The Centers for Medicare & Medicaid Services (CMS) customized the Monitoring Report Template (Version 3.0) to support New Mexico's retrospective reporting of monitoring data for its section 1115 substance use disorder (SUD) demonstration. The state should use this customized template to report on retrospective metric trends as requested in the Monitoring Report Instructions (p. 12 of Version 3.0). This template was customized for retrospective reporting in the following ways:

- Added footnote C to the title page in section 1
- The table in section 3 (Narrative information on implementation, by milestone and reporting topics) has been modified to ask the state to report general trends for each Milestone, rather than changes (+ or -) greater than 2 percent for each metric.
- The prompts in section 3 that requested implementation updates were removed.
- Section 4 (Narrative information on other reporting topics) has been removed entirely.

## 1. Title page for the state's SUD demonstration or the SUD component of the broader demonstration

CMS has pre-populated the title page for the state (see blue text). The state should review the pre-populated text and confirm that it is accurate. Definitions for certain rows are below the table.

| State   | New Mexico   |
|---|--|
| Demonstration name  | Centennial Care 2.0 1115 Medicaid Demonstration  |
| Approval period for section 1115<br>demonstration   | 01/01/2019/12/31/2023  |
| SUD demonstration start date <sup>a</sup>   | 05/21/2019   |
| Implementation date of SUD<br>demonstration, if different from<br>SUD demonstration start date <sup>b</sup> | 01/01/2019   |
| SUD (or if broader demonstration, then SUD -related) demonstration  | <i>New Mexico's 1115 waiver application supports and focuses its SUD evaluation on the six goals developed by CMS:</i>   |
| goals and objectives  | <ol> <li>Increased rates of identification, initiation and engagement in treatment for OUD and other SUDs;</li> <li>Increased adherence to and retention in treatment for OUD and other SUD;</li> </ol>  |
|   | 3. Reductions in overdose deaths, particularly those due to opioids;   |
|   | 4. Reduced utilization of emergency departments and inpatient hospital settings for OUD and other SUD treatment where the utilization is preventable or medically inappropriate through improved access to other continuum of care services;   |
|   | 5. Fewer readmissions to the same or higher level of care where readmission is preventable or medically inappropriate for OUD and other SUD; and   |
|   | 6. Improved access to care for physical health conditions among beneficiaries with OUD or other SUDs.  |
|   | This implementation plan will describe services currently in place, and put forward our plans to implement new services, i.e. our gaps in service options. It is based upon American Society of Addiction Medicine (ASAM) levels of care for the continuum of care and is organized by CMS's SUD milestones: |
|   | 1. Access to critical levels of care for OUD and other SUDs  |
|   | 2. Widespread use of evidence-based, SUD-specific patient placement criteria;  |
|   | 3. Use of nationally recognized, evidence-based, SUD program standards to set residential treatment provider qualifications;   |
|   | 4. Sufficient provider capacity at each level of care, including Medication Assisted Treatment (MAT);  |
|   | 5. Implementation of comprehensive treatment and prevention strategies to address opioid abuse and OUD; and  |
|   | 6. Improved care coordination and transitions between levels of care   |

| SUD demonstration year and quarter <sup>c</sup> | SUD DY1Q1 – DY2Q2       |
|---|-------------------------|
| Reporting period <sup>e</sup>                   | 01/01/2019 - 06/30/2020 |

<sup>a</sup> SUD demonstration start date: For monitoring purposes, CMS defines the start date of the demonstration as the *effective date* listed in the state's STCs at time of SUD demonstration approval note that the SUD demonstration is effective January 1, 2020 – December 31, 2025, the state should consider January 1, 2020 to be the start date of the SUD demonstration. Note that the effective date is considered to be the first day the state may begin its SUD demonstration. In many cases, the effective date is distinct from the approval date of a demonstration; that is, in certain cases, CMS may approve a section 1115 demonstration with an effective date that is in the future. For example, CMS may approve an extension request on 12/15/2020, with an effective date of 1/1/2021 for the new demonstration period. In many cases, the effective date also differs from the date a state begins implementing its demonstration.

<sup>b</sup> Implementation date of SUD demonstration: The date the state began claiming federal financial participation for services provided to individuals in institutions for mental disease.

