the state participating under this demonstration, including those that offer MAT within 12 months of SUD program demonstration approval;
- viii. Implementation of Comprehensive Treatment and Prevention Strategies to Address Opioid Abuse and SUD/OUD: Implementation of opioid prescribing guidelines along with other interventions to prevent prescription drug abuse and expand coverage of and access to naloxone for overdose reversal as well as implementation of strategies to increase utilization and improve functionality of prescription drug monitoring programs;
- ix. *Improved Care Coordination and Transitions between Levels of Care:* Establishment and implementation of policies to ensure residential and inpatient facilities link beneficiaries with community-based services and supports, following stays in these facilities within 24 months of SUD program demonstration approval.
- x. *SUD Health IT Plan:* Implementation of a Substance Use Disorder Health Information Technology Plan which describes technology that will support the aims of the demonstration. Further information which describes milestones and metrics are detailed in STC 11.2(d) and Attachment M.
- d. SUD Health Information Technology Plan ("Health IT Plan"). The SUD Health IT plan applies to all states where the Health IT functionalities are expected to impact beneficiaries within the demonstration. As outlined in SMDL #17-003, states must submit to CMS the applicable Health IT Plan(s), to be included as a section(s) of the associated Implementation Plan(s) (see STC 11.2[a] and 11.2[c]), to develop infrastructure and capabilities consistent with the requirements outlined in each demonstration-type.

The Health IT Plan should describe how technology can support outcomes through care coordination; linkages to public health and prescription drug monitoring programs; establish data and reporting structure to monitor outcomes and support data driven interventions. Such technology should, per 42 CFR § 433.112(b), use open interfaces and exposed application programming interfaces and ensure alignment with, and incorporation of, industry standards adopted by the Office of the National Coordinator for Health IT in accordance with 42 CFR part 170, subpart B.

i. The state must include in its Monitoring Protocol (see STC 20.6) an approach to monitoring its SUD Health IT Plan which will include performance metrics to be approved in advance by CMS.

- ii. The state must monitor progress, each DY, on the implementation of its SUD Health IT Plan in relationship to its milestones and timelines—and report on its progress to CMS within its Annual Report (see STC 20.8).
- iii. As applicable, the state should advance the standards identified in the 'Interoperability Standards Advisory—Best Available Standards and Implementation Specifications' (ISA) in developing and implementing the state's SUD Health IT policies and in all related applicable State procurements (e.g., including managed care contracts) that are associated with this demonstration.
- iv. Where there are opportunities at the state- and provider-level (up to and including usage in MCO or ACO participation agreements) to leverage federal funds associated with a standard referenced in 45 CFR 170 Subpart B, the state should use the federally recognized standards.
- v. Where there are opportunities at the state- and provider-level to leverage federal funds associated with a standard not already referenced in 45 CFR 170 but included in the ISA, the state should use the federally recognized ISA standards.
- vi. Components of the Health IT Plan include:
  - 1. The Health IT Plan must describe the state's alignment with Section 5042 of the SUPPORT Act requiring Medicaid providers to query a Qualified Prescription Drug Monitoring Program (PDMP).
  - 2. The Health IT Plan must address how the state's Qualified PDMP will enhance ease of use for prescribers and other state and federal stakeholders. States should favor procurement strategies that incorporate qualified PDMP data into electronic health records as discrete data without added interface costs to Medicaid providers, leveraging existing federal investments in RX Check for Interstate data sharing.
  - 3. The Health IT Plan will describe how technology will support substance use disorder prevention and treatment outcomes described by the demonstration.
  - 4. In developing the Health IT Plan, states should use the following resources:
    - States may use federal resources available on Health IT.Gov (https://www.healthit.gov/topic/behavioral-health) including but not limited to "Behavioral Health and Physical Health Integration" and "Section 34: Opioid Epidemic and Health IT" (https://www.healthit.gov/playbook/health-informationexchange/).

- States may also use the CMS 1115 Health IT resources available on "Medicaid Program Alignment with State Systems to Advance HIT, HIE and Interoperability" at https://www.medicaid.gov/medicaid/data-andsystems/hie/index.html. States should review the "1115 Health IT Toolkit" for health IT considerations in conducting an assessment and developing their Health IT Plans.
- States may request from CMS technical assistance to conduct an assessment and develop plans to ensure they have the specific health IT infrastructure with regards to PDMP interoperability, electronic care plan sharing, care coordination, and behavioral health-physical health integration, to meet the goals of the demonstration.
- States should review the Office of the National Coordinator's Interoperability Standards Advisory (https://www.healthit.giv/isa/) for information on appropriate standards which may not be required per 45 CFR part 170, subpart B for enhanced funding, but still should be considered industry standards per 42 CFR §433.112(b)(12).
- 11.3. **SUD Evaluation.** The SUD Evaluation will be subject to the same requirements as the overall demonstration evaluation, as described in Sections 20 (Monitoring and Reporting Requirements) and 21 (Evaluation of the Demonstration) of these STCs.
- 11.4. **Unallowable Expenditures Under the SUD Expenditure Authority**. In addition to the other unallowable costs and caveats already outlined in these STCs, the state may not receive FFP under any expenditure authority approved under this demonstration for any of the following:
  - a. Room and board costs for residential treatment service providers unless they qualify as inpatient facilities under section 1905(a) of the Act.

## 12. SERIOUS MENTAL ILLNESS (SMI) PROGRAM AND BENEFITS

12.1. SMI Program Benefits. Under this demonstration, beneficiaries will have access to the full range of otherwise covered Medicaid services, including SMI treatment services. These SMI services will range in intensity from short-term acute care in inpatient settings for SMI, to ongoing chronic care for such conditions in cost-effective community-based settings. The state will work to improve care coordination and care for co-occurring physical and behavioral health conditions. The state must achieve a statewide average length of stay of no more than 30 days for beneficiaries receiving treatment in an IMD treatment setting through this demonstration's SMI Program, to be monitored pursuant to the SMI Monitoring Plan as outlined in STCs 12.2 – 12.6 below.

#### 12.2. SMI Implementation Plan.

- a. The state must submit the SMI Implementation Plan within 90 calendar days after approval of the November 6, 2020, demonstration amendment for CMS review and comment. If applicable, the state must submit a revised SMI Implementation Plan within sixty (60) calendar days after receipt of CMS's comments. The state may not claim FFP for services provided to beneficiaries residing in IMDs primarily to receive treatment for SMI under expenditure authority #11 until CMS has approved the SMI implementation plan and the SMI financing plan described in STC 12.2(e). After approval of the required implementation plan and financing plan, FFP will be available prospectively, but not retrospectively.
- b. Once approved, the SMI Implementation Plan will be incorporated into the STCs as Attachment N, and once incorporated, may be altered only with CMS approval. Failure to submit an SMI Implementation Plan, within 90 calendar days after approval of the demonstration, will be considered a material failure to comply with the terms of the demonstration project as described in 42 CFR 431.420(d) and, as such, would be grounds for termination or suspension of the SMI program under this demonstration. Failure to progress in meeting the milestone goals agreed upon by the state and CMS will result in a funding deferral as described in STC 20.2.
- c. At a minimum, the SMI Implementation Plan must describe the strategic approach, including timetables and programmatic content where applicable, for meeting the following milestones which reflect the key goals and objectives for the program:
  - *i.* Ensuring Quality of Care in Psychiatric Hospitals and Residential Settings.
    - 1. Hospitals that meet the definition of an IMD in which beneficiaries receiving demonstration services under the SMI program are residing must be licensed or approved as meeting standards for licensing established by the agency of the state or locality responsible for licensing hospitals prior to the state claiming FFP for services provided to beneficiaries residing in a hospital that meets the definition

of an IMD. In addition, hospitals must be in compliance with the conditions of participation set forth in 42 CFR Part 482 and either: a) be certified by the state agency as being in compliance with those conditions through a state agency survey, or b) have deemed status to participate in Medicare as a hospital through accreditation by a national accrediting organization whose psychiatric hospital accreditation program or acute hospital accreditation program has been approved by CMS.

- 2. Residential treatment providers that meet the definition of an IMD in which beneficiaries receiving demonstration services under the SMI program are residing must be licensed, or otherwise authorized, by the state to primarily provide treatment for mental illnesses. They must also be accredited by a nationally recognized accreditation entity prior to the state claiming FFP for services provided to beneficiaries residing in a residential facility that meets the definition of an IMD.
- 3. Establishment of an oversight and auditing process that includes unannounced visits for ensuring participating hospitals and residential treatment settings in which beneficiaries receiving coverage pursuant to the demonstration are residing meet applicable state licensure or certification requirements as well as a national accrediting entity's accreditation requirements;
- 4. Use of a utilization review entity (for example, a managed care organization or administrative service organization) to ensure beneficiaries have access to the appropriate levels and types of care and to provide oversight to ensure lengths of stay are limited to what is medically necessary and only those who have a clinical need to receive treatment in psychiatric hospitals and residential treatment settings are receiving treatment in those facilities;
- 5. Establishment of a process for ensuring that participating psychiatric hospitals and residential treatment settings meet applicable federal program integrity requirements, and establishment of a state process to conduct risk-based screening of all newly enrolling providers, as well as revalidation of existing providers (specifically, under existing regulations, the state must screen all newly enrolling providers and reevaluate existing providers pursuant to the rules in 42 CFR Part 455 Subparts B and E, ensure providers have entered into Medicaid provider agreements pursuant to 42 CFR 431.107, and establish rigorous program integrity protocols to safeguard against fraudulent billing and other compliance issues);
- 6. Implementation of a state requirement that participating psychiatric hospitals and residential treatment settings screen beneficiaries for co-morbid physical health conditions and SUDs and demonstrate the capacity to address co-morbid physical health conditions during short-term stays in residential or inpatient treatment settings (e.g., with on-

site staff, telemedicine, and/or partnerships with local physical health providers).

- *ii. Improving Care Coordination and Transitions to Community-Based Care.* 
  - 1. Implementation of a process to ensure that psychiatric hospitals and residential treatment facilities provide intensive pre-discharge, care coordination services to help beneficiaries transition out of those settings into appropriate community-based outpatient services, including requirements that facilitate participation of community-based providers in transition efforts (e.g., by allowing beneficiaries to receive initial services from a community-based provider while the beneficiary is still residing in these settings and/or by engaging peer support specialists to help beneficiaries make connections with available community-based providers and, where applicable, make plans for employment);
  - 2. Implementation of a process to assess the housing situation of a beneficiary transitioning to the community from psychiatric hospitals and residential treatment settings and to connect beneficiaries who have been experiencing or are likely to experience homelessness or who would be returning to unsuitable or unstable housing with community providers that coordinate housing services, where available;
  - 3. Implementation of a requirement that psychiatric hospitals and residential treatment settings that are discharging beneficiaries who have received coverage pursuant to this demonstration have protocols in place to ensure contact is made by the treatment setting with each discharged beneficiary and the community-based provider to which the beneficiary was referred within 72 hours of discharge and to help ensure follow-up care is accessed by individuals after leaving those facilities by contacting the individuals directly and, as appropriate, by contacting the community-based provider they were referred to;
  - 4. Implementation of strategies to prevent or decrease the length of stay in emergency departments among beneficiaries with SMI or SED (e.g., through the use of peer support specialists and psychiatric consultants in EDs to help with discharge and referral to treatment providers); and
  - 5. Implementation of strategies to develop and enhance interoperability and data sharing between physical, SUD, and mental health providers, with the goal of enhancing coordination so that disparate providers may better share clinical information to improve health outcomes for beneficiaries with SMI or SED.
- *iii. Increasing Access to Continuum of Care Including Crisis Stabilization Services.*

- 1. Establishment of a process to annually assess the availability of mental health services throughout the state, particularly crisis stabilization services, and updates on steps taken to increase availability (the state must provide updates on how it has increased the availability of mental health services in every Annual Monitoring Report);
- 2. Commitment to implementation of the SMI/SED financing plan described in STC 12.2(e). The state must maintain a level of state and local funding for outpatient community-based mental health services for Medicaid beneficiaries for the duration of the SMI/SED program under the demonstration that is no less than the amount of funding provided at the beginning of the SMI program under the demonstration. The annual MOE will be reported and monitored as part of the Annual Monitoring Report described in STC 20.8;
- 3. Implementation of strategies to improve the state's capacity to track the availability of inpatient and crisis stabilization beds to help connect individuals in need with that level of care as soon as possible; and
- 4. Implementation of a requirement that providers, plans, and utilization review entities use an evidence-based, publicly available patient assessment tool, preferably endorsed by a mental health provider association (e.g., LOCUS or CASII) to determine appropriate level of care and length of stay.

# *iv.* Earlier Identification and Engagement in Treatment and Increased Integration.

- 1. Implementation of strategies for identifying and engaging individuals, particularly adolescents and young adults, with SMI/SED in treatment sooner, including through supported employment and supported education programs;
- 2. Increasing integration of behavioral health care in non-specialty care settings, including schools and primary care practices, to improve identification of SMI/SED conditions sooner and improve awareness of and linkages to specialty treatment providers; and
- 3. Establishment of specialized settings and services, including crisis stabilization services, focused on the needs of young people experiencing SMI or SED.
- d. **SMI/SED Health Information Technology (Health IT) Plan.** The Health IT plan is intended to apply only to those State Health IT functionalities impacting beneficiaries within this demonstration and providers directly funded by this demonstration. The state will provide CMS with an assurance that it has a sufficient health IT infrastructure "ecosystem" at every appropriate level (i.e., state, delivery system, health plan/MCO and individual provider) to achieve the goals of the demonstration. If the state is unable to provide such an assurance, it will submit to CMS a Health IT Plan, to be included as a section of the

applicable Implementation Plan (see STC 12.2[c]), to develop the infrastructure/capabilities of the state's health IT infrastructure.

- i. The Health IT Plan will detail the necessary health IT capabilities in place to support beneficiary health outcomes to address the SMI/SED goals of the demonstration. The plan(s) will also be used to identify areas of health IT ecosystem improvement. The Plan must include implementation milestones and projected dates for achieving them (see Attachment N) and must be aligned with the state's broader State Medicaid Health IT Plan (SMHP) and, if applicable, the state's Behavioral Health (BH) IT Health Plan.
- ii. The state will include in its Monitoring Plans (see STC 20.6) an approach to monitoring its SMI/SED Health IT Plan which will include performance metrics to be approved in advance by CMS.
- iii. The state will monitor progress, each DY, on the implementation of its SMI/SED Health IT Plan in relationship to its milestones and timelines and report on its progress to CMS in in an addendum to its Annual Report (see STC 20.8).
- iv. As applicable, the state should advance the standards identified in the 'Interoperability Standards Advisory—Best Available Standards and Implementation Specifications' (ISA) in developing and implementing the state's SMI Health IT policies and in all related applicable State procurements (e.g., including managed care contracts) that are associated with this demonstration.
- v. Where there are opportunities at the state- and provider-level (up to and including usage in MCO or ACO participation agreements) to leverage federal funds associated with a standard referenced in 45 CFR 170 Subpart B "Standards and Implementation Specifications for HIT". If there is no relevant standard in 45 CFR 170 Subpart B, the state should review the Office of the National Coordinator for Health Information Technology's Interoperability Standards Advisory (https://www.healthit.gov/isa/) to locate other industry standards in the interest of efficient implementation of the state plan.
- vi. Components of the Health IT Plan include:
  - 1. The Health IT Plan will, as applicable, describe the state's capabilities to leverage a master patient index (or master data management service, etc.) in support of *SED/SMI* care delivery. The state will also indicate current efforts or plans to develop and/or utilize current patient index capability that supports the programmatic objectives of the demonstration.
  - 2. The Health IT Plan will describe the state's current and future capabilities to support providers implementing or expanding Health IT functionality in the following areas: 1) Referrals, 2) Electronic care

plans and medical records, 3) Consent, 4) Interoperability, 5) Telehealth, 6) Alerting/analytics, and 7) Identity management.

- 3. In developing the Health IT Plan, states should use the following resources:
  - States may use federal resources available on Health IT.Gov (<u>https://www.healthit.gov/topic/behavioral-health</u>) including but not limited to "Behavioral Health and Physical Health Integration" and "Section 34: Opioid Epidemic and Health IT" (<u>https://www.healthit.gov/playbook/health-information-exchange/</u>).
  - States may also use the CMS 1115 Health IT resources available on "Medicaid Program Alignment with State Systems to Advance HIT, HIE and Interoperability" at <u>https://www.medicaid.gov/medicaid/data-and-</u> <u>systems/hie/index.html</u>. States should review the "1115 Health IT Toolkit" for health IT considerations in conducting an assessment and developing their Health IT Plans.
  - States may request from CMS technical assistance to conduct an assessment and develop plans to ensure they have the specific health IT infrastructure with regards to electronic care plan sharing, care coordination, and behavioral health-physical health integration, to meet the goals of the demonstration.
- e. **SMI Financing Plan.** As part of the SMI implementation plan referred to in STC 12.2(d), the state must submit, within 90 calendar days after approval of the demonstration, a financing plan for approval by CMS. Once approved, the Financing Plan will be incorporated into the STCs as part of the implementation plan in Attachment N and once incorporated, may only be altered with CMS approval. Failure to submit an SMI Financing Plan within 90 days of approval of the demonstration will be considered a material failure to comply with the terms of the demonstration project as described in 42 CFR 431.420(d) and, as such, would be grounds for termination or suspension of the SMI program under this demonstration. Components of the financing plan must include:
  - i. A plan to increase the availability of non-hospital, non-residential crisis stabilization services, including but not limited to the following: services made available through crisis call centers, mobile crisis units, coordinated community response services that includes law enforcement and other first responders, and observation/assessment centers; and
- f. A plan to increase availability of ongoing community-based services such as intensive outpatient services, assertive community treatment, and services delivered in integrated care settings.
- 12.3. **Monitoring, Reporting, and Evaluation.** The SMI Evaluation will be subject to the same requirements as the overall demonstration evaluation, as described in Sections 20 (Monitoring

and Reporting Requirements) and 21 (Evaluation of the Demonstration) of these STCs. The state will follow CMS guidelines to ensure the evaluation design is amended to provide a rigorous evaluation of the SMI component of the demonstration.

- 12.4. **Maintenance of Effort (MOE).** The state must maintain a level of state and local funding for outpatient community-based mental health services for Medicaid beneficiaries for the duration of the SMI/SED program under the demonstration that is no less than the amount of funding provided at the beginning of the SMI program under the demonstration. The annual MOE will be reported and monitored as part of the Annual Monitoring Report described inSTC 20.8.
- 12.5. Availability of FFP for the SMI Services Under Expenditure Authority #10. Federal Financial Participation is only available for services provided to beneficiaries who are residing in an IMD when the beneficiary is a short-term resident in the IMD to receive acute care for a primary diagnosis of SMI. The state may claim FFP for services furnished to beneficiaries during IMD stays of up to 60 days, as long as the state shows at its Mid-Point Assessment that it is meeting the requirement of a 30-day average length of stay (ALOS) for beneficiaries residing in an IMD who are receiving covered services under the demonstration. Demonstration services furnished to beneficiaries whose stays in IMDs exceed 60 days are not eligible for FFP under this demonstration. If the state cannot show that it is meeting the 30 day or less ALOS requirement within one standard deviation at the Mid-Point Assessment, the state may only claim FFP services furnished to beneficiaries during IMD for stays of up to 45 days until such time that the state can demonstrate that it is meeting the 30 day or less ALOS requirement. The state will ensure that medically necessary services are provided to beneficiaries that have stays in excess of 60 days or 45 days, as relevant.
- 12.6. Unallowable Expenditures Under the SMI IMD Expenditure Authority. In addition to the other unallowable costs and caveats already outlined in these STCs, the state may not receive FFP under any expenditure authority approved under this demonstration for any of the following:
  - a. Room and board costs for residential treatment service providers unless they qualify as inpatient facilities under section 1905(a) of the Act.
  - b. Costs for services furnished to beneficiaries who are residents in a nursing facility as defined in section 1919 of the Act that qualifies as an IMD.
  - c. Costs for services furnished to beneficiaries who are involuntarily residing in a psychiatric hospital or residential treatment facility by operation of criminal law.
  - d. Costs for services provided to beneficiaries under age 21 residing in an IMD unless the IMD meets the requirements for the "inpatient psychiatric services for individuals under age 21" benefit under 42 CFR 440.160, 441 Subpart D, and 483 Subpart G.

## **13. CONTINGENCY MANAGEMENT**

#### 13.1. Contingency Management Overview

- a. Beginning no earlier than July 1, 2023, HCA will implement a new contingency management benefit for eligible Apple Health beneficiaries with a substance use disorder in eligible provider settings that elect and are approved by HCA to pilot the benefit. The pilots will allow Washington to evaluate and assess the effectiveness of a contingency management benefit before determining whether it should be available statewide.
- b. Under the pilot, the contingency management benefit will be available in participating providers, that opt and are approved by HCA to provide this benefit, to qualified beneficiaries who meet the eligibility requirements described below.
- 13.2. Eligibility. To qualify for the contingency management benefit, an Apple Health beneficiary (not including TSOA) must meet the following conditions:
  - a. Be assessed and determined to have a substance use disorder for which the contingency management benefit is medically necessary and appropriate based on the fidelity of treatment to the evidence-based intervention. The presence of additional substance use disorders and/or diagnoses does not disqualify an individual from receiving the contingency management benefit;
  - b. Not be enrolled in another contingency management program for substance use disorder;
  - c. Receive services from an eligible provider that offers the contingency management benefit in accordance with HCA policies and procedures; and
  - d. Contingency management should not be used instead of medication for the treatment of opioid use disorder, but can be used in combination with medication... For substance use disorders with FDA-approved medication treatments, medication should always be an option along with contingency management, and these approaches may be used together. Medication treatment should be prioritized for OUD and AUD.

#### 13.3. Service Description.

a. The contingency management benefit consists of a series of motivational incentives for meeting treatment goals. The motivational incentives may consist of cash equivalents, e.g., gift cards of low retail value, with restrictions placed on the incentives so they are not used to purchase weapons, cannabis, tobacco, alcohol, over-the-counter preparations containing possible intoxicants such as dextromethorphan, or pornographic material, or to participate in gambling (e.g., through the purchase of lottery tickets). The motivational incentives are consistent with evidence-based clinical research for treating a substance use

disorder and as described below. These motivational incentives are central to contingency management, based on the best available scientific evidence for treating a substance use disorder and not as an inducement to use other medical services.

- b. The contingency management benefit utilizes an evidence-based approach that recognizes and reinforces individual positive behavior change consistent with substance non-use or treatment/medication adherence. The contingency management benefit provides motivational incentives for treatment/medication adherence or non-use of substances as evidenced by, for example, negative point of care drug tests.
- c. Contingency management is offered along with other therapeutic interventions, as appropriate, such as cognitive behavioral therapy, that meet the definition of rehabilitative services as defined by 1905(a) of the Social Security Act and 42 CFR 440.130(d). The provision of the contingency management benefit is not conditioned on a beneficiary's engagement in other psychosocial services.
- d. For purposes of this demonstration, these motivational incentives are considered a Medicaid-covered item or service and are used to reinforce objectively verified, recovery behaviors using a clinically appropriate contingency management protocol consistent with evidence-based research. Consequently, neither the Federal anti- kickback statute (42 U.S.C. § 1320a-7b(b), "AKS") nor the civil monetary penalty provision prohibiting inducements to beneficiaries (42 U.S.C. 1320a-7a(a)(5), "Beneficiary Inducements CMP") would be implicated.
- e. The contingency management benefit consists of a set of modest motivational incentives available for beneficiaries that meet treatment goals. Under the benefit, a beneficiary will be limited in motivational incentives during the course of a contingency management treatment episode as detailed in in the Contingency Management Protocol in Attachment Q, which will be submitted to CMS for review and approval before the program can be implemented.
  - i. To qualify for a contingency management motivational incentive, a beneficiary must demonstrate treatment/medication adherence or non-use of substances.
  - ii. The size, nature and distribution of all contingency management motivational incentives shall be determined in strict accordance with HCA procedures and protocols, listed in Attachment Q. These procedures and protocols will be based on established clinical research for contingency management. The following guardrails shall ensure the integrity of the contingency management benefit and mitigate the risk of fraud, waste or abuse associated with the motivational incentive:
    - 1. Providers have no discretion to determine the size or distribution of motivational incentives which will be determined by HCA.

- 2. Motivational incentives will be managed through a software program that includes safeguards against fraud and abuse. These safeguards will be detailed in HCA guidance and listed in the Contingency Management Protocol Attachment Q.
- 3. To calculate and generate the motivational incentives in accordance with the schedule in Attachment Q, providers shall enter the evidence of the Apple Health beneficiary receiving the contingency management benefit into a software program.

## 13.4. Eligible Contingency Management Providers.

- a. The contingency management benefit will be delivered by eligible providers that meet specified programmatic standards and agree to deliver the contingency management benefit in strict accordance with standardized procedures and protocols that will be detailed in HCA guidance and listed in the Contingency Management Protocol Attachment Q.
- b. To be eligible to offer the contingency management benefit, a provider shall offer the benefit in strict accordance with HCA standards that will be outlined in HCA guidance included in Attachment Q and shall meet the following requirements:
  - i. Must be enrolled in Apple Health, and certified to provide Apple Health services including without limitation primary care, behavioral health and substance use service providers;
  - ii. Require the staff providing or overseeing the contingency management benefit to participate in contingency management-specific training developed and offered by HCA's designated contractor;
  - iii. Undergo a readiness review by HCA and HCA's designated contractor to ensure that they are capable to offer the contingency management benefit in accordance with HCA standards that will be detailed in HCA guidance; and
  - iv. Participate in ongoing training and technical assistance as requested or identified by HCA's designated contractor or HCA through ongoing monitoring to meet HCA standards.
  - v. Shall comply with any billing and data reporting requirements established by HCA to support research, evaluation, and performance monitoring efforts, including but not limited to satisfactory claims submission, data and quality reporting, and survey participation.
- c. The following practitioners delivering care at eligible providers can deliver the contingency management benefit through activities, such as administering point-of-care drug tests, informing beneficiaries of the results of the evidence/point of care drug test, entering the results into a software program, providing educational information, and distributing motivational incentives, as part of the contingency management benefit:

- i. Licensed Practitioner of the Healing Arts (LPHAs);
- SUD counselors that are either certified or registered by an organization that is recognized by HCA and accredited with the National Commission for Certifying Agencies;
- iii. Certified peer support specialists; and
- iv. Other trained staff under supervision of an LPHA.

## 13.5. Program Oversight.

- a. HCA shall monitor the ongoing performance, including fidelity of treatment to the evidence-based practice, of contingency management providers and identify and support providers requiring further training or technical assistance in accordance with HCA set standards, to be outlined in HCA guidance.
- b. HCA will provide training, technical assistance and monitoring to providers throughout the implementation process. The training and technical assistance will be provided through a qualified contractor designated by HCA, and will include staff training, provider readiness reviews, and ongoing technical assistance during the first phase of the pilot.
- 13.6. **Pilot Evaluation.** In alignment with the MTP 2.0 demonstration evaluation requirements outlined in Section 21 of these STCs, HCA will conduct an evaluation of the effectiveness of the Contingency Management program to assess its overall effectiveness, including cost-effectiveness of these services, and its effects on beneficiary health and recovery outcomes. To the extent feasible, the state will conduct the evaluation to support assessment stratified by stimulant use disorder and other types of SUD.
- 13.7. Changes in Medicaid Policy on Contingency Management. In accordance with STC 3.3, nothing in this demonstration absolves Washington from being subject to future guidance on contingency management and the state would otherwise need to come into compliance with such guidance.

## 14. REENTRY DEMONSTRATION INITIATIVE

14.1. Overview of Pre-Release Services and Program Objectives. This component of the demonstration will provide for pre-release services up to 90 days immediately prior to the expected date of release to qualifying Medicaid and CHIP beneficiaries and demonstration beneficiaries who would be eligible for CHIP except for their incarceration status, who are residing in state prisons, county and city jails, or youth correctional facilities, as specified by the implementation timeline in STC 14.8 and the implementation plan in STC 14.9. The objective of this component of the demonstration is to facilitate beneficiaries' access to certain healthcare services and case management, provided by Medicaid participating providers or CHIP participating providers, while beneficiaries are incarcerated and allow them to establish relationships with community-based providers from whom they can receive services upon reentry to communities. This bridge to coverage begins prior to release and is expected to promote continuity of care and improve health outcomes for justice-involved individuals. Further, coverage beyond 30 days (for up to 90 days immediately before the expected date of release) is expected to provide a longer runway for enrollees to identify and begin to receive needed services, contribute to a reduction in post-release acute care utilization, and lead to a reduction in health crises, overdoses, and overdose-related deaths. The purpose of this reentry demonstration initiative is to provide short-term Medicaid and CHIP enrollment assistance and pre-release coverage for certain services to facilitate successful care transitions, as well as improve the identification and treatment of certain chronic and other serious conditions to reduce acute care utilization in the period soon after release, and test whether it improves uptake and continuity of medication-assisted treatment (MAT) and other SUD and behavioral health treatment, as appropriate for the individual, to reduce decompensation, suicide-related death, overdose, overdose-related death, and all-cause death in the near-term post-release.

During the demonstration, the state seeks to achieve the following goals:

- a. Increase coverage, continuity of care, and appropriate service uptake through assessment of eligibility and availability of coverage for benefits in carceral settings prior to release;
- b. Improve access to services prior to release and improve transitions and continuity of care into the community upon release;
- c. Improve coordination and communication between correctional systems, Medicaid and CHIP systems, managed care plans, and community-based providers;
- d. Increase additional investments in health care and related services, aimed at improving the quality of care for beneficiaries in carceral settings, and in the community to maximize successful reentry post-release;
- e. Improve connections between carceral settings and community services upon release to address physical health, behavioral health, and health-related social needs;

- f. Provide intervention for certain behavioral health conditions and use stabilizing medications like long-acting injectable antipsychotics and medications for addiction treatment for SUDs, with the goal of reducing decompensation, suicide-related death, overdose, and overdose-related death in the near-term post-release; and
- g. Reduce post-release acute care utilization such as emergency department visits, inpatient hospitalizations, and all-cause deaths among recently incarcerated Medicaid beneficiaries and individuals otherwise eligible for CHIP if not for their incarceration status through robust pre-release identification, stabilization, and management of certain serious physical and behavioral health conditions that may respond to ambulatory care and treatment (e.g., diabetes, heart failure, hypertension, schizophrenia, SUDs) as well as increased receipt of preventive and routine physical and behavioral health care.
- 14.2. **Qualifying Criteria for Pre-Release Services.** In order to qualify to receive services under this component of the demonstration, a beneficiary must meet the following qualifying criteria:
  - a. Meet the definition of an inmate of a public institution, as specified in 42 CFR 435.1010, and be incarcerated in a state prison, county or city jail, or youth correctional facility as defined in STC 14.4; and
  - b. Be enrolled in Medicaid or CHIP, or otherwise eligible for CHIP if not for their incarceration status;
- 14.3. Scope of Pre-Release Services. The pre-release services authorized under the reentry demonstration initiative include the following services, which are further described in Attachment R. Contingent upon CMS's approval of the state's Reentry Demonstration Initiative Implementation Plan (see STC 14.9), the state may begin claiming FFP for services covered through the initiative at the time of inclusion of this STC, expected to begin no later than July 1, 2025.
  - a. The pre-release services are:
    - i. Case management to assess and address physical and behavioral health needs, and HRSN;
    - ii. MAT for all types of SUD as clinically appropriate, with accompanying counseling;
    - iii. Physical and behavioral health clinical consultation services provided through telehealth or in-person, as needed, to diagnose health conditions, provide treatment, as appropriate, and support pre-release case managers' development of a post-release treatment plan and discharge planning;
    - iv. Medications and medication administration;
    - v. Services provided by community health workers with lived experience;

- vi. Laboratory and radiology services; and
- vii. A 30-day supply of all prescription medications and over-the-counter drugs (as clinically appropriate) and durable medical equipment and supplies, provided to the beneficiary immediately upon release from the correctional facility, consistent with approved Medicaid or CHIP state plan coverage authority and policy.
- b. The expenditure authority for pre-release services through this initiative comprises a limited exception to the federal claiming prohibition for medical assistance furnished to inmates of a public institution at clause (A) following section 1905(a) of the Act ("inmate exclusion rule"). Benefits and services for inmates of a public institution that are not approved in the reentry demonstration initiative as described in these STCs and accompanying protocols, and not otherwise covered under the inpatient exception to the inmate exclusion rule, remain subject to the inmate exclusion rule. Accordingly, other benefits and services covered under the Washington Medicaid or CHIP State Plans, as relevant, that are not included in the above-described pre-release services (e.g., EPSDT benefit for qualifying Medicaid beneficiaries under age 21) are not available to qualifying beneficiaries through the reentry demonstration initiative.
- 14.4. **Participating Facilities.** The pre-release services will be provided at state prisons, county or city jails, and youth correctional facilities, or outside of the correctional facility with appropriate transportation and security oversight provided by the carceral facility, subject to HCA approval of a facility's readiness, according to the schedule described in STC 14.8.

## 14.5. Participating Providers.

- a. Licensed, registered, certified, or otherwise appropriately credentialed or recognized practitioners under Washington state scope of practice statutes shall provide services within their individual scope of practice and, as applicable, receive supervision required under their scope of practice laws.
- b. Participating providers eligible to deliver services under the reentry demonstration initiative may be either community-based or correctional-facility based providers.
- c. All participating providers and provider staff, including carceral providers, shall have necessary experience and receive appropriate training, as applicable to a given carceral facility, prior to furnishing demonstration-covered pre-release services under the reentry demonstration initiative.
- d. Participating providers of reentry case management services may be communitybased or carceral providers who have expertise working with justice-involved individuals.

- 14.6. **Suspension of Coverage.** Upon entry of a Medicaid or CHIP beneficiary into a participating correctional facility, HCA must not terminate and generally shall suspend their Medicaid or CHIP coverage, as described in the Reentry Demonstration Initiative Implementation Plan.
  - a. If an individual is not enrolled in Medicaid or CHIP when entering a correctional facility, the state must ensure that such an individual receives assistance with completing an application for Medicaid and with submitting an application to the county departments of social services, unless the individual declines such assistance or wants to decline enrollment.
- 14.7. Coverage of Individuals Otherwise Eligible for CHIP During Incarceration. If an individual who is incarcerated would be eligible for CHIP if not for their incarceration status, and they qualify to receive pre-release services per STC 14.2, pre-release services will be covered under this demonstration's expenditure authority.
- 14.8. **Reentry Demonstration Initiative Implementation Timeline**. Delivery of pre-release services under this demonstration will be implemented as described below. All participating state prisons, county and city jails, and youth correctional facilities must demonstrate readiness, as specified below, prior to participating in this initiative (FFP will not be available in expenditures for services furnished to qualifying beneficiaries who are inmates in a facility before the facility meets the below readiness criteria for participation in this initiative). The Health Care Authority will determine that each applicable facility is ready to participate in the reentry demonstration initiative under this demonstration based on a facility-submitted assessment (and appropriate supporting documentation) of the facility's readiness to implement:
  - a. Pre-release Medicaid and CHIP application and enrollment processes for individuals who are not enrolled in Medicaid or CHIP prior to incarceration and who do not otherwise become enrolled during incarceration.
  - b. The provision or facilitation of pre-release services for a period of up to 90 days immediately prior to the expected date of release, including the facility's ability to support the delivery of services furnished by providers in the community that are delivered via telehealth. Washington will require participating facilities to select a Services Level for implementation. Service Level One is structured as the minimum benefit package for pre-release coverage: case management services to assess and address physical and behavioral health needs and HRSN; MAT services for all types of SUD as clinically appropriate, with accompanying counseling; and a 30-day supply of all prescription medications provided to the beneficiary immediately upon release from the correctional facility. The state may define additional Service Level categories in its Implementation Plan. A facility must implement all the services within its chosen Service Level. As applicable, additional service levels may be phased-in by facilities in any order, e.g., Service Level Two would not be a prerequisite for phasing-in Service Level Three.

- c. A participating facility may move between Service Levels as it is able to standup additional benefits. Participating facilities plans for Service Level selection and movement should be captured in the state's implementation plan, including with a timeline for initial implementation and any shifting between Service Levels.
- d. Coordination amongst partners with a role in furnishing health care and HRSN services to beneficiaries, including, but not limited to, social service departments, Accountable Communities of Health, managed care plans, county behavioral health agencies, county departments of health, and community-based providers;
- e. Appropriate reentry planning, pre-release care management, and assistance with care transitions to the community, including connecting beneficiaries to physical and behavioral health providers and their managed care plan, and making referrals to care management and community supports providers that take place throughout the 90-day pre-release period, and providing beneficiaries with covered outpatient prescribed medications and over-the-counter drugs (a minimum 30-day supply as clinically appropriate), consistent with approved Medicaid and CHIP state plan coverage authority and policy;
- f. Operational approaches related to implementing certain Medicaid and CHIP requirements, including but not limited to applications, suspensions, notices, fair hearings, reasonable promptness for coverage of services, and any other requirements specific to receipt of pre-release services by qualifying individuals under the reentry demonstration initiative;
- g. A data exchange process to support the care coordination and transition activities described in (d) and (e) of this subsection;
- h. Reporting of requested data from HCA to support program monitoring, evaluation, and oversight; and
- i. A staffing and project management approach for supporting all aspects of the facility's participation in the reentry demonstration initiative, including information on qualifications of the providers that the correctional facilities will partner with for the provision of pre-release services.
- 14.9. **Reentry Demonstration Initiative Implementation Plan.** The state is required to submit a Reentry Demonstration Initiative Implementation Plan to describe, at a minimum, the state's approach to implementing the reentry demonstration initiative, including timelines for meeting critical implementation stages or milestones, as applicable, to support successful implementation. The state must submit the draft Implementation Plan to CMS no later than 9 months after approval of the reentry demonstration initiative. The state must submit any required clarifications or revisions to their draft Implementation Plan no later than 60 calendar days after receipt of CMS feedback. Once approved, the finalized Implementation Plan will be incorporated into the STCs as Attachment S and may be further altered only with CMS approval.

In the Implementation Plan, the state is expected only to provide additional details regarding the implementation of the reentry demonstration initiative that are not already captured in the STCs (including any other attachments). CMS will provide the state with a template to support developing and obtaining approval of the Implementation Plan. Contingent upon CMS's approval of the state's Implementation Plan, and the state's determination that participating facilities have demonstrated readiness, the state may begin claiming FFP for services provided through the reentry demonstration initiative at the time of inclusion of this STC, expected to begin no later than July 1, 2025.

The Reentry Demonstration Initiative Implementation Plan must describe the implementation settings, the time period that pre-release services are available, and the state's Service Level approach to implementation, including facilities opting into each and identification of each. The Implementation Plan should further describe the state's approach for handling facilities who opt into a Service Level after the initial implementation of the demonstration has begun. Other than providing such contextual information, the core requirement of the Implementation Plan is for the state to describe the specific processes, including timelines and programmatic content where applicable, for meeting the below milestones, such as to remain on track to achieve the key goals and objectives of the program. For each milestone—and specifically for any associated actions that are integral aspects for attaining the milestone—the Implementation Plan must document the current state of affairs, the intended end state to meet the milestone, the date by which the milestone is expected to be achieved, and the activities that must be executed by that date for the milestone to be achieved. Furthermore, for each milestone, the Implementation Plan must identify the main anticipated implementation challenges and the state's specific plans to address these challenges. The Implementation Plan is also required to document the state's strategies to drive positive changes in health care quality for all beneficiaries, thereby reducing disparities and improving health equity. The state will be required to provide the following information related to, but not limited to, the following milestones and actions.

a. Milestone 1: Increasing coverage and ensuring continuity of coverage for individuals who are incarcerated. The state must describe its plans to fully effectuate, no later than two years from approval of the expenditure authority, a state policy to identify Medicaid and CHIP eligible individuals or individuals who would be eligible for CHIP, except for their incarceration status, and suspend a beneficiary's eligibility or benefits during incarceration. It must describe its processes to undertake robust outreach to ensure beneficiary and applicant awareness of the policy and assist individuals with Medicaid and CHIP application, enrollment, and renewal processes. Additionally, the state must describe how it will notify individuals of any Medicaid and CHIP eligibility determinations or actions. Other aspects to be included in the Implementation Plan related to this milestone include the state's plan to make available a Medicaid/CHIP and/or managed care plan identification number or card to an individual, as applicable, upon release; and establish processes to allow and assist all individuals who are incarcerated at a participating facility to access and complete a Medicaid/CHIP application, including providing information about where to complete the Medicaid/CHIP application for another state (e.g.,

relevant state Medicaid agency website) if the individual will be moving to a different state upon release.

- b. Milestone 2: Covering and ensuring access to the expected minimum set of pre-release services for individuals who are incarcerated, to improve care transitions upon return to the community. The state must describe its plan to implement a screening process to identify individuals who qualify for pre-release services, consistent with the qualifying criteria outlined in these STCs. The state must detail how the Medicaid agency and the carceral facilities will ensure that beneficiaries can access the pre-release benefit package, as clinically appropriate. The state must describe its approach and plans for implementing processes to assure that all pre-release service providers, as appropriate for the provider type, have the necessary experience and training, and case managers have knowledge of (or means to obtain information about) community-based providers in the communities where individuals will be returning upon release.
- c. Milestone 3: Promoting continuity of care. The state must describe its process to ensure that beneficiaries receive a person-centered plan for coordination postrelease to address health needs, including HRSN and LTSS, as applicable. The state must detail its plans and timeline for implementing state policies to provide or facilitate timely access to post-release medical supplies, equipment, medication, additional exams, or other post-release services to address the physical and behavioral health care needs identified during the case management assessment and the development of the person-centered care plan. The state must describe its processes for promoting and ensuring collaboration between case managers, providers of pre-release services, and providers of post-release services, to ensure that appropriate care coordination is taking place. As applicable, the state must also describe the planning or projected activities to ensure that Medicaid/CHIP managed care plan contracts include requirements and processes for transfer of relevant health information from the carceral facility, community-based providers, and/or state Medicaid agency to the managed care plan to support continuity and coordination of care post-release.
- d. **Milestone 4: Connecting to services available post-release to meet the needs of the reentering population**. The state must describe how it will develop and implement a system to monitor the delivery of post-release services and ensure that such services are delivered within the appropriate timeframe. The Implementation Plan must also capture how the state will monitor and adjust, as needed, ongoing post-release case management and describe its process to help ensure the scheduling and receipt of needed services. The state must describe how it will connect demonstration beneficiaries to other services needed to address HRSN, LTSS and other social supports as identified in the development of the person-centered care plan. Additionally, the state must describe how it will ensure that case managers are able to effectively serve demonstration beneficiaries transitioning into the community and recently released beneficiaries who are no longer demonstration beneficiaries.

- e. Milestone 5: Ensuring cross-system collaboration. The state must provide an assessment that outlines how the Medicaid agency and participating correctional systems will confirm they are ready to ensure the provision of pre-release services to eligible beneficiaries, including but not limited to how correctional facilities will facilitate access to incarcerated beneficiaries for community health care providers, including case managers, either in person or via telehealth. The state must also document its plans for establishing communication, coordination, and engagement between corrections systems, community supervision entities, health care provider and provider organizations, the state Medicaid agency, and supported employment and supported housing organizations. The state must also develop a system (for example, a data exchange, with requisite data-sharing agreements) and establish processes to monitor individuals' health care needs, HRSN, and their access to and receipt of health care services pre- and postrelease, and identify anticipated challenges and potential solutions. Further, the state must develop and share its strategies to improve awareness and education about Medicaid/CHIP coverage and health care access among stakeholders, including those who are incarcerated, community supervision agencies, corrections institutions, health care providers, and relevant community organizations (including community organizations serving the reentering population).
- 14.10. **Reentry Initiative Reinvestment Plan.** To the extent that the reentry demonstration initiative covers services that are the responsibility of and were previously provided or paid by the carceral facility or carceral authority with custody of qualifying beneficiaries, the state must reinvest all new federal dollars, equivalent to the amount of FFP projected to be expended for such services, as further defined in the Reentry Demonstration Initiative Reinvestment Plan. The Reinvestment Plan will define the amount of reinvestment required over the term of the demonstration, based on an assessment of the amount of projected to be expended for new services covered under the reentry demonstration initiative, defined as services not previously provided or paid by the carceral facility or carceral authority with custody of qualifying beneficiaries prior to the individual facility's implementation of the reentry demonstration initiative (including services that are expanded, augmented, or enhanced to meet the requirements of the reentry demonstration initiative, with respect to the relevant increase in expenditures, as described in the Reentry Demonstration Initiative Reinvestment Plan), is not required to be reinvested pursuant to this STC.
  - a. Reinvestments in the form of non-federal expenditures totaling the amount of new federal dollars, as described above, must be made over the course of the demonstration period. Allowable reinvestments include, but are not limited to:
    - i. The state share of funding associated with new services covered under the reentry demonstration initiative, as specified in this STC;
    - ii. Improved access to behavioral and physical community-based health care services and capacity focused on meeting the health care needs and addressing the HRSN of individuals who are incarcerated (including those

who are soon-to-be released), those who have recently been released, and those who may be at higher risk of criminal justice involvement, particularly due to untreated behavioral health conditions;

- iii. Improved access to and/or quality of carceral health care services, including by covering new, enhanced, or expanded pre-release services authorized via the reentry demonstration initiative opportunity;
- iv. Improved health information technology and data sharing;
- v. Increased community-based provider capacity that is particularly attuned to the specific needs of, and able to serve, justice-involved individuals or individuals at risk of justice involvement;
- vi. Expanded or enhanced community-based services and supports, including services and supports to meet the HRSN of the justice-involved population; and,
- vii. Any other investments that aim to support reentry, smooth transitions into the community, divert individuals from incarceration or re-incarceration, or better the health of the justice-involved population, including investments that are aimed at interventions occurring both prior to and following release from incarceration into the community.
- b. Within 9 months of approval, the state will submit a Reentry Demonstration Initiative Reinvestment Plan as part of the implementation plan referred to in STC 14.9 for CMS approval that memorializes the state's reinvestment approach. The Reinvestment Plan will also identify the types of expected reinvestments that will be made over the demonstration period. Actual reinvestments will be reported to CMS in Attachment T.

## 14.11. Reentry Demonstration Initiative Planning and Implementation.

a. The Reentry Demonstration Initiative Planning and Implementation Program will provide expenditure authority to fund supports needed for Medicaid/CHIP prerelease application and suspension/unsuspension planning and purchase of certified electronic health record technology to support Medicaid/CHIP prerelease applications. Reentry demonstration initiative planning and implementation funds will provide funding over the course of the MTP 2.0 demonstration to support planning and IT investments that will enable implementation of the reentry demonstration initiative services covered in a period for up to 90 days immediately prior to the expected date of release, and for care coordination to support reentry. These investments will support collaboration and planning among HCA, carceral facilities participating in the reentry demonstration initiative (e.g., state prisons, county and city jails, youth correctional facilities), community-based providers, probation offices, community health workers, managed care plans, sheriff's offices, local county social services departments, and others. The specific use of this funding will be proposed by the Qualified Applicant submitting the application, as the extent of

approved funding will be determined according to the needs of the entity. Allowable expenditures are limited to only those that support Medicaid-related expenditures and/or demonstration-related expenditures (and not other activities or staff in the carceral facility) and must be properly cost-allocated to Medicaid or CHIP, as necessary, and once finalized will be included in the Reentry Demonstration Initiative Implementation Plan at Attachment S within the STCs. These allowable expenditures may include the following:

- i. **Technology and IT Services.** Expenditures for the purchase of technology for Qualified Applicants which are to be used for assisting the reentry demonstration initiative population with Medicaid and CHIP application and enrollment for demonstration coverage (e.g., for inmates who would be eligible for CHIP but for their incarceration status) and coordinating prerelease and post-release services for enrollees. This includes the development of electronic interfaces for prisons, jails, and youth correctional facilities to communicate with Medicaid/CHIP IT systems to support Medicaid/CHIP enrollment and suspension/unsuspension and modifications. This also includes support to modify and enhance existing IT systems to create and improve data exchange and linkages with correctional facilities, local county social services departments, county behavioral health agencies, and others, such as managed care plans and community-based providers, in order to support the provision of pre-release services delivered in the period up to 90 days immediately prior to the expected date of release and reentry planning.
- ii. **Hiring of Staff and Training.** Expenditures for Qualified Applicants to recruit, hire, onboard, and train additional and newly assigned staff to assist with the coordination of Medicaid/CHIP enrollment and suspension/unsuspension, as well as the provision of pre-release services in a period for up to 90 days immediately prior to the expected date of release and for care coordination to support reentry for justice-involved individuals. Qualified Applicants may also require training for staff focused on working effectively and appropriately with justice-involved individuals.
- iii. Adoption of Certified Electronic Health Record Technology. Expenditures for providers' purchase or necessary upgrades of certified electronic health record (EHR) technology and training for the staff that will use the EHR.
- iv. **Purchase of Billing Systems**. Expenditures for the purchase of billing systems for Qualified Applicants.
- v. **Development of Protocols and Procedures**. Expenditures to support the specification of steps to be taken in preparation for and execution of the Medicaid/CHIP enrollment process and suspension/unsuspension process for eligible individuals and coordination of a period for up to 90 days immediately prior to the expected date of release and reentry planning

services for individuals qualifying for reentry demonstration initiative services.

- vi. Additional Activities to Promote Collaboration. Expenditures for additional activities that will advance collaboration among Washington's correctional institutions (county jails, youth correctional facilities, and state prisons), correctional agencies (e.g., Washington Department of Corrections, Sheriff's Offices, Probation Offices, etc.), local county social services departments, county behavioral health agencies, managed care plans, community-based providers and others involved in supporting and planning for the reentry demonstration initiative. This may include conferences and meetings convened with the agencies, organizations, and stakeholders involved in the initiative.
- vii. **Planning.** Expenditures for planning to focus on developing processes and information sharing protocols to: (1) identifying uninsured who are potentially eligible for Medicaid/CHIP; (2) assisting with the completion of an application; (3) submitting an application to the county social services department or coordinating suspension/unsuspension; (4) screening for eligibility for pre-release services and reentry planning in a period for up to 90 days immediately prior to the expected date of release; (5) delivering necessary services to eligible individuals in a period for up to 90 days immediately prior to the expected date of release and care coordination to support reentry; and (6) establishing on-going oversight and monitoring process upon implementation.
- viii. Other activities to support a milieu appropriate for provision of prerelease services. Expenditures to provide a milieu appropriate for prerelease services in a period for up to 90 days immediately prior to the expected date of release, including accommodations for private space such as movable screen walls, desks, and chairs, to conduct assessments and interviews within correctional institutions, and support for installation of audio-visual equipment or other technology to support provision of prerelease services delivered via telehealth in a period for up to 90 days immediately prior to the expected date of release and care coordination to support reentry. Expenditures may not include building, construction or refurbishment of correctional facilities.
- b. The state may claim FFP in Reentry Demonstration Initiative Planning and Implementation Program expenditures for no more than the annual amounts outlined in Table 3. In the event that the state does not claim the full amount of FFP for a given demonstration year, the unspent amounts will roll over to one or more demonstration years not to exceed this demonstration period and the state may claim the remaining amount in a subsequent demonstration year.

 Table 3. Annual Limits of Total Computable Expenditures for Reentry Demonstration

 Initiative Planning and Implementation Program

	DY8	DY9	DY10	DY11	DY12
Total Computable Expenditures	\$0	\$121,570,000	\$106,373,750	\$75,981,250	\$0

- c. Reentry Demonstration Initiative Planning and Implementation funding will receive the applicable administrative match for the expenditure.
- 14.12. **Qualified Applicants**. Qualified Applicants for the Reentry Demonstration Initiative Planning and Implementation Program will include correctional institutions (county or city jails, youth correctional facilities, and state prisons), the Washington Department of Corrections, other state agencies supporting carceral health, Probation Offices, Sheriff's Offices, county behavioral health agencies, county departments of social services, county departments of public health, community-based organizations, Accountable Communities of Health, managed care plans, and other entities as relevant to the needs of justice-involved individuals as approved by HCA.

# 15. HEALTH-RELATED SOCIAL NEEDS

Over the life of the Medicaid Transformation Project demonstration, Washington has taken steps to offer programs and services (e.g., Foundational Community Supports) that address health-related social needs (HRSN) for individuals meeting certain clinical and risk-based needs criteria. This section of the STCs establishes a framework for new HRSN services expenditure authority. Washington is authorized to use expenditure authority to provide the set of HRSN services listed in STC 15.2, subject to the restrictions described below and in Section 16.

This demonstration also authorizes Accountable Communities of Health (ACHs), as Community Hubs, to provide services described in STC 15.2(c) to eligible Apple Health enrollees; provide vital HRSN service administration support to the HRSN fee-for-service program; and build HRSN service capacity across the state (see STC 15.4).

ACHs are self-governing organizations that address care in regions with non-overlapping boundaries that also align with Washington's regional service areas for Medicaid purchasing. They are focused on improving health and transforming care delivery for the populations that live within the region. ACHs must be headquartered in the region they serve and include in their governing bodies representatives of managed care plans, health care providers, and other relevant organizations within the region.

Washington will couple this section 1115 demonstration authorization with a set of services offered via in lieu of services and settings (ILOSs) authority pursuant to 42 CFR 438.3(e)(2), which will be the primary authority for HRSN services offered through Washington's managed care plans. HRSN services authorized under the section 1115 demonstration will be provided through a combination of Apple Health's fee-for-service system and managed care system, with some services administered through community-based organizations, Foundational Community Supports and Community Hubs and the Native Hub.

15.1. **Health-Related Social Needs (HRSN) Services.** The state may claim FFP for expenditures for certain qualifying HRSN services identified in Attachment U and this STC, subject to the restrictions described below, including Section 16. Expenditures are limited to expenditures for items and services not otherwise covered under Title XIX, but consistent with Medicaid demonstration objectives that enable the state to continue to increase the efficiency and quality of care. HRSN services must be clinically appropriate for the beneficiary and based on medical appropriateness using clinical and other health related-social needs criteria. The state is required to align clinical and health-related social criteria across services may not supplant any other available funding sources such as housing or nutrition supports available to the beneficiary through local, state, or federal programs. The HRSN services will be the choice of the beneficiary; a beneficiary can opt out of HRSN services anytime; and the HRSN services do not absolve the state or its managed care plans of their responsibilities to provide required coverage for other medically necessary services. Under no circumstances will the state be permitted to condition Medicaid coverage, or coverage of any benefit or service, on receipt of

HRSN services. The state must submit additional details on covered services as outlined in STC 15.7 (Service Delivery) and Attachment U.

- 15.2. Allowable HRSN services. The state may cover the following HRSN services:
  - a. Nutrition Supports:
    - i. Nutrition counseling and education, including healthy meal preparation;
    - ii. Medically tailored meals, up to 3 meals a day delivered in the home or private residence, for up to 6 months;
    - Meals or pantry stocking for children under 21 and pregnant individuals, up to 3 meals a day delivered in the home or private residence, for up to 6 months;
    - iv. Fruit and vegetable prescriptions, for up to 6 months;
    - v. Short-term (no more than 30 days) grocery provision, for an LTSS eligible beneficiary experiencing a significant disruption in the ability to obtain an adequate level of nutrition that would avoid an unnecessary emergency department visit, hospital admission, or institutional placement;
      - 1. Eligibility. The LTSS beneficiary eligible for this benefit has been identified by the state as being at-risk due to an acute behavioral or physical health episode or due to clinical factors is unable to procure groceries on an emergency basis.
      - 2. Benefit Guidelines.
        - a. The grocery benefit may only be used on purchases consistent with Supplemental Nutrition Assistance Program (SNAP) guidelines;
        - b. The grocery benefit will be capped at 200% of the Maximum Monthly U.S. Department of Agriculture (USDA) SNAP Allowance; and
        - c. The benefit can be utilized no more than once per calendar year.
      - 3. Transition. The state agrees it will work with the state SNAP agency and others to provide assistance to beneficiaries in enrolling with SNAP during the benefit period, where appropriate, and work with the beneficiary where appropriate to address lasting health or physical needs that lead to the disruption in nutrition.

- b. Housing Supports, including:
  - i. Recuperative care and short-term post-hospitalization housing, as described in STC 15.3;
  - ii. Housing transition navigation services, including:
    - 1. Housing transition navigation to assist enrollees with obtaining housing, such as tenant screening and assessment;
    - 2. Housing tenancy and sustaining services to help enrollees maintain safe and stable tenancy once housing is secured, such as early mitigation to avoid risk of eviction or lease violations, education regarding lease agreement and responsibilities; and
    - 3. Transition costs/housing deposits assist with identifying, coordinating, securing, or funding one-time services and modifications necessary to help a person establish a basic household (i.e., security deposit, first-month's rent, utilities activation fees, movers, relocation expenses, pest eradication, pantry stocking, and the purchase of household goods and furniture).
  - iii. Rent/temporary housing for up to 6 months, specifically for individuals transitioning out of institutional care or congregate settings such as nursing facilities, large group homes, congregate residential settings, Institutions for Mental Diseases (IMDs), correctional facilities, and acute care hospitals; individuals who are homeless, at risk of homelessness, or transitioning out of an emergency shelter as defined by 24 CFR 91.5; and youth transitioning out of the child welfare system including foster care;
    - 1. Utility costs including activation expenses and back payments to secure utilities, limited to individuals receiving rent/temporary housing as described above.
  - iv. Community transition services to help individuals to live in the community and avoid further institutionalization:
    - 1. Non-emergency, non-medical transportation; and
    - 2. Personal care and homemaker services..
  - v. Stabilization centers, which are alternative destinations for individuals who are found to be publicly intoxicated and would otherwise be transported to the emergency department or jail. Stabilization centers provide these individuals, primarily those who are homeless or those with unstable living situations, with a safe, supportive environment to become sober. Stays are limited to less than 24 hours. Service does not include room and board;

- vi. Day habilitation programs to help an enrollee acquire, retain, and improve self-help, socialization, and adaptive skills necessary to reside successfully in the person's natural environment. Stays are limited to less than 24 hours. Service does not include room and board;
- vii. Caregiver respite services: Intermittent temporary supervision provided on a short-term basis in the enrollee's home, a health care facility or an adult day center. Services provided to the enrollee are primarily non-medical and may include attending to the enrollee's basic self-help needs and other activities of daily living (ADL), including interaction, socialization and continuation of usual daily routines that would ordinarily be performed by a caregiver; and
- viii. Medically necessary environmental accessibility and remediation adaptations: Physical adaptations to a home that are necessary to ensure the health, welfare, and safety of the individual or enable the individual to function with greater independence in the home, such as:
  - 1. Asthma remediation; and
  - 2. Accessibility and safety adaptations.
- c. Case management, outreach, and education including linkages to other state and federal benefit programs, benefit program application assistance, and benefit program application fees. This includes HRSN service coordination and referral activities to be completed by Community Hubs and the Native Hub as described in Attachment U.

## 15.3. Recuperative Care and Short-Term Post-Hospitalization Housing.

- a. Recuperative care and short-term post hospitalization housing settings provide a safe and stable place for eligible individuals transitioning out of institutions, and who are at risk of incurring other Medicaid state plan services, such as inpatient hospitalizations or emergency department visits (as determined by a provider at the plan or network level), to receive treatment on a short-term basis. Eligible settings for recuperative care and short-term post hospitalization housing must have clinicians who can provide appropriate medical and/or behavioral health care. Short-term post hospitalization housing settings must also offer transitional supports to help enrollees secure stable housing and avoid future readmissions. Recuperative care may be offered for up to ninety (90) days in duration, and short-term post-hospitalization housing may be offered once during the demonstration period for no more than six (6) months in duration. Electing organizations will implement recuperative care and short-term post-hospitalization housing in accordance with the detailed service definitions, standards and requirements in Attachment U.
- b. The HRSN Services Protocol, described in STC 15.7, must include a description of the state's documented process to authorize Recuperative Care and Short-Term Post Hospitalization Housing Service for beneficiaries for whom there is

an assessed risk of a need for other Medicaid state plan services, such as inpatient hospitalizations or emergency department visits. This process must document that a provider using their professional judgement has determined it to be medically appropriate for the specific beneficiary as provision of the Recuperative Care and Short-Term Post Hospitalization Housing Service is likely to reduce or prevent the need for acute care or other Medicaid services. This documentation could be included in a care plan developed for the beneficiary. In addition to this clinical documentation requirement, states may also impose additional provider qualifications or other limitations and protocols and these must be documented within the managed care plan contracts, HRSN Services Protocol, and state guidance.

c. Eligible settings for recuperative care and short-term post-hospitalization housing must have appropriate clinicians who can provide medical and/or behavioral health care. The facility cannot be primarily used for room and board without the necessary additional recuperative support services. For example, a hotel room in a commercial hotel, where there are no medical or behavioral health supports provided onsite appropriate to the level of need, would not be considered an appropriate setting, but if a hotel had been converted to a recuperative care facility with appropriate clinical supports, then it would be an eligible setting.

#### 15.4. HRSN Infrastructure.

- a. The state may claim FFP in infrastructure investments in order to support the development and implementation of HRSN services, subject to STC 15.5. This FFP will be available for the following activities:
  - i. Technology e.g., electronic closed-loop referral systems, shared data platforms, EHR modifications, integrations, adaptations or data bridges, screening tool and/or case management systems, databases/data warehouses, data analytics and reporting, data protections and privacy, accounting and billing systems
  - ii. Development of business or operational practices e.g., procurement and planning, developing policies and workflows for referral management, privacy, quality improvement, trauma-informed practices, evaluation, member navigation.
  - iii. Workforce development e.g., cultural competency training, traumainformed training, Community Health Worker certification, training staff on new policies and procedures
  - iv. Outreach, education, and stakeholder convening e.g., design and production of outreach and education materials, translation, obtaining community input, investments in stakeholder convening.
- b. The state may claim FFP in HRSN infrastructure expenditures for no more than the annual amounts outlined in Table 4.

i. In the event that the state does not claim the full amount of FFP for a given demonstration year, the unspent amounts will roll over to one or more demonstration years not to exceed this demonstration approval period and the state may claim the remaining amount in a subsequent demonstration years.

# Table 4. Annual Limits of Total Computable Expenditures for HRSNInfrastructure

	DY8	DY9	DY10	DY11	DY12
Total Computable Expenditures	\$35,000,000	\$75,000,000	\$75,000,000	\$65,000,000	\$20,000,000

- c. Infrastructure investments will receive the applicable administrative match for the expenditure.
- d. This infrastructure funding is separate and distinct from the payment to the applicable managed care plans for delivery of HRSN services. The state must ensure that HRSN infrastructure expenditures described in STC 15.4(a) are not factored into managed care capitation payments, and that there is no duplication of funds.
- e. The state may not claim any FFP in HRSN infrastructure expenditures until the Protocol for HRSN Infrastructure is approved, as described in STC 15.7. Once approved, the state can claim FFP in HRSN infrastructure expenditures retrospectively to the beginning of the demonstration approval date.
- f. To the extent the state requests any additional infrastructure funding, or changes to its scope as described within this STC, the state must submit an amendment to the demonstration for CMS's consideration.
- 15.5. **Excluded HRSN**. Excluded items, services, and activities that are not covered as HRSN services include, but are not limited to:
  - a. Construction costs (bricks and mortar) except as needed for approved medically necessary home modifications as described in STC 15.2(b)(viii);
  - b. Capital investments;
  - c. Room and board outside of specifically enumerated care or housing transitions or beyond 6 months;
  - d. Research grants and expenditures not related to monitoring and evaluation;

- e. Costs for services in prisons, correctional facilities or services for people who are civilly committed and unable to leave an institutional setting;
- f. Services provided to individuals who are not lawfully present in the United States or are undocumented;
- g. Expenditures that supplant services and activities funded by other state and federal governmental entities;
- h. School based programs for children that supplant Medicaid state plan programs, or that are funded under the Department of Education or state, and the local education agency;
- i. General workforce activities, not specifically linked to Medicaid or Medicaid beneficiaries; and
- j. Any other projects or activities not specifically approved by CMS as qualifying for demonstration coverage as a HRSN item or service under this demonstration.
- 15.6. **Covered Populations.** Expenditures for HRSN services may be made for the targeted populations specified in Attachment U, consistent with this STC. Individuals eligible to receive HRSN services are Medicaid eligible and have a documented medical need for the services and the services must be determined medically appropriate, as described in the HRSN Services Section in STC 15.2, for the documented need. Medical appropriateness must be based on clinical and health-related social risk factors. This determination must be documented in the beneficiary's care plan or medical record. Additional detail on targeted populations, including the clinical and other health related-social needs criteria, is outlined in Attachment U. Targeted populations may include consistent with Attachment U, the following. The state may add populations through the operational protocol subject to CMS review and approval;
  - a. Nutrition Supports. Individuals with chronic conditions (e.g., diabetes, cardiovascular disorders, human immunodeficiency virus (HIV), cancer) or post-discharge (e.g., post-discharge following stabilization for an eating disorder) ,, who screen positive for food, housing, or financial insecurity, or report being unable to meet or maintain medically-recommended nutrition goals without assistance;:
  - b. Housing Supports (recuperative care and short-term post-hospitalization housing, housing transition navigation services, day habilitation services, and rent/temporary housing for up to six months).
    - i. Individuals transitioning out of institutional care or congregate settings;
    - ii. Individuals who are homeless, at risk of homelessness, or transitioning out of an emergency shelter as defined by 24 CFR 91.5;
    - iii. Youth transitioning out of the child welfare system;

- c. Community Transition Services (non-emergency, non-medical transportation and personal care and homemaker services). Individuals with functional impairments as defined for HCBS or medical necessity and no other adequate support system, as well as individuals at risk for hospitalization or institutionalization.
- d. **Stabilization Centers.** Adults who are intoxicated but conscious, cooperative, able to walk, nonviolent, and free from immediate medical distress, who would otherwise be transported to the emergency department or jail; or have presented at the ED and can safely be diverted to a stabilization center;
- e. **Caregiver Respite Services.** Individuals who live in the community and are compromised in their activities of daily living and/or have been assessed to have a behavioral health need (e.g., a child with a serious emotional disturbance (SED)) and whose unpaid caregivers require relief to avoid the enrollee being placed in an institution;
- f. Medically Necessary Home/Environmental Accessibility and Remediation Adaptations. Individuals at risk for institutionalization due to inaccessible living environments and individuals with poorly controlled asthma, or other medical condition(s) exacerbated by in-home environmental factors; and
- g. Case Management, Outreach, and Education. Individuals who screen positive for food, housing, financial insecurity, or other health-related social needs, and/or individuals who need navigation assistance (e.g., benefit application, referral to programs).
- 15.7. **Protocols for HRSN Infrastructure and HRSN Services.** The state must submit, for CMS approval, the Protocol for HRSN Infrastructure and the Protocol for HRSN Services no later than 180 days after approval of these authorities. The protocol(s) must include, as appropriate, a list of the HRSN services and service descriptions, the criteria for defining a medically appropriate population for each service, the process by which that criteria will be applied including care plan requirements or other documented processes, proposed uses of HRSN infrastructure funds, and provider qualification criteria for each service. Each protocol may be submitted and approved separately. The state must resubmit an updated protocol, as required by CMS feedback on the initial submission. The protocol may be updated as details are changed or added. The state may not claim FFP in HRSN services or HRSN infrastructure expenditures until CMS approves the associated protocol. Once the associated protocol is approved, the state can claim FFP in HRSN services and HRSN infrastructure expenditures retrospectively to the beginning of the demonstration approval date. The approved protocols will be appended to the STCs as Attachment U.

Specifically, the protocols must include the following information:

a. Proposed uses of HRSN infrastructure expenditures, including the type of entities to receive funding, the intended purpose of the funding, the projected expenditure amounts, the delivery system(s) for each service, and an implementation timeline.

- b. A list of the covered HRSN services (not to exceed those allowed under STC 15.2), with associated service descriptions and service-specific provider qualification requirements.
- c. A description of the process for identifying beneficiaries with health-related social needs, including outlining beneficiary eligibility, implementation settings, screening tool selection, and rescreening approach and frequency, as applicable.
- d. A description of the process by which clinical criteria will be applied, including a description of the documented process wherein a provider, using their professional judgment, may deem the service to be medically appropriate.
  - i. Plan to identify medical appropriateness based on clinical and social risk factors.
  - ii. Plan to publicly maintain these clinical/social risk criteria to ensure transparency for beneficiaries and stakeholders.
- e. A description of the process for developing care plans based on assessment of need.
  - i. Plan to initiate care plans and closed-loop referrals to social services and community providers based on the outcomes of screening.
  - ii. Description of how the state will ensure that HRSN screening and service delivery are provided to beneficiaries in ways that are culturally responsive and/or trauma-informed.

#### 15.8. Service Delivery:

- a. Terms applicable to all HRSN Services.
  - i. Any applicable HRSN 1115 services that are delivered by managed care plans must be included in the managed care contract submitted to CMS for review and approval in accordance with 42 CFR 438.39(a).
  - ii. HRSN 1115 services may be paid on a FFS basis when provided by the state. HRSN 1115 services, when provided by a managed plan, must be paid as outlined below. The state must also comply with Section 15 for all HRSN services.
- b. In accordance with STC 15.14, CMS expects the state to have appropriate encounter data associated with each HRSN service. This is necessary to ensure appropriate fiscal oversight for HRSN services as well as monitoring and evaluation. This is also critical to ensure appropriate base data for Medicaid managed care rate development purposes as well as appropriate documentation for claims payment in both managed care and FFS. Therefore, CMS requires that for HRSN services provided in a managed care delivery system, the state must include the name and definition of each HRSN service as well as the coding

to be used on claims and encounter data in the managed care plan contracts. For example, the state must note specific Healthcare Common Procedure Coding System (HCPCS) or Current Procedural Terminology (CPT) costs that identify each HRSN service. Additionally, for HRSN services provided in an FFS delivery system, this information must be clearly documented for FFS providers. CMS will also consider this documentation necessary for approval of any rate methodologies per STC 15.15.

- 15.9. **Contracted Providers**. The following requirements must be consistent with managed care plan and/or any other applicable contracts (such as Community Hubs and the Native Hub) and are applicable to all HRSN services. that are authorized through the demonstration. They are not applicable to services offered under ILOS authority pursuant to 42 CFR 438.3(e)(2).
  - a. The state must require managed care plans, Community Hubs, and the Native Hub and/or other applicable entities to contract with HRSN service providers ("Contracted Providers") to deliver HRSN services authorized under the demonstration, as applicable, except for case management services under STC 15.2(c).
  - b. The state will contract directly with Community Hubs and the Native Hub to provide case management services under STC 15.2(c). Community Hubs and the Native Hub will be the sole Contracting Providers for case management services under this demonstration.
    - i. Nine Community Hubs, each operated by a regional ACH, will provide case management services to Apple Health managed care and fee-for-service enrollees in their associated region.
    - ii. The Native Hub, operated by an entity selected by the state, will provide case management services to Apple Health enrollees statewide, with close coordination and engagement with Washington Tribes.
  - c. The state must require managed care plans, Community Hubs and the Native Hub to establish a network of providers and ensure the Contracted Providers have sufficient experience and training in the provision of their applicable HRSN services. Contracted Providers do not need to be licensed unless otherwise required by the state; however, staff offering services through Contracted Providers must be licensed when appropriate and applicable.
  - d. The managed care plan, Community Hub and Native Hub, as applicable, and contracted provider must agree to a rate set by the state for the provision of applicable HRSN services, consistent with state guidance for these services, and in compliance with all related federal requirements.

- i. Any state direction on payment arrangements for HRSN services that constitutes a state directed payment for a risk-based managed care plan must satisfy the requirements in 42 CFR 438.6(c).
- e. Community Hubs and the Native Hub will provide HRSN services under STC 15.2 to otherwise eligible Medicaid beneficiaries under STC 15.6, regardless of tribal membership, race, or national/ethnic origin. The Native Hub will provide such services statewide and the Community Hubs may limit services to their associated regions.
- 15.10. **Provider Network Capacity.** The state must require managed care plans, Community Hubs, Native Hubs, or other implementing entities to ensure the HRSN services authorized under the demonstration are provided to eligible beneficiaries in a timely manner and shall develop policies and procedures outlining its approach to managing provider shortages or other barriers to timely provision of the HRSN services, in accordance with the managed care plan contracts and other state Medicaid agency guidance.
- 15.11. **Compliance with Federal Requirements**. The state shall ensure HRSN services are delivered in accordance with all applicable federal statute, regulation or guidance.
- 15.12. **Person Centered Plan.** The state shall ensure there is a person-centered service plan for each individual receiving HRSN services. The person-centered service plan must be person-centered, identify the individual's needs and individualized strategies and interventions for meeting those needs, and be developed in consultation with the individual and the individual's chosen support network as appropriate. The person-centered service plan is reviewed and revised at least every 12 months, when the individual's circumstances or needs change significantly, or at the request of the individual.
- 15.13. **Conflict of Interest**. The state shall ensure appropriate protections against conflicts of interest in the service planning and delivery of HRSN services. The state agrees that appropriate separation of assessment, service planning and service provision functions are incorporated into the state conflict of interest policies.
- 15.14. **CMS Approval of Managed Care Contracts.** As part of the state's submission of associated Medicaid managed care plan contracts to implement HRSN services through managed care, the state must provide documentation including, but not limited to:
  - a. Beneficiary and plan protections, including but not limited to:
    - i. HRSN services must not be used to reduce, discourage, or jeopardize Medicaid beneficiaries' access to Medicaid covered services;
    - ii. Medicaid beneficiaries always retain their right to receive the Medicaid covered service on the same terms as would apply if HRSN services were not an option;
    - iii. Medicaid beneficiaries who are offered or utilize an HRSN retain all right and protections afforded under 42 CFR 438;

- iv. Managed care plans are not permitted to deny a beneficiary a medically appropriate Medicaid covered service on the basis that they are currently receiving HRSN services, have requested these services, or have previously received these services; and
- v. Managed care plans are prohibited from requiring a beneficiary to utilize HRSN services.
- b. Managed care plans must timely submit data requested by the state or CMS, including, but not limited to:
  - i. Data to evaluate the utilization and effectiveness of the HRSN services;
  - ii. Any data necessary to monitor health outcomes and quality of care metrics at the individual and aggregate level through encounter data and supplemental reporting on health outcomes and equity of care. When possible, metrics must be stratified by age, sex (including sexual orientation and gender identify), race, ethnicity, disability status and preferred language to inform health quality improvement efforts, which may thereby mitigate health disparities;
  - iii. Any data necessary to monitor appeals and grievances for beneficiaries;
  - iv. Documentation to ensure appropriate clinical support for the medical appropriateness of HRSN services, including documentation for recuperative care and short-term post hospitalization housing described in STC 15.3; and
  - v. Any data determined necessary by the state or CMS to monitor and oversee the HRSN initiatives.
- c. All data and related documentation necessary to monitor and evaluate the HRSN services initiatives, including cost assessment, to include but not limited to:
  - i. The managed care plans must submit timely and accurate encounter data to the state for beneficiaries eligible for HRSN services. When possible, this encounter data must include data necessary for the state to stratify analyses by age, sex (including sexual orientation and gender identity), race, ethnicity, disability status and preferred language to inform health quality improvement efforts and subsequent efforts to mitigate health disparities undertaken by the state;
  - Any additional information requested by CMS, the state or legally authorized oversight body to aid in on-going evaluation of the HRSN services or any independent assessment or analysis conducted by the state, CMS, or a legally authorized independent entity;
  - iii. The state must monitor and provide narrative updates through its Quarterly and Annual Monitoring Reports its progress in building and sustaining its partnership with existing housing agencies and nutrition agencies to utilize

their expertise and existing housing resources and avoid duplication of efforts; and

- iv. Any additional information determined reasonable, appropriate and necessary by CMS.
- 15.15. Rate Methodologies. All rate and/or payment methodologies for authorized HRSN services outlined in these STCs must be submitted to CMS for review and approval prior to implementation, including but not limited to FFS payment as well as non-risk payments and capitation rates in managed care delivery systems, as part of the HRSN Protocol (see STC 15.7) at least 60 days prior to implementation. States must submit all documentation requested by CMS, including but not limited to the payment rate methodology as well as other documentation and supporting information (e.g., state responses to Medicaid non-federal share financing questions). The state must also comply with the Public Notice Procedures set forth in 42 CFR 447.205 for changes in statewide methods and standards for setting FFS payment rates.
- 15.16. **Maintenance of Effort (MOE).** The state must maintain a baseline level of state funding for ongoing social services related to housing transition supports and nutrition supports for the duration of the demonstration, not including one time or non-recurring funding. Within 180 days of demonstration approval, the state will submit a plan to CMS that specifies how the state will determine baseline spending on these services throughout the state. The annual MOE will be reported and monitored as part of the Annual Monitoring Report described in STC 20.8, with any justifications, including declines in available state resources, necessary to describe the findings.
- 15.17. **Partnerships with State and Local Entities**. The state must have in place partnerships with other state and local entities (e.g., U.S. Department of Housing and Urban Development (HUD) Continuum of Care Program, local housing authority, SNAP state agency) to assist beneficiaries in obtaining non-Medicaid funded housing and nutrition supports, if available, upon the conclusion of temporary Medicaid payment for such supports, in alignment with beneficiary needs identified in the care plans as appropriate. The state will submit a plan to CMS that outlines how it will put into place the necessary arrangements with other state and local entities and also work with those entities to assist beneficiaries in obtaining available non-Medicaid funded housing and nutrition supports upon conclusion of temporary Medicaid payment as stated above. The plan must provide a timeline for the activities outlined. As part of the Monitoring Reports described in STC 20.8, the state will provide the status of the state's fulfillment of its plan and progress relative to the timeline, and whether and to what extent the non-Medicaid funded supports are being accessed by beneficiaries as planned. Once the state's plan is fully implemented, the state may conclude its status updates in the Monitoring Reports.
- 15.18. **Provider Payment Rate Increase.** As a condition of the HRSN services and infrastructure expenditure authorities, Washington must comply with the provider rate increase requirements in Section 16 of the STCs

#### **16. PROVIDER PAYMENT RATE INCREASE REQUIREMENT**

- 16.1. The provider payment rate increase requirements described hereafter is a condition for HRSN expenditure authority as referenced in Expenditure Authorities 17 and 18.
- 16.2. As a condition of approval and ongoing provision of FFP in HRSN expenditures over this demonstration period of performance, DY 8 through DY 12, the state will in accordance with these STCs increase and (at least) subsequently sustain Medicaid FFS provider base rates, and require any relevant Medicaid managed care plan to increase and (at least) subsequently sustain network provider payment rates, by at least two percentage points in the ratio of Medicaid to Medicare provider rates for one of the service categories that comprise the state's definition of primary care, behavioral health care, or obstetric care, as relevant, if the average Medicaid to Medicare provider payment rate ratio for a representative sample of these services for any of these three categories of services is below 80 percent. If the average Medicaid to Medicare provider payment rate ratio for only the state's Medicaid fee-for-service program or only Medicaid managed care, the state shall only be required to increase provider payments for the delivery system for which the ratio is below 80 percent.
- 16.3. The state may not decrease provider payment rates for other Medicaid or demonstrationcovered services for the purpose of making state funds available to finance provider rate increases required under this STC (i.e., cost-shifting).
- 16.4. The state will, for the purposes of complying with these requirements to derive the Medicaid to Medicare provider payment rate ratio and to apply the rate increase as may be required under this STC, identify the applicable service codes and provider types for each of the primary care, behavioral health, and obstetric care services, as relevant, in a manner consistent with other state and federal Medicaid program requirements, except that inpatient behavioral health services may be excluded from the state's definition of behavioral health care services.
- 16.5. By September 30, 2023, and if the state makes FFS payments, the state must establish and report to CMS the state's average Medicaid to Medicare FFS provider rate ratio for each of the three service categories primary care, behavioral health, and obstetric care, using either of the methodologies below:
  - a. Provide to CMS the average Medicaid to Medicare provider rate ratios for each of the three categories of services as these ratios are calculated for the state and the service category as noted in the following sources:
    - For primary care and obstetric care services, in Zuckerman, et al. 2021.
       "Medicaid Physician Fees Remained Substantially Below Fees Paid by Medicare in 2019." Health Affairs 40(2): 343–348 (Exhibit 3); and
    - ii. For behavioral health services, the category called, 'Psychotherapy' in Clemans-Cope, et al. 2022. "Medicaid Professional Fees for Treatment of Opioid Use Disorder Varied Widely Across States and Were Substantially Below Fees Paid by Medicare in 2021." Substance Abuse Treatment, Prevention, and Policy (2022) 17:49 (Table 3); <u>OR</u>

- b. Provide to CMS for approval for any of the three service categories the average ratio, as well as the code sets, code level Medicaid utilization, Medicaid and Medicare rates, and other data used to calculate the ratio, and the methodology for the calculation of the ratio under this alternative approach as specified below:
  - i. Service codes must be representative of each service category as defined in STC 16.4;
  - ii. Medicaid and Medicare data must be from the same year and not older than 2019; and
  - iii. The state's methodology for determining the year of data, the Medicaid code-level utilization, the service codes within the category, the geographic rate differentials for Medicaid and/or Medicare services and their incorporation into the determination of the category average rate, the selection of the same or similar Medicare service codes for comparison, and the timeframes of data and how alignment is ensured should be comprehensively discussed in the methodology as provided to CMS for approval.
- 16.6. To establish the state's ratio for each service category identified in STC 16.4 as it pertains to managed care plans' provider payment rates in the state, the state must provide to CMS either:
  - a. The average FFS ratio as provided in STC 16.5(a), if the state and CMS determine it to be a reasonable and appropriate estimate of, or proxy for, the average provider rates paid by managed care plans (e.g., where managed care plans in the state pay providers based on state plan FFS payment rate schedules); or
  - b. The data and methodology for any or all of the service categories as provided in STC 16.5(b) using Medicaid managed care provider payment rate and utilization data.
- 16.7. In determining the ratios required under STC 16.5 and 16.6, the state may not incorporate FFS supplemental payments that the state made or plans to make to providers, or Medicaid managed care pass-through payments in accordance with 42 CFR 438.6(a) and 438.6(d).
- 16.8. If the state is required to increase provider payment rates for managed care plans per STC 16.2 and 16.6, the state must:
  - a. Comply with the requirements for state-directed payments in accordance with 42 CFR 438.6(c), as applicable; and
  - b. Ensure that the entirety of a two-percentage point increase applied to the provider payment rates in the service category whose Medicaid to Medicare average payment rate ratio is below 80 percent is paid to providers, and none of such payment rate increase is retained by managed care plans.

- 16.9. For the entirety of DY10 through DY12, the provider payment rate increases for each service in the service category and delivery system for which the average ratio is less than 80 percent will be an amount necessary so that the Medicaid to Medicare ratio increases by two percentage points over the highest rate for each service in DY8, and such rate will be in effect on the first day of DY10. A required payment rate increase shall apply to all services in the service category as defined under STC 16.4.
- 16.10. If the state uses a managed care delivery system for any of the service categories defined in STC 16.4, for the beginning of the first rating period as defined in 42 CFR 438.2(a) that starts in each demonstration year from DY 10 through DY 12 the managed care plans' provider payment rate increase for each service in the affected category will be no lower than the highest rate in DY 8 plus an amount necessary so that the Medicaid to Medicare ratio for that service increases by two percentage points. The payment rate increase shall apply to all services in a service category as defined under STC 16.4.
- 16.11. If the state has a biennial legislative session that requires provider payment rate approval and the timing of that session precludes the state from implementing a required payment rate increase by the first day of DY 10 (or, as applicable, the first day of the first rating period that starts in DY 10), the state will provide an alternative effective date and rationale for CMS review and approval.
- 16.12. The state will provide the information to document the payment rate ratio required under STC 16.5 and 16.6, via submission to the Performance Metrics Database and Analytics (PMDA) portal for CMS review and approval.
- 16.13. For demonstration years following the first year of provider payment rate increases, the state will provide an annual attestation within the state's annual demonstration monitoring report that the provider payment rate increases subject to these STCs were at least sustained from, if not higher than, the previous year.
- 16.14. No later than September 30, 2023, the state will provide to CMS the following information and Attestation Table signed by the State Medicaid Director, or by the Director's Chief Financial Officer (or equivalent position), to PMDA, along with a description of the state's methodology and the state's supporting data for establishing ratios for each of the three service categories in accordance with STC 16.5 and 16.6 for CMS review and approval, at which time the Attestation Table will be appended to the STCs as Attachment V:

Washington HRSN R	Washington HRSN Related Provider Payment Rate Increase Assessment – Attestation Table									
-	ons pertain to Health-Related Soc for the demonstration period of	-								
Category of Service	Medicaid Fee-for-Service to Medicare Fee-for-Service Ratio	Medicaid Managed Care to Medicare Fee-for-Service Ratio								
Primary Care Services	[insert percent, or N/A if state does not make Medicaid fee- for-service payments]	[insert percent, or N/A if state does not utilize a Medicaid managed care delivery system for applicable covered service categories]								
	[insert approach, either ratio derived under STC 16.5(a) or STC 16.5(b)]	[insert approach, either ratio derived under STC 16.6(a) or STC 16.6(b) insert data source and time period (e.g., applicable 12-month rating period) for each of Medicaid and Medicare to derive the ratio]								
Obstetric Care Services	[insert percent, or N/A if state does not make fee-for-service payments]	[insert percent, or N/A if state does not utilize a Medicaid managed care delivery system for providers for covered service categories]								
	[insert approach, either ratio derived under STC 16.5(a) or STC 61.5(b)]	[insert approach, either ratio derived under STC 16.6(a) or STC 61.6(b) insert data source and time period (e.g., applicable 12-month rating period) for each of Medicaid and Medicare to derive the ratio]								
Behavioral Health Care Services	[insert percent, or N/A if state does not make fee-for-service payments]	[insert percent, or N/A if state does not utilize a Medicaid managed care delivery system for applicable covered service categories]								
	[insert approach, either ratio derived under STC 16.5(a) or STC 16.5(b)]	[ <i>insert approach, either ratio derived under STC 16.6(a) or STC 16.6(b)</i> ]; insert data source and time period (e.g., applicable 12-month rating								

# Table 5: Provider Rate Increase Attestation Table Template

period) for each of Medicaid and Medicare to derive the
ratio

In accordance with STCs 16.1 through 16.14, including that the Medicaid provider payment rates used to establish the ratios do not reflect FFS supplemental payments or Medicaid managed care pass-through payments under 42 CFR § 438.6(a) and 438.6(d), I attest that at least a two percentage point payment rate increase will be applied to each of the services in the one service category in each delivery system, as applicable to the state's Medicaid or demonstration service delivery model, if for that delivery system the ratio is both the lowest ratio among the three and below 80 percent. Such provider payment increases for each service will be effective beginning on [*insert date*] and will not be lower than the highest rate for that service code in XX plus an amount necessary so that the Medicaid to Medicare ratio increases by at least two percentage points relative to the rate for the same or similar Medicare billing code through at least [*insert date*].

For the purpose of deriving the Medicaid to Medicare provider payment rate ratio, and to apply the rate increase as may be required under a FFS delivery system or under managed care delivery system, as applicable, the state agrees to define primary care, behavioral health care, and obstetric care, and to identify applicable service codes and providers types for each of these service categories in a manner consistent with other state and federal Medicaid program requirements, except that inpatient behavioral health services may be excluded from the state's definition.

The services that comprise any service category to which the rate increase must be applied will include all service codes that fit under the state's definition of the category, except the behavioral health codes do not have to include inpatient care services.

For provider payment rates paid under managed care delivery system, the data and methodology for any one of the service categories as provided in STC 16.6(b) will be based on Medicaid managed care provider payment rate and utilization data.

#### [Select the applicable effective date, must check either a. or b. below]

 $\Box$ a. The effective date of the rate increases is the first day of DY 10 and will be at least sustained, if not higher, through DY 12.

□b. Washington has a biennial legislative session that requires provider payment approval and the timing of that session precludes the state from implementing the payment increase on the first day of DY 10. Washington will effectuate the rate increases no later than the CMS approved date of [*insert date*], and will sustain these rates, if not made higher, through DY 12. Washington [*insert does or does not*] make Medicaid state plan FFS payments for the following categories of service for at least some populations: primary care, behavioral health care, and/or obstetric care.

For any such payments, as necessary to comply with the Health-Related Social Need STCs, I agree to submit by no later than [*insert date*] for CMS review and approval the Medicaid state plan FFS payment increase methodology, including the Medicaid code set to which the payment rate increases are to be applied, code level Medicaid utilization, Medicaid and

Medicare rates for the same or similar Medicare billing codes, and other data used to calculate the ratio, and the methodology, as well as other documents and supporting information (e.g., state responses to Medicaid financing questions) as required by applicable statutes, regulations and CMS policy, through the submission of a new SPA, following the normal SPA process including publishing timely tribal and public notice and submitting to CMS all required SPA forms (e.g., SPA transmittal letter, CMS-179, Attachment 4.19-B pages from the state), by no later than [*insert date*]

Washington [*insert does or does not*] include the following service categories within a Medicaid managed care delivery system for which the managed care plans make payments to applicable providers for at least some populations: primary care, behavioral health, and or obstetric care.

For any such payments, as necessary to comply with the Health-Related Social Need STCs, I agree to submit the Medicaid managed care plans' provider payment increase methodology, including the information listed in STC 16.10 through the state directed payments submission process and in accordance with 42 CFR 438.6(c), as applicable, by no later than *[insert date]* If the state utilizes a managed care delivery system for the applicable service categories, then in accordance with STC 16.10, I attest that necessary arrangements will be made to assure that 100 percent of the two percentage point managed care plans' provider payment increase will be paid to the providers of those service categories and none of this payment rate increase is retained by the managed care plans.

Washington further agrees not to decrease provider payment rates for other Medicaid- or demonstration-covered services to make state funds available to finance provider rate increases required under this STC 16.

I, [insert name of SMD or CFO (or equivalent position] [insert title], attest that the	above
information is complete and accurate.	

[*Provide signature*]

[*Provide printed name of signatory*] [*Provide date\_\_\_\_*]

### 17. STATE OVERSIGHT OF MEDICAL LOSS RATIOS

- 17.1. For risk-based plans, the state must submit the plan-generated reports detailed in 42 CFR 438.8(k) as well as any other documentation used to determine compliance with 42 CFR. 438.8(k) to CMS at DMCPMLR@cms.hhs.gov.
  - a. For managed care plans that delegate risk to subcontractors, the state's review of compliance with 42 CFR 438.8(k) must consider MLR requirements related to such subcontractors; see https://www.medicaid.gov/federal-policy-guidance/downloads/cib051919.pdf. The state must submit its plan to operationalize STC 17.1 through 17.4 to CMS for review and approval at DMCPMLR@cms.hhs.gov no later than six months after the demonstration approval. The plan must outline key deliverables and timelines to meet the requirements of STC 17.1 through 17.4.
- 17.2. Effective January 1, 2025, the state must require risk-based plans contracted with the state to impose reporting requirements equivalent to the information required in 42 CFR 438.8(k) on their subcontractor plans or entities.
- 17.3. No later than July 1, 2026, the state must require risk-based plans contracted with the state to impose remittance requirements equivalent to 42 CFR 438.8(j) on their subcontractor plans or entities.
- 17.4. STC 17.1, 17.2 and 17.3 must apply for all of the following entities:
  - a. Risk-based plans for which the state receives federal financial participation for associated expenditures;
  - b. Full and partially delegated plans;
  - c. Other subcontractors, as applicable, that assume delegated risk from either the primary managed care plan contracted with the state, or plans referenced in STC 17.4(b); and
  - d. Other subcontractors, as applicable, that assume delegated risk from entities referenced in STC 17.4(c).
- 17.5. The state must work with CMS to effectuate an audit of the MLR data for all complete rating periods (i.e., MLR reporting periods) in this 1115 demonstration package. Final audit results and reporting must be provided to CMS no later than two years after the expiration of the current demonstration period.
- 17.6. The state will update the contract language to require managed care plans to provide HRSN services as described in STC 15.2, as applicable. When HRSN services are included in risk-based capitation rates, expenditures for HRSN services should be reported in the MLR reporting as incurred claims. Managed care plans should not report expenditures for HRSN services in the MLR until after the transition to include HRSN services in risk-based capitation rates.

17.7. The state must develop an MLR monitoring and oversight process specific to HRSN services. If the HRSN services are incorporated in the capitation rates using a phased approach, the process must explain the approach. This process must be submitted to CMS, for review and approval, no later than 60 days prior to the incorporation of HRSN services in risk-based capitation rates. The state may submit this process to CMS at DMCPMLR@cms.hhs.gov. This process must specify how HRSN services will be identified for inclusion in capitation rate setting and in the MLR numerator. The state's plan must indicate how expenditures for HRSN administrative costs and infrastructure will be identified and reported in the MLR as nonclaims costs.

#### **18. GENERAL FINANCIAL REQUIREMENTS**

- 18.1. Allowable Expenditures. This demonstration project is approved for authorized demonstration expenditures applicable to services rendered and for costs incurred during the demonstration approval period designated by CMS. CMS will provide FFP for allowable demonstration expenditures only so long as they do not exceed the pre-defined limits as specified in these STCs.
- 18.2. Standard Medicaid Funding Process. The standard Medicaid funding process will be used for this demonstration. The state will provide quarterly expenditure reports through the Medicaid and CHIP Budget and Expenditure System (MBES/CBES) to report total expenditures under this Medicaid section 1115 demonstration following routine CMS-37 and CMS-64 reporting instructions as outlined in section 2500 of the State Medicaid Manual. The state will estimate matchable demonstration expenditures (total computable and federal share) subject to the budget neutrality expenditure limit and separately report these expenditures by quarter for each federal fiscal year on the form CMS-37 for both the medical assistance payments (MAP) and state and local administration costs (ADM). CMS shall make federal funds available based upon the state's estimate, as approved by CMS. Within 30 days after the end of each quarter, the state shall submit form CMS-64 Quarterly Medicaid Expenditure Report, showing Medicaid expenditures made in the quarter just ended. If applicable, subject to the payment deferral process, CMS shall reconcile expenditures reported on form CMS-64 with federal funding previously made available to the state.
- 18.3. Sources of Non-Federal Share. As a condition of demonstration approval, the state certifies that its funds that make up the non-federal share are obtained from permissible state and/or local funds that, unless permitted by law, are not other federal funds. The state further certifies that federal funds provided under this section 1115 demonstration must not be used as the non-federal share required under any other federal grant or contract, except as permitted by law. CMS approval of this demonstration does not constitute direct or indirect approval of any underlying source of non-federal share or associated funding mechanisms and all sources of non-federal funding must be compliant with section 1903(w) of the Act and applicable implementing regulations. CMS reserves the right to deny FFP in expenditures for which it determines that the sources of non-federal share are impermissible.
  - a. If requested, the state must submit for CMS review and approval documentation of any sources of non-federal share that would be used to support payments under the demonstration.
  - b. If CMS determines that any funding sources are not consistent with applicable federal statutes or regulations, the state must address CMS's concerns within the time frames allotted by CMS.

- c. Without limitation, CMS may request information about the non-federal share sources for any amendments that CMS determines may financially impact the demonstration.
- 18.4. **State Certification of Funding Conditions.** As a condition of demonstration approval, the state certifies that the following conditions for non-federal share financing of demonstration expenditures have been met:
  - a. If units of state or local government, including health care providers that are units of state or local government, supply any funds used as non-federal share for expenditures under the demonstration, the state must certify that state or local monies have been expended as the non-federal share of funds under the demonstration in accordance with section 1903(w) of the Act and applicable implementing regulations.
  - b. To the extent the state utilizes certified public expenditures (CPE) as the funding mechanism for the non-federal share of expenditures under the demonstration, the state must obtain CMS approval for a cost reimbursement methodology. This methodology must include a detailed explanation of the process, including any necessary cost reporting protocols, by which the state identifies those costs eligible for purposes of certifying public expenditures. The certifying unit of government that incurs costs authorized under the demonstration must certify to the state the amount of public funds allowable under 42 CFR 433.51 it has expended. The federal financial participation paid to match CPEs may not be used as the non-federal share to obtain additional federal funds, except as authorized by federal law, consistent with 42 CFR 433.51(c).
  - c. The state may use intergovernmental transfers (IGT) to the extent that the transferred funds are public funds within the meaning of 42 CFR 433.51 and are transferred by units of government within the state. Any transfers from units of government to support the non-federal share of expenditures under the demonstration must be made in an amount not to exceed the non-federal share of the expenditures under the demonstration.
  - d. Under all circumstances, health care providers must retain 100 percent of their payments for or in connection with furnishing covered services to beneficiaries. Moreover, no pre-arranged agreements (contractual, voluntary, or otherwise) may exist between health care providers and state and/or local governments, or third parties to return and/or redirect to the state any portion of the Medicaid payments in a manner inconsistent with the requirements in section 1903(w) of the Act and its implementing regulations. This confirmation of Medicaid payment retention is made with the understanding that payments that are the normal operating expenses of conducting business, such as payments related to taxes, including health care provider-related taxes, fees, business relationships with governments that are unrelated to Medicaid and in which there is no connection to Medicaid payment.

- e. The State Medicaid Director or his/her designee certifies that all state and/or local funds used as the state's share of the allowable expenditures reported on the CMS-64 for this demonstration were in accordance with all applicable federal requirements and did not lead to the duplication of any other federal funds.
- 18.5. **Financial Integrity for Managed Care Delivery Systems.** As a condition of demonstration approval, the state attests to the following, as applicable:
  - a. All risk-based managed care organization, prepaid inpatient health plan (PIHP), and prepaid ambulatory health plan (PAHP) payments, comply with the requirements on payments in 42 CFR 438.6(b)(2), 438.6(c), 438.6(d), 438.60, and 438.74.
- 18.6. **Requirements for Health Care-Related Taxes and Provider Donations.** As a condition of demonstration approval, the state attests to the following, as applicable:
  - a. Except as provided in paragraph (c) of this STC, all health care-related taxes as defined by Section 1903(w)(3)(A) of the Act and 42 CFR 433.55 are broad-based as defined by Section 1903(w)(3)(B) of the Act and 42 CFR 433.68(c).
  - b. Except as provided in paragraph (c) of this STC, all health care-related taxes are uniform as defined by Section 1903(w)(3)(C) of the Act and 42 CFR 433.68(d).
  - c. If the health care-related tax is either not broad-based or not uniform, the state has applied for and received a waiver of the broad-based and/or uniformity requirements as specified by 1903(w)(3)(E)(i) of the Act and 42 CFR 433.72.
  - d. The tax does not contain a hold harmless arrangement as described by Section 1903(w)(4) of the Act and 42 CFR 433.68(f).
  - e. All provider-related donations as defined by 42 CFR 433.52 are bona fide as defined by Section 1903(w)(2)(B) of the Social Security Act, 42 CFR 433.66, and 42 CFR 433.54.
- 18.7. **State Monitoring of Non-federal Share.** If any payments under the demonstration are funded in whole or in part by a locality tax, then the state must provide a report to CMS regarding payments under the demonstration no later than 60 days after demonstration approval. This deliverable is subject to the deferral as described in STC 20.2. This report must include:
  - a. A detailed description of and a copy of (as applicable) any agreement, written or otherwise agreed upon, regarding any arrangement among the providers including those with counties, the state, or other entities relating to each locality tax or payments received that are funded by the locality tax;
  - b. Number of providers in each locality of the taxing entities for each locality tax;
  - c. Whether or not all providers in the locality will be paying the assessment for each locality tax;

- d. The assessment rate that the providers will be paying for each locality tax;
- e. Whether any providers that pay the assessment will not be receiving payments funded by the assessment;
- f. Number of providers that receive at least the total assessment back in the form of Medicaid payments for each locality tax;
- g. The monitoring plan for the taxing arrangement to ensure that the tax complies with section 1903(w)(4) of the Act and 42 CFR 433.68(f); and
- h. Information on whether the state will be reporting the assessment on the CMS form 64.11A as required under section 1903(w) of the Act.
- 18.8. **Extent of Federal Financial Participation for the Demonstration.** Subject to CMS approval of the source(s) of the non-federal share of funding, CMS will provide FFP at the applicable federal matching rate for the following demonstration expenditures, subject to the budget neutrality expenditure limits described in the STCs in Section 19:
  - a. Administrative costs, including those associated with the administration of the demonstration;
  - b. Net expenditures and prior period adjustments of the Medicaid program that are paid in accordance with the approved Medicaid state plan; and
  - c. Medical assistance expenditures and prior period adjustments made under section 1115 demonstration authority with dates of service during the demonstration extension period; including those made in conjunction with the demonstration, net of enrollment fees, cost sharing, pharmacy rebates, and all other types of third-party liability.
- 18.9. **Program Integrity.** The state must have processes in place to ensure there is no duplication of federal funding for any aspect of the demonstration. The state must also ensure that the state and any of its contractors follow standard program integrity principles and practices including retention of data. All data, financial reporting, and sources of non-federal share are subject to audit.
- 18.10. **Medicaid Expenditure Groups.** Medicaid Expenditure Groups (MEG) are defined for the purpose of identifying categories of Medicaid or demonstration expenditures subject to budget neutrality, components of budget neutrality expenditure limit calculations, and other purposes related to monitoring and tracking expenditures under the demonstration. The Master MEG Chart table provides a master list of MEGs defined for this demonstration.

MEG	Which BN Test Applies?	WOW Per Capita	WOW Aggregate	WW	Brief Description				
Non-Expansion Adults	Main	Х		Х	Expenditures authorized under the demonstration for Medicaid beneficiaries specified in STC 16 (excluding SUD and SMI IMD expenditures).				
DSRIP	Main			Х	Expenditures authorized under the demonstration for delivery system transformation.				
MAC and TSOA Not Eligible	Main			Х	Expenditures authorized under the demonstration for beneficiaries receiving presumptive eligibility for TSOA and MAC services and determined ineligible.				
MAC and TSOA	Нуро 1		Х	Х	Expenditures authorized under the demonstration for beneficiaries receiving MAC and TSOA services. Excludes expenditures for individuals who received MAC and TSOA services during the presumptive eligibility period and determined ineligible.				
HepC Rx	Нуро 2		Х	Х	Expenditures for prescription drugs ("HepC Rx") related to a diagnosis of Hepatitis C for individuals affected by or eligible under the demonstration.				
Foundational Community Supports 1 & 2	Нуро 3		Х	X	One-time community transition services to individuals moving from institutional to community settings and those at imminent risk of institutional placement, and HCBS that could be provided to the individual under a 1915(c) waiver or 1915(i) SPA.				
SUD IMD: Medicaid Disabled	Нуро 4	Х		Х	Expenditures for costs of SUD-related medical assistance that could be covered, were it not for the IMD prohibition under the state plan, provided to otherwise eligible individuals during a month in an IMD, for Medicaid disabled individuals.				
SUD IMD: Medicaid Non- Disabled	Нуро 4	Х		X	Expenditures for costs of SUD-related medical assistance that could be covered, were it not for the IMD prohibition under the state plan, provided to otherwise eligible individuals during a month in an IMD, for Medicaid non-disabled individuals.				
SUD IMD: Newly Eligible	Нуро 4	Х		X	Expenditures for costs of SUD-related medical assistance that could be covered, were it not for the IMD prohibition under the state plan, provided to otherwise eligible individuals during a month in an IMD, for newly eligible individuals.				
SUD IMD: American Indian/Alaskan Native	Нуро 4	Х		X	Expenditures for costs of SUD-related medical assistance that could be covered, were it not for the IMD prohibition under the state plan, provided to otherwise eligible individuals during a month in an IMD, for American Indian/Alaskan Native individuals.				

