

**Missouri Targeted Benefits for Postpartum Women  
Section 1115 Demonstration  
Fact Sheet**

Date Initial Proposal Submitted:	February 13, 2020
Date Initial Proposal Approved:	April 16, 2021
Date Implemented:	January 1, 2022
Date Expired	December 31, 2026

**Number of Amendments:** 0

**SUMMARY**

Missouri's Targeted Benefits for Postpartum Women section 1115 demonstration seeks to preserve and improve the access to quality SUD and mental health treatment services for certain women who were enrolled in a Medicaid eligibility group for pregnant women and who have recently given birth or otherwise had a pregnancy end. This demonstration increases coverage and makes available certain SUD and mental health services to a population who would not otherwise qualify for Medicaid. Specifically, this demonstration will enable the state to test the effects of providing a targeted set of benefits to postpartum women with incomes up to 196 percent of the FPL for an additional 10 months following the end of their 60-day postpartum period. In addition, Missouri's Targeted Benefits for Postpartum Women section 1115 demonstration aims to improve the health of certain mothers in Missouri by making SUD and mental health services available to them, as well as reduce the rate of maternal morbidity and mortality in the state by addressing continuity of certain services after the postpartum period.

**ELIGIBILITY**

Eligibility for the demonstration is limited to certain mothers who meet the following eligibility criteria and requirements:

- Were eligible for and enrolled in Missouri Medicaid while pregnant under an eligibility group for pregnant women, with a household income at or below 196 percent of the FPL at the time of enrollment in such group;
- Have been diagnosed and assessed as having a SUD and in need of SUD treatment by a qualified physician, licensed medical provider, qualified addiction professional, or licensed mental health professional; and
- Completed the mandatory postpartum period (under section 1902(e)(5) of the Act) and are otherwise not eligible for other Medicaid coverage that provides comparable SUD and mental health treatment benefits.

The state also requested continuous eligibility for these women; as a result, the demonstration includes an expenditure authority for continuous eligibility without regard to changes in income through the end of the 12-month extended postpartum eligibility period. This is consistent with regular Medicaid state plan authority that aligns the continuous eligibility period for pregnant women with the end of the existing 60-day postpartum period.

## **BENEFITS**

The Missouri Targeted Benefits for Postpartum Women demonstration will be limited to those Medicaid state plan benefits and services related to treatment of SUD, including mental health services, and non-emergency medical transportation to and from treatment that are specified below. These Medicaid state plan services include:

1. Assertive Community Treatment (ACT);
2. Behavioral Health Assessment;
3. Community Support;
4. Individual Counseling;
5. Trauma Individual Counseling;
6. Co-occurring Disorder Individual Counseling;
7. Communicable Disease Counseling;
8. Group Counseling;
9. Collateral Dependent Counseling;
10. Individual and Group Professional Psychosocial Rehabilitation;
11. Crisis Intervention;
12. Day Treatment (Child and Youth);
13. Family Conference;
14. Family Therapy;
15. Group Rehabilitative Support;
16. Intensive Community Psychiatric Rehabilitation;
17. Medication Administration;
18. Medication Management;
19. Medically Monitored Detoxification;
20. Metabolic Syndrome Screening;
21. Peer and Family Support Services;
22. Psychosocial Rehabilitation Services; and
23. Treatment Planning Services.

The state's legislature approved the extension of limited benefits under this demonstration and a duration of 12 months beyond the required postpartum period for women. Studies show that most postpartum complications for mothers occur within the first year of giving birth. CMS worked with the state to align the 12 months of postpartum coverage, including the 60-day postpartum period, with the duration of the coverage authorized, as a state option, under section 9812 of the American Rescue Plan Act of 2021. The state plan option becomes effective in April 2022 and, if elected, requires the state to provide full Medicaid state plan benefits. Missouri is still considering whether it will take up that option.

## **DELIVERY SYSTEM**

The demonstration will operate under a Fee-For-Service (FFS) delivery system.

## **MONITORING AND EVALUATION**

Consistent with CMS requirements for all section 1115 demonstrations, and as outlined in the STCs, the state will be required to undertake robust monitoring and evaluation of the demonstration, in alignment with any applicable CMS-provided technical assistance. Throughout the life-cycle of the demonstration approval period, monitoring will support tracking the state's progress towards its demonstration goals. The evaluation will assess whether the demonstration initiatives are effective in producing the desired outcomes for beneficiaries and the Medicaid program overall.

## **CMS CONTACTS**

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