

DEPARTMENT OF HEALTH & HUMAN SERVICES
Centers for Medicare & Medicaid Services
7500 Security Boulevard, Mail Stop: S2-25-26
Baltimore, Maryland 21244-1850



State Demonstrations Group

June 25, 2025

Michelle Probert
Director, Office of MaineCare Services
Maine Department of Health and Human Services
109 Capitol Street
Augusta, Maine 04333-0011

Dear Director Probert:

The Centers for Medicare & Medicaid Services (CMS) is updating the section 1115 demonstration monitoring approach to reduce state burden, promote effective and efficient information sharing, and enhance CMS's oversight of program integrity by reducing variation in information reported to CMS.

Federal section 1115 demonstration monitoring and evaluation requirements are set forth in section 1115(d)(2)(D)-(E) of the Social Security Act (the Act), in CMS regulations in 42 CFR 431.428 and 431.420, and in individual demonstration special terms and conditions (STCs). Monitoring provides insight into progress with initial and ongoing demonstration implementation and performance, which can detect risks and vulnerabilities to inform possible course corrections and identify best practices. Monitoring is a complementary effort to evaluation. Evaluation activities assess the demonstration's success in achieving its stated goals and objectives.

Key changes of this monitoring redesign initiative include introducing a structured template for monitoring reporting, updating the frequency and timing of submission of monitoring reports, and standardizing the cadence and content of the demonstration monitoring calls.

Updates to Demonstration Monitoring

Below are the updated aspects of demonstration monitoring for the Maine Substance Use Disorder Care Initiative (Project Number 11-W-003381) demonstration.

Reporting Cadence and Due Date

CMS determined that, when combined with monitoring calls, an annual monitoring reporting cadence will generally be sufficient to monitor potential risks and vulnerabilities in demonstration implementation, performance, and progress toward stipulated goals. Thus, pursuant to CMS's authority under 42 CFR 431.420(b)(1) and 42 CFR 431.428, CMS is updating the cadence for this demonstration to annual monitoring reporting (see also section

1115(d)(2)(D)-(E) of the Act). This transition to annual monitoring reporting is expected to alleviate administrative burden for both the state and CMS. In addition, CMS is extending the due date of the annual monitoring report from 90 days to 180 days after the end of each demonstration year to balance Medicaid claims completeness with the state's work to draft, review, and submit the report timely.

CMS might increase the frequency of monitoring reporting if CMS determines that doing so would be appropriate. The standard for determining the frequency of monitoring reporting will ultimately be included in each demonstration's STCs. CMS expects that this standard will permit CMS to make on-going determinations about reporting frequency under each demonstration by assessing the risk that the state might materially fail to comply with the terms of the approved demonstration during its implementation and/or the risk that the state might implement the demonstration in a manner unlikely to achieve the statutory purposes of Medicaid. See 42 CFR 431.420(d)(1)-(2).

The Maine Substance Use Disorder Care Initiative demonstration will transition to annual monitoring reporting effective June 25, 2025. The next annual monitoring report will be due on June 29, 2026 which reflects the first business day following 180 calendar days after the end of the current demonstration year. The demonstration STCs will be updated in the next demonstration amendment or extension approval to reflect the new reporting cadence and due date.

Structured Monitoring Report Template

As noted in STC 37, "Monitoring Reports," monitoring reports "must follow the framework provided by CMS, which is subject to change as monitoring systems are developed/evolve and be provided in a structured manner that supports federal tracking and analysis." Pursuant to that STC, CMS is introducing a structured monitoring report template to minimize variation in content of reports across states, which will facilitate drawing conclusions over time and across demonstrations with broadly similar section 1115 waivers or expenditure authorities. The structured reporting framework will also provide CMS and the state opportunities for more comprehensive and instructive engagement on the report's content to identify potential risks and vulnerabilities and associated mitigation efforts as well as best practices, thus strengthening the overall integrity of demonstration monitoring.

This structured template will include a set of base metrics for all demonstrations. For demonstrations with certain waiver and expenditure authorities, there are additional policy-specific metrics that will be collected through the structured reporting template.

Some of the metrics currently required for Substance Use Disorder (SUD) and Serious Mental Illness (SMI)/Serious Emotional Disturbance (SED) demonstrations will no longer be required.

CMS is also removing the requirement for a Monitoring Protocol deliverable, which has been required under certain types of section 1115 demonstration, including but not limited to the SUD, SMI/SED, Health-Related Social Needs (HRSN), and reentry demonstrations. Removal of the

Monitoring Protocol requirement simplifies and streamlines demonstration monitoring activities for states and CMS.

Demonstration Monitoring Calls

As STC 41 “Monitoring Calls” describes, CMS may “convene periodic conference calls with the state,” and the calls are intended “to discuss ongoing demonstration operation, to include (but not limited to) any significant actual or anticipated developments affecting the demonstration.”

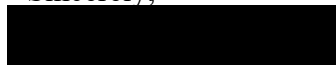
Going forward, CMS envisions implementing a structured format for monitoring calls to provide consistency in content and frequency of demonstration monitoring calls across demonstrations. CMS also envisions convening quarterly monitoring calls with the state and will follow the structure and topics in the monitoring report template. We anticipate that standardizing the expectations for and content of the calls will result in more meaningful discussion and timely assessment of demonstration risks, vulnerabilities, and opportunities for intervention. The demonstration STCs will be updated in the next demonstration amendment or extension approval to reflect that monitoring calls will be held no less frequently than quarterly.

CMS will continue to be available for additional calls as necessary to provide technical assistance or to discuss demonstration applications, pending actions, or requests for changes to demonstrations. CMS recognizes that frequent and regular calls are appropriate for certain demonstrations and at specific points in a demonstration’s lifecycle.

In the coming weeks, CMS will reach out to schedule a transition meeting to review templates and timelines outlined above. As noted above, the pertinent Maine Substance Use Disorder Care Initiative section 1115 demonstration STCs will be updated in the next demonstration amendment or extension approval to reflect these updates.

If you have any questions regarding these updates, please contact Danielle Daly, Director of the Division of Demonstration Monitoring and Evaluation, at Danielle.Daly@cms.hhs.gov.

Sincerely,



Karen Llanos
Acting Director

Enclosure

cc: Gilson DaSilva, State Monitoring Lead, Medicaid and CHIP Operations Group

**CENTERS FOR MEDICARE & MEDICAID SERVICES
EXPENDITURE AUTHORITY**

NUMBER: 11-W-003381

TITLE: Maine Section 1115 Substance Use Disorder Care Initiative

AWARDEE: Maine Office of MaineCare Services

Under the authority of section 1115(a)(2) of the Social Security Act (“the Act”), expenditures made by Maine for the items identified below, which are not otherwise included as expenditures under section 1903 of the Act shall, for the period from January 1, 2021 through December 31, 2025 unless otherwise specified, be regarded as expenditures under the state’s title XIX plan.

As discussed in the Centers for Medicare & Medicaid Services’ (CMS) approval letter, the Secretary of Health and Human Services has determined that the Maine Section 1115 Substance Use Disorder Care Initiative demonstration, including the granting of the expenditure authority described below, is likely to assist in promoting the objectives of title XIX of the Act.

The following expenditure authority may only be implemented consistent with the approved Special Terms and Conditions (STC) and shall enable Maine to operate the above-identified section 1115(a) demonstration.

- 1. Residential and Inpatient Treatment for Individuals with Substance Use Disorder (SUD).** Expenditures for otherwise covered Medicaid services furnished to otherwise eligible individuals who are primarily receiving treatment and withdrawal management services for substance use disorder (SUD) as short-term residents in facilities that meet the definition of an institution for mental diseases (IMD).
- 2. Parents with Extended MaineCare (Pilot 1).** Expenditures to permit the state to provide medical assistance to MaineCare-enrolled parents of a minor child in cases in which the parent would otherwise lose Medicaid eligibility due to the change in household size when their child is removed from the home by Child Protective Services pursuant to state law. Medicaid coverage for the parent would continue until the parent is no longer participating in rehabilitation, no longer participating in the family reunification plan, or until parental rights have been terminated, whichever event happens first.
- 3. Parenting Support Services(Pilot 2).** Expenditures for the Parenting Support Services as described in the STC 23.
- 4. Home Based Community Support Services (Pilot 3).** Expenditures for the Home-Based Skill Development pilot services as described in the STC 24.

Title XIX Requirements Not Applicable to Pilot 2 and Pilot 3

All requirements of the Medicaid program expressed in law, regulation, and policy statement not expressly identified as not applicable to these expenditure authorities shall apply to the demonstration for the remaining period of this demonstration.

1. Statewideness

Section 1902(a)(1)

To the extent necessary to permit any limited service benefit described in the demonstration. for Pilot 2 and Pilot 3.

2. Comparability

Section 1902(a)(10)(B)

To the extent necessary to limit certain benefits as set forth in the demonstration for Pilot 2 and Pilot 3.

3. Freedom of Choice

Section 1902(a)(23)(A)

To the extent necessary to limit certain benefits as set forth in the demonstration for Pilot 2 and Pilot 3.

**CENTERS FOR MEDICARE & MEDICAID SERVICES
SPECIAL TERMS AND CONDITIONS**

NUMBER: 11-W-003381

TITLE: Maine Section 1115 Substance Use Disorder Care Initiative

AWARDEE: Maine Office of MaineCare Services (OMS)

I. PREFACE

The following are the Special Terms and Conditions (STCs) for the “Section 1115 Substance Use Disorder Care Initiative” section 1115(a) Medicaid demonstration (hereinafter “demonstration”), to enable the Maine Department of Health and Welfare (hereinafter “state”) to operate this demonstration. The Centers for Medicare & Medicaid Services (CMS) has granted expenditure authority authorizing federal matching of demonstration costs not otherwise matchable, which are separately enumerated. These STCs set forth conditions and limitations on the expenditure authority, and describe in detail the nature, character, and extent of federal involvement in the demonstration and the state’s obligations to CMS related to the demonstration. The demonstration will be statewide and is approved for a five-year period, from January 1, 2021 through December 31, 2025.

The STCs have been arranged into the following subject areas:

- I. Preface
- II. Program Description and Objectives
- III. General Program Requirements
- IV. Eligibility and Enrollment
- V. SUD Programs and Benefits
- VI. Cost Sharing
- VII. Delivery System
- VIII. General Reporting Requirements
- IX. Monitoring
- X. Evaluation of the Demonstration
- XI. General Financial Requirements Under Title XIX
- XII. Monitoring Budget Neutrality for the Demonstration
- XIII. Schedule of Deliverables for the Demonstration Period

Additional attachments have been included to provide supplementary information and guidance for specific STCs.

- Attachment A: Developing the Evaluation Design
- Attachment B: Preparing the Interim and Summative Evaluation Reports
- Attachment C: SUD Implementation Plan and Health IT Plan
- Attachment D: Reserved for the SUD Monitoring Protocol
- Attachment E: Reserved for SUD Evaluation Design
- Attachment F: Reserved for the Pilots Implementation Protocol

II. PROGRAM DESCRIPTION AND OBJECTIVES

This demonstration provides the state with authority to provide high-quality, clinically appropriate treatment for beneficiaries with a Substance Use Disorder (SUD) while they are short-term residents in residential and inpatient treatment settings that qualify as Institutions for Mental Diseases (IMDs). Through this demonstration, the state will test whether this authority improves access to and the affordability of care for such beneficiaries. The state expects additional SUD residential treatment facilities will begin providing these services or expand their current services to the extent they qualify as an IMD, when allowable under state law and in accordance with any state requirements. The state expects that reimbursement for these services will fill a gap in the continuum of care and improve coordination with MaineCare's existing array of community-based services available to individuals otherwise eligible for MaineCare and provide access to evidence-based services at different levels of intensity across a continuum of care, based on individual needs and goals. Maine is committed to maintaining support for community-based SUD treatment options and sought the authority approved under this demonstration in order to better ensure that appropriate treatment options are accessible across the continuum.

The state will also operate three pilots. The pilots will build on the state's existing efforts to improve models of care focused on supporting individuals in the community and home, outside of institutions, and strengthen a continuum of SUD services based on the American Society of Addiction Medicine (ASAM) criteria or other nationally recognized assessment and placement tools that reflect evidence-based clinical treatment guidelines. The state will implement the following pilots under the demonstration:

1. Eligibility extension to continue coverage of parents during the rehabilitation and reunification process;
2. Parenting support programs; and
3. Home-based skill development services

During the demonstration period, the state seeks to achieve the following goals:

SUD Demonstration Goals:

1. Increased rates of identification, initiation, and engagement in treatment for SUD;
2. Increased adherence to and retention in treatment;
3. Reductions in overdose deaths, particularly those due to opioids;
4. Reduced utilization of emergency departments and inpatient hospital settings for treatment, where the utilization is preventable or medically inappropriate, through improved access to other continuum of care services;
5. Fewer readmissions to the same or higher level of care, where the readmission is preventable or medically inappropriate; and
6. Improved access to care for physical health conditions among beneficiaries with SUD.

III. GENERAL PROGRAM REQUIREMENTS

1. **Compliance with Federal Non-Discrimination Statutes.** The state must comply with all applicable federal statutes relating to non-discrimination. These include, but are not limited to, the Americans with Disabilities Act of 1990 (ADA), Title VI of the Civil Rights Act of 1964, section 504 of the Rehabilitation Act of 1973 (Section 504), the Age Discrimination Act of 1975, and section 1557 of the Patient Protection and Affordable Care Act (Section 1557).
2. **Compliance with Medicaid and Children's Health Insurance Program (CHIP) Law, Regulation, and Policy.** All requirements of the Medicaid and CHIP programs expressed in federal law, regulation, and policy statement, not expressly waived or identified as not applicable in the waiver and expenditure authority documents (of which these terms and conditions are part), apply to the demonstration.
3. **Changes in Medicaid and CHIP Law, Regulation, and Policy.** The state must, within the timeframes specified in federal law, regulation, or written policy, come into compliance with any changes in law, regulation, or policy affecting the Medicaid or CHIP programs that occur during this demonstration approval period, unless the provision being changed is expressly waived or identified as not applicable. In addition, CMS reserves the right to amend the STCs to reflect such changes and/or changes as needed without requiring the state to submit an amendment to the demonstration under STC 7. CMS will notify the state thirty (30) business days in advance of the expected approval date of the amended STCs to allow the state to provide comment. Changes will be considered in force upon issuance of the approval letter by CMS. The state must accept the changes in writing.
4. **Impact on Demonstration of Changes in Federal Law, Regulation, and Policy.**
 - a. To the extent that a change in federal law, regulation, or policy requires either a reduction or an increase in federal financial participation (FFP) for expenditures made under this demonstration, the state must adopt, subject to CMS approval, a modified budget neutrality agreement as necessary to comply with such change, as well as a modified allotment neutrality worksheet as necessary to comply with such change. The trend rates for the budget neutrality agreement are not subject to change under this subparagraph. Further, the state may seek an amendment to the demonstration (as per STC 7) as a result of the change in FFP.
 - b. If mandated changes in the federal law require state legislation, unless otherwise prescribed by the terms of the federal law, the changes must take effect on the earlier of the day such state legislation becomes effective, or on the last day such legislation was required to be in effect under the law, whichever is sooner.
5. **State Plan Amendments.** The state will not be required to submit title XIX or XXI state plan amendments (SPAs) for changes affecting any populations made eligible solely through the demonstration. If a population eligible through the Medicaid or CHIP state plan is affected by a change to the demonstration, a conforming amendment to the appropriate state plan is required, except as otherwise noted in these STCs. In all such cases, the Medicaid and CHIP state plans govern.

- 6. Changes Subject to the Amendment Process.** Changes related to eligibility, enrollment, benefits, beneficiary rights, delivery systems, cost sharing, sources of non-federal share of funding, budget neutrality, and other comparable program elements must be submitted to CMS as amendments to the demonstration. All amendment requests are subject to approval at the discretion of the Secretary in accordance with section 1115 of the Act. The state must not implement changes to these elements without prior approval by CMS either through an approved amendment to the Medicaid or CHIP state plan or amendment to the demonstration. Amendments to the demonstration are not retroactive and no FFP of any kind, including for administrative or medical assistance expenditures, will be available under changes to the demonstration that have not been approved through the amendment process set forth in STC 7 below, except as provided in STC 3.
- 7. Amendment Process.** Requests to amend the demonstration must be submitted to CMS prior to the planned date of implementation of the change and may not be implemented until approved. CMS reserves the right to deny or delay approval of a demonstration amendment based on non-compliance with these STCs, including but not limited to the failure by the state to submit required elements of a complete amendment request as described in this STC, and failure by the state to submit required reports and other deliverables according to the deadlines specified therein. Amendment requests must include, but are not limited to, the following:
- a. An explanation of the public process used by the state, consistent with the requirements of STC 12. Such explanation must include a summary of any public feedback received and identification of how this feedback was addressed by the state in the final amendment request submitted to CMS;
 - b. A detailed description of the amendment, including impact on beneficiaries, with sufficient supporting documentation;
 - c. A data analysis which identifies the specific “with waiver” impact of the proposed amendment on the current budget neutrality agreement. Such analysis must include current total computable “with waiver” and “without waiver” status on both a summary and detailed level through the current approval period using the most recent actual expenditures, as well as summary and detailed projections of the change in the “with waiver” expenditure total as a result of the proposed amendment, which isolates (by Eligibility Group) the impact of the amendment;
 - d. An up-to-date CHIP allotment worksheet, if necessary;
 - e. The state must provide updates to existing demonstration reporting and quality and evaluation plans. This includes a description of how the evaluation design and annual progress reports will be modified to incorporate the amendment provisions, as well as the oversight, monitoring and measurement of the provisions.
- 8. Extension of the Demonstration.** States that intend to request an extension of the demonstration must submit an application to CMS from the Governor or Chief Executive Officer of the state in accordance with the requirements of 442 Code of Federal Regulations (CFR) 431.412(c). States that do not intend to request an extension of the demonstration beyond the period authorized in these STCs must submit phase-out plan consistent with the requirements of STC 9.

- 9. Demonstration Phase-Out.** The state may only suspend or terminate this demonstration in whole, or in part, consistent with the following requirements.
- a. Notification of Suspension or Termination. The state must promptly notify CMS in writing of the reason(s) for the suspension or termination, together with the effective date and a transition and phase-out plan. The state must submit a notification letter and a draft transition and phase-out plan to CMS no less than six months before the effective date of the demonstration's suspension or termination. Prior to submitting the draft transition and phase-out plan to CMS, the state must publish on its website the draft transition and phase-out plan for a thirty (30) day public comment period. In addition, the state must conduct tribal consultation in accordance with STC 12, if applicable. Once the thirty (30) day public comment period has ended, the state must provide a summary of the issues raised by the public during the comment period and how the state considered the comments received when developing the revised transition and phase-out plan.
 - b. Transition and Phase-out Plan Requirements. The state must include, at a minimum, in its phase-out plan the process by which it will notify affected beneficiaries, the content of said notices (including information on the beneficiary's appeal rights), the process by which the state will conduct redeterminations of Medicaid or CHIP eligibility prior to the termination of the demonstration for the affected beneficiaries, and ensure ongoing coverage for eligible beneficiaries, as well as any community outreach activities the state will undertake to notify affected beneficiaries, including community resources that are available.
 - c. Transition and Phase-out Plan Approval. The state must obtain CMS approval of the transition and phase-out plan prior to the implementation of transition and phase-out activities. Implementation of transition and phase-out activities must be no sooner than 14 calendar days after CMS approval of the transition and phase-out plan.
 - d. Transition and Phase-out Procedures. The state must redetermine eligibility for all affected beneficiaries in order to determine if they qualify for Medicaid eligibility under a different eligibility category prior to termination as required under 42 CFR 435.916(f)(1). For individuals determined ineligible for Medicaid or CHIP, the state must determine potential eligibility for other insurance affordability programs and comply with the procedures set forth in 42 CFR 435.1200(e) and 457.350. The state must also comply with all applicable notice requirements found in 42 CFR, part 431 subpart E, including sections 431.206, 431.210 and 431.213. In addition, the state must assure all applicable appeal and hearing rights are afforded to beneficiaries in the demonstration as outlined in 42 CFR, part 431 subpart E, including sections 431.220 and 431.221. If a beneficiary in the demonstration requests a hearing before the date of action, the state must maintain benefits as required in 42 CFR §431.230.
 - e. Exemption from Public Notice Procedures 42 CFR Section 431.416(g). CMS may expedite the federal and state public notice requirements under circumstances described in 42 CFR 431.416(g).
 - f. Enrollment Limitation during Demonstration Phase-Out. If the state elects to suspend, terminate, or not extend this demonstration, during the last six months of the demonstration, enrollment of new individuals into the demonstration must be suspended. The limitation of enrollment into the demonstration does not impact the state's

obligation to determine Medicaid eligibility in accordance with the approved Medicaid state plan.

- g. Federal Financial Participation (FFP). If the project is terminated or any relevant waivers are suspended by the state, FFP must be limited to normal closeout costs associated with the termination or expiration of the demonstration including services, continued benefits as a result of beneficiaries' appeals, and administrative costs of disenrolling beneficiaries.

10. Withdrawal of Waiver or Expenditure Authority. CMS reserves the right to withdraw waivers and/or expenditure authorities at any time it determines that continuing the waiver or expenditure authorities would no longer be in the public interest or promote the objectives of title XIX and title XXI. CMS will promptly notify the state in writing of the determination and the reasons for the withdrawal, together with the effective date, and afford the state an opportunity to request a hearing to challenge CMS' determination prior to the effective date. If a waiver or expenditure authority is withdrawn, FFP is limited to normal closeout costs associated with terminating the waiver or expenditure authority, including services, continued benefits as a result of beneficiary appeals, and administrative costs of disenrolling beneficiaries.

11. Adequacy of Infrastructure. The state will ensure the availability of adequate resources for implementation and monitoring of the demonstration, including education, outreach, and enrollment; maintaining eligibility systems; compliance with cost sharing requirements; and reporting on financial and other demonstration components.

12. Public Notice, Tribal Consultation, and Consultation with Interested Parties. The state must comply with the state notice procedures as required in 42 CFR section 431.408 prior to submitting an application to extend the demonstration. For applications to amend the demonstration, the state must comply with the state notice procedures set forth in 59 Fed. Reg. 49249 (September 27, 1994) prior to submitting such request. The state must also comply with the Public Notice Procedures set forth in 42 CFR 447.205 for changes in statewide methods and standards for setting payment rates.

The state must also comply with tribal and Indian Health Program/Urban Indian Organization consultation requirements at section 1902(a)(73) of the Act, 42 CFR 431.408(b), State Medicaid Director Letter #01-024, or as contained in the state's approved Medicaid State Plan, when any program changes to the demonstration, either through amendment as set out in STC 7 or extension, are proposed by the state.

13. Federal Financial Participation (FFP). No federal matching funds for expenditures for this demonstration, including for administrative and medical assistance expenditures, will be available until the effective date identified in the demonstration approval letter, or if later, as expressly stated within these STCs.

14. Administrative Authority. When there are multiple entities involved in the administration of the demonstration, the Single State Medicaid Agency must maintain authority, accountability, and oversight of the program. The State Medicaid Agency must exercise oversight of all delegated functions to operating agencies, MCOs, and any other contracted entities. The Single

State Medicaid Agency is responsible for the content and oversight of the quality strategies for the demonstration.

- 15. Common Rule Exemption.** The state must ensure that the only involvement of human subjects in research activities that may be authorized and/or required by this demonstration is for projects which are conducted by or subject to the approval of CMS, and that are designed to study, evaluate, or otherwise examine the Medicaid or CHIP program – including public benefit or service programs, procedures for obtaining Medicaid or CHIP benefits or services, possible changes in or alternatives to Medicaid or CHIP programs and procedures, or possible changes in methods or levels of payment for Medicaid benefits or services. CMS has determined that this demonstration as represented in these approved STCs meets the requirements for exemption from the human subject research provisions of the Common Rule set forth in 45 CFR 46.104(d)(5).

IV. ELIGIBILITY AND ENROLLMENT

- 16. Eligibility Groups Affected by the Demonstration.** Under the demonstration, there is no change to Medicaid eligibility across all eligibility groups. Standards and methodologies for eligibility remain set forth under the state plan. All affected groups derive their eligibility through the Medicaid state plan, except Pilot 1, and are subject to all applicable Medicaid laws and regulations in accordance with the Medicaid state plan. All Medicaid eligibility standards and methodologies for these eligibility groups remain applicable.

- a. **Pilot 1** Extended MaineCare Coverage Description of Eligibility. Beneficiaries eligible for this pilot are MaineCare eligible parents who would otherwise lose eligibility due to the change in household size when their child is removed from the home pursuant to state law.

Eligibility will continue until the parent is either:

- i. No longer participating in the rehabilitation and reunification plan as required by the plan; or
- ii. Until parental rights have been terminated, whichever event happens first.

The parent's eligibility will be periodically renewed consistent with 42 CFR 435.916. If the parent is no longer eligible for reasons other than the change in household composition (e.g., an income increase that would lead to loss of Medicaid eligibility if the household had remained intact, Medicaid coverage would end), the state will redetermine eligibility on other bases prior to termination consistent with 42 CFR 435.916(f), and if ineligible on all bases, will send advance notice and terminate coverage consistent with 42 C.F.R. §431.206 through §431.214, 42 C.F.R. §435.917.

- b. **Pilot 2** Parenting Support Services Description of Eligibility. Beneficiaries eligible for this pilot are MaineCare-enrolled parents, with a SUD who are involved with or at-risk of involvement with Child Protective Services (CPS) and services have been

recommended by a physician or other licensed practitioner of the healing arts.

- c. **Pilot 3 Home-Based Skill Development Services Description of Eligibility.** Beneficiaries eligible for this pilot are MaineCare-enrolled parents, with a SUD who are involved with or at-risk of involvement with CPS and services have been recommended by a physician or other licensed practitioner of the healing arts.

V. SUBSTANCE USE DISORDER PROGRAM AND BENEFITS

17. SUD Program Benefits. Effective upon CMS' approval of the SUD Implementation Plan, the demonstration benefit package for Medicaid beneficiaries will include SUD treatment services, including services provided in residential and inpatient treatment settings that qualify as an IMD, which are not otherwise matchable expenditures under section 1903 of the Act. The state will be eligible to receive FFP for Medicaid beneficiaries who are short-term residents in IMDs under the terms of this demonstration for coverage of medical assistance, including OUD/SUD services, that would otherwise be matchable if the beneficiary were not residing in an IMD once CMS approves the state's Implementation Plan. The state will aim for a statewide average length of stay of 30 days or less in residential treatment settings, to be monitored pursuant to the SUD Monitoring Protocol as outlined in STC 19, to ensure short-term residential stays.

Under this demonstration beneficiaries will have access to high quality, evidence-based OUD/SUD treatment services across a comprehensive continuum of care, ranging from residential and inpatient treatment to ongoing chronic care for these conditions in cost-effective community-based settings.

18. SUD Implementation Plan and Health IT Plan.

- a. The state must submit the SUD Implementation Plan within ninety (90) calendar days after approval of this demonstration. The state must submit the revised SUD Implementation Plan within sixty (60) days after receipt of CMS's comments. The state may not claim FFP for services provided in IMDs to beneficiaries who are primarily receiving SUD treatment and withdrawal management services until CMS has approved the SUD Implementation Plan. Once approved, the SUD Implementation Plan will be incorporated into the STCs as Attachment C and, once incorporated, may be altered only with CMS approval. After approval of the applicable implementation plans required by these STCs, FFP will be available prospectively, not retrospectively.
- b. Failure to submit a SUD Implementation Plan will be considered a material failure to comply with the terms of the demonstration project as described in 42 CFR 431.420(d) and, as such, would be grounds for termination or suspension of the SUD program under

this demonstration. Failure to progress in meeting the milestone goals agreed upon by the state and CMS will result in a funding deferral as described in STC 33.

- c. At a minimum, the SUD Implementation Plan must describe the strategic approach and detailed project implementation plan, including timetables and programmatic content where applicable, for meeting the following milestones which reflect the key goals and objectives for the program:

1. Access to Critical Levels of Care for OUD and other SUDs. Coverage of OUD/SUD treatment services across a comprehensive continuum of care including: outpatient; intensive outpatient; medication assisted treatment (medication as well as counseling and other services with sufficient provider capacity to meet needs of Medicaid beneficiaries in the state); intensive levels of care in residential and inpatient settings; and medically supervised withdrawal management, within 12-24 months of demonstration approval.
2. Use of Evidence-based SUD-specific Patient Placement Criteria. Establishment of a requirement that providers assess treatment needs based on SUD-specific, multidimensional assessment tools, such as the American Society of Addiction Medicine (ASAM) Criteria or other assessment and placement tools that reflect evidence-based clinical treatment guidelines within 12-24 months of demonstration approval;
3. Patient Placement. Establishment of a utilization management approach such that beneficiaries have access to SUD services at the appropriate level of care and that the interventions are appropriate for the diagnosis and level of care, including an independent process for reviewing placement in residential treatment settings within 12-24 months of demonstration approval;
4. Use of Nationally Recognized SUD-specific Program Standards to set Provider Qualifications for Residential Treatment Facilities. Currently, under state law, residential treatment service providers must be a licensed organization, pursuant to the residential service provider qualifications described in the MaineCare Benefits Manual (e.g., Regulations/provider manual/policy guidance/etc.). The state must establish residential treatment provider qualifications in licensure, policy or provider manuals, managed care contracts or credentialing, or other requirements or guidance that meet program standards in the ASAM Criteria or other nationally recognized, SUD-specific program standards regarding in particular the types of services, hours of clinical care, and credentials of staff for residential treatment settings within 12-24 months of demonstration approval;
5. Standards of Care. Establishment of a provider review process to ensure that residential treatment providers deliver care consistent with the specifications in the ASAM Criteria or other comparable, nationally recognized SUD program standards based on evidence-based clinical treatment guidelines for types of services, hours of clinical care, and credentials of staff for residential treatment settings within 12-24 months of demonstration approval;
6. Standards of Care. Establishment of a requirement that residential treatment providers offer MAT on-site or facilitate access to MAT off-site within 12-24 months of demonstration approval;
7. Sufficient Provider Capacity at each Level of Care including Medication Assisted Treatment for SUD/OUD. An assessment of the availability of

providers in the critical levels of care throughout the state, or in the regions of the state participating under this demonstration, including those that offer MAT within 12 months of demonstration approval;

8. Implementation of Comprehensive Treatment and Prevention Strategies to Address Opioid Abuse and SUD/ODU. Implementation of opioid prescribing guidelines along with other interventions to prevent prescription drug abuse and expand coverage of and access to naloxone for overdose reversal as well as implementation of strategies to increase utilization and improve functionality of prescription drug monitoring programs;
 9. Improved Care Coordination and Transitions between levels of care. Establishment and implementation of policies to ensure residential and inpatient facilities link beneficiaries with community-based services and supports following stays in these facilities within 24 months of demonstration approval.
 10. SUD Health IT Plan. Implementation of the milestones and metrics as detailed in STC 18(d) [or Attachment C].
- d. SUD Health Information Technology Plan (“Health IT Plan”). The SUD Health IT plan applies to all states where the Health IT functionalities are expected to impact beneficiaries within the demonstration. As outlined in SMDL #17-003, states must submit to CMS the applicable Health IT Plan(s), to be included as a section(s) of the associated Implementation Plan(s) (see STC 18(a) and 18(c)), to develop infrastructure and capabilities consistent with the requirements outlined in each demonstration-type.

The Health IT Plan must detail the necessary health IT capabilities in place to support beneficiary health outcomes to address the SUD goals of the demonstration. The plans will also be used to identify areas of health IT ecosystem improvement. The Plan must include implementation milestones and projected dates for achieving them (see Attachment C), and must be aligned with the state’s broader State Medicaid Health IT Plan (SMHP) and, if applicable, the state’s Behavioral Health (BH) IT Health Plan.

1. The state must include in its Monitoring Protocol (see STC 19(d)) an approach to monitoring its SUD Health IT Plan which will include performance metrics to be approved in advance by CMS.
2. The state must monitor progress, each DY, on the implementation of its SUD Health IT Plan in relationship to its milestones and timelines—and report on its progress to CMS in an addendum to its Annual Report (see STC 37).
3. As applicable, the state should advance the standards identified in the ‘Interoperability Standards Advisory—Best Available Standards and Implementation Specifications’ (ISA) in developing and implementing the state’s SUD Health IT policies and in all related applicable State procurements (e.g., including managed care contracts) that are associated with this demonstration.
4. Where there are opportunities at the state- and provider-level (up to and including usage in MCO or ACO participation agreements) to leverage federal funds associated with a standard referenced in 45 CFR 170 Subpart B, the state should use the federally-recognized standards, barring another compelling state interest.
5. Where there are opportunities at the state- and provider-level to leverage federal funds associated with a standard not already referenced in 45 CFR 170 but

included in the ISA, the state should use the federally-recognized ISA standards, barring no other compelling state interest.

6. Components of the Health IT Plan include:
 - A. The Health IT Plan must describe the state’s goals, each DY, to enhance the state’s prescription drug monitoring program (PDMP).¹
 - B. The Health IT Plan must address how the state’s PDMP will enhance ease of use for prescribers and other state and federal stakeholders.² This must also include plans to include PDMP interoperability with a statewide, regional or local Health Information Exchange. Additionally, the SUD Health IT Plan must describe ways in which the state will support clinicians in consulting the PDMP prior to prescribing a controlled substance—and reviewing the patients’ history of controlled substance prescriptions—prior to the issuance of a Controlled Substance Schedule II (CSII) opioid prescription.
 - C. The Health IT Plan will, as applicable, describe the state’s capabilities to leverage a master patient index (or master data management service, etc.) in support of or SUD care delivery. Additionally, the Health IT Plan must describe current and future capabilities regarding PDMP queries—and the state’s ability to properly match patients receiving opioid prescriptions with patients in the PDMP. The state will also indicate current efforts or plans to develop and/or utilize current patient index capability that supports the programmatic objectives of the demonstration.
 - D. The Health IT Plan will describe how the activities described in (i), (ii) and (iii) above will support broader state and federal efforts to diminish the likelihood of long-term opioid use directly correlated to clinician prescribing patterns.³
 - E. The Health IT Plan will describe the state’s current and future capabilities to support providers implementing or expanding Health IT functionality in the following areas: 1) Referrals, 2) Electronic care plans and medical records, 3) Consent, 4) Interoperability, 5) Telehealth, 6) Alerting/analytics, and 7) Identity management.
 - F. In developing the Health IT Plan, states should use the following resources:
 - i. States may use federal resources available on Health IT.Gov (<https://www.healthit.gov/topic/behavioral-health>) including but not limited to “Behavioral Health and Physical Health Integration” and “Section 34: Opioid Epidemic and Health IT” (<https://www.healthit.gov/playbook/health-information-exchange/>).

¹ Prescription drug monitoring programs (PDMP) are electronic databases that track controlled substance prescriptions in states. PDMPs can provide health authorities timely information about prescribing and patient behaviors that contribute to the “opioid” epidemic and facilitate a nimble and targeted response.

² *Ibid.*

³ Shah, Anuj, Corey Hayes and Bradley Martin. *Characteristics of Initial Prescription Episodes and Likelihood of Long-Term Opioid Use — United States, 2006–2015*. MMWR Morb Mortal Wkly Rep 2017;66.

- ii. States may also use the CMS 1115 Health IT resources available on “Medicaid Program Alignment with State Systems to Advance HIT, HIE and Interoperability” at <https://www.medicaid.gov/medicaid/data-and-systems/hie/index.html>. States should review the “1115 Health IT Toolkit” for health IT considerations in conducting an assessment and developing their Health IT Plans.
- G. States may request from CMS technical assistance to conduct an assessment and develop plans to ensure they have the specific health IT infrastructure with regards to PDMP interoperability, electronic care plan sharing, care coordination, and behavioral health-physical health integration, to meet the goals of the demonstration.

19. SUD Monitoring Protocol. The state must submit a Monitoring Protocol for the SUD programs authorized by this demonstration within one hundred fifty (150) calendar days after approval of the demonstration. The Monitoring Protocol Template must be developed in cooperation with CMS and is subject to CMS approval. The state must submit a revised Monitoring Protocol within sixty (60) calendar days after receipt of CMS’s comments. Once approved, the SUD Monitoring Protocol will be incorporated into the STCs as Attachment D. Progress on the performance measures identified in the SUD Monitoring Protocol must be reported via the quarterly and annual monitoring reports. Components of the SUD Monitoring Protocol must include:

- a. An assurance of the state’s commitment and ability to report information relevant to each of the program implementation areas listed in STC 18(a) and 18(c) and reporting relevant information to the state’s Health IT Plan described in STC 18(d);
- b. A description of the methods of data collection and timeframes for reporting on the state’s progress on required measures as part of the general reporting requirements described in Section VIII of the demonstration; and
- c. A description of baselines and targets to be achieved by the end of the demonstration. Where possible, baselines will be informed by state data, and targets will be benchmarked against performance in best practice settings.

20. Evaluation. The SUD Evaluation will be subject to the same requirements as the overall demonstration evaluation, as described in Sections VIII (General Reporting Requirements) and X (Evaluation of the Demonstration) of these STCs.

21. Unallowable Expenditures Under the SUD Expenditure Authority. In addition to the other unallowable costs and caveats already outlined in these STCs, the state may not receive FFP under any expenditure authority approved under this demonstration for room and board costs for residential treatment service providers unless they qualify as inpatient facilities under section 1905(a) of the Act.