## Table 3. Master MEG Chart

SMI IMD: Medicaid Disabled	Нуро 5	Х		Х	Expenditures for costs of SMI-related medical assistance that could be covered, were it not for the statutory IMD payment exclusion, provided to otherwise eligible individuals during a month in an IMD pursuant to the SMI Program under this demonstration, for Medicaid disabled individuals.
SMI IMD: Medicaid Non- Disabled	Нуро 5	Х		Х	Expenditures for costs of SMI-related medical assistance that could be covered, were it not for the statutory IMD payment exclusion, provided to otherwise eligible individuals during a month in an IMD pursuant to the SMI Program under this demonstration, for Medicaid non-disabled individuals.
SMI IMD: Newly Eligible	Нуро 5	Х		Х	Expenditures for costs of SMI-related medical assistance that could be covered, were it not for the statutory IMD payment exclusion, provided to otherwise eligible individuals during a month in an IMD pursuant to the SMI Program under this demonstration, for newly eligible individuals.
SMI IMD: American Indian/Alaskan Native	Нуро 5	Х		Х	Expenditures for costs of SMI-related medical assistance that could be covered, were it not for the statutory IMD payment exclusion, provided to otherwise eligible individuals during a month in an IMD pursuant to the SMI Program under this demonstration, for American Indian/Alaskan Native individuals.
CE Children Non-Disabled	Нуро 6	Х		Х	Expenditures for continued benefits for non-disabled children who have been determined eligible for the continuous eligibility period who would otherwise lose coverage during an eligibility determination
CE Children Disabled	Нуро б	Х		Х	Expenditures for continued benefits for disabled children who have been determined eligible for the continuous eligibility period who would otherwise lose coverage during an eligibility determination
CE Postpartum Individuals	Нуро 7	Х		X	Expenditures for continued benefits for postpartum individuals who have been determined eligible for the continuous eligibility period.
PE for HCBS	Нуро 8	Х		Х	Expenditures for individuals presumptively determined to be eligible for section 1915(c) COPES, section 1915(k) Community First Choice, or Medicaid Personal Care.
Reentry Services	Нуро 9	Х		Х	Expenditures for targeted services that are otherwise covered under Medicaid provided to qualifying beneficiaries for up to 90 days immediately prior to the expected date of release from participating state prisons, county jails, or youth correctional facilities.
Reentry Non- Services	Нуро 9		Х	X	Expenditures for planning and supporting the reentry demonstration initiative.
HRSN Services	Capped Hypo		Х	Х	Expenditures for approved HRSN initiatives.

HRSN Infrastructure	Capped Hypo	Х	Х	Infrastructure expenditures for approved HRSN initiatives.
HRSN Community Transition Services	Main		Х	Expenditures for the transportation, personal care and homemaker services under the approved HRSN initiative.
Contingency Management	Main		Х	Expenditures for evidence-based motivational incentives for meeting treatment goals.
ADM	N/A			All additional administrative costs that are directly attributable to the demonstration and not described elsewhere and are not subject to budget neutrality.

BN: budget neutrality; MEG: Medicaid expenditure group; WOW: without waiver; WW: with waiver

- 18.11. Reporting Expenditures and Member Months. The state must report all demonstration expenditures claimed under the authority of title XIX of the Act and subject to budget neutrality each quarter on separate forms CMS-64.9 WAIVER and/or 64.9P WAIVER, identified by the demonstration project number assigned by CMS (11-W-00304/0). Separate reports must be submitted by MEG (identified by Waiver Name) and Demonstration Year (identified by the two-digit project number extension). Unless specified otherwise, expenditures must be reported by DY according to the dates of service associated with the expenditure. All MEGs identified in the Master MEG Chart as WW must be reported for expenditures, as further detailed in the MEG Detail for Expenditure and Member Month Reporting table below. To enable calculation of the budget neutrality expenditure limits, the state also must report member months of eligibility for specified MEGs.
  - a. **Cost Settlements.** The state will report any cost settlements attributable to the demonstration on the appropriate prior period adjustment schedules (form CMS-64.9P WAIVER) for the summary sheet line 10b (in lieu of lines 9 or 10c), or line 7. For any cost settlement not attributable to this demonstration, the adjustments should be reported as otherwise instructed in the State Medicaid Manual. Cost settlements must be reported by DY consistent with how the original expenditures were reported.
  - b. **Premiums and Cost Sharing Collected by the State.** The state will report any premium contributions collected by the state from demonstration enrollees quarterly on the form CMS-64 Summary Sheet line 9D, columns A and B. In order to assure that these collections are properly credited to the demonstration, quarterly premium collections (both total computable and federal share) should also be reported separately by demonstration year on form CMS-64 Narrative, and on the Total Adjustments tab in the Budget Neutrality Monitoring Tool. In the annual calculation of expenditures subject to the budget neutrality expenditure limit, premiums collected in the demonstration year will be offset against expenditures incurred in the demonstration year for determination of the state's compliance with the budget neutrality limits.
  - c. **Pharmacy Rebates.** Because pharmacy rebates are included in the base expenditures used to determine the budget neutrality expenditure limit, the state must report the portion of pharmacy rebates applicable to the demonstration on the appropriate forms CMS-64.9 WAIVER and 64.9P waiver for the demonstration, and not on any other CMS-64.9 form (to avoid double counting). The state must have a methodology for assigning a portion of pharmacy rebates to the demonstration in a way that reasonably reflects the actual rebate-eligible pharmacy utilization of the demonstration population, and which identifies pharmacy rebate amounts with DYs. Use of the methodology is subject to the approval in advance by the CMS Regional Office, and changes to the methodology must also be approved in advance by the Regional Office. Each rebate amount must be distributed as state and federal revenue consistent with the federal matching rates under which the claim was paid.

- d. Administrative Costs. The state will separately track and report additional administrative costs that are directly attributable to the demonstration. All administrative costs must be identified on the forms CMS-64.10 WAIVER and/or 64.10P WAIVER. Unless indicated otherwise on the MEG Charts and in the STCs in Section 19, administrative costs are not counted in the budget neutrality tests; however, these costs are subject to monitoring by CMS.
- e. **Member Months.** As part of the Quarterly and Annual Monitoring Reports described in Section 20, the state must report the actual number of "eligible member months" for all demonstration enrollees for all MEGs identified as WOW Per Capita in the Master MEG Chart table above, and as also indicated in the MEG Detail for Expenditure and Member Month Reporting table below. The term "eligible member months" refers to the number of months in which persons enrolled in the demonstration are eligible to receive services. For example, a person who is eligible for three months contributes three eligible member months to the total. Two individuals who are eligible for two months each contribute two eligible member months per person, for a total of four eligible member months. The state must submit a statement accompanying the annual report certifying the accuracy of this information.
- f. **Budget Neutrality Specifications Manual.** The state will create and maintain a Budget Neutrality Specifications Manual that describes in detail how the state will compile data on actual expenditures related to budget neutrality, including methods used to extract and compile data from the state's Medicaid Management Information System, eligibility system, and accounting systems for reporting on the CMS-64, consistent with the terms of the demonstration. The Budget Neutrality Specifications Manual will also describe how the state compiles counts of Medicaid member months. The Budget Neutrality Specifications Manual must be made available to CMS on request.

MEG (Waiver Name)	Detailed Description	Exclusions	CMS-64.9 or 64.10 Line(s) To Use	How Expend. Are Assigned to DY	MAP or ADM	Report Member Months (Y/N)	MEG Start Date	MEG End Date
Non-Expansion Adults	Report all medical assistance expenditures authorized under the demonstration for Medicaid beneficiaries specified in STC 16 (excluding SUD and SMI IMD expenditures).		Follow standard CMS-64.9 Category of Service Definitions	Date of service	MAP	Y	1/09/17	6/30/28
DSRIP	Report all expenditures authorized under the demonstration for delivery system transformation.		Follow standard CMS 64.10 Category of Service Definitions	Date of service/Date of payment	ADM	N	1/09/17	6/30/24
MAC and TSOA Not Eligible	Report all expenditures authorized under the demonstration for beneficiaries receiving presumptive eligibility for TSOA and MAC services and determined ineligible.		Follow standard CMS 64.9 Category of Service Definitions	Date of service	МАР	N	1/09/17	6/30/28
MAC and TSOA	Expenditures authorized under the demonstration for beneficiaries receiving MAC and TSOA services.	received MAC and TSOA services during the presumptive	Follow standard CMS 64.9 Category of Service Definitions	Date of service	MAP	N	1/09/17	6/30/28
HepC Rx	Report all expenditures for prescription drugs ("HepC Rx") related to a diagnosis of Hepatitis C for individuals affected by or eligible under the demonstration.		Follow standard CMS 64.9 Category of Service Definitions	Date of service	MAP	Ν	1/09/17	6/30/28
Foundational Community Supports 1 & 2	Report all expenditures for one-time community transition services to individuals moving from institutional to community settings and those at imminent risk of institutional placement		Follow standard CMS 64.9 Category of Service Definitions	Date of service	MAP	Ν	1/09/17	6/30/28

# Table 4. MEG Detail for Expenditure and Member Month Reporting

Washington State Medicaid Transformation Project 2.0 Section 1115(a) Demonstration Approval Period: July 1, 2023 through June 30, 2028

	and expenditures for HCBS that could be provided to the individual under a 1915(c) waiver or 1915(i) SPA.							
SUD IMD: Medicaid Disabled	Report all expenditures for costs of SUD- related medical assistance that could be covered, were it not for the IMD prohibition under the state plan, provided to otherwise eligible individuals during a month in an IMD, for Medicaid disabled individuals.		ollow standard MS 64.9 ategory of ervice efinitions	Date of service	МАР	Y	07/01/18	6/30/28
	Report all expenditures for costs of SUD- related medical assistance that could be covered, were it not for the IMD prohibition under the state plan, provided to otherwise eligible individuals during a month in an IMD, for Medicaid non- disabled individuals.		ollow standard MS 64.9 ategory of ervice efinitions	Date of service	МАР	Y	07/01/18	6/30/28
SUD IMD: Newly Eligible	Report all expenditures for costs of SUD- related medical assistance that could be covered, were it not for the IMD prohibition under the state plan, provided to otherwise eligible individuals during a month in an IMD, for newly eligible individuals.		ollow standard MS 64.9 ategory of ervice efinitions	Date of service	МАР	Y	07/01/18	6/30/28
SUD IMD: American Indian/Alaskan Native	Report all expenditures for costs of SUD- related medical assistance that could be covered, were it not for the IMD prohibition under the state plan, provided to otherwise eligible individuals during a month in an IMD, for American Indian/Alaskan Native individuals.	C. Ci Si	ollow standard MS 64.9 ategory of ervice efinitions	Date of service	МАР	Y	07/01/18	6/30/28
SMI IMD: Medicaid Disabled	Report all expenditures for costs of SMI- related medical assistance that could be covered, were it not for the statutory IMD payment exclusion, provided to otherwise eligible individuals during a month in an IMD pursuant to the SMI Program under this demonstration, for Medicaid disabled individuals.	C. Ci Se	ollow standard MS 64.9 ategory of ervice efinitions	Date of service	МАР	Y	11/06/20	6/30/28

SMI IMD: Medicaid Non- Disabled	Report all expenditures for costs of SMI- related medical assistance that could be covered, were it not for the statutory IMD payment exclusion, provided to otherwise eligible individuals during a month in an IMD pursuant to the SMI Program under this demonstration, for Medicaid non- disabled individuals.	Follow standard CMS 64.9 Category of Service Definitions	Date of service	MAP	Y	11/06/20	6/30/28
SMI IMD: Newly Eligible	Report all expenditures for costs of SMI- related medical assistance that could be covered, were it not for the statutory IMD payment exclusion, provided to otherwise eligible individuals during a month in an IMD pursuant to the SMI Program under this demonstration, for newly eligible individuals.	Follow standard CMS 64.9 Category of Service Definitions	Date of service	MAP	Y	11/06/20	6/30/28
SMI IMD: American Indian/Alaskan Native	Report all expenditures for costs of SMI- related medical assistance that could be covered, were it not for the statutory IMD payment exclusion, provided to otherwise eligible individuals during a month in an IMD pursuant to the SMI Program under this demonstration, for American Indian/Alaskan Native individuals.	Follow standard CMS 64.9 Category of Service Definitions	Date of service	MAP	Y	11/06/20	6/30/28
CE Children Non-Disabled	Expenditures for continued benefits for non-disabled children who have been determined eligible for the continuous eligibility period who would otherwise lose coverage during an eligibility determination.	Follow standard CMS 64.9 Category of Service Definitions	Date of service	MAP	Y	4/14/2023	6/30/28
CE Children Disabled	Expenditures for continued benefits for disabled children who have been determined eligible for the continuous eligibility period who would otherwise lose coverage during an eligibility determination.	Follow standard CMS 64.9 Category of Service Definitions	Date of service	MAP	Y	4/14/2023	6/30/28
	Expenditures for continued benefits for postpartum individuals who have	Follow standard CMS 64.9 Category of	Date of service	МАР	Y	7/1/23	6/30/28

	been determined eligible for the continuous eligibility period.		Service Definitions					
PE for HCBS	Expenditures for individuals presumptively determined to be eligible for section 1915(c) COPES, section 1915(k) Community First Choice, or Medicaid Personal Care.		Follow standard CMS 64.9 Category of Service Definitions	Date of service	МАР	Y	7/1/23	6/30/28
Reentry Initiative Services	Expenditures for targeted services that are otherwise covered under Medicaid provided to qualifying beneficiaries for up to 90 days immediately prior to the expected date of release from participating state prisons, county jails, or youth correctional facilities.	st 6 0	Follow tandard CMS 4.9 Category of Service Definitions	Date of service	МАР	N	7/1/23	6/30/28
Reentry Initiative Non- services	Expenditures for planning and supporting the reentry demonstration initiative.	C C S	Follow standard CMS 64.10 Category of Service Definitions	Date of service	ADM	Ν	7/1/23	6/30/28
HRSN Services	Expenditures for approved HRSN initiatives.	C 6 0	Follow standard CMS 64.9 or 64.10 Category of Service Definitions	Date of service	MAP/ADM	N	7/1/23	6/30/28
HRSN Infrastructure	Infrastructure expenditures for approved HRSN initiatives.	C C S	Follow standard CMS 64.10 Category of Service Definitions	Date of service	ADM	N	7/1/23	6/30/28
Community Transition	Expenditures for the transportation, personal care and homemaker services under the approved HRSN initiative.	C C S	Follow standard CMS 64.9 Category of Service Definitions	Date of service	МАР	Ν	7/1/23	6/30/28
Management	Expenditures for evidence-based motivational incentives for meeting treatment goals.	C	Follow standard CMS 64.9 Category of	Date of service	МАР	Ν	7/1/23	6/30/28

		Service Definiti					
ADM d	Report all additional administrative costs hat are directly attributable to the demonstration and are not described elsewhere and are not subject to budget neutrality	Follow CMS 64 Categor Service Definiti	y of Date of payment	ADM	Ν	01/09/17	6/30/28

ADM: administration; DY: demonstration year; MAP: medical assistance payments; MEG: Medicaid expenditure group

18.12. **Demonstration Years.** Demonstration Years (DY) for this demonstration are defined in the table below.

<b>Demonstration Year (DY)</b>	Dates	Duration
DY 8	July 1, 2023 to June 30, 2024	12 months
DY 9	July 1, 2024 to June 30, 2025	12 months
DY 10	July 1, 2025 to June 30, 2026	12 months
DY 11	July 1, 2026 to June 30, 2027	12 months
DY 12	July 1, 2027 to June 30, 2028	12 months

#### **Table 5. Demonstration Years**

- 18.13. Budget Neutrality Monitoring Tool. The state must provide CMS with quarterly budget neutrality status updates, including established baseline and member months data, using the Budget Neutrality Monitoring Tool provided through the performance metrics database and analytics (PMDA) system. The tool incorporates the "Schedule C Report" for comparing the demonstration's actual expenditures to the budget neutrality expenditure limits described in Section 19. CMS will provide technical assistance, upon request.<sup>8</sup>
- 18.14. **Claiming Period.** The state will report all claims for expenditures subject to the budget neutrality agreement (including any cost settlements) within two years after the calendar quarter in which the state made the expenditures. All claims for services during the demonstration period (including any cost settlements) must be made within two years after the conclusion or termination of the demonstration. During the latter two-year period, the state will continue to identify separately net expenditures related to dates of service during the operation of the demonstration on the CMS-64 waiver forms in order to properly account for these expenditures in determining budget neutrality.
- 18.15. **Future Adjustments to Budget Neutrality.** CMS reserves the right to adjust the budget neutrality expenditure limit:
  - a. To be consistent with enforcement of laws and policy statements, including regulations and guidance, regarding impermissible provider payments, health care related taxes, or other payments. CMS reserves the right to make

<sup>&</sup>lt;sup>8</sup> Per 42 CFR 431.420(a)(2), states must comply with the terms and conditions of the agreement between the Secretary (or designee) and the state to implement a demonstration project, and 431.420(b)(1) states that the terms and conditions will provide that the state will perform periodic reviews of the implementation of the demonstration. CMS's current approach is to include language in STCs requiring, as a condition of demonstration approval, that states provide, as part of their periodic reviews, regular reports of the actual costs which are subject to the budget neutrality limit. CMS has obtained Office of Management and Budget (OMB) approval of the monitoring tool under the Paperwork Reduction Act (OMB Control No. 0938 – 1148) and states agree to use the tool as a condition of demonstration approval.

adjustments to the budget neutrality limit if any health care related tax that was in effect during the base year, or provider-related donation that occurred during the base year, is determined by CMS to be in violation of the provider donation and health care related tax provisions of section 1903(w) of the Act. Adjustments to annual budget targets will reflect the phase-out of impermissible provider payments by law or regulation, where applicable.

- b. To the extent that a change in federal law, regulation, or policy requires either a reduction or an increase in FFP for expenditures made under this demonstration. In this circumstance, the state must adopt, subject to CMS approval, a modified budget neutrality agreement as necessary to comply with such change. The modified agreement will be effective upon the implementation of the change. The trend rates for the budget neutrality agreement are not subject to change under this STC. The state agrees that if mandated changes in the federal law require state legislation, the changes shall take effect on the day such state legislation becomes effective, or on the last day such legislation was required to be in effect under the federal law.
- c. The state certifies that the data it provided to establish the budget neutrality expenditure limit are accurate based on the state's accounting of recorded historical expenditures or the next best available data, that the data are allowable in accordance with applicable federal, state, and local statutes, regulations, and policies, and that the data are correct to the best of the state's knowledge and belief. The data supplied by the state to set the budget neutrality expenditure limit are subject to review and audit, and if found to be inaccurate, will result in a modified budget neutrality expenditure limit.
- 18.16. **Budget Neutrality Mid-Course Correction Adjustment Request.** No more than once per demonstration year, the state may request that CMS make an adjustment to its budget neutrality agreement based on changes to the state's Medicaid expenditures that are unrelated to the demonstration and/or outside the state's control, and/or that result from a new expenditure that is not a new demonstration-covered service or population and that is likely to further strengthen access to care.
  - a. **Contents of Request and Process.** In its request, the state must provide a description of the expenditure changes that led to the request, together with applicable expenditure data demonstrating that due to these expenditures, the state's actual costs have exceeded the budget neutrality cost limits established at demonstration approval. The state must also submit the budget neutrality update described in STC 18.16.c. If approved, an adjustment could be applied retrospectively to when the state began incurring the relevant expenditures, if appropriate. Within 120 days of acknowledging receipt of the request, CMS will determine whether the state needs to submit an amendment pursuant to STC 3.7. CMS will evaluate each request based on its merit and will approve requests when the state establishes that an adjustment to its budget neutrality agreement is necessary due to changes to the state's Medicaid expenditures that are unrelated to the demonstration and/or outside of the state's control, and/or that result from

a new expenditure that is not a new demonstration-covered service or population and that is likely to further strengthen access to care.

- b. **Types of Allowable Changes.** Adjustments will be made only for actual costs as reported in expenditure data. CMS will not approve mid-demonstration adjustments for anticipated factors not yet reflected in such expenditure data. Examples of the types of mid-course adjustments that CMS might approve include the following:
  - i. Provider rate increases that are anticipated to further strengthen access to care;
  - CMS or State technical errors in the original budget neutrality formulation applied retrospectively, including, but not limited to the following: mathematical errors, such as not aging data correctly; or unintended omission of certain applicable costs of services for individual MEGs;
  - iii. Changes in federal statute or regulations, not directly associated with Medicaid, which impact expenditures;
  - iv. State legislated or regulatory change to Medicaid that significantly affects the costs of medical assistance;
  - v. When not already accounted for under Emergency Medicaid 1115 demonstrations, cost impacts from public health emergencies;
  - vi. High cost innovative medical treatments that states are required to cover; or,
  - vii. Corrections to coverage/service estimates where there is no prior state experience (e.g., SUD) or small populations where expenditures may vary widely.
- c. **Budget Neutrality Update.** The state must submit an updated budget neutrality analysis with its adjustment request, which includes the following elements:
  - i. Projected without waiver and with waiver expenditures, estimated member months, and annual limits for each DY through the end of the approval period; and
  - ii. Description of the rationale for the mid-course correction, including an explanation of why the request is based on changes to the state's Medicaid expenditures that are unrelated to the demonstration and/or outside the state's control, and/or is due to a new expenditure that is not a new demonstration-covered service or population and that is likely to further strengthen access to care.

#### **19. MONITORING BUDGET NEUTRALITY**

- 19.1. Limit on Title XIX Funding. The state will be subject to limits on the amount of federal Medicaid funding the state may receive over the course of the demonstration approval. The budget neutrality expenditure limits are based on projections of the amount of FFP that the state would likely have received in the absence of the demonstration. The limit consists of a Main Budget Neutrality Test, Hypothetical Budget Neutrality Tests, and a Capped Hypothetical Budget Neutrality Test, as described below. CMS's assessment of the state's compliance with these tests will be based on the Schedule C CMS-64 Waiver Expenditure Report, which summarizes the expenditures reported by the state on the CMS-64 that pertain to the demonstration.
- 19.2. **Risk.** The budget neutrality expenditure limits are determined on either a per capita or aggregate basis as described in Table 6, Master MEG Chart and Table 7, MEG Detail for Expenditure and Member Month Reporting. If a per capita method is used, the state is at risk for the per capita cost of state plan and hypothetical populations, but not for the number of participants in the demonstration population. By providing FFP without regard to enrollment in the demonstration for all demonstration populations, CMS will not place the state at risk for changing economic conditions, however, by placing the state at risk for the per capita costs of the demonstration populations. If an aggregate method is used, the state accepts risk for both enrollment and per capita costs.
- 19.3. Calculation of the Budget Neutrality Limits and How They Are Applied. To calculate the budget neutrality limits for the demonstration, separate annual budget limits are determined for each DY on a total computable basis. Each annual budget limit is the sum of one or more components: per capita components, which are calculated as a projected without-waiver PMPM cost times the corresponding actual number of member months, and aggregate components, which project fixed total computable dollar expenditure amounts. The annual limits for all DYs are then added together to obtain a budget neutrality limit for the entire demonstration period. The federal share of this limit will represent the maximum amount of FFP that the state may receive during the demonstration period for the types of demonstration expenditures described below. The federal share will be calculated by multiplying the total computable budget neutrality expenditure limit by the appropriate Composite Federal Share.
- 19.4. **Main Budget Neutrality Test.** The Main Budget Neutrality Test allows the state to show that approval of the demonstration has not resulted in Medicaid costs to the federal government that are greater than what the federal government's Medicaid costs would likely have been absent the demonstration, and that federal Medicaid "savings" have been achieved sufficient to offset the additional projected federal costs resulting from expenditure authority. The table below identifies the MEGs that are used for the Main Budget Neutrality Test. MEGs designated as "WOW Only" or "Both" are components used to calculate the budget neutrality expenditure limit. MEGs that are indicated as "WW Only" or "Both" are counted as expenditures against the budget neutrality expenditure limit. In addition, any expenditures in excess of the limit from Hypothetical Budget Neutrality Tests count as expenditures under the Main Budget Neutrality Test. However, excess expenditures from the Capped Hypothetical Budget Neutrality Test. The state

is at risk for any amount over the capped hypothetical amount. The Composite Federal Share for this test is calculated based on all MEGs indicated as "Both."

MEG	PC or Agg*	WOW Only, WW Only, or BOTH	Trend Rate	DY 8	DY 9	DY 10	DY 11	DY 12	
Non-Expansion Adults Only	PC	Both	5.3%	\$650.35	\$684.82	\$721.12	\$759.34	\$799.59	
Contingency Management	Agg	WW Only	N/A	\$178,750	\$370,625	\$670,000	\$812,500	\$925,000	
HRSN Community Transition Services	Agg	WW Only	N/A		The state must ha	ve savings to offs	et these expendi	tures.	
DSRIP	Agg	WW Only	N/A	\$0^	N/A	N/A	N/A	N/A	
MAC and TSOA Not Eligible	Agg	WW Only	N/A	The state must have savings to offset these expenditures.					

Table 6. Main Budget Neutrality Test

\*PC: Per Capita; Agg = Aggregate

<sup>^</sup>Incentive payments may be made in DY 8 for prior periods of performance and administrative activities to close out the DSRIP program. Total DSRIP payments for the section 1115 demonstration may not exceed total authorized limits.

19.5. **Hypothetical Budget Neutrality.** When expenditure authority is provided for coverage of populations or services that the state could have otherwise provided through its Medicaid state plan or other title XIX authority (such as a waiver under section 1915 of the Act), or when a WOW spending baseline for certain WW expenditures is difficult to estimate due to variable and volatile cost data resulting in anomalous trend rates, CMS considers these expenditures to be "hypothetical," such that the expenditures are treated as if the state could have received FFP for them absent the demonstration. For these hypothetical expenditures, CMS makes adjustments to the budget neutrality test which effectively treats these expenditures as if they were for approved Medicaid state plan services. Hypothetical expenditures, therefore, do not necessitate savings to offset the expenditures on those services. When evaluating budget neutrality, however, CMS does not offset non-hypothetical expenditures with projected or accrued savings from hypothetical expenditures; that is, savings are not generated from a hypothetical population or service. To allow for hypothetical expenditures, while preventing them from resulting in savings, CMS currently applies separate, independent Hypothetical Budget Neutrality Tests, which subject hypothetical expenditures to pre-determined limits to which the state and CMS agree, and that CMS approves, as a part of this demonstration approval. If the state's WW hypothetical spending exceeds the Hypothetical Budget

Neutrality Test's expenditure limit, the state agrees (as a condition of CMS approval) to offset that excess spending through savings elsewhere in the demonstration or to refund the FFP to CMS.

19.6. **Hypothetical Budget Neutrality Test 1: MAC and TSOA.** The table below identifies the MEGs that are used for Hypothetical Budget Neutrality Test 1. MEGs that are designated "WOW Only" or "Both" are the components used to calculate the budget neutrality expenditure limit. The Composite Federal Share for the Hypothetical Budget Neutrality Test is calculated based on all MEGs indicated as "WW Only" or "Both." MEGs that are indicated as "WW Only" or "Both" are counted as expenditures against this budget neutrality expenditure limit. Any expenditures in excess of the limit from Hypothetical Budget Neutrality Test 1 are counted as WW expenditures under the Main Budget Neutrality Test.

 Table 7. Hypothetical Budget Neutrality Test 1

MEG	PC or Agg	WOW Only, WW Only, or BOTH	Trend Rate	DY 8	DY 9	DY 10	DY 11	DY 12
MAC and TSOA	Agg	Both	N/A	\$24,434,211	\$25,796,815	\$27,378,892	\$29,057,998	\$30,840,081

19.7. Hypothetical Budget Neutrality Test 2: HepC Rx. The table below identifies the MEGs that are used for Hypothetical Budget Neutrality Test 2. MEGs that are designated "WOW Only" or "Both" are the components used to calculate the budget neutrality expenditure limit. The Composite Federal Share for the Hypothetical Budget Neutrality Test is calculated based on all MEGs indicated as "WW Only" or "Both." MEGs that are indicated as "WW Only" or "Both" are counted as expenditures against this budget neutrality expenditure limit. Any expenditures in excess of the limit from Hypothetical Budget Neutrality Test 2 are counted as WW expenditures under the Main Budget Neutrality Test.

# Table 8. Hypothetical Budget Neutrality Test 2

MEG	PC or Agg	WOW Only, WW Only, or BOTH	Trend Rate	DY 8	DY 9	DY 10	DY 11	DY 12
HepC Rx	Agg	Both	N/A	\$13,882,016	\$14,481,719	\$15,107,330	\$15,759,966	\$16,440,797

19.8. Hypothetical Budget Neutrality Test 3: Foundational Community Supports 1 & 2. The table below identifies the MEGs that are used for Hypothetical Budget Neutrality Test 3. MEGs that are designated "WOW Only" or "Both" are the components used to calculate the budget neutrality expenditure limit. The Composite Federal Share for the Hypothetical Budget Neutrality Test is calculated based on all MEGs indicated as "WW Only" or "Both." MEGs that are indicated as "WW Only" or "Both" are counted as expenditures against this budget neutrality expenditure limit. Any expenditures in excess of the limit from Hypothetical Budget Neutrality Test 3 are counted as WW expenditures under the Main Budget Neutrality Test.

MEG	PC or Agg	WOW Only, WW Only, or BOTH	Trend Rate	DY 8	DY 9	DY 10	DY 11	DY 12
Foundational Community Supports 1 & 2	Agg	Both	N/A	\$43,925,338	\$45,033,762	\$46,170,179	\$47,335,297	\$48,529,839

### Table 9. Hypothetical Budget Neutrality Test 3

19.9. Hypothetical Budget Neutrality Test 4: SUD Expenditures. The table below identifies the MEGs that are used for Hypothetical Budget Neutrality Test 4. MEGs that are designated "WOW Only" or "Both" are the components used to calculate the budget neutrality expenditure limit. The Composite Federal Share for the Hypothetical Budget Neutrality Test is calculated based on all MEGs indicated as "WW Only" or "Both." MEGs that are indicated as "WW Only" or "Both" are counted as expenditures against this budget neutrality expenditure limit. Any expenditures in excess of the limit from Hypothetical Budget Neutrality Test 4 are counted as WW expenditures under the Main Budget Neutrality Test.

MEG	PC or Agg	WOW Only, WW Only, or BOTH	Trend Rate	DY 8	DY 9	DY 10	DY 11	DY 12
SUD Medicaid Disabled	РС	Both	4.9%	\$1,413.87	\$1,483.15	\$1,555.82	\$1,632.06	\$1,712.03
SUD Medicaid Non- Disabled	PC	Both	5.1%	\$563.89	\$592.65	\$622.88	\$654.65	\$688.04
SUD Newly Eligible	PC	Both	5.5%	\$636.91	\$671.94	\$708.90	\$747.89	\$789.02
SUD American Indian/ Alaskan Native	РС	Both	5.1%	\$2,799.15	\$2,941.91	\$3,091.95	\$3,249.64	\$3,415.37

## Table 10. Hypothetical Budget Neutrality Test 4

19.10. **Hypothetical Budget Neutrality Test 5: SMI Expenditures.** The table below identifies the MEGs that are used for Hypothetical Budget Neutrality Test 5. MEGs that are designated "WOW Only" or "Both" are the components used to calculate the budget neutrality expenditure limit. The Composite Federal Share for the Hypothetical Budget Neutrality Test is calculated based on all MEGs indicated as "WW Only" or "Both." MEGs that are indicated as "WW Only" or "Both" are counted as expenditures against this budget neutrality expenditure limit. Any expenditures in excess of the limit from Hypothetical Budget Neutrality Test 5 are counted as WW expenditures under the Main Budget Neutrality Test.

MEG	PC or Agg	WOW Only, WW Only, or BOTH	Trend Rate	DY 8	DY 9	DY 10	DY 11	DY 12
SMI Medicaid Disabled	РС	Both	4.9%	\$1,991.27	\$2,088.84	\$2,191.19	\$2,298.56	\$2,411.19
SMI Medicaid Non-Disabled	РС	Both	5.1%	\$458.86	\$482.26	\$506.86	\$532.71	\$559.88
SMI Newly Eligible	PC	Both	5.5%	\$803.05	\$847.22	\$893.82	\$942.98	\$994.84
SMI American Indian/ Alaskan Native FFS	РС	Both	5.1%	\$5,574.50	\$5,858.80	\$6,157.60	\$6,471.64	\$6,801.69

## Table 11. Hypothetical Budget Neutrality Test 5

19.11. Hypothetical Budget Neutrality Test 6: Continuous Eligibility for Children Expenditures. The table below identifies the MEGs that are used for Hypothetical Budget Neutrality Test 6. MEGs that are designated "WOW Only" or "Both" are the components used to calculate the budget neutrality expenditure limit. The Composite Federal Share for the Hypothetical Budget Neutrality Test is calculated based on all MEGs indicated as "WW Only" or "Both." MEGs that are indicated as "WW Only" or "Both" are counted as expenditures against this budget neutrality expenditure limit. Any expenditures in excess of the limit from Hypothetical Budget Neutrality Test 6 are counted as WW expenditures under the Main Budget Neutrality Test.

MEG	PC or Agg	WOW Only, WW Only, or BOTH	Trend Rate	DY 8	DY 9	DY 10	DY 11	DY 12
CE Children Non- Disabled	PC	Both	4.9%	\$329.45	\$345.59	\$362.52	\$380.28	\$398.91
CE Children Disabled	РС	Both	4.9%	\$2,776.64	\$2,912.70	\$3,055.42	\$3,205.14	\$3,362.19

 Table 12. Hypothetical Budget Neutrality Test 6

19.12. Hypothetical Budget Neutrality Test 7: Continuous Eligibility for Postpartum Individuals Expenditures. The table below identifies the MEGs that are used for Hypothetical Budget Neutrality Test 7. MEGs that are designated "WOW Only" or "Both" are the components used to calculate the budget neutrality expenditure limit. The Composite Federal Share for the Hypothetical Budget Neutrality Test is calculated based on all MEGs indicated as "WW Only" or "Both." MEGs that are indicated as "WW Only" or "Both" are counted as expenditures against this budget neutrality expenditure limit. Any expenditures in excess of the limit from Hypothetical Budget Neutrality Test 7 are counted as WW expenditures under the Main Budget Neutrality Test.

Table 16. Hypothet	tical Budget Neuti	ality Test 7
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MEG	PC or Agg	WOW Only, WW Only, or BOTH	Trend Rate	DY 8	DY 9	DY 10	DY 11	DY 12
CE Postpartum Individuals	РС	Both	5.1%	\$245.83	\$258.37	\$271.55	\$285.40	\$299.96

19.13. Hypothetical Budget Neutrality Test 8: PE for HCBS. The table below identifies the MEGs that are used for Hypothetical Budget Neutrality Test 8. MEGs that are designated "WOW Only" or "Both" are the components used to calculate the budget neutrality expenditure limit. The Composite Federal Share for the Hypothetical Budget Neutrality Test is calculated based on all MEGs indicated as "WW Only" or "Both." MEGs that are indicated as "WW Only" or "Both" are counted as expenditures against this budget neutrality expenditure limit. Any expenditures in excess of the limit from Hypothetical Budget Neutrality Test 8 are counted as WW expenditures under the Main Budget Neutrality Test.

 Table 17. Hypothetical Budget Neutrality Test 8

MEG		WOW Only, WW Only, or BOTH		DY 8	DY 9	DY 10	DY 11	DY 12
PE for HCBS	PC	Both	5.1%	\$3,827.00	\$4,022.18	\$4,227.31	\$4,442.90	\$4,669.49

19.14. **Hypothetical Budget Neutrality Test 9: Reentry Demonstration Initiative Expenditures**. The table below identifies the MEGs that are used for Hypothetical Budget Neutrality Test 9. MEGs that are designated "WOW Only" or "Both" are the components used to calculate the budget neutrality expenditure limit. The Composite Federal Share for the Hypothetical Budget Neutrality Test is calculated based on all MEGs indicated as "WW Only" or "Both." MEGs that are indicated as "WW Only" or "Both" are counted as expenditures against this budget neutrality expenditure limit. Any expenditures in excess of the limit from Hypothetical Budget Neutrality Test 9 are counted as WW expenditures under the Main Budget Neutrality Test.

 Table 18. Hypothetical Budget Neutrality Test 9

MEG		WOW Only, WW Only, or BOTH	Trend Rate	DY 8	DY 9	DY 10	DY 11	DY 12
Reentry Services	PC	Both	5.0%	\$0	\$865.62	\$908.90	\$954.35	\$1,002.07
Reentry Non- Services	Agg	Both	N/A	\$0	\$121,570,000	\$106,373,750	\$75,981,250	\$0

- 19.15. Capped Hypothetical Budget Neutrality for Evidence-Based HRSN Initiatives. When expenditure authority is provided for specified HRSN initiatives in the demonstration (in this approval, as specified in section 15), CMS considers these expenditures to be "capped hypothetical" expenditures; that is, the expenditures are eligible to receive FFP up to a specific aggregate spending cap per demonstration year, based on the state's expected expenditures. States can also receive FFP for capacity-building, infrastructure, and operational costs for the HRSN initiatives; this FFP is limited by a sub-cap of the aggregate spending cap and is determined by CMS based on the amount the state expects to spend. Like all hypothetical expenditures, capped hypothetical expenditures do not need to be offset by savings, and cannot produce savings; however, unspent expenditure authority allocated for HRSN infrastructure in a given demonstration year can be applied to HRSN services in the same demonstration year. Any unspent HRSN services expenditure authority may not be used to fund HRSN infrastructure. To allow for capped hypothetical expenditures and to prevent them from resulting in savings that would apply to the rest of the demonstration, CMS currently applies a separate, independent Capped Hypothetical Budget Neutrality Test, which subjects capped hypothetical expenditures to pre-determined aggregate limits to which the state and CMS agree, and that CMS approves, as a part of this demonstration approval. If actual HRSN initiative spending is less than the Capped Hypothetical Budget Neutrality Test's expenditure limit for a given demonstration year, the difference is not considered demonstration savings. Unspent HRSN expenditure authority under the cap for each demonstration year can be carried, shifted, or transferred across future demonstration years. However, unspent HRSN expenditure authority cannot roll over to the next demonstration approval period. If the state's capped hypothetical spending exceeds the Capped Hypothetical Budget Neutrality Test's expenditure limit, the state agrees (as a condition of CMS approval) to refund any FFP in excess of the cap to CMS. Demonstration savings from the Main Budget Neutrality Test cannot be used to offset excess spending for the capped hypothetical.
- 19.16. **Capped Hypothetical Budget Neutrality Test: HRSN.** The table below identifies the MEGs that are used for the Capped Hypothetical Budget Neutrality Test. MEGs that are designated "WOW Only" or "Both" are the components used to calculate the budget neutrality expenditure limit. The Composite Federal Share for the Capped Hypothetical Budget Neutrality Test is calculated based on all MEGs indicated as "WW Only" or "Both." MEGs that are indicated as "WW Only" or "Both" are counted as expenditures against this budget neutrality expenditure limit. Any expenditures in excess of the limit from the Capped Hypothetical Budget Neutrality Test cannot be offset by savings under the Main Budget Neutrality Test or the Hypothetical Budget Neutrality Tests

			Table 19: Capp	ed Hypothetical l	Budget Neutrality	Test	
MEG	Agg	WOW Only, WW Only, or Both	DY 8	DY 9	DY 10	DY 11	DY 12
HRSN Services	Agg	Both	\$163,494,276	\$342,101,215	\$342,101,215	\$342,101,215	\$342,101,215
HRSN Infrastructure	Agg	Both	\$35,000,000	\$75,000,000	\$75,000,000	\$65,000,000	\$20,000,000

- 19.17. **Composite Federal Share.** The Composite Federal Share is the ratio that will be used to convert the total computable budget neutrality limit to federal share. The Composite Federal Share is the ratio calculated by dividing the sum total of FFP received by the state on actual demonstration expenditures during the approval period by total computable demonstration expenditures for the same period, as reported through MBES/CBES and summarized on Schedule C. Since the actual final Composite Federal Share will not be known until the end of the demonstration's approval period, for the purpose of interim monitoring of budget neutrality, a reasonable estimate of Composite Federal Share may be developed and used through the same process or through an alternative mutually agreed to method. Each Budget Neutrality Test has its own Composite Federal Share, as defined in the paragraph pertaining to each particular test.
- 19.18. Exceeding Budget Neutrality. CMS will enforce the budget neutrality agreement over the demonstration period, which extends from 07/01/2023 to 6/30/2028. The Main Budget Neutrality Test for this demonstration period may incorporate carry-forward savings, that is, net savings from up to 10 years of the immediately prior demonstration approval period(s), excluding DY 6 and DY 7, (01/09/2017 to 12/31/2021). If at the end of the demonstration approval period the Main Budget Neutrality Test or Capped Hypothetical Budget Neutrality Test has been exceeded, the excess federal funds will be returned to CMS. If the demonstration is terminated prior to the end of the budget neutrality agreement, the budget neutrality test shall be based on the time elapsed through the termination date.
- 19.19. **Budget Neutrality Savings Cap**. The amount of savings available for use by the state during this demonstration period will be limited to the lower of these two amounts: 1) the savings amount the state has available in the current demonstration period, including carry-forward savings as described in STC 19.18, or 2) 15 percent of the state's projected total Medicaid expenditures in aggregate for this demonstration period. This projection will be determined by taking the state's total Medicaid spending amount in its most recent year with completed data and trending it forward by the President's Budget trend rate for this demonstration period. Fifteen percent of the state's total projected Medicaid expenditures for this demonstration period is \$15,096,611,484.
- 19.20. **Corrective Action Plan.** If at any time during the demonstration approval period CMS determines that the demonstration is on course to exceed its budget neutrality expenditure limit, CMS will require the state to submit a corrective action plan for CMS review and approval. CMS will use the threshold levels in the tables below as a guide for determining when corrective action is required.

<b>Demonstration Year</b>	<b>Cumulative Target Definition</b>	Percentage
DY 8	Cumulative budget neutrality limit plus	2.0 percent
DY 8 through 9	Cumulative budget neutrality limit plus:	1.5 percent
DY 8 through DY 10	Cumulative budget neutrality limit plus:	1.0 percent
DY 8 through DY 11	Cumulative budget neutrality limit plus:	0.5 percent
DY 8 through DY 12	Cumulative budget neutrality limit plus:	0.0 percent

# Table 20. Budget Neutrality Test Corrective Action Plan Calculation

## 20. MONITORING AND REPORTING REQUIREMENTS

- 20.1. **Deferral for Failure to Submit Timely Demonstration Deliverables.** CMS may issue deferrals in the amount of \$5,000,000 per deliverable (federal share) when items required by these STCs (e.g., required data elements, analyses, reports, design documents, presentations, and other items specified in these STCs (hereafter singly or collectively referred to as "deliverable(s)") are not submitted timely to CMS or found to not be consistent with the requirements approved by CMS. A deferral shall not exceed the value of the federal amount for the demonstration period. The state does not relinquish its rights provided under 42 CFR part 430 subpart C to challenge any CMS finding that the state materially failed to comply with the terms of this agreement.
  - a. The following process will be used: 1) 30 calendar days after the deliverable(s) were due if the state has not submitted a written request to CMS for approval of an extension as described in subsection (c) below; or 2) 30 calendar days after CMS has notified the state in writing that the deliverable(s) were not accepted for being inconsistent with the requirements of this agreement and the information needed to bring the deliverable(s) into alignment with CMS requirements:
  - b. CMS will issue a written notification to the state providing advance notification of a pending deferral for late or non-compliant submissions of required deliverable(s).
  - c. For each deliverable, the state may submit to CMS a written request for an extension to submit the required deliverable that includes a supporting rationale for the cause(s) of the delay, the steps the state has taken to address such issue(s), and the state's anticipated date of submission. Should CMS agree in writing to the state's request, a corresponding extension of the deferral process described below can be provided. CMS may agree to a corrective action plan as an interim step before applying the deferral, if corrective action is proposed in the state's written extension request.
  - d. If CMS agrees to an interim corrective process in accordance with subsection (c) above, and the state fails to comply with the corrective action plan or, despite the corrective action plan, still fails to submit the overdue deliverable(s) that meet the terms of this agreement, CMS may proceed with the issuance of a deferral against the next Quarterly Statement of Expenditures reported in Medicaid Budget and Expenditure System/State Children's Health Insurance Program Budget and Expenditure System (MBES/CBES) following a written deferral notification to the state.
  - e. If the CMS deferral process has been initiated for state non-compliance with the terms of this agreement for submitting deliverable(s), and the state submits the overdue deliverable(s), and such deliverable(s) are accepted by CMS as meeting the standards outlined in these STCs, the deferral(s) will be released.

As the purpose of a section 1115 demonstration is to test new methods of operation or service delivery, a state's failure to submit all required reports, evaluations, and other deliverables will be considered by CMS in reviewing any application for an extension, amendment, or for a new demonstration.

- 20.2. Deferral of Federal Financial Participation (FFP) from IMD claiming for Insufficient Progress Toward Milestones. Up to \$5,000,000 in FFP for services in IMDs may be deferred if the state is not making adequate progress on meeting the milestones and goals as evidenced by reporting on the milestones in the Implementation Protocol and the required performance measures in the Monitoring Protocol agreed upon by the state and CMS. Once CMS determines the state has not made adequate progress, up to \$5,000,000 will be deferred in the next calendar quarter and each calendar quarter thereafter until CMS has determined sufficient progress has been made.
- 20.3. **Submission of Post-Approval Deliverables.** The state must submit deliverables as stipulated by CMS and within the timeframes outlined within these STCs.
- 20.4. **Electronic Submission of Reports.** The state must submit all monitoring and evaluation report deliverables required in these STCs (e.g., quarterly reports, annual reports, evaluation reports) electronically, through CMS' designated electronic system.
- 20.5. **Compliance with Federal Systems Updates.** As federal systems continue to evolve and incorporate additional section 1115 demonstration reporting and analytics functions, the state will work with CMS to:
  - a. Revise the reporting templates and submission processes to accommodate timely compliance with the requirements of the new systems;
  - b. Ensure all section 1115 demonstration, Transformed Medicaid Statistical Information System (T-MSIS), and other data elements that have been agreed to for reporting and analytics are provided by the state; and
  - c. Submit deliverables to the appropriate system as directed by CMS.
- 20.6. **SUD and SMI/SED Monitoring Protocols.** The state must submit to CMS a Monitoring Protocol(s) for each of the SUD and SMI/SED programs authorized by this demonstration within 150 calendar days after approval of this demonstration extension. The SUD and SMI/SED Monitoring Protocol(s) must be developed in cooperation with CMS and are subject to CMS approval. The state must submit revised Monitoring Protocol(s) within 60 calendar days after receipt of CMS's comments, if any. Once approved, the SUD and SMI/SED Monitoring Protocol(s) will be incorporated into the STCs, as Attachment(s) L and O. Progress on the performance measures identified in the SUD and SMI/SED Monitoring Protocols must be reported via the Quarterly and Annual Monitoring Reports. Components of the SUD and SMI/SED Monitoring Protocols include:
  - a. An assurance of the state's commitment and ability to report information relevant to each of the program implementation areas listed in Attachments K and N, and reporting information relevant to the state's SMI/SED Financing Plan

described in Attachment N, and information relevant to the state's Health IT Plan(s) described in STCs 11.2(d) and 12.2(d);

- b. A description of the methods of data collection and timeframes for reporting on the state's progress on required measures as part of the general monitoring and reporting requirements described in Section 20 of the demonstration; and
- c. A description of baselines and targets to be achieved by the end of the demonstration. Where possible, baselines will be informed by state data, and targets will be benchmarked against performance in best practice settings.
- 20.7. **Monitoring Protocol(s).** The state must submit to CMS a Monitoring Protocol(s) addressing components of the demonstration not covered by the SUD and SMI/SED Monitoring Protocols no later than 150 calendar days after the approval of the demonstration (to include but may not be limited to: HRSN, Re-entry, Presumptive Eligibility for HCBS). The state must submit a revised Monitoring Protocol within 60 calendar days after receipt of CMS's comments. Once approved, the Monitoring Protocol will be incorporated in the STCs as Attachment W. In addition, the state must submit an updated or a separate Monitoring Protocol for any amendments to the demonstration no later than 150 calendar days after the approval of the amendment. Such amendment Monitoring Protocols are subject to the same requirement of revisions and CMS approval, as described above.

At a minimum, the Monitoring Protocol must affirm the state's commitment to conduct Quarterly and Annual Monitoring Reports in accordance with CMS's guidance and technical assistance and using CMS-provided reporting templates, if applicable and relevant for different policies. Any proposed deviations from CMS's guidance should be documented in the Monitoring Protocol. The Monitoring Protocol must describe the quantitative and qualitative elements on which the state will report through Quarterly and Annual Monitoring Reports. For the overall demonstration as well as for specific policies where CMS provides states with a suite of quantitative monitoring metrics (e.g., the performance metrics described in STC 20.8(b),, the state is required to calculate and report such metrics leveraging the technical specifications provided by CMS. The Monitoring Protocol must specify the methods of data collection and timeframes for reporting on the demonstration's progress as part of the Quarterly and Annual Monitoring Reports. In alignment with CMS guidance, the Monitoring Protocol must additionally specify the state's plans and timeline on reporting metrics data stratified by key demographic subpopulations of interest (e.g., by sex, age, race/ethnicity, English language proficiency, primary language, disability status, sexual orientation and gender identity, and geography) and demonstration component.

The Monitoring Protocol requires specifying a selection of quality of care and health outcomes metrics and population stratifications based on CMS's upcoming guidance on the Health Equity Measure Slate, and outlining the corresponding data sources and reporting timelines, as applicable to the demonstration initiatives and populations. If needed, the state may submit an amendment to the Monitoring Protocol within 150 days after the receipt of the final Health Equity Measure Slate from CMS. This slate of measures represents a critical set of equity-focused metrics known to be important for

closing key equity gaps in Medicaid/CHIP (e.g., the National Quality Forum (NQF) "disparities-sensitive" measures) and prioritizes key outcome measures and their clinical and non-clinical (i.e., social) drivers. The Monitoring Protocol must also outline the state's planned approaches and parameters to track implementation progress and performance relative to the goals and milestones, as provided in the Implementation Plan.

The state will also be expected to set up its HRSN service delivery system to allow screening of beneficiaries for identified needs, develop appropriate closed-loop referral system or other feedback loop to ensure beneficiaries receive service referrals and provisions, and provide any applicable update on this process via the Monitoring Reports, in alignment with information provided in the Monitoring Protocol.

In addition, the state must describe in the Monitoring Protocol methods and timeline to collect and analyze non-Medicaid administrative data to help calculate applicable monitoring metrics. These sources may include, but are not limited to: 1) community resource referral platforms, 2) records of social services receipt from other agencies (such as SNAP or TANF benefits, or housing assistance), 3) other data from social services organizations linked to beneficiaries (e.g., services rendered, resolution of identified need, as applicable), and 4) social needs screening results from electronic health records, health plans, or other partner agencies, and 5) data related to carceral status Medicaid eligibility, and the health care needs of individuals who are incarcerated and returning to the community, as applicable. Across data sources, the state must make efforts and consult with relevant non-Medicaid social service agencies to collect data in ways that support analyses of data on beneficiary subgroups.

For the qualitative elements (e.g., operational updates as described in STC 20.8(a), CMS will provide the state with guidance on narrative and descriptive information which will supplement the quantitative metrics on key aspects of the demonstration policies. The quantitative and qualitative elements will comprise the state's Quarterly and Annual Monitoring Reports.

20.8. **Monitoring Reports.** The state must submit three Quarterly Monitoring Reports and one Annual Monitoring Report each demonstration year (DY). The fourth-quarter information that would ordinarily be provided in a separate Quarterly Monitoring Report should be reported as distinct information within the Annual Monitoring Report. The Quarterly Monitoring Reports are due no later than 60 calendar days following the end of each demonstration quarter. The Annual Monitoring Report (including the fourth-quarter information) is due no later than 90 calendar days following the end of the DY. The state must submit a revised Monitoring Report within 60 calendar days after receipt of CMS's comments, if any. The reports will include all required elements as per 42 CFR 431.428 and should not direct readers to links outside the report. Additional links not referenced in the document may be listed in a Reference/Bibliography section. The Quarterly and Annual Monitoring Reports must follow the framework to be provided by CMS, which is subject to change as monitoring systems are developed/evolve and be provided in a structured manner that supports federal tracking and analysis.

- a. **Operational Updates.** Per 42 CFR 431.428, the Monitoring Reports must document any policy or administrative difficulties in operating the demonstration. The reports must provide sufficient information to document key operational and other challenges, underlying causes of challenges, and how challenges are being addressed. The discussion should also include any issues or complaints identified by beneficiaries; lawsuits or legal actions; unusual or unanticipated trends; updates on the state's financing plan and maintenance of effort described in STC 15.16; legislative updates; and descriptions of any public forums held. In addition, Monitoring Reports should describe key achievements, as well as the conditions and efforts to which these successes can be attributed. Monitoring reports should also include a summary of all public comments received through post-award public forums regarding the progress of the demonstration.
- b. Performance Metrics. The performance metrics will provide data to demonstrate how the state is progressing toward meeting the goals and milestones including relative to their projected timelines of the demonstration's program and policy implementation and infrastructure investments, and transitional non-service expenditures, as applicable and must cover all key policies under this demonstration. Additionally, per 42 CFR 431.428, the Monitoring Reports must document the impact of the demonstration in providing insurance coverage to beneficiaries and the uninsured population, as well as on beneficiaries' outcomes of care, quality and cost of care, and access to care. This should also include the results of beneficiary satisfaction or experience of care surveys, if conducted, as well as grievances and appeals.

The demonstration's metrics reporting must cover categories including, but not limited to: enrollment and renewal, including access to providers, utilization of services, and quality of care and health outcomes. The state must undertake robust reporting of quality of care and health outcomes metrics aligned with the demonstration's policies and objectives to be reported for all demonstration populations. Such reporting must also be stratified by key demographic subpopulations of interest (e.g., by sex, age, race/ethnicity, primary language, disability status, and geography) and by demonstration component, to the extent feasible. Subpopulation reporting will support identifying any existing shortcomings or disparities in quality of care and health outcomes and help track whether the demonstration's initiatives help improve outcomes for the state's Medicaid population, including the narrowing of any identified disparities. To that end, CMS underscores the importance of the state's reporting of quality of care and health outcomes metrics known to be important for closing key equity gaps in Medicaid/CHIP (e.g., NQF "disparities-sensitive" measures) and prioritizing key outcome measures and their clinical and non-clinical (i.e., social) drivers of health. In coordination with CMS, the state is expected to select such measures for reporting in alignment with a critical set of equity-focused measures CMS is finalizing as part of its upcoming guidance on the Health Equity Measure Slate, as applicable to the demonstration initiatives and populations. If needed, the state may submit an amendment to its monitoring

plan no more than 150 days after receiving the final Health Equity Measure Slate from CMS to incorporate these measures.

- i. For HRSN components, in addition to reporting on the metrics described above, the state must track beneficiary participation, screening, receipt of referrals and social services over time, as well as narratively report on the adoption of information technology infrastructure to support data sharing between the state or partner entities assisting in the administration of the demonstration and social services organizations, and the contracted providers of applicable services (e.g., managed care plans and their contracted HRSN providers. In alignment with STC 15.17, the state must additionally monitor and provide narrative updates on its progress in building and sustaining its partnership with existing housing and/or nutrition agencies to leverage their expertise and existing housing and/or nutrition resources instead of duplicating services. Furthermore, the state's enrollment and renewal metrics must also capture baseline data and track progress via Monitoring Reports for the percent of Medicaid renewals completed ex-parte (administratively), as well as the percentage of Medicaid beneficiaries enrolled in other public benefit programs (such as SNAP and WIC) for which they are eligible. The Monitoring Reports must also provide status updates in accordance with the Monitoring Protocol on the implementation of infrastructure investments tied to the HRSN initiatives.
- ii. The state's selection and reporting of quality of care and health outcome metrics outlined above must also accommodate the newly approved reentry demonstration initiative. In addition, the state is required to report on metrics aligned with tracking progress with implementation and toward meeting the milestones and goals of the reentry demonstration initiative. CMS expects such metrics to include, but not be limited to: administration of screenings to identify individuals who qualify for pre-release services, utilization of applicable pre-release and post-release services (e.g., case management, medication-assisted data [MAT], clinical/behavioral health assessment pre-release and primary and behavioral health services postrelease), provision of health or social service referral pre-release, participants who received case management pre-release and were enrolled in case management post-release, and take-up of data system enhancements among participating carceral settings. In addition, the state is expected to monitor the number of beneficiaries served and types of services rendered under the demonstration Also, in alignment with the state's Reentry Initiative Implementation Plan, the state must also provide in its Monitoring Reports narrative details outlining its progress with implementing the initiative, including any challenges encountered and plans for addressing them. This information must also capture the transitional, non-service expenditures, including enhancements in the data infrastructure and information technology.

In addition to tracking enrollment and renewal metrics, systematic monitoring of the continuous eligibility policies must support—at a minimum—understanding the trends in preventive care services, including vaccination among populations of focus, and utilization of costlier and potentially avoidable services, such as inpatient hospitalizations and nonemergent use of emergency departments.

- iii. For the postpartum care component, the state's reporting must cover metrics for domains including but not limited to: enrollment, primary and preventative care, maternal health, infant health, and if applicable, behavioral health.
- iv. For the SUD component, the state's monitoring must align with the CMSapproved SUD Monitoring Protocol (see STC 20.6),), and will cover metrics in alignment with assessment of need and qualification for SUD treatment services and the demonstration's six milestones as outlined in the State Medicaid Director Letter (SMDL) dated November 1, 2017 (SMDL #17-003).<sup>9</sup>
- v. For the Contingency Management program, the state's reporting must cover metrics for domains including but not limited to enrollment, overall incentives provided, and average incentives provided per beneficiary during the treatment phase as well as types and counts of aftercare and treatment services rendered during the aftercare phase.
- vi. For the SMI component, the state's monitoring must align with the CMSapproved SMI Monitoring Protocol (see STC 20.6),), and will cover metrics in alignment with assessment of need and qualification for SMI treatment services and the demonstration's four milestones as outlined in the State Medicaid Director Letter (SMDL) dated November 13, 2018 (SMDL #18-011).<sup>10</sup>
- vii. The state must also establish monitoring metrics to help track operational progress of the MAC and TSOA programs. At a minimum, the metrics must capture the number of individuals found eligible and ineligible for these programs, the number and composition of service utilization, and any corresponding health outcomes, as applicable.
- viii. For the presumed eligibility policies, the state must, at a minimum, collect performance metrics that establish the rates of presumed eligible beneficiaries eventually found to be eligible and ineligible and the types and counts of services rendered to beneficiaries during the presumed eligibility period.

<sup>&</sup>lt;sup>9</sup> SMDL #17-003, Strategies to Address the Opioid Epidemic. Available at: https://www.medicaid.gov/federal-policy-guidance/downloads/smd17003.pdf

<sup>&</sup>lt;sup>10</sup> SMDL #17-003, Strategies to Address the Opioid Epidemic. Available at: https://www.medicaid.gov/federal-policy-guidance/downloads/smd18011.pdf

In addition, if the state, health plans, or health care providers will contract or partner with organizations to implement the demonstration, the state must use monitoring metrics that track the number and characteristics of contracted or participating organizations and corresponding payment-related metrics.

The required monitoring and performance metrics must be included in the Monitoring Reports, and will follow the framework provided by CMS to support federal tracking and analysis.

- c. Budget Neutrality and Financial Reporting Requirements. Per 42 CFR 431.428, the Monitoring Reports must document the financial performance of the demonstration. The state must provide an updated budget neutrality workbook with every Monitoring Report that meets all the reporting requirements for monitoring budget neutrality set forth in the General Financial Requirements section of these STCs, including the submission of corrected budget neutrality data upon request. In addition, the state must report quarterly and annual expenditures associated with the populations affected by this demonstration on the Form CMS-64. Administrative costs for this demonstration should be reported separately on the Form CMS-64.
- d. **Evaluation Activities and Interim Findings.** Per 42 CFR 431.428, the Monitoring Reports must document any results of the demonstration to date per the evaluation hypotheses. Additionally, the state shall include a summary of the progress of evaluation activities, including key milestones accomplished, as well as challenges encountered and how they were addressed.
- e. **SUD Health IT and/or SMI/SED Health IT.** The state will include a summary of progress made in regards to SUD and SMI/SED Health IT requirements outlined in STCs 11.2(d) and 12.2(d).).
  - i.
- 20.9. **SUD Mid-Point Assessment.** The state must contract with an independent entity to conduct an independent Mid-Point Assessment by June 30, 2026. This timeline will allow for the Mid-Point Assessment Report to capture approximately the first two-and-a-half years of demonstration program data, accounting for data run-out and data completeness. In addition, if applicable, the state should use the prior approval period experiences as context, and conduct the Mid-Point Assessment in light of the data from any such prior approval period(s). In the design, planning and conduct of the Mid-Point Assessment, the state must require that the independent assessor consult with key stakeholders including, but not limited to: representatives of MCOs, health care providers (including SMI/SED and/or SUD treatment providers), beneficiaries, community groups, and other key partners.
  - a. The state must require that the assessor provide a Mid-Point Assessment Report to the state that includes the methodologies used for examining progress and assessing risk, the limitations of the methodologies, its determinations and any recommendations. The state must provide a copy of the report to CMS no later

than 60 calendar days after June 30, 2026. If requested, the state must brief CMS on the report. The state must submit a revised Mid-Point Assessment Report within 60 calendar days after receipt of CMS's comments, if any.

- b. For milestones and measure targets at medium to high risk of not being achieved, the state must submit to CMS modifications to the SUD Implementation Plan and SUD Monitoring Protocol for ameliorating these risks. Modifications to the Implementation, Financing Plan, and Monitoring Protocol are subject to CMS approval.
- c. Elements of the Mid-Point Assessment must include:
  - i. An examination of progress toward meeting each milestone and timeframe approved in the SUD Implementation Plans and toward meeting the targets for performance measures as approved in the SUD Monitoring Protocol;
  - ii. A determination of factors that affected achievement on the milestones and performance measure gap closure percentage points to date;
  - iii. A determination of selected factors likely to affect future performance in meeting milestones and targets not yet met and information about the risk of possibly missing those milestones and performance targets;
  - iv. For milestones or targets identified by the independent assessor as at medium to high risk of not being met, recommendations for adjustments in the state's SUD Implementation Plan, or to pertinent factors that the State can influence that will support improvement, and
  - v. An assessment of whether the state is on track to meet the SUD budget neutrality requirements in these STCs.
- 20.10. **SMI/SED Mid-Point Assessment.** The state must contract with an independent entity to conduct an independent Mid-Point Assessment by June 30, 2026. If the demonstration is not extended or is extended for a term that ends on or before this date, then this Mid-Point Assessment must address the entire term for which the SMI/SED Program under this demonstration was authorized as is possible given the necessary time for metrics calculation. This timeline will allow for the Mid-Point Assessment Report to capture approximately the first two-and-a-half years of demonstration program data, accounting for data run-out and data completeness. In addition, if applicable, the state should use the prior approval period experiences as context, and conduct the Mid-Point Assessment in light of the data from any such prior approval period(s). In the design, planning and conduct of the Mid-Point Assessment, the state must require that the independent assessor consult with key stakeholders including, but not limited to: representatives of managed care organizations (MCOs), health care providers (including SMI/SED treatment providers), and beneficiaries, community groups, and other key partners.
  - a. The state must require that the assessor provide a Mid-Point Assessment Report to the state that includes the methodologies used for examining progress and assessing risk, the limitations of the methodologies, its determinations and any

recommendations. The state must provide a copy of the report to CMS no later than 60 calendar days after June 30, 2026. If requested, the state must brief CMS on the report. The state must submit a revised Mid-Point Assessment Report within 60 calendar days after receipt of CMS's comments, if any.

- b. For milestones and measure targets at medium to high risk of not being achieved, the state must submit to CMS proposed modifications to the SMI/SED Implementation Plan, the SMI/SED Financing Plan, and the SMI/SED Monitoring Protocol, for ameliorating these risks. Modifications to the applicable Implementation Plan, Financing Plan, and/or Monitoring Protocol are subject to CMS approval.
- c. Elements of the Mid-Point Assessment must include:
  - i. An examination of progress toward meeting each milestone and timeframe approved in the SMI/SED Implementation Plan, the SMI/SED Financing Plan, if applicable, and toward meeting the targets for performance measures as approved in the SMI/SED Monitoring Protocol;
  - ii. A determination of factors that affected achievement on the milestones and performance measure gap closure percentage points to date;
  - iii. A determination of selected factors likely to affect future performance in meeting milestones and targets not yet met and information about the risk of possibly missing those milestones and performance targets;
  - iv. For milestones or targets identified by the independent assessor as at medium to high risk of not being met, recommendations for adjustments in the state's SMI/SED Implementation Plans and/or SMI/SED Financing Plan or to other pertinent factors that the state can influence that will support improvement; and
  - v. An assessment of whether the state is on track to meet the SMI/SED budget neutrality requirements in these STCs.
- 20.11. **Reentry Demonstration Initiative Mid-Point Assessment.** The state must contract with an independent entity to conduct a mid-point assessment of the reentry demonstration initiative and complete a Reentry Demonstration Initiative Mid-Point Assessment Report.

The Mid-Point Assessment Report must integrate all applicable implementation and performance data from the first 2.5 years of implementation of the reentry demonstration initiative. The report must be completed by the end of the third year of demonstration implementation. In the event that the reentry demonstration initiative is implemented at a timeline within the demonstration approval period, such as not to provide adequate implementation period to contribute toward a meaningful mid-point assessment, the report may be completed during a future extension of the demonstration, assuming it would also extend the authority for the reentry demonstration initiative. In the event that CMS and the state do not extend the reentry demonstration initiative beyond the demonstration's approval period ending on June 30, 2028, the mid-point assessment must be completed

and the report submitted to CMS no later than when the demonstration's Summative Evaluation Report is due to CMS, which is 18 months after the end of the demonstration approval period (STC 21.8). If requested, the state must brief CMS on the report. The state must submit a revised Mid-Point Assessment Report within 60 calendar days after receipt of CMS's comments, if any.

The state must require the independent assessor to provide a draft of the Mid-Point Assessment Report to the state that includes the methodologies used for examining progress and assessing risk, the limitations of the methodologies used, the findings on demonstration progress and performance, including identifying any risks of not meeting milestones and other operational vulnerabilities, and recommendations for overcoming those challenges and vulnerabilities. In the design, planning, and execution of the midpoint assessment, the state must require that the independent assessor consult with key stakeholders including, but not limited to: pre- and post- release providers participating in the state's reentry demonstration initiative, eligible and participating beneficiaries, and other key partners in carceral and community settings.

For milestones and measure targets at medium to high risk of not being achieved, the state must submit to CMS modifications to the Reentry Demonstration Initiative Implementation Plan and the Monitoring Protocol for ameliorating these risks subject to CMS approval.

Elements of the Mid-Point Assessment Report must include, but not be limited to:

- a. An examination of progress toward meeting each milestone and timeframe approved in the Reentry Demonstration Initiative Implementation Plan and toward meeting the targets for performance metrics as approved in the Monitoring Protocol;
- b. A determination of factors that affected achievement on the milestones and progress toward performance metrics targets to date;
- c. A determination of factors likely to affect future performance in meeting milestones and targets not yet met and information about the risk of possibly missing those milestones and performance targets;
- d. For milestones or targets at medium to high risk of not being met, recommendations for adjustments in the state's Reentry Demonstration Initiative Implementation Plan or to pertinent factors that the state can influence that will support improvement.

CMS will provide additional guidance for developing the state's Reentry Initiative Mid-Point Assessment Report.

20.12. Compliance with Managed Care, Network Adequacy, Quality Strategy and EQR Reporting Requirements. The state must comply with all managed care reporting regulations at 42 CFR Part 438 except as expressly identified as not applicable in the expenditure authorities incorporated into these STCs.

- 20.13. **State Data Collection.** The state must collect data and information necessary to oversee service utilization and rate setting by provider/plan, comply with the Core Set of Children's Health Care Quality Measures for Medicaid and CHIP (Child Core Set) and the Core Set of Adult Health Care Quality Measures for Medicaid (Adult Core Set), collectively referred to as the CMS Child and Adult Core Measure Sets for Medicaid and CHIP, obtain NCQA and other accreditations that the state may seek, and comply with other existing federal measure sets.
  - a. The state will use this information in ongoing monitoring of individual wellbeing, provider/plan performance, and continuous quality improvement efforts, in addition to complying with CMS reporting requirements.
  - b. The state must maintain data dictionary and file layouts of the data collected.
  - c. The raw and edited data will be made available to CMS within 30 days of a written request.
- 20.14. **Corrective Action Plan Related to Monitoring.** If monitoring indicates that demonstration features are not likely to assist in promoting the objectives of Medicaid, CMS reserves the right to require the state to submit a corrective action plan to CMS for approval. A corrective action plan could include a temporary suspension of implementation of demonstration programs in circumstances where monitoring data indicate substantial and sustained directional change inconsistent with demonstration goals, such as substantial and sustained trends indicating increased difficulty accessing services. A corrective action plan may be an interim step to withdrawing waivers or expenditure authorities, as outlined in STC 3.11. CMS will withdraw an authority, as described in STC3.11, when metrics indicate substantial and sustained directional change inconsistent with the state's demonstration goals, and the state has not implemented corrective action. CMS further has the ability to suspend implementation of the demonstration should corrective actions not effectively resolve these concerns in a timely manner.
- 20.15. **Close-Out Report.** Within 120 calendar days after the expiration of the demonstration, the state must submit a draft Close-Out Report to CMS for comments.
  - a. The Close-Out Report must comply with the most current guidance from CMS.
  - b. In consultation with CMS, and per guidance from CMS, the state will include an evaluation of the demonstration (or demonstration components) that are to phase out or expire without extension along with the Close-Out Report. Depending on the timeline of the phase-out during the demonstration approval period, in agreement with CMS, the evaluation requirement may be satisfied through the Interim and/or Summative Evaluation Reports stipulated in STCs 21.7 and 21.8, respectively.
  - c. The state will present to and participate in a discussion with CMS on the Close-Out report.
  - d. The state must take into consideration CMS's comments for incorporation into the final Close-Out Report.

- e. A revised Close-Out Report is due to CMS no later than 30 calendar days after receipt of CMS's comments.
- f. A delay in submitting the draft or final version of the Close-Out Report may subject the state to penalties described in STC 20.1.
- 20.16. Monitoring Calls. CMS will convene periodic conference calls with the state.
  - a. The purpose of these calls is to discuss ongoing demonstration operations, to include (but not limited to) any significant actual or anticipated developments affecting the demonstration. Examples include implementation activities, trends in reported data on metrics and associated mid-course adjustments, budget neutrality, enrollment and access and progress on evaluation activities.
  - b. CMS will provide updates on any pending actions, as well as federal policies and issues that may affect any aspect of the demonstration.
  - c. The state and CMS will jointly develop the agenda for the calls.
- 20.17. **Post Award Forum.** Pursuant to 42 CFR 431.420(c), within six months of the demonstration's implementation, and annually thereafter, the state must afford the public with an opportunity to provide meaningful comment on the progress of the demonstration. At least 30 calendar days prior to the date of the planned public forum, the state must publish the date, time, and location of the forum in a prominent location on its Medicaid website. The state must also post the most recent Annual Monitoring Report on its Medicaid website with the public forum announcement. Pursuant to 42 CFR 431.420(c), the state must include a summary of the public comments in the Annual Monitoring Report associated with the year in which the forum was held.

# 21. EVALUATION OF THE DEMONSTRATION

- 21.1. Cooperation with Federal Evaluators and Learning Collaborative. As required under 42 CFR 431.420(f), the state must cooperate fully and timely with CMS and its contractors in any federal evaluation of the demonstration or any component of the demonstration. This includes, but is not limited to, commenting on design and other federal evaluation documents and providing data and analytic files to CMS, including entering into a data use agreement that explains how the data and data files will be exchanged, and providing a technical point of contact to support specification of the data and files to be disclosed, as well as relevant data dictionaries and record layouts. The state must include in its contracts with entities who collect, produce or maintain data and files for the demonstration, that they must make such data available for the federal evaluation as is required under 42 CFR 431.420(f) to support federal evaluation. This may also include the state's participation – including representation from the state's contractors, independent evaluators, and organizations associated with the demonstration operations, as applicable – in a federal learning collaborative aimed at crossstate technical assistance, and identification of lessons learned and best practices for demonstration measurement, data development, implementation, monitoring and evaluation. The state may claim administrative match for these activities. Failure to comply with this STC may result in a deferral being issued as outlined in STC 20.1.
- 21.2. **Independent Evaluator.** The state must use an independent party to conduct an evaluation of the demonstration to ensure that the necessary data is collected at the level of detail needed to research the approved hypotheses. The independent party must sign an agreement to conduct the demonstration evaluation in an independent manner in accordance with the CMS-approved Evaluation Design. When conducting analyses and developing the evaluation reports, every effort should be made to follow the approved methodology. However, the state may request, and CMS may agree to, changes in the methodology in appropriate circumstances.
- 21.3. **Draft Evaluation Design.** The state must submit, for CMS comment and approval, a draft Evaluation Design no later than 180 calendar days after the approval of the demonstration. The Evaluation Design must be drafted in accordance with:
  - a. Attachment A (Developing the Evaluation Design) of these STCs,
  - b. CMS's evaluation design guidance for SUD and SMI/SED, including guidance about substance use disorder, serious mental illness, and overall demonstration sustainability, and
  - c. Any applicable CMS evaluation guidance and technical assistance for the demonstration's other policy components.

The Evaluation Design must also be developed in alignment with CMS guidance on applying robust evaluation approaches, such as quasi-experimental methods like difference-in-differences and interrupted time series, as well as establishing valid comparison groups and assuring causal inferences in demonstration evaluations. In addition to these requirements, if determined culturally appropriate for the communities impacted by the demonstration, the state is encouraged to consider implementation approaches involving randomized control trials and staged rollout (for example, across geographic areas, by service setting, or by beneficiary characteristic) – as these implementation strategies help create strong comparison groups and facilitate robust evaluation. The state is strongly encouraged to use the expertise of the independent party in the development of the draft Evaluation Design. The draft Evaluation Design also must include a timeline for key evaluation activities, including the deliverables outlined in STC 20.8

For any amendment to the demonstration, the state will be required to update the approved Evaluation Design or submit a new Evaluation Design to accommodate the amendment component. The amended Evaluation Design must be submitted to CMS for review no later than 180 calendar days after CMS's approval of the demonstration amendment. Depending on the scope and timing of the amendment, in consultation with CMS, the state may provide the details on necessary modifications to the approved Evaluation Design via the monitoring reports. The amendment Evaluation Design must also be reflected in the state's Interim and Summative Evaluation Reports, described below.

- 21.4. **Evaluation Budget.** A budget for the evaluation must be provided with the draft Evaluation Design. It will include the total estimated cost, as well as a breakdown of estimated staff, administrative, and other costs for all aspects of the evaluation such as any survey and measurement development, quantitative and qualitative data collection and cleaning, analyses and report generation. A justification of the costs may be required by CMS if the estimates provided do not appear to sufficiently cover the costs of the design or if CMS finds that the design is not sufficiently developed, or if the estimates appear to be excessive.
- 21.5. Evaluation Design Approval and Updates. The state must submit to CMS a revised draft Evaluation Design within 60 calendar days after receipt of CMS's comments, if any. Upon CMS approval of the draft Evaluation Design, the document will be included as an attachment to these STCs. Per 42 CFR 431.424(c), the state will publish the approved Evaluation Design to the state's Medicaid website within 30 calendar days of CMS approval. The state must implement the Evaluation Design and submit a description of its evaluation progress in each of the Quarterly and Annual Monitoring Reports. Once CMS approves the Evaluation Design, if the state wishes to make changes, the state must submit a revised Evaluation Design to CMS for approval if the changes are substantial in scope; otherwise, in consultation with CMS, the state may include updates to the Evaluation Design in monitoring reports.
- 21.6. Evaluation Questions and Hypotheses. Consistent with Attachments A and B (Developing the Evaluation Design and Preparing the Interim and Summative Evaluation Reports) of these STCs, the evaluation deliverables must include a discussion of the evaluation questions and hypotheses that the state intends to test. In alignment with applicable CMS evaluation guidance and technical assistance, the evaluation must outline and address well-crafted hypotheses and research questions for all key demonstration policy components that support understanding the demonstration's impact and its effectiveness in achieving the goals. For example, hypotheses for the SUD component of the demonstration must support an assessment of the demonstration's success in achieving the core goals of the program through addressing, among other outcomes, initiation and compliance with treatment, utilization of health services in appropriate care settings, and reductions in key outcomes such as deaths due to overdose.

The hypothesis testing should include, where possible, assessment of both process and outcome measures. The evaluation must study outcomes, such as likelihood of enrollment and enrollment continuity, and various measures of access, utilization, and health outcomes, as appropriate and in alignment with applicable CMS evaluation guidance and technical assistance, for the demonstration policy components. Proposed measures should be selected from nationally-recognized sources and national measures sets, where possible. Measures sets could include CMS's Core Set of Children's Health Care Quality Measures for Medicaid and CHIP (Child Core Set) and the Core Set of Adult Health Care Quality Measures for Medicaid (Adult Core Set), collectively referred to as the CMS Child and Adult Core Measure Sets for Medicaid and CHIP; Consumer Assessment of Health Care Providers and Systems (CAHPS); the Behavioral Risk Factor Surveillance System (BRFSS) survey; and/or measures endorsed by National Quality Forum (NQF).

CMS underscores the importance of the state undertaking a well-designed beneficiary survey and/or interviews to assess, for instance, beneficiary understanding of and experience with the various demonstration policy components, including but not limited to the HRSN demonstration components, continuous eligibility, housing related support services, and the reentry demonstration initiative, and beneficiary experiences with access to and quality of care as well as changes in incidence of beneficiary medical debt. In addition, the state is strongly encouraged to evaluate the implementation of the demonstration components in order to better understand whether implementation of certain key demonstration policies happened as envisioned during the demonstration design process and whether specific factors acted as facilitators of—or barriers to—successful implementation. Implementation research questions can also focus on beneficiary and provider experience with the demonstration. The implementation evaluation can inform the state's crafting and selection of testable hypotheses and research questions for the demonstration's outcome and impact evaluations and provide context for interpreting the findings.

a. Specifically, evaluation hypotheses for the HRSN-relevant initiatives must focus on areas such as assessing the effectiveness of the HRSN services in mitigating identified needs of beneficiaries. Such assessment is expected to use applicable demonstration monitoring and other data on the prevalence and severity of beneficiaries' HRSNs and the provision of and beneficiary utilization of HRSN services. Furthermore, the HRSN evaluation must include analysis of how the initiatives affect utilization of preventive and routine care and beneficiary physical and mental health outcomes.

In addition, the state must coordinate with its managed care plans to secure necessary data—for a representative beneficiary population eligible for the HRSN services—to conduct a robust evaluation of the effectiveness of the HRSN services in mitigating identified needs of beneficiaries. Such an assessment will require setting up a data infrastructure and/or data sharing arrangement to collect data on beneficiaries' HRSNs, among others. If the data system is not operational to capture necessary data for a quantitative evaluation by the time the state's evaluation activities must be conducted, the state must provide applicable qualitative assessment to this effect leveraging suitable primary data collections efforts (e.g., beneficiary surveys).

Hypotheses must be designed to help understand, in particular, the impacts of HRSN-relevant initiatives on beneficiary health outcomes and experience. In alignment with the demonstration's objectives to improve outcomes for the state's overall beneficiary populations eligible for the HRSN initiatives, the state must also include research questions and hypotheses focused on understanding the impact of the HRSN initiatives on advancing health quality, including through the reduction of health disparities, for example, by assessing the effects of the initiatives in reducing disparities in health care access, quality of care, or health outcomes at the individual, population, and/or community level.

The evaluation must also assess the effectiveness of the infrastructure investments authorized through the demonstration to support the development and implementation of the HRSN initiatives. The state must also examine whether and how local investments in housing supports, nutrition services, medical respite, and community-based resources change over time in concert with new Medicaid funding toward those services. In addition, in light of how demonstration HRSN expenditures are being treated for purposes of budget neutrality, the evaluation of the HRSN initiative must include a cost analysis to support developing comprehensive and accurate cost estimates of providing such services. Evaluation of the HRSN initiative is also required to include a robust assessment of potential improvements in the quality and effectiveness of downstream services that can be provided under the state plan authority, and associated cost implications.

b. Evaluation of the reentry demonstration initiative must be designed to examine whether the initiative expands Medicaid coverage through increased enrollment of eligible individuals, and efficient high-quality pre-release services that promote continuity of care into the community post-release. In addition, in alignment with the goals of the reentry demonstration initiative in the state, the evaluation hypotheses must focus on, but not be limited to: cross- system communication and coordination; connections between carceral and community services; access to and quality of care in carceral and community settings; preventive and routine physical and behavioral health care utilization; non-emergent emergency department visits and inpatient hospitalizations; and all-cause deaths.

The state must also provide a comprehensive analysis of services rendered by type of service over the duration of the 90-day coverage period immediately prior to the expected date of release—to the extent feasible, and discuss in the evaluation any relationship identified between the provision and timing of particular services with salient post-release outcomes, including utilization of acute care services for chronic and other serious conditions, overdose, and overdose- and suicide-related and all-cause deaths in the period soon after release. In addition, the state is expected to assess the extent to which this

coverage timeline facilitated providing more coordinated, efficient and effective reentry planning, enabled pre-release management and stabilization of physical and behavioral health conditions, and helped mitigate any potential operational challenges the state might have otherwise encountered in a more compressed timeline for coverage or pre-release services.

The demonstration's evaluation efforts will be expected to include an examination of carceral provider qualifications and standards, as well as the experiences of carceral and community providers, including challenges encountered, as they develop relationships and coordinate to facilitate transition of individuals into the community. Finally, similar to the state's HRSN initiative, the state must conduct a comprehensive cost analysis to support developing estimates of implementing the reentry demonstration initiative, including covering associated services.

- c. Hypotheses for the SUD program must include an assessment of the objectives of the SUD component of this section 1115 demonstration. Examples include (but are not limited to): initiation and engagement with treatment, utilization of health services (emergency department and inpatient hospital settings), and a reduction in key outcomes, such as deaths due to overdose.
- d. Hypotheses for the contingency management program must align with the goals of the SUD program. They should aim to increase rates of identification, initiation, and engagement in treatment; increase adherence to and retention in treatment; reduce overdose deaths; reduce utilization of emergency departments and inpatient hospital settings for treatment where preventable or medically inappropriate; reduce readmissions where preventable or medically inappropriate; and improve access to care for physical health outcomes among beneficiaries.
- e. Hypotheses for the SMI/SED program must include an assessment of the objectives of the SMI/SED component of this 1115 demonstration. Examples include (but are not limited to): utilization and length of stay in emergency departments, reductions in preventable readmissions to acute care hospitals and residential settings, availability of crisis stabilization services, and care coordination.
- f. For the continuous eligibility policy, the state must evaluate the impact of the program on all relevant populations appropriately tailored for the specific time span of eligibility. For example, the state must evaluate how the continuous eligibility policy affects coverage, enrollment as well as population-specific appropriate measures of service utilization and health outcomes. For example, for the state's populations of focus under the demonstration's continuous eligibility policy, to the extent feasible, the state may collect and analyze data such as changes in beneficiary income at 12-month intervals. In addition, the state should conduct a comprehensive qualitative assessment involving

beneficiary focus groups and interviews with key stakeholders to assess the merits of such policies.

- g. Hypotheses for the postpartum care initiative must cover outcomes related to primary and preventative care utilization, maternal and infant health, and if applicable, treatment for behavioral health, with a focus on addressing any demographic disparities.
- h. Hypotheses for the MAC and TSOA initiatives must focus on areas such as assessing the impacts and effectiveness of the MAC and TSOA services in mitigating identified needs of beneficiaries.
- i. For the presumptive eligibility policies for HCBS, the state must investigate the extent to which beneficiaries access to care changes, including but not limited to changes in time to first appointments. Also, the state should leverage monitoring data to evaluate whether the processes for presuming eligibility are accurate and reliable (i.e., the vast majority of presumed-eligible beneficiaries are eventually found to be eligible).

As part of its evaluation efforts, the state must also conduct a demonstration cost assessment to include, but not be limited to, administrative costs of demonstration implementation and operation, Medicaid health services expenditures, and provider uncompensated care costs. As noted above, the state must analyze the cost and cost effectiveness of the HRSN services and budgetary effects of the HRSN services; the overall medical assistance service expenditures; uncompensated care and associated costs for populations eligible for continuous eligibility, including in comparison to populations not eligible for such policies; and the reentry demonstration initiative. In addition, the state must use findings from hypothesis tests aligned with other demonstration goals and cost analyses to assess the demonstration's effects on the fiscal sustainability of the state's Medicaid program.

Finally, the state must accommodate data collection and analyses stratified by key subpopulations of interest (e.g., by sex, age, race/ethnicity, English language proficiency, primary language, disability status, and geography). Such stratified data analyses will provide a fuller understanding of existing disparities in access to and quality of care and health outcomes, and help inform how the demonstration's various policies might support reducing such disparities.

- 21.7. Interim Evaluation Report. The state must submit an Interim Evaluation Report for the completed years of the demonstration, and for each subsequent extension of the demonstration, as outlined in 42 CFR 431.412(c)(2)(vi). When submitting an application for extension of the demonstration, the Interim Evaluation Report should be posted to the state's Medicaid website with the application for public comment.
  - a. The Interim Evaluation Report will discuss evaluation progress and present findings to date as per the approved evaluation design.

- b. For demonstration authority or any components within the demonstration that expire prior to the overall demonstration's expiration date, and depending on the timeline of expiration / phase-out, the Interim Evaluation Report must include an evaluation of the authority, to be collaboratively determined by CMS and the state.
- c. If the state is seeking to extend the demonstration, the draft Interim Evaluation Report is due when the application for the extension is submitted, or one year prior to the end of the demonstration, whichever is sooner. If the state made changes to the demonstration in its application for extension, the research questions and hypotheses and a description of how the design was adapted should be included. If the state is not requesting an extension for a demonstration, an Interim Evaluation Report is due one year prior to the end of the demonstration. For demonstration phase-outs prior to the expiration of the approval period, the draft Interim Evaluation Report is due to CMS on the date that will be specified in the notice of termination or suspension.
- d. The state must submit the revised Interim Evaluation Report 60 calendar days after receiving CMS's comments on the draft Interim Evaluation Report, if any.
- e. Once approved by CMS, the state must post the final Interim Evaluation Report to the state's Medicaid website within 30 calendar days.
- f. The Interim Evaluation Report must comply with Attachment B (Preparing the Evaluation Report) of these STCs.
- 21.8. **Summative Evaluation Report.** The state must submit to CMS a draft Summative Evaluation Report for the demonstration's current approval period within 18 months of the end of the approval period represented by these STCs. The draft Summative Evaluation Report must be developed in accordance with Attachment B (Preparing the Interim and Summative Evaluation Reports) of these STCs, and in alignment with the approved Evaluation Design.
  - a. Unless otherwise agreed upon in writing by CMS, the state must submit a revised Summative Evaluation Report within 60 calendar days of receiving comments from CMS on the draft, if any.
  - b. Once approved by CMS, the state must post the final Summative Report to the state's Medicaid website within 30 calendar days.
- 21.9. Corrective Action Plan Related to Evaluation. If evaluation findings indicate that demonstration features are not likely to assist in promoting the objectives of Medicaid, CMS reserves the right to require the state to submit a corrective action plan to CMS for approval. These discussions may also occur as part of an extension process when associated with the state's Interim Evaluation Report, or as part of the review of the Summative Evaluation Report. A corrective action plan could include a temporary suspension of implementation of demonstration programs, in circumstances where evaluation findings indicate substantial and sustained directional change inconsistent with demonstration goals, such as substantial and sustained trends indicating increased difficulty accessing services. A corrective action plan

may be an interim step to withdrawing waivers or expenditure authorities, as outlined in STC 3.11. CMS further has the ability to suspend implementation of the demonstration should corrective actions not effectively resolve these concerns in a timely manner.

21.10. **State Presentations for CMS.** CMS reserves the right to request that the state present and participate in a discussion with CMS on the Evaluation Design, the Interim Evaluation Report, and/or the Summative Evaluation Report.

**Public Access.** The state shall post the final documents (e.g., Implementation Plan, Monitoring Protocol, Monitoring Reports, Mid-Point Assessment, Close Out Report, approved Evaluation Design, Interim Evaluation Report, and Summative Evaluation Report) on the state's Medicaid website within 30 calendar days of approval by CMS.

21.11. Additional Publications and Presentations. For a period of 12 months following CMS approval of the final reports, CMS will be notified prior to presentation of these reports or their findings, including in related publications (including, for example, journal articles), by the state, contractor, or any other third party directly connected to the demonstration, over which the state has control. Prior to release of these reports, articles or other publications, CMS will be provided a copy including any associated press materials. CMS will be given 30 calendar days to review and comment on publications before they are released. CMS may choose to decline to comment or review some or all of these notifications and reviews. This requirement does not apply to the release or presentation of these materials to state or local government officials.

# 22. SCHEDULE OF STATE DELIVERABLES FOR THE DEMONSTRATION PERIOD

Due	Deliverable	STC	
Administrative			
30 calendar days after demonstration approval	State acceptance of demonstration Waivers, STCs, and Expenditure Authorities	Approval letter	
Post Approval Protocols			
60 calendar days after approval date (completed)	Submit Draft DSRIP Planning Protocol (Attachment C) and DSRIP Program Funding & Mechanics Protocol (Attachment D)	STCs 7.15, 7.16	
90 calendar days after approval date (completed)	Submit Tribal Engagement and Collaboration Protocol (Attachment H)	STC 7.6	
October 1, 2017 (completed)	Submit Value-Based Roadmap (Attachment E)	STC 7.21	
60 calendar days after approval date (completed)	Submit Financial Executor Role (Attachment F)	STC 7.8	
60 calendar days after approval date (completed)	Submit Foundational Community Supports Protocol (Attachment I)	STC 10.8	
90 days after SUD program approval date (completed)	SUD Implementation Plan	STC 11.2	
90 days after SMI program approval date (completed)	SMI Implementation Plan	STC 12.2	
150 days after SUD program approval date (completed)	SUD and SMI/SED Monitoring Protocol	STC 20.6	
150 days after approval date	Monitoring Protocol(s)	STC 20.7	
9 months after approval date	Reentry Demonstration Initiative Implementation Plan	STC 14.9	
9 months after approval date	Reentry Demonstration Initiative Reinvestment Plan	STC 14.10	
180 days after approval date	Protocols for HRSN Infrastructure and HRSN Services	STC 15.7	
90 days after approval date	Provider Rate Attestation Table	STC 16.14	
Evaluations			
180 calendar days after approval date	Submit Draft Evaluation Design	STC 21.3	

One year prior to the expiration of the demonstration	Submit Draft Interim Evaluation Report	STC 21.7	
60 calendar days after receipt of CMS comments	Submit Revised Interim Evaluation Report	STC 21.7	
Within 18 months after approval period ends	Submit Draft Summative Evaluation Report	STC 21.8	
60 calendar days after receipt of CMS comments	Submit Revised Summative Evaluation Report	STC 21.8	
No later than 60 calendar days after June 30, 2026	Submit SUD Mid-point Assessment	STC 20.10	
No later than 60 calendar days after June 30, 2026	Submit SMI/SED Mid-point Assessment	STC 20.11	
No later than 60 days after the third year of demonstration implementation	Submit Reentry Demonstration Initiative Mid-Point Assessment	STC 20.12	
Quarterly/Annual/Final Reports			
Quarterly Deliverables, except 4 <sup>th</sup> quarter: Due 60 days after end of each quarter	Quarterly Monitoring Reports	STC 20.8	
90 days after end of demonstration year	Annual Monitoring Reports	STC 20.8	
60 calendar days after the end of each quarter.	Quarterly Expenditure Reports (CMS 64)	STC 20.8	
90 days after end of each demonstration year	Annual Budget Neutrality Reports	STC 20.8	
Close-out Report due 120 days after the end of the demonstration	Close-out Report	STC 20.15	

# ATTACHMENT A Developing the Evaluation Design

#### Introduction

For states that are testing new approaches and flexibilities in their Medicaid programs through section 1115 demonstrations, evaluations are crucial to understand and disseminate what is or is not working and why. The evaluations of new initiatives seek to produce new knowledge and direction for programs and inform Medicaid policy for the future. While a narrative about what happened during a demonstration provides important information, the principal focus of the evaluation of a section 1115 demonstration should be obtaining and analyzing data on the process (e.g., whether the demonstration is being implemented as intended), outcomes (e.g., whether the demonstration is having the intended effects on the target population), and impacts of the demonstration (e.g., whether the outcomes observed in the targeted population differ from outcomes in similar populations not affected by the demonstration). Both state and federal governments need rigorous quantitative and qualitative evidence to inform policy decisions.

The evaluation design is the state's plan for how it will accomplish the evaluation. In most cases, states must arrange with an independent evaluator to conduct the evaluation. The state, per the Special Terms and Conditions (STC), is required to submit an evaluation design to CMS for CMS approval after the demonstration is approved. The evaluation design needs to specify the state's hypotheses, evaluation questions, associated measures and analytic methods. To support the development of the evaluation design in accordance with CMS priorities and expectations, CMS is providing the following outline for the evaluation design. It is recommended that states and independent evaluators use this outline to develop the evaluation design for submission to CMS.

The sections in this outline include background, evaluation questions and hypotheses, methodology, methodological limitations, and attachments. It is important to include as much detail as possible when completing this outline, to provide CMS with the best information with which to review the evaluation design.

CMS expects evaluation designs to be rigorous, incorporate baseline and comparison group assessments, as well as statistical significance testing. If the state needs technical assistance using this outline or developing the evaluation design, the state should contact its project officer.

## Developing the Evaluation Design Recommended Outline

### **Expectations for Evaluation Designs**

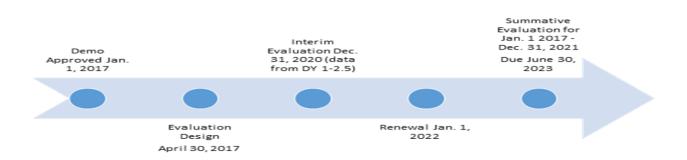
All states with Medicaid section 1115 demonstrations are required to conduct an evaluation, and the Evaluation Design is the roadmap for conducting the evaluation. The roadmap begins with the stated goals for the demonstration followed by the measurable evaluation questions and quantifiable hypotheses, all to support a determination of the extent to which the demonstration has achieved its goals. When conducting analyses and developing the evaluation reports, every effort should be made to follow the approved methodology. However, the state may request, and CMS may agree to, changes in the methodology in appropriate circumstances.

The format for the Evaluation Design is as follows:

- A. General Background Information;
- **B.** Evaluation Questions and Hypotheses;
- **C.** Methodology;
- **D.** Methodological Limitations;
- E. Attachments.

#### **Submission Timelines**

There is a specified timeline for the state's submission of Evaluation Design and Reports. (The graphic below depicts an example of this timeline). In addition, the state should be aware that section 1115 evaluation documents are public records. The state is required to publish the Evaluation Design to the state's website within 30 days of CMS approval, as per 42 CFR 431.424(e). CMS will also publish a copy to the Medicaid.gov website.



### **Required Core Components of All Evaluation Designs**

The Evaluation Design sets the stage for the Interim and Summative Evaluation Reports. It is important that the Evaluation Design explain the goals and objectives of the demonstration, the hypotheses related to the demonstration, and the methodology (and limitations) for the evaluation. A copy of the state's Driver Diagram (described in more detail in paragraph B2 below) should be included with an explanation of the depicted information.

- **A.** General Background Information In this section, the state should include basic information about the demonstration, such as:
  - 1) The issue/s that the state is trying to address with its section 1115 demonstration and/or expenditure authorities, the potential magnitude of the issue/s, and why the state selected this course of action to address the issue/s (e.g., a narrative on why the state submitted an 1115 demonstration proposal).
  - 2) The name of the demonstration, approval date of the demonstration, and period of time covered by the evaluation;
  - 3) A brief description of the demonstration and history of the implementation, and whether the draft Evaluation Design applies to an amendment, extension, renewal, or expansion of, the demonstration;
  - 4) For renewals, amendments, and major operational changes: A description of any changes to the demonstration during the approval period; the primary reason or reasons for the change; and how the Evaluation Design was altered or augmented to address these changes.
  - 5) Describe the population groups impacted by the demonstration.
- **B. Evaluation Questions and Hypotheses** In this section, the state should:
  - 1) Describe how the state's demonstration goals are translated into quantifiable targets for improvement, so that the performance of the demonstration in achieving these targets could be measured.
  - 2) Include a Driver Diagram to visually aid readers in understanding the rationale behind the cause and effect of the variants behind the demonstration features and intended outcomes. A driver diagram is a particularly effective modeling tool when working to improve health and health care through specific interventions. The diagram includes information about the goal of the demonstration, and the features of the demonstration. A driver diagram depicts the relationship between the aim, the primary drivers that contribute directly to achieving the aim, and the secondary drivers that are necessary to achieve the primary drivers for the demonstration. For an example and more information on driver diagrams:

https://innovation.cms.gov/files/x/hciatwoaimsdrvrs.pdf

- 3) Identify the state's hypotheses about the outcomes of the demonstration:
  - a. Discuss how the evaluation questions align with the hypotheses and the goals of the demonstration;
  - b. Address how the research questions / hypotheses of this demonstration promote the objectives of Titles XIX and/or XXI.

**C.** Methodology – In this section, the state is to describe in detail the proposed research methodology. The focus is on showing that the evaluation meets the prevailing standards of scientific and academic rigor, and the results are statistically valid and reliable, and that where appropriate it builds upon other published research (use references).

This section provides the evidence that the demonstration evaluation will use the best available data; reports on, controls for, and makes appropriate adjustments for the limitations of the data and their effects on results; and discusses the generalizability of results. This section should provide enough transparency to explain what will be measured and how. Specifically, this section establishes:

- Evaluation *Design* Provide information on how the evaluation will be designed. For example, will the evaluation utilize a pre/post comparison? A post-only assessment? Will a comparison group be included?
- 2) *Target and Comparison Populations* Describe the characteristics of the target and comparison populations, to include the inclusion and exclusion criteria. Include information about the level of analysis (beneficiary, provider, or program level), and if populations will be stratified into subgroups. Additionally discuss the sampling methodology for the populations, as well as support that a statistically reliable sample size is available.
- 3) *Evaluation Period* Describe the time periods for which data will be included.
- 4) Evaluation Measures List all measures that will be calculated to evaluate the demonstration. Include the measure stewards (i.e., the organization(s) responsible for the evaluation data elements/sets by "owning", defining, validating; securing; and submitting for endorsement, etc.) Include numerator and denominator information. Additional items to ensure:
  - a. The measures contain assessments of both process and outcomes to evaluate the effects of the demonstration during the period of approval.
  - b. Qualitative analysis methods may be used, and must be described in detail.
  - c. Benchmarking and comparisons to national and state standards, should be used, where appropriate.
  - d. Proposed health measures could include CMS's Core Set of Health Care Quality Measures for Children in Medicaid and CHIP, Consumer Assessment of Health Care Providers and Systems (CAHPS), the Initial Core Set of Health Care Quality Measures for Medicaid-Eligible Adults and/or measures endorsed by National Quality Forum (NQF).
  - e. Proposed performance metrics can be selected from nationally recognized metrics, for example from sets developed by the Center for Medicare and Medicaid Innovation or for meaningful use under Health Information Technology (HIT).
  - f. Among considerations in selecting the metrics shall be opportunities identified by the state for improving quality of care and health outcomes, and controlling cost of care.

5) *Data Sources* – Explain where the data will be obtained, and efforts to validate and clean the data. Discuss the quality and limitations of the data sources.

If primary data (data collected specifically for the evaluation) – The methods by which the data will be collected, the source of the proposed question/responses, the frequency and timing of data collection, and the method of data collection. (Copies of any proposed surveys must be reviewed with CMS for approval before implementation).

- 6) *Analytic Methods* This section includes the details of the selected quantitative and/or qualitative measures to adequately assess the effectiveness of the demonstration. This section should:
  - a. Identify the specific statistical testing which will be undertaken for each measure (e.g., t-tests, chi-square, odds ratio, ANOVA, regression). Table A is an example of how the state might want to articulate the analytic methods for each research question and measure.
  - b. Explain how the state will isolate the effects of the demonstration (from other initiatives occurring in the state at the same time) through the use of comparison groups.
  - c. A discussion of how propensity score matching and difference in differences design may be used to adjust for differences in comparison populations over time (if applicable).
  - d. The application of sensitivity analyses, as appropriate, should be considered.
- 7) *Other Additions* The state may provide any other information pertinent to the Evaluation Design of the demonstration.
- **D.** Methodological Limitations This section provides detailed information on the limitations of the evaluation. This could include the design, the data sources or collection process, or analytic methods. The state should also identify any efforts to minimize the limitations. Additionally, this section should include any information about features of the demonstration that effectively present methodological constraints that the state would like CMS to take into consideration in its review.
- **E. Special Methodological Considerations-** CMS recognizes that there may be certain instances where a state cannot meet the rigor of an evaluation as expected by CMS. In these instances, the state should document for CMS why it is not able to incorporate key components of a rigorous evaluation, including comparison groups and baseline data analyses. Examples of considerations include:
  - 1) When the state demonstration is:
    - a. Long-standing, non-complex, unchanged, or
    - b. Has previously been rigorously evaluated and found to be successful, or
    - c. Could now be considered standard Medicaid policy (CMS published regulations or guidance)

- 2) When the demonstration is also considered successful without issues or concerns that would require more regular reporting, such as:
  - a. Operating smoothly without administrative changes; and
  - b. No or minimal appeals and grievances; and
  - c. No state issues with CMS 64 reporting or budget neutrality; and
  - d. No Corrective Action Plans (CAP) for the demonstration.

Table A. Example Design Table for the Evaluation of the Demonstration

Research Question Hypothesis 1	Outcome measures used to address the research question	Sample or population subgroups to be compared	Data Sources	Analytic Methods
Research question 1a	-Measure 1 -Measure 2 -Measure 3	-Sample e.g. All attributed Medicaid beneficiaries -Beneficiaries with diabetes diagnosis	-Medicaid fee- for-service and encounter claims records	-Interrupted time series
Research question 1b	-Measure 1 -Measure 2 -Measure 3 -Measure 4	-sample, e.g., PPS patients who meet survey selection requirements (used services within the last 6 months)	-Patient survey	Descriptive statistics
Hypothesis 2 Research question 2a	-Measure 1 -Measure 2	-Sample, e.g., PPS administrators	-Key informants	Qualitative analysis of interview material

## F. Attachments

- Independent Evaluator. This includes a discussion of the state's process for obtaining an independent entity to conduct the evaluation, including a description of the qualifications that the selected entity must possess, and how the state will assure no conflict of interest. Explain how the state will assure that the Independent Evaluator will conduct a fair and impartial evaluation, prepare an objective Evaluation Report, and that there would be no conflict of interest. The evaluation design should include "No Conflict of Interest" signed by the independent evaluator.
- 2) Evaluation Budget. A budget for implementing the evaluation shall be provided with the draft Evaluation Design. It will include the total estimated cost, as well as a breakdown of estimated staff, administrative, and other costs for all aspects of the evaluation. Examples include, but are not limited to: the development of all survey and measurement instruments; quantitative and qualitative data collection; data cleaning and analyses; and reports generation. A justification of the costs may be

required by CMS if the estimates provided do not appear to sufficiently cover the costs of the draft Evaluation Design or if CMS finds that the draft Evaluation Design is not sufficiently developed.

**3) Timeline and Major Milestones.** Describe the timeline for conducting the various evaluation activities, including dates for evaluation-related milestones, including those related to procurement of an outside contractor, if applicable, and deliverables. The Final Evaluation Design shall incorporate an Interim and Summative Evaluation. Pursuant to 42 CFR 431.424(c)(v), this timeline should also include the date by which the Final Summative Evaluation report is due.

# ATTACHMENT B Preparing the Evaluation Report

#### Introduction

For states that are testing new approaches and flexibilities in their Medicaid programs through section 1115 demonstrations, evaluations are crucial to understand and disseminate what is or is not working and why. The evaluations of new initiatives seek to produce new knowledge and direction for programs and inform Medicaid policy for the future. While a narrative about what happened during a demonstration provides important information, the principal focus of the evaluation of a section 1115 demonstration should be obtaining and analyzing data on the process (e.g., whether the demonstration is being implemented as intended), outcomes (e.g., whether the demonstration is having the intended effects on the target population), and impacts of the demonstration (e.g., whether the outcomes observed in the targeted population differ from outcomes in similar populations not affected by the demonstration). Both state and federal governments need rigorous quantitative and qualitative evidence to inform policy decisions.

The evaluation report provides the analysis and summary of the hypotheses tested in the evaluation. The hypotheses, evaluation questions, and measures should align with those identified in the CMS approved evaluation design. The state, per the Special Terms and Conditions (STC), is required to submit to CMS an interim evaluation report and a summative evaluation report. To support the development of the interim and summative evaluation reports, CMS is providing the following outline for the evaluation reports. It is recommended that states and independent evaluators use this outline to develop the evaluation reports for submission to CMS.

