Joe Lombardo Governor



DEPARTMENT OF

HEALTH AND HUMAN SERVICES



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December 11, 2024

Chiquita Brooks-LaSure Administrator Centers for Medicare and Medicaid Services 7500 Security Boulevard Baltimore, MD 21244

Dear Ms. Brooks-LaSure:

Nevada is committed to reforming its system of care to improve health outcomes for individuals with serious mental illness (SMI). In the 81st (2021) Session of the Nevada Legislature, SB 154 was approved, which permits the Department of Health and Human Services to apply for a waiver to reimburse for acute inpatient stays in Institutions for Mental Disease (IMDs) for Medicaid-eligible individuals ages 21 years–64 years with a SMI, to include treatment rendered at psychiatric hospitals.

On December 29, 2022, Nevada received approval for a Section 1115 waiver under Title XIX of the Social Security Act, titled "Nevada's Treatment of Opioid Use Disorders (OUD) and Substance Use Disorders (SUD) Transformation Project". This waiver allows the State to receive federal Medicaid matching funds to support Medicaid reimbursement for SUD treatment when provided in an IMD. This amendment requests additional waiver authority to expand federal Medicaid matching funds to pay IMDs that deliver treatment and services to recipients with a SMI. Additionally, the State seeks federal waiver authority to cover services that aim to address certain health-related social needs (HRSNs). By covering HRSN services, the State believes it can better support successful community transitions and stable community living.

The Nevada Department of Health and Human Services (DHHS), Division of Health Care Financing and Policy (DHCFP), requests authority from the Centers for Medicare & Medicaid Services (CMS) to amend the existing five-year, Section 1115 demonstration waiver. We are pleased to submit Nevada's Section 1115 demonstration waiver amendment request entitled "Nevada's Treatment of Substance Use Disorders (SUDs) and Serious Mental Illness (SMI) Transformation Project".

This project is intended to expand the behavioral health continuum of care for Medicaid-enrolled Nevadans over the age of 21 years, by supporting individuals with often co-occurring disorders, as well as HRSNs, that complicate accessing treatment and achieving community stability. Specifically, DHHS seeks a waiver to implement housing and nutrition supports for recipients experiencing, or at-risk of, homelessness, in addition to the waiver of the IMD exclusion for individuals between 21 years and 64 years receiving treatment for SMI in an IMD. This demonstration is aligned with the objectives of Title XIX and Title XXI of the Social Security Act to improve access to high-quality, person-centered services that produce positive health outcomes for individuals.

Included in this application, Nevada has identified the strategies to address goals and milestones specific for the 1115 SMI Demonstration. Hypothetical budget-neutrality projections were also developed using CMS requirements, with the format adjusted to accommodate the SMI and HRSN services outlined in this demonstration request. The Demonstration will not modify the State's current Medicaid program or Children's Health Insurance Program outside of the benefits and reimbursement methodologies described within this application.

We appreciate your time and commitment to working with Nevada toward the approval of this application.

If you have any policy questions regarding this section 1115 demonstration amendment, please contact Cynthia Leech, Compliance Agency Manager at (775) 684-7964 or cleech@dhcfp.nv.gov.

Sincerely,

Richard Whitley, Director Department of Health and Human Services

Enclosures

cc: Cynthia Leech, Compliance Agency Manager, Division of Health Care Financing and Policy (DHCFP)

Section 1115 Demonstration Amendment

Nevada's Treatment of Substance Use Disorders (SUDs) and Serious Mental Illness (SMI)/Severe Emotional Disturbance (SED) Transformation Project

State of Nevada Department of Health and Human Services Division of Health Care Financing and Policy





November 25, 2024

Joe Lombardo Governor State of Nevada Richard Whitley, MS Director Department of Health and Human Services

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Section 1: Executive Summary

On December 29, 2022, Nevada received approval for a Section 1115 Demonstration under Title XIX of the Social Security Act (SSA), titled Nevada's Treatment of Opioid Use Disorders (OUD) and Substance Use Disorders (SUD) Transformation Project. This Demonstration allows the State to receive federal Medicaid and Children's Health Insurance Program (CHIP) matching funds to support Medicaid and CHIP reimbursement for SUD treatment when provided in an Institution for Mental Disease (IMD). This amendment requests additional expenditure authority to expand Medicaid reimbursement with federal funds under Title XIX and XXI of the SSA to pay IMDs that deliver treatment and services to adults with serious mental illness (SMI) and children with serious emotional disturbance (SED).

Additionally, the State seeks federal expenditure authority to cover services that aim to address certain health-related social needs (HRSNs) for eligible Medicaid and CHIP members. By covering HRSN services, the State believes it can better support eligible members with successful community transitions and stable community living.

Specifically, the State of Nevada is seeking authority to:

- Reimburse for acute inpatient stays in IMDs for Medicaid-eligible individuals ages 21 years to 64 years with a SMI/SED, to include treatment rendered at State psychiatric hospitals. This request is pursuant to legislation passed during the State's 81st legislative session and the opportunity announced by the Centers for Medicare & Medicaid Services (CMS) via State Medicaid Director Letter #18-011.
- Provide access to essential healthcare for children who are diagnosed with a SED and require treatment in an IMD, and who would otherwise be ineligible for services under Medicaid or for enrollment in CHIP.
- Pay for HRSN services to provide housing and nutrition supports through an 1115 Waiver demonstration authority. This request aligns with CMS' HRSN goals and framework as described in the November 16, 2023, informational bulletin, and eligibility criteria will incorporate specific clinical and social risk factors.¹

This amendment reflects the State's broader efforts to strengthen its continuum of care for individuals with behavioral health (BH) disorders, which, in some cases, includes care and treatment in an IMD setting. This waiver amendment will ensure comparable access to IMDs for Medicaid and CHIP enrollees with SMI/SED, as well as SUD, when necessary, regardless of delivery system.

Currently, managed care organizations can provide up to 15 days of coverage as an in-lieu-of service for individuals with SMI residing in an IMD. However, individuals served via fee-for-service (FFS) do not have such access. This demonstration will provide equity in coverage for this population by allowing for reimbursement in an IMD for an average length of stay of up to 30 days, regardless of the delivery system. This will eliminate the inconsistency between managed care and FFS coverage, to ensure comparability among delivery systems. The State requests an effective date for the amendment of no later than January 1, 2025.

¹ CMCS Informational Bulletin

Section 2: Program Background and Description

A. Demonstration Rationale

The National Institute of Mental Health noted that, in 2021, more than one in five people in the United States are living with a mental illness. SMI causes severe functional impairment in life activities. In 2021, it was estimated that 14.1 million individuals over the age of 18 years suffered from a SMI.² A Substance Abuse and Mental Health Services Administration study found that 54.5% of adults aged 18 years or older with SMI had a perceived unmet need for services. Among the 7.2 million adults with SMI and a perceived unmet need for 2.8 million people) did not receive any mental health services, most commonly due to being unable to afford the cost of care.³

The following statistics demonstrate the impact of mental health conditions in Nevada:

- Suicide is the ninth leading cause of death in Nevada.⁴
- 474,000 adults in Nevada have a mental health condition, more than eight times the population of Carson City.
- In Nevada, 109,000 adults have a serious mental illness.
- Of the 164,000 adults in Nevada who did not receive needed mental health care, 51% did not because of cost.
- 2,445,591 people in Nevada live in a community that does not have enough mental health professionals.
- Nevadans are over four times more likely to be forced out of network for mental health care than for primary health care, making it more difficult to find care and less affordable due to higher out-of-pocket costs.
- 33,000 Nevadans aged 12 years–17 years have depression.
- 72.4% of Nevadans aged 12 years–17 years who have depression did not receive any care in the last year.
- High school students with depression are more than twice as likely to drop out than their peers.
- 11.5% of the people in the state are uninsured, as compared with the national average of 8.6%.⁵

Nearly 7,000 people in Nevada are homeless, and one in three live with SMI.⁶ The National Institute for Drug Abuse cites "about half of those who experience a mental illness during their lives will also experience a substance use disorder and vice versa."⁷ Individuals with BH disorders are significant utilizers of healthcare services, with approximately one in eight visits to emergency departments (EDs) involving

² Mental Illness - National Institute of Mental Health (NIMH) (nih.gov)

³ 2021 NSDUH Annual National Report | CBHSQ Data (samhsa.gov)

⁴ <u>Nevada (cdc.gov)</u>

⁵ <u>Percentage of Population Without Health Insurance Coverage by State (census.gov)</u>

⁶ <u>NevadaStateFactSheet.pdf (nami.org)</u>

⁷ Common Comorbidities with Substance Use Disorders Research Report: References | NIDA (nih.gov)

mental health and/or SUDs.⁸ Medicaid is currently the single largest payer for BH services and is increasingly playing a larger role in the reimbursement of SUD services.⁹

According to the Mental Health in America's (MHA's) 2023 State of Mental Health in America report, Nevada currently ranks ninth in the nation for youth and adults with a high prevalence of mental illness and thirty-eighth in access to care. Nevada ranks forty-second in mental health provider availability, with a provider-to-patient ratio of 2,077:1. For MHA's overall ranking, a combined score across 15 measures for both adult and youth measures, including prevalence and access to care measures, Nevada ranked twenty-ninth among all the states.¹⁰ Additionally, every day, there is an average of 102 individuals waiting in emergency rooms across Nevada for BH services.¹¹

Some form of mental illness represents one of the top ten diagnoses in both managed care areas as well as areas with FFS coverage.

⁸ Trends in Emergency Department Visits Involving Mental and Substance Use Disorders, 2006-2013 (ahrq.gov)

⁹ Behavioral Health Services | Medicaid

¹⁰ <u>https://mhanational.org/issues/2023/ranking-states</u>

¹¹ Towards a Comprehensive Crisis System in Nevada

		Benefit Program: TXIX (Medicaid)	Patients			
Location	Diagnosis Code	Diagnosis Principal	CY 2020	CY 2021	CY 2022	CY 2023
	R69	Illness, unspecified	466,416	508,294	533,038	569,732
	F70	Mild intellectual disabilities	130,254	128,299	130,662	122,496
	F71	Moderate intellectual disabilities	93,382	86,540	93,015	93,739
	F840	Autistic disorder	92,513	101,933	108,839	127,224
Clark	F8089	Other developmental disorders of speech and language	81,526	101,379	171,138	166,160
County	110	Essential (primary) hypertension	80,368	76,727	76,732	71,220
	F411	Generalized anxiety disorder	62,783	66,684	62,071	74,409
	F82	Specific developmental disorder of motor function	52,746	71,004	82,705	85,890
	Z62898	Other specified problems related to upbringing	52,087	54,110	52,368	50,470
	F331	Major depressive disorder, recurrent, moderate	N/A	51,574	56,254	72,790
	F70	Mild intellectual disabilities	31,467	31,648	33,147	31,449
	R69	Illness, unspecified	27,095	23,396	20,739	22,390
	F71	Moderate intellectual disabilities	20,109	19,623	19,318	17,304
	F840	Autistic disorder	16,922	21,109	21,538	26,269
Washoe	F79	Unspecified intellectual disabilities	12,279	9,654	7,804	6,554
County	F72	Severe intellectual disabilities	9,119	7,519	7,769	7,685
	F802	Mixed receptive-expressive language disorder	8,351	11,731	8,977	28,344
	N186	End stage renal disease	6,840	6,352	6,350	5,253
	F80	Specific Developmental Disorders of Speech and Language	N/A	N/A	N/A	14,782
	R620	Delayed milestone in childhood	N/A	N/A	N/A	5,358
	F70	Mild intellectual disabilities	24,966	25,178	26,578	28,957
	R69	Illness, unspecified	34,137	30,502	25,041	25,334
	F8089	Other developmental disorders of speech and language	13,605	19,549	22,684	18,675
	F411	Generalized anxiety disorder	N/A	15,805	17,684	20,549
All Other	F71	Moderate intellectual disabilities	16,024	14,903	16,687	19,594
All Other Counties	F4310	Post-traumatic stress disorder, unspecified	17,594	16,385	16,676	16,474
	K029	Dental caries, unspecified	N/A	N/A	16,326	15,988
	F1520	Other stimulant dependence, uncomplicated	18,857	18,160	15,526	17,786
	F840	Autistic disorder	N/A	N/A	14,926	17,055
	Z00129	Encounter for routine child health examination without abnormal findings	13,568	14,633	N/A	14,476

Table 1: Top Ten Diagnoses by Utilization Within Each Region

These statistics underscore the need to continue to increase availability of targeted services and enhance the mental health care system, as well as ensure processes and systems are in place to link recipients to the right treatment and setting. Expansion of Nevada's current 1115 SUD IMD demonstration waiver to include the SMI population will allow for more integrated treatment efforts toward individuals with mental health and substance use comorbidities.