22. Pilot 1 - Maintaining Medicaid Coverage. Under this pilot health care related costs for parents who would otherwise lose eligibility due to the change in household size when their child is removed from the home pursuant to state law. Full Medicaid benefits will continue as the beneficiary was previously receiving.

23. Pilot 2 - Parenting Support Services. Under this pilot, the Parenting Support Services will include two programs:

- A. Program 1: Attachment Biobehavioral Catch-up (ABC)
- B. Program 2: Visiting Coaches

A. Program 1 - Attachment Biobehavioral Catch-up:

ABC is an evidence-based intervention designed for caregivers of infants and toddlers who have experienced early adversity. The program, is segmented into infant (6-24 months of age) and toddler (24-48 months of age). Recommendations for ABC are made by a physician or licensed practitioner of the healing arts.

1. Component Services of ABC include:

- a. Family psychotherapy: Skill-based intervention to help caregivers interpret their child's behavioral signs and respond sensitively, address children's behavior, and help develop secure attachments between children and their caregiver.
- b. Psychosocial education: Increasing a parent's understanding of their child's behavioral cues, understanding mental health and how it impacts attachment, understanding intrusive and frightening behaviors, and considering how history affects parenting and attachment.
- c. Therapeutic intervention: Involves the ABC Parent Coach providing in-the-moment prompts and feedback address target behaviors intended to foster caregiver nurturance, positive engagement, and attachment with parent and child.

2. Provider Qualifications for ABC:

- a. Parent coaches meet the following qualifications:
 - Be a bachelors level mental health professional; or
 - Be a certified Behavioral Health Professional (BHP)
 - Pass a screening by the ABC Developers, who are Doctorate level professionals independently licensed as child psychologists;
 - Receive a year of supervision from the ABC Developers; and
 - Complete the requisite training as prescribed by the model, which includes the following topics:
 - Background and evidence base of ABC
 - Overview of primary targets of ABC
 - Overview of model and session outline/goals
 - Coding "In the moment" comments
 - Review of technology
 - Practice sessions
 - Advanced Comments and Sensitivity Assessment

b. Parent Coach Supervisors meet the following qualifications:

- Complete one year of supervision by ABC developers; and
- At a minimum have be either a Licensed Clinical Social Workers (LCSW) or Licensed Master of Social Work-clinical conditional (LMSW-CC), Licensed Clinical Professional Counselor (LCPC), or Licensed Clinical Professional Counselor-conditional (LCPC-C).

B. Program 2 - Visit Coaching:

Visit Coaching is a program designed for child-welfare involved families whose children of any age are placed in foster care and are working toward reunification. Recommendations for visiting coaches are made by licensed social workers. Visit coaching is a strengths-based therapeutic intervention between the coach and the family in the reunification process. This program will augment existing state activities and funding available to support family reunification as specified in the state's Title IV-E plan.

1. Component Services of Visit Coaching include:

- a. Counseling to prepare for visits, giving feedback on visits, and improve communication with the foster parent.
- b. Treatment Planning: A needs list is created by the parent and the coach based on the child's specific needs.
- c. Psycho-education: Coaches model and assist the parents on how to engage with their children through play and other developmentally age appropriate activities. Parents are provided psychoeducation surrounding their child(ren)'s unique needs and development. Coaches focus on helping parents to learn the importance of play, both how to play with and engage appropriately with their child(ren).
- d. Family Counseling: Visit Coaches (VCW) work with the parents and child(ren) while in the home, engaging with the entire family throughout the visit.

2. Provider Qualifications for Visit Coaches:

- a. Visit Coaches meet the following qualifications:
 - Have a bachelor's degree as well as experience in human services;
 - Have previous documented experience working with children and families;
 - Complete requisite training, including mandated reporter training, and training in the de-escalation techniques
 - First Aid and CPR certification
 - Receive Family Time Coaching training

- b. Visit Coaches Supervisors (VCSs) meet the following qualifications:
 - Meet the qualifications of the VCWs; and
 - At a minimum, have either a Licensed Master Social Worker (LMSW) Licensed Clinical Social Worker (LCSW) or Licensed Master of Social Worker- clinical conditional (LMSW-CC) credentials; Licensed Clinical Professional Counselor (LCPC); Licensed Clinical Professional Counselor-conditional (LCPC-C).

24. Pilot 3 - Home-Based Skill Development Services. Under this demonstration the state will provide services to eligible individuals with a SUD which will include therapeutic support to restore the adult member's skills and abilities. Services include a focus on rehabilitative training to maintain a life in the community.

1. Daily Living Skills Development Services include:

- a. Psychosocial Rehabilitation to restore and maintain functioning
- b. Social skills training in appropriate community services; and
- c. Development of positive personal support networks.

2. Provider Qualifications include:

All components of the services listed above are delivered by a Certified Alcohol and Drug Counselor or an individual certified through the State of Maine as a Mental Health Rehabilitation Technician/Community (MHRT/C).

A. A MHRT/C certification from Maine DHHS requires meeting the eight knowledge competencies:

- a. Behavioral, Psychological, and Rehabilitation Intervention Models;
- b. Community Integration and Inclusion;
- c. Ethics and Professional Conduct;
- d. Trauma and Resiliency;
- e. Policy Knowledge;
- f. Mind-Body Connection;
- g. Cultural Competency; and
- h. Vocational Support

B. Certified Alcohol and Drug Counselor Certification from Maine Professional and Financial Regulation through completion of the following:

- a. Associates Degree from an Accredited Institution in clinically-based behavioral sciences or addiction counseling, or in a related field; or
- b. A minimum of 30 credit hours in psychology or behavioral sciences related field; or

- c. MHRT/C certification as described above; and
- d. Pass a written examination

C. Supervision is provided by a licensed clinician practicing within their scope of licensure in the State of Maine. For this service, Maine recognizes the following credentials as able to provide supervision:

- a. Licensed Clinical Professional Counselor (LCPC);
- b. Licensed Clinical Professional Counselor-conditional (LCPC-conditional);
- c. Licensed Clinical Social Worker (LCSW);
- d. Licensed Master Social Worker-conditional (LMSW-conditional clinical);
- e. Physician;
- f. Psychiatrist;
- g. Psychiatric and Mental Health Nurse Practitioner (PMH-NP);
- h. Psychiatric and Mental Health Clinical Nurse Specialists (PMH-CNS);
- i. Adult Nurse Practitioner (ANP);
- j. Family Nurse Practitioner (FNP);
- k. Physician Assistant (PA); or
- l. Licensed psychologist.

25. Pilots Implementation Protocol. The state must develop and submit for CMS's review a draft Pilots Implementation Protocol within ninety (90) calendar days after the approval of the amendment that incorporates the pilots in the demonstration. The state must submit a revised Pilots Implementation Protocol within sixty (60) calendar days of any CMS comments. Once determined complete by CMS, the Pilots Implementation Protocol will be incorporated into the STCs as Attachment F and, once incorporated, may be altered only with CMS approval. At a minimum, the Pilots Implementation Protocol must describe the strategic approach and programmatic content for each pilot along with a detailed implementation plan with timelines. In consultation with CMS, any modifications to the Pilots Implementation Protocol that are adopted must be documented in the immediate next Annual Monitoring Report. The state's Pilots Implementation Protocol must include the detail information including, but not limited to, the following for each pilot:

- a. Describe the purpose, objectives, and measurable goals for each pilot.
- b. Describe how the state will build provider capacity for each pilot.
- c. Provide a timeline for the implementation of each pilot.
- d. Describe how the state will notify and inform enrollees and providers about the pilots.
- e. Describe the eligibility criteria for each pilot and any potential scenarios for a beneficiary to lose eligibility for a pilot, including any remedial/ mitigation strategy. If a beneficiary is disenrolled, describe the process for beneficiaries to re-enroll in the pilots.
- f. Describe the length of time for which a beneficiary can be eligible for services.
- g. Describe how beneficiaries move through the process from referral to assessment, authorization and provider identification including timelines.

- h. Describe how the state will track beneficiaries enrolled in one or more pilots, including beneficiary participation, engagement, and retention in pilot activities, as applicable.
- i. Describe current data systems and capacity that are in place to track progress towards goals of each pilot.
- j. Describe additional data source(s) or systems updates necessary for the state to sufficiently track progress towards goals of each pilot.
- k. Describe data system capacity and plans around stratified reporting, for example, by race/ethnicity and urbanicity.
- l. Describe how the state will track beneficiaries who have received similar services prior to enrolling in the pilots through other mechanisms.
- m. Describe the processes the state will put in place to ensure fidelity to the pilot.

26. Early and Periodic Screening, Diagnostic and Treatment (EPSDT). All beneficiaries under 21 years of age will continue to be eligible for medically necessary services in accordance with federal EPSDT requirements.

VI. COST SHARING

31. Cost Sharing. Cost sharing imposed upon individuals enrolled in the demonstration is consistent with the provisions of the approved state plan.

VII. DELIVERY SYSTEM

32. Delivery System. Services for the demonstration are provided using the same mechanism as other MaineCare members, including services that require prior authorization and are ordered and prescribed by a physician. Participants will be permitted to choose among participating providers (agencies).

VIII. GENERAL REPORTING REQUIREMENTS

33. Deferral for Failure to Submit Timely Demonstration Deliverables. CMS may issue deferrals in accordance with 42 CFR part 430 subpart C, in the amount of \$5,000,000 per deliverable (federal share) when items required by these STCs (e.g., required data elements, analyses, reports, design documents, presentations, and other items specified in these STCs) (hereafter singly or collectively referred to as “deliverable(s)”) are not submitted timely to CMS or are found to not be consistent with the requirements approved by CMS. A deferral shall not exceed the value of the federal amount for the current demonstration period. The state does not relinquish its rights provided under 42 CFR part 430 subpart C to challenge any CMS finding that the state materially failed to comply with the terms of this agreement. The following process will be used: 1) Thirty (30) days after the deliverable was due if the state has not submitted a written request to CMS for approval of an extension as described in subsection (b) below; or 2) Thirty (30) days after CMS has notified the state in writing that the deliverable was not accepted for being inconsistent with the requirements of this agreement and the information needed to bring the deliverable into alignment with CMS requirements:

- a. CMS will issue a written notification to the state providing advance notification of a pending deferral for late or non-compliant submissions of required deliverable(s).
- b. For each deliverable, the state may submit to CMS a written request for an extension to submit the required deliverable that includes a supporting rationale for the cause(s) of the delay and the state's anticipated date of submission. Should CMS agree to the state's request, a corresponding extension of the deferral process can be provided. CMS may agree to a corrective action plan submitted by the state as an interim step before applying the deferral, if the state proposes a corrective action plan in the state's written extension request.
- c. If CMS agrees to an interim corrective plan in accordance with subsection (b), and the state fails to comply with the corrective action plan or, despite the corrective action plan, still fails to submit the overdue deliverable(s) with all required contents in satisfaction of the terms of this agreement, CMS may proceed with the issuance of a deferral against the next Quarterly Statement of Expenditures reported in Medicaid Budget and Expenditure System/State Children's Health Insurance Program Budget and Expenditure System (MBES/CBES) following a written deferral notification to the state.
- d. If the CMS deferral process has been initiated for state non-compliance with the terms of this agreement with respect to required deliverable(s), and the state submits the overdue deliverable(s), and such deliverable(s) are accepted by CMS as meeting the requirements specified in these STCs, the deferral(s) will be released.
- e. As the purpose of a section 1115 demonstration is to test new methods of operation or service delivery, a state's failure to submit all required reports, evaluations and other deliverables will be considered by CMS in reviewing any application for an extension, amendment, or for a new demonstration.

34. Deferral of Federal Financial Participation (FFP) from IMD Claiming for Insufficient Progress Toward Milestones. Up to \$5,000,000 in FFP for services in IMDs may be deferred if the state is not making adequate progress on meeting the milestones and goals as evidenced by reporting on the milestones in the Implementation Plan and the required performance measures in the Monitoring Plan agreed upon by the state and CMS. Once CMS determines the state has not made adequate progress, up to \$5,000,000 will be deferred in the next calendar quarter and each calendar quarter thereafter until CMS has determined sufficient progress has been made.

35. Submission of Post-Approval Deliverables. The state must submit all deliverables as stipulated by CMS and within the timeframes outlined within these STCs.

36. Compliance with Federal Systems Updates. As federal systems continue to evolve and incorporate additional 1115 demonstration reporting and analytics functions, the state will work with CMS to:

- a. Revise the reporting templates and submission processes to accommodate timely compliance with the requirements of the new systems;
- b. Ensure all 1115, T-MSIS, and other data elements that have been agreed to for reporting and analytics are provided by the state; and
- c. Submit deliverables to the appropriate system as directed by CMS.

IX. MONITORING

37. Monitoring Reports. The state must submit three (3) Quarterly Monitoring Reports and one (1) Annual Monitoring Report each DY. The fourth quarter information that would ordinarily be provided in a separate report should be reported as distinct information within the Annual Report. The Quarterly Monitoring Reports are due no later than sixty (60) calendar days following the end of each demonstration quarter. The Annual Monitoring Report is due no later than ninety (90) calendar days following the end of the DY. The reports will include all required elements as per 42 CFR 431.428, and should not direct readers to links outside the report. Additional links not referenced in the document may be listed in a Reference/Bibliography section. The Monitoring Reports must follow the framework provided by CMS, which is subject to change as monitoring systems are developed/evolve, and be provided in a structured manner that supports federal tracking and analysis.

- a. Operational Updates. The operational updates will focus on progress toward meeting the demonstration's milestones. Additionally, per 42 CFR 431.428, the Monitoring Reports must document any policy or administrative difficulties in operating the demonstration. The reports shall provide sufficient information to document key challenges, underlying causes of challenges, how challenges are being addressed, as well as key achievements and to what conditions and efforts successes can be attributed. The discussion should also include any issues or complaints identified by beneficiaries; lawsuits or legal actions; unusual or unanticipated trends; updates on the state's financing plan and maintenance of effort described in STC 18(e); legislative updates; and descriptions of any public forums held. The Monitoring Report should also include a summary of all public comments received through post-award public forums regarding the progress of the demonstration.
- b. Performance Metrics. The performance metrics will provide data to demonstrate how the state is progressing towards meeting the demonstration's milestones. Additionally, per 42 CFR 431.428, the Monitoring Reports must document the impact of the demonstration in providing insurance coverage to beneficiaries and the uninsured population, as well as outcomes of care, quality and cost of care, and access to care. This may also include the results of beneficiary satisfaction surveys, if conducted, and grievances and appeals. The required monitoring and performance metrics must be included in writing in the Monitoring Reports, and will follow the framework provided by CMS to support federal tracking and analysis.
- c. Budget Neutrality and Financial Reporting Requirements. Per 42 CFR 431.428, the Monitoring Reports must document the financial performance of the demonstration. The state must provide an updated budget neutrality workbook with every Monitoring Report that meets all the reporting requirements for monitoring budget neutrality set forth in the General Financial Requirements of these STCs, including the submission of corrected budget neutrality data upon request. In addition, the state must report quarterly and annual expenditures associated with the populations affected by this demonstration on the Form CMS-64. Administrative costs should be reported separately.
- d. Evaluation Activities and Interim Findings. Per 42 CFR 431.428, the Monitoring Reports must document any results of the demonstration to date per the evaluation hypotheses. Additionally, the state shall include a summary of the progress of

evaluation activities, including key milestones accomplished, as well as challenges encountered and how they were addressed.

- e. SUD Health IT. The state will include a summary of progress made in regards to SUD Health IT requirements outlined in STC 18(d).

38. SUD Mid-Point Assessment. The state must conduct an independent mid-point assessment by December 31, 2023. In the design, planning and conduction of the mid-point assessment, the state must require that the independent assessor consult with key stakeholders including, but not limited to: SUD treatment providers, beneficiaries, and other key partners.

The state must require that the assessor provide a report to the state that includes the methodologies used for examining progress and assessing risk, the limitations of the methodologies, its determinations and any recommendations. The state must provide a copy of the report to CMS no later than sixty (60) days after December 31, 2023. This timeline will allow for the assessment report to capture approximately the first two-and-a-half years of demonstration program data, accounting for data run-out and data completeness. The state must brief CMS on the report.

For milestones and measure targets at medium to high risk of not being achieved, the state must submit to CMS modifications to the SUD Implementation Plan, and the SUD Monitoring Plan for ameliorating these risks. Modifications to the applicable Implementation, Financing, and Monitoring Protocol are subject to CMS approval. Elements of the mid-point assessment include:

- a. An examination of progress toward meeting each milestone and timeframe approved in the SUD Implementation Plans, and toward meeting the targets for performance measures as approved in the SUD Monitoring Protocol;
- b. A determination of factors that affected achievement on the milestones and performance measure gap closure percentage points to date;
- c. A determination of selected factors likely to affect future performance in meeting milestones and targets not yet met and information about the risk of possibly missing those milestones and performance targets;
- d. For milestones or targets at medium to high risk of not being met, recommendations for adjustments in the state's SUD Implementation Plans or to pertinent factors that the state can influence that will support improvement; and
- e. An assessment of whether the state is on track to meet the budget neutrality requirements.

39. Corrective Action. If monitoring indicates that demonstration features are not likely to assist in promoting the objectives of Medicaid, CMS reserves the right to require the state to submit a corrective action plan to CMS for approval. This may be an interim step to withdrawing waivers or expenditure authorities, as outlined in STC 10.

40. Close-Out Report. Within one hundred twenty (120) calendar days after the expiration of the demonstration, the state must submit a draft Close-Out Report to CMS for comments.

- a. The Close-Out Report must comply with the most current guidance from CMS

- b. In consultation with CMS, and per guidance from CMS, the state will include an evaluation of the demonstration (or demonstration components) that are to phase out or expire without extension along with the Close-Out Report. Depending on the timeline of the phase-out during the demonstration approval period, the evaluation requirement may be satisfied through the Interim and/or Summative Evaluation Reports stipulated in STCs 49 and 50, respectively.
- c. The state will present to and participate in a discussion with CMS on the Close-Out report.
- d. The state must take into consideration CMS's comments for incorporation into the final Close-Out Report.
- e. The final Close-Out Report is due to CMS no later than thirty (30) days after receipt of CMS's comments.
- f. A delay in submitting the draft or final version of the Close-Out Report may subject the state to penalties described in STC 33.

41. Monitoring Calls. CMS will convene periodic conference calls with the state.

- a. The purpose of these calls is to discuss ongoing demonstration operation, to include (but not limited to) any significant actual or anticipated developments affecting the demonstration. Examples include implementation activities, trends in reported data on metrics and associated mid-course adjustments, enrollment and access, budget neutrality, and progress on evaluation activities.
- b. CMS will provide updates on any pending actions, as well as federal policies and issues that may affect any aspect of the demonstration.
- c. The state and CMS will jointly develop the agenda for the calls.

42. Post Award Forum. Pursuant to 42 CFR 431.420(c), within six (6) months of the demonstration's implementation, and annually thereafter, the state must afford the public with an opportunity to provide meaningful comment on the progress of the demonstration. At least thirty (30) days prior to the date of the planned public forum, the state must publish the date, time and location of the forum in a prominent location on its website. The state must also post the most recent annual report on its website with the public forum announcement. Pursuant to 42 CFR 431.420(c), the state must include a summary of the comments in the Monitoring Report associated with the quarter in which the forum was held, as well as in its compiled Annual Report.

X. EVALUATION OF THE DEMONSTRATION

43. Cooperation with Federal Evaluators. As required under 42 CFR 431.420(f), the state must cooperate fully and timely with CMS and its contractors in any federal evaluation of the demonstration or any component of the demonstration. This includes, but is not limited to, commenting on design and other federal evaluation documents and providing data and analytic files to CMS, including entering into a data use agreement that explains how the data and data files will be exchanged, and providing a technical point of contact to support specification of the data and files to be disclosed, as well as relevant data dictionaries and

record layouts. The state must include in its contracts with entities who collect, produce or maintain data and files for the demonstration, that they must make such data available for the federal evaluation as is required under 42 CFR 431.420(f) to support federal evaluation. The state may claim administrative match for these activities. Failure to comply with this STC may result in a deferral being issued as outlined in STC 33.

- 44. Independent Evaluator.** Upon approval of the demonstration, the state must begin to arrange with an independent party to conduct an evaluation of the demonstration to ensure that the necessary data is collected at the level of detail needed to research the approved hypotheses. The state must require the independent party to sign an agreement that the independent party will conduct the demonstration evaluation in an independent manner in accordance with the CMS-approved draft Evaluation Design. When conducting analyses and developing the evaluation reports, every effort should be made to follow the approved methodology. However, the state may request, and CMS may agree to, changes in the methodology in appropriate circumstances.
- 45. Draft Evaluation Design.** The state must submit, for CMS comment and approval, a draft Evaluation Design no later than 180 calendar days after the approval of the demonstration. The draft Evaluation Design must be developed in accordance with Attachment A (Developing the Evaluation Design) of these STCs, CMS's evaluation design guidance for SUD and any other applicable CMS evaluation guidance and technical assistance for the demonstration's SUD pilot programs. The Evaluation Design must also be developed in alignment with CMS guidance on applying robust evaluation approaches, including establishing valid comparison groups and assuring causal inferences in demonstration evaluations. The draft Evaluation Design also must include a timeline for key evaluation activities, including the deliverables outlined in STCs 49 and 50.

For any amendment to the demonstration, the state will be required to update the approved Evaluation Design to accommodate the amendment component. The amended Evaluation Design must be submitted to CMS for review no later than 180 calendar days after CMS's approval of the demonstration amendment. Depending on the scope and timing of the amendment, in consultation with CMS, the state may provide the details on necessary modifications to the approved Evaluation Design via the monitoring reports. The amendment Evaluation Design must also be reflected in the state's Interim (as applicable) and Summative Evaluation Reports, described below.

- 46. Evaluation Budget.** A budget for the evaluations must be provided with the draft Evaluation Designs. It will include the total estimated cost, as well as a breakdown of estimated staff, administrative and other costs for all aspects of the evaluations such as any survey and measurement development, quantitative and qualitative data collection and cleaning, analyses and report generation. A justification of the costs may be required by CMS if the estimates provided do not appear to sufficiently cover the costs of the design or if CMS finds that the designs are not sufficiently developed, or if the estimates appear to be excessive.

- 47. Evaluation Design Approval and Updates.** The state must submit the revised draft Evaluation Designs within sixty (60) calendar days after receipt of CMS' comments. Upon CMS approval of the draft Evaluation Designs, the documents will be included as an attachment to these STCs. Per 42 CFR 431.424(c), the state will publish the approved Evaluation Design to the state's website within thirty (30) calendar days of CMS approval. The state must implement the evaluation designs and submit a description of its evaluation implementation progress in each of the Monitoring Reports, including any required Rapid Cycle Assessments specified in these STCs. Once CMS approves the evaluation designs, if the state wishes to make changes, the state must submit a revised evaluation design to CMS for approval.
- 48. Evaluation Questions and Hypotheses.** Consistent with Attachments A and B (Developing the Evaluation Design and Preparing the Interim and Summative Evaluation Report) of these STCs, the evaluation documents must include a discussion of the evaluation questions and hypotheses that the state intends to test. Each demonstration component should have at least one evaluation question and hypothesis. The hypothesis testing should include, where possible, assessment of both process and outcome measures. Proposed measures should be selected from nationally-recognized sources and national measures sets, where possible. Measures sets could include CMS's Core Set of Health Care Quality Measures for Children in Medicaid and CHIP, Consumer Assessment of Health Care Providers and Systems (CAHPS), the Initial Core Set of Health Care Quality Measures for Medicaid-Eligible Adults and/or measures endorsed by National Quality Forum (NQF).
- 49. Interim Evaluation Report.** The state must submit an Interim Evaluation Report for the completed years of the demonstration, and for each subsequent extension of the demonstration, as outlined in 42 CFR 431.412(c)(2)(vi). When submitting an application for an extension of the demonstration, the Interim Evaluation Report should be posted to the state's website with the application for public comment.
- a. The Interim Evaluation Report will discuss evaluation progress and present findings to date as per the approved evaluation design.
 - b. For demonstration authority or any components within the demonstration that expire prior to the overall demonstration's expiration date, and depending on the timeline of expiration / phase-out, the Interim Evaluation Report may include an evaluation of the authority, to be collaboratively determined by CMS and the state.
 - c. If the state is seeking to extend the demonstration, the draft Interim Evaluation Report is due when the application for extension is submitted, or one year prior to the end of the demonstration, whichever is sooner. If the state made changes to the demonstration in its application for extension, the research questions and hypotheses, and how the design was adapted should be included. If the state is not requesting an extension for a demonstration, an Interim Evaluation Report is due one year prior to the end of the demonstration.

- d. The state must submit the revised Interim Evaluation Report 60 calendar days after receiving CMS's comments on the draft Interim Evaluation Report. Once approved by CMS, the state must post the final Interim Evaluation Report to the state's Medicaid website within 30 calendar days.
- e. The Interim Evaluation Report must comply with Attachment B (Preparing the Evaluation Report) of these STCs.

50. Summative Evaluation Report. The state must submit a draft Summative Evaluation Report for the demonstration's current approval period within 18 months of the end of the approval period represented by these STCs. The draft Summative Evaluation Report must be developed in accordance with Attachment B (Preparing the Evaluation Report) of these STCs, and in alignment with the approved Evaluation Design.

- a. Unless otherwise agreed upon in writing by CMS, the state shall submit a revised Summative Evaluation Report within 60 calendar days of receiving comments from CMS on the draft.
- b. The state must submit a revised Summative Evaluation Report sixty (60) calendar days after receiving CMS's comments on the draft Summative Evaluation Report. Once approved by CMS, the state must post the final Summative Evaluation Report to the state's Medicaid website within 30 calendar days.

51. Corrective Action Plan Related to Evaluation. If evaluation findings indicate that demonstration features are not likely to assist in promoting the objectives of Medicaid, CMS reserves the right to require the state to submit a corrective action plan to CMS for approval. These discussions may also occur as part of a renewal process when associated with the state's Interim Evaluation Report. This may be an interim step to withdrawing waivers or expenditure authorities, as outlined in STC 10.

52. State Presentations for CMS. CMS reserves the right to request that the state present and participate in a discussion with CMS on the Evaluation Design, the Interim Evaluation Report, and/or the Summative Evaluation Report.

53. Public Access. The state shall post the final documents (e.g., Monitoring Reports, Close Out Report, the approved Evaluation Design, Interim Evaluation Reports, and Summative Evaluation Reports) on the state's website within thirty (30) calendar days of approval by CMS.

54. Additional Publications and Presentations. For a period of twelve (12) months following CMS approval of the final reports, CMS will be notified prior to presentation of these reports or their findings, including in related publications (including, for example, journal articles), by the state, contractor, or any other third party directly connected to the demonstration. Prior to release of these reports, articles or other publications, CMS will be provided a copy including any associated press materials. CMS will be given ten (10) business days to review and comment on publications before they are released. CMS may choose to decline to comment on

or review some or all of these notifications and reviews. This requirement does not apply to the release or presentation of these materials to state or local government officials.

XI. GENERAL FINANCIAL REQUIREMENTS UNDER TITLE XIX

- 55. Allowable Expenditures.** This demonstration project is approved for expenditures applicable to services rendered during the demonstration approval period designated by CMS. CMS will provide FFP for allowable demonstration expenditures only so long as they do not exceed the pre-defined limits as specified in these STCs.⁴
- 56. Standard Medicaid Funding Process.** The standard Medicaid funding process will be used for this demonstration. The state will provide quarterly expenditure reports through the Medicaid and CHIP Budget and Expenditure System (MBES/CBES) to report total expenditures for services provided under this demonstration following routine CMS-37 and CMS-64 reporting instructions as outlined in section 2500 of the State Medicaid Manual. The state will estimate matchable demonstration expenditures (total computable and federal share) subject to the budget neutrality expenditure limit and separately report these expenditures by quarter for each federal fiscal year on the form CMS-37 for both the medical assistance payments (MAP) and state and local administration costs (ADM). CMS shall make federal funds available based upon the state's estimate, as approved by CMS. Within thirty (30) days after the end of each quarter, the state shall submit form CMS-64 Quarterly Medicaid Expenditure Report, showing Medicaid expenditures made in the quarter just ended. If applicable, subject to the payment deferral process, CMS shall reconcile expenditures reported on form CMS-64 with federal funding previously made available to the state, and include the reconciling adjustment in the finalization of the grant award to the state.
- 57. Extent of Federal Financial Participation for the Demonstration.** Subject to CMS approval of the source(s) of the non-federal share of funding, CMS will provide FFP at the applicable federal matching rate for the demonstration as a whole for the following, subject to the budget neutrality expenditure limits described in Section XI:
- a. Administrative costs, including those associated with the administration of the demonstration;
 - b. Net expenditures and prior period adjustments of the Medicaid program that are paid in accordance with the approved Medicaid state plan; and
 - c. Medical assistance expenditures and prior period adjustments made under section 1115 demonstration authority with dates of service during the demonstration extension period; including those made in conjunction with the demonstration, net of enrollment fees, cost sharing, pharmacy rebates, and all other types of third party liability.
- 58. Sources of Non-Federal Share.** The state certifies that its match for the non-federal share of funds for this demonstration are state/local monies. The state further certifies that such funds must not be used to match for any other federal grant or contract, except as permitted by law. All sources of non-federal funding must be compliant with section 1903(w) of the Act and

⁴ For a description of CMS's current policies related to budget neutrality for Medicaid demonstration projects authorized under section 1115(a) of the Act, see State Medicaid Director Letter #18-009.

applicable regulations. In addition, all sources of the non-federal share of funding are subject to CMS approval.

- a. The state acknowledges that CMS has authority to review the sources of the non-federal share of funding for the demonstration at any time. The state agrees that all funding sources deemed unacceptable by CMS shall be addressed within the time frames set by CMS.
- b. The state acknowledges that any amendments that impact the financial status of the demonstration must require the state to provide information to CMS regarding all sources of the non-federal share of funding.

59. State Certification of Funding Conditions. The state must certify that the following conditions for non-federal share of demonstration expenditures are met:

- a. Units of government, including governmentally operated health care providers, may certify that state or local monies have been expended as the non-federal share of funds under the demonstration.
- b. To the extent the state utilizes certified public expenditures (CPE) as the funding mechanism for the state share of title XIX payments, including expenditures authorized under a section 1115 demonstration, CMS must approve a cost reimbursement methodology. This methodology must include a detailed explanation of the process by which the state would identify those costs eligible under title XIX (or under section 1115 authority) for purposes of certifying public expenditures.
- c. To the extent the state utilizes CPEs as the funding mechanism to claim federal match for expenditures under the demonstration, governmental entities to which general revenue funds are appropriated must certify to the state the amount of such state or local monies that are allowable under 42 CFR 433.51 to satisfy demonstration expenditures. If the CPE is claimed under a Medicaid authority, the federal matching funds received cannot then be used as the state share needed to receive other federal matching funds under 42 CFR 433.51(c). The entities that incurred the cost must also provide cost documentation to support the state's claim for federal match.
- d. The state may use intergovernmental transfers (IGT) to the extent that such funds are derived from state or local monies and are transferred by units of government within the state. Any transfers from governmentally operated health care providers must be made in an amount not to exceed the non-federal share of title XIX payments.
- e. Under all circumstances, health care providers must retain one hundred (100) percent of the reimbursement for claimed expenditures. Moreover, consistent with 42 CFR 447.10, no pre-arranged agreements (contractual, voluntary, or otherwise) may exist between health care providers and state and/or local government to return and/or redirect to the state any portion of the Medicaid payments. This confirmation of Medicaid payment retention is made with the understanding that payments that are the normal operating expenses of conducting business, such as payments related to taxes, including health care provider-related taxes, fees, business relationships with governments that are unrelated to Medicaid and in which there is no connection to Medicaid payments, are not considered returning and/or redirecting a Medicaid payment.

60. Program Integrity. The state must have processes in place to ensure there is no duplication of federal funding for any aspect of the demonstration. The state must also ensure that the

state and any of its contractors follow standard program integrity principles and practices including retention of data. All data, financial reporting, and sources of non-federal share are subject to audit.

- 61. Medicaid Expenditure Groups.** Medicaid Expenditure Groups (MEG) are defined for the purpose of identifying categories of Medicaid or demonstration expenditures subject to budget neutrality, components of budget neutrality expenditure limit calculations, and other purposes related to monitoring and tracking expenditures under the demonstration. The Master MEG Chart table provides a master list of MEGs defined for this demonstration.

Table 1: Master MEG Chart					
MEG	To Which BN Test Does This Apply?	WOW Per Capita	WOW Aggregate	WW	Brief Description
Non Expansion Adults and Children	Hypo 1	X		X	Medicaid beneficiaries (adults and children) diagnosed with a SUD
Expansion Adults	Hypo 2	X		X	Expansion adult Medicaid beneficiaries diagnosed with a SUD
Parents with Extended MaineCare	Hypo 3	X		X	MaineCare beneficiaries who lose custody of their children and are no longer eligible for Medicaid because of household size.
Parents Receiving Home Based Skills Development Services	Hypo 4	X		X	MaineCare enrolled parents or children affected by SUD
Parents Receiving Attachment Biobehavioral Catch-up (ABC)	Hypo 5	X		X	MaineCare enrolled parents or children affected by SUD
Parents Receiving Visit Coaching	Hypo 6	X		X	MaineCare enrolled parents or children affected by SUD

- 62. Reporting Expenditures and Member Months.** The state must report all demonstration expenditures claimed under the authority of title XIX of the Act and subject to budget

neutrality each quarter on separate forms CMS-64.9 WAIVER and/or 64.9P WAIVER, identified by the demonstration project number assigned by CMS (11-W-00381). Separate reports must be submitted by MEG (identified by Waiver Name) and Demonstration Year (identified by the two-digit project number extension). Unless specified otherwise, expenditures must be reported by DY according to the dates of service associated with the expenditure. All MEGs identified in the Master MEG Chart as WW must be reported for expenditures, as further detailed in the MEG Detail for Expenditure and Member Month Reporting table below. To enable calculation of the budget neutrality expenditure limits, the state also must report member months of eligibility for specified MEGs.

- a. Cost Settlements. The state will report any cost settlements attributable to the demonstration on the appropriate prior period adjustment schedules (form CMS-64.9P WAIVER) for the summary sheet line 10b, in lieu of lines 9 or 10c. For any cost settlement not attributable to this demonstration, the adjustments should be reported as otherwise instructed in the State Medicaid Manual. Cost settlements must be reported by DY consistent with how the original expenditures were reported.
- b. Premiums and Cost Sharing Collected by the State. The state will report any premium contributions collected by the state from demonstration enrollees quarterly on the form CMS-64 Summary Sheet line 9D, columns A and B. In order to assure that these collections are properly credited to the demonstration, quarterly premium collections (both total computable and federal share) should also be reported separately by DY on form CMS-64 Narrative, and on the Total Adjustments tab in the Budget Neutrality Monitoring Tool. In the annual calculation of expenditures subject to the budget neutrality expenditure limit, premiums collected in the demonstration year will be offset against expenditures incurred in the demonstration year for determination of the state's compliance with the budget neutrality limits.
- c. Pharmacy Rebates. Because pharmacy rebates are not included in the base expenditures used to determine the budget neutrality expenditure limit, pharmacy rebates are not included for calculating net expenditures subject to budget neutrality. The state will report pharmacy rebates on form CMS-64.9 BASE, and not allocate them to any form 64.9 or 64.9P WAIVER.
- d. Administrative Costs. The state will separately track and report additional administrative costs that are directly attributable to the demonstration. All administrative costs must be identified on the forms CMS-64.10 WAIVER and/or 64.10P WAIVER. Unless indicated otherwise on the Master MEG Chart table, administrative costs are not counted in the budget neutrality tests; however, these costs are subject to monitoring by CMS.
- e. Member Months. As part of the Quarterly and Annual Monitoring Reports described in section IX, the state must report the actual number of “eligible member months” for all demonstration enrollees for all MEGs identified as WOW Per Capita in the Master MEG Chart table above, and as also indicated in the MEG Detail for Expenditure and Member Month Reporting table below. The term “eligible member months” refers to the number of months in which persons enrolled in the demonstration are eligible to receive services. For example, a person who is eligible for three months contributes three eligible member months to the total. Two individuals who are eligible for two months, each contribute two eligible member months, for a total of four eligible member months.

The state must submit a statement accompanying the annual report certifying the accuracy of this information.

- f. Budget Neutrality Specifications Manual. The state will create and maintain a Budget Neutrality Specifications Manual that describes in detail how the state will compile data on actual expenditures related to budget neutrality, including methods used to extract and compile data from the state's Medicaid Management Information System, eligibility system, and accounting systems for reporting on the CMS-64, consistent with the terms of the demonstration. The Budget Neutrality Specifications Manual will also describe how the state compiles counts of Medicaid member months. The Budget Neutrality Specifications Manual must be made available to CMS on request.