<sup>c</sup> SUD demonstration year and quarter, and reporting period. The demonstration year, quarter, and calendar dates associated with the monitoring reports in which the metric trends would have been reported according to the reporting schedule in the state's approved monitoring protocol. For example, if the state's first monitoring report after monitoring protocol approval is its SUD DY2Q2 monitoring report, the retrospective reporting period is considered SUD DY1Q2 through SUD DY2Q1. The SUD DY1Q1 reporting period is not listed because metrics data are reported with a one-quarter lag.

## 2. Executive summary

New Mexico has made significant advances in recent years in our services to both combat and treat OUD and SUD. We halted the increasing overdose trend from the highest rate among states to 13th. We must consider, however, that the upward trends of other states also impact this. However, New Mexico continues to be the top state in alcohol-related deaths and third in the nation for suicides. We still have much work to do.

New Mexico's continuum of SUD services and its implementation plan also includes:

- Treatment of co-occurring mental health conditions with a primary diagnosis of SUD;

- A focus on the integration of SUD screening in physical health provider locations;

- The introduction of behavioral health counselors in primary care agencies, and primary care practitioners in behavioral health agencies; and

- Interdisciplinary teaming with the Medicaid beneficiary and his/her natural supports to treat not only the person with the SUD, but also the family or natural support system.

## Technical note:

For this retrospective re-submission of the first six quarters of the waiver, HSD carefully followed the new instructions provided in CMS Technical Specifications V3. Our data and quality assurance teams spent months working with the new data sets to try to acquire results that are an accurate representation of service utilization in New Mexico. We believe we have accomplished this goal, but also note that in a number of areas the outcomes here likely do not fully reflect the scope and amount of services being delivered. For example, metric 10 measures how many beneficiaries use residential and/or inpatient services for SUD during the quarter. The CMS V3 instructions call for this measure to include only individuals with a primary SUD diagnosis. HSD is aware that many New Mexico providers are reluctant to use SUD as the primary diagnosis, particularly for younger clients. When we recalculated this metric allowing a SUD diagnosis in any of the first three diagnostic fields, utilization was 12% higher in the second quarter.

## 3. Narrative information on implementation, by milestone and reporting topic

The state should provide a general summary of metric trends by milestone and reporting topic for the entire retrospective reporting period. In these general summaries, the state should discuss any relevant trends that the data shows related to each milestone or reporting topic, including trends in state-specific metrics.

| Prompt<br>1. Assessment of need and<br>1.2.1 Metric trends  | State has no<br>trends/upda<br>te to report<br>(place an X)<br>qualification f | Related metric(s)<br>(if any)<br>or SUD services                     | State summary of retrospective reporting period  |
|---|--|--|--|
| 1.1.1. The state reports the<br>following metric trends<br>related to assessment of<br>need and qualification for<br>SUD services |  | *EXAMPLE: #5: Medicaid<br>Beneficiaries Treated in an<br>IMD for SUD | *EXAMPLE: The number of beneficiaries with a SUD diagnoses treated<br>in an IMD in the last quarter decreased by 5% due to the closure of one<br>IMD in the state. |