The sections in this outline include an executive summary, background information, evaluation questions and hypotheses, methodology, methodological limitations, results, conclusions, interpretations, lessons learned and recommendations, and attachments. It is important to provide as much detail as possible when completing this outline, to provide CMS with the best information with which to review the evaluation reports.

If the state needs technical assistance using this outline or preparing the evaluation reports, the state should contact its project officer.

# Preparing the Evaluation Report Recommended Outline

# **Expectations for Evaluation Reports**

Medicaid section 1115 demonstrations are required to conduct an evaluation that is valid (the extent to which the evaluation measures what it is intended to measure), and reliable (the extent to which the evaluation could produce the same results when used repeatedly). To this end, the already approved Evaluation Design is a map that begins with the demonstration goals, then transitions to the evaluation questions, and to the specific hypotheses, which will be used to investigate whether the demonstration has achieved its goals. States should have a well-structured analysis plan for their evaluation. With the following kind of information, states and CMS are best poised to inform and shape Medicaid policy in order to improve the health and welfare of Medicaid beneficiaries for decades to come. When conducting analyses and developing the evaluation reports, every effort should be made to follow the approved methodology. However, the state may request, and CMS may agree to, changes in the methodology in appropriate circumstances. When submitting an application for renewal, the interim evaluation report should be posted on the state's website with the application for public comment. Additionally, the interim evaluation report must be included in its entirety with the application submitted to CMS.

## **Intent of this Attachment**

Title XIX of the Social Security Act (the Act) requires an evaluation of every section 1115 demonstration. In order to fulfill this requirement, the state's submission must provide a comprehensive written presentation of all key components of the demonstration, and include all required elements specified in the approved Evaluation Design. This Attachment is intended to assist states with organizing the required information in a standardized format and understanding the criteria that CMS will use in reviewing the submitted Interim and Summative Evaluation Reports.

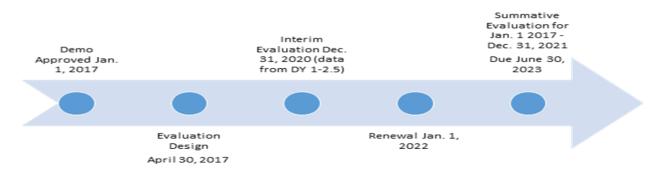
The format for the Interim and Summative Evaluation reports are as follows:

- A. Executive Summary;
- B. General Background Information;
- C. Evaluation Questions and Hypotheses;
- D. Methodology;
- E. Methodological Limitations;
- F. Results;
- G. Conclusions;
- H. Interpretations, and Policy Implications and Interactions with Other State Initiatives;
- I. Lessons Learned and Recommendations; and
- J. Attachment(s).

## **Submission Timelines**

There is a specified timeline for the state's submission of Evaluation Designs and Evaluation Reports. These dates are specified in the demonstration Special Terms and Conditions (STCs). (The graphic below depicts an example of this timeline). In addition, the state should be aware that section 1115 evaluation documents are public records. In order to assure the dissemination

of the evaluation findings, lessons learned, and recommendations, the state is required to publish the evaluation design and reports to the state's website within 30 days of CMS approval, as per 42 CFR 431.424(d). CMS will also publish a copy to the Medicaid.gov website.



# **Required Core Components of Interim and Summative Evaluation Reports**

The section 1115 Evaluation Report presents the research about the section 1115 Demonstration. It is important that the report incorporate a discussion about the structure of the Evaluation Design to explain the goals and objectives of the demonstration, the hypotheses related to the demonstration, and the methodology for the evaluation. A copy of the state's Driver Diagram (described in the Evaluation Design Attachment) must be included with an explanation of the depicted information. The Evaluation Report should present the relevant data and an interpretation of the findings; assess the outcomes (what worked and what did not work); explain the limitations of the design, data, and analyses; offer recommendations regarding what (in hindsight) the state would further advance, or do differently, and why; and discuss the implications on future Medicaid policy. Therefore, the state's submission must include:

- **A. Executive Summary** A summary of the demonstration, the principal results, interpretations, and recommendations of the evaluation.
- **B.** General Background Information about the Demonstration In this section, the state should include basic information about the demonstration, such as:
  - The issues that the state is trying to address with its section 1115 demonstration and/or expenditure authorities, how the state became aware of the issue, the potential magnitude of the issue, and why the state selected this course of action to address the issues.
  - 2) The name of the demonstration, approval date of the demonstration, and period of time covered by the evaluation;
  - A brief description of the demonstration and history of the implementation, and if the evaluation is for an amendment, extension, renewal, or expansion of, the demonstration;
  - 4) For renewals, amendments, and major operational changes: A description of any changes to the demonstration during the approval period; whether the motivation for change was due to political, economic, and fiscal factors at the state and/or federal

level; whether the programmatic changes were implemented to improve beneficiary health, provider/health plan performance, or administrative efficiency; and how the Evaluation Design was altered or augmented to address these changes.

- 5) Describe the population groups impacted by the demonstration.
- C. Evaluation Questions and Hypotheses In this section, the state should:
  - Describe how the state's demonstration goals were translated into quantifiable targets for improvement, so that the performance of the demonstration in achieving these targets could be measured. The inclusion of a Driver Diagram in the Evaluation Report is highly encouraged, as the visual can aid readers in understanding the rationale behind the demonstration features and intended outcomes.
  - 2) Identify the state's hypotheses about the outcomes of the demonstration;
    - a. Discuss how the goals of the demonstration align with the evaluation questions and hypotheses;
    - b. Explain how this Evaluation Report builds upon and expands earlier demonstration evaluation findings (if applicable); and
    - c. Address how the research questions / hypotheses of this demonstration promote the objectives of Titles XIX and XXI.
- **D.** Methodology In this section, the state is to provide an overview of the research that was conducted to evaluate the section 1115 demonstration consistent with the approved Evaluation Design. The evaluation Design should also be included as an attachment to the report. The focus is on showing that the evaluation builds upon other published research (use references), and meets the prevailing standards of scientific and academic rigor, and the results are statistically valid and reliable.

An interim report should provide any available data to date, including both quantitative and qualitative assessments. The Evaluation Design should assure there is appropriate data development and collection in a timely manner to support developing an interim evaluation.

This section provides the evidence that the demonstration evaluation used the best available data and describes why potential alternative data sources were not used; reported on, controlled for, and made appropriate adjustments for the limitations of the data and their effects on results; and discusses the generalizability of results. This section should provide enough transparency to explain what was measured and how. Specifically, this section establishes that the approved Evaluation Design was followed by describing:

- 1) *Evaluation Design*—Will the evaluation be an assessment of: pre/post, post-only, with or without comparison groups, etc?
- 2) *Target and Comparison Populations*—Describe the target and comparison populations; include inclusion and exclusion criteria.
- 3) Evaluation Period—Describe the time periods for which data will be collected
- 4) *Evaluation Measures*—What measures are used to evaluate the demonstration, and who are the measure stewards?

- 5) *Data Sources*—Explain where the data will be obtained, and efforts to validate and clean the data.
- 6) *Analytic methods*—Identify specific statistical testing which will be undertaken for each measure (t-tests, chi-square, odds ratio, ANOVA, regression, etc.).
- 7) *Other Additions* The state may provide any other information pertinent to the evaluation of the demonstration.

## E. Methodological Limitations

This section provides sufficient information for discerning the strengths and weaknesses of the study design, data sources/collection, and analyses.

- **F. Results** In this section, the state presents and uses the quantitative and qualitative data to show to whether and to what degree the evaluation questions and hypotheses of the demonstration were achieved. The findings should visually depict the demonstration results (tables, charts, graphs). This section should include information on the statistical tests conducted.
- **G.** Conclusions In this section, the state will present the conclusions about the evaluation results.
  - 1) In general, did the results show that the demonstration was/was not effective in achieving the goals and objectives established at the beginning of the demonstration?
  - 2) Based on the findings, discuss the outcomes and impacts of the demonstration and identify the opportunities for improvements. Specifically:
    - a. If the state did not fully achieve its intended goals, why not? What could be done in the future that would better enable such an effort to more fully achieve those purposes, aims, objectives, and goals?
- H. Interpretations, Policy Implications and Interactions with Other State Initiatives In this section, the state will discuss the section 1115 demonstration within an overall Medicaid context and long range planning. This should include interrelations of the demonstration with other aspects of the state's Medicaid program, interactions with other Medicaid demonstrations, and other federal awards affecting service delivery, health outcomes and the cost of care under Medicaid. This section provides the state with an opportunity to provide interpretation of the data using evaluative reasoning to make judgments about the demonstration. This section should also include a discussion of the implications of the findings at both the state and national levels.
- Lessons Learned and Recommendations This section of the Evaluation Report involves the transfer of knowledge. Specifically, the "opportunities" for future or revised demonstrations to inform Medicaid policymakers, advocates, and stakeholders is just as significant as identifying current successful strategies. Based on the evaluation results:
   What lessons were learned as a result of the demonstration?
  - 1) What lessons were learned as a result of the demonstration?
  - 2) What would you recommend to other states which may be interested in implementing a similar approach?

# J. Attachment

1) Evaluation Design: Provide the CMS-approved Evaluation Design

# ATTACHMENT C DSRIP Planning Protocol

# I. Preface

On January 9, 2017, the Centers for Medicare & Medicaid Services (CMS) approved Washington State's request for a section 1115(a) Medicaid demonstration entitled *Medicaid Transformation Project* demonstration (hereinafter MTP or "demonstration"). Part of this demonstration is a Delivery System Reform Incentive Payment (DSRIP) program, through which the state will make performance-based funding available to regionally-based Accountable Communities of Health (ACH) and their partnering providers. The demonstration is currently approved through December 31, 2021.

The Special Terms and Conditions (STC) of the demonstration set forth in detail the nature, character, and extent of federal involvement in the demonstration, the state's implementation of the expenditure authorities, and the state's obligations to CMS during the demonstration period. The DSRIP requirements specified in the STCs are supplemented by two attachments to the STCs. The DSRIP Planning Protocol (this document, Attachment C) describes the ACH Project Plans, the set of outcome measures that must be reported, transformation projects eligible for DSRIP funds, and timelines for meeting associated metrics.

This protocol is supplemented by a Project Toolkit and Project Measure and Performance Table. The toolkit provides additional details and requirements related to the ACH projects and will assist ACHs in developing their Project Plans.

In accordance with STC 34, the state may submit modifications to this protocol for CMS review and approval. Any changes approved by CMS will apply prospectively unless otherwise specified by CMS.

# II. ACH Project Plan Requirements

## a. Introduction

ACH Project Plans will provide an outline of the work that an ACH, through its partnering providers, will undertake. The plans must be developed in collaboration with community stakeholders and be responsive to community needs. The plans will provide details on how the selected projects respond to community-specific needs and further the objectives of the demonstration. The plans also will describe the ACH's capacities, composition and governance structure. In order to be eligible to receive DSRIP incentive payments, an ACH must have an approved Project Plan.

There are three steps for ACH Project Plan approval:

- ACHs must satisfy a two-phase certification process that will confirm the ACHs are prepared to submit Project Plan applications. Completion of each phase will qualify the ACHs for Project Design funding. Certification criteria will be set forth by the state, and ACHs will submit both phases of certification information to the state within the required time frames. The state will review and approve each certification phase prior to distribution of Project Design funds for that phase.
  - a. Phase 1 certification requirements must be submitted to the state by May 15, 2017.
  - b. Phase 2 certification requirements must be submitted to the state by August 14, 2017.

Certification criteria are described further below.

- 2. ACHs must develop and submit a Project Plan application for approval. The components of the Project Plan are described in STC 36 and further detailed in this protocol. Completed Project Plan applications are due to the state by November 16, 2017.
- 3. The state and its contracted Independent Assessor will evaluate and (if appropriate) approve ACH Project Plans. ACHs with approved Project Plans are eligible to receive performance-based incentive payments. The state and the Independent Assessor will approve Project Plans as early as November 20, 2017, and no later than December 22, 2017.

The state will develop and post a draft Project Plan Template for public feedback prior to releasing a final version. Design funds attached to each certification phase will support ACHs as they address specific requirements and submit their Project Plans. As ACHs develop Project Plans, they must solicit and incorporate community and consumer input to ensure that Project Plans reflect the specific needs of the region. After the Project Plans are submitted to the state, they will be reviewed by an Independent Assessor contracted by the state. The Independent Assessor will review and make recommendations to the state for approval of Project Plans. The state must approve of Project Plans in order to authorize DSRIP incentive funding. Project Plans may be subject to additional review by CMS.

# b. ACH Certification Criteria

The certification process is intended to ensure that each ACH is prepared to serve as the lead entity and single point of accountability to the state for the transformation projects in its region. The certification application solicits information to ensure that: (a) the ACH is qualified to fulfill the role of overseeing and coordinating regional transformation activities; (b) the ACH meets the composition standards outlined in STC 23; and (c) the ACH is eligible to receive project design funds. There are two phases to the certification process. According to a timeline developed by the state, each ACH must complete both phases and receive approval from the state before submitting a Project Plan application.

Phase 1 Certification: Each ACH must demonstrate compliance and/or document how it will comply with state expectations in the following areas, at a minimum:

- 1. Governance and Organizational Structure, including compliance with principles outlined in STC 22 and decision-making expectations outlined by the state.
- 2. Initiation or continuation of work with regional Tribes, including adoption of the Tribal Engagement and Collaboration Policy or alternate policy as required by STC 24.
- 3. Community and Stakeholder Engagement to demonstrate how the ACH is accountable and responsive to the community.
- 4. Budget and funds flow, including how design funds will support project plan development.
- 5. Clinical capacity and engagement to demonstrate engagement and input from clinical providers.
- 6. Other requirements as the state may establish.

Phase 2 Certification: Each ACH must demonstrate that it is in compliance with state expectations in the following areas, at a minimum:

- 1. Governance and Organizational Structure, including compliance with principles outlined in STC 22 and decision-making expectations outlined by the state. ACHs will describe whether any developments or adjustments have occurred since Phase 1 Certification.
- 2. Tribal Engagement and Collaboration describing specific activities and events that further the relationship between the ACH and Tribes.
- 3. Community and Stakeholder Engagement to describe concrete actions that have occurred since Phase 1 Certification. Provide details for how

the ACH will satisfy public engagement requirements for Project Plan development outlined in STC 23.

- 4. Budget and funds flow to summarize strategic use of funding and decision making processes regarding incentive funding distribution.
- 5. Data-informed decision making strategies, including processes for applying available data to project selection and implementation planning.
- 6. Transformation project planning to describe progress on project selection processes.
- 7. Other requirements as the state may establish.

# c. ACH Project Plan Requirements

As part of this demonstration, each ACH and its regional participating providers will be responsible for implementing a set of projects selected from the Project Toolkit. The Project Plan:

- Provides a blueprint of the work that each region, coordinated by the ACH, will undertake through the implementation of these projects.
- Explains how the regional work responds to community-specific needs, relates to the mission of the ACH, and furthers the objectives of the demonstration.
- Provides details on the ACH's composition and governance structure, specifically any adjustments to refine the model based on initial lessons learned.
- Demonstrates ACH compliance with the terms and conditions of participation in the demonstration.
- Incorporates the voice and perspective of the community and consumers through outreach and engagement.

Each ACH will submit a Project Plan to the state for review. The Project Plans will be used by the state to assess ACH preparedness in planning and implementing its local demonstration program and the regional alignment with the demonstration's overall objectives and requirements. The state's contracted Independent Assessor will review and evaluate Project Plans and make recommendations to the state for approval/remediation of each Plan. In addition, commitments made by an ACH in its Project Plan must be consistent with the terms of a contract between the state and the ACH, outlining the requirements and obligations of the ACH as the lead and other partnering providers in the ACH in order to be eligible to receive DSRIP incentive funding.

The Project Plan Template will provide a structured format and outline the information required to be submitted by each ACH as part of its Project Plan. The template will be divided into two main sections and will include scoring criteria. Section I will focus on how the ACH, through its partnering providers, is being directly responsive to the needs and characteristics of the community it serves. It will include details regarding the ACH's overall programmatic vision, composition, and decision-making processes. Section II will ask ACHs to provide detailed project-specific plans. The state may add additional requirements to the Project Plan application in addition to what is outlined below.

The categories for Section I of the Project Plan template will include:

- 1. *ACH Theory of Action and Alignment Strategy*: Rationale explaining how the ACH plans to improve the quality, efficiency, and effectiveness of care processes in its community.
- 2. *Governance*: Description of how the ACH complies with the state's governance and decision-making expectations.
- 3. *Regional Health Needs Inventory:* Description of how the ACH used available data to identify target populations and ensure that project selection responds to community-specific needs, aims to reduce health disparities, and furthers the objectives of the demonstration.
- 4. *Community and Consumer Engagement and Input*: Evidence of public input into the project plans, including consumer engagement. ACHs must demonstrate that they solicited and incorporated input from community members and consumers. The plan must also describe the processes the ACHs will follow to engage the public and how such engagement will continue throughout the demonstration period.
- 5. *Tribal Engagement and Collaboration*: Demonstration that the ACH has complied with the Tribal Engagement and Collaboration requirements.
- 6. *Budget and Funds Allocation*: Description of how decisions about the distribution of funds will be made, the roles and responsibilities of each partner in funds distribution and a detailed budget for the remaining years of the demonstration.
- 7. *Value-based Payment Strategies:* Description of the regional strategies to support attainment and readiness of statewide VBP targets.

For each selected project, Section II requires, that ACHs provide details regarding:

- 1. *Partnering Organizations*: Description of the partnering providers, both traditional and non-traditional, that have committed to participate in projects. Partnering providers must serve and commit to continuing to serve the Medicaid population. ACHs must ensure that together, these partnering providers serve a significant portion of Medicaid covered lives in the region and represent a broad spectrum of care and related social services that are critical to improving how care is delivered and paid for. Additional details on recommended implementation partners will be provided in Project Toolkit guidance documents.
- 2. Relationships with Other Initiatives: The ACH will attest to securing descriptions of any initiatives that its partnering providers are participating in that are funded by the U.S. Department of Health and Human Services and any other relevant delivery system reform initiatives currently in place and ensuring these projects are not duplicative of DSRIP projects. In DY 2, partnering providers will be required to provide descriptions and attest that DSRIP projects are not duplicative of other funded projects and do not duplicate the deliverables required by the former project(s). If projects are built on one of these other projects, or represent an enhancement of such a project, that may be permissible but the ACH will be required to explain how the DSRIP project is not duplicative of activities already supported with other federal funds.
- 3. *Monitoring and Continuous Improvement*: Description of the ACH's plan for monitoring project implementation progress and continuous improvement or adjustments in alignment with Section V (Process for ACH Project Plan Modification).
- 4. *Expected Outcomes*: Description of the outcomes the ACH expects to achieve in each of the project stages, in alignment with the metrics and parameters provided by the state.
- 5. *Sustainability:* Description of how the projects support sustainable delivery system transformation for the target population.
- 6. *Regional Assets, Anticipated Challenges and Proposed Solutions*: Description of the assets that the ACH and partnering providers bring to the delivery system transformation efforts, and the challenges or barriers they expect to confront in improving outcomes and lowering costs for the target populations. For identified challenges, the ACH must describe how

it expects to mitigate the impact of these challenges and what new capabilities will be required to be successful.

7. *Implementation Approach and Timing*: Explanation of the planned approach to accomplishing each set of required project milestones for each of the selected projects.

# III. Project Toolkit

a. Overview of Project Categories

Each ACH, through its partnering providers, is required to implement at least four transformation projects and participate in statewide capacity building efforts to address the needs of Medicaid beneficiaries. These projects will be spread across the following three domains:

- 1. Health Systems and Community Capacity Building
- 2. Care Delivery Redesign (at least two projects)
- 3. Prevention and Health Promotion (at least two projects)

The Domains, and the strategies defined within each Domain, are interdependent. Domain 1 is focused on systemwide planning and capacity-building to reinforce transformation projects. Domain 1 strategies are to be tailored to support efforts in Domain 2 and Domain 3; projects in Domain 2 and Domain 3 integrate and apply Domain 1 strategies to the specified topics and approaches.

ACHs will develop detailed implementation plans. As described in Section IV, project progress will be measured based on state-defined milestones and metrics that track project planning, implementation, and sustainability.

b. Description of project domains

# i. Health Systems and Community Capacity Building

This domain addresses the core health system capacities to be developed or enhanced to transition the delivery system according to Washington's Medicaid Transformation demonstration. Domain 1 does not outline individual projects, but rather three required focus areas to be implemented and expanded across the delivery system, inclusive of all provider types, to benefit the entire Medicaid population. The three areas of focus are: financial sustainability through value-based payment, workforce, and systems for population health management. Each of these areas will need to be addressed progressively throughout the five-year timeline to directly support Domain 2 and Domain 3 transformation project success.

# ii. Care Delivery Redesign

Transformation projects within this domain focus on innovative models of care that will improve the quality, efficiency, and effectiveness of care processes. Person-centered approaches and integrated models are emphasized. Domain 2 includes one required project and three optional projects. ACHs will be required to select at least one of the optional projects for a minimum of two Domain 2 projects in total.

# iii. Prevention and Health Promotion

Transformation projects within this domain focus on prevention and health promotion to eliminate disparities and achieve health equity across regions and populations. Domain 3 includes one required project and three optional projects. ACHs will be required to select at least one of the optional projects for a minimum of two Domain 3 projects in total.

#	Project	Description	
Healt	th Systems and	Foundational activities that address the core health system	
Com	munity	capacities to be developed or enhanced to transition the delivery	
Capa	ncity	system in accordance	
Build	ling	with the demonstration's goals and transformation objectives.	
Final	ncial sustainability	Paying for value across the continuum of care is necessary to	
throu	igh value-based	ensure thesustainability of the transformation projects undertaken	
payn	nent	through this demonstration. A transition away from paying for	
		volume may be challenging to some providers, both financially	
		and administratively. Asnot all provider organizations are	
		equipped at present to successfully operate in these payment	
		models, providers may need assistance to	
		develop additional capabilities and infrastructure.	
Worl	kforce	The health services workforce will need to evolve to meet the	
		demands of the redesigned system of care. Workforce	
		transformation will be supported through the provision of training	
		and education services, hiringand deployment processes, and	
		integration of new positions and titles to support transition to team-	
		based, patient-centered care and ensure the	
		equity of care delivery across populations.	

# **Table 1. Menu of Transformation Projects**

Syste	ms for population	The expansion, evolution, and integration of health information		
healthmanagement		systems and technology will need to be supported to improve the		
		speed, quality, safety, and cost of care. This includes linkages to		
		community-based care		
		models. Health data and analytics capacity will need to be improved		
		to		
		support system transformation efforts, including combining clinical		
		and		
		claims data to advance VBP models and to achieve the triple aim.		
Care	Delivery Redesign	Strategies that focus on innovative models of care to improve the		
		quality,		
		efficiency, and effectiveness of care processes. Person-		
		centeredapproaches and integrated models are		
-		emphasized.		
2A	<b>Bi-directional</b>	The Medicaid system aims to support person-centered care that		
	integration of	delivers the right services in the right place at the right time.		
	physicaland	Primary care services are a key gateway to the behavioral health		
	behavioral health	system, and primary care providers need additional support and		
	through care	resources to screen and treat individuals for behavioral health care		
	transformation	needs, provide or link with appropriate services, and manage care.		
		Similarly, for persons not engaged in primary care services,		
		behavioral health settings can be equipped to provide essential		
		primary care services. Integrating mental health, substance use		
		disorder, and primary care services has been demonstrated to		
		deliver positive outcomes and is an effective approach to caring for		
		people with multiple health care needs. Through a whole-person		
		approachto care, physical and behavioral health needs will be		
		addressed in one system through an integrated network of		
		providers, offering better coordinated care for patients and more		
		seamless access to the services they need. This project will advance		
		Healthier Washington's initiative to bring together the financing		
		and delivery of physical and behavioral health services, through		
		managed care organizations, for people enrolled		
		in Medicaid.		

2B	Care coordination	Care coordination is essential for ensuring that children and		
		adults with complex health service needs are connected to the		
		evidence-based interventions and services that will improve their		
		outcomes.		
		Appropriately coordinated care is especially important for high-risk		
		populations, such as those living with chronic conditions, those		
		impacted by the social determinants of health such as unstable		
		housing and/or food insecurity, the aging community, and those		
		dependent on institutionalized settings. Communities are challenged		
		to leverage and coordinate existing services, as well as establish		
		new services to fill gaps. Without a centralized approach to		
		"coordinating the coordinators," a single person might be assigned		
		multiple care coordinators who are unaware of one another,		
		potentially provide redundant services, and risk creating		
		confusion for the individual.		
2C	Transitional care	Points of transition out of intensive services/settings, such as		
		individuals discharged from acute care, inpatient care or from jail		
		or prison into the community are critical intervention points in the		
		care continuum.		
		Transitional care services provide opportunities to reduce or		
		eliminate avoidable admissions, readmissions and jail use.		
		Individuals discharged from intensive settings may not have a stable		
		environment to return to or may lack access to reliable care.		
		Transitions can be especially difficult on		
		beneficiaries and caregivers when there are substantial changes in		

		medications or routines or an increase in care tasks. This project	
		includes	
		multiple care management and transitional care approaches.	
2D	Diversion	Diversion strategies provide opportunities to re-direct individuals	
	interventions	away from high-cost medical and legal avenues and into	
		community-based health care and social services that can offer	
		comprehensive assessment, care/case planning and management to	
		lead to more positive outcomes. This strategy promotes more	
		appropriate use of emergency care services and also supports	
		person-centered care through increased access to primary care and	
		social services, especially for medically underserved	
		populations.	
Prev	ention and Health	Projects focus on prevention and health promotion to eliminate	
Promotion		disparities	
	and achieve health equity across regions and populations.		

3A	Addressing opioid	The opioid epidemic affects communities, families, and		
	usepublic health	overwhelms law enforcement, health care and social service		
	crisis	providers. Opioid use disorderis a devastating and life-threatening		
		chronic medical condition and accessto treatments that support		
		recovery and access to lifesaving medications to reverse overdose		
		needs to be improved. This project will support strategies focused		
		on addressing prevention, treatment, overdose prevention and		
		recovery supports aimed at supporting whole-person		
		health		
3B	Reproductive and	Focusing on the health of women and children is a primary focus		
	maternal/child	for the Medicaid program as Medicaid funds more than half of the		
	health	births in the state and provides coverage to more than half of		
		Washington's children. This project focuses on ensuring access to		
		ongoing women's health careto improve utilization of effective		
		family planning strategies. It further focuses on providing		
		mothers and their children with home visits that have been		
		demonstrated to improve maternal and child health. Home visitors		
		work with the expectant or new mother in supporting a healthy		
		pregnancy, by recognizing and reducing risk factors, promoting		
		prenatalhealth care through healthy diet, exercise, stress		
		management, ongoing well-woman care, and by supporting		
		positive parenting practices that facilitate the infant and young		
		child's safe and healthy development.		
		Child health promotion is a state priority to keep children as		
		healthy and a fe as possible, which includes parents accessing		
		timely and routine preventative care for children, especially well-		
		child screenings and		
		assessments.		
3C	Access to oral	Oral health impacts overall health and quality life, and most oral		
	healthservices	disease is preventable. Oral disease has been associated with		
		increased risk for serious adverse health outcomes. Increasing		
		access to oral health services for adults provides an opportunity to		
		prevent or control the progression of oral disease, and to reduce		
		reliance on emergency departments for oral pain and related		
		conditions. This project focuses on providing oral health screening		
		and assessment, intervention, and referral in the primary care		
		setting, or through the deployment of mobile clinics and/or portable		

ved		
;		
risk for chronic disease is increasing. Disease prevention and effective management is critical to quality of life and longevity.		
Many individuals face cultural, linguistic and structural barriers to		
accessing quality care, navigating the health care system, and		
ing		
ion.		
Washington State recognizes the impact that factors outside the		
health care system have on health and is committed to a "health in		
all policies" approach to effective health promotion and improved		
ol		
it e h		

# IV. Project Stages, Milestones, and Metrics

## a. Overview

In accordance with STC 35, over the duration of the demonstration, the state will shift accountability from a focus on rewarding achievement of progress milestones in the early years of the demonstration to rewarding improvement on performance metrics in the later years of the demonstration. During Years 2, 3 and 4, ACHs will be required to report against several progress milestones for each project, as described further below and as detailed in the Project and Metrics Specification guide. These progress milestones are, by definition, 'pay-for-reporting' or 'P4R,' since ACHs will be rewarded based on reported progress. Project progress milestones are defined in the Project Toolkit, specific to each project focus, and organized into three core categories: project planning milestones, project implementation progress milestones, and scale and sustain milestones.

To monitor performance, ACHs will be accountable for achieving targeted levels of improvement for project-specific outcome measures. These measures are primarily "pay-for-performance," or "P4P," since ACHs are only rewarded if defined outcome metric targets are achieved. However, a subset of these measures will be rewarded on a P4R basis for reasons that include: to allow ACHs time for project implementation activities; to allow time to establish necessary reporting infrastructure; and to allow for the testing of new, innovative outcome measures

for project areas where there is a lack of nationally-vetted, widely used outcomemeasures. Performance metrics are consistent with the objectives of the demonstration as outlined in STC 30.

Table 2 below summarizes the different categories of measures. Each category is described in further detail below.

Milestone/Metric Type	DY1 (2017)	DY2 (2018)	DY3 (2019)	DY4 (2020)	DY5 (2021)	DY6 (2022)
Project Progress Milestones	NA	P4R	P4R	P4R	NA	NA
Performance Metrics	NA	NA	P4R/P4P	P4R/P4P	P4R/P4P	P4R/P4P
Value-based Payment Metrics	P4R/P4P	P4R/P4P	P4R/P4P	P4R/P4P	P4P	N/A <sup>1</sup>

# Table 2. Demonstration Milestone/Metric Categories

# b. Progress Milestones (Capacity Building Elements, Progress/Planning Milestones, and Metrics)

During demonstration Year 1, each ACH will be responsible for the development, submission and approval of a Project Plan application. As part of the Project Planapplication, the ACH will provide a timeline for implementation and completion of each project, in alignment with progress milestones specified in the Project Toolkit and accompanying documents. General categories of progress milestones required to be completed for each project include:

• Identify target population and assess partnering providers' capacity tofulfill project requirements. Collectively, partnering providers should serve a significant portion of

<sup>1</sup>As described in the DSRIP Funding and Mechanics Protocol, it is important to note that this change only relates to MCO and ACH VBP incentives under DSRIP P4R and P4P. The VBP adoption targets remain for statewide accountability and are reinforced through the Apple Health Appendix and the state's managed care withhold program.

Medicaid covered lives in the region andrepresent a broad spectrum of care and related social services that are critical to improving how care is delivered and paid for.

- Engage and obtain formal commitment from partnering providers responsible for carrying out project activities.
- Develop a detailed implementation plan, including timing of activities, financial sustainability, workforce strategies, and population health management.
- Ongoing reporting of standardized process measures, including number of individuals served, number of staff recruited and trained, and impact measures as defined in the evaluation plan.
- c. *Performance Metrics* (Statewide and Project-level Outcome Metrics)

See Appendix II for the project metrics that will be used to measure progress against meeting project goals and targeted levels of improvement against outcome-based performance indicators. Section III of the Funding and MechanicsProtocol provides further detail on how identified measures will be used to evaluate ACH performance.

# d. Value-based Payment Milestones

Pursuant to STC 40, the state will update its Value-based Roadmap annually, which will address how the state will achieve its goal of converting 90 percent of Medicaid provider payments to reward outcomes by 2022. This Roadmap is a document that describes the payment reforms required for a high-quality and financially sustainable Medicaid delivery system and establishes VBP targets and incentives for the Managed Care Organizations (MCOs) and ACHs. This document also serves to revise and clarify the details surrounding Washington State's VBP incentives and framework.

Achievement of VBP targets will be assessed at both a regional and MCO- specific level. As indicated in Table 3, ACHs and MCOs will be rewarded basedon reported progress in the early years of the demonstration. This will shift to rewarding for performance on the VBP targets.

## Table 3. Value-based Payment Milestone Categories

Through this demonstration, the DSRIP program and initiatives such as

the HealthCare Payment Learning Action Network will yield new best practices. Therefore,this Roadmap will be updated annually throughout the demonstration to ensure long-term sustainability of the improvements made possible by the DSRIP investment and that best practices and lessons learned can be incorporated into thestate's overall vision of delivery system reform.

Washington will submit quarterly progress updates to CMS, which will include the progress made both in terms of total dollars included in VBP arrangements and quantitative and qualitative lessons learned.

#### V. Process for Project Plan Modification

No more than twice a year, ACHs may submit proposed modifications to an approvedProject Plan for state review and approval/denial. In certain limited cases it may become evident that the methodology used to identify a performance goal and/or improvement target is no longer appropriate, or that unique circumstances/developments outside of an ACH's control require the ACH to modifyits original plan. Examples of these circumstances could include a significant regulatory change that requires an ACH to cease a planned project intervention or initiate substantial changes to the way a standard performance metric is measured, requiring an ACH to modify its planned approach.

In order to request a Project Plan modification, an ACH must submit a formal request, with supporting documentation, for review by the state. The state will have 60 calendar days to review and respond to the request. Allowable Project Plan modifications are not anticipated to change the overall ACH project incentive valuation. However, modifications to decrease scope of a project may result in a decrease in the valuation of potential earnable funds. Unearned funds as a result of a decrease in the scope of a project will be directed to the Reinvestment pool and earned in accordance with the DSRIP Funding and Mechanics Protocol (Attachment D). The state will not permit modifications that lower expectations for performance because of greater than expected difficulty in meeting a milestone. Removal of a planned project intervention may result in a forfeiture of funding for that project as determined by the state,

**VI. Health Information Technology**. (The state will discuss how it plans to meet the Health IT goals/milestones outlined in the STCs.)

In accordance with STC 39, the state will use Health Information Technology ("Health IT") and Health information exchange services to link core providers acrossthe continuum of care to the greatest extent possible. To detail how the state will achieve its stated Health IT goals, the state will provide a Health IT strategy by April1, 2017. That document provides detailed tactics and initiatives, technical gaps addressed, critical actions, policy levers and key metrics in place or planned for the following key business processes:

- 1. Addressing data needs and gaps
- 2. Acquiring Clinical Data
- 3. Leveraging Data Resources
- 4. Supporting clinical decisions with integrated patient information
- 5. Ensuring data integrity
- 6. Making large sets of clinical data available for program and business decisions



# Medicaid Transformation Project (MTP) Toolkit

May 2022





Centers for Medicare and Medicaid Services (CMS) approved Washington's MTP Toolkit in June 2017 as part of the Delivery System Incentive Payment (DSRIP) planning protocol. The CMS-approved Project Toolkit contains the final projects, evidence-based approaches/strategies, and metrics for the Medicaid Transformation Project. (MTP) A timeline and summary of modifications made to this document (since CMS approval) are below.

- June 2017: approved by CMS as part of the DSRIP planning protocol.
- October 2017: revised to reflect the removal of five project pay-for-performance (P4P) metrics. The list of metrics and associated rationale and other resources are available on the <u>MTP metrics page</u>.
- July 2018: revised to streamline and clarify reporting requirements associated with achievement values (AVs), updated to reflect change in pay-for-reporting (P4R) metrics, minor change to one P4P metric (inpatient hospital utilization replaced by acute hospital utilization, per Healthcare Effectiveness Data and Information Set (HEDIS) 2018 recommendation).
- August 2019: the state adopted adjustments to the set of DSRIP accountability metrics associated with the Project Toolkit. More information is available on the <u>MTP metrics page</u>. The following P4P metric updates were incorporated into the Project Toolkit:
  - Metric: dental sealants for children at elevated risk: deactivate for ACH P4P accountability for demonstration year (DY)4. Assess activation for DY5 when revised specifications available. Applies to Project 3C.
  - Metric: medication management for people with asthma (National Quality Forum (NQF) 1799)): No change to DY3. In DY4, remove medication management for people with asthma and replace with asthma medication ratio (NQF 1800). Applies to Project 2A and 3D.
- September 2019: typos corrected in Appendix A: P4R and P4P AV association.
- June 2021: updated P4P metrics consisting with HEDIS changes for DY4 and DY5. The following measures were updated based on the changes:
  - Metric: Children's and Adolescent's Access to Primary Care Practitioners (CAP) was retired.
  - Metric: Child and Adolescent Well-Care Visits 3-21 Years of Age replaces CAP.
  - Metric: Well-Child Visits in the 3-6 Years of Age was retired.
  - Metric: Child and Adolescent Well-Care Visits 3-11 Years of Age replaces Well-Child Visits 3-6 Years of Age.
  - Metric: Well-Child Visits in the First 15 Months of Life was retired.
  - Metric: Well-Child Visits in the First 30 Months of life replaces Well-Child Visits in the First 15 Months of Life.
  - Metric: Comprehensive Diabetes Care: Medical Attention for Nephropathy retired.
  - Metric: Kidney Health Evaluation with Patients with Diabetes replaces CDC: Nephropathy.
- May 2022: DY6 adjustments, including project achievement values added to each project section for P4R and P4P.



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# Using the Project Toolkit: definitions

**Project objective:** aim the project is intended to achieve.

**Target population:** population the project is intended to address. For each project selected, the Accountable Community of Health (ACH) must define the target population, informed by regional needs, and based on the target population defined in the toolkit. ACHs may choose one or more target populations.

**Evidence-based approach:** menu of interventions available for the project. One or more evidence-based approaches are identified to serve as a menu of interventions for each project. ACHs may pursue one of the following approaches:

- Selecting one evidence-based approach for the entire project.
- Combining evidence-based approaches for the entire project.
- Applying different evidence-based approaches for different target populations/geographies for the project.

ACHs are required to implement one of the evidence-based approaches identified under the selected project or identify another, similar evidence-based approach. If selecting an alternative evidence-based approach, the ACH must demonstrate convincingly its equivalency to those in the toolkit, including the ability to achieve required project metrics.

**Project stages and milestones:** each project progresses from project planning, implementation, and sustainability. Each project is divided into three stages, which has defined milestones. ACHs must provide proof of completion of each milestone within a specified timeline to earn receive full project incentive funds from DY2 to DY4. To the extent possible, milestones, timeline, and proof of completion are standardized across projects. ACHs are awarded AVs for successful completion of project milestones according to the toolkit timeline.

**P4R recurrent deliverables and P4P project metrics:** in addition to milestones listed in the project stage, each ACH will be responsible for additional, recurrent P4R deliverables from DY2 to DY6. Each ACH will be held accountable and awarded incentive funds based on a P4P basis from DY3 through DY6 for the metrics listed in the toolkit. All P4P measurement and calculations will be produced by the state on an annual basis. Specifics on project performance measurement are further detailed in the <u>DSRIP Measurement Guide</u>.

Project incentive funds are earned on AVs for each specified item in the toolkit (project milestones, recurrent P4R deliverables, P4R metrics, and P4P metrics). See Appendix A: AV snapshot by project for a full schedule of AVs.

**Project implementation guidelines:** additional details on the project's core components, including health systems and community capacity building strategies and evidence-based approaches that are intended to guide ACHs' development of project implementation plans and quality improvement plans (QIPs).

**Appendix A: P4R and P4P AV association:** tables provide a quick reference for AVs for P4R and P4P funds by project by year.

**Appendix B: Project Toolkit P4P metrics:** ACHs are accountable for achieving targeted levels of improvement for project-specific outcome metrics. The tables provide a quick reference of the final project performance metrics used to measure ACH progress toward meeting project goals and targeted levels of improvement against outcome-based performance indicators.





# Domain 1: health systems and community capacity building

This domain addresses the core health system capacities to be developed or enhanced to transition the delivery system under MTP. Domain 1 outlines three required focus areas: financial sustainability through value-based payment, workforce, and systems for population health management. Each of these areas will need to be addressed progressively throughout the five-year timeline to directly support Domain 2 and Domain 3 transformation project success.

# Financial sustainability through value-based purchasing (VBP)

# Overarching goal

Achieve the target of driving 90 percent of state-financed health care to value-based payment by the end of 2021.

The success and sustainability of the state's DSRIP program is largely dependent on moving along the value-based payment continuum as a state and at the regional level. ACHs may earn VBP incentives by reporting progress on VBP milestones (P4R), and improvement and attainment of VBP targets (P4P) in their region. ACHs will be primarily rewarded on progress in the early years, shifting to performance in later years.

VBP categories as defined by the Health Care Payment Learning Action Network (HCP-LAN) Framework will be used for calculating the annual targets below. Targets will be calculated by dividing the total Medicaid dollars spent in HCP-LAN categories 2C and higher by total Medicaid managed care organization (MCO) payments to providers.

# Annual targets

Percentage of provider payments in HCP-LAN categories 2C or above required to earn VBP incentives.

# Table 1: VBP targets

	DY1	DY2	DY3	DY4	DY5	DY6
HCP-LAN category 2C-4B	30%	50%	75%	85%	90%	90% <sup>1</sup>
Subset of goal above: HCP-LAN category 3A-4B	-	10%	20%	30%	50%	N/A
Payment in Advanced alternative payment methods (APMs)	-	-	TBD	TBD	TBD	N/A

Further information on regional, MCO, and statewide VBP targets, and how incentives are earned are available in the <u>Apple Health Appendix</u> and the <u>DSRIP Measurement Guide</u>.

# Governance

HCA will create and facilitate a statewide Medicaid Value-based Payment (MVP) Action Team. The MVP Action Team will serve as a learning collaborative to support ACHs and MCOs in attainment of Medicaid VBP targets. It will serve as a forum to help prepare providers for value-based contract arrangements and to provide guidance on HCA's VBP definition (based on the HCP-LAN Framework). Representatives may include state, regional and local leaders, and stakeholders.



<sup>&</sup>lt;sup>1</sup> As described in the Funding and Mechanics Protocol, statewide accountability for VBP remains in DY6 but state will no longer provide regional ACH incentives and statewide MCO incentives. This change was made due to the limited total funding available in DY6 and the significant VBP advancement DY1-DY5. As such, the subset goal and APM requirement are not applicable to DY6.



# Project stages

# Table 2: stage 1 – financial sustainability through VBP planning

Responsibility (regional/ statewide)	Activity	Timeline (complete no later than)
Statewide	<ul> <li>The MVP Action Team will assist HCA in performing an assessment to capture or validate a baseline of the current VBP levels. To the extent assessments have already been conducted, the MVP Action Team will build from those assessments. Building from existing work when applicable, the MVP Action Team will:</li> <li>Assist HCA in deploying survey/attestation assessments to facilitate the reporting of VBP levels to understand the current types of VBP arrangements across the provider spectrum.</li> <li>Perform and/or review assessments of VBP readiness across regional provider systems.</li> <li>Develop recommendations to improve VBP readiness across regional provider systems.</li> </ul>	DY2, Q4
Regional	<ul> <li>To support regional attainment of VBP targets, ACHs will achieve the following milestones:</li> <li>Inform providers of VBP readiness tools to assist their move toward value-based care. Some viable tools may include: <ul> <li><u>NACHC Payment Reform Readiness Toolkit</u></li> <li>AMA Steps Forward – <u>preparing your practice for value-based care</u></li> <li>Rural Health Value Team's comprehensive <u>Value-Based Care Strategic</u> <u>Planning Tool</u></li> <li>Assessments deployed by the Healthier Washington Collaboration Portal (WA Portal), formerly known as the Practice Transformation Support Hub, and the Transforming Clinical Practice Initiative (TCPI).</li> <li>Adoption of diagnostic coding in dental for bi-directional medical/dental data sharing and population health.</li> </ul> </li> <li>Connect providers to training and/or technical assistance offered through HCA, WA Portal, MCOs, and/or the ACH.</li> <li>Support assessments of regional VBP attainment by encouraging and/or incentivizing completion of the annual Paying for Value provider survey.</li> <li>Support providers in developing strategies to move toward value-based care.</li> </ul>	DY2, Q4

#### Table 3: stage 2 – financial sustainability through VBP implementation

eline (complete ater than)	egional/	Responsibility (regional/ statewide)
, Q4	atewidePerform ongoing monitoring of regional, MCO, and statewide VBP attainment as described in the Apple Health Appendix.	Statewide
, Q4	milestones:	Regional



<ul> <li>Support providers to implement strategies to move toward value-based care.</li> <li>Continue to support regional VBP attainment assessments by encouraging and/or incentivizing completion of the annual Paying for Value provider survey.</li> </ul>	
To support regional attainment of VBP targets, ACHs will achieve the following milestones:	DY4, Q4
<ul> <li>Continue to support regional VBP attainment assessments by encouraging and/or incentivizing completion of the annual Paying for Value provider survey.</li> <li>Continued identification and support of providers struggling to implement practice transformation and move toward value-based care.</li> </ul>	

#### Table 4: stage 2.1 – Continued sustainability through VBP implementation

Responsibility (regional/ statewide)		Timeline (complete no later than)
Statewide	Perform ongoing monitoring of regional, MCO, and statewide VBP attainment as described in the <u>Apple Health Appendix</u> . MCO VBP incentives will be phased out in DY6 due to the limited total funding available in DY6 and the significant VBP advancement DY1-DY5.	DY6, Q4
Regional	VBP achievement values will be phased out in DY6 due to the limited total funding available in DY6 and the significant VBP advancement DY1-DY5.	DY6, Q4

## Workforce

## Overarching goal

Promote a health workforce that supports comprehensive, coordinated, and timely access to care.

#### Governance

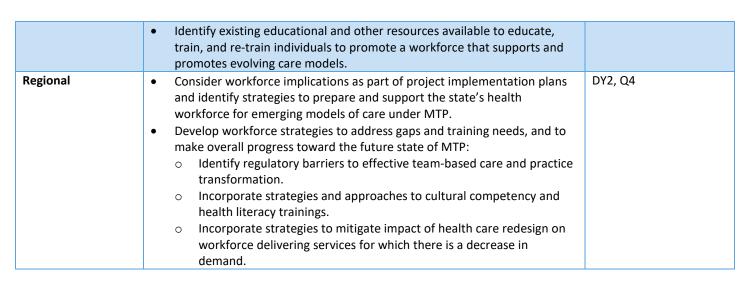
Throughout the design and implementation of transformation efforts, ACHs and partnering providers must consider workforce needs pertaining to selected projects and the broader objectives of MTP. There are several statewide taskforces and groups with expertise in identifying emerging health workforce needs and providing actionable information to inform the evolving workforce demands of a redesigned system of care. ACHs should leverage existing resources available to inform workforce strategies for the projects their region is implementing.

### Project stages

#### Table 4: stage 1 – workforce planning

Responsibility (regional/ statewide)	Activity	Timeline (to complete no later than)
Statewide	<ul> <li>Based on identified regional workforce gaps and needs, provide recommendations and guidance to support and evolve the health care workforce consistent with MTP goals and objectives.</li> </ul>	DY2, Q4





#### Table 5: stage 2 – workforce implementation

Responsibility		Timeline (complete no	
(regional/statewide)		later than)	
Statewide and regional	<ul> <li>Implement practice transformation and workforce strategies.</li> <li>Administer necessary resources to support all efforts.</li> </ul>	DY4, Q4	

## Systems for population health management

### Overarching goal

Leverage and expand health information technology (HIT) and health information exchange (HIE) infrastructure and tools to capture, analyze, and share relevant data.

For the purposes of MTP, population health management is defined as:

- Data aggregation
- Data analysis
- Data-informed care delivery
- Data-enabled financial models

#### Governance

Governance is envisioned as a multi-tiered approach. Data and measurement activity in service of MTP will be facilitated by the Washington State Health Care Authority (HCA), in coordination with departments of Social and Health Services (DSHS) and Health (DOH).

• The Office of the National Coordinator develops policy and system standards for interoperability, which govern Certified Electronic Health Record Technology (CEHRT) and sets the national standards for how health information systems can collect, share, and use information. The use of interoperable HIT and HIE is expected to support care coordination and integration, quality improvement, and value-based payment.



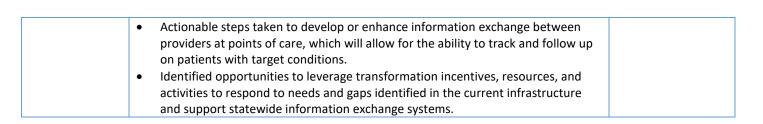
- HCA will coordinate efforts among multiple state government agencies to link Medicaid claims, social services data, population health information, and social determinants of health data, as well as direct efforts to increase accessibility of data in line with current legislation.
- HCA will work with ACHs to ensure that:
  - Data products are developed that meet ACH project need.
  - Data are combined in ways that meet local needs.
  - Access to data accommodates different levels of IT sophistication, local use, and support improved care.

## Project stages

#### Table 6: stage 1 – systems for population health management planning and implementation

Responsibility (regional/ statewide)	Activity	Timeline (complete no later than)
Statewide	<ul> <li>HCA will provide guidance to ACHs in assessing current population health management capacity in service of Domain 2 and Domain 3 projects.</li> <li>HCA will Identify tools available for population health management, which may include:         <ul> <li>Agency for Healthcare Research and Quality's (AHRQ) Practice-Based Population Health.</li> <li>Office of the National Coordinator for Health IT's 2016 Interoperability Standards Advisory.</li> <li>SAMHSA-HRSA's Center for Integrated Health Solutions Population Health Management webinars.</li> </ul> </li> <li>The HCA will promote on-demand access to standard care summaries and medical records within the Clinical Data Repository (CDR) through the HIE and claims through the development of an integrated health information system.</li> <li>To support the work, HCA will coordinate with the state-designated entity for HIE, OneHealthPort, which is responsible for building and implementing the infrastructure used for HIE and developing tools and services that support broader access and utilization of both HIE and clinical data. In addition, OneHealthPort works for and with the provider community to help develop community best practices for data exchange and use.</li> </ul>	DY4 Q2
Regional	<ul> <li>To support transformation projects, ACHs will convene key providers and health system alliances to share information with the state on:</li> <li>Provider needs to effectively access and use population health data.</li> <li>Local health system stakeholder needs for population health, social service, and social determinants of health data.</li> <li>ACHs must address systems for population health management within their project implementation plans. This must include:</li> </ul>	DY4 Q2
	<ul> <li>Identified work steps and deliverables to implement information exchange for community-based, integrated care. Implementation plans should be tailored based on regional providers' current state of readiness and the implementation strategies selected within Domains 2 and 3.</li> </ul>	





# Domain 2: care delivery redesign

Transformation projects within this domain focus on innovative models of care that will improve the quality, efficiency, and effectiveness of care processes.

# Project 2A: bi-directional integration of physical and behavioral health through care transformation

## **Project objective**

This project uses a whole-person approach to care by addressing physical and behavioral health needs in one system through an integrated network of providers. This approach offers better coordinated care for patients and more seamless access to the services they need. This project will support and advance MTP and bring together the financing and delivery of physical and behavioral health services through MCOs for people enrolled in Medicaid.

## Target population

All Medicaid beneficiaries (children and adults), particularly those with or at-risk for behavioral health conditions, including mental illness and/or substance use disorder (SUD).

## Guidelines

#### ACHs must implement a project that includes at least one approach from integrating:

- Behavioral health into primary care settings.
- Primary care into the behavioral health setting.

#### Evidence-based approaches for integrating behavioral health into a primary care setting:

- Bree Collaborative's <u>Behavioral Health Integration Report and Recommendations</u>
- <u>Collaborative Care Model</u>
  - The Collaborative Care Model is a team-based model that adds a behavioral health care manager and a psychiatric consultant to support the primary care provider's management of individual patients' behavioral health needs.
  - The model can be either practice-based or telehealth-based, so it can be used in both rural and urban areas.
  - The model can be used to treat a wide range of behavioral health conditions, including depression, SUD, bipolar disorder, post-traumatic stress disorder (PTSD), and other conditions.

#### Approaches based on emerging evidence for integrating primary care into behavioral health settings:



These approaches are described in the report "Integrating Primary Care into Behavioral Health Settings: What Works for Individuals with Serious Mental Illness."

For any approach, apply core principles of the Collaborative Care Model (see above) to integration into the behavioral health setting.

- Off-site, enhanced collaboration
- Co-located, enhanced collaboration
- Co-located, integrated

#### Project stages

#### Table 7: stage 1 – bi-directional integration planning

Project milestone	Proof of completion required	Due
<ul> <li>Completed current state assessment</li> <li>Assess current state capacity of integrated care model adoption: describe the level of integrated care model adoption among the target providers/organizations serving Medicaid beneficiaries. Explain which integrated models or practices are currently in place and describe where each target provider/organization currently falls in the levels of collaboration as outlined in the <u>Standard Framework for Integrated Care</u>.</li> </ul>	Report milestone completion in semi-annual report	DY2, Q2
<ul> <li>Completed strategy development for health systems/community capacity building</li> <li>Identify how strategies for health systems/community capacity building focus areas (systems for population health management, workforce, value-based payment) will support project.</li> </ul>	Report milestone completion in semi-annual report	DY2, Q2
<ul> <li>Definition of evidence-based approaches or promising practices and target populations</li> <li>Define target population(s) and evidence-based approach(es)/promising practices informed by regional health needs.</li> </ul>	Report milestone completion in semi-annual report	DY2, Q2
<ul> <li>Completion of initial partnering provider list</li> <li>Identify and engage initial partnering providers, including behavioral and physical health providers, organizations, and relevant committees or councils.</li> <li>Execute Master Services Agreement for partnering providers receiving funds through the FE portal.</li> </ul>	Report milestone completion in semi-annual report	DY2, Q2
<ul> <li>Completed implementation plan</li> <li>Identify work steps and deliverables to implement the transformation activities and to facilitate health systems and community capacity building (HIT/HIE, workforce/practice transformation, and value-based payment) and health equity.</li> <li>For 2020 adopters of integrated managed care: ensure planning reflects timeline and process to transition to integration of physical and behavioral health, including engaging and convening county commissioners, Tribal Governments, MCOs, behavioral health and primary care providers, and other critical partners.</li> </ul>	Timely submission of implementation plan	DY2, Q3



Support regional transition to integrated managed care (2020 regions only)	Report milestone	DY2, Q4
<ul> <li>Note: This milestone only applies to those ACH regions that were not early or mid-adopters for integrated managed care.</li> </ul>	completion in semi-annual report	
<ul> <li>Engage and convene county commissioners, Tribal Governments, MCOs, behavioral health and primary care providers, and other critical partners to develop a plan and description of a process to transition to integrated managed care.</li> </ul>		

#### Table 8: stage 2 – bi-directional integration implementation

Project milestone	Proof of completion required	Due
Description of partnering provider progress in adoption of policies, procedures, and/or protocols	Demonstrate progress in semi-annual report	DY3, Q2
Develop guidelines, policies, procedures, and protocols.		
Completion and approval of QIP	Timely submission of QIP	DY3, Q2
• Develop continuous quality improvement strategies, measures, and targets to support the selected approaches.		
Description of training and implementation activities	Demonstrate progress in	DY3, Q4
<ul> <li>Ensure each partnering provider and/or organization is provided with, or has secured, the training and technical assistance resources and HIT/HIE tools necessary to perform their role in the integrated care activities.</li> <li>Obtain technology tools needed to create, transmit, and download shared care plans and other HIE technology tools to support integrated care activities.</li> <li>Provide participating providers and organizations with financial resources to offset the costs of infrastructure necessary to support integrated care activities.</li> </ul>	semi-annual report	
Attestation of successfully integrating managed care	Report milestone	
<ul> <li>Implementation of integrated managed care (applicable to mid-adopter regions).</li> </ul>	completion in semi-annual report	

#### Table 9: stage 3 – bi-directional integration scale and sustain

Project milestone	Proof of completion required	Due
<ul> <li>Description of scale and sustain transformation activities</li> <li>Increase use of technology tools to support integrated care activities by additional providers/organizations.</li> <li>Identify new, additional target providers/organizations.</li> <li>Description of continuous quality improvement methods to refine/revise transformation activities</li> </ul>	Demonstrate progress in semi-annual report	DY4, Q4
<ul> <li>Employ continuous quality improvement methods to refine the model, updating model and adopting guidelines, policies, and procedures as required.</li> </ul>		



Demonstrate facilitation of ongoing supports for continuation and expansion
• Provide ongoing supports (e.g., training, technical assistance, learning collaboratives) to support continuation and expansion.
Leverage regional champions and implement a train-the-trainer approach to
support the spread of best practices.
Demonstrate sustainability of transformation activities
Identify and encourage arrangements between providers and MCOs that
can support continued implementation of the project beyond DY5.
Identify and resolve barriers to financial sustainability of project activities
post-DSRIP.

#### Table 10: stage 3.1 – bi-directional integration continued sustainability and transitioning

Project milestone	Proof of completion required	Due
<ul> <li>Completion of all P4R reporting</li> <li>Completion of required P4R metrics. This includes any MeHAF and WA-ICA transition<sup>2</sup> support to advance bidirectional clinical integration.</li> <li>Support providers through coaching, training, technical assistance, learning cohorts.</li> <li>Provider engagement and continuation along the integration care continuum.</li> </ul>	Demonstrate progress in DY6 P4R report	DY6, Q4

#### Table 11: P4R recurrent deliverables and P4P project metrics

Year	Туре	Recurrent deliverable or metric	Due
DY2	P4R:	Completion of <u>semi-annual report 1</u> (template available March 2018)	DY2, Q2
(2018)	ACH- reported	<ul> <li>Completion of <u>semi-annual report 2</u> (template available July 2018)</li> <li>Completion/maintenance of partnering provider roster</li> <li>Engagement/support of independent external evaluator (IEE) activities</li> </ul>	DY2, Q4
DY3 (2019)	P4R: ACH- reported	<ul> <li>Completion of <u>semi-annual report 3</u> (template available January 2019)</li> <li>Completion/maintenance of partnering provider roster</li> <li>Engagement/support of IEE activities</li> <li>Report on QIP</li> <li>Collection and reporting of provider-level P4R metrics (Maine Health Access Foundation (MeHAF) Site Self-Assessment Survey))</li> </ul>	DY3, Q2
		<ul> <li>Completion of <u>semi-annual report 4</u> (template available July 2019)</li> <li>Completion/maintenance of partnering provider roster</li> <li>Engagement/support of IEE activities</li> <li>Report on QIP</li> <li>Collection and reporting of provider-level P4R metrics (MeHAF Site Self-Assessment Survey)</li> </ul>	DY3, Q4

<sup>&</sup>lt;sup>2</sup> The WA-ICA is a new integration assessment tool that will replace the MeHAF beginning in DY6. This is a direct replacement for the existing P4R requirements. This tool was selected based on provider feedback and significant collaboration among ACHs, MCOs and HCA. MTP Toolkit Updated May 2022



	P4P: state- produced	<ul> <li>All-Cause Emergency Department (ED) Visits per 1000 Member Months</li> <li>Antidepressant Medication Management</li> <li>Children's and Adolescents' Access to Primary Care Practitioners</li> <li>Comprehensive Diabetes Care: Hemoglobin A1c Testing</li> <li>Comprehensive Diabetes Care: Medical Attention for Nephropathy</li> <li>Medication Management for People with Asthma (5 – 64 Years)</li> <li>Mental Health Treatment Penetration (Broad Version)</li> <li>Plan All-Cause Readmission Rate (30 Days)</li> <li>SUD Treatment Penetration</li> </ul>	Annual
DY4 (2020)	P4R: ACH- reported	<ul> <li>Completion of <u>semi-annual report 5</u> (template available January 2020)</li> <li>Completion/maintenance of partnering provider roster</li> <li>Engagement/support of IEE activities</li> <li>Report on QIP</li> <li>Collection and reporting of provider-level P4R metrics (MeHAF Site Self-Assessment Survey)</li> </ul>	DY4, Q2
		<ul> <li>Completion of <u>semi-annual report 6</u> (template available July 2020)</li> <li>Completion/maintenance of partnering provider roster</li> <li>Engagement/support of IEE activities</li> <li>Report on QIP</li> <li>Collection and reporting of provider-level P4R metrics (MeHAF Site Self-Assessment Survey)</li> </ul>	DY4, Q4
	P4P: state- produced	<ul> <li>Acute Hospital Utilization</li> <li>All-Cause ED Visits per 1000 Member Months</li> <li>Antidepressant Medication Management</li> <li>Asthma Medication Ratio</li> <li>Child and Adolescent Well-Care Visits (3-21 Years of Age)</li> <li>Comprehensive Diabetes Care: Eye Exam (retinal) performed</li> <li>Comprehensive Diabetes Care: Hemoglobin A1c Testing</li> <li>Kidney Health Evaluation with Patients with Diabetes</li> <li>Follow-up After ED Visit for Alcohol and Other Drug Abuse or Dependence</li> <li>Follow-up After Hospitalization for Mental Illness</li> <li>Follow-up After Hospitalization for Mental Illness</li> <li>Mental Health Treatment Penetration (Broad Version)</li> <li>Plan All-Cause Readmission Rate (30 Days)</li> <li>SUD Treatment Penetration</li> </ul>	Annual
DY5 (2021)	P4R: ACH- reported	<ul> <li>Completion of <u>semi-annual report 7</u> (template available January 2021)</li> <li>Completion/maintenance of partnering provider roster</li> <li>Engagement/support of IEE activities</li> <li>Report on QIP</li> <li>Collection and reporting of provider-level P4R metrics (MeHAF Site Self-Assessment Survey)</li> </ul>	DY5, Q2
		<ul> <li>Completion of semi-annual report (template available July 2021)</li> <li>Completion/maintenance of partnering provider roster</li> <li>Engagement/support of IEE activities</li> <li>Report on QIP</li> <li>Collection and reporting of provider-level P4R metrics (MeHAF Site Self-Assessment Survey)</li> </ul>	DY5, Q4





	P4P:	Acute Hospital Utilization	Annual
	state-	All-Cause ED Visits per 1000 Member Months	
	produced	Antidepressant Medication Management	
		Asthma Medication Ratio	
		Child and Adolescent Well-Care Visits (3-21 Years of Age)	
		Comprehensive Diabetes Care: Eye Exam (retinal) performed	
		Comprehensive Diabetes Care: Hemoglobin A1c Testing	
		Kidney Health Evaluation with Patients with Diabetes	
		Follow-up After ED Visit for Alcohol and Other Drug Abuse or Dependence	
		Follow-up After ED Visit for Mental Illness	
		Follow-up After Hospitalization for Mental Illness	
		Mental Health Treatment Penetration (Broad Version)	
		Plan All-Cause Readmission Rate (30 Days)	
		SUD Treatment Penetration	
DY6	P4R:	Completion of DY6 P4R report 1 (template available January 2022)	DY6, Q1
(2022)	ACH-	Completion/maintenance of partnering provider roster	
	reported	Engagement/support of IEE activities	
		Completion of required P4R metrics.	
		Completion of P4R report 2 (template available July 2021)	DY6, Q3
		Completion/maintenance of partnering provider roster	
		Engagement/support of IEE activities	
		Completion of required P4R metrics.	
	P4P:	Acute Hospital Utilization	Annual
	state-	All-Cause ED Visits per 1000 Member Months	
	produced	Antidepressant Medication Management	
		Asthma Medication Ratio	
		Child and Adolescent Well-Care Visits (3-21 Years of Age)	
		Comprehensive Diabetes Care: Eye Exam (retinal) performed	
		Comprehensive Diabetes Care: Hemoglobin A1c Testing	
		Kidney Health Evaluation with Patients with Diabetes	
		Follow-up After ED Visit for Alcohol and Other Drug Abuse or Dependence	
		Follow-up After ED Visit for Mental Illness	
		Follow-up After Hospitalization for Mental Illness	
		Mental Health Treatment Penetration (Broad Version)	
		Plan All-Cause Readmission Rate (30 Days)	
		SUD Treatment Penetration	

# Project implementation guidelines

This section provides additional details on the project's core components and should guide the development of project implementation plans and QIPs.

# Guidance for project-specific health systems community and capacity building strategies

• **Population health management/HIT:** current level of adoption of electronic health records (EHRs) and other systems that support relevant bi-directional data sharing, clinical-community linkages, timely communication among care team members, care coordination and management processes,



information to enable population health management and quality improvement processes, and provider-level ability to produce and share baseline information on care processes and health outcomes for population(s) of focus.

- **Workforce:** capacity and shortages; incorporate content and processes into the regional workforce development and training plan that respond to project-specific workforce needs, such as:
  - Shortage of mental health providers, SUD providers, social workers, nurse practitioners, primary care providers, care coordinators and care managers.
  - Opportunities for use of telehealth and integration into work streams.
  - Workflow changes to support integration of new screening and care processes, care integration, and communication.
  - Cultural and linguistic competency and health literacy deficiencies.
- **Financial sustainability:** alignment between current payment structures and guidelines for physical and behavioral care, inclusive of clinical and community-based; incorporate current state (baseline) and anticipated future state of VBP arrangements to support integrated care efforts into the regional VBP transition plan. Assess timeline or status for adoption of fully integrated managed care contracts. Development of model benefit(s) to cover integrated care models.

## Guidance for evidence-based approaches

#### Integrating behavioral health into primary care setting

**Standards adopted by the Bree Collaborative in the Behavioral Health Integration Report and Recommendations** (As part of this option, regions will implement the core components that are consistent with the standards adopted by the Bree Collaborative).

Summary of core elements and minimum standards for integrated care element specifications under consideration by the Bree Collaborative:

- Integrated Care Team: each member of the integrated care team has clearly defined roles for both physical and behavioral health services. Team members, including clinicians and non-licensed staff, may participate in team activities, either in person or virtually.
- Routine access to integrated services: access to behavioral health and primary care services are available routinely as part of the care team's daily workflow and on the same day as patient needs are identified, as feasible. Patients can be engaged and receive treatment in person or by phone or videoconferencing, as convenient for the patient.
- Accessibility and sharing of patient information: the integrated care team has access to actionable medical and behavioral health information via a shared care plan at the point of care. All clinicians work together to jointly support their roles in the patient's shared care plan.
- Access to psychiatry services: access to psychiatry consultation services is available in a systematic manner to assist the care team in developing a treatment plan and to advise the team on adjusting treatments for patients who are not improving as expected.
- Operational systems and workflows support population-based care: a structured method is in place for proactive identification and stratification of patients for behavioral health conditions. The care team



tracks patients to make sure each patient is engaged and treated-to-target (i.e., to remission or other appropriate individual improvement goals).

- Evidence-based treatments: age-appropriate, measurement-based interventions for physical and behavioral health interventions are adapted to the specific needs of the practice setting. Integrated practice teams use behavioral health symptom rating scales in a systematic and quantifiable way to determine whether their patients are improving.
- Patient involvement in care: the patient's goals are incorporated into the care plan. The team communicates effectively with the patient about their treatment options and asks for patient input and feedback into care planning.

#### **Collaborative Care Model**

As part of this option, regions can choose to focus initially on depression screening and treatment program (such as tested in the IMPACT model). Many successful Collaborative Care pilot programs begin with an initial focus on depression and later expand to treat other behavioral health conditions, including SUD.

Implement the core components and tasks for effective integrated behavioral health care, as defined by the Advancing Integrated Mental Health Solutions (AIMS) Center of the University of Washington and shown here:

- Patient identification and diagnosis:
  - Screen for behavioral health problems using valid instruments.
  - Diagnose behavioral health problems and related conditions.
  - Use valid measurement tools to assess and document baseline symptom severity.
- Engagement in integrated care program:
  - Introduce collaborative care team and engage patient in integrated care program.
  - Initiate patient tracking in population-based registry.
- Evidence-based treatment:
  - Develop and regularly update a biopsychosocial treatment plan.
  - Provide patient and family education about symptoms, treatments, and self-management skills.
  - Provide evidence-based counseling (e.g., motivational interviewing, behavioral activation).
  - Provide evidence-based psychotherapy (e.g., problem-solving treatment, cognitive behavioral therapy, interpersonal therapy).
  - Prescribe and manage psychotropic medications as clinically indicated.
  - Change or adjust treatments if patients do not meet treatment targets.
- Systematic follow-up, treatment adjustment, and relapse prevention:
  - Use population-based registry to systematically follow all patients.
  - Proactively reach out to patients who do not follow-up.
  - Monitor treatment response at each contact with valid outcome metrics.
  - Monitor treatment side effects and complications.
  - Identify patients who are not improving to target them for psychiatric consultation and treatment adjustment.
  - Create and support relapse prevention plan when patients are substantially improved.



- Communication and care coordination:
  - Coordinate and facilitate effective communication among all providers on the treatment team, regardless of clinic affiliation or location.
  - Engage and support family and significant others as clinically appropriate.
  - Facilitate and track referrals to specialty care, social services, and community-based resources.
- Systematic psychiatric case review and consultation (in-person or via telemedicine):
  - Conduct regular (e.g., weekly) psychiatric caseload review on patients who are not improving.
  - Provide specific recommendations for additional diagnostic work-up, treatment changes, or referrals.
  - Provide psychiatric assessments for challenging patients, either in-person or via telemedicine.
- Program oversight and quality improvement:
  - Provide administrative support and supervision for program.
  - Provide clinical support and supervision for program.
  - Routinely examine provider- and program-level outcomes (e.g., clinical outcomes, quality of care, patient satisfaction) and use this information for quality improvement.

#### Integrating primary care into behavioral health setting

#### Offsite enhanced collaboration

Primary care and behavioral health providers located at a distance from one another will move beyond basic collaboration (in which providers make referrals, do not share any communication systems, but may or may not have periodic non-face-to-face communication, including sending reports), to enhanced collaboration that includes tracking physical health outcomes, with the following core components:

- Providers have regular contact and view each other as an interdisciplinary team, working together in a client-centered model of care.
- A process for bi-directional information sharing, including shared treatment planning, is in place and is used consistently.
- Providers may maintain separate care plans and information systems, but regular communication and systematic information sharing results in alignment of treatment plans, and effective medication adjustments and reconciliation to effectively treat beneficiaries to achieve improved outcomes.
- Care managers and/or coordinators are in place to facilitate effective and efficient collaboration across settings ensuring that beneficiaries do not experience poorly coordinated services or fall through the cracks between providers.
- Care managers and/or coordinators track and monitor physical health outcomes over time using registry tools, facilitate communication across settings, and follow up with patients and care team members across sites.

#### Co-located, enhanced collaboration or co-located, integrated





Apply and implement the core principles of the Collaborative Care Model to the integration of primary care; implement the core components and tasks for effective integration of physical health care into the behavioral health setting.

- Patient identification and diagnosis:
  - Screen for and document chronic diseases and conditions, such as obesity, diabetes, heart disease and others.
  - Diagnose chronic diseases and conditions.
  - Assess chronic disease management practices and control status.
- Engagement in integrated care program:
  - Introduce collaborative care team and engage patient in integrated care program.
  - Initiate patient tracking in population-based registry.
- Evidence-based treatment:
  - Develop and regularly update a biopsychosocial treatment plan.
  - Provide patient and family education about symptoms, treatments, and self-management skills.
  - Provide evidence-based self-management education.
  - Provide routine immunizations according to Advisory Committee on Immunization Practices (ACIP) recommendations as needed.
  - Provide the U.S. Preventive Services Task Force screenings graded A and B as needed.
  - Prescribe and manage medications as clinically indicated.
  - Change or adjust treatments if patients do not meet treatment targets, refer to specialists as needed.
- Systematic follow-up, treatment adjustment:
  - Use population-based registry to systematically follow identified patients.
  - Proactively reach out to patients who have difficulty following up.
  - Monitor treatment response at each contact with valid outcome metrics.
  - Monitor treatment side effects and complications.
  - Identify patients who are not improving and identify them for specialist evaluation or connection to increased primary care access/utilization.
- Communication and care coordination:
  - Coordinate and facilitate effective communication among all providers on the treatment team, regardless of clinic affiliation or location.
  - Engage and support family and significant others as clinically appropriate.
  - Facilitate and track referrals to specialty care, social services, and community-based resources.
- Systematic case review and consultation (in person or via telemedicine):
  - Conduct regular (e.g., weekly) chronic disease and condition caseload review on patients who are not improving.
  - Provide specific recommendations for additional diagnostic work-up, treatment changes, or referrals.
- Program oversight and quality improvement:



- - Provide administrative support and supervision to support an integrated team.
     Provide clinical support and supervision for care team members who are co-located.
  - Routinely examine provider-level and program-level outcomes (e.g., clinical outcomes, quality of care, patient satisfaction) and use to inform quality improvement processes and activities.





# Project 2B: community-based care coordination

## Project objective

Promote care coordination across the continuum of health for Medicaid beneficiaries, ensuring those with complex health needs are connected to the interventions and services needed to improve and manage their health.

## Target population

Medicaid beneficiaries (adults and children) with one or more chronic disease or condition (such as arthritis, cancer, chronic respiratory disease (asthma), diabetes, heart disease, obesity, and stroke), or mental illness/depressive disorders, or moderate to severe SUD and at least one risk factor (e.g., unstable housing, food insecurity, high emergency management services (EMS) utilization).

## Evidence-based approach

Pathways Community HUB

## **Project stages**

#### Table 12: stage 1 – community-based care coordination planning

Project milestone	Proof of completion required	Due
<ul> <li>Completed current state assessment</li> <li>Assess current state capacity to effectively focus on the need for regional community-based care coordination.</li> </ul>	Report milestone completion in semi-annual report	DY2, Q2
<ul> <li>Completed strategy development for health systems/community capacity</li> <li>Identify how strategies for health systems community and capacity building focus areas (systems for population health management, workforce, value-based payment) will support project.</li> </ul>	Report milestone completion in semi-annual report	DY2, Q2
<ul> <li>Definition of evidence-based approaches or promising practices and target populations</li> <li>Define target population(s) and evidence-based approach(es)/promising practices informed by regional health needs.</li> </ul>	Report milestone completion in semi-annual report	DY2, Q2
<ul> <li>Completion of initial partnering provider list</li> <li>Identify and engage project implementation partnering provider organizations, including:         <ul> <li>Review national HUB standards and provide training on the HUB model to stakeholders.</li> <li>Identify, recruit, and secure formal commitments for participation from all implementation partners, including patient-centered medical homes, health homes, care coordination service providers, and other community-based service organizations, with a written agreement specific to the role each will perform in the HUB.</li> <li>Determine how to fill gaps in resources, including augmenting resources within existing organizations and/or hiring at the HUB lead entity.</li> <li>Execute Master Services Agreement for partnering providers receiving funds through the financial executor (FE) portal.</li> </ul> </li> </ul>	Report milestone completion in semi-annual report	DY2, Q2



<ul> <li>Completed implementation plan</li> <li>Identify work steps and deliverables to implement the transformation activities and to facilitate health systems and community capacity building (HIT/HIE, workforce/practice transformation, and value-based payment) and health equity.</li> </ul>	Timely submission of implementation plan	DY2, Q3
<ul> <li>Identified HUB lead entity and description of qualifications</li> <li>Identify project lead entity, including:         <ul> <li>Establishing HUB planning group, including payers.</li> </ul> </li> </ul>	Report milestone completion in semi-annual report	DY2, Q4

#### Table 13: stage 2 – community-based care coordination implementation

Project milestone	Proof of completion required	Due
Description of partnering provider progress in adoption of policies, procedures and/or protocols	Demonstrate progress in semi-annual report	DY3, Q2
Develop guidelines, policies, procedures, and protocols.		
Completion and approval of QIP	Timely submission of <u>QIP</u>	DY3, Q2
• Develop continuous quality improvement strategies, measures, and targets to support the selected approaches/pathways.		
<ul> <li>Description of training and implementation activities</li> <li>Implement project, which includes the Phase 2 (creating tools and resources) and 3 (launching the HUB) elements specified by AHRQ:</li> <li>Create and implement checklists and related documents for care coordinators.</li> <li>Implement selected pathways from the Pathways Community HUB Certification Program or implement care coordination evidence-based protocols adopted as standard under a similar approach.</li> <li>Develop systems to track and evaluate performance.</li> <li>Hire and train staff.</li> <li>Implement technology-enabled care coordination tools and enable the appropriate integration of information captured by care coordinators with clinical information captured through statewide HIE.</li> </ul>	Demonstrate progress in semi-annual report	DY3, Q4
Description of each pathway scheduled for initial implementation and expansion/partnering provider roles and responsibilities to support Pathways implementation.	Demonstrate progress in semi-annual report	DY3, Q4



### Washington State Health Care Authority

Table 14: stage 3 – community-based care coordination scale and sustain

Project milestone	Proof of completion required	Due
<ul> <li>Description of scale and sustain transformation activities</li> <li>Expand the use of care coordination technology tools to additional provide and/or patient populations.</li> </ul>	rs Demonstrate progress in semi-annual report	DY4, Q4
Description of continuous quality improvement methods to refine/revise transformation activities		
<ul> <li>Employ continuous quality improvement methods to refine the model, updating model, and adopting guidelines, policies, and procedures as required.</li> </ul>		
<ul> <li>Demonstrate facilitation of ongoing supports for continuation and expansion</li> <li>Provide ongoing supports (e.g., training, technical assistance, learning collaboratives) to support continuation and expansion.</li> </ul>		
Demonstrate sustainability of transformation activities		
<ul> <li>Identify and encourage arrangements between providers and MCOs that c support continued implementation of the project beyond DY5.</li> <li>Identify and resolve barriers to financial sustainability of project activities post-DSRIP.</li> </ul>	n	

#### Table 15: community-based care coordination P4R recurrent deliverables and P4P project metrics

Year	Туре	Recurrent deliverable or metric	Due
DY2 –	P4R: ACH-	Completion of <u>semi-annual report 1</u> (template available March 2018)	DY2, Q2
2018	reported	<ul> <li>Completion of <u>semi-annual report 2</u> (template available July 2018)</li> <li>Completion/maintenance of partnering provider roster</li> <li>Engagement/support of IEE activities</li> </ul>	DY2, Q4
DY3 – 2019	P4R: ACH- reported	<ul> <li>Completion of <u>semi-annual report 3</u> (template available January 2019)</li> <li>Completion/maintenance of partnering provider roster</li> <li>Engagement/support of IEE activities</li> <li>Report on QIP</li> </ul>	DY3, Q2
		<ul> <li>Completion of <u>semi-annual report 4</u> (template available July 2019)</li> <li>Completion/maintenance of partnering provider roster</li> <li>Engagement/support of IEE activities</li> <li>Report on QIP</li> </ul>	DY3, Q4
	P4P: state- produced	<ul> <li>All-Cause ED Visits per 1000 Member Months</li> <li>Mental Health Treatment Penetration (Broad Version)</li> <li>Percent Homeless (Narrow definition)</li> <li>Plan All-Cause Readmission Rate (30 Days)</li> <li>SUD Treatment Penetration</li> </ul>	Annual
DY4 – 2020	P4R: ACH- reported	<ul> <li>Completion of <u>semi-annual report 5</u> (template available January 2020)</li> <li>Completion/maintenance of partnering provider roster</li> <li>Engagement/support of IEE activities</li> <li>Report on QIP</li> </ul>	DY4, Q2







# Project implementation guidelines

This section provides additional details on the project's core components and should be referenced to guide the development of project implementation plans and QIPs.

## Guidance for project-specific health systems/community capacity strategies

- **Population health management/HIT:** current level of adoption of electronic health records (EHRs) and other systems that support relevant bi-directional data sharing, clinical-community linkages, timely communication among care team members, care coordination and management processes, information to enable population health management and quality improvement processes, and provider-level ability to produce and share baseline information on care processes and health outcomes for population(s) of focus.
- **Workforce:** capacity and shortages; incorporate content and processes into the regional workforce development and training plan that respond to project-specific workforce needs, such as:
  - Shortage of mental health providers, SUD providers, social workers, nurse practitioners, primary care providers, care coordinators and care managers.
  - $\circ$   $\;$  Opportunities for use of telehealth and integration into work streams.
  - Workflow changes to support integration of new screening and care processes, care integration, and communication.
  - Cultural and linguistic competency and health literacy deficiencies.
- **Financial sustainability:** alignment between current payment structures and guidelines for physical and behavioral care, inclusive of clinical and community-based; incorporate current state (baseline) and anticipated future state of VBP arrangements to support integrated care efforts into the regional VBP transition plan. Assess timeline or status for adoption of fully integrated managed care contracts. Development of model benefit(s) to cover integrated care models.

# Project 2C: transitional care

## Project objective

Improve transitional care services to reduce avoidable hospital utilization and ensure beneficiaries are getting the right care in the right place.

## Target population

Medicaid beneficiaries in transition from intensive settings of care or institutional settings, including beneficiaries discharged from acute care to home or to supportive housing, and beneficiaries with serious mental illness (SMI) discharged from inpatient care, or client returning to the community from prison or jail.

## Evidence-based approaches for care management and transitional care:

- 1) Interventions to Reduce Acute Care Transfers, INTERACT<sup>™</sup>4.0: a quality improvement program that focuses on the management of acute change in resident condition.
- 2) <u>Transitional Care Model</u>: a nurse-led model of transitional care for high-risk older adults that provides comprehensive in-hospital planning and home follow-up.



- 3) The Care Transitions Intervention® (CTI): a multi-disciplinary approach toward system redesign incorporating physical, behavioral, and social health needs and perspectives. Note: the CTI is also known as the Skill Transfer Model<sup>™</sup>, the Coleman Transitions Intervention Model®, and the Coleman Model®.
- 4) Care Transitions Interventions in Mental Health provides a set of components of effective transitional care that can be adapted for managing transitions among persons with SMI.

# Evidence-informed approaches to transitional care for people with health and behavioral health needs leaving incarceration

Despite the relative dearth of specific, outcomes-focused research on effective integrated health and behavioral health programs for people leaving incarceration, considerable evidence on effective integrated care models, prison/jail reentry, and transitional programming has paved the way for increased understanding of critical components of an integrated transitional care approach. See the following:

• American Association of Community Psychiatrists' Principles for Managing Transitions in Behavioral Health Services

### Project stages

#### Table 16: transitional care planning

Project milestone	Proof of completion required	Due
<ul> <li>Completed current state assessment</li> <li>Assess current state capacity to effectively deliver care transition services.</li> </ul>	Report milestone completion in semi-annual report	DY2, Q2
<ul> <li>Completed strategy development for Health systems/community capacity</li> <li>Identify how strategies for health systems community and capacity building focus areas (systems for population health management, workforce, value-based payment) will support project.</li> </ul>	Report milestone completion in semi-annual report	DY2, Q2
<ul> <li>Definition of evidence-based approaches or promising practices and target populations</li> <li>Define target population(s) and evidence-based approach(es)/promising practices informed by regional health needs.</li> </ul>	Report milestone completion in semi-annual report	DY2, Q2
<ul> <li>Completion of initial partnering provider list</li> <li>Identify, recruit, and secure formal commitments for participation from implementation partners via a written agreement specific to the role each organization and/or provider will perform in the selected approach.</li> <li>For projects targeting people transitioning from incarceration: identify and secure formal partnerships with relevant criminal justice agencies (including but not limited to correctional health, local releasing, and community supervision authorities), health care and behavioral health care service providers, and reentry-involved community-based organizations, including state and local reentry councils.</li> <li>Execute Master Services Agreement for partnering providers receiving funds through the FE portal.</li> </ul>	Report milestone completion in semi-annual report	DY2, Q2



Со	mpleted implementation plan	Timely submission of	DY2, Q3
•	Identify work steps and deliverables to implement the transformation	implementation plan	
	activities and to facilitate health systems and community capacity building		
	(HIT/HIE, workforce/practice transformation, and value-based payment) and		
	health equity.		

#### Table 17: transitional care implementation

Project milestone	Proof of completion required	Due
Description of partnering provider progress in adoption of policies, procedures and/or protocols	Demonstrate progress in semi-annual report	DY3, Q2
Develop guidelines, policies, procedures, and protocols.		
Completion and approval of QIP	Timely submission of <u>QIP</u>	DY3, Q2
<ul> <li>Develop continuous quality improvement strategies, measures, and targets to support the selected approaches/pathways.</li> </ul>		
<ul> <li>Description of training and implementation activities</li> <li>Implement project, including the following core components across each approach selected:</li> <li>Ensure each participating provider and/or organization is provided with, or has secured, the training and technical assistance resources necessary to follow the guidelines and to perform their role in the approach in a culturally competent manner.</li> <li>Implement bi-directional communication strategies/interoperable HIE tools to support project priorities (e.g., ensure care team members, including client and family/caregivers, have access to the electronic shared care plan).</li> <li>Establish mechanisms for coordinating care management and transitional care plans with related community-based services and supports, such as those provided through supported housing programs.</li> <li>Incorporate activities that increase the availability of POLST forms across communities/agencies, where appropriate.</li> <li>Develop systems to monitor and track performance.</li> </ul>	Demonstrate progress in semi-annual report	DY3, Q4

#### Table 18: transitional care scale and sustain

Project milestone	Proof of completion required	Due
<ul> <li>Description of scale and sustain transformation activities</li> <li>Increase scope and scale, expand to serve additional high-risk populations, and add partners to spread approach to additional communities.</li> </ul>	Demonstrate progress in semi-annual report	DY4, Q4
Description of continuous quality improvement methods to refine/revise transformation activities		
<ul> <li>Employ continuous quality improvement methods to refine the model, updating model, and adopting guidelines, policies, and procedures as required.</li> </ul>		



Demonstrate facilitation of ongoing supports for continuation and expansion
<ul> <li>Provide ongoing supports (e.g., training, technical assistance, learning collaboratives) to support continuation and expansion.</li> </ul>
Demonstrate sustainability of transformation activities
• Identify and encourage arrangements between providers and MCOs that can support continued implementation of the project beyond DY5.
• Identify and resolve barriers to financial sustainability of project activities post-DSRIP.

#### Table 19: P4R recurrent deliverables and P4P project metrics

Year	Туре	Recurrent deliverable or metric	Due
DY2 – 2018	P4R: ACH-reported	• Completion of <u>semi-annual report 1 (template available March 2018)</u>	DY2, Q2
		Completion of <u>semi-annual report 2</u> (template available July 2018)	DY2, Q4
		Completion/maintenance of partnering provider roster	
		Engagement/support of IEE activities	
DY3 – 2019	P4R: ACH-reported	Completion of <u>semi-annual report 3</u> (template available January	DY3, Q2
		<ul><li>2019)</li><li>Completion/maintenance of partnering provider roster</li></ul>	
		<ul> <li>Engagement/support of IEE activities</li> </ul>	
		<ul> <li>Report on QIP</li> </ul>	
		<ul> <li>Completion of <u>semi-annual report</u> 4 (template available July 2019)</li> </ul>	DY3, Q4
		<ul> <li>Completion/maintenance of partnering provider roster</li> </ul>	- / - <
		Engagement/support of IEE activities	
		Report on QIP	
	P4P: state-produced	All-Cause ED Visits per 1000 Member Months	Annual
		Percent Homeless (Narrow definition)	
		Plan All-Cause Readmission Rate (30 Days)	
DY4 – 2020	P4R: ACH-reported	<ul> <li>Completion of <u>semi-annual report 5</u> (template available January 2020)</li> </ul>	DY4, Q2
		Completion/maintenance of partnering provider roster	
		Engagement/support of IEE activities	
		Submission of QIP	
		Metric reporting	
		Completion of <u>semi-annual report</u> 6 (template available July 2020)	DY4, Q4
		Completion/maintenance of partnering provider roster	
		Engagement/support of IEE activities	
		Report on QIP	
	P4P: state-produced	Acute Hospital Utilization	Annual
		All-Cause ED Visits per 1000 Member Months     Eallow up After ED Visit for Alcohol and Other Drug Abuse or	
		<ul> <li>Follow-up After ED Visit for Alcohol and Other Drug Abuse or Dependence</li> </ul>	
		Follow-up After ED Visit for Mental Illness	
		<ul> <li>Follow-up After Hospitalization for Mental Illness</li> </ul>	
		<ul> <li>Percent Homeless (Narrow Definition)</li> </ul>	
		Plan All-Cause Readmission Rate (30 Days)	



DY5 – 2021	P4R: ACH-reported	<ul> <li>Completion of <u>semi-annual report 7</u> (template available January 2021)</li> <li>Completion/maintenance of partnering provider roster</li> <li>Engagement/support of IEE activities</li> </ul>	DY5, Q2
		<ul> <li>Report on QIP</li> <li>Completion of semi-annual report 8 (template available July 2021)</li> <li>Completion/maintenance of partnering provider roster</li> <li>Engagement/support of IEE activities</li> <li>Report on QIP</li> </ul>	DY5, Q4
	P4P: state-produced	<ul> <li>Acute Hospital Utilization</li> <li>All-Cause ED Visits per 1000 Member Months</li> <li>Follow-up After ED Visit for Alcohol and Other Drug Abuse or Dependence</li> <li>Follow-up After ED Visit for Mental Illness</li> <li>Follow-up After Hospitalization for Mental Illness</li> <li>Percent Homeless (Narrow Definition)</li> <li>Plan All-Cause Readmission Rate (30 Days)</li> </ul>	Annual
DY6 – 2022	P4R: ACH-reported	<ul> <li>Completion of <u>DY6 P4R report 1 (template available January 2022)</u></li> <li>Completion/maintenance of partnering provider roster</li> <li>Engagement/support of IEE activities</li> </ul>	DY6, Q1
		<ul> <li>Completion of P4R report 2 (template available July 2022)</li> <li>Completion/maintenance of partnering provider roster</li> <li>Engagement/support of IEE activities</li> </ul>	DY6, Q3
	P4P: state-produced	<ul> <li>Acute Hospital Utilization</li> <li>All-Cause ED Visits per 1000 Member Months</li> <li>Follow-up After ED Visit for Alcohol and Other Drug Abuse or Dependence</li> <li>Follow-up After ED Visit for Mental Illness</li> <li>Follow-up After Hospitalization for Mental Illness</li> <li>Percent Homeless (Narrow Definition)</li> <li>Plan All-Cause Readmission Rate (30 Days)</li> </ul>	Annual

# Project implementation guidelines

This section provides additional details on the project's core components and should be referenced to guide the development of project implementation plans and QIPs.

## Guidance for project-specific health systems/community capacity strategies

- **Population health management/HIT:** current level of adoption of electronic health records (EHRs) and other systems that support relevant bi-directional data sharing, clinical-community linkages, timely communication among care team members, care coordination and management processes, information to enable population health management and quality improvement processes, and provider-level ability to produce and share baseline information on care processes and health outcomes for population(s) of focus.
- **Workforce:** capacity and shortages; incorporate content and processes into the regional workforce development and training plan that respond to project-specific workforce needs, such as:



- Shortage of mental health providers, SUD providers, social workers, nurse practitioners, primary care providers, care coordinators and care managers.
- $\circ$  Opportunities for use of telehealth and integration into work streams.
- Workflow changes to support integration of new screening and care processes, care integration, and communication.
- Cultural and linguistic competency and health literacy deficiencies.
- **Financial sustainability:** alignment between current payment structures and guidelines for physical and behavioral care, inclusive of clinical and community-based; incorporate current state (baseline) and anticipated future state of VBP arrangements to support integrated care efforts into the regional VBP transition plan. Assess timeline or status for adoption of fully integrated managed care contracts. Development of model benefit(s) to cover integrated care models.

## Guidance for evidence-based approaches

## Evidence-based approaches for care management and transitional care

#### INTERACT™4.0

The skilled nursing facility (SNF) and the project implementation team will utilize INTERACT<sup>™</sup>4.0 toolkit and resources and implement the following core components:

- Educate leadership in the INTERACT<sup>™</sup> principles.
- Identify a facility champion who can engage other staff and serve as a coach.
- Develop care pathways and other clinical tools for monitoring patients that lead to early identification of potential instability and allow intervention to avoid hospital transfer.
- Provide all staff with education and training to fill their role in the INTERACT<sup>™</sup> model.
- Educate patients and families and provide support that facilitates their active participation in care planning.
- Establish enhanced communication with acute care hospitals, relying on technology where appropriate.
- Establish quality improvement process, including root cause analysis of transfers and identification and testing of interventions.
- Demonstrate cultural competence and client engagement in the design and implementation of the project.

### Transitional Care Model

Implement the essential elements of this model:

- Use of advanced knowledge and skills by a transitional care nurse (TCN) to deliver and coordinate care of high-risk older adults within and across all health care settings. The TCN is primary coordinator of care throughout potential or actual episodes of acute illness.
- Comprehensive, holistic assessment of each older adult's priority needs, goals, and preferences.
- Collaboration with older adults, family caregivers, and team members in implementation of a streamlined, evidenced-based plan of care designed to promote positive health and cost outcomes.
- Regular home visits by the TCN with available, ongoing telephone support (seven days per week) through an average of two months.



- Continuity of health care between hospital, post-acute, and primary care clinicians facilitated by the TCN by accompanying patients to visits to prevent or follow-up on an acute illness care management.
- Active engagement of patients and family caregivers with a focus on meeting their goals.
- Emphasis on patients' early identification and response to health care risks and symptoms to achieve longer-term positive outcomes and avoid adverse and untoward events that lead to acute care service use (e.g., ED visits, re-hospitalizations).
- Multidisciplinary approach that includes the patient, family caregivers, and health care providers as members of a team.
- Strong collaboration and communication between older adults, family caregivers, and health care team members across episodes of acute care and in planning for future transitions (e.g., palliative care).
- Ongoing investment in optimizing transitional care via performance monitoring and improvement.

#### Care Transitions Intervention®

Implementation guidance:

- A meeting with a Transitions coach in the hospital (where possible, as this is desirable but not essential) to discuss concerns and to engage patients and their family caregivers.
- Set up the Transitions coach in home follow-up visit and accompanying phone calls designed to increase self-management skills, personal goal attainment, and provide continuity across the transition.

#### Care transitions interventions in mental health

Set of components of effective transitional care that can be adapted for managing transitions among persons with serious mental illness:

- Adapt components of care transitions interventions to focus on points of transition for the SMI population, including discharge from intensive behavioral health care, and discharge from emergency room (ER) for mental health, alcohol, or other drug dependence.
- Prospective modeling: employ prospective modeling to identify who is at greatest risk. Consider different patterns of morbid conditions within and among mental illnesses, SUDs, and general medical/surgical conditions that might require modifications.
- Patient and family engagement: create culturally competent engagement strategies to drive authentic inclusion of patient and/or family in treatment/transitional care plan. Adapt engagement strategies for individuals with SMI.
- Transition planning: establish an appropriate client-specific plan for transition to the next point of care. Consider how to utilize step-down mental health services, such as day treatment and intensive outpatient care. Consider trade-offs between length of stay for stabilization and risk of rehospitalization. Include assessment of need of primary care planning as well as substance abuse and dual disorders. An assessment and specific plan for housing and other social services should be included.
- Information transfer/personal health record: ensure all information is communicated, understood, and managed, and links patients, caregivers, and providers. Establish protocols to ensure privacy and other regulations are followed. Establish pathways for information flow among providers and clinics.



- Transition coaches/agents: define transition coach role, tasks, competencies, training, and supervision requirements. Consider the need for mental health providers, such as social workers, to serve as transition agents or to train other personnel in mental health tools and techniques. Consider use of health information technology to augment/assist coaches.
- Provider engagement: providers at each level of care should have clear responsibility and plan for implementing all transition procedures/interventions. Communication and hand-off arrangements should be pre-specified in a formal way.
- Quality metrics and feedback: gather metrics on follow-up post-hospitalization, rehospitalization and other feedback on process and outcomes and consumer/family perspective. Utilize metrics in quality improvement and accountability.
- Shared accountability: all providers share in expectations for quality as well as rewards/penalties. Accountability mechanisms may include financial mechanisms and public reporting about quality and value. Consumers/families share in accountability as well.

# Evidence-informed approaches to transitional care for people with health and behavioral health needs leaving incarceration

For projects targeting people transitioning from incarceration, include in the implementation plan at a minimum:

- Strategy to increase Medicaid enrollment, including:
  - Process for identifying (1) individuals who are covered under Medicaid and whose benefits will not be terminated because of incarceration, (2) individuals whose Medicaid eligibility will terminate because of incarceration, and (3) individuals who will likely be Medicaid-eligible at release, regardless of current or prior beneficiary status.
  - Process for completing and submitting Medicaid applications for individuals (2) and (3) above, timed appropriately such that their status moves from suspended to active at release.
  - Agreements in place with relevant criminal justice agencies to ensure individuals (1) above receive community-based, Medicaid-reimbursable care in a timely matter when clinically appropriate (with a focus on populations "at risk," such as the elderly, LGBTQ, chronically ill, those with serious mental illness and/or SUD, and more).
- Strategy for beginning care planning and transition planning prior to release, including:
  - A process for conducting in-reach to prison/jails and correctional facilities, which leverages and contemplates resources, strengths, and relationships of all partners.
  - A strategy for engaging individuals in transitional care planning as a one component to a larger reentry transition plan.
  - A strategy for ensuring care planning is conducted in a culturally competent manner and contemplates social determinants of health, barriers to accessing services or staying healthy, as well as barriers to meeting conditions of release or staying crime-free.





# Project 2D: diversion interventions

## **Project objective**

Implement diversion strategies to promote more appropriate use of emergency care services and person-centered care through increased access to primary care and social services, especially for medically underserved populations.

## Target population

Medicaid beneficiaries presenting at the ED for non-acute conditions, Medicaid beneficiaries who access the EMS system for a non-emergent condition, and Medicaid beneficiaries with mental health and/or substance use conditions coming into contact with law enforcement.

## Evidence-supported diversion strategies

- ED diversion: a systematic approach to re-directing and managing persons who present at the ED for non-emergency conditions, which may be oral health, general physical health, and/or behavioral health conditions.
  - o <u>ER is for emergencies</u>
  - o <u>Non-ED Interventions to Reduce ED Utilization: A Systematic Review</u>
- Community Paramedicine Model: an evolving model of community-based health care in which paramedics function outside their customary emergency response and transport roles in ways that facilitate more appropriate use of emergency care resources and/or enhance access to primary care for medically underserved populations. Additional resources include:
  - o <u>communityparamedic.org</u>
  - o <u>Community paramedicine evaluation tool</u>
  - o <u>RHI Hub</u>
- Law Enforcement Assisted Diversion (LEAD®): a community-based diversion approach with the goals of improving public safety and public order and reducing the criminal behavior of people who participate in the program.

#### **Project stages**

#### Table 20: stage 1 – diversion interventions planning

Project milestone	Proof of completion required	Due
<ul> <li>Completed current state assessment</li> <li>Assess current state capacity to effectively deliver diversion services.</li> </ul>	Report milestone completion in semi-annual report	DY2, Q2
<ul> <li>Completed strategy development for health systems/community capacity</li> <li>Identify how strategies for Domain I focus areas (systems for population health management, workforce, value-based payment) will support project.</li> </ul>	Report milestone completion in semi-annual report	DY2, Q2



<ul> <li>Definition of evidence-based approaches or promising practices and target populations</li> <li>Select target population and evidence-supported approach informed by regional health needs.</li> <li>If applicable: determine which non-emergent condition(s) should be the focus of ED diversion and/or community paramedicine (oral health, general physical health, and/or behavioral health conditions).</li> </ul>	Report milestone completion in semi-annual report	DY2, Q2
<ul> <li>Completion of initial partnering provider list</li> <li>Identify, recruit, and secure formal commitments for participation from implementation partners via a written agreement specific to the role each organization and/or provider will perform in the selected approach.</li> <li>For lead: establish a community advisory group that includes representation from community members, health care and social services, law enforcement and community public safety leaders.</li> <li>Execute Master Services Agreement for partnering providers receiving funds through the FE portal.</li> </ul>	Report milestone completion in semi-annual report	DY2, Q2
<ul> <li>Completed implementation plan</li> <li>Identify work steps and deliverables to implement the transformation activities and to facilitate health systems and community capacity building (HIT/HIE, workforce/practice transformation, and value-based payment) and health equity.</li> </ul>	Timely submission of implementation plan	DY2, Q3

Table 21: stage 2 – diversion interventions implementation

Project milestone	Proof of completion required	Due
Description of partnering provider progress in adoption of policies, procedures, and/or protocols	Demonstrate progress in semi-annual report	DY3, Q2
Develop guidelines, policies, procedures, and protocols.		
Completion and approval of QIP	Timely submission of <u>QIP</u>	DY3, Q2
<ul> <li>Develop continuous quality improvement strategies, measures, and targets to support the selected approaches/pathways.</li> </ul>		
Description of training and implementation activities	Demonstrate progress in	DY3, Q4
<ul> <li>Implement project, including the following core components across each approach selected:         <ul> <li>Ensure participating partners are provided with, or have access to, the training and technical assistance resources necessary to follow the guidelines and to perform their role in the approach in a culturally competent manner.</li> <li>Implement bi-directional communication strategies/interoperable HIE tools to support project priorities (e.g., ensure team members, including client, have access to the information appropriate to their role in the team).</li> <li>Establish mechanisms for coordinating care management plans with related community-based services and supports, such as those provided through supported housing programs.</li> </ul> </li> </ul>	semi-annual report	



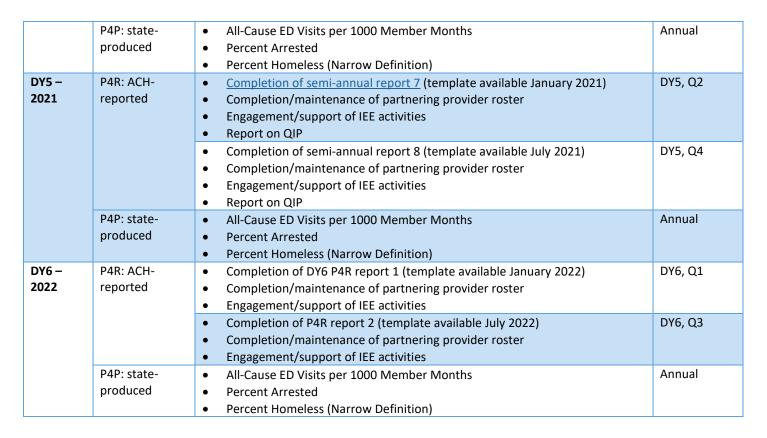
#### Table 22: stage 3 – diversion interventions scale and sustain

Project milestone	Proof of completion required	Due
Description of scale and sustain transformation activities	Demonstrate progress in	DY4, Q4
Expand the model to additional communities and/or partner organizations	semi-annual report.	
Description of continuous quality improvement methods to refine/revise transformation activities		
Employ continuous quality improvement methods to refine the model,		
updating model, and adopting guidelines, policies, and procedures as required.		
Demonstrate facilitation of ongoing supports for continuation and expansion		
<ul> <li>Provide ongoing supports (e.g., training, technical assistance, learning collaboratives) to support continuation and expansion.</li> </ul>		
Demonstrate sustainability of transformation activities		
• Identify and encourage arrangements between providers and MCOs that ca support continued implementation of the project beyond DY5.	n	
<ul> <li>Identify and resolve barriers to financial sustainability of project activities post-DSRIP.</li> </ul>		

#### Table 23: P4R recurrent deliverables and P4P project metrics

Year	Туре	Recurrent deliverable or metric	Due
DY2 -	P4R: ACH-	Completion of <u>semi-annual report 1</u> (template available March 2018)	DY2, Q2
2018	reported	<ul> <li>Completion of <u>semi-annual report 2</u> (template available July 2018)</li> <li>Completion/maintenance of partnering provider roster</li> <li>Engagement/support of IEE activities</li> </ul>	DY2, Q4
DY3 – 2019	P4R: ACH- reported	<ul> <li>Completion of <u>semi-annual report 3</u> (template available January 2019)</li> <li>Completion/maintenance of partnering provider roster</li> <li>Engagement/support of IEE activities</li> <li>Report on QIP</li> </ul>	DY3, Q2
		<ul> <li>Completion of <u>semi-annual report 4</u> (template available July 2019)</li> <li>Completion/maintenance of partnering provider roster</li> <li>Engagement/support of IEE activities</li> <li>Report on QIP</li> </ul>	DY3, Q4
	P4P: state- produced	<ul> <li>All-Cause ED Visits per 1000 Member Months</li> <li>Percent Homeless (Narrow Definition)</li> </ul>	Annual
DY4 – 2020	P4R: ACH- reported	<ul> <li>Completion of <u>semi-annual report 5</u> (template available January 2020)</li> <li>Completion/maintenance of partnering provider roster</li> <li>Engagement/support of IEE activities</li> <li>Report on QIP</li> </ul>	DY4, Q2
		<ul> <li>Completion of <u>semi-annual report 6</u> (template available July 2020)</li> <li>Completion/maintenance of partnering provider roster</li> <li>Engagement/support of IEE activities</li> <li>Report on QIP</li> </ul>	DY4, Q4





# Project implementation guidance

This section provides additional details on the project's core components and should be referenced to guide the development of project implementation plans and QIPs.