Nevada identified housing and nutrition as a critical gap in the continuum of care for Medicaid members and their families. According to the National Alliance to End Homelessness, Nevada has the tenth highest homeless rate in the country.¹² Based on information reported by individuals on their Medicaid applications, more than 50,000 Nevadans enrolled in Medicaid face (or have faced) homelessness in

¹² State of Homelessness: 2024 Edition - endhomelessness.org

addition to poverty. People without housing experience more health problems than the rest of the population, such as higher rates of infectious disease (e.g., HIV infection), SUD, mental illness, hypertension, diabetes, and asthma.¹³ Homelessness can also exacerbate existing chronic health conditions due to a lack of access to primary and preventive care, in addition to poor living conditions.¹⁴ The homeless population is also more likely to seek care in the ED and be hospitalized than the general population.¹⁵ Feeding America reported that Nevada ranks eighth nationally among states with the highest overall food insecurity in 2021 at 15.2%. The data also reveals that food insecurity in Nevada surveyed community members and found that 20% indicated utility bills had an impact on the ability to purchase food every month, and 19% indicated that housing costs made it difficult to purchase food every month.¹⁶

B. Overview of Nevada's Behavioral Health Delivery System

The State of Nevada's Division of Health Care Financing and Policy (DHCFP) Benefits Unit oversees Medicaid policies for rehabilitative mental health, substance abuse prevention and treatment, targeted case management, inpatient hospital psychiatric services, as well as psychiatric residential treatment facilities. Services are delivered via managed care in Clark and Washoe counties, representing approximately 75% of Nevada's population. The majority of the state's population is spread out over rural and frontier areas.¹⁷ The 82nd Legislature authorized the funding of expansion of Medicaid managed care to cover most populations in all counties in Nevada starting with the 2026 managed care organization (MCO) contract.

An estimated 75,000 individuals, including children, parents, and adults without children, who live in rural Nevada counties will be added to managed care. The remaining ~126,000 individuals in the FFS Medicaid program will reflect one of the following groups:

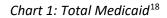
- Katie-Beckett Program for children
- Children in the welfare system (foster care and juvenile justice)
- Individuals with disabilities
- Seniors (ages 65 years and older)
- People receiving home- and community-based waiver services

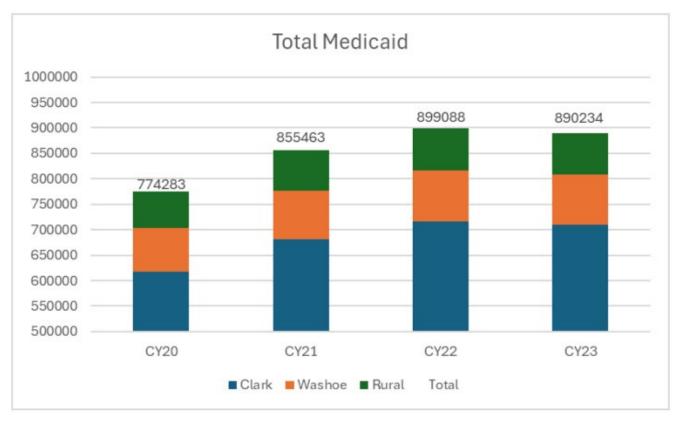
¹³ https://www.cdc.gov/phlp/publications/topic/resources/resources-homelessness.html

¹⁴ Health Problems of Homeless People - Homelessness, Health, and Human Needs - NCBI Bookshelf (nih.gov)

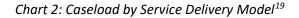
¹⁵ Prevalence of Homelessness in the Emergency Department Setting - PMC (nih.gov)

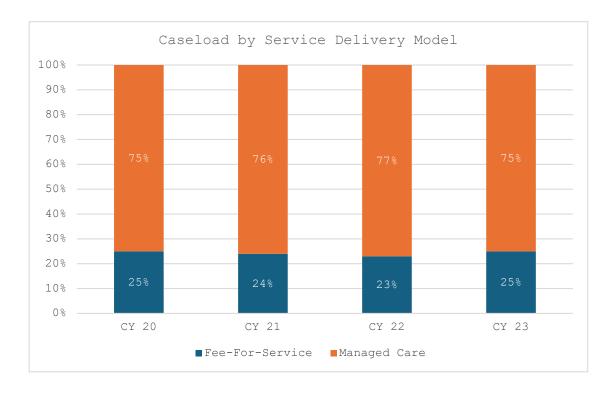
¹⁶ https://dpbh.nv.gov/uploadedFiles/dpbhnvgov/content/Programs/FINAL_FSSP.pdf





¹⁸ 2024 Draft Access to Care Monitoring Review Plan (nv.gov)





Additionally, the Nevada Division of Public and Behavioral Health (DPBH) is part of the Department of Health and Human Services (DHHS), under the Executive Branch of the State of Nevada. DPBH is organized into six branches, including the Clinical Services Branch. The primary purpose of the Clinical Services Branch is to provide statewide inpatient, outpatient, and community-based public and BH services to Nevadans. Programs include Lake's Crossing Center for Mentally Disordered Offenders, Northern Nevada Adult Mental Health Services, Southern Nevada Adult Mental Health Services, and Rural Clinics and Community Health Services. Nevada's geographical structure, as well as the rapid growth in Nevada Medicaid, poses challenges in accessing health care. Nevada is made up of 17 counties that include urban, rural, and frontier areas. Due to the rural and frontier nature throughout the state, some recipients must seek medical care outside their residential area.

Nevada Medicaid's philosophy assumes that BH services should be person-centered and/or family driven. This includes ensuring that services are culturally competent, community supportive, and strength based. The services must address multiple domains, be in the least restrictive environment, and involve family members, caregivers, and informal supports when considered appropriate per the recipient or legal guardian. Service providers collaborate and facilitate full participation from team members, including the individual and their family, to address the quality and progress of the individualized care plan and tailor services to meet the recipient's needs. Currently, the State offers an array of BH community and crisis services for children and adults. Nevada also covers services in an IMD under 1115 Demonstration authority since January 1, 2023. Adding the SMI/SED IMD exclusion and HRSN services to the existing SUD 1115 Demonstration will further allow for the Nevada system to fully meet the needs of Medicaid and CHIP members across a continuum of care.

¹⁹ 2024 Draft Access to Care Monitoring Review Plan (nv.gov)

Community-Based Mental Health Services

Children

For children's services, Nevada utilizes the Child and Adolescent Service Intensity Instrument (CASII) to determine intensity of need. The services must be recommended by a physician or other licensed practitioner of the healing arts, within their scope of practice under State law, for the maximum reduction of a physical or mental disability, and to restore the individual to the best possible functioning level. Providers shall deliver youth-guided effective, comprehensive, evidence-based treatments and interventions, monitor child/family outcomes through utilization of child and family team meetings, and continuously work to improve services to ensure overall fidelity of recipient care. A written individualized treatment plan, referred to as the treatment plan, is a comprehensive, progressive, personalized plan that includes all prescribed BH services.

Other services include medication management and medication training and support. For individuals requiring a higher level of care, options include the Partial Hospitalization Program (PHP) as well as mental health intensive outpatient (IOP). The State also has secure 24-hour services, with psychiatric monitoring based on intensity of need. Psychosocial rehabilitation and basic skills training are also provided to both children and adults. These are interventions designed to reduce cognitive and behavioral impairments, restore recipients to their highest level of functioning, and includes self-care, social, and communication skills.

Additional resources are being considered for development for the child mental health system. These include:

- Coverage of qualified residential treatment program-like models with less than 15 beds:
 - Children with SED/SMI, who are 13 years to 20 years of age
 - Group home settings (most under 16 beds)
- Expansion of school health services, statewide:
 - Incentivize screening for BH conditions
 - Remove county share individual and family therapy rate increases
 - Add-on for services in rural areas
 - Add-on for in-home services or telehealth in-home for rural behavioral support services and psychosocial
- Rehabilitation services:
 - o Rate increases and expansion to all children with SED
 - o Rate parity for inpatient psychiatric with acute hospital for psych and detox²⁰

Adult

Adult intensity of need is measured via the Level of Care Utilization Scale (LOCUS). The service array currently consists of outpatient mental health (MH) services, rehabilitation mental health (RMH) services, basic skills training (BST), the Program for Assertive Community Treatment (PACT), peer-to-peer services,

²⁰ Public Workshop CBHT Presentation 3/21/24 (nv.gov)

crisis intervention services, mobile crisis response delivered by designated mobile crisis team, and psychosocial rehabilitation (PSR).

Outpatient MH services employ several different service delivery models: behavioral health community networks (BHCNs), independently licensed BH professionals, and BH rehabilitative treatment providers. Services provided by outpatient MH can include assessment and diagnosis, testing, basic medical and therapeutic services, crisis intervention, MH therapist and therapeutic interventions (PHP and IOP), medication management, medication training/support, and case management services.

BHCNs are public or private entities that provide outpatient MH services (i.e., assessments, therapy, testing, and medication management), 24-hour per day emergency response for recipients, and screening for recipients under consideration for admission to inpatient facilities. There is a requirement that BHCNs coordinate care with individual RMH providers. BHCNs are able to provide PHP when working in collaboration with a hospital or federally qualified health center (FQHC.) Additionally, a FQHC may also provide PHP. BHCNs may also provide IOP.

Independent BH professionals include independently licensed psychiatrists, psychologists, advanced practice registered nurses, physician assistants, licensed clinical social workers, licensed marriage and family therapists, and licensed clinical professional counselors independently licensed in the State of Nevada. Qualified MH professionals include licensed intern BH professionals, including a Licensed Master Social Worker, Licensed Marriage and Family Therapist Intern, and Licensed Clinical Professional Counselor Intern.

BH rehabilitative treatment is provided by individual RMH providers and must work under the supervision of an independently licensed BH professional, unless the RMH provider is also enrolled as a qualified MH professional.

BST services are interventions designed to reduce cognitive and behavioral impairments and restore recipients to their highest level of functioning. BST services are provided to recipients with age and developmentally inappropriate cognitive and behavioral skills. BST services help recipients acquire (relearn) constructive cognitive and behavioral skills through positive reinforcement, modeling, operant conditioning, and other training techniques.

PACT is an evidence-based, multi-disciplinary, team-based approach of the direct delivering of comprehensive and flexible treatment, support, and services within the community. PACT is for individuals who have the most serious and intractable symptoms of a SMI and who, consequently, have the greatest difficulty with basic daily activities, keeping themselves safe, caring for their basic physical needs, or maintaining a safe and affordable place to live, and require interventions that have not been effectively addressed by traditional, less intensive services.

Peer-to-peer support services are interventions designed to reduce social and behavioral impairments and restore recipients to their highest level of functioning. Peer-to-peer supporters (e.g., peer supporters) help the recipient live, work, learn, and participate fully in their communities. Peer-to-peer services must be delivered directly to recipients and must directly contribute to the restoration of the recipient's diagnosed MH and/or BH condition.

PSR services are interventions designed to reduce psychosocial dysfunction (i.e., interpersonal cognitive, behavioral development, etc.) and restore recipients to their highest level of functioning. PSR services

target psychological functioning within a variety of social settings.

All adult mental health services require the completion of a comprehensive mental health assessment, to include the diagnosis of a mental or emotional disorder and document a current International Classification of Diseases (ICD) diagnosis, a level of care determination using tools required by Nevada Medicaid (including LOCUS and service-specific assessment tools), and development of a treatment plan that includes measurable goals, objectives, and discharge criteria.

CCBHCs

In addition to the range of BH services for children and adults, the State also has Certified Community Behavioral Health Clinics (CCBHCs) that serve any individual in need of care, regardless of ability to pay. The CCBHCs serve the 'whole person' by offering person-centered and family-centered care to:

- Adults with SMI
- Children with SED
- Individuals with severe SUDs
- Individuals with mild or moderate mental illness and substance abuse disorders

CCBHCs provide outpatient BH services and primary care screenings and monitoring for children, adults, and families, with the goals to provide:

- Community-based MH and SUD services
- Combined BH and physical health care, with no wrong-door entry to services
- Evidence-based practices
- Improved access to high-quality care
- Care coordination and case management to address all needs of the individual
- Better overall health outcomes

There are nine CCBHCs providing services under the State Plan authority. CCBHC certification indicates that the entity meets criteria as established by the State of Nevada, by the DPBH Health Care Quality and Compliance (HCQC) Bureau.