Table 2: MEG Detail for Expenditure and Member Month Reporting

MEG (Waiver Name)	Detailed Description	Exclusions	CMS- 64.9 Line(s) To Use	How Expend. Are Assigned to DY	MAP or ADM	Report Member Months (Y/N)	MEG Start Date	MEG End Date
Non- Expansion Adults and Children	Non- Expansion Medicaid beneficiarie s diagnosed with a SUD	STC# 21	Follow CMS- 64.9 Base Category of Service Definitio n	Date of service	MAP	Y	1/1/2021	12/31/2025
Expansion Adults	Expansion Medicaid beneficiaries diagnosed with a SUD	STC# 21	Follow CMS- 64.9 Base Category of Service Definitio n	Date of service	MAP	Y	1/1/2021	12/31/2025
Parents with Extended MaineCare	Medicaid beneficiarie s diagnosed with a SUD	STC# 21	Follow CMS- 64.9 Base Category of Service Definitio n	Date of service	MAP	Y	7/1/2022	12/31/2025
Parents Receiving Home Based Skills Development Services	Medicaid beneficiarie s diagnosed with a SUD	STC# 21	Follow CMS- 64.9 Base Category of Service Definitio n	Date of service	MAP	Y	7/1/2022	12/31/2025

Parents Receiving Attachment Biobehavioral Catch-up (ABC)	Medicaid beneficiaries diagnosed with a SUD	STC# 21	Follow CMS-64.9 Base Category of Service Definition	Date of service	MAP	Y	7/1/2022	12/31/2025
Parents Receiving Visit Coaching	Medicaid beneficiaries diagnosed with a SUD	STC# 21	Follow CMS-64.9 Base Category of Service Definition	Date of service	MAP	Y	7/1/2022	12/31/2025

63. Demonstration Years. Demonstration Years (DY) for this demonstration are defined in the Demonstration Years table below.

Table 3: Demonstration Years		
Demonstration Year 1	January 1, 2021 to December 31, 2021	12 months
Demonstration Year 2	January 1, 2022 to December 31, 2022	12 months
Demonstration Year 3	January 1, 2023 to December 31, 2023	12 months
Demonstration Year 4	January 1, 2024 to December 31, 2024	12 months
Demonstration Year 5	January 1, 2025 to December 31, 2025	12 months

64. Budget Neutrality Monitoring Tool. The state must provide CMS with quarterly budget neutrality status updates, including established baseline and member months data, using the Budget Neutrality Monitoring Tool provided through the Performance Metrics Database and Analytics (PMDA) system. The tool incorporates the “Schedule C Report” for comparing demonstration’s actual expenditures to the budget neutrality expenditure limits described in Section XI. CMS will provide technical assistance, upon request.⁵

⁵ 42 CFR §431.420(a)(2) provides that states must comply with the terms and conditions of the agreement between the Secretary (or designee) and the state to implement a demonstration project, and §431.420(b)(1) states that the terms and conditions will provide that the state will perform periodic reviews of the implementation of the demonstration. CMS’s current approach is to include language in STCs requiring, as a condition of demonstration approval, that states provide, as part of their periodic reviews, regular reports of the actual costs which are subject to the budget neutrality limit. CMS has obtained Office of Management and Budget (OMB) approval of the monitoring tool under the Paperwork Reduction Act (OMB Control No. 0938 – 1148) and in states agree to use the tool as a condition of demonstration approval.

- 65. Claiming Period.** The state will report all claims for expenditures subject to the budget neutrality agreement (including any cost settlements) within two years after the calendar quarter in which the state made the expenditures. All claims for services during the demonstration period (including any cost settlements) must be made within two years after the conclusion or termination of the demonstration. During the latter two-year period, the state will continue to identify separately net expenditures related to dates of service during the operation of the demonstration on the CMS-64 waiver forms in order to properly account for these expenditures in determining budget neutrality.
- 66. Future Adjustments to Budget Neutrality.** CMS reserves the right to adjust the budget neutrality expenditure limit:
- a. To be consistent with enforcement of laws and policy statements, including regulations and letters, regarding impermissible provider payments, health care related taxes, or other payments, CMS reserves the right to make adjustments to the budget neutrality limit if any health care related tax that was in effect during the base year, or provider-related donation that occurred during the base year, is determined by CMS to be in violation of the provider donation and health care related tax provisions of section 1903(w) of the Act. Adjustments to annual budget targets will reflect the phase out of impermissible provider payments by law or regulation, where applicable.
 - b. To the extent that a change in federal law, regulation, or policy requires either a reduction or an increase in FFP for expenditures made under this demonstration. In this circumstance, the state must adopt, subject to CMS approval, a modified budget neutrality agreement as necessary to comply with such change. The modified agreement will be effective upon the implementation of the change. The trend rates for the budget neutrality agreement are not subject to change under this STC. The state agrees that if mandated changes in the federal law require state legislation, the changes shall take effect on the day such state legislation becomes effective, or on the last day such legislation was required to be in effect under the federal law.
 - c. The state certifies that the data it provided to establish the budget neutrality expenditure limit are accurate based on the state's accounting of recorded historical expenditures or the next best available data, that the data are allowable in accordance with applicable federal, state, and local statutes, regulations, and policies, and that the data are correct to the best of the state's knowledge and belief. The data supplied by the state to set the budget neutrality expenditure limit are subject to review and audit, and if found to be inaccurate, will result in a modified budget neutrality expenditure limit.

XII. MONITORING BUDGET NEUTRALITY FOR THE DEMONSTRATION

- 67. Limit on Title XIX Funding.** The state will be subject to limits on the amount of federal Medicaid funding the state may receive over the course of the demonstration approval. The budget neutrality expenditure limits are based on projections of the amount of FFP that the state would likely have received in the absence of the demonstration. The limit may consist of a Main Budget Neutrality Test, and one or more Hypothetical Budget Neutrality Tests, as described below. CMS's assessment of the state's compliance with these tests will be based

on the Schedule C CMS-64 Waiver Expenditure Report, which summarizes the expenditures reported by the state on the CMS-64 that pertain to the demonstration.

- 68. Risk.** The budget neutrality expenditure limits are determined on either a per capita or aggregate basis. If a per capita method is used, the state is at risk for the per capita cost of state plan and hypothetical populations, but not for the number of participants in the demonstration population. By providing FFP without regard to enrollment in the demonstration for all demonstration populations, CMS will not place the state at risk for changing economic conditions; however, by placing the state at risk for the per capita costs of the demonstration populations, CMS assures that the demonstration expenditures do not exceed the levels that would have been realized had there been no demonstration. If an aggregate method is used, the state accepts risk for both enrollment and per capita costs.
- 69. Calculation of the Budget Neutrality Limits and How They Are Applied.** To calculate the budget neutrality limits for the demonstration, separate annual budget limits are determined for each DY on a total computable basis. Each annual budget limit is the sum of one or more components: per capita components, which are calculated as a projected without-waiver PMPM cost times the corresponding actual number of member months, and aggregate components, which project fixed total computable dollar expenditure amounts. The annual limits for all DYs are then added together to obtain a budget neutrality limit for the entire demonstration period. The federal share of this limit will represent the maximum amount of FFP that the state may receive during the demonstration period for the types of demonstration expenditures described below. The federal share will be calculated by multiplying the total computable budget neutrality expenditure limit by the appropriate Composite Federal Share.
- 70. Main Budget Neutrality Test.** This demonstration does not include a Main Budget Neutrality Test. Budget neutrality will consist entirely of Hypothetical Budget Neutrality Tests. Any excess spending under the Hypothetical Budget Neutrality Tests must be returned to CMS.
- 71. Hypothetical Budget Neutrality.** When expenditure authority is provided for coverage of populations or services that the state could have otherwise provided through its Medicaid state plan or other title XIX authority (such as a waiver under section 1915 of the Act), CMS considers these expenditures to be “hypothetical;” that is, the expenditures would have been eligible to receive FFP elsewhere in the Medicaid program. For these hypothetical expenditures, CMS makes adjustments to the budget neutrality test which effectively treats these expenditures as if they were for approved Medicaid state plan services. Hypothetical expenditures, therefore, do not necessitate savings to offset the otherwise allowable services. This approach reflects CMS’s current view that states should not have to “pay for,” with demonstration savings, costs that could have been otherwise eligible for FFP under a Medicaid state plan or other title XIX authority; however, when evaluating budget neutrality, CMS does not offset non-hypothetical expenditures with projected or accrued savings from hypothetical expenditures. That is, savings are not generated from a hypothetical population or service. To allow for hypothetical expenditures, while preventing them from resulting in savings, CMS currently applies a separate, independent

Hypothetical Budget Neutrality Tests, which subject hypothetical expenditures to pre-determined limits to which the state and CMS agree, and that CMS approves, as a part of this demonstration approval. If the state's WW hypothetical spending exceeds the supplemental test's expenditure limit, the state agrees (as a condition of CMS approval) to refund the FFP to CMS.

- 72. Hypothetical Budget Neutrality Test 1: SUD Services (see Expenditure Authority #1).** The table below identifies the MEGs that are used for Hypothetical Budget Neutrality Test 1. MEGs that are designated "WOW Only" or "Both" are the components used to calculate the budget neutrality expenditure limit. The Composite Federal Share for the Hypothetical Budget Neutrality Test is calculated based on all MEGs indicated as "WW Only" or "Both." MEGs that are indicated as "WW Only" or "Both" are counted as expenditures against this budget neutrality expenditure limit. Any expenditures in excess of the limit from Hypothetical Budget Neutrality Test are counted as WW expenditures under the Main Budget Neutrality Test.

Table 4: Hypothetical Budget Neutrality Test 1						
MEG	TREND	DY 1- PMPM	DY 2-PMPM	DY 3-PMPM	DY 4-PMPM	DY 5-PMPM
Non-Expansion Adults and Children	5.7%	\$5,230	\$5,528	\$5,843	\$6,176	\$6,528
Expansion Adults	5.6%	\$4,765	\$5,032	\$5,313	\$5,611	\$5,925

- 73. Hypothetical Budget Neutrality Test 2: Pilots (see Expenditure Authority #2-4).** The table below identifies the MEGs that are used for Hypothetical Budget Neutrality Test 2. MEGs that are designated "WOW Only" or "Both" are the components used to calculate the budget neutrality expenditure limit. The Composite Federal Share for the Hypothetical Budget Neutrality Test is calculated based on all MEGs indicated as "WW Only" or "Both." MEGs that are indicated as "WW Only" or "Both" are counted as expenditures against this budget neutrality expenditure limit. Any expenditures in excess of the limit from Hypothetical Budget Neutrality Test are counted as WW expenditures under the Main Budget Neutrality Test.

Table 5: Hypothetical Budget Neutrality Test 2					
MEG	TREND	DY 2-PMPM	DY 3-PMPM	DY 4-PMPM	DY 5-PMPM
Parents with Extended MaineCare	5.2%	\$881	\$927	\$975	\$1026

Parents Receiving Home Based Skills Development Services	5.2%	\$804	\$846	\$890	\$936
Parents Receiving Attachment Biobehavioral Catch-up (ABC)	5.2%	\$428	\$450	\$474	\$498
Parents Receiving Visit Coaching	5.2%	\$1538	\$1618	\$1702	\$1791

74. Composite Federal Share. The Composite Federal Share is the ratio that will be used to convert the total computable budget neutrality limit to federal share. The Composite Federal Share is the ratio calculated by dividing the sum total of FFP received by the state on actual demonstration expenditures during the approval period by total computable demonstration expenditures for the same period, as reported through MBES/CBES and summarized on Schedule C. Since the actual final Composite Federal Share will not be known until the end of the demonstration's approval period, for the purpose of interim monitoring of budget neutrality, a reasonable estimate of Composite Federal Share may be developed and used through the same process or through an alternative mutually agreed to method. Each Hypothetical Budget Neutrality Test has its own Composite Federal Share, as defined in the paragraph pertaining to each particular test.

75. Exceeding Budget Neutrality. CMS will enforce the budget neutrality agreement over the life of the demonstration approval period, which extends from January 1, 2021 to December 31, 2025. If at the end of the demonstration approval period the budget neutrality limit has been exceeded, the excess federal funds will be returned to CMS. If the demonstration is terminated prior to the end of the demonstration period, the budget neutrality test will be based on the time period through the termination date.

76. Mid-Course Correction. If at any time during the demonstration approval period CMS determines that the demonstration is on course to exceed its budget neutrality expenditure limit, CMS will require the state to submit a corrective action plan for CMS review and approval. CMS will use the threshold levels in the tables below as a guide for determining when corrective action is required.

Table 5: Hypothetical Budget Neutrality Test Mid-Course Correction Calculations		
Demonstration Year	Cumulative Target Definition	Percentage
DY 1	Cumulative budget neutrality limit plus:	2.0 percent
DY 1 through DY 2	Cumulative budget neutrality limit plus:	1.5 percent
DY 1 through DY 3	Cumulative budget neutrality limit plus:	1.0 percent
DY 1 through DY 4	Cumulative budget neutrality limit plus:	0.5 percent
DY 1 through DY 5	Cumulative budget neutrality limit plus:	0.0 percent

XIII. SCHEDULE OF DELIVERABLES FOR THE DEMONSTRATION PERIOD

Table 6: Schedule of Deliverables for the Demonstration Period		
Date	Deliverable	STC
30 calendar days after approval date	State acceptance of demonstration STCs, and Expenditure Authorities	Approval letter
90 calendar days after approval date	SUD Implementation Plan (including Health IT Plan)	STC 18(a)
60 calendar days after receipt of CMS comments	Revised SUD Implementation Plan (including Health IT Plan)	STC 18(a)
150 calendar days after Implementation Plan Completeness	Monitoring Protocol	STC 19
60 calendar days after receipt of CMS comments	Revised Monitoring Protocol	STC 19
180 calendar days after approval date	Draft Evaluation Design	STC 46
60 days after receipt of CMS comments	Revised Draft Evaluation Design	STC 46
No later than 60 calendar days after July 1, 2023	SUD Mid-Point Assessment	STC 39
June 30, 2024 or with renewal application	Draft Interim Evaluation Report	STC 50 (c)
60 calendar days after receipt of CMS comments	Final Interim Evaluation Report	STC 50 (d)
Within 18 months after June 30, 2025	Draft Summative Evaluation Report	STC 51
60 calendar days after receipt of CMS comments	Final Summative Evaluation Report	STC 51(a)
Monthly Deliverables	Monitoring Calls	STC 42
Quarterly monitoring reports due 60 calendar days after end of each quarter, except 4 th quarter.	Quarterly Monitoring Reports, including implementation updates	STC 38
	Quarterly Budget Neutrality Reports	STC 38(c)
Annual monitoring reports due 90 calendar days after end of each 4 th quarter	Annual Monitoring Reports	STC 38
90 calendar days after Pilots amendment approval date	Pilots Implementation Protocol	STC 26

ATTACHMENT A

Developing the Evaluation Design

Introduction

For states that are testing new approaches and flexibilities in their Medicaid programs through section 1115 demonstrations, evaluations are crucial to understand and disseminate what is or is not working and why. The evaluations of new initiatives seek to produce new knowledge and direction for programs and inform both Congress and CMS about Medicaid policy for the future. While a narrative about what happened during a demonstration provides important information, the principal focus of the evaluation of a section 1115 demonstration should be obtaining and analyzing data on the process (e.g., whether the demonstration is being implemented as intended), outcomes (e.g., whether the demonstration is having the intended effects on the target population), and impacts of the demonstration (e.g., whether the outcomes observed in the targeted population differ from outcomes in similar populations not affected by the demonstration). Both state and federal governments could benefit from improved quantitative and qualitative evidence to inform policy decisions.

Expectations for Evaluation Designs

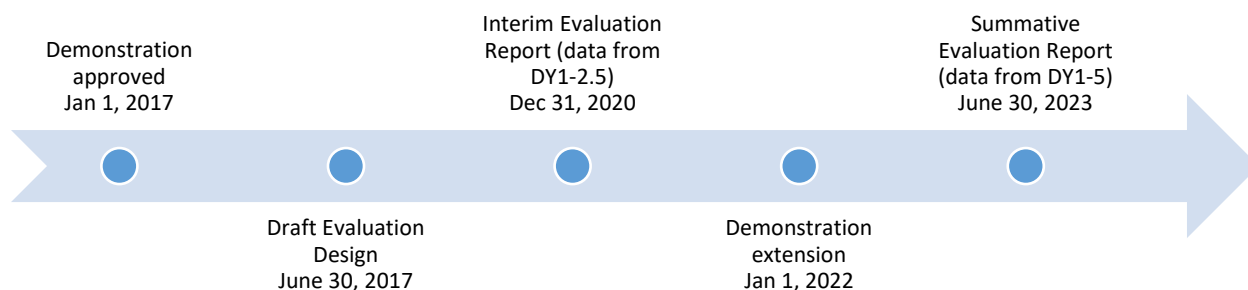
All states with Medicaid section 1115 demonstrations are required to conduct an evaluation, and the Evaluation Design is the roadmap for conducting the evaluation. The roadmap begins with the stated goals for the demonstration followed by the measurable evaluation questions and quantifiable hypotheses, all to support a determination of the extent to which the demonstration has achieved its goals.

The format for the Evaluation Design is as follows:

- A.** General Background Information;
- B.** Evaluation Questions and Hypotheses;
- C.** Methodology;
- D.** Methodological Limitations;
- E.** Attachments.

Submission Timelines

There is a specified timeline for the state's submission of Evaluation Design and Reports. (The graphic below depicts an example of this timeline). In addition, the state should be aware that section 1115 evaluation documents are public records. The state is required to publish the Evaluation Design to the state's website within thirty (30) days of CMS approval, as per 42 CFR 431.424(e). CMS will also publish a copy to the Medicaid.gov website.



Required Core Components of All Evaluation Designs

The Evaluation Design sets the stage for the Interim and Summative Evaluation Reports. It is important that the Evaluation Design explain the goals and objectives of the demonstration, the hypotheses related to the demonstration, and the methodology (and limitations) for the evaluation. A copy of the state’s Driver Diagram (described in more detail in paragraph B2 below) should be included with an explanation of the depicted information.

A. General Background Information – In this section, the state should include basic information about the demonstration, such as:

1. The issue/s that the state is trying to address with its section 1115 demonstration and/or expenditure authorities, the potential magnitude of the issue/s, and why the state selected this course of action to address the issue/s (e.g., a narrative on why the state submitted an 1115 demonstration proposal).
2. The name of the demonstration, approval date of the demonstration, and period of time covered by the evaluation;
3. A brief description of the demonstration and history of the implementation, and whether the draft Evaluation Design applies to an amendment, extension, renewal, or expansion of, the demonstration;
4. For renewals, amendments, and major operational changes: A description of any changes to the demonstration during the approval period; the primary reason or reasons for the change; and how the Evaluation Design was altered or augmented to address these changes.
5. Describe the population groups impacted by the demonstration.

B. Evaluation Questions and Hypotheses – In this section, the state should:

1. Describe how the state’s demonstration goals are translated into quantifiable targets for improvement, so that the performance of the demonstration in achieving these targets could be measured.
2. Include a Driver Diagram to visually aid readers in understanding the rationale behind the cause and effect of the variants behind the demonstration features and intended outcomes. A driver diagram is a particularly effective modeling tool when working

to improve health and health care through specific interventions. The diagram includes information about the goal of the demonstration, and the features of the demonstration. A driver diagram depicts the relationship between the aim, the primary drivers that contribute directly to achieving the aim, and the secondary drivers that are necessary to achieve the primary drivers for the demonstration. For an example and more information on driver diagrams:

<https://innovation.cms.gov/files/x/hciatwoaimsdrvrs.pdf>

3. Identify the state's hypotheses about the outcomes of the demonstration:
4. Discuss how the evaluation questions align with the hypotheses and the goals of the demonstration;
5. Address how the research questions / hypotheses of this demonstration promote the objectives of Titles XIX and/or XXI.

C. Methodology – In this section, the state is to describe in detail the proposed research methodology.

The focus is on showing that the evaluation meets the prevailing standards of scientific and academic rigor, and the results are statistically valid and reliable, and that where appropriate it builds upon other published research (use references).

This section provides the evidence that the demonstration evaluation will use the best available data; reports on, controls for, and makes appropriate adjustments for the limitations of the data and their effects on results; and discusses the generalizability of results. This section should provide enough transparency to explain what will be measured and how. Specifically, this section establishes:

- 1) *Evaluation Design* – Provide information on how the evaluation will be designed. For example, will the evaluation utilize a pre/post comparison? A post-only assessment? Will a comparison group be included?
- 2) *Target and Comparison Populations* – Describe the characteristics of the target and comparison populations, to include the inclusion and exclusion criteria. Include information about the level of analysis (beneficiary, provider, or program level), and if populations will be stratified into subgroups. Additionally discuss the sampling methodology for the populations, as well as support that a statistically reliable sample size is available.
- 3) *Evaluation Period* – Describe the time periods for which data will be included.
- 4) *Evaluation Measures* – List all measures that will be calculated to evaluate the demonstration. Include the measure stewards (i.e., the organization(s) responsible for the evaluation data elements/sets by “owning”, defining, validating; securing; and submitting for endorsement, etc.) Include numerator and denominator information. Additional items to ensure:
 - a. The measures contain assessments of both process and outcomes to evaluate the

- effects of the demonstration during the period of approval.
 - b. Qualitative analysis methods may be used, and must be described in detail.
 - c. Benchmarking and comparisons to national and state standards, should be used, where appropriate.
 - d. Proposed health measures could include CMS's Core Set of Health Care Quality Measures for Children in Medicaid and CHIP, Consumer Assessment of Health Care Providers and Systems (CAHPS), the Initial Core Set of Health Care Quality Measures for Medicaid-Eligible Adults and/or measures endorsed by National Quality Forum (NQF).
 - e. Proposed performance metrics can be selected from nationally recognized metrics, for example from sets developed by the Center for Medicare and Medicaid Innovation or for meaningful use under Health Information Technology (HIT).
 - f. Among considerations in selecting the metrics shall be opportunities identified by the state for improving quality of care and health outcomes, and controlling cost of care.
- 5) *Data Sources* – Explain where the data will be obtained, and efforts to validate and clean the data. Discuss the quality and limitations of the data sources.

If primary data (data collected specifically for the evaluation) – The methods by which the data will be collected, the source of the proposed question/responses, the frequency and timing of data collection, and the method of data collection. (Copies of any proposed surveys must be reviewed with CMS for approval before implementation).

- 6) *Analytic Methods* – This section includes the details of the selected quantitative and/or qualitative measures to adequately assess the effectiveness of the demonstration. This section should:
- a. Identify the specific statistical testing which will be undertaken for each measure (e.g., t-tests, chi-square, odds ratio, ANOVA, regression). Table A is an example of how the state might want to articulate the analytic methods for each research question and measure.
 - b. Explain how the state will isolate the effects of the demonstration (from other initiatives occurring in the state at the same time) through the use of comparison groups.
 - c. A discussion of how propensity score matching and difference in differences design may be used to adjust for differences in comparison populations over time (if applicable).
 - d. The application of sensitivity analyses, as appropriate, should be considered.
- 7) *Other Additions* – The state may provide any other information pertinent to the Evaluation Design of the demonstration.

Table A. Example Design Table for the Evaluation of the Demonstration

Research Question	Outcome measures used to address the research question	Sample or population subgroups to be compared	Data Sources	Analytic Methods
Hypothesis 1				
Research question 1a	-Measure 1 -Measure 2 -Measure 3	-Sample e.g. All attributed Medicaid beneficiaries -Beneficiaries with diabetes diagnosis	-Medicaid fee-for-service and encounter claims records	-Interrupted time series
Research question 1b	-Measure 1 -Measure 2 -Measure 3 -Measure 4	-sample, e.g., PPS patients who meet survey selection requirements (used services within the last 6 months)	-Patient survey	Descriptive statistics
Hypothesis 2				
Research question 2a	-Measure 1 -Measure 2	-Sample, e.g., PPS administrators	-Key informants	Qualitative analysis of interview material

D. Methodological Limitations – This section provides detailed information on the limitations of the evaluation. This could include the design, the data sources or collection process, or analytic methods. The state should also identify any efforts to minimize the limitations. Additionally, this section should include any information about features of the demonstration that effectively present methodological constraints that the state would like CMS to take into consideration in its review. For example:

- 1) When the state demonstration is:
 - a. Long-standing, non-complex, unchanged, or
 - b. Has previously been rigorously evaluated and found to be successful, or
 - c. Could now be considered standard Medicaid policy (CMS published regulations or guidance)
- 2) When the demonstration is also considered successful without issues or concerns that would require more regular reporting, such as:
 - a. Operating smoothly without administrative changes; and
 - b. No or minimal appeals and grievances; and
 - c. No state issues with CMS-64 reporting or budget neutrality; and
 - d. No Corrective Action Plans (CAP) for the demonstration.

E. Attachments

- 1) **Independent Evaluator.** This includes a discussion of the state's process for obtaining an independent entity to conduct the evaluation, including a description of the qualifications that the selected entity must possess, and how the state will assure no conflict of interest. Explain how the state will assure that the Independent Evaluator will conduct a fair and impartial evaluation, prepare an objective

Evaluation Report, and that there would be no conflict of interest. The evaluation design should include “No Conflict of Interest” signed by the independent evaluator.

- 2) **Evaluation Budget.** A budget for implementing the evaluation shall be provided with the draft Evaluation Design. It will include the total estimated cost, as well as a breakdown of estimated staff, administrative, and other costs for all aspects of the evaluation. Examples include, but are not limited to: the development of all survey and measurement instruments; quantitative and qualitative data collection; data cleaning and analyses; and reports generation. A justification of the costs may be required by CMS if the estimates provided do not appear to sufficiently cover the costs of the draft Evaluation Design or if CMS finds that the draft Evaluation Design is not sufficiently developed.
- 3) **Timeline and Major Milestones.** Describe the timeline for conducting the various evaluation activities, including dates for evaluation-related milestones, including those related to procurement of an outside contractor, if applicable, and deliverables. The Final Evaluation Design shall incorporate an Interim and Summative Evaluation. Pursuant to 42 CFR 431.424(c)(v), this timeline should also include the date by which the Final Summative Evaluation report is due.

ATTACHMENT B

Preparing the Interim and Summative Evaluation Reports

Introduction

For states that are testing new approaches and flexibilities in their Medicaid programs through section 1115 demonstrations, evaluations are crucial to understand and disseminate what is or is not working and why. The evaluations of new initiatives seek to produce new knowledge and direction for programs and inform Medicaid policy for the future. While a narrative about what happened during a demonstration provide important information, the principal focus of the evaluation of a section 1115 demonstration should be obtaining and analyzing data on the process (e.g., whether the demonstration is being implemented as intended), outcomes (e.g., whether the demonstration is having the intended effects on the target population), and impacts of the demonstration (e.g., whether the outcomes observed in the targeted population differ from outcomes in similar populations not affected by the demonstration). Both state and federal governments could benefit from improved quantitative and qualitative evidence to inform policy decisions.

Expectations for Evaluation Reports

Medicaid section 1115 demonstrations are required to conduct an evaluation that is valid (the extent to which the evaluation measures what it is intended to measure), and reliable (the extent to which the evaluation could produce the same results when used repeatedly). To this end, the already approved Evaluation Design is a map that begins with the demonstration goals, then transitions to the evaluation questions, and to the specific hypotheses, which will be used to investigate whether the demonstration has achieved its goals. States should have a well-structured analysis plan for their evaluation. As these valid analyses multiply (by a single state or by multiple states with similar demonstrations) and the data sources improve, the reliability of evaluation findings will be able to shape Medicaid policy in order to improve the health and welfare of Medicaid beneficiaries for decades to come. When submitting an application for renewal, the interim evaluation report should be posted on the state's website with the application for public comment. Additionally, the interim evaluation report must be included in its entirety with the application submitted to CMS.

Intent of this Guidance

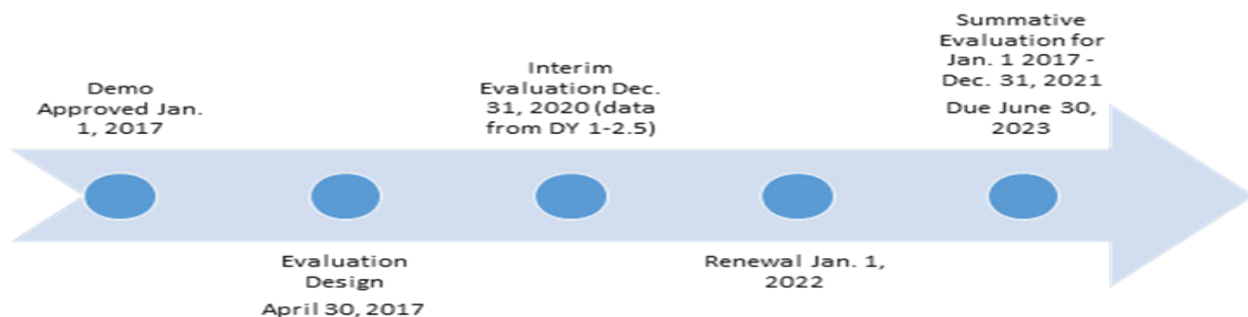
The Social Security Act (the Act) requires an evaluation of every section 1115 demonstration. In order to fulfill this requirement, the state's submission must provide a comprehensive written presentation of all key components of the demonstration, and include all required elements specified in the approved Evaluation Design. This Guidance is intended to assist states with organizing the required information in a standardized format and understanding the criteria that CMS will use in reviewing the submitted Interim and Summative Evaluation Reports.

The format for the Interim and Summative Evaluation reports is as follows:

- A. Executive Summary;
- B. General Background Information;
- C. Evaluation Questions and Hypotheses;
- D. Methodology;
- E. Methodological Limitations;
- F. Results;
- G. Conclusions;
- H. Interpretations, and Policy Implications and Interactions with Other State Initiatives;
- I. Lessons Learned and Recommendations; and
- J. Attachment(s).

Submission Timelines

There is a specified timeline for the state's submission of Evaluation Designs and Evaluation Reports. These dates are specified in the demonstration Special Terms and Conditions (STCs). (The graphic below depicts an example of this timeline). In addition, the state should be aware that section 1115 evaluation documents are public records. In order to assure the dissemination of the evaluation findings, lessons learned, and recommendations, the state is required to publish to the state's website the evaluation design within thirty (30) days of CMS approval, and publish reports within thirty (30) days of submission to CMS, pursuant to 42 CFR 431.424. CMS will also publish a copy to Medicaid.gov.



Required Core Components of Interim and Summative Evaluation Reports

The section 1115 Evaluation Report presents the research about the section 1115 Demonstration. It is important that the report incorporate a discussion about the structure of the Evaluation Design to explain the goals and objectives of the demonstration, the hypotheses related to the demonstration, and the methodology for the evaluation. A copy of the state's Driver Diagram (described in the Evaluation Design guidance) must be included with an explanation of the depicted information. The Evaluation Report should present the relevant data and an interpretation of the findings; assess the outcomes (what worked and what did not work); explain the limitations of the design, data, and analyses; offer recommendations regarding what (in hindsight) the state would further advance, or do differently, and why; and discuss the implications on future Medicaid policy. Therefore, the state's submission must include:

- A. **Executive Summary** – A summary of the demonstration, the principal results, interpretations, and recommendations of the evaluation.
- B. **General Background Information about the Demonstration** – In this section, the state should include basic information about the demonstration, such as:
 - 1. The issues that the state is trying to address with its section 1115 demonstration and/or expenditure authorities, how the state became aware of the issue, the potential magnitude of the issue, and why the state selected this course of action to address the issues.
 - 2. The name of the demonstration, approval date of the demonstration, and period of time covered by the evaluation;
 - 3. A brief description of the demonstration and history of the implementation, and if the evaluation is for an amendment, extension, renewal, or expansion of, the demonstration;
 - 4. For renewals, amendments, and major operational changes: A description of any changes to the demonstration during the approval period; whether the motivation for change was due to political, economic, and fiscal factors at the state and/or federal level; whether the programmatic changes were implemented to improve beneficiary health, provider/health plan performance, or administrative efficiency; and how the Evaluation Design was altered or augmented to address these changes.
 - 5. Describe the population groups impacted by the demonstration.
- C. **Evaluation Questions and Hypotheses** – In this section, the state should:
 - 1. Describe how the state's demonstration goals were translated into quantifiable targets for improvement, so that the performance of the demonstration in achieving these targets could be measured. The inclusion of a Driver Diagram in the Evaluation Report is highly encouraged, as the visual can aid readers in understanding the rationale behind the demonstration features and intended outcomes.

2. Identify the state's hypotheses about the outcomes of the demonstration;
 - a. Discuss how the goals of the demonstration align with the evaluation questions and hypotheses;
 - b. Explain how this Evaluation Report builds upon and expands earlier demonstration evaluation findings (if applicable); and
 - c. Address how the research questions / hypotheses of this demonstration promote the objectives of Titles XIX and XXI.

D. Methodology – In this section, the state is to provide an overview of the research that was conducted to evaluate the section 1115 demonstration consistent with the approved Evaluation Design.

The evaluation design should also be included as an attachment to the report. The focus is on showing that the evaluation builds upon other published research (use references), and meets the prevailing standards of scientific and academic rigor, and the results are statistically valid and reliable.

An interim report should provide any available data to date, including both quantitative and qualitative assessments. The Evaluation Design should assure there is appropriate data development and collection in a timely manner to support developing an interim evaluation.

This section provides the evidence that the demonstration evaluation used the best available data and describes why potential alternative data sources were not used; reported on, controlled for, and made appropriate adjustments for the limitations of the data and their effects on results; and discusses the generalizability of results. This section should provide enough transparency to explain what was measured and how. Specifically, this section establishes that the approved Evaluation Design was followed by describing:

1. *Evaluation Design* – Will the evaluation be an assessment of: pre/post, post-only, with or without comparison groups, etc.?
2. *Target and Comparison Populations* – Describe the target and comparison populations; include inclusion and exclusion criteria.
3. *Evaluation Period* – Describe the time periods for which data will be collected
4. *Evaluation Measures* – What measures are used to evaluate the demonstration, and who are the measure stewards?
5. *Data Sources* – Explain where the data will be obtained, and efforts to validate and clean the data.
6. *Analytic methods* – Identify specific statistical testing which will be undertaken for each measure (t-tests, chi-square, odds ratio, ANOVA, regression, etc.).
7. *Other Additions* – The state may provide any other information pertinent to the evaluation of the demonstration.

E. Methodological Limitations - This section provides sufficient information for discerning the strengths and weaknesses of the study design, data sources/collection, and analyses.

F. Results – In this section, the state presents and uses the quantitative and qualitative data to show to whether and to what degree the evaluation questions and hypotheses of the demonstration were achieved. The findings should visually depict the demonstration results (tables, charts, graphs). This section should include information on the statistical tests conducted.

G. Conclusions – In this section, the state will present the conclusions about the evaluation results.

1. In general, did the results show that the demonstration was/was not effective in achieving the goals and objectives established at the beginning of the demonstration?
2. Based on the findings, discuss the outcomes and impacts of the demonstration and identify the opportunities for improvements. Specifically:
 - a. If the state did not fully achieve its intended goals, why not? What could be done in the future that would better enable such an effort to more fully achieve those purposes, aims, objectives, and goals?

H. Interpretations, Policy Implications and Interactions with Other State Initiatives – In this section, the state will discuss the section 1115 demonstration within an overall Medicaid context and long range planning. This should include interrelations of the demonstration with other aspects of the state's Medicaid program, interactions with other Medicaid demonstrations, and other federal awards affecting service delivery, health outcomes and the cost of care under Medicaid. This section provides the state with an opportunity to provide interpretation of the data using evaluative reasoning to make judgments about the demonstration. This section should also include a discussion of the implications of the findings at both the state and national levels.

I. Lessons Learned and Recommendations – This section of the Evaluation Report involves the transfer of knowledge. Specifically, the “opportunities” for future or revised demonstrations to inform Medicaid policymakers, advocates, and stakeholders is just as significant as identifying current successful strategies. Based on the evaluation results:

1. What lessons were learned as a result of the demonstration?
2. What would you recommend to other states which may be interested in implementing a similar approach?

J. Attachment - Evaluation Design: Provide the CMS-approved Evaluation Design

ATTACHMENT C
SUD Implementation Plan and Health Information Technology Plan

Maine Department of Health and Human Services:
Substance Use Disorder Care Initiative 1115 Waiver
Implementation Plan

Contents

<u>Introduction</u>	52
<u>Milestone Implementation Plan</u>	53
<u>Access to Critical Levels of Care for OUD and Other SUDs</u>	53
<u>Use of Evidence-based, SUD-specific Patient Placement Criteria</u>	56
<u>Use of Nationally Recognized SUD-specific Program Standards to Set Provider Qualifications for Residential Treatment Facilities</u>	62
<u>Sufficient Provider Capacity at each Level of Care, including MAT</u>	66
<u>Implementation of Comprehensive Treatment and Prevention Strategies to Address Opioid Misuse and OUD</u>	69
<u>Improved Care Coordination and Transitions between Levels of Care</u>	70
<u>Implementation Administration</u>	73
<u>Attachment A: MaineCare Covered SUD Services</u>	74
<u>Attachment B: Health IT Plan</u>	77
<u>Attachment C: Implementation Administration</u>	84

Introduction

The State of Maine, including the Department of Health and Human Services (“the Department”), have dedicated significant resources to developing a coordinated response to the opioid epidemic and to the needs of Maine people with Substance Use Disorders (SUD) more broadly. This 1115 waiver is one component of this response, and will play a pivotal role in increasing capacity for residential treatment facility services, and serve as a framework for specific goals and milestones that the Department shares with the Centers for Medicare and Medicaid Services (CMS).