| Prompt              | State has no<br>trends/upda<br>te to report<br>(place an X) | Related metric(s)<br>(if any)       |           | State s    | ummary     | of retro    | spective   | reportin    | g period    | I          |
|---------------------|---|-------------------------------------|-----------|------------|------------|-------------|------------|-------------|-------------|------------|
|                     |   | Number of beneficiaries with a SUD  |           |            |            |             |            | ignosis ar  |             |            |
|                     |   | diagnosis and a SUD-related service |           | -          |            |             | •          | er the cou  |             | •          |
|                     |   | during the measurement period       |           |            | -          |             |            | 'ID-19 pu   |             |            |
|                     |   | and/or in the 11 months before the  | -         | -          |            | •           |            | 6 by the s  | -           |            |
|                     |   | measurement period                  |           |            |            |             |            | beginnin    | 0           |            |
|                     |   |                                     | -         |            |            | -           |            | emergenc    | -           |            |
|                     |   |                                     |           |            |            | -           |            | most beh    |             |            |
|                     |   |                                     |           | -          |            | -           |            | isit delive |             |            |
|                     |   |                                     | ensure sa | afe acces  | s to healt | h care. T   | his chan   | ge in poli  | cy has h    | elped      |
|                     |   |                                     | maintain  | access, t  | hough gi   | ven the s   | cope of t  | he SUD a    | crisis in l | New        |
|                     |   |                                     | Mexico,   | the num    | pers woul  | ld almost   | certainly  | y have be   | en highe    | r had the  |
|                     |   |                                     | pandemi   | c not occ  | urred; SU  | JD is a k   | ey behav   | ioral heal  | th issue    | for the    |
|                     |   |                                     | state and | l even thi | s positive | e utilizati | on trend   | likely uno  | derrepres   | sents the  |
|                     |   |                                     | scope of  | the prob   | lem. The   | e state con | ntinues to | o work to   | streamli    | ne cross-  |
|                     |   |                                     | agency c  | ollabora   | ion, strer | ngthen th   | e behavio  | oral healtl | h provide   | er network |
|                     |   |                                     | and imp   | rove acce  | ss.        |             |            |             |             |            |
|                     |   |                                     |           |            | (2019)     |             |            | DY2 (       |             |            |
|                     |   |                                     | Q1        | Q2         | Q3         | Q4          | Q1         | Q2          | Q3          | Q4         |
|                     |   |                                     | 58,098    | 59,183     | 60,979     | 61,119      | 63,105     | 62,619      |             |            |
|                     |   |                                     |           | 2%         | 3%         | 0%          | 3%         | -1%         |             |            |
|                     | els of Care for (   | OUD and other SUDs (Milestone 1)    |           |            |            |             |            |             |             |            |
| 2.2.1 Metric trends |   |                                     |           |            |            |             |            |             |             |            |

| tı<br>t  | State has no<br>trends/upda<br>te to report<br>(place an X) | Related metric(s)<br>(if any)   |  |  |  | of retros  |  |   |  |   |
|--|---|---|--|--|--|--|--|---|--|---|
| 2.1.1 The state reports the<br>following metric trends<br>related to Milestone 1 |   | Number of beneficiaries enrolled in<br>the measurement period receiving<br>any SUD treatment service, facility<br>claim, or pharmacy claim during<br>the measurement period | service, f<br>5% over<br>COVID-<br>by the se<br>beginnin<br>emergend<br>behavior<br>delivery<br>policy ha<br>crisis in 1<br>higher ha<br>issue for<br>underrep | acility cla<br>the cours<br>19 public<br>cond qua<br>g of the v<br>cy, HSD<br>al health<br>systems t<br>as helped<br>New Mex<br>ad the par<br>the state<br>resents th<br>line cross<br>ovider ne | aim, or pl<br>e of the y<br>health en<br>rter of CV<br>vaiver. In<br>has allow<br>services u<br>o ensure<br>maintain<br>tico, the r<br>ademic no<br>and even<br>the scope of<br>s-agency | harmacy<br>year. Gro<br>mergency<br>Y2020, fc<br>n respons<br>yed behav<br>using tele<br>safe accee<br>access, th<br>numbers<br>of occurre<br>this posi<br>of the pro<br>collabora | claim dur<br>owth slow<br>y, but still<br>or a total<br>e to the C<br>yioral hea<br>chealth, te<br>ess to hea<br>hough giv<br>would alr<br>ed; SUD<br>tive utiliz<br>oblem. Th<br>ation, stree | ring CY 2<br>red during<br>l increase<br>increase of<br>COVID-1<br>lth provide<br>elephonic<br>lth care.<br>ven the so<br>nost certa<br>is a key b<br>zation tree<br>he state c<br>engthen th | 9 public h<br>ders to off<br>and e-vis<br>This char<br>cope of th<br>ainly have<br>rehavioral<br>nd likely | eased by<br>the to the<br>ther 2%<br>the 2%<br>the 2%<br>the sub<br>the sub<br>the sub<br>the sub<br>the sub<br>the sub<br>the sub<br>the sub |