Care Management and Care Coordination

Treatment plans should be developed with a goal that promotes collaboration between other health providers of the recipient community supports including, but not limited to, community resources, friends, family, or other supporters of the recipient, and recipient-identified stakeholders, to ensure the recipient can receive care coordination and continuity of care. When multiple providers are involved, a primary care coordinator must be designated. The primary care coordinator develops the care coordination plan between the identified BH services and integration of other supportive services

involved with a recipient's services.

Crisis Intervention

Nevada utilized Section 9813 of the American Rescue Plan Act (ARPA) to initiate a state planning grant by CMS to assist in the development and implementation of qualifying community-based mobile crisis intervention services under its Medicaid State Plan. Due to the planning grant, Nevada identified a need for mobile crisis response teams that comply with ARPA and the US Social Security Administration as designated mobile crisis teams (DMCTs), which the State is planning to implement and develop as a provider model. DMCTs respond in person at the location in the community in which a crisis arises or at a family's location of choice. For individuals 18 years of age and younger, responses in urban Clark and Washoe counties are required to be conducted face-to-face and in person, with an average response time within one hour; average response times for these individuals in rural areas are within two hours. Telehealth responses in these locations shall be initiated as soon as possible, within one hour, with face-to-face and in-person team members arriving within one hour in urban areas and within two hours in rural areas. Nevada DHCFP has recently received state plan approval to include intensive crisis stabilization services performed in a crisis stabilization center endorsed under a hospital licensure as well as community-based mobile crisis intervention services.

IMD Facility Capacity

The only public psychiatric hospital serving northern Nevada, Dini-Townsend Hospital, offers acute crisis stabilization on the Rapid Stabilization Unit. This unit has 10 beds. An additional 20 beds are open for acute medical stabilization for individuals that need more intensive therapy. This unit has an average length of stay of 14 days.

Southern Nevada adult MH services are provided for adults living in Clark County. The main campus is located in Las Vegas and has three hospital buildings for the general population as well as a forensic unit. The campus is co-located with the State hospital for children and adolescents.

Lake's Crossing Center (LCC) is a maximum security, forensic psychiatric facility. The program provides inpatient and outpatient services statewide to individuals involved with the criminal justice system and who have concurrent MH issues. The majority of the population served are individuals for whom the question of competency to stand trial has been raised and who may need restoration to competency so they can proceed with their adjudication. Hundreds of outpatient evaluations are performed by the clinical staff annually to determine whether individuals referred by the courts need to be committed for restoration. LCC performs precommitment evaluations for the State, except for Clark County, which contracts with private providers. When a need for restoration is determined, defendants are committed to LCC. Hundreds of defendants a year are provided these inpatient services. The program also treats individuals who are found not guilty by reason of insanity and those who cannot be restored to competency and are assessed as needing the level of care of a maximum-security facility.

Additional inpatient psychiatric facilities are listed below:

Table 2: Inpatient Psychiatric Hospitals

Name	City	Beds
	City	Deus
Desert Parkway Behavioral Healthcare Hospital	Las Vegas	152
Desert Winds Hospital	Las Vegas	114
Reno Behavioral Healthcare Hospital LLC	Reno	103
Seven Hills Hospital, LLC	Henderson	134
Southern Hills Hospital and Medical Center	Las Vegas	265
Desert Willow (State of Nevada)	Las Vegas	30
Southern Nevada Adult Mental Health Services (State of Nevada)	Las Vegas	274
Northern Nevada Adult Mental Health Services (State of Nevada)	Sparks	
Spring Mountain Treatment Center (UHS of Spring Mountain, Inc)	Las Vegas	110
UHS Sahara Inc	Las Vegas	30

HRSN Services

Nevada currently offers housing and nutrition supports under the MCO in-lieu of services (ILOS) authority for managed care members experiencing or at risk of homelessness. These services are optional to the MCOs and members, and the ILOS authority is not applicable to FFS members. Nevada will use a combination of ILOS and this 1115 demonstration authority to promote coverage and access across managed care and FFS.

C. Current Demonstration

CMS approved "Nevada's Treatment of Opioid Use Disorders (OUDs) and Substance Use Disorders (SUDs) Transformation Project" Section 1115(a) Medicaid demonstration on December 29, 2022, for the period from January 1, 2023 through December 31, 2027. Nevada's Health Information Technology and Implementation Plans were approved by CMS on May 24, 2023. The SUD demonstration waiver is focused on services for those with OUDs and other SUDs. The current demonstration waiver allows for payment for services in an IMD for individuals with OUDs and SUDs and increases the State's alignment with the American Society of Addiction Medicine (ASAM) criteria for assessment and levels of treatment for substance use.

Section 3: Proposed Demonstration Amendment

A. Reimburse for Acute Inpatient Stays in IMDs

Nevada Medicaid seeks authority to cover acute inpatient stays in IMDs for Medicaid-eligible individuals ages 21 years–64 years with SMI/SED, including treatment rendered at State psychiatric hospitals. This request is pursuant to legislation passed during the State's 81st Legislative session, and the opportunity was announced by CMS via State Medicaid Director Letter #18-011. Implementation will ensure alignment with CMS' expectation of the State to achieve a statewide average length of stay of 30 days for beneficiaries receiving care in IMDs.

In addition, through coverage for CHIP enrollees, this demonstration will provide access to essential healthcare for children who are diagnosed with an SED and require treatment in an IMD, and who would otherwise be ineligible for services under Medicaid or for enrollment in CHIP.

B. Implement HRSN Services to Address Housing Needs

Nevada Medicaid seeks to improve health outcomes and lower health care costs by assisting Medicaid recipients with accessing and maintaining stable housing and nutrition supports. Below are the proposed services, populations, and examples of social risk factors and clinical criteria under consideration. ILOS authority will remain in place for MCOs to offer nutrition supports; therefore, the nutrition supports included in this request are targeted to FFS members to provide coverage for eligible FFS members consistent with ILOS coverage for managed care members.

Service	Definition and Scope	Eligible Population	Social Risk Factors	Clinical Criteria
Housing Navigation and Tenancy Sustaining Services	 Housing transition and navigation services Pre-tenancy navigation services Tenancy and sustaining services, including individualized case management Connecting enrollees to resources to address barriers. For example: 	All managed care and FFS Medicaid members based on social and clinical criteria	 Homeless OR At risk of homelessness, with income below 30% of median family income 	 SUD/OUD SMI/SED At risk of institutionalization or overdose, or in need of residential services because of a SUD, SED, SMI, or other BH condition At risk of experiencing a BH crisis or utilizing the ED Pregnant or had a recent live birth

Table 3: Proposed Health Related Social Need Services

Service	Definition and Scope	Eligible Population	Social Risk Factors	Clinical Criteria
	 Address denials of health 			within the last sixty (60) days
	benefits, food stamps, disability benefits • Assist with criminal			 Discharged from a correctional or medical facility within the last ninety (90) days
	 background checks Prevent evictions Support access to legal aid 			 Transitioning, or will be transitioning, within the next thirty (30) days from an institutional or inpatient setting to the home or community setting
				OR
				 Victim of human trafficking or domestic violence
Nutrition	Nutrition counseling	All FFS	• Homeless	• SUD/OUD
and Meal Supports	 and instruction, tailored to health risk, nutrition- sensitive health conditions, and/or demonstrated outcome improvement Home-delivered meals or pantry stocking, up to 3 meals per day 	Medicaid members based on social and clinical criteria	OR • At risk of homelessness, with income below 30% of median family income	 SMI/SED At risk of institutionalization or overdose, or in need of residential services because of a SUD, SED, SMI, or other BH condition At risk of experiencing a BH crisis or utilizing the ED Pregnant or had a recent live birth
				within the last sixty(60) daysDischarged from a

Service	Definition and Scope	Eligible Population	Social Risk Factors	Clinical Criteria
				correctional or medical facility within the last ninety (90) days
				 Transitioning, or will be transitioning, within the next thirty (30) days, from an institutional or inpatient setting to the home or community setting
				OR
				 Victim of human trafficking or domestic violence

Section 4: Demonstration Goals and Objectives

The demonstration's overarching objectives have been revised to reflect the proposed inclusion of SMI/SED IMD and HRSN services as outlined below:

- Goal: Increase access to critical SUD and SMI/SED treatment through funding within the Nevada Medicaid program under this demonstration. Desired Outcome: Amending the demonstration to include SMI/SED services will ensure Medicaid beneficiaries receive the appropriate treatment when determined to need either an ASAM residential/inpatient or a SMI/SED inpatient level of care within an IMD.
- 2. **Goal:** Enhance the Medicaid delivery system to support the whole person, including physical health, behavioral health, and HRSN services. **Desired Outcome:** Housing navigation and tenancy-sustaining services and nutrition supports will ensure Medicaid members in need of stable housing and nutrition receive the necessary supports.
- 3. **Goal:** Support disenfranchised Medicaid members by promoting equitable access to services and supports. **Desired Outcome:** SMI/SED and HRSN services will support some of the most vulnerable Medicaid members.

Section 5: Hypotheses and Evaluation Plan

The State's goals in amending the demonstration are in alignment with CMS' guidance for SMI/SED and HRSN demonstration opportunities, including but not limited to the following:

- Reduced utilization and lengths of stay in EDs among Medicaid beneficiaries with SMI or SED while awaiting mental health treatment in specialized settings
- Reduced preventable readmissions to acute care hospitals and residential settings
- Improved availability of crisis stabilization services, including services made available through call centers and mobile crisis units, intensive outpatient services, as well as services provided during acute short-term stays in residential crisis stabilization programs, psychiatric hospitals, and residential treatment settings throughout the state
- Improved access to community-based services to address the chronic mental health care needs of beneficiaries with SMI or SED, including through increased integration of primary and BH care
- Improved care coordination, especially continuity of care in the community following episodes of acute care in hospitals
- Improved capacity and systems for engaging members and identifying needs, including HRSNs
- Improved health status of Medicaid beneficiaries by removing social barriers to health

Based on the identified goals, and in alignment with CMS guidance for SMI/SED and HRSN services demonstrations, the State proposes to test the demonstration under the tentative hypotheses summarized in Table 4 below. All components of the tentative plan are subject to change and will be further refined as Nevada works with CMS to develop an evaluation design consistent with the standard terms and conditions.

Objectives (O)	Goals (G)	Proposed Hypotheses (H)
O.1.Increase access to	G.1. Reduced utilization and	H.1. The SMI/SED demonstrations
critical SUD and SMI/SED	lengths of stay in EDs among	will result in reductions in utilization
treatment through funding	Medicaid beneficiaries with SMI	and length of stay in EDs among
within the Nevada	or SED while awaiting mental	Medicaid beneficiaries with SMI/SED
Medicaid program under	health treatment in specialized	while awaiting mental health
this demonstration.	settings	treatment.
Amending the	G.2. Reduced preventable	H.2. The SMI/SED demonstration will
demonstration to include	readmissions to acute care	result in reductions in preventable
SMI/SED services will	hospitals and residential	readmissions to acute care hospitals
ensure Medicaid	settings	and residential settings.
beneficiaries receive the		

Table 4: High-Level Evaluation Plan

Objectives (O)	Goals (G)	Proposed Hypotheses (H)
appropriate treatment	G.3. Improved availability of	H.3. The SMI/SED demonstration will
when determined to need	crisis stabilization services,	result in improved availability of
either an ASAM	including services made	crisis stabilization services
residential/inpatient or an	available through call centers	throughout the state.
SMI/SED inpatient level of	and mobile crisis units, IOP	
care within an IMD.	services, as well as services	
	provided during acute short-	
	term stays in residential crisis	
	stabilization programs,	
	psychiatric hospitals, and	
	residential treatment settings	
	throughout the state	
O.2. Enhance the Medicaid	G.4. Improved access to	H.4. Access of beneficiaries with
delivery system to support	community-based services to	SMI/SED to community-based
the whole person, including	address the chronic mental	services to address their chronic
physical health, BH, and	health care needs of	mental health care needs will
HRSNs. Housing navigation	beneficiaries with SMI or SED,	improve under the demonstration,
and tenancy sustaining	including through increased	including through increased
services and nutrition	integration of primary and BH	integration of primary and BH care.
supports will ensure	care	
Medicaid members in need		
of stable housing and		
nutrition receive the		
necessary supports.		
O.3. Support	G.5. Improved care	H.5. The SMI/SED demonstration will
disenfranchised Medicaid	coordination, especially	result in improved care coordination,
members by promoting	continuity of care in the	especially continuity of care in the
equitable access to services	community following episodes	community following episodes of
and supports. SMI/SED and	of acute care in hospitals and	acute care in hospitals and
HRSN services will support	residential treatment facilities	residential treatment facilities.
some of the most	G.6. Improved capacity and	G.6 Screening for social needs will
vulnerable Medicaid	systems for engaging members	increase, which will result in
members.	and identifying needs, including	increased referrals to services over
	HRSNs	the period of the demonstration.
	G.7. Improved health status of	H.7.a. Utilization of preventive and
	Medicaid beneficiaries by	routine care will increase among
	removing social barriers to	individuals who receive housing and

Objectives (O)	Goals (G)	Proposed Hypotheses (H)	
	health	nutrition supports.	
		H.7.b. The demonstration will increase access to services and will result in a decrease in avoidable ED use.	