It is important to note that there are many additional assessments, planning projects/awards, and funding opportunities in which the State is involved that intersect and align with this Implementation Plan, including:

- The Governor’s Office [Maine Opioid Response Strategic Action Plan](#) which lays out strategies to reduce the negative health and economic impacts of SUD and Opioid Use Disorder (OUD) on individuals, families, and communities in Maine. This plan is overseen by the Maine Director of Opioid Response.
- MaineCare’s [SUPPORT ACT 1003](#) award (“SUPPORT for ME”) to increase the treatment capacity of MaineCare providers to deliver SUD treatment and recovery services.
- MaineCare’s [Maternal Opioid Misuse](#) model (“MaineMOM”) to improve care for pregnant and postpartum women with OUD and their infants by integrating maternal and substance use treatment services.
- Numerous assessments of the SUD treatment and recovery system, through Pew Charitable Trust and the [Urban Institute](#), and many other related efforts within the Department.
- The [Family First Prevention Services Act](#) (FFPSA) provides opportunities for collaboration across state systems to identify primary, secondary, and tertiary prevention services that can support families in being safe, healthy, and successful by reducing risk and safety factors. FFPSA includes federal support for evidenced based mental health, substance use, and in home support services in an effort to prevent out of home placements for children at imminent risk of entering foster care.
- Several federal awards to the Department with activities spanning prevention, use of health information technology, harm reduction, treatment, etc.

These efforts, and others, represent moving parts of the SUD response in Maine. This Implementation Plan is intended to highlight key Department activities that advance the specific objectives of the 1115 waiver and does not comprise an exhaustive list of activities taking place currently, or planned, with the Department’s SUD response; this Plan will need to be updated over time. Additionally, this Plan does not highlight activities with primary responsibility/oversight outside of the Department; further, there is a focus on activities that relate to MaineCare policies and procedures. Lastly, while the Department considers recovery support services to be integral to effective SUD care, discussions of these efforts fall outside the scope of this Implementation Plan. Please refer to the above linked reports and initiatives for information on these efforts.

Milestones to be Addressed in Maine’s 1115 Waiver Implementation Plan

Milestones
Access to critical levels of care for OUD and other SUDs;
Widespread use of evidence-based, SUD-specific patient placement criteria;
Use of nationally recognized, evidence-based, SUD program standards to set residential treatment provider qualifications;
Sufficient provider capacity at each level of care, including MAT;
Implementation of comprehensive treatment and prevention strategies to address opioid misuse and OUD; and
Improved care coordination and transitions between levels of care.

Milestone Implementation Plan

This section contains information detailing Maine’s strategies for meeting CMS’ six stated milestones over the course of the demonstration, including which party/office is lead for the planned actions.

Access to Critical Levels of Care for OUD and Other SUDs

Current State: MaineCare offers broad SUD and OUD service coverage across the continuum of care. Generally, these services align with an American Society of Addiction Medicine (ASAM) level of care. These covered services include, but are not limited to, the following (see Attachment A for a full description of covered services and their page in the Maine Medicaid State Plan):

- Early Intervention Services
- Outpatient Services
- Intensive Outpatient Services;
- Medication Assisted Treatment (MAT)
- Intensive levels of care in residential and inpatient settings; and
- Medically supervised withdrawal management

As it specifically relates to access to care, the Office of Behavioral Health has partnered with Maine Medical Association’s Quality Improvement team to provide training on implementation of rapid induction services in Emergency Departments (EDs), along with supports and trainings for the warm-handoff to community-based treatment. Through their work, 23 of Maine’s 33 EDs now offer rapid induction, with four more expected to implement in spring/summer 2021. Funding for this initiative will end September 2022.

The Department is not proposing to add any additional SUD services at this time; however, the Department has identified utilization management limits for residential care that will be removed to ensure that there is no administrative barrier to clinically appropriate admissions for this level of

care (see Table 1). Table 1 outlines specific activities that will improve access to services across the continuum of care within 12-24 months of demonstration approval.

Table 1. Future State: Plan for Access Improvements

Action Items	Implementation Timeframe /Parties Responsible
Early Intervention	
Incorporate Screening, Brief Intervention, and Referral to Treatment (SBIRT) in MaineCare’s new primary care alternative payment model.	Rule provision to be effective December 2022/MaineCare Value-Based Purchasing
Outpatient Services	
Clarify through MaineCare rulemaking that partial hospitalization services are approved outpatient services for psychiatric and non-psychiatric hospitals. The rulemaking will be proposed by August 2021 and will follow the process for public comment, response to comment with any necessary amendments, and adoption.	Rule to be effective November 2021/MaineCare Policy
Continue to support the goal of all EDs in Maine offering MAT by offering training on implementation of rapid induction, along with supports and trainings for the warm-handoff to community-based treatment through the ongoing work of the Office of Behavioral Health and the Maine Medical Association’s Quality Improvement team.	September 2022/Office of Behavioral Health
Intensive Outpatient Program	
Finalize an independent rate evaluation of SUD Intensive Outpatient Programs. Rate evaluations consist of policy review, literature review, review of similar services reimbursed through Medicaid and private insurers, stakeholder sessions, provider surveys including review of cost reports, drafting rate models, reviewing draft models with stakeholders, public comment, and final revision. Currently, the rate evaluation comment period has closed and the final revision is pending. Following the final rate proposal, the decision to amend rates will be considered as part of MaineCare’s comprehensive rate system evaluation and subject to the availability of funds.	July 2021/MaineCare Rate Setting
Medication Assisted Treatment	

Update the Maine Medicaid State Plan to reflect the required CMS templates in accordance with the provisions of the Substance Use-Disorder Prevention that Promotes Opioid Recovery and Treatment for Patients and Communities Act (SUPPORT Act) relating to mandatory coverage of MAT for OUD.	Submitted 3/31/21, anticipated effective 10/1/2020/ MaineCare Policy
Residential and Inpatient Treatment (including medically supervised withdrawal management)	
Finalize an independent rate evaluation of SUD residential treatment facilities. Rate evaluations consist of policy review, literature review, review of similar services reimbursed through Medicaid and private insurers, stakeholder sessions, provider surveys including review of cost reports, drafting rate models, reviewing draft models with stakeholders, public comment, and final revision. Currently, the rate evaluation comment period has closed and the final revision is pending. Following the final rate proposal, the decision to amend rates will be considered as part of MaineCare’s comprehensive rate system evaluation and subject to the availability of funds.	July 2021/MaineCare SUPPORT for ME and Rate Setting
Propose rulemaking to remove single admission limitation from Clinically Managed Low Intensity Services and Clinically Managed Population-Specific High Intensity Residential Programs as well as increasing the number of allowable days per admission in Clinically Managed Residential Services from 30 to 45 days in Residential Rehabilitation Type I and from 45 to 60 days in Residential Rehabilitation Type II.	Rule to be effective by October 2021/MaineCare Policy

Use of Evidence-based, SUD-specific Patient Placement Criteria

Current State: MaineCare already requires that providers assess treatment needs based on ASAM Criteria for nearly all SUD services; these requirements are stated in the [MaineCare Benefits Manual](#) which is the State regulation for the MaineCare program (Title 22 M.R.S, Chapter 855), for nearly all SUD services. The exception to this is that the Opioid Health Home (OHH) policy does not currently require ASAM placement tools, though it is common practice among providers of the OHH service. The OHH policy does require the documentation of an OUD as part of the eligibility process.

For residential SUD treatment services, the current MaineCare regulations references version 2 of ASAM; however, MaineCare is updating this reference to read “the most current edition” of ASAM through a rulemaking (to be effective October 2021 – see Table 3); this is the only instance where MaineCare rule references an outdated version. No other ASAM related changes are needed across other SUD services in the MaineCare Benefits Manual.

Currently, there is limited utilization management by an Administrative Services Organization (ASO) to assess patient placement for SUD services and to ensure interventions are appropriate for the diagnosis and level of care; this occurs only as described in Table 2 below. Currently, there is no systematized, routine/ongoing, utilization management approach to ensuring members have timely access to SUD services at the appropriate levels of care outside of the Office of Behavioral Health's Substance Abuse Prevention and Treatment block grant requirements.

(Legend: Prior Authorization Review: Requires clinical review; **Initial Registration:** Clinical review for appropriate diagnosis(es) and duplication and non-concurrent services; **Continued Stay Review:** Requires clinical review for continuation of care; and/or **Discharge Review:** Required for all services on last date of service)

Table 2: Current Utilization Management of SUD services

Service	Type of Utilization Management	Frequency/Description of Review
Targeted Case Management	Initial Registration, Continued Stay Review, Discharge Review	Initial authorization of 30 days with a maximum continued stay of 90 days
Outpatient Services (Comprehensive Assessment, Therapy and Counseling Services)	Initial Registration, Continued Stay Review, Discharge Review	Initial authorization of 365 days with a maximum continued stay of 180 days
Medication Management Services	Initial Registration, Continued Stay Review, Discharge Review	Initial authorization of 180 days with a maximum continued stay of 180 days
Medication Assisted Treatment (Methadone/Opioid Treatment Programs)	Initial Registration, Continued Stay Review, Discharge Review	Initial authorization of 180 days with a maximum continued stay of 180 days
Opioid Health Homes	Initial Registration, Continued Stay Review, Discharge Review	Initial authorization of 180 days with a maximum continued stay of 180 days

Intensive Outpatient Services	Prior Authorization, Continued Stay Review, Discharge Review	Initial authorization of 30 days with a maximum continued stay of 7 days
Clinically Managed Low Intensity Residential Services	N/A	Limited to a single admission of 180 covered days on an annual basis, unless a member has a documented need to exceed that limit. Any stay in excess of 180 days requires documented need in the member's service plan. <u>*See Table 1, Future State</u>
Clinically Managed Residential Services: 1. Residential Rehabilitation I 2. Residential Rehabilitation II 3. Adolescent Residential Rehabilitation	N/A	1. Limited to 30 days for any single admission, with a limit of 2 admissions and 30 covered days on an annual basis. Any continuous stay in excess of 28 days requires documented need in the member's treatment plan <u>*See Table 1, Future State</u> 2. The term of residency shall not exceed 45 days <u>*See Table 1, Future State</u> 3. Designed to last at least 3 months and limited to 12 months per single admission.

Clinically Managed Population-Specific High Intensity Residential Programs	N/A	Limited to a single admission of 270 covered days on an annual basis unless a member has a documented need to exceed that limit. Any stay in excess of 270 days requires documented need in the member's treatment plan.* <u>See Table 1, Future State</u>
Medically Monitored Inpatient Programs	N/A	Limited to 7 days for each admission episode, with no limit on the number of admissions or covered days on an annual basis.
Inpatient	Prior Authorization, Initial Registration, Continued Stay Review, Discharge Review (Varies based on the hospital and services provided)	All hospital admissions and continued stays must be certified for medical necessity and length of stay through an appropriate utilization review plan.
Psychiatric Residential Treatment Facility Services	Prior Authorization, Continued Stay Review, and Discharge Review for limited services	Must meet Clinical Certificate of Need criteria

The Department will implement the following activities and utilization management approaches to ensure that members have access to SUD services at the appropriate level of care, interventions are appropriate for the diagnosis and level of care, and that there is an independent process for reviewing placement in residential settings. This milestone will be met within 12-24 months of demonstration approval.

Table 3. Future State: Plan for Improvements in Evidence-Based Patient Placement Criteria

Action Items	Timeframe/Parties Responsible
Establishment of a Utilization Management Approach for Appropriate Access and Level of Care, Including an Independent Process for Reviewing Placement in Residential Treatment	
<p>Require residential SUD providers to submit admissions to the Department’s behavioral health utilization management ASO including the ASAM assessment used for placement purposes. The ASO will use the ASAM assessments to do post utilization review for appropriate level of care, starting with a sampling of admissions. Providers will have a window of time, upon admission, to submit the data to the ASO to avoid potential interruption with timely access to services.</p> <p>The Department and the ASO will meet in July 2021 to establish this process (including any ASO contract amendments needed, provider trainings, provider communications, etc.). By December 2021, the Departments contract with the ASO will be updated, if needed, to encompass this effort. The timeframe for full implementation of this process is March 2022.</p>	March 2022/ASO/MaineCare Policy/Office of Behavioral Health
<p>Evaluate options with our ASO to enhance clinical review of placements across the continuum of care and based on the ASAM assessment tools and the incorporation of waitlist/timely access tracking functionality (as currently used for some mental health services).</p> <p>The Department and the ASO will meet in June 2021 to begin these conversations. By September 2021, the Department and ASO will finalize a proposal for incorporation of timely access tracking for SUD services and appropriateness of care assessment. This will include a review of other Medicaid programs’ best practices. By December 2021, the Departments contract with the ASO will be updated, if needed, to encompass this effort. Beginning December 2021, the Department will hold provider trainings to initiate a soft-roll out of this</p>	March 2022/ASO/MaineCare Policy/Office of Behavioral Health

new functionality and review process. This process will be piloted until March 2022, when it will become required for all impacted SUD services.	
Use of Evidence-based SUD-specific Patient Placement Criteria	
Amend MaineCare regulations for residential SUD treatment providers to reference the most recent ASAM version.	Rule to be effective October 2021/MaineCare policy
Evaluate the structure of MaineCare policy to identify and recommend changes to more clearly outline program descriptions and provider qualifications and their relationship to ASAM criteria. Amend MaineCare policy, offer provider training, and/or offer sub-regulatory guidance, as needed.	Work to commence October 2021 to target rule effective date of December 2022 or guidance/training date of July 2022.
Amend the OHH policy, through rulemaking, to require the use of ASAM criteria to assess patient placement and as treatment guidelines.	Rule to be effective December 2021/MaineCare Policy/MaineCare Value-Based Purchasing
Establish an incentive within MaineCare's new value-based primary care model for primary care providers to offer MAT services in alignment with ASAM guidelines for appropriate level of care, have a cooperative referral process with specialty behavioral health providers including a mechanism for co-management for the provision of MAT as needed, or be co-located with a MAT provider.	Rule to be effective December 2021/MaineCare Policy/MaineCare Value-Based Purchasing
Assess training needs in the community that would facilitate improvements in the utilization of ASAM assessment tools for placement purposes. Subsequently, the Department will provide training support, namely, through the launch of the SUPPORT for ME Learning Community which is a statewide learning network for provider training around behavioral health issues, set to launch by January 2022.	January 2022/Office of Behavioral Health
Provide users (health care providers, consumers, case managers, families, etc.) of the service locator tool, an online placement assessment tool (based on ASAM criteria) to inform service	May 2021 (Service Locator Contract finalized)/ September 2021 (Service Locator

<p>outreach. While this is not a clinical assessment, it furthers the impact of this waiver milestone.</p> <p>Utilize information from the service locator tool to assess access to SUD services at the appropriate level of care.</p>	<p>Implemented)/MaineCare Support for ME</p>
--	--

Use of Nationally Recognized SUD-specific Program Standards to Set Provider Qualifications for Residential Treatment Facilities

Current State: The [MaineCare Benefits Manual](#), which outlines the State’s regulation for the Medicaid program, utilizes ASAM criteria as a basis for the provider qualifications of residential services and ASAM assessments are required for placement in residential treatment programs; additionally, [state residential licensing regulations](#) also already includes ASAM-aligned SUD-specific program standards regarding the types of services, hours of clinical care and credentials of staff. Currently, responsibility for review and quality assurance of residential treatment facilities is divided across the different Department offices, as described in Table 4. While, the regulatory oversight of residential treatment programs already includes chart reviews, technical assistance, and site visits, the Department is exploring ways to strengthen programmatic oversight of these processes, including whether there are areas of improvement around the assessment of ASAM standards (e.g. types of services, hours of clinical care, and credentials of staff). One area identified is that if a residential treatment provider is MaineCare enrolled, but does not hold a contract with the Office of Behavioral Health for block grant funding, there is currently a gap in programmatic quality assurance activities (e.g. site visits) (please note that regulatory standards of residential treatment providers is already in place, as described above). Additionally, the Office of Child and Family Services is seeking greater involvement in oversight of all behavioral health services for individuals under 21 years of age as part of their specialized Children’s Behavioral Health team.

Table 4: Current Process for Assurance of Residential Treatment Facility Program Standards

Office of MaineCare Services	Division of Licensing and Certification	Office of Behavioral Health	Office of Child and Family Services
------------------------------	---	-----------------------------	-------------------------------------

<p>MaineCare regulations (see MaineCare Benefits Manual, Chapters II and III, Section 97, Private Non-Medical Institution Services) outline ASAM-aligned program expectations and conducts reviews, when necessary, as part of Medicaid program integrity efforts.</p>	<p>As outlined in the SUD facility licensing regulations, the Division of Licensing and Certification assesses programs for the following items:</p> <ul style="list-style-type: none"> • Program descriptions for residential services; • Clinical assessments; • Admission and discharge dates to ensure compliance with program length limits; • Progress notes and treatment plans indicating number of counseling hours and types of treatment/support provided, including group and individual counseling, living skills/vocation training; • Discharge summaries and treatment follow up plans; • Credentials of employees providing services and supervision to ensure compliance with regulatory requirements for clinical licensure.⁶ 	<p>As outlined in manuals and contracts with residential treatment providers,⁷ the Office of Behavioral Health conducts annual site visits with residential treatment facilities which hold contract under the Substance Abuse Prevention and Treatment block grants. As part of these site visits, client charts are reviewed, as well as other program documents, to ensure compliance with block grant requirements, which include utilizing ASAM placement criteria to determine eligibility.</p>	<p>Currently not involved in quality assurance or licensing.</p>
--	--	--	--

⁶ 14-118 CMR Chapter 5, Regulations for Licensing and Certifying of Substance Abuse Treatment Programs:

⁷ These contracts/manuals are not available online.

Maine also seeks to improve access to medications for OUD for individuals in residential treatment programs. Currently, MaineCare and licensing regulations require that residential treatment providers facilitate access to any specialized service beyond their capabilities; however, through recent outreach, the Department understands that there are some potential policy and reimbursement challenges to facilitating access to medications for OUD. While facilitation of MAT services for patients residing in residential treatment is already in MaineCare regulation, this language is stronger within the Department’s state-funded contracts. Additionally, the language in the MaineCare Benefits Manual could be improved to align with ASAM on the use of MAT and to reduce stigmatizing language; for example, discussion of a “substance free lifestyle.” In alignment with MaineCare’s value-based purchasing efforts, there is interest in exploring a gradual transition to rewarding the direct provision of MAT in these settings through a combination of financial incentives (e.g. assessment of continuous pharmacotherapy, higher payments for facilities that offer MAT onsite) and regulatory changes. Lastly, recent reports suggest additional training/education may support evidence-based integration of medications for OUD into residential settings.

The Department plans to implement the following activities to strengthen program standards and provider qualifications for residential treatment facilities, including establishing a requirement that residential treatment providers offer MAT on-site or facilitate access to MAT off-site within 12 to 24 months of demonstration approval.

Table 5. Future State: Plan for Residential Treatment Provider Program Standards and Qualifications

Action Items	Timeframe/Parties Responsible
Establishment of a Residential Provider Review Process	
<p>Improve the integrated oversight processes for residential treatment providers to assure compliance with ASAM standards across the Division of Licensing and Certification, the Office of MaineCare Services, the Office of Behavioral Health, and the Office of Child and Family Services.</p> <p>All relevant parties will participate in a cross-Department meeting series to establish clear rules and responsibilities for an improved integrated oversight process in July 2021. This will include documentation of types of oversight activities, scope of reviews/areas of focus, frequency, follow-up actions, and communication protocols between parties.</p>	July 2021/DHHS wide

Beginning July 2021, the Office of Behavioral Health will take responsibility for the programmatic oversight for all adult residential treatment facilities enrolled in MaineCare, regardless of whether they hold a contract specifically with their office, effective July 2021. This will ensure site visits occur at all facilities.	July 2021/Office of Behavioral Health
Amend MaineCare Policy to support the Office of Child and Family Services quality assurance activities by requiring provider participation in the quality assurance activities.	Rule to be effective October 2021/MaineCare Policy
Beginning October 2021, the Office of Child and Family Services will take responsibility for the quality oversight of the limited number of adolescent treatment facilities by reviewing and providing feedback and technical assistance to providers related to reportable events, trauma-informed care agency assessments, clinical records, and fidelity monitoring.	October 2021/Office of Child and Family Services
Establishment of a Requirement that Residential Treatment Providers Offer MAT On-site or Facilitate Access to MAT Off-site	
Amend the MaineCare regulations to replace general language that is misaligned with ASAM regarding the use of MAT and include language to specifically require the facilitation of MAT off-site if that is not a service offered within the facility.	October 2021/MaineCare Policy
Assess current policies and practices, including duplication concerns, reimbursement, administrative issues and the current counseling waivers, aimed at reducing barriers and improving integration of MAT in existing residential programs. The assessment will occur through provider surveys, stakeholder groups, and internal review/decision-making.	December 2021/MaineCare Policy
Establishment of Residential Treatment Provider Qualifications in Medicaid policy that align with ASAM standards.	
Evaluate the structure of MaineCare policy to identify and recommend changes to more clearly outline program descriptions and provider qualifications and their relationship to ASAM criteria. Amend MaineCare policy, offer provider training, and/or offer sub-regulatory guidance, as needed.	Work to commence October 2021 to target rule effective date of

	December 2022 or guidance/training date of July 2022.
Amend MaineCare regulations for residential SUD treatment providers to reference the most recent ASAM version.	Rule to be effective October 2021/MaineCare policy

Sufficient Provider Capacity at each Level of Care, including MAT

Current State: The Department participated in various internal and external inquiries regarding capacity of Medicaid-covered providers to meet the SUD-related needs of MaineCare members both as a whole and with a focus on the recent MaineCare expansion population. This ranged from external reviews of the full service delivery system informed by key informant interviews and review of publicly available data, efforts to map service capacity using administrative data on licensed and unlicensed SUD treatment providers, to internal assessments for various federal grant applications that involved compiling both high-level and detailed data for the SUD system and priority subpopulations in Maine. As a result of one of the funding applications, OMS was awarded over \$2M through the Section 1003 Demonstration Project to Increase Substance Use Provider Capacity through a federal cooperative agreement with CMS after a thorough assessment of MaineCare members' SUD-related needs and the capacity of our treatment and recovery system (SUPPORT for ME). The results of the SUPPORT for ME assessment, concluding in September 2021, will provide the basis of additional actions that may be unidentified at this time. SUPPORT for ME's capacity assessment includes key informant interviews with providers, community listening sessions for individuals accessing treatment and recovery services, and quantitative analysis.

Table 6 outlines specific activities that will improve provider capacity across the continuum of care within 12 months of demonstration approval.

Table 6: Future State: Plan for Provider Capacity Improvements

Action Items	Implementation Timeframe /Parties Responsible
Impacting all levels of care	

Produce assessments of SUD service provider capacity relative to need across the service continuum and including recovery supports. This will include a discussion of barriers to provider capacity, including willingness to offer these services, and how to fill gaps in MaineCare coverage (e.g. eligibility gaps, workforce constraints).	Ongoing through September 2021/ MaineCare SUPPORT for ME
Conduct an evaluation of MaineCare rates and rate setting system and develop and implement a plan for the creation of a comprehensive, streamlined, and coherent system that will support MaineCare members' access to high value-services.	Ongoing through November 2021/MaineCare Rate Setting
<p>Deploy a service locator tool which will assist the public, including health care providers and consumers, to search for local behavioral health providers with capacity to provide SUD/ODU care.</p> <p>This tool will go beyond the existing MaineCare provider directly by offering a straightforward way to identify treatment providers and treatment options, including provider capacity/appointment availability.</p> <p>This tool will produce ongoing assessment of the number of SUD service providers accepting new patients.</p>	May 2021 (Service Locator Contract encumbered)/ September 2021 (Service Locator Implemented)/MaineCare Support for ME
Fund SUD specific telehealth support through the North East Telehealth Resource Center to expand effective utilization of telehealth services.	Ongoing through September 2021/ MaineCare SUPPORT for ME
Establish an incentive within MaineCare's new value-based primary care model for primary care providers to offer MAT services in alignment with ASAM guidelines for appropriate level of care, have a cooperative referral process with specialty behavioral health providers including a mechanism for co-management for the provision of MAT as needed, or be co-located with a MAT provider.	Rule to be effective December 2021/MaineCare Policy/MaineCare Value-Based Purchasing
Residential Treatment (including medically supervised withdrawal management)	

Implement Maine's approved 1115 IMD Exclusion Waiver for SUD services and work with current and prospective residential treatment providers to understand their options for serving MaineCare members in facilities that have more than 16 beds.	January 2021-December 2025/MaineCare Policy
MAT	
Amend the OHH rule to improve access to treatment, reduce administrative barriers to providing MAT, promote evidence-based treatment standards, and reinforce integration with primary care. This includes more flexibility and clarity around counseling expectations and the inclusion of methadone as a form of MAT under this model (all forms of buprenorphine, buprenorphine derivatives, and naltrexone are already used in the model).	Rule to be effective December 2021 /MaineCare Value-Based Purchasing
MaineCare is also assessing feasibility and appropriateness of expanding the OHH model to allow additional SUD chronic condition eligibility, such as stimulant use disorder. Stimulant use is reportedly on the rise in Maine both in cases of polysubstance use and independently.	Ongoing/MaineCare Value-Based Purchasing
Review all MAT policies for policy and utilization management restrictions that may impact access to evidence-based and low-barrier care.	Ongoing through September 2021/MaineCare Policy and Pharmacy
Explore mobile MAT options in order to reach vulnerable populations statewide.	Ongoing through December 2022/ Office of Behavioral Health
Gather data on barriers and gaps to accessing SUD treatment for youth	Ongoing through September 2021/MaineCare SUPPORT for ME
Conduct online survey for youth and young adults (ages 12-21) who have been impacted by SUD to better understand their perspective on SUD capacity and treatment and recovery needs in Maine.	

Implementation of Comprehensive Treatment and Prevention Strategies to Address Opioid Misuse and OUD

Current State: Over the past five years, the Department has focused heavily on the implementation of revised opioid prescribing guidelines as well as implementation of strategies to increase utilization and improve functionality of Maine’s Prescription Drug Monitoring Program (PDMP). This work included the implementation of legislation (P.L. 488, 127th Legislature) titled “An Act to Prevent Opiate Abuse by Strengthening the Controlled Substances Prescription Monitoring Program,” numerous benefit changes within the MaineCare program to promote alternative treatments to pain management, and sustained academic detailing to support safe prescribing. There is also a PDMP Advisory Committee, consisting of external stakeholders (e.g. providers, pharmacists, health care organizations) and state personnel, which meets bimonthly, to increase utilization and improve functionality of the PDMP.

As of the beginning of Governor Mills’ Administration, there has also been a focus on expanded coverage of and access to naloxone for overdose reversal. MaineCare coverage for naloxone is already in place with low-barrier access and additional efforts are underway to incentivize and/or require co-prescribing of naloxone with MAT. There are also many initiatives through the Office of Behavioral Health to deploy various distribution networks, including exploring ways to fund more direct distribution and leave-behind doses of naloxone.

Table 7. Future State: Plan for Additional Comprehensive Treatment and Prevention Strategies to Address OUD

Action Items	Timeframe/Parties Responsible
Expand Coverage of and Access to Naloxone	
Consider implementing a standing order for naloxone.	September 2021/ MaineCare Pharmacy
Implementation of Strategies to Increase Utilization and Improve Functionality of the PDMP	
Improve functional and data analytic capacity of the PDMP (see Attachment B)	Ongoing through November 2021/Office of Behavioral Health
Other Strategies to Prevent Prescription Drug Misuse and Overdose Risk	

Assess concurrent use of opioids and benzodiazapines in MaineCare's Medicaid Accountable Care Organizations, as part of this program's performance-based payments. This data will be evaluated collaboratively with these entities and with the 1115 monitoring reports to identify areas of intervention for improvement.	December 2021 and Ongoing/MaineCare Value-Based Purchasing
Implementation of Opioid Prescribing Guidelines	
N/A already in place.	

Improved Care Coordination and Transitions between Levels of Care

Current State: MaineCare regulations (MaineCare Benefits Manual, Section 97) require residential treatment providers to deliver scheduled therapeutic and rehabilitative treatment consisting of transitional services that are designed to facilitate a member's return to the community. Additionally, programs are required to have written policies and procedures to facilitate client referrals and coordination of services internally and externally. Residential treatment providers are also required by MaineCare to have written policies and procedures regarding discharge and treatment follow-up.

In addition to the residential treatment provider requirements around care coordination and transitions of care, MaineCare covers a limited set of populations with SUD through Targeted Case Management (TCM, MaineCare Benefits Manual, Section 13), offers an OHH program to serve individuals with OUD (MaineCare Benefits Manual, Section 93), and allows SUD as a qualifying condition in their primary care Health Home model (MaineCare Benefits Manual, Section 91). The MaineCare provider requirements for these (and other non-SUD specific) care coordination and/or case management services include specific expectations around transitions of care. The Health Home programs includes a service called Comprehensive Transitional Care which includes assisting members and family/guardian/caregivers, as appropriate, with the discharge process. For the OHH model, this specifically includes requirements of outreach to assist the member in returning to treatment for OUD, connecting or re-connecting members to other providers or community-based services post-discharge, and working to prevent avoidable readmissions. While care transition support is considered a basic element of all case management services, including TCM, OHH, Behavioral Health Homes (BHH), primary care Health Homes, and Community Integration services for members with serious mental illness, there is a need to assess and improve the experience and effectiveness of these services for members with SUD. Part of this work includes creating clear expectations and accountability for discharging as well as receiving providers. Establishment and implementation of policies to ensure residential and inpatient facilities link beneficiaries with community-based services and supports following stays in these facilities will be

aggressively addressed through this 1115 waiver. This milestone will be achieved within 24 months of demonstration approval and will be tracked through the 1115 monitoring measures consistently and on an ongoing basis.

Of note, the Department has additional initiatives to improve care transitions out of state prisons and local jails, including processes to ensure active/full MaineCare upon release for eligible MaineCare members, and state-funded MAT and care coordination transition services to facilitate transitions to MaineCare-covered community services.

The Department has also partnered with community providers to implement and continuously improve the BHH and OHH programs (from 2014 and 2017, respectively) to improve coordination of mental and physical health. These efforts are critical to ensure that providers involved in care transitions account for all of an individual's health and social needs during transitions, including establishing or re-establishing primary and specialty physical health services. Health Home providers participate in regular peer learning and technical assistance convenings with the Department to continuously improve these efforts.

The BHH program, which serves adults with serious mental illness and children with serious emotional disturbance (and many individuals having co-occurring SUD), has core competencies surrounding integration of physical and behavioral health and requires formal agreements between BHH organizations and primary care practices in their service area. This program has a pay-for-performance measure focused on the intersection of physical and behavioral health, specifically assessing metabolic screening for individuals on antipsychotic medications.

Building upon the BHH program and the integrated team-based approach to care, the Department introduced OHHs in 2017 to improve the quality and availability of integrated MAT services statewide. This program currently serves over 2,600 MaineCare members with OUD monthly, with utilization increasing monthly due to increasing provider capacity and increased Medicaid eligibility. This program also focuses on whole-person care and requires the MAT provider to connect members to primary care and establish releases of information with the members' primary care provider, with member consent.

Lastly, the SUPPORT for ME team recently conducted a care integration assessment adapted from the Maine Health Access Foundation (MeHAF) Site Self-Assessment tool across various provider types serving MaineCare members with SUD. The purpose of the assessment is to collect information from organizations to help MaineCare better understand the level of care within their organization and across several dimensions of care. A full analysis of these results will be reported in Spring 2021. In Table 8, we highlight that this program's focus on integration with physical health will be strengthened by a pay-for-performance provision within the next 12 months that is aligned with this 1115 performance measure of ensuring individuals with SUD access physical health care.

Table 8. Future State: Plan for Improved Care Coordination and Transitions between Levels of Care

Action Items	Timeframe/Parties Responsible
Implementation of Policies to Ensure Residential and Inpatient Facilities Link Beneficiaries with Community-Based Services	
Assess transitions of care (through provider surveys, stakeholder groups, and internal review/decision-making), including a specific focus on plans and procedures of residential treatment facilities (including medically supervised withdrawal facilities) to support effective/safe discharges (through incorporation of this in site visits and quality assurance activities).	December 2021/Office of Behavioral Health/Office of Child and Family Services
<p>Develop mechanism for performance monitoring for residential treatment facilities, behavioral health inpatient facilities, and community providers to assess follow-up after a residential stay (e.g. seven days or less). The first step is to develop internal or contracted vendor support to routinely assess performance on designated follow-up care quality measures. MaineCare or it's vendor, will review data and work with internal and external stakeholders to share provider-level performance on this metric.</p> <p>MaineCare will consider opportunities to incorporate financial incentives/penalties related to this effort and other key metrics.</p>	January 2022/MaineCare Value-Based Purchasing
Evaluate whether current duplication or other policies restrict provider's ability to engage in effective care transitions. The state will conduct an assessment through provider surveys, stakeholder groups, and internal review/decision-making.	Ongoing through April 2022/ MaineCare Policy
Amend MaineCare residential treatment facilities regulations to be more specific around requirements that these providers must coordinate with the member's treatment team, including but not limited to the member's case management, behavioral health home, or opioid health home providers to coordinate care and facilitate access to any identified services and supports, considering their physical and mental health needs.	Rule to be effective October 2021/MaineCare Policy

Additional Policies to Ensure Coordination of Care for Co-Occurring Physical and Mental Health Conditions	
Share targeted results of the Maine Health Access Foundation (MeHAF) Site Self-Assessment/care integration assessment with providers to seek feedback on opportunities for future technical assistance offerings or other supports needed to improve integration of SUD with other mental and physical health services.	July 2021/MaineCare SUPPORT for ME
Incorporate a pay-for-performance provision into the OHH model that includes a measure on annual primary care or ambulatory visits.	Rule to be effective December 2021/MaineCare Policy/ MaineCare Value-Based Purchasing
Convene residential treatment and BHH/OHH providers in a working group around transitions and integration of physical and behavioral health.	November 2021/MaineCare Value-Based Purchasing
Assess TCM and OHH eligibility for opportunity to include additional SUD conditions aimed at developing a more robust care management/care coordination system for individuals with SUD.	Ongoing through March 2022/ MaineCare Policy
Amend MaineCare Policy clearly state providers must coordinate with the member's treatment team, including but not limited to the member's case management, behavioral health home, or opioid health home providers to coordinate care and facilitate access to any identified services and supports, considering their physical and mental health needs.	Rule to be effective October 2021/MaineCare policy

Implementation Administration

Name and Title: Dean Bugaj, Children's and Behavioral Health Manager, Office of MaineCare Services

Telephone Number: (207) 624-4045

Email Address: Dean.Bugaj@maine.gov

Attachment A: MaineCare Covered SUD Services

Service	Brief Description	SPA Page
Community-based Services		
Early Intervention Services	Services include screening and health risk assessment, Screening, Brief Intervention and Referral to Treatment (SBIRT), and evidence-based parenting interventions.	Attachment 3.1-A Page 2; item 5a
Targeted Case Management	Services consist of assessment, planning, referral and related activities, and monitoring and follow-up activities for individuals with a diagnosed SUD who are currently seeking treatment and are either pregnant, living with minor children, or an intravenous drug user.	Supplement 1 to Attachment 3.1-A Page 6a-6f
Outpatient Services (Comprehensive Assessment, Therapy and Counseling Services)	Services include comprehensive assessment, individual and group therapy for children and adults with mental health and co-occurring disorders.	Attachment 3.1-A Page 5; item 13a-Diagnostic Services: Attachment 3.1-A Page 5(a) and Attachment 3.1-A Page 6, item 13d-Rehabilitative Services: Attachment 3.1-A Page 5(a)(xii)
Medication Management Services	Services directly related to the psychiatric evaluation, prescription, administration, education and/or monitoring of medications intended for the treatment of mental health disorders, SUD, and/or co-occurring disorders.	Attachment 3.1-A Page 6, item 13d-Rehabilitative Services: Attachment 3.1-A Page 5(a)(xxi)
Medication Assisted Treatment	Treatment for SUD that includes the use of methadone delivered in accordance with the Substance Abuse and Mental Health Services Administration (SAMHSA)	SPA # 21-0003 - Attachment 3.1-A Page 6, item 13d- Rehabilitative

	regulations. Services include assessment, planning, counseling, drug use disorder testing, and medication administration. Also includes MAT services that are delivered in an office-based setting, (e.g. OBOT or a certified Opioid Treatment Program (OTP)).	Services: Attachment 3.1-A Page 5(a)(x)
Opioid Health Homes	Integrated MAT services, including office visits with a MAT prescriber, prescription medication for OUD, OUD counseling, comprehensive care management/care coordination/health promotion, urine drug screening, and peer recovery support services provided through a bundled rate.	Section 3.1-H
Intensive Outpatient Services	Intensive and structured service of alcohol and drug assessment, diagnosis, and treatment services in a non-residential setting for members who meet ASAM criteria level II.1 or II.5. Services include co-occurring mental health and SUD. Available to adults and children.	Attachment 3.1-A Page 6, item 13d-Rehabilitative Services: Attachment 3.1-A Page 5(a)(xiv)
Residential		
Clinically Managed Low Intensity Residential Services	Services delivered according to ASAM level 3.1, including scheduled therapeutic and rehabilitative treatment designed to enable the member to sustain a substance free lifestyle in an unsupervised community situation. Available to adults.	Attachment 3.1-A Page 6, item 13d-Rehabilitative Services: Attachment 3.1-A Page 5(a)(xix)
Clinically Managed Population-Specific High Intensity Residential Programs	Services delivered according to ASAM level 3.3, Category II, including scheduled therapeutic plan consisting of treatment services designed to enable the member to sustain a substance free life style within a supportive environment. The treatment mode may vary with the member's needs and	Attachment 3.1-A Page 6, item 13d-Rehabilitative Services: Attachment 3.1-A Page 5(a)(xviii)

	may be in the form of individual, group or family counseling. Available to adults.	
Clinically Managed Residential Services	Services delivered according to ASAM level 3.5, including therapeutic treatment and planning consisting of assessment, diagnostic, and counseling services. Available to adults and children.	Attachment 3.1-A Page 6, item 13d-Rehabilitative Services: Attachment 3.1-A Page 5(a)(xvi)
Medically Monitored Inpatient Programs	Services delivered according to ASAM level 3.7, including a planned structured regimen of 24-hour professionally directed evaluation, observation, medical monitoring, and addiction treatment in an inpatient setting. Services provide immediate diagnosis and care to members having acute physical problems related to substance use disorder. Available to adults and children.	Attachment 3.1-A Page 6, item 13d-Rehabilitative Services: Attachment 3.1-A Page 5(a)(xvii)
Inpatient		
Psychiatric Residential Treatment Facility (PRTF) Services	Comprehensive mental health treatment and/or SUD treatment to children and adolescents who, due to mental illness, SUD, or Serious Emotional Disturbance (SED), meet level of care requirements for a PRTF.	Attachment 3.1-A Page 7, item 16