| Prompt | State has no<br>trends/upda<br>te to report<br>(place an X) | Related metric(s)<br>(if any)  |   | State s   | ummary   | ofretro  | spective 1  | reporting   | g period  |                       |
|--------|---|--|---|---|--|--|---|---|---|-----------------------|
|        |   | Number of beneficiaries who used<br>early intervention services (such as<br>procedure codes associated with<br>SBIRT) during the measurement<br>period | CY 2019<br>the COV<br>increased<br>primary<br>Medicaid<br>outreach<br>around th | increase<br>ID-19 put<br>another<br>driver of<br>program<br>to provid<br>ne state.<br>xicans with | d a total<br>blic heal<br>12% thro<br>the increa<br>n, effectiv<br>lers as wo<br>SBIRT h<br>ith needed | of 83% o<br>th emerge<br>ough the e<br>ase was the<br>ve 01/01/2<br>ell as stat<br>as prover | ver the ye<br>ency of C<br>end of the<br>he addition<br>2019, foll<br>e-sponsors<br>to be a s | ear. Grow<br>Y 2020,<br>e second o<br>on of SBI<br>lowed by<br>red provid<br>significan | vth slowe<br>but utiliz<br>quarter. 7<br>RT to the<br>expande<br>der traini<br>t way to | e state's<br>d<br>ngs |
|        |   |  |   | DY1 (   | (2019)   |  |   | DY2 (   | 2020)   |                       |
|        |   |  | Q1  | Q2  | Q3   | Q4   | Q1  | Q2  | Q3  | Q4                    |
|        |   |  | 969   | 748   | 1,496  | 1,775  | 2,305   | 1,996   |   |                       |
|        |   |  |   | -23%  | 100%   | 19%  | 30%   | -13%  |   |                       |

| Prompt | State has no<br>trends/upda<br>te to report<br>(place an X) | Related metric(s)<br>(if any)  |   | State st  | ummary  | of retros  | pective r   | eporting  | period  |   |
|--------|---|--|---|---|---|--|---|---|---|---|
|        |   | Number of beneficiaries who used<br>outpatient services for SUD (such as<br>outpatient recovery or motivational<br>enhancement therapies, step down<br>care, and monitoring for stable<br>patients) during the measurement<br>period | CY 2019<br>the third and secon<br>year to da<br>provider<br>during the<br>reveals b | held stead<br>and fourth<br>and quarter<br>ate. The v<br>concerns a<br>e COVID<br>oth the ex<br>of the stat | dy for mo<br>a quarters.<br>s of CY 2<br>rolatility is<br>and adjust<br>-19 public<br>ktent of the's work | st of the y<br>Despite<br>020, the s<br>n this mea<br>timent to ra-<br>c health one<br>SUD c | ed outpatie<br>ear and the<br>another of<br>econd qua<br>asure refle<br>ecceiving a<br>emergence<br>risis in N<br>rage use of | en droppe<br>lecrease b<br>arter is a 1<br>cts signifi<br>nd delive<br>y, and the<br>ew Mexic | ed by 3%<br>etween th<br>% increase<br>icant clier<br>ring servi-<br>e rising tree<br>co and th | between<br>e first<br>se for the<br>nt and<br>ces<br>end<br>e |
|        |   |  | DY1 (   | (2019)  | 1   |  | DY2 (   | 2020)   |   |   |
|        |   |  | Q1  | Q2  | Q3  | Q4   | Q1  | Q2  | Q3  | Q4  |
|        |   |  | 29,623  | 29,713<br>0%  | 29,788<br>0%  | 28,854<br>-3%  | 29,928<br>4%  | 29,133<br>-3%   |   |   |

| State ha<br>trends/t<br>te to re<br>Prompt (place a | pda<br>ort Related metric(s)   |  | State s   | ummary   | of retros   | spective 1  | ·eporting   | g period   |   |
|---|--|--|---|--|-------------|---|---|--|---|
|   | Number of unique beneficiaries who<br>used intensive outpatient and/or<br>partial hospitalization services for<br>SUD (such as specialized outpatient<br>SUD therapy or other clinical<br>services) during the measurement<br>period | in New I<br>Intensive<br>The num<br>and/or pa<br>14% incu<br>program<br>to grow,<br>of 2020.<br>services | Mexico du<br>e Outpatio<br>artial hosp<br>rease over<br>s around f<br>for a 10%<br>The inc<br>from an e<br>d enrollm<br>ealth eme | aring 201<br>ent Progra<br>ique bene<br>pitalization<br>r the count<br>the state of<br>6 increase<br>rease cont<br>expanded<br>ent due to<br>rgency. | e betweer   | ), so this<br>who used<br>s for SU<br>year, as t<br>Utilization<br>the end<br>be driver<br>network, | d intensiv<br>D during<br>he number<br>on of this<br>of 2019 a<br>a by more<br>as well a<br>cects of th | e outpatio<br>CY 2019<br>er of IOP<br>service c<br>ind secon<br>people a<br>is an incre<br>e COVIE | y to<br>ent<br>saw a<br>ontinued<br>d quarter<br>accessing<br>ease in |
|   |  |  | 1   | (2019)   |             | <u> </u>  |   | 2020)  |   |
|   |  | Q1<br>1,782  | Q2<br>1,883   | Q3<br>1,984  | Q4<br>2,040 | Q1<br>2,220   | Q2<br>2,247   | Q3   | Q4  |
|   |  | .,. 52   | 6%  | 5%   | 3%          | 9%  | 1%  |  |   |