The State will provide updates to existing demonstration reporting and quality and evaluation plans. This will include a description of how the evaluation design and annual progress reports will be modified to incorporate the amendment provisions, as well as the oversight, monitoring, and measurement of the provisions.

Data collected to track progress towards the goals and objectives identified above will likely be drawn from a variety of sources, including but not limited to:

- Claims/encounter data
- State eligibility and enrollment data
- Provider enrollment records
- Key informant interviews and focus groups
- Administrative program data
- National and regional benchmarks
- Housing data
- Nutritional supports data

Section 6: Impact on Eligibility, Enrollment, Benefits, Cost Sharing, and Delivery System

A. Eligibility

All mandatory and optional eligibility groups approved for full benefit coverage under the Nevada Medicaid and CHIP State Plans and with a diagnosed SMI/SED requiring an acute, inpatient level of care, would be eligible for short-term stays up to 30 days in an IMD under this demonstration.

All mandatory and optional eligibility groups approved for full benefit coverage under the Nevada Medicaid and CHIP State Plans and meeting the HRSN services eligibility criteria would be eligible for housing navigation and tenancy sustaining services and/or nutrition and meal supports.

B. Enrollment

Nevada is not proposing any changes to Medicaid eligibility policies through this demonstration and, therefore, does not anticipate any impact on enrollment.

The table below represents preliminary projections of the number of Medicaid enrollees anticipated to be eligible for services under this amendment on an annual basis.

Table 5: Preliminary Projections of the Number of Medicaid Enrollees Anticipated to be Eligible for Services

Proposed Service	Number of Eligible Members Projected Annually
SMI/SED IMD (managed care and FFS)	8,000
HRSN Housing Supports (managed care and FFS)	78,000
HRSN Nutrition Supports (FFS only)	11,000

C. Benefits, Cost Sharing, and Delivery System

No modifications to the current Nevada Medicaid FFS or managed care arrangements are proposed through this Demonstration application. All enrollees will continue to receive services through their current delivery system. Additionally, this amendment does not propose beneficiary cost-sharing requirements to receive the proposed 1115 SMI/SED or HRSN services. The amendment does not impact traditional state plan cost-sharing requirements, if any, for any enrollees.

Section 7: SMI/SED IMD Demonstration Implementation

Nevada's strategies for addressing the required SMI/SED IMD demonstration milestones are outlined below.

Milestone Criteria	Current State	Future State	Summary of Actions Needed
1.a. Assurance that participating hospitals and residential settings relicensed, or otherwise authorized by the State, primarily to provide mental health treatment; and that residential treatment facilities are accredited by a nationally recognized accreditation entity prior to participating in Medicaid. This is in compliance with the CMS requirement that the State or local agency used by the Secretary will be responsible for licensing health institutions, and the State agency responsible for such licensing will supervise the determination of whether institutions and agencies meet the requirements for participation in the Medicaid program.	The Bureau of HCQC licenses medical and other health facilities in Nevada. ²¹ Psychiatric residential treatment centers (PRTFs) are licensed by HCQC and accredited by the Commission on Accreditation of Rehabilitation Facilities (CARF), the Joint Commission, and the Council of Accreditation (COA [*]). ²²	Nevada will continue to ensure participating hospitals and residential settings are licensed by HCQC and that PRTFs are licensed by HCQC and accredited by CARF, the Joint Commission, and COA, as well as CMS PRTF certification, for facilities within Nevada or for other out-of-state facilities whose own survey agencies do not perform CMS certification.	Continue with current actions in place.
1.b. Oversight process (including unannounced visits) to ensure participating hospital and residential settings meet State's licensing or certification and	DHHS and its divisions are responsible for monitoring different aspects of the statewide BH system. The DPBH, the Division of Child and Family	No future actions planned at this time.	Continue with current actions in place.

Milestone 1: Ensuring Quality of Care in Psychiatric Hospitals

https://dpbh.nv.gov/About/Overview/Health_Facilities_Overview/
 https://dcfs.nv.gov/Programs/CMH/Resident-day-treatment-svcs/

Milestone Criteria	Current State	Future State	Summary of Actions Needed
accreditation requirements.	Services, and the DHCFP all play critical roles in the system. DHHS is responsible for planning, providing, regulating, oversight, training/technical assistance, and financing. ²³		
1.c. Utilization review process to ensure beneficiaries have access to the appropriate levels and types of care and to provide oversight on lengths of stay.	The utilization review process for an inpatient admission includes certification by the quality improvement organization (QIO)-like vendor, currently Gainwell, within five days of admission. Initial authorizations and reauthorizations are based on medical necessity, clear evidence of a physician's admission order, and the evidence of the recipient meeting the level of care. For children and adolescents, this includes meeting the CASII criteria for Level VI, and for adults, a LOCUS score of VI. The QIO-like vendor will take into account any details as to why an inpatient level of care is needed if the score is below a VI on either tool as it reviews the prior authorization request.	No future actions planned at this time.	Continue with current actions in place.

²³https://www.leg.state.nv.us/App/NELIS/REL/81st2021/ExhibitDocument/OpenExhibitDocument?exhibitId=46838&fileDownloadName=0210_ DHHS_behavioralhealth_pres.pdf

Milestone Criteria	Current State	Future State	Summary of Actions Needed
	HCQC does do unannounced visits. CMS is also able to conduct visits of certified facilities as indicated.		
1.d. Compliance with program integrity requirements and State compliance assurance process.	The program that protects the integrity of Nevada Medicaid from provider fraud, waste, abuse, and improper payments is known as the Surveillance and Utilization Review (SUR) Unit. The SUR unit identifies aberrant billing practices, educates those who have improperly billed the Medicaid program, recovers overpayments, recommends sanctions for those who abusively bill Medicaid, and assists in criminal investigations when appropriate. The SUR unit performs a variety of other functions such as detecting areas in which Medicaid regulations, policy, and/or system edits may be modified, and administering the provisions of the False Claims Act. ²⁴ The Medicaid Fraud Control Unit additionally investigates and prosecutes Medicaid	to increase their audit activity and have engaged with the unified program integrity contractors to develop projects to address this weakness.	Nevada will continue to explore implementation of a unified program integrity contractor.

²⁴ https://dhcfp.nv.gov/Resources/PI/SURMain/

Milestone Criteria	Current State	Future State	Summary of Actions Needed
	provider fraud and patient abuse or neglect in medical facilities. ²⁵ Medicaid provider enrollment also performs credentialing and background checks before a provider may even enroll. ²⁶		
1.e. State requirement that psychiatric hospitals and residential settings screen beneficiaries for co-morbid physical health conditions, SUDs, and suicidal ideation, and facilitate access to treatment for those conditions.	The medical record is required to contain an initial assessment of the recipient's clinically identifiable psychiatric disorder, which should include a chief complaint or equivalent, a history of the disorder, a statement of the circumstances that led to the request for services, a mental status examination and observations, a diagnosis or differential diagnosis, and a statement of treatment goals and objectives, and method of treatment. This assessment should include co-morbid conditions as well as suicidal ideation. ²⁷ In accordance with CMS conditions of participation and Joint Commission standards, all hospitals are required to utilize evidence-based suicide	Nevada will update the Medicaid Service Manual (MSM) to require all psychiatric hospitals, residential settings, and PRTFs to complete screening for co-morbid physical health, SUDs, and suicidal ideation.	The Inpatient Mental Health Services Policy in the MSM will be updated within the first 90 days of demonstration approval. Existing residential policies in the MSM will be updated within the first 90 days of demonstration approval. New policies for residential treatment will include the requirement that beneficiaries be screened for co-morbid physical health, SUD, and suicidal ideation.

 ²⁵ <u>Medicaid Fraud Control Unit (nv.gov)</u>
 ²⁶ <u>Medicaid Fraud Control Unit (nv.gov)</u>
 ²⁷ MSM Chapter 400, Section 403.9B(2)

Milestone Criteria	Current State	Future State	Summary of Actions Needed
	assessment tools and must complete a physical exam within 24 hours of an individual's admission.		
1.f. Other State requirements/policies to ensure good quality of care in inpatient and residential treatment settings.	PRTFs are required to have an effective, comprehensive quality improvement program to evaluate the provision of care to its residents. The program must have a committee to oversee the plan and the quality of the program and document appropriate remedial action to address deficiencies found through the quality improvement program. The outcome of remedial actions and ongoing quality outcomes are to be monitored and evaluated by the committee. ²⁸	 Nevada is planning to implement new strategies to improve the quality of services in PRTFs, with a targeted date of January 1, 2025. Strategies include: A new flat base rate of \$800 for all PRTFs Add on of \$100 for children under the age of 9 years and/or children with complex needs Develop new quality bonus payment for PRTFs tied to robust discharge planning, shortened lengths of stay, and successful community transitions and low readmissions Facilities will be required to obtain federal certification as a PRTF Nevada will increase monitoring and transparency of data and quality metric performance²⁹ Nevada will also be amending the rate methodology for 	Seek State approval from the State's Interim Legislative Finance Committee. Seek federal state plan amendment approval.

 ²⁸ NAC 449.424 Quality improvement program.
 ²⁹ Public Workshop CBHT Presentation 3/21/24 (nv.gov)

Milestone Criteria	Current State	Future State	Summary of Actions Needed
		inpatient psychiatric facilities. Currently, rates are negotiated by facility but will transition to a flat rate that is in parity with hospitals that have psychiatric units.	

Milestone 2: Improving Care Coordination and	d Transitionina to Community-Based Care

Current State	Future State	Summary of Actions Needed
the services necessary to	coordinate efforts of the	new services. There will be a ramp-up period for the State to integrate new services and enhancements and
or arrange the transfer	help the family navigate planned services and supports, including informal and	changes to the delivery system.
	PRTFs are required to have a process for developing and carrying out discharge planning for all residents in a manner that does not contribute to delays in the discharge of the resident. An evaluation of the needs of the resident pertaining to discharge should be documented in their record and discussed with the resident or person acting on their behalf. ³⁰ In addition, every medical facility and facility for the dependent must provide the services necessary to properly treat a patient or arrange the transfer of the patient to another facility which can	PRTFs are required to have a process for developing and carrying out discharge planning for all residents in a manner that does not contribute to delays in the discharge of the resident. An evaluation of the needs of the resident pertaining to discharge should be documented in their record and discussed with the resident or person acting on their behalf. 30CCBHCs and PRTFs in Nevada are working together to improve the transition to the community process.In addition, Nevada Medicaid is planning to implement high-fidelity wraparound, an individualized, team- based, collaborative process to provide a coordinated set of services and supports for children and youth with complex emotional, behavioral, or mental health needs, and their families. A care coordinate efforts of the wraparound team and help the family navigate planned services and supports, including

 $^{^{30} \}underline{\text{https://casetext.com/regulation/nevada-administrative-code/chapter-449-medical-and-other-related-facilities/psychiatric-residential-treatment-facilities/provision-of-services/section-4494495-discharge-planning}$

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Milestone Criteria	Current State	Future State	Summary of Actions Needed
	A patient may be transferred to another facility only if the patient received an explanation of the need to transfer the patient and the alternatives available, unless the condition of the patient necessitates an immediate transfer to a facility for a higher level of care, and the patient is unable to understand the explanation. ³¹	options and will track progress, making revisions to the treatment plan as indicated. ³²	
2.b. Actions to ensure psychiatric hospitals and residential settings assess beneficiaries' housing situations and coordinate with housing services providers when needed and available.	Housing supports and services are currently available as an in-lieu-of service to individuals who are transitioning_or will be transitioning within the next thirty (30) days from an institutional or inpatient setting to the home or community setting.	Nevada will add the requirement to the MSM that psychiatric hospitals and residential settings assess a beneficiary's housing situation at admission and prior to discharge. Psychiatric hospitals and residential providers will coordinate with housing resources and housing service providers, where available, when a beneficiary has unmet housing needs.	Updates will be made to the Nevada MSM to include a review of the biopsychosocial assessment requirements as it relates to housing situation assessment.
2.c. State requirement to ensure psychiatric hospitals and residential settings contact beneficiaries and community-based providers through the most effective means	This is not a current documented requirement for Nevada's psychiatric hospitals and residential settings.	Nevada will add a requirement to the MSM that psychiatric hospitals and residential providers must contact beneficiaries within 72 hours of discharge via the most effective	The Nevada MSM will be updated.