Attachment B: Health IT Plan

As a component of Milestone 5,⁸ Implementation of Strategies to Increase Utilization and Improve Functionality of Prescription Drug Monitoring Programs (PDMP), please find Maine’s SUD Health IT Plan. In summary, Maine has a robust PDMP, administered by Appriss, that has been supported through legislative and programmatic effort; however, this plan will focus on three main areas of improvement that are based on user feedback and best practice review:

- Complete work to integrate Maine’s PDMP and Health Information Exchange (HIE) systems
- Provider, pharmacy and health system engagement and education around PDMP-based SUD assessment and decision support, PDMP compliance, and workflow optimization
- Implementation of enhanced PDMP data analytics capabilities

Table 1. State Health IT / PDMP Assessment & Plan

Milestone Criteria	Current State	Future State	Summary of Actions Needed
Prescription Drug Monitoring Program (PDMP) Functionalities			
Enhanced interstate data sharing in order to better track patient-specific prescription data	Maine’s PDMP is currently connected with 34 state PDMPs and the Military Health System, and connections with an additional 15 states are currently pending. We are integrating with another interstate data sharing tool, RxCheck that will allow us to connect with those PDMP’s that are not currently able to connect	<ul style="list-style-type: none"> • Finalize connections between Maine’s PDMP system and the 15 states currently pending • Explore establishing PDMP connections with US Territories and the Canadian province of New Brunswick 	<ul style="list-style-type: none"> • The Office of Behavioral Health (OBH) administers the PDMP system in Maine. OBH’s PDMP Coordinator will check in with the 15 pending states on a monthly basis to assess technological readiness for intrastate data sharing and establish these connections as the

⁸ Milestone 5. Implementation of comprehensive treatment and prevention strategies to address Opioid Abuse and OUD, that is:

- Enhance the state’s health IT functionality to support its PDMP; and
- Enhance and/or support clinicians in their usage of the state’s PDMP.

	through the NAPD PMPi Interconnect.		<p>technological progress allows.</p> <ul style="list-style-type: none"> • OBH is managing a re-engagement with the Appriss AWAxE PDMP system, which includes RxCheck for intrastate data sharing. RxCheck will be implemented upon “Go Live” with Appriss (planned date 4/4/21). • OBH’s PDMP Coordinator will communicate on a monthly basis with US Territories and New Brunswick, Canada to assess progress towards procuring and implementing PDMP systems; OBH will pursue connections as technological dependencies are clarified.
Enhanced “ease of use” for prescribers and other state and federal stakeholders	Prescribers (clinicians) and dispensers (pharmacies) are currently able to access Maine’s PDMP directly as a stand-alone application or via established interoperability with over 150 different electronic health record (EHR) and pharmacy management systems. Prescribers can allow their delegates (clinical staff with special permissions set through the PDMP and connected to a specific	<ul style="list-style-type: none"> • Inclusion of scheduled I through V substances to provide authorized users with a broad set of information and tools required to support clinical decision-making at the time of prescribing or dispensing • Enhanced data integration, analytic, and reporting capabilities encompassing diverse SUD-related data sets to enable outcome measurement and actionable insights for treatment purposes. 	The future state requires legislative changes and the request for these rule changes will be heard in the current legislative session running through July 2021.

	prescriber's DEA) to run Batch Patient Reports.		
Enhanced connectivity between the state's PDMP and any statewide, regional or local health information exchange	<p>The State of Maine has a robust HIE infrastructure developed and operated by HealthInfoNet. HealthInfoNet was launched in 2006 and has since carried out a range of projects and functions in collaboration with and under contract to Maine DHHS.</p> <p>HealthInfoNet connects providers to other providers through a secure online network to share patients' electronic health record data, allowing doctors, hospitals, and other providers to share important health information required to improve the quality and safety of patient care in the state. HealthInfoNet is an independent, nonprofit 501(c)(3) organization, warehousing electronic health record data for almost all (98%) of Maine residents. HealthInfoNet is connected to the majority of healthcare facilities in the state, including all hospitals, over 750 ambulatory care sites, multiple reference laboratories, pathology laboratories, Federally Qualified Health Centers (FQHCs), long-term care and home health facilities, behavioral health providers, independent</p>	By using the statewide PDMP, integrated with the statewide HIE and providers' EHR systems, prescribers will be able to view a patient's comprehensive prescription drug history (scheduled I-V substances) in context of their overall medical record to mitigate drug-to-drug interactions, ensure the co-prescription of Naloxone, and/or refer the patient to another authorized prescriber for education and/or treatment. Connection through the PDMP and HIE will occur through the current system.	The Office of Behavioral Health is managing the integration of Maine's PDMP with its HIE. Functionality for HIE connection will be implemented no later than December 2021. Maine recently made the determination to re-engage with the Appriss AWARe PDMP system, which will allow the state to leverage work that has already been done by HealthInfoNet in other states to connect the HealthInfoNet HIE with the Appriss AWARe PDMP. The first meeting between the HealthInfoNet and Appriss technology teams to begin work on the integration project is scheduled for 2/23/21.

	laboratories, social services providers, and the Veterans Administration (using both local connections and the Sequoia Project). Additionally, HealthInfoNet receives a routine claims data feed from the Office of MaineCare Services.		
Enhanced identification of long-term opioid use directly correlated to clinician prescribing patterns ⁹ (see also “Use of PDMP” #2 below)	The current PDMP system allows prescribers to connect through their EHR to view patients’ comprehensive prescription drug history. Prescribers are able to assign a delegate to assist with bulk patient reports for review prior to the patient’s visit to ensure better provider/patient communication regarding their level of care.	<p>By using the statewide PDMP, integrated with the statewide HIE and providers’ EHR systems, prescribers would be able to view a patient’s comprehensive prescription drug history (scheduled I-V substances) in context of their overall medical record to mitigate drug-to-drug interactions, ensure the co-prescription of Naloxone, and/or refer the patient to another authorized prescriber for education and/or treatment.</p> <p>With an advanced analytic and reporting infrastructure, the State’s program would easily be able to assist with the Administration’s policy efforts by combining diverse data sources (e.g., PDMP, HIE clinical, Medicaid claims, a SUD Treatment Services application, VITAL Signs, etc.) to deliver timely reporting and data-sharing of opioid-related outcomes.</p>	The Office of Behavioral Health is managing the integration of Maine’s PDMP with its HIE. Functionality for HIE connection will be implemented no later than December 2021. Maine recently made the determination to re-engage with the Appriss AWARe PDMP system, which will allow the state to leverage work that has already been done by HealthInfoNet in other states to connect the HealthInfoNet HIE with the Appriss AWARe PDMP. The first meeting between the HealthInfoNet and Appriss technology teams to begin work on the integration project is scheduled for 2/23/21.

⁹ Shah A, Hayes CJ, Martin BC. Characteristics of Initial Prescription Episodes and Likelihood of Long-Term Opioid Use — United States, 2006–2015. MMWR Morb Mortal Wkly Rep 2017;66:265–269. DOI: <http://dx.doi.org/10.15585/mmwr.mm6610a1>.

Current and Future PDMP Query Capabilities			
Facilitate the state's ability to properly match patients receiving opioid prescriptions with patients in the PDMP (i.e. the state's master patient index (MPI) strategy with regard to PDMP query)	Appriss currently uses a unique patient identifying algorithm that merges patients well and also allows the Maine PDMP Administrators the ability to manually merge patients if desired.	<p>The State will assess the clinical, analytic and workflow outcome value of upgrading the HIE MPI to ensure a more complete representation of a patient's medication use history, as well as to associate the PDMP data with other clinical encounters and data available through the HIE.</p> <p>Patient matching is important to safety in the Maine PDMP and for PDMP interstate data sharing as required in the PARTNERSHIP Act. Patient matching is central to getting the right and complete information for a patient's medication use prescription history to a provider making clinical decisions when viewing the PDMP data.</p>	While the PDMP system merges patients effectively, the state is considering are leveraging of the HIE MPI as an additional resource when users are connecting through their EMR. Future plans to leverage the HIE MPI center around constructing a comprehensive multi-source state database of linked client records that would allow a more encompassing view of how individuals are served by various DHHS services and systems, including MaineCare, OBH, Office of Child and Family Services, Office of Aging and Disability Services, Emergency Management Services, Syndromic Surveillance (hospital ED data), Department of Corrections, Department of Public Safety, etc.
Use of PDMP – Supporting Clinicians with Changing Office Workflows / Business Processes			

Develop enhanced provider workflow / business processes to better support clinicians in accessing the PDMP prior to prescribing an opioid or other controlled substance to address the issues which follow	Appriss allows prescribers to view a patient record either through their own EHR, via the HealthInfoNet portal, or through its AWARe program. Appriss allows the provider to review the patient's record by accessing the EHR, assigning a delegate to print prior to the appointment in the bulk print feature or to view prior to the visit in the PMP and print the record to add to the patient's chart when appropriate. Prescribers have access to the patient's record from another PMP (out-of-state) to help identify any doctor-shopping, doctor-cycling, or co-prescribing habits.	Appriss currently utilizes PMP Gateway for point-of-care integration prescribers' EHR systems. In addition, the Office of Behavioral Health is managing the ongoing work to integrate the AWARe PDMP with HealthInfoNet such that providers who participate with the HIE will be able to access PDMP data within the HIE portal. (Please see above for description of this project.) PMP Gateway increases utilization of PDMP data at the point-of-care through integration with 150+ different EHR and pharmacy management systems. PMP Gateway delivers PDMP data and NarxCare analytics within the PDMP workflow. The information provided to clinicians is provided in clinically meaningful ways using the NarxCare system and with clinician benchmark reporting comparing clinicians' prescribing patterns to those of their peers.	As part of Maine's re-engagement with the Appriss AWARe PDMP system, the state will maintain provider EHR integrations via the Appriss PMP Gateway. In addition, the OBH will be investing in a provider outreach and education campaign as part of the AWARe re-engagement to facilitate EHR integration work and assist health care organizations in implementing and reinforcing PDMP best practices. This outreach and engagement work is planned to occur beginning in April 2021 and will continue through December 2021.
Develop enhanced supports for clinician review of the patients' history of controlled substance prescriptions provided through the PDMP—prior to the issuance of an opioid prescription	Appriss allows prescribers to view the record either through their own EHR, via the HealthInfoNet portal or through the AWARe interface. Appriss allows the provider to review the patient's record by accessing the EHR, assigning a delegate to print prior to the appointment in the bulk print feature or to view prior to the visit in the PMP and print the record to add to the patient's chart when appropriate. Prescribers have	Prescribers will have the ability to access patient PDMP data through the AWARe platform, via the HealthInfoNet portal, or through the Gateway integration with their own EHR. The clinician will have access to clinical profiles of patients and historical information of the patient's prior use of controlled substances. The Appriss NarxCare module provides clinicians with clinical decision support related to risk of overdose based on an underlying predictive algorithm.	As part of Maine's re-engagement with the Appriss AWARe PDMP system, the state will maintain provider EHR integrations via the Appriss PMP Gateway. The Office of Behavioral Health is managing the integration of Maine's PDMP with its HIE. Functionality for HIE connection will be implemented no later than December 2021. The first

	access to the patient's record from out-of-state PDMPs to help identify any doctor-shopping, doctor-cycling, or co-prescribing habits.	PMP Gateway increases utilization of PDMP data at the point-of-care through integration with various electronic health record and pharmacy management systems. PMP Gateway delivers PDMP data and NarxCare analytics within the PDMP workflow. The information provided to clinicians is provided in clinically meaningful ways using the NarxCare system and with clinician profiling reporting comparing clinicians to their peers.	meeting between the HealthInfoNet and Appriss technology teams to begin work on the integration project is scheduled for 2/23/21.
Master Patient Index / Identity Management			
Enhance the master patient index (or master data management service, etc.) in support of SUD care delivery.	Provider compliance with Web Infrastructure for Treatment Services (WITS) data entry requirements for SUD treatment services has been suboptimal, resulting in SUD treatment episode data and client-level data that is under-reported and often incomplete.	OBH is expanding its existing relationship with Kepro, the Administrative Services Provider for both OBH and MaineCare, to replace the WITS system. The Kepro data collection system, Atrezzo, will be used by all SUD providers to both collect client-level data and also process authorizations for treatment. Combining these two functionalities in one system will reduce administrative burden on providers and incentivize compliance with SUD treatment episode data collection by tying this function to authorization/invoicing for services.	OBH is managing the Kepro expansion project. The planned completion date for this project is 4/31/21. Tasks remaining include: Complete review and validation of the development work done by Kepro; <ul style="list-style-type: none"> • Historical data transfer from WITS to Atrezzo; • User Acceptance Testing and System Testing; and, • Provider engagement/education on the new system.
Overall Objective for Enhancing PDMP Functionality & Interoperability			

Leverage the above functionalities / capabilities / supports (in concert with any other state health IT, TA or workflow effort) to implement effective controls to minimize the risk of inappropriate opioid overprescribing—and to ensure that Medicaid does not inappropriately pay for opioids	Currently, Appriss provides within its system the payment type associated with dispensations. The prescriber checks the system prior to prescribing an opioid or benzothiazepine per state statute §7253. Prescribers and dispensers required to check PDMP information, as per the dispenser prior to dispensing a opioid or benzothiazepine.	The Appriss NarxCare system serves as an alert to prescribers regarding potentially risky/inappropriate opiate prescriptions.	OBH administers Maine's PDMP and is managing the provider education and engagement campaign as part of the state's re-engagement with the Appriss AWARe system. Planned activities include: with provider education on the NarxCare tool and its underlying algorithm to better enable providers to make informed and appropriate prescribing decisions at the point of care in the upcoming fiscal year (July 2021 – Sept 2022). The term provider encompasses prescribing providers with DEA numbers (MD, DO, NP)
---	--	---	---

Attachment C: Implementation Administration

Name and Title: Rebecca Taylor, Deputy Director of Research and Evaluation

Telephone Number: 207-287-2595

Email Address: Rebecca.A.Taylor@maine.gov

ATTACHMENT D
Reserved for SUD Monitoring Protocol

1. Title page for the state’s substance use disorder (SUD) demonstration or the SUD component of the broader demonstration

The state should complete this title page as part of its monitoring protocol. This form should be submitted as the title page for all monitoring reports. The content of this table should stay consistent over time. Definitions for certain rows are below the table.

State	Maine	Maine
Demonstration name		Maine Substance Use Disorder Care Initiative
Approval period for section 1115 demonstration		January 1, 2021 through December 31, 2025
SUD demonstration start date^a		January 1, 2021
Implementation date of SUD demonstration, if different from SUD demonstration start date^b		
SUD demonstration goals and objectives		SUD Demonstration Goals: 1. Increased rates of identification, initiation, and engagement in treatment for SUD; 2. Increased adherence to and retention in treatment; 3. Reductions in overdose deaths, particularly those due to opioids; 4. Reduced utilization of emergency departments and inpatient hospital settings for treatment, where the utilization is preventable or medically inappropriate, through improved access to other continuum of care services; 5. Fewer readmissions to the same or higher level of care, where the readmission is preventable or medically inappropriate; and 6. Improved access to care for physical health conditions among beneficiaries with SUD.

^a **SUD demonstration start date:** For monitoring purposes, CMS defines the start date of the demonstration as the *effective date* listed in the state’s STCs at time of SUD demonstration approval. For example, if the state’s STCs at the time of SUD demonstration approval note that the SUD demonstration is effective January 1, 2020 – December 31, 2025, the state should consider January 1, 2020 to be the start date of the SUD demonstration. Note that the effective date is considered to be the first day the state may begin its SUD demonstration. In many cases, the effective date is distinct from the approval date of a demonstration; that is, in certain cases, CMS may approve a section 1115 demonstration with an effective date that is in the future. For example, CMS may approve an extension request on 12/15/2020, with an effective date of 1/1/2021 for the new demonstration period. In many cases, the effective date also differs from the date a state begins implementing its demonstration.

^b Implementation date of SUD demonstration: The date the state began claiming federal financial participation for services provided to individuals in institutions for mental disease.

2. Acknowledgement of narrative reporting requirements

☒ The state has reviewed the narrative questions in the Monitoring Report Template provided by CMS and understands the expectations for quarterly and annual monitoring reports. The state will provide the requested narrative information (with no modifications).

3. Acknowledgement of budget neutrality reporting requirements

☒ The state has reviewed the Budget Neutrality Workbook provided by the CMS demonstration team and understands the expectations for quarterly and annual monitoring reports. The state will provide the requested budget neutrality information (with no modifications).

4. Retrospective reporting

The state is not expected to submit metrics data until after protocol approval, to ensure that data reflects the monitoring plans agreed upon by CMS and the state. Prior to monitoring protocol approval, the state should submit quarterly and annual monitoring reports with narrative updates on implementation progress and other information that may be applicable, according to the requirements in its STCs.

For a state that has monitoring protocols approved after one or more initial quarterly monitoring report submissions, it should report metrics data to CMS retrospectively for any prior quarters of the section 1115 SUD demonstration that precede the monitoring protocol approval date. A state is expected to submit retrospective metrics data—provided there is adequate time for preparation of these data—in its second monitoring report submission that contains metrics. The retrospective report for a state with a first SUD DY of less than 12 months, should include data for any baseline period quarters preceding the demonstration, as described in Part A of the state’s monitoring protocols (see Appendix B of the instruction for further guidance determining baseline periods for first SUD DYs that are less than 12 months.) If a state needs additional time for preparation of these data, it should propose an alternative plan (i.e., specify the monitoring report that would capture the data) for reporting retrospectively on its section 1115 SUD demonstration.

In the monitoring report submission containing retrospective metrics data, the state should also provide a general assessment of metrics trends from the start of its demonstration through the end of the current reporting period. The state should report this information in Part B of its report submission (Section 3: Narrative information on implementation, by milestone and reporting topic). This general assessment is not intended to be a comprehensive description of every trend observed in the metrics data. Unlike other monitoring report submissions, for instance, the state is not required to describe all metric changes (+ or - greater than 2 percent). Rather, the assessment is an opportunity for a state to provide context on its retrospective metrics data and to support CMS's review and interpretation of these data. For example, consider a state that submits data showing an increase in the number of medication-assisted treatment (MAT) providers (Metric #14) over the course of the retrospective reporting period. This state may decide to highlight this trend for CMS in Part B of its report (under Milestone 4) by briefly summarizing the trend and explaining that during this period, a grant supporting training for new MAT providers throughout its state was implemented.

For further information on how to compile and submit a retrospective report, the state should review Section B of the Monitoring Report Instructions document.

- ☒ The state will report retrospectively for any quarters prior to monitoring protocol approval as described above, in the state's second monitoring report submission that contains metrics after protocol approval.
- ☐ The state proposes an alternative plan to report retrospectively for any quarters prior to monitoring protocol approval: *Insert narrative description of proposed alternative plan for retrospective reporting. The state should provide justification for its proposed alternative plan.*

Substance Use Disorder (SUD) Planned Metrics

[illegible]

Standard information on CMS-provided metrics										Baseline, annual goals, and demonstration target			Alignment with CMS-provided technical specifications manual		Planned in metrics reporting		
#	Measure name	Measure description	Milestones or reporting events ^a	Measure type	Reporting frequency	Data source	Measurement period	Reporting frequency	Reporting status	State will report (Y/N)	Baseline reporting period (MM/YY-YY-MM/YY)	Baseline status	Overall demonstration target	Explanation of any deviations from the CMS-provided technical specifications manual (different data source, definition, data target, calculation, etc.)	State plans to phase in measure (Y/N)	Report in which metric will be placed in format (1) to (5) (1) to (5) (Y/N)	Explanatory of any other to align to measure manual
52	STD treatment outside via telehealth Number of referrals for STD treatment		Health IT	State-specific	Other monthly/quarterly metrics	OpenHDS	Month	Quarterly	Recommended	Y	01/01/2021-12/31/2021	baseline	baseline				

^aThere are no CMS-provided metrics related to milestone 2.
^b Rates 1 and 2 reported for Metric #72 categorized as item 1 and 3 for Metric #17 from Version 1.1 of the the Medicaid Section 1115 Substance Use Disorder Demonstration Technical Specifications for Monitoring Metrics.
^c Rates 1 and 2 reported for Metric #72 categorized as item 1 and 3 for Metric #17 from Version 1.1 of the the Medicaid Section 1115 Substance Use Disorder Demonstration Technical Specifications for Monitoring Metrics.

Substance Use Disorder (SUD) Planned Metrics

Standard information on CMS-provided metrics											Baseline, annual goals, and performance target				Alignment with CMS-provided technical specifications matrix				Planned metrics priorities			
Metric name		Using measures		Measure or reporting		Reporting		Data Measurement	Reporting	Reporting	State will	Baseline period (09/01/2018-03/31/2019)	Annual goal	Overall demonstration	Align with planned measures the CMS provided technical specifications matrix	Explanation of any deviations from the CMS-provided technical specifications matrix, please provide date, measure, definition, units, target metric, target metric, target metric		Notes on state metrics, with reference to Federal ID (FID) and State ID (SID)	Report to state metrics, with reference to Federal ID (FID) and State ID (SID)	Explanation of any deviations from the CMS-provided technical specifications matrix, please provide date, measure, definition, units, target metric, target metric, target metric		
EXAMPLE:	EXAMPLE:	EXAMPLE:	EXAMPLE:	EXAMPLE:	EXAMPLE:	EXAMPLE:	EXAMPLE:	EXAMPLE:	EXAMPLE:	EXAMPLE:	EXAMPLE:	EXAMPLE:	EXAMPLE:	EXAMPLE:	EXAMPLE:	EXAMPLE:	EXAMPLE:	EXAMPLE:	EXAMPLE:	EXAMPLE:		
(not shown as rule code)	(not shown as rule code)	(not shown as rule code)	(not shown as rule code)	(not shown as rule code)	(not shown as rule code)	(not shown as rule code)	(not shown as rule code)	(not shown as rule code)	(not shown as rule code)	(not shown as rule code)	(not shown as rule code)	(not shown as rule code)	(not shown as rule code)	(not shown as rule code)	(not shown as rule code)	(not shown as rule code)	(not shown as rule code)	(not shown as rule code)	(not shown as rule code)	(not shown as rule code)		
1	Accessed for SED Treatment	Number of beneficiaries accessed for SED treatment under nursing or residential services during the measurement period	Milestone 1	CMS-contracted	Other monthly and quarterly metrics	Medical record review or chart review	Month	Quarterly	Recommended	N	01/01/2020-12/31/2021	Increase	Increase	Y								
2	Medication Management	Number of beneficiaries who receive MAT or a SED-related treatment service with an associated SED diagnosis during the measurement period but not in the months before the measurement period	Milestone 1	CMS-contracted	Other monthly and quarterly metrics	Chart review	Month	Quarterly	Recommended	N	01/01/2020-12/31/2021	Increase	Increase	Y								
3	Medication Management	Number of beneficiaries who receive MAT or a SED-related treatment service with an associated SED diagnosis during the measurement period and/or in the 12 months before the measurement period	Milestone 1	CMS-contracted	Other monthly and quarterly metrics	Chart review	Month	Quarterly	Required	Y	01/01/2020-12/31/2021	Increase	Increase	Y								
4	Medication Management	Number of beneficiaries who receive MAT or a SED-related treatment service with an associated SED diagnosis during the measurement period and/or in the 12 months before the measurement period	Milestone 1	CMS-contracted	Other monthly and quarterly metrics	Chart review	Month	Quarterly	Required	Y	01/01/2020-12/31/2021	Increase	Increase	Y								
5	Medication Management	Number of beneficiaries who receive MAT or a SED-related treatment service with an associated SED diagnosis during the measurement period and/or in the 12 months before the measurement period	Milestone 2	CMS-contracted	Other annual metrics	Chart review	Year	Annually	Required	Y	01/01/2020-12/31/2021	Increase	Increase	Y								
6	Any SED Treatment	Number of beneficiaries enrolled in the measurement period during any SED treatment service, facility claim, or otherwise client deliver the measurement period	Milestone 1	CMS-contracted	Other monthly and quarterly metrics	Chart review	Month	Quarterly	Required	Y	01/01/2020-12/31/2021	Increase	Increase	Y								
7	Tarx Intervention	Number of beneficiaries who used any medication service such as psychiatric drugs or other non-MAT drug to decrease the measurement period	Milestone 1	CMS-contracted	Other monthly and quarterly metrics	Chart review	Month	Quarterly	Required	Y	01/01/2020-12/31/2021	Increase	Increase	Y								
8	Opioid Services	Number of beneficiaries who used opioid services for SED such as opioid therapy or medical management therapies, may have been, and monitoring for stable patients during the measurement period	Milestone 1	CMS-contracted	Other monthly and quarterly metrics	Chart review	Month	Quarterly	Required	Y	01/01/2020-12/31/2021	Increase	Increase	Y								
9	Residential and Partial Hospitalization Services	Number of beneficiaries who used intensive outpatient and partial hospitalization services for SED during the measurement period	Milestone 1	CMS-contracted	Other monthly and quarterly metrics	Chart review	Month	Quarterly	Required	Y	01/01/2020-12/31/2021	Increase	Increase	Y								
10	Intensive Outpatient Services	Number of beneficiaries who used intensive outpatient services for SED during the measurement period	Milestone 1	CMS-contracted	Other monthly and quarterly metrics	Chart review	Month	Quarterly	Required	Y	01/01/2020-12/31/2021	Increase	Increase	Y								
11	Behavioral Management	Number of beneficiaries who used behavioral management services such as support, training, or individualized care during the measurement period	Milestone 1	CMS-contracted	Other monthly and quarterly metrics	Chart review	Month	Quarterly	Required	Y	01/01/2020-12/31/2021	Increase	Increase	Y								
12	Medication-Assisted Treatment	Number of beneficiaries who have a claim for MAT for SED during the measurement period	Milestone 1	CMS-contracted	Other monthly and quarterly metrics	Chart review	Month	Quarterly	Required	Y	01/01/2020-12/31/2021	Increase	Increase	Y								
13	SED Provider Availability	The number of providers who were certified in Medicaid and qualified to deliver SED services during the measurement period	Milestone 4	CMS-contracted	Other annual metrics	Provider assessment	Year	Annually	Required	Y	01/01/2020-12/31/2021	Increase	Increase	Y								
14	SED Provider Availability - MAT	The number of providers who were certified in Medicaid and qualified to deliver SED services during the measurement period and who meet the standards to provide buprenorphine or naltrexone as part of MAT	Milestone 4	CMS-contracted	Other annual metrics	Provider assessment	Year	Annually	Required	Y	01/01/2020-12/31/2021	Increase	Increase	Y								
15	Initiation and Engagement of Active Opioid Therapy	Percentage of beneficiaries age 18 and older with a new episode of alcohol or other drug (AOD) abuse or dependence who received the following: • Initiation of AOD Treatment – percentage of beneficiaries who initiate treatment through an approved AOD treatment program • Medication Management – percentage of beneficiaries who initiated treatment and who were engaged in ongoing AOD treatment within 30 days of the initiation visit The following diagnosis codes are reported for each site: (1) Alcohol abuse or dependence; (2) Opioid abuse or dependence; (3) Other drug abuse or dependence; and (4) Total AOD abuse or dependence. A total of 8 reports are not reported for the reasons.	Milestone 6	Established quality measure	Annual metrics that is an established quality measure	Chart review	Year	Annually	Required	Y	01/01/2020-12/31/2021	Increase	Increase	Y								
16	SUD-3 Medial and Other Drug Discharge	SUD-3 Patients who are identified with alcohol or drug use disorder who require or refuse to accept a prescription for FDA-approved medications for alcohol or drug use disorder, OR who require or refuse a referral for addiction treatment	Milestone 6	Established quality measure	Annual metrics that is an established quality measure	Medical record review or chart review	Year	Annually	Recommended	N	01/01/2020-12/31/2021	Increase	Increase	Y								
17(1)	Follow-up after Emergency Department Visit for Alcohol or Other Drug Dependence (EDV-AOD)	Percentage of ED visits for beneficiaries age 18 and older with a principal diagnosis of AOD abuse or dependence who had a follow-up visit for AOD abuse or dependence. Two visits are required. • Percentage of ED visits for which the beneficiary received follow-up within 30 days of the ED visit (31 total days) • Percentage of ED visits for which the beneficiary received follow-up within 7 days of the ED visit (8 total days)	Milestone 6	Established quality measure	Annual metrics that is an established quality measure	Chart review	Year	Annually	Required	Y	01/01/2020-12/31/2021	Increase	Increase	Y								
17(2)	Follow-up after Emergency Department Visit for Mental Illness (EDV-MI)	Percentage of ED visits for beneficiaries age 18 and older with a principal diagnosis of mental illness or emotional or behavior disorder who had a follow-up visit for mental illness. Two visits are required. • Percentage of ED visits for mental illness for which the beneficiary received follow-up within 30 days of the ED visit (31 total days) • Percentage of ED visits for mental illness for which the beneficiary received follow-up within 7 days of the ED visit (8 total days)	Milestone 6	Established quality measure	Annual metrics that is an established quality measure	Chart review	Year	Annually	Required	Y	01/01/2020-12/31/2021	Increase	Increase	Y								
18	Use of Opioids at High Doses and from Multiple Providers in Persons Without Cancer (HDP)	Percentage of beneficiaries age 18 and older who received prescriptions for opioids with an average daily dosage of 80 morphine milligram equivalents (MME) or more within a 30-day period, 90 days or more, beneficiaries with a cancer diagnosis, which will decrease diagnosis, or 90 days or more.	Milestone 5	Established quality measure	Annual metrics that is an established quality measure	Chart review	Year	Annually	Required	Y	01/01/2020-12/31/2021	Decrease	Decrease	Y								
19	Use of Opioids from Multiple Providers in Persons Without Cancer (HDP)	The percentage of individuals 18 years of age who received prescriptions for opioids from 24 providers AND 4 pharmacies within 1180 days.	Milestone 5	Established quality measure	Annual metrics that is an established quality measure	Chart review	Year	Annually	Recommended	N	01/01/2020-12/31/2021	Decrease	Decrease	Y								
20	Use of Opioids at High Doses and from Multiple Providers in Persons Without Cancer (HDP)	Percentage of individuals 18 years of age who received prescriptions for opioids with an average daily dosage of 80 morphine milligram equivalents (MME) AND who received prescriptions for opioids from 24 providers AND 4 pharmacies.	Milestone 5	Established quality measure	Annual metrics that is an established quality measure	Chart review	Year	Annually	Recommended	N	01/01/2020-12/31/2021	Decrease	Decrease	Y								
21	Concurrent Use of Opioids and Benzodiazepines (CUD-BZ)	Percentage of beneficiaries age 18 and older with concurrent use of prescription opioids and benzodiazepines. Beneficiaries with a cancer diagnosis, which will decrease diagnosis, or 90 days or more.	Milestone 5	Established quality measure	Annual metrics that is an established quality measure	Chart review	Year	Annually	Required	Y	01/01/2020-12/31/2021	Decrease	Decrease	Y								
22	Continuity of Pharmacy for Opioid Therapy (COP)	Percentage of adults 18 years of age and older with pharmacy for SED who have at least 90 days of continuous treatment.	Milestone 1	Established quality measure	Annual metrics that is an established quality measure	Chart review	Year	Annually	Required	Y	01/01/2020-12/31/2021	Increase	Increase	Y								
23	Discharge Planning Utilization for SED per 1,000 Medical Beneficiaries	Total number of ED visits for SED per 1,000 beneficiaries in the measurement period	Milestone 4	CMS-contracted	Other monthly and quarterly metrics	Chart review	Month	Quarterly	Required	Y	01/01/2020-12/31/2021	Decrease	Decrease	Y								
24	Support Services for SED per 1,000 Medical Beneficiaries	Total number of support visits per 1,000 beneficiaries in the measurement period	Milestone 4	CMS-contracted	Other monthly and quarterly metrics	Chart review	Month	Quarterly	Required	Y	01/01/2020-12/31/2021	Decrease	Decrease	Y								
25	Readmission Following Hospitalization for SED	The rate of all-cause readmissions during the measurement period among beneficiaries with SED	Milestone 6	CMS-contracted	Other annual metrics	Chart review	Year	Annually	Required	Y	01/01/2020-12/31/2021	Decrease	Decrease	Y								
26	Overdose Deaths (cont)	Number of overdose deaths during the measurement period among Medicaid beneficiaries living in a geographic area covered by the demonstration. The state is encouraged to report the cases of overdose death in specifically as possible for the sample, prescriptions, or data gaps.	Other SED-related metrics	CMS-contracted	Other annual metrics	State data or chart review	Year	Annually	Required	Y	01/01/2020-12/31/2021	Decrease	Decrease	Y								
27	Overdose Deaths (inc)	Rate of overdose deaths during the measurement period among Medicaid beneficiaries living in a geographic area covered by the demonstration. The state is encouraged to report the cases of overdose death in specifically as possible for the sample, prescriptions, or data gaps.	Milestone 1	CMS-contracted	Other annual metrics	State data or chart review	Year	Annually	Required	Y	01/01/2020-12/31/2021	Decrease	Decrease	Y								
28	SED Standard	Total Medicaid SED standard during the measurement period	Other SED-related metrics	CMS-contracted	Other annual metrics	Chart review	Year	Annually	Recommended	N	01/01/2020-12/31/2021	Increase	Increase	Y								
29	SED Spending Within 30 Days	Total Medicaid SED spending on outpatient/inpatient treatment within 30 days during the measurement period	Other SED-related metrics	CMS-contracted	Other annual metrics	Chart review	Year	Annually	Recommended	N	01/01/2020-12/31/2021	Increase	Increase	Y								
30	SED Spending Within 30 Days	Per capita SED spending on outpatient/inpatient treatment within 30 days during the measurement period	Other SED-related metrics	CMS-contracted	Other annual metrics	Chart review	Year	Annually	Recommended	N	01/01/2020-12/31/2021	Increase	Increase	Y								
31	Access to Prescriptions/ Auxiliary Health Services with SED-Related Health Issues	The percentage of Medicaid beneficiaries with SED who had an ambulatory or preventive care visit during the measurement period	Other SED-related metrics	Established quality measure	Annual metrics that is an established quality measure	Chart review	Year	Annually	Required	Y	01/01/2020-12/31/2021	Increase	Increase	Y								
32	Overdose Related to SED Treatment Services	Number of persons died during the measurement period that are related to SED treatment services	Other SED-related metrics	CMS-contracted	Other annual metrics	Administrative records	Quarter	Quarterly	Recommended	N	01/01/2020-12/31/2021	Decrease	Decrease	Y								
33	Adverse Events Related to SED Treatment Services	Number of deaths during the measurement period that are related to SED treatment services	Other SED-related metrics	CMS-contracted	Other annual metrics	Administrative records	Quarter	Quarterly	Recommended	N	01/01/2020-12/31/2021	Decrease	Decrease	Y								
34	Other Outcomes Related to SED Treatment Services	Number of critical incidents filed during the measurement period that are related to SED treatment services	Other SED-related metrics	CMS-contracted	Other annual metrics	Administrative records	Quarter	Quarterly	Recommended	N	01/01/2020-12/31/2021	Decrease	Decrease	Y								
35	Average Length of Stay in SEDs	The average length of stay for beneficiaries discharged from SED outpatient/inpatient treatment for SED	Milestone 2	CMS-contracted	Other annual metrics	Chart review	Year	Annually	Required	Y	01/01/2020-12/31/2021	Decrease	Decrease	Y								
Q1	PDP checks (Prescriptions)	Number of PDP checks per month by provider type	Health IT	State-specific	Other monthly quarterly metrics	PDP	Month	Quarterly	Required	Y	01/01/2020-12/31/2021	Increase	Increase	Y								
Q2	Efficient/Cost	Number of evaluations and number of completed services	Health IT	State-specific	Other monthly quarterly metrics	Op/Bldg	Month	Quarterly	Required	Y	01/01/2020-12/31/2021	Increase	Increase	Y								
Q3	Tailored SED treatment	Number of unique cases receiving SED treatment via telehealth and number of visits	Health IT	State-specific	Other monthly quarterly metrics	MIMO	Month	Quarterly	Required	Y	01/01/2020-12/31/2021	Increase	Increase	Y								
Q4	PDP checks (Discharges)	Number of PDP checks per month by provider type	Health IT	State-specific	Other monthly quarterly metrics	PDP	Month	Quarterly	Recommended	Y	01/01/2020-12/31/2021	Increase	Increase	Y								

Standard information on CMS-provided metrics										Baseline, annual goals, and demonstration target			Alignment with CMS-provided technical specifications manual		Planned or metrics reporting		
#	Measure name	Measure description	Milestones or reporting events ^a	Reporting frequency	Data source	Measurement period	Reporting frequency	Reporting period	State will report (Y/N)	Baseline reporting period (MM/DD/YYYY – MM/DD/YYYY)	Annual goal	Overall demonstration target	Alignment with CMS-provided technical specifications manual (Y/N)	Explanation of any deviations from the CMS-provided technical specifications manual (different data source, definition, calculation, etc.)	State plans to phase in measure (Y/N)	Report in which metric will be placed in format (1) to (5) (1) to (5) (1) to (5)	Explanatory of any other relevant information
52	STD treatment referrals via telehealth	Number of referrals for STD treatment	Health IT	Site-specific	Other	Quarterly	Quarterly	Quarterly	Recommended	Y	01/01/2021–12/31/2021	Increase	Increase				

^aThere are no CMS-provided metrics related to milestone 2.
^bItems 1 and 2 reported for Metric #72 categorized as item 1 and 3 for Metric #17 from Version 1.1 of the the Medicaid Section 1115 Substance Use Disorder Demonstration Technical Specifications for Monitoring Metrics.
^cItems 1 and 2 reported for Metric #72 categorized as item 1 and 3 for Metric #17 from Version 1.1 of the the Medicaid Section 1115 Substance Use Disorder Demonstration Technical Specifications for Monitoring Metrics.