| State has<br>trends/uj<br>te to rep<br>Prompt (place an | da<br>ort Related metric(s)<br>X) (if any)   |   |   |   | of retros  | -  |  | <u> </u>  |   |
|---|--|---|---|---|--|--|--|---|---|
|   | Number of beneficiaries who use<br>residential and/or inpatient services<br>for SUD during the measurement<br>period | services<br>and then<br>At the sta<br>expanded<br>initially a<br>regulation<br>credentia<br>services<br>by the C<br>residenti<br>challeng<br>and is du<br>treatmen<br>Medicaid<br>public he<br>One tech<br>include of<br>that man<br>primary<br>recalcula | for SUD<br>another<br>art of 201<br>d coverag<br>slow due<br>ns, provi<br>dling, etc.<br>was parti<br>OVID-19<br>al clients<br>es shows<br>te both to<br>t provide<br>d enrollm<br>ealth eme<br>nical not<br>only indiv<br>y New M<br>diagnosis<br>ted this r | during C<br>14% by th<br>19, the sta<br>ge for SU<br>to the ne<br>der fee so<br>The pro-<br>cularly ch<br>public h<br>. The con<br>the signi<br>more per<br>rs joined<br>ent due ta<br>rgency.<br>e: The Cl<br>viduals w<br>lexico pro-<br>s, particul<br>netric alla | Y 2019 re<br>the end of<br>the's Cent<br>D service<br>ed for much<br>edules,<br>wider net<br>hallenged<br>ealth eme<br>nsistent in<br>ficant nee<br>ople acce<br>the Medi<br>o the econ<br>MS V3 in<br>ith a prim<br>oviders an<br>arly for y<br>owing a S | ose a tota<br>the secon<br>tennial Cases, but ful<br>altiple system<br>provider<br>work for<br>l by the signer<br>end for the<br>sissing ser<br>total prog<br>nomic efficient<br>astruction<br>mary SUD<br>re relucta<br>younger c | I of 17%<br>and quarte<br>are Medi<br>l implem<br>stemic ch<br>certifica<br>residenti<br>ystemic c<br>and the non<br>tutilizati<br>se servic<br>vices as n<br>gram, and<br>fects of th<br>s call for<br>diagnos<br>nt to use<br>lients. V<br>gnosis in a | al and inp<br>changes, a<br>ced to lim<br>on despit<br>es in New<br>new resid<br>to an inc<br>ne COVII<br>this meat<br>is. HSD<br>SUD as t<br>Vhen we<br>any of the | e year,<br>ram<br>was<br>program<br>batient<br>and then<br>it<br>e these<br>v Mexico,<br>ential<br>crease in<br>D-19<br>sure to<br>is aware<br>he |
|   |  |   | DY1   | (2019   |  |  | DY2  | (2020)  |   |
|   |  | Q1<br>443   | Q2<br>496   | Q3<br>515   | Q4<br>520  | Q1<br>551  | Q2<br>591  | Q3  | Q4  |
|   |  | 443   | 496<br>12%  | 4%  | 520<br>1%  | 6%   | 7%   |   |   |