 ³¹ https://www.leg.state.nv.us/NRS/NRS-449A.html#NRS449ASec100
 ³² Public Workshop CBHT Presentation 3/21/24 (nv.gov)

Milestone Criteria	Current State	Future State	Summary of Actions Needed
possible (e.g., email, text, or phone call) within 72 hours post discharge.		means possible (e.g. email, text, or phone call).	
2.d. Strategies to prevent or decrease lengths of stay in EDs among beneficiaries with SMI or SED prior to admission.	Crisis stabilization centers are triage and assessment, short-term psychiatric stabilization, and/or medical detoxification services. They are available 24/7, with most individuals deemed stable and safe for discharge to resources in their community within 23 hours. Community support services are offered on site, including linkage to Medicaid enrollment, case management, primary care, outpatient therapy, and housing.	Plans include developing crisis and planned respite for youth with SED and youth in foster care. ³³	The State plans to obtain authority to spend up to 15% of revenue from the State's private hospital tax to finance new services and enhancements for children's BH care. Nevada will then need to work with the Legislative Interim Finance Committee for additional funding authority and then begin seeking State and federal authorities for new services. There will be a ramp-up period for the State to integrate new services and enhancements, and changes to the delivery system.
2.e. Other State requirements/policies to improve care coordination and connections to community-based care	Case management services are provided to eligible recipients residing in a community setting or transitioning to one after an institutional stay. Two of the nine target groups eligible for case management services are adolescents who are SED and adults who are SMI.	Nevada recently received state plan approval to reimburse for the Collaborative Care Model, in which a team of healthcare providers works together to address the physical and mental health needs of a patient. The team would foster communication and coordination between primary care	A public hearing was held for discussion on the Collaborative Care Model on July 30. The State will continue to gather feedback to design and implement a Collaborative Care Model for Nevada Medicaid.

³³ Public Workshop CBHT Presentation 3/21/24 (nv.gov)

Milestone Criteria	Current State	Future State	Summary of Actions Needed
	Transitional targeted	providers, mental health	
	case management	specialists, and other	
	services are provided to	healthcare	
	eligible recipients	professionals. This	
	transitioning to a	allows primary care to	
	community setting after	do assessments and	
	a period of time in a	screening, and then	
	psychiatric facility or	refer and stay in	
	hospital for recipients	communication, and	
	under the age of	coordinate care with	
	21 years. Transitional	more specialized mental	
	targeted case	health treatment and	
	management services	support.	
	are provided 14 days		
	prior to discharge for an		
	institutional stay.		
	Transitional targeted		
	case management		
	activities are		
	coordinated with, and		
	are not a duplication of,		
	institutional discharge		
	planning services.		
	When multiple providers		
	are involved, the plan		
	must identify and		
	designate a primary care		
	coordinator. The		
	primary care		
	coordinator develops		
	the care coordination		
	plan between the		
	identified BH services		
	and integration of other		
	supportive services		
	involved with a		
	recipient's services. ³⁴		

Milestone 3: Increasing Access to Continuum of Care, Including Crisis Stabilization Services

³⁴ https://aspe.hhs.gov/sites/default/files/2021-08/StateBHCond-Nevada.pdf

Milestone Criteria	Current State		Summary of Actions Needed
3.a. The State's strategy to conduct annual		DHCFP's Quality Access and Availability Unit will	Continue to review
assessments of		continue to monitor FFS	
the availability of mental	·	MH provider availability	
health providers, including			current reports with
psychiatrists, other	•	• •	additional demographics
practitioners, outpatient,			to increase quality and
community mental health		requirements detailed in	
centers, intensive		the 1115 demonstration	equity of services.
outpatient/partial	,	instructions. The next	
hospitalization,	,	quarter's report will	
residential, inpatient, crisis stabilization services, and	delivered by a designated	• •	
FQHCs offering mental		demographics as part of	
health services across the	stabilization center, PRTF	• • •	
state, updating the initial		any disconnects and	
assessment of the		need for increased	
availability of mental health		outreach for specific	
services submitted with the	•	populations to ensure	
State's demonstration		quality and equity.	
	Nevada also has		
annual assessments should	45 FQHCs and 18 rural		
be reported in the State's	health clinics.		
annual demonstration	Nevada DHHS's Office of		
monitoring reports.	Analytics collects data		
	from several different		
	sources across the		
	department for a variety		
	of reports, including		
	provider access and		
	availability. Reports		
	include both billing, as		
	well as enrolled		
	providers, to review		
	which providers are		
	actually providing		
	services, as well as both		
	eligible members and		
	members utilizing		
	services.		
	DHCFP's Quality Access		
	and Availability Unit		
	reviews information and		
	works with other areas of		
	DHHS to determine ways		

Milestone Criteria	Current State	Future State	Summary of Actions Needed
3.b. Financing plan	requirement to maintain a level of State and local funding for outpatient community-based mental health services for Medicaid beneficiaries for the duration of the SMI/SED program under the demonstration that is no less than the amount	Nevada will continue building services, such as its Intensive Crisis Stabilization Services, and expand its crisis bed tracking system as well as continue efforts to increase community- based collaboration	Nevada will submit a detailed financing plan at demonstration approval.
3.c. Strategies to improve State tracking of availability of inpatient and crisis stabilization beds.	 availability of inpatient and crisis beds. The platform works to facilitate the following processes: Identification of appropriate 	Nevada will explore inpatient and crisis bed- tracking platforms that meet the standards identified by CMS Section 9813 of ARPA. If possible, Nevada will ensure that the tracking platform is accessible to mobile crisis management teams and	Crisis Care Hub. Once a vendor is selected, Nevada will use the tracking platform to increase accessibility to rapid coordination of available crisis support services.

Milestone Criteria	Current State		Summary of Actions Needed
	 patient care through real-time referral Streamlined and standardized electronic referral processes that capture real-time response and use shared definitions Transparency between providers Capture of data 	crisis intervention services to support rapid coordination with crisis and inpatient beds. An RFI was issued in April 2023, as a precursor to an RFP in summer 2023, for Nevada's Behavioral Health Crisis Care Hub to help gather information on services, workforce, technology, and cost to inform the RFP. ³⁵ Nevada will revise existing policies to require that all psychiatric hospitals and residential treatment programs submit data to ensure accurate and upto-date tracking of inpatient and crisis	
3.d. State requirement that providers use a widely recognized, publicly available patient assessment tool to determine appropriate level of care and length of stay.	comprehensive assessments must evaluate the recipient's history and current state,	approval of assessments used for level of care determination.	Continue with current actions in place.

³⁵ Production of Nevada - Bid Solicitation (nevadaepro.com)

Milestone Criteria	Current State	Future State	Summary of Actions Needed
	the biopsychosocial		
	factors important to		
	physical health needs.		
	The Intensity of Needs		
	Determination is defined		
	as a standardized		
	mechanism to determine		
	the intensity of services		
	needed based on the		
	recipient's condition.		
	Currently, the DHCFP		
	recognizes the LOCUS for		
	adults and CASII for		
	children and adolescents.		
	All concurrent review or		
	transition requests are		
	required to include an		
	updated LOCUS or CASII,		
	that either confirms the		
	current level of care is		
	still clinically needed or		
	identifies the next		
	clinically appropriate		
	level of care the		
	individual should		
	transition to.		
3.e. Other State	Crisis stabilization centers	•	Nevada will continue to
requirements/policies to mprove access to a full	(CSCs) are a part of the	currently planned.	build its intensive crisis
continuum of	crisis continuum of care		stabilization providers.
care, including crisis	and were added as a State Plan service as a		The state plan amendment for the daily
stabilization.	result of the State's		rate for these providers
	Section 9813 of the ARPA		is pending
	Planning Grant. CSCs are		implementation as it is
	designed to stabilize and		still under review by
	improve symptoms of		CMS.
	distress.		
	The intensive crisis		
	stabilization services		
	definition covers both the	2	
	CSCs, which are specific		
	to hospitals with		

Milestone Criteria	Current State	Future State	Summary of Actions Needed
	endorsements, as well as		
	allowing for the		
	possibility of a		
	community-based		
	provider. The Mallory		
	Center in Carson City is		
	fully endorsed, with		
	planned sites by Renown		
	in Reno and an additional		
	site in Nevada.		

Milestone 4: Earlier Identification and Engagement in Treatment, Including Through Increased Integration

Milestone Criteria	Current State	Future State	Summary of Actions Needed
4.a. Strategies for	Nevada currently offers	Nevada will implement	Nevada has begun to
identifying and engaging	employment services	at least one individual	work with its vocational
beneficiaries with or at risk	through the Division of	placement and support	rehabilitation partners
of SMI or SED	Vocational Rehabilitation	(IPS) team and will	to develop an IPS-SE
in treatment sooner (e.g.,	(DVR), which provides	develop an IPS policy	policy and workforce.
with supported	services to any Nevada	and a rate. Nevada will	Combined efforts
employment and	resident with physical,	either provide or make	between the two
supported programs).	cognitive, or BH	arrangements for	agencies will continue.
	disability. DVR also	training and technical	
	manages the Ticket to	assistance to ensure	
	Work benefit, which	the IPS team adheres	
	allows residents that	to evidence-based	
	receive SSI or SSDI	practices. Nevada will	
	benefits to explore work	require that all BH	
	options without the risk	assessments assess a	
	of losing benefits until	beneficiary's	
	they have stabilized their	employment and/or	
	job and earnings.	education resources	
		and needs and that	
	There currently are no	providers directly link	
	Medicaid-funded,	beneficiaries to either	
	supported employment	an IPS team (when	
	programs, and no	available) or to the	
	evidence-based practices	regional vocational	
	for supported	rehabilitation office.	
	employment services		
	with individuals	Nevada will develop IPS	
	diagnosed with SMI or	policy guidance that	

Milestone Criteria	Current State	Future State	Summary of Actions Needed
	SED being used in the state.	requires IPS teams to have a minimum 0.5 FTE employment peer mentor on each IPS team. The employment peer mentor role will include tasks related to outreach and engagement of individuals with SMI or SED, in addition to providing peer mentoring and coaching to individuals receiving IPS. Nevada will require all coordinated specialty care teams to employ a supported education and employment specialist to provide evidence-based education and employment supports to young adults experiencing their first episode of psychosis.	
4.b. Plan for increasing integration of BH care in non-specialty settings to improve early identification of SED/SMI and linkages to treatment.	School-based child health services are available for eligible Medicaid and Nevada Check Up children between 3 years of age and under the age of 21 years, in both FFS and managed care. Services available include: • Evaluation and testing	received state plan approval for the Collaborative Care Model to continue the expansion of nonspecialty integrated settings. Nevada will coordinate closely with the Nevada primary care providers. Nevada will review the January 2023 CMS	Implement pilot for coordinated specialty care team for beneficiaries aged 18 years and younger experiencing their first episode of psychosis.
	 Psychological counseling Nursing services 	guidance on interprofessional consultation to identify	

Milestone Criteria	Current State	Future State	Summary of Actions Needed
	 Therapy services Crisis intervention services Physical therapy Occupational therapy Speech therapy Audiology All of these services may assist in integrating BH services in non-specialty settings.³⁶ 	opportunities to improve timely access to specialty care, including BH services. Nevada will explore piloting a coordinated specialty care team to better meet the needs of beneficiaries aged 18 years and younger experiencing their first episode of psychosis, to better meet their emerging treatment needs and more closely coordinate care across multiple healthcare settings.	
4.c. Establishment of specialized settings and services, including crisis stabilization, for young people experiencing SED/SMI.	Nevada does use crisis stabilization centers as an emergency healthcare alternative, providing persons with an acute BH problem (including co- occurring disorders) with prompt action and effective support in a respectful environment. Crisis stabilization centers are a no-wrong- door access. Crisis stabilization centers are a short-term, subacute care for recipients that support an individual's stabilization and return to active participation in the community. This model is traditionally meant to last 24 hours or less. If recipients cannot be	MSM will be updated to include more general providers of intensive crisis stabilization services.	Nevada will continue to build its intensive crisis stabilization providers. The State Plan amendment for the daily rate for these providers was recently approved.