Instructions:

(1) In the reporting periods input table (Table 1), use the prompt in column A to enter the requested information in the corresponding row of column B. All report names and reporting periods should use the format DY#Q# or CY# and all dates should use the format MM/DD/YYYY with no spaces in the cell. The information entered in these cells will auto-populate the SUD demonstration reporting schedule in Table 2. All cells in the input table must be completed in entirety for the standard reporting schedule to be accurately auto-populated.

(2) Review the state's reporting schedule in the SUD demonstration reporting schedule table (Table 2). For each of the reporting categories listed in column E, select Y or N in column G, "Deviation from standard reporting schedule (Y/N)" to indicate whether the state plans to report according to the standard reporting schedule. If a state's planned reporting does not match the standard reporting schedule for any quarter and/or reporting category (i.e. column G= "Y"), the state should describe these deviations in column H, "Explanation for deviations (if column G="Y")" and use column I, "Proposed deviations from standard reporting schedule," to indicate the SUD measurement periods with which it wishes to overwrite the standard schedule (column F). All other columns are locked for editing and should not be altered by the state.

Table 1. Reporting Periods Input Table

	Demonstration reporting periods/dates
Dates of first SUD reporting quarter:	
Reporting period (Format SUD DY Q; Ex. DY1Q1)	DY1Q1
Start date (MM/DD/YYYY) ^a	01/01/2021
End date (MM/DD/YYYY)	03/31/2021
Broader section 1115 demonstration reporting period corresponding with the first SUD reporting quarter, if applicable. If there is no broader demonstration, fill in the first SUD reporting period. (Format DYQ; Ex. DY3Q1)	DY1Q1
First SUD report due date (per STC) (MM/DD/YYYY)	05/30/2021
First SUD report in which the state plans to report annual metrics that are established quality measures (EQMs)	
Baseline period for EQMs (Format CY; Ex. CY2019)	CY2020
SUD DY and Q associated with report (Format SUD DYQ; Ex. DY1Q1)	DY2Q3
Start date (MM/DD/YYYY)	07/01/2022
End date (MM/DD/YYYY)	09/30/2022
Dates of last SUD reporting quarter:	
Start date (MM/DD/YYYY)	10/01/2025
End date (MM/DD/YYYY)	12/31/2025

Table 2. SUD Demonstration Reporting Schedule

Dates of SUD reporting quarter (MM/DD/YYYY - MM/DD/YYYY)		Report due (per STC) (MM/DD/YYYY)	Broader section 1115 reporting period, if applicable; else SUD reporting period (Format DYQ; Ex. DY1Q3)	Reporting category	For each reporting category, measurement period for which information is captured in monitoring report per standard reporting schedule (Format DYQ; Ex. DY1Q3) ^b	Deviation from standard reporting schedule (Y/N)	Explanation for deviations (if column G="Y")	Proposed deviations from standard reporting schedule (Format DYQ; Ex. DY1Q3)
01/01/2021	03/31/2021	05/30/2021	DY1Q1	Narrative information	DY1Q1	N		
				Grievances and appeals	DY1Q1	N		
				Other monthly and quarterly metrics		N		
				Annual metrics that are established quality measures		N		
				Other annual metrics		N		
04/01/2021	06/30/2021	08/29/2021	DY1Q2	Narrative information	DY1Q2	N		
				Grievances and appeals	DY1Q2	N		
				Other monthly and quarterly metrics	DY1Q1	N		
				Annual metrics that are established quality measures		N		
				Other annual metrics		N		
07/01/2021	09/30/2021	11/29/2021	DY1Q3	Narrative information	DY1Q3	N		
				Grievances and appeals	DY1Q3	N		
				Other monthly and quarterly metrics	DY1Q2	N		
				Annual metrics that are established quality measures		N		
				Other annual metrics		N		
10/01/2021	12/31/2021	03/31/2022	DY1Q4	Narrative information	DY1Q4	N		
				Grievances and appeals	DY1Q4	N		
				Other monthly and quarterly metrics	DY1Q3	N		
				Annual metrics that are established quality measures		N		
				Other annual metrics		N		
01/01/2022	03/31/2022	05/30/2022	DY2Q1	Narrative information	DY2Q1	N		
				Grievances and appeals	DY2Q1	N		
				Other monthly and quarterly metrics	DY1Q4	N		
				Annual metrics that are established quality measures		N		

Start date	End date	(MM/DD/YYYY)	(Format DYQ: Ex. DY1Q3)	Reporting category	SUD	(V/N)	(if column G="Y")	(Format DYQ: Ex. DY1Q3)
04/01/2022	06/30/2022	08/29/2022	DY2Q2	Other annual metrics	DY1	N		
				Narrative information	DY2Q2	N		
				Grievances and appeals	DY2Q2	N		
				Other monthly and quarterly metrics	DY2Q1	N		
				Annual metrics that are established quality measures		N		
07/01/2022	09/30/2022	11/29/2022	DY2Q3	Other annual metrics		N		
				Narrative information	DY2Q3	N		
				Grievances and appeals	DY2Q3	N		
				Other monthly and quarterly metrics	DY2Q2	N		
				Annual metrics that are established quality measures	CY2021	N		
10/01/2022	12/31/2022	03/31/2023	DY2Q4	Other annual metrics		N		
				Narrative information	DY2Q4	N		
				Grievances and appeals	DY2Q4	N		
				Other monthly and quarterly metrics	DY2Q3	N		
				Annual metrics that are established quality measures		N		
01/01/2023	03/31/2023	05/30/2023	DY3Q1	Other annual metrics		N		
				Narrative information	DY3Q1	N		
				Grievances and appeals	DY3Q1	N		
				Other monthly and quarterly metrics	DY2Q4	N		
				Annual metrics that are established quality measures		N		
04/01/2023	06/30/2023	08/29/2023	DY3Q2	Other annual metrics	DY2	N		
				Narrative information	DY3Q2	N		
				Grievances and appeals	DY3Q2	N		
				Other monthly and quarterly metrics	DY3Q1	N		
				Annual metrics that are established quality measures		N		
07/01/2023	09/30/2023	11/29/2023	DY3Q3	Other annual metrics		N		
				Narrative information	DY3Q3	N		
				Grievances and appeals	DY3Q3	N		
				Other monthly and quarterly metrics	DY3Q2	N		
				Annual metrics that are established quality measures	CY2022	N		
10/01/2023	12/31/2023	03/30/2024	DY3Q4	Other annual metrics		N		
				Narrative information	DY3Q4	N		
				Grievances and appeals	DY3Q4	N		
				Other monthly and quarterly metrics	DY3Q3	N		
				Annual metrics that are established quality measures		N		
01/01/2024	03/31/2024	05/30/2024	DY4Q1	Other annual metrics		N		
				Narrative information	DY4Q1	N		
				Grievances and appeals	DY4Q1	N		
				Other monthly and quarterly metrics	DY3Q4	N		
				Annual metrics that are established quality measures		N		
04/01/2024	06/30/2024	08/29/2024	DY4Q2	Other annual metrics	DY3	N		
				Narrative information	DY4Q2	N		
				Grievances and appeals	DY4Q2	N		
				Other monthly and quarterly metrics	DY4Q1	N		
				Annual metrics that are established quality measures		N		
07/01/2024	09/30/2024	11/29/2024	DY4Q3	Other annual metrics		N		
				Narrative information	DY4Q3	N		
				Grievances and appeals	DY4Q3	N		
				Other monthly and quarterly metrics	DY4Q2	N		
				Annual metrics that are established quality measures	CY2023	N		
10/01/2024	12/31/2024	03/31/2025	DY4Q4	Other annual metrics		N		
				Narrative information	DY4Q4	N		
				Grievances and appeals	DY4Q4	N		
				Other monthly and quarterly metrics	DY4Q3	N		
				Annual metrics that are established quality measures		N		
01/01/2025	03/31/2025	05/30/2025	DY5Q1	Other annual metrics		N		
				Narrative information	DY5Q1	N		
				Grievances and appeals	DY5Q1	N		
				Other monthly and quarterly metrics	DY4Q4	N		
				Annual metrics that are established quality measures		N		
04/01/2025	06/30/2025	08/29/2025	DY5Q2	Other annual metrics	DY4	N		
				Narrative information	DY5Q2	N		
				Grievances and appeals	DY5Q2	N		
				Other monthly and quarterly metrics	DY5Q1	N		
				Annual metrics that are established quality measures		N		
07/01/2025	09/30/2025	11/29/2025	DY5Q3	Other annual metrics		N		
				Narrative information	DY5Q3	N		
				Grievances and appeals	DY5Q3	N		
				Other monthly and quarterly metrics	DY5Q2	N		
				Annual metrics that are established quality measures	CY2024	N		
10/01/2025	12/31/2025	03/31/2026	DY5Q4	Other annual metrics		N		
				Narrative information	DY5Q4	N		

Start date	End date	(MM/DD/YYYY)	(Format DYQ: Ex. DY1Q3)	Reporting category	SUD	(Y/N)	(if column G="Y")	(Format DYQ: Ex. DY1Q3)
				Grievances and appeals	DY5Q4	N		
				Other monthly and quarterly metrics	DY5Q3	N		
				Annual metrics that are established quality measures		N		
				Other annual metrics		N		

Add rows for all additional demonstration reporting quarters

Notes:

^a **SUD demonstration start date:** For monitoring purposes, CMS defines the start date of the demonstration as the *effective date* listed in the state's STCs at time of SUD demonstration approval. For example, if the state's STCs at the time of SUD demonstration approval note that the demonstration is effective January 1, 2020 – December 31, 2025, the state should consider January 1, 2020 to be the start date of the demonstration. Note that that the effective date is considered to be the first day the state may begin its SUD demonstration. In many cases, the effective date is distinct from the approval date of a demonstration; that is, in certain cases, CMS may approve a section 1115 demonstration with an effective date that is in the future. For example, CMS may approve an extension request on 12/15/2020, with an effective date of 1/1/2021 for the new demonstration period. In many cases, the effective date also differs from the date a state begins implementing its demonstration. Please see Appendix A of the Monitoring Protocol Instructions for more information on determining demonstration quarter timing.

^b The auto-populated reporting schedule in Table 2 outlines the data the state is expected to report for each demonstration year and quarter. However, states are not expected to begin reporting any metrics data until after protocol approval. The state should see Section B of the Monitoring Report Instructions for more information on retrospective reporting of data following protocol approval.

State of Maine
Department of Health and Human Services



Substance Use Disorder Care Initiative
Section 1115(a) Demonstration
11-W-003381

Final Evaluation Design
January 1, 2021 - December 31, 2025

Draft Submitted to CMS June 18, 2021, Final
Submitted November 24, 2021; Revised January 21,
2022

Table of Contents

I.	General Background Information	1
A.	Description of Demonstration.....	2
B.	Demonstration Goals	2
C.	MaineCare SUD Benefits and Delivery System.....	3
D.	Value-Based Purchasing and Quality Improvement.....	5
II.	Evaluation Questions and Hypotheses	7
A.	Logic Model and Quantifiable Outcomes.....	8
B.	SUD Evaluation Questions and Hypothesis	10
C.	Alignment with Title XIX Medicaid Program Objectives.....	11
III.	Methodology	12
A.	Evaluation Design	12
B.	Target and Comparison Populations	14
C.	Evaluation Period	16
D.	Evaluation Measures	16
E.	Data Sources, Cleaning and Validation.....	22
F.	Analytic Methods	23
IV.	Methodological Limitations.....	31
V.	Special Methodological Considerations	32
	Attachments	33
A.	Independent Evaluator.....	34
B.	Evaluation Budget	35
C.	Timeline and Major Milestones	36

I. General Background Information

The Maine Substance Use Disorder Care Initiative Section 1115(a) Demonstration was approved on December 22, 2020, effective January 1, 2021 through December 31, 2025. The Demonstration provides the State with authority to provide high-quality, clinically appropriate treatment for beneficiaries with a substance use disorder (SUD) while they are short-term residents in residential and inpatient treatment settings that qualify as Institutions for Mental Diseases (IMDs). This Evaluation Design will assess the Demonstration's association with improvements in access to care, treatment engagement, and health outcomes.

The Maine Department of Health and Human Services (DHHS) is the umbrella agency responsible for oversight of Maine's public health, behavioral health, Medicaid, and other human service programs. The Office of MaineCare Services (OMS) within the DHHS is the Single State Agency that administers Maine's Medicaid program, known as MaineCare. Medicaid programs supporting treatment and recovery services for persons with a SUD are jointly operated by the Office of Behavioral Health (OBH), Office of Child and Family Services [both within DHHS] and OMS. DHHS provides a point-in-time count of MaineCare enrollment, measured on the first of each month. February 2021 data shows 342,985 individuals enrolled in Maine's Medicaid and CHIP programs. Over 72,000 of those enrollees are part of MaineCare's expansion population.

Initial analyses of the Medicaid expansion population suggest that SUD is a major driver of health care needs and health care costs for this population. Among expansion enrollees with claims between July 1, 2018 and July 31, 2019, nearly 20 percent had an SUD diagnosis. By comparison, 14 percent of MaineCare's non-expansion population with claims (non-expansion parents and 19- and 20-year old members) had an SUD diagnosis. Expansion enrollees also utilized inpatient care at a higher rate than the comparison group, with SUD as the most common diagnosis.

Maine, like many other states across the nation, has experienced growing challenges with SUD. The number of emergency medical services responses related to drug/medication overdoses increased by 62 percent from 2013-2017 and increased 43 percent related to alcohol in the same period.¹ After decreasing for the first time since 2011 in 2018, drug deaths increased again in 2019, with 84 percent of drug deaths caused by opioids, generally in combination with other drugs or alcohol.² A preliminary analysis of 2020 data indicates the vast majority of overdoses (83 percent) were caused by at least one opioid, including both pharmaceutical and illicit (nonpharmaceutical) opioid drugs.³ In 2017, the rate of infants with Neonatal Abstinence Syndrome (NAS) in Maine was over four times the national average (31.4 per 1,000 newborns vs. 7.1 per 1,000 newborns nationally).⁴

¹ Public Consulting Group, Inc. "Substance Use Trends in Maine, State Epidemiological Profile 2018."

² Public Consulting Group, Inc. "Substance Use Trends in Maine, State Epidemiological Profile 2020."

³ Sorg, Marcela, PhD, and Kiley Daley PhD University of Maine Margaret Chase Smith Policy Center. "Maine drug death report January - September 2020."

⁴ Maine Centers for Disease Control and Prevention, Maine Maternal and Child Health Block Grant Annual Report. Healthcare Cost and Utilization Project State Inpatient Database retrieved April 8, 2021 from <https://mchb.tvisdata.hrsa.gov/State/Detail/ME>

A. Description of Demonstration

The SUD benefits provided under the Demonstration are Medicaid State Plan services. The State has the authority to receive federal financial participation (FFP) for services as described in the Maine Medicaid State Plan when provided to beneficiaries residing in IMDs for short-term stays primarily to receive SUD treatment, including but not limited to:

- Inpatient Services;
- Residential Treatment Services;
- Medically Monitored Withdrawal Management; and
- Medication-Assisted Treatment.

DHHS expects additional SUD residential treatment facilities will begin providing these services or existing providers will expand their current services, when allowable under State law. Reimbursement for these services fills a gap in the continuum of care and will support improvements in coordination with MaineCare's existing array of community-based services available to individuals eligible for MaineCare. The authorization of SUD treatment in IMD settings allows the State to support access to evidence-based services at various levels of intensity across a continuum of care, based on individual needs and goals.

This Demonstration requires that the continuum of care for SUD treatment and recovery services be based on American Society of Addiction Medicine (ASAM) criteria and/or other nationally recognized assessment and placement tools that reflect evidence-based clinical treatment guidelines.

Under the Demonstration, there is no change to Medicaid eligibility; standards and methodologies for eligibility remain as set forth under the State Plan. All Medicaid members who have an SUD are eligible for participation in the Demonstration, based on clinical need.

B. Demonstration Goals

DHHS is committed to maintaining support for community-based SUD treatment options and sought the authority approved under this Demonstration to better ensure that appropriate treatment options are accessible across the continuum. Maine's goals align with the CMS goals for SUD Demonstrations nationally and include:

- 1) Increased rates of identification, initiation, and engagement in treatment for SUD;
- 2) Increased adherence to, and retention in, treatment;
- 3) Reductions in overdose deaths, particularly those due to opioids;
- 4) Reduced utilization of emergency departments and inpatient hospital settings for treatment (where the utilization is preventable or medically inappropriate) through improved access to other continuum of care services;
- 5) Fewer readmissions to the same or higher level of care, where the readmission is preventable or medically inappropriate; and
- 6) Improved access to care for physical health conditions among beneficiaries with an SUD.

C. MaineCare SUD Benefits and Delivery System

MaineCare utilizes ASAM criteria and other mental health/SUD screening and assessment tools to support treatment and level of care decisions. MaineCare covers all ASAM levels of care, including Medication Assisted Treatment (MAT) and recovery supports. In addition, 23 of Maine's 33 Emergency Departments (EDs) offer MAT rapid induction, with four more expected to implement in the summer of 2021. DHHS will fund technical assistance and other supports to increase the number and effectiveness of these programs through the end of September 2022. The State also has worked aggressively to control overprescribing of opioids through its Prescription Monitoring Program (PMP) by revising prescribing guidelines, promoting alternative treatments to pain management, and offering provider education.

Maine offers a comprehensive SUD benefits package through the Medicaid State Plan. In April 2018, DHHS received CMS approval to extend comprehensive SUD benefits to the expansion group members in the Alternative Benefit Plan. In addition, the State is developing CHIP Health Services Initiatives to support tobacco and substance use prevention efforts. A summary of Medicaid State Plan and SUD Demonstration services by ASAM level of care is provided in Exhibit 1.

Exhibit 1. Summary of ASAM Level of Care Continuum in Maine

ASAM Level of Care	Service Type /Brief Description	Coverage
SUD Prevention	Education and awareness regarding risk and protective factors targeted to parents, youth, and members of the education, law enforcement, public health, and health care communities.	Non-Medicaid State and Federal funds
0.5 Early Intervention	Screening, Brief Intervention, and Referral for Treatment (SBIRT)	State Plan
	OUD Screening	State Plan
1. Outpatient Services	Comprehensive assessment - For children and adults with SUD and co-occurring mental health disorders.	State Plan
	Individual, Group, and Family Therapy	State Plan
	Medication assessment and management - services related to the psychiatric evaluation, prescription, administration, education, and/or monitoring of medications intended for the treatment of SUD, and/or co-occurring mental health disorders.	State Plan
	Targeted Case Management - Services include assessment, planning, referral, and related activities, and monitoring and follow-up activities for individuals with a diagnosed SUD who are seeking treatment and are either pregnant, living with minor children, or an intravenous drug user.	State Plan
2.1 Intensive Outpatient Services	Intensive and structured service of alcohol and drug assessment, diagnosis, and treatment services in a non-residential setting for members who meet ASAM criteria level II.1 or II.5, including co-occurring mental health and SUD.	State Plan
2.5 Partial Hospitalization Day Treatment Psychosocial Rehabilitation Services	Services are covered for adults with co-occurring SUD and serious mental illness (SMI) diagnoses and children/adolescents with co-occurring SUD and serious emotional disturbance (SED) diagnoses.	State Plan
3.1 Clinically Managed Low-Intensity Residential Services	Services delivered according to ASAM guidelines, including scheduled therapeutic and rehabilitative treatment designed to enable the member to sustain a substance-free lifestyle in an	State Plan; IMD Demonstration

ASAM Level of Care	Service Type /Brief Description	Coverage
	unsupervised community situation.	
3.3 Clinically Managed Population- Specific High-Intensity Residential Programs	Services delivered according to ASAM guidelines, Category II, including a scheduled therapeutic plan consisting of treatment services designed to enable the member to sustain a substance-free lifestyle within a supportive environment. The treatment mode may vary with the member's needs and may be in the form of individual, group, or family counseling.	State Plan; IMD Demonstration
3.5 Clinically Managed Residential Services	Services delivered according to ASAM guideline 3.5, including treatment and planning consisting of assessment, diagnostic, and counseling services.	State Plan; IMD Demonstration
3.7 Medically Monitored Inpatient Programs	Services delivered according to ASAM guidelines, including a planned structured regimen of 24-hour professionally directed evaluation, observation, medical monitoring, and addiction treatment in an inpatient setting. Services provide immediate diagnosis and care to members having acute physical problems related to substance use disorder.	State Plan; IMD Demonstration
4.0 Medically Managed Intensive Inpatient	Comprehensive mental health treatment and/or SUD treatment to children and adolescents who, due to mental illness, SUD, or Serious Emotional Disturbance (SED), meet the level of care requirements for Psychiatric Residential Treatment Facility (PRTF) placement.	State Plan
Opioid Treatment Program	Medication Assisted Treatment for SUD that includes the use of methadone delivered per the Substance Abuse and Mental Health Services Administration (SAMHSA) regulations. Services include assessment, planning, counseling, drug use disorder testing, and medication administration. Also includes MAT services that are delivered in an office-based treatment setting or a certified Opioid Treatment Program.	State Plan; IMD Demonstration
	Opioid Health Homes providing integrated MAT services, including office visits with a MAT prescriber, prescription medication for OUD, OUD counseling, comprehensive care management/care coordination/health promotion, urine drug screening, and peer recovery support services provided through a bundled rate.	State Plan
Withdrawal Management (WM)	Levels 1 – 4	State Plan; IMD Demonstration

D. Value-Based Purchasing and Quality Improvement

Over the last ten years, DHHS has focused on delivery system reforms to support primary care, population health, and chronic disease management. This work is designed to move MaineCare away from a payment system that rewards volume to one focused on high-quality care, accountability, and appropriate use of health care. The MaineCare Value-Based Purchasing (VBP) strategy includes the following inter-related reform efforts:

- Accountable Communities
- Health Home Programs
 - Primary Care Health Home
 - Opioid Health Home
 - Behavioral Health Home

Throughout the Demonstration period, DHHS will engage in continuous quality improvement to assess provider availability, quality of care, and potential gaps in the SUD system. DHHS promotes integrated and holistic approaches to care by supporting the Health Home programs and Accountable Communities that address comorbid physical and mental health conditions, as well as psychosocial needs of the individual.

Accountable Communities

Accountable Communities (AC) are a critical component of MaineCare's Value-Based Purchasing strategy, a multi-pronged initiative aimed at reducing costs while improving quality and outcomes for MaineCare members. Similar to Medicare's Accountable Care Organizations (ACOs), MaineCare's AC program contracts with groups of providers who volunteer to participate in the shared savings model. If an AC succeeds in reducing costs while meeting quality benchmarks, the AC shares in the savings it achieves for the MaineCare program in the form of a shared savings payment, which is tied to the amount of the AC's savings and its quality performance.

The program does not dictate how these organizations provide care. Instead, the Department provides ACs with regular patient cost and quality data reports. The payment model creates incentives for ACs to make investments that improve cost and quality outcomes. By the end of 2020, 194 practices and over 110,00 members were participating in the AC initiative. There are four ACs currently operating in Maine:

- Community Care Partnership of Maine, LLC
- Kennebec Regional Health Alliance
- MaineHealth Accountable Care Organization
- Beacon Health, LLC.

Health Home Programs

MaineCare's three Health Home programs are designed to improve the health care system, improve population health, and reduce cost. Health Home services include care coordination, case management, transitional care, referral to community and social support, individual and family supports, and health promotion. The Health Home designation is available for primary care and behavioral health providers who offer enhanced access to services and provide comprehensive care management. Health Homes

receive a per member, per month (PMPM) payment. Participation in any of the three Health Home programs (summarized below) is voluntary, and members can opt-out of the program at any time.

Primary Care - Health Home Practices (HHP): Members who have two chronic conditions, or one chronic condition and are at risk for another, are eligible for primary care health home services. HHP providers offer enhanced primary care services and are supported by Community Care Teams (CCTs). A CCT is a multi-disciplinary, community-based, practice-integrated care management team, approved by MaineCare. In addition to a clinical leadership team, CCT staff may include a nurse care coordinator, nutritionist, social worker, behavioral health professional, pharmacist, community health worker, care navigator, health coach, etc. Health Home members who have a history of hospitalization, ED use, polypharmacy, or who have social service needs that interfere with their ability to meet their primary care goals are eligible for CCT support. The HHP designation will end in April of 2022 and will be replaced with a new value-based alternative payment model for primary care providers, Primary Care Plus (PCPlus); CCT services will remain.

Opioid Health Homes (OHH): OHHs are providers that provide integrated Medication Assisted Treatment (MAT) services based on an integrated care delivery model focused on whole-person treatment including, but not limited to, counseling, care coordination, medication-assisted treatment, peer support, and urine drug screening for individuals who have been diagnosed with an opioid dependency. The OHH employs a team-based model of care to support all aspects of physical and behavioral health care. OHH programs must be co-occurring capable, meaning that the organization is structured to welcome, identify, engage, and serve individuals with co-occurring substance use and mental health disorders.

Behavioral Health Homes (BHH): BHHs are a partnership between a licensed community mental health provider (the Behavioral Health Home Organization or BHHO) and one or more HHPs to manage the physical and behavioral health needs of members. BHH providers also have established protocols with hospitals, EDs, residential and other care facilities to support successful transitions of care. BHHs also have established protocols with a variety of community social services (housing, employment) to address barriers to health care and support the stability of community living for members. Members must meet MaineCare's criteria for a Serious and Persistent Mental Illness (SPMI) or Serious Emotional Disturbance (SED). BHH programs must be co-occurring capable, meaning that the organization is structured to welcome, identify, engage, and serve individuals with co-occurring substance use and mental health disorders.

II. Evaluation Questions and Hypotheses

MaineCare offers broad SUD and Opioid Use Disorder (OUD) service coverage across the continuum of care. No new services have been proposed under the Demonstration. However, DHHS will be engaged in a variety of activities that are designed to improve access, increase engagement and retention in treatment, promote the integration of physical and behavioral health care, and improve opioid prescribing patterns across the delivery system.

This Evaluation Design will examine eight evaluation questions. Evaluation questions one through six align with CMS-defined Demonstration goals and are presented in Exhibit 2 below.

Exhibit 2. SUD Demonstration Goals and MaineCare Evaluation Question Alignment

CMS Demonstration Goal	MaineCare Evaluation Question*
1. Increased rates of identification, initiation, and engagement in treatment for SUD	1. Does the Demonstration maintain or improve identification, initiation, and engagement in treatment for SUD? a. How does utilization vary by member characteristics (e.g., age, aid category code)? b. How does utilization vary by service type?
2. Increased adherence to and retention in treatment	2. Does the Demonstration maintain or increase adherence to and retention in treatment for alcohol or other drug use?
3. Reductions in overdose deaths, particularly those due to opioids	3. Does the Demonstration contain or reduce opioid prescribing patterns that may lead to misuse or OUD?
4. Reduced utilization of emergency department and inpatient hospital settings for treatment where the utilization is preventable or medically inappropriate through improved access to other continuum of care services	4. Does the Demonstration contain or reduce ED visits and inpatient hospitalizations for individuals with a SUD? a. How does utilization vary by member characteristics (e.g., age, aid category code)? b. How does utilization vary by geographic characteristics (e.g., rural v. urban)? c. How does utilization vary when MAT induction in the ED is offered?
5. Fewer readmissions to the same or higher level of care, where the readmission is preventable or medically inappropriate	5. Does the Demonstration contain or reduce readmissions to the same or higher levels of care?
6. Improved access to care for physical health conditions among beneficiaries with SUD	6. Does the Demonstration maintain or improve access to care for physical health conditions?

* Evaluation questions seven and eight relate to expenditures and are not included in this table.

A. Logic Model and Quantifiable Outcomes

DHHS will support increased rates of identification, initiation, and engagement in treatment (Goal 1) and adherence to and retention to treatment (Goal 2) through: improving access to short-term residential treatment in an IMD; improving the alignment of assessment tools, UM, and treatment plans with ASAM guidelines; creating training resources, tools and performance incentives for SUD screening in community-based settings; expanding access to MAT in EDs, residential, and community-based settings; and implementing a Service Locator Tool for providers, members, and other stakeholders.

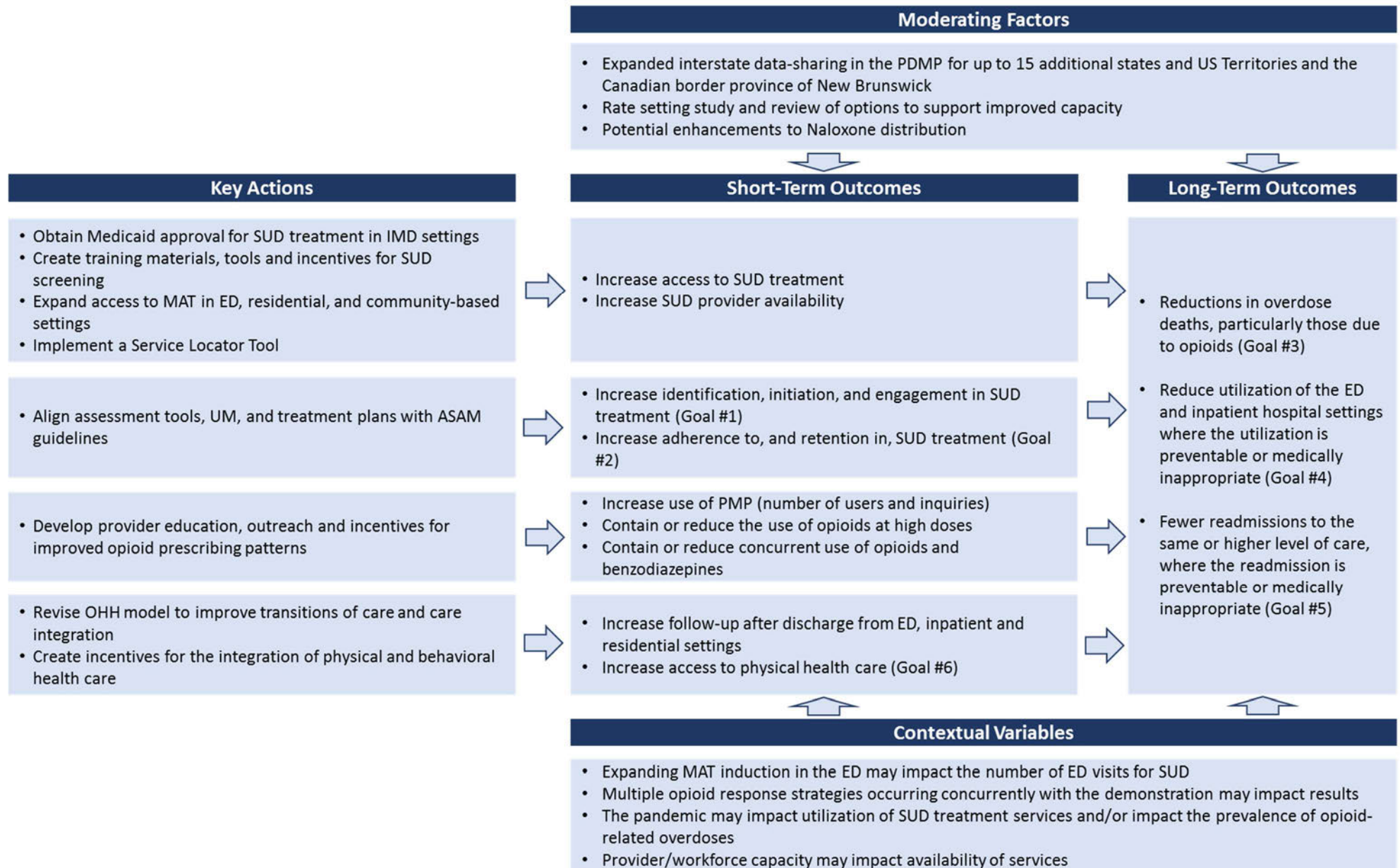
DHHS will support improved opioid prescribing patterns through a continued focus on provider education and training. DHHS will initiate a provider outreach campaign in 2021 to share advances in the PMP, including EHR integration and PMP alerting analytics.

DHHS will improve access to care for physical health conditions among beneficiaries with SUD (Goal 6) by revising Opioid Health Home expectations and offering additional provider training to improve transitions of care and care integration. Revisions will include the creation of performance incentives for the integration of physical and behavioral health care.

In total, these activities are expected to result in reduced: overdose deaths, particularly those due to opioids (Goal 3); utilization of emergency departments and inpatient hospital settings for treatment, where the utilization is preventable (Goal 4); and fewer readmissions to the same or higher level of care (Goal 5).

Exhibit 3 on the following page provides a logic model offering a visual depiction of the Demonstration activities and the expected impact on CMS Demonstration goals.

Exhibit 3. SUD Demonstration Logic Model



B. SUD Evaluation Questions and Hypothesis

The Demonstration evaluation will consider eight primary evaluation questions, with five subsidiary questions and thirteen hypotheses. Evaluation questions align with each CMS goal area. In some cases, the hypothesis is designed to consider the impact of Demonstration activities on specific SUD programs, such as enrollees served by Accountable Communities, Behavioral Health Homes, or Opioid Health Homes. Exhibit 4 below provides an overview of the evaluation questions and hypotheses.

Exhibit 4. Evaluation Questions and Hypotheses

Evaluation Question	Hypothesis
1. Does the Demonstration maintain or improve identification, initiation, and engagement in treatment for SUD? a. How does utilization vary by member characteristics (e.g., age, aid category code)? b. How does utilization vary by service type?	1. The Demonstration will maintain or increase utilization of SUD treatment services.
	2. The Demonstration will maintain or increase SUD provider availability.
	3. The Demonstration will maintain or increase follow-up after ED visit for alcohol or other drug dependence.
	4. The Demonstration will maintain or increase initiation and engagement in treatment.
2. Does the Demonstration maintain or increase adherence to and retention in treatment for alcohol or other drug use?	1. The Demonstration will maintain or increase continuity of pharmacotherapy for OUD for OHH enrollees.
3. Does the Demonstration contain or reduce opioid prescribing patterns that may lead to misuse or OUD?	1. The Demonstration will contain or reduce the use of opioids at a high dosage.
	2. The Demonstration will contain or reduce the use of opioids concurrent with benzodiazepines for ACO attributed members.
	3. The Demonstration will contain or reduce the rate of overdose deaths due to opioids in the Medicaid population.
4. Does the Demonstration contain or reduce ED visits and inpatient hospitalizations for individuals with a SUD? a. How does utilization vary by member characteristics (e.g., age, aid category code)? b. How does utilization vary by geographic characteristics (e.g., rural v. urban)? c. How does utilization vary when MAT induction in the ED is offered?	1. The Demonstration will contain or reduce the rate of ED visits for individuals with a SUD.
	2. The Demonstration will contain or reduce inpatient admissions.
5. Does the Demonstration contain or reduce readmissions to the same or higher levels of care?	1. The Demonstration will contain or reduce readmissions to the same or higher levels of care
6. Does the Demonstration maintain or improve access to care for physical health conditions?	1. The Demonstration will maintain or increase access to care for physical health conditions for Health Home enrollees (OHH and BHH).
	2. The Demonstration will maintain or increase access to care for TCM program enrollees
7. How does the cost of SUD services change over time?	N/A Exploratory
8. What are the cost drivers?	N/A Exploratory

C. Alignment with Title XIX Medicaid Program Objectives

CMS has determined the Maine Substance Use Disorder Care Initiative Demonstration is likely to promote the objectives of the Medicaid program and the expenditure authority sought is necessary and appropriate to carry out the Demonstration. The evaluation aligns with the objectives of Title XIX through evaluation questions one, two, four, and five, as outlined in Exhibit 5 below.