## Guidance for project-specific health systems/community capacity strategies

- **Population health management/HIT:** current level of adoption of electronic health records (EHRs) and other systems that support relevant bi-directional data sharing, clinical-community linkages, timely communication among care team members, care coordination and management processes, information to enable population health management and quality improvement processes, and provider-level ability to produce and share baseline information on care processes and health outcomes for population(s) of focus.
- **Workforce:** capacity and shortages; incorporate content and processes into the regional workforce development and training plan that respond to project-specific workforce needs, such as:
  - Shortage of mental health providers, SUD providers, social workers, nurse practitioners, primary care providers, care coordinators and care managers.
  - Opportunities for use of telehealth and integration into work streams.
  - Workflow changes to support integration of new screening and care processes, care integration, and communication.
  - Cultural and linguistic competency and health literacy deficiencies.



• **Financial sustainability:** alignment between current payment structures and guidelines for physical and behavioral care, inclusive of clinical and community-based; incorporate current state (baseline) and anticipated future state of VBP arrangements to support integrated care efforts into the regional VBP transition plan. Assess timeline or status for adoption of fully integrated managed care contracts. Development of model benefit(s) to cover integrated care models.

## Guidance for evidence-based approaches

#### ED diversion

While there is no single model for effective ED diversion, a variety of examples can be found that share common elements. The following elements must be reflected in the implementation, unless noted otherwise:

- ED will establish linkages to community primary care provider(s) to connect beneficiaries without a primary care provider to one, or for the purpose of notifying the current primary care provider of the ED presentation and coordinating a care plan. Where available, care coordinators can facilitate this process.
- ED will establish policies and procedures for identifying beneficiaries with minor illnesses who do not have a primary care provider. After completing appropriate screenings validating a non-emergency need, will assist the patient in receiving a timely appointment with a primary care provider.

### Community Paramedicine Model

This is an evolving model of community-based health care in which paramedics function outside their customary emergency response and transport roles in ways that facilitate more appropriate use of emergency care resources and/or enhance access to primary care for medically underserved populations

Approved medical program directors (MPDs), working with first responders, ED practitioners, and primary care providers to develop protocols, which may include transporting beneficiaries with non-emergency needs to alternate (non-ED) care sites, such as urgent care centers and/or patient-centered medical homes. Providers may collaborate to develop community paramedicine programs. Core issues to be addressed in the design of a community paramedicine program should include:

- A detailed explanation about how the community paramedics would be trained and would maintain their skills.
- A description of how appropriate medical supervision would be ensured.
- A description of how data to evaluate quality assurance and quality improvement activities would be obtained and monitored.
- An evaluation plan for assessing the impacts on quality and cost of care, and how the local EMS agency will ensure that all patients are treated equally regardless of insurance status and health condition, among other factors.
- A plan for integrating the community paramedicine program with other community-based health care and social service programs and for analyzing the potential impacts of the community paramedicine program on these providers, including safety-net providers.
- How to leverage the potential of EHRs and HIE to facilitate communication between community paramedics and other health care providers.



#### Law Enforcement Assisted Diversion, LEAD®

LEAD is a community-based diversion approach with the goals of improving public safety and public order and reducing the criminal behavior of people who participate in the program.

Review resources and assistance available from the LEAD® National Support Bureau. Many components of LEAD® can be adapted to fit local needs and circumstances, however, the following core principles must be built into the implementation:

- Establish the LEAD® program as a voluntary agreement among independent decision-makers.
- Engage law enforcement and generate buy-in, including obtaining commander-level support.
- Identify a dedicated project manager.
- Tailor the LEAD® intervention to the community.
- Provide intensive case management to link diverted individuals to housing, vocational and educational opportunities, treatment, and community services. Participants may need access to medication-assisted therapy and other drug treatment options; they may also need access to food, housing, legal advocacy, job training, and other services.
  - Apply a harm reduction/housing first approach develop individual plans that address the problematic behavior as well as the factors driving that behavior.
  - Consider the use of peer supports.
- Provide training in the areas of trauma-informed care and cultural competencies.
- Prepare an evaluation plan.





# Domain 3: prevention and health promotion

Transformation projects within this domain focus on prevention and health promotion to eliminate disparities and achieve health equity across regions and populations. Domain 3 includes one required project and three optional projects.

# Project 3A: addressing the opioid use public health crisis (required)

## Project objective

Support the achievement of the state's goals to reduce opioid-related morbidity and mortality through strategies that target prevention, treatment, and recovery supports.

## Target population

Medicaid beneficiaries, including youth, who use, misuse, or abuse prescription opioids and/or heroin.

## Recommended resources for identifying promising practices/evidence-supported

### strategies

**Clinical guidelines** 

- <u>AMDG's Interagency Guideline on Prescribing Opioids for Pain</u>
- <u>CDC Guideline for Prescribing Opioids for Chronic Pain</u> (United States, 2016)
- <u>Substance Use during Pregnancy: Guidelines for Screening and Management</u>

#### Statewide plans

- 2016 Washington State Interagency Opioid Working Plan
- <u>Substance Abuse Prevention and Mental Health Promotion Five-Year Strategic Plan</u>

Implementation plans must demonstrate a multi-pronged approach that includes strategies targeting the following essential components:

- Prevention: prevent opioid use and misuse
- Treatment: link individuals with OUD with treatment services
- Overdose prevention: intervene in opioid overdoses to prevent death
- Recovery: promote long-term stabilization and whole-person care





## Project stages

Table 24: stage 1 – prevention and health promotion planning

Project milestone	Proof of completion required	Due
<ul> <li>Completed current state assessment</li> <li>Assess the current regional capacity to effectively impact the opioid crisis and include strategies to leverage current capacity and address identified gaps.</li> </ul>	Report milestone completion in semi-annual report	DY2, Q2
<ul> <li>Completed strategy development for health systems/community capacity</li> <li>Identify how strategies for health systems/community capacity focus areas (systems for population health management, workforce, value-based payment) will support project.</li> </ul>	Report milestone completion in semi-annual report	DY2, Q2
<ul> <li>Definition of evidence-based approaches or promising practices and target populations</li> <li>Select target population and evidence-based approach informed by regional health needs. (Consider areas with limited access to treatment for opioid disorder, and rates of opioid use, misuse, and abuse.)</li> </ul>	Report milestone completion in semi-annual report	DY2, Q2
<ul> <li>Completion of initial partnering provider list</li> <li>Identify and engage project implementation partnering provider organizations.</li> <li>Identify established local partnerships that are addressing the opioid crisis in their communities and establish new partnerships where none exist.</li> <li>Identify, recruit, and secure formal commitments for participation in project implementation including professional associations, physical, mental health and SUD providers and teaching institutions.</li> <li>Execute Master Services Agreement for partnering providers receiving funds through the FE portal.</li> </ul>	Report milestone completion in semi-annual report	DY2, Q2
<ul> <li>Completed implementation plan</li> <li>Identify work steps and deliverables to implement the transformation activities and to facilitate health systems and community capacity building (HIT/HIE, workforce/practice transformation, and value-based payment) and health equity.</li> </ul>	Timely submission of implementation plan	DY2, Q3

Table 25: stage 2 – prevention and health promotion implementation

Project milestone	Proof of completion required	Due
<ul> <li>Description of partnering provider progress in adoption of policies, procedures and/or protocols</li> <li>Develop guidelines, policies, procedures, and protocols.</li> </ul>	Demonstrate progress in semi-annual report	DY3, Q2
<ul> <li>Completion and approval of QIP</li> <li>Develop continuous quality improvement strategies, measures, and targets to support the selected approaches.</li> </ul>	Timely submission of <u>QIP</u>	DY3, Q2



Description of training and implementation activities	Demonstrate progress in	DY3, Q2
<ul> <li>Implement selected strategies/approaches across the core components:         <ul> <li>Prevention</li> <li>Treatment</li> <li>Overdose prevention</li> <li>Recovery supports</li> </ul> </li> <li>Monitor state-level modifications to the 2016 Washington State Interagency Opioid Working Plan and/or related clinical guidelines and incorporate any changes into project implementation plan.</li> <li>Convene or leverage existing local partnerships to implement project; one or more such partnerships may be convened:             <ul> <li>Each partnership should include health care services, including mental health and SUD providers, community-based service providers, executive and clinical leadership, consumer representatives, law enforcement, criminal justice, emergency medical services, and elected officials; identify partnership leaders and champions. Consider identifying a clinical champion and one or more community champions.</li> <li>Establish a structure that allows for efficient implementation of the project and provides mechanisms for any workgroups or subgroups to share across teams, including implementation successes, challenges, and overall progress.</li> <li>Continue to convene the partnership(s) and any necessary workgroups on a regular basis throughout implementation phase.</li> </ul> </li> </ul>	semi-annual report	
<ul> <li>Address gaps in access and availability of providers offering recovery support services</li> <li>Develop a plan to address gaps in the number or locations of providers offering recovery support services, (this may include the use of peer support</li> </ul>	Demonstrate progress in semi-annual report	DY3, Q4
workers).		

#### Table 26: stage 3 - prevention and health promotion scale and sustain

Project milestone	Proof of completion required	Due
<ul> <li>Description of scale and sustain transformation activities</li> <li>Increase scale of activities by adding partners and/or reaching new communities under the current initiative (e.g., to cover additional high-needs geographic areas), as well as defining a path forward to deploy the partnership's expertise, structures, and capabilities to address other yet-to-emerge public health challenges.</li> </ul>	Demonstrate progress in semi-annual report	DY4, Q4
Description of continuous quality improvement methods to refine/revise transformation activities		
• Review and apply data to inform decisions regarding specific strategies and action to be spread to additional settings or geographical areas.		

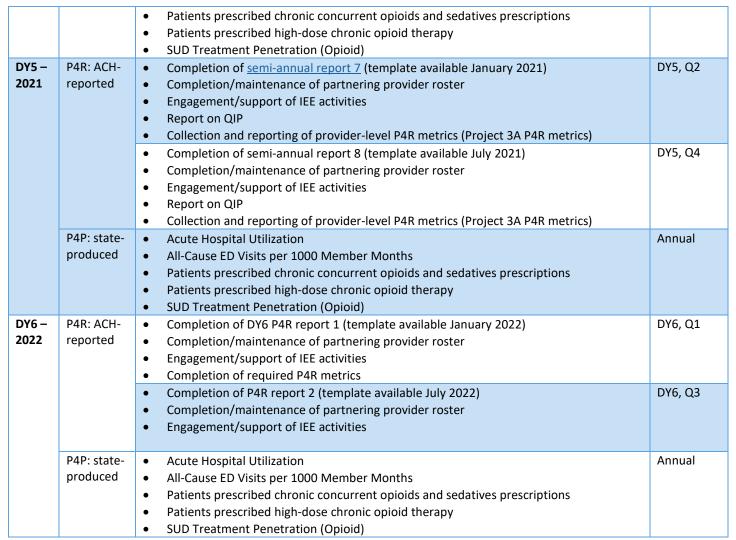


Der	nonstrate facilitation of ongoing supports for continuation and expansion
•	Provide or support ongoing training, technical assistance, and community partnerships to support spread and continuation of the selected strategies/approaches.
•	Convene and support platforms to facilitate shared learning and exchange of best practices and results to date (e.g., the use of interoperable HIE by additional providers providing treatment of persons with OUD).
Der	nonstrate sustainability of transformation activities
•	Identify and encourage arrangements between providers and MCOs that can support continued implementation of the project beyond DY5. Identify and resolve barriers to financial sustainability of project activities post-DSRIP.

Year	Туре	Recurrent deliverable or metric	Due
DY2 – 2018	P4R: ACH- reported	Completion of <u>semi-annual report 1</u> (template available March 2018)	DY2, Q2
		Completion of <u>semi-annual report 2</u> (template available July 2018)	DY2, Q4
		Completion/maintenance of partnering provider roster	
		Engagement/support of IEE activities	
DY3 -	P4R: ACH-	Completion of <u>semi-annual report 3</u> (template available January 2019)	DY3, Q2
2019	reported	Completion/maintenance of partnering provider roster	
		<ul> <li>Engagement/support of IEE activities</li> <li>Report on QIP</li> </ul>	
		<ul> <li>P4R metrics (Project 3A P4R metrics)</li> </ul>	
		<ul> <li>Completion of <u>semi-annual report 4</u> (template available July 2019)</li> </ul>	DY3, Q4
		<ul> <li>Completion/maintenance of partnering provider roster</li> </ul>	D13, Q4
		<ul> <li>Engagement/support of IEE activities</li> </ul>	
		Report on QIP	
		• Collection and reporting of provider-level P4R metrics (Project 3A P4R metrics)	
	P4P: state- produced	All-Cause ED Visits per 1000 Member Months	Annual
		Patients prescribed chronic concurrent opioids and sedatives prescriptions	
		Patients prescribed high-dose chronic opioid therapy	
DY4 – 2020	P4R: ACH- reported	Completion of <u>semi-annual report 5</u> (template available January 2020)	DY4, Q2
		Completion/maintenance of partnering provider roster	
		Engagement/support of IEE activities	
		Report on QIP	
		Collection and reporting of provider-level P4R metrics (Project 3A P4R metrics)	
		<ul> <li>Completion of <u>semi-annual report 6</u> (template available July 2020)</li> <li>Completion/maintenance of partnering provider roster</li> </ul>	DY4, Q4
		<ul> <li>Engagement/support of IEE activities</li> </ul>	
		Report on QIP	
		<ul> <li>Collection and reporting of provider-level P4R metrics (Project 3A P4R metrics)</li> </ul>	
	P4P: state-	Acute Hospital Utilization	Annual
	produced	All-Cause ED Visits per 1000 Member Months	

#### Table 27: P4R recurrent deliverables and P4P project metrics





# Project implementation guidance

This section provides additional details on the project's core components and should be referenced to guide the development of project implementation plans and QIPs.

### Guidance for project-specific health systems/community capacity strategies

• **Population health management systems/HIT:** adoption of technology with the capability to support identification of persons at high-risk for opioid overdose, notifications to health care providers of opioid overdose events, monitoring of prescribing practices, and implementation of quality improvement processes; a plan to build enhancements in EHRs and other systems to support clinical decisions in accordance with guidelines; an assessment of the current level of use of the PDMP and ED Information Exchange; and strategies to increase use of PDMP and interoperability with EHRs. Overall, in line with Goal 4 of the State Interagency Opioid Working Plan; develop a plan to use data and information to detect opioid misuse/abuse, monitor morbidity and mortality, and evaluate interventions.



- **Workforce:** capacity and shortages; incorporate content and processes into the regional workforce development and training plan that respond to project-specific workforce needs, such as:
  - Efforts to enhance medical, nursing, and physician assistant school curricula on pain management, the PDMP, and recognition and treatment of opioid use disorder (OUD).
  - Partnering with professional associations and teaching institutions to educate dentists, osteopaths, nurses, and podiatrists on current opioid prescribing guidelines.
  - Encouraging licensing boards of authorized prescribers to mandate continuing education credits (CEUs) on opiate prescribing and pain management guidelines.
  - Encouraging family medicine, internal medicine, obstetrics/gynecology (OB/GYN) residency programs to train residents on care standards/medications for OUD.
  - Identifying critical workforce gaps in the substance use treatment system and develop initiatives to attract and retain skilled professionals in the field.
- **Financial sustainability:** alignment between current payment structures and guidelines for care about opioid prescribing; and evidence-supported treatments and recovery supports for OUDs that incorporate current state and anticipated future state of VBP arrangements to support opioid abuse prevention and control efforts into the regional VBP transition plan.

#### Guidance for evidence-based approaches

#### Implementation plan

Each region will develop a plan that provides a detailed description of how the ACH will implement selected strategies and activities that together create a comprehensive strategy addressing prevention, treatment, overdose prevention, and recovery supports aimed at supporting whole-person health.

#### Prevention: prevent opioid misuse and abuse

- Promote use of best practices among health care providers for prescribing opioids for acute and chronic pain:
  - Promote the use of the prescription drug monitoring plan (PDMP) and its linkage into EHR systems to increase the number of providers regularly using the PDMP and the timely input of prescription medication data into the PDMP.
  - Train, coach, and offer consultation with providers on opioid prescribing and pain management.
  - Promote the integration of telehealth and telephonic approaches.
  - Support innovative telehealth in rural and underserved areas to increase capacity of communities to support OUD prevention and treatment.
- Together, with the Center for Opioid Safety Education and other partners like statewide associations, raise awareness and knowledge of the possible adverse effects of opioid use, including overdose, among opioid users:
  - Promote accurate and consistent messaging about opioid safety and to address the stigma of addiction by public health, health care providers, law enforcement, community coalitions, and others specific to the region and local communities.
- Prevent opioid initiation and misuse in communities, particularly among youth:



- Build awareness and identify gaps as they relate to ongoing prevention efforts (e.g., schoolbased programs); connect with local health jurisdictions and DOH and HCA's Department of Behavioral Health and Recovery (DBHR) to understand the efforts currently underway in the region.
- Promote safe home storage and appropriate disposal of prescription pain medication to prevent misuse:
  - Identify and map drug take back programs to highlight where additional programs could be implemented or expanded to meet community need.
  - $\circ$   $\;$   $\;$  Promote the use of home lock boxes to prevent unintended access to medication.

#### Treatment: link individuals with OUD to treatment services

- Build capacity of health care providers to recognize signs of possible opioid misuse, effectively identify OUD, and link patients to appropriate treatment resources:
  - Effective treatment of OUD includes medication and psychosocial supports. Conduct inventory of existing treatment resources in the community (e.g., formal treatment programs and practices/providers providing medications for opioid use disorder (MOUD)(methadone, buprenorphine, naltrexone)).
  - Educate providers across all health professions on how to recognize signs of opioid misuse and OUD among patients and how to use appropriate tools to identify OUD.
  - Offer patients brief interventions and referrals to MOUD and psychosocial support services, if needed.
  - Build skills of health care providers to have supportive patient conversations about problematic opioid use and treatment options.
  - Give pharmacists tools on where to refer patients who may be misusing prescription pain medication.
- Expand access to, and utilization of, clinically appropriate evidence-based practices for OUD treatment in communities, particularly MOUD:
  - Increase the number of providers certified to prescribe OUD medications in the region; promote the application and receipt of physician, Advanced Registered Nurse Practitioner (ARNP), and physician assistant waivers for providers in a variety of settings, such as hospitals, primary care clinics, correctional facilities, mental health and SUD treatment agencies, methadone clinics, and other community-based sites.
  - Together with HCA identify policy gaps and barriers that limit availability and utilization of buprenorphine, methadone, and naltrexone and contribute to the development of policy solutions to expand capacity.
  - Build structural supports (e.g., case management capacity, nurse care managers, integration with SUD providers) to support medical providers and staff to implement and sustain MOUD, such as methadone and buprenorphine. Examples of evidence-based models include the hub and spoke and nurse care manager models.



- Promote and support pilot projects that offer low barrier access to buprenorphine in efforts to reach persons at high risk of overdose. For example, in EDs, correctional facilities, syringe exchange programs, and SUD and mental health programs.
- Build linkages/communication pathways between those providers providing medication and those providing psychosocial therapies.
- Expand access to and utilization of OUD medications in the criminal justice system:
  - Train and provide technical assistance to criminal justice professionals to endorse and promote agonist therapies for people under criminal sanctions.
  - Optimize access to chemical dependency treatment services for offenders who have been released from correctional facilities into the community and for offenders living in the community under correctional supervision, through effective care coordination and engagement in transitional services.
  - Ensure continuity of treatment for persons with an identified OUD need upon exiting correctional facilities by providing direct linkage to community providers for ongoing care.
- Increase capacity of syringe exchange programs to effectively provide overdose prevention and engage beneficiaries in support services, including housing.
  - Provide technical assistance to local health jurisdictions and community-based service organizations to organize or expand syringe exchange and drug user health services.
  - Develop/support linkages between syringe exchange programs and physical health providers to treat any medical needs that require referral.
- Identify and treat OUD among pregnant and parenting women (PPW) and Neonatal Abstinence Syndrome (NAS) among newborns:
  - Disseminate the guideline Substance Abuse during Pregnancy: Guidelines for Screening and Management.
  - Disseminate the Washington State Hospital Association Safe Deliveries Roadmap standards to health care providers.
  - Educate pediatric and family medicine providers to recognize and appropriately manage newborns with NAS.
  - Increase the number of obstetric and maternal health care providers permitted to dispense and prescribe MOUD through the application and receipt of Drug Enforcement Administration (DEA)-approved waivers.
  - Establish or enhance community pathways to support PPW with connecting to care services that address whole-person health, including physical, mental, and SUD treatment needs during, through and after pregnancy.

#### Overdose prevention: intervene in opioid overdoses to prevent death

- Educate individuals who use heroin and/or prescription opioids, and those who may witness an overdose, on how to recognize and appropriately respond to an overdose.
  - Provide technical assistance to first responders, chemical dependency counselors, and law enforcement on opioid overdose response training and naloxone programs.



- Assist EDs to develop and implement protocols on providing overdose education and takehome naloxone to individuals seen for opioid overdose.
- Make system-level improvements to increase availability and use of naloxone.
  - Establish standing orders in all counties and all opioid treatment programs to authorize community-based naloxone distribution and lay administration.
  - Promote co-prescribing of naloxone for pain patients as best practice, per Agency Medical Director's Group (AMDG) guidelines.
- Together with the Center for Opioid Safety Education, promote awareness and understanding of Washington State's Good Samaritan Law.
  - Educate law enforcement, prosecutors, and the public about the Good Samaritan Response Law.

#### Recovery: promote long-term stabilization and whole-person care

- Enhance/develop or support the provision of peer and other recovery support services designed to improve treatment access and retention and support long-term recovery.
- Establish or enhance community-based recovery support systems, networks, and organizations to develop capacity at the local level to design and implement peer and other recovery support services as vital components of recovery-oriented continuum of care.
- Support whole person health in recovery:

Connect SUD providers with primary care, behavioral health, social service, and peer recovery support providers to address access, referral, and follow up for services.





# Project 3B: reproductive and maternal/child health

#### Project objective

Ensure that people have access to high-quality reproductive health care throughout their lives and promote the health safety of Washington's children.

#### Target population

Medicaid beneficiaries who are people of reproductive age, pregnant persons, parents of children ages 0-3, and children ages 0-17.

#### Evidence-based approach

- Strategies to improve adult health to ensure families have intended and healthy pregnancies that lead to healthy children. The Centers for Disease Control and Prevention (CDC) has provided 10 recommendations that aim to improve a person's health before conception, whether before a first or a subsequent pregnancy.
- Evidence-based home visiting model for pregnant high-risk persons, including high-risk, first-time parents. Potential approaches can include Nurse Family Partnership (NFP) or other federally recognized evidence-based home visiting model currently operating in Washington State.

# Evidence-based model or promising practice to improve regional well-child visit rates and childhood immunization rates. Project stages

#### Table 28: stage 1 – reproductive and maternal/child health planning

Project milestone	Proof of completion required	Due
<ul> <li>Completed current state assessment</li> <li>Assess current state capacity to effectively focus on the need for high- quality reproductive and maternal and child health care.</li> </ul>	Report milestone completion in semi-annual report	DY2, Q2
<ul> <li>Completed strategy development for health systems/community capacity</li> <li>Identify how strategies for Domain I focus areas (systems for population health management, workforce, value-based payment) will support project.</li> </ul>	Report milestone completion in semi-annual report	DY2, Q2
<ul> <li>Definition of evidence-based approaches or promising practices and target populations</li> <li>Select evidence-based approach(es) and specific target population(s) informed by regional health needs.</li> </ul>	Report milestone completion in semi-annual report	DY2, Q2
<ul> <li>Completion of initial partnering provider list</li> <li>Identify, recruit, and secure formal commitments for participation from implementation partners via a written agreement specific to the role each organization and/or provider will perform in the selected approach.</li> <li>Execute Master Services Agreement for partnering providers receiving funds through the FE portal.</li> </ul>	Report milestone completion in semi-annual report	DY2, Q2



Со	mpleted implementation plan	Timely submission of	DY2, Q3
•	Identify work steps and deliverables to implement the transformation	implementation plan	
	activities and to facilitate health systems and community capacity building		
	(HIT/HIE, workforce/practice transformation, and value-based payment)		
	and health equity.		

#### Table 29: stage 2 – reproductive and maternal/child health implementation

Project milestone	Proof of completion required	Due
Description of partnering provider progress in adoption of policies, procedures, and/or protocols	Demonstrate progress in semi-annual report	DY3, Q2
Develop guidelines, policies, procedures, and protocols.		
Completion and approval of QIP	Timely submission of <u>QIP</u>	DY3, Q2
• Develop continuous quality improvement strategies, measures, and targets to support the selected approaches.		
<ul> <li>Description of training and implementation activities</li> <li>Implement project, including the following core components across each approach selected:         <ul> <li>Ensure each participating provider and/or organization is provided with, or has secured, the training and technical assistance resources necessary to follow the guidelines and to perform their role in the approach in a culturally competent manner.</li> <li>Implement bi-directional communication strategies/interoperable HIE tools to support project priorities (e.g., ensure care team members, including client and family/caregivers, have access to the care plan).</li> <li>Establish mechanisms, including technology enabled, interoperable care coordination tools, for coordinating care management and transitional care plans with related community-based services and supports, such as those provided through supported housing programs.</li> <li>Establish a rapid-cycle quality improvement process that includes monitoring performance, providing performance feedback,</li> </ul> </li> </ul>	Demonstrate progress in semi-annual report	DY3, Q4
implementing changes, and tracking outcomes.		

#### Table 30: stage 3 – reproductive and maternal/child health scale and sustain

Project milestone	Proof of completion required	Due
<ul> <li>Description of scale and sustain transformation activities</li> <li>Increase scope and scale, expand to serve additional high-risk populations, and add partners to spread approach to additional communities.</li> </ul>	Demonstrate progress in semi-annual report	DY4, Q4
Description of continuous quality improvement methods to refine/revise transformation activities		
• Employ continuous quality improvement methods to refine the model, updating model and adopting guidelines, policies, and procedures as required.		



Demonstrate facilitation of ongoing supports for continuation and expansion	
<ul> <li>Provide ongoing supports (e.g., training, technical assistance, learning collaboratives) to support continuation and expansion.</li> </ul>	
Demonstrate sustainability of transformation activities	
<ul> <li>Identify and encourage arrangements between providers and MCOs that can support continued implementation of the project beyond DY5.</li> <li>Identify and resolve barriers to financial sustainability of transformation activities post-DSRIP.</li> </ul>	

#### Table 31: project metrics and recurrent deliverables associated with AVs

Year	Туре	Metric/deliverable	Due
DY2	P4R:	Completion of <u>semi-annual report 1</u> (template available March 2018)	DY2, Q2
- 2018	ACH- reported	<ul> <li>Completion of <u>semi-annual report 2</u> (template available July 2018)</li> <li>Completion/maintenance of partnering provider roster</li> <li>Engagement/support of IEE activities</li> </ul>	DY2, Q4
DY3 - 2019	P4R: ACH- reported	<ul> <li>Completion of <u>semi-annual report 3</u> (template available January 2019)</li> <li>Completion/maintenance of partnering provider roster</li> <li>Engagement/support of IEE activities</li> <li>Report on QIP</li> </ul>	DY3, Q2
		<ul> <li>Completion of <u>semi-annual report 4</u> (template available July 2019)</li> <li>Completion/maintenance of partnering provider roster</li> <li>Engagement/support of IEE activities</li> <li>Report on QIP</li> </ul>	DY3, Q4
	P4P: state- produced	<ul> <li>All-Cause ED Visits per 1000 Member Months</li> <li>Chlamydia Screening in Women</li> <li>Mental Health Treatment Penetration (Broad Version)</li> <li>SUD Treatment Penetration</li> <li>Well-Child Visits in the 3rd, 4th, 5th, and 6th Years of Age</li> </ul>	Annual
DY4 - 2020	P4R: ACH- reported	<ul> <li>Completion of <u>semi-annual report 5</u> (template available January 2020)</li> <li>Completion/maintenance of partnering provider roster</li> <li>Engagement/support of IEE activities</li> <li>Report on QIP</li> </ul>	DY4, Q2
		<ul> <li>Completion of <u>semi-annual report 6</u> (template available July 2020)</li> <li>Completion/maintenance of partnering provider roster</li> <li>Engagement/support of IEE activities</li> <li>Report on QIP</li> </ul>	DY4, Q4
	P4P: state- produced	<ul> <li>All-Cause ED Visits per 1000 Member Months</li> <li>Childhood Immunization Status (Combo 10)</li> <li>Chlamydia Screening in Women</li> <li>Contraceptive Care – Access Measures (NQF# 2903, 2902)</li> <li>Performance assessed by annual improvement on at least one of the Contraceptive Care Access measures.</li> <li>Mental Health Treatment Penetration (Broad Version)</li> <li>Timeliness of Prenatal Care</li> <li>SUD Treatment Penetration</li> </ul>	Annual



		• Well-Care Visits (3-11 Years of Age)	
		Well-Child Visits in the First 30 Months of Life	
DY5 - 2021	ACH-	<ul> <li>Completion of <u>semi-annual report 7</u> (template available January 2021)</li> <li>Completion/maintenance of partnering provider roster</li> <li>Engagement/support of IEE activities</li> <li>Report on QIP</li> </ul>	DY5, Q2
		<ul> <li>Completion of semi-annual report 8 (template available July 2021)</li> <li>Completion/maintenance of partnering provider roster</li> <li>Engagement/support of IEE activities</li> <li>Report on QIP</li> </ul>	DY5, Q4
	P4P: state- produced	<ul> <li>All-Cause ED Visits per 1000 Member Months</li> <li>Childhood Immunization Status (Combo 10)</li> <li>Chlamydia Screening in Women</li> <li>Contraceptive Care – Access Measures (NQF# 2903, 2902)</li> <li>Performance assessed by annual improvement on at least one of the Contraceptive Care Access measures.</li> <li>Mental Health Treatment Penetration (Broad Version)</li> <li>Timeliness of Prenatal Care</li> <li>SUD Treatment Penetration</li> <li>Well-Care Visits (3-11 Years of Age)</li> <li>Well-Child Visits in the First 30 Months of Life</li> </ul>	Annual
DY6 - 2022	P4R: ACH- reported	<ul> <li>Completion of DY6 P4R report 1 (template available January 2022)</li> <li>Completion/maintenance of partnering provider roster</li> <li>Engagement/support of IEE activities</li> </ul>	DY6, Q1
		<ul> <li>Completion of P4R report 2 (template available July 2022)</li> <li>Completion/maintenance of partnering provider roster</li> <li>Engagement/support of IEE activities</li> </ul>	DY6, Q3
	P4P: state- produced	<ul> <li>All-Cause ED Visits per 1000 Member Months</li> <li>Childhood Immunization Status (Combo 10)</li> <li>Chlamydia Screening in Women</li> <li>Contraceptive Care – Access Measures (NQF# 2903, 2902)</li> <li>Performance assessed by annual improvement on at least one of the Contraceptive Care Access measures.</li> <li>Mental Health Treatment Penetration (Broad Version)</li> <li>Timeliness of Prenatal Care</li> <li>SUD Treatment Penetration</li> <li>Well-Care Visits (3-11 Years of Age)</li> <li>Well-Child Visits in the First 30 Months of Life</li> </ul>	Annual







# Project implementation guidelines

This section provides additional details on the project's core components and should be referenced to guide the development of project implementation plans and QIPs.

### Guidance for project-specific health systems/community capacity strategies

- **Population health management/HIT:** current level of adoption of EHRs and other systems that support relevant bi-directional data sharing, clinical-community linkages, timely communication among care team members, care coordination and management processes, and information to enable population health management and quality improvement processes; provider-level ability to produce and share baseline information on care processes and health outcomes for population(s) of focus.
- **Workforce:** capacity and shortages; incorporate content and processes into the regional workforce development and training plan that respond to project-specific workforce needs, such as:
  - Shortage of mental health providers, SUD providers, social workers, nurse practitioners, primary care providers, care coordinators and care managers.
  - $\circ$  Opportunities for use of telehealth and integration into work streams.
  - Workflow changes to support integration of new screening and care processes, care integration, communication.
  - Cultural and linguistic competency, health literacy deficiencies.
- **Financial sustainability:** alignment between current payment structures and guidelines for reproductive, maternal and child health care, inclusive of clinical and community-based; incorporate current state (baseline) and anticipated future state of VBP arrangements to support improvement of reproductive, maternal and child health efforts into the regional VBP transition plan. Development of model benefit(s) to cover reproductive, maternal and child health services.

#### Guidance for evidence-based approaches

#### Approaches to improve reproductive, maternal, and children's health

#### Implementation of evidence-based and emerging strategies to improve reproductive health

The CDC provided 10 recommendations that aim to improve a person's health before conception, whether before a first or a subsequent pregnancy. The recommendations fall into 10 areas: 1) individual responsibility across the lifespan, 2) consumer awareness, 3) preventive visits, 4) interventions for identified risks, 5) interconception care, 6) pre-pregnancy checkup, 7) health insurance coverage for people with low incomes, 8) public health programs and strategies, 9) research, and 10) monitoring improvements.

Strategies to improve adult health to ensure families have intended and healthy pregnancies that lead to healthy children. Specifically, ACHs should consider evidence-based models to improve utilization of effective reproductive health strategies, including pregnancy intention counseling, healthy behaviors and risk reduction, effective contraceptive use, safe and quality perinatal care, interconception care, and general preventive care.

• Washington State acted on these recommendations by providing a program for uninsured people to obtain basic family planning services (<u>Take Charge</u> and <u>working with providers to improve obstetric</u> <u>outcomes</u>) and grants (<u>Personal Responsibility and Education Plan</u>), and through other actions.



• This project builds on current efforts and provides a mechanism for communities to further the implementation of the recommendations.

#### Implementation for a home-visiting model should follow evidence-based practice standards.

- Evidence-based home visiting model for pregnant, high-risk people, including high-risk, first-time people. Potential approaches can include NFP or other federally recognized evidence-based home visiting model currently operating in Washington State. If chosen, implementing agencies must meet all fidelity, essential requirements, and/or program standard requirements as defined by the model developer. The project must demonstrate a valid need for home-visiting service expansion and that services will be coordinated. The following models are currently operating in Washington State:
  - NFP provides first-time, low-income persons and their children with nurse-led, home-based support and care.
  - Early Head Start Home-Based Model (EHS) works with parents to improve child health, prevent child abuse and neglect, encourage positive parenting, and promote child development and school readiness.
  - Parents as Teachers (PAT) promotes optimal early development, learning and health of children by supporting and engaging their parents and caregivers.
  - Family Spirit offers culturally tailored home-visiting to promote the optimal health and wellbeing of American Indian parents and their children.

# Implementation of an evidence-based model or promising practice to improve regional well-child visit rates (for ages 3-6) and childhood immunization rates.

If chosen, implementing agencies must meet all fidelity, essential requirements and/or program standard requirements as defined by the model developer. Possible approaches include:

- Bright Futures
- <u>Stony Brook Children's Hospital Enriched Medical Home Intervention (EMHI)</u>





# Project 3C: access to oral health services

### Project objective

Increase access oral health services to prevent or control the progression of oral disease and ensure that oral health is recognized as a fundamental component of whole-person care.

### Target population

All Medicaid beneficiaries, especially adults.

#### Evidence-based approach

- <u>Oral Health in Primary Care</u>: integrating oral health screening, assessment, intervention, and referral into the primary care setting.
- <u>Mobile/Portable Dental Care</u>: national maternal and child health resource center providers a manual to guide planning and implementation of mobile dental units and portable dental care equipment for school-age children, which could be adapted for adults.

#### **Project stages**

#### Table 32: stage 1- access to oral health services planning

Project milestone	Proof of completion required	Due
<ul> <li>Completed current state assessment</li> <li>Assess current state capacity to effectively impact access to oral health services</li> </ul>	Report milestone completion in semi-annual report	DY2, Q2
<ul> <li>Completed strategy development for health systems/community capacity</li> <li>Identify how strategies for health systems/community capacity focus areas (systems for population health management, workforce, value-based payment) will support project.</li> </ul>	Report milestone completion in semi-annual report	DY2, Q2
<ul> <li>Definition of evidence-based approaches or promising practices and target populations</li> <li>Select target population and evidence-based approach informed by regional health needs.         <ul> <li>Identify communities or sub-regions with demonstrated shortages of dental providers or otherwise limited access to oral health services.</li> </ul> </li> </ul>	Report milestone completion in semi-annual report	DY2, Q2
<ul> <li>Completion of initial partnering provider list</li> <li>Identify, recruit, and secure formal commitments for participation from implementation partners, to include, at minimum, primary care providers and dentists, via a written agreement.</li> <li>Must demonstrate sufficient initial engagement to implement the approach in a timely manner. (Include dentists/dental practices and periodontists who will serve as referral sources.)</li> </ul>	Report milestone completion in semi-annual report	DY2, Q2
<ul> <li>Completed implementation plan</li> <li>Identify work steps and deliverables to implement the transformation activities and to facilitate health systems and community capacity building</li> </ul>	Timely submission of implementation plan	DY2, Q3





#### Table 33: stage 2- access to oral health services implementation

Project milestone	Proof of completion required	Due
Description of partnering provider progress in adoption of policies, procedures and/or protocols	Demonstrate progress in semi-annual report	DY3, Q2
Develop guidelines, policies, procedures, and protocols.		
Completion and approval of QIP	Timely submission of <u>QIP</u>	DY3, Q2
<ul> <li>Develop continuous quality improvement strategies, measures, and targets to support the selected approaches.</li> </ul>		
<ul> <li>Description of training and implementation activities</li> <li>Implement project, including the following core components across each approach selected: <ul> <li>Implement bi-directional communications strategies/interoperable HIE tools to support the care model.</li> <li>Establish mechanisms for coordinating care with related community-based services and supports.</li> <li>Develop workflows to operationalize the protocol, specifying which member of the care performs each function, inclusive of when referral to dentist or periodontist is needed.</li> <li>Establish referral relationships with dentists and other specialists, such as ear, nose, and throat specialists (ENTs) and periodontists.</li> <li>Ensure each member of the care team receives the training and technical assistance resources necessary to follow the guidelines and to perform their role in the approach in a culturally competent manner.</li> <li>Establish a rapid-cycle quality improvement process that includes monitoring performance, providing performance feedback, implementing changes and tracking outcomes.</li> <li>Engage with payers in discussion of payment approaches to support access to oral health services.</li> </ul> </li> </ul>	Demonstrate progress in semi-annual report	DY3, Q4





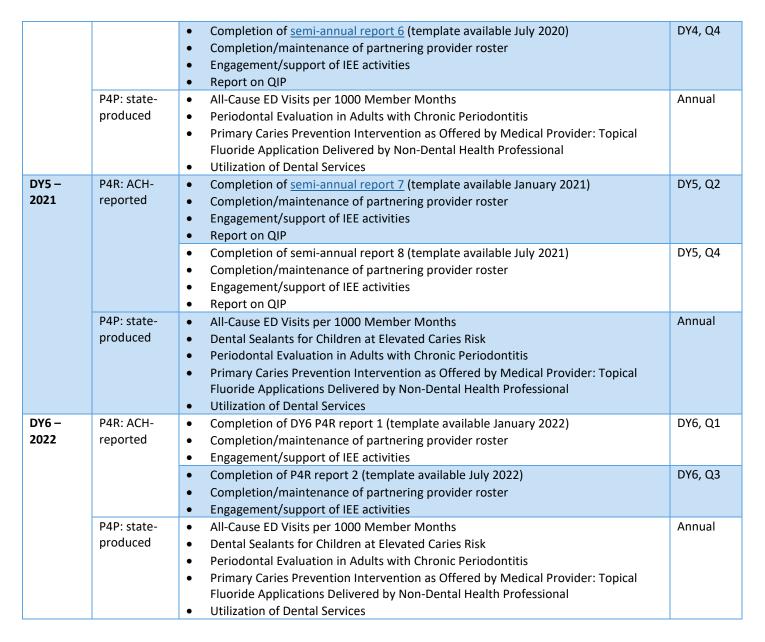
Table 34: stage 3- access to oral health services scale and sustain

Project Milestone	Proof of completion required	Due
<ul> <li>Description of scale and sustain transformation activities</li> <li>Increase scope and scale, expand to serve additional high-risk populations, and add partners or service sites to spread approach to additional communities.</li> </ul>	Demonstrate progress in semi-annual report	DY4, Q4
Description of continuous quality improvement methods to refine/revise transformation activities		
• Employ continuous quality improvement methods to refine the model, updating model, and adopting guidelines, policies, and procedures as required.		
<ul> <li>Demonstrate facilitation of ongoing supports for continuation and expansion</li> <li>Provide ongoing supports (e.g., training, technical assistance, learning collaboratives) to support continuation and expansion.</li> </ul>		
Demonstrate sustainability of transformation activities		
<ul> <li>Identify and encourage arrangements between providers and MCOs that can support continued implementation of the project beyond DY5.</li> <li>Identify and resolve barriers to financial sustainability of project activities post-</li> </ul>		
DSRIP.		

#### Table 35: P4R recurrent deliverables and P4P project metrics

Year	Туре	Recurrent deliverable or metric	Due
DY2 – 2018	P4R: ACH- reported	Completion of <u>semi-annual report 1</u> (template available March 2018)	DY2, Q2
2018	reported	<ul> <li>Completion of <u>semi-annual report 2</u> (template available July 2018)</li> <li>Completion/maintenance of partnering provider roster</li> <li>Engagement/support of IEE activities</li> </ul>	DY2, Q4
DY3 – 2019	P4R: ACH- reported	<ul> <li>Completion of <u>semi-annual report 3</u> (template available January 2019)</li> <li>Completion/maintenance of partnering provider roster</li> <li>Engagement/support of IEE activities</li> <li>Report on QIP</li> </ul>	DY3, Q2
	•	<ul> <li>Completion/maintenance of partnering provider roster</li> <li>Engagement/support of IEE activities</li> </ul>	DY3, Q4
	P4P: state- produced	<ul> <li>All-Cause ED Visits per 1000 Member Months</li> <li>Primary Caries Prevention Intervention as Offered by Medical Provider: Topical Fluoride Application Delivered by Non-Dental Health Professional</li> <li>Utilization of Dental Services</li> </ul>	Annual
DY4 – 2020	P4R: ACH- reported	<ul> <li>Completion of <u>semi-annual report 5</u> (template available January 2020)</li> <li>Completion/maintenance of partnering provider roster</li> <li>Engagement/support of IEE activities</li> <li>Report on QIP</li> </ul>	DY4, Q2





# Project implementation guidelines

This section provides additional details on the project's core components and should be referenced to guide the development of project implementation plans and QIPs.

#### Guidance for project-specific health systems/community capacity strategies

• **Population health management/HIT:** current level of adoption of EHRs and other systems that support relevant bi-directional data sharing, clinical-community linkages, timely communication among care team members, care coordination and management processes, and information to enable



population health management and quality improvement processes; provider-level ability to produce and share baseline information on care processes and health outcomes for population(s) of focus.

- **Workforce:** capacity and shortages; incorporate content and processes into the regional workforce development and training plan that respond to project-specific workforce needs, such as:
  - Shortage of dentist, hygienist, and other dental care providers, and primary care providers.
  - Access to periodontal services.
  - Training and technical assistance to ensure cultural and linguistic competency, health literacy needs.
- **Financial sustainability:** alignment between current payment structures and integration of oral health services; incorporate current state and anticipated future state of value-based payment arrangements to support access to oral health efforts into the regional VBP transition plan; promote VBP readiness tools and resources, such as the adoption of diagnostic coding in dental for bi-directional medical/dental data sharing and population health.

### Guidance for evidence-based approaches

# Oral health in primary care Planning:

For oral health in primary care, consider a phased approach to implementation, such as:

- Begin with screening patients for signs and symptoms of early disease and develop a structured referral process for dentistry.
- Offer fluoride varnish for pediatric patients per the USPSTF61 and AAP guidelines; consider indications for fluoride varnish for high-risk adults.
- Focus on patient/caregiver risk assessment and risk reduction through patient education, dietary counseling, and oral hygiene training.
- Identify a particular high-risk patient population (e.g., adult patients with diabetes, pregnant persons) and begin with a pilot before expanding population/practice wide.
- Articulate the activities in each phase, and the associated timeline.

#### Implementation:

- Establish and implement clinical guideline or protocol that incorporates the following five elements of the Oral Health Delivery Framework:
  - Ask about symptoms that suggest oral disease and factors that place patients at increased risk for oral disease. Two or three simple questions can be asked to elicit symptoms of oral dryness, pain or bleeding in the mouth, oral hygiene and dietary habits, and length of time since the patient last saw a dentist. These questions can be asked verbally or included in a written health risk assessment.
  - Look for signs that indicate oral health risk or active oral disease. Assess the adequacy of salivary flow; look for signs of poor oral hygiene, white spots or cavities, gum recession, or periodontal inflammation; and conduct examination for signs of disease. During a well-visit



or complete physical exam, this activity could be included as a component of the standard Head, Ears, Eyes, Neck, and Throat Exam (HEENT exam) resulting in a comprehensive assessment that includes the oral cavity—a "HEENOT" exam.

- Decide on the most appropriate response. Review information gathered and share results with patients and families. Determine a course of action using standardized criteria based on the answers to the screening and risk assessment questions; findings of the oral exam; and the values, preferences, and goals of the patient and family.
- Act by delivering preventive interventions and/or placing an order for a referral to a dentist or medical specialist. Preventive interventions delivered in the primary care setting may include: 1) changes in the medication list to protect the saliva, teeth, and gums, 2) fluoride therapy, 3) dietary counseling to protect the teeth and gums, and to promote glycemic control for patients with diabetes, 4) oral hygiene training 5) therapy for tobacco, alcohol, or SUD and 6) referrals to dental.
- Document the findings as structured data to organize information for decision support, measure care processes, and monitor clinical outcomes so that quality of care can be managed.
- Establish and implement workflows to operationalize the protocol, specifying which member of the care performs each function, inclusive of when referral to dentist or periodontist is needed.
- Ensure each member of the care team receives the training and technical assistance resources necessary to follow the guidelines and to perform their role in the approach in a culturally competent manner.
- Establish referral relationships with dentists and other specialists, such as ENTs and periodontists.
- Engage with payers in discussion of payment approaches to support the model.

#### Mobile/portable dental care:

The national maternal and child health resource center provides a manual to guide planning and implementation of mobile dental units and portable dental care equipment for school-age children, which could be adapted for adults.

#### **Planning**:

- Specify where the mobile units and/or portable equipment will be deployed. Consider locations where Medicaid beneficiaries access housing, transportation, or other community-based supports, as well as rural communities, migrant worker locations, and American Indian reservations.
- Secure commitments from potential sites and develop a list of potential future sites.
- Specify the scope of services to be provided, hours of operation, and staffing plan.
- Include steps to show how ACH will research, and comply with, laws, regulations, and codes that may impact the design or implementation of the mobile unit and/or portable equipment.
- Include the timeline for educating providers, beneficiaries, and communities about the new service.

#### Implementation will include the following core components:



- Establish guidelines, policies, protocols, and/or procedures as necessary to support the full scope of services being provided.
- Secure necessary permits and licenses required by the state or locality.
- Establish referral relationships with primary care providers, dental providers, and other specialists, e.g., ENTs and periodontists, as needed.
- Acquire mobile unit and/or portable equipment and other supplies.
- Recruit, hire, and train staff.
- Implement the provider, client, and community education campaign to raise awareness of the new service.

# Project 3D: chronic disease prevention and control

#### **Project objective**

Integrate health system and community approaches to improve chronic disease management and control.

#### Target population

Medicaid beneficiaries (adults and children) with or at risk for arthritis, cancer, chronic respiratory disease (asthma), diabetes, heart disease, obesity, and stroke, with a focus on those populations experiencing the greatest burden of chronic disease(s) in the region.

#### Evidence-based approach:

Chronic Care Model

#### Project stages

Table 36: stage 1 – chronic disease prevention and control planning

Project milestone	Proof of completion required	Due
<ul> <li>Completed current state assessment</li> <li>Assess current state capacity to effectively impact chronic disease.</li> </ul>	Report milestone completion in semi-annual report	DY2, Q2
<ul> <li>Completed strategy development for health systems/community capacity</li> <li>Identify how strategies for health systems/community capacity focus areas (systems for population health management, workforce, value-based payment) will support project.</li> </ul>	Report milestone completion in semi-annual report	DY2, Q2
<ul> <li>Definition of evidence-based approaches or promising practices and target populations</li> <li>Select specific target population(s), guided by disease burden and overall community needs, ACHs will identify the population demographic and disease area(s) of focus, ensuring focus on population(s) experiencing the highest level of disease burden.</li> <li>Select evidence-based guidelines and best practices for chronic disease care and management using the Chronic Care Model approach to improve asthma, diabetes, and/or heart disease control, and address obesity in their region.</li> </ul>	Report milestone completion in semi-annual report	DY2, Q2



• Region may pursue multiple target chronic conditions and/or population- specific strategies in their overall approach.		
<ul> <li>Completion of initial partnering provider list</li> <li>Identify, recruit, and secure formal commitments for participation from all implementation partners, including health care providers (must include primary care providers) and relevant community-based service organizations.</li> <li>Form partnerships with community organizations to <u>support and develop interventions</u> that fill gaps in needed services.</li> <li>Execute Master Services Agreement for partnering providers receiving funds through the FE portal.</li> </ul>	Report milestone completion in semi-annual report	DY2, Q2
<ul> <li>Completed implementation plan</li> <li>Identify work steps and deliverables to implement the transformation activities and to facilitate health systems and community capacity building (HIT/HIE, workforce/practice transformation, and value-based payment) and health equity.</li> </ul>	Timely submission of implementation plan	DY2, Q3

Table 37: stage 2 – chronic disease prevention and control implementation

Project milestone	Proof of completion	Due
<ul> <li>Description of partnering provider progress in adoption of policies, procedures, and/or protocols</li> <li>Develop guidelines, policies, procedures, and protocols.</li> </ul>	Demonstrate progress in semi- annual report	DY3, Q2
<ul> <li>Completion and approval of QIP</li> <li>Develop continuous quality improvement strategies, measures, and targets to support the selected approaches.</li> </ul>	Timely submission of <u>QIP</u>	DY3, Q2
<ul> <li>Description of training and implementation activities</li> <li>Implement disease/population-specific Chronic Care Implementation Plan for identified populations within identified geographic areas, inclusive of identified change strategies to develop and/or improve:         <ul> <li>Self-management support</li> <li>Delivery system design</li> <li>Decision support</li> <li>Clinical information systems (including interoperable systems)</li> <li>Community-based resources and policy</li> <li>Health care organization</li> </ul> </li> <li>Implementation should ensure integration of clinical and community-based strategies through communication, referral, and data-sharing strategies.</li> </ul>	Demonstrate progress in semi- annual report	DY3, Q4

Table 38: stage 3 – chronic disease prevention and control scale and sustain

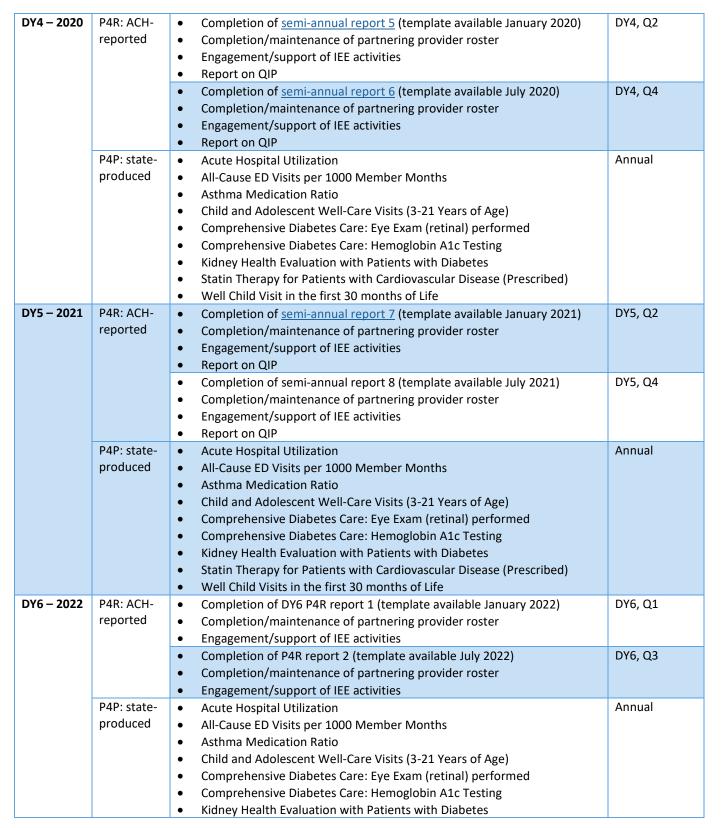


Project milestone	Proof of completion required	Due
<ul> <li>Description of scale and sustain transformation activities</li> <li>Increase scale of approach, expand to serve additional high-risk populations, include additional providers and/or cover additional high-needs geographic areas, to disseminate and increase adoption of change strategies that result in improved care processes and health outcomes.</li> <li>Description of continuous quality improvement methods to refine/revise</li> </ul>	Demonstrate progress in semi-annual report	DY4, Q4
<ul> <li>transformation activities</li> <li>Employ continuous quality improvement methods to refine the model, updating model, and adopting guidelines, policies, and procedures as required.</li> <li>Demonstrate facilitation of ongoing supports for continuation and expansion</li> </ul>		
<ul> <li>Provide or support ongoing training, technical assistance, learning collaborative platforms, to support shared learning, spread and continuation, and expansion of successful change strategies (e.g., the use of interoperable clinical information systems by additional providers, additional populations, or types of information exchanged).</li> </ul>		
<ul> <li>Demonstrate sustainability of transformation activities</li> <li>Identify and encourage arrangements between providers and MCOs that can support continued implementation of the project beyond DY5.</li> <li>Identify and resolve barriers to financial sustainability of project activities post-DSRIP.</li> </ul>		

#### Table 39: P4R recurrent deliverables and P4P project metrics

Year	Туре	Recurrent deliverable or metric	Due
DY2 – 2018	P4R: ACH-	• Completion of <u>semi-annual report 1</u> (template available March 2018)	DY2, Q2
	reported	<ul> <li>Completion of <u>semi-annual report 2</u> (template available July 2018)</li> <li>Completion/maintenance of partnering provider roster</li> <li>Engagement/support of IEE activities</li> </ul>	DY2, Q4
DY3 – 2019	P4R: ACH- reported	<ul> <li>Completion of <u>semi-annual report 3</u> (template available January 2019)</li> <li>Completion/maintenance of partnering provider roster</li> <li>Engagement/support of IEE activities</li> <li>Report on QIP</li> </ul>	DY3, Q2
		<ul> <li>Completion of <u>semi-annual report 4</u> (template available July 2019)</li> <li>Completion/maintenance of partnering provider roster</li> <li>Engagement/support of IEE activities</li> <li>Report on QIP</li> </ul>	DY3, Q4
	P4P: state- produced	<ul> <li>All-Cause ED Visits per 1000 Member Months</li> <li>Children's and Adolescents' Access to Primary Care Practitioners</li> <li>Comprehensive Diabetes Care: Hemoglobin A1c Testing</li> <li>Comprehensive Diabetes Care: Medical Attention for Nephropathy</li> <li>Medication Management for People with Asthma (5 – 64 Years)</li> </ul>	Annual







- Statin Therapy for Patients with Cardiovascular Disease (Prescribed)
- Well Child Visits in the first 30 months of Life

# Project implementation guidelines

This section provides additional details on the project's core components and should be referenced to guide the development of project implementation plans and QIPs.

# Guidance for project-specific health systems/community capacity strategies

- **Population health management/HIT:** current level of adoption of EHRs and other systems that support relevant bi-directional data sharing, clinical-community linkages, timely communication among care team members, care coordination and management processes, and information to enable chronic disease population health management and quality improvement processes; provider-level ability to produce and share baseline information on care processes and health outcomes for population(s) of focus.
- **Workforce:** capacity and shortages; incorporate content and processes into the regional workforce development and training plan that respond to project-specific workforce needs, such as:
  - Shortage of community health workers, certified asthma educators, certified diabetes educators, home health care providers.
  - $\circ$   $\;$  Access to specialty care, opportunities for telehealth integration.
  - Workflow changes to support registered nurses and other clinical staff to be working to the top of professional licensure. <u>Training and technical assistance</u> to ensure a prepared, proactive practice team and prepared, proactive community partners.
  - Cultural and linguistic competency, health literacy needs.
- **Financial sustainability:** alignment between current payment structures and guidelines are, inclusive of community-based services (such as home-based asthma visits, diabetes self-management education, and home-based blood pressure monitoring); incorporate current state and anticipated future state of VBP arrangements to support chronic disease control efforts into the regional VBP transition plan. Consider inclusion of the following within reimbursement models: bundled services, group visits, once-daily medication regimens, community-based self-management support services.

### Guidance for evidence-based approaches

#### Chronic Care Model

# Regions are encouraged to focus on more than one chronic condition under the Chronic Care Model approach.

Examples of specific strategies to consider within Chronic Care Model approach:

- <u>The Community Guide</u>
- <u>Million Hearts Campaign</u>
- <u>CDC-recognized National Diabetes Prevention Programs (NDPP)</u>
- Community Paramedicine model: locally designed, community-based, collaborative model of care that leverages the skills of paramedics and EMS systems to address care gaps identified through a community specific health care needs assessment.



**Specific change strategies to be implemented across elements of the Chronic Care Model:** self-management support, delivery system design, decision support, clinical information systems, community-based resources and policy, and health care organization.

- Self-management support strategies and resources to <u>empower and prepare patients to manage</u> <u>their health and health care</u>, such as: incorporate the 5As (assess, advise, agree, assist, arrange) into regular care, such as:
  - Completing and update asthma action plans
  - Providing access to asthma self-management education, diabetes self-management education, and Stanford Chronic Disease Management Program
  - Supporting home-based blood pressure monitoring
  - Providing motivational interviewing
  - Ensuring cultural and linguistic appropriateness
- **Delivery system design strategies** to support effective, efficient care, such as implementing and supporting team-based care strategies; increasing the presence and clinical role of non-physician members of the care team; increasing frequency and improving processes of planned care visits and follow-up; referral processes to care management and specialty care.
- **Decision support strategies** to support clinical care that is consistent with scientific evidence and patient preference, such as development and/or provision of decision support tools (guideline summaries, flow sheets, etc.); embed evidence-based guidelines and prompts into EHRs; provide education as needed on evidence-based guidelines via case-based learning, academic detailing, or modeling by expert providers; establish collaborative management practices and communication with specialty providers; incorporate patient education and engagement strategies.
- **Clinical information systems strategies** to organize patient and population data to facilitate efficient and effective care, such as utilization of patient registries; automated appointment reminder systems; bi-directional data sharing and encounter alert systems; provider performance reporting.
- **Community-based resources and policy strategies** to activate the community, increase communitybased supports for disease management and prevention, and development of local collaborations to address structural barriers to care such as community paramedicine; tobacco-free policy expansion; tobacco cessation assistance; nutritional food access policies; National Diabetes Prevention Program; home-based and school-based asthma services; worksite nutritional and physical activity programs; and behavioral screen time interventions.
- **Health care organization strategies** that ensure high-quality care, such as engagement of executive and clinical leadership; support for quality improvement processes; shared learning structures; intersection with care coordination efforts; and financial strategies to align payment with performance.





# Appendix A: P4R and P4P AV association

By project and reporting period

# AV snapshot: Project 2A - bi-directional integration of physical and behavioral health through care transformation

Table 39: P4R AV earning potential (Project 2A)

P4R milestones and recurrent deliverables	Sched	ule of A	Vs							
	DY2 (	2018)	DY3 (	2019)	DY4 (	2020)	DY5 (	2021)	DY6 (	2022)
	Q1-2	Q3-4	Q1-2	Q3-4	Q1-2	Q3-4	Q1-2	Q3-4	Q1-2	Q3-4
Completed current state assessment	1.0									
Completed strategy development for Domain I (health and community systems capacity building)	1.0									
Definition of evidence-based approaches or promising practices and target populations	1.0									
Completion of initial partnering provider list	1.0									
Completed implementation plan		1.0								
Support regional transition to integrated managed care (2020 regions only)		1.0								
Description of partnering provider progress in adoption of policies, procedures and/or protocols			1.0							
Completion and approval of QIP			1.0							
Description of training and implementation activities				1.0						
Attestation of successfully integrating managed care			1.0		1.0					
Description of scale and sustain transformation activities						1.0				
Description of continuous quality improvement methods to refine/revise transformation activities						1.0				
Demonstrate facilitation of ongoing supports for continuation and expansion						1.0				
Demonstrate sustainability of transformation activities						1.0				
Completion of semi-annual report	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0
Completion/maintenance of partnering provider roster		1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0
Engagement/support of IEE activities		1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0
Report on QIP			1.0	1.0	1.0	1.0	1.0	1.0		
Collection and reporting of provider-level P4R metrics			1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0
Total earnable P4R AVs per reporting period	5.0	5.0	8.0	6.0	6.0	9.0	5.0	5.0	4.0	4.0





#### Table 40: P4P AV earning potential (Project 2A)

P4P project metric	Schedule of AVs						
	DY3 (2019)	DY4 (2020)	DY5 (2021)	DY6 (2022)			
	Q1-Q4	Q1-Q4	Q1-Q4	Q1-Q4			
Acute Hospital Utilization	Inactive	1.0	1.0	1.0			
All-Cause ED Visits per 1000 Member Months	1.0	1.0	1.0	1.0			
Antidepressant Medication Management	1.0	1.0	1.0	1.0			
Asthma Medication Ratio	Inactive	1.0	1.0	1.0			
Children's and Adolescents' Access to Primary Care Practitioners	1.0	Inactive	Inactive	Inactive			
Child and Adolescent Well-Care Visits (3-21 Years of Age)	Inactive	1.0	1.0	1.0			
Comprehensive Diabetes Care: Eye Exam (retinal) performed	Inactive	1.0	1.0	1.0			
Comprehensive Diabetes Care: Hemoglobin A1c Testing	1.0	1.0	1.0	1.0			
Comprehensive Diabetes Care: Medical Attention for Nephropathy	1.0	Inactive	Inactive	Inactive			
Follow-up After ED Visit for Alcohol and Other Drug Abuse or Dependence	Inactive	1.0	1.0	1.0			
Follow-up After ED Visit for Mental Illness	Inactive	1.0	1.0	1.0			
Follow-up After Hospitalization for Mental Illness	Inactive	1.0	1.0	1.0			
Kidney health Evaluation for Patients with Diabetes	Inactive	1.0	1.0	1.0			
Medication Management for People with Asthma: Medication Compliance 75%	1.0	Inactive	Inactive	Inactive			
Mental Health Treatment Penetration (Broad Version)	1.0	1.0	1.0	1.0			
Plan All-Cause Readmission Rate (30 Days)	1.0	1.0	1.0	1.0			
SUD Treatment Penetration	1.0	1.0	1.0	1.0			
Total earnable P4P AV per performance period	9.0	14.0	14.0	14.0			





# AV snapshot: Project 2B - community-based care coordination

Table 41: P4R AV earning potential (Project 2B)

P4R milestones and recurrent deliverables	Sched	ule of A	Vs							
	DY2 (2	2018)	DY3 (2	019)	DY4 (2	.020)	DY5 (2	021)	DY6 (2	.022)
	Q1-2	Q3-4	Q1-2	Q3-4	Q1-2	Q3-4	Q1-2	Q3-4	Q1-2	Q3-4
Completed current state assessment	1.0									
Completed strategy development for Domain I (health and community systems capacity building)	1.0									
Definition of evidence-based approaches or promising practices and target populations	1.0									
Completion of initial partnering provider list	1.0									
Completed implementation plan		1.0								
Project 2B: Identified HUB lead entity and description of qualifications		1.0								
Description of partnering provider progress in adoption of policies, procedures and/or protocols			1.0							
Completion and approval of QIP			1.0							
Description of training and implementation activities				1.0						
Project 2B: Description of each pathway scheduled for initial implementation and expansion / partnering provider role & responsibilities to support Pathways implementation				1.0						
Description of scale and sustain transformation activities						1.0				
Description of continuous quality improvement methods to refine/revise transformation activities						1.0				
Demonstrate facilitation of ongoing supports for continuation and expansion						1.0				
Demonstrate sustainability of transformation activities						1.0				
Completion of semi-annual report	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0
Completion/maintenance of partnering provider roster		1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0
Engagement/support of IEE activities		1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0
Report on QIP			1.0	1.0	1.0	1.0	1.0	1.0		
Total earnable P4R AVs per reporting period	5.0	5.0	6.0	6.0	4.0	8.0	4.0	4.0	3.0	3.0





#### Table 42: P4P AV earning potential (Project 2B)

P4P project metric	Schedule	of AVs		
	DY3 (2019) Q1-Q4	DY4 (2020) Q1-Q4	DY5 (2021) Q1-Q4	DY6 (2022) Q1-Q4
Acute Hospital Utilization	Inactive	1.0	1.0	1.0
All-Cause ED Visits per 1000 Member Months	1.0	1.0	1.0	1.0
Follow-up After ED Visit for Alcohol and Other Drug Abuse or Dependence	Inactive	1.0	1.0	1.0
Follow-up After ED Visit for Mental Illness	Inactive	1.0	1.0	1.0
Follow-up After Hospitalization for Mental Illness	Inactive	1.0	1.0	1.0
Mental Health Treatment Penetration (Broad Version)	1.0	1.0	1.0	1.0
Percent Homeless (Narrow Definition)	1.0	1.0	1.0	1.0
Plan All-Cause Readmission Rate (30 Days)	1.0	1.0	1.0	1.0
SUD Treatment Penetration	1.0	1.0	1.0	1.0
Total earnable P4P AV per performance period	5.0	9.0	9.0	9.0





# AV snapshot: Project 2C -transitional care

Table 43: P4R AV earning potential (Project 2C)

P4R milestones and recurrent deliverables	Sched	ule of A	Vs							
	DY2 (2	2018)	DY3 (2	019)	DY4 (2	2020)	DY5 (2	2021)	DY6 (2	.022)
	Q1-2	Q3-4	Q1-2	Q3-4	Q1-2	Q3-4	Q1-2	Q3-4	Q1-2	Q3-4
Completed current state assessment	1.0									
Completed strategy development for Domain I (health and community systems capacity building)	1.0									
Definition of evidence-based approaches or promising practices and target populations	1.0									
Completion of initial partnering provider list	1.0									
Completed implementation plan		1.0								
Description of partnering provider progress in adoption of policies, procedures and/or protocols			1.0							
Completion and approval of QIP			1.0							
Description of training and implementation activities				1.0						
Description of scale and sustain transformation activities						1.0				
Description of continuous quality improvement methods to refine/revise transformation activities						1.0				
Demonstrate facilitation of ongoing supports for continuation and expansion						1.0				
Demonstrate sustainability of transformation activities						1.0				
Completion of semi-annual report	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0
Completion/maintenance of partnering provider roster		1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0
Engagement/support of IEE activities		1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0
Report on QIP			1.0	1.0	1.0	1.0	1.0	1.0		
Total earnable P4R AVs per reporting period	5.0	4.0	6.0	5.0	4.0	8.0	4.0	4.0	3.0	3.0





#### Table 44: P4P AV earning potential (Project 2C)

P4P project metric	Schedule of A	AVs, by year		
	DY3 (2019)	DY4 (2020)	DY5 (2021)	DY6 (2022)
	Q1- Q4	Q1- Q4	Q1-Q4	Q1-Q4
Acute Hospital Utilization	Inactive	1.0	1.0	1.0
All-Cause ED Visits per 1000 Member Months	1.0	1.0	1.0	1.0
Follow-up After ED Visit for Alcohol and Other Drug Abuse or	Inactive	1.0	1.0	1.0
Dependence				
Follow-up After ED Visit for Mental Illness	Inactive	1.0	1.0	1.0
Follow-up After Hospitalization for Mental Illness	Inactive	1.0	1.0	1.0
Percent Homeless (Narrow Definition)	1.0	1.0	1.0	1.0
Plan All-Cause Readmission Rate (30 Days)	1.0	1.0	1.0	1.0
Total earnable P4P AV per performance period	3.0	7.0	7.0	7.0





# AV snapshot: Project 2D - diversion interventions

Table 45: P4R AV earning potential (Project 2D)

P4R milestones and recurrent deliverables	Sched	ule of A	Vs							
	DY2 (2	2018)	DY3 (2	019)	DY4 (2	.020)	DY5 (2	2021)	DY6 (2	022)
	Q1-2	Q3-4	Q1-2	Q3-4	Q1-2	Q3-4	Q1-2	Q3-4	Q1-2	Q3-4
Completed current state assessment	1.0									
Completed strategy development for Domain I (health and community systems capacity building)	1.0									
Definition of evidence-based approaches or promising practices and target populations	1.0									
Completion of initial partnering provider list	1.0									
Completed implementation plan		1.0								
Description of partnering provider progress in adoption of policies, procedures and/or protocols			1.0							
Completion and approval of QIP			1.0							
Description of training and implementation activities				1.0						
Description of scale and sustain transformation activities						1.0				
Description of continuous quality improvement methods to refine/revise transformation activities						1.0				
Demonstrate facilitation of ongoing supports for continuation and expansion						1.0				
Demonstrate sustainability of transformation activities						1.0				
Completion of semi-annual report	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0
Completion/maintenance of partnering provider roster		1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0
Engagement/support of IEE activities		1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0
Report on QIP			1.0	1.0	1.0	1.0	1.0	1.0		
Total earnable P4R AVs per reporting period	5.0	4.0	6.0	5.0	4.0	8.0	4.0	4.0	3.0	3.0

#### Table 46: P4P AV earning potential (Project 2D)

P4P project metric	Schedule of AVs, by year						
	DY3 (2019)	DY4 (2020)	DY5 (2021)	DY6 (2022)			
	Q1- Q4	Q1- Q4	Q1-Q4	Q1-Q4			
All-Cause ED Visits per 1000 Member Months	1.0	1.0	1.0	1.0			
Percent Arrested	Inactive	1.0	1.0	1.0			
Percent Homeless (Narrow Definition)	1.0	1.0	1.0	1.0			
Total earnable P4P AV per performance period	2.0	3.0	3.0	3.0			





#### AV snapshot: Project 3A - addressing the opioid use public health crisis Table 47: P4R AV earning potential (Project 3A)

P4R milestones and recurrent deliverables	Schedu	le of AV	's							
	DY2 (20	)18)	DY3 (2	019)	DY4 (20	020)	DY5 (2021)		DY6 (2	022)
	Q1-2	Q3-4	Q1-2	Q3-4	Q1-2	Q3-4	Q1-2	Q3-4	Q1-2	Q3-4
Completed current state assessment	1.0									
Completed strategy development for Domain I (health and community systems capacity building)	1.0									
Definition of evidence-based approaches or promising practices and target populations	1.0									
Completion of initial partnering provider list	1.0									
Completed implementation plan		1.0								
Description of partnering provider progress in adoption of policies, procedures and/or protocols			1.0							
Completion and approval of QIP			1.0							
Description of training and implementation activities				1.0						
Address gaps in access & availability of providers offering recovery support services				1.0						
Description of scale and sustain transformation activities						1.0				
Description of continuous quality improvement methods to refine/revise transformation activities						1.0				
Demonstrate facilitation of ongoing supports for continuation and expansion						1.0				
Demonstrate sustainability of transformation activities						1.0				
Completion of semi-annual report	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0
Completion/maintenance of partnering provider roster		1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0
Engagement/support of IEE activities		1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0
Report on QIP			1.0	1.0	1.0	1.0	1.0	1.0		
Collection and reporting of provider-level P4R metrics			1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0
Total earnable P4R AVs per reporting period	5.0	4.0	7.0	7.0	5.0	9.0	5.0	5.0	4.0	4.0





#### Table 48: P4P AV earning potential (Project 3A)

P4P project metric	Schedule of AV	/s, by year		
	DY3 (2019)	DY4 (2020)	DY5 (2021)	DY6 (2022)
	Q1- Q4	Q1- Q4	Q1-Q4	Q1-Q4
Acute Hospital Utilization	Inactive	1.0	1.0	1.0
All-Cause ED Visits per 1000 Member Months	1.0	1.0	1.0	1.0
Patients prescribed chronic concurrent opioids and sedatives prescriptions	1.0	1.0	1.0	1.0
Patients prescribed high-dose chronic opioid therapy	1.0	1.0	1.0	1.0
SUD Treatment Penetration (Opioid)	Inactive	1.0	1.0	1.0
Total earnable P4P AV per performance period	3.0	5.0	5.0	5.0

# AV snapshot: Project 3B - reproductive and maternal/child health

Table 49: P4R AV earning potential (Project 3B)

P4R milestones and recurrent deliverables	Schedule of AVs									
	DY2 (2	2018)	DY3 (2	2019)	DY4 (2020)		DY5 (2021)		DY6 (2	022)
	Q1-2	Q3-4	Q1-2	Q3-4	Q1-2	Q3-4	Q1-2	Q3-4	Q1-2	Q3-4
Completed current state assessment	1.0									
Completed strategy development for Domain I (health and community systems capacity building)	1.0									
Definition of evidence-based approaches or promising practices and target populations	1.0									
Completion of initial partnering provider list	1.0									
Completed implementation plan		1.0								
Description of partnering provider progress in adoption of policies, procedures and/or protocols			1.0							
Completion and approval of QIP			1.0							
Description of training and implementation activities				1.0						
Description of scale and sustain transformation activities						1.0				
Description of continuous quality improvement methods to refine/revise transformation activities						1.0				
Demonstrate facilitation of ongoing supports for continuation and expansion						1.0				
Demonstrate sustainability of transformation activities						1.0				
Completion of semi-annual report	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0
Completion/maintenance of partnering provider roster		1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0
Engagement/support of IEE activities		1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0
Report on QIP			1.0	1.0	1.0	1.0	1.0	1.0		
Total earnable P4R AVs per reporting period	5.0	4.0	6.0	5.0	4.0	8.0	4.0	4.0	3.0	3.0



#### Table 50: P4P AV earning potential (Project 3B)

P4P project metric	Schedule of	AVs, by year		
	DY3 (2019)	DY4 (2020)	DY5 (2021)	DY6 (2022)
	Q1- Q4	Q1- Q4	Q1-Q4	Q1-Q4
All-Cause ED Visits per 1000 Member Months	1.0	1.0	1.0	1.0
Childhood Immunization Status (Combo 10)	Inactive	1.0	1.0	1.0
Chlamydia Screening in Women	1.0	1.0	1.0	1.0
Child and Adolescents Well-Child Visits (3-11 Years of Age)	Inactive	1.0	1.0	1.0
Contraceptive Care – Most & Moderately Effective Methods	Inactive	1.0	1.0	1.0
Contraceptive Care – Postpartum	Inactive	1.0	1.0	1.0
Mental Health Treatment Penetration (Broad Version)	1.0	1.0	1.0	1.0
SUD Treatment Penetration	1.0	1.0	1.0	1.0
Timeliness of Prenatal Care	Inactive	1.0	1.0	1.0
Well-Child Visits in the Third, Fourth, Fifth, and Sixth Years of Age	1.0	Inactive	Inactive	Inactive
Well-Child Visits in the First 15 Months of Life	Inactive	Inactive	Inactive	Inactive
Well-Child Visits in the First 30 Months of Life	Inactive	1.0	1.0	1.0
Total earnable P4P AV per performance period	5.0	10.0	10.0	10.0





# AV snapshot: Project 3C - access to oral health services

Table 51: P4R AV earning potential (Project 3C)

P4R milestones and recurrent deliverables	Schedule of AVs										
	DY2 (2	2018)	DY3 (2	2019)	DY4 (2	020)	DY5 (2	021)	DY6 (2	022)	
	Q1-2	Q3-4	Q1-2	Q3-4	Q1-2	Q3-4	Q1-2	Q3-4	Q1-2	Q3-4	
Completed current state assessment	1.0										
Completed strategy development for Domain I (health and community systems capacity building)	1.0										
Definition of evidence-based approaches or promising practices and target populations	1.0										
Completion of initial partnering provider list	1.0										
Completed implementation plan		1.0									
Description of partnering provider progress in adoption of policies, procedures and/or protocols			1.0								
Completion and approval of QIP			1.0								
Description of training and implementation activities				1.0							
Description of scale and sustain transformation activities						1.0					
Description of continuous quality improvement methods to refine/revise transformation activities						1.0					
Demonstrate facilitation of ongoing supports for continuation and expansion						1.0					
Demonstrate sustainability of transformation activities						1.0					
Completion of semi-annual report	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	
Completion/maintenance of partnering provider roster		1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	
Engagement/support of IEE activities		1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	
Report on QIP			1.0	1.0	1.0	1.0	1.0	1.0			
Total earnable P4R AVs per reporting period	5.0	4.0	6.0	5.0	4.0	8.0	4.0	4.0	3.0	3.0	





#### Table 52: P4P AV earning potential (Project 3C)

P4P project metric	Schedule of AVs, by year							
	DY3 (2019)	DY4 (2020)	DY5 (2021)	DY6 (2022)				
	Q1- Q4	Q1- Q4	Q1-Q4	Q1-Q4				
All-Cause ED Visits per 1000 Member Months	1.0	1.0	1.0	1.0				
Dental Sealants for Children at Elevated Caries Risk	Inactive	Inactive	1.0	1.0				
Periodontal Evaluation in Adults with Chronic Periodontitis	Inactive	1.0	1.0	1.0				
Primary Caries Prevention Intervention as Offered by Medical Provider: Topical Fluoride Application Delivered by Non-Dental Health Professional	1.0	1.0	1.0	1.0				
Utilization of Dental Services	1.0	1.0	1.0	1.0				
Total earnable P4P AV per performance period	3.0	4.0	5.0	5.0				





# AV snapshot: Project 3D - chronic disease prevention and control

Table 53: P4R AV earning potential (Project 3D)

P4R milestones and recurrent deliverables	Sched	dule of AVs										
	DY2 (2	2018)	DY3 (2	2019)	DY4 (2	020)	DY5 (2	2021)	DY6 (2	022)		
	Q1-2	Q3-4	Q1-2	Q3-4	Q1-2	Q3-4	Q1-2	Q3-4	Q1-2	Q3-4		
Completed current state assessment	1.0											
Completed strategy development for Domain I (health and community systems capacity building)	1.0											
Definition of evidence-based approaches or promising practices and target populations	1.0											
Completion of initial partnering provider list	1.0											
Completed implementation plan		1.0										
Description of partnering provider progress in adoption of policies, procedures and/or protocols			1.0									
Completion and approval of QIP			1.0									
Description of training and implementation activities				1.0								
Description of scale and sustain transformation activities						1.0						
Description of continuous quality improvement methods to refine/revise transformation activities						1.0						
Demonstrate facilitation of ongoing supports for continuation and expansion						1.0						
Demonstrate sustainability of transformation activities						1.0						
Completion of semi-annual report	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0		
Completion/maintenance of partnering provider roster		1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0		
Engagement/support of IEE activities		1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0		
Report on QIP			1.0	1.0	1.0	1.0	1.0	1.0				
Total earnable P4R AVs per reporting period	5.0	4.0	6.0	5.0	4.0	8.0	4.0	4.0	3.0	3.0		





#### Table 54: P4P AV earning potential (Project 3D)

P4P project metric	Schedule of AV	/s, by year		
	DY3 (2019)	DY4 (2020)	DY5 (2021)	DY6 (2022)
	Q1- Q4	Q1- Q4	Q1-Q4	Q1-Q4
Acute Hospital Utilization	Inactive	1.0	1.0	1.0
All-Cause ED Visits per 1000 Member Months	1.0	1.0	1.0	1.0
Asthma Medication Ratio	Inactive	1.0	1.0	1.0
Children's and Adolescents' Access to Primary Care Practitioners	1.0	Inactive	Inactive	Inactive
Child and Adolescent Well-Care Visits (3-21 Years of Age)	Inactive	1.0	1.0	1.0
Comprehensive Diabetes Care: Eye Exam (retinal) performed	Inactive	1.0	1.0	1.0
Comprehensive Diabetes Care: Hemoglobin A1c Testing	1.0	1.0	1.0	1.0
Comprehensive Diabetes Care: Medical Attention for Nephropathy	1.0	Inactive	Inactive	Inactive
Kidney Health Evaluation for Patients with Diabetes	Inactive	1.0	1.0	1.0
Medication Management for People with Asthma: Medication Compliance 75%	1.0	Inactive	Inactive	Inactive
Statin Therapy for Patients with Cardiovascular Disease (Prescribed)	Inactive	1.0	1.0	1.0
Total earnable P4P AV per performance period	5.0	8.0	8.0	8.0





## Appendix B: Project Toolkit for P4P metrics

The following table provides a high-level description for the Project Toolkit P4P metrics. Full measure specifications and measure production information can be referenced in the <u>DSRIP Measurement Guide</u>.

#### Table 55: Project Toolkit P4P metrics

Name of measure	Term used to reference the measure
National Quality Forum (NQF)#	<u>Measures endorsed by NQF</u> will have an identification number. A full list of NQF-endorsed measures are available through the <u>Quality Positioning System (QPS)</u> .
Measure steward	An individual or organization that owns a measure is responsible for maintaining the measure. Measure stewards are often the same as measure developers, but not always. Measure stewards are also an ongoing point of contact for people interested in a measure.
Measure description	Summary information to provide high-level understanding of measure intent.
ACH P4P metrics for project incentives, by year	Outlines the DYs when the measure is "activated" or associated with project P4P incentives. P4P begins DY3; however, not all measures are "activated" at the same time.
Associated toolkit projects	Indicates the projects for which the metric is associated with project P4P incentives.
ACH high-performance metric	Indicates whether the metric is associated with earning incentives from the ACH high-performance pool.



# Washington State Health Care Authority Table 56: ACH project P4P metrics

Name of metric	NQF#	Measure steward	Measure description		metrics fo es, by year	r project		Associated toolkit	ACH high- performance
				DY3 (2019)	DY4 (2020)	DY5 (2021)	DY6 (2022)	projects	metric
Acute Hospital Utilization	N/A	NCQA (HEDIS)	The rate of acute inpatient discharges among Medicaid beneficiaries, 18 years of age and older, during the measurement year. Measure is expressed as a rate per 1,000 denominator member months.	Inactive	P4P	P4P	P4P	2A, 2B, 2C, 3A, 3D	Ν
All-Cause ED Visits per 1000 Member Months	N/A	DSHS (Research and Data Analysis (RDA) Division)	The rate of Medicaid beneficiary visits to an ED during the measurement year, including visits related to mental health and SUD. Measure is expressed as a rate per 1,000 denominator member months.	P4P	P4P	P4P	P4P	2A, 2B, 2C, 2D, 3A, 3B 3C, 3D	Y
Antidepressant Medication Management	0105	NCQA (HEDIS)	The percentage of Medicaid beneficiaries, 18 years of age and older, who were treated with antidepressant medication, had a diagnosis of major depression, and who remained on an antidepressant medication treatment	Р4Р	Р4Р	Р4Р	Р4Р	2A	Y

			during the measurement year.						
Asthma Medication Ratio	1800	NCQA (HEDIS)	The percentage of Medicaid beneficiaries, 5- 64 years of age, who were identified as having persistent asthma and had a ratio of controller medication to total asthma medications of 0.50 or greater during the measurement year.	Inactive	P4P	P4P	P4P	2A, 3D	Y (DY4, DY5)
Children's and Adolescents' Access to Primary Care Practitioners	N/A	NCQA (HEDIS - modified)	The percentage of Medicaid beneficiaries, 12 months-19 years of age, who had an ambulatory or preventive care visit during the measurement year.	P4P	Inactive	Inactive	Inactive	2A, 3D	Ν
Child and Adolescent Well-Care Visits	N/A	NCQA (HEDIS - modified)	The percentage of Medicaid beneficiaries, 3- 21 years of age, who had at least one comprehensive well-care visit during the measurement year.	N/A	Р4Р	P4P	P4P	2A, 3D	Ν
Child and Adolescent Well-Care Visits	N/A	NCQA (HEDIS - Modified)	The percentage of Medicaid beneficiaries, 3- 11 years of age, who had at least one comprehensive well-care visit during the measurement year.	N/A	P4P	P4P	P4P	3В	Ŷ

Childhood Immunization Status (Combo 10)	0038	NCQA (HEDIS)	The percentage of Medicaid beneficiaries who turned 2 years of age during the measurement year who, by their second birthday, received all vaccinations in the Combo 10 vaccination set.	Inactive	P4P	P4P	P4P	3В	N
Chlamydia Screening in Women	0033	NCQA (HEDIS)	The percentage of female Medicaid beneficiaries, 16-24 years of age, identified as sexually active and who had at least one test for chlamydia during the measurement year.	P4P	P4P	P4P	P4P	3B	Ν
Comprehensive Diabetes Care: Eye Exam (retinal) Performed	0055	NCQA (HEDIS)	The percent of Medicaid beneficiaries, 18-75 years of age, with diabetes (type 1 and type 2) who had a retinal or dilated eye exam by an eye care professional during the measurement year, or a negative retinal exam (no evidence of retinopathy) in the 12 months prior to the measurement year.	Inactive	P4P	P4P	P4P	2A, 3D	Ν
Comprehensive Diabetes Care: Hemoglobin A1c Testing	0057	NCQA (HEDIS)	The percent of Medicaid beneficiaries, 18-75 years of age, with diabetes (type 1 and type 2) who received a Hemoglobin A1c (HbA1c) test during the measurement year.	P4P	P4P	Р4Р	P4P	2A, 3D	Ν
Comprehensive Diabetes Care: Medical	0062	NCQA (HEDIS)	The percent of Medicaid beneficiaries, 18-75 years of age, with diabetes (type 1 and type 2) who	P4P	Inactive	Inactive	Inactive	2A, 3D	N

Attention for Nephropathy			had a nephropathy screening test or evidence of nephropathy during the measurement year.						
Contraceptive Care – Most and Moderately Effective Methods	2903	US Office of Population Affairs	The percent of female Medicaid beneficiaries, 15-44 years of age, at risk of unintended pregnancy that are provided a most effective (i.e., sterilization, implants, intrauterine devices, or systems (IntraUterine Device (IUD) or IntraUterine System (IUS) or moderately effective (i.e., injectables, oral pills, patch, ring, or diaphragm) FDA-approved method of contraception during the measurement year.	Inactive	Ρ4Ρ	P4P	P4P	3B	Ν
Contraceptive Care – Postpartum	2902	U.S. Office of Population Affairs	The percent of female Medicaid beneficiaries, 15-44 years of age, who had a live birth that are provided a most effective (i.e., sterilization, implants, intrauterine devices, or systems [IUD/IUS]) or moderately effective (i.e., injectables, oral pills, patch, ring, or diaphragm) FDA-approved method of contraception within 3 and 60 days of delivery during the measurement year.	Inactive	P4P	P4P	P4P	3B	Ν

Dental Sealants for Children at	2508, 2509	Dental Quality	The percent of Medicaid beneficiaries, 6-14 years	Inactive	Inactive	P4P	P4P	3C	N
Elevated Caries		Alliance	of age, at elevated risk of						
Risk		(DQA)	dental caries who						
			received a sealant on a						
			permanent first molar						
			tooth (age 6-9 years) or a						
			sealant on a permanent second molar tooth (age						
			10-14 years) during the						
			measurement year.						
Follow-up	2605	NCQA	The percent of ED visits	Inactive	P4P	P4P	P4P	2A, 2B, 2C	N
After ED Visit		(HEDIS)	for Medicaid						
for Alcohol and			beneficiaries, 13 years of						
Other Drug			age and older, with a						
Abuse or			principal diagnosis of						
Dependence			alcohol or other drug						
			(AOD) abuse or dependence, who had a						
			follow up visit for AOD.						
			Two rates are reported:						
			1. The percentage of ED						
			visits for which the						
			member received follow-						
			up within 7 days of the ED visit.						
			2. The percentage of ED						
			visits for which the						
			member received follow-						
			up within 30 days of the						
			ED visit.						
			ED visit and follow-up						
			must occur during the measurement year.						
			measurement year.						

Follow-up After ED Visit for Mental Illness	2605	NCQA (HEDIS)	The percent of ED visits for Medicaid beneficiaries, 6 years of age and older, with a principal diagnosis of mental illness, who had a follow-up visit for mental illness. Two rates are reported: 1. The percentage of ED visits for which the member received follow- up within 7 days of the ED visit. 2. The percentage of ED visits for which the member received follow- up within 30 days of the ED visit. ED visit and follow-up must occur during the measurement year.	Inactive	P4P	Р4Р	Ρ4Ρ	2A, 2B, 2C	Ν
Follow-up After Hospitalization for Mental Illness	0576	NCQA (HEDIS)	The percent of discharges for Medicaid beneficiaries, 6 years of age and older, who were hospitalized for treatment of selected mental illness diagnoses and who had a follow-up visit with a mental health practitioner. Two rates are reported: 1. The percentage of discharges for which the member received follow- up within 7 days after discharge. 2. The percentage of	Inactive	Ρ4Ρ	Ρ4Ρ	Ρ4Ρ	2A, 2B, 2C	Ν

			discharges for which the member received follow- up within 30 days after discharge. Hospitalization discharge and follow-up must occur during the measurement year.						
Kidney Health Evaluation for Patients with Diabetes		NCQA (HEDIS)		Inactive	Ρ4Ρ	P4P	P4P	2A, 3D	Ν
Medication Management for People with Asthma: Medication Compliance 75%	1799	NCQA (HEDIS)	The percent of Medicaid beneficiaries, 5-64 years of age, who were identified as having persistent asthma and were dispensed appropriate medications that they remained on for the treatment period during the measurement year. Rate are reported for the percentage of members who remained on an asthma controller medication for at least 75% of their treatment period.	Р4Р	Inactive	Inactive	Inactive	2A, 3D	Y (DY3 only)
Mental Health Treatment Penetration (Broad Version)	N/A	WA DSHS (RDA)	The percent of Medicaid beneficiaries, 6 years of age and older, with a mental health service need identified within the past two years, who received at least one	P4P	P4P	P4P	P4P	2A, 2B, 3B	Y

			qualifying service during the measurement year.						
Patients Prescribed Chronic Concurrent Opioids and Sedatives Prescriptions	N/A	Bree Collaborative	The percent of Medicaid beneficiaries prescribed opioids and a concurrent sedative prescription, among beneficiaries prescribed chronic opioids.	P4P	P4P	P4P	P4P	3A	Ν
Patients Prescribed High-dose Chronic Opioid Therapy	N/A	Bree Collaborative	The percent of Medicaid beneficiaries prescribed chronic opioid therapy. Two rates reported according to dosage threshold: 1. Greater than or equal to 50mg morphine equivalent dosage in a quarter. 2. Greater than or equal to 90mg morphine equivalent dosage in a quarter.	P4P	Р4Р	Р4Р	P4P	ЗА	Ν
Percent Arrested	N/A	WA DSHS (RDA)	The percent of Medicaid beneficiaries, aged 18 and older, who were arrested at least once during the measurement year.	Inactive	P4P	P4P	P4P	2D	Ŷ
Percent Homeless (Narrow Definition)	N/A	WA DSHS (RDA)	The percent of Medicaid beneficiaries who were homeless in at least one month during the measurement year. Narrow definition excludes "homeless with housing" living arrangement code from	P4P	Ρ4Ρ	P4P	P4P	2B, 2C, 2D	Ŷ

			the Automated Client Eligibility System (ACES).						
Periodontal Evaluation in Adults with Chronic Periodontitis	N/A	Dental Quality Alliance (DQA)	The percent of Medicaid beneficiaries, ages 30 years and older, with history of periodontitis who received a comprehensive or periodic oral evaluation or a comprehensive periodontal evaluation within the measurement year.	Inactive	Р4Р	P4P	Р4Р	3C	Ν
Plan All-Cause Readmission Rate (30 Days)	1768	NCQA (HEDIS)	The percent of acute inpatient stays among Medicaid beneficiaries, 18 years of age and older, during the measurement year that were followed by an unplanned acute readmission for any diagnosis within 30 days.	Р4Р	P4P	P4P	P4P	2A, 2B, 2C	Y
Primary Caries Prevention Intervention as Offered by Medical Provider: Topical Fluoride Application Delivered by Non-Dental Health Professional	N/A	HCA	The percent of Medicaid beneficiaries, 0-5 years of age, who received a topical fluoride application from a professional provider (non-dental medical provider) during any medical visit during the measurement year.	Р4Р	P4P	P4P	P4P	3C	Ν

Statin Therapy for Patients with Cardiovascular Disease (Prescribed)	N/A	NCQA (HEDIS)	The percent of Medicaid beneficiaries, male 21-75 years of age and females 40-75 years of age, who were identified as having clinical atherosclerotic cardiovascular disease (ASCVD) who were dispensed at least one high- or moderate- intensity statin medication during the measurement year.	Inactive	Р4Р	P4P	Р4Р	3D	Ν
SUD Treatment Penetration	N/A	DSHS (RDA)	The percent of Medicaid beneficiaries 12 years of age and older with an SUD treatment need identified within the past two years, and who received at least one qualifying SUD treatment during the measurement year.	P4P	P4P	P4P	Ρ4Ρ	2A, 2B, 3B	Y
SUD Treatment Penetration (Opioid)	N/A	DSHS (RDA)	The percent of Medicaid beneficiaries, 18 years of age and older, with an opioid used disorder treatment need identified within the past two years, who received medication assisted treatment (MAT) or medication-only treatment for OUD during the measurement year.	Inactive	Р4Р	P4P	P4P	3A	Ν
Timeliness of Prenatal Care	N/A	NCQA (HEDIS)	The percent of live birth deliveries that received a prenatal care visit in the first trimester, on the enrollment start date or within 42 days of	Inactive	P4P	P4P	P4P	3B	Ν

			enrollment during the measurement year.						
Utilization of Dental Services	N/A	DQA	The percent of Medicaid beneficiaries who received preventative or restorative dental services in the measurement year.	P4P	P4P	Р4Р	P4P	3C	Ν
Well-Child Visits in the Third, Fourth, Fifth, and Sixth Years of Age	1516	NCQA (HEDIS - modified)	The percent of Medicaid beneficiaries 3–6 years of age who had one or more well-child visits during the measurement year.	P4P	Inactive	Inactive	Inactive	3В	Y
Well-Child Visits in the First 30 Months of Life		NCQA (HEDIS - modified)	The percent of Medicaid beneficiaries who turned 30 months old during the measurement year and who had six or more well- child visits during their first 15 months of life and two or more visits between 15 to 30 months.	Inactive	P4P	P4P	P4P	3В	Ν

#### ATTACHMENT D: DSRIP FUNDING AND MECHANICS PROTOCOL

#### I. Accountable Communities of Health

#### a. Introduction

This demonstration aims to transform the health care delivery system through regional, collaborative efforts led by ACHs. ACHs are self-governing organizations with multiple community representatives that are focused on improving health and transforming care delivery for the populations that live within the region. Providers within ACH regions will partner to implement evidence-based programs and emerging innovations, as defined in the DSRIP Planning Protocol (Attachment C), that address the needs of Medicaid beneficiaries. ACHs, through their governing bodies, are responsible for managing and coordinating the projects undertaken with partnering providers as well as state reporting.

This protocol provides detail and criteria that ACHs and their partnering providers must meet in order to receive DSRIP funding and the process that the state will follow to ensure that ACHs will meet these standards.

#### b. ACH Service Regions

There are nine ACHs that cover the entire state, with the boundaries of each aligned with the state's Medicaid Regional Service Areas (RSA). The RSAs were designated in 2014 through legislation that required the state to continue regionalizing its Medicaid purchasing approach. The RSA geographic boundaries were designated by assessing the degree to which they:

- Support naturally occurring health care delivery system and community service referral patterns across contiguous counties;
- Reflect active collaboration with community planning that prioritizes the health and well-being of residents;
- Include a minimum number of beneficiaries (at least 60,000 covered Medicaid lives) to ensure active and sustainable participation by health insurance companies that serve whole region; and
- Ensure access to adequate provider networks, consider typical utilization and travel patterns, and consider the availability of specialty services and the continuity of care.

ACH Name	Counties in RSA
Better Health Together	Adams, Ferry, Lincoln, Pend Oreille, Spokane
	Stevens
Greater Columbia ACH	Asotin, Benton, Columbia, Franklin, Garfield,
	Kittitas, Walla Walla, Whitman, Yakima
SWACH	Clark, Klickitat, Skamania
Cascade Pacific Action	Cowlitz, Grays Harbor, Lewis, Mason, Pacific,
Alliance	Thurston, Wahkiakum
Olympic Community of Health	Clallam, Kitsap, Jefferson
Healthier Here	King

Elevate Health	Pierce
North Sound ACH	Island, San Juan, Skagit, Snohomish Whatcom
North Central ACH	Chelan, Douglas, Grant, Okanogan

#### c. ACH Composition and Partnering Provider Guidelines

Each ACH consists of partnering providers. The commitment to serving Medicaid beneficiaries, as well as the diversity and expertise of those providers and social service organizations, is important in evaluating Project Plan applications.

*d.* The ACH serves as the lead for the projects with partnering providers that are participating in Medicaid transformation projects. The ACH must submit a single Project Plan application on behalf of the partnering providers, and serve as the single point of performance accountability in the Independent Assessor's evaluation of projects and metrics. *ACH Governance and Management* 

Each ACH must describe its primary decision-making process, process for conflict resolution, and its structure (e.g., a Board or Steering Committee) that is subject to composition and participation guidelines as outlined in STC 23. Each ACH's primary decision-making body will be responsible for approving the selection of transformation projects. Each ACH will comply with STCs 22 and 23 in its decision-making structure, which compliance the state will review and approve as part of ACH certification.

The overall organizational structure of the ACH must reflect the capability to make decisions and oversee regional efforts in alignment with the following five domains, at a minimum:

- Financial
- Clinical
- Community
- Data and Performance Monitoring
- Program management and strategy development

The ACH's responsibilities include engaging stakeholders region-wide; supporting partnering providers in planning and implementing projects in accordance with requirements of the demonstration; developing budget plans for the distribution of DSRIP funds to partnering providers in accordance with the funding methodology provided in this protocol; collaborating with partnering providers in ACH leadership and oversight; and leading and complying with all state and CMS reporting requirements.

#### II. Projects, Metrics and Metric Targets

#### a. Overview of Projects

ACHs must select and implement at least four Transformation projects from the Project Toolkit (described in the DSRIP Planning Protocol [Attachment C]). ACHs must provide project details in the Project Plan application and describe how selected projects are directly responsive to the needs and characteristics of the Medicaid populations served in the region. Projects described in the DSRIP Planning Protocol (Attachment C) are grouped into three domains: Health Systems and Community Capacity, Care Delivery Redesign, and Prevention and Health Promotion. The ACHs are responsible for demonstrating progress in relation to progress milestones and outcome metrics for each project.

#### b. Project Metrics

As part of their Project Plans, ACHs must develop timelines for implementation of projects, in alignment with state-specified process milestones included in Attachment C. Metrics that track progress in project planning, implementation, and efforts to scale and sustain project activities will be used to evaluate ACH milestone achievement.

ACHs must report on these metrics in their semi-annual reports (described in Section V). For each reporting period, ACHs are eligible to receive incentive payments for progress milestones and improvement toward performance metric targets. For designated performance metrics, ACHs will be awarded Achievement Values (AV), based on the mechanism described in Section IV of this protocol.

#### c. Outcome Metric Goals and Improvement Target

ACHs will have a performance goal for each outcome metric. On an annual basis, the state will measure ACH improvement from a baseline toward this goal to evaluate whether or not the ACH has achieved the metric improvement target. Each ACH will have its own baseline starting point. Both existing and new measures' baselines will be set based on performance during Demonstration Year (DY) 1.

Annual improvement targets for ACH outcome metrics will be established using one of two methodologies:

(1) Gap to Goal Closure: This methodology will be used for metrics that have available state or national Medicaid, or other comparable populations, 90<sup>th</sup> percentile benchmarks. Outcome targets will be based on these state or national performance benchmarks, whenever available, but adjustments may be made to reflect the socioeconomic and demographic characteristics of the populations serviced by ACHs, where possible.

The "gap" in this methodology is defined as the difference between the baseline (or end of prior DY) performance and the 90<sup>th</sup> percentile benchmark. Annual improvement targets will be an up to 10 percent closure of the gap year over year.

An example to illustrate the gap to goal methodology: If the baseline data for a measure is 52 percent and the goal is 90 percent, the gap to the goal is 38. The target for the project's first year of performance would be 38 times 10 percent, equaling a 3.8 percent increase in the result (target 55.8%). Each subsequent year would continue to be set with a target using the most recent year's data. For example, should an ACH meet or exceed the first year's target of 55.8 percent, the next annual target would be up to 10 percent of the new gap to the goal. This will account for smaller gains in subsequent years as performance improves toward the goal or measurement ceiling.

In cases where ACH performance meets or exceeds the performance goal (i.e., the 90 percent performance in the example above), incentives are earned based on continued

performance above the goal. If an ACH has already surpassed the goal in the baseline year, the measure will be dropped and value of the remaining measures rebased.

(2) Improvement-Over-Self: For those metrics without a state or national Medicaid benchmark available, including innovative metrics, the state will set a standard percent improvement relative to each ACH's previous DY performance. This percent improvement target will be determined on a metric-by-metric basis based on available evidence of a reasonable expectation for magnitude of change. Improvement targets for these metrics will be set to be consistent with the magnitude of change required to meet targets in the gap-to-goal methodology measures. The improvement-over-self-target for each metric will be consistent across each ACH.<sup>1</sup>

If an ACH baseline rate for an IOS metric reflects the maximum possible rate (100% or 0% depending on whether higher or lower rates indicate better outcomes) and thus an improvement target cannot be calculated, the measure will be dropped and the value of the remaining measures rebased.

#### III. Incentive Funding Formula and Project Design Funds

- a. Demonstration Year 1 (DY1)
  - i. Project Design Funds

In accordance with STCs 35(i) and 45, during DY1, the state will provide project design funds to ACHs for completing the designated certification process. The design funds are a fixed component distributed equally across ACHs for completing the certification process described in Attachment C and can be used to develop specific and comprehensive Project Plans. This funding allows ACHs to begin to develop the technology, tools, and human resources to support the necessary capacity ACHs need to pursue demonstration goals in accordance with community-based priorities.

Design funds payments will total up to 25 percent of allowable expenditures in DY1 with payments distributed in two phases between June and September 2017. As described in the DSRIP Planning Protocol (Attachment C), ACHs are required to complete the two-phase certification process for receipt of design funds. In order to be eligible for incentive payments, beyond design funds, an ACH must submit and receive state approval of a Project Plan.

ii. Project Funding

<sup>&</sup>lt;sup>1</sup> CMS approved 5.16.22, for DY5 and DY6 annual improvement targets for ACH outcome metrics will be established using the IOS methodology for all metrics given the differential disruption to the health care system across the nation and the associated impact to national data collection. Due to these factors, using a gap-to-goal method to set improvement targets would be problematic.

The state will distribute the remaining DY1 DSRIP funding (excluding state administrative expenses) to certified ACHs upon approval of the Project Plan application. The amount of DSRIP funding available for each ACH will be scaled based on application scoring by the Independent Assessor as outlined in STC 36.

#### b. Demonstration Years 2 through 6 Funding and Project Valuation

In accordance with STC 35(h), the state has developed criteria and methodology for project valuation by which ACHs will continue to earn incentive payments in DY 2 through 6 by reporting on and achieving progress measures and performance-based outcome metrics. Project valuation is calculated during DY1 once each certified ACH submits a Project Plan application detailing project selection and implementation strategies. Based on this content, the state determines maximum incentive payments allotted to each ACH, by project, which will be available for distribution to partnering providers. As described in STC 35, the annual maximum project valuation is determined based on the attributed number of Medicaid beneficiaries residing in the ACH RSA(s) and on the Project Plan application scores.

The maximum amount of ACH incentive funding is determined according to the methodology described in (c) below. Once each project is assigned a maximum valuation, the project's corresponding, individual progress measures and outcome metrics are valued according to the methodology described in (d) below.