³⁶ MSM Chapter 2800 11/29/23 (nv.gov)

Milestone Criteria	Current State	Future State	Summary of Actions Needed
	 stabilized in this period, the next step would be to refer them to an appropriate level of care at an inpatient facility. Crisis stabilization centers are part of a continuum of crisis services designed to stabilize and improve symptoms of distress. Recipients who can be stabilized in a crisis stabilized in a crisis stabilization center are anticipated to be discharged to a lower level of care. Nevada leveraged a Section 9813 of the ARPA State Planning grant to assist in the development and implementation of qualifying community- based mobile crisis intervention services. Senate Bill 390 encouraged the establishment of mobile crisis teams to provide community-based intervention, including de-escalation and stabilization. 		
4.d. Other State strategies to increase earlier identification/engagemer integration, and specialized programs for young people.	1915(i) Home- and	Nevada's proposal for enhancing the community BH system for children includes early comprehensive screening and assessment of children for BH needs.	Implement early comprehensive screening and assessment of children for BH needs.

Milestone Criteria	Current State	Future State	Summary of Actions Needed
	include intensive in- home services and supports as well as crisis stabilization services. ³⁷		

³⁷ MSM 4000 10/27/21 (nv.gov)

Section 8: Requested Waivers and Expenditure Authority

Below is a preliminary list of expenditure and waiver authorities related to Title XIX and XXI authority that the State believes it will need to operate its demonstration. The State acknowledges that additional authorities may be identified by CMS during the waiver approval process.

- **IMD Expenditure Authority:** for otherwise covered services furnished to otherwise eligible individuals who are primarily receiving treatment for SMI/SED and are short-term residents in facilities that meet the definition of an IMD
- **HRSN Services Expenditure Authority**: for services not otherwise covered that are furnished to individuals who meet the qualifying criteria
- State-wideness Section 1902(a)(1): to the extent necessary, to enable the State to provide HRSN services only in certain geographical areas of the state
- Amount, Duration, Scope, and Service Section 1902(a)(10)(B): to permit the State to provide HRSN services and enhanced SMI/SED services for the populations covered under this demonstration that are not available in the standard State Plan benefit package, including services that may vary based on assessment of needs and delivery system.

Section 9: Financing and Budget Neutrality

A. Budget Neutrality

The State understands that it must demonstrate budget neutrality for the Treatment of Serious Mental Illness (SMI)/Severe Emotional Disturbance (SED) Transformation Project. Budget neutrality for the State's Treatment of Serious Mental Illness (SMI)/Severe Emotional Disturbance (SED) Transformation Project will be demonstrated through the use of the per capita method outlined in the CMS SMI/SED 1115 demonstration budget-neutrality template ("CMS template"). The budget-neutrality projections were developed using CMS requirements, with the format adjusted to accommodate the services outlined in this demonstration request. As discussed above in this application, the State is requesting demonstration authority for the following hypothetical expenditures:

- Expenditures for services furnished to beneficiaries who are residing in an IMD, primarily to receive treatment for a SMI/SED. For the purposes of budget neutrality, this application assumes that services shall be considered hypothetical expenditures and treated as pass-through services. As clarified by CMS guidance, SMI/SED IMD expenditures are deemed as hypothetical, as they would have been otherwise allowable under Medicaid were it not for the IMD/settings prohibition.
- Expenditures for HRSN housing navigation and tenancy sustaining services, and nutrition and meal supports. For the purposes of budget neutrality, this application assumes HRSN services are hypothetical expenditures and treated as pass-through services. As clarified by CMS guidance, states are not required to offset these expenditures with budget neutrality savings and will not be permitted to accrue savings if actual expenditures are lower than expected.

For the purposes of budget neutrality, Nevada calculated the projected total member months and expenditures as follows:

- SMI/SED: Member months are based on any whole month during which a Medicaid-eligible person is an inpatient in an IMD at least one day. The per member per month cost is the average of all medical assistance costs incurred during IMD member months, divided by the estimated IMD member months.
 - HRSN Services:
 - Member months are based on a) the projected total number of Medicaid eligible homeless individuals and b) those at-risk of homelessness, with income at or below 30% of the median family income for the state. Member months are adjusted based on budget availability and network capacity to assume a ramp up of services over the course of the demonstration.
 - Projected housing navigation and tenancy costs are informed by estimates of FTEs and standard caseload assumptions for eligible managed care and FFS members.
 - Projected nutrition and meal supports costs include up to three meals per day, for a maximum of six months, in conjunction with nutrition counseling of three hours per year for eligible FFS members.

As outlined in the table below, the without demonstration and with-demonstration projections result in budget-neutral expenditure projections for the demonstration period.

Without-Waiver Total Expenditures						Aggregate
		DEMONSTRATION YEARS (DY)				
	2023	2024	2025	2026	2027	TOTAL
SUD IMD Services MEG 1 (MCO)	\$5,326,640	\$5,611,258	\$5,911,073	\$6,226,899	\$6,559,620	\$29,635,490
SUD IMD Services MEG 2 (FFS)	\$1,661,036	\$1,749,791	\$1,843,284	\$1,941,769	\$2,045,523	\$9,241,403
SMI/SED IMD Services MEG 3 (MCO)	\$0	\$0	\$57,748,010	\$60,833,469	\$64,083,793	\$182,665,271
SMI/SED IMD Services MEG 4 (FFS)	\$0	\$0	\$43,210,579	\$45,519,318	\$47,951,429	\$136,681,326
HRSN Services MEG 5	\$0	\$0	\$81,464,443	\$128,026,537	\$175,214,758	\$384,705,737
HRSN Infrastructure MEG 6	\$0	\$0	\$10,686,270	\$12,823,525	\$12,823,525	\$36,333,320
TOTAL	\$6,987,676	\$7,361,049	\$200,863,658	\$255,371,517	\$308,678,647	\$779,262,547
With-Waiver Total Expenditures						
	2023	2024	2025	2026	2027	TOTAL
SUD IMD Services MEG 1 (MCO)	\$5,326,640	\$5,611,258	\$5,911,073	\$6,226,899	\$6,559,620	\$29,635,490
SUD IMD Services MEG 2 (FFS)	\$1,661,036	\$1,749,791	\$1,843,284	\$1,941,769	\$2,045,523	\$9,241,403
SMI/SED IMD Services MEG 3 (MCO)	\$0	\$0	\$57,748,010	\$60,833,469	\$64,083,793	\$182,665,271
SMI/SED IMD Services MEG 4 (FFS)	\$0	\$0	\$43,210,579	\$45,519,318	\$47,951,429	\$136,681,326
HRSN Services MEG 5	\$0	\$0	\$81,464,443	\$128,026,537	\$175,214,758	\$384,705,737
HRSN Infrastructure MEG 6	\$0	\$0	\$10,686,270	\$12,823,525	\$12,823,525	\$36,333,320
TOTAL	\$6,987,676	\$7,361,049	\$200,863,658	\$255,371,517	\$308,678,647	\$779,262,547
Net Overspend	\$0	\$0	\$0	\$0	\$0	\$0

Table 6: Without and With-Demonstration Projections

Table 7: CHIP (Check Up) SED IMD Expenditures

	Trend	Aging		2023	2024	2025	2026	2027	Total
Eligible Member Months	n.a.	n.a.	213	n.a.	n.a.	213	213	213	
PMPM Cost	4.3%	12	\$ 8,475	\$ -	\$ -	\$ 8,839	\$ 9,219	\$ 9,615	
Total Expenditure				\$ -	\$ -	\$ 1,882,696	\$ 1,963,651	\$ 2,048,089	\$ 5,894,436

B. Maintenance of Effort

The State recognizes the requirement to maintain a level of State and local funding for outpatient community-based mental health services for Medicaid beneficiaries for the duration of the SMI/SED program under the demonstration that is no less than the amount of funding provided at the beginning of the SMI/SED program under the demonstration. The following table includes the CY 2023 outpatient community-based mental health service expenditures.

Table 8: Outpatient Community-Based Mental Health Maintenance of Effort

Baseline Year	Medicaid Service	Total Computable Expenditures
CY 2023	Outpatient Community-based Mental Health	\$483,000,000

Section 10: Public Notice and Tribal Consultation

Public Notice and Comment

The State conducted public notice in accordance with 42 CFR §431.408. The abbreviated notice was posted on the Nevada Public Notice website (administrative record) on September 26, 2024. The public notice period began on September 27, 2024, and ended at 5:00 PM Pacific Standard Time on October 29, 2024, and informed Nevadans of the proposed amendments to the existing 1115 demonstration, as well as the opportunity to provide comment during public hearings scheduled on October 11, 2024, and October 29, 2024. Public notice also provided a link to the application and public notice posting, as well as an email address where public comments could be submitted. All information related to public comment and public workshops/hearings has been made available on the dedicated website for this Demonstration. Information regarding specific meeting dates, times, and locations was also posted at Home - Nevada Public Notices Website - NV.gov. DHCFP also used an electronic mailing list to notify the public of the Demonstration, hearings, and opportunity to comment on the waiver draft. To encourage feedback and compliance with accessibility, a copy of the draft waiver was made accessible at a public web link and available in hard copy. Instructions for requesting a hard-copy document are included in the formal public notice.

The first public hearing (October 11, 2024) was facilitated during the Nevada Medical Care Advisory Committee (MCAC) meeting from 9 a.m. to 12 p.m. PT. The meeting was conducted virtually at https://tinyurl.com/MCAC101124 with a call in only option of (775) 321-6111, conference ID 478 449 744#. Accommodation for individuals with disabilities was also available. The notice and agenda were posted online at http://dhcfp.nv.gov and <a href="http://dhcfp.nv.go

The second public hearing (October 29, 2024 at 10 a.m. PT) had both an in-person option (DHCFP, 4070 Silver Sage Drive, Main Conference Room, Carson City, NV 89701), a webinar option via Microsoft Teams at http://tinyurl.com/DHCFP2024PH as well as an audio only option of (775) 321-6111, conference ID 451 974 828# for participation. The notice was published on September 26, 2024, and was posted online at http://dhcfp.nv.gov and <a href="http://dhcfp.nv.gov

Public comment was open to anyone who wanted to share feedback. Members were able to request paper/physical copies of supporting material for public meetings if they were unable to access electronic copies. Feedback was evaluated and utilized to develop, draft, and finalize Nevada's Medicaid 1115 Demonstration amendment.

Tribal Consultation

Tribal notification was sent to the Inter-Tribal Council of Nevada President on August 30, 2024, regarding DHCFP's intent to make the following changes in policy: to amend the existing 1115 demonstration to allow reimbursement for acute inpatient stays in IMDs for Medicaid-eligible individuals ages 21 years – 64 years with a SMI, to include treatment rendered at psychiatric hospitals, and to cover services that aim to address certain HRSNs to better support successful community transitions and stable community living. The tribal notification included public notice as well as the 1115 Demonstration Waiver Amendment application, as well as the ability to receive consultation regarding the policy change and both an email and phone number to schedule said consultation, if desired.

Tribal consultation was facilitated on October 9, 2024. The meeting had a physical address (Division of Welfare & Supportive Services Conference Room, 630 Greenbrae Drive, Sparks, NV 89431), a webinar option, and an audio only option. The notice of tribal consultation was initially posted on September 5, 2024, and a revised notice was posted on October 4, 2024, and was posted online at <u>http://dhcfp.nv.gov</u> and <u>http://notice.nv.gov</u>, as well as Carson City, Las Vegas, Elko, and Reno central offices for DHCFP.

A summary of comments received and any applicable demonstration updates in response to comments is below.

A. Public Comment

The State conducted public comment as follows:

- MCAC Meeting on October 11, 2024 at 9:00 AM PST
 - Comment #1: Was there any consideration for sobering centers which are a little different from crisis centers?
 - State Response: We are researching this for future models.
- Public Hearing on October 29, 2024 at 10:00 AM PST
 - $\circ~$ No public comments were received at this public hearing.
- Public comments regarding the 1115 Demonstration Waiver Amendment were able to be submitted until 5 p.m. Pacific on October 29, 2024 to <u>1115waivers@dhcfp.nv.gov</u>. Two comments were received by email:
 - Comment #1: How to get an application for the pilot housing program?
 - State Response: Requested further information from commentor.
 - Comment #2: Can someone from the department present about waivers for food security and food is medicine?

- State Response: *We are considering this request.*
- B. Tribal Consultation

The State conducted tribal consultation as follows:

- Tribal Consultation Meeting on October 9, 2024 at 9:00 AM PST
- No public comments were received at this Tribal Consultation meeting.

As none of the comments were directly related to the waiver amendment, no changes were made as a result of the comments.