Exhibit 5. MaineCare's Promotion of Title XIX Medicaid Objectives and Evaluation Design Alignment

Title XIX Objective	MaineCare Evaluation Question
The Demonstration will assist Maine in increasing the identification, initiation, and engagement of Medicaid beneficiaries diagnosed with SUD.	1. Does the Demonstration maintain or improve identification, initiation, and engagement in treatment for SUD? <ul style="list-style-type: none"> a. How does utilization vary by member characteristics (e.g., age, aid category code)? b. How does utilization vary by service type?
The Demonstration will assist Maine in increasing beneficiary adherence to, and retention in, SUD treatment programs.	2. Does the Demonstration maintain or increase adherence to and retention in treatment for alcohol or other drug use?
The Demonstration will assist Maine in reducing medically inappropriate or preventable utilization of emergency departments and inpatient hospital settings through improved access to a continuum of care services.	4. Does the Demonstration contain or reduce ED visits and inpatient hospitalizations for individuals with a SUD? <ul style="list-style-type: none"> a. How does utilization vary by member characteristics (e.g., age, aid category code)? b. How does utilization vary by geographic characteristics (e.g., rural v. urban)? c. How does utilization vary when MAT induction in the ED is offered?
	5. Does the Demonstration contain or reduce readmissions to the same or higher levels of care?

III. Methodology

The Demonstration evaluation will rely on quasi-experimental techniques to measure change over time and differential statistics to describe the population and findings. A detailed description of the methodology and analytic approach is provided below.

A. Evaluation Design

The Demonstration evaluation will employ quasi-experimental design methods. Interrupted Time Series (ITS) will be used, with four evaluation questions studied using Propensity Score Matching with a T-test (PSM) as the comparison strategy. To examine the impact of MAT induction in the ED on ED utilization, a pre/post strategy will be used for one subsidiary research question.

PSM matching will be used to study enhancements made under the Demonstration to MaineCare's Health Home, Targeted Case Management (TCM) and Accountable Communities (AC) models.

- Accountable Communities: The performance framework for AC includes incentives for decreasing the number of members, without a cancer diagnosis, who receive concurrent prescriptions for opioids and benzodiazepines. Evaluation question three will examine whether performance for AC-enrolled members is significantly different than a comparison group of members who are eligible but not engaged with an AC.
- Opioid Health Homes: MaineCare will be enhancing incentives for Opioid Health Homes related to the continuity of pharmacotherapy. Evaluation question two will examine whether performance for OHH-enrolled members is significantly different than a comparison group of members who are eligible but not engaged with an OHH.
- Opioid Health Homes, Behavioral Health Homes and TCM: MaineCare will be enhancing requirements and incentives related to transitions of care and integration with physical health. Evaluation questions five and six will examine whether performance for Health Homes (OHH and BHH) or TCM-enrolled members is significantly different than a comparison group of members who are eligible but not engaged in those programs.

Propensity score matching will be used to control for potential variances in demographic and delivery system characteristics between the treatment and comparison groups. (See subsection B below for a description of groups and subsection F for a description of the statistical models.) Over time and as enhanced program policies and initiatives to support access to care and retention in treatment become more widespread, the availability of a balanced comparison group for PSM may decline. If necessary, alternative methods such as Logistic Regression against a baseline year will be considered by the evaluator.

The remaining evaluation questions and hypotheses will be studied using an ITS design. Results will be calculated quarterly up to three years before the Demonstration effective date to identify baseline trends. Following Demonstration implementation, quarterly results will be studied against the baseline. When using these methods, the evaluator is expected to consider and address various issues that might compromise the results, such as unexpected changes in program operations, enrollment, or

implementation of new program initiatives. Results will be compared to statewide or national benchmarks, as applicable.

Exhibit 6 offers an overview of the design approach by evaluation question and hypothesis.

Exhibit 6. Evaluation Design by Evaluation Question and Hypothesis

Evaluation Question	Hypothesis	Approach
1. Does the Demonstration maintain or improve identification, initiation, and engagement in treatment for SUD? a. How does service utilization vary by member characteristics (e.g., age, aid category code)? b. How does utilization vary by service type?	1. The Demonstration will maintain or increase utilization of SUD treatment services	ITS
	2. The Demonstration will maintain or increase SUD provider availability	
	3. The Demonstration will maintain or increase follow-up after ED visit for alcohol or other drug dependence	
	4. The Demonstration will maintain or increase initiation and engagement in treatment	
2. Does the Demonstration maintain or increase adherence to and retention in treatment for alcohol or other drug use?	1. The Demonstration will maintain or increase continuity of pharmacotherapy for OUD for OHH enrollees	PSM (OHH)
3. Does the Demonstration contain or reduce opioid prescribing patterns that may lead to misuse or OUD?	1. The Demonstration will contain or reduce the use of opioids at a high dosage	ITS
	2. The Demonstration will contain or reduce the use of opioids concurrent with benzodiazepines for ACO attributed members	PSM (ACO)
	3. The Demonstration will contain or reduce the rate of overdose deaths due to opioids in the Medicaid population	ITS
4. Does the Demonstration contain or reduce preventable ED visits and inpatient hospitalizations for individuals with a SUD? a. How does utilization vary by member characteristics (e.g., age, aid category code) code? b. How does utilization vary by geographic characteristics (e.g., rural v. urban)? c. How does utilization vary when MAT induction in the ED is offered?	1. The Demonstration will contain or reduce the rate of preventable ED visits for individuals with a SUD	ITS; Pre/Post for MAT (4c)
	2. The Demonstration will contain or reduce preventable inpatient admissions	ITS
5. Does the Demonstration contain or reduce readmissions to the same or higher levels of care?	1. The Demonstration will contain or reduce readmissions to the same or higher levels of care.	PSM (OHH and BHH); ITS for PQI #92

Evaluation Question	Hypothesis	Approach
6. Does the Demonstration maintain or improve access to care for physical health conditions?	1. The Demonstration will maintain or increase access to care for physical health conditions for Health Home enrollees	PSM (OHH and BHH)
	2. The Demonstration will maintain or increase access to care for physical health conditions for TCM program enrollees	PSM (TCM)
7. How does the cost of SUD services change over time?	N/A Exploratory	ITS
8. What are the cost drivers?	N/A Exploratory	ITS

B. Target and Comparison Populations

All full benefit Medicaid enrollees with an SUD are eligible for the Demonstration. Enrollees with an SUD will be identified with a diagnosis listed in one of the following HEDIS® value sets:

- Alcohol Abuse and Dependence
- Opioid Abuse and Dependence
- Other Drug Abuse and Dependence

All Demonstration enrollees who meet the criteria for the hypothesis and measure under study will be included. The evaluation will not employ random, representative, or other sampling methods. Evaluation measures will be developed based on CMS-defined and HEDIS® specifications that include Medicaid enrollees with an SUD. Inclusion criteria will be specific to each measure.

The state-wideness of program providers coupled with the nature of ASAM criteria for placement decisions makes the development of regional or other in-state control groups impossible. Maine's residential SUD IMD treatment facilities serve members throughout the State. IMD placement decisions are based on nationally recognized ASAM level of care guidelines, thus individuals admitted to a residential SUD program have a clinically different profile and level of care need than those who are not admitted. Along these lines, comparisons to individuals with private coverage are not appropriate due to social and other barriers to health faced in Medicaid cohorts that are not typically present in a commercially insured cohort.

However, several hypotheses will be studied using a within-subjects comparison strategy. A comparison group will be identified using propensity score matching for each of the following:

- Members receiving Medicaid AC services
- Members receiving Health Home services (Opioid or Behavioral Health)
- Members receiving Target Case Management (TCM) services

Accountable Community Eligibility

Accountable Community (AC) members are full benefit Medicaid beneficiaries. Members may be eligible for AC services if the Member has six months of continuous MaineCare eligibility or nine months of non-continuous MaineCare eligibility during the relevant 12-month period of data, and if the Members meet one of the following requirements:

- a. Member has received Health Home Services during the appropriate look-back period; OR
- b. Member has at least one visit with a Primary Care Provider during the appropriate look-back period; OR
- c. Member has three (3) or more Emergency Department (ED) visits during the appropriate look-back period.

The look-back period for eligibility is reflected on trimester reports and is the most recent 12-month period for which data are available.

Opioid Health Home Eligibility

Individuals with an OUD are eligible for Opioid Health Home services. Members must meet both of the following criteria:

1. Have a SUD-OUD (as outlined in the Diagnostic and Statistical Manual of Mental Disorders [5th ed. DSM–5]) diagnosis within the last twelve months; AND
2. Have or be at risk of having a second chronic condition:
 - a. A mental health condition
 - b. An additional substance use disorder (other than opioid use disorder)
 - c. Tobacco use
 - d. Diabetes
 - e. Heart disease
 - f. Overweight or obese as evidenced by a body mass index over 25
 - g. Chronic Obstructive Pulmonary Disease (COPD)
 - h. Hypertension
 - i. Hyperlipidemia
 - j. Developmental and intellectual disorders
 - k. Circulatory congenital abnormalities
 - l. Asthma
 - m. Acquired brain injury
 - n. Seizure disorder
3. Members shall be assessed by the OHH providers for high risk behaviors and other risk factors that may contribute to chronic conditions such as, but not limited to: smoking; obesity; poor nutrition; childhood trauma; risky sex practices; intravenous drug use; history of or current substance use other than opioids; and family health issues.

Behavioral Health Home Eligibility

Adults with a Serious and Persistent Mental Illness (SPMI) are eligible for Behavioral Health Home services. Both of the following criteria must be met:

1. Members must have a primary mental health diagnosis under the most current edition of the Diagnostic and Statistical Manual of Mental Disorders, except that the following diagnoses may not be primary diagnoses for purposes of this eligibility requirement:
 - a. Delirium, dementia, amnesic, and other cognitive disorders;
 - b. Mental disorders due to a general medical condition, including neurological conditions and brain injuries;
 - c. Substance abuse or dependence;
 - d. Intellectual disability;
 - e. Adjustment disorders;
 - f. Z-codes; or
 - g. Antisocial personality disorder; AND
2. Members must have a LOCUS score, as determined by staff certified for LOCUS assessment by DHHS, of seventeen (17) (Level III) or greater. The LOCUS assessment must be administered annually and documented in the members' records.

Targeted Case Management Eligibility

Individuals with a diagnosed SUD who are seeking treatment and are either pregnant, living with minor children, or intravenous drug users are eligible for Targeted Case Management (TCM) services. Individuals are identified through the TCM service code (T1017) and SUD modifier (HF).

C. Evaluation Period

The SUD Demonstration was approved on December 22, 2020, effective January 1, 2021 through December 31, 2025. Results for CY2017-CY2020 will be used to establish the baseline trends for assessing change during the Demonstration period for the Interrupted Time Series analysis. The comparison strategy using Propensity Score Matching for AC, TCM and Health Home participants will assess outcomes for each year of the Demonstration CY2021 – CY2025. Results for the final summative evaluation report will be calculated and reported to CMS in September of CY2026. Attachment C provides an overview of major evaluation milestones by year.

D. Evaluation Measures

An overview of each evaluation question, hypothesis, and measure is outlined in Exhibit 7 on the following pages and further defined in Section III-F, below.

Where measures are generated based on specifications in the SUD Monitoring Protocol (MP), the CMS Technical Specifications Manual metric number is included. The evaluation will rely on the most recent technical manual version published by CMS at the time of measure production and any necessary adjustments needed to align with State-specific claims reporting, as approved by CMS in Maine's final approved SUD Monitoring Protocol.

Cost measures associated with the SUD Demonstration will be explored using specifications outlined in CMS guidance for SMI/SED and SUD IMD Demonstration Evaluation Design (Appendix C) issued in March of 2019.

Exhibit 7. Evaluation Questions, Hypotheses, and Measures

Measure Name (Steward Reference)	Numerator	Denominator	Data Source	Approach
Evaluation Question 1. Does the Demonstration maintain or improve identification, initiation, and engagement in treatment for SUD?				
a. How does service utilization vary by age, aid category code?				
b. How does utilization vary by service type?				
Hypothesis 1. The Demonstration will maintain or increase utilization of SUD treatment services				
Percentage of members receiving any SUD treatment service (SUD MP #6 modified)	Number of members receiving any SUD treatment service	Number of Medicaid members	Claims	ITS; T-test
Percentage of members receiving SUD outpatient treatment services (SUD MP #8 modified)	Number of members receiving outpatient treatment	Number of Medicaid members with a SUD diagnosis	Claims	
Percentage of members receiving intensive outpatient (IOP) treatment and partial hospitalization (PH) services (SUD MP #9 modified)	Number of members receiving IOP or PH treatment	Number of Medicaid members with a SUD diagnosis	Claims	
Percentage of members receiving residential and inpatient treatment services (SUD MP #10 modified)	Number of members receiving residential or inpatient treatment	Number of Medicaid members with a SUD diagnosis	Claims	
Percentage of members receiving withdrawal management services (SUD MP #11 modified)	Number of members receiving withdrawal management services	Number of Medicaid members with a SUD diagnosis	Claims	
Percentage of members receiving medication-assisted treatment (MAT) (SUD MP #12 modified)	Number of members receiving MAT	Number of Medicaid members with a SUD diagnosis	Claims	
Hypothesis 2. The Demonstration will maintain or increase SUD provider availability				
Percentage of providers enrolled in Medicaid and qualified to deliver SUD services (SUD MP #13 modified)	Number of SUD providers enrolled in Medicaid	Number of licensed SUD providers in the State	Medicaid Enrollment Files; State Licensing Records	ITS; T-test
Percentage of providers enrolled in Medicaid and qualified to deliver MAT services (SUD MP #14 modified)	Number of Medicaid providers who are qualified to deliver MAT services	Number of SUD providers enrolled in Medicaid		
Hypothesis 3. The Demonstration will maintain or increase follow-up after ED visit for alcohol or other drug (AOD) dependence				
Percentage of ED visits for AOD abuse or dependence for which the member received follow-up within 7-days of discharge (SUD MP #17(1))	Number of members with ED visit for AOD abuse or dependence with a follow-up within 7-days	Number of ED visits with a principal diagnosis of AOD abuse or dependence	Claims	ITS; T-test
Percentage of ED visits for AOD abuse or dependence for which the member received follow-up within 30-days of discharge (SUD MP #17(1))	Number of members with ED visit for AOD abuse or dependence with a follow-up within 30-days of ED visit	Number of ED visits with a principal diagnosis of AOD abuse or dependence	Claims	
Hypothesis 4. The Demonstration will maintain or increase initiation and engagement in treatment				
Percentage of members age 18 and older with a new episode of AOD abuse or dependence who initiate in SUD treatment (SUD MP #15a)	Number of members who initiate treatment within 14 days of diagnosis	Number of members with at least one AOD abuse or dependence diagnoses	Claims	ITS; T-test
Percentage of members with a new episode of alcohol and other drug abuse or dependence who engage in SUD treatment (SUD MP #15b)	Number of members who received two or more services for AOD abuse or dependence within 34 days of the initiation visit	Number of members who initiate treatment within 14 days of diagnosis	Claims	

Measure Name (Steward Reference)	Numerator	Denominator	Data Source	Approach
Evaluation Question 2. Does the Demonstration maintain or increase adherence to and retention in treatment for alcohol or other drug use?				
Hypothesis 1. The Demonstration will maintain or increase continuity of pharmacotherapy for OUD for OHH enrollees				
Percentage of members age 18 and older with pharmacotherapy for OUD who have at least 180 days of continuous treatment (SUD MP #22)	Number of members with an OUD who had at least 180 days of continuous pharmacotherapy	Number of members with an OUD who and at least one claim for an OUD medication	Claims	PSM w/T-test (OHH)
Evaluation Question 3. Does the Demonstration contain or reduce opioid prescribing patterns that may lead to misuse or OUD?				
Hypothesis 1. The Demonstration will contain or reduce the use of opioids at a high dosage				
Percentage of members age 18 and older who receive prescriptions for opioids with an average daily dose greater than or equal to 90 morphine milligram equivalents (MME) over a period of 90 days or more (SUD MP #18)	Number of members with an average daily dosage greater than or equal to 90 MME	Number of members with two or more claims for opioid medications on different dates with a cumulative supply of 15 or more days	Claims; PMP	ITS; T-test
Hypothesis 2. The Demonstration will contain or reduce the use of opioids concurrent with benzodiazepines for ACO attributed members				
Percentage of members age 18 and older with concurrent use of prescription opioids and benzodiazepines (SUD MP #21)	Number of members with two or more claims for any benzodiazepine and concurrent use of opioids for 30 or more consecutive days	Number of members with two or more claims for opioid medications on different dates of service and with a cumulative day supply of 15 or more days	Claims; PMP	PSM w/T-test (ACO)
Hypothesis 3. The Demonstration will contain or reduce the rate of overdose deaths due to opioids in the Medicaid population				
The rate of opioid overdose deaths per 1,000 Medicaid members (SUD MP #27 OUD subgroup)	The number of opioid-related overdose deaths	Members enrolled in Medicaid for at least one month during the measurement period or 30-days prior to the beginning of the measurement period	Eligibility Files; Data, Research and Vital Statistics (DVRs)	ITS; T-test
The total number of PMP users during the twelve month measurement period	N/A	N/A	PMP	T-test (% change)
The total number of PMP inquires preformed during the twelve month measurement period	N/A	N/A		
Evaluation Question 4. Does the Demonstration contain or reduce preventable ED visits and inpatient hospitalizations for individuals with a SUD?				
a. How does utilization vary by age, aid category code?				
b. How does utilization vary by geographic characteristics (e.g., rural v. urban)?				
c. How does utilization vary when MAT induction in the ED is offered?				
Hypothesis 1. The Demonstration will contain or reduce the rate of preventable ED visits for individuals with a SUD				
Total number of ED visits for SUD per 1,000 members (SUD MP #23)	Number of ED visits for SUD	Members enrolled in Medicaid for at least one month	Claims	ITS; Pre/Post MAT; T-test test
The rate of non-emergent ED visits per 1,000 member months (OMS Non-emergent ED use)	Number of non-emergent ED visits	Member months for members enrolled in Medicaid at least one month	Claims	ITS; T-test

Measure Name (Steward Reference)	Numerator	Denominator	Data Source	Approach
Hypothesis 2. The Demonstration will contain or reduce preventable inpatient admissions				
Total number of inpatient stays for SUD per 1,000 members (SUD MP #24)	Number of inpatient discharges for SUD	Members enrolled in Medicaid for at least one month	Claims	ITS; T-test
Prevention Quality Chronic Composite (PQI #92)	Discharges, for patients ages 18 years and older, that meet the criteria for the numerator of the following PQIs: #1, #3, #5, #7, #8, #14, #15, #16	Members with an SUD ages 18 years and older	Claims	ITS; T-test
Evaluation Question 5. Does the Demonstration contain or reduce readmissions to the same or higher levels of care?				
Hypothesis 1. The Demonstration will contain or reduce readmissions to the same or higher levels of care				
Percentage of readmission to the same or higher level of residential care (SUD MP #25 modified)	Members receiving health home services who were readmitted to SUD residential or inpatient within 30-days of discharge	Members receiving health home services who were discharged from residential or inpatient treatment for SUD	Claims	PSM w/T-test (HH)
The rate of adult acute inpatient and observation stays that were followed by an unplanned acute readmission for any diagnosis (HEDIS – PCR)	Number of unplanned acute readmission for any diagnosis within 30 days after discharge	Number of inpatient discharges	Claims	ITS; T-test
Evaluation Question 6. Does the Demonstration maintain or improve access to care for physical health conditions?				
Hypothesis 1. The Demonstration will maintain or increase access to care for physical health conditions for health home enrollees				
Percentage of members with a SUD who had an ambulatory or preventive health care visit (SUD MP #32)	Members receiving health home services who had one or more ambulatory or preventive care visits	Number of members receiving health home services with a SUD diagnosis	Claims	PSM w/T-test (HH)
Hypothesis 2. The Demonstration will maintain or increase access to care for physical health conditions for TCM program enrollees				
Percentage of members with a SUD who had an ambulatory or preventive health care visit (SUD MP #32)	Members receiving TCM services who had one or more ambulatory or preventive care visits	Number of members receiving TCM services	Claims	PSM w/T-test (TCM)
Evaluation Question 7. How does the cost of SUD services change over time?				
Hypothesis: N/A Exploratory				
Per member per month (PMPM) Medicaid cost for members with an SUD during the measurement year	Sum of all Medicaid payments made for physical health and SUD-related services	Total member months	Claims	ITS
Per member per month (PMPM) cost of SUD-Related treatment for members with an SUD during the measurement year	Sum of all Medicaid payments made for SUD-related cost, with breakouts for SUD-IMD, SUD-other treatment	Total member months	Claims	
Per member per month (PMPM) cost of physical health care for members with an SUD during the measurement year	Sum of all Medicaid payments made for physical health care	Total member months	Claims	

Measure Name (Steward Reference)	Numerator	Denominator	Data Source	Approach
Evaluation Question 8. What are the cost drivers?				
Hypothesis: N/A Exploratory				
Per member per month (PMPM) cost of outpatient (non-ED) for members with an SUD during the measurement year	Sum of all Medicaid payments made for outpatient (non-ED) care	Total member months	Claims	ITS
Per member per month (PMPM) cost of pharmacy for members with an SUD during the measurement year	Sum of all Medicaid payments made for pharmacy services	Total member months	Claims	
Per member per month (PMPM) cost of outpatient ED for members with an SUD during the measurement year	Sum of all Medicaid payments made for outpatient-ED services	Total member months	Claims	
Per member per month (PMPM) cost of inpatient care for members with an SUD during the measurement year	Sum of all Medicaid payments made for inpatient care	Total member months	Claims	
Per member per month (PMPM) cost of Long-term care for members with an SUD during the measurement year	Sum of all Medicaid payments made for Long-Term Care services	Total member months	Claims	

E. Data Sources, Cleaning and Validation

The evaluation will rely on administrative data collected by DHHS. The primary sources of data will be the Medicaid Management Information System (MMIS), augmented by information from the State of Maine Center for Disease Control, Data, Research and Vital Statistics database and the Prescription Monitoring program (PMP) reporting system. These data sources and other potential data sources are described in Exhibit 8 below.

Exhibit 8. Evaluation Design Data Sources

Data Source	Description
Medicaid Management Information System (MMIS)	Medicaid payment information and claims data submitted to the State by providers used to support HEDIS® and HEDIS®-like performance, Medication Assisted Treatment, service utilization, and cost metrics for all enrollees
State Medicaid Eligibility and Enrollment files	Eligibility and enrollment detail for Medicaid beneficiaries used to determine enrollee aid category and stratify data into sub-groups, when applicable
State Medicaid Provider Enrollment Files	Provider enrollment type and specialty designation
Prescription Monitoring Program (PMP)	Collects, monitors, and analyzes electronically transmitted data on all dispensed Schedule II, III, and IV controlled substances. Data on each prescription includes the prescribed drug, the recipient, the health care provider who wrote the prescription, and the pharmacy that dispensed the prescription
Data, Research and Vital Statistics (DVRS)	Public health birth, death, and other vital records used to track overdose deaths attributed to Maine residents

Data Cleaning and Validation

The SUD evaluator will schedule ad hoc meetings with State subject matter experts if anomalies are found in the data. For example, results or sample size that represent a significant departure from the prior year without clear explanation will prompt individual meetings with data and program experts. In addition, the evaluation team inventories changes in the measure specifications, if any, and any changes in program operations or policy that may have occurred since the last data submission. Processes for each data set is described below.

Medicaid Management Information System Data: The measures identified for the evaluation rely predominately on the MMIS data. This includes Medicaid claims (paid, suspended, and denied); non-Medicaid claims paid through the MMIS (e.g., treatment services paid for by general fund); member Medicaid eligibility information; and provider enrollment files.

- **Medicaid Claims:** The evaluator will receive raw claims extracts annually and will perform a data audit processes to identify problems and inconsistencies with the data received. This includes comparisons to previous raw claims extracts and sample trends.

- **SUD Provider Enrollment:** The evaluator will receive point-in-time provider enrollment information from the Medicaid system. The evaluator will generate a summary report of providers that billed during the measurement period and review any discrepancies with the State.
- **Member Eligibility:** Recipient eligibility segments may change over time. The evaluator may employ a variety of data cleaning measures depending on a review of the data and the evaluation questions, hypothesis and measure being studied. For example, the evaluator may create a code hierarchy (e.g., individuals who are deemed ABD for any period may be presumed ABD for the entire period); use a point-in-time to determine aid category; or assign the aid category code most prevalent during the measurement period. The final method for each measure will be retained throughout the evaluation period and documented as part of the findings report.

The evaluator will work with the State to answer questions and provide feedback to resolve discrepancies in output.

Data, Research and Vital Statistics (DVRs): This Public Health Department (Maine Center for Disease Control) data base serves as the authority for birth, death, and other vital records in Maine. Death records are recorded with the cause of death and are used to track overdose deaths attributed to Maine residents. The MMIS links with the Vital Statistics database as part of its program integrity process to ensure Medicaid members who have died are removed from the eligibility system. Deaths attributed to opioid and other drug overdose are matched to Medicaid members to calculate the number and rate of overdose deaths among Medicaid beneficiaries. Case of death data may lag up to one year. To ensure the most accurate data possible, the rate of opioid deaths will be refreshed 12 months following the calculation of preliminary results for each year.

Prescription Monitoring Program (PMP): The ME PMP is supported through a contract with Appriss Health. The vendor's AWARe software platform is used to host the PMP. Data is monitored for accuracy within the proprietary vendor system. The evaluation will rely on counts of the number of PMP users and inquires annually. PMP data is employed to generate standalone measures. The evaluation will not link PMP data to Medicaid provider or member information.

F. Analytic Methods

The evaluation data analysis will consist of both exploratory and descriptive strategies and incorporate univariate, bi-variate, and multi-variate techniques. Analyses will be performed to systematically apply statistical and/or logical techniques to describe, summarize, and compare data within the State and across time, and to prepare data, wherever possible, in a manner that permits comparison to results from other states applying the same methodology (e.g., HEDIS® reports).

Descriptive statistics will be used to describe the basic features of the data and what they depict, and to provide simple summaries about the sample and the measures. They also are used to provide summaries about the participants and their outcomes. An exploratory data analysis is used to compare many variables in the search for organized patterns. Data will be analyzed as rates, proportions, frequencies, and measures of central tendency (e.g., mean, median, mode). Where feasible, the significance of year over year change (DY2-DY5) against DY1 will be measured.

All but one evaluation question and hypothesis will use member level data and analysis to draw program level conclusions. Evaluation Question 1, Hypothesis 2 (the Demonstration will maintain or increase SUD provider availability) relies on provider level data to draw program level conclusions.

As appropriate, analysis methods include Logistic Regression, ANOVA, T-test, and Propensity Score Matching with T-test. These tests are used for comparing sample and population means against each other; this can be the same population across time or within the same time but for populations receiving different treatments, or one group does not receive treatment while others do. T-tests and ANOVA are appropriate when granular (patient-level) data is not available, but population-level means and standard deviations are, the outcome variable is continuous, and the objective is to determine whether the mean of a certain outcome variable of interest is significantly different between two or more groups. T-tests allow for comparison of means between two groups whereas ANOVA allows this to be done for more than two groups.

Multiple comparisons may give rise to spurious statistical significance, the evaluator will use an adjustment such as the Bonferroni correction, as appropriate to mitigate this risk.

The traditionally accepted significance level ($p \leq 0.05$) will be used for all comparisons.

Interrupted Time Series

Evaluation measures being studied using an interrupted time design will be examined quarterly. However, the underlying technical specifications for the measures listed below are designed for the annual calculation of results.

- Percentage of ED visits for AOD abuse or dependence for which the member received follow-up within 7-days of discharge (SUD MP #17(1))
- Percentage of ED visits for AOD abuse or dependence for which the member received follow-up within 30-days of discharge (SUD MP #17(1))
- Percentage of members age 18 and older with a new episode of AOD abuse or dependence who initiate and engage in SUD treatment (SUD MP #15a-b)
- Percentage of members age 18 and older who receive prescriptions for opioids with an average daily dose greater than or equal to 90 morphine milligram equivalents (MME) over a period of 90 days or more (SUD MP #18)
- The rate of opioid overdose deaths per 1,000 Medicaid members (SUD MP #27 OUD subgroup)
- The rate of non-emergent ED visits per 1,000 member months (OMS Non-emergent ED use)
- Prevention Quality Chronic Composite (PQI #92)
- The rate of adult acute inpatient and observation stays that were followed by an unplanned acute readmission for any diagnosis (HEDIS – PCR)

Except for the opioid prescribing and overdose measures, each of the remaining measures selected is event-driven (i.e., action is measured within 31 days after an event has occurred), suggesting that quarterly measurement is viable. To ensure that quarterly measurement is an appropriate interval for what are otherwise annual measures, the evaluator will assure that quarterly data preserves sufficient variation for comparison study. Specifically, the evaluator will compare annual results to the baseline period using a T-test. An ANOVA will be used when trends for two or more years are compared. The evaluator then will perform an interrupted time series analysis with quarterly data for the same metrics

to confirm that any statistically significant differences seen on an annual level are also present in the quarterly data.

If the evaluator detects a significant difference in a comparison of means between the annualized measures but not the quarterly measures, it suggests more frequent measurement does not provide sufficient variation for the analysis. If the evaluator detects statistically significant differences in the quarterly data but not on the annual data, the quarterly analysis may be creating an artificial variation (e.g., measuring too frequently). If either of the phenomena is found, the evaluator will not proceed with the interrupted time series method and conduct annual comparisons of means using a T-test or ANOVA, based on the number of annual means being compared. Logistic regression to the baseline year also may be considered.

Absent any problems with quarterly measurement, the results of the interrupted times series analysis will be reported. The analysis will determine whether any of the following inferences can be made: (1) there was no effect; (2) there was only an immediate effect; (3) there was only a sustained long term effect; or (4) there was both an immediate and a sustained long term effect. To model the time series, the evaluator will estimate the following equation:

$$Y = \beta_0 + \beta_1 Time + \beta_2 D + \beta_3 P + \varepsilon$$

where Y is the outcome variable or metric of interest, *Time* indicates the quarter since the beginning of the observational period (i.e., 1, 2, ...), D is an indicator variable (takes on either value 0 or 1) that indicates whether this period is before or after the Demonstration, and P denotes the period or quarter since the Demonstration started (i.e., 0's until the Demonstration effective date then 1, 2, ...).

Controlling for Member Characteristics

The design relies on measures that by nature include participants with attributes that are highly correlated. For example, many measures focus on specific diagnosis, medications, age bands or treatment conditions. The inclusion and exclusion criteria for each measure limits the variability of beneficiary characteristics that are observed in the data. In addition, as measure specificity increases (e.g., members with opioid prescriptions over 90 MME), sample size decreases, limiting the conclusions that may be drawn from the analysis.

However, Evaluation Questions #1 (Does the Demonstration maintain or improve identification, initiation, and engagement in treatment for SUD?) and #4 (Does the Demonstration contain or reduce preventable ED visits and inpatient hospitalizations for individuals with a SUD?) focus on broader population trends. As part of the interrupted time series analysis and based on the viability of the sample size, the evaluator will control for the following member demographic characteristics: age, race, gender, and aid category code using the following equation:

$$\begin{aligned} Y_t = & \beta_0 + \beta_1 T_t + \beta_2 X_t + \beta_3 X_t T_t + \beta_4 D_{AGE} + \beta_5 D_{AGE} T_t + \beta_6 D_{AGE} X_t + \beta_7 D_{AGE} X_t T_t + \beta_8 D_{GENDER} \\ & + \beta_9 D_{GENDER} T_t + \beta_{10} D_{GENDER} X_t + \beta_{11} D_{GENDER} X_t T_t + \beta_{12} D_{URBANRURAL} \\ & + \beta_{13} D_{URBANRURAL} T_t + \beta_{14} D_{URBANRURAL} X_t + \beta_{15} D_{URBANRURAL} X_t T_t + \beta_{16} D_{AIDCAT} \\ & + \beta_{17} D_{AIDCAT} T_t + \beta_{18} D_{AIDCAT} X_t + \beta_{19} D_{AIDCAT} X_t T_t + \varepsilon \end{aligned}$$

These variables are defined as:

- T_t (time since beginning of data collection)
- X_t (a dummy variable indicating if the current time period is pre-intervention ($X_t = 0$) or post-intervention ($X_t = 1$))
- $D_{AGE}, D_{GENDER}, D_{URBANRURAL}$, (demographic and geography variables)
- D_{AIDCAT} (the member's aid category code)
- $X_t T_t, D_{GENDER}T_t, D_{GENDER}X_t, D_{GENDER}X_tT_t, D_{AGE}X_t, D_{AGE}T_t, D_{AGE}X_tT_t, D_{URBANRURAL}T_t, D_{URBANRURAL}X_t, D_{URBANRURAL}X_tT_t, D_{AIDCAT}T_t, D_{AIDCAT}X_t$ and $D_{AIDCAT}X_tT_t$ (interaction variables)

Impact of the Novel Coronavirus Public Health Emergency

Given the unique circumstances of 2020, the evaluator will assess whether 2020 data will be used in the interrupted time series analysis. The analysis will be performed using data collected during CY2020 as part of the baseline period 2017-2020. If the 2020 analysis yields noticeable anomalies in the trend line, the data will be removed. Should 2020 data be removed, the evaluators will interpolate 2020 data points using a forward and backward interpolation. The evaluators will assume that seasonality, if present in the data, will follow the same seasonal trends as the average of the other baseline years. This will be treated as the counterfactual of "if 2020 were a normal year like 2017-2019." If the evaluators are unable to get good interpolations, then a logistic regression will be used to compare the average of the baseline years (2017-2019) to each post-intervention year (2021-2025) and exclude 2020 data.

Propensity Score Matching

Propensity Score Matching with t-test will be used for evaluating AC and non-AC comparison groups; and Health Home enrollees with enrollees who are not engaged with a Health Home. Propensity Score Matching is intended to reduce confounding variables associated with the observational data. Variables examined for the ACO analysis will include age, geography (recipient county of residence), aid category code, and gender. Geography is characterized as "Urban" and "Rural" using Maine county classifications as Metropolitan Statistical Areas as illustrated in Exhibit 9.

Exhibit 9. Propensity Score Matching Geographical Categories

PSM Geographic Category	Maine County (Recipient Place of Residence)
Urban	Cumberland, York, Sagadahoc, Androscoggin, Penobscot, Kennebec
Rural	Aroostook, Oxford, Hancock, Somerset, Knox, Waldo, Lincoln, Washington, Franklin, Piscataquis

The analysis will account for these variables by selecting similar-looking comparison and treatment groups from the larger population such that the groups look comparable across the demographic factors. A logit regression will be used to estimate the propensity scores and to match using the propensity score. After the matching, sample means will be compared between the treatment and

control groups to verify that they are indeed comparable before regressing the outcome of interest. This allows for an estimate of the effect of the treatment on the outcome.

The evaluator will use propensity score matching in alignment with Rosenbaum and Rubin (1983)⁵ where the propensity score collapses many observable demographic factors that could contribute to the outcome metric of interest to a one-dimensional score that can be used to compare member characteristics and create a comparison group comparable to the treatment group. This allows the evaluator to attribute more of the differences in the metrics of interest across these two groups to their treatment (or lack thereof in the case of the comparison group) and not to one of the demographic factors which could also explain some or all of the differences between the groups' outcomes. The observed baseline covariates include gender, age, geography, health status and the aid category codes (enumerated below). Health status is defined as the IBM Watson risk level identified through a member's assignment to a Diagnostic Code Group (DCG). The evaluator will perform a separate analysis for each year; thus, the year will enter as a covariate.

Since propensity score is a common but not the only method of comparing multi-dimensional/multi-attributed objects by collapsing the many dimensions to a one-dimensional score, the evaluator will also look at the coarsened exact matching to produce good covariate balancing between the treatment and comparison groups. After matching, the evaluator will compare the two groups on the aforementioned demographic factors to determine if there are statistically significant differences in any of those factors. Ideally, the evaluator should not find such differences, thereby attributing greater explanatory power to the variation in the metrics of interest to the member's association with the comparison or the treatment group.

The Propensity Score Matching formula is defined as:

$$P(Z_i | \text{gender, age, geo, one-hot encoded aid codes}) = \frac{1}{1 + e^{-(\beta_0 + \beta_1(\text{gender}) + \beta_2(\text{gender}) + \beta_3(\text{age}) + \beta_4(\text{aidcode1}) + \beta_5(\text{aidcode2}) + \dots + \beta_9(\text{DCG-code}) + \dots)}}$$

The aid category field which determines how a member qualified for Medicaid will be one-hot encoded to become the following binary variables:

- New Adult
- ABD
- ABD-Dual
- Non-ABD Adult
- Non-ABD Child

The propensity score provides balancing such that conditional on a propensity score, the distribution of the demographic variables enumerated above is not statistically significantly different. After deriving the propensity scores, the control and treatment groups are matched using the "nearest neighbor" search. Then the design will verify that covariates above are all balanced in the post-matching groups and then compare the results using a T-test.

⁵ The central role of the propensity score in observational studies for causal effects. Rosenbaum P.R., Rubin D. B., *Biometrika* (1983), 70, 1, pp. 41-55

The evaluator will consider additional covariates related to social determinants of health e.g., housing status, food security, should they become available during the demonstration period. Inclusion of additional covariates will be based on data availability and integrity. If the evaluator cannot find appropriately balanced comparison and treatment groups, the hypothesis being studied will be evaluated using a Logistic Regression. The Logistic Regression will compare results for the baseline year of CY2019, to each year of the Demonstration.