Maximum ACH and project valuations are subject to monitoring by the state and CMS. In the event that an ACH does not meet the expected targets for each project's reportingbased progress measures and performance-based outcome metrics, the ACH's project valuation may be commensurately reduced from the maximum available project valuation. In addition, ACHs may receive less than their maximum available project valuation if DSRIP funding is reduced based on performance of the statewide measure bundle described in Section VII.

#### c. Calculating Maximum ACH Project Valuation

Each DY, a maximum statewide amount of DSRIP project funding will be identified. For approved tribal specific projects, a percentage of annual DSRIP funding will be allocated to tribal-specific projects in a manner consistent with this Protocol and the Tribal Protocol, which describes tribal projects and funds flow. Remaining project funds will be available to ACHs based on the methodology outlined below.

#### Step 1: Assigning Project Weighting

The state has weighed the projects in the Transformation Project Toolkit (Attachment C) relative to one another as a percentage of the total annual DSRIP project funding available, known as the project weight. ACHs must select at least four projects, including Project 2A (Bi-Directional Integration of Physical and Behavioral Health through Care Transformation), Project 3A (Addressing the Opioid Use Public Health Crisis) and least two additional projects, one from Domain 2 and one from Domain 3.

Each project has associated metrics that ACHs must achieve to earn funding tied to the project. An ACH's payment for project implementation is based on pay-for-reporting (P4R) in DY1 and DY2 and based on both P4R and pay-for-performance (P4P) in DY3, DY4<sup>2</sup>, DY5, and DY6. The maximum amount of incentive funding that an ACH can earn is determined based on the ACH's project selection<sup>3</sup>, the value of the projects selected, the quality and score of Project Plan applications, and the number of Medicaid beneficiaries<sup>4</sup> attributed to the ACH. Project weights outlined in Table 1 were assigned with consideration of the following factors:

- Alignment with statewide measures to better incentivize the achievement of statewide objectives.
- Number of Medicaid beneficiaries within scope and capacity of projects to address population need and improve population health.
- Potential cost-savings to ensure that the state's Medicaid per-capita cost is below national trends.
- Existence of evidence-based strategies to ensure a reduction in avoidable use of intensive services.
- Focus on quality of services, rather than quantity, to accelerate transition to valuebased payment.

Project Weighting						
Project	Weight					
2A: Bi-Directional Integration of Physical and Behavioral Health through Care Transformation	32%					
2B: Community-Based Care Coordination	22%					
2C: Transitional Care	13%					
2D: Diversions Interventions	13%					
3A: Addressing the Opioid Use Public Health Crisis	4%					
3B: Reproductive and Maternal and Child Health	5%					
3C: Access to Oral Health Services	3%					
3D: Chronic Disease Prevention and Control	8%					

#### **Table 1. Transformation Project Weighting**

#### Projects listed in order of Project Weighting

Project 2A (Bi-Directional Integration of Care and Primary Care Transformation) represents the state's primary objective under Initiative 1 of the demonstration. Project 2A requires the highest level of integration of all other projects and, therefore, houses the largest corresponding set of P4P metrics. Furthermore, Project 2A has the potential to yield the

<sup>2</sup> Due to COVID-19 and related performance impacts in CY 2020, CMS approved flexibility for 2020 P4P achievement value calculations. The flexibility allows the state to compare results by metric (2019 regional results, 2019 statewide average, or the 2020 regional results). The Independent Assessor will apply whichever result provides the greatest AV calculation.

<sup>4</sup> For DY6, CMS approved a minimum regional threshold for project incentives. The minimum threshold is set at \$5 million and the state will consider both the minimum threshold and the regional beneficiary calculation, applying the greater of the two.

greatest achievement of value for Medicaid members through an evidence-based approach and is likely to result in significant cost-savings for both the state and federal government. Regions that have implemented fully integrated managed care are be better positioned to scale project 2A and are eligible for an enhanced DY1 valuation based on project plan scoring methodology.

Project 2B (Community-Based Care Coordination) has the potential to realize significant healthcare spending reductions while providing local services to many of the state's most vulnerable Medicaid beneficiaries. To earn payments for this project, an ACH must transition early in the demonstration to P4P.

The project weights of Project 2C (Transitional Care) and Project 2D (Diversion Interventions) are each 13 percent. Both projects allow ACHs to select one or more evidence-based approaches to result in cost-savings for a smaller population of Medicaid beneficiaries compared to Projects 2A and 2B. In addition, these two projects have a smaller number of measures moving to P4P throughout the demonstration period compared to other Domain 2 projects.

Project 3D (Chronic Disease Prevention and Control) has the greatest project weighting in Domain 3s, at 8 percent. Project 3D has the potential to yield significant results for a large population of Medicaid beneficiaries by including multiple chronic diseases within the project. By affecting a large population through an evidence-based model, Project 3D has the potential to result in significant cost savings.

Project 3B (Reproductive and Maternal and Child Health) impacts a large subpopulation of Medicaid beneficiaries. This project offers several optional evidence-based approaches to drive success and a suitable number of metrics to measure performance.

Project 3A (Addressing the Opioid Use Public Health Crisis) will affect a subset of the state's substance use disorder (SUD) population of Medicaid beneficiaries, anticipated to be proportionally smaller than most other Domain 3 projects, by aligning with Governor Inslee's Executive Order 16-09.<sup>1</sup> Based on public comments and feedback to the Project Toolkit (Attachment C), Project 3A has now been escalated as a required project for all ACHs.

Project 3C (Access to Oral Health Services) is primarily targeted at the adult population, who will benefit from the evidence-based approach selected by the ACH, and there is a defined number of P4R metrics that will be used to measure an ACH's performance.

#### Step 2: Calculating Maximum ACH Project Funding

In accordance with STC 28 and STC 35(b), the state developed an allocation methodology for maximum ACH project funding based on project selection, transformation impact of projects, and attribution based on residence. The state will use the defined RSA boundaries to determine beneficiary attribution for the funding methodology using the November 2017 client-by-month file. The relative level of Medicaid attribution determined at that time will determine maximum DSRIP funds per ACH throughout the demonstration, as outlined below. Maximum funding by project is calculated by multiplying the total state ACH project funds available by the respective project weight (see Table 1 for project weighting). A minimum threshold for calculating maximum regional ACH project and IHCP funding will

be set at \$5 million per region for DY6. The state will consider both the minimum threshold and the regional beneficiary calculation, applying the greater of the two. Based on this change, the minimum threshold will apply to two of the nine ACHs and IHCP funding, resulting in a weighted decrease to the other ACHs.<sup>5</sup>

**Maximum Statewide Funding by Project** = [Total Annual Statewide ACH Project Funds Available by DY] x [Project Weight]

In order to determine the maximum annual ACH funding by project, the maximum annual statewide funding by project is multiplied by total Medicaid beneficiaries residing in the ACH RSA.

**Maximum ACH Funding by Project** = [Maximum Annual Statewide Funding by Project] x [Percent of Total Attributed Medicaid Beneficiaries]

This formula will be repeated for all selected projects, and the sum of selected project valuations equals the maximum amount of financial incentive payments each ACH can earn for successful project implementation over the course of the demonstration. Each ACH is required to select at least four projects, including Project 2A and Project 3A. If ACHs choose fewer than the total eight projects, project weights will be rebased proportionately for DY2 through DY6. This maximum ACH valuation will be earned upon achieving defined reporting-based progress measures and performance-based outcome metrics and may be reduced based on application of the statewide penalty described in Section VII.

For DY1, the maximum ACH Funding by Project will be adjusted based on Project Plan scores. Each ACH Project Plan will be scored by the Independent Assessor. The scoring criteria will be developed in conjunction with the Project Plan template (see DSRIP Planning Protocol).

#### d. Earning Incentive Payments

In DY2 through DY6, ACHs earn incentive payments for successful implementation and reporting of selected projects. Successful implementation is defined for each project as meeting the associated reporting-based progress measures and performance-based outcome metrics.

Within each payment period, ACHs are evaluated against these designated metrics and awarded Achievement Values (AV), which are point values assigned to each metric that is payment-driving. The maximum value of an AV is one (1) in the instance in which an ACH meets the designated metric.

The amount of incentive funding paid to an ACH will be based on the amount of progress made toward achieving its improvement target on each outcome metric. An ACH may achieve an AV based on meeting a minimum threshold of 25% of its gap-to-goal target in the year. If this performance threshold is not achieved, and ACH would forfeit the project incentive payment associated with that metric.

Enhanced AV valuation can be achieved if the ACH realizes a higher percentage of the gapto-goal performance target, beyond the 25% threshold:

<sup>5</sup> This change was made in collaboration with the regional ACHs and partners. The impacts of the change are understood, and partners agree this will result in a more equitable incentive distribution in DY6.

- 100 percent achievement of performance goal (achievement value = 1)
- Less than 100 percent achievement of performance goal and at least 75 percent achievement of performance goal (achievement value = .75)
- Less than 75 percent achievement of performance goal and at least 50 percent achievement of performance goal (achievement value = .50)
- Less than 50 percent achievement of performance goal and at least 25 percent achievement of performance goal (achievement value = .25)
- Less than 25 percent threshold achievement (achievement value = 0)

To determine Total Achievement Value (TAV) for each project in a given payment period, the AVs earned within the project are summed according to their relative weighting as illustrated in Table 2. From there, the Percentage Achievement Value (PAV) is calculated by dividing the TAV by the weighted total of possible AVs for the project in that payment period. The purpose of the PAV is to represent the proportion of metrics an ACH has achieved for each project in each payment period and will be used to determine the distribution of dollars earned out of the maximum annual ACH project funding as follows:

#### Table 2. Example Calculation of Achievement Values

Measure/Metric	Achievement Value
Outcome Metric 1	0
Outcome Metric 2	1
Outcome Metric 3	0.5
TAV	1.5
PAV	50.0%

To support the expected outcomes from successful project implementation, ACHs are solely responsible for P4R progress measures in DY1 and DY2. The state will transition a robust set of outcome metrics to be P4P, meaning a portion of project funds are dependent on ACH demonstrating improvement toward performance targets in the out years. Table 3 illustrates the timing and distribution of transition to P4P:

# Table 3. Transition to Pay-for-Performance, Percentage of Annual DSRIP Incentive Payment Allocation

Metric Type	DY1	DY2	DY3	DY4	DY5	DY6
P4R	100%	100%	75%	50%	25%	25%
P4P	0%	0%	25%	50%	75%	75%

#### e. Managed Care Integration

A primary goal of the demonstration is to support implementation of a fully integrated physical health and behavioral health managed care system. Although there are RSAs that have made progress toward integration, a majority of the state requires significant investments to achieve statewide integration of physical and behavioral health services by January 2020.

Regions that implement fully integrated managed care prior to 2020 are eligible to earn incentive payments above the maximum valuation for project 2A. To earn incentives above the maximum valuation for project 2A, regions must submit binding letters of intent to implement full integration. This will be reported in Project Plan submissions. The incentive payment is calculated using a base rate of up to \$2 million and a per member rate based on total attributed Medicaid beneficiaries, with payments distributed to the ACH in the calendar year of completion.

**Integration Incentive** = [Base Rate] + [Member Adjustment x Total Attributed Medicaid Beneficiaries] x [Phase Weight]

The incentives for fully integrated managed care will be distributed in two phases associated with reporting on progress measures: binding letter(s) of intent, and implementation. These phases represent two key activities towards integration. ACHs and partnering providers are eligible for an incentive payment for reporting on the completion of each phase.

#### Table 4. Weighting of Integration Progress Measures by Phase

Phase Weights	
Phase 1: Binding Letter(s) of Intent	40%
Phase 2: Implementation	60%

#### f. Value-based Payment Incentives

In accordance with STCs 41 and 42 and the state's Value-based Roadmap (Attachment F), the state will set aside no more than 15 percent of annually available DSRIP funds to reward MCO and ACH partnering providers for provider-level attainment of VBP targets as well as progression from baseline as described in STCs 41 and 42. VBP targets reflect goal levels of adoption of Alternative Payment Models (APM) and Advanced APMs in managed care contracting.

In DY6 the state will no longer provide regional ACH incentives and statewide MCO incentives. This change was made due to the limited total funding available in DY6 and the significant advancement made DY1-DY5 surrounding VBP. The STCs state that no more than 15 percent of annually available DSRIP funds can be set aside to reward VBP progress, and the state is choosing not to use that flexibility in DY6. This change was discussed extensively with MCOs and ACHs.<sup>6</sup> There is a shared understanding that the change will ensure DSRIP funding is maximized in DY6 for provider incentives and sustainability efforts. In addition, the state believes there are adequate accountabilities and incentives in place to support continued VBP progress as outlined in the Apple Health Appendix, including the managed care withhold. It is important to note that this change only relates to MCO and ACH VBP incentives under DSRIP. The VBP adoption targets remain for statewide accountability and are reinforced through the Apple Health Appendix and the state's managed care withhold program.

#### **IV.** ACH Reporting Requirements

<sup>&</sup>lt;sup>6</sup> MCOs and ACHs will be officially notified of this DY6 change once approved.

These activities are detailed below.

#### a. Pay for Reporting for ACH Project Achievement

Two times per year, ACHs seeking payment under the demonstration shall submit reports that include the information and data necessary to evaluate ACH projects using a standardized reporting form developed by the state. ACHs must use the document to report on their progress against the milestones and metrics described in their approved Project Plans. Based on these reports, as well as data generated by the state on performance metrics, the state will calculate aggregate incentive payments in accordance with this protocol. The ACH reports will be reviewed by state and the Independent Assessor. Upon request, ACHs will provide back-up documentation in support of their progress.

These reports will be due as indicated below after the end of each reporting period:

- DY1-DY5: For the reporting period encompassing January 1 through June 30 of each year; the semi-annual report and the corresponding request for payment must be submitted by the ACH to the state before July 31.
- DY1-DY5: For the reporting period encompassing July 1 through December 31 of each year; the semi-annual report and the corresponding request for payment must be submitted by the ACH to the state before January 31.
- DY6: The first P4R report and corresponding request for payment must be submitted by the ACH to the state before April 8.
- DY6: The second P4R report and corresponding request for payment must be submitted by the ACH to the state before October 7.

The state shall have 30 calendar days after these reporting deadlines to review and approve or request additional information regarding the data reported for each milestones/metric and measure. If additional information is requested, the ACH shall respond to the request within 15 calendar days and the state shall have an additional 15 calendar days to review, approve, or deny the request for payment, based on the additional information provided. The state shall schedule the payment transaction for each ACH within 30 calendar days following state approval of the semi-annual report. Approved payments will be transferred to the Financial Executor until the ACH provides direction for payment distribution to partnering providers.

The state must use this documentation in support of claims made on the MBES/CBES 64.9 Waiver form, and this documentation must be made available to CMS upon request.

#### V. State Oversight Activities

The state will provide oversight to ensure accountability for the demonstration funds being invested in Washington State, as well as to promote learning with the state and across the country from the work being done under the MTP demonstration. Throughout the demonstration, the state and/or its designee will oversee the activities of ACHs and submit regular reports to CMS pursuant to STC 37.

Each ACH must enter into a contract with the Washington State Health Care Authority

(HCA) to be eligible to receive project design funds, as well as other incentive funding under the demonstration. This contract sets forth the requirements and obligations of the ACHs as the leads for DSRIP and other partnering providers. The contract addresses reporting requirements, data sharing agreements, performance standards, compliance with the STCs of the demonstration, and the ACH's agreement to participate in state oversight and audit activity to ensure program integrity of the demonstration. In the contract, HCA requires ACHs to participate in semi-annual reporting outlined in this protocol as a condition for qualifying for demonstration funds.

The state will support ACHs by providing guidance and support on the state's expectations and requirements. Additionally, state activities designed to ensure program integrity are detailed below:

a. Quarterly Operational Reports

The state will submit progress reports on a quarterly basis to CMS. The reports will present the state's analysis of the status of implementation; identify challenges and effective strategies for overcoming them; review any available data on progress toward meeting metrics; describe upcoming activities; and include a payment summary by ACH as available. The reports will provide sufficient information for CMS to maintain awareness regarding progress of the demonstration.

b. Learning Collaboratives

Annual learning collaboratives will be sponsored by the state to support an environment of learning and sharing among ACHs. Specifically, the collaboratives will promote the exchange of strategies for effectively implementing projects and addressing operational and administrative challenges. ACHs will be required to participate and contribute to learning collaboratives as specified in STCs 37(c) and 45(a)(v).

c. Program Evaluation

In accordance with STCs 35 and 107, the state will develop an evaluation plan for the DSRIP component of the draft evaluation design. The state will contract with an independent evaluator to evaluate the demonstration. The evaluator will be selected after a formal bidding process that will include consideration of the applicant's qualifications, experience, neutrality, and proposed budget. Evaluation drafts and reports will be submitted in accordance with deadlines in section 7 of the STCs.

#### VI. Statewide Performance and Unearned DSRIP Funding

a. Accountability for State Performance

The state is accountable for demonstrating progress toward meeting the demonstration's objectives. Funding for ACHs and partnering providers may be reduced in DY3, DY4<sup>7</sup>, DY5 and DY6 if the state fails to demonstrate quality and improvement on the

<sup>7</sup> Due to COVID-19 impacts, Statewide accountability has been waived for DY 4. At-risk funding is therefore reduced from 10% to 0% for DY4.

statewide measures listed below. STC 44 specifies the amount of annual DSRIP funding at risk based on statewide performance on these measures. The funding reductions will be applied proportionally to all ACHs based on their maximum Project Funding amount.

A statewide performance goal will be established for the statewide metrics. The state will be accountable for achieving these goals by the end of the demonstration period. During DY3 and DY4<sup>7</sup>, annual assessment of quality and improvement from a defined baseline toward these goals will be used to measure and evaluate whether or not the statewide metric improvement target has been achieved.

#### Statewide Accountability Metrics

- 1. Mental Health Treatment Penetration
- 2. Substance Use Disorder Treatment Penetration
- 3. Outpatient Emergency Department Visits per 1000 Member Months
- 4. Plan All-Cause Readmission Rate (30 days)
- 5. Well-Child Visits in the 3rd, 4th, 5th, and 6th Years of Life<sup>8</sup>
- 5. Child and Adolescents Well-Care Visits 3-11 Years of Age
- 6. Antidepressant Medication Management
- 7. Medication Management for People with Asthma (5 64 Years)
- 8. Controlling High Blood Pressure<sup>9</sup>
- 9. Comprehensive Diabetes Care Blood Pressure Control<sup>10</sup>
- 10. Comprehensive Diabetes Care: Hemoglobin A1c (HbA1c) Poor Control

The state will establish a baseline performance for each measure. The state will adapt the Quality Improvement Score (QIS) methodology, originally developed by HCA for measuring MCO performance, to determine statewide performance across the statewide accountability measures for the demonstration. Each measure is assessed for both achievement of quality and improvement on an annual basis beginning DY3. The weighted sum of all the individual measure quality improvement scores will yield the overall QIS.

The overall QIS is then used to indicate whether a reduction of funding is warranted, and to calculate the percentage of funding at risk that should be reduced for that demonstration year. Annual improvement will reflect closing of the relative gap between prior performance year and the goal by up to 10 percent each year, as described in Attachment C, Section III(c). Quality will be assessed based on existing national benchmark standards where possible. For newer, innovative measures that do not have established national estimates, quality will be determined based on available evidence of reasonable expectation for magnitude of change.

<sup>&</sup>lt;sup>8</sup> In 2021, NCQA Hedis<sup>®</sup> retired Well Child Visits in the 3rd, 4th, 5th, and 6th Years of Life. This measure was replaced with Child and Adolescents Well-Care visits 3 - 11 Years of Age. This change will apply to DY 4 and DY 5 results.

<sup>&</sup>lt;sup>9</sup> Controlling high blood pressure has been removed from Statewide accountability QIS counts. The measure is inactive for DY3-DY5.

<sup>&</sup>lt;sup>10</sup> Comprehensive Diabetes Care: Blood Pressure Control is retired by NCQA® starting 2022 performance period. HCA is still determining an adequate replacement and will provide an update when approved.

If the state fails to achieve its annual quality improvement score on a given statewide accountability metric, funding will be reduced by the amount tied to the QIS.

The draw of the FFP match for all at-risk funds under statewide accountability metrics, or reporting of payments on the CMS-64 form, will not occur until the QIS have been approved by the state and CMS. The state will submit the QIS and supporting documentation to CMS for review and approval. CMS will have 90 calendar days to review and approve the QIS. Once the at-risk payments are approved, the state will disburse the portion of the withheld at-risk funds that were earned, and the state will report such expenditures on the CMS 64 form and draw down FFP accordingly. The state may not claim FFP for any at-risk expenditures until CMS has issued formal approval.

#### b. Reinvestment of Unearned DSRIP Funding

DSRIP funding that is unearned because the ACH failed to achieve certain performance metrics for a given reporting period may be directed toward DSRIP High Performance incentives. Unearned project funds directed to high performers will be used to support the scope of the statewide DSRIP program or to reward ACHs whose performance substantively and consistently exceeds their targets as measured according to a modified version of the QIS described above. The state does not plan to withhold any amounts to subsidize this reinvestment pool.

#### VII. Demonstration Mid-point Assessment

In accordance with STC 21, a mid-point assessment will be conducted by the Independent Assessor in DY3. Based on qualitative and quantitative information, and stakeholder and community input, the mid-point assessment will be used to systematically identify recommendations for improving individual ACHs and implementation of their Project Plans. If the state decides to discontinue specific projects that do not merit continued funding, the project funds may be made available for expanding successful project plans in DY 4 through DY 6.

ACHs will be required to participate in the mid-point assessment and adopt recommendations that emerge from the review. The state may withhold a percentage or all future DSRIP incentive funds if the ACH fails to adopt recommended changes, even if all other requirements for DSRIP payment are met. Attachment E Value-Based Roadmap



# Value-based Purchasing (VBP) Roadmap Apple Health Appendix

2021 update

February 2022

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## Purpose

The Apple Health Appendix reflects specific initiatives and changes pertaining to the Medicaid (Apple Health) program, in alignment with the Health Care Authority's (HCA's) VBP Roadmap.<sup>1</sup> In Washington State, Apple Health is the name for Medicaid. When referencing Washington's Medicaid program in this document, it will be referred to as Apple Health.

This document describes how Apple Health is changing, with the support of the Medicaid Transformation Project (MTP), the targets for VBP attainment, and the related incentives under the Delivery System Reform Incentive Payment (DSRIP) program. (The DSRIP program is for managed care organizations (MCOs) and Accountable Communities of Health (ACHs).)

This document addresses the following topics:

- Identified VBP targets and approach for measuring, categorizing, and validating progress toward regional ACH and statewide MCO attainment of VBP goals.
- Alternative payment models (APMs) deployed between MCOs and health care providers to reward performance consistent with DSRIP objectives and measures.
- Use of DSRIP measures and objectives by HCA in its contracting strategy approach for managed care plans.
- Measurement of MCOs based on utilization and quality that is consistent with DSRIP objectives and measures.
- Inclusion of DSRIP objectives and measures reporting in MCO contract amendments.
- Evolution toward further alignment with the Medicare and Children's Health Insurance Program (CHIP) Reauthorization Act (MACRA) and other advanced APMs.
- Approaches that MCOs and HCA will use with providers to encourage practices consistent with DSRIP objectives, measures, and VBP targets.

In accordance with the <u>special terms and conditions (STCs)</u> of Washington's Section 1115 Medicaid demonstration waiver (called MTP), HCA will update the Apple Health Appendix annually to capture best practices and incorporate lessons learned into HCA's overall vision for delivery system reform. The appendix is a living document throughout the duration of MTP. It is subject to change and adjustment to ensure that Washington State can achieve its VBP goals.

## Introduction

### **Apple Health and VBP reform**

To reach the goals defined in the VBP Roadmap (different than the Apple Health Appendix), Apple Health must play a leading role. One main goal for HCA is to drive and sustain delivery system transformation by shifting 90 percent of state-financed health care into value-based arrangements by the end of 2021.

On January 9, 2017, Washington State and the Centers for Medicare & Medicaid Services (CMS) reached agreement on a groundbreaking, five-year project that allows the state to invest in comprehensive Medicaid delivery and payment reform efforts through DSRIP.

<sup>&</sup>lt;sup>1</sup> Learn more about HCA's roadmap activities and paying for health and value strategy on the <u>HCA website</u>. If you would like a copy of the first edition of HCA's VBP Roadmap, please contact <u>J.D. Fischer</u>.

VBP strategies are foundational to MTP and serve as a vehicle for delivery system reform activities. HCA's commitment to advancing VBP strategies extends beyond MTP. This document covers efforts to increase adoption of VBP models statewide, along with those required under MTP's STCs.

As Washington continues to transition the health care purchasing strategy for Apple Health, HCA recognizes that a comprehensive and successful transformation requires a multi-layered approach that addresses the needs of MCOs, individual providers, and Medicaid beneficiaries. Initiatives under MTP, including community led delivery system reform strategies, play a crucial role in promoting overall system transformation.

## Alignment and Health Care Payment (HCP) & Learning Action Network (LAN)

HCA strives to align its efforts with the perspectives of MCOs and providers. These partners are integral to implementing new purchasing methodologies. As HCA implements VBP strategies, Medicare is making significant strides in implementing similar VBP reforms. Likewise, HCA—through the Public Employees Benefits Board (PEBB) and School Employees Benefits Board (SEBB) programs and multiple commercial payers in the state—are building VBP into their contracting strategies.

Providers must frequently navigate all these systems, which presents significant opportunities to align VBP methodologies across payer markets. This requires that HCA leverage purchasing power through Apple Health, PEBB, and SEBB to ensure that system reforms support and reinforce each other without leading to unnecessary burden for providers. Aligning the transition to VBP with other payers, where feasible, simplifies implementation for providers and allows them to achieve the greatest impact for their clinicians and patients.

The primary tool for multi-payer alignment is the use of the <u>Refreshed HCP-LAN APM Framework<sup>2</sup> across all</u> of <u>HCA's books of businesses</u>. These categories form the framework for the implementation of VBP in Washington by defining payment models subject to incentives and penalties, aligned with HCA's delivery system transformation goals. This framework recognizes a variety of approaches that can advance value-based care and provide flexibility to providers to participate in value-based payment models. The framework also addresses the circumstances of the services providers give and the communities they serve.

By adopting a national framework, Washington ensures that providers do not face conflicting guidance on how to classify payment models. This uniformity with national standards will enhance provider engagement and reduce administrative burden for providers learning to operate under VBP methodologies.

# Advancing Washington State's Apple Health VBP goals

Key levers and strategies that drive and support VBP adoption among Apple Health providers include:

- Apple Health MCO contract requirements
- MTP and the DSRIP program
- The state's role as a convener
- VBP strategies for rural communities

A central component of implementing VBP is incentivizing MCOs to adopt VBP with network providers through their contract with HCA. One way to do this is an MCO withhold, where HCA withholds a portion of

<sup>&</sup>lt;sup>2</sup> Learn more about the <u>HCP-LAN APM Framework refresh</u>.

the MCO's monthly premium. MCOs may earn the withheld funds by achieving defined targets for quality, VBP adoption, and provider incentive payments.

The shift from fee-for service (FFS) to VBP also requires delivery system changes. Time-limited DSRIP funds available through MTP allow providers to make these changes through investment in the delivery system transformation process and build provider capacity and infrastructure to succeed in VBP arrangements.

In turn, VBP adoption can reinforce and sustain DSRIP-funded delivery system transformation investments. This occurs through longer-term payer, provider, member, and community partnerships, as well as investments in population health management capabilities. The goal is a transformed system that improves the health and well-being of Washington communities.

HCA is also pursuing targeted strategies for specific provider entities and settings. For example, on July 1, 2017, HCA converted 16 federally qualified health centers (FQHCs) to a value-based payment methodology. Under this payment methodology, FQHCs are incentivized to manage the health of their population according to select quality metrics and are held accountable for performance on these measures.

### **Rural transformation efforts**

On September 10, 2021, CMS announced that Washington State was one of four state awardees for the Community Health Access and Rural Transformation (CHART) Model grant.<sup>3</sup> HCA is the lead agency for the CHART Model, which will test whether an aligned all-payer capitated APM and a community care redesign plan designed by the community will improve access to whole-person care, decrease population health disparities, and reduce costs. HCA will test this model in the North Central region of Washington State, which includes Chelan, Douglas, Grant, and Okanogan counties.

Under the CHART Model, HCA will partner with Participant Hospitals (PHs), North Central community and Tribal leaders, and payers on the CHART Advisory Council to build a Community Transformation Plan (CTP) that meets North Central community's needs. The CTP will feature evidence-informed innovative care delivery models and strategies to improve access to care, quality of care, and health outcomes for all North Central residents.

The COVID-19 pandemic further underscores the need for more predictably financing of services that prioritize value and population health. This model will advance appropriate care, meet community needs, and support rural providers though the health system transformation process. Focus areas include:

- Redesigning rural health system financing
- Enhancing population health management
- Addressing the rural health care workforce
- Leveraging digital health, telehealth, and secure information exchange

By changing the way providers are paid and aligning with incentives to transform the delivery system, Washington will build sustainable solutions for payers and providers that increase health access across rural communities. Through these strategies, MCOs and providers are supported and rewarded for advancing VBP during MTP and beyond.

## MTP - statewide accountability

The <u>STCs</u> outlines the requirements for Washington State pertaining to VBP withhold amounts based on statewide advancement of VBP adoption and quality metric goals.

<sup>&</sup>lt;sup>3</sup> Learn more about the CHART Model on the <u>CMS website</u>.

- What this means: if Washington State does not achieve the targets within the statewide accountability framework, the maximum available DSRIP funds will not be earned. The amount at risk is five percent in demonstration year (DY)3, ten percent for DY4, and increases to 20 percent in DY5.
  - Statewide performance across the 10 quality measures determines 80 percent of the funding "at risk."
  - o Attainment of statewide VBP targets determines 20 percent of the funding "at risk."

## MCO contract requirements: VBP withhold

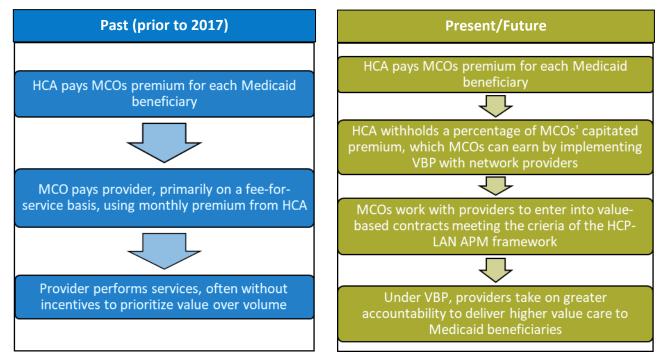
A primary way to advance state VBP goals is through Apple Health MCO contract requirements. HCA currently contracts with five MCOs, paying them a per-member per-month (PMPM) premium to deliver Medicaid services to many of the state's Medicaid beneficiaries. According to HCA's contractual arrangement, each MCO must negotiate VBP arrangements with network providers. To ensure accountability, HCA withholds a percentage of each MCO's PMPM premium. MCOs may earn back the withheld funds by demonstrating quality improvement and implementing VBP arrangements with providers.

The structure of the MCO withhold reinforces the quality emphasized by CMS and MTP. It incentivizes the adoption of VBP methodologies between the MCOs and providers, with a focus on regional VBP adoption and provider accountability, and an additional emphasis on quality improvement. By incentivizing VBP in the MCO contracts through the withhold program, along with the other efforts described in this document, HCA expects VBP adoption to expand and continue well beyond MTP.

Consistent with federal requirements defined under 42 CFR 438.6(b), HCA ensures that through the VBP withhold, MCO performance is reasonably achievable. This results in actuarially sound MCO rates so that rates appropriately cover all reasonable and expected costs for each MCO. HCA's contracted actuaries include confirmation of the soundness of the rates in the rate certification provided to CMS.

### **MCO contract withhold framework**

Under the withhold, a percentage of each MCOs' monthly PMPM premium is withheld, pending achievement of certain targets.



#### Figure 1: HCA and MCO contracts: past, present, future

The total percentage withhold is established each year (table below). The amount withheld may be earned back in three ways, each of which seeks to advance VBP:

- VBP adoption (12.5 percent): the VBP portion of the withhold focuses on the percent of an MCO's total payments to providers within a recognized VBP arrangement. The original target for this element aimed to increase the percent of VBP arrangements from 30 to 90 percent by 2021. Because of the COVID-19 pandemic, HCA decreased the 2021 MCO VBP adoption target to 85 percent to provide flexibility to MCOs and providers to focus on maintaining access. Qualifying VBP arrangements must meet the definition of Category 2C or higher within the HCP-LAN categorization.
- **Provider incentives (12.5 percent):** the provider incentives portion of the withhold focuses on the percent of funding, within recognized VBP arrangements, that is directly conditioned on meeting quality and financial metrics. Up to 12.5 percent of the provider incentives portion of the withhold may be earned back by linking qualifying provider incentive payments to quality and financial attainment or losses. The target was set at 0.75 percent of assessed payments in 2017 and increased to 1.25 percent for 2020 and 2021. See table 1 for more details.
- **Quality improvement (75 percent):** <u>House Bill 1109</u> (2019) required changes to the quality improvement portion of the withhold. Beginning in 2020, the quality improvement portion of the withhold may be earned back by achieving top national Medicaid quartile scores or demonstrating statistically significant improvement, as determined by an external quality review organization.

Following receipt of quality performance metric results, on or before July 1 after the performance year, HCA will determine the percentage of the withhold earned back by the MCO, based on the MCO's achieving quality improvement targets. Up to 75 percent of the withhold may be earned by achieving quality improvement targets. The amount of the withhold earned back is based on the proportion of measures for which the MCO achieved either top national Medicaid quartile or statistically significant improvement.<sup>4</sup>

These three components of HCA's withhold program, as well as the annual target percentages that must be met for MCOs to receive the full withhold amount are outlined in the table below and described in detail in <u>MCO contracts</u>.

VBP adoption		Provider in	centives	Quality	Quality improvement		
Year	Target	Year	Target	Year	Target		
2017	30%	2017	.75%	2017	0.2		
2018	50%	2018	1%	2018	0.2		
2019	75%	2019	1%	2019	0.2		
2020	85%	2020	1.25%	2020	100%		
2021	85%	2021	1.25%	2021	100%		
2022	90%	2022	1.25%	2022	100%		

Table 1, MCO contract withhold targets	VPD adaption	providor incontivos	and quality	mprovomont
Table 1: MCO contract withhold targets	$\sim$ <b>vbr</b> auoption,	, provider incentives	, anu yuanty i	mprovement

Note: because of COVID-19, the percentage of total VBP adoption target in DY5 is downgraded from 90 percent to 85 percent as of August 14, 2020. This means the target will not change from 2020 to 2021.

<sup>&</sup>lt;sup>4</sup> The measures are under review for contract year 2021. They were not available at the time of this update (October 1).

## **MCO VBP data submission requirements**

To assess MCO performance against the MCO contract withhold components, MCOs are required to provide VBP performance data as outlined in Exhibit D: VBP of the MCO contracts. The reporting covers data pertaining to the adoption and intensity of value-based payment methodologies by the MCO. They submit data to an external third-party independent assessor (IA) to validate performance under the VBP exhibit. The data for each component of the withhold is as follows:

- **VBP adoption:** MCOs report the dollar amounts of regional and statewide payments to providers under value-based arrangements in each category of APMs as defined under the HCP-LAN Framework.
- **Provider incentives:** MCOs report on the extent of regional and statewide payment incentives and payment disincentives represented in their VBP contracts with providers, as a share of total provider payments.

Medicaid VBP adoption is calculated based on the share of MCO payments to providers that are made through VBP arrangements in HCP-LAN Category 2C or higher, for the purposes of:

- The state's MCO withhold program
- MCO DSRIP VBP incentives
- ACH DSRIP VBP incentives
- State accountability for DSRIP VBP targets
- Quality improvement: the quality improvement portion of the withhold relies on provisions in the MCO contracts, related to the submission of clinical quality data.

## Validation of MCO VBP data

This IA is responsible for validating data submitted by the MCOs for the VBP adoption and provider incentives portions of the withhold. For 2021, measuring calendar 2020 VBP adoption, MCOs were required to submit to the IA:

- **VBP performance data:** MCOs complete a template provided by HCA with VBP performance data relating to the VBP adoption and provider incentives.
- **Supplemental packet:** MCOs provide documentary support for a sample of 45 providers identified by the IA. The MCO identifies the categorization of each provider contract according to the HCP-LAN Framework, with supporting documentation from the provider contract to illustrate the categorization and qualifying incentives.

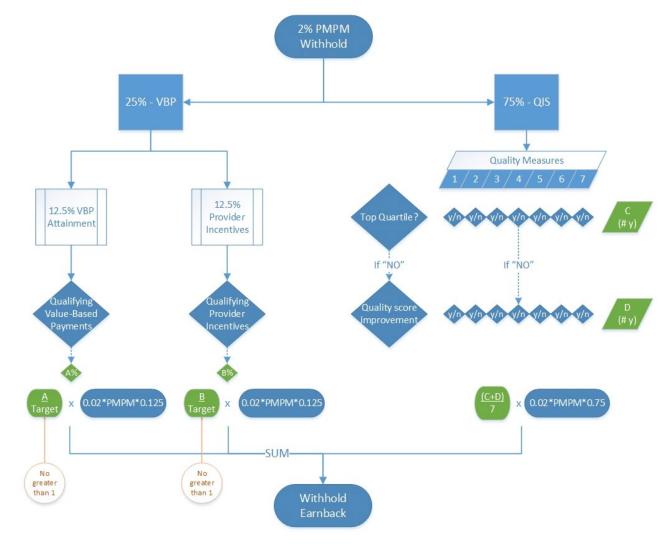
The table on the next page is an example of how MCOs report their payments to providers by ACH region and APM category.

#### Table 2: MCO VBP performance data template

				Medicaid t	otal assesse	d payments by	APM cate	egory					
Category			Region: Accountable Communities of Health										
APM category	APM Sub- category	Strategy	Better Health Together	Cascade	Greater Columbia	HealthierHere	North Central	North Sound	Olympic	Elevate Health	SWACH	Out-of- State	All
1 FFS - no link to quality	1	Fee-for-service											
2 FFS - link to quality	2A	Foundational payments for infrastructure & operations											
	2B	Pay-for-reporting											
	2C	Rewards for performance											
3 APMs built on FFS architecture	3A	APMs with upside gainsharing											
	3B	APMs with upside gainsharing and downside risk											
	3N	Risk-based payments - no link to quality											
4 Population- based payment	4A	Condition- specific, population-based payment											
	4B	Comprehensive population-based payment											
	4C	Integrated finance & delivery systems											
	4N	Capitated payments - no link to quality											
Total annual payments													

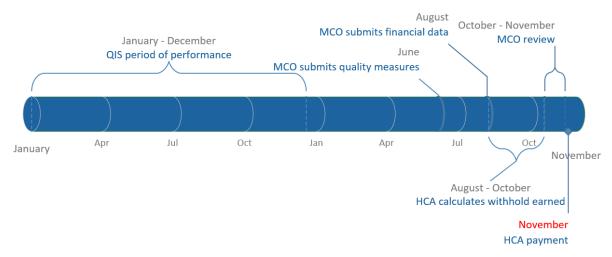
The figure below illustrates the methodology by which HCA assesses MCO withhold performance.





## Timeline

To allow time for MCOs to gather and report the required data, the assessment of performance occurs from August through November of the year after performance year. The two-year performance and review period continues on a rolling basis as shown, so the following performance year begins while HCA reviews the data for the prior performance year.



#### Figure 3: timeline for MCO VBP data submission, validation, and payment

For example, MCOs will report on 2021 data in August 2022. The validation process is conducted, with the process completed and payment of the percentage of the withhold earned to be scheduled within HCA's payment systems by November 30, 2022.

## Supporting VBP advancement through MTP

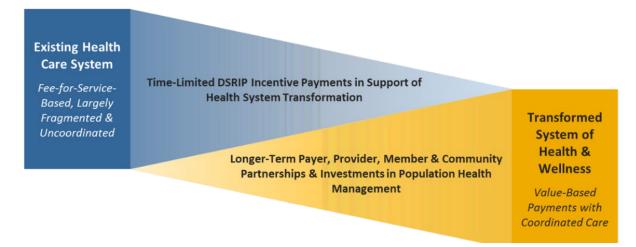
## **VBP advancement overview**

Under MTP, the DSRIP program provides resources to providers to move along the VBP continuum. Investment in foundational strategies that promote provider readiness for VBP is necessary to ensure the sustainability of MTP.

To encourage MCOs and providers to pursue VBP arrangements, DSRIP incentives are available for MCO and ACH achievement of VBP adoption targets as defined <u>in the STCs</u>. VBP adoption targets under MTP are based on the percentage of payments to providers that fall into Categories 2C of the HCP-LAN Framework, starting in DY1, with progressive targets through DY5.

Ultimately, DSRIP funds allow providers to make delivery system changes required for the implementation of VBP strategies, while VBP contracts can help sustain these changes by financially rewarding their outcomes.

#### Figure 4: DSRIP program and VBP



Advancing the shift toward VBP arrangements in place of traditional FFS models is a primary component of DSRIP accountability during MTP. This is highlighted below for the following entities:

- Washington is accountable for advancing quality outcomes and VBP adoption goals. In DY3-5, a portion of DSRIP incentives are at risk, depending on statewide performance in the following:
  - Demonstration of physical and behavioral health integration in managed care.
  - Improvement and attainment of quality targets across a set of quality metrics.
  - Improvement and attainment of defined statewide VBP targets.
- MCOs are eligible to earn DSRIP VBP incentives for reporting data required to assess MCO and ACH VBP adoption levels (per MCO contract requirements) and achievement and improvement toward annual VBP adoption targets.
  - MCOs can earn incentives for VBP adoption through DSRIP, like their contractual expectations.
- ACHs can also earn DSRIP VBP incentives through reporting of regional efforts to advance VBP, as well as achievement and improvement toward annual VBP adoption targets.

For more details about the DSRIP accountability framework, see the DSRIP Measurement Guide.

## Statewide accountability for VBP advancement

Beginning in 2019 (DY3), a portion of statewide DSRIP funding is at risk,<sup>5</sup> depending on the state's advancement of VBP adoption and performance on a set of quality metrics. If the state does not achieve its targets, available DSRIP funding will be reduced in accordance with the STCs.

By the end of 2021 (DY5), 90 percent<sup>6</sup> of total Medicaid MCO payments to providers must be made through designated VBP arrangements for the state to secure maximum available DSRIP incentives.

**Definition of achievement:** statewide VBP adoption targets are consistent with <u>HCP-LAN</u> Category 2C or higher VBP arrangements. VBP adoption is measured by two factors: improvement toward and achievement of the annual target. If the VBP adoption target is achieved, then the full VBP portion of the statewide accountability withhold is earned. If the target is not achieved, a portion of the withhold can still be earned based on the state's improvement in VBP adoption from the prior year using the improvement scoring methodology as presented in equation 2.

The remainder of this section describes how a portion of the withhold is earned and calculated when the VBP adoption target is not met.

	VBP adoption target (HCP-LAN 2C or higher)	Scoring weights			
	(HCP-LAN 2C OF higher)	Improvement	Achievement		
DY3	75%	50%	50%		
DY4 <sup>7</sup>	85%	75%	25%		
DY5	90%	75%	25%		

#### Table 3: annual statewide VBP adoption target and scoring weights

<sup>&</sup>lt;sup>5</sup> Because of COVID 19, statewide accountability for DY4 has been waived. This eliminated at-risk loss of dollars from 10 percent to zero (0), effective June 8, 2020.

<sup>&</sup>lt;sup>6</sup> HCA is pursuing an amendment to downgrade statewide VBP target to 85 percent, consistent with MCO contract changes for 2021.

<sup>&</sup>lt;sup>7</sup> February 24, 2022, CMS approved a scoring weight adjustment for DY4, DY5 and DY 6.

Note: because of COVID-19, HCA is asking CMS to downgrade the DY5 target for total VBP adoption from 90 percent to 85 percent. This would mean the target would not change from 2020 to 2021.

DY	Performance year	Baseline year
3	2019	2018
4	Waived	Waived
5	2021	2020

#### Table 4: statewide accountability VBP adoption - measurement years

**Data source:** according to their contract requirements with HCA, MCOs must attest to their VBP adoption levels annually by reporting total payments in each HCP-LAN category. The IA will calculate and validate statewide performance according to this annual data source. The statewide accountability VBP baseline year is the year prior to the performance year. This timeline aligns with MCO VBP adoption assessment according to the contractual agreement with HCA.

Payments to providers are defined as total Medicaid payments to providers (in dollars) for services, including inpatient, outpatient, physician/professional, and other health services, excluding any pass-through payments or other services carved out from MCO contracts. This amount excludes payments related to case payments, administrative dollars, Washington State Health Insurance Pool, premium tax, Safety Net Assessment Fund, provider access payment, or trauma funding.<sup>8</sup>

**Calculating the level of VBP adoption:** VBP adoption is calculated based on the share of MCO payments to providers made through VBP arrangements in HCP-LAN Category 2C or higher.<sup>9</sup>

#### Equation 1: level of VBP adoption (%)

		MCO payments to providers (in \$) made through VBP
Level of		arrangements at or above category 2C
VBP adoption (%)	=	Total MCO payments to providers (in \$)

The state is measured on achievement of VBP adoption targets, as well as improvement over the state's prior year VBP adoption level. If the state meets the VBP adoption target for the performance year, then the improvement score is 100 percent. If the state does not meet the VBP adoption target for the performance year, then the improvement score is calculated as the percent change from the baseline year to the performance year (equation 2). The weighted improvement score is measured by rewarding improvement over the baseline up to 100 percent of the improvement weight, which for DY4 would equal a maximum of 75 percent of the at-risk dollars as presented in Table 3.

#### **Equation 2: VBP improvement score**

PY VBP adoption actual – Baseline

Improvement Score =

PY VBP adoption target - Baseline

<sup>&</sup>lt;sup>8</sup> For calendar year (CY) 2017, HCA included payments for pharmacy service in the numerator and denominator when calculating the level of VBP adoption. In 2018, pharmacy was removed from the MCO PMPM, so as of 2018, all such payments are excluded when calculating the level of VBP adoption.

<sup>&</sup>lt;sup>9</sup> Payments for behavioral health services are included when paid by an MCO, including integrated MCOs. Payments for behavioral health services paid by behavioral health organizations prior to integration are not included.

Where the calculation of the **improvement score** produces a negative percentage, the improvement score is zero (0) percent. The improvement score is capped at 100 percent. However, if achievement is not met, then improvement score is capped at 75 percent.

The overall VBP performance score is calculated by first finding the VBP adoption target score and the VBP adoption actual score for the performance period, and then multiplying each score by the relevant scoring weights defined in Table 3.

The example below illustrates the portion of funds associated with VBP adoption earned by the state with an overall performance score of 82 percent. This performance would earn the state 46 percent of the 20 percent of overall dollars at-risk for statewide performance.

DY4 VBP adoption assessment (DY4 VBP target = 85%)	Value/score	Calculation
DY4 performance	82%	
DY3 (baseline)	77%	
Adoption target	85%	
Improvement score	61%	Based on "equation 2" graphic above (0.82 – 0.77) / (0.85 - 0.77)
Overall VBP score	46%	(Achievement Score * Weight) + (Improvement Score * Weight) = (0 * 25%) + (61% * 75%) or equivalent to 0% + 46%

Table 5: example calculation of statewide accountability VBP adoption

For more information about the overall statewide accountability approach and components, see the <u>DSRIP</u> <u>Measurement Guide</u>.

## **DSRIP incentives for MCO VBP achievement**

Washington's MCOs are critical partners in delivery system reform efforts, particularly to ensure the state's success in meeting its VBP goals. As stated in the STCs, MCOs are expected to serve in a leadership or supportive capacity in every ACH. This ensures delivery system reform efforts are coordinated across all necessary sectors—those providing payment, delivering services, and providing critical, community-based supports.

In support of MTP, MCOs will demonstrate improvement toward and achievement of the state's VBP targets and will play a critical role in the success and sustainability of Washington's DSRIP program.

## Available incentives

MCOs are expected to participate in delivery system reform efforts as a matter of business interest and contractual obligation to the state. For this reason, they do not receive incentive payments for participation in ACH-led transformation projects. However, MCOs are eligible to earn MCO VBP incentives (through the challenge pool) for achieving annual MCO VBP targets. The amount of incentives available to an individual MCO is determined by the attributed statewide managed care member months under signed Apple Health contracts for the performance year.<sup>10</sup>

#### Table 6: annual DSRIP funding available for MCO DSRIP VBP incentives

DY1	DY2	DY3	DY4	DY5	

<sup>10</sup> Annual DSRIP incentives are based on best available information and subject to change. In MCO contracts, these incentives are referred to as base earnable funds.

N/A	\$8,000,000	\$8,000,000	\$8,000,000	\$8,000,000
,	<i>40,000,000</i>	40,000,000	40,000,000	40,000,000

MCO VBP incentives are earned according to pay-for-reporting (P4R) and pay-for-performance (P4P) expectations. Each year, MCOs have a defined portion of incentives available for achieving P4R criteria and P4P targets. The percent of available incentives split between P4R and P4P is defined by the STCs.

Table 7: annual percent of potential earnable MCO DSRIP VBP incentives, by P4R and P4P

MCO DSRIP VBP incentives	DY2	DY3	DY4	DY5
P4R	50%	25%	0%	0%
P4P	50%	75%	100%	100%

The managed care contracts, including HCA's Apple Health Managed Care, Apple Health Integrated Managed Care, and Apple Health Foster Care, further specify how the incentives are distributed. If more than one of these contracts is effective between HCA and the MCO, the incentives earned will not be calculated separately for each contract. Instead, the incentives are calculated as a single payment, based on data aggregated from each of MCO's applicable Apple Health contract(s).

### Assessment of progress and performance

The performance year for determining whether MCOs completed milestones in support of advancing VBP and achieved VBP targets is aligned with a given DY. The assessment period will occur during fall (October–December), following the performance year.

#### P4R

MCOs are eligible to earn MCO VBP incentives for P4R in DY2 and DY3 only (no VBP incentives were available in DY1). These incentives are available to the MCOs for the complete and timely reporting of data required to assess the MCO progress toward meeting VBP adoption targets. The required data is specified in contract between HCA and the MCO.

#### **P4P**

For DY2-5, the P4P portion of MCO VBP incentives are available for successful achievement of and improvement toward specified VBP adoption targets. Each MCO is measured based on MCO-provided data (validated by the IA) and must meet performance expectations for the given year.

Performance targets, as well as improvement and achievement weighting for MCO VCP score determination, are outlined below.

#### Table 8: MCO VBP adoption targets

Year	Performance targets				
	HCP-LAN 2C or higher performance target	HCP-LAN 3A-4B performance subtarget			
DY1	30%	N/A			
DY2	50%	10%			
DY3	75%	20%			
DY4	85%	30%			

DY5	90% <sup>11</sup>	50%	
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MCO improvement and achievement are weighted differently throughout MTP. MCO improvement toward VBP adoption targets is more heavily weighted in the early years, while credit for full achievement of those targets is increasingly weighted in the later years.

Year	Calculation weight					
	Achievement score	Achievement subset score	Improvement score			
DY1	40%	0%	60%			
DY2	35%	5%	60%			
DY3	45%	5%	50%			
DY4 <sup>12</sup>	20%	5%	75%			
DY5	20%	5%	75%			

#### Table 9: MCO VBP P4P score weights

Based on its performance, the MCO is eligible to earn all or part of the available MCO VBP incentives. HCA and the IA will use data, which the MCOs are contractually required to submit, to identify the following:

- Achievement score: an achievement score for each MCO is calculated annually. If the MCO has reached or exceeded the HCP-LAN 2C or higher performance target for the performance year, then the achievement score will be 100 percent. If not, the achievement score is zero (0) percent.
- Achievement subset score: in DY2-5, HCA will assess whether the MCO has met the annual achievement subset criteria. In DY3, the achievement subset criteria requires that the MCOs have at least one VBP contract as a MACRA APM. In DY4 and 5, the achievement subset criteria requires that the MCOs have at least one VBP contract in Category 3B or above and including at least one of the following features:
  - More than nominal risk for shared losses
  - Payments tied to provider improvement or attainment on metrics from the Washington Statewide Common Measure Set using HCA quality improvement model or similar tool
  - Care transformation requirements, including state-level best practices
  - Use of certified electronic health record (EHR) technology in support of VBP methods
- **Improvement score:** an improvement score for each MCO is calculated annually. If the MCO has met the performance target for the DY, the improvement score is 100 percent. If the MCO has not met the performance target for the performance year, the improvement score is calculated as the percent change from the baseline year to the performance year towards the change in performance target. See Table 5 for more information.

The improvement score is capped at 100 percent. Where the prior calculation produces a negative percentage, the improvement score is zero (0) percent. However, if achievement is not met, then improvement score is capped at 75 percent.

<sup>&</sup>lt;sup>11</sup> HCA submitted a revision to CMS to maintain the target score of 85 percent from DY4-5. This is pending approval. <sup>12</sup> February 24, 2022, CMS approved a scoring weight adjustment DY4, DY5 and DY6.

• Eligibility for MCO VBP incentives (performance subtarget): MCOs must also meet a minimum threshold of VBP adoption in Category 3A and above (performance subtarget) to earn any MCO VBP incentives in DY4 and 5. The performance subtarget is also applied as a threshold for distribution of remaining funds only in DY2 and 3. This is described in the secondary process below.

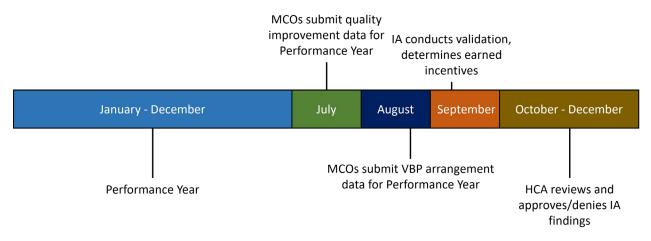
#### Table 10: annual HCP-LAN 3A-4B subtarget threshold for MCO DSRIP VBP incentives

	DY1	DY2	DY3	DY4	DY5
HCP-LAN 3A–4B performance subtarget	N/A	Eligibility: remaining funds Target= 10%	Eligibility: remaining funds Target= 20%	Eligibility: all funds Target= 30%	Eligibility: all funds Target= 50%

#### Incentive payment determination

The IA is responsible for determining whether reporting and performance expectations have been met.

#### Figure 5: assessment timeline for MCO VBP incentives



#### **Distribution of remaining incentives**

If there are any remaining MCO VBP incentives for a given performance year after initial allocation, a secondary process is initiated to allocate the unearned incentives. Each MCO is eligible to earn a share of any remaining incentives, based on achievement of the factors defined below.

#### Table 11: MCO eligibility to earn remaining MCO DSRIP VBP incentives

HCP-LAN 3A-4B performance subtarget	Relative quality improvement performance
<ul> <li>The MCO must meet the HCP-LAN 3A-4C performance subtarget for the performance year.</li> <li>If the MCO has not met the annual performance subtarget, they will not be eligible for any of the remaining incentives.</li> <li>If the MCO has met the annual performance subtarget, they are eligible for a percentage of remaining incentives.</li> </ul>	If the MCO meets the HCP-LAN 3A-4C <b>performance subtarget</b> , the MCO will receive a percentage of remaining MCO VBP incentives. This percentage is determined by the MCO's relative performance on the set of quality measures, as defined in MCO contracts with HCA. The state and IA will use the quality metric results to determine the amount of remaining incentives earned for eligible MCOs.

**Important:** MCOs must meet the HCP-LAN 3A-4C **performance subtarget** during DY4 and 5 to be eligible for any MCO VBP incentives, as part of the primary VBP adoption assessment. This is in addition to any remaining incentives, as part of the secondary process.

## **DSRIP incentives for ACH VBP achievement**

Provider readiness for VBP models and contracts are critical to meet statewide and regional VBP targets, as well as other state VBP goals. ACHs serve in a supportive role to help assess and support provider VBP readiness and practice transformation, and to connect providers to relevant training and resources. ACHs are awarded incentives for demonstrated improvement and achievement of VBP adoption targets in the ACH region. During DSRIP, ACHs are accountable for investing resources to support partnering providers. For example, ACHs should be distributing earned incentives to support their partnering provider needs in moving along the VBP continuum.

Under DSRIP, transformation efforts are driven by ACHs and coalitions of partnering providers as they select and implement a set of strategies from the <u>MTP Project Toolkit</u> to address regional health needs. To be successful, ACHs must integrate foundational cross-cutting health system and community capacity building elements that address workforce, systems for population health management, and financial sustainability through VBP.

Across the project stages, providers partnering with their ACH are eligible to receive incentive payments by contributing to the completion of project milestones and regional improvement on quality and outcome measures. The incentives earned by providers allow them to make the investments necessary to be successful in the project, as well as promote efforts to scale and sustain strategies that prove to improve whole-person health of their communities. To be financially sustainable, however, other sources of funding must be identified to sustain these strategies, which could come through success in VBP contracts.

While VBP arrangements vary in complexity and provider risk, all require that providers can effectively measure and influence the quality and cost of care provided. The presence and maturity of many underlying capabilities influence whether providers succeed under their VBP arrangements. ACHs have made efforts to understand the current state of VBP capabilities among their provider partners, and how ACHs can leverage DSRIP funds to support development of capabilities moving forward. ACHs determine the allocation methodology for earned VBP incentive DSRIP funds among partnering providers in their region.

## Available incentives

ACH can earn VBP incentives for P4R and P4P. ACH VBP incentives are funded through the reinvestment pool. Potential earnable ACH VBP incentives are distributed evenly across all nine ACHs. However, ACHs will earn incentives based on VBP performance outcomes. All unearned incentives will be redirected to the highperformance pool. Annual DSRIP incentives are based on best available information, and subject to change.

DY1	DY2	DY3	DY4	DY5
N/A	\$3,600,000	\$4,500,000	\$5,400,000	\$6,300,000

**Note:** both ACH VBP and integration incentives are funded through the reinvestment pool. Earned incentives for ACHs that achieve key integration milestones may affect the amount of ACH VBP incentives available for a given year.

ACHs are eligible to earn VBP incentives through reported progress on VBP milestones (P4R), and improvement toward and achievement of VBP adoption targets (P4P) in their regions. With VBP adoption, ACHs are rewarded on reported progress in the early years and rewarded more on full attainment of targets in later years. The table below indicates the percent of VBP incentives available to ACHs for P4R and P4P throughout the transformation.

#### Table 13: annual percent of potential earnable ACH VBP incentives, by P4R and P4P

ACH VBP incentives	DY1	DY2	DY3	DY4	DY5
Pay-for-reporting (P4R)	100%	75%	50%	25%	0%
Pay-for-performance (P4P)	0%	25%	50%	75%	100%

## Assessment of progress and performance

#### P4R

ACHs report on VBP P4R milestones as part of their semi-annual reports. ACH VBP incentives for P4R are earned by providing complete and timely evidence of milestone completion for the annual reporting period. ACH VBP P4R milestones evolve as the transformation progresses. Note that P4R milestones phase out as accountability transitions to demonstrating performance against VBP targets in the later years.

#### Table 14: ACH VBP P4R milestones

Milestone	Reflective of activities that occurred during:
<ul> <li>N/A (none; no DSRIP funding allocated to VBP incentives for DY1).</li> </ul>	DY1 (2017)
<ul> <li>Inform providers of VBP readiness tools to assist their move toward value-based care.</li> <li>Connect providers to training and/or technical assistance (TA) offered through HCA, the Healthier Washington Collaboration Portal, MCOs, and/or the ACH.</li> <li>Support assessments of regional VBP attainment by encouraging/incentivizing completion of the state provider survey.</li> <li>Support providers to develop strategies to move toward value-based care.</li> </ul>	DY2 (2018)
<ul> <li>Identification and support of providers struggling to implement practice transformation and move toward value-based care.</li> <li>Support providers to implement strategies to move toward value-based care.</li> <li>Continued support of regional VBP attainment assessments by encouraging/incentivizing completion of the state provider survey.</li> </ul>	DY3 (2019)
<ul> <li>Continued support of regional VBP attainment assessments by encouraging/incentivizing completion of the state provider survey.</li> <li>Continued identification and support of providers struggling to implement practice transformation and move toward value-based care.</li> </ul>	DY4 (2020)
N/A (all incentives reward performance; no incentives for reporting)	DY5 (2021)

#### **P4P**

The IA calculates VBP adoption by ACH region each year for the prior measurement year. The calculation is based on data provided by MCOs. HCA and IA obtain the data used to calculate regional ACH VBP achievement from annual MCO reporting on VBP adoption, both by region and by HCP-LAN category.

The resulting data is validated by the IA and aggregated across all MCOs by region and HCP-LAN category. ACH achievement of regional VBP adoption targets is contingent on MCO VBP adoption performance. ACHs are expected to engage with MCOs and providers in their region to encourage VBP adoption but are not expected to be directly involved in VBP contracts themselves.

ACH VBP P4P incentives are associated with VBP adoption targets, as required by the STCs. Regional VBP adoption is calculated based on the share of MCO payments to providers that are made through VBP arrangements in the HCP-LAN Category 2C or higher.

#### Table 15: ACH VBP adoption targets

Year	Performance targets	Performance targets			
	HCP-LAN 2C or higher adoption target	HCP-LAN 3A-4B adoption subtarget			
DY1	30%	N/A			
DY2	50%	10%			
DY3	75%	20%			
DY4	85%	30%			
DY5	90%	50%			

Achievement of annual ACH VBP P4P outcomes will consider full achievement of VBP adoption targets and improvement from prior year performance toward VBP adoption targets.

Year Calculation weight				
	Achievement score	Achievement subset score	Improvement score	
DY1	N/A	N/A	N/A	
DY2	35%	5%	60%	
DY3	45%	5%	50%	
DY4 <sup>13</sup>	20%	5%	75%	
DY5	20%	5%	75%	

#### Table 16: ACH VBP P4P score weights

The amount of ACH VBP P4P incentives earned by the ACH based on performance will reflect the following components:

- Achievement of ACH VBP adoption target (HCP-LAN 2C or higher performance target)
- Achievement of defined subset criteria
- Improvement from prior year VBP adoption
- Minimum threshold for ACH VBP incentives (HCP-LAN 3A-4C performance subtarget)

Based on its performance, an ACH is eligible to earn all or part of the available incentives for ACH VBP P4P. HCA and IA will use data the MCOs are contractually required to identify the following:

- **Achievement score:** an achievement score for each ACH region is calculated annually. If the ACH region has reached or exceeded the HCP-LAN 2C-4C performance target for the performance year, the achievement score will be 100 percent. If not, the achievement score is zero (0) percent.
  - Achievement subset score: in DY2-5, HCA will assess whether the ACH region has met the annual achievement subset criteria. If the achievement subset criteria have been met, the achievement subset score will be 100 percent. If the achievement subset criteria have not been met, the achievement subset score will be zero (0) percent.

<sup>&</sup>lt;sup>13</sup> February 24, 2022, CMS approved a scoring weight adjustment DY4, DY5 and DY6.

• **Improvement score:** an improvement score for each ACH region is calculated annually. If the ACH region has met the performance target for the DY, then the improvement score is 100 percent. If the ACH region has not met the performance target for the performance year, then the improvement score is calculated as the percent change from baseline year to the performance year towards the change in performance target.

The improvement score is capped at 100 percent. Where the prior calculation produces a negative percentage, the improvement score is zero (0) percent. See Figure 5 for more information. However, if achievement is not met, then improvement score is capped at 75 percent. ACHs must also meet a minimum threshold of VBP adoption in Category 3A and above (performance subtarget) to earn any ACH VBP incentives in DY4 and 5.

#### Table 17: annual HCP-LAN 3A-4B subtarget threshold for ACH VBP incentives

	DY1	DY2	DY3	DY4	DY5
HCP-LAN 3A – 4B	N/A	None	None	30%	50%
Subtarget					

## Incentive payment determination

#### P4R

The achievement of ACH VBP P4R milestones is assessed by the IA. Each VBP P4R milestone is associated with one (1.0) achievement value (AV). The percentage of VBP P4R funds earned for the year is equal to the percent of VBP P4R AVs earned out of the total possible number of AVs.

ACHs attest to milestones and provide evidence of completion (e.g., narrative responses, lists of activities), which are assessed on a binary (complete/incomplete) scale. The period for achieving P4R milestones is during the same DY.

Table 1: schedule of ACH VBP P4R milestone AVs

ACH VBP P4R milestones	DY2 Quarter (Q)1-Q4	DY3 Q1-Q4	DY4 Q1-Q4
Inform providers of VBP readiness tools to assist their move toward value-based care.	1.0	-	-
Connect providers to training and/or TA offered through HCA, the Healthier Washington Collaboration Portal, MCOs, and/or the ACH.	1.0	-	-
Support assessments of regional VBP attainment by encouraging and/or incentivizing completion of the state provider survey.	1.0	1.0	1.0
Support providers to develop strategies to move toward value-based care.	1.0	-	-
Identification and support of providers struggling to implement practice transformation and move toward value-based care.	-	1.0	-
Support providers to implement strategies to move toward value-based care.	-	1.0	-
Continued identification and support of providers struggling to implement practice transformation and move toward value-based care.	-	-	1.0
	4.0	3.0	2.0

To identify the earned VBP P4R incentives for each ACH, the average AV for all P4R milestones that apply in the year (the percent AV completion) is multiplied by the ACH VBP incentives associated with P4R in the measurement year. In the example below, an ACH that earns three out of four possible AVs for the reporting period would earn 75 percent of available ACH VBP incentives associated with P4R. Refer to the <u>DSRIP</u> <u>Measurement Guide</u> for details.

ACH VBP P4R milestones for reporting period DY2 Q1-Q4	Earned AV	Possible AV
Inform providers of VBP readiness tools to assist their move toward value-based care.	0.0	1.00
Connect providers to training and/or TA offered through HCA, the Healthier Washington Collaboration Portal, MCOs, and/or the ACH.	1.0	1.00
Support assessments of regional VBP attainment by encouraging and/or incentivizing completion of the state provider survey.	1.0	1.00
Support providers to develop strategies to move toward value-based care.	1.0	1.00
Total achievement value (TAV)	3.0	4.0
Percentage achievement value (PAV)	(3.0 / 4.0) = 75%	100%

#### Table 19: example ACH VBP P4R AV calculation (for reporting period DY2)

Earned incentives are distributed annually to ACHs, aligned with the timing of payment cycles for ACH project incentive payments.

#### **P4P**

The IA calculates the final ACH VBP P4P score by adding the weighted scores for improvement, performance target, and performance subset target achievement. The final score for all components will determine the proportion of potential ACH VBP P4P incentives earned by an ACH for a given performance year. Full credit is earned by meeting or exceeding the defined target for the associated year. ACHs do not earn additional incentives for exceeding improvement or performance expectations. Examples of ACH VBP incentive calculations are available in the <u>DSRIP Measurement Guide</u>.

ACHs earn VBP P4P incentives on an annual basis. Earned incentives are distributed in alignment with earned project P4P and VBP P4R incentive payments. Because of the data compilation and validation process, there is an approximate 18-month lag between the end of the performance year and when ACH VBP P4P incentives are paid.

#### **Distribution of remaining incentives**

If a region does not meet progress (P4R) or performance (P4P) expectations, the ACH's unearned VBP incentives will be used to fund ACH high-performance incentives.

## State role as connector

Recognizing the importance of alignment between VBP strategies and delivery system reform efforts, HCA continues to play a connector role between ACHs and MCOs. Priorities include preparing partners for VBP readiness and ensuring delivery system reform investments and efforts align with and advance contractual and payment strategies. HCA facilitates monthly sessions with MCOs and launched a work group that includes MCOs and ACHs. HCA's goal with this work group is to help promote information sharing and alignment surrounding contractual expectations, payment, and support being offered to partners.

## **ACH/HCA Learning Symposium**

As part of the STCs, ACHs and HCA will host an annual Learning Symposium, which encourages crosscollaboration and information sharing between HCA, ACHs, partners, and others. Like last year, ACHs are playing a larger role in developing and putting on the event. The event will take place virtually on November 2-4, 2021, with sessions focused on:

- Social determinants of health
- COVID-19 impacts
- Tribal partnerships

- Youth-focused initiatives
- The future of ACHs
- Washington's MTP waiver renewal

The Learning Symposium supports advancement of MTP objectives with a focus on statewide collaboration.

## Understanding the payer and provider experience

Understanding the payer and provider experience with VBP is crucial to monitor progress along the VBP continuum. Every year, HCA issues Paying for Value surveys to Washington State plans/payers and providers. Core objectives of the surveys are to:

- Track both health plan and provider experience in moving toward the state's goal of paying for health and value.
- Identify explanatory factors, such as enablers and barriers, which may promote or block desired progress.

HCA is responsible for performing analysis of data collected from provider survey respondents. Individual organization responses are not shared publicly. HCA summarizes a few key findings from the Paying for Value surveys in the VBP Roadmap. The surveys are available on HCA's <u>Tracking success page</u>. Results from the 2021 Paying for Value surveys will be available in the fall of 2021.

For MTP to be successful, an in-depth understanding of the provider perspective is necessary. Provider feedback informs transformation project plan design in the planning stage and can inform transformation activities throughout the implementation and scale/sustain stages.

In their role as convener, ACHs are positioned to support statewide assessment of provider experience in moving to VBP arrangements by encouraging and incentivizing completion of the provider survey among their partnering providers.

## **Annual update**

HCA updates this document on an annual basis. Upcoming editions will include more information on progress made toward achieving state and MTP VBP adoption targets, as well as the state's role in assuring alignment with MACRA and other advanced APM updates.

## Resources

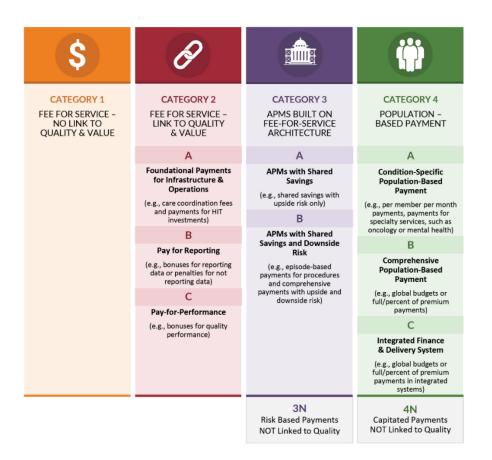
- Learn more about VBP, roadmap activities, and HCA's paying for health and value strategy on the <u>HCA website</u>.
- Learn more about <u>Washington's MTP</u>.
- Sign up to receive announcements about <u>VBP</u> or <u>MTP</u>.

## Attachments

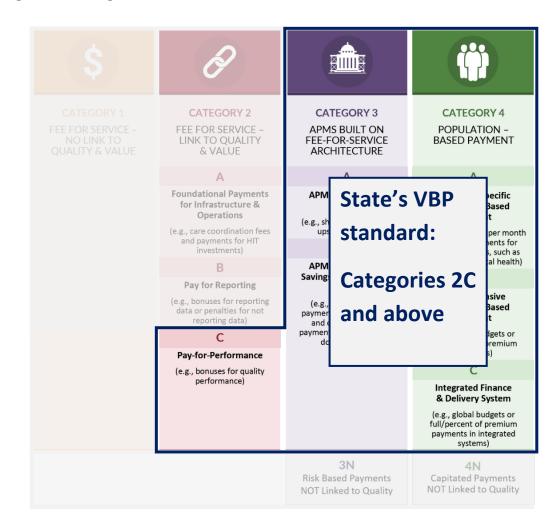
The next page shows Attachment A: the HCP-LAN APM Framework and HCA's VBP standard.

# Attachment A: HCP-LAN APM Framework and HCA's VBP standard

Figure 6: refreshed HCP-LAN APM Framework for VBP or APMs



#### Figure 7: Washington State's VBP standard



#### ATTACHMENT F

#### **Financial Executor Role**

In coordination with HCA and representatives of the state's nine ACHs, the contracted financial executor (FE) shall be responsible for administering a funding distribution plan as described in Attachment D.

ACHs, through their governing bodies, are responsible for managing and coordinating with partnering providers. The ACHs must meet the qualifications set forth in STCs 21 - 23 and must meet the targets enumerated in Attachment C in order to earn incentive payments. In addition, ACHs will certify as to whether or not the partnering providers have met the milestones required for earning incentive payments within their region. The ACH will also certify to the independent assessor whether or not partnering providers have achieved the milestones (see STC 21). The independent assessor (IA) will review the ACH's certification and make recommendations to the state related to distribution of payment. Once the state affirms the recommendations from the IA, it will send the incentive payments to the FE for distribution to the partnering providers.

The contracted FE will perform the work and complete the deliverables outlined below.

- 1. Establish a system for recording, processing, distributing and reporting on the payment of incentive funds and other financial transactions between HCA, ACHs and partnering providers in accordance with Attachment D.
  - 1.1. Establish a standardized process and forms to track payments to partnering providers and instruct partnering providers and ACHs in their use.
  - 1.2. The distribution of funds must comply with all applicable laws and regulations, including, but not limited to, the following federal fraud and abuse authorities: the anti-kickback statute (sections 1128B(b)(1) and (2) of the Social Security Act (the "Act")); the physician self-referral prohibition (section 1903(s) of the Act); the gainsharing civil monetary penalty (CMP) provisions (sections 1128A(b)(1) and (2) of the Act); and the beneficiary inducement CMP (section 1128A(a)(5) of the Act); as well as with HCA and Washington state rules and generally accepted accounting principles.
- 2. Provide financial accounting and banking management support for all incentive payments.
  - 2.1. Establish and maintain appropriate accounts as directed by HCA for the tracking of incentive payment receipts and holding of funds and issuance of payments.
  - 2.2. Regularly track and report on all transactions from such accounts, including but not limited to payments, receipts, refunds and reconciliations.
- 3. Distribute earned funds in a timely manner to partnering providers in accordance with HCAapproved funding distribution plans.
  - 3.1. Upon instruction and approval from the ACH, issue payments to partnering providers within 14 business days.

- 3.2. Respond to inquiries from ACHs and partnering providers regarding payments made or owed amounts, within 5 business days.
- 3.3. Identify, record, resolve and report on any under- or over-payments, including issuing requests for refunds if necessary.
- 3.4. Record and regularly report to ACHs on funds processed and payments made.
- 4. Submit scheduled reports to HCA and ACHs on the distribution of transformation project payments, fund balances and reconciliations—in accordance with relevant state and federal rules.
- 5. Develop and distribute budget forms to partnering providers for receipt of incentive funds.
- 6. As requested, assist HCA in responding to inquiries from CMS regarding financial transactions and any audits that may be required.

## Attachment G Reserved

#### Attachment H Indian Health Care Provider (IHCP) Protocol (Formerly known as the "Tribal Engagement and Collaboration Protocol")

#### I. RESTATEMENT OF NATIONAL POLICY

In Section 3 of the Indian Health Care Improvement Act (codified at 25 U.S. Code § 1602), Congress declared that "it is the policy of this Nation, in fulfillment of its special trust responsibilities and legal obligations to American Indians:

- 1. To ensure the highest possible health status for Indians and urban Indians and to provide all resources necessary to effect that policy;
- 2. To raise the health status of Indians and urban Indians to at least the levels set forth in the goals contained within the Healthy People 2010 initiative or successor objectives;
- 3. To ensure maximum Indian participation in the direction of health care services so as to render the persons administering such services and the services themselves more responsive to the needs and desires of Indian communities;
- 4. To increase the proportion of all degrees in the health professions and allied and associated health professions awarded to Indians so that the proportion of Indian health professionals in each Service area is raised to at least the level of that of the general population;
- 5. To require that all actions under this chapter shall be carried out with active and meaningful consultation with Indian tribes and tribal organizations, and conference with urban Indian organizations, to implement this chapter and the national policy of Indian self-determination;
- 6. To ensure that the United States and Indian tribes work in a government-to-government relationship to ensure quality health care for all tribal members; and
- 7. To provide funding for programs and facilities operated by Indian tribes and tribal organizations in amounts that are not less than the amounts provided to programs and facilities operated directly by the Service."

#### II. DEFINED TERMS

- 1. Accountable Community of Health or ACH has the meaning set forth in the Special Terms and Conditions for the Washington State Medicaid Transformation Project Section 1115(a) Medicaid Demonstration.
- 2. American Indian/Alaska Native or AI/AN means "Indian" as defined in 25 U.S. Code § 1603(13).
- 3. Community Health Aide Program or CHAP refers to that program authorized under 25 U.S. Code § 1616*l*.
- 4. Indian Health Care Provider or IHCP has the meaning set forth in 42 C.F.R. § 438.14(a).
- 5. **Indian Health Service or IHS** means the agency within the U.S. Department of Health and Human Services responsible for providing federal health services to AI/ANs.
- 6. **Tribe** means "Indian tribe" as defined in 25 U.S. Code § 1603(14).

7. Urban Indian Health Program or UIHP means an Urban Indian Organization as defined in 25 U.S. Code § 1603(29) that receives IHS funding to provide health care services to AI/ANs.

#### III. DELIVERY SYSTEM REFORM INCENTIVE PAYMENT (DSRIP) PROGRAM

- 1. **Objectives.** With the IHCP specific projects, the state and the tribes and UIHPs seek to achieve the following interests in Medicaid transformation.
  - a. *Collaborative Medicaid Transformation*. Due to treaty obligations and the special trust responsibility, tribes have government-to-government relations with both federal and state governments and IHS facilities and UIHPs have the right to be solicited for advice on Medicaid matters that affect them or their AI/AN patients. In addition, under chapter 43.376 of the Revised Code of Washington, state agencies are required to make reasonable efforts to collaborate with Indian tribes in the development of policies, agreements, and program implementation that directly affect tribes. In recognition of these relationships and requirements, the Medicaid Transformation Demonstration will support the tribes', IHS facilities', and UIHPs' planning efforts by allocating a total of \$5,400,000 of Demonstration Year 1 (DY1) incentive payment funds to support the planning and various infrastructure investments related to IHCP-specific projects.
  - b. *IHCP Health Systems and Capacity.* In recognition of the complexity of IHCP health systems due to the legacy of the IHS Resource and Patient Management System (RPMS) and federal reporting requirements under the Government Performance and Results Act of 1993, the Medicaid Transformation Demonstration will provide incentive payments for achieving milestones that reflect the development of more effective health systems and greater capacity within IHCPs to support and expand the coordination of physical and behavioral health care and social services for Medicid clients and to enable IHCPs to help reduce unnecessary use of intensive services and settings by Medicaid clients without impairing health outcomes. To support financial sustainability, investments in IHCP health systems and capacity will be made in ways that maximize their access and availability to as many tribes, IHS facilities, and UIHPs as possible using information technology protocols and platforms in common use with the state Medicaid program and providers, while respecting individual tribal government needs. Potential investments areas include:
    - i. Workforce Capacity and Innovation
      - A. CHAP Board. Support for the creation of a certification board, similar to the Community Health Aide Certification Board (as defined in 25 U.S. Code § 1616*l*) in Alaska, to oversee the training and continuing education for Dental Health Aide Therapists, Behavioral Health Aides, Community Health Aides, and other mid-level providers.
      - B. *CHAP Education*. Support for the creation of an education program, housed within an established institution of higher education, for various community health aides, including behavioral health aides.

- C. *CHAP Provider Implementation*. Support for incorporating new CHAP Board-certified providers into tribal health programs.
- ii. Health Systems
  - A. *Electronic Behavioral Health Records*. Support for the installation of electronic behavioral health records that interface with electronic health records.
  - B. *Clinical Data Repository*. Support for the creation of the system interfaces for tribal health programs, IHS facilities, and UIHPs to export and import client clinical data into one or more clinical data repositories including state-contracted data repositories (such as Link4Health operated by OneHealthPort and the Emergency Department Information Exchange (EDIE) operated by CollectiveMedical Technologies, Inc.).
  - C. *Population Health Management*. Support for the creation of a population health management tool for tribal health programs, IHS facilities, and UIHPs to use, drawing data from clinical data repositories and other state-contracted data repositories (such as Link4Health operated by OneHealthPort and the Emergency Department Information Exchange (EDIE) operated by CollectiveMedical Technologies, Inc.).
- c. *Financial Sustainability*. The tribes, IHS facilities, and UIHPs will be given greater flexibility in how they assure the sustainability of the transformation projects undertaken through the Medicaid Transformation Project demonstration in recognition of the special trust responsibility and the following recent CMS guidance, which the state is in the process of implementing:
  - i. CMS State Health Official Letter #16-002, dated February 26, 2016; and
  - CMS Frequently Asked Questions (FAQs): Federal Funding for Services
     "Received Through" an IHS/Tribal Facility and Furnished to Medicaid-Eligible American Indians and Alaska Natives (SHO #16-002), dated January 18, 2017.
- d. *Statewide Improvement of Behavioral Health for AI/AN Medicaid Clients*. In recognition of the significant health disparities in AI/AN mental health and substance use disorder and intergenerational trauma (collectively, behavioral health), the special trust responsibility, and the significant investments tribes and UIHPs have made in integrating physical and behavioral health despite enduring decades of severe underfunding, the Medicaid Transformation Project demonstration will offer flexibility outside of the approved DSRIP Planning Protocol to support culturally relevant IHCP-specific innovations that seek to improve the behavioral health of Medicaid-enrolled AI/ANs statewide by providing directed support for each IHCP to implement IHCP-specific physical and behavioral health and social service innovations identified in the following resources:

- i. The National Tribal Behavioral Health Agenda (https://www.nihb.org/behavioral\_health/behavioral\_health\_agenda.php);
- ii. The Urban Indian Health Institute (UIHI) Report: "Supporting Sobriety Among American Indians and Alaska Natives: A Literature Review – February 2014" (<u>http://www.uihi.org/download/supporting-sobriety-among-american-indiansalaska-natives-literature-review-february-2014/?wpdmdl=11604</u>); and
- iii. The UIHI Report: "Addressing Depression Among American Indians and Alaska Natives: A Literature Review – August 2012" (<u>http://www.uihi.org/download/addressing-depression-among-american-indians-alaska-natives-literature-review/?wpdmdl=11408</u>).
- e. *Other Tribal- or IHCP-Specific Objectives* as may be agreed upon by the Centers for Medicare and Medicaid Services, the state, and the proposing tribes and/or IHCPs.

#### 2. Timeline.

- a. *IHCP Planning Funds Plan*. No later than December 31, 2017, the tribes and IHCPs will submit to the state a consolidated IHCP Planning Funds Plan. Upon review and acceptance of the IHCP Planning Funds Plan, the state will issue \$5,400,000 out of Demonstration Year 1 incentive payment funds in accordance with the instructions received from the tribes and IHCPs. To be accepted by the state, the IHCP Planning Funds Plan must include:
  - i. Statewide Inventory of Indian Health and Indian Health Care, which includes:
    - A. An inventory of the health needs, including the behavioral health needs, of the different AI/AN communities in Washington State, both tribal and non-tribal (such as urban), with a particular focus on the barriers to care for Medicaid-covered AI/ANs;
    - B. An inventory of the physical health care, behavioral health care, dental care, and social service resources available at tribes, IHS facilities, and UIHPs in Washington State;
    - C. An inventory of the data, health information technology, and population health management systems at tribes, IHS facilities, and UIHPs in Washington State and analogous social service/case management data and information systems at tribes in Washington State;
    - D. An inventory of the evidence-based and promising practices, including behavioral health-related practices, that have been used by tribes, IHS facilities, and UIHPs to improve health care and health outcomes for their clients; and
    - E. An inventory of the barriers (federal and state laws and regulations, practical impacts of Medicaid and Medicare programs, etc.) to

implementing these evidence-based and promising practices, including behavioral health-related practices.

- ii. Plan for Statewide Improvement of AI/AN Behavioral Health, which includes:
  - A. A framework based on the National Tribal Behavioral Health Agenda;
  - B. Strategies within the framework that build on the services available at tribes, IHS facilities, and UIHPs, and on the evidence-based and promising practices that have been used by tribes, IHS facilities, and UIHPs to improve AI/AN behavioral health and behavioral health care;
  - C. Anticipated investments in data, health information technology, and population health management systems at tribes, IHS facilities, and UIHPs and analogous social service/case management data and information systems at tribes to enable tribes, IHS facilities, and UIHPs to implement the strategies and evidence-based and promising practices; and
  - D. Explanations of how these strategies and investments will achieve the objectives of the Medicaid Transformation Demonstration.
- iii. Instructions for Payment of Earned IHCP Planning Funds, including:
  - A. *Decision Making*. The tribes and UIHPs have agreed that decisions regarding payment of earned IHCP Planning Funds will be made by majority vote of tribes and UIHPs, with each having one vote to be held by the AIHC delegate from the tribe or UIHP unless the tribe or UIHP directs that vote to be held by someone else. If the IHCP Planning Funds are earned before the tribes and UIHPs agree on how to allocate the funds, the state will not allocate the earned funds until the tribes and UIHPs instruct the state on whom will receive the funds and in what amounts.
  - B. *Funding Priorities*. The tribes and UIHPs have agreed that the IHCP Planning Funds will be allocated to support the following:
    - Work that was done to earn the IHCP Planning Funds, including completion of the Tribal Protocol;
    - Work that needs to be done to complete the IHCP Projects Plan, with one portion allocated equally to every tribe and UIHP in the state and the remaining portion allocated based on percentage of a total, such AI/AN Medicaid clients or IHS User Population; and
    - Infrastructure investments to increase the ability of all tribes and UIHPs to attain the milestones in the IHCP Projects Plan, such as

the CHAP Board and the clinical data repository/population health management.

- b. *IHCP Projects Plan*. No later than October 1, 2018, the tribes and IHCPs will submit to the state a consolidated IHCP Projects Plan, which will include both a statewide default project focused on statewide improvement of behavioral health for AI/AN and any additional projects that the tribes and IHCPs agree upon. Upon acceptance of the IHCP Projects Plan, the state will issue incentive payments upon achievement of the milestones in the IHCP Projects Plan in accordance with the instructions received from the tribes and IHCPs.
- 3. **Process.** The following provisions supercede the various protocols related to the DSRIP program:
  - a. *ACH Certification Tribal Requirement*. The State will require every ACH to adopt and demonstrate compliance with the Model ACH Tribal Collaboration and Communication Policy, attached hereto as <u>Exhibit A</u>, or a policy agreed upon in writing by the ACH and every IHCP in the ACH region, as part of the ACH certification process.
  - b. *Application to IHCPs*. The term "ACH" in the DSRIP Planning Protocol will be interpreted to include IHCPs where appropriate to enable IHCPs to participate in the DSRIP Program in accordance with the terms of this Tribal Protocol.
  - c. *No Requirement for Tribal Certification*. The State will not require any IHCP to undergo the ACH certification process in order to participate in the DSRIP Program. HCA will work with IHCPs to maintain compliance with federal requirements applicable to IHCPs participating in the DSRIP Program.
  - d. **DSRIP Program Models**. For IHCPs participating in the DSRIP Program, the State will accept evidence-based or promising care models developed for, or tailored to, AI/AN clients that otherwise meet the requirements of the Transformation Project Toolkit (Attachment C to the Special Terms and Conditions for the Washington State Medicaid Transformation Project Section 1115(a) Medicaid Demonstration).
  - e. **DSRIP Program Guidance and Technical Assistance for IHCPs**. The State will work with the Tribal Coordinating Entity to provide targeted guidance and technical assistance to help IHCPs implement one or more projects in the IHCP's regional ACH Project Plan or the IHCP Projects Plan or both, including appropriate milestones and outcome measurement goals that qualify for incentive payments.
  - f. *Regional Health Needs Inventories (RHNIs) and Regional Health Improvement Plans (RHIPs).* In respect for the sovereignty and representative governmental processes of tribes and their knowledge of their citizens and their systems, the State will accept tribedeveloped alternatives to formal RHNIs or RHIPs as a demonstration of population health needs for participation in the DSRIP Program. In respect for the complex systems of IHCPs and their unique role in helping the U.S. Department of Health and Human Services meet its federal trust responsibility to AI/ANs (including urban Indians and AI/ANs not living near their Indian reservations or villages), the State will accept IHCP-

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developed alternatives to formal RHNIs or RHIPs as a demonstration of population health needs for participation in the DSRIP Program.

- g. *No Required Projects for IHCPs*. The State will support tribes and IHCPs in their choices of DSRIP Program projects. IHCPs will not be required to implement either of the required projects listed in the Transformation Project Toolkit, nor will they be required to implement a minimum number of projects as provided for in the Transformation Project Toolkit.
- h. *Statewide Tribal-IHCP Projects*. The State encourages and will support IHCPs in a statewide IHCP effort to implement one or more projects in the IHCP Projects Plan, with incentive payments for collaborative sharing of expertise and individual IHCP efforts.
- i. *Financial Sustainability*. In respect for the sovereignty of Tribes and their responsibility in meeting the health needs of their clients, the State will not require IHCPs to adopt value-based payment methodologies, nor will the State be required to include IHCPs in value-based payment incentive programs, in meeting the financial sustainability requirements of the demonstration. In respect for the complex systems of IHCPs and their unique role in helping the U.S. Department of Health and Human Services meet its federal trust responsibility to AI/ANs (including urban Indians and AI/ANs not living near their Indian reservations or villages), the State will not require IHCPs to adopt value-based payment methodologies in meeting the financial sustainability requirements of the demonstration. For IHCPs, the State will accept alternative financial sustainability models.
- j. *Performance Measurement*. The State will accept Government Performance and Results Act (GPRA), and/or Universal Data System (UDS) measures in lieu of comparable statewide common performance measures when such substitution will reduce duplicative reporting and avoid excessive administrative burden on IHCPs.
- 4. **Funding and Mechanics.** The following provisions supercede the various protocols related to the DSRIP program:
  - a. *Application to IHCPs*. The term "ACH" in the DSRIP Program Funding and Mechanics Protocol will be interpreted to include IHCPs where appropriate to enable IHCPs to participate in the DSRIP Program in accordance with the terms of this Tribal Protocol.
  - b. *IHCP Incentive Funds*. Notwithstanding STC 28 and STC 35(b) and in accordance with DSRIP Funding and Mechanics Protocol III(c), the state will use the ratio of AI/AN Medicaid enrollees to total Medicaid enrollees to determine the percentage of the maximum statewide amount of DSRIP project funding to allocate to IHCP-specific projects (also referred to in the DSRIP Funding and Mechanics Protocol as tribal-specific projects).

#### IV. MEDICAID ALTERNATIVE CARE AND TAILORED SUPPORTS FOR OLDER ADULTS

1. Eligibility to Provide Health Care Services and Acceptance of Tribal Attestation. To the extent that services provided under the Medicaid Alternative Care (MAC) and Tailored Supports

for Older Adults (TSOA) programs are health care services, the state will accept any IHCP as a provider eligible to receive payment under the MAC and TSOA programs for health care services furnished to an AI/AN on the same basis as any other provider qualified to participate as a provider of health care services under the MAC and TSOA programs in accordance with 25 U.S.C. § 1647a(a)(1). To the extent permitted by federal and state law, the state will accept tribal attestation of compliance with state provider requirements for health care services if a tribe establishes provider entity standards with comparable client protections.

- 2. Exemption from Washington State Licensure. To the extent that services provided under the MAC and TSOA programs are provided by licensed health professionals, the state will accept health professionals employed by the tribe who are licensed in another state and are performing services described in the contract or compact of the Indian health program under Indian Self-Determination and Education Assistance Act in accordance with 25 U.S.C. § 1621t.
- 3. Client Presumptive Eligibility Assessments. To the extent that any IHCP has the capacity and desire to perform presumptive eligibility assessments under the MAC and TSOA programs in accordance with federal and state requirements, the state will pay the standard case management rate for such activity.
- 4. **Client Services.** To the extent that any IHCP has the capacity and desire to provide client services under the MAC and TSOA programs in accordance with federal and state requirements (including federal conflict of interest rules), the state will pay the Medicaid contracted provider rate for each service.
- 5. **Coordination with IHCPs.** The state will make available to IHCPs training dates, information, and curriculum pertaining to the MAC and TSOA programs.

#### V. FOUNDATIONAL COMMUNITY SUPPORTS

- 1. Eligibility to Provide Health Care Services and Acceptance of Tribal Attestation. To the extent that services provided under the Foundational Community Supports program are health care services, the state and its administrative entity will accept any IHCP as a provider eligible to receive payment under the Foundational Community Supports program for health care services furnished to an AI/AN on the same basis as any other provider qualified to participate as a provider of health care services under the Foundational Community Supports program in accordance with 25 U.S.C. § 1647a(a)(1). To the extent permitted by federal and state law, the state will accept tribal attestation of compliance with state provider requirements for health care services if a tribe establishes provider entity standards with comparable client protections.
- 2. Exemption from Washington State Licensure. To the extent that services provided under the Foundational Community Supports program are provided by licensed health professionals, the state will accept health professionals employed by the tribe who are licensed in another state and are performing services described in the contract or compact of the Indian health program under Indian Self-Determination and Education Assistance Act in accordance with 25 U.S.C. § 1621t.
- 3. **Client Services.** To the extent that any IHCP has the capacity and desire to provide client services under the Foundational Community Supports program in accordance with federal and

state requirements, the state will pay the Medicaid contracted provider rate for each service through the administrative entity.

4. **Coordination with IHCPs.** The state will make available to IHCPs training dates, information, and curriculum pertaining to the Foundational Community Supports program. The state will facilitate one or more meetings between IHCPs and the Foundational Community Supports program administrative entity and providers to increase mutual understanding of capacity and systems related to the Foundational Community Supports program.

#### ATTACHMENT I Foundational Community Supports Program

Per STC Section 10, the following protocol outlines the services and payment methodologies for the Foundational Community Supports (FCS) Program. Under this program, the state will provide a set of Home and Community Based Services (HCBS), including Community Support Services (CSS), and Supported Employment-Individual Placement and Support (IPS), to populations that meet the needs-based criteria specified below. These services include HCBS that could be provided to the individual under a 1915(i) state plan amendment (SPA).

#### **Community Support Services (CSS)**

#### Target Criteria

CSS eligibility is available to Medicaid clients age 16 or older who meet the following needsbased criteria that would otherwise be allowable under a 1915(i) SPA:

#### **Needs-Based Criteria**

Individual meets at least one of the following health needs-based criteria and is expected to benefit from CSS:

- 1) Individual assessed to have a behavioral health need, which is defined as one or both of the following criteria:
  - a) Mental health need, where there is a need for improvement, stabilization, or prevention of deterioration of functioning (including ability to live independently without support) resulting from the presence of a mental illness; and/or

b) Substance use need, where an assessment using the American Society of Addiction Medicine (ASAM) Criteria indicates that the individual meets at least ASAM level 1.0, indicating the need for outpatient Substance Use Disorder treatment. The ASAM is a multi-dimensional assessment approach for determining an individual's need for SUD treatment.

- 2) Individual assessed to have a need for assistance, demonstrated by the need for:
  - **a)** Assistance with three or more Activities of Daily Living (ADLs) defined in WAC 388-106-0010, one of which may be body care, and/or
  - **b)** Hands-on assistance with one or more ADLs, one of which may be body care.
- 3) Individual assessed to have a complex physical health need, which is defined as a long continuing or indefinite physical condition requiring improvement, stabilization, or prevention of deterioration of functioning (including ability to live independently without support).

AND

Individual has at least one of the following risk factors:

- 1) Homelessness, defined as living in a place not meant for human habitation, a safe haven, or an emergency shelter, as these terms are understood or defined in 24 CFR 578.3:
  - a) For at least 12 months, or
  - b) On at least 4 separate occasions in the last 3 years, as long as the combined occasions equal at least 12 months.

- 2) History of frequent and/or lengthy stays in the settings defined in 24 CFR 578.3, or from, a skilled nursing facility as defined in WAC 388-97-0001.
  - a) Frequent is defined as more than one contact in the past 12 months.
  - b) Lengthy is defined as 90 or more consecutive days within an institutional care facility.
- 3) History of frequent adult residential care stays, where
  - a) Frequent is defined as more than one contact in the past 12 months.
  - b) Adult residential care includes
    - i) Residential treatment facilities defined in WAC 246-337-005,
    - ii) Adult residential care, enhanced adult residential care, or assisted living facilities defined in WAC 388-110-020, and
    - iii) Adult family homes defined in WAC 388-76-10000.
- 4) History of frequent turnover of in-home caregivers, where within the last 12 months the individual utilized 3 or more different in-home caregiver provider agencies and the current placement is not appropriate for the individual.
- 5) A Predictive Risk Intelligence System (PRISM) Score of 1.5 or above
  - a) The PRISM Risk Score uses diagnosis, prescription, age, and gender information from claims and encounter data to create an index of a client's expected future medical expenditures relative to the expected future medical expenditures of a comparison group (disabled Medicaid adults). The algorithm uses risk factor categories developed at University of California, San Diego known as the Chronic Illness and Disability Payment System (CDPS) and MedicaidRx, which were deemed by the Society of Actuaries to be effective methods of risk adjustment. The PRISM risk score is updated on a monthly basis by the Washington State Department of Social and Health Services' Research and Data Analysis division using the past fifteen months of claims, encounter, and demographic data. A risk score of 1.5 means that an individual's expected future medical expenditures will be 50 percent greater than that of the average Medicaid disabled client. The PRISM risk score was approved by CMS for targeting clients for the Health Home Program and Financial Alignment Dual Demonstration.

#### Service Definitions for HCBS That Could Be Provided under a 1915(i) SPA

**Community Support Services (CSS) benefits package.** CSS includes services that would otherwise be allowable under a Section 1915(i) authority, are determined to be necessary for an individual to obtain and reside in an independent community setting, and are tailored to the end goal of maintaining individual recipients' personal health and welfare in a home and community-based setting. CSS may include one or more of the following components:

Pre-tenancy supports:

a. Conducting a functional needs assessment identifying the participant's preferences related to housing (e.g., type, location, living alone or with someone else, identifying a roommate, accommodations needed, or other important preferences) and needs for support to maintain community integration (including what type of setting works best for the individual), assistance in budgeting for housing/living expenses, assistance in connecting the individual with social services to assist with filling out applications and submitting appropriate documentation in order to obtain sources of

income necessary for community living and establishing credit, and in understanding and meeting obligations of tenancy.

- b. Assisting individuals to connect with social services to help with finding and applying for housing necessary to support the individual in meeting their medical care needs.
- c. Developing an individualized community integration plan based upon the functional needs assessment as part of the overall person-centered plan. Identifying and establishing short and long-term measurable goal(s), and establishing how goals will be achieved and how concerns will be addressed.
- d. Participating in person-centered plan meetings at redetermination and/or revision plan meetings, as needed.
- e. Providing supports and interventions per the person-centered plan:
  - Including the purchase of pay-as-you-go cell phone devices as a means to access telehealth services for pre-tenancy supports.

Tenancy sustaining services:

- a. Service planning support and participating in person-centered plan meetings at redetermination and/or revision plan meetings, as needed.
- b. Coordinating and linking the recipient to services including primary care and health homes; substance use treatment providers; mental health providers; medical, vision, nutritional and dental providers; vocational, education, employment and volunteer supports; hospitals and emergency rooms; probation and parole; crisis services; end of life planning; and other support groups and natural supports.
  - Including the purchase of pay-as-you-go cell phone devices as a means to access telehealth services for pre-tenancy supports.
- c. Entitlement assistance including assisting individuals in obtaining documentation, navigating and monitoring application process, and coordinating with the entitlement agency.
- d. Assistance in accessing supports to preserve the most independent living such as individual and family counseling, support groups, and natural supports.
- e. Providing supports to assist the individual in the development of independent living skills, such as skills coaching, financial counseling, and anger management.
- f. Providing supports to assist the individual in communicating with the landlord and/or property manager regarding the participant's disability (if authorized and appropriate), detailing accommodations needed, and addressing components of emergency procedures involving the landlord and/or property manager.
- g. Coordinating with the tenant to review, update and modify their housing support and crisis plan on a regular basis to reflect current needs and address existing or recurring housing retention barriers.
- h. Connecting the individual to training and resources that will assist the individual in being a good tenant and lease compliance, including ongoing support with activities related to household management.

The CSS benefit does not include:

- a. Payment of rent or other room and board costs;
- b. Ongoing minutes or data plans for cell phone devices;
- c. Capital costs related to the development or modification of housing;
- d. Expenses for utilities or other regular occurring bills;

- e. Goods or services intended for leisure or recreation;
- f. Duplicative services from other state or federal programs
- g. Services to individuals in a correctional institution.

#### Supported Employment – Individual Placement and Support

#### <u>Target Criteria</u>

IPS eligibility include Medicaid clients age 16 or older who meet the following criteria that would otherwise be allowable under a 1915(i) SPA:

#### Needs-based criteria

Individual meets at least one of the following health needs-based criteria and is expected to benefit from IPS:

- 1) Individual assessed to have a behavioral health need, which is defined as one or both of the following:
  - a) Mental health needs, where there is a need for improvement, stabilization, or prevention of deterioration of functioning (including ability to live independently without support), resulting from the presence of a mental illness.
  - b) Substance use needs, where an assessment using the American Society of Addiction Medicine (ASAM) Criteria indicates that the individual meets at least ASAM level 1.0, indicating the need for outpatient Substance Use Disorder treatment. The ASAM is a multi-dimensional assessment approach for determining an individual's need for SUD treatment.
- 2) Individual assessed to have a need for assistance demonstrated by the need for:
  - a) Assistance with three or more Activities of Daily Living (ADLs) defined in WAC 388-106-0010, one of which may be body care, and/or
  - b) Hands-on assistance with one or more ADLs, one of which may be body care.
- 3) There is objective evidence of physical impairments because of which the individual needs assistance with basic work-related activities, including one or more of the following: Sitting, standing, walking, lifting, carrying, handling, manipulative or postural functions (pushing, pulling, reaching handling, stooping or crouching), seeing, hearing, communicating, remembering, understanding and following instructions, responding appropriately to supervisors and co-workers, tolerating the pressures of a work setting, maintaining appropriate behavior, using judgment, and adapting to changes in a routine work setting.

#### AND

Individual has at least one of the following Risk Factors:

- 1) Unable to be gainfully employed for at least 90 consecutive days due to a mental or physical impairment.
- 2) An inability to obtain or maintain employment resulting from age, physical disability, or traumatic brain injury.
- 3) More than one instance of inpatient substance use treatment in the past two years.
- 4) At risk of deterioration of mental illness and/or substance use disorder, including one or more of the following:
  - a) Persistent or chronic risk factors such as social isolation due to a lack of family or social supports, poverty, criminal justice involvement, or homelessness.

- b) Care for mental illness and/or substance use disorder requires multiple provider types, including behavioral health, primary care, long-term services and supports, and/or other supportive services.
- c) Past psychiatric history, with no significant functional improvement that can be maintained without treatment and/or supports.
- 5) Dysfunction in role performance, including one or more of the following:
  - i) Behaviors that disrupt employment or schooling, or put employment at risk of termination or schooling suspension.
  - ii) A history of multiple terminations from work or suspensions/expulsions from school.
  - iii) Cannot succeed in a structured work or school setting without additional support or accommodations.
  - iv) Performance significantly below expectation for cognitive/developmental level.

#### Service Definitions for HCBS That Could Be Provided under a 1915(i) SPA

#### Supported Employment - Individual Placements and Support (IPS) benefit package: The

IPS benefit package will be offered to eligible clients through a person-centered planning process where eligible services are identified in the plan of care. IPS includes services that would otherwise be allowable under a Section 1915(i) authority, and are determined to be necessary for an individual to obtain and maintain employment in the community. IPS services are individualized and may include any combination of the following services:

#### Pre-employment services

- a. Pre-vocational/job-related discovery or assessment
- b. Person-centered employment planning
  - Including the purchase of pay-as-you-go cell phone devices as a means to access telehealth services for pre-employment services.
- c. Individualized job development and placement
- d. Job carving
  - Job carving is defined as working with client and employer to modify an existing job description— containing one or more, but not all, of the tasks from the original job description when a potential applicant for a job is unable to perform all of the duties identified in the job description.
- e. Benefits education and planning
  - Benefits education and planning is defined as counseling to assist the client in fully understanding the range of state and federal benefits they might be eligible for, the implications that work and earnings would have for continued receipt of these benefits, and the client's options for returning to work.
- f. Transportation (only in conjunction with the delivery of an authorized service)

Employment sustaining services

- a. Career advancement services
  - Career advancement services are defined as services that expand opportunities for professional growth, assist with enrollment in higher education or credentialing and certificate programs to expand job skills or enhance career development, and assist the individual in monitoring his/her satisfaction with employment, and determining level of interest and opportunities for advancement with current

employer, and/or changing employers for career advancement.