Attachment A

Public Notice

Section 1115 Demonstration Waiver Amendment Public Notice

Nevada's Treatment of Substance Use Disorders (SUDs) and Severe Mental Illness (SMI)/Serious Emotional Disturbance (SED) Transformation Project

> State of Nevada Department of Health and Human Services Division of Health Care Financing and Policy





September 27, 2024

Joe Lombardo Governor State of Nevada Richard Whitley, MS Director Department of Health and Human Services

1115 Demonstration Summary

A. Program Summary

The Nevada Department of Health and Human Services (DHHS) has an approval for authority from the Centers for Medicare & Medicaid Services (CMS) for a five-year, Section 1115 Demonstration to expand statewide access to comprehensive behavioral health (BH) services for the most vulnerable Nevadans, including those with opioid use disorders (OUDs) and other substance use disorders (SUDs). Specifically, DHHS seeks authority to provide a limited demonstration of the federal Medicaid Institutions for Mental Diseases (IMD) exclusion (hereinafter referred to as the "Demonstration"). Nevada DHHS is seeking to amend the Demonstration to provide a limited demonstration waiver of the IMD exclusion for adults with a serious mental illness (SMI) and children with a Serious Emotional Disturbance (SED) as well as provide housing and nutrition supports as health-related social needs (HRSN) to eligible members based on clinical and social risk factors.

This demonstration is part of the State's broader efforts to ensure access to a comprehensive continuum of BH and HRSN services, in addition to the services in the SUD component of the demonstration. This demonstration waiver amendment will ensure comparable access to IMDs for Medicaid and CHIP enrollees with SMI/SED as well as SUD, regardless of delivery system. Currently, managed care organizations can provide up to 15 days of coverage as an in lieu of service for individuals with SMI/SED residing in an IMD. However, individuals served via fee-for-service (FFS) do not have such access. This demonstration waiver will provide coverage in an IMD for up to 30 days and eliminate the inconsistency between managed care and FFS coverage, to ensure comparability among delivery systems.

This Demonstration will further the objectives of Title XIX and Title XXI of the Social Security Act by improving access to high-quality, person-centered services that produce positive health outcomes for individuals with SUD, OUD, and SMI/SED; and by advancing an innovative delivery system and payment models to strengthen provider network capacity and drive greater value for Medicaid. The Demonstration will not modify the State's current Medicaid program or Children's Health Insurance Program (CHIP) outside of the benefits and reimbursement methodologies described within the application.

B. Demonstration Goals and Objectives

The demonstration's goals and objectives are:

- Increase access to critical substance use treatment levels of care that are currently not funded within the Nevada Medicaid program. Amending the demonstration to include SMI/SED services will ensure Medicaid and CHIP beneficiaries receive the appropriate treatment when determined to need either an American Society of Addiction Medicine (ASAM) residential/inpatient or an SMI/SED inpatient level of care within an IMD.
- 2. Enhance the Medicaid delivery system to support the whole person, including physical health, BH, and HRSN services. Housing navigation and tenancy sustaining services will ensure Medicaid members in need of stable housing receive the necessary support to navigate and maintain tenancy.
- 3. Support disenfranchised Medicaid members by promoting equitable access to services and supports. SMI/SED and HRSN services will support some of the most vulnerable Medicaid members.

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C. Eligible Populations

All mandatory and optional eligibility groups approved for full benefit coverage under the Nevada Medicaid and CHIP State Plans and with a diagnosed SMI/SED requiring an acute, inpatient level of care, would be eligible for short-term stays up to 30 days in an IMD under this demonstration.

All mandatory and optional eligibility groups approved for full benefit coverage under the Nevada Medicaid and CHIP State Plans, and meeting the HRSN services eligibility criteria would be eligible for housing navigation and tenancy sustaining services and/or nutrition and meal supports.

D. Enrollment Projections

No enrollment limits will be applied to the Demonstration. This Demonstration is not expected to increase enrollment projections for Nevada's Medicaid program. This demonstration waiver will be available for Nevada Medicaid recipients based on need, rather than waiver-specific eligibility criteria.

Below is the projected enrollment for the demonstration amendment.

Table 1: Projected Enrollment for the Demonstration

Proposed Service	Number of Eligible Members Projected Annually
SMI/SED IMD (Managed Care and FFS)	8,000
HRSN Housing Supports (Managed Care and FFS)	78,000
HRSN Nutrition Supports (FFS Only)	11,000

E. Demonstration Hypothesis

The State's goals in amending the demonstration are in alignment with CMS for this demonstration waiver opportunity, including:

- Reduced utilization and lengths of stay in emergency departments (EDs) among Medicaid beneficiaries with SMI or SED while awaiting mental health treatment in specialized settings
- Reduced preventable readmissions to acute care hospitals and residential settings
- Improved availability of crisis stabilization services, including services made available through call centers and mobile crisis units, intensive outpatient services, as well as services provided during acute short-term stays in residential crisis stabilization programs, psychiatric hospitals, and residential treatment settings throughout the state
- Improved access to community-based services to address the chronic mental health care needs of beneficiaries with SMI or SED, including through increased integration of primary and BH care
- Improved care coordination, especially continuity of care in the community following episodes of acute care in hospitals and residential treatment facilities
- Improved capacity and systems for engaging members and identifying needs, including HRSNs
- · Improved health status of Medicaid beneficiaries by removing social barriers to health

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Based on the identified goals and in alignment with CMS guidance for SMI/SED and HRSN demonstrations, the State proposes to test the demonstration under the tentative hypotheses summarized in Table 2 below. All components of the tentative plan are subject to change and will be further refined as Nevada works with CMS to develop an evaluation design consistent with the standard terms and conditions.

Table 2: Proposed Evaluation Approach

Objectives (O)	Goals (G)	Proposed Hypothesis (H)
O.1. Increase access to critical substance use treatment levels of care that are currently not funded within the Nevada Medicaid program. Amending the demonstration to include SMI/SED services will ensure	G.1. Reduced utilization and lengths of stay in EDs among Medicaid beneficiaries with SMI or SED while awaiting mental health treatment in specialized settings.	H.1. The SMI/SED demonstrations will result in reductions in utilization and length of stay in EDs among Medicaid beneficiaries with SMI/SED while awaiting mental health treatment.
Medicaid beneficiaries receive the appropriate treatment when determined to need either an ASAM residential/inpatient or a SMI/SED inpatient level of care within an IMD.	G.2. Reduced preventable readmissions to acute care hospitals and residential settings.	H.2. The SMI/SED demonstration will result in reductions in preventable readmissions to acute care hospitals and residential settings.
	G.3. Improved availability of crisis stabilization services, including services made available through call centers and mobile crisis units, intensive outpatient services, as well as services provided during acute short-term stays in residential crisis stabilization programs, psychiatric hospitals, and residential treatment settings throughout the state.	H.3. The SMI/SED demonstration will result in improved availability of crisis stabilization services throughout the state.
O.2. Enhance the Medicaid delivery system to support the whole person, including physical health, BH, and HRSN services. Housing navigation and tenancy sustaining services will ensure Medicaid members in need of stable housing receive the necessary support to navigate and maintain tenancy.	G.4. Improved access to community-based services to address the chronic mental health care needs of beneficiaries with SMI or SED, including through increased integration of primary and BH care.	H.4. Access of beneficiaries with SMI/SED to community-based services to address their chronic mental health care needs will improve under the Demonstration, including through increased integration of primary and BH care.
O.3. Support disenfranchised Medicaid members by promoting	G.5. Improved care coordination, especially continuity of care in	H.5. The SMI/SED demonstrations will result in

Objectives (O)	Goals (G)	Proposed Hypothesis (H)
equitable access to services and supports. SMI/SEDand HRSN services will support some of the most vulnerable Medicaid members.	the community following episodes of acute care in hospitals and residential treatment facilities.	improved care coordination, especially continuity of care in the community following episodes of acute care in hospitals and residential treatment facilities.
	G.6. Improved capacity and systems for engaging members and identifying needs, including HRSNs	G.6 Screening for social needs will increase which will result in increased referrals to services over the period of the demonstration.
	G.7. <u>Improved health status of</u> <u>Medicaid beneficiaries by</u> <u>removing social barriers to</u> <u>health</u>	H.7.a Utilization of preventive and routine care will increase among individuals who receive housing and nutrition supports
		H.7.b. The Demonstration will increase access to services and will result in a decrease in avoidable ED use.

Data collected to track progress towards the goals and objectives identified above will likely be drawn from a variety of sources, including but not limited to:

- <u>Claims/encounter data</u>
- State eligibility and enrollment data
- Provider enrollment records
- <u>Key informant interviews and focus groups</u>
- Administrative program data
- <u>National and regional benchmarks</u>
- Housing data
- Nutritional supports data

F. IMD Exclusion

The only public psychiatric hospital serving Northern Nevada, Dini-Townsend Hospital, offers acute crisis stabilization on the Rapid Stabilization Unit. This unit has 10 beds. An additional 20 beds are open for acute medical stabilization for individuals who need more intensive therapy. This unit has an average length of stay of 14 days.

Southern Nevada adult mental health services are provided for adults living in Clark County. The main campus is located in Las Vegas and has three hospital buildings for the general population as well as a forensic unit. The campus is co-located with the state hospital for children and adolescents.

Lake's Crossing Center (LCC) is a maximum security, forensic psychiatric facility. The program provides inpatient and outpatient services statewide to individuals involved with the criminal justice system, who

have concurrent mental health issues. The majority of the population served are individuals for whom the question of competency to stand trial has been raised and who may need restoration to competency so they can proceed with their adjudication. Hundreds of outpatient evaluations are performed by the clinical staff annually to determine whether individuals referred by the courts need to be committed for restoration. LCC performs pre-commitment evaluations for the state, except for Clark County, which contracts with private providers. When a need for restoration is determined, defendants are committed to LCC. Hundreds of defendants a year are provided these inpatient services. The program also treats individuals who are found not guilty by reason of insanity and those who cannot be restored to competency and are assessed as needing the level of care of a maximum-security facility.

The only psychiatric residential treatment facility (PRTF) in Nevada that has 16 or more beds is PRTF North, which is licensed for 16 beds. Additional psychiatric hospitals are listed below.

Table 3

Name	Туре	City	Beds
Desert Parkway Behavioral Healthcare Hospital		Las Vegas	152
Desert Winds Hospital		Las Vegas	114
Reno Behavioral Healthcare Hospital, LLC		Reno	103
Seven Hills Hospital, LLC		Henderson	134
Southern Hills Hospital and Medical Center		Las Vegas	265
Desert Willow (State of Nevada)		Las Vegas	30
Southern Nevada Adult Mental Health Services (State of Nevada)		Las Vegas	274
Northern Nevada Adult Mental Health Services (State of Nevada)		Sparks	
Spring Mountain Treatment Center (UHS of Spring Mountain, Inc)		Las Vegas	110
UHS Sahara, Inc.		Las Vegas	30

Nevada Medicaid also seeks to improve health outcomes and lower health care costs by assisting Medicaid recipients with accessing and maintaining stable housing. Below are the proposed services, populations, and examples of social risk factors and clinical criteria under consideration.

Table 4

Service	Definition and Scope	Eligible Population	Social Risk Factors	Clinical Criteria
Housing Navigation and Tenancy Sustaining Services	 Housing transition and navigation services Pre-tenancy navigation services Tenancy and sustaining services, including individualized case management Connecting enrollees to resources to address barriers to resources. For example: Address denials of health benefits, food stamps, disability benefits Assist with criminal background checks Prevent evictions Support access to legal aid 	All managed care and FFS Medicaid members based on social and clinical criteria	 Homeless At risk of homelessness, with income below 30% of median family income 	 SUD/OUD SMI/SED At risk of institutionalization or overdose, or in need of residential services because of a SUD, SED, SMI, or other BH condition At risk of experiencing a BH crisis or utilizing the ED Pregnant or had a recent live birth within the last 60 days Discharged from a correctional or medical facility within the last 90 days Transitioning, or will be transitioning, within the next 30 days from an institutional or inpatient setting to the home or community setting Victim of human trafficking or domestic violence
Nutrition and Meal Supports	 Nutrition counseling and instruction, tailored to health risk, nutrition- sensitive health conditions, and/or demonstrated outcome improvement 	All FFS Medicaid members based on social and clinical criteria	 Homeless OR At risk of homelessness, with income below 30% of median family income 	 SUD/OUD SMI/SED At risk of institutionalization or overdose, or in need of residential services because of a SUD, SED, SMI, or other BH condition

Service	Definition and Scope	Eligible Population	Social Risk Factors	Clinical Criteria
	 Home-delivered meals or pantry stocking, up to 3 meals per day 			 At risk of experiencing a BH crisis or utilizing the ED Pregnant or had a recent live birth within the last 60 days Discharged from a correctional or medical facility within the last 90 days Transitioning, or will be transitioning, within the next 30 days, from an institutional or inpatient setting to the home or community setting OR Victim of human
				trafficking or domestic violence

G. Benefits and Cost Sharing

Benefits, Cost Sharing, and Delivery System

No modifications to the current Nevada Medicaid FFS or managed care arrangements are proposed through this demonstration waiver application. All enrollees will continue to receive services through their current delivery system. Additionally, this amendment does not propose beneficiary cost-sharing requirements to receive the proposed 1115 SMI/SED or HRSN services. The amendment does not impact traditional state cost-sharing requirements, if any, for any enrollees.