| Prompt | State has no<br>trends/upda<br>te to report<br>(place an X) | Related metric(s)<br>(if any)<br>Number of beneficiaries who use  | The num  |   |  | of retros<br>es who us   |   |  |   | services  |
|--------|---|---|--|---|--|--|---|--|---|---|
|        |   | withdrawal management services<br>(such as outpatient, inpatient, or<br>residential) during the measurement<br>period | during C   | Y 2019 d<br>of 85% b  | eclined b<br>y the sec   | oy 3% ove<br>ond quart   | er the yea<br>er of 202   | r, and the<br>0. These   | en saw a s<br>are very  | steep<br>small  |
|        |   |   | state. The<br>been part<br>because to<br>model. I<br>Mexico i<br>providers | etual utiliz<br>ne provide<br>ticularly of<br>this set of<br>n additio<br>s based of<br>s may not<br>e plans to<br>orting, ar | zation of,<br>er networ<br>challenge<br>Services<br>n, trackin<br>n non-rev<br>be using<br>engage in | withdraw<br>k for with<br>d by the<br>does not<br>og withdra<br>venue pro<br>these co<br>n provide | val manag<br>ndrawal r<br>COVID-1<br>readily f<br>awal man<br>oducing H<br>des to acc<br>r educatio | gement se<br>nanagem<br>19 public<br>it into a t<br>agement<br>ICPCS co<br>curately c<br>on to try | ervices in<br>ent service<br>health er<br>elehealth<br>utilizatio<br>odes, and<br>capture se<br>to remedy | the<br>the<br>mergency<br>delivery<br>n in New<br>some<br>rvices.<br>y this |
|        |   |   |  | DY1 (   | 2019)  |  |   | DY2 (  | (2020)  |   |
|        |   |   | Q1   | Q2  | Q3   | Q4   | Q1  | Q2   | Q3  | Q4  |
|        |   |   | 62   | 63<br>2%  | 55<br>-13%   | 60<br>9%   | 113<br>88%  | 111<br>-2%   |   |   |

| Prompt   | State has no<br>trends/upda<br>te to report<br>(place an X) | Related metric(s)<br>(if any)  |        | State s | ummary | of retros | spective | reporting | period                                  |    |
|--|---|--|--------|---------|--------|-----------|----------|-----------|---|----|
|  |   | Number of beneficiaries who have a<br>claim for MAT for SUD during the<br>measurement period |        |         |        |           |          |           | by the<br>or the<br>ion of<br>providers |    |
|  |   |  |        | DY1 (   | (2019) |           |          | DY        | 2 (2020)                                |    |
|  |   |  | Q1     | Q2      | Q3     | Q4        | Q1       | Q2        | Q3                                      | Q4 |
|  |   |  | 28,941 | 29,210  | 30,512 | 31,705    | 32,623   | 33,028    |   |    |
|  |   |  |        | 1%      | 4%     | 4%        | 3%       | 1%        |   |    |
|  | SUD-specific P  | atient Placement Criteria (Milestone 2)  |        |         |        |           |          |           |   |    |
| 3.1 Metric trends  |   |  |        |         |        |           |          |           |   |    |
| 3.1.1 The state reports the following metric trends related to Milestone 2 |   |  |        |         |        |           |          |           |   |    |

|  | State has no<br>trends/upda<br>te to report | Related metric(s)                        |  |
|--|---|--|--|
| Prompt   | (place an X)                                | (if any)                                 | State summary of retrospective reporting period                      |
|  | gnized SUD-spe                              | cific Program Standards to Set Provide   | er Qualifications for Residential Treatment Facilities (Milestone 3) |
| 4.1 Metric trends  |   |  |  |
| 4.1.1 The state reports the                                      |   |  |  |
| following metric trends  |   |  |  |
| related to Milestone 3   |   |  |  |
| Note: There are no CMS-  |   |  |  |
| provided metrics related   |   |  |  |
| to Milestone 3. If the   |   |  |  |
| state did not identify any                                       |   |  |  |
| <i>metrics for reporting this</i><br><i>milestone, the state</i> |   |  |  |
| should indicate it has no  |   |  |  |
| update to report.  |   |  |  |
|  | a site at Critica                           | I I male of Come including for Medicati  | an Assisted Transforment for OUD (Milestone A)                       |
| 5.1 Metric trends  | bacity at Critica                           | il Levels of Care including for Medicati | ion Assisted Treatment for OUD (Milestone 4)                         |
|  |   |  |  |
| 5.1.1 The state reports the                                      |   |  |  |
| following metric trends<br>related to Milestone 4                |   |  |  |
|  |   |  |  |
| -  | prehensive Tre                              | eatment and Prevention Strategies to A   | ddress Opioid Abuse and OUD (Milestone 5)                            |
| 6.1 Metric trends  |   |  |  |
| 6.1 The state reports the  |   |  |  |
| following metric trends  |   |  |  |
| related to Milestone 5   |   |  |  |
| -  | nation and Tra                              | nsitions between Levels of Care (Milest  | cone 6)  |
| 7.1 Metric trends  |   |  |  |
| 7.1.1 The state reports the                                      |   |  |  |
| following metric trends  |   |  |  |
| related to Milestone 6   |   |  |  |