Logistic Regression

In the case that propensity score and coarsened exact matching do not yield comparable sample groups, the evaluator will perform logistic regressions against the baseline year of the Demonstration if the outcome of interest in the measure is binary. The evaluator will denote 0 as 'no' and 1 as 'yes' and estimate the log odds (or logit) which is ' $\ln(p/1-p)$ ' where ' \ln ' denotes natural log or log base e.

The logistic regression will be of the form:

$$l = \ln \frac{p}{1-p} = \beta_0 + \beta_1(\text{year}) + \varepsilon$$

which will be solved algebraically for p to yield:

$$p = \frac{1}{1 + e^{-(\beta_0 + \beta_1(\text{year}) + \varepsilon)}}$$

Sensitivity Analysis

The SUD Evaluation Design does not rely on sampling methods. Measures are constructed using nationally recognized, reliable, and valid measure sets, and include all members who meet the criteria for the outcome being studied (e.g., diagnostic, age, gender). All members eligible under Demonstration are included in the design. Also, there are limited evaluation design factors that may skew findings. However, to test the robustness of results derived from the Interrupted Time Series and/or Propensity Score Matching with T-test analysis, the evaluator will apply the following procedures:

- For the analyses using Interrupted Time Series, the evaluator will test the robustness of findings will be assessed by removing outliers (if any) and rerunning the original analysis to determine if trends and final results are significantly different. This will be in addition to comparisons of annualized results with quarterly findings for each measure to determine if the analysis has either lost meaningful variation or introduced artificial variation by increasing the frequency of measurement.
- For the analyses using Propensity Score Matching the evaluator will test the robustness of findings associated with the comparison strategy by using two types of matching algorithms (specifically propensity score matching and coarsened exact matching) to create subgroups that are balanced on observable demographic factors. The evaluator will compare their resulting matched groups for balance. The evaluator will conduct T-tests on the demographic factors post-matching to ensure that any differences in means are statistically insignificant.

Findings will report any occurrence where the results of statistical probability at the 0.05 level conflict between methods.

SUD Expenditure Analysis

In addition to hypotheses testing, the evaluation will explore changes in total Medicaid expenditures for members with an SUD. Cost of care measures not associated with a hypothesis will be examined for year-over-year change and utilization trends. An Interrupted Time Series design will be used to estimate different linear effects in the pre-demonstration (CY2017-CY2020) and post-demonstration periods (CY2021-2025). The evaluator will examine each cost measure separately.

$$Costs = \beta_0 + \beta_1 * Time + \beta_2 * Post + \beta_3 * (Time * Post) + B_i * Controls + \varepsilon$$

where:

- Time is a count variable that starts with the first quarter of pre-demonstration period data and ends with the last quarter of post-demonstration period data.
- Post is the indicator variable that equals 1 if the month occurred on or after the demonstration start date and 0 if the month occurred before the demonstration start date.
- Controls are covariates, such as age, gender, race, dual Medicare-Medicaid enrollment, risk score and month.

The cost will be examined relative to drivers such as ED utilization, inpatient hospitalization, and pharmacy services. For example, access to IMD services may result in improved engagement in MAT treatment, and subsequently, increase expenditures; while a decline in SUD-related ED use and hospitalizations may result in corresponding decreases in expenditures. The evaluation will include an exploratory examination of utilization and cost patterns and trends by categories of service. The evaluation may engage further analysis and impact assessments depending on staff and budget, data availability, administrative burden, and value to program managers and policymakers.

Isolation from Other SUD-Related Initiatives

The interrupted time series design will support the identification of trends before and after the Demonstration's start date (January 1, 2021). Results will measure whether the trend before and after the intervention are comparable in terms of both immediate and sustained effect. The evaluators may conclude the Demonstration had:

- no effect
- immediate effect only
- sustained effect only
- both immediate and sustained effects

Propensity score matching also can be used to help isolate impact of Demonstration. The evaluators identify two groups which, post matching, are similar demographically however, one is affected by Demonstration activity. For example, to examine the Demonstration's impact on health home services targeted for quality improvement the evaluator will define two groups; members who receive health

home services and those who are eligible but not receiving health home serves. By using PSM, the findings may ascribe a difference in the metrics of interests for services associated with the Demonstration (as opposed to a demographic factor) with greater confidence.

The evaluator may also consider a pooled pre/post PSM approach to help ensure that samples are otherwise demographically comparable group in the "pre" pool and the "post" pool. This would lend support to the suggestion that any changes detected in the post-intervention groups are due to the intervention rather than demographic differences that may affect health outcomes or utilization.

One initiative, MaineMOM, is funded by CMS outside of the Demonstration. MaineMOM involves providing integrated care management, social service supports, and MAT for Medicaid members who are pregnant and postpartum. To account for the effects of concurrent enrollment, the evaluator will perform the analysis as stated in the design with and without MaineMOM participants. If there are no statistically significant differences between the findings, the evaluator will show the results of the analysis including MaineMOM participants. Otherwise, the evaluator will present the results of the analysis on the population, not including MaineMOM participants.

Should other service options outside of the Demonstration become available during the Demonstration, the evaluator will generalize the model to account for additional services. For example, the evaluator will estimate a regression with terms for the effects of individual initiatives on the outcome of interest as well as interaction variables representing the effect of being simultaneously enrolled in two or more initiatives. Additional services, if any, may not have linearly additive effects on the metrics of interest.

Another SUD-related activity related to the SUD delivery system involves assessing service gaps and identifying opportunities for quality improvement. In most cases, quality planning and improvement activities as they relate to MaineCare are outlined in the SUD Implementation Plan and accounted for in the SUD Logic Model Diagram (e.g., opioid prescribing education, PDMP use, access to MAT, online screening, and service locator tool).

Community, provider, and member educational efforts not targeted exclusively for Medicaid enrollees may be occurring at the same time as the SUD Demonstration. These initiatives will be documented and provide context for findings but cannot be controlled for in the analysis.

IV. Methodological Limitations

Due to the quasi-experimental nature of the design and the limitations identified below, the evaluation results cannot be attributed to causal inference. The findings may suggest an association or correlation with various aspects of the Demonstration. However, language suggesting causation or analyses of counterfactuals may not be appropriate when describing results. Data and design limitations are outlined below.

Use of Administrative Data: The evaluation may be limited by its reliance on payment files, claims and diagnostic codes to identify the beneficiary population with SUD. These codes may not capture all participants, especially if the impact or severity of the SUD is not evident on the initial assessment. For example, an ED visit for a broken arm due to inebriation may not be coded as SUD-related if the member does not present as inebriated, the ED provider has not ascertained causation, or the member fails to disclose the cause. This type of limitation is inherent in claims based analysis, however the potential for missing data is random. There is no reason to believe that any given Demonstration group is more or less likely to have missing data.

Lack of True Experimental Control Groups: IMD facilities serve residents from across the State. Thus, regional control or comparison groups are not available. In addition, residential placement decisions are based on nationally recognized ASAM level of care guidelines; thus, individuals admitted to a residential SUD program have a clinically different profile and level of care need than those who are not admitted. These clinical differences eliminate the possibility of a matched sample of IMD enrollees who receive services versus those who did not. Lastly, all Medicaid enrollees who meet SUD criteria are eligible for the Demonstration. However, the evaluation will employ a comparison strategy to study delivery system enhancements relative to their impact on AC, TCM, and Health Home enrollees.

Medicaid Enrollment/Disenrollment: Medicaid enrollment changes on an annual basis related to eligibility. For example, someone may be attributed to a study cohort in year one, disenroll in year two and re-enroll in year three. In response to the novel coronavirus public health emergency, the State has suspended Medicaid terminations and is experiencing increased enrollment for CY2020 and CY2021. Enrollment is expected to drop in CY2022 as the emergency abates. In addition, as innovations such as the Medicaid ACO or Health Homes expand or change in membership or focus, membership in any potential comparison group decreases over time.

The current design includes several methods to mitigate the impact of the novel coronavirus pandemic. There is no expected delay in data availability due the pandemic or reduced statistical power. While the pandemic may result in an initial decline in utilization due to program shutdowns in early 2020, it may also result in increased utilization in subsequent time periods due to heightened stress, anxiety, and SUDs. The evaluator will continue to monitor the need for alternative analytic approaches based on data integrity and availability. The evaluator will present results in the context of enrollment trends and other contextual information regarding SUD treatment services in the State of Maine.

V. Special Methodological Considerations

SUD IMD treatment facilities are existing statewide providers that have been delivering care to Medicaid enrollees prior to the implementation of the SUD Demonstration. The Demonstration allows the State to continue services that have been in place, albeit with a new funding partner. Independent variables expected to result in change throughout the Demonstration are based on delivery system enhancements and quality improvement strategies and not new IMD expenditure authorities.

Attachments

A. Independent Evaluator

DHHS partnered with the New England States Consortium Systems Organization (NESCSO) to conduct a procurement for this project. NESCSO issued a Request for Proposals (RFP) on October 2, 2020, on behalf of the State. One RFP was released for all evaluation activities (evaluation design development and implementation) and the production of required CMS reports. Bidders were given the option of working with a subcontractor on the design or implementation components of the procurement. The successful bidder demonstrated, at a minimum, the following qualifications:

- The extent to which the evaluator can meet the RFP's minimum requirements, including an assurance that the firm does not have a conflict of interest in designing and performing the SUD evaluation;
- The extent to which the evaluator has sufficient capacity to conduct the proposed evaluation, in terms of technical experience and the size/scale of the evaluation;
- The evaluator's prior experience with similar evaluations;
- Past references; and
- Value (i.e., the evaluator's capacity to conduct the proposed evaluation, with consideration given to those that offer higher quality at a lower cost).

Four proposals were received, and Pacific Health Policy Group has been retained to develop the SUD Demonstration Evaluation Design and implement the final evaluation activities in compliance with CMS requirements.

B. Evaluation Budget

Assuming no Demonstration amendments or changes to the Evaluation Design, independent evaluator costs are expected to be \$498,456 over the project period 2021-2026. The estimated budget amount will cover independent evaluation expenses, including salary, fringe, administrative costs, other direct costs such as travel for data collection, conference calls, etc., as well as all costs related to quantitative and qualitative data collection/validation/analysis and report development.

DHHS also will incur costs for State staff to support the independent evaluator efficiently and effectively. The State data, analytic, and program staff will have to undertake data gathering, prepping, and submitting information to the evaluator in line with the evaluation goals and objectives. State staff will provide technical assistance and share their in-depth knowledge of existing State programs; State populations; Medicaid operations; and will leverage existing relationships with partner organizations, as needed.

DHHS has contracted with New England States Consortium Systems Organization (NESCSO) to administer the project on its behalf.

The evaluation budget may be modified to address contract deliverables and analytical needs and if the terms of the current Demonstration agreement are amended during the project period. The Office of MaineCare Services will report on progress and any known challenges to the evaluation budget, timelines, and implementation in its quarterly and annual reports to CMS.

An overview of the external evaluator, project administrator and State staff costs by evaluation activity and period is provided in Exhibit 10 below.

Exhibit 10. Evaluation Budget Overview

Evaluation Activity	2021	2022	2023	2024	2025	2026	Task Total
Project Management	\$13,400	\$10,000	\$10,000	\$10,000	\$10,000	\$4,000	\$57,400
Evaluation Design and Approval	\$55,000	\$0	\$0	\$0	\$0	\$0	\$55,000
Data Collection, Cleaning and Analysis	\$3,500	\$88,300	\$45,000	\$45,000	\$45,000	\$20,000	\$246,800
Reporting and CMS Follow-up		\$7,500	\$4,210	\$64,500	\$7,500	\$55,546	\$139,256
NESCSO Admin	\$4,314	\$6,348	\$3,553	\$7,170	\$3,750	\$4,773	\$29,907
Maine State Staff/Admin	\$10,000	\$35,000	\$35,000	\$35,000	\$35,000	\$35,000	\$185,000
Project Total	\$86,214	\$147,148	\$97,763	\$161,670	\$101,250	\$119,318	\$713,363

C. Timeline and Major Milestones

The evaluation timeline may be modified if the terms of the current Demonstration agreement are amended during the project period. MaineCare will report on progress and any known challenges to the evaluation timeline and implementation in its quarterly and annual reports to CMS.

Exhibit 11 provides an overview of the expected timeline and major evaluation-related milestones.

Exhibit 11. Evaluation Milestones and Timeline

Evaluation Activity	2021				2022				2023				2024				2025				2026				2027
	Q1	Q2	Q3	Q4	Q1	Q2	Q3	Q4	Q1	Q2	Q3	Q4	Q1	Q2	Q3	Q4	Q1	Q2	Q3	Q4	Q1	Q2	Q3	Q4	Q1
Evaluation Design and Approval																									
Submit draft Evaluation Design to CMS																									
Review CMS feedback and collaborate on revisions																									
Submit revised final Evaluation Design to CMS																									
Data Collection, Cleaning and Analysis																									
Define data extraction specifications for each data source																									
Define data extraction timelines for each data source																									
Clean and validate data received																									
Analyze data																									
Reporting and CMS Follow-up																									
Draft Annual Monitoring Report summary on progress																									
Submit Draft Interim Report to CMS																									
Review CMS feedback and collaborate on revisions																									
Submit Final Interim Evaluation Report to CMS																									
Submit Draft Summative Report to CMS																									
Review CMS feedback and collaborate on revisions																									
Submit Final Summative Evaluation Report to CMS																									
Post Final Summative Evaluation Report																									

Attachment F:
Maine Department of Health and Human Services:
Substance Use Disorder Care Initiative 1115 Waiver
Pilots Implementation Protocol R

Contents

Introduction	2
Pilot 1: Maintaining Medicaid Coverage.....	2
Pilot 2: Parenting Support Services	5
Pilot 2: Program 1 – Attachment Biobehavioral Catch-up.....	5
Pilot 2: Program 2 – Visit Coaching	8
Pilot 3: Home-based Skill Development Services	11
Implementation Administration	14

Introduction

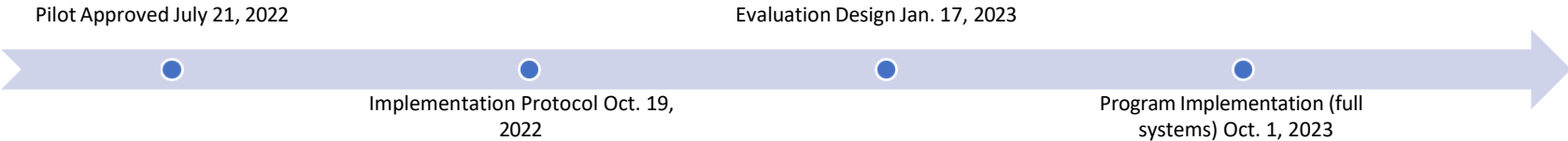
Maine appreciates the United States Department of Health and Human Services, Centers for Medicare and Medicaid Services (CMS) support in approving Maine to innovate and refine Substance Use Disorder (SUD) service delivery to increase access to and quality of SUD care. These pilots focus efforts on MaineCare-enrolled parents with SUD who are involved with or at-risk of involvement with CPS. In fiscal year 2019, 51 percent of children entering State custody came from a family with a SUD. The pilots assess both health outcomes for the family, consistent with the goals of the Medicaid program, as well as its impact on the child welfare system in the State.

Pilot 1: Maintaining Medicaid Coverage

Under this pilot health care related costs for parents who would otherwise lose eligibility due to the change in household size when their child is removed from the home pursuant to state law. Full Medicaid benefits will continue as the beneficiary was previously receiving.

Table 1. Pilot 1 – Implementation Process

Program Details	Parties Responsible
Overview	
<p>Parent(s) who would otherwise lose Medicaid eligibility due to the change in household size when their child is removed from the home pursuant to state law will be able to maintain coverage at the level they were previously receiving.</p> <p>Family reunification is always the primary goal when families are involved with Child Protective Services. The expanded Medicaid coverage would allow member to access to all Medicaid benefits covered under their plan as well as access to therapeutic services and rehabilitation to support their efforts in working the family service plan.</p> <p>Anticipated members to be served: 858 each calendar year.</p> <p>All members eligible for the pilot are currently able to maintain coverage under the current Public Health Emergency (PHE) continuous coverage provision. The Department is considering various approaches to implement Pilot 1 in conjunction with PHE unwinding efforts.</p>	OMS, OCFS, and OFI

<p>Building Provider Capacity</p> <p>The Department will not require collaboration with external agencies to operate Pilot 1, all processes are internal to DHHS offices; primarily the Office of MaineCare Services (OMS), Office of Child and Family Services (OCFS), and Office for Family Independence (OFI). With support from partnering offices as necessary, these teams will collaborate to develop and maintain appropriate operation and tracking systems.</p>	<p>OMS, OCFS, and OFI</p>
<p>Implementation Timeline</p> 	
<p>Notification Practices</p> <p>New eligibility factors available through Pilot 1 will be incorporated into ACES, OFI's data system. At time of redetermination, eligibility specialists will review the member's updated application information to determine if they are eligible for continued Medicaid coverage under the 1115 Waiver. Members will be informed of their eligibility for continued coverage under the waiver within 30 days of redetermination.</p> <p>Eligibility Specialists will be informed of the updated coverage opportunities and trained appropriately prior to program implementation.</p> <p>Prior to implementation, a public announcement will be made by the Department to share information pertaining to the 1115 Waiver pilot programs, including expanded Medicaid coverage available through this pilot. Information can also be found on the DHHS website, by calling OFI at 1-855-797-4357, or by visiting a DHHS District Office.</p>	<p>OMS and OFI</p>
<p>Eligibility</p> <p>Parent(s) who would otherwise lose Medicaid eligibility due to the change in household size when their child is removed from the home pursuant to state law are eligible to receive continued coverage under Pilot 1.</p> <p>There is no lifetime limit for a member's frequency or duration of coverage, a member may maintain coverage under the waiver provided they are deemed eligible. Medicaid coverage under the pilot would continue until the parent is no longer participating in rehabilitation, no longer participating in the family reunification plan, or until parental rights have been terminated, whichever event happens first. When an eligibility change occurs, a benefit redetermination will be conducted to determine if the member may maintain coverage outside of the pilot.</p>	<p>OFI</p>

Enrollment	
<p>Members do not require a referral to receive expanded Medicaid benefits under Pilot 1. Any shift in household size is flagged in ACES which automatically prompts a benefit review to be conducted within 30 days. During the redetermination, eligible members will be identified, and their Medicaid coverage will continue under the waiver with no lapse in coverage. Covered MaineCare members will be required to complete a periodic benefit review every 12 months or when eligibility factors change, whichever is sooner.</p> <p>Any discontinuation of the established reunification plan or related qualifiers would be reported to OFI by OCFS, prompting a re-evaluation and end to the member's Medicaid coverage under the waiver. Members will be notified at least 15 days prior to any decrease or discontinuation of Medicaid coverage. If a member loses coverage or is seeking benefits for the first time, they may (re)apply for benefits through OFI.</p> <p>A member may lose coverage under Pilot 1 under the following circumstances: member becomes ineligible; member requests a discontinuation of benefits; member passes away; or member does not complete their portion of the redetermination process. OFI will work with the member to avoid a lapse or loss of coverage, support is available to members who need assistance with benefit applications and redetermination processes. Members who are ineligible for Medicaid will be directed to Maine's Health Insurance Marketplace at CoverME.gov where they may access affordable health coverage.</p>	OCFS and OFI
Participant Tracking	
<p>Members will be identified in OMS reporting system, MIHMS, utilizing a unique Recipient Aid Category (RAC) code to track all eligible members and related data. We will track information pertaining program entry/exit, benefit retention, and additional recommendations set forth by the contracted reporting vendor and CMS.</p>	OMS
Data Systems	
<p>The Department will utilize existing data systems including Katahdin (OCFS), ACES (OFI), and MIHMS (OMS) to capture necessary information to track member information and progress towards identified, measurable pilot goals.</p> <p>The Department has explored numerous system implementation options for reporting and tracking to meet CMS64 reporting requirements. A new RAC code will go live 1 October 2023 to establish the permanent foundation necessary for systematic reporting. Our data systems include race, ethnicity, and place of residence, along with other member demographic variables, and can stratify results by the demographic variables mentioned. However, it is important to note that these data are collected at the time of enrollment and are self-reported.</p> <p>Member information currently can be pulled from existing structure within ACES. Full OMS reporting measures</p>	OMS, OFI, and OCFS

will be in place prior to program implementation.	
<p>The Department will enhance current identification measures in place for family household changes when a child is removed from the household pursuant to state law. Look to develop additional closed loop communication between OCFS and OFI to identify and evaluate eligibility under this pilot during the redetermination process.</p> <p>Additional information pertaining to the potential continuation of Medicaid benefits will be made available to parents as part of the initial Child Welfare investigation.</p>	OFI and OCFS

Pilot 2: Parenting Support Services

Eligible parents will receive services concentrating on increasing caregiver knowledge of child development, increasing caregiver nurturance, improving parenting practices, strengthening parent-child attachment, meeting the child's health-related and safety needs, and increasing child behavioral and biological regulation, while decreasing caregiver behaviors that could be frightening or overwhelming for their child.

Under this pilot, the Parenting Support Services will include two programs:

- A. Program 1: Attachment Biobehavioral Catch-up (ABC)
- B. Program 2: Visit Coaching

Pilot 2: Program 1 – Attachment Biobehavioral Catch-up

Table 2. Pilot 2: Program 1 – Implementation Process

September 21, 2023

Program Details	Parties Responsible
Overview	
<p>Attachment Biobehavioral Catch-up (ABC) is an evidence-based intervention service designed for caregivers of infants and toddlers who have experienced early adversity. The program supports parents to create and maintain a predictable environment to reduce stress and the likelihood of behavioral dysregulation.</p> <p>The goal of this pilot is to focus on nurturance, following the lead, and avoiding harsh and frightening behavior in parents who experience challenges in parenting, such as those with a SUD. By increasing skills associated with nurturance in response to distress, and reducing frightening behavior, ABC is expected to improve children's attachment quality and self-regulation. This enhanced attachment security should decrease family involvement with Child Protective Services and minimize risk of child removal from the home.</p>	OMS, OCFS, and contracted provider
<p>The department intends to bolster current ABC service offerings and expand reunification driven member access to 2-4 additional provider locations.</p> <p>The Department aims to serve 200 individual members each calendar year.</p>	
Building Provider Capacity	
<p>Utilizing foundational concepts established through existing ABC programs, DHHS will develop a separate 1115-focused sole-source provider contract. The contracted provider will be responsible for providing training, staff, and extended subcontracts to appropriate providers in designated geographic areas. With support from OCFS, the contracted provider will assist new providers in developing appropriate programming in alignment with MaineCare standards; Special Terms and Conditions (STCs) provided by CMS, the 1115 Waiver Implementation Plan, and additional supporting resources.</p>	OMS, OCFS, and contracted provider
Implementation Timeline	
<p>The diagram illustrates the implementation timeline for the ABC program. It features a horizontal timeline with a light blue arrow pointing to the right. Five blue dots mark key milestones along the timeline:</p> <ul style="list-style-type: none"> Pilot Approved July 21, 2022: Located at the start of the timeline. Implementation Protocol Submitted to CMS Oct. 19, 2022: Located below the timeline. Evaluation Design Submitted to CMS Jan. 17, 2023: Located above the timeline. Provider Contract Established Nov 1, 2023: Located below the timeline. Program Implementation Jan 1, 2024: Located at the end of the timeline. 	

September 21, 2023

Notification Practices	
<p>OCFS caseworkers will be informed of the updated service opportunities and trained appropriately prior to program implementation.</p> <p>Program information will be added to the resource guide available to qualifying parent(s) following the completion of an UNCOPE assessment. Following a Plan of Safe Care review, OCFS caseworkers will inform members of ABC services and connect members with additional program information upon request.</p> <p>Prior to implementation, a public announcement will be made by the Department to share information pertaining to the 1115 Waiver pilot programs, including expanded ABC services available through this pilot. Information can also be found on the DHHS website or by contacting OCFS.</p>	OMS and OCFS
Eligibility	
<p>Beneficiaries eligible for this pilot are MaineCare enrolled parents, with a SUD, who are involved with or at-risk of involvement with CPS and services have been recommended by a physician or other licensed practitioner of the healing arts. Members are eligible to enroll beginning at the 6th month of pregnancy, eligibility ends when the child reaches 24 months in age.</p> <p>Members may become ineligible if MaineCare coverage is discontinued; member does not maintain program engagement; the child reaches 24 months of age prior to completion of the program; or parent is no longer engaged in the reunification plan and related requirements. If a parent later regains eligibility, they may re-enroll dependent on program and provider capacity.</p> <p>The ABC and mABC program models allow 10-12 sessions per member. Program fidelity limits sessions to 10-12 per member as the intervention is designed to be brief.</p>	OMS, OCFS, and contracted provider
Enrollment	

<p>An OCFS caseworker will inform members of ABC services following the Plan of Safe Care review. Alternatively, An OCFS caseworker will complete an UNCOPE assessment with the parent during initial CPS investigation, the SUD-specific assessment can provide service eligibility determination.</p> <p>If the member is interested in ABC services, Child Welfare makes a referral to the contracted provider within 7 days following the review of Plan of Safe Care or UNCOPE assessment, whichever occurs first. Providers will meet with the member for an initial intake and recommendation determination within 30 days of receiving the initial referral.</p> <p>For the initial pilot, DHHS is focusing service efforts on families who are already engaged with CPS. Members at-risk of CPS involvement may self-refer or obtain a referral from an outside provider.</p> <p>Recommendation for service by a practitioner of the healing arts will be built into the provider's program intake assessment, the provider or provider's supervisor will have the necessary credentials to provide official recommendation.</p>	OCFS and contracted provider
Participant Tracking	
The contracted provider will be responsible for tracking member enrollment, engagement, participation, and retention. Quarterly reporting will be required in accordance with CMS guidelines.	OMS, and contracted provider

During the program intake, an established prompt will give members the opportunity to self-report their previous experience in similar programs. The provider will be responsible for submitting member responses to OMS on a quarterly basis as dictated in the service contract. Efforts will be compliant with CMS64 reporting requirements.	Contracted provider and OMS
Data Systems	
As pilot services will be offered via a contract with selected providers, no changes to the current data systems are required. Progress towards goals and stratified reporting will be a component of contract award. A template with reporting elements will be a requirement in the contract award.	Division of Contract Management, OMS, contracted provider, and contracted reporting vendor
The Department intends to bolster current ABC service offerings and expand reunification driven member access to 2-4 additional provider locations. The service provider contracted with DHHS will develop and implement systematic provider training models to ensure program fidelity in all extended service locations.	OMS, contracted provider

Pilot 2: Program 2 – Visit Coaching

Table 3. Pilot 2: Program 2 – Implementation Process

Program Details	Parties Responsible
Overview	
<p>The Department intends to expand visit coaching services in alignment with similar OCFS efforts to further test the hypothesis that this model results in increased reunification rates and improved timelines to permanency for children. The department will utilize data and provider partnerships developed through recent Visit Coaching programming efforts facilitated by a Community Action Program (CAP) in northern Maine. Pilot implementation will align with separate OCFS efforts to expand Visit Coaching services statewide.</p> <p>The Department aims to serve 100 individual members each calendar year.</p>	OMS and OCFS
Building Provider Capacity	
This pilot will provide visit coaching services service in three districts identified with having the highest rate of substance use risk factors in families involved with CPS. These districts are not otherwise covered by any visit coaching service contracted through DHHS. OCFS will explore contract opportunities with identified providers and determine the need to move forward with an RFP competitive or sole source procurement process	Division of Contract Management, OMS, and OCFS

Implementation Timeline	
Notification Practices	
<p>OCFS caseworkers will be informed of the updated service opportunities and trained appropriately prior to program implementation.</p> <p>Following the completion of an UNCOPE assessment, OCFS caseworkers will inform members of Visit Coaching services and connect members with additional program information upon request. Service information will be added to the resource guide available to qualifying parent(s).</p> <p>Prior to implementation, a public announcement will be made by the Department to share information pertaining to the 1115 Waiver pilot programs, including expanded ABC services available through this pilot. Information can also be found on the DHHS website or by contacting OCFS.</p>	OMS and OCFS
Eligibility	
<p>Eligible members are MaineCare enrolled parents, with a SUD who are involved with CPS and services have been recommended by a physician or other licensed practitioner of the healing arts. For the initial pilot period, the department intends to focus service delivery on families who have been internally identified through active cases with CPS. For families whose children are in the home (at-risk and in trail placements), visit coaching is not deemed an appropriate service and would not be considered eligible for services.</p> <p>Members are eligible to enroll in services at any point during the reunification process; members are encouraged to begin services within the first month of the reunification process. Services are provided over four consecutive months; extensions may be requested by the member.</p>	OCFS and contracted provider

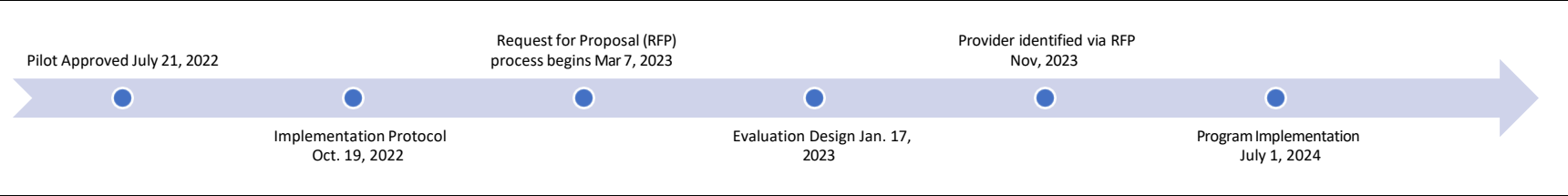
<p>If a member becomes disengaged during the service, they may re-apply at a later date to re-enroll and renew services dependent on provider availability.</p> <p>Members may become ineligible if MaineCare coverage is discontinued; member does not engage in the program; the child(ren) return home; or parent is no longer engaged in the reunification plan and related requirements.</p>	
Enrollment	
<p>Members may enroll in the service following a CPS investigation that results in removal of child(ren) from home.</p> <p>If the member is interested in Visit Coaching services, Child Welfare makes a referral to the contracted provider within 7 days following the completion of the UNCOPE assessment. The UNCOPE assessment is designed to assess substance use risk factors in parents and identify appropriate referrals. Providers will meet with the member for an initial intake and recommendation determination within 30 days of receiving the initial referral. When services begin, the provider will work with the family and related Child Welfare supports to determine coaching frequency, ideally 2-3 visits per week over a 4 month period.</p> <p>Recommendation for service can be built into intake assessment, the provider's supervisor has the necessary credentials to provide official recommendation.</p> <p>Prior to enrollment, members are required to receive a SUD diagnosis by a qualified practitioner of the healing arts. The department intends to develop appropriate referral and support services to assist members in accessing required treatment and limit services barriers.</p> <p>This pilot will provide Visit Coaching services service in three districts identified with having the highest rate of substance use risk factors in families involved with CPS. These districts are not otherwise covered by any visit coaching service contracted through DHHS. Only members whose primary residence lies within the identified districts are eligible to enroll in services, members living outside of the designated pilot areas will be referred to comparable services.</p>	OCFS and contracted provider
Participant Tracking	
<p>The contracted provider will be responsible for tracking member enrollment, engagement, participation, and retention. Quarterly reporting will be required in accordance with CMS guidelines.</p>	OMS, contracted provider, and contracted reporting vendor

During the program intake, an established prompt will give members the opportunity to self-report their previous experience in similar programs. The provider will be responsible for submitting member responses to OMS on a quarterly basis as dictated in the service contract. Efforts will be compliant with CMS64 reporting requirements.	Contracted provider and OMS
Data Systems	
As these services will be offered via a contract with selected providers, no changes to the current data systems are required. Progress towards goals and stratified reporting will be a component of contract award. A template with reporting elements will be a requirement in the contract award.	OMS and contracted provider.
The Department intends to implement the pilot in three districts identified with having the highest rate of substance use risk factors in families involved with CPS to maintain fidelity to the program and assure outcome effectiveness.	OCFS

Pilot 3: Home-based Skill Development Services

Table 4. Pilot 3 – Implementation Process

Program Details	Parties Responsible
Overview	
<p>Through this pilot, the Department aims to provide daily living skills development, community integration, therapeutic support, and housing support services to eligible parents with a SUD to restore and improve the member's abilities. This service will assist members to develop the skills necessary for living in the community and aid in their recovery process through daily living skills development, community integration, and housing supports.</p> <p>The Department aims to serve 200 individual members each calendar year. Member scope expansion will be considered 12 months from program implementation, expansion will be informed by a comprehensive program evaluation.</p>	OMS, OCFS, and Office of Behavioral Health (OBH)

<p>Building Provider Capacity</p> <p>Considering the unique nature of this program and current state-wide offerings familiar to OBH and OCFS, submitting an RFP has been identified as the most appropriate path to building provider capacity. The geographic service area and related provider involvement will be determined following the completion of the competitive procurement process.</p> <p>With a goal to serve 200 members in the pilot’s first year, the Department aims to contract with one provider. If the annual program evaluation identifies the number of members in need has increased, the department will consider extending the contract to an additional service agency in year 2.</p>	<p>Division of Contract Management, OMS, OCFS, and OBH</p>
<p>Implementation Timeline</p> 	
<p>Notification Practices</p> <p>With support from OBH and OCFS, the contracted provider will develop appropriate programming in alignment with MaineCare standards, STCs provided by CMS, the 1115 Waiver Implementation Plan, and additional supporting resources. The contracted provider will be responsible for collaboration and communication with any additional partnering health vendors.</p> <p>OCFS caseworkers and OBH SUD services staff will be informed of the updated service opportunities and trained appropriately prior to program implementation. Program information will be added to resource guides available to the public in respective districts.</p> <p>Prior to implementation, a public announcement will be made by the Department to share information pertaining to the 1115 Waiver pilot programs, including new Home-based Development Services services available through this pilot. Information can also be found on the DHHS website or by contacting the Office of Behavioral Health.</p>	<p>OMS, OCFS, and OBH</p>
<p>Eligibility</p> <p>Beneficiaries eligible for this pilot are MaineCare enrolled parents, with a SUD who are involved with or at-risk of involvement with CPS and services have been recommended by a physician or other licensed practitioner of the healing arts.</p>	<p>OCFS, OBH and contracted provider</p>

<p>There is no service duration limit, a member may engage in services at any time provided they are deemed eligible. Services under the pilot would continue until the parent is no longer participating in rehabilitation; disengages in the program; is no longer participating in the family reunification plan; or until parental rights have been terminated, whichever event happens first.</p> <p>Considering the limited reach of the pilot, members may be deemed ineligible for services if the service provider does not offer programming in the member's geographic area. If a member is denied services, the provider will connect the member with information on comparable resources upon request, provided such resources exist and are accessible.</p>	
<p>Enrollment</p>	
<p>Members may enroll in services during the following stages of CPS involvement:</p> <ol style="list-style-type: none"> 1. CPS investigation that does not result in removal. 2. CPS investigation that results in removal of child(ren) from home. 3. Trial placement of child returning home near the end of the reunification process. <p>Referral to services may occur at any point. The department anticipates most program referrals will be made via established resource determination processes through OCFS. With this process, An OCFS caseworker will complete UNCOPE assessment with the parent during the initial CPS investigation. If the member is interested in Home-based Skill Development services, the OCFS caseworker will refer the member to the contracted provider within 7 days following the completion of the UNCOPE screening.</p> <p>Members not referred by a DHHS agent may self-refer or obtain a referral from an outside provider. The contracted service provider will meet with the member for an initial intake and recommendation determination within 30 days of receiving the initial referral. When services begin, the provider will work with the family to establish a person-centered Plan of Care and appropriate service frequency. The service will be delivered at an intensity and duration determined to be clinically appropriate to address the individual's needs.</p> <p>Recommendation for service can be built into initial intake, the provider or provider's supervisor have the necessary credentials to provide official recommendation.</p>	<p>OCFS, OBH, and contracted provider</p>

<p>Prior to enrollment, members are required to receive a SUD diagnosis by a qualified practitioner of the healing arts. The department intends to develop appropriate referral and support services to assist members in accessing required treatment and limit services barriers. Points will be given to RFP applicants who have appropriately licensed staff and/or diagnostic systems in place to support this requirement.</p> <p>If a member wishes to re-enroll in services at any point, they may work with OBH staff and/or self-refer to complete a new eligibility screening.</p>	
Participant Tracking	
The contracted provider will be responsible for tracking member enrollment, engagement, participation, and retention. Quarterly reporting will be required in accordance with CMS guidelines.	OMS, and contracted provider.
During the program intake, an established prompt will give members the opportunity to self-report their previous experience in similar programs. The provider will be responsible for submitting member responses to OMS on a quarterly basis as dictated in the service contract. Efforts will be compliant with CMS64 reporting requirements.	Contracted provider and OMS
Data Systems	
As these services will be offered via a contract with selected providers, there is not changes to the current data systems required. Progress towards goals and stratified reporting will be a component of contract award. A template with reporting elements will be a requirement in the contract award.	OMS, contracted provider, and contracted reporting vendor
The Department will award service contract following a competitive RFP procurement process for year 1 of pilot implementation. If the annual program evaluation identifies the number of members in need has increased, the department will consider awarding a contract to an additional service agency in year 2. If successful, OMS will consider which authority will be appropriate to continue service provision: a State Plan Amendment, 1915(i) Home and Community-Based Services State Plan Amendment, or 1915(c) waiver to support statewide implementation of this service.	OMS

Implementation Administration

Name and Title: Allison Weeks, Substance Use Disorder Program Manager

Telephone Number: 207-692-6478

Email Address: Allison.P.Weeks@maine.gov