H. State Public Notice and Comment Period

The Nevada DHHS published a notice of the public comment period for the Demonstration waiver on September 27, 2024. The notice was published on the Division of Health Care Financing and Policy (DHCFP) website at: http://dhcfp.nv.gov/Public/AdminSupport/PublicNotices/, and on the State's public notice website at: https://dhcfp.nv.gov/Public/AdminSupport/PublicNotices/, and on the State's public notice website at: https://notice.nv.gov/Public/AdminSupport/PublicNotices/, and on the State's public notice website at: https://notice.nv.gov/. The latter may be accessed by using the website's drop-down menus by selecting "State" as the Government type, "Department of Health and Human Services" as the Entity type, and "Division of Health Care Financing and Policy" as the Public Body.

The published notice includes details of the demonstration waiver application, dates, and locations for public hearings, which include teleconferencing and videoconferencing, as well as the physical and email addresses where interested parties could submit written comments.

The initial comment period will begin on September 27, 2024. Further, the DHHS sent emails to stakeholder groups via an online announcement and a subscription email listserv to inform them of the demonstration waiver and the public comment period. All materials including the published notice, hearing information, and demonstration waiver application were made available online at: https://notice.nv.gov/Notice. The public hearing agenda will be made available at district offices throughout the state.

With support and further recommendation from CMS, Nevada developed a dedicated webpage for 1115 Demonstrations, to further outline and provide easy access to core information related to the 1115 process. For example, Public Notice, Public Hearings held, minutes from public meetings, 1115 application, 1115 Implementation Plan, etc.

For additional detail on this demonstration waiver, please attend the Medical Care Advisory Committee (MCAC) on October 11, 2024 or the second public hearing on October 29, 2024, and we invite public comment and review of the Demonstration application beginning September 27, 2024, when the application and public notice will be posted on the DHCFP website under 1115 waivers or go to: http://dhcfp.nv.gov/Pgms/Waivers/1115/, where you can also provide public comment. Public comments can be submitted to: https://dhcfp.nv.gov/Pgms/Waivers/1115/, where you can also provide public comment. Public comments can be submitted to: https://dhcfp.nv.gov through 5 pm Pacific Standard Time on October 29, 2024.

This notice and agenda have been posted online also at: <u>http://dhcfp.nv.gov,</u> <u>http://dhcfp.nv.gov/Pgms/Waivers/1115/</u> and <u>http://notice.nv.gov</u> as well as Carson City, Las Vegas, Elko, and Reno central offices for DHCFP. Please see addresses for central office locations:

- 1100 E. William Street, Suite 101 Carson City, Nevada 89701
- 1010 Ruby Vista Drive, Suite 103, Elko, Nevada 89801
- 1210 S. Valley View, Suite 104, Las Vegas, Nevada
- 745 W. Moana Lane, Suite 200, Reno, Nevada 89509

Email notice has been made to such individuals as have requested notice of meetings (to request notifications, please contact at: <u>1115waivers@dhcfp.nv.gov</u> or in writing at: 1100 East William Street, Suite 101, Carson City, Nevada 89701.)

If you require a physical copy of supporting material for the public meeting, please contact <u>115waivers@dhcfp.nv.gov</u> or in writing at: 1100 East William Street, Suite 101, Carson City, Nevada 89701. Supporting material will also be posted online as referenced above.

Note: We are pleased to make reasonable accommodations for members of the public with a disability that wish to participate. If accommodated arrangements are necessary, notify DHCFP as soon as possible, and at least 10 days in advance of the meeting, by email at: <u>1115waivers@dhcfp.nv.gov</u> or in writing, at: 1100 East William Street, Suite 101, Carson City, Nevada 89701.

Attachment B

Abbreviated Public Notice

Public Notice of Section 1115 Demonstration Waiver Amendment Application

Nevada's Treatment of Substance Use Disorders (SUDs) and

Serious Mental Illness (SMI)/Severe Emotional Disturbance (SED) Transformation Project

September 27, 2024

The Nevada Department of Health and Human Services (DHHS) has an approval for authority from the Centers for Medicare & Medicaid Services (CMS) for a five-year, Section 1115 Demonstration to expand statewide access to comprehensive behavioral health (BH) services for the most vulnerable Nevadans, including those with opioid use disorders (OUDs) and other substance use disorders (SUDs). Specifically, DHHS seeks authority to provide a limited demonstration waiver of the federal Medicaid Institutions for Mental Diseases (IMD) exclusion (hereinafter referred to as the "Demonstration"). Nevada DHHS is seeking to amend the Demonstration to provide a limited demonstration waiver of the IMD exclusion for adults with a serious mental illness (SMI) and children with a Severe Emotional Disturbance (SED) as well as provide housing and nutrition supports as health-related social need (HRSN) services to eligible members.

This demonstration is part of the State's broader efforts to ensure access to a comprehensive continuum of BH and HRSN services, in addition to the services in the SUD component of the demonstration. This demonstration waiver amendment will ensure comparable access to IMDs for Medicaid and CHIP enrollees with SMI/SED as well as SUD, regardless of delivery system. Currently, managed care organizations can provide up to 15 days of coverage as an in lieu of service for individuals with SMI residing in an IMD. However, individuals served via fee-for-service (FFS) do not have such access. This demonstration will provide coverage in an IMD for up to 30 days and eliminate the inconsistency between managed care and FFS coverage, to ensure comparability among delivery systems.

This Demonstration will further the objectives of Title XIX and Title XXI of the Social Security Act by improving access to high-quality, person-centered services that produce positive health outcomes for individuals with SUD, OUD, and SMI; and by advancing an innovative delivery system and payment models to strengthen provider network capacity and drive greater value for Medicaid. The Demonstration will not modify the State's current Medicaid program or Children's Health Insurance Program (CHIP) outside of the benefits and reimbursement methodologies described within the application.

Public comments and Hearing Information

For additional detail on this demonstration, please attend the Medical Care Advisory Committee (MCAC) on October 11, 2024 or the second public hearing on October 29, 2024, and we invite public comment and review of the Demonstration application beginning September 27, 2024, when the application and public notice will be posted on the DHCFP website under 1115 waivers or go to: <u>http://dhcfp.nv.gov/Pgms/Waivers/1115/</u>, where you can also provide public comment. Public comments can be submitted to: 1115waivers@dhcfp.nv.gov through 5 p.m. Pacific Standard Time on October 29, 2024.

This notice and agenda have been posted online also at: <u>http://dhcfp.nv.gov, http://dhcfp.nv.gov/Pgms/Waivers/1115/</u> and <u>http://notice.nv.gov</u> as well as Carson City, Las Vegas, Elko, and Reno central offices for DHCFP. Please see addresses for central office locations:

- 4070 Silver Sage Drive, Carson City, Nevada 89701
- 1010 Ruby Vista Drive, Suite 103, Elko, Nevada 89801
- 1210 S. Valley View, Suite 104, Las Vegas, Nevada

• 745 W. Moana Lane, Suite 200, Reno, Nevada 89509

Email notice has been made to such individuals as have requested notice of meetings (to request notifications, please contact at: <u>1115waivers@dhcfp.nv.gov</u> or in writing at: 1100 East William Street, Suite 101, Carson City, Nevada 89701.)

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Note: We are pleased to make reasonable accommodations for members of the public with a disability that wish to participate. If accommodated arrangements are necessary, notify DHCFP as soon as possible, and at least 10 days in advance of the meeting, by email at: <u>1115waivers@dhcfp.nv.gov</u> or in writing, at: 1100 East William Street, Suite 101, Carson City, Nevada 89701.

Attachment C

Tribal Notification

Joe Lombardo Governor Richard Whitley, MS Director



DEPARTMENT OF HEALTH AND HUMAN SERVICES



Stacie Weeks, JD MPH Administrator

DIVISION OF HEALTH CARE FINANCING AND POLICY Helping people. It's who we are and what we do.

August 30, 2024

Inter-Tribal Council of Nevada Serrell Smokey, ITCN President Tribal Chairman of Washoe Tribe 919 Highway 395 South Gardnerville, Nevada 89410

Dear Tribal Members:

In accordance with established consultation guidelines, the Division of Health Care Financing and Policy (DHCFP) is notifying Nevada tribes of the following proposed change in policy:

Nevada is committed to reforming its system of care to improve health outcomes for individuals with serious mental illness (SMI). In the 81st (2021) Session of the Nevada Legislature, Senate Bill 154 was approved, which permits the Department of Health and Human Services to apply for a waiver to reimburse for acute inpatient stays in Institutions for Mental Disease (IMDs) for Medicaid-eligible individuals ages 21 years – 64 years with a SMI, to include treatment rendered at psychiatric hospitals.

On December 29, 2022, Nevada received approval for a Section 1115 waiver under Title XIX of the Social Security Act, titled "Nevada's Treatment of Opioid Use Disorders (OUD) and Substance Use Disorders (SUD) Transformation Project." This waiver allows the State to receive federal Medicaid matching funds to support Medicaid reimbursement for SUD treatment when provided in an IMD. This amendment requests additional waiver authority to expand federal Medicaid matching funds to pay IMDs that deliver treatment and services to recipients with a SMI. Additionally, the State seeks federal waiver authority to cover services that aim to address certain health-related social needs (HRSNs). By covering HRSN services, the State believes it can better support successful community transitions and stable community living.

The Nevada Department of Health and Human Services (DHHS), Division of Health Care Financing and Policy (DHCFP), requests authority from the Centers for Medicare & Medicaid Services (CMS) to amend the existing five-year, Section 1115 demonstration waiver. We are pleased to submit Nevada's Section 1115 demonstration waiver amendment request entitled "Nevada's Treatment of Substance Use Disorders (SUDs) and Serious Mental Illness (SMI) Transformation Project".

This project is intended to expand the behavioral health continuum of care for Medicaid-enrolled Nevadans over the age of 21 years, by supporting individuals with often co-occurring disorders, as well as HRSNs, that complicate accessing treatment and achieving community stability. Specifically, DHHS seeks a waiver to implement housing and nutrition supports for recipients experiencing, or at-risk of, homelessness, in addition to the waiver of the IMD exclusion for individuals between 21 years and 64 years receiving treatment for SMI in an IMD. This demonstration is aligned with the

objectives of Title XIX and Title XXI of the Social Security Act to improve access to high-quality, person-centered services that produce positive health outcomes for individuals.

Included in this application, Nevada has identified the strategies to address goals and milestones specific for the 1115 SMI Demonstration. Hypothetical budget-neutrality projections were also developed using CMS requirements, with the format adjusted to accommodate the SMI and HRSN services outlined in this demonstration request. The Demonstration will not modify the State's current Medicaid program or Children's Health Insurance Program outside of the benefits and reimbursement methodologies described within this application.

Please review the provided Public Notice as well as Nevada's Section 1115 Demonstration Waiver Amendment application entitled "Nevada's Treatment of Substance Use Disorders (SUDs) and Severe Mental Illness (SMI) Transformation Project" and we invite any comments and questions.

There is no anticipated fiscal impact to Tribal Governments.

If you would like a consultation regarding this proposed change in policy, please contact Nahayvee Flores-Rosiles at <u>nflores-rosiles@dhcfp.nv.gov</u> or (775) 350-0786 who will schedule a meeting. We would appreciate a reply within 30 days from the date of this letter. If we do not hear from you within this time, we will consider this an indication that no consultation is requested.

Sincerely,

Casey Angres

Casey Angres Division Compliance Chief, DHCFP

cc: Cynthia Leech, Compliance Agency Manager, DHCFP Malinda Southard D.C., CPM, Deputy Administrator, DHCFP Theresa Carsten, Deputy Administrator, DHCFP Michael Gorden, Social Services Chief III, DHCFP Sarah Dearborn, Social Services Chief III, DHCFP Nahayvee Flores-Rosiles, Tribal & Community Liaison, DHCFP