| Prompt   | State has no<br>trends/upda<br>te to report<br>(place an X) | Related metric(s)<br>(if any)  | State summary of retrospective reporting period  |       |       |       |            |       |    |  |
|--|---|--|--|-------|-------|-------|------------|-------|----|--|
| 8. SUD health information  | n technology (h   | ealth IT)  |  |       |       |       |            |       |    |  |
| 8.1 Metric trends  |   |  |  |       |       |       |            |       |    |  |
| 8.1.1 The state reports the<br>following metric trends<br>related to its health IT<br>metrics      |   |  |  |       |       |       |            |       |    |  |
| 9.2 Other SUD-related me   | etrics  |  |  |       |       |       |            |       |    |  |
| 9.2.1 Metric trends  |   |  |  |       |       |       |            |       |    |  |
| 9.2.1 The state reports the<br>following metric trends<br>related to other SUD-<br>related metrics |   | Total number of ED visits for SUD per<br>1,000 beneficiaries in the<br>measurement period. | The total number of ED visits for SUD per 1,000 beneficiaries in CY2019 rose by 3% across the year, and then dropped by 8% by the second quarter of 2020. Since the start of Centennial Care 2.0 in CY2019, the state has expanded access to both inpatient and outpatient SUD services, which clearly has an impact on ED utilization. However the most likely primary driver of the 2020 decrease is the COVID-19 public health emergency, during which many New Mexicans have been unwilling and/or unable to go to hospitals. Other data show rising levels of behavioral health issues with anxiety, depression and suicidality, and as increases in some of the metrics above, many New Mexicans have been able to access needed services through outpatient, residential and IOP providers, particularly as the state opened all BH services to telehealth delivery – and may have begun to establish more sustainable paths to care. |       |       |       |            |       |    | y the<br>in<br>tpatient<br>However,<br>ID-19<br>IVe been<br>ng<br>V New<br>patient,<br>II BH |
|  |   |  | DY1 (2019)   |       |       |       | DY2 (2020) |       |    |  |
|  |   |  | Q1   | Q2    | Q3    | Q4    | Q1         | Q2    | Q3 | Q4   |
|  |   |  | 17.14  | 18.32 | 19.34 | 17.73 | 17.95      | 16.25 |    |  |
|  |   |  |  | 7%    | 6%    | -8%   | 1%         | -9%   |    |  |

| Prompt | State has no<br>trends/upda<br>te to report<br>(place an X) | Related metric(s)<br>(if any)  |  | State s | ummary | of retros | pective r | eporting | period |  |  |
|--------|---|--|--|---------|--------|-----------|-----------|----------|--------|--|--|
|        |   | Total number of inpatient stays per<br>1,000 beneficiaries in the<br>measurement period. | State summary of retrospective reporting period<br>The total number of inpatient stays related to SUD per 1,000<br>beneficiaries rose 6% during 2019, and then dropped slightly by 1% by<br>the second quarter of 2020. As with the metric for ER use, the primary<br>driver of this plateau is most likely the COVID-19 public health<br>emergency, during which many New Mexicans have been unwilling<br>and/or unable to go to hospitals. Other data show rising levels of<br>behavioral health issues with anxiety, depression and suicidality, and as<br>increases in some of the metrics above, many New Mexicans have been<br>able to access needed services through outpatient, residential and IOP<br>providers, particularly as the state opened all BH services to telehealth<br>delivery – and may have begun to establish more sustainable paths to<br>care.; |         |        |           |           |          |        | primary<br>lling<br>of<br>7, and as<br>we been<br>d IOP<br>ehealth |  |
|        |   |  | DY1 (2019) DY2 (2020)  |         |        |           |           |          | (2020) |  |  |
|        |   |  | Q1   | Q2      | Q3     | Q4        | Q1        | Q2       | Q3     | Q4   |  |
|        |   |  | 7.50   | 7.83    | 8.22   | 7.96      | 7.90      | 7.87     |        |  |  |
|        |   |  |  | 4%      | 5%     | -3%       | -1%       | 0%       |        |  |  |

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