- b. Negotiation with employers
  - Negotiation with employers is defined as services where a provider identifies and addresses job accommodations or assistive technology needs with the employer on behalf of the individual. Job accommodations can include the following: adjusting work schedule to reduce exposure to triggering events (i.e., heavy traffic triggering symptoms of agoraphobia); providing a private area for individuals to take breaks if they experience an increase in symptoms; access to telephone to contact support person if needed while at work; adjusting job schedule to accommodate scheduled appointments; and small, frequent breaks as opposed to one long one. Assistive Technology can include the following: bedside alarms, electronic medication reminders while at work or at home, and use of headset/iPod to block out internal or external distractions.
- c. Job analysis
  - Job analysis is defined as the gathering, evaluating, and recording of accurate, objective data about the characteristics of a particular job to ensure the specific matching of skills and amelioration of maladaptive behaviors.
- d. Job coaching
- e. Benefits education and planning
  - Benefits education and planning is defined as counseling to assist the client in fully understanding the range of state and federal benefits they might be eligible for, the implications that work and earnings would have for continued receipt of these benefits, and the clients' options for returning to work.
- f. Transportation (only in conjunction with the delivery of an authorized service)
- g. Asset development
  - Asset development is defined as services supporting the client's accrual of assets that have the potential to help clients improve their economic status, expand opportunities for community participation, and positively impact their quality of life experience. Assets as defined as something with value that is owned by an individual, such as money in the bank, property, and retirement accounts.
- h. Follow-along supports
  - Follow-along supports are defined as on-going supports necessary to assist an eligible client to sustain competitive work in an integrated setting of their choice. This service is provided for, or on behalf of, a client, and can include communicating with the client's supervisor or manager, whether in the presence of the client or not (if authorized and appropriate). There is regular contact and follow-up with the client and employer to reinforce and stabilize job placement. Follow along support and/or accommodations are negotiated with an employer prior to client starting work or as circumstances arise.
    - Including the purchase of pay-as-you-go cell phone devices as a means to access telehealth services for follow-along supports.

The IPS benefit does not include:

- a. Generalized employer contacts that are not connected to a specific enrolled individual or an authorized service
- b. Employment support for individuals in sub-minimum wage, or sheltered workshop settings
- c. Facility-based habilitation or personal care services

- d. Wage or wage enhancements for individuals
- e. Duplicative services from other state or federal programs
- f. Ongoing minutes or data plan for cell phone devices

#### **HCBS Supported Employment**

IPS services defined in this protocol shall adhere to 42 CFR 440.180(c)(2)(iii), 441.302(i) and 441.303(h).and shall not include habilitation services such as facility-based day habilitation or personal care. Furthermore, services are to be provided in conjunction with a client's existing services and supports, and are therefore separate from special education or related services defined under sections 602 (16) and (17) of the Education of the Handicapped Act (20 U.S.C. 1401 (16 and 17)) or as services under section 110 of the Rehabilitation Act of 1973 (29 U.S.C. section 730).

#### **HCBS requirements**

- a. **Person-Centered Planning.** The state agrees to use person-centered planning processes to identify eligible clients' Foundational Community Supports needs and the resources available to meet those needs, and to identify clients' additional service and support needs.
- b. **Conflict of Interest.** The state agrees that the entity that authorizes the services is external to the agency or agencies that provide FCS services. The state also agrees that appropriate separation of assessment, treatment planning and service provision functions are incorporated into the state's conflict of interest policies.
- c. **Home and Community-Based Setting Requirements.** The state will assure compliance with the home and community-based settings requirements for those services that could be authorized under section 1915(i).

#### **Provider Qualifications**

Contracted providers must ensure staff providing FCS services maintain appropriate qualifications in order to effectively serve FCS enrollees. Below are typical provider qualifications, however they may be substituted with appropriate combination of education, experience and skills, as determined by the provider contract.

Provider	Education (typical)	Experience (typical)	Skills (preferred)	Services
Community Support Services Providers	Bachelor's degree in a human/social services field; may also be an Associate's degree in a relevant field, with field experience.	1-year case management experience, or Bachelor's degree in a related field and field experience.	Knowledge of principles, methods, and procedures of services included under community support services (as outlined above), or comparable services meant to support client ability obtain and maintain residence in independent community settings.	Pre-tenancy supports; tenancy sustaining services (as outlined above).
Supported Employme nt – IPS Providers	Bachelor's degree in a human/social services field; may also be an Associate's degree in a relevant field, with field experience.	1-year case management experience, or Bachelor's degree in a related field and field experience.	Knowledge of principles, methods and procedures of services included under supported employment – individual placement and support (as outlined above), or comparable services that support client ability to obtain and maintain employment.	Pre- employment services; employment sustaining services (as outlined above).

#### **Payment Methodologies**

HCA will reimburse a Third-Party Administrator (TPA) for the CSS and IPS services provided at the CSS and IPS rates. The rates shall not exceed the amount expended by the TPA for the direct service costs incurred by the provider. Rates may vary by region and may be developed based on a target cost per CSS and IPS service, along with variables such as geographic location, FCS-related travel costs, intensity of services, and duration of services or contracted provider per unit costs.

The TPA is required to submit quarterly reports and an annual report to HCA. Ongoing quarterly/annual reporting will include, at a minimum: (i) Number of FCS beneficiaries broken out by program (CSS and IPS supported employment); (ii) Number of new CSS and IPS supported employment person-centered service plans; (iii) Percent of clients receiving CSS and/or IPS supported employment services whose needs are re-assessed annually; and (iv) Amount of funds spent on CSS and IPS supported employment services. The purpose of the reports is to demonstrate that the program is conducted in compliance with the requirements set forth in the STCs and post-approval protocols, attachments, any agreement between HCA and the TPA, and policy letters and/or guidance from HCA.

The TPA will invoice HCA for FCS services provided to a specific Medicaid beneficiary. As part of this invoicing process, the TPA must submit documentation to HCA of the Medicaid

beneficiary's eligibility status, the dates of service, and the types of service that were provided.

The TPA is required to ensure FCS providers meet minimum documentation standards and cooperate in any evaluation activities by HCA, CMS, or their contractors. The state assures that there is no duplication of federal funding and the state has processes in place to ensure there is no duplication of federal funding.

# Attachment J Placeholder for Evaluation Design

#### ATTACHMENT K SUD Implementation Plan Protocol

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#### **Introduction**

Opioid misuse and addiction is a public health crisis in Washington State and across the country. In communities across the state, this epidemic is devastating families and overwhelming law enforcement and social services. In 2016, there were 694 opioid related deaths in Washington State. Of these deaths, 382 individuals died from a prescription opioid overdose, 278 died from a heroin overdose, and 90 died from a fentanyl overdose. This high mortality is due to the increase in heroin overdose deaths even though prescription opioid overdose deaths have decreased.

The state is committed to providing appropriate care for individuals with substance use disorder (SUD). In October 2016, Governor Jay Inslee issued Executive Order 16-09, marshalling the state's resources to combat this crisis, including preventing opioid use disorder (OUD) as well as treating it. In addition, Washington will respond to the opioid use public health crisis by utilizing its Section 1115 demonstration waiver to pursue the following goals, aligned with the Centers for Medicare and Medicaid Services (CMS):

- 1. Increased rates of identification, initiation and engagement in treatment for OUD and other SUDs;
- 2. Increased adherence to and retention in treatment for OUD and other SUDs;
- 3. Reductions in overdose deaths, particularly those due to opioids;
- 4. Reduced utilization of emergency departments and inpatient hospital settings for OUD and other SUD treatment where the utilization is preventable or medically inappropriate through improved access to other continuum of care services;
- 5. Fewer readmissions to the same or higher level of care where readmissions are preventable or medically inappropriate for OUD and other SUD; and
- 6. Improved access to care for physical health conditions among beneficiaries with OUD or other SUDs.

The following implementation plan outlines Washington's path to provide a full continuum of care for all Medicaid beneficiaries with OUD and other SUDs, and expanding access and improving outcomes in the most cost-effective manner possible. The plan is organized by six key milestones identified by CMS:

- 1. Access to critical levels of care for OUD and other SUDs;
- 2. Widespread use of evidence-based, SUD-specific patient placement criteria;
- 3. Use of nationally recognized, evidence-based, SUD program standards to set residential treatment provider qualifications;
- 4. Sufficient provider capacity at each level of care, including Medication Assisted Treatment (MAT);
- 5. Implementation of comprehensive treatment and prevention strategies to address opioid abuse and OUD; and
- 6. Improved care coordination and transitions between levels of care.

Washington has already made great progress on many of these milestones, and believes it can accomplish all six goals of the SUD waiver by focusing on a cohesive review processes for SUD

residential admission assessments, ensuring sufficient provider capacity and expansion of access to MAT, as well as enhancing care coordination.

#### Milestone 1: Access to critical levels of care for OUD and other SUDs

Washington State's Medicaid funded programs provide access to all critical levels of care for OUD and other SUD. Prepaid Inpatient Health Plan (PIHP) contracts with the state's Behavioral Health Organizations (BHOs) require BHOs to provide access to the American Society of Addition Medicine (ASAM) levels described below. As regions around the state move toward the Integrated Managed Care (IMC) model, contracts with Managed Care Organizations (MCOs) will retain these requirements.

The outpatient benefits described below are delivered pursuant to the "Chemical dependency treatment" service requirements located at (13)(d)(2)(c) on Page 40 of Attachment 3.1-A of the State Plan, while the "detox" and inpatient services are provided pursuant to the service requirements located at (13)(d)(2)(b) on Page 38 of Attachment 3.1-A of the State Plan.

Inpatient and detoxification (withdrawal management) services must be provided in state certified facilities. SUD counseling in the categories described below must be provided by a state licensed Chemical Dependency Professional (CDP) or trainee (CDP-T).

The Washington Administrative Code (WAC) outlines treatment requirements for the following service categories:

WAC Requirements by Service Category <sup>33</sup>			
Service Category	WAC		
Outpatient SUD	WAC 388-877-0738 to 0753		
Residential SUD	WAC 388-877-1108 to 1116		
General Residential Requirements	WAC 388-877-1108		
ASAM 3.5 Intensive Inpatient SUD	WAC 388-877-1110		
ASAM 3.1 Recovery House	WAC 388-877-1112		
ASAM 3.1 Long-Term SUD Residential SUD	WAC 388-877-1114		
Specific Rules for Youth Residential SUD	WAC 388-877-1116		
Withdrawal Management	WAC 388-877-1100 to 1106		
Opioid Treatment Programs	WAC 388-877-1000 to 1025		

<sup>33</sup> http://apps.leg.wa.gov/wac/default.aspx?cite=388-877

## ASAM Level 1 Outpatient Services Current State:

Currently, outpatient services consist of less than nine hours of service per week provided in both individual and group treatment services of varying duration and intensity according to a prescribed plan which is developed before treatment begins. Providers document an individual service plan review for each individual once a month for the first three months and quarterly thereafter or sooner if required by other laws.

#### State Plan Page Number/Section:

• (13)(d)(2)(c) on Page 40.

#### **Future State:**

• No changes are expected at this ASAM level of care.

#### **Summary of Actions Needed:**

• None.

#### ASAM Level 2.1 Intensive Outpatient Services Current State:

Intensive outpatient services include a minimum of 72 hours of treatment for a maximum of 12 weeks. The treatment includes the following: at least three sessions are required each week during the first four weeks of treatment, with each session occurring on separate days of the week, and group sessions of at least one hour and attending self-help groups in addition to the 72 hours of treatment services.

#### State Plan Page Number/Section:

- (13)(d)(2)(c) on Page 40.
- •

## **Future State:**

• No changes are expected at this ASAM level of care.

# Summary of Actions Needed:

• None.

ASAM Level 3 Residential Services Current State: Residential services are dependent upon initial and ongoing ASAM assessments. Treatment consists of individual and group counseling, education, and activities for clients who have completed withdrawal management services (formerly referred to as detox). This level of SUD treatment provides services in accordance with ASAM level 3.1 and 3.5. Note: ASAM level 3.7 is included in the withdrawal management section below. Length of stay is not fixed, although some treatment programs are oriented to offer 30 to 60 day programs. Actual length of stay is dependent on progress towards treatment goals and reassessment.

#### State Plan Page Number/Section:

• (13)(d)(2)(b) on Page 38.

#### **Future State:**

• No changes are expected at this ASAM level of care.

#### **Summary of Actions Needed:**

• None.

#### Medication Assisted Treatment Current State:

Washington has two Medication Assisted Treatment (MAT) options: Opiate Treatment Programs (OTP) and Office Based Opiate Treatment Programs (OBOT). Traditionally OTP programs have provided methadone, but some providers are also providing Buprenorphine MAT services. The Department of Social and Health Services' Division of Behavioral Health and Recovery (DBHR) has certified 25 OTP programs in addition to four Veterans Administration OTP programs.

#### State Plan Page Number/Section:

• (13)(d)(2)(c) on Page 40

## Future State:

- No changes are expected at this ASAM level of care.
- •

## Summary of Actions Needed:

• None.

*Withdrawal Management* Current State: Withdrawal management services are provided to assist in safe withdrawal from the physical effects of psychoactive substances. The need for withdrawal management (WM) services is determined by patient assessment using the ASAM guidelines.

There are three levels of detox facilities recognized in Washington. Assessment of severity, medical complications, and specific drug or alcohol withdrawal risk determine placement within each level of service. All programs are licensed under the single ASAM Withdrawal Management requirements.

<u>Sub-acute Detox (ASAM 3.2-WM)</u>: Clinically Managed Residential Facilities are considered sub-acute detox. They have limited medical coverage by staff and counselors who monitor patients and generally, any treatment medications are self-administered. These facilities are regulated by the Department of Health (DOH) and are DBHR-certified.

<u>Acute Detox (ASAM 3.7-WM):</u> Medically Monitored Inpatient Programs are considered acute detox. They have medical coverage by nurses with physicians on-call at all times for consultation. They have "standing orders" and available medications to help with withdrawal symptoms. Facilities for these programs are not hospitals, but do have referral relationships. These facilities are regulated by DOH and are DBHR-certified.

<u>Acute Hospital Detox ASAM 4.0-WM)</u>: Medically Managed Intensive Inpatient Programs are considered acute hospital detox. The programs have medical coverage by RN and nurses with doctors available 24/7. There is full access to medical acute care including ICU if needed. Doctors, nurses, and counselors work as a part of an interdisciplinary team who medically manage the care of the patient. These facilities are regulated by DOH and hospital licensed, but are not DBHR-certified. This level of care is considered hospital care and not part of the behavioral health benefits provided through BHOs/MCOs.

#### State Plan Page Number/Section:

• (13)(d)(2)(b) on Page 38.

#### **Future State:**

• No changes are expected at this ASAM level of care.

#### **Summary of Actions Needed:**

• None.

#### Milestone 2: Widespread use of evidence-based, SUD-specific patient placement criteria

**Current State:** 

The state requires all SUD providers to assess and provide treatment services using the ASAM criteria. The DBHR currently requires SUD assessments as defined in the WAC. The ASAM Patient Placement Criteria (PPC) are used to guide admission, continued service, and discharge planning.

The BHO/MCO authorization process is an independent review of residential authorization treatment. The residential agency providing the services must obtain independent approval from the BHO or MCO. This review process varies by managed care organization but in all cases is required to be based upon medical necessity and ASAM placement criteria.

In the Fee-for-Service (FFS) system there are no managed care or administrative services organizations providing review of admissions to residential SUD facilities. In most cases, an individual in the FFS system is assessed by a licensed outpatient provider not associated with the residential facility. This independent provider determines whether the individual meets the ASAM residential level of care and when appropriate makes a referral to a residential facility.

#### Current Monitoring Activities

Current state rules (WACs) require providers to use ASAM criteria for admission, continued services, and discharge planning and decisions.

WAC Requirements by Service Category <sup>34</sup>			
Service Category	WAC		
Outpatient SUD	WAC 388-877-0738 to 0753		
Residential SUD	WAC 388-877-1108 to 1116		

All agencies providing these services are monitored by the state licensing and certification team. This team provides on-site visits that include a clinical review of charts at least once every three years for outpatient and annually for residential facilities. This review includes monitoring of ASAM treatment standards for types of services, hours of clinical care and staff credentials. These audits include a review of the appropriateness of placement and length of stay.

In addition to the licensing activities, BHOs and MCOs are required to monitor providers for appropriateness of clinical decision making, including the use of ASAM for admission, continued services, and discharge planning.

## Evidence Based Admission Criteria

The state believes the current WAC rules requiring providers to use ASAM for admission, continued services, and discharge planning and decisions meets the requirement for evidenced-based SUD placement criteria.

<sup>&</sup>lt;sup>34</sup> <u>http://apps.leg.wa.gov/wac/default.aspx?cite=388-877</u>

#### **Future State:**

#### Independent Review Process

To avoid barriers and delays for access to care, the state's approach to independent review for the FFS system is to have initial assessments performed independently from the treating facility. Given that most of the individuals affected by this FFS requirement are AI/AN, this approach offers more flexibility and is preferred over requiring that assessments be performed by an entirely different organization. Because of the limited number of Tribal providers, requiring an entirely separate organization would force AI/AN individuals to seek assessments from non-Tribal providers.

#### Summary of Actions Needed:

Within 12 months, FFS staff within the Federal Programs team at DBHR/HCA will update the SUD FFS Billing Guide to include a requirement that any FFS SUD residential stays must include an assessment for residential ASAM level of care prior to admit to the residential facility, and that the assessment must be completed independently of the SUD residential facility.

Implementation Timeline, Milestone 2		
Date	Action	
July 1, 2018	Effective date of 1115 SUD/IMD Waiver Amendment.	
September 2018	Convene workgroup that includes subject matter experts and staff responsible for the FFS Billing Guide. Include data management staff.	
November 2018	<ul><li>Finalize data reporting content and format.</li><li>Assess needs for changes to the data reporting system.</li></ul>	
January 2019	Complete billing guide changes. Distribute to providers.	
February 2019	Complete any changes to the data reporting system.	

#### <u>Milestone 3: Use of nationally recognized SUD-specific program standards to set provider</u> <u>qualifications for residential treatment facilities</u>

#### *Provider Qualification and Treatment Standards* Current State:

WAC rules require programs to meet ASAM Criteria and to adhere to ASAM treatment standards for types of services, hours of clinical care and staff credentials. These standards are found in the following WAC sections:

WAC Requirements by Service Category <sup>35</sup>		
Service Category	WAC	

<sup>35</sup> <u>http://apps.leg.wa.gov/wac/default.aspx?cite=388-877</u>

General Residential Requirements	WAC 388-877-1108
ASAM 3.5 Intensive Inpatient SUD	WAC 388-877-1110
ASAM 3.1 Recovery House	WAC 388-877-1112
ASAM 3.1 Long-Term Residential SUD	WAC 388-877-1114
Specific Rules for Youth Residential SUD	WAC 388-877-1116

In addition to meeting the WAC administrative and personnel requirements, an agency providing substance use disorder residential treatment services must ensure all SUD assessment and counseling services are provided by a CDP or a CDPT under the supervision of an approved supervisor.

All of the Medicaid-covered service components described in the sections below are rehabilitative services of diagnostic evaluation and face-to-face individual or group counseling, pursuant to the state plan.

Intensive inpatient services (ASAM 3.5 Intensive Inpatient SUD WAC 388-877-1110) are SUD residential treatment services that provide a minimum of 20 hours of treatment services, including a program of individual and group counseling, education, and activities. An agency providing intensive inpatient services must:

- Complete the individual service plan within five days of admission.
- Conduct and document at least weekly, one face-to-face individual substance use disorder counseling session with the individual.
- Document progress notes, referrals and discharge summaries within required timeframes.

<u>Recovery house services (ASAM 3.1 Recovery House WAC 388-877-1112)</u> are SUD residential treatment services that provide social, vocational, and recreational activities to assist individuals adjust to abstinence, and to assist aid in job training, employment, or participating in other types of community services. Recovery house services require program-specific certification by the department's division of behavioral health and recovery.

<u>Youth residential services (WAC 388-877-1116)</u> are substance use disorder residential treatment services provided to an individual 17 years of age or younger. The agency is required to ensure at least one adult staff member of each gender is present or on call at all times if co-educational treatment services are provided. All staff members are trained in safe and therapeutic techniques for dealing with a youth's behavior and emotional crisis, including:

- Verbal de-escalation.
- Crisis intervention.
- Anger management.
- Suicide assessment and intervention.
- Conflict management and problem solving skills.

• Group meetings to promote personal growth, leisure, and other therapy or related activities.

These programs must provide seven or more hours of supervised, structured recreation each week. Provide and document each youth one or more hours per day, five days each week, of supervised academic tutoring or instruction by a certified teacher when the youth is unable to attend school for an estimated period of four weeks or more.

Requirements for providers to use evidence based practices (e.g. motivational interview, cognitive-behavioral therapy).

Providers are not required to utilize any specific evidence-based practices. However, WAC 388-877-0410 (3)(c)(ii), does require agencies to develop and maintain a written internal quality management plan and process that continuously improves the quality of care through use of evidence-based and promising practices.

#### Requirements for availability of a physical exam or consultation with a physician/ARNP.

Residential SUD facilities are required to complete a health assessment or physical exam. The level of detail and type of exam depends on how the facility is licensed with the DOH. To qualify as a residential SUD facility, the facility must be licensed by DOH in one of the following categories:

- Hospital (chapter 246-320 WAC);
- Private psychiatric or alcoholism hospital (chapter 246-322 WAC);
- Private alcohol and substance use disorder hospital (chapter 246-324 WAC); or
- Residential treatment facility (chapter 246-337 WAC).

The physical exam requirements can be found in the WACs listed above under the "patient care services" section of each rule.

#### **Future State:**

No changes.

#### **Summary of Actions Needed:**

None.

# Implementation of a state process for reviewing residential treatment providers to ensure compliance with these standards

#### **Current State:**

DBHR licenses and certifies treatment programs and regulates treatment agencies providing services for SUD, community mental health (voluntary and involuntary commitment services),

and problem and pathological gambling. The DBHR Certification, Licensing, and Customer Relations Section supports our state's goal to improve services to vulnerable adults.

There are approximately 584 licensed and certified SUD treatment agencies, 202 community mental health agencies offering treatment services at 553 sites, and 21 problem and pathological gambling treatment agencies. Certification and licensing activities reduce health risks for patients and family members by ensuring that treatment agencies are:

- Surveyed within 12 months of initial approval and every three years; and
- In compliance with regulations; and
- Evaluated rapidly when complaints are received.<sup>36</sup>

Current licensing and certification standards are driven by the Revised Code of Washington (RCW), Code of Federal Regulations, and federal block grants. These standards were established to ensure:

- Quality health care services of equal intensity, duration, and scope.
- Quality management.
- Consistent application of clinical standards and practices.
- Consistent implementation of patient health and safety standards.
- Certified and licensed chemical dependency and mental health professionals are operating within the scope of their practice.
- Consistent risk management monitoring of substance use disorder treatment programs and community mental health agencies.
- Rapid response to complaints regarding substance use disorder treatment programs, community mental health agencies, and providers to ensure patient health and safety.

#### **Opioid Treatment Programs**

The DBHR licenses and certifies opioid treatment programs (OTPs) in Washington State. DBHR helps ensure that programs comply with federal and state laws and regulations through regular on-site surveys.

DBHR is a federally recognized OTP Accreditation Body by the Center for Substance Abuse Treatment, Substance Abuse and Mental Health Services Administration. Each OTP must be accredited and can choose DBHR or another approved accreditation body.

DBHR, through its licensing and regulatory program, supports compliance with nationally recognized standards for agencies that provide SUD treatment services. DBHR integrated requirements and standards of the ASAM criteria in 1998. Washington administrative rules require licensed agencies to use the ASAM criteria for making admission, continued services,

<sup>36</sup> <u>https://www.dshs.wa.gov/bha/division-behavioral-health-and-recovery/licensing-and-certification-behavioral-health-agencies</u>

and discharge decisions. Agencies must use the ASAM criteria while conducting and developing SUD assessments, individual service plans, treatment plan reviews transitioning to levels of care, and coordinating discharge planning.

#### Current Monitoring Activities

All state agencies providing these services are monitored by the state licensing and certification team. This team provides on-site visits that include a clinical review of charts at least once every three years for outpatient providers and annually for residential facilities. This review includes monitoring of ASAM treatment standards for types of services, hours of clinical care and staff credentials. These audits include a review of the appropriateness of placement and length of stay.

In addition to the licensing activities, BHOs and MCOs are required to monitor providers for appropriateness of clinical decision making, including the level and types of services provided in agreement with ASAM levels of care.

#### **Future State:**

No changes. The state believes the current WAC rules requiring providers to use ASAM for admission, continued services, and discharge planning and decisions meets this requirement.

#### **Summary of Actions Needed:**

None.

# Implementation of requirement that residential treatment facilities offer MAT on-site or facilitate access off site

#### **Current State:**

The state does not require residential treatment facilities to offer MAT on-site. However, the state has promoted the use of MAT in these settings through provider training. Through these trainings, the state has encouraged providers to focus on patient choice when making decisions around the use of MAT. In addition, the state has utilized the Substance Abuse and Mental Health Services Administration's (SAMHSA) Prescription Drug and Opioid Addition (PDOA) and State Targeted Response (STR) grants to develop greater acceptance and availability of MAT.

Tribal and Urban Indian representatives in Washington have expressed objections to the requirement to offer or facilitate access to MAT for AI/AN clients. It is the state's understanding that CMS cannot offer an exemption for Tribal or Urban Indian residential treatment facilities at this time.

Tribal providers that do not provide of facilitate access to MAT as a treatment choice will not be included in the demonstration.

#### Future State:

The state will implement a requirement that residential treatment facilities offer MAT on-site or facilitate access off-site.

#### Summary of Actions Needed:

The HCA will work with the DOH to make these WAC changes. As of July 1, 2017 the policy and federal programs functions within DBHR will integrate into HCA. At the same time the DBHR licensing and certification team will become part of the DOH. These requirements will be implemented in two stages:

- 1. Within 12 months: The state will add to PIHP and MCO contracts a requirement that they require residential treatment providers to offer MAT on-site or facilitate access off-site.
- 2. Within 24 months: The state will update the WAC to include a requirement that residential treatment providers offer MAT on-site or facilitate access off-site.

Implementation Timeline, Milestone 3			
Contract Changes			
Date	Action		
July 1, 2018	Effective date of 1115 SUD/IMD Waiver Amendment.		
September 2018	<ul> <li>Begin developing new contract language that meets the requirements described above.</li> <li>Convene group of subject matter experts to advise on development of requirements.</li> </ul>		
November 2018	Finalize new contract language.		
January-March 2019	Begin contract negotiations with MCOs/BHOs regarding new		
(or sooner)	language.		
April-June 2019	Update MCO and BHO contracts to include the new requirements.		
(or sooner)			
WAC Changes			
Date	Action		
January 2019	Convene group that includes SUD subject matter experts and		
Sandary 2017	DOH/HCA staff responsible for updating WACs.		
April 2019	Finalize draft WAC language.		

May 2019	Begin public notice and rules hearing process.
September 2019	Finalize rules changes.
January 2020	Effective date of WAC changes.

#### Milestone 4: Sufficient provider capacity at critical levels of care including for Medication Assisted Treatment

#### **Current State:**

The state expects to develop the assessment described in this milestone within 12 months of demonstration approval. An initial assessment of providers enrolled in Medicaid and accepting new patients is described below.

Residential SUD Treatment

- 84 Providers total licensed residential treatment agencies (includes withdrawal management). It is unknown at this time how many of these residential providers offer MAT services.
- 32 of these residential providers offer withdrawal management services.

**Outpatient SUD Treatment** 

• There are 500 SUD outpatient providers, and 24 of these offer MAT services. The 24 agencies are licensed Opiate Treatment Programs (OTPs). Four new OTPs are planned for early 2018. Other licensed outpatient SUD agencies contract with waivered clinicians to provide MAT services.

#### **Future State:**

The state will complete an assessment of the availability of providers enrolled in Medicaid and accepting new patients in the following critical levels of care throughout the state including those that offer MAT:

- Outpatient services.
- Intensive outpatient services.
- MAT (medications as well as counseling and other services).
- Intensive care in residential and inpatient settings.
- Medically supervised withdrawal management.

The assessment will help the state determine whether it has sufficient provider capacity in the areas listed above. If any area is determined to be below capacity, the report will include the state's plans to increase availability of this service.

#### **Summary of Actions Needed:**

This activity will be completed within 12 months. The HCA will work with the state's data analytics team to complete this task.

Implementation Timeline, Milestone 4		
Date	Action	
July 1, 2018	Effective date of 1115 SUD/IMD Waiver Amendment.	
September 2018	<ul> <li>Convene workgroup that includes the state's data analytics team.</li> <li>Outline the parameters of the data requirements.</li> </ul>	
November 2018	Finalize data reporting content and format.	
January 2019	Complete data analysis.	
February 2019	If any area is below capacity, determine next steps to increase availability of this service.	
April 2019	Finalize the report and send to CMS.	

#### <u>Milestone 5: Implementation of comprehensive treatment and prevention strategies to</u> <u>address opioid abuse and OUD</u>

# Implementation of opioid prescribing guidelines along with other interventions to prevent opioid abuse

#### **Current State:**

The Washington Agency Medical Directors' Group (AMDG) develops guidelines for medical providers caring for patients of state agency programs in Washington State. The AMDG 2015 Interagency Guideline on Prescribing Opioids for Pain recommends best practices for opioid-based and non-opioid pain management to improve care of patients with chronic pain and to reduce their risk of addiction and overdose.<sup>37</sup> These guidelines are published as an educational tool for medical providers caring for patients of state agency programs, and state agencies use the guidelines to evaluate health technologies, including devices, durable medical equipment, procedures, diagnostics, and off-label drug use.

<sup>37</sup> http://www.agencymeddirectors.wa.gov/Files/2015AMDGOpioidGuideline.pdf

Along with the AMDG Guideline, five prescribing profession boards and commissions have adopted rules on the management of chronic, non-cancer pain:

- Medical Quality Assurance Commission
- Board of Osteopathic Medicine and Surgery
- Nursing Care Quality Assurance Commission
- Dental Quality Assurance Commission
- Podiatric Medical Board

While still in draft form and being reviewed by the respective commissions and boards, each medical specialty will require at least one hour of continuing education for practitioners licensed to prescribe opioids. Prescribers will attest to having met this requirement.

The relevant WACs for each profession can be found in DOH's Pain Management Adopted Rules.<sup>38</sup>

For Washington's Apple Health (Medicaid) program, the Washington State Health Care Authority implemented clinical policies pertaining to opioid prescriptions on November 1, 2017. This policy is intended to be a prevention and patient safety tool and limits the quantity of opioids that can be prescribed to opiate naïve patients for non-cancer pain.<sup>39</sup> This policy takes effect through both managed care organizations and fee-for-service.

Programs administered by the Health Care Authority are also required to implement the recommendations put forth by the Dr. Robert Bree Collaborative. In 2017 the Bree Collaborative issued recommendations for Opioid Prescribing Metrics.<sup>40</sup> The HCA Medicaid program has adopted three of these measures used in annual reports to providers who are the highest prescribers in the areas of: numbers of patients on high dose opioids, number of patients receiving high MEDs of opioids and those receiving opioids concurrently with other sedative hypnotics. These reports are informational and meant for quality improvement.

Additionally, the following pain management resources are available to providers:

- The University of Washington Department of Anesthesiology and Pain Medicine's Pain Medicine Provider Toolkit has a comprehensive list of clinical tools and patient education materials.
- The University of Washington School of Medicine COPE program offers a suite of free CME courses for primary care doctors, nurses, physician assistants, and other health care specialists who treat patients with chronic pain and want to learn how to safely address opioid prescribing.

<sup>&</sup>lt;sup>38</sup><u>https://www.doh.wa.gov/ForPublicHealthandHealthcareProviders/HealthcareProfessionsandFacilities/OpioidPresc</u>ribing/AdoptedRules

<sup>&</sup>lt;sup>39</sup> https://www.hca.wa.gov/assets/billers-and-providers/opioid-policy.pdf

<sup>&</sup>lt;sup>40</sup> http://www.breecollaborative.org/wp-content/uploads/Bree-Opioid-Prescribing-Metrics-Final-2017.pdf

- The WA State Department of Health Pain Management Resources website includes pain rules, dosage calculator, clinical tools, and CME training opportunities.
- The American Medical Association also offers CME courses and webinars on safe opioid prescribing.

#### **Future State:**

• No changes. Continue current activities.

#### **Summary of Actions Needed:**

• None.

#### Expanded coverage of, and access to, naloxone for overdose reversal

#### **Current State:**

DBHR has worked to increase Naloxone since 2015. Using Substance Abuse Block Grant (SABG) funding and working with the University of Washington Alcohol and Drug Abuse Institute (ADAI), DBHR has created a comprehensive website to provide education, locations for purchasing, and information on the distribution network. The collaboration between DBHR and ADAI has influenced changes to state laws including Washington State law RCW 69.50.315, which allows anyone "at risk for having or witnessing a drug overdose" to obtain naloxone and administer it in an overdose. This includes people who use opioids, family members, friends and professionals.

Washington State's 2015 "Naloxone law" RCW 69.41.095 also permits naloxone to be prescribed directly to an "entity" such as a police department, homeless shelter or social service agency for staff to administer if they witness an overdose when performing their professional duties. Additionally, RCW 69.41.095 also permits non-medical persons to distribute naloxone under a prescriber's standing order.

<u>Immunity from liability.</u> Several laws in Washington (commonly called "Good Samaritan" laws) give certain protections to laypersons trying to assist in a medical emergency. RCW 4.24.300 provides immunity from civil liabilities when responding in a medical emergency. RCW 69.50.315 further protects both the overdose victim and the person assisting in an overdose from prosecution for drug possession.

The Washington State Project to Prevent Prescription Drug/Opioid Overdose (WA-PDO)<sup>41</sup> is a collaborative five-year grant project between the DBHR and the ADAI with the purpose of preventing opioid overdose and deaths from opioid overdose, and building local infrastructure to

<sup>41</sup> The DBHR currently directs the grant to Prevent Prescription Drug/Opioid Overdose-Related Deaths (PDO) (FOA) No. SP-16-005: Catalogue of Federal Domestic Assistance (CFDA) NO.: 93.243.

plan, implement, evaluate and fund overdose prevention efforts in the long-term. WA-PDO will develop a statewide network of opioid overdose experts and interventions, leveraging ADAI's Center for Opioid Safety Education program (COSE) as the central hub and four regional nodes coordinating WA-PDO overdose prevention activities; this will efficiently extend core overdose prevention expertise and centralized resources at COSE to four diverse, high-need areas (HNA) across the state.

WA-PDO will reach adults who use prescription opioids/heroin and professionals and community members who may be first responders at an overdose. Core interventions include stakeholder engagement, overdose prevention/response training, and naloxone distribution. Over the five-year project our activities will reach 2,400 police, fire, and emergency medical services personnel responders; 13,200 lay responders, 1,400 health care providers; 120 pharmacies; and 160 community organizations across four priority regions.

The Washington State Targeted Response (WA-STR) Naloxone project will provide medication to vulnerable and underserved populations in partnership with ADAI. Despite the resources provided by the 2016 Preventing Death from Opioids (PDO) grant, there remains a substantial gap between need and availability of take-home-naloxone provided to those at highest risk for witnessing an overdose. This program will help meet this need by providing additional naloxone to places at both high relative risk (in terms of the local opioid overdose mortality rate) and high absolute risk (in terms of the total number of fatal opioid overdoses and estimated heroin using population).

Currently all Syringe Exchange programs in Washington are distributing Naloxone as a component of the work provided by ADAI utilizing funding provided through DBHR SABG, PDO and WA-STR funding. The website <u>stopoverdose.org</u> continues to be a major source of education and training. ADAI continues to provide outreach and training for professional first-responders requesting training and naloxone.

#### **Future State:**

• No changes. Continue current activities.

#### **Summary of Actions Needed:**

• None.

# Implementation of strategies to increase utilization and improve functionality of prescription drug monitoring programs

#### **Current State:**

The Washington State Department of Health Prescription Monitoring Program (sometimes referred to as Prescription Review) is a centralized online database that holds controlled

substance prescription information for all patients across the state. Prescribers are able to review their patients' prescription history information before they prescribe or dispense drugs. This allows them to look for duplicate prescribing, possible misuse, drug interactions and other potential concerns. More information and factsheets on program rules, registration, use, and reports are available on the Prescription Monitoring Program website.<sup>42</sup>

The HCA sends opioid prescribing reports to physicians as part of the Centers for Disease Control's (CDC) Prescription Drug Overdose grant. These reports are intended to inform providers of their prescribing practices to support quality improvement efforts. The metrics used in this report mirror the Dr. Robert Bree Collaborative Opioid Prescribing Metrics<sup>43</sup> and are tailored to HCA's Medicaid population where applicable. The best practices recommendations reflect the CDC's guidelines for prescribing opioids.<sup>44</sup>

#### **Future State:**

• No changes. Continue current activities.

#### **Summary of Actions Needed:**

• None.

#### Milestone 6: Improved care coordination and transitions between levels of care

# Implementation of policies to ensure residential and inpatient facilities link beneficiaries with community-based services and supports following stays in these facilities Current state:

While the state understands the value of coordination between levels of care and expects providers to provide warm hand-offs during the transition between residential and outpatient treatment, there are not any rules or policies in place requiring this for SUD services. The concept of coordination between the outpatient and inpatient settings has long been a part of the mental health system through discharge planning requirements and dedicated "hospital liaison" positions. However, the state recognizes that the SUD residential and outpatient systems may not yet coordinate to this level.

# Additional policies to ensure coordination of care for co-occurring physical and mental health conditions

Washington State is moving toward an integrated managed care system. In this system, each Medicaid individual's behavioral health and physical health care is coordinated by a single entity (an MCO). There is an expectation that having both behavioral health and physical health services managed by one organization will improve coordination among those systems.

<sup>&</sup>lt;sup>42</sup> http://www.wapmp.org/

<sup>&</sup>lt;sup>43</sup> http://www.breecollaborative.org/wp-content/uploads/Opioid-Prescribing-Metrics-Specifications-Draft-2017.pdf

<sup>&</sup>lt;sup>44</sup> https://www.cdc.gov/drugoverdose/pdf/guidelines\_factsheet-a.pdf

In addition to these system-wide changes, the state has current contract language requiring coordination with primary care providers (PCP) or, if the client does not have a PCP, that the behavioral health provider refer the individual to a PCP.

#### Future State:

The state will implement a requirement that MCOs, residential treatment providers, and outpatient providers work to develop policies and practices that enhance care coordination, including transitions between levels of care following residential treatment stays.

#### Summary of Actions Needed:

HCA will work with the DOH to make these WAC changes. As of July 1, 2017 the policy and federal programs functions within DBHR will integrate into HCA. At the same time the DBHR licensing and certification team will become part of the DOH.

- 1. Within 12 months: The state will add these requirements to PIHP and MCO contracts.
- 2. Within 24 months: The state will update the WAC to include these requirements

Implementation Timeline, Milestone 6			
Contract Changes			
Date	Action		
July 1, 2018	Effective date of 1115 SUD/IMD Waiver Amendment		
September 2018	<ul> <li>Begin developing new contract language that meets the requirements described above.</li> <li>Convene group of subject matter experts to advise on development of requirements.</li> </ul>		
November 2018	Finalize new contract language.		
January-March 2019	Begin contract negotiations with MCOs/BHOs regarding new		
(or sooner)	language.		
April-June 2019	Update MCO and BHO contracts to include the new		
(or sooner)	requirements.		
WAC Changes			
Date	Action		
January 2019	Convene group that includes SUD subject matter experts and DOH/HCA staff responsible for updating WACs.		
April 2019	Finalize draft WAC language.		
May 2019	Begin public notice and rules hearing process.		
September 2019	Finalize rules changes.		
January 2020	Effective date of WAC changes.		

#### Attachment A: SUD Health Information Technology (IT) Plan

The table below identifies Washington's SUD Health Information Technology (IT) Plan, including current and planned future state, and specific actions and timeline, to address needed enhancements over the course of the demonstration.

Milestone Criteria	Current State	Future State	Summary of Actions Needed
5. Implementation of comprehensive treatment and prevention strategies to address	Provide an overview of current PDMP capabilities, health IT functionalities to support the	Provide an overview of plans for enhancing the state's PDMP, related enhancements to its	Specify a list of action items needed to be completed to meet the HIT/PDMP milestones
Opioid Abuse and OUD, that is: Enhance the state's health IT functionality to support its PDMP; and Enhance and/or support	PDMP, and supports to enhance clinicians' use of the state's health IT functionality to achieve the goals of the PDMP.	health IT functionalities, and related enhancements to support clinicians' use of the health IT functionality to achieve the goals of the PDMP.	identified in the first column. Include persons or entities responsible for completion of each action item. Include timeframe for completion of each action item
clinicians in their usage of the state's PDMP. Prescription Drug Monitoring P	rogram (PDMP) Functionalities		
			Funding is peeded to support the
Identify funding sources to enhance the functionality of the PDMP and support its use by clinicians			Funding is needed to support the design, development, operation, and/or maintenance of each of the tasks described below in the SUD HIT Plan.
			Contingent on the availability of funds, the Health Care Authority (HCA), in collaboration with the

## Section I. State Health IT / PDMP Assessment & Plan

	<ul> <li>Department of Health (DOH), will:</li> <li>Explore options for funding (i) PDMP enhancements (as described in the activities below) and (ii) the use of the PDMP by clinicians on behalf of Medicaid and non-Medicaid patients; and</li> <li>Develop a financial mapping tool that identifies sources of funds (e.g., HITECH, MMIS, grants, private sector</li> </ul>
	execute the activities in this SUD HIT Plan on behalf of Medicaid and non-Medicaid patients and their treating providers. For example, the ability to accurately match patient who are prescribed opioids with patients in the PDMP, and match patients in the PDMP with other data sources is

			critically important for most tasks in the SUD HIT Plan. Activities F and I below describe the need to explore options to enable patient matching. The financial mapping tool will identify funding sources that will be used to implement these activities. Timeline: 3 – 6 months
Enhanced interstate data sharing in order to better track patient specific prescription data	The Washington Prescription Monitoring Program <sup>45</sup> (PMP) is intended to improve patient care and stop prescription drug misuse by collecting dispensing records for Schedule II, III, IV and V drugs, and making the information available to medical providers and pharmacists as a tool in patient care. Washington State allows healthcare professionals licensed in and by	The state will continue current enhancement activities, and identify the most appropriate solution for additional state-to- state data sharing. Per the 2016 Washington State Interagency Opioid Working Plan, <sup>46</sup> the state is working to reduce current policy and technical barriers to enable	Contingent on the availability of funds, the Health Care Authority (HCA) and the Department of Health (DOH) will identify facilitators and barriers, as well as options to enhance interstate data sharing to better track of patient specific prescription data. Considerations will include identifying the costs of, and funding mechanisms for,

<sup>45</sup> https://www.doh.wa.gov/ForPublicHealthandHealthcareProviders/HealthcareProfessionsandFacilities/PrescriptionMonitoringProgramPMP
<sup>46</sup> http://www.stopoverdose.org/FINAL%20State%20Response%20Plan\_March2016.pdf

	other states to register for and access the Washington PMP.	sharing of PMP data with border states (Goal 4, Strategy 1).	supporting the collaboration and identification of options.
	Washington provides links to three regional PDMP websites (AK, OR, and ID) and a link to the national PDMP training and TA center. Washington also has agreements with Oregon and Idaho allowing PDMP data exchange in emergency departments via the Emergency Department Information Exchange (EDIE).	Currently under review are PMP InterConnect (per National Association of Boards of Pharmacy) and Rx Check (per Bureau of Justice Assistance). Solution must meet State of Washington data security standards and be HIPPA compliant.	HCA and DOH will develop and implement a strategy to identify the costs of and secure funding needed to support additional state-to-state data sharing. Timeline: 12-24 months.
Enhanced "ease of use" for	DOH has offered education and	The state must develop solutions	Contingent on the availability of
prescribers and other state and	training regarding the PMP, and	that effectively balance the need	funds, HCA and DOH will
federal stakeholders	provided guidance to providers	for security with ease of use to	identify and implement feasible
	regarding access to PMP and	support provider use of the	PMP Portal enhancements per
	resources.	PMP. A workgroup of subject	workgroup recommendations.
	Washington State rules support and require the use of the PMP for the following: (1) Opioid prescribing rules suggest that providers should include review of any available PMP data when evaluating patients for chronic non-cancer pain; (2) The workers' compensation	matter and technical experts from DOH, Washington Technology Solutions (WaTech) and the Office of Cyber Security are gathering feedback and evaluating options in collaboration with providers and professional associations that	Some enhancements may be contingent on availability of funds. If implementation of identified enhancements rely on acquiring funding, the state will work to identify potential funding sources to support the

	program requires prescribers to use the PMP.	meet the state's shared goals of security and patient safety. <sup>47</sup>	implementation of PMP Portal enhancements. HCA in collaboration with DOH will develop and implement a strategy to identify the costs of and secure funding needed to identify and implement PDMP enhancements to facilitate "ease of use" for prescribers and other stakeholders.
Enhanced connectivity between the state's PDMP and any statewide, regional or local health information exchange	The PMP's connection to HIE has been in place since late 2013. EDIE was the first to take advantage of that connection. EDIE is in use across all acute care hospitals in Washington State. PMP data went live on the EDIE system in November 2014. Through 2015 more than 2.2 million PMP queries were completed by EDIE, about 120% more than the number of queries made by all other health	Per the 2016 Washington State Interagency Opioid Working Plan, <sup>49</sup> the state is exploring options to require health care systems to connect to the PMP through the statewide electronic health information exchange (Goal 4, Strategy 1).	Timeline: 12-24 months DOH will work to reintroduce legislation (ESHB 2489) during the 2019 legislative session. DOH will then work with partner agencies to prioritize and support adoption of bill. Implementation of enhanced PDMP connections to the statewide HIE is contingent on acquiring funding, including

<sup>47</sup> https://www.doh.wa.gov/ForPublicHealthandHealthcareProviders/HealthcareProfessionsandFacilities/PrescriptionMonitoringProgramPMP/EaseofUseProject
 <sup>49</sup> http://www.stopoverdose.org/FINAL%20State%20Response%20Plan\_March2016.pdf

care providers (HCPs) in all other	
health care settings over the PMP	
web portal for the year.	

The connection between the DOH PMP system vendor, OneHealthPort HIE and Epic EHR system were successfully piloted in the summer of 2015. EPIC developed and released a module to its Washington clients in December of 2015. This new module allows Epic users to transact and transmit PMP data directly to the patient record in the native EMR.

At present providers can access the PMP by building a connection to the OneHealthPort HIE and integrating the PMP transaction into their EHR (rather than separately logging into the PMP Portal). through the use of third party vendors. These vendors would provide application programming interface (API) options for medical entities whose vendor will not create the HIE connection, or for entities without the means to acquire the HIE connection.

The state will pursue PDMP database vendor enhancements, use of state developed database architecture, or possible utilization of database architecture developed by another state. funding for the following activities:

- The state will identify additional third party vendors to develop API for HIE connections, and determine costs of per instance use, or single payment and "open source" distribution of state purchased API.
- DOH and HCA will • work to upgrade the PMP API interface to adopt standards identified by CMS. Per CMS rule-1694-p, the PMP API interface will need to be updated in response to the IPPS requirement to adopt NCPDP 2017071 by 2019 for e-prescribing. The interface currently uses an older widely adopted standard NCPDP 10.6. The state will require technical

DOH has worked to support	assistance and funding
legislation (ESHB 2489 <sup>48</sup> ) that	for needed upgrades to
would mandate federally certified	the PDMP system, any
electronic health record systems to	vendor fees, and
be utilized in the State of	additional staff to work
Washington to ensure the system	on this Design,
can integrate with the state PMP via	Development, and
the HIE. However, legislation has	Implementation (DDI)
not passed.	work.
	The state will identify sources of
	additional funding for a state
	operated database, and pursue a
	public RFP per state contracting
	best practices for non-
	government entity.
	HCA and DOH will develop and
	implement a strategy to identify
	the costs of and secure funding
	as needed to upgrade the PDMP
	and enhance connectivity to the
	statewide health information
	exchange, including:

<sup>48</sup> http://apps2.leg.wa.gov/billsummary?BillNumber=2489&Year=2017&BillNumber=2489&Year=2017

			<ul> <li>upgrades to the new NCPDP standard (required by CMS),</li> <li>any vendor fees, additional staff to work on this DDI work; and</li> <li>changes to the health information exchange service provided by OneHealthPort, the statewide health information exchange organization, to support these PDMP enhancements.</li> <li>Timeline: 24+ months.</li> </ul>
Enhanced identification of long- term opioid use directly correlated to clinician prescribing patterns <sup>50</sup> (see also "Use of PDMP" #2 below)	The primary goal for using the PMP is patient safety, with additional goals of providing the highest quality of care and reducing harm. The PMP informs the HCP of a patient's controlled substance prescription history. That helps prevent drug-drug interactions that may lead to an adverse outcome, and therapeutic duplication. It alerts the HCP to length of time a patient	The state will explore further enhancements to the PMP functionality, including additional tools or alerts for HCPs.	Contingent on the availability of funds, HCA and DOH, in collaboration with Health Care Providers (HCPs and Managed Care Organizations (MCOs) will (1) identify clinical decision support (CDS) tools or alerts that could be usefully integrated into the PMP; and (2) integrate

<sup>50</sup> Shah A, Hayes CJ, Martin BC. Characteristics of Initial Prescription Episodes and Likelihood of Long-Term Opioid Use — United States, 2006–2015. MMWR Morb Mortal Wkly Rep 2017;66:265–269. DOI: <u>http://dx.doi.org/10.15585/mmwr mm6610a1</u>.

	has taken prescription opioids, and understanding of undertreated pain. PMP data can alert the HCP of (1) patients receiving opioids, benzodiazepines, and other drugs that can create an adverse outcome at the same time, (2) patients receiving high morphine equivalent dose (MED) opioids, and (3) people who have potential abuse patterns, such as having seen five or more opioid prescribers and dispensers. The PMP also allows prescribers and dispensers to check for possible prescription misuse, multiple prescribers, adverse drug interactions, and undertreated pain.		these CDS into the PMP API. To the extent practical and appropriate, the CDS tools/alerts identified in this activity will support the use cases developed in Activities below. HCA and DOH will develop and implement a strategy to identify the costs of and secure funding as needed to identify and integrate CDS tools/alerts into the PMP API. Timeline: 12-24 months.
Current and Future PDMP Que	ery Capabilities		
Facilitate the state's ability to	The PMP database via the	Per the 2016 Washington State	Contingent on the availability of
properly match patients	OneHealthPort HIE requires a	Interagency Opioid Working	funds, HCA in collaboration
receiving opioid prescriptions	match of the requested patient	$Plan^{51}$ the state will work to: (1)	with DOH will:
with patients in the PDMP (i.e. the state's master patient index (MPI) strategy with regard to PDMP query)	record. The query via the HIE is a one-to-one return based on provider search criteria (ie. "John Smith" returns only "John Smith").	link PMP data to overdose death and hospitalization data to determine relationships between prescribing, patient risk	1. Consider the accuracy of patient matching for patients with data in the
		behavior, and overdoses, and	PDMP with other data

<sup>51</sup> http://www.stopoverdose.org/FINAL%20State%20Response%20Plan\_March2016.pdf

The MTP HIT Strategic Roadmap and HIT Operational Plan identify a need for improved patient entity matching, including a focus on and task to identify various Master Person Identifiers (MPIs) used across programs and discuss options and considerations of multiple vs. single MPI.	disseminate results to individual counties, (2) develop and disseminate population-level PMP reports on buprenorphine prescribing practices, (3) develop measures using PMP data to monitor prescribing trends and assess impact of interventions on prescribing practices, and (4) explore options to aggregate and analyze PMP data by health plan/payer. As part of future PDMP database development, RFP/architecture design will require improved clustering and aggregation of patient identifiers.	<ul> <li>sources (e.g., data on hospitalizations, overdose deaths)</li> <li>If the accuracy of patient matching needs improvement, then HCA, in collaboration with DOH will: (1) identify facilitators and barriers, and (2) explore options to link Patient Identifiers and Provider Identifiers across different systems to improve the accuracy of matching patients with data in the PDMP with other data sources; and</li> <li>Develop and implement a strategy to improve the accuracy of patient matching with regard to the PDMP.</li> <li>HCA and DOH will develop and implement a strategy to identify consider the actions will include identifying the need for and if needed costs of and funding mechanisms needed to implement the strategy to improve the accuracy of for</li> </ul>
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	icians with Changing Office Workflo		linking Patient Identifiers and Provider matching Identifiers across different systems Timeline: 12-24 months.
Develop enhanced provider workflow / business processes to better support clinicians in accessing the PDMP prior to prescribing an opioid or other controlled substance to address the issues which follow	As mentioned above, integration of the PMP, OneHealthPort HIE and Epic has occurred. The Epic EHR has the biggest footprint among Washington State health care providers (compared to other EHR vendors). The PMP has assisted eight medical entities move to data exchange production or testing across the state. This includes EHR systems utilizing Epic, Cerner, AllScripts and NextGen. Once medical entities move into production with a given EHR, PMP staff attempt to identify other healthcare providers/entities utilizing that EHR in order to	Per the 2016 Washington State Interagency Opioid Working Plan <sup>52</sup> the state will work to: (1) Promote the use of the PMP, including use of delegate accounts, among health care providers to help identify opioid use patterns, sedative co- prescribing, and indicators of poorly coordinated care/access. (2) Link PMP data to overdose death and hospitalization data to determine relationships between prescribing, patient risk behavior, and overdoses, and disseminate results to individual counties. (3) Develop and disseminate population-level PMP reports on buprenorphine	<ul> <li>Contingent on the availability of funds, HCA in collaboration with DOH will sponsor work to:</li> <li>identify for 3-5 use cases the clinical workflows/business processes for accessing the PDMP prior to prescribing an opioid or other controlled substance; and</li> <li>develop change management guidance for implementing the identified clinical workflows/business processes</li> </ul>

<sup>52</sup> http://www.stopoverdose.org/FINAL%20State%20Response%20Plan\_March2016.pdf

possibly connect those medical providers/entities to the HIE via the API already developed. The state is supportive of clinicians accessing the PDMP prior to prescribing an opioid and have developed this interface in conjunction with ONC and the vendor community.	prescribing practices. (4) Enhance medical, nursing, and physician assistant school curricula on pain management, PMP, and treatment of opioid use disorder. (5) Educate law enforcement on the PMP and how it works" (6) Increase PMP reporting frequency from weekly to daily. (7) Provide easy access to the PMP data for providers through electronic medical record systems. (8) Provide MED calculations within the PMP for chronic opioid patients with automated program alerts for providers. (9) Evaluate policy interventions for effectiveness and impact (e.g., pain management rules, mendatory DMP registration)	HCA and DOH will develop and implement a strategy to identify the costs of and secure funding for the identification of the use cases and associated clinical work flows/business processes, and change management guidance Timeline: 24+ months.
	Additionally, regional work is being completed by Accountable Communities of Health (ACH) to support and reinforce the 2016 Washington	

Develop enhanced supports for clinician review of the patients' history of controlled substance prescriptions provided through the PDMP—prior to the issuance of an opioid prescription	As mentioned above, integration of the PMP, OneHealthPort HIE and Epic has occurred. The Epic EHR has the biggest footprint among Washington State health care providers (compared to other EHR vendors). The state is supportive of clinicians accessing the PDMP prior to prescribing an opioid and have developed this interface in conjunction with ONC and the vendor community.	State Interagency Opioid Working Plan. As described above, the 2016 Washington State Interagency Opioid Working Plan <sup>53</sup> goals and strategies, as well as supportive regional work completed by ACHs, are intended to increase the use of the PMP prior to the issuance of an opioid prescription.	<ul> <li>Contingent on the availability of funds:</li> <li>In addition to pursuing the strategies described in the 2016 Washington State Interagency Opioid Working Plan, HCA and DOH will collaborate to identify facilitators and barriers to develop enhanced supports for clinician review of the PMP.</li> <li>HCA in collaboration with DOH will develop and implement a strategy to identify the costs of and secure funding for</li> </ul>

<sup>53</sup> http://www.stopoverdose.org/FINAL%20State%20Response%20Plan\_March2016.pdf

			clinician supports to use the PDMP. Timeline: 24+ months.
Master Patient Index / Identity N	Management		
Enhance the master patient index (or master data management service, etc.) in support of SUD care delivery.	The master patient index, or Master Data Management (MDM), is a component of the Enterprise Architecture. The foundation was created with the Medicaid Eligibility and Enrollment modernization MMIS purchase of the IBM Truven software. The state recognizes limitations in currently supported patient matching in the PDMP, and intends to find ways to link this issue to improve data linkage and identity mapping.	DOH and HCA will explore feasibility and options of developing a shared Master Patient Index and Master Provider Index.	As described above and contingent on the availability of funds: HCA and DOH will explore the need to and options for enhancing patient matching (such as developing a shared Master Patient Index and Master Provider Index; or creating a the ability to crosswalk of patient/provider identifiers between the PDMP and other data sources); and implement a strategy to improve the accuracy of patient matching with regard to the PDMP. HCA, in collaboration with and DOH, will develop and implement a strategy to identify the costs of and secure funding to enhance the patient matching between the PDMP and other

	data sources. Timeline: 12-24 months.

#### **Attestation Requirements**

*Statement 1*: Indicate whether the state has sufficient health IT infrastructure/" ecosystem" at every appropriate level (i.e. state, delivery system, health plan/MCO and individual provider) to achieve the goals of the demonstration.

Washington State has Health IT infrastructure in place to support the goals of the SUD demonstration. This SUD HIT plan lists infrastructure enhancements, contingent on securing necessary funding, which support expanding effective and reusable health information technology and exchange capabilities statewide. The state agencies, HCA and DOH, will collaborate over the next 12-24 months to identify and pursue funding opportunities that will support improvements to the state health IT infrastructure.

HCA will lead the development of the financial mapping tool. HCA and DOH will collaborate in the development and implementation of the:

- SUD Monitoring Protocol that will provide the strategies to increase utilization and improve functionality of prescription drug monitoring programs as described above in the SUD Health Information Technology (IT) Plan; and
- Strategy to identify the costs of and secure funding needed for each of the activities identified about in the SUD Health IT Plan.

**Statement 2**: Indicate whether the state's SUD Health IT Plan is "aligned with the state's broader State Health IT Plan (SMHP) and if applicable, the state's Behavioral Health (BH) Health IT Plan."

Washington State's SUD Health IT plan is aligned with the broader State Medicaid Health IT Roadmap and Operational Plan approved by CMS under the Medicaid Transformation Project. Upon approval of the IMD Waiver, the state will review the Health IT Operational Plan and incorporate any additional tasks needed to align with approved SUD HIT Plan. Washington State is updating its State Medicaid Health IT Plan and commits to aligning the SMHP with the approved SUD HIT Plan. Statement 3: Indicate that the state will include appropriate standards referenced in the ONC Interoperability Standards Advisory (ISA) <u>https://www.healthit.gov/isa/</u> and 45 CFR 170 Subpart B in subsequent MCO contract amendments or Medicaid funded MCO/ Health Care Plan re-procurements.

The Washington State Health Care Authority includes appropriate standards referenced in the ONC Interoperability Standards Advisory (ISA) in its Managed Care contracts.

#### Section II. Implementation Administration

The state's point of contact for the SUD Health IT Plan is listed below.

Name and Title: Shaun Wilhelm, Deputy State HIT Coordinator Telephone Number: (360) 725-0777 Email Address: shaun.wilhelm@hca.wa.gov

# **Attachment L: Monitoring Metric Supplemental Information**

Medicaid Section 1115 SUD Demonstration Monitoring Protocol – Additional Information to Support Monitoring Metric Specifications Revised and Resubmitted January 24, 2020

#### **Background and Introduction**

The State will leverage three different analytic teams to produce the required metric reporting. These analytic teams include the Department of Social and Health Services Research and Data Analysis Division, the Health Care Authority's Analytics, Research, and Measurement team, and the Health Care Authority's Division of Behavioral Health and Rehabilitation. Between the three analytic teams, the State has an extensive existing data infrastructure that the State intends to leverage for the CMS reporting requirements. This existing infrastructure currently completes reporting for various entities, including the Adult and Child Common Measure Set and substance use disorder related Substance Abuse Mental Health Services Administration (SAMHSA) reporting. This analytic infrastructure also supports a number of ongoing activities in the realm of health care transformation. These include, but are not limited to, Washington's movement towards the integration of behavioral and physical health care and all three initiatives of the initial Medicaid Transformation Project (Transformation through Accountable Communities of Health, Long-Term Services and Supports of the Aging Population, and Foundational Community Support Services).

The State analytic teams have reviewed the CMS provided specifications and reporting procedures. Per the instructions in the Monitoring Protocol, the State will explain any deviations from the CMS-provided specifications that are needed to match the health care context and data infrastructure within Washington State. The State created this attachment to minimize duplication of explanation of requested modifications which apply to multiple metrics, and to provide details on state-specified metrics that would not fit within the given metric workbook template.

The State thanks CMS for the opportunity to align the specifications with the State's health care context, data infrastructure, and existing 1115(a) demonstration. We welcome any questions or concerns from CMS regarding these requests.

#### **Overview of 1115 SUD Demonstration Monitoring Metrics**

This section describes the data sources the State will be drawing on, how the State will align the Substance Use Disorder (SUD) measurement periods with the State's broader 1115(a) demonstration reporting cycle, and will note the reporting level for all metrics.

#### **Description of Data Sources**

**Integrated Client Databases.** SUD demonstration monitoring metric production will use the integrated administrative data maintained in the Department of Social and Health Services Integrated Client Databases (ICDB). The ICDB was explicitly designed to support quasi-experimental evaluation of health and social service interventions in Washington State, and has been widely used in evaluation studies published in peer-reviewed journals<sup>1</sup> and for the production of performance and monitoring measures.

<sup>&</sup>lt;sup>1</sup> For a recent example, see Jingping Xing, Candace Goehring and David Mancuso. Care Coordination Program For Washington State Medicaid Enrollees Reduced Inpatient Hospital Costs Care Coordination Program For Washington State. Health Affairs, 34, no.4 (2015):653-661.

The underlying reporting arrays are regularly updated to align with State requirements. The State has analyzed completion factors based on the historical encounter data submitted to the State's MMIS by contracted MCOs responsible for SUD services. This completion factor analysis indicates that fewer than 90% of ultimately accepted encounters are uploaded and successfully accepted into the MMIS by five months from the month the service was provided to the client. Reporting with a 90-day lag would result in an even greater systematic undercount of services provided in the most recent reporting period. The State believes that reporting information that is known to be undercounted will negatively impact the IMD waiver program. The State requests a 6-month reporting lag to allow for reporting of information that is more complete. Even with the proposed 6-month reporting lag, we recommend provisions for updating information previously reported with more complete data when it becomes available.

The State also requests the ability to calculate the monthly metrics once per quarter. Per CMS' technical assistance document Reporting 1115 SUD Demonstration Monitoring Metrics "...if a state submits data on a quarterly basis, the submission should contain three monthly values for each monthly metric, each produced at the same time relative to their measurement periods." However, the underlying production schedule for the State's analytic environment is quarterly. The State is unable to change the global production cycle and fundamental infrastructure to accommodate this monitoring expectation. In addition, some of the data necessary for the monthly metrics is updated quarterly and would not be up to date for two months of each quarter. For example, information needed for the criminal justice involvement submetrics is received on a quarterly basis from the Washington State Identification System arrest database maintained by the Washington State Patrol. The State understands that part of CMS' reasoning for producing the monthly metrics at the same time relative to their measurement periods is due to the dynamic nature of Medicaid data. Observing a 6-month reporting lag mitigates this impact.

**Death Certificate Data.** The Washington State Department of Health maintains the death certificate data received from the Center for Health Statistics. The Health Care Authority's Analytics, Research, and Measurement team will work with the death certificate data for the two fatal overdose metrics. However, death certificate data is not finalized until Q4 in the year following the measurement year. For example, death certificate data for 2017 was not finalized until October 2018. This will result in additional lag time in reporting for the two fatal overdose metrics that require this data.

#### **Measurement Period**

Per CMS's instructions and in alignment with the Special Terms and Conditions (STCs) 72, 74, and the Schedule of State Deliverables for the Demonstration Period (XIII), Washington will align the reporting cycles for the SUD Demonstration Amendment with the broader section 1115(a) demonstration quarterly and annual reporting cycles. Table 1 shows the current reporting cycle to the broader section 1115(a) demonstration.

Aligning to this reporting cycle will require a small modification to the measurement periods in the technical specification document. The effective date of the Washington SUD demonstration is July 17, 2018. However, to align with this reporting structure, we will use July 1, 2018 as the start date for the measurement periods. This does not change the effective date of the demonstration. Washington is in favor of this modification, as it closely aligns with our current data infrastructure and reporting processes. For example, Medicaid enrollment is verified monthly in Washington, and thus all eligibility requirements will need to be based around calendar months.

Quarter/Annual Report Cycle	MTP Reporting Period	Report Due Date
DY2 Q4 (Annual Report DY2)	Jan 2018 – Dec 2018	03/01/2019
DY3 Q1	Jan 2019 – March 2019	06/03/2019
DY3 Q2	April 2019 – June 2019	09/03/2019
DY3 Q3	July 2019 – Sept 2019	12/02/2019
DY3 Q4 (Annual Report DY3)	Jan 2019 – Dec 2019	03/02/2020
DY4 Q1	Jan 2020 – March 2020	06/01/2020
DY4 Q2	April 2020 – June 2020	09/01/2020
DY4 Q3	July 2020 – Sept 2020	12/01/2020
DY4 Q4 (Annual Report DY4)	Jan 2020 – Dec 2020	03/01/2021
DY5 Q1	Jan 2021 – March 2021	06/01/2021
DY5 Q2	April 2021 – June 2021	09/01/2021
DY5 Q3	July 2021 – Sept 2021	12/01/2021
Final Report	Jan 2021 – Dec 2021	06/30/2022

TABLE 1. Washington's 1115(a) Waiver Quarterly and Annual Reporting Cycle

In addition, this also aligns with reporting cycles for other related SUD projects and the Washington State fiscal year. The modified measurement periods for the monthly, quarterly, and annual metrics are described next and in the table below.

- For metrics with a monthly measurement period, the first monthly measurement period is the month the SUD demonstration began July 1, 2018 to July 31, 2018. The second month is August 1, 2018 to August 31, 2018, and so forth.
- For metrics with a quarterly measurement period, the first quarter of the demonstration is the first three months of the demonstration July 1, 2018 to September 30, 2018.
- For the CMS-constructed metrics with an annual measurement period, the first annual measurement period is the first twelve months of the demonstration July 1, 2018 to June 30, 2019.
- For the established quality measures, the first annual measurement period is the calendar year in which the demonstration began January 1, 2018 to December 31, 2018.

As previously discussed with CMS, the State believes setting the baseline to the year prior to the change in authorizing expenditure authority is needed to appropriately set demonstration targets, annual goals, and to ultimately respond to the demonstration hypothesis specific to the SUD amendment (STC 111e). Thus, the State requests to define the baseline year as July 1, 2017 – June 30, 2018 for the CMSconstructed metrics and January 1, 2017 – December 31, 2017 for the established quality measures.

The State will begin reporting after a monitoring protocol has been agreed upon by the State and CMS, and sufficient time is provided to implement the metric specifications as stated in the agreed upon monitoring protocol. The requested reporting schedule in Table 2 below may change depending on when the monitoring protocol is approved. The reporting schedule also specifies a baseline reporting period of July 1, 2017 – June 30, 2018 for CMS constructed metrics and January 1 – December 31, 2017 for established quality measures. In addition, Table 2 employs the 6-month reporting lag that is necessary for the State to submit data that does not substantially undercount the number of services provided.

TABLE 2.
Proposed Reporting Schedule for Washington Metrics for SUD Demonstration

Dates of reporting quarter	WA's SUD DY: Jul 1 – Jun 30	WA's broader 1115 DY: Jan 1 – Dec 31 (type of report)	Report due (per STCs schedule)	SUD metrics included in report	Reporting period(s) for SUD metrics in a given report†
Jul – Sept 2018	DY1 Q1	DY2 Q3 (quarterly)	12/1/2018	No SUD metrics reported. Monitoring protocol under development.	N/A
Oct – Dec 2018	DY1 Q2	DY2 Q4 (annual)	3/1/2019	No SUD metrics reported. Monitoring protocol under development.	N/A
Jan – Mar 2019	DY1 Q3	DY3 Q1 (quarterly)	6/1/2019	No SUD metrics reported. Monitoring protocol under development.	N/A
Apr – Jun 2019	DY1 Q4	DY3 Q2 (quarterly)	9/1/2019	No SUD metrics reported. Metric specifications being implemented by State.	N/A
Jul – Sept 2019	DY2 Q1	DY3 Q3 (quarterly)	12/1/2019	<ul> <li>(1) Monthly metrics</li> <li>(2) CMS defined metrics*</li> <li>(3) Established quality metrics</li> </ul>	<ol> <li>July 2017 – March 2019</li> <li>July 2017 – June 2018</li> <li>January – December 2017 January – December 2018</li> </ol>
Oct – Dec 2019	DY2 Q2	DY3 Q4 (annual)	3/1/2020	(1) Monthly metrics (2) CMS defined metrics	(1) April – June 2019 (2) July 2018 – June 2019
Jan – Mar 2020	DY2 Q3	DY4 Q1 (quarterly)	6/1/2020	(1) Monthly metrics	(1) July – September 2019
Apr – Jun 2020	DY2 Q4	DY4 Q2 (quarterly)	9/1/2020	<ul><li>(1) Monthly metrics</li><li>(2) Established quality metrics</li></ul>	(1) October – December 2019 (2) January – December 2019
Jul – Sept 2020	DY3 Q1	DY4 Q3 (quarterly)	12/1/2020	(1) Monthly metrics	(1) January – March 2020
Oct – Dec 2020	DY3 Q2	DY4 Q4 (annual)	3/1/2021	(1) Monthly metrics (2) CMS defined metrics	(1) April – June 2020 (2) July 2019 – June 2020
Jan – Mar 2021	DY3 Q3	DY5 Q1 (quarterly)	6/2/2021	(1) Monthly metrics	(1) July – September 2020
Apr – Jun 2021	DY3 Q4	DY5 Q2 (quarterly)	9/1/2021	<ul><li>(1) Monthly metrics</li><li>(2) Established quality metrics</li></ul>	(1) October – December 2020 (2) January – December 2020
Jul – Sept 2021	DY4 Q1	DY3 Q3 (quarterly)	12/1/2021	(1) Monthly metrics	(1) January – March 2021
Oct – Dec 2021**	DY4 Q2	DY5 Q4 (annual)	3/1/2022	(1) Monthly metrics (2) CMS defined metrics	(1) April – June 2021 (2) July 2020 – June 2021

\*Given the additional delay in complete death certificate data, reporting on Metric #26 and Metric #27 (overdose death count and rate) will be delayed by one year. Baseline information will be available for the Annual Report DY3, Year 1 information will be available for Annual Report DY4, etc. Additional information about this delay is describes in the next section.

\*\*SUD Demonstration ends on December 31, 2021. Data from July 1, 2021 to December 31, 2021 will not be available before the final annual report is due to CMS.

<sup>+</sup>For reporting periods with multiple types of SUD metrics, the list number corresponds with the SUD metric list number in the prior column. For example, in DY2 Q1, the monthly metrics will be reported for the July 2017 through March 2019 time period. The CMS defined metrics will be reported for the July 2017 to June 2018 time period, and so forth.

#### **Reporting Level**

For each metric, the demonstration population is defined as the whole state. In addition, the State's SUD amendment is not focused on a particular geographic area or a specific subpopulation of Medicaid beneficiaries. Thus, per previous conversations with CMS, the State will not be reporting a separate model population.

### **Reporting 1115 SUD Demonstration Monitoring Metrics Defined by CMS**

This section defines the subpopulations for metric reporting and provides additional information about the State's approach to metric calculation and reporting.

#### **Subpopulation Definitions**

- Age (children <18, adults 18-64, and older adults 65+): Age will be determined as of the first day of the measurement period. This is consistent with CMS provided instructions.
- Dual-eligible status (Medicaid only or Medicare-Medicaid eligible): Dual eligibility will be determined as of the first day of the measurement period. This is consistent with CMS provided instructions.
- Pregnancy status (yes, no): Pregnancy will be determined as of the first day of the measurement period. This is consistent with CMS provided instructions.
- Criminal Justice Status: The State will use data in the ICDB from the Washington State Identification System arrest database maintained by the Washington State Patrol. An individual will be counted as "criminally involved" during the measurement period if they were arrested in the reference month or within the prior 6 months. An individual will be counted as "not criminally involved" during the measurement period if they were not arrested in the reference month or within the prior 6 months.
- OUD Diagnosis: The State will use an existing definition of OUD diagnosis which closely aligns with the HEDIS 2018 Opioid Abuse and Dependence value set. The OUD\_Narrow\_Flag in the ICDB incorporates the same codes as HEDIS 2018 Opioid Abuse and Dependence value set and one additional code, F1121 Opioid dependence, in remission. The OUD\_Narrow\_Flag has been used in a variety of research studies and reporting contexts and more appropriately reflects Washington State's approach to identifying those who may need or benefit from treatment for opioid use disorder under this SUD amendment and other opioid related initiatives within the state. In addition, the number of unique individuals who are captured in the ICDB OUD\_Narrow\_Flag and not the HEDIS 2018 Opioid Abuse and Dependence Value Set is minimal. Table 4 below shows the number of unduplicated persons in each time frame who would be included in the HEDIS 2018 value set versus the ICDB OUD\_narrow\_flag in three time periods.

# Table 4. Unique Persons Counted in HEDIS vs. ICDB OUD Value Set Over Time.

Unique Persons Counted In:	Jan 2016	Jan 2017	Jan 2018
HEDIS 2018 Opioid Abuse and Dependence Value Set	16,151	20,290	22,202
ICDB OUD_Narrow_Flag	16,495	20,715	22,917
Difference	344	425	715

#### Metric Calculation and Reporting

As CMS noted, Medicaid data is dynamic prior to reaching a data maturity threshold. For Washington State, that threshold is six-months. Observing a six-month data lag allows the State to represent the most complete data set for the measurement period. Any data lag less than six-months will result in potentially incomplete data and misrepresentative metric results. In addition, the six-month data lag allows for the inclusion of up to date information from data sources that are updated on a quarterly

cadence, such as the Washington State Identification System arrest database, which the State will be using to define the "criminally involved" subpopulation as noted above.

Using a six-month data lag also allows the State to leverage the existing quarterly performance measurement processes to calculate the required metrics. Thus, required monthly reporting will be calculated at the same time once per quarter. All the data will be, at a minimum, matured to six-months thus minimizing the likelihood of any variability due to data completeness.

### **Metric Specifications**

This section provides additional detail on a subset of metric specifications. Other metric specification modifications are noted in the Monitoring Protocol 1115 SUD Metrics Workbook.

#### **Metric #9: Intensive Outpatient and Partial Hospitalization Services**

The State recommends dropping this metric as a required reporting metric. At this time, intensive outpatient services are not reported as a distinct type of service in the State's administrative data system. Thus, services that other states may identify as intensive outpatient services appear as outpatient services in Washington's data infrastructure. In addition, Washington does not provide partial hospitalization services and the provision of this service is not included in the STCs. The current Service Encounter Reporting Instructions (SERI v2019-1 effective July 1, 2019) does not contain codes for intensive outpatient services and/or partial hospitalizations for substance use disorder and no data is available to report on this metric.

The State updated the monitoring protocol to indicate a deviation from the technical specifications for Metric #8 (Outpatient Services).

# Metric #18 and #21: PQA Metric Alignment with Medicaid Transformation Project 3A Performance Metrics

The State recommends using the Bree Collaborative metrics that are currently being used in the CMS approved project toolkit as pay-for-performance metrics<sup>2</sup> and in the Washington Statewide Common Measure Set<sup>3</sup> in lieu of the PQA stewarded metrics #18 and #21. Specifically, the Bree Collaborative metrics "Patients Prescribed High-Dose Chronic Opioid Therapy" and "Patients Prescribed Concurrent Opioids and Sedatives" are pay-for-performance metrics for Project, 3A: Addressing the Opioid Use Public Health Crisis, which is a required project for all Accountable Communities of Health (ACH). These two metrics are similar, but not identical, to Metric #18 (Use of Opioids at High Dosage in Persons Without Cancer) and Metric #21 (Concurrent Use of Opioids and Benzodiazepines).

The Dr. Robert Bree Collaborative (Bree Collaborative) was established by the Washington State Legislature in 2011 to identify ways to improve health care in Washington State. A diverse group of stakeholders are appointed by the Governor that represent all aspects of the Washington health care system<sup>4</sup>. Each year, the Bree Collaborative forms expert workgroups on health care service areas in need of improvement. In July of 2017, the Bree Collaborative put forth a set of opioid prescribing guidelines<sup>5</sup>

<sup>&</sup>lt;sup>2</sup> CMS approved Medicaid Transformation Project Toolkit is available at <u>https://www.hca.wa.gov/assets/program/project-toolkit-approved.pdf</u>

<sup>&</sup>lt;sup>3</sup> For more information about the Statewide Common Measure Set, see <u>https://www.hca.wa.gov/about-hca/healthier-washington/performance-measures</u>

<sup>&</sup>lt;sup>4</sup> For more information about the Bree Collaborative, see <u>http://www.breecollaborative.org/about/</u>.

<sup>&</sup>lt;sup>5</sup> The full set of opioid prescribing guidelines from the Bree Collaborative is available at <u>http://www.breecollaborative.org/wp-content/uploads/Bree-Opioid-Prescribing-Metrics-Final-2017.pdf</u>

to assist providers in understanding prescribing practices and the impact of the opioid epidemic across the state. Drawing on the extensive subject matter expert review the Bree Collaborative incorporated into their development of these metrics, two of these metrics are included in Initiative 1 of the Medicaid Transformation Project (Transformation through Accountable Communities of Health).

In addition, Washington is one of a few states that have developed a Statewide Common Measure Set as a foundation for health care accountability and performance measurement. Bree opioid prescribing metrics have been added to the Common Measure Set to improve measurement of progress toward healthier outcomes. As such, stakeholders across the state are already familiar with the Bree Collaborative metrics.

The proposed measures thus represent a carefully developed and reviewed set of metrics that provide essential information about opioid use in the State in the context of larger efforts to address substance use disorder and improve health among State residents. The use of Bree metrics in this context would help the State to further align opioid-related projects within the state.

There are differences between the details of the PQA measures and the measures the State proposes to use. The State feels these differences potentially make the State's measures more informative and applicable to the Washington health care context:

- The State's measures include prescribing to children.
  - Most opioid prescriptions are not for children but they are at particularly high risk for dependence and other complications when they are prescribed.
- PQA's measure for concurrent use of opioids and other drugs includes only benzodiazepines as additional drugs. The State's measure includes other sedatives such as barbiturates and muscle relaxants (carisoprodol [Soma]), and commonly prescribed sleep aids such as eszopicione (Lunesta), suvorexant (Belsomra), zalepion (Sonata), and zolpidem (Ambien).
  - These drugs were included in the State's proposed measure after extensive clinical consideration of which drugs presented heightened risks when used with opioids.
- The State's measures will capture some problematic opioid usage that could be missed in the PQA approach.
  - The PQA measure may omit prescriptions that fit the measure definitions but bridge the end and beginning of two measurement years.
- The State's measures include a two-year lookback window (measurement year and the year prior to the measurement year) rather than a one-year lookback for cancer diagnoses.
  - The longer lookback allows for more complete information about cancer status
- While the State's recommended high dosage measure can be used to report usage at the 120 MED level, the State recommends adopting the 90 MED threshold recommended by CDC and in accordance with the 2019 PQA specification update.

Overall, use of the Bree specified measures in lieu of the PQA metrics will allow the State to provide enhanced information that will coordinate well with the State's other efforts to address substance use disorder and improve population health. Detailed specifications of the two Bree measures are below.

#### Patients Prescribed Chronic Concurrent Opioids and Sedatives

**Metric Description:** Percent of Medicaid beneficiaries prescribed chronic opioids and a concurrent chronic sedative prescription, among beneficiaries prescribed chronic opioids. The Bree Collaborative

recommends quarterly reporting. All qualifying observations for a given quarter count towards the overall, annual estimate for the measurement year. This means that an individual who meets the eligibility criteria and has at least 60 days supply of opioids and has a concurrent sedative prescription in two calendar quarters in the measurement year will contribute 2 qualifying observations to each metric threshold calculation.

Definition of terms used in this metric:

- Days Supply in Quarter: The number of days each prescription should last (days supply) is
  generally provided for each prescription. Days supply is calculated at the pharmacy by dividing
  the number of units (e.g., tablets, capsules, patches) dispensed by the maximum number of
  units to be used in one day. The total days supply is the sum of the days supply from all opioid
  prescriptions prescribed during the calendar quarter, including overlapping prescriptions (and
  includes days that may extend into the next calendar quarter).
- Chronic Opioid Prescription: ≥60 days supply of opioids prescribed in the calendar quarter.
- Chronic Concurrent Opioid and Sedative Prescription: ≥60 days supply of opioids prescribed and ≥60 days supply of sedatives prescribed in the same calendar guarter.

Data Source: Medicaid claims/encounter and enrollment data.

Eligible Population	
Age	All ages.
Gender	N/A
Minimum Medicaid enrollment	3 out of 3 months for each qualifying quarter.
Allowable gap in Medicaid enrollment	None within each qualifying quarter.
Medicaid enrollment anchor date	N/A
Medicaid benefit and eligibility	Includes Medicaid beneficiaries with comprehensive medical benefits. Excludes beneficiaries that are eligible for both Medicare and Medicaid and beneficiaries with primary insurance other than Medicaid.

Identification Window: Four quarters that comprise the measurement year.

**Denominator:** Medicaid beneficiaries who meet the above eligibility criteria, with a ≥60 days supply of opioids in the calendar quarter.

Required exclusions for denominator.

- Eligible population exclusions are listed in the eligible population table above.
- Metric specific exclusions:
  - Beneficiaries in hospice care.
  - Beneficiaries with a cancer diagnosis.
  - All prescriptions for buprenorphine are excluded.

Numerator: Beneficiaries must qualify for inclusion in the denominator to be eligible for inclusion in the numerator. Medicaid beneficiaries who meet the above eligibility criteria and prescribed ≥60 days

supply of opioids and prescribed ≥60 days supply of sedative hypnotics, benzodiazepines, carisoprodol, and/or barbiturates in the same calendar quarter (note: these sedative classes are updated frequently).

Sedative Classes	Generic Names
Benzodiazepines	- Alprazolam
	- Chlordiazepoxide
	- Clonazepam
	- Clorazepate
	- Diazepam
	- Estazolam
	- Flurazepam
	- Lorazepam
	- Midazolam
	- Oxazepam
	- Quazepam
	- Temazepam
	- Triazolam
Barbiturates	- Butabarbital
	- Butalbital
	- Mephobarbital
	- Phenobarbital
	- Secobarbital
Skeletal muscle relaxants	- Carisoprodol
	<ul> <li>Chloral hydrate</li> </ul>
	- Eszopiclone
Non-benzodiazepine hypnotic	- Meprobamate
	- Suvorexant
	- Zalelon
	- Zolpidem

Required exclusions for numerator.

- All prescriptions for buprenorphine are excluded.

Patients Prescribed High-Dose Chronic Opioid Therapy

Metric Description: Percent of Medicaid beneficiaries prescribed chronic opioid therapy hreater than or equal to 90mg morphine equivalent dosage in a quarter. The Bree Collaborative metric is based on quarterly reporting. All qualifying observations for a given quarter count towards the overall, annual estimate for the measurement year. This means that an individual who meets the eligibility criteria and has at least 60 days supply of opioids in three calendar quarters in the measurement year will contribute 3 qualifying observations to each metric threshold calculation.

Definition of terms used in this metric:

 Days Supply in Quarter: The number of days each prescription should last (days supply) is generally provided for each prescription. Days supply is calculated at the pharmacy by dividing the number of units (e.g., tablets, capsules, patches) dispensed by the maximum number of units to be used in one day. The total days supply is the sum of the days supply from all opioid prescriptions prescribed during the calendar quarter, including overlapping prescriptions (and includes days that may extend into the next calendar quarter).

- *Chronic Opioid Prescription:* ≥60 days supply of opioids prescribed in the calendar quarter.
- Average Morphine Equivalent Dose (MED) per day, inclusive of overlapping opioid prescriptions: The MED for each prescription is calculated by multiplying the number of units prescribed by the strength per unit and then multiplying by the conversion factor (see list of conversion factors). The total MED is the sum of the MED from all opioid prescriptions prescribed during the calendar quarter, including overlapping prescriptions (and includes MED that may extend into the next calendar quarter). The total MED of all opioids is divided by 90 days to produce the average MED per day value.

Data Source: Medicaid claim/encounter and enrollment data.

Eligible Population	
Age	All ages.
Gender	N/A
Minimum Medicaid enrollment	3 out of 3 months for each qualifying quarter.
Allowable gap in Medicaid enrollment	None within each qualifying quarter.
Medicaid enrollment anchor date	N/A
Medicaid benefit and eligibility	Includes Medicaid beneficiaries with comprehensive medical benefits. Excludes beneficiaries that are eligible for both Medicare and Medicaid and beneficiaries with primary insurance other than Medicaid.

Identification Window: Four quarters that comprise the measurement year.

**Denominator:** Medicaid beneficiaries who meet the above eligibility criteria, with a  $\geq$ 60 days supply of opioids in the calendar quarter.

Required exclusions for denominator.

- Eligible population exclusions are listed in the eligible population table above.
- Metric specific exclusions:
  - Beneficiaries in hospice care.
  - o Beneficiaries with a cancer diagnosis.
  - All prescriptions for buprenorphine are excluded.

Numerator: Beneficiaries must qualify for inclusion in the denominator to be eligible for inclusion in the numerator and greater than or equal to 90mg morphine equivalent dosage in a quarter.

Morphine Equivalent Dosage Conversion Factors: The MED for each prescription is calculated by multiplying the number of units prescribed by the strength per unit and then multiplying by the conversion factor. The total MED is the sum of the MED from all opioid prescriptions prescribed during the calendar quarter, including overlapping prescriptions (and includes MED that may extend into the next calendar quarter). The total MED of all opioids is divided by 90 days. Conversion factors are updated by the <u>Washington State Agency Medical Directors' Group</u>.

Opioid Prescriptions	<b>Conversion Factor</b>
Belladonna alkaloids/opium alkaloids	1
Butorphanol tartrate	7
Codeine	0.15
Dihydrocodeine	0.25
Fentanyl buccal, sublingual or lozenge	0.13
Fentanyl film or oral spray	0.18
Fentanyl nasal spray	0.16
Hydrocodone	1
Hydromorphone	4
Levomethadyl acetate hydrochloride	8
Levorphanol tartrate	11
Meperidine hydrochloride	0.1
Methadone, 1 – 20 mg/day	4
Methadone, 21 – 40 mg/day	8
Methadone, 41 – 60 mg/day	10
Methadone ≥61 – 80 mg/day	12
Morphine	1
Oxycodone	1.5
Oxymorphone	3
Pentazocine	0.37
Propoxyphene	0.23
Tapentadol	0.4
Tramadol	0.1

Required exclusions for numerator.

- All prescriptions for buprenorphine are excluded.

#### Metric #22: Continuity of Pharmacotherapy for Opioid Use Disorder

The State would like to modify the specifications provided for this measure to ensure internal measure consistency and broader consistency with the other measures reported in this monitoring protocol and the Washington health care context.

- Use the OUD\_Narrow\_Flag (as described in the subpopulation definition section above) to identify opioid use disorder.
- Limit the continuation of pharmacotherapy metric to users of Buprenorphine and Buprenorphine-Naloxone combination therapy for opioid use disorder. This will exclude users of other therapy, such as Naltrexone and Methadone. The State's billing data does not account for all of the services delivered that are necessary to compute this measure. Pharmacy claims are more comprehensive and reflect more accurate service delivery in Washington State.
- The State is able to identify those who receive Methadone. However, the billing practices do not
  allow for the calculation of days covered by Methadone administration (unlike Buprenorphine and
  Buprenorphine combination medications). This is a requirement for the calculation of this metric.
  Based on the State's proposal of including only those who are prescribed Buprenorphine and
  Buprenorphine combination medications as pharmacotherapy for an opiate use disorder,
  approximately 60% of those receiving treatment will be captured. The State does not expect that
  the excluded services would be substantially affected by the demonstration.
- Restrict the measurement year to a 12 month period (rather than two years), but allow for identification of opioid use disorder with a two year look back window (measurement year and year prior to measurement year). This will facilitate the identification of a more stable population and decrease the likelihood of missing qualifying instances of treatment due to attrition of Medicaid enrollees.

The State also notes inconsistencies in how the measure is calculated based on the CMS supplied description of the numerator/denominator (percent of adults with pharmacotherapy for opioid use disorder who have at least 180 days of continuous treatment) and the final metric calculation directions (dividing the numerator by the denominator for *each unit of measurement*). The final metric calculation instructions appears to result in a proportion of days covered metric (similar to the HEDIS Anti-depression Medication Management metric). The State will use the initial description and calculate the percentage of adults with pharmacotherapy for opioid use disorder who have at least 180 days of continuous treatment.

#### **HIT Metric Specifications**

During the initial review of the monitoring protocol by CMS, some concerns were noted about the selected HIT metrics. Per the conversation the State had with ONC and CMS staff on May 1, 2019 from 1-2pm PST, the State has not made any modifications to the HIT metrics as submitted with the initial Monitoring Protocol.

<u>Q1: Statewide Fatal Drug Overdose</u>. The State considered the sample metrics provided by CMS, including sample metrics related to use of the Prescription Drug Monitoring Program (PDMP) and selected the metric on statewide fatal drug overdoses (including submetrics all opioids, heroin, prescription opioids, and synthetic opioids). This metric (and submetrics) will be reported to CMS and displayed using the public-facing, technology-enabled PDMP dashboard. The CMS report and PDMP dashboard will be used to monitor whether fatal drug overdoses (including by type of drug) are slowing.

**Metric Description:** Number of fatal drug overdoses in the state of Washington, not restricted to Medicaid beneficiaries. Submetrics are reported for the following types of drugs: all opioids, heroin, prescription opioids (excluding synthetic opioids), and synthetic opioids (not methadone).

Data Source: Department of Health death certificate data.

Identification Window: Measurement year (July 1 – June 30 of relevant year)

Eligible Population	
Age	All Ages
Gender	N/A
Minimum Medicaid enrollment	N/A – measure is not restricted to Medicaid beneficiaries
Allowable gap in Medicaid enrollment	N/A – measure is not restricted to Medicaid beneficiaries
Medicaid enrollment anchor date	N/A – measure is not restricted to Medicaid beneficiaries
Medicaid benefit and eligibility	N/A – measure is not restricted to Medicaid beneficiaries

Statewide Fatal Drug Overdoses: Information on the underlying cause of death is extracted from death certificates for deaths that occurred in the relevant measurement period.

All drugs is defined by the following ICD-10 codes as underlying cause of death:

- X40-X44: Accidental poisonings by drugs.
- X60-X64: Intentional self-poisoning by drugs.
- X85: Assault by drug poisoning.
- Y10-Y14: Drug poisoning of undetermined intent.

Statewide Fatal Drug Overdoses – All Opioids: Information on the underlying cause of death is extracted from death certificates for deaths that occurred in the relevant measurement period.

All opioids is defined by the following ICD-10 codes in the multiple causes of death field:

- T40.0 (Opium)
- T40.1 (Heroin)
- T40.2 (Natural and Semi-synthetic opioids)
- T40.3 (Methadone)
- T40.4 (Synthetic opioids, other than methadone)
- T40.6 (Other and Unspecified narcotics)

Statewide Fatal Drug Overdoses – Heroin: Information on the underlying cause of death is extracted from death certificates for deaths that occurred in the relevant measurement period.

Heroin is defined by the following ICD-10 codes in the multiple causes of death field:

T 40.1 (Heroin)

Statewide Fatal Drug Overdoses – Prescription Opioids (excluding synthetic opioids): Information on the underlying cause of death is extracted from death certificates for deaths that occurred in the relevant measurement period.

Prescription opioids is defined by the following ICD-10 codes in the multiple causes of death field:

- T40.2 (Natural and Semi-synthetic opioids)
- T40.3 (Methadone)

Statewide Fatal Drug Overdoses – Synthetic Opioids (Not Methadone): Information on the underlying cause of death is extracted from death certificates for deaths that occurred in the relevant measurement period.

Synthetic opioids (not methadone) is defined by the following ICD-10 codes in the multiple causes of death field:

- T40.4 (Synthetic opioids, other than methadone)

<u>Q2: Substance Use Disorder Treatment Penetration Rate</u>. After reviewing the list of sample metrics provided by CMS, the State was concerned about the limitations and uncertainties in technology adoption by providers treating individuals with SUD (e.g., limited use of close loop referral services, lack of an electronic consent management system, limitations and variations in provider/resource directories). Thus, the State is proposing a metric that relies on the use of electronic claims/encounter data to identify individuals with a SUD treatment need who received a qualifying SUD service.

Metric Description: Percent of Medicaid beneficiaries aged 12 and older with a substance use disorder treatment need identified within the past two years, who received at least one qualifying substance use disorder treatment during the measurement year.

Data Source: Administrative data.

Eligible Population	
Age	Age 12 and older. Age is as of the last day of the measurement year.
Gender	N/A
Minimum Medicaid enrollment	Measurement year. Enrollment must be continuous.
Allowable gap in Medicaid enrollment	One gap of one month during the measurement year.
Medicaid enrollment anchor date	Last day of measurement year.
Medicaid benefit and eligibility	Includes Medicaid beneficiaries with comprehensive medical benefits. Excludes beneficiaries that are eligible for both Medicare and Medicaid and beneficiaries with primary insurance other than Medicaid.

Identification Window: Measurement year and the year prior to the measurement year.

**Denominator**: Medicaid beneficiaries, aged 12 and older on the last day of the measurement year, with a substance use disorder treatment need identified in either the measurement year or the year prior to the measurement year.

Substance use disorder treatment need is identified by the occurrence of any of the following in the identification window:

- 1. Diagnosis of a drug or alcohol use disorder in any health service event (SUD-Tx-Pen-Value-Set-1)
- 2. Receipt of brief intervention (SBIRT) services (SUD-Tx-Pen-Value-Set-4)
- 3. Receipt of medically managed detox services (SUD-Tx-Pen-Value-Set-5)
- 4. Receipt of a substance use disorder treatment service meeting numerator criteria:
  - a. Procedure and DRG codes indicating receipt of inpatient/residential, outpatient, or methadone OST: SUD-Tx-Pen-Value-Set-2

- b. NDC codes indicating receipt of other forms of medication assisted treatment for SUD: SUD-Tx-Pen-Value-Set-3
- c. Outpatient encounters meeting procedure code and primary diagnosis criteria: SUD-Tx-Pen-Value-Set-6.xls: procedure code in SUD-Tx-Pen-Value-Set-6 AND primary diagnosis code in SUD-Tx-Pen-Value-Set-1
- d. Outpatient encounters meeting taxonomy and primary diagnosis criteria: billing or servicing provider taxonomy code in SUD-Tx-Pen-Value-Set-7 AND primary diagnosis code in SUD-Tx-Pen-Value-Set-1

#### Value sets required for the denominator.

Name	Value Set
SUD-Tx-Pen- Value-Set-1	
SUD-Tx-Pen-Value-Set-2	
SUD-Tx-Pen-Value-Set-3	All value sets are available upon request.
SUD-Tx-Pen-Value-Set-4	
SUD-Tx-Pen-Value-Set-5	
SUD-Tx-Pen-Value-Set-6	
SUD-Tx-Pen-Value-Set-7	

Numerator: Include in the numerator all individuals receiving at least one substance use disorder treatment service meeting at least one of the following criteria in the 12-month measurement year:

- 1. Procedure and DRG codes indicating receipt of inpatient/residential, outpatient, or methadone OST: SUD-Tx-Pen-Value-Set-2
- NDC codes indicating receipt of other forms of medication assisted treatment for SUD: SUD-Tx-Pen-Value-Set-3
- 3. Outpatient encounters meeting procedure code and primary diagnosis criteria:
  - a. Procedure code in SUD-Tx-Pen-Value-Set-6 AND
  - b. Primary diagnosis code in SUD-Tx-Pen-Value-Set-1
- 4. Outpatient encounters meeting taxonomy and primary diagnosis criteria:
  - a. Billing or servicing provider taxonomy code in SUD-Tx-Pen-Value-Set-7 AND
    - b. Primary diagnosis code in SUD-Tx-Pen-Value-Set-1

Value sets required for the numerator.

Name	Value Set
SUD-Tx-Pen- Value-Set-1	
SUD-Tx-Pen-Value-Set-2	
SUD-Tx-Pen-Value-Set-3	All value sets are available upon request.
SUD-Tx-Pen-Value-Set-6	
SUD-Tx-Pen-Value-Set-7	

#### Q3: Foundational Community Supports Beneficiaries with Inpatient or Residential Substance Use

<u>Disorder Service</u>. After reviewing the list of sample metrics provided by CMS, as with metric Q2, the State was concerned about the limitations and uncertainties in technology adoption by providers treating individuals with SUD (e.g., lack of use of shared care plans, lack of connectivity between correctional health systems and community-based providers, limitations and variations in

provider/resource directories). Thus, the State focused on developing a metric that links delivery of recovery supports provided through the Foundational Community Supports (FCS) program (implemented as part of the Medicaid Transformation Program) to persons who had received SUD services in an inpatient or residential treatment facility. The metric relies on the use of electronic eligibility and claims/encounter data.

Metric Description: Percent of Foundational Community Supports (FCS) eligible Medicaid beneficiaries, age 18 and older, with a substance use disorder related inpatient or residential treatment stay within the past two years, who enrolled in at least one FCS service during the measurement year.

Data Source: Administrative data.

Identification Window: Measurement year and the year prior to the measurement year.

Eligible Population		
Age	Age 18 and older. Age is as of the last day of the measurement year.	
Gender	N/A	
Minimum Medicaid enrollment	Measurement year. Enrollment must be continuous.	
Allowable gap in Medicaid enrollment	One gap of one month during the measurement year.	
Medicaid enrollment anchor date	Last day of measurement year.	
Medicaid benefit and eligibility	Beneficiaries who qualify for Medicaid in any of the following categories: Categorically Needy Blind/Disabled, Categorically Needy Aged, Categorically Needy Apple Health for Workers with Disabilities (HWD), Categorically Needy Pregnant Women, Affordable Care Act Expansion Adults, Categorically Needy Family Medical, Categorically Needy Children, Children's Health Insurance Program (CHIP), Categorically Needy Children- Foster Care between 18 to 26 Years of Age	

**Denominator**: Medicaid beneficiaries, who meet the eligibility requirements as stated above, with a substance use disorder related inpatient or residential treatment stay within the measurement year or the year prior to the measurement year.

Numerator: Beneficiaries must qualify for inclusion in the denominator to be eligible for inclusion in the numerator. Include in the numerator all individuals who ever enrolled in at least one FCS service during the measurement year.

# September 2019 Release of Updated Medicaid Section 1115 Substance Use Disorder (SUD) Demonstration Monitoring Tools: Monitoring Protocol Alignment Form

The Centers for Medicare & Medicaid Services (CMS) September 2019 release of the section 1115 substance use disorder (SUD) demonstration monitoring protocol tools incorporates updated guidance on reporting metrics and narrative information, and other clarifications reflecting the valuable feedback shared by states during review and use of the earlier release of these tools.

States with a monitoring protocol submitted to or approved by CMS as of October 2019 are not required to resubmit the protocol using the updated monitoring protocol tools. Instead, CMS developed this form to support states in providing the key information included in the updated protocol tools, or propose an alternative plan. States should review the monitoring protocol updates detailed in the sections below and select the appropriate checkboxes to complete the Section 1115 SUD Demonstration Monitoring Protocol Alignment Form. States should submit the completed form to the Performance Management Database and Analytics (PMDA) system under the deliverable designated as "SUD Monitoring Protocol," and upload this with the set of documents that represent the state is complete monitoring protocol. After reviewing the form, CMS will reach out to the state if there are any additional information needed, and will inform the state when the form is deemed complete and final. If the state has any questions while completing this form, please email the 1115 monitoring and evaluation TA mailbox (<u>1115MonitoringAndEvaluation@cms.hhs.gov</u>) and copy the demonstration's CMS project officer on the message.

# 1. Updates to Section 1115 SUD Demonstration Technical Specifications for Monitoring Metrics (Version 2.0)

In the monitoring workbook of the state's protocol (Part A), CMS asked the state to review the technical specification for each metric and either attest to reporting the metric according to the specification, or propose deviations from the specification for CMS approval. CMS recently released an updated version of the section 1115 SUD demonstration technical specifications manual (Version 2.0, dated August 23, 2019). Relative to the Version 1.0 manual released in October 2018, the Version 2.0 manual contains critical revisions to specifications for the following CMS-constructed metrics:

- Metric #5: Medicaid Beneficiaries Treated in an Institution for Mental Disease (IMD) for SUD
- Metric #6: Any SUD Treatment
- Metric #10: Residential and Inpatient Services
- Metric #25: Readmissions for SUD

- Metric #29: SUD Spending Within IMDs
- Metric #31: Per Capita SUD Spending within IMDs
- Metric #36: Average Length of Stay in IMDs

These changes reflect the valuable feedback shared by states during review and use of the first version of the technical specifications manual, and are critical for ensuring the metrics are calculated consistently across states.

To promote consistent reporting across states and within a state over time, CMS requests that the state review updates to each of these metrics described in the accompanying Summary of Updates to the Section 1115 SUD Demonstrations Technical Specifications for Monitoring Metrics (Version 2.0), and respond below to confirm whether it will require deviations from the specifications (other than those already described in the state's submitted or approved protocol).

 $\boxtimes$  The state reviewed the Summary of Updates to the Section 1115 SUD Demonstration Technical Specifications for Monitoring Metrics (Version 2.0) and attests it does not require any deviations from the specifications (other than those already described in the state's submitted or approved protocol).

 $\Box$  The state has reviewed the Summary of Updates to the Section 1115 SUD Demonstration Technical Specifications for Monitoring Metrics (Version 2.0) and proposes the following deviations: Insert narrative description of proposed deviations from the revised specification, indicating to which metric(s) the proposed deviation applies. State should provide justification for any proposed deviation.

### 2. Clarifications to baseline reporting periods

Recent updates to the section 1115 SUD metric technical specifications manual and monitoring tools have implications for the baseline reporting periods for certain metrics. The updated technical specifications manual (Version 2.0) and monitoring tools released in September 2019 include updated guidance related to baseline reporting periods for the following metrics:

- Metric #22 (Continuity of Pharmacotherapy for Opioid Use Disorder) is an established quality measure that is calculated over a 2-year period. The baseline reporting period for this metric should be the calendar year in which the state's demonstration began, and the year prior. The updated manual contains additional guidance clarifying the baseline reporting period for measures calculated over a 2-year period.
- Metric #25 (Readmissions among Beneficiaries with SUD) is now considered to be a CMS-constructed metric. The baseline reporting period for this metric should be aligned with the baseline reporting period for other CMS-constructed metrics.
- Metric #32 (Access to Preventive/Ambulatory Health Services for Adult Medicaid Beneficiaries with SUD) is now clearly categorized in the monitoring workbook as an established quality measure. The baseline reporting period for this metric should be aligned with the baseline reporting period for other established quality measures.

CMS requests the state review the baseline reporting period guidance for these metrics and respond below to confirm it will align reporting with the provided guidance, or propose deviations.

 $\Box$  The state reviewed the baseline reporting period guidance for Metrics #22, #25, and #32 and will align its baseline reporting with the updated guidance for each metric.

 $\boxtimes$  The state has reviewed the baseline reporting period guidance for Metrics #22, #25, and #32 and proposes the following deviations: *The state requests to maintain the agreed upon deviation for Metric #22 (See Attachment A).* 

#### ATTACHMENT M Health IT Protocol

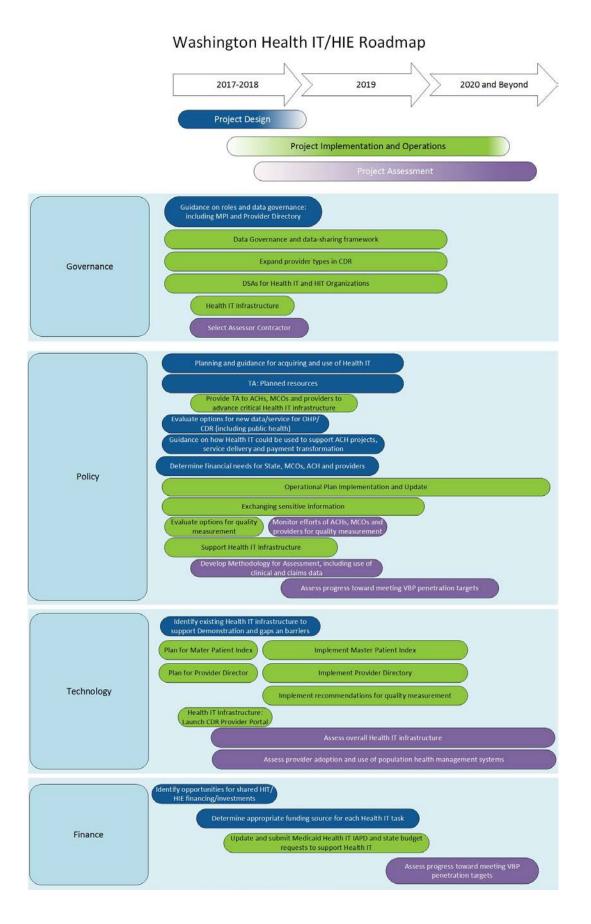
#### Introduction

The Washington State Medicaid Transformation Demonstration is a five-year agreement between the state and the federal government that provides up to \$1.1 billion in federal investment for regional and statewide health system transformation projects that benefit Apple Health (Medicaid) Clients. Achieving health system transformation for Washington State will require the use of interoperable health information technology (Health IT) and health information exchange (HIE). Interoperable Health IT<sup>54</sup> and HIE<sup>55</sup> have the potential to improve the quality, continuity, coordination, and safety of patient care, while at the same time reducing unnecessary and costly services. Furthermore, the use of these technologies will help facilitate the State's broader goals of moving toward value-based purchasing.

This Health IT Strategic Roadmap identifies activities necessary to advance the use of interoperable Health IT and HIE across the care continuum in support of the programmatic objectives of the Demonstration. The Roadmap divides efforts into the three phases of the Demonstration: Project Design, Project Implementation and Operations, and Project Assessment, and articulates the role the State, Medicaid Managed Care Organizations, providers and Accountable Communities of Health (ACH) have in advancing Health IT and HIE. In addition to this Roadmap, the State has created an Operational Plan that details the first 16 months (remainder of 2017 and 2018) of activities that provide actionable steps to advance Health IT and HIE in support of the Demonstration. The Operational Plan is appended to this document and will be revised quarterly to reflect progress and document next steps. The Operational Plan will be updated in 2018 to provide the details for 2019 and annually mid-year for the details of the following year. The following diagram highlights the key elements of the strategic roadmap and operational plan:

<sup>54</sup> Health Information Technology is the range of technologies to store, share, and analyze health information, including clinical and claims related data

<sup>55</sup> Health information exchange is the electronic exchange of health information to facilitate delivery system and payment transformation, care coordination and improved health outcomes



#### Background

Washington State understands the role of and need for interoperable Health IT and HIE to enable the efficient exchange and use of health information, a foundational requirement to achieving the triple aim. In 2009, the Washington State Legislature passed Substitute Senate Bill 5501 to accelerate the secure electronic exchange of high-value health information within the state. This legislation resulted in the designation of OneHealthPort as the lead HIE organization. Subsequently, a clinical data repository (CDR) was created to address some of the challenges with interoperability.

#### **Purpose and Goals**

Washington State is undertaking an innovative and ambitious agenda through the Demonstration to advance coordination of care and improve patient outcomes that will be supported, in part, through its use of the CDR and additional activities identified in this Roadmap. The purpose of the Roadmap is to identify the broad goals of how Health IT and HIE will support the Demonstration, recognizing that the more detailed tasks are identified, expanded upon, and tracked in the accompanying operational plan. The Roadmap is built on the following goals:

- Develop policies and procedures to advance the widespread use of interoperable Health IT and HIE across the care continuum;
- •
- Coordinate at the regional and statewide level to ensure that interoperable Health IT and HIE efforts are shared and identified best practices are shared throughout the state;
- Improve coordination and integration among behavioral health, physical health, and Home and Community Based Services (HCBS) providers, as well as community-level collaborators;
- Support the acquisition and implementation of interoperable Health IT particularly for providers who are ineligible for the Electronic Health Record (EHR) incentive program;
- Encourage use of clinical and claims data by the State, ACHs, payers, and others to support a variety of health improvement activities as represented by ACH project plans;
- Develop or expand the critical infrastructure needed to facilitate population health management, including prescription drug monitoring, disease registries and electronic lab reporting;
- Support the electronic exchange of interoperable clinical health information, using standards identified in Interoperability Standards Advisory (ISA);
- Support the development and use of a Medicaid enterprise master patient index and comprehensive provider directory strategy to facilitate more efficient information exchange;

- Align with the Washington State Health IT & HIE Strategy; and
- Ensure the roadmap provides guidance & alignment throughout the duration of the Demonstration, as well as beyond the Demonstration's end date.

#### **Demonstration Health IT Framework**

The work of the Health IT Strategic Roadmap is intended to align with the Demonstration's three phases of work: design, implementation and operations, and assessment. These phases are cyclical, with project assessment feeding into future project design. Activities described in this document require work by the State and the ACHs to assemble the infrastructure, develop policies and procedures, and implement incentives to advance the use of Health IT and HIE in support of broader Demonstration activities. As described in this document, these phases support, and are consistent with, the three project stages (design, implementation and operations, and assessment) in the State's approved DSRIP Planning Protocol. This framework recognizes the varying levels of interoperability that exist among regions and providers in the state, allowing regional efforts to advance Health IT and HIE in coordination with the broader statewide approach.

#### **Project Design**

#### Initial phase August to December 2017

During the project design phase, the State will engage and collaborate with ACHs, providers, payers, OneHealthPort, and other stakeholders to develop and disseminate the tasks and deliverables (which will inform the Operational Plan) to advance the use of Health IT for population health management.

This phase will identify the gaps and opportunities to advance in the Health IT and HIE infrastructure, policies and procedures, and incentives necessary to facilitate population health management. ACHs will be expected to identify payers (including Medicaid MCO payers) and providers (e.g., physical health, behavioral health, long-term services and supports, and other community-based services/providers) to collaborate with the State and other stakeholders to assist in and inform the development of the Operational Plan.

The State will provide guidance to the ACHs on how Health IT and HIE elements will be required for incorporation in the ACH project plans and what resources will be made available to support project implementation. ACHs will incorporate this guidance into their project plans to be submitted in November.

Task	Additional Description	Proposed Due Date
The State will engage and collaborate with ACHs, providers, payers (including Medicaid MCOs), OneHealthPort, and other stakeholders to develop and disseminate an	The Operational Plan will address the following topics: <u>Governance:</u> • Roles of stakeholders • Data governance • Health IT governance	2017
Operational Plan	<ul> <li><u>Policy:</u></li> <li>Shared policies and technical standards for secure Health IT and HIE systems</li> <li>Performance measures related to the adoption and use of Health IT and HIE</li> <li><u>Technology:</u></li> <li>Types of and how population health management systems that could be used to support: ACH projects, service delivery and payment transformation, and quality and performance management</li> <li>Gaps and barriers</li> </ul>	
	<ul> <li>• Oups and barriers</li> <li><u>Finance</u></li> <li>• Determine financial needs for State, MCOs, ACHs and providers</li> <li>• Determine appropriate funding source, including role of Medicaid Financing (IAPDU-SPA-Waiver)</li> </ul>	

The State will develop and disseminate guidance for planning, acquisition and use of Health IT and HIE The State will identify technical assistance needs to assist in the acquisition, adoption, implementation, and use of Health IT and HIE. The State will notify ACHs of these planned resources.	<ul> <li>Policy:</li> <li>This guidance will include interoperable HIT and HIE to support ACH activities</li> <li><u>Finance:</u></li> <li>Opportunities for shared HIT/HIE financing/investments</li> <li>Policy:</li> <li>State will develop and make available to ACHs TA resources for HIT/HIE activities in support of Demonstration activities. TA resources may include assistance related to: <ul> <li>Billing IT and HIT applications;</li> <li>Vendor evaluation and selection criteria;</li> <li>Workflow considerations; and</li> </ul> </li> </ul>	2017 -2018 2017 - 2017 - 2018 (initially and ongoing through 2020)
The State will determine	• Use of the CDR Policy:	2017-2018
the need, and if so how and when, to integrate key Medical, clinical, and public health data with the Clinical Data Repository	<ul> <li>This data will potentially include:</li> <li>Assessment and care plan data; and</li> <li>Public Health data such as: <ul> <li>Immunizations</li> <li>Prescription drug monitoring</li> </ul> </li> </ul>	

#### **Project Implementation and Operations**

#### Initial phase January 2018-

The project implementation phase will consist of implementing the Operational Plan, collaboratively addressing the Health IT and HIE gaps, aligning statewide initiatives, and positioning the ACHs and state for success in their programmatic objectives.

The Operational Plan will seek to identify and address gaps in Health IT and HIE, prioritizing the most important elements to support Health IT and HIE and ACH-proposed projects. The State will focus on several elements, including data governance and data sharing frameworks, facilitating HIE across multiple provider types, and developing a master patient index and statewide provider directory.

The State is also committed to ongoing alignment among all Health IT- and HIE-related activities within the state, including State Innovation Model efforts, Medicaid Health IT Plan, and Health IT Implementation Advanced Planning Document (IAPD).

During the project implementation phase, ACHs will assist the State in identifying critical gaps and will collaborate with providers, payers, and other stakeholders to develop and support the use of best practices in leveraging Health IT and HIE to support their transformation efforts.

Task	Additional Description	Proposed Due Date
The State will implement, review, update, and disseminate the Operational Plan	<ul> <li><u>Policy:</u> The State, in collaboration with stakeholders, will:</li> <li>Annually update the Operational Plan and implement Accordingly</li> <li>Identify and share emerging best practices</li> <li>Identify and assist in resolving emerging issues; and</li> <li>Provide quarterly updates on progress on implementing the Operational Plan to CMS/ONC</li> </ul>	2017, 2018, 2019, 2020
State will support and advance critical HIT/HIE infrastructure	<ul> <li>The State will support several activities needed to advance the HIT/HIE infrastructure, including:</li> <li>Governance:</li> <li>The State will develop and disseminate guidance to the ACHs, payers and providers related to exchange of information, including data governance and data sharing framework</li> <li>The State will develop and disseminate guidance to the ACHs, payers and providers related to exchange of information, including data governance and data sharing framework</li> <li>The State will develop and disseminate guidance to the ACHs, payers and providers related to onboarding and registration of additional provider types, including expanding the provider types sending and receiving content from the CDR</li> </ul>	2018

Task	Additional Description	Proposed Due Date
	• The State will develop and disseminate guidance to the ACHs, payers and providers related to establishing electronic health information sharing agreements with HIT/HIE organizations	
	Policy: This includes developing and disseminating guidance and providing TA to the ACHs, payers, providers, and other stakeholders on the activities, including the following:	
	<ul> <li>Supporting the onboarding of additional providers to the CDR</li> <li>Use of Consolidated Clinical Document Architecture (C-CDA) in electronic health information exchange activities</li> <li>The State will develop and disseminate guidance to the ACHs, payers, providers, and other stakeholders related to exchanging sensitive information (e.g. SUD data)</li> </ul>	
	Technology:	
	<ul> <li>Launching of the CDR provider portal</li> <li>Develop and/or purchase other technology as identified and needed</li> </ul>	
The State will disseminate information on efforts to streamline Behavioral Health reporting	<u>Policy:</u> State will seek to align reporting requirements to support and align with HIE/HIT standards and support data use	2018

Task	Additional Description	Proposed Due Date
	State will disseminate information on the results of the alignment effort, including requirements	
The State will determine and implement the most appropriate method for the creation and management of the Master Patient Index	<ul> <li><u>Policy:</u></li> <li>Document gaps and barriers in existing State infrastructure</li> <li>Identify work plan for developing a Master Patient Index for use across information systems (e.g. MMIS, OHP)</li> <li><u>Technology:</u></li> <li>Acquire /implement technology solution based on work plan</li> </ul>	2018-2019
The State will determine and implement the most appropriate method for the creation and management of the Provider Directory	<ul> <li>solution based on work plan</li> <li><u>Policy:</u></li> <li>Document gaps and barriers in existing State infrastructure</li> <li>Identify work plan for developing a Provider Directory for use across information systems (e.g. MMIS, OHP)</li> <li><u>Technology:</u></li> <li>Acquire/implement technology solution based on work plan</li> </ul>	2018-2019
The State will evaluate options and draft recommendations for leveraging clinical and claims data to support needed quality measurement/analytic activities of the state,	<ul> <li><u>Policy:</u></li> <li>The state with stakeholder input will evaluate options for leveraging clinical and claims data to support needed quality measurement/analytic activities of the state, MCOs, ACHs, providers and payers.</li> </ul>	2018

Task	Additional Description	Proposed Due Date
MCOs, ACHs, providers and payers.	• Based on the evaluation of options, the state will draft recommendations for leveraging clinical and claims data to support needed quality measurement/analytic activities of the state, MCOs, ACHs, providers and payers.	
State will implement approved recommendations for leveraging clinical and claims data to support quality measurement/analytic activities of the state and will oversee the efforts of the Medicaid MCOs, ACHs and providers	<ul> <li><u>Technology:</u></li> <li>The State will implement approved recommendations for leveraging clinical and claims data to support quality measurement/analytic activities of the state</li> </ul>	
The State will use the HIT/HIE Strategic Roadmap and Operational Plan to update and align key documents and activities	<ul> <li><u>Policy:</u></li> <li>Based on the completion of the OP for 2017-2018, the state will update as needed <ul> <li>SIM HIT documents;</li> <li>State Medicaid HIT plan;</li> <li>Health IT IAPD; and</li> <li>Medicaid EHR Incentive Program State initiated MACRA Advanced Alternative Payment models.</li> </ul> </li> <li>Based on the updated OP for 2019, the state will update as needed the same documents.</li> </ul>	2017 for 2017 and 2018

Task	Additional Description	Proposed Due Date
	• Based on the updated OP for 2020, the state will update as needed the same documents.	2018 for 2019
		2019 for 2020
The state will update and submit Medicaid Health IT IAPD and state budget requests to support implementation of Health IT, including interoperable HIE and services	<ul> <li><u>Finance:</u></li> <li>Prepare Implementation Advance Planning Document Update</li> <li>Prepare state budget requests</li> </ul>	As required

#### **Project Assessment**

#### Initial phase beginning January 2019

The project assessment phase will focus on assessing the direction of the Health IT and HIE in ACH projects and their utility in achieving the goals of the Demonstration. The assessment for each project will be tailored to the specifics of the project and will be conducted by an independent, external evaluator. Assessments will include a mix of qualitative and quantitative analysis, using a variety of data types including clinical, administration, and survey data.

Information obtained through these assessments will be made available to future project planning efforts to ensure any identified shortcomings are not repeated.

Task	Additional Description	Proposed Due Date
The State will contract	This evaluator will perform the	2019
with and support an	following:	
independent external evaluator	• Develop a methodology to qualitatively and quantitatively assess the impact of the	

<ul> <li>Demonstration on delivery systems, clinical care, health outcomes, and costs;</li> <li>Assess overall Medicaid system performance under the DSRIP program;</li> <li>Assess overall Health IT infrastructure;</li> <li>Assess progress toward meeting VBP penetration targets;</li> <li>The State will oversee the effor of the Medicaid MCOs, ACHs a providers;</li> <li>Assess progress toward meeting VBP penetration targets; and</li> <li>Assess impact of the Demonstration on provider adoption and use of population health management systems, including the use of interoperab HIT and HIE.</li> </ul>	g ts and g
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It is understood that the Health IT and HIE needs of the State and the ACHs are evolving, which will require both the Roadmap and the Operational Plan to be updated regularly. HCA will provide annual updates to the Health IT Roadmap to document changes in priorities and highlight progress made during the duration of the Demonstration. HCA will also provide reports and updated Operational Plan quarterly to document the progress towards completing activities identified in the Health IT Strategic Roadmap.

## Attachment N SMI Implementation Plan

# Section 1115 SMI/SED Demonstration Implementation Plan July 23, 2019

**Overview:** The implementation plan documents the state's approach to implementing SMI/SED demonstrations. It also helps establish what information the state will report in its quarterly and annual monitoring reports. The implementation plan does not usurp or replace standard CMS approval processes, such as advance planning documents, verification plans, or state plan amendments.

This template only covers SMI/SED demonstrations. The template has three sections. Section 1 is the uniform title page. Section 2 contains implementation questions that states should answer. The questions are organized around six SMI/SED reporting topics:

- 1. Milestone 1: Ensuring Quality of Care in Psychiatric Hospitals and Residential Settings
- 2. Milestone 2: Improving Care Coordination and Transitioning to Community-Based Care
- 3. Milestone 3: Increasing Access to Continuum of Care, Including Crisis Stabilization Services
- 4. Milestone 4: Earlier Identification and Engagement in Treatment, Including Through Increased Integration
- 5. Financing Plan
- 6. Health IT Plan

State may submit additional supporting documents in Section 3.

**Implementation Plan Instructions:** This implementation plan should contain information detailing state strategies for meeting the specific expectations for each of the milestones included in the State Medicaid Director Letter (SMDL) on "Opportunities to Design Innovative Service Delivery Systems for Adults with [SMI] or Children with [SED]" over the course of the demonstration. Specifically, this implementation plan should:

- 1. Include summaries of how the state already meets any expectation/specific activities related to each milestone and any actions needed to be completed by the state to meet all of the expectations for each milestone, including the persons or entities responsible for completing these actions; and
- 2. Describe the timelines and activities the state will undertake to achieve the milestones.

The tables below are intended to help states organize the information needed to demonstrate they are addressing the milestones described in the SMDL. States are encouraged to consider the evidence-based models of care and best practice activities described in the first part of the SMDL in developing their demonstrations.

1

This template is being finalized for review and approval by OMB through the Paperwork Reduction Act (PRA). Until such time, its use is optional, although it conveys the nature and extent of implementation information that CMS is seeking on SMI/SED demonstrations. When this template is OMB approved, then the state will be required to use it.

The state may not claim FFP for services provided to Medicaid beneficiaries residing in IMDs, including residential treatment facilities, until CMS has approved a state's implementation plan.

**Memorandum of Understanding:** The state Medicaid agency should enter into a Memorandum of Understanding (MOU) or another formal agreement with its State Mental Health Authority, if one does not already exist, to delineate how these agencies will work with together to design, deliver, and monitor services for beneficiaries with SMI or SED. This MOU should be included as an attachment to this Implementation Plan.

**State Point of Contact:** Please provide the contact information for the state's point of contact for the implementation plan.

Name and Title: Chase Napier, Medicaid Transformation Manager Telephone Number: (360) 725-0868 Cell Number: (360) 581-3515 Email Address: <u>chase.napier@hca.wa.gov</u>

This template is being finalized for review and approval by OMB through the Paperwork Reduction Act (PRA). Until such time, its use is optional, although it conveys the nature and extent of implementation information that CMS is seeking on SMI/SED demonstrations. When this template is OMB approved, then the state will be required to use it.

# 1. Title page for the state's SMI/SED demonstration or SMI/SED components of the broader demonstration

The state should complete this transmittal title page as a cover page when submitting its implementation plan.

State	Washington State.
Demonstration name	<i>Washington State Medicaid Transformation Project</i> No. 11-W-00304/0
Approval date	January 9, 2017
Approval period	January 9, 2017-December 31, 2021
Implementation date	01/01/2021

This template is being finalized for review and approval by OMB through the Paperwork Reduction Act (PRA). Until such time, its use is optional, although it conveys the nature and extent of implementation information that CMS is seeking on SMI/SED demonstrations. When this template is OMB approved, then the state will be required to use it.

#### 2. Required implementation information, by SMI/SED milestone

Answer the following questions about implementation of the state's SMI/SED demonstration. States should respond to each prompt listed in the tables. Note any actions that involve coordination or input from other organizations (government or non-government entities). Place "NA" in the summary cell if a prompt does not pertain to the state's demonstration. Answers are meant to provide details beyond the information provided in the state's special terms and conditions. Answers should be concise, but provide enough information to fully answer the question.

This template only includes SMI/SED policies.

Prompts	Summary		
SMI/SED. Topic_1. Milestone 1:	SMI/SED. Topic_1. Milestone 1: Ensuring Quality of Care in Psychiatric Hospitals and Residential Settings		
To ensure that beneficiaries receive high quality care in hospitals and residential settings, it is important to establish and maintain appropriate standards for these treatment settings through licensure and accreditation, monitoring and oversight processes, and program integrity requirements and processes. Individuals with SMI often have co-morbid physical health conditions and substance use disorders (SUDs) and should be screened and receive treatment for commonly co-occurring conditions particularly while residing in a treatment setting. Commonly co-occurring conditions can be very serious, including hypertension, diabetes, and substance use disorders, and can also interfere with effective treatment for their mental health condition. They should also be screened for suicidal risk.			
To meet this milestone, state Medicaid programs should take the following actions to ensure good quality of care in psychiatric hospitals and residential treatment settings.			
<b>Ensuring Quality of Care in Psyc</b>	chiatric Hospitals and Residential Treatment Settings		
1.a Assurance that participating hospitals and residential settings are licensed or otherwise authorized by the state primarily to provide mental health treatment; and that residential treatment facilities are accredited by a nationally recognized	<i>Current Status:</i> At present Washington State currently has 11 mental health Institution for Mental Diseases facilities providing acute inpatient care. All residential facilities are currently licensed by the state to primarily provide treatment for mental illnesses and are Joint Commission accredited. All hospitals are Medicare participating facilities in compliance with Medicare CoPs licensed by the Washington State Department of Health.		

Medicaid Section 1115 SMI/SED Demonstration Implementation Plan

Washington State Medicaid Transformation Project

January 9, 2017 Submitted on April 8, 2020

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	Future Status:
participating in Medicaid	
	The state will only use federal financial participation for facilities that are licensed by the state to provide short term
	acute residential treatment and accredited by the Joint Commission or other federally recognized accreditation body.
	Summary of Actions Needed:
	Revise MCO contracts and FFS payment systems to only allow payments involving Medicaid FFP for exclusion age
	IMD when services are provided in appropriately licensed and nationally accredited IMD facilities with ALOS of 30
	days or less and no individual stay of more than sixty days.
1.b Oversight process (including	Current Status:
unannounced visits) to ensure	The innetions mental health facilities contracted by MCOs in accordance with the manifold of 12 CER 128 ((a) that
participating hospital and residential settings meet state's	The inpatient mental health facilities contracted by MCOs in accordance with the provisions of 42 CFR 438.6(e) that meet the institution for mental diseases designation in Washington are Joint Commission accredited and subject to Joint
licensing or certification and	Commission auditing and certification processes. In addition, all psychiatric hospitals and free standing evaluation and
accreditation requirements	treatment facilities are licensed by the Washington State Department of Health. The Department of Health provides
decreditation requirements	annual and unannounced site visits to both facility types.
	Regulations for evaluation and treatment services can be found in WAC 246-341-1134
	Such facilities must meet the agency licensure, certification, administrative, personnel, and clinical requirements in WAC
	246-341-0100 through 246-341-0650 and the applicable inpatient services requirements in WAC 246-341-1118 through
	246-341-1132.
	Additionally, the Washington State Legislature recently passed Substitute House Bill 2426 in March of 2020 which
	became effective on of the date of the Governor's signature.
	This legislation:
	• Establishes penalties for psychiatric hospitals and RTFs that fail or refuse to comply with state licensing
	standards, including civil fines and stop placements.
	<ul> <li>Requires psychiatric hospitals and RTFs to report patient elopements and specified types of deaths that</li> </ul>
	occur on their grounds.

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	• Requires the Department of Health to post health care facility inspection related information on its website.
	Future Status:
	The state believes it meets the requirements of this milestone.
	Summary of Actions Needed:
	N/A
1.c Utilization review process to ensure beneficiaries have access	Current Status:
to the appropriate levels and	Managed Care:
types of care and to provide oversight on lengths of stay	Approximately 85% of Washington State Medicaid recipients are enrolled in managed care entities which are at risk for their inpatient psychiatric services at participating facilities not owned by or directly contracted with the state.
	Authorization and payment of services follow CMS approved language which follows the requirements of 42 CFR 438.206 with patient protections for access to emergency services as required by 42 CFR 438.114.
	Staff making authorization decisions must be credentialed in mental health (MCO IMC contract term 11.1.4).
	Managed care entities must publish their criteria used for utilization management decision making.
	Managed care entities must report on utilization management authorization turnaround time compliance (MCO IMC contract term 11.1.6.5).
	The state requires Managed Care Organization utilization management decision making to take into account the greater and particular needs of diverse populations, as reflected in health disparities, risk factors (such as Adverse Childhood Experiences for enrollees of any age), historical trauma, and the need for culturally appropriate care.
	Fee-for-Service:

Submitted on April 8, 2020	An expedited prior authorization (EPA) process is utilized for FFS services billed directly to the health care authority (HCA) Authorization criteria for inpatient psychiatric services is published in HCA's provider guide for mental health services and hospitals. The billing provider must document how EPA criteria were met in the client's file and make this information available to HCA upon request. When the patient's situation does not meet published criteria for EPA, formal written PA is required. All services are subject to retrospective review  Future Status: Managed Care: The state believes it meets the requirements of this milestone for this population.  Fee-for-Service: The state believes it meets the requirements of this milestone for this population.
	Summary of Actions Needed: N/A
1.d Compliance with program integrity requirements and state compliance assurance process	<i>Current Status:</i> All facilities participating in the state's Medicaid program must be enrolled with the HCA. HCA has a process for conducting risk-based screening of all newly enrolling providers and revalidating existing providers pursuant to 42 CFR Part 455 Subparts B and E. HCA requires providers enter into Medicaid provider agreements pursuant to 42 CFR 431.107.
	<i>Future Status:</i> The state believes it meets the requirements of this milestone.

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	Summary of Actions Needed:
	N/A
	Current Status:         Washington State's Medicaid inpatient psychiatric care network includes two distinct levels of care:         1. Psychiatric hospitals         2. Residential treatment facilities licensed as evaluation and treatment centers         At this time, all of the state's inpatient psychiatric Institution for Mental Diseases facilities are Medicare participating, nationally accredited, state licensed hospitals.         Under Washington State Law, RCW 71.24.510, an integrated comprehensive screening and assessment process for substance use and mental disorders is required for any provider offering treatment under the community behavioral health services act which would include all psychiatric hospitals and residential settings. WAC 246-341-0610 also requires facilities to provide a clinical assessment (including an assessment for suicide ideation and SUD). WAC 246-341-0610 also requires facilities to require for provision of emergency/crisis services.         State rules and managed care contracts require assessment of co-occurring substance use disorder and physical health issues. When comorbid conditions arise, facilities must treat the condition on site or refer the individual to treatment.         Relevant Washington Administrative Code provider rules applicable to FFS and MCO services:         1. (E&T) WAC 246-337-080 residential treatment facilities must provide or accept a current health screening upon admission of all residents including a tuberculosis and symptom screen. They are required to assist residents with all health care needs and refer to the appropriate level of care when needed. Residential treatment facilities must have policies and procedures in place to address how they will deal with medical emergency situations and that    <

<ol> <li>(E&amp;T) WAC 246-341-0610 All behavioral health agencies, including residential treatment facilities and crisis stabilization units, must provide a thorough assessment of the client upon admit. This assessment includes a medical history and information about the individual's primary care physician.</li> <li>(Hospitals) WAC 246-341-1126 and (Psychiatric Hospitals) WAC 246-322-170 Facilities must provide a health assessment within 24 hours of admission. The assessment is completed by a nurse practitioner, physician, or physician's assistant and must determine whether the individual needs to be transferred to another level of care due to medical concerns. In addition, facilities must have access to a medical provider for consultation 24 hours a day, 7 days a week.</li> <li>(E&amp;T) WAC 246-341-0610 Each agency licensed by the department of health to provide any behavioral health service must conduct an assessment of any risk of harm to self and others, including suicide, homicide, and a history of self-harm. In addition, all clinical staff in Washington State must attend a training on suicide assessment.</li> </ol>
Relevant Managed Care Contract Requirements:
HCA contracts with five Managed Care Organizations to cover inpatient mental health services.
HCA contracts require Managed Care Organizations to manage co-occurring disorders at all levels of care:
1. All individuals must be screened using the GAIN-SS SUD and mental health co-occurring disorder tool.
<ol> <li>Managed Care Organizations must ensure network providers are trained on co-occurring disorders. (IMC 9.11.2.4)</li> </ol>
3. Utilization management staff must have an understanding of co-occurring assessment and treatment. (IMC 11.1.4; 11.1.18)
Relevant Fee-for-Service Program Requirement:
Psychiatric hospitals and residential treatment facilities contracted with the state to provide services are required to follow appropriate Washington Administrative Codes related to this topic.

Future Status:
The state believes that the Washington Administrative Code requirements for health and co-morbid screening and treatment within inpatient facilities meets the requirements of this milestone.
Summary of Actions Needed:
N/A
Current Status:
Per WAC 246-341-0320: Agency licensure and certification—on-site reviews and plans of correction.
To obtain and maintain a department-issued license and to continue to provide department-certified behavioral health services, each agency is subject to an on-site review to determine if the agency is in compliance with the minimum licensure and certification standards.
<ul> <li>(1) A department review team representative(s) conducts an entrance conference with the agency and an on-site review that may include:</li> <li>(a) A review of:</li> </ul>
(i) Agency policies and procedures;
<ul><li>(ii) Personnel records;</li><li>(iii) Clinical records;</li></ul>
<ul><li>(iv) Facility accessibility;</li><li>(v) The agency's internal quality management plan, process, or both, that demonstrates how the agency</li></ul>
evaluates program effectiveness and individual participant satisfaction; and
(vi) Any other information, including the criteria in WAC <u>246-341-0335</u> (1)(b), that the department determines to be necessary to confirm compliance with the minimum standards of this chapter; and

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	(b) Interviews with:
	(i) Individuals served by the agency; and
	(ii) Agency staff members.
	(2) The department review team representative(s) concludes an on-site review with an exit conference that
	includes a discussion of findings.
	(3) The department will send the agency a statement of deficiencies report that will include instructions and time
	frames for submission of a plan of correction.
	(4) The department requires the agency to correct the deficiencies listed on the plan of correction:
	(a) By the negotiated time frame agreed upon by the agency and the department review team representative;
	or immediately if the department determines health and safety concerns require immediate corrective
	action.
	Future Status:
	The state believes that the Washington Administrative Code requirements for agency licensure and certification meet the
	requirements for this milestone.
	Summary of Actions Needed:
	N/A

Prompts	Summary
SMI/SED. Topic_2. Milestone 2:	Improving Care Coordination and Transitioning to Community-Based Care
residential providers, and commun coordination and transitions to con	to transition to and be successful in community-based mental health care requires partnerships between hospitals, ity-based care providers. To meet this milestone, state Medicaid programs, must focus on improving care nmunity-based care by taking the following actions.
Improving Care Coordination an	nd Transitions to Community-based Care
2.a Actions to ensure psychiatric hospitals and residential settings carry out intensive pre-discharge planning, and include community-based providers in care transitions.	<i>Current Status:</i> Washington State's behavioral health delivery system strives for a culture of effective care coordination among all provider types and between all levels of care. The HCA's move to integrate management of physical and behavioral health and the state's efforts through the other four 1115 demonstration waiver initiatives are evidence of this commitment. While many coordination of care requirements have been in place in the mental health system for decades, the state
	continues to improve the overall behavioral and physical health link. The state Medicaid director's letter (SMD # 18–0011) announcing the 1115 Mental Health Institution for Mental Diseases waiver opportunity states that nationwide only 38% of adult beneficiaries had a follow-up within 7 days of discharge from a psychiatric admission. 60% had a follow-up visit within 30 days of discharge. Washington State's most recent numbers are significantly higher than the national average. In 2018, 64% had a follow-up within 7 days, and 81% within 30 days.
	<b>Relevant Washington Administrative Code Rules:</b> The state's inpatient and residential treatment facilities licensing rules require consideration of discharge planning early in the individual's stay. Inpatient facilities must coordinate care with the individual's current or future outpatient provider. Discharge plans are documented.
	<ol> <li>(Hospital) WAC 246-320-226 The initial assessment must include a consideration of discharge planning and estimated timeframe. Discharge planning must be coordinated with the outpatient agency and family or caregivers.</li> </ol>
	2. (Psychiatric Hospital) WAC 246-322-170 Hospitals must provide discharge planning and documentation including

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	a review of the patient's hospitalization, condition upon discharge, and recommendations for follow-up and continuing care. Discharge planning must be coordinated with outpatient providers.
	<ol> <li>(E&amp;T) WAC 246-337-095 Evaluation and Treatment Centers must document a discharge summary including recommendations for follow up care.</li> </ol>
	<ol> <li>(Inpatient MH) WAC 246-341-1126(d) The initial treatment plan must include a plan for discharge and follow up care.</li> </ol>
	5. (Crisis Stabilization and Crisis Triage) WAC 246-341-1150 and WAC 246-341-1142 Crisis stabilization and crisis triage units must coordinate with outpatient providers and develop a discharge plan with dates, times, and addresses of follow up care appointments.
	(All BHA) WAC 246-341-0640 Related to documentation of discharge, including requirements around coordination and information sharing with community based providers. This provision applies to all Behavioral Health Administrations.
	<b>Relevant Managed Care Contract Requirements:</b> As mentioned under Milestone II.E, the state requires Managed Care Organizations to ensure individuals are screened for comorbid conditions. Coordination with physical health and substance use disorder providers is part of the screening and referral process. Managed Care organizations are also required to ensure coordination occurs between inpatient and outpatient levels of care. Contract requirements include:
	1. Managed Care Organizations are required to be actively involved in discharge planning. (16.4.6)
	2. Managed Care Organizations must develop a plan with inpatient facilities regarding discharge planning responsibilities. This includes a follow-up call within two to three business days of discharge. (14.17)
	3. Individuals have a follow up outpatient appointment within seven calendar days of discharge from an inpatient facility. (6.10.1)
	4. To monitor proper post-discharge care, the state mandates a 30-day readmission performance measure. (7.3.7)

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	Relevant Fee-for-Service Programs:
	The following programs available to beneficiaries covered by the Medicaid fee-for-service program support pre-
	discharge planning and care transitions:
	Health Home program – This program provides care management and coordination, transition planning, support for the
	individual and family, referrals to support services in the hopes of promoting better health. Services are provided by a care
	coordinator who works with the patient and family to develop a health action plan, assist in transitions between types of care
	and work with providers. Beneficiaries with a chronic condition, including SMI, and at risk for a second condition are
	eligible.
	1 Drivery Care Care Management (DCCM) are says. This are says and its arises are says and the says
	1. Primary Care Case Management (PCCM) program – This program provides primary care case management through enrolled Indian health service, Tribal, and Urban Indian Health program providers, including support for pre-
	discharge planning and care transitions.
	disentinge plaining and eare transitions.
	2. Medicaid Administrative Claiming programs – these programs partially reimburse governmental entities, including
	the Indian Health Service and Tribes, for time staff spent helping individuals apply for, understand, and access
	Medicaid services.
	Current Statewide Strategies:
	The state has invested in several strategies to improve coordination of care and post discharge treatment for individuals
	leaving inpatient care. Some of these efforts are described below.
	1. The Peer Bridgers program delivers services to individuals in state and community hospitals prior to discharge and after their return to their communities. The Peer Bridger develops a relationship of trust with the participant. In
	developing this trust, the Peer Bridger may function as a role model, peer support, a mentor, a teacher, an
	advocate, and an ally as they communicate hope and encouragement.
	advocate, and an any as they communicate nope and cheotragement.
	2. State Plan Services: Washington's Medicaid State Plan includes a rehabilitation case management service
	allowing liaisons from the community to actively participate in discharge planning for individuals receiving
	psychiatric inpatient care. Currently, when these services occur in an IMD, state-only funds are used for
	ineligible services.

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	3. Step Down Facilities: The Legislature appropriated funding for a new community facility type to address the need for additional discharge placements for individuals leaving the state psychiatric hospitals. Intensive behavioral health treatment facilities serve individuals who possess higher levels of behavioral challenges that existing alternative behavioral health facilities cannot accommodate.
	4. Program for Assertive Community Treatment (PACT) teams provide wrap around services for individuals in outpatient treatment. When the individual is in an inpatient facility, the PACT team coordinates care with the inpatient unit and work to ensure stable housing and follow-up care. Currently there are 14 PACT teams across the state. In May 2019 the Legislature provided funding for eight additional PACT teams statewide
	5. Washington State's Department of Commerce announced \$7.1 million in grants to six health care providers across Washington, adding 71 additional beds to facilities that help people with a wide variety of behavioral health issues. Twenty-eight of the new beds are dedicated as an alternative to treatment in state psychiatric hospitals. These grants are part of the governor's five-year plan to modernize and transform the state's mental health care systems by shifting out of large institutions to smaller, community-based facilities.
	6. State-tribal collaboration to improve access to behavioral health care for American Indians and Alaska Natives. The state is currently in collaboration with a newly formed Tribal Centric Behavioral Health Advisory Board to develop a comprehensive plan to increase access to crisis services and culturally appropriate behavioral health care services for American Indians and Alaska Natives in Washington State. This plan includes a Tribal Crisis Coordination Hub to support tribes, Indian health care providers, and non-tribal providers with inpatient placement, transition planning, and care coordination across the continuum of treatment for American Indians and Alaska Natives beneficiaries.
	Future Status:
	HCA will amend contract and WAC language to ensure that psychiatric hospitals and residential settings carry out intensive pre-discharge planning and include community based providers in care transitions.
	Summary of Actions Needed:
	AHCA will amend its MCO contracts to require pre-discharge planning and participation of community providers no later than January 2022.

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	HCA will amend WAC no later than July 1, 2022 in order to assure that FFS clients will receive pre-discharge planning and include the participation
2.b Actions to ensure psychiatric hospitals and residential settings assess beneficiaries' housing situations and coordinate with housing services providers when needed and available.	<ul> <li>Current Status:</li> <li>HCA understands that housing is an integral part of stability for the individuals we serve. Safe and stable housing increases the chances that individuals remain stable in the community and reduces the likelihood of unnecessary inpatient stays. The state has requirements in place requiring providers and managed care entities to address housing issues. In addition, there are several statewide initiatives addressing this issue.</li> <li>Relevant Washington Administrative Code Rules:</li> <li>In addition to screenings and assessments for comorbid disorders described in other sections, state rules require facilities to assess for housing and employment needs.</li> <li>1. (E&amp;T) WAC 246-341-0610 All behavioral health agencies, including residential treatment facilities and crisis stabilization units, must provide a thorough assessment of the client upon admit. This assessment includes a medical history and information about the individual's primary care physician. The assessment must also include an employment and housing assessment.</li> <li>Relevant Managed Care Contract Requirements:</li> <li>The state's requirements that Managed Care Organizations participate in discharge planning and coordinate care include a focus on determining and addressing an individual's housing needs.</li> <li>Managed Care Organizations must establish protocols for discharge planning that include community supports necessary for recovery, including housing, transportation, employment and educational concerns, and social supports. (11.1.29.3)</li> <li>Within 60 days of enrollment, Managed Care Organizations must conduct initial health screening assessments, to include a housing and housing instability assessment. (14.3.4).</li> </ul>

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	<ol> <li>Managed Care Organizations must demonstrate ongoing coordination with housing agencies (14.1.9.1/14.10.1.17).</li> </ol>
	Relevant Fee-for-Service Programs:
	<ol> <li>Health Homes and Medicaid Administrative Claiming programs provide support for coordination with housing service providers, including tribal housing support programs for American Indians and Alaska Natives beneficiaries covered by the Medicaid fee-for-service program.</li> </ol>
	Current Statewide Strategies:
	<ol> <li>Washington State has several coordinated entry programs that assist homeless or at-risk individuals in obtaining housing. These programs are available in each region of the state.</li> </ol>
	<ol> <li>The state has developed an institutional discharge planning toolkit that involves guidance and a housing assessment tool for individuals discharging from institutions.</li> </ol>
	3. Initiative 3 of the state's 1115 demonstration waiver focuses on supportive housing and employment services. As of March 2019, 1,991 beneficiaries were enrolled in supportive housing. Non-traditional providers and behavioral health providers, including Indian health care providers, are able to participate in this program.
	4. The Legislature appropriated funding for a new community facility type to address the need for additional discharge placements for individuals leaving the state psychiatric hospitals. Intensive behavioral health treatment facilities serve individuals who possess higher levels of behavioral challenges that existing alternative behavioral health facilities cannot accommodate. Intensive behavioral health treatment facilities are intended to serve as a bridge for high needs individuals who stay between 12 to 18 months before transitioning to more independent living in supported housing projects.
	5. The Housing and Recovery through Peer Services (HARPS) program builds on the successes of the Permanent Options for Recovery-Centered Housing (PORCH) project. PORCH provided consumers with meaningful choice and control of housing and support services, using peer housing specialists. The HARPS project reduces homelessness and supports the recovery and resiliency of individuals with serious mental illness. Each team consists of three full-time employees (a mental health professional and two certified peer counselors). One of the priority target populations for the HARPS program is individuals discharging from inpatient psychiatric care. The state Legislature recently funded four additional HARPS teams with a focus on individuals discharging from

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	forensic facilities.
	Program for Assertive Community Treatment (PACT) teams provide wrap around services for individuals in outpatient treatment. When the individual is in an inpatient facility, the PACT team coordinates care with the inpatient unit and work to ensure stable housing and follow-up care. Currently there are 14 PACT teams across the state. In May 2019 the Legislature provided funding for eight additional PACT teams statewide.
	Future Status:
	The state believes that the Washington Administrative Code requirements and statewide strategies meet the requirements of this milestone.
	Summary of Actions Needed:
	N/A
2.c State requirement to ensure psychiatric hospitals and	Current Status:
residential settings contact	Current Status:
beneficiaries and community- based providers through most effective means possible, e.g., email, text, or phone call within	The state understands the importance of immediate follow-up care upon discharge from an inpatient or residential facility. The rules and initiatives in place demonstrate the state's commitment to ensuring clients receive adequate and immediate care when discharging from a psychiatric facility.
72 hours post discharge	Relevant Washington Administrative Code Rules:
72 nouis post disenarge	While there are no specific statewide rules regarding follow-up within 72 hours of discharge, see Milestones II.A and
	II.B for a full discussion of Washington Administrative Code requirements around discharge planning and coordination of
	care reviews.
	<b>Relevant Managed Care Contract Requirements:</b> As described under Milestone II.A, Managed Care Organizations must develop a plan with inpatient facilities regarding discharge planning responsibilities. This includes a follow-up call within two to three business days of discharge. (14.17) See section II.A and II.B for a full discussion of contract requirements related to discharge planning and coordination of
	care with outpatient providers.

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	<ul> <li>Relevant Fee-for-Service Programs:         <ul> <li>Health Homes and Medicaid Administrative Claiming programs provide support for coordination with housing service providers, including tribal care coordination and tribal governmental social service programs for American Indians and Alaska Natives beneficiaries covered by the Medicaid fee-for-service program.</li> </ul> </li> <li>Current Statewide Strategies:         <ul> <li>See Milestones II.A and II.B for a full discussion of the state's efforts around discharge planning and coordination of care. HCA's Medicaid Program Operations and Integrity reviews data in partnership with state's division of Research and Data Analysis (RDA) and contracted MCOs to monitor follow up after ED and Inpatient readmission rates to monitor trends and institute corrective actions as needed.</li> </ul> </li> </ul>
	<i>Future Status:</i> Residential treatment facilities and psychiatric hospitals will contact beneficiaries and community based providers through the most effective means possible within 72 hours post discharge.
	Summary of Actions Needed:
	HCA will amend its MCO contracts to shorten the contact period to 72 hours. Timeline: no later than January 2022.
	HCA will amend the administrative code it is responsible for to add the 72 hour follow-up requirement to provider WAC in order to assure FFS clients will receive these services. Timeline: no later than July 1, 2022.
2.d Strategies to prevent or decrease lengths of stay in EDs among beneficiaries with SMI or	Current Status:
SED prior to admission	Washington State demonstrates its commitment to reducing the length of stay in emergency departments through a number of efforts focused on clinical interventions and coordination of care.
	Relevant Washington State Law: Washington law require designated crisis responders to respond to emergency department requests within specified time frames. When an individual self-presents in an emergency department, the hospital may only hold the person for up to six

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	hours before the designated crisis responder must make their determination (RCW 71.05.050). If a peace officer delivers the individual to the emergency department, the individual must be examined by a mental health professional within three hours. The designated crisis responder must determine if the individual meets involuntary treatment criteria within 12 hours of patient arrival. If the individual does not meet criteria, the DCR formulates a plan for less restrictive treatment to facilitate discharge from the emergency department.
	Relevant Managed Care Contract Requirements:
	Reducing unnecessary emergency department visits is a focus of the managed care system in Washington State. Contract requirements include efforts around coordination of care and sharing of information. Examples include:
	1. Managed Care Organizations must have a process for communicating with primary care providers around overuse of the ED. (14.5.7.3.3)
	<ol> <li>Unnecessary emergency department visits is a required measure Managed Care Organizations must include in their quality plans. (7.1.1.2.16)</li> </ol>
	3. Managed Care Organizations utilize the Emergency Department Information Exchange (EDIE) to track and intervene with emergency department high utilizers.
	Relevant Fee-for-Service Programs:
	The Health Home program helps to prevent or decrease lengths of stay in emergency departments among beneficiaries with SMI or SED prior to admission through intensive case management and care coordination services for eligible beneficiaries (individuals with one or more chronic conditions, a predictive risk scores of 1.5 or greater per WAC 182-557-0200, and covered by the Medicaid fee-for-service program).
	Current Statewide Strategies:
	The state has implemented a number of programs directed at reducing unnecessary emergency department visits and reducing the overall length of stay in emergency departments for individuals presenting with a behavioral health issue.
	1. The Peer Bridgers program delivers services to individuals in state and community hospitals prior to discharge and after their return to their communities. The Peer Bridger develops a relationship of trust with the participant. In developing this trust, the Peer Bridger may function as a role model, peer support, a mentor, a teacher, an

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	advocate, and an ally as they communicate hope and encouragement.
2.	Crisis Triage and Stabilization Investments: Between 2017-18, the state funded several new triage and crisis stabilization facilities across the state. Three facilities are open and four expected to open in the coming year, for a total of 102 crisis stabilization and triage beds across six regions of the state. The 2019 state Legislature funded even more 16-bed triage and stabilization facilities. The Legislature also funded Mobile Outreach Crisis Teams.
3.	The Legislature recently funded five mental health peer respite centers to divert individuals from crisis services as well as a pilot program to provide mental health drop-in center services.
4.	The Housing and Recovery through Peer Services (HARPS) program builds on the successes of the Permanent Options for Recovery-Centered Housing (PORCH) project. PORCH provided consumers with meaningful choice and control of housing and support services, using peer housing specialists. The HARPS project reduces homelessness and supports the recovery and resiliency of individuals with serious mental illness. Each team consists of three full-time employees (a mental health professional and two certified peer counselors). One of the priority target populations for the HARPS program is individuals discharging from inpatient psychiatric care. The state Legislature recently funded four additional HARPS teams with a focus on individuals discharging from forensic facilities.
5.	Program for Assertive Community Treatment (PACT) teams provide wrap around services for individuals in outpatient treatment. When the individual is in an inpatient facility, the PACT team coordinates care with the inpatient unit and works to ensure stable housing and follow-up care. Currently there are 14 PACT teams across the state. In May 2019 the Legislature provided funding for eight additional PACT teams statewide.
6.	Washington State's Department of Commerce announced \$7.1 million in grants to six health care providers across Washington, adding 71 additional beds to facilities that help people with a wide variety of behavioral health issues. Twenty-eight of the new beds are dedicated as an alternative to treatment in state psychiatric hospitals. These grants are part of the governor's five-year plan to modernize and transform the state's mental health care systems by shifting out of large institutions to smaller, community-based facilities.
7.	Co-Responders with Law Enforcement: The state continues to expand programs that fund mental health

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	professionals who ride along with law enforcement as they respond to calls where mental health conditions may be involved.
	8. Emergency Department is for Emergencies: This legislative initiative prompted by House Bill 2127 in 2012 promotes the implementation of emergency room best practices and requires Washington hospitals to implement seven best practices: 1) tracking ED visits to avoid ED shopping, 2) patient education, 3) institute an extensive case management program, 4) reduction of inappropriate ED visits by collaborative use of prompt visits to primary care, 5) narcotic guidelines to discourage narcotic seeking behavior, 6) data tracking for patients prescribed controlled substances, 7) outcome measurement and reporting.
	<ol> <li>Development of Behavioral Health Aides: The state is collaborating with tribes to support behavioral health aides, who can provide early identification and treatment support for beneficiaries with SED or SMI, to prevent emergency department admission.</li> </ol>
	Future Status:
	The state believes that the Washington Administrative Code requirements and statewide investments and strategies meet the requirements of this milestone.
	Summary of Actions Needed:
	N/A
2.e Other State	Current Status:
requirements/policies to improve care coordination and connections to community-based	See sections above.
care	Future Status:
	N/A

Summary of Actions Needed:
N/A

#### Prompts

#### Summary

#### SMI/SED. Topic\_3. Milestone 3: Increasing Access to Continuum of Care, Including Crisis Stabilization Services

Adults with SMI and children with SED need access to a continuum of care as these conditions are often episodic and the severity of symptoms can vary over time. Increased availability of crisis stabilization programs can help to divert Medicaid beneficiaries from unnecessary visits to EDs and admissions to inpatient facilities as well as criminal justice involvement. On-going treatment in outpatient settings can help address less acute symptoms and help beneficiaries with SMI or SED thrive in their communities. Strategies are also needed to help connect individuals who need inpatient or residential treatment with that level of care as soon as possible. To meet this milestone, state Medicaid programs should focus on improving access to a continuum of care by taking the following actions.

## Access to Continuum of Care Including Crisis Stabilization

Access to Continuum of Care In	5
3.a The state's strategy to	Current State:
conduct annual assessments of	
the availability of mental health	The state has conducted the initial SMI service availability assessment through compilation of RDA, Washington
providers including psychiatrists,	Medical Commission, DOH, HCA, MCO, and BH-ASO data.
other practitioners, outpatient,	
community mental health	
centers, intensive	
outpatient/partial hospitalization,	
residential, inpatient, crisis	
stabilization services, and	
FQHCs offering mental health	
services across the state, updating	
the initial assessment of the	
availability of mental health	
services submitted with the	
state's demonstration application.	
The content of annual	
assessments should be reported	
in the state's annual	
demonstration monitoring	
reports.	
	Future Status

Sublitted off April 8,	
	HCA's DBHR will work with its partners to conduct and report the required SMI assessments on an annual basis.
	Summary of Actions Needed:
	<ul> <li>MD and PA demographics related to specialization and board certification will be obtained from the Washington Medical Commission.</li> <li>Non-prescribing MH professional and facilities information will be provided by DOH and HCA annually.</li> <li>Network adequacy reports of Medicaid contracted MCOs shall also be used to supplement information drawn from the state MMIS system.</li> <li>The Research Data Analysis division of our Department of Social and Health Services will provide enrollee data.</li> <li>The state will convene workgroups on data reporting on a bi-monthly basis to assure that data is collected and collated in a timely manner.</li> <li>The state will report metrics required by this demonstration in annual monitoring reports.</li> </ul>
3.b Financing plan	Current Status: Financing Plan is included in separate section see below.
	Future Status:
	See Below.
	Summary of Actions Needed:
	See Below.

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3.c Strategies to improve state	Current Status:
tracking of availability of	
inpatient and crisis	Washington state is actively planning on building a statewide bed registry to track inpatient and crisis bed
stabilization beds	availability. Development of a bed tracking system is essential to support our evidence based system of care aim of delivering timely and appropriate interventions and treatment support to those impacted by SMI and/or SED
	WATrac is a Washington Department of Health sponsored web-based system that facilitates emergency response. King County, the county with the largest population, is currently using WATrac's bed tracking features too coordinate placements.
	Future Status:
	The state will have a statewide bed tracking registry with the capacity to include all psychiatric treatment beds and secure withdrawal management beds intended to support the stability and treatment of the Serious Mental III (SMI) and the Serious Emotional Disturbance (SED) populations. To this end the state has applied for grants and is seeking funding from the legislature.
	Summary of Actions Needed:
	• Convening a stakeholder advisory group consisting of representatives from the Behavioral Health Advisory Committee (BHAC), which provides leadership in implementation of Washington's Mental and Substance Use Block Grants and includes members with lived experience, state agencies, community treatment organizations, the state hospital association, and advocacy groups will be assembled to assist in guiding the decisions on the bed registry project. This will include development of system business requirements and use requirements.
	<ul> <li>Development and activation of an advisory workgroup comprised of key stakeholders</li> </ul>
	Development of bed registry system functionality and business case requirements
	Selection of a bed registry tracking system for statewide use
	• Procurement or enhancement of a bed registry system if possible within grant funding, and/or an agency budget
	request package to cover the funding gap
	• A rapid user acceptance pilot of a small number of facilities
	Development of training curriculum and a training plan for statewide implementation

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	Amending administrative rules and/or MCO contracts to require use of the registry
	• The state intends to have a tailored bed registry in place no later than January of 2022.
3.d State requirement that providers use a widely	Current Status:
recognized, publicly	Relevant Washington Administrative Code (WAC) Rules:
available patient assessment tool to determine appropriate	(E&T) <u>WAC 246-341-0610</u> Related to assessments for all Behavioral Health Administration Facilities must provide an age-appropriate, strengths-based psychosocial assessment that considers current needs and the patient's relevant history according to best practices. Such information may include, if applicable:
level of care and length of	(a) Identifying information;
stay	(b) Presenting issues;
	(c) Medical provider's name or medical providers' names;
	(d) Medical concerns;
	(e) Medications currently taken;
	(f) Mental health history;
	(g) Substance use history, including tobacco;
	(h) Problem and pathological gambling history;
	<ul> <li>(i) An assessment of any risk of harm to self and others, including suicide, homicide, and a history of self-harm;</li> <li>(j) A referral for provision of emergency/crisis services must be made if indicated in the risk assessment;</li> </ul>
	<ul> <li>(k) Legal history, including information that a person is or is not court-ordered to treatment or under the supervision of the department of corrections;</li> </ul>
	(1) Employment and housing status;
	(m) Treatment recommendations or recommendations for additional program-specific assessment; and
	(n) A diagnostic assessment statement, including enough data to determine a diagnosis supported by the current and applicable Diagnostic and Statistical Manual of Mental Disorders (DSM-5).
	Relevant Managed Care Contract Requirements:
	Managed Care Organization contracts include several requirements around utilization management and authorization of
	inpatient care:
	• 1.35 Care management must include evidence-based approach for screening and intervention;

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crisis stabilization	Future Status:
	N/A
	Summary of Actions Needed:
	N/A

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Summary

SMI/SED. Topic\_4. Milestone 4: Earlier Identification and Engagement in Treatment, Including Through Increased Integration Critical strategies for improving care for individuals with SMI or SED include earlier identification of serious mental health conditions and focused efforts to engage individuals with these conditions in treatment sooner. To meet this milestone, state Medicaid programs must focus on improving mental health

care by taking the following actions.

Earlier Identification and Engag	ement in Treatment
4.a Strategies for identifying	Current Status:
and engaging beneficiaries with	
or at risk of SMI or SED in	Current Statewide Strategies:
treatment sooner, e.g., with	
supported employment and	1. Trauma Informed approach
supported programs	<ul> <li>a. HCA awarded nearly 1.4 million dollars in grants to <u>organizations across the state</u> to build on the trauma- informed work already happening across the state, and to support interest that has been unfunded to date.</li> <li>b. HCA offered free trainings throughout Washington State on trauma informed approach for state employees, direct care staff, supervisors, leaders, and community members, including train the trainer sessions. Online versions of the training will be available soon.</li> <li>c. HCA, in collaboration with other state agencies and people throughout the state, is creating a toolkit of trauma informed resources.</li> <li>d. Federal block grant funds, awarded through the Substance Abuse and Mental Health Service Administration, are allocated for HCA's trauma-informed work.</li> </ul> 2. Initiative 3, Supported Employment, includes services that identify and assist individuals in obtaining employment based on their preferences, and support to maintain employment to reduce higher cost services and incarceration. In March 2019, 2,562 clients were enrolled in Supported Employment. 3. The Becoming Employed Starts Today (BEST) project is designed to promote sustainable access to evidence- based supported employment. Becoming Employed Starts Today provides consumers with meaningful choice and control of employment, provides support services, uses peer counselors, reduces unemployment, and supports the recovery and resiliency of individuals with serious mental illness, including co-occurring disorders. The project will provide services to 450 people over five years.

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	<ol> <li>In May 2019 the state Legislature eliminated the income and age limits from the Healthcare for Workers with Disabilities program. Funding was provided for additional clients expected to enroll in this program as a result of these eligibility changes.</li> </ol>
	Future Status:
	The state believes the efforts described above meet the requirements of this milestone.
	Summary of Actions Needed:
	N/A
4.b Plan for increasing integration of behavioral health care in non-	Current Status:
specialty settings to improve early identification of SED/SMI and	As of January 2020, every region in the state is participating in Integrated Managed Care which is a significant advancement in the trajectory toward behavioral health integration and whole-person care.
linkages to treatment	Beginning July 2020, the state began requiring Managed Care Organization utilization management decision making to take into account the greater and particular needs of diverse populations, as reflected in health disparities, risk factors (such as adverse childhood experiences for enrollees of any age), historical trauma, and the need for culturally appropriate care.
	<ul> <li>Current Statewide Strategies:</li> <li>1. WISe Services – Wraparound intensive services for youth in need of intensive services.</li> <li>2. Jail services Targeted at linking individuals with outpatient care upon release.</li> <li>3. Juvenile justice programs – healing courts</li> <li>4. Telehealth</li> <li>5. School settings School-Based Health Care Services (SBHS) services for children with a disability aged 0-20 who</li> </ul>

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	receive Medicaid via a categorically needy program or medically needy program when included in their IEP or IFSP.
	6. Primary care PHQ-9 screening tool promotion.
	7. The state recently increased funding to develop a statewide plan to implement evidence-based specialty care programs that provide early identification and intervention for individuals experiencing psychosis. This includes
	funding to increase the number of teams providing these services from five to ten.
	8. The Legislature recently funded five mental health peer respite centers to divert individuals from crisis services as well as a pilot program to provide mental health drop-in center services.
	9. The state obtained funding to create and operate a tele-behavioral health video call center staffed by the
	University of Washington's Department of Psychiatry and Behavioral Sciences to serve emergency department
	providers, primary care providers, and county and municipal correctional facility providers with on demand tele-
	psychiatry and substance use disorder consultation.
	10. Other Consultation
	a. The Partnership Access Line (PAL), operated by Seattle Children's Hospital through funding from HCA, connects pediatric and adolescent primary care providers to child and adolescent psychiatrists for consultations on mental health care, including diagnostic clarification, medication adjustment or treatment planning. In partnership with the University of Washington, PAL for Schools connects school staff and students to psychologists and psychiatrists at Seattle Children's and the University of Washington.
	<ul> <li>PAL also partners with Washington's Mental Health Referral Service for Children and Teens which connects patients and families with evidence-supported outpatient mental health services in their community.</li> </ul>

Future Status:	
Community Health Aide program (CHAP) – Behavioral Health Aides. The state is collaborating with tribes to support behavioral health aides, who can expand capacity for tribal behavioral health services and enable more integration of behavioral health care in non-specialty settings to improve early identification of SED/SMI and linkages to treatment.	
The state and local partners are in the process of identifying a common integration assessment tool to be administered across behavioral and physical health providers in the state. This effort will be informed by ACHs and MCOs based on integration advancement in recent years, including the use of various integration assessment approaches. The workgroup has met over the course of the past six months and is currently reviewing preliminary data and lessons learned related to integration assessment conducted by ACHs under the Medicaid Transformation Project.	
Summary of Actions Needed: The state will continue to evaluate the effectiveness of CHAP in addressing behavioral health, including the effective use of culturally appropriate providers), which includes providers such as Community Health Aides (CHAs), Behavioral Health Aides (BHAs), and Dental Health Aide Therapists (DHATs). The state and tribes will consider additional expansion through MTP funding to tribes and IHCPs.	
In early 2021, the state and partners will decide on the common integration assessment tool. This will also require the identification of specific expectations regarding the administration of the tool and evaluation of results. The state will continue engagement with ACHs, MCOs and providers to ensure the tool is implemented and data utilized to measure the advancement of behavioral health integration in non-specialty settings. This is a significant milestone and will reinforce the partnership between ACHs and MCOs to expand behavioral health integration as Integrated Managed Care ramps up.	

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4.c Establishment of specialized	Current Status:
settings and services, including	
crisis stabilization, for young	Current Statewide Strategies:
people experiencing SED/SMI	
	1. Wraparound intensive services (WISe).
	<ul> <li>Washington State's Wraparound with Intensive Services (WISe) provides comprehensive behavioral health services and supports to Medicaid eligible youth, up to 21 years of age, with complex behavioral health needs.</li> <li>WISe is designed to provide individualized, culturally competent services that strive to keep youth with intense mental health needs safe in their own homes and communities, while reducing unnecessary hospitalizations.</li> <li>To assist in achieving this goal, WISe also offers 24/7 crisis stabilization services. WISe offers a higher level of</li> </ul>
	care through these core components:
	Time and location of services: WISe is community-based. Services are provided in locations and at times that work best for the youth and family, such as in the family home and on evenings and weekends.
	Team-based approach: Using a Wraparound approach, WISe relies on the strengths of an entire team to meet the youth and family's needs. Intensive care coordination between all partners and team members is essential in achieving positive outcomes. Each team is individualized and includes the youth, family members, natural supports, a therapist, a youth partner and/or family partner, and members from other child-serving systems when they are involved in a youth's life. Other team members could include family friends, school personnel, a probation officer, a religious leader, a substance use disorder treatment provider, or a coach/teacher. The team creates ONE Cross- System Care Plan that identifies strategies and supports, using the youth and family's voice and choice to drive their plan.
	2. The Peer Bridgers program delivers services individuals in state and community hospitals prior to discharge and after their return to their communities. The Peer Bridger develops a relationship of trust with the participant. In developing this trust, the Peer Bridger may function as a role model, peer support, a mentor, a teacher, an advocate, and an ally as they communicate hope and encouragement.
	3. State Plan Services: Washington's Medicaid State Plan includes a rehabilitation case management service

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	allowing liaisons from the community to actively participate in discharge planning for individuals receiving psychiatric inpatient care. This is currently a state funded service for individuals in institute of mental disease facilities.
	4. Crisis Triage and Stabilization Investments: Between 2017-18, the state funded several new triage and crisis stabilization facilities across the state. Three facilities are open and four expected to open in the coming year, for a total of 102 crisis stabilization and triage beds across six regions of the state. The 2019 state Legislature funded even more 16-bed triage and stabilization facilities. The Legislature also funded Mobile Outreach Crisis Teams.
	5. The Legislature recently funded five mental health peer respite centers to divert individuals from crisis services as well as a pilot program to provide mental health drop-in center services.
	6. Step Down Facilities: The Legislature appropriated funding for a new community facility type to address the need for additional discharge placements for individuals leaving the state psychiatric hospitals. Intensive behavioral health treatment facilities serve individuals who possess higher levels of behavioral challenges that existing alternative behavioral health facilities cannot accommodate.
	7. The Housing and Recovery through Peer Services (HARPS) program builds on the successes of the Permanent Options for Recovery-Centered Housing (PORCH) project. PORCH provided consumers with meaningful choice and control of housing and support services, using peer housing specialists. The HARPS project reduces homelessness and supports the recovery and resiliency of individuals with serious mental illness. Each team consists of three full-time employees (a mental health professional and two certified peer counselors). One of the priority target populations for the HARPS program is individuals discharging from inpatient psychiatric care. The state Legislature recently funded four additional HARPS teams with a focus on individuals discharging from forensic facilities.
	8. Program for Assertive Community Treatment (PACT) teams provide wrap around services for individuals in outpatient treatment. When the individual is in an inpatient facility, the PACT team coordinates care with the inpatient unit and works to ensure stable housing and follow-up care. Currently there are 14 PACT teams across

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	the state. In May 2019 the Legislature provided funding for eight additional PACT teams statewide.
	9. Washington State's Department of Commerce announced \$7.1 million in grants to six health care providers across Washington, adding 71 additional beds to facilities that help people with a wide variety of behavioral health issues. Twenty-eight of the new beds are dedicated as an alternative to treatment in state psychiatric hospitals. These grants are part of the governor's five-year plan to modernize and transform the state's mental health care systems by shifting out of large institutions to smaller, community-based facilities.
	10. In addition, the state requires Managed Care Organization utilization management decision making to take into account the greater and particular needs of diverse populations, as reflected in health disparities, risk factors (such as adverse childhood experiences for enrollees of any age), historical trauma, and the need for culturally appropriate care.
F	Future Status:
	The state believes the efforts described above meet the requirements of this milestone.
	The state has been collaborating with tribes and Indian health care providers to develop a WISe provider curriculum that is culturally appropriate to serving American Indians and Alaska Native individuals and families. The state has also established a wraparound intensive services case rate for tribes and Indian health care providers.
S	Summary of Actions Needed:
N	N/A

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4.d Other state strategies to	Current Status:
increase earlier	
identification/engagement,	New Journeys is a collaborative effort of HCA (The State Medicaid Agency and Mental Health Authority), the
integration, and specialized	University of Washington, and Washington State University. New Journeys is a growing program focusing on
programs for young people	first episode psychosis.
	Future Status:
	Expand program as legislative funding allows.
	Summary of Actions Needed:
	Summary of Actions Weeded.
	Monitor outcomes of New Journeys.

Prompts	Summary	
SMI/SED.Topic_5. Financing Pl	an	
State Medicaid programs should a	letail plans to support improved availability of non-hospital, non-residential mental health services including crisis	
	stabilization and on-going community-based care. The financing plan should describe state efforts to increase access to community-based mental health	
	ies throughout the state, including through changes to reimbursement and financing policies that address gaps in access	
* *	ntified in the state's assessment of current availability of mental health services included in the state's application.	
F.a Increase availability of non-	Current Status	
hospital, non-residential crisis		
stabilization services, including	Crisis Triage and Stabilization services: the state has funded several new triage and crisis stabilization facilities across	
services made available through	the state. Current capacity is a total of 105 crisis stabilization and triage beds in eight facilities across six regions of the	
crisis call centers, mobile crisis	state. The 2019 state Legislature funded additional 16-bed triage and stabilization facilities. The Legislature also	
units, observation/assessment	enhanced funding for Mobile Crisis Outreach	
centers, with a coordinated	Step Down Facilities: the Legislature appropriated funding for a new community facility type to address the need for	
community crisis response that	additional discharge placements for individuals leaving the state psychiatric hospitals. Intensive behavioral health	
involves collaboration with trained law enforcement and	treatment facilities serve individuals who possess higher levels of behavioral challenges that existing alternative	
	behavioral health facilities cannot accommodate.	
other first responders.		
	Peer Respite Centers: the Legislature recently funded five mental health peer respite centers to divert individuals from	
	crisis services as well as a pilot program to provide mental health drop-in center services.	
	Washington State's Department of Commerce announced \$7.1 million in grants to six health care providers across	
	Washington, adding 71 additional beds to facilities that help people with a wide variety of behavioral health issues.	
	Twenty-eight of the new beds are dedicated as an alternative to treatment in state psychiatric hospitals. These grants are	
	part of the governor's five-year plan to modernize and transform the state's mental health care systems by shifting out of	
	large institutions to smaller, community-based facilities.	
	Co-Responders with Law Enforcement: The state continues to expand programs that fund mental health professionals	
	who ride along with law enforcement as they respond to calls where mental health conditions may be involved.	
	The flat drong that has encorednent as they respond to cans where mental neural conditions hady be involved.	

 Future Status
• To better serve the needs of the individual and in an effort to prevent needless hospitalization or unwarranted incarceration, the state is implementing programs designed to intervene at the point of contact with law enforcement. By broadening the options available through WAC the state provides law enforcement discretion in determining the level of care needed to better address the needs of the individual. The state is establishing broader guidelines for utilizing community based interventions as primary options. By working with licensed mental health professionals, mobile crisis response services and community crisis stabilization or crisis triage facilities, law enforcement officers are able to safely release individuals to settings which can address stabilization concerns and better determine level of acuity, housing needs, behavioral health needs, rather than placing them in the judicial systems where individuals may decompensate without treatment.
• Enhancement of Mobile Crisis Response Teams (eMCR): currently the enhancement was only in three of the states ten regions. The state anticipates continuing to develop enhanced capacity in the remaining seven regions in stages. This enhanced MCR services are designed to work in a coordinated effort with Co-responders services to provide pre-arrest diversions by reducing its response time in an effort to free law enforcement from addressing behavioral health by handing off these services to programs designed to better meet their needs. The MCR model integrates a multidisciplinary approach to improve behavioral health outcomes. The MCR services includes teams of licensed clinicians, community behavioral health specialists, and individuals with lived experience and, is designed to operate 24-hours, seven days a week.
• Development of six additional enhanced Crisis Stabilization and Crisis Triage facilities equipped to accept police drop-offs or mental health holds for evaluations by a mental health professional. These enhanced facilities are a place for individuals recovering from a behavioral health crisis to receive stabilization support from a multi-disciplinary treatment team. While designed to reduce the impact of individuals that are unduly incarcerated due to a lack of pre-arrest options for officers, as mentioned above, the state has taken wide steps to address this through WAC. These enhanced facilities will be operated 24-hours, seven days a weeks by a multidisciplinary team of clinicians, Certified Peers with lived experience, prescribers and behavioral health specialist. 171 crisis triage beds will be added.
• Development of short-term emergency hotel and motel vouchers for individuals that are homeless or unsafely sheltered in facilities that further contribute to exposure to environments that lead to interaction with problematic elements. Working in unison with the Housing and Recovery through Peer Services (HARPS), a program which is designed to serves and support individuals that experience behavioral health disorders (either

—	
	a mental health disorder, substance use disorder or both) and who demonstrate a medical necessity for housing supports. HARPS provides oversight for individuals utilizing vouchers to ensure that continued housing needs will be met to include more permanent housing supports. Tribes in the 3 regions are also provided to address housing needs for their community members.
	• Tribal Crisis Coordination Hub: The state is collaborating with tribes to develop a tribal crisis coordination hub, to help Indian Health Care Providers more efficiently place patients in inpatient treatment and with care coordination and transition planning.
	Summary of Actions Needed
	• Open six additional crisis stabilization centers across the state beginning in January of 2021. HCA will use currently allocated braided funding utilizing over 15 million dollars of Washington Department of Commerce grants. (Timeline: 1-14 months.)
	• As part of the Governor's budget request, additional funding will be devoted to enhanced mobile crisis response teams and other programs such as vouchers. (Timeline: 12 months.)
	• HCA will move money into contracts upon approval through appropriate regional rate increases and general fund state dollar allocations to BH-ASOs for non-Medicaid individuals. (Timeline: 6-12 months following budget approval.)
	• Contracts will be amended to reflect changes in funding. (Timeline: 6-12 months following budget approval.)
	• HCA will coordinate with the American Indian Health Commission to contract for the implementation of the tribal crisis coordination hub. (Timeline: completion of project imminent.)
	• The legislatively mandated Children and Youth Behavioral Health Work Group is expected to be making recommendations for youth mobile crisis models during the upcoming 2021 legislative session.
F.b Increase availability of on-	Current Status
going community-based services,	Program for Assertive Community Treatment (PACT) teams provide wrap around services for individuals in outpatient
e.g., outpatient, community	treatment. When the individual is in an inpatient facility, the PACT team coordinates care with the inpatient unit and

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mental health centers, partial hospitalization/day treatment, assertive community treatment,	works to ensure stable housing and follow-up care. Currently there are 14 PACT teams across the state. In May 2019 the Legislature provided funding for eight additional PACT teams statewide.
and services in integrated care settings such as the Certified Community Behavioral Health Clinic model.	Intensive Residential Teams: This is a team based approach to serving individuals with significant behavioral health disorders who reside in assisted living facilities and group homes. Services are geared towards individuals who are recently discharged from long term involuntary treatment or who are at risk of losing their placement due to increased symptoms of their mental illness The teams will provide medication management, medication monitoring, clinical mental health interventions, group treatment services, therapeutic psychoeducation and peer services. Treatment will focus on the reinforcement of safety, the promotion of stability and independence of the individual in their structured settings, and the restoration to a higher level of functioning. These services are designed to rehabilitate individuals who are experiencing severe symptoms in the community and without this level of intervention would be at risk for more restrictive levels of care such as psychiatric inpatient hospitalization or are at risk for involuntary treatment. Services are team-based and will be provided within adult family homes and assisted living centers.
	Within Initiative 3 of the current Medicaid Transformation Waiver, Foundational Community Supports (FCS) provides supportive housing and supported employment services for high-risk Medicaid who have behavioral health needs or other risk factors including chronic homelessness, substance use disorder, or qualifying long-term care or physical disability care need. The primary goal of these services is to promote self-sufficiency, promote integration into the community, and reduce potentially avoidable use of more intensive services, by helping individuals with significant support needs obtain and maintain stable housing or competitive employment. FCS has created a strong connection between entry points such as hospital discharge planners, coordinated entry sites, community services offices and the third party administrator who manages the FCS provider network. These targeted Medicaid benefits follow two evidence-based practices: Individual Placement and Support for the supported employment services, and SAMHSA's Permanent Supportive Housing for the supportive housing services.
	Accountable Communities of Health also provide incentives to Community Behavioral Health providers and Community Social Service providers to increase support for persons transitioning from behavioral health treatment to community, and to promote prevention.
	Future Status
	As Washington seeks to support Initiative 1 of the Medicaid Transformation Waiver: Accountable Communities of Health. Initiative 1 provides incentives for providers who are committed to changing how we deliver care. Each region,

through its Accountable Community of Health (ACH), pursues projects aimed at transforming the Medicaid delivery system to serve the whole person and use resources more wisely., the Accountable Communities of Health are working to determine how they can continue support of regional community based services.
Summary of Actions Needed
HCA will move money into MCO contracts upon approval through appropriate regional rate increases and general fund state dollar allocations to BH-ASOs for non-Medicaid individuals. (Timeline 6 -12 months following budget approval.)
Contracts will be amended to reflect changes in funding. (Timeline 6 -12 months following budget approval.)
The Medicaid Transformation Project evaluation will inform overall delivery system performance, including community supports to address behavioral health and stabilization needs, integration of behavioral and physical care, and community-based care coordination to address social needs in the community setting. The draft interim evaluation will be available in December 2020. Subsequent evaluation reports and mid-point assessments will be made available over the course of 2021-2023. These evaluation efforts, among other monitoring activities, will inform additional service and funding needs including sustainability of stabilization and intervention supports being provided through the Medicaid Transformation Project.

#### Prompts

# Summary

SMI/SED. Topic\_6. Health IT Plan

As outlined in State Medicaid Director Letter (SMDL) #18-011, "[s] tates seeking approval of an SMI/SED demonstration ... will be expected to submit a Health IT Plan ("HIT Plan") that describes the state's ability to leverage health IT, advance health information exchange(s), and ensure health IT interoperability in support of the demonstration's goals."<sup>1</sup> The HIT Plan should also describe, among other items, the:

- Role of providers in cultivating referral networks and engaging with patients, families and caregivers as early as possible in treatment; and
- Coordination of services among treatment team members, clinical supervision, medication and medication management, psychotherapy, case management, coordination with primary care, family/caregiver support and education, and supported employment and supported education.

Please complete all Statements of Assurance below—and the sections of the Health IT Planning Template that are relevant to your state's demonstration proposal.

Statements of Assurance	
Statement 1: Please provide an	
assurance that the state has a	Behavioral Health Provider Survey:
sufficient health IT	From January 9 through April 12 2019, HCA fielded the Behavioral Health Provider Survey (BHPS), a web-based
infrastructure/ecosystem at every	survey of publicly funded behavioral health agencies that provided mental health and/or substance use disorder services.
appropriate level (i.e. state,	Out of the 611 behavioral health agencies eligible to participate, 316 completed and another 30 partially completed the
delivery system, health	survey, for a 56.6 percent response rate. The 2019 survey included questions regarding the providers' adoption and use
plan/MCO and individual	of electronic health records, including certified electronic health records. Findings from the 2019 survey included:
provider) to achieve the goals of	
the demonstration. If this is not	• Regardless of type and size, 85% of behavioral health agencies overall reported using an electronic health
yet the case, please describe how	record or a certified electronic health record.
this will be achieved and over	<ul> <li>15% of behavioral health agencies use a paper record system.</li> </ul>
what time period	• More substance use disorder agencies (29.8%) use a paper record system than mental health (18.3%)
	and mental health substance use disorder agencies (7.2%)
	020/ of montal backth substance was discussed as a substance of a last suis backth manuals or contined
	• 93% of mental health substance use disorder agencies reported using an electronic health records or certified electronic health records system compared to 82% of mental health only and 70% of substance use disorder
	only agencies.
	• 91% of large agencies use an electronic health records or certified electronic health records system compared
	to 87% of medium and 84% of small agencies.

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	<ul> <li>Regardless of type and size, over 90% of agencies using a paper record system plan or are thinking of transitioning to electronic health records.</li> </ul>
	HCA recognizes that the 2019 survey responses by behavioral health agencies regarding their use of electronic health records or certified electronic health records exceed or is nearly the same as rates of electronic health records and certified electronic health records use reported by physicians eligible for the HITECH Electronic Health Records incentive programs. The Office of the National Coordinator for Health IT reports that in 2017 almost 86% of physicians reported using any electronic health records and nearly 80% reported using a certified electronic health records (https://dashboard.healthit.gov/quickstats/pages/physician-ehr-adoption-trends.php).
	Given that behavioral health agencies were not eligible for incentives or technical assistance available to physicians via the HITECH electronic health records Incentive Programs, the 2019 survey findings raise questions not only about the relative extent of electronic health records or certified electronic health records adoption among behavioral health agencies but also about its use and functions in behavioral health agencies' clinical operations and wider role in a healthcare ecosystem.
	Following consultation with the Office of the National Coordinator for Health IT, HCA modified the electronic health records questions in our Behavioral Health Provider survey to reflect the electronic health records questions that are expected to be included in a future Substance Abuse and Mental Health Services Administration survey on Health IT. HCA supplemented these questions by including additional functionality required in the Mental Health Institute of Mental Disease Waiver.
	As a result, the 2020 HCA Behavioral Health Provider survey will attempt to drill down on specific uses of the electronic health records by the behavioral health (including mental health) providers. The 2020 Behavioral Health Provider survey questions will gather information about specific functionality, use and exchange, including:
	<ul> <li>Use of electronic health records to create and use electronic care plans;</li> <li>Use of electronic health records to record referrals, including closed loop referrals; and</li> <li>Use of electronic health records to support interoperable screenings, intake, and assessments tools.</li> </ul>
	Responses to these questions will help us:
	• Target needed enhancements to electronic health record functionality required by the Mental Health Institute of Mental Disease Waiver; and
	Identify and make available supports for the use this functionality by behavioral health agencies that provide

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	mental health services.
	The 2020 Behavioral Health Provider survey is currently being programmed into a web survey. Beta-testing of the web survey will immediately follow. We plan to launch the survey by March 23, 2020 and the survey will remain open until we have obtained a robust response rate.
	The 2020 Behavioral Health Provider survey will target Washington state-certified, community-based behavioral health agencies that offer publicly funded mental health and/or substance use disorder treatment services. Correctional and hospital-based treatment programs are not included.
	The draft survey questionnaire is attached. See Q17k, pages 9-10, of the attached draft questionnaire for questions related to electronic health records/certified electronic health records adoption and use.
	Accountable Communities of Health: In Washington State, Medicaid Transformation is being supported by nine regional Accountable Communities of Health. Accountable Communities of Health support a variety of projects and engage in a variety of activities. These projects include support for the integration of physical health and behavioral health services, use of electronic care plans, and closed-loop referrals.
	Washington State's health IT infrastructure continues to evolve at every level (i.e., state, delivery system, health plan/Managed Care Organization and individual provider) to achieve the goals of the demonstration.
	<b>2020 Health IT Operational Plan:</b> Critical activities/tasks needed to advance the Health IT infrastructure/ecosystem in Washington State are specified in our annual, calendar year Health IT Operational Plan. The 2020 Health IT Operational Plan can be found on HCA's website at: <u>https://www.hca.wa.gov/about-hca/health-information-technology/washington-state-medicaid-hit-plan</u> . Click on the 2020 Operational Plan.
	A key strategic initiative underway within the HCA and included in our 2020 Health IT Operational Plan are initial steps to explore: (i) how best to promote the adoption of certified electronic health record technology for providers that do not use certified electronic health record solutions or do not have needed functionality to support caregiving. This initiative includes a particular focus on behavioral health, rural, and/or tribal providers; and Department of Corrections/jails providers.

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	This work involves the identification of potential funding sources and pursuit of viable option(s).
	This effort may lead to the development of request for information or potentially a request for proposals to connect these technology solutions with providers needing them.
	In addition, the 2020 Health IT Operational Plan identifies several key activities that will be undertaken during the calendar year that will support the goals of this demonstration, including work to advance:
	<ul> <li>Electronic care planning;</li> <li>Electronic closed loop referrals;</li> <li>Exchange of summary of care documents at transitions in care;</li> <li>Electronic consent management;</li> <li>Use of provider directories;</li> <li>Work to support the use of a master patient index.</li> </ul>
	In addition, as reflected in our 2020 Health IT Operational Plan, HCA is supporting other work to strengthen and enhance the state's health IT infrastructure.
	Managed Care Organizations: As the State Medicaid Agency in Washington State, the HCA recognizes the important role that Medicaid Managed Care Organizations play in supporting Medicaid service providers. As reflected in our State Health IT Operational Plan and this application, HCA has and will continue to incorporate requirements for Managed Care Organizations to support their network providers in their use of interoperable Health IT. For example, our January 1, 2020 Managed Care Organizations contract includes requirements that Managed Care Organizations promote bi-directional behavioral and physical health integration through education, training, financial, and nonfinancial incentives to promote integrated care including the use of electronic health records, clinical data repository, decision support tools, client registries, data sharing, and other similar program innovations.

<sup>1</sup> See SMDL #18-011, "Opportunities to Design Innovative Service Delivery Systems for Adults with a Serious Mental Illness or Children with a Serious Emotional Disturbance." Available at <u>https://www.medicaid.gov/federal-policy-guidance/downloads/smd18011.pdf</u>.

Statement 2: Please confirm that your state's SUD Health IT Plan is aligned with the state's broader State Medicaid Health IT Plan and, if applicable, the state's Behavioral Health IT Plan. If this is not yet the case, please describe how this will be achieved and over what time period.	<ul> <li>Washington State's substance use disorder and mental health, Health IT Plans are aligned with and integrated into our State's Medicaid Health IT Plan.</li> <li>HCA's annual, calendar year 2020 Health IT plan can be found on HCA's website at: https://www.hca.wa.gov/about-hca/health-information-technology/washington-state-medicaid-hit-plan. Click on the 2020 Operational Plan.</li> <li>Tasks for the Health IT Plan for mental health Institute of Mental Disease Waiver are in rows 6-20. <ul> <li>Implementation of these tasks is contingent on funding.</li> <li>HCA's 2020 Health IT Operational Plan adds in the following financial mapping task:</li> <li>HCA (DBHR and Health Information Technology) will develop a financial map that identifies sources of funds (e.g., decision package, MMIS, CMS grants, Substance Abuse and Mental Health Service Administration Grants) to execute the health information technology/health information exchange activities required in the mental health information technology plan in the Mental Health Institute of Mental Disease Waiver.</li> <li>Know: HCA anticipates financial mapping will be an ongoing activity.</li> </ul> </li> <li>Tasks for the Health IT Plan for the substance use disorder institute of mental disease Waiver are in rows 21-30.</li> </ul>
Statement 3: Please confirm that the state intends to assess the applicability of standards referenced in the	The state intends to assess the applicability of standards referenced in the Interoperability Standards Advisory and 45 CFR 170 Subpart B and, based on that assessment, intends to include these standards as appropriate in subsequent iterations of the state's Medicaid Managed Care contracts and in the design, development, and implementation of health IT tools.
Interoperability Standards Advisory (ISA) <sup>2</sup> and 45 CFR 170 Subpart B and, based on that assessment, intends to include them as appropriate in	The state anticipates that (i) the assessment of the applicability of Interoperability Standards Advisory standards will be ongoing as these standards evolve and (ii) standards will be included in the state's Medicaid Managed Care contracts and in the design, development, and implementation of health IT tools as standards emerge and as gaps in our infrastructure are identified and can be addressed.
subsequent iterations of the state's Medicaid Managed Care contracts. The ISA outlines relevant standards including but	<ul> <li>For example, in our January 2020 Medicaid Managed Care Organization contract requirements:</li> <li>Managed Care Organization contractors are required to (i) support provider use of health information</li> </ul>

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not limited to the following areas: referrals, care plans, consent, privacy and security, data transport and encryption, notification, analytics and identity management.	technology/health information exchange tools and services including certified electronic health record Technology and (ii) develop policies and procedures for care coordination and care management services that encourage and support the use of health information technology and health information exchange technologies (e.g., certified electronic health records, existing statewide health information exchange and health information technology, and other technology solutions) to coordinate care across the care continuum including with entities that provide mental health, substance use disorder services, and oral health services.
	Managed Care Organization contractors are required to participate in a workgroup with HCA to explore the extent to which the health information technology infrastructure can be developed to support care coordination and continuity of care requirements.
	• As part of our 2020 Health IT Operational Plan we have included a task requiring:
	HCA and Managed Care Organization staff participate in a workgroup to identify, prioritize, and explore methods to address gaps in an interoperable health information technology infrastructure to support these services, including electronic care plans and closed loop referrals.
	We anticipate that this workgroup will include consideration of standards available via the Interoperability Standards Advisory.
	We anticipate that future Managed Care Organizations contract requirements will require the use ISA standards related to care plans and closed loop referral (as these standards emerge).
	• Managed Care Organization contractors are required to develop data exchange protocols (in accordance with applicable privacy laws, including HIPAA and 42 C.F.R. Part 2) including consent to release before initiating services with any subcontracted entity. Protocols must support integrated behavioral health-physical health coordination (including sharing of claims and pharmacy data, treatment plans or care plans, crisis plans) to coordinate service delivery, and care management for each enrollee.
	As reflected in our 2020 Health IT Operational Plan, HCA is supporting work as part of its Substance Use Disorder Institute of Mental Disease Waiver (leveraging funds available via the Partnership/SUPPORT Act) to specify requirements to enable the electronic exchange of information subject to 42 CFR Part 2 and will use available Health IT interoperability standards. Once these requirements are final and ready for widespread use, we anticipate that future Managed Care Organization contract language will incorporate the use of these

requirements.
• Managed Care Organization contractors are required to submit to HCA their "Population Health Management" Plans. Population Health Management Systems are defined in our Managed Care Organizations contract language as "health information technology and health information exchange technologies that are used at the point-of-care, and to support service delivery. Examples of health information technology tools include, but are not limited to, electronic health records, OneHealthPort clinical data repository, registries, analytics, decision support and reporting tools that support clinical decision-making and care management. The overarching goal of Population Health Management Systems is to expand interoperable health information technology and health information exchange infrastructure and tools so that relevant data (including clinical and claims data) can be captured, analyzed, and shared to support value-based purchasing models and care delivery redesign.
We anticipate that future Managed Care Organization contract requirements related to Population Health Management activities will require the use of specific Interoperability Standards Advisory standards.

<sup>2</sup> Available at <u>https://www.healthit.gov/isa/</u>.

#### Prompts

Summary

To assist states in their health IT efforts, CMS released <u>SMDL #16-003</u> which outlines enhanced federal funding opportunities available to states "for state expenditures on activities to promote health information exchange (HIE) and encourage the adoption of certified Electronic Health Record (EHR) technology by certain Medicaid providers." For more on the availability of this "HITECH funding," please contact your CMS Regional Operations Group contact.<sup>3</sup>

Enhanced administrative match may also be available under MITA 3.0 to help states establish crisis call centers to connect beneficiaries with mental health treatment and to develop technologies to link mobile crisis units to beneficiaries coping with serious mental health conditions. States may also coordinate access to outreach, referral, and assessment services—for behavioral health care--through an established "No Wrong Door System."<sup>4</sup>

<b>Closed Loop Referrals and e-Re</b>	ierrals (Section 1)
1.1 Closed loop referrals and e-	Current State:
referrals from physician/mental	1) # and/or % of Behavioral Health Providers who have adopted "Certified" EHRs (CEHRT-Certified
health provider to	EHR Technologies) and utilize it for e-referrals and or closed loop referrals.
physician/mental health provider	2) # and/or % of Behavioral Health Providers who utilize "Direct" secure messaging for e-referrals and or closed loop referrals
	3) # and/or % of Primary Care Providers who have adopted "Certified" EHRs (CEHRT-Certified EHR Technologies) that are utilizing it for e-referrals and or closed loop referrals with mental health providers
	4) <sup>#</sup> or % of Primary Care Providers who utilize "Direct" secure messaging for e-referrals and or closed loop referrals with Mental Health Providers
	<b>Behavioral Health Provider Survey:</b> As described in Assurance Statement #1 above, responses by behavioral health agencies (including those providing mental health services) to the 2019 Behavioral Health Provider survey raise questions about the relative extent of electronic health records/certified electronic health records adoption among these agencies and their use of electronic health records/certified electronic health records to support the behavioral health agencies' clinical operations and wider role in a health care ecosystem.
	As a result, the 2020 HCA Behavioral Health Provider survey will drill down on specific uses of the electronic health records by the behavioral health (including mental health) providers and gather information about specific functionality, use and exchange, including the use of electronic health records to record referrals, including closed loop referrals.

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	Responses to these questions will help us:
	<ul> <li>Target needed enhancements to electronic health record functionality required by the Mental Health Institute of Mental Disease Waiver; and</li> <li>Identify and make available supports for the use this functionality by behavioral health agencies that provide mental health services.</li> </ul>
	The HCA 2020 Health IT Operational Plan includes the following requirements (contingent on the availability of funds): Task 8-01: HCA staff will, based on a review of ACH submitted documents, consult with A Accountable Communities of Health to better understand some of the shared needs identified across several Accountable Communities of Health (e.g., shared care plans, population health management, closed loop referral); and identify activities and funding sources that could be leveraged to support sustainable shared health information technology/health information exchange needs and technical support for providers across Accountable Communities of Health.
	Task 8-02: Q1- Q4: HCA staff, in consultation with representatives from Accountable Communities of Health and their partnering providers (e.g., acute care, primary care, behavioral health, Federally Qualified Health Centers, jails) and other stakeholders will produce written descriptions of:
	<ul> <li>Emerging / best practices across communities to provide health information technology-enabled integrated person-level care, and</li> <li>Opportunities for shared /sustaining investments.</li> </ul>
	The paper will include descriptions of practices and opportunities to provide health information technology-enabled integrated person-level care including the use of e-consults and close-loop referral processes, shared care plans, and population health.
	Task 8-04: Q1-Q2: HCA health information technology section staff, in collaboration with Policy and DBHR staff, will engage Managed Care Organizations in a workgroup to:
	Identify how plans define: service coordination, care coordination services, care management, and complex care management services; and

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	• Identify, prioritize, and methods to address gaps in an interoperable health information technology infrastructure to support these services, including electronic care plans and closed loop referrals. HCA staff will summarize for the Medicaid Transformation Priorities Steering Committee gaps identified by the workgroup and suggested methods for addressing these gaps.
	Task 2-05: HCA staff will engage and collaborate with Accountable Communities of Health and Managed Care Organization representatives to identify:
	• Mechanisms that are being/could be used to support close loop referrals (e.g., digital health commons) and e-referrals (e.g., use of collective medical tools, including mental health providers' use of these tools and considerations that are needed to advance the use of these tools (including aligning with health IT standards to support interoperable exchange and standard implementation across the state).
	Future State:
	Contingent on the availability of funds, mental health providers in Washington State will pilot the use Health IT functionalities to support referrals in care, including closed loop referrals.
	Summary of Actions Needed:
	<ul> <li>HCA will conduct a survey in 2020 of behavioral health providers' adoption and use of certified electronic health records technologies including the use of this technology to support electronic referrals to and from physicians and mental health providers.</li> <li>The HCA/DBHR is leading the survey of behavioral health providers.</li> <li>Preliminary survey results will be published by July 2020.</li> </ul>
	<ul> <li>Contingent on the availability of funds, HCA will engage a contractor to support Tasks 8-01 and 8-02; and integrate information that emerges from Tasks 8-04 and 2-05 into written documents describing:         <ul> <li>Current practices and opportunities to support and advance the use of health information technology-enabled integrated person-level care including the use of e-consults and close-loop referral processes, interoperable care plans, and population health.</li> <li>The availability of standards in the Interoperability Standards Advisory to support interoperable exchange of this content.</li> </ul> </li> </ul>

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	<ul> <li>Opportunities for shared/sustaining investments.</li> </ul>
	<ul> <li>The HCA health information technology section will:         <ul> <li>Lead this work in collaboration with other HCA components, Managed Care Organizations, Accountable Communities of Health, technology vendors, and behavioral health and physical health providers; and</li> <li>Present the scope of work, progress reports, and recommendations to the (i) HCA Medicaid Steering Committee and (ii) Mental Health Institute of Mental Disease Waiver Workgroup.</li> </ul> </li> </ul>
	• Contingent on the availability of funds, a contract for this scope of work will be awarded in July and work will be completed in December 2020.
	<ul> <li>Contingent on the availability of funds, HCA will engage a contractor to specify requirements and design an open source FHIR-Based APIs for</li> <li>E-consults;</li> </ul>
	<ul> <li>Close-loop referral processes; and</li> <li>Interoperable care plans, including the identification of care team members (including mental health providers).</li> </ul>
	• Contingent on the availability of funds, a contract for this scope of work will be awarded in January 2021 and work will be completed in June 2021.
	<ul> <li>Contingent on the availability of funds, HCA will support pilots (including physicians and mental health providers) using the FHIR-Based APIs for:</li> <li>E-consults; and</li> </ul>
	<ul> <li>Close-loop referral processes: The pilot will include use of a FHIR-Based API to support electronic and closed loop referrals:</li> <li>Between physicians/mental health providers.</li> </ul>
	<ul> <li>From institution/hospital/clinic to physician/mental health provider.</li> <li>From physician/mental health provider to community-based supports.</li> <li>Care plans</li> </ul>
	• Contingent on the availability of funds, a contract for this scope of work will be awarded in March 2021 and work will be complete in December 2021.

<sup>3</sup> See SMDL #16-003, "Availability of HITECH Administrative Matching Funds to Help Professionals and Hospitals Eligible for Medicaid EHR Incentive Payments Connect to Other Medicaid Providers." Available at <u>https://www.medicaid.gov/federal-policy-guidance/downloads/smd16003.pdf</u>.

<sup>4</sup> Guidance for Administrative Claiming through the "No Wrong Door System" is available at <u>https://www.medicaid.gov/medicaid/finance/admin-claiming/no-wrong-door/index.html</u>.

1.2 Closed loop referrals and e- referrals from institution/hospital/clinic to	Current State:
physician/mental health provider	See Section 1.1.
	Future State:
	See Section 1.1.
	Summary of Actions Needed:
	See Section 1.1.
1.3 Closed loop referrals and e-	Current State:
referrals from physician/mental health provider to community based supports	See Section 1.1.
	Future State:
	See Section 1.1.

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	Summary of Actions Needed:
	See Section 1.1.
Electronic Care Plans and Medi	cal Records (Section 2)
2.1 The state and its providers can create and use an electronic	Current State:
care plan	Behavioral Health Provider Survey:
	As described in Assurance Statement #1 above, responses by behavioral health agencies (including those providing mental health services) to the 2019 Behavioral Health Provider survey raise questions about the relative extent of electronic health records/certified electronic health records adoption among these agencies and their use of electronic health records/certified electronic health records to support the behavioral health agencies' clinical operations and wider role in a healthcare ecosystem.
	As a result, the 2020 HCA Behavioral Health Provider survey will drill down on specific uses of the electronic health records by the behavioral health (including mental health) providers and gather information about specific functionality, use and exchange, including the use of electronic health records to create and use electronic interoperable care plans accessible by all relevant members of the care team, including mental health providers.
	Responses to these questions will help us:
	• Target needed enhancements to electronic health records functionality required by the Mental Health Institute of Mental Disease Waiver; and
	• Identify and make available supports for the use this functionality by behavioral health agencies that provide mental health services.
	The HCA 2020 Health IT Operational Plan includes the following requirements (contingent on the availability of funds):
	Task 2-06: Requires that the HCA health information technology section, in collaboration with other HCA staff, will gather information on use of electronic/interoperable care plans by behavioral health (including mental health), providers; collaborate and coordinate with Managed Care Organizations via a workgroup to develop a shared care plan template; and coordinate with Department of Corrections and jails to consider the need for and use of care plans between health care providers in jails/prisons and community-based health providers.

<ul> <li>Task 2-07: HCA/DBHR staff, in collaboration with other HCA staff, will:</li> <li>Identify best practice standards for transition planning from inpatient and residential care prior to discharge.</li> <li>Consider strategies to incentivize discharge outcomes that ensure housing stability.</li> <li>Advance recommendations to implement best practices for successful discharge planning.</li> </ul>
HCA Policy staff will explore opportunities to support information exchange on behalf of incarcerated persons 30 days prior to release.
<ul> <li>Health information technology section staff, in coordination with HCA Policy, DBHR, and data governance staff, will explore opportunities and approaches to support creation, exchange, and access of CCDs/other health records including: <ul> <li>From youth-oriented systems of care to and from adult systems of care; and</li> <li>On behalf of incarcerated persons, including: <ul> <li>Providing technical assistance to these providers regarding:</li> <li>The creation, exchange and access to CCDs via clinical data repository.</li> <li>View/download of the Problems, Medication, and Interventions (PAMI) report from the clinical data repository.</li> </ul> </li> <li>Access to clinical data repository/ Problems, Medication, and Interventions by health providers upon incarceration.</li> </ul> </li> </ul>
HCA/DBHR staff, in coordination with other HCA staff, will work to align the requirements in Task 2-07 in the Health IT Operational Plan with Managed Care Organization requirements, including in Sec. 14 of the Managed Care Organization Integrated Managed Care contract.
Managed Care Organization Requirements: Task 2-07 in the Health IT Operational Plan cross references several requirements in Sec. 14 of the Managed Care Organization Integrated Managed Care contract, including requirements that the MCO:
• Develop in collaboration agencies and systems transition plans to that identify enrollees' goals, objectives, and strategies to achieve goals as these individuals transition between systems of care;

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	• Complete the Uniform Discharge Tool reporting template for every individual discharging from a mental health inpatient setting hospital stay.
	• Coordinate with the behavioral health treatment agencies to ensure there is adequate coordination for enrollees transitioning between various levels of treatment services to ensure continuity of care (i.e., an enrollee receives timely and applicable follow-up services from ancillary referral agencies). This includes ensuring that discharge plans and facilitation to post-discharge services are documented in the enrollee's electronic health record.
	Task 2-09: Requires the HCA health information technology section to:
	• Contract to gather information on additional data sources including use/barriers/options to encourage use of electronic/interoperable care plans and electronic assessment/screening/ intake tools (among other requirements).
	Coordinate with Office of the National Coordinator for Health IT and CMS and other states to standardize
	<ul> <li>selected intake assessment and screening tools.</li> <li>Link standardized care plans and electronic assessment/screening/intake tools with health information technology standards.</li> </ul>
	<ul> <li>Create FHIR enabled interoperable tools for the exchange of care plans and electronic assessment/screening/intake tools.</li> </ul>
	• Pilot use of the FHIR-enabled interoperable care plans and electronic assessment/screening/intake tools.
	Task 8-01: HCA staff will, based on a review of Accountable Communities of Health submitted
	documents, consult with Accountable Communities of Health to better understand some of the shared
	needs identified across several Accountable Communities of Health (e.g., shared care plans, population
	health management, closed loop referral); and identify activities and funding sources that could be leveraged to support sustainable shared health information technology/health information exchange
	needs and technical support for providers across Accountable Communities of Health.
	Task 8-02: Q1- Q4: HCA staff, in consultation with representatives from Accountable Communities of Health and their partnering providers (e.g., acute care, primary care, behavioral health, federal qualified health centers, jails) and other stakeholders will produce written descriptions of:
	Best practices across communities to provide health information technology-enabled integrated person-level

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	Task 12-07: Requires that HCA, in collaboration with Accountable Communities of Health and providers, identify existing health information technology standards and interoperable care management tools that could be deployed in conjunction with the health information exchange and clinical data repository (e.g., consider: shared care planning,
	post-discharge care management for patients recently discharged from inpatient mental health facilities).
	Task 12-08: Requires HCA to develop a Discharge Summary API (for use by providers with limited technology adoption) and guidance that conforms to the Discharge Summary C-CDA specifications adopted for the 2015 version of certified electronic health records.
	Future State:
	Contingent on the availability of funds, mental health providers in Washington State will pilot use Health IT functionalities to support the:
	<ul> <li>Creation and use of electronic interoperable care plan accessible by all relevant members of the care team, including mental health providers including via the clinical data repository;</li> <li>Creation, exchange, and access of clinical data repository's/other health records via the clinical data repository.</li> <li>Creation and exchange interoperable discharge tools</li> </ul>
	Summary of Actions Needed:
	HCA will conduct a survey in 2020 of behavioral health providers' adoption and use of certified electronic health records technologies including the use of this technology to support electronic referrals to and from physicians and mental health providers.
	The HCA/DBHR is leading the survey of behavioral health providers.
	<ul> <li>Preliminary survey results will be published by July 2020.</li> <li>Contingent on the availability of funds, using the contractor to be identified for work referenced in Sec. 1 (Closed Loop Referrals and e-Referrals), HCA will engage this contractor to support Tasks 2-06 (in addition to Tasks 8-01 and 8-02; and Tasks 8-04) to incorporate into written document a description of:</li> </ul>
	<ul> <li>Current practices and opportunities to support and advance the use of health information technology- enabled integrated person-level care including the use of e-consults and close-loop referral processes, interoperable care plans, and population health.</li> <li>The description will include information on the opportunities and barriers to exchange</li> </ul>
	- The description with include information on the opportunities and barriers to exchange

interoperable care plans and other documents on behalf of incarcerated persons and
persons being released from incarceration, including the exchange of information 30 days prior to release from incarceration.
• The availability of standards in the Interoperability Standards Advisory to support interoperable
exchange of this content.
<ul> <li>Opportunities for shared/sustaining investment.</li> </ul>
Per Section 1 (Closed Loop Referrals and e-Referrals), and contingent on the availability of funds, the contract for this scope of work will be awarded in July and work will be complete in December 2020.
this scope of work will be awarded in sury and work will be complete in December 2020.
• Contingent on the availability of funds, HCA will engage a contractor to map the work flow of mental health providers related to:
• Completion of intake, screening, and assessment tools;
<ul> <li>Development of care plans;</li> </ul>
• Referrals for ancillary services; and
<ul> <li>Discharge/transition planning.</li> </ul>
• The workflow will highlight opportunities and barriers to the use of health IT to support interoperable exchange and re-use of this information within and across care providers.
• The HCA health information technology section, Policy, and DBHR staff will co-lead this work:
<ul> <li>In collaboration with other HCA components, Managed Care Organization, Accountable Communities of Health, technology vendors, and behavioral health and physical health providers; and</li> <li>Present the scope of work, progress reports, and recommendations to the (i) HCA Medicaid Steering Committee and (ii) Mental Health Institute of Mental Disease Waiver Workgroup.</li> </ul>
• Contingent on the availability of funds, a contract for this scope of work will be awarded in July and work will be complete in December 2020.
• Contingent on the availability of funds and the ability to leverage the expertise of Oregon Health Sciences University and activities underway via the Sec. 1003 Roadmap to Recovery grant, HCA will:

<ul> <li>Engage the Oregon Health Sciences University to identify best/promising practices to support transition planning prior to discharge on behalf of individuals transitioning from inpatient and residential care;</li> <li>Identify and advance recommendations to implement best practices for successful discharge planning as part of the Roadmap to Recovery produced under the Sec. 1003 grant.</li> </ul>
HCA, Clinical Quality and Care Transformation, in collaboration with DBHR staff, will lead this work. If needed, a contract for this scope of work will be awarded no later than September 2020 and will be complete by March 2021.
• Contingent on the availability of funds, HCA will engage a contractor to specify requirements for and design open source FHIR-based APIs that could be piloted using certified electronic health records for the exchange:
<ul> <li>Interoperable care plans, including the identification of care team members (including mental health providers); and</li> <li>Interoperable discharge summaries.</li> </ul>
Requirements will include the transmission and receipt of care plans and discharge summary documents to the clinical data repository, between providers using certified electronic health records (including members of the care team), and by providers to Managed Care Organizations.
The health information technology section will lead this work.
Contingent on the availability of funds a contract for this scope of work will be awarded in January 2021 and work will be complete in December 2021.
<ul> <li>Contingent on the availability of funds, HCA will support pilots using the FHIR-Based APIs to support the creation and electronic exchange of:         <ul> <li>Care plans</li> <li>Discharge summaries</li> </ul> </li> </ul>
• The pilot will include mental health providers:

2.2 E-plans of care are interoperable and accessible by all relevant members of the care team, including mental health providers	<ul> <li>Sending electronic interoperable care plans and discharge summaries to other providers, the clinical data repository, and Managed Care Organizations.</li> <li>Receiving interoperable care plans and discharge summaries from other providers.</li> <li>Sending interoperable care plans and discharge summaries to the clinical data repository.</li> <li>Viewing interoperable care plans and discharge summaries created by other providers in the clinical data repository.</li> <li>The health information technology section will lead this work.</li> <li>Contingent on the availability of funds a contract for this scope of work will be awarded in January 2021 and work will be complete in December 2021.</li> </ul> <i>Current State:</i> See description above in Sec. 2.1. <i>Summary of Actions Needed:</i> See description above in Sec. 2.1.
2.3 Medical records transition from youth-oriented systems of care to the adult behavioral health system through electronic	Current State: See description above in Sec. 2.1.

Medicaid Section 1115 SMI/SED Demonstration Implementation Plan

Washington State Medicaid Transformation Project

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communications	Future State:
	See description above in Sec. 2.1.
	Summary of Actions Needed:
	See description above in Sec. 2.1.
2.4 Electronic care plans transition from youth-oriented	Current State:
systems of care to the adult behavioral health system through	See description above in Sec. 2.1.
electronic communications	
	Future State:
	See description above in Sec. 2.1.
	Summary of Actions Needed:
	See description above in Sec. 2.1.
2.5 Transitions of care and other community supports are accessed	Current State:
and supported through electronic communications	See description above in Sec. 2.1.
	Future State:
	See description above in Sec. 2.1.

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	Summary of Actions Needed:
	See description above in Sec. 2.1.
Consent - E-Consent (42 CFR Pa	art 2/HIPAA) (Section 3)
3.1 Individual consent is electronically captured and accessible to patients and all	Current State:
members of the care team, as	Beginning in 2018:
applicable, to ensure seamless sharing of sensitive health care information to all relevant parties consistent with applicable law and regulations (e.g., HIPAA, 42	• HCA sponsored an environmental scan to identify states and communities that had deployed electronic consent management solutions intended to support the exchange of information subject to 42 CFR Part 2; and
CFR part 2 and state laws)	• Whether these solutions incorporated the use of health IT standards to support the exchange of this sensitive information.
	• HCA led a public-private substance use disorder workgroup that assisted in the development and publication of "Sharing Substance Use Disorder Information: A Guide for Washington State". The guide helps clarify the applicable federal regulations and law (e.g., HIPAA and 42 CFR Part 2) and includes additional provider and patient resources, such as a sample paper consent form.
	• In addition, HCA started work to specify the requirements that an electronic consent management solution would need to support to comply with 42 CFR Part 2 requirements.
	The HCA 2020 Health IT Operational Plan includes the following requirements:
	Task 2.08: HCA health information technology section is required to:
	• Enter into contracts to support:
	• Development of technical assistance materials for substance use disorder and mental health providers re: privacy requirements (related to 42 CFR Part 2).

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	• Substance use disorder provider workflow related to consent.
	• Vendor procurement and system development for consent management solution.
	• Pilot an electronic consent management solution.
	• Seek continued funding to expand consent management past pilot.
	Task 3-09: Beginning in Q3 - Q4, the HCA health information technology section is required to: develop and pilot an electronic consent management solution that can be used to support the exchange of information subject to 42 CFR Part 2 and allow for the appropriate re-disclosure of this information.
	Task 14-01: Requires that HCA continue conversations with Tribal partners and the American Indian Health Commission on the value of health information exchange including how the technical solution to be deployed for consent management could be extended to protect tribal member's health information in the clinical data repository.
	<ul> <li>In 2020, leveraging federal funds available through the Partnership/SUPPORT Act, HCA contracted for work that includes:</li> <li>Development and implementation of technical assistance materials for providers regarding requirements related to the consent and sharing of information subject to 42 CFR Part 2:</li> <li>Completion of the requirement specifications for an electronic consent management solution that supports information exchange in compliance with 42 CFR Part 2; and Solicitation of a request for proposal for an electronic consent management solution.</li> </ul>
	Future State:
	Contingent on the availability of funds, mental health providers in Washington State who treat individuals with substance use disorders and are subject to the requirements of 42 CFR Part2 will pilot the:
	<ul> <li>Exchange protected information in compliance with 42 CFR Part 2; and</li> <li>Use an electronic consent management tool that supports the exchange protected information in compliance with 42 CFR Part 2.</li> </ul>

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	Summary of Actions Needed:
	Contingent on the availability of funds, HCA will:
	• Develop/acquire an electronic consent management solution that support the exchange of protected information in compliance with 42 CFR Part 2; and
	• Pilot the use of an electronic consent management solution, including by mental health providers who treat persons with substance use disorders and are subject to 42 CFR Part 2 requirements.
Interoperability in Assessment D	Data (Section 4)
4.1 Intake, assessment and screening tools are part of a structured data capture process	Current State:
so that this information is interoperable with the rest of the HIT ecosystem	<b>Behavioral Health Provider Survey:</b> As described in Assurance Statement #1 above, responses by behavioral health agencies (including those providing mental health services) to the 2019 Behavioral Health Provider survey raise questions about the relative extent of electronic health records/certified electronic health records adoption among these agencies and their use of electronic health records/certified electronic health records to support the behavioral health agencies' clinical operations and wider role in a healthcare ecosystem.
	As a result, the 2020 HCA Behavioral Health Provider survey will drill down on specific uses of the electronic health records by the behavioral health (including mental health) providers and gather information about specific functionality, use and exchange, including the use of electronic health records to record intake, assessment, and screening information including whether that information is interoperable with other health information technology systems.
	Responses to these questions will help us:
	<ul> <li>Target needed enhancements to electronic health records functionality required by the Mental Health Institute of Mental Disease Waiver; and</li> <li>Identify and make available supports for the use this functionality by behavioral health agencies that provide</li> </ul>
	mental health services. The HCA 2020 Health IT Operational Plan includes the following requirements (contingent on the availability of funds):
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	Task 2-09: Requires the HIT Section:
	<ul> <li>Contract to gather information on additional data sources including use/barriers/options to encourage use of electronic/interoperable care plans and electronic assessment/screening/intake tools (among other requirements).</li> <li>Coordinate with Office of the National Coordinator for Health IT, CMS and other states to standardize selected intake, assessment and screening tools.</li> <li>Link standardized care plans and electronic assessment/screening/intake tools with health information technology standards.</li> <li>Create FHIR enabled interoperable tools for the exchange of care plans and electronic assessment/screening/intake tools.</li> </ul>
	• Pilot use of the FHIR-enabled interoperable care plans and electronic assessment/screening/intake tools.
	Task 12-05: Requires the HCA health information technology section to design and develop four use cases for providers/entities with limited health information technology/electronic health records technology to
	• Create and;
	• Transmit and/or;
	• Download information to/from the clinical data repository.
	Initial use case may focus on health action plans. If additional funds become available, use cases could focus on discharge plans/assessment, screening and intake tools.
	Managed Care Organization Requirements:
	The January 2020 Managed Care Organization requirements include several requirements related intake, screening, and assessment applicable to behavioral health providers including (but not limited to) the following sections of the Integrated Managed Care Plan:
	• Sec. 9.5 Health Care Provider Subcontracts;
	• Sec. 9.7 Administrative Functions with Subcontractors and Subsidiaries (changed in Sec. 9.8 effective July 1, 2020);
	<ul> <li>Sec. 9.11 Provider Education (changed in Sec. 9.12 effective July 1, 2020);</li> </ul>
	• Sec. 9.16 Behavioral Health Administrative Service Organization (BH-ASO) (changed to 917 effective July 1,

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	<ul> <li>2020);</li> <li>Sec. 14.3 Population Health Management: Identification and Triage;</li> <li>Sec. 14.5 Bi-Directional Behavioral and Physical Health Integration;</li> <li>Sec. 14.6 Care Coordination Services (CCS);</li> <li>Sec. 14.13 Children's Long-Term Care Inpatient Program;</li> <li>Sec. 17.1 Contract Services.</li> </ul>
	Future State:
	Contingent on the availability of funds, mental health providers in Washington State will pilot use of health IT functionalities to record interoperable intake, assessment, and screening information.
	Summary of Actions Needed:
	• HCA will conduct a survey in 2020 of behavioral health providers' adoption and use of c certified electronic health records technologies including the use of this technology to support electronic and interoperable intake, assessment and screening tools.
	• HCA/DBHR is leading the survey of behavioral health providers.
	• Preliminary survey results will be published by July 2020.
	• Contingent on the availability of funds, HCA will engage a contractor to support work required in the Health IT Operational Plan Tasks 2-06 and 12.05. Specifically, this contractor will:
	<ul> <li>Gather information (from mental health providers, Managed Care Organizations, and technology vendors) and produce a written description of:</li> </ul>
	<ul> <li>Assessment, screening, and intake tools that are commonly used by mental health providers and/or required (e.g., by Managed Care Organizations) in Washington State; and</li> <li>Whether any of these tools are electronic, included in electronic health records, and</li> </ul>

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	interoperable with other Health IT systems (i.e., incorporate standards from the Interoperability Standards Advisory).
	<ul> <li>If needed, and in consultation with HCA, create a framework for prioritizing which intake, assessment and screening tools should be made electronic and linked with health IT standards (including FHIR). For example, the framework would take into account intake, assessment and screening tools:</li> </ul>
	<ul> <li>Used for different populations and conditions (including for patients experiencing their first episode of psychosis);</li> </ul>
	<ul> <li>That are required to be used in Washington State;</li> </ul>
	<ul> <li>That are freely available for use (e.g., open source);</li> </ul>
	<ul> <li>That are electronic;</li> </ul>
	<ul> <li>That have been (at least partially) linked to health IT standards;</li> </ul>
	<ul> <li>That other states that have received a Mental Health Institute of Mental Disease Waiver are</li> </ul>
	seeking to advance.
	The HCA health information technology and DBHR sections will co-lead this work and present the scope of work, progress reports, and recommendations to the (i) HCA Medicaid Steering Committee and (ii) Mental Health Institute of Mental Disease Waiver workgroup.
	• Contingent on the availability of funds, a contract for this scope of work will be awarded in July and work will be complete in December 2020.
	• Contingent on the availability of funds, by February 2021, the Steering Committee and the Mental Health Institute of Mental Disease Waiver workgroup will collectively determine which intake, screening, and assessment tools will be linked with health IT standards to support interoperable exchange and re-use.
	• Based on decisions made by the Medicaid Steering Committee and Mental Health Institute of Mental Disease Waiver workgroup and contingent on the availability of funds, HCA will engage a contractor to:
	• Specify requirements and design open source FHIR-Based APIs that could be implemented using certified electronic health records for the exchange intake, screening, and assessment tools; and

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	<ul> <li>Support pilots that include mental health providers using the FHIR-Based APIs to support the creation and exchange of intake, screening, and assessment tools.</li> </ul>
	The HCA health information technology section will lead this work.
	• Contingent on the availability of funds, a contract for this scope of work will be awarded in March 2021 and work will be complete in December 2021.
	• The HCA health information technology section will present the scope of work, progress reports, and recommendations to the HCA Medicaid Steering Committee and the Mental Health Institute of Mental Disease Waiver workgroup.
Electronic Office Visits – Telehe	alth (Section 5)
5.1 Telehealth technologies support collaborative care by facilitating broader availability	Current State:
of integrated mental health care	The 2020 Health IT Operational Plan includes the following task:
and primary care	Task 2.10: The State will complete the following:
	• HCA, Policy and the health information technology section will explore:
	<ul> <li>Medicaid Managed Care coverage and payment policies regarding telehealth.</li> <li>Activities being undertaken by the University of Washington related to telehealth to identify whether there are gaps that need to be filled and options for addressing these gaps.</li> </ul>
	HCA Clinical Quality and Care Transformation Clinical Policy staff will leverage and analyze information emerging via the following workgroups to help inform telehealth coverage policies to support access to high quality services:
	<ul> <li>National Academy for State Health Policy (NASHP) convened a Telehealth Affinity Group of policymakers and stakeholders to learn about the Patient Centered Outcomes Research Institute (PCORI)'s emerging telehealth research and explore associated policy challenges and solutions.</li> <li>MED Telehealth workgroup (a forum for state agencies) to discuss telehealth issues facing Medicaidprograms including coverage policies, utilization, expenditures, patient privacy and security, and patient outcomes. The workgroup also explores best practices and evidence related to telehealth and monitors emerging telehealth</li> </ul>

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	advancements that may be relevant to Medicaid agencies.
	<ul> <li>Identify, disseminate, and promote information on telehealth, including grant opportunities</li> </ul>
	HCA Clinical Quality and Care Transformation is recruiting a Behavioral Health Telehealth Program Manager who will
	be responsible for:
	• Drafting policy guidance about the telehealth technology landscape with a focus on the needs of the behavioral healthcare system.
	• Reviewing best practice models of telehealth services related to behavioral health care within and outside of Washington State to evaluate effective methods of telehealth clinical consultation and evaluation.
	• Consulting with representatives from state agencies, payers, provider and other service organizations to identify opportunities and barriers to use, coverage, and payment of telehealth services on behalf of children and adults with behavioral health needs.
	• Exploring Medicaid managed care coverage and payment policies regarding telehealth.
	<ul> <li>Participating in the National Academy of State Health Policy and other similar telehealth workgroups.</li> </ul>
	<ul> <li>Identifying, defining, and developing possible funding sources to support existing and planned telehealth initiatives.</li> </ul>
	<ul> <li>Providing a road map for future planning for telehealth implementation within substance use disorder treatment and behavioral healthcare settings.</li> </ul>
	Future State:
	By July 2021, HCA will:
	<ul> <li>Provide policy guidance about the use tele-behavioral health technology in Washington State.</li> <li>Include in Managed Care Organization contract language examples of when tele-behavioral technologies could be used to support the integration of physical and mental health services.</li> </ul>

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	Summary of Actions Needed:
	Beginning in April 2020, the HCA Clinical Quality and Care Transformation Behavioral Health Telehealth Program Manager will lead, in collaboration with other HCA Sections (e.g., health information technology, Medicaid Program Operations and Integrity), the development of a tele-behavioral health landscape assessment.
	By December 2020, the HCA Clinical Quality and Care Transformation will draft policy guidance about the tele- behavioral health technology in Washington State.
	By April 2021, HCA will publicly disseminate policy guidance about the tele-behavioral health technology in Washington State.
	By January 2021, the HCA Clinical Quality and Care Transformation will submit draft Managed Care Organization contract language that includes examples of when tele-behavioral technologies could be used to support the integration of physical and mental health services. This language will be integrated into Managed Care Organization contract requirements effective July 1, 2021.
Alerting/Analytics (Section 6)	
6.1 The state can identify patients that are at risk for	Current State:
discontinuing engagement in their treatment, or have stopped engagement in their treatment, and can notify their care teams in order to ensure treatment	Managed Care Organization Contract Provisions: Include the several requirements related to supporting the continuity of care including as individuals transition between care settings, ensuring the delivery of needed services and referrals, addressing the needs for persons at risk of rehospitalization, and provider responsibilities if the individual discontinues treatment. Some of these requirements are listed below:
continues or resumes (Note: research shows that 50% of	14 Care Coordination
patients stop engaging after 6 months of treatment <sup>5</sup> )	14.1 Continuity of Care The Contractor shall ensure Continuity of Care for Enrollees in an active course of treatment for a chronic or acute physical or behavioral health condition The Contractor shall ensure medically necessary care for Enrollees is not interrupted and transitions from one setting or level of care to another are supported with a continuity of care period that is no less than ninety (90) days for all new Enrollees.
	14.1.8 The Contractor shall provide for the smooth transition of care for Enrollees who lose Medicaid eligibility while hospitalized in behavioral health inpatient or residential treatment facilities or while incarcerated or in

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	homeless shelters. The Contractor shall include protocols for coordination with the BH-ASO to facilitate referral for state funded or federal block grant services, when such funds are available, in order to maintain Continuity of
	Care.
	14.6 Care Coordination Services (including):
	14.6.6 The Care Coordinator is responsible for:
	14.6.6.1 Conducting IHS [Initial Health Screen] or collecting IHS data from providers, to assess Enrollees for unmet health care or social service needs;
	14.6.6.2 Communicating utilization patterns to providers and ensuring action by the provider on under or over-utilization patterns requiring action;
	14.6.6.3 Ensuring clinical and social service referrals are made to meet identified Enrollee health and community service needs;
	14.6.6.4 Ensuring referrals are made and services are delivered, including any follow-up action; 14.6.6.6 Ensuring collaboration with the regional Behavioral Health Administrative Services Organization (BH-ASO), including developing processes to ensure an Enrollee is followed up with within seven (7) calendar days of when the Enrollee has received crisis services.
	Section. 14.17:Transitional Services
	14.17.1 The Contractor shall ensure transitional services described in this Section are provided to all Enrollees who are transferring from one care setting to another or one level of care to another.
	14.17.3.1 Development of an individual Enrollee plan to mitigate the risk for re-institutionalization, re- hospitalization or treatment recidivism to include:
	14.17.3.1.1 Information that supports discharge care needs, Medication Management, interventions to ensure follow-up appointments are attended, and follow-up for self-management of the Enrollee's chronic or acute
	conditions, including information on when to seek medical care and emergency care. Formal or informal caregivers shall be included in this process when requested by the Enrollee;
	14.17.3.1.2 A written discharge plan, including scheduled follow-up appointments, provided to the Enrollee
	and all treating providers; 14.17.3.1.3 Systematic follow-up protocol to ensure timely access to follow-up care post discharge and to
	14.17.3.1.3 Systematic follow-up protocol to ensure timely access to follow-up care post discharge and to identify and re-engage Enrollees who do not receive post discharge care;
	14.17.3.1.4 Organized post-discharge services, such as home care services, after-treatment services, and
	occupational and physical therapy services;
	14.17.3.1.5 Telephonic reinforcement of the discharge plan and problem-solving two (2) to three (3) business
	days following Enrollee discharge;
	14.17.3.1.6 Information on what to do if a problem arises following discharge;

For Enrollees at high risk of re-hospitalization, a visit by the PCP or Care Coordinator at the 14.17.3.1.7 Facility before discharge to coordinate transition; For Enrollees at high risk of re-hospitalization, the Contractor shall ensure the Enrollee has an 14.17.3.1.9 in- person assessment by the Enrollee's PCP or Care Coordinator for post-discharge support within seven (7) calendar days of hospital discharge. The assessment must include follow-up of: discharge instructions, assessment of environmental safety issues, medication reconciliation, an assessment of support network adequacy and services, and linkage of the Enrollee to appropriate referrals; Scheduled outpatient Behavioral Health and/or primary care visits within seven (7) calendar days 14.17.3.1.10 of discharge and/or physical or mental health home health care services delivered within seven (7) calendar days of discharge; Follow-up to ensure the Enrollee saw his/her provider; and 14.17.3.1.11 14.17.3.1.12 Planning that actively includes the patient and family caregivers and support network in assessing needs. 14.17.5.3 If the Enrollee discontinues services, the Subcontractor will document as such and attempt to facilitate transition back into the community. 14.17.5.4 If a behavioral health treatment agency discontinues treatment of an Enrollee, the agency must meet all discharge requirements noted in subsections 14.17.5.2 and 14.17.5 above. In addition, MCO contract provisions include the several requirements related to the development and use of Population Health Management Plans and Interventions. 14.2 Population Health Management: Plan The Contractor shall develop a plan to address Enrollee needs across the continuum of care, and ensure services are coordinated for all Enrollees. The plan shall be reviewed by HCA during the annual monitoring review. The Population Health Management plan shall include at a minimum the following focus areas: 14.2.1 Keeping Enrollees healthy; 14.2.2 Managing Enrollees with emerging risk; 14.2.3 Enrollee safety and outcomes across settings; 14.2.4 Managing multiple chronic conditions; and 14.2.5 Managing individuals with multiple service providers (e.g., physical health and behavioral health). The Contractor's Population Health Management plan shall establish methods to identify targeted populations for each focus area and include interventions that meet the requirements of NCQA and the subsections below. The Contractor's Population Health Management plan shall take into account available and needed: (i) data and

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	analytic infrastructure, (ii) HIT and HIE infrastructure and tool, and (iii) other resources needed to support population health management activities.
	<ul> <li>14.3 Population Health Management: Identification and Triage</li> <li>14.3.6 The Contractor will risk stratify the population to determine the level of intervention enrollees require.</li> <li>14.4 Population Health Management: Interventions <ul> <li>14.4.1 The Contractor shall work with providers to achieve population health management goals, and shall provide PCPs with clinical information about their patients to improve their care.</li> <li>14.4.1.1 The Contractor shall make clinical decision support tools available to providers for use at the point of care that follow evidence-based guidelines for:</li> <li>14.4.1.1.1 Behavioral health conditions.</li> <li>14.4.1.1.2 Chronic medical conditions.</li> <li>14.4.1.1.3 Acute conditions.</li> <li>14.4.1.1.4 Unhealthy behaviors.</li> <li>14.4.1.1.5 Wellness.</li> <li>14.4.1.1.6 Overuse/appropriateness issues.</li> </ul> </li> </ul>
	<i>Future State:</i> MCO contract language will be refined to enhance the identification of and interventions for persons at risk of discontinuing treatment.
	Contingent on the availability of funds, a closed loop referral tool will be available for piloting by mental health providers. (See Section #1.)

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	Summary of Actions Needed:
	HCA/DBHR staff will lead a workgroup to identify methods to reduce the risk of patients discontinuing/stopping treatment. The workgroup will include HCA staff (i.e., staff from HCA Clinical Quality and Care Transformation (including clinical; analytics research and measurement; and health information technology, and Medicaid Program Operations and Integrity staff). The workgroup will:
	• Take into account the written documents and closed loop referral tool developed under Section 1 (Closed Loop Referrals and e-Referrals).
	• Consider whether and if so, how Managed Care Organization Population Health Management Plans, identification, and interventions could be enhanced to identify and intervene on behalf of individuals at risk discontinuing/stopping treatment.
	Consider other needed enhancements to Managed Care Organization contract language to better identify patients at risk for discontinuing or stopping treatment, and intervene on behalf of these individuals (including notifying their care teams to ensure continuation or resumption of treatment).
	The workgroup will convene beginning in September 2020, develop a charter describing the scope and focus of its activities, and develop recommendations to enhance the identification of and interventions for persons at risk of discontinuing treatment.
	The workgroup will present its charter, progress reports, and recommendations to the:
	HCA/DBHR leadership;
	HCA Medicaid Steering Committee; and;
	Mental Health Institute of Mental Disease Waiver Workgroup.
	• Enhancements to Managed Care Organizations contract language will be advanced in January and September 2021.

<sup>&</sup>lt;sup>5</sup> Interdepartmental Serious Mental Illness Coordinating Committee. (2017). *The Way Forward: Federal Action for a System That Works for All People Living With SMI and SED and Their Families and Caregivers*. Retrieved from\_ https://www.samhsa.gov/sites/default/files/programs\_campaigns/ismicc\_2017\_report\_to\_congress.pdf

6.2 Health IT is being used to	Current State:
advance the care coordination	
workflow for patients	Evidence-based Specialty Care Programs: Early Identification and Intervention for Individuals Experiencing
experiencing their first episode	Psychosis:
of psychosis	The state recently increased funding to develop a statewide plan to implement evidence-based specialty care programs that provide early identification and intervention for individuals experiencing psychosis. This includes funding to increase the number of teams providing these services from five to ten by October 1, 2020.
	New Journeys:
	New Journeys. New Journeys is a collaborative effort of HCA (The State Medicaid Agency and Mental Health Authority), the University of Washington, and Washington State University. New Journeys is a program focusing on first episode psychosis.
	The 2020 Health IT Operational Plan requires that the State complete the following:
	<ul> <li>The 2020 Health IT Operational Plan requires that the State complete the following:</li> <li>The health information technology section, Policy, and Medicaid Program Operations and Integrity will collaborate to identify health IT/health information exchange tools that could support care coordination workflow of HCA, payers, and providers and options for developing needed tools; and</li> <li>The health information technology section and DBHR will identify the providers involved in caring for persons experiencing their first episode of psychosis, the workflow involved, and the technical tools needed to support care coordination on behalf of these individuals.</li> </ul>
	Future State:
	Contingent on the availability of funds, mental health providers providing services to persons experiencing their first episode of psychosis will pilot health IT tools that support:
	Interoperable intake, screenings, and assessments;     Electronic on Linteroperable screenings, and assessments;
	Electronic and interoperable care plans; and     Evaluated because formula
	• E-closed loop referrals.
	See Sections 1, 2, and 4 above.
	See Sections 1, 2, and 4 above.

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	Summary of Actions Needed: See Sections 1, 2, and 4 above.
	HCA staff (DBHR, health information technology section, Policy, and Medicaid Program Operations and Integrity) and staff from the University of Washington and Washington State University will collaborate to identify any additional health IT/health information exchange tools that could support caring for and care coordination on behalf of persons experiencing their first episode of psychosis. DBHR staff will take the lead in initiating these conversations, no later than September 2020.
	If additional health IT tools are identified as needed, in January 2021, HCA/DBHR will present recommendations to:
	<ul> <li>DBHR leadership;</li> <li>HCA Medicaid Steering Committee; and</li> <li>Mental Health Institute of Mental Disease Waiver Workgroup.</li> </ul>
Identity Management (Section 7	
7.1 As appropriate and needed, the care team has the ability to tag or link a child's electronic	Current State:
medical records with their respective parent/caretaker medical records	Currently, the state is in the planning phase to create a multi-agency master person index that will facilitate identity management across multiple agencies and programs. The state's health and human service agencies (Department of Health, Department of Social and Health Services, Health Care Authority, Department of Children, Youth and Families and the Health Benefit Exchange) are partnering to pursue this effort. We are currently in the planning phase and are working to develop a proof of concept and a roadmap for implementation

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_	Future State:								
	Contingent on funding, technical solutions to match a child's electronic medical records to a parent's electronic medical records, the use of an agency master person index, and implementation of needed data governance policies; the state envisions a future where a child's and parent's electronic medical records could be linked to provide safe and efficient care.								
	Summary of Actions Needed:								
	The following high-level deliverables will be needed to achieve the stated goal of tag or linking a child's medical records with their respective parent/caretaker's medical record:								
	<ul> <li>Issue a request for proposal for master person index expert consultants to develop a roadmap.</li> <li>Develop implementation roadmap.</li> <li>Identify funding sources for implementation.</li> </ul>								
	<ul> <li>Establish system and data governance processes.</li> <li>If necessary, procure tools to implement the identified solution.</li> </ul>								
	<ul> <li>Implement the identified solution per the guidance of the master person index roadmap.</li> </ul>								
	• Connect electronic health record or other health information technology to the master person index via FHIR transactions.								
7.2 Electronic medical records	Current State:								
capture all episodes of care, and are linked to the correct patient	The state continues to support and expand the use of and content in the statewide clinical data repository.								
	The state is exploring the feasibility of a statewide electronic health record/rural HER particularly for providers that do not have/use certified electronic health records (e.g., behavioral health providers).								
	As described above, contingent on funding, the state is supporting enhancements to its Health IT information infrastructure that will support the capture of additional clinical information and work to develop and use a master person index.								

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	Future State:
	Contingent on funding, the state envisions a future where information across all episodes of care is linked to the correct patient and available when and where needed to support and improve service delivery at the point of care.
	Summary of Actions Needed:
	See actions needed described above.

#### Section 3: Relevant documents

Please provide any additional documentation or information that the state deems relevant to successful execution of the implementation plan. This information is not meant as a substitute for the information provided in response to the prompts outlined in Section 2. Instead, material submitted as attachments should support those responses.

HCA 2020 Health IT Operational Plan: <u>https://www.hca.wa.gov/about-hca/health-information-technology/washington-state-medicaid-hit-plan</u> (Click on the 2020 Operational Plan.)

Draft 2020 Behavioral Health Provider Survey (BHPS) questionnaire "Sharing Substance Use Disorder Information: A Guide for Washington State" <u>https://www.hca.wa.gov/assets/billers-and-providers/60-0015-sharing-substance-use-disorder-information-guide.pdf</u>

This template is being finalized for review and approval by OMB through the Paperwork Reduction Act (PRA). Until such time, its use is optional, although it conveys the nature and extent of implementation information that CMS is seeking on SMI/SED demonstrations. When this template is OMB approved, then the state will be required to use it.

#### Attachment O: SMI Monitoring Protocol

ing Protocol (Part A) - Planned metrics (Version 2.0) Washington Washington Medicaid Section 1115 SMI/SEI State

ation Name . State Medicaid Transformation Project (MTP) I

Serious Mental Illness/Serious Emotional Disturbance (SMI/SED) Planned Metrics Two rates will be reported for this measure: 1.308-2: Patients who screened positive for unhealthy alcohol use who received or refused a brief intervention during the hospital stay. 2.508-2a: Patients who received the brief intervention during the hospital stay. SUD Screening of Beneficiaries Admitted to Psychiatric Hospitals or Residential Treatment Settings (SUB-2) Established quality Annual metrics that are an established quality Medical record measure measure review or claims Méstore 1 Annually Recommended N Percentage of children and adolescents ages 1 to 17 who had a new prescription for an antipsychotic medication and had documentation of psychosocial care as first-line Annual metrics that are an established quality Claims Established quality Jue of First-Line Psychosocial Care for Children and Adolescents on Antipsychotics (APP-CH) 01/01/2020 12/31/2020 Annually Remained Increase Increase Y DY1Q3 See Attachment A for requested reporting schedule II-cause ED visits per 1,000 beneficiary months among adult Medicaid age 18 and older who meet the eligibility criteria of beneficiaries with SMI. 01/01/2020 Annually Decrease Decrease DY1Q3 See Attachment A for requested reporting schedul The rate of unplanned, 3D day, readmission for demonstration beneficiaries with a primary discharge diagnostic of a psychiatric disorder or demonsta/Abheimer's disease. Th measurement gend sued to identify cases in the measure population is 12 months from January 1 through December 31. 01/01/2020 12/31/2020 DY103 Annually See Attachment A for requested reporting schedul Answay reverse processor 11. Percentage of patients when A designated prior to admission (PA) indication hat was generated by offeneric groups of the administration and PA mediations and for shalls add PA mediations have a decomment executionization shared for the administration. In means a masses whether prochains patients advected to an equation program of other for many of the masses and whether prochains patients advected to the shared advected to the for many of the masses and whether prochains patients advected to the shared advected to the for many of the masses and method to the shared advected to Year Annually Recommended N lation Upon Admission 01/01/2019 12/31/2020 Y DY103 See Attachment A for requested reporting schedule Y neuronaume.... Percentage of discharges for children ages 6 to 17 who were hospitalized for treatment of selected mental illness or intentional self-harm diagnoses and who had a follow-up visit with a mental health practitioner. Two rates are reported: • Percentage of discharges for which the child received follow-up within 30 days after Milestone 2 Annual metrics that are an established quality Claims 01/01/2020 Year Annually Remained Increase Increase 00103 See Attachment & for requested reporting schedul discharge • Percentage of discharges for which the child received follow-up within 7 days after discharge ercentage of discharges for beneficiaries age 18 years and older who were hospitalized or treatment of selected mental liness diamones or intentional self-harm and who had a ation for Mental Illensa. Key 1 For Invariant et anicated mental Illensa diagnoss or intentional with Aum and who bud a follow op with all mental half bud automations. There are an intentional after discharges for which the bareefeary mentered follow-op within 20 days. Male after discharges for which the bareefeary mentered follow-op within 20 days at the second discharges for which the bareefeary mentered follow-op within 70 days after discharges. Annual metrics that are an established quality Claims 01/01/2020 -12/31/2020 DY1Q3 Proceedings of energiency department (EG) with for beneficiaries age 11 and older with a primary diregonia of abability of their edge (UCC) about department with the 4 follow-op the UCC object or experiment. There is an expension: experiment of the send disary resulted \* Proceedings of 20 with for XOO board or departments for which the beneficiary resulted (Bridows quitthe 2 days) of the ED with \* Proceedings of 20 with for XOO board or departments for which the beneficiary resulted follows quitthe 2 days of the ED with \* Proceedings of 20 with for XOO board or departments for which the beneficiary resulted follows quitthe 2 days of the ED with \* Proceedings of 10 with for XOO board days of departments for which the beneficiary resulted follows quitthe 2 days of the ED with the XOO of the XOO board of the ED with the XOO of the XOO board of the ED with the XOO of the XOO board of the ED with the XOO of the XOO of the XOO board the XOO of the XOO of the XOO board the XOO of the XOO board the XOO of the XOO board the XOO of the XOO of the XOO board the XOO of th Follow-up After Emergency Dep +--d Other Drug Abuse (FUA-AD) Established quality nent Visit for Alcohol etrics that are shed quality Claims 01/01/2020 12/31/2020 Year Annually Required Y Y DY103 See Attachment A for requested reporting schedule Percentage of emergency department (ED) visits for beneficiaries age 18 and older with a primary diagnosis of mental illness or intentional self-harm and who had a follow-up visit for mental illness. Two rates are reported: for mental liness. Two rates are reported: • Percentrage of ED with for mental lines for which the beneficiary received follow-up within 30 days of the ED with • Percentrage of ED with for mental lines for which the beneficiary received follow-up within 7.4 and with 27 waits Follow-Up After Emergency Department Visit for Mental Eliness (FUM-AD) Established quality rics that are red quality Claims 01/01/2020 12/31/2020 Y Required DY103 ment A for requested reporting schedul Annually iulcide or Overdose Death Within 7 and 30 Days of Number of suicide or overdose deaths among Medicald beneficiaries with SMI or SED within 7 and 3D days of discharge from an inpatient facility or residential stay for mental bealth. Succide or Overdose Death Within 7 and 30 Days of Discharge From an Inpatient Fladity or Residential Treatment for Mental Health Arrong Beneficiaries With Mill or 520 Count) Succide or Overdose Death Within 7 and 30 Days of Discharge From an Inpatient Fladity or Residential Treatment for Mental Health Arrong Beneficiaries With Menor MID (note) State data on cause of death CMS-com Other annual metrics Rate of suicide or overdose deaths among Medicaid beneficiantes with SMI or SED within 7 and 30 days of discharge from an inpatient facility or residential stay for mental health. Milestone 2 State data on cause of death CMS-constructed Other annual metrics Annually Recommended N Number of beneficiaries in the demonstration population who use inpatient services related to mental health durine the measurement seriod. Milestone 3 CMS-com Other monthly and Claims Month Required DY1Q3 t A for requested reporting schedu Fillable to mental relation because one measurements were as Number of beneficiaries in the demonstration population who used intensive outpatient and/or partial hospitalization services related to mental health during the measurement. Milestone 3 CMS-constructed Other monthly and guarterly metrics Claims Month Quarterly Required Y 01/01/2020 -12/31/2020 Increase DY103 14 Increase See Attachment A for requested reporting schedule In office particular to invest and a set in march lates that the dark measurement of the set of and the set of the set 01/01/2020 12/31/2020 01/01/2020 01/01/2020 01/01/2020 01/01/2020 01/01/2020 01/01/2020 Mental Health Services Utilization - Outpatient CMS-constructed Claims Month Quarterly Required Y Increase Increase y DY1Q3 See Attachment A for requested reporting schedule Mental Health Services Utilization - ED CMS-constructed Claims Month Quarterly Required Y Decrease Decrease У DY103 See Attachment A for requested reporting schedule Mental Health Services Utilization - Telehealth CMS-constructed Claims Month Quarterly Required Y Increase Increase DY1Q3 See Attachment A for requested reporting schedul quarterly metrics Other monthly and Month e Attachment A for requested reporting schedul al Health Services Utilization - Any Services CMS-constructed Claims Required CMS-constructed Other annual metrics State-specific IMD Year database 01/01/2020 12/31/2020 19a Average Length of Stay in IMDs Annually Required Y Stabilize at no more than Stabilize at no more than y DY103 See Attachment A for requested reporting schedule • ALC5 for all IMMs and populations • ALC5 mong short-term stays [less than or equal to 60 days) • ALC5 among involvements and intervent of 0 days) • ALC5 among intervent tays (interact in the 0 days) Amorga length of 1 stay (ALC5) for exemicianic with 50% discharged from an inpatient or realidential stay in an IMD receiving federal financial participation (ITP). Three rates are exemption. CMS-constructed Other annual metrics State-specific IMD Year detabase Annually Required 01/01/2020 12/31/2020 Stabilize at no more than Stabilize at no more than DY1Q3 See Attachment A for requested reporting schedule 19b Méestone 3 Beneficiaries With SM/SED Treated in an IMD for Mental Number of baneficiaries in the demonstration population who have a daim for inpatient Nealth or residential treatment for mental health in an IMD during the reporting year. Milestone 3 01/01/2020 12/31/2020 CMS-constructed Other annual metrics Claims Year Annually Required v DY1Q3 See Attachment A for requested reporting schedule Court of medication With SA(2DE) (model)
 Court of medicat Other monthly and quarterly metrics Claims 01/01/2020 12/31/2020 01/01/2020 12/31/2020 CMS-constructed Month Quarterly Required Y Increase Increase y DY1Q3 See Attachment A for requested reporting schedul Count of Beneficia Increase Increase CMS-cons DY1Q3 See Attachment A for requested reporting schedule v Annual metrics that are Established quality measure Claims 01/01/2020 -12/31/2020 Decrease hed quality Year Annually Required DY1Q3 nent A for requested reporting schedul Non and Follow-Up Plan: Age 18 and encounter using an age appropriate translationed depression screening tool, AND if positive, a follow-Up plan: he documented on the date of the positive screen. Established quality measure Claim 24 Year Annually Recommended N stion and Follow-Up Plan: Ages 12–17 Percentage of baneficiaries ages 12 to 17 screened for depression on the date of the encounter using an age appropriate standardized depression screening tool, AND if Milestone 4 pointive, a follow-up plan is documented on the date of the pointive screen. Annual metrics that are Claims an established quality Electronic Established quality measure 25 medical Year Annually Recommended N The percentage of Medicaid beneficiaries age 18 years or older with SMI who had an ambulatory or preventive care visit during the measurement period. Milestone 4 Preventive/Ambulatory Health Services for Beneficiaries With SMI 01/01/2020 -12/31/2020 Claims Year Annually Required Increase Increase 02103 See Attachment & for requested reporting schedule The percentage of patients 18 years and older with a serious mental lifens or alcohol or other drug dependence who received a screening for tobacco use and follow-up for those identified as a screening between the series are reported. • Percentage of adults with SMM who received a screening for tobacco use and follow-up. Milest for these identifies a screening between user. Use Screening and Follow-up for People with SM of or Other Drug Dependence Percentage of adults with ADD who received a screening for tobacco use and follow-up r those identified as a current tobacco user no todes contracted as a control colorado date The percentage of paletins 13 ways and older with a serious mental illness, who were screened for unhealthy alcohol use and neerived brief counseling or other follow-up care if. Milestone 4 identified as an unhealthy alcohol user. ning and Follow-up for People with SMI Established quality The generating of children and addressents part to 12 thick for an environment Methods: Mentandra Methods and addressent and addressent and addressent and addressent and addressent addres Established quality measure Annual metrics that are an established quality Claims 01/01/2020 Y estone 4 Annually Required DY103 See Attachment A for requested reporting schedule Percentage of Medicaid beneficiaries age 18 years and older with new antipsychetic prescriptions who have completed a follow-up visit with a provider with prescribing authority within four weeks (22 days) of prescription of an antipsychicit medication. Annual metrics that are an established quality Claims Follow-Up Care for Adult Medicaid Beneficiaries Who an Newly Prescribed an Antipsychotic Medication Established quality measure 01/01/2020 -12/31/2020 DY1Q3 A for requested reporting schedul Total Casta Associated With Merial Neahl Services
The sum of all Metical spending for mental health services not in inpatient or residential
Other SM0/XDD metrics
CMS constructed
writing during the measurement period.
CMS constructed 01/01/2020 -12/31/2020 Other annual metrics Claims Year Annually Required Y Consistent Consisten Y DY1Q3 See Attachment A for requested reporting schedul otal Costs Associated With Mental Health Services mong Beneficiaries With SM/SED - Inpatient or The sum of all Medicaid costs for mental health services in inpatient or residential settings Other SMI/SED metrics CMS-constructed Other annual metrics 01/01/2020 -12/31/2020 Year Consisten est Associated With Merid Health Services. The cogsta cash for sco-logatient, sco-residential landits, smong fictories Web 500/2020 - Not Inputient or Per cogsta cash for sco-logatient on score and per compared and the demonstration population during the measurement period. Other 300/2020 metrics CMG-constructed Other annual metrics Claims 01/01/2020 -12/31/2020 Year Annually Required Consistent Consistent 00103 as Attachment & for necessarial reporting schedul Nanoated With Merial Marinis Per capita cells for inpatient or residential across for metal health among beneficiants Ins With 350/32D - Inpatient or in the demonstration population during the measurement period. Other sensitivities CLMS-constructed Other sensul metrics Claims 01/01/2020 12/31/2020 Year Consisten Y Annually Required DY103 int A for requested reporting schedul

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	Standard information on CMS provided metrics								Baseline, a	nnual goals, and demons	stration target	Alignm	Alignment with CMS-provided technical specifications manual		Phased-in	metrics reporting		
														Attest that planned reporting matches the CMS-provided technical				
														specifications manual	specifications manual (different data source, definition, codes, tar			
	Metric name	Metric description	toolc	Metric type	Reporting category	Data source	Measurement period	frequency	Reporting priority	State will report (Y/N)	MM/DD/YYYY)	Annual soal	taneet	(Y/N)	population, etc.)	itr/Ni	Ex. 01103)	Explanation of any plans to phase in reporting over time
36	Grievances Related to Services for SMI/SED	Number of grievances filed during the measurement period that are related to services for SMI/SED.	Other SMI/SED metrics	CMS-constructed	Grievances and appeals	Administrative records	Quarter	Quarterly	Required	Y	01/01/2020 - 12/31/2020	Consistent	Consistent	N	See Attachment A for requested deviations.	Y	DY3Q3	See Attachment A for requested reporting schedule.
37	Appeals Related to Services for SMI/SED	Number of appeals filed during the measurement period that are related to services for SMI/KPD	Other SMI/SED metrics	CMS-constructed	Grievances and appeals	Administrative	Quarter	Quarterly	Required	Y	12/11/2020	Consistent	Consistent	N	See Attachment A for requested deviations.	Y	DY103	See Attachment A for requested reporting schedule.
38	Critical Incidents Related to Services for SMI/SED	Number of critical incidents filed during the measurement period that are related to services for SML/SPD	Other SMI/SED metrics	CMS-constructed	Grievances and appeals	Administrative	Quarter	Quarterly	Required	Y	01/01/2020 -	Consistent	Consistent	N	See Attachment A for requested deviations.	Y	DY103	See Attachment A for requested reporting schedule.
39	Total Costs Associated With Treatment for Mental Health in an IMD Among Beneficiaries With SMI/SED	Total Medicaid costs for beneficiaries in the demonstration population who had claims for inpatient or residential treatment for mental health in an IMD during the reporting year.	Other SMI/SED metrics	CMS-constructed	Other annual metrics	Claims	Year	Annually	Required	Y	01/01/2020 - 12/31/2020	Consistent	Consistent	Y		Y	рузда	See Attachment A for requested reporting schedule.
40	Per Capita Costs Associated With Treatment for Mental Health in an IMD Among Baneficiaries With SMI/SFD	Per capita Medicaid costs for beneficiaries in the demonstration population who had claims for inpatient or residential treatment for mental health in an IMD during the reporting year.	Other SMI/SED metrics	CMS-constructed	Other annual metrics	Claims	Year	Annually	Required	Y	01/01/2020 - 12/31/2020	Consistent	Consistent	Y		Y	DYSQ3	See Attachment A for requested reporting schedule.
Q1	Community Based Psychiatric Hospitals Using HIT for Discharge Summaries	The percentage of community-based psychiatric hospitals that use Collective Medical (CM)	Health IT	State-specific	Other annual metrics	Survey	Year	Annually	Required	Y	01/01/2020 - 12/31/2020	Increase	Increase			Y	DY3Q3	See Attachment A for requested reporting schedule.
Q2	Mental Health Treatment Penetration Rate	The percentage of Medicaid beneficiaries, 6 years of age and older, with a mental health se	Health IT	State-specific	Other annual metrics	Claims	Year	Annually	Required	Y	01/01/2020 - 12/31/2020	Increase	Increase			Y	DY1Q3	See Attachment A for requested reporting schedule.
Q3		Percent of Foundational Community Supports (FCS) eligible Medicaid beneficiaries, age 18 a	Health IT	State-specific	Other annual metrics	Claims	Year	Annually	Required	Y	01/01/2020 - 12/31/2020	Increase	Increase			Y	DY3Q3	See Attachment A for requested reporting schedule.
	cific metrics																	
Add rows	for any additional state-specific metrics																	

 Medicaid Section 1115 SMI/SED Demonstrations Monitoring Protocol (Part A) - SMI/SED Definitions (Version 2.0)

 State
 Washington

 Demonstration Name
 Washington State Medicate

Washington State Medicaid Transformation Project (MTP) Demonstration

#### Serious Mental Illness/Serious Emotional Disturbance (SMI/SED) Definitions

Narrative description of the SMI/SED demonstration population

See Attachment A		
	Serious Mental Illness (SMI)	Serious Emotional Disturbance (SED)
Narrative description of how the state defines the population for purposes of monitoring (including age range, diagnosis groups, and associated service use requirements)	See Attachment A	See Attachment A
Codes used to identify population <sup>b</sup>		
States may use ICD-10 diagnosis codes or state-specific treatment, diagnosis, or other types of codes to identify the population. When applicable, states should supplement ICD-10 codes with state-specific codes. Procedure (e.g., CPT, HCPCS) or revenue codes used to identify/define service requirements <sup>b</sup>	See Attachment A	See Attachment A
If the state is not using procedure or revenue codes, the state should include the data source(s) (e.g., state-specific codes) used to identify/define service		
requirements.	Per agreement with CMS, state definition of SMI/SED is still under development.	Per agreement with CMS, state definition of SMI/SED is still under development.

<sup>a</sup>The examples are based on a definition of SMI from the National Committee for Quality Assurance (NCQA). The examples provided are intended to be illustrative only. The example codes provided are not comprehensive. <sup>b</sup>States may choose to include codes as separate tabs in this workbook.

#### Medicaid Section 1115 SMI/SED Demonstrations Monitoring Protocol (Part A) - Planned subpopulations (Version 2.0) State Demonstration Name Woshington Demonstration Project (MTP) Demonstration

Serious Mental Illness/Serious Emotional Disturbance (SMI/SED) Planned Subpopulations

	Planned sub	population reporting		Alignment with CMS-provided technical specifications manual					
							Subpopulations		Relevant metrics
Subpopulation category	Subpopulations	Reporting priority	Relevant metrics	Subpopulation type	State will report (Y/N)	Attest that planned subpopulation reporting within each category matches the description in the CMS- provided technical specifications manual (Y/N)	If the planned reporting of subpopulations does not match (i.e., column $G = {}^{\rm th} C_j$ ) is it the subpopulations state plans to report (format: comma separated)		If the planned reporting of relevant metrics does not match (i.e., column I = "N"), list the metrics for which state plans to report for each subpopulation category (Format: metric number, comma separated)
EXAMPLE:	EXAMPLE:								
Age group (Do not delete or edit this row)	Children ( Age<16), Transition-age youth (Age 16-24), Adults (Age 25–64). Older adults (Age 65+)	EXAMPLE:	EXAMPLE: Metrics #11, 12, #13, 14, 15, 16, 17, 18, 21, 22	EXAMPLE: CMS-provided	EXAMPLE:	EXAMPLE:	EXAMPLE: Children/Young adults (ages 12-21), Adults (ages 21-65)	EXAMPLE:	EXAMPLE:
Standardized definition of SMI	Individuals who meet the standardized definition of SMI	Required	Metrics #13, 14, 15, 16, 17, 18, 21, 22	CMS-provided	v	14	[Children Found addits (ages 12-21), Addits (ages 21-05)	v	
State-specific definition of SMI	Individuals who meet the state-specific definition of SMI	Required	Metrics #13, 14, 15, 16, 17, 18, 21, 22	State-specific	Y			Y	
Age group	Children ( Age<16), Transition-age youth (Age 16-24), Adults (Age 25–64), Older adults (Age 65+)	Required	Metrics #11, 12, 13, 14, 15, 16, 17, 18, 21, 22	CMS-provided	Y	Y		Y	
Dual-eligible status	Dual-eligible (Medicare-Medicaid eligible), Medicaid only	Required	Metrics #13, 14, 15, 16, 17, 18, 21, 22	CMS-provided	Y	Y		Y	
Disability	Eligible for Medicaid on the basis of disability, Not eligible for Medicaid on the basis of disability	Recommended	Metrics #13, 14, 15, 16, 17, 18, 21, 22	CMS-provided	N				
Criminal justice status	Criminally involved, Not criminally involved	Recommended	Metrics #13, 14, 15, 16, 17, 18, 21, 22	CMS-provided	N				
Co-occurring SUD	Individuals with co-occurring SUD	Recommended	Metrics #13, 14, 15, 16, 17, 18, 21, 22	CMS-provided	N				
Co-occurring physical health conditions	Individuals with co-occurring physical health conditions	Recommended	Metrics #13, 14, 15, 16, 17, 18, 21, 22	CMS-provided	N				
[Insert row(s) for any state-specific subpopulation(s)]									

# Medicaid Section 1115 SMI/SED Demonstrations Monitoring Protocol (Part A) - SMI/SED Reporting schedule State Washington Demonstration Name Washington State Medicaid Transformation Project (MTP) Demonstration

Serious Mental Illness/Serious Emotional Disturbance (SMI/SED) Reporting Schedule
Instructions:
(1) In the reporting periods input table (Table 1), use the prompt in column A to enter the requested information in the corresponding row of column B. All report
(2) Review the state's reporting schedule in the SMI/SED demonstration reporting schedule table (Table 2). For each of the reporting categories listed in column f. 

#### Table 1. Reporting Periods Input Table

	Demonstration reporting periods/dates			
Dates of first SMI/SED reporting quarter:				
(Format SMI/SED DYQ; Ex. DY1Q1)	DY1Q1			
Start date (MM/DD/YYYY)*	01/01/2021			
End date (MM/DD/YYYY)	03/01/2021			
Broader section 1115 demonstration reporting period corresponding with the first SMI/SED reporting quarter, if applicable. If there is no broader demonstration, fill in the first SMI/SED reporting period. (Format DVQ, EX. DY3Q1)	DY5Q1			
First SMI/SED report due date (per STCs) (MM/DD/YYYY)	06/02/2021			
First SMI/SED report in which the state plans to report annual metrics that are established quality measures (EQMs):				
Baseline period for EQMs (Format CY; Ex. CY2019)	CY2020			
associated with report (Format SMI/SED DYQ; Ex. DY1Q1)	DY2Q2			
Start date (MM/DD/YYYY)	04/01/2022			
End date (MM/DD/YYYY)	06/30/2022			
Dates of last SMI/SED reporting quarter:				
Start date (MM/DD/YYYY)	10/01/2022			
End date (MM/DD/YYYY)	12/31/2022			

#### Table 2. SMI/SED Demonstration Reporting Schedule

NAUME         NAUME <th< th=""><th>Dates of SMI/SED Demonstration Dates of SMI/SED reporting (MM/DD/YYYY - MM/DD/ Start date</th><th></th><th>Report due (per STCs) (MM/DD/YYYY)</th><th>Broader section 1115 reporting period, if</th><th>Reporting category</th><th>For each reporting category, measurement period for which information is captured in monitoring report per standard reporting schedule (Format DYQ: Ex. DYLQ)<sup>b</sup> SMI/SED</th><th>Deviation from standard reporting schedule (Y/N) N</th><th>Explanation for deviations (if column G="Y")</th><th>Proposed deviations from standard reporting schedule (Format DYQ; Ex. DY1Q3)</th></th<>	Dates of SMI/SED Demonstration Dates of SMI/SED reporting (MM/DD/YYYY - MM/DD/ Start date		Report due (per STCs) (MM/DD/YYYY)	Broader section 1115 reporting period, if	Reporting category	For each reporting category, measurement period for which information is captured in monitoring report per standard reporting schedule (Format DYQ: Ex. DYLQ) <sup>b</sup> SMI/SED	Deviation from standard reporting schedule (Y/N) N	Explanation for deviations (if column G="Y")	Proposed deviations from standard reporting schedule (Format DYQ; Ex. DY1Q3)
Image: state in the	01/01/2021	03/01/2021	06/02/2021	DY5Q1			Y	See Attachment A	None
NAME           0400001         100					Annual availability assessment Annual metrics that are established quality measures				
PARCE         Parce and									
Physical         Partial									
MADUADI HOUSDIAL MADUADI I ACTION ACCIDATI									
Image: state in the second state is a state in the second state is a state state is a	0.1/01/2021	0.5 /0.0 /0.0.0.4	00/00/0004	auroa.	Other monthly and quarterly metrics	DY1Q1	Y	See Attachment A	None
Image: state in the state interval in the state interval i	04/01/2021	06/30/2021	08/29/2021	DYSQ2					
Image: state in the state is a state in the state in the state is a state in the state in the state is a state in the state is a state in the state									
NUML DISCUSSION         NUML Result of Partial Section									
NUMBER         NUMBER         Number         Images         Number         State					Narrative information	DY103	N		
NUMBER         Numer         Numer         Numer <td></td> <td></td> <td></td> <td></td> <td></td> <td></td> <td></td> <td></td> <td></td>									
NUMBER         Numer         Numer         Numer <td></td> <td></td> <td></td> <td></td> <td>Grievances and appeals</td> <td>DY1Q3</td> <td>Y</td> <td>Will report from January</td> <td>DY1Q1</td>					Grievances and appeals	DY1Q3	Y	Will report from January	DY1Q1
Anal additional additendional additional additional additional additional ad	07/01/2021	09/30/2021		DY503		DY1Q2	Ŷ	Will report from January	DY1Q1
Image: section of the sectin of the section of the sectin	07,01,2021	007,007,2022	11/23/2021	01500	Annual availability assessment				
Instant         Instant information         Instant informatin instant information         Instant informatin							Y	metrics (January - December 2020) with this	CY2020
Image: state					Other annual metrics		Y	Will report baseline annual metrics (January - December 2020) with this	
Info         Info         See Attachment A         OriGO         See Attachment A         OriGO           10/02/002         And         Al         A					Narrative information	DY1Q4	N		
10/02/021         22/31/2021         03/01/2022         01/02/202							Y		
Image: section index         Image: se							Y	See Attachment A	DY1Q2
Image: section in the section interval inte	10/01/2021	12/31/2021	03/01/2022	DY5Q4		AA1			
Image: section interval i					Annual metrics that are established quality measures				
Image: bit is a set of the set									
01/01/2022         03/31/2024         06/07/2022         06/07/2024         06/07/2024         06/07/2024         06/07/2024         06/07/2024         06/07/2024         06/07/2024         06/07/2024         06/07/2024         06/07/2024         06/07/2024         07/00         0         0/00					Narrative information	DY201	N		
Image: bit is a state of the month of a dual addition parties in the state of the month of a dual addition parties in the state of the month of a dual addition parties in the state of the month of the mo								See Attachment A	DY1Q3
https://production         Annual and inclustes that are established quality measures         Annual metrics that are established quality measures         Annual metrics         Annual metrics <td></td> <td></td> <td></td> <td></td> <td></td> <td>DY1Q4</td> <td>Y</td> <td>See Attachment A</td> <td>DY1Q3</td>						DY1Q4	Y	See Attachment A	DY1Q3
ngapangapangapangapangapangapangapangap									
Image: section of the sectin of the section of the section					Annual metrics that are established quality				
Image: section of the sectin of the section of the section	01/01/2022	03/31/2022	06/29/2022	DY6Q1	measures				
O4/01/0222         O6/30/2022         O6/30/2022         O6/30/2022         O6/30/2022         OF							Y	other annual metrics for the measurement period	
04/01/2022         04/02/2024         04/02/2024         04/02/2024         VIII         04/02/2024         VIIII         04/02/2024         VIIII         04/02/2024         VIIII         04/02/2024         VIIIII         04/02/2024         VIIIIIIIIIIIIIIIIIIIIIIIIIIIIIIIIIIII									
04/01/2022         06/30/2022         06/30/2022         06/30/2022         06/30/2022         06/30/2022         06/30/2022         06/30/2022         06/30/2022         06/30/2022         06/30/2022         06/30/2022         06/30/2022         06/30/2022         06/30/2022         06/30/2022         06/30/2022         06/30/2022         00/30/202         00/30/202         00/20/202         0/20/202         0/20/202         0/20/202 <td></td> <td></td> <td></td> <td></td> <td></td> <td></td> <td></td> <td></td> <td></td>									
Image: section of the sectio	04/01/2022	00 /20 /2022	00/20/2022	DVC03		DY2Q1	Y	See Attachment A	DY1Q4
Image:	04/01/2022	00/30/2022	08/29/2022	01602					
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### Medicaid Section 1115 Serious Mental Illness and Serious Emotional Disturbance Demonstrations Monitoring Protocol Template

Note: PRA Disclosure Statement to be added here

# 1. Title page for the state's serious mental illness and serious emotional disturbance (SMI/SED) demonstration or the SMI/SED component of the broader demonstration

The state should complete this title page as part of its SMI/SED monitoring protocol. This form should be submitted as the title page for all monitoring reports. The content of this table should stay consistent over time. Definitions for certain rows are below the table.

State	Washington State.
Demonstration name	Washington State Medicaid Transformation Project No. 11-W-00304/0
Approval period for section 1115 demonstration	January 9, 2017-December 31, 2021).
SMI/SED demonstration start date <sup>a</sup>	Enter the start date for the section 1115 SMI/SED demonstration or SMI/SED component if part of a broader demonstration (11/06/2020).
Implementation date of SMI/SED demonstration, if different from SMI/SED demonstration start date <sup>b</sup>	01/01/2021.
SMI/SED (or if broader demonstration, then SMI/SED - related) demonstration goals and objectives	The intent of this demonstration is to support systemic changes to improve the lives of Washington Medicaid enrollees with SMI/SED service needs by: improving access, quality, oversight, crisis services and service coordination consistent milestones of the November 13th, 2018 SMDL letter

<sup>a</sup> **SMI/SED demonstration start date:** For monitoring purposes, CMS defines the start date of the demonstration as the *effective date* listed in the state's STCs at time of SMI/SED demonstration approval. For example, if the state's STCs at the time of SMI/SED demonstration approval note that the SMI/SED demonstration is effective January 1, 2020 – December 31, 2025, the state should consider January 1, 2020 to be the start date of the SMI/SED demonstration. Note that the effective date is considered to be the first day the state may begin its SMI/SED demonstration. In many cases, the effective date is distinct from the approval date of a demonstration; that is, in certain cases, CMS may approve a section 1115 demonstration with an effective date that is in the future. For example, CMS may approve an extension request on 12/15/2020, with an effective date of 1/1/2021 for the new demonstration period. In many cases, the effective date also differs from the date a state begins implementing its demonstration.

<sup>b</sup> Implementation date of SMI/SED demonstration: The date the state began claiming federal financial participation for services provided to individuals in institutions of mental disease.

#### 2. Acknowledgement of narrative reporting requirements

 $\boxtimes$  The state has reviewed the narrative questions in the Monitoring Report Template provided by CMS and understands the expectations for quarterly and annual monitoring reports. The state will provide the requested narrative information (with no modifications).

#### 3. Annual Assessment of the Availability of Mental Health Services reporting

The state will use data as of the following month and day of each calendar year to conduct its Annual Assessment of the Availability of Mental Health Services:

December 31

#### 4. Acknowledgement of budget neutrality reporting requirements

 $\boxtimes$  The state has reviewed the Budget Neutrality Workbook provided by the CMS demonstration team and understands the expectations for quarterly and annual monitoring reports. The state will provide the requested budget neutrality information (with no modifications).

#### 5. Retrospective reporting

The state is not expected to submit metrics data until after monitoring protocol approval, to ensure that data reflects the monitoring plans agreed upon by CMS and the state. Prior to monitoring protocol approval, the state should submit quarterly and annual monitoring reports with narrative updates on implementation progress and other information that may be applicable, according to the requirements in its STCs.

For a state that has monitoring protocols approved after one or more initial quarterly monitoring report submissions, it should report metrics data to CMS retrospectively for any prior quarters of the section 1115 SMI/SED demonstration that precede the monitoring protocol approval date. A state is expected to submit retrospective metrics data—provided there is adequate time for preparation of these data—in its second monitoring report submission that contains metrics. The retrospective report for a state with a first SMI/SED DY of less than 12 months should include data for any baseline period quarters preceding the demonstration, as described in Part A of the state's monitoring protocol (see Appendix B of the instructions for further guidance determining baseline periods for first SMI/SED DYs that are less than 12 months). If a state needs additional time for preparation of these data, it should propose an alternative plan (i.e., specify the monitoring report that would capture the data) for reporting retrospectively on its SMI/SED demonstration.

In the monitoring report submission containing retrospective metrics data, the state should also provide a general assessment of metrics trends from the start of its demonstration through the end of the current reporting period. The state should report this information in Part B of its report submission (Section 3. Narrative information on implementation, by milestone and reporting topic). This general assessment is not intended to be a comprehensive description of every trend observed in metrics data. Unlike other

monitoring report submissions, for instance, the state is not required to describe all metrics changes (+ or - greater than 2 percent). Rather, the assessment is an opportunity for the state to provide context for its retrospective metrics data, to support CMS's review and interpretation of these data. For example, consider a state that submits data showing an increase in the utilization of telehealth services for mental health (Metric #15) over the course of the retrospective reporting period. The state may decide to highlight this trend to CMS in Part B of its monitoring report (under Milestone 3) by briefly summarizing the trend and providing context that during this period, the state implemented a grant to improve access to mental health treatment in rural areas through the use of telemedicine.

For further information on how to compile and submit a retrospective report, the state should review Section B of the Monitoring Report Instructions document.

 $\boxtimes$  The state will report retrospectively for any quarters prior to monitoring protocol approval as described above, in the state's second monitoring report submission that contains metrics after monitoring protocol approval.

□ The state proposes an alternative plan to report retrospectively for any quarters prior to monitoring protocol approval: Insert narrative description of proposed changes to retrospective reporting. The state should provide justification for its proposed alternative plan.

# **Attachment A: Monitoring Metric Supplemental Information**

Medicaid Section 1115 SMI/SED Demonstration Monitoring Protocol – Additional Information to Support Monitoring Metric Specifications Submitted March 1, 2022

#### **Background and Introduction**

The State will be leveraging multiple analytic teams to produce the required metric reporting. These analytic teams include the Health Care Authority's Analytics, Research, and Measurement team, the Health Care Authority's Finance and Medicaid Program Office of Integrity, and the Department of Social and Health Services Research and Data Analysis Division. Between the analytic teams, the State has an extensive existing data infrastructure that the State intends to leverage for the CMS reporting requirements. This existing infrastructure currently completes reporting for various entities, including the Adult and Child Common Measure Set and mental health related Substance Abuse Mental Health Services Administration (SAMHSA) reporting. This analytic infrastructure also supports a number of ongoing activities in the realm of health care transformation. These include, but are not limited to, Washington's movement towards the integration of behavioral and physical health care and all three initiatives of the initial Medicaid Transformation Project (Transformation through Accountable Communities of Health, Long-Term Services and Supports of the Aging Population, and Foundational Community Support Services).

The State analytic teams have reviewed the CMS provided specifications and reporting procedures. Per the instructions in the Monitoring Protocol, the State will explain any deviations from the CMS-provided specifications that are needed to match the health care context and data infrastructure within Washington State. The State created this attachment to minimize duplication of explanation of requested modifications which apply to multiple metrics, and to provide details on state-specified metrics that would not fit within the given metric workbook template.

The State thanks CMS for the opportunity to align the specifications with the State's health care context, data infrastructure, and existing 1115(a) demonstration. We welcome any questions or concerns from CMS regarding these requests.

#### **Overview of 1115 SMI Demonstration Monitoring Metrics**

This section describes the data sources the State will be drawing on, how the State will align the Serious Mental Illness (SMI) measurement periods with the State's broader 1115(a) demonstration reporting cycle, and will note the reporting level for all metrics.

#### **Description of Data Sources**

Integrated Client Databases and ProviderOne (MMIS). SMI demonstration monitoring metric production will leverage the integrated administrative data maintained in the Department of Social and Health Services Integrated Client Databases (ICDB) and ProviderOne (the state's Medicaid Management Information System). The ICDB was explicitly designed to support quasi-experimental evaluation of health and social service interventions in Washington State, and has been widely used in evaluation

studies published in peer-reviewed journals<sup>1</sup> and for the production of performance and monitoring measures. The underlying reporting arrays are regularly updated to align with State requirements. The State has analyzed completion factors based on the historical encounter data submitted to the State's MMIS by contracted MCOs responsible for SMI services. This completion factor analysis indicates that fewer than 90% of ultimately accepted encounters are uploaded and successfully accepted into the MMIS by five months from the month the service was provided to the client. Reporting with a 90-day lag would result in an even greater systematic undercount of services provided in the most recent reporting period. The State believes that reporting information that is known to be undercounted will negatively impact the IMD waiver program. The State requests a 6-month reporting lag to allow for reporting of information that is more complete. Even with the proposed 6-month reporting lag, we recommend provisions for updating information previously reported with more complete data when it becomes available.

The State also requests the ability to calculate the monthly metrics once per quarter. Per CMS' technical assistance document Reporting 1115 SMI Demonstration Monitoring Metrics "...if a state submits data on a quarterly basis, the submission should contain three monthly values for each monthly metric, each produced at the same time relative to their measurement periods." However, the underlying production schedule for the State's analytic environment is quarterly. The State is unable to change the global production cycle and fundamental infrastructure to accommodate this monitoring expectation. In addition, some of the data necessary for the monthly metrics is updated quarterly and would not be up to date for two months of each quarter. The State understands that part of CMS' reasoning for producing the monthly metrics at the same time relative to their measurement periods is due to the dynamic nature of Medicaid data. Observing a 6-month reporting lag mitigates this impact.

#### **Measurement Period**

Per CMS's instructions and in alignment with the Special Terms and Conditions (Schedule of State Deliverables for the Demonstration Period (XV), Washington will align the reporting cycles for the SMI Demonstration Amendment with the broader section 1115(a) demonstration quarterly and annual reporting cycles. Table 1 shows the current reporting cycle to the broader section 1115(a) demonstration.

Aligning to this reporting cycle will require a modification to the measurement periods in the technical specification document. The effective date of the Washington SMI demonstration is December 23, 2020. However, to align with this reporting structure, we will use January 1, 2021 as the start date for the measurement periods. This does not change the effective date of the demonstration. Washington is in favor of this modification, as it closely aligns with our current data infrastructure and reporting processes. For example, Medicaid enrollment is verified monthly in Washington, and thus all eligibility requirements will need to be based around calendar months. It would be impracticable for the State to make the substantial modifications to our current infrastructure that would be required to report on a different quarterly cycle.

<sup>&</sup>lt;sup>1</sup> For a recent example, see Jingping Xing, Candace Goehring and David Mancuso. Care Coordination Program For Washington State Medicaid Enrollees Reduced Inpatient Hospital Costs Care Coordination Program For Washington State. Health Affairs, 34, no.4 (2015):653-661.

TABLE 1.
Washington's 1115(a) Waiver Quarterly and Annual Reporting Cycle

Quarter/Annual Report Cycle	MTP Reporting Period	Report Due Date
DY4 Q4 (Annual Report DY4)	Jan 2020 – Dec 2020	03/01/2021
DY5 Q1	Jan 2021 – March 2021	06/01/2021
DY5 Q2	April 2021 – June 2021	09/01/2021
DY5 Q3	July 2021 – Sept 2021	12/01/2021
Final Report	Jan 2021 – Dec 2021	06/30/2022
DY5 Q4 (Annual Report DY5)	Jan 2021 – Dec 2021	03/01/2021
DY6 Q1	Jan 2022 – March 2022	06/01/2022
DY6 Q2	April 2022 – June 2022	09/01/2022
DY6 Q3	July 2022 – Sept 2022	12/01/2022
Final Report*	Jan 2022 – Dec 2022	06/30/2022

\*The State will be submitting an 1115 renewal request. Should the request be approved, the additional quarterly and annual reporting cycles will be added.

In addition, this also aligns with reporting cycles for other related SMI projects and the Washington State fiscal year. The modified measurement periods for the monthly, quarterly, and annual metrics are described next and in the table below.

- For metrics with a monthly measurement period, the first monthly measurement period is the month the SMI demonstration began January 1, 2021 to January 31, 2021. The second month is February 1, 2021 to February 28, 2021, and so forth.
- For metrics with a quarterly measurement period, the first quarter of the demonstration is the first three months of the demonstration January 1, 2021 to March 31, 2021.
- For the CMS-constructed metrics with an annual measurement period, the first annual measurement period is the first twelve months of the demonstration January 1, 2021 to December 31, 2021.
- For the established quality measures, the first annual measurement period is the calendar year in which the demonstration began January 1, 2021 to December 31, 2021.

As previously discussed with CMS and consistent with the monitoring protocol for the SUD IMD waiver, the State believes setting the baseline to the year prior to the change in authorizing expenditure authority is needed to appropriately set demonstration targets, annual goals, and to ultimately respond to the demonstration hypothesis specific to the SMI amendment (STC 118). Thus, the State requests to define the baseline year as January 1, 2020 to December 31, 2020 for the CMS-constructed metrics (monthly, quarterly, and annual) and January 1, 2020 to December 31, 2020 for the established quality measures.

The State will begin reporting after a monitoring protocol has been agreed upon by the State and CMS, and sufficient time is provided to implement the metric specifications as stated in the agreed upon monitoring protocol. The requested reporting schedule in Table 2 below may change depending on when the monitoring protocol is approved. The reporting schedule also specifies a baseline reporting period of January 1, 2020 to December 31, 2020 for CMS constructed metrics and January 1, 2020 to December 31, 2020 for CMS constructed metrics and January 1, 2020 to December 31, 2020 for the State to submit data that does not substantially undercount the

number of services provide. The proposed reporting schedule also aligns with the SMI/SED Demonstration Reporting Schedule in the Monitoring Protocol Workbook.

Dates of reporting quarter	WA's SMI DY: Jan - Dec	WA's broader 1115 DY: Jan 1 – Dec 31 (type of report)	Report due (per STCs schedule)	SMI metrics included in report	Reporting period of SMI metrics
Oct – Dec 2020	waiver approved 12/23/2020	DY4 Q4 (annual)	3/1/2021	N/A	N/A
Jan – Mar 2021	DY1 Q1	DY5 Q1 (quarterly)	6/2/2021	No SMI metrics reported. Monitoring protocol under development.	N/A
Apr – Jun 2021	DY1 Q2	DY5 Q2 (quarterly)	9/1/2021	No SMI metrics reported. Monitoring protocol under development.	N/A
Jul – Sept 2021	DY1 Q3	DY5 Q3 (quarterly)	12/1/2021	No SMI metrics reported. Monitoring protocol under development.	N/A
Oct – Dec 2021	DY1 Q4	DY5 Q4 (annual)	3/1/2022	No SMI metrics reported. Monitoring protocol under development.	N/A
Jan – Mar 2022	DY2 Q1	DY6 Q1 (quarterly)	6/2/2022	<ol> <li>Monthly metrics</li> <li>Quarterly metrics</li> <li>Established quality metrics</li> <li>Other annual metrics</li> </ol>	<ol> <li>(1) Jan 2020 – Sept 2021</li> <li>(2) Jan 2020 – Sept 2021</li> <li>(3) January – December 2020</li> <li>(4) January – December 2020</li> </ol>
Apr – Jun 2022	DY2 Q2	DY6 Q2 (quarterly)	9/1/2022	<ol> <li>Monthly metrics</li> <li>Quarterly metrics</li> <li>Established quality metrics</li> <li>Other annual metrics</li> </ol>	<ol> <li>(1) October – December 2021</li> <li>(2) October – December 2021</li> <li>(3) January – December 2021</li> <li>(4) January – December 2021</li> </ol>
Jul – Sept 2022	DY2 Q3	DY6 Q3 (quarterly)	12/1/2022	<ul><li>(1) Monthly metrics</li><li>(2) Quarterly metrics</li></ul>	(1) January – March 2022 (2) January – March 2022
Oct – Dec 2022*	DY2 Q4	DY6 Q4 (annual)	3/1/2023	<ul><li>(1) Monthly metrics</li><li>(2) Quarterly metrics</li></ul>	(1) April – June 2022 (2) April – June 2022

Proposed Reporting Schedule for Washington Metrics for SMI Demonstration

\* Currently the SMI Demonstration ends on December 31, 2022. Data from July 1, 2022 to December 31, 2022 will not be available before the final annual report is due to CMS.

#### **Reporting Level**

TABLE 2.

For each metric, the demonstration population is defined as the whole state. In addition, the State's SMI amendment is not focused on a particular geographic area or a specific subpopulation of Medicaid beneficiaries. Thus, per previous conversations with CMS, the State will not be reporting a separate model population.

### **Reporting 1115 SMI Demonstration Monitoring Metrics Defined by CMS**

This section defines the subpopulations for metric reporting and provides additional information about the State's approach to metric calculation and reporting.

#### **Subpopulation Definitions**

 Standardized definition of SMI: Per the 1115\_SMI\_TechSpecsManualV2.pdf, Table B.1 for applicable value sets and Appendix E: Standardized Definition of SMI, the standardized definition of SMI will align with the NCQA definition.

- Age (children <16, transition age youth 16-24, adults 25-64, and older adults 65+): Age will be determined as of the first day of the measurement period. This is consistent with CMS provided instructions. Age breakouts will be reported for the cohort of beneficiaries that meet the CMS definition of SMI.
- Dual-eligible status (Medicaid only or Medicare-Medicaid eligible): Dual eligibility will be determined as of the first day of the measurement period. This is consistent with CMS provided instructions. Dual-eligible status breakouts will be reported for the cohort of beneficiaries that meet the CMS definition of SMI.
- State-specific definition of SMI: Per agreement with CMS, the state-specific definition of SMI/SED is under development.

#### **Metric Calculation and Reporting**

As CMS noted, Medicaid data is dynamic prior to reaching a data maturity threshold. For Washington State, that threshold is six-months. Observing a six-month data lag allows the State to represent the most complete data set for the measurement period. Any data lag less than six-months will result in potentially incomplete data and misrepresentative metric results. In addition, the six-month data lag allows for the inclusion of up to date information from data sources that are updated on a quarterly cadence, such as the Washington State Identification System arrest database, which the State will be using to define the "criminally involved" subpopulation as noted above.

Using a six-month data lag also allows the State to leverage the existing quarterly performance measurement processes to calculate the required metrics. Thus, required monthly reporting will be calculated at the same time once per quarter. All the data will be, at a minimum, matured to six-months thus minimizing the likelihood of any variability due to data completeness. This is consistent with the CMS approved monitoring protocol for the state's SUD IMD waiver.

#### **Metric Specifications**

This section provides additional detail on a subset of metric specifications. Other metric specification modifications are noted in the Monitoring Protocol 1115 SMI Metrics Workbook.

#### Metric # 36: Grievances Related to Services for SMI/SED

The State is requesting two modifications to Metric #36 to reflect the state-level process of reviewing grievances and existing reporting infrastructure. This metric will be restricted to Medicaid beneficiaries who are enrolled with a Managed Care Organization and will exclude fee for service Medicaid beneficiaries. All mental health service related grievances (includes both outpatient and inpatient related grievances) will be included in the metric. The State does not differentiate between SMI/SED and non-SMI/SED related grievances.

#### Metric #37: Appeals Related to Services for SMI/SED

Consistent with Metric #36, the State is requesting two modifications to Metric #37 to reflect the statelevel process of reviewing appeals and existing reporting infrastructure. This metric will be restricted to Medicaid beneficiaries who are enrolled with a Managed Care Organization and will exclude fee for service Medicaid beneficiaries. All mental health service related appeals (includes both outpatient and inpatient related appeals) will be included in the metric. The State does not differentiate between SMI/SED and non-SMI/SED related appeals.

#### Metric #38: Critical Incidents Related to Services for SMI/SED

Consistent with Metric #36 and Metric #37, the State is requesting two modifications to Metric #38 to reflect the state-level process of the critical incident reporting infrastructure. This metric will be restricted to Medicaid beneficiaries who are enrolled with a Managed Care Organization and will exclude fee for service Medicaid beneficiaries. All critical incidents for Medicaid beneficiaries with a recent history of mental health treatment will be included. The State does not differentiate between SMI/SED and non-SMI/SED mental health related critical incidents.

#### **HIT Metric Specifications**

<u>Q1: Community Based Psychiatric Hospitals Using HIT for Discharge Summaries</u>. After reviewing the list of sample metrics provided by CMS, the State is proposing a process metric that will identify the percent of Medicaid participating community based psychiatric hospitals with access to technology tools to create and send discharge summaries.

**Metric Description:** This metric will report the percentage of community-based psychiatric hospitals that use Collective Medical (CM) technology tools for the creation and exchange of interoperable discharge summaries on behalf of individuals being discharged from the psychiatric hospital/psychiatric unit to the community based providers (e.g., primary care providers). The discharge summary would be created and exchanged using the Admission, Discharge, and Transfers (ADT) standard.

**Data Source:** Annual survey of psychiatric hospitals/psychiatric units.

Identification Window: Measurement year (January 1 – December 31)

**Denominator**: Total number of community-based psychiatric hospitals/psychiatric units that participate in Medicaid.

**Numerator**: Number of community-based psychiatric hospitals/psychiatric units that participate in a Medicaid that uses the CM system to create and send ADTs to the receiving community-based providers.

**Q2:** Mental Health Treatment Penetration Rate. After reviewing the list of sample metrics provided by CMS, the State was concerned about the limitations and uncertainties in technology adoption by providers treating individuals with SMI/SED. Thus, the State is proposing a metric that relies on the use of electronic claims/encounter data to identify individuals with a mental health treatment need who received a qualifying mental health service. This also aligns with HIT metric #2 in the state's SUD IMD waiver monitoring protocol (SUD treatment penetration rate). This metric includes mental health treatment penetration rate across service modalities. The state expects that improvements to information technology infrastructure for providers and recipients of telehealth mental health treatment will be reflected in this metric.

**Metric Description:** The percentage of Medicaid beneficiaries, 6 years of age and older, with a mental health service need identified within the past two years, who received at least one qualifying service during the measurement year.

Data Source: Administrative data.

Identification Window: Measurement year and the year prior to the measurement year.

Eligible Population	
Age	6 years and older. Age is as of the last day of the measurement year.
Gender	N/A
Minimum Medicaid enrollment	Measurement year. Enrollment must be continuous.
Allowable gap in Medicaid enrollment	One gap of one month during the measurement year.
Medicaid enrollment anchor date	Last day of measurement year.
Medicaid benefit and eligibility	Includes Medicaid beneficiaries with comprehensive medical benefits. Excludes beneficiaries that are eligible for both Medicare and Medicaid and beneficiaries with primary insurance other than Medicaid.

**Denominator**: Medicaid beneficiaries, aged 6 and older on the last day of the measurement year, with a mental health service need identified in either the measurement year or the year prior to the measurement year.

Mental health service need is identified by the occurrence of any of the following conditions:

- Receipt of any mental health service encounter meeting the numerator service criteria in the 24month identification window
- Any diagnosis of mental illness (not restricted to primary) in the MI-Diagnosis code set in the 24month identification window
- Receipt of any psychotropic medication listed in the Psychotropic-NDC code set in the 24-month identification window

Value sets required for denominator.

Name	Value Set
MI-Diagnosis code set	
Psychotropic-NDC code set	
MH-Proc1 value set	
MH-Taxonomy value set	
MH-Proc2 value set	All value sets are available upon request.
MH-Proc3 value set	
MI-Diagnosis	
MH-Proc4	
MH-Proc5	

**Numerator:** Beneficiaries must qualify for inclusion in the denominator to be eligible for inclusion in the numerator. Members receiving at least one mental health service meeting at least one of the following criteria, applied by claim line, in the 12-month measurement year:

- Receipt of an outpatient service with a procedure code in the MH-Proc1 value set (MCG 261)
   OR
- Receipt of an outpatient service with:
  - Servicing provider taxonomy code in the MH-Taxonomy value set (MCG262) AND
  - Procedure code in MH-Proc2 value set (MCG 4947) OR MH-Proc3 value set (MCG 3117) AND
  - Primary diagnosis code in the MI-Diagnosis value set

OR

- Receipt of an outpatient service with:
  - Procedure code in MH-Proc4 value set (MCG 4491) AND
  - Any diagnosis code in the MI-Diagnosis value set

#### OR

- Receipt of an outpatient service with:
  - Servicing provider taxonomy code in the MH-Taxonomy value set (MCG262) AND
  - Procedure code in MH-Proc5 value set (MCG 4948) AND
  - Any diagnosis code in the MI-Diagnosis value set

#### OR

- Receipt of an outpatient service with:
  - Procedure code in MH-Proc3-MCG3117 AND
  - Primary diagnosis code in the MI-Diagnosis value set

#### Value sets required for numerator.

Name	Value Set
MI-Diagnosis code set	
Psychotropic-NDC code set	
MH-Proc1 value set	
MH-Taxonomy value set	
MH-Proc2 value set	All value sets are available upon request.
MH-Proc3 value set	
MI-Diagnosis	-
MH-Proc4	
MH-Proc5	

#### <u>Q3: Foundational Community Supports Beneficiaries with Inpatient or Residential Mental health</u>

<u>Service</u>. After reviewing the list of sample metrics provided by CMS, the State was concerned about the limitations and uncertainties in technology adoption by providers treating individuals with SMI (e.g., lack of use of shared care plans, lack of connectivity between correctional health systems and community-based providers, limitations and variations in provider/resource directories). Thus, the State focused on developing a metric that links delivery of recovery supports provided through the Foundational

Community Supports (FCS) program (implemented as part of the Medicaid Transformation Program) to persons who had received mental health services in an inpatient or residential treatment facility. The metric relies on the use of electronic eligibility and claims/encounter data. This metric also aligns with the Q3 metric for the SUD IMD waiver monitoring protocol.

**Metric Description:** Percent of Foundational Community Supports (FCS) eligible Medicaid beneficiaries, age 18 and older, with a mental health related inpatient or residential treatment stay within the past two years, who enrolled in at least one FCS service during the measurement year.

Data Source: Administrative data.

Eligible Population	
Age	Age 18 and older. Age is as of the last day of the measurement year.
Gender	N/A
Minimum Medicaid enrollment	Measurement year. Enrollment must be continuous.
Allowable gap in Medicaid enrollment	One gap of one month during the measurement year.
Medicaid enrollment anchor date	Last day of measurement year.
Medicaid benefit and eligibility	Beneficiaries who qualify for Medicaid in any of the following categories: Categorically Needy Blind/Disabled, Categorically Needy Aged, Categorically Needy Apple Health for Workers with Disabilities (HWD), Categorically Needy Pregnant Women, Affordable Care Act Expansion Adults, Categorically Needy Family Medical, Categorically Needy Children, Children's Health Insurance Program (CHIP), Categorically Needy Children- Foster Care between 18 to 26 Years of Age

Identification Window: Measurement year and the year prior to the measurement year.

**Denominator**: Medicaid beneficiaries, who meet the eligibility requirements as stated above, with a mental health related inpatient or residential treatment stay within the measurement year or the year prior to the measurement year.

**Numerator:** Beneficiaries must qualify for inclusion in the denominator to be eligible for inclusion in the numerator. Include in the numerator all individuals who ever enrolled in at least one FCS service during the measurement year.

#### Attachment P Presumptive Eligibility for Home and Community-Based Services Definitions

### I. Qualified Entities

The state or qualified entity, on the basis of preliminary information and using a simplified methodology described STC Section 9 and this Attachment, will make a determination that the individual appears to meet functional and financial eligibility requirements.

- A. <u>*Qualified entity*</u> Presumptive eligibility will be determined by both the state and state designated qualified entities. A qualified entity is an entity that:
  - 1. Participates with the Department of Social and Health Services (DSHS) as an Area Agency on Aging (AAA), subcontractor of an AAA or as a state designated tribal entity to provide limited eligibility functions and other administrative functions as delegated in contract;
  - 2. Notifies the DSHS of its election to make presumptive eligibility determinations under this section, and agrees to make presumptive eligibility determinations consistent with State policies and procedures; and
  - 3. The state will include language specific to presumptive eligibility requirements to its existing contracts with qualified entities who shall conduct presumptive eligibility determinations.
- B. <u>*Qualified staff*</u> Presumptive eligibility shall be determined by staff of qualified entities who have met at least the following qualifications imposed by the state:
  - 1. A College degree and at least two years of social service experience or an equivalent level of education plus relevant experience;
  - 2. Complete PE training prior to determining PE; and
  - 3. The state will provide CMS the initial training curriculum and PE determination form for review and approval prior to program implementation. Subsequent content changes will be submitted to CMS for review at the time the change is made.
- C. <u>*Quality Assurance and Monitoring*</u> The state will monitor both state staff and qualified entities for adherence to policies applicable to presumptive eligibility determinations through contract monitoring and quality assurance reviews.
  - 1. Post implementation, the state will conduct a targeted review to validate PE determinations are being made in accordance with established criteria; and
  - 2. As part of the state's Quality Improvement Strategy, a sample of PE determinations will be reviewed yearly to determine that PE was established appropriately.

#### II. Presumptive Eligibility Requirements

- A. <u>Presumptive Functional Eligibility</u> Individuals will self-attest to meeting functional eligibility to determine if the individual appears to meet nursing facility level of care (NFLOC) or Medicaid Personal Care (MPC) level of care as defined in state rule.
  - 1. Indicators for NFLOC, as described in WAC 388-106-0355, include:
    - a. Does the individual need daily care provided or supervised by a registered nurse (RN) or licensed practical nurse (LPN); or
    - b. Does the individual have an unmet or partially met need for assistance with 3 or more qualifying ADLs; or
    - c. Does the individual have a cognitive impairment and require supervision due to one or more of the following: Disorientation, memory impairment, impaired decision making, or wandering and a need for assistance with 1 or more qualifying ADLs; or
    - d. Does the individual have an unmet or partially met need for assistance with 2 or more qualifying ADLs; and
    - e. Functional eligibility shall be confirmed by the State for ongoing program eligibility.
  - 2. Indicators for MPC level of care include:
    - a. The individual does not require the level of care furnished in a hospital or nursing facility, an intermediate care facility for intellectual disability, an institution providing community psychiatric services for individuals under the age of twenty-one, or an institution for mental disease for individuals age sixty-five or over; and
    - b. The individual has an unmet or partially met need for assistance with 3 or more qualifying ADLs as defined in WAC 388-106-0210; or
    - c. The individual has an unmet or partially met need for assistance with 1 or more qualifying ADLs as defined in WAC 388-106-0210;
    - d. Functional eligibility shall be confirmed by the State for ongoing program eligibility.
- B. <u>Presumptive Financial Eligibility</u> individuals will self-attest to meeting financial eligibility requirements to determine if the applicant meets the eligibility requirements. The presumptive financial eligibility screen will determine if the applicant meets the following requirements:
  - 1. For 1915(c) Home and Community-based Supports:
    - a. State residency;
    - b. Social Security Number (SSN)<sup>1</sup>;
    - c. Aged, Blind, or Self-Attestation of Disability;

<sup>&</sup>lt;sup>1</sup> If an applicant does not have a SSN established it will not preclude the applicant from applying for 1915c Home and Community-based Supports PE, the state shall provide the individual with assistance applying for an SSN or getting the person's SSN, unless the individual meets the exception under WAC 182-503-0515 subsection (2)".

- d. The individual's separate non-excluded monthly income is equal to or less than the Special Income Level (SIL) or net available income is no greater than the effective one-person medically needy income level (MNIL);
- e. The individual's separate non-excluded resources are at or below \$2,000 or, for a married couple, that non-excluded resources (calculated as of the first point at which the individual is deemed to have the status of an "institutionalized spouse") are at or below a combination of \$2,000 plus the current state Community Spouse Resource Allowance, based on the individual's self-attested statement of their household resources.
- 2. For 1915(k) Home and Community-based Supports:
  - a. The client is a current recipient of categorically needy or alternative benefit plan Medicaid coverage; or
  - b. State residency;
  - c. Social Security Number (SSN<sup>2</sup>);
  - d. The applicant is Aged, Blind, or Self-Attests to Disability;
  - e. The single individual's non-excluded monthly income is equal to or less than the Categorically Needy Income Level (CNIL) or, for a married couple with a non-institutional spouse, the individual's non-excluded income is equal to or less than the (CNIL) with spousal impoverishment protections;
  - f. The individual's separate non-excluded resources are at or below \$2,000 or, for a married couple with a non-institutional spouse, that non-excluded resources (calculated as of the first point at which the individual is deemed to have the status of an "institutionalized spouse") are at or below a combination of \$2,000 plus the current state Community Spouse Resource Allowance, based on the individual's self-attested statement of their household resources.
- 3. For State Plan Medicaid Personal Care program:
  - a. The client is a current recipient of categorically needy or alternative benefit plan Medicaid coverage.

<sup>&</sup>lt;sup>2</sup> If an applicant does not have a SSN established it will not preclude the applicant from applying for 1915c Home and Community-based Supports PE, the state shall provide the individual with assistance applying for an SSN or getting the person's SSN, unless the individual meets the exception under WAC 182-503-0515 subsection (2)".

#### Attachment Q Contingency Management Protocol

In accordance with the State's "Washington Medicaid Transformation Project 2.0 (MTP 2.0)" Section 1115(a) Demonstration Waiver and Special Terms and Conditions (STCs), this protocol provides additional detail regarding the distribution of motivational incentives to Apple Health beneficiaries receiving contingency management as required by STCs 13.3 and 13.4. The Washington State Health Care Authority (HCA) contingency management program is based on established clinical research demonstrating effective contingency management treatment and Washington's unique needs. The contingency management treatment program consists of a structured 24-week outpatient contingency management program, during which motivational incentives will be available. HCA' contingency management program may be provided to eligible Apple Health beneficiaries and is intended to complement other substance use disorder (SUD) treatment services already offered by Apple Health. Motivational incentives earned through the HCA contingency management program shall not be included as gross countable income for determining Apple Health eligibility.

#### I. <u>Treatment Framework</u>

- A. **Beneficiary Eligibility and Participation.** Beneficiaries who meet the contingency management eligibility criteria detailed in STC 13.2 and who consent to treatment may participate in the contingency management program. Participation in contingency management will have no impact on beneficiary eligibility for, or obligation or right to use, other Apple Health services.
- B. Incentives. Beneficiaries will receive motivational incentives, as defined in STC 13.3, for meeting the target behavior of stimulant-non-use as demonstrated by point-of-care drug tests. At the discretion of the State and consistent with STC 13.3, the definition of target behavior may be revised in accordance with the evidence-base for contingency management as a treatment intervention for SUD to include non-use of substances other than stimulants, and/or other target behaviors such as treatment/medication adherence. During the initial phase of the pilot, HCA shall set a maximum dollar amount of total incentives in a calendar year that participating beneficiaries will be able to receive for successful completion of the treatment protocol. HCA may adjust the total incentives in a calendar year to align with future federal guidance regarding taxable income thresholds and/or classification. As described in Attachment Q, Section IV below, and consistent with the guardrails described in STC 13.3, providers have no discretion to determine the size or distribution of motivational incentives.

Attachment Q, Sections I.C-F below describe an example of how HCA will implement the incentive delivery schedule and corresponding dollar amounts. The final delivery schedule and corresponding dollar amounts are subject to change by HCA.

#### C. Treatment Schedule Overview.

Contingency management treatment will consist of a 24-week outpatient program, during which motivational incentives will be available for meeting the target behavior of substance-non-use. Weeks 1–12 of contingency management treatment will serve as the escalation/reset/recovery period, and weeks 13–24 will serve as the maintenance period.

D. Weeks 1-12: Escalation/Reset/Recovery Period. During the initial 12 weeks of the contingency management treatment, participating beneficiaries will be asked to visit the treatment setting in person for a minimum of two treatment visits per week. Visits will be separated by at least 72 hours (e.g., Monday and Thursday/Friday, or Tuesday and Friday) to help reduce the risk that drug metabolites from the same drug use episode will not be detected in subsequent point-of-care drug test. Participating beneficiaries will be able to earn motivational incentives during each visit the drug test indicates they have a negative sample for stimulants (or other target behaviors, such as a negative sample for other substances, or treatment adherence/medication, as determined by the State and consistent with Section 13 of the STCs).

The initial motivational incentive value for the first sample negative for stimulants in a series is \$10. For each week the participating beneficiary demonstrates non-use of stimulants (i.e., two consecutive point-of-care drug tests negative for stimulants), the value of the motivational incentive may be increased by up to \$2.00 The maximum aggregate motivational incentive a participating beneficiary can receive during this initial 12-week period is \$528.

When the participating beneficiary submits a positive sample or has an unexcused absence, the incentive for a subsequent negative sample will reset to the original incentive at the beginning of the incentive schedule.

A "recovery" of the pre-reset value will occur after two consecutive stimulant-negative urine or oral samples. At that time, the participating beneficiary will recover their previously earned motivational incentive level without having to restart the process.

- E. Weeks 13-24: Maintenance Period. During weeks 13–24, participating beneficiaries will be asked to visit the treatment setting for testing a minimum of once a week. During weeks 13–24, the value of the motivational incentive for each visit may be increased by up to \$2.00 compared to the prior visit. The maximum aggregate motivational incentive a participating beneficiary will be able to receive during weeks 13–24 is \$564.
- F. **Hypothetical Example: Incentive Delivery Schedule for Perfect Performance**. Table 1 illustrates an incentive delivery schedule for a participating beneficiary in a scenario where the beneficiary has a consistent attendance record and submits samples that are stimulant-negative during each visit over the 24-week period.

Table 1: Sample Incentive Schedule				
Week	Visit #	Incentive for Negative Test		
1	1	\$10.00		
1	2	\$12.00		
2	3	\$12.00		
2	4	\$14.00		
3	5	\$14.00		
3	6	\$16.00		
4	7	\$16.00		
4	8	\$18.00		

Tal	Table 1: Sample Incentive Schedule				
Week	Visit #	Incentive for Negative Test			
5	9	\$18.00			
5	10	\$20.00			
6	11	\$20.00			
6	12	\$22.00			
7	13	\$22.00			
7	14	\$24.00			
8	15	\$24.00			
8	16	\$26.00			
9	17	\$26.00			
9	18	\$28.00			
10	19	\$28.00			
10	20	\$30.00			
11	21	\$30.00			
11	22	\$32.00			
12	23	\$32.00			
12	24	\$34.00			
13	25	\$36.00			
14	26	\$38.00			
15	27	\$40.00			
16	28	\$42.00			
17	29	\$44.00			
18	30	\$46.00			
19	31	\$48.00			
20	32	\$50.00			
21	33	\$52.00			
22	34	\$54.00			
23	35	\$56.00			
24	36	\$58.00			
	TAL	\$1092.00			

**Note**: The incentive delivery schedule and corresponding dollar amounts in the section above are an illustrative example of how HCA will implement the contingency management program. This incentive delivery schedule and corresponding dollar amounts are subject to change by HCA.

#### II. Contingency Management Provider and Staffing Criteria

- A. **Contingency Management Providers**. Eligible providers meeting the criteria detailed in STC 13.4 and other applicable STCs will be eligible to deliver the contingency management benefit.
- B. **Contingency Management Coordinator.** At least two trained contingency management coordinators will administer the participating provider's contingency management program. The contingency management coordinator must meet the practitioner requirements listed in STC 13.4(c).
- C. Role of the Contingency Management Coordinator. The contingency management

coordinator will be the main point of contact for all contingency management program participating beneficiaries and will be responsible for collecting point of care drug testing samples, inputting test results, and supporting the delivery of motivational incentives as described in Attachment Q, Section IV below.

#### III. <u>Point-of-Care Drug Testing</u>

During each visit, the contingency management coordinator will collect a urine sample or an oral sample from the participating beneficiary. Rapid, point-of-care tests must be CLIA-waived. The sample will be tested for stimulants, including cocaine, amphetamine and methamphetamine, as well as for opioids, to rapidly indicate whether recent stimulant use occurred (or other substance use defined by the State and consistent with STC 13.2). Positivity for the single target substance is the only determinant of whether an incentive is provided). Urine samples will be collected in a point-of-care test cup with specimen validity measures. Oral samples may be used for validated oral tests.

#### IV. Incentive Delivery

- A. **Overview.** The contingency management coordinator will immediately inform the participating beneficiary of the results of the point-of-care drug test, and enter the results into a secure incentive management program that includes strict safeguards against fraud and abuse. The incentive management program will compute the appropriate motivational incentive earned according to the protocol detailed above in Attachment Q, Section I. The incentive amount can be immediately delivered electronically to participating beneficiaries via e-gift cards sent to participating beneficiaries' emails, sent to the provider to print the gift card, or delivered using other strategies developed by the incentive management program. The immediate delivery of the motivational incentive to the beneficiary following the determination of the motivational incentive amount earned by the incentive management program is a critical component of the contingency management benefit and consistent with the evidence-base.
- B. Incentive Calculations. A secure incentive management program, REDCap, will automatically calculate the appropriate motivational incentive amount based on the point of care test, results with adjustments for the escalating value, reset and recovery features as described above in Attachment Q, Section I. REDCap prevents tampering with, modifying or overriding the protocol amounts. Upon each visit, the results of the point of care test will be entered into REDCap. REDCap will operate using an algorithm based on the motivational incentive delivery schedule described above. Using this algorithm, when a result is entered, REDCap will report the amount of any motivational incentive the participating beneficiary should receive per the protocol. A positive test for stimulants will result in the participating beneficiary receiving no motivational incentive. A negative test for stimulants (or other substances as defined at State discretion and consistent with STC 56) will result in an incentive amount as indicated by REDCap, considering escalations and resets.
- C. **Oversight.** As a safeguard against fraud, waste and abuse, the contingency management coordinator, or other staff trained in the delivery of contingency management under the supervision of a Licensed Practitioner of the Healing Arts (LPHA) consistent with STC 57

when the contingency management coordinator is not available, will be permitted to enter the results of the participating beneficiary's point-of-care drug test into REDCap during the visit. On a recurring basis, the provider must conduct and document that a regular audit of the incentive delivery functions has been completed, including the software calculations recommended and incentive distributed. This provider audit must be conducted by an individual who has responsibility for overseeing the use of organizational funds (e.g., program or fiscal manager). The providers will be required to routinely submit the results of the audit to HCA.

- D. **Incentive Delivery Method and Parameters.** After the motivational incentive amount is determined, REDCap will disburse the motivational incentive and will track all motivational incentives awarded to all participating beneficiaries, including the date the incentive was distributed and the amount of the motivational incentive.
- E. **Incentive Types.** To redeem earned motivational incentives consistent with the protocol described in this Attachment Q, participating beneficiaries will be able to choose gift or debit cards from a range of retail outlet options to use or redeem the incentive balance, with restrictions placed on the incentives so they are not used to purchase weapons, cannabis, tobacco, alcohol, over-the-counter preparations containing possible intoxicants such as dextromethorphan, or pornographic material, or to participate in gambling (e.g., through the purchase of lottery tickets).

### Attachment R

### Service Definitions for the Reentry Demonstration Initiative

Covered Service	Definition		
Community Health Worker (CHW) Services	CHW services will be provided in the period up to 90 days immediately prior to the expected date of release and is intended to support Health-Related Social Needs (HRSN) screening and planning for access to social services and other community supports based on identified HRSNs. CHW services may include coordination with case management services to ensure culturally competent planning and referral support.		
Case Management	immediately prior to the expected date of release and is intende to support Health-Related Social Needs (HRSN) screening and planning for access to social services and other community supports based on identified HRSNs. CHW services may include coordination with case management services to ensure cultural		

Covered Service
Physical and Behavioral Health Clinical Consultation Services

Covered Service	Definition
	client after release, including behavioral health warm linkages.
	Services may include, but are not limited to:
	<ul> <li>Addressing service gaps that may exist in correctional care facilities;</li> <li>Diagnosing and stabilizing individuals while incarcerated, preparing them for release;</li> <li>Providing treatment, as appropriate, in order to ensure control of qualifying conditions prior to release (e.g. to suggest medication changes or to prescribe appropriate medical supplies, equipment, or appliances for post-release);</li> <li>Supporting reentry into the community; and</li> <li>Providing behavioral health clinical consultation which includes services covered in the State Plan rehabilitation benefit but is not limited to clinical assessment, patient education, therapy, counseling, and Peer Support services covered under the State Plan.</li> </ul>
Laboratory and	Laboratory and radiology services will be provided consistent with
Radiology Services	the State Plan.
Medications and Medication	Medications and medication administration will be provided consistent with the State Plan.
Administration	
Medication-Assisted Treatment	<ul> <li>MAT for Opioid Use Disorders (OUD) includes all medications approved under section 505 of the Federal Food, Drug, and Cosmetic Act (21 U.S.C. 355) and all biological products licensed under section 351 of the Public Health Service Act (42 U.S.C. 262) to treat opioid use disorders as authorized by the Social Security Act Section 1905(a)(29).</li> <li>MAT for Alcohol Use Disorders (AUD) and Non-Opioid Substance Use Disorders includes all FDA-approved drugs and services to treat AUD and other SUDs.</li> <li>Psychosocial services delivered in conjunction with MAT for OUD as covered in the State Plan 1905(a)(29) MAT benefit, and MAT for AUD and Non-Opioid Substance Use Disorders as covered in the State Plan 1905(a)(13) rehabilitation benefit, including assessment; individual/group counseling; patient education; prescribing, administering, dispensing,</li> </ul>

Covered Service	Definition
	ordering, monitoring, and/or managing MAT.
Services Provided Upon Release	Services provided upon release include:
	<ul> <li>Covered outpatient prescribed medications and over-the- counter drugs (a minimum 30-day supply as clinically appropriate, consistent with approved Medicaid or CHIP State Plan).</li> <li>Medical supplies, equipment, and appliances consistent with Medicaid State Plan requirements.</li> </ul>

# Attachment S Placeholder for Reentry Demonstration Initiative Implementation Plan

# Attachment T Placeholder for Reentry Demonstration Initiative Reinvestment Plan

# Attachment U Placeholder for Protocol for HRSN Infrastructure and HRSN Services

## Attachment V Placeholder for Provider Rate Attestation Table

Attachment W Placeholder for Monitoring Protocol