

Facesheet: 1. Request Information (1 of 2)

A. The **State of North Carolina** requests a waiver/amendment under the authority of section 1915(b) of the Act. The Medicaid agency will directly operate the waiver.

B. Name of Waiver Program(s): Please list each program name the waiver authorizes.

Short title (nickname)	Long title	Type of Program
NC Innovations	NC Innovations	PIHP;
NC MH/IDD/SUD	State of North Carolina NC MH/IDD/SAS Health Plan	PIHP;
NC TBI	NC Traumatic Brain Injury	PIHP;

Waiver Application Title *(optional - this title will be used to locate this waiver in the finder):*

2024 Renewal Waiver

C. Type of Request. This is an:

Amendment request for an existing waiver.

The amendment modifies (Sect/Part):

NC Medicaid is pursuing to update the 1915(b) waiver to include a new 1915(b)(3) service Long Term Residential and Day Supports (LTRDs), update Section D to include update to cost effectiveness projections to include the post release population into existing MEG groups, update Section D cost projections for Mental Health Parity due to removing treatment limits that previously applied to the 1915(b) waiver enrollees.

1915(b)(3) service Long Term Residential and Day Supports:

LTRDs which covers community-based, health related, social needs services targeted to individuals who meet an intermediate care facility (ICF) level of care. Services are designed to avoid institutionalization and provide supports so the individual is able to live and/or work in the community. The service is currently provided by all Prepaid Inpatient Health Plans as an in lieu of service (ILOS) and will transition under 1915(b)(3) authority on January 1, 2025. The State will end existing 1915(b)(3) services that have transitioned to 1915(i) services.

Re-entry Population:

North Carolina Senate Bill 425, effective 1/1/2025, stipulates that the reentry population may not enroll in integrated Medicaid managed care organization during the post-release period from a carceral setting, including Standard Plans, Tailored Plans, or, once launched, the Children and Families Specialty Plan. Individuals will be enrolled in NC Medicaid Direct for either the period until their next Medicaid redetermination or for 365 days, whichever is less (note: North Carolina is currently seeking legislative change to enroll all individuals in the reentry population in NC Medicaid Direct until the first of the month after a period of 365 days post-release.). In NC Medicaid Direct, physical health services are covered fee-for-service, and behavioral health and I/DD services are covered by North Carolina's limited benefit prepaid inpatient health plans (PIHPs) administered by LME-MCOs for individuals eligible for full benefits. By enrolling individuals in NC Medicaid Direct post-release, North Carolina will be able to ensure that the reentry population has immediate access at release to the full array of behavioral health services that are covered for Medicaid beneficiaries. The 1915(b) waiver will be updated to allow individuals who are re-entering into their community access to Medicaid for up to a year for the post release population. D1 Member Months schedule in the updated cost effectiveness workbook reflects an adjustment to the Projected Quarter 3 MMs to reflect an increase in enrollment due to the change in reentry eligibility effective 1/1/2025.

Mental Health Parity:

Federal regulations under 42 C.F.R. §§ 440.345(c) and 440.395 require that Alternative Benefit Plans must comply with the Mental Health Parity and Addiction Equity Act. A State may not apply within an ABP any financial requirement or treatment limitation to mental health or substance use disorder benefits in any classification that is more restrictive than the predominant financial requirement or treatment limitation of that type applied to substantially all medical/surgical benefits in the same classification. In addition, A State may not impose a nonquantitative treatment limitation (NQTL) for mental health or substance use disorder benefits in any classification unless, under the terms of the ABP as written and in operation, any processes, strategies, evidentiary standards, or other factors used in applying the nonquantitative treatment limitation to mental health or substance use disorder benefits in the classification are comparable to, and are applied no more stringently than, the processes, strategies, evidentiary standards, or other factors used in applying the limitation for medical/surgical benefits in the classification. In accordance with 42 C.F.R. 42 CFR § 440.395, the State must review and ensure compliance with, and delivery of services in compliance with, requirements of 42 C.F.R. to 42 CFR § 440.395. In accordance with federal law, the Department has completed a parity analysis on Medicaid Direct CCPs and has identified non-compliant QTLs and utilization management (UM) NQTLs for which documentation of UM strategies, evidentiary standards, and/or processes is insufficient to show the UM requirement for mental health and substance use disorder (MH/SUD) benefits are comparable to and no more stringent to medical/surgical (M/S) benefits in the same classification in certain Medicaid Direct MH/SUD CCPs. The 1915(b) waiver cost effectiveness projections will be amended to consider the limit removals related to Mental Health Parity that will be effective 1/1/2025. An additional positive programmatic change will be applied to the PMPM projections to reflect the expectation that limit removals may result in some increases in utilization. The adjustment will be based on analysis of historical data and prior authorization data for impacted services. A prorated adjustment will be applied to Projection Year 1 due to the mid-year effective date and the remaining incremental adjustment will be applied to Projection Year 2 to consider a full year of impact moving forward

Requested Approval Period: *(For waivers requesting three, four, or five year approval periods, the waiver must serve individuals who are dually eligible for Medicaid and Medicare.)*

1 year

- 2 years
- 3 years
- 4 years
- 5 years

Draft ID:NC.042.06.05

Waiver Number:NC.0002.R06.01

D. Effective Dates: This amendment is requested for a period of 5 years. (For beginning date for an initial or renewal request, please choose first day of a calendar quarter, if possible, or if not, the first day of a month. For an amendment, please identify the implementation date as the beginning date, and end of the waiver period as the end date)

Approved Effective Date of Base Waiver being Amended: 07/01/24

Proposed Effective Date: (mm/dd/yy)

01/01/25

Facesheet: 2. State Contact(s) (2 of 2)

E. State Contact: The state contact person for this waiver is below:

Name:

Ashley Blango

Phone:

(919) 812-6145

Ext:

TTY

Fax:

(919) 715-9451

E-mail:

ashley.blango@dhhs.nc.gov

If the State contact information is different for any of the authorized programs, please check the program name below and provide the contact information.

The State contact information is different for the following programs:

NC Innovations

State of North Carolina NC MH/IDD/SAS Health Plan

NC Traumatic Brain Injury

Note: If no programs appear in this list, please define the programs authorized by this waiver on the first page of the

Section A: Program Description

Part I: Program Overview

Tribal consultation.

For initial and renewal waiver requests, please describe the efforts the State has made to ensure Federally recognized tribes in the State are aware of and have had the opportunity to comment on this waiver proposal.

Tribal officials of the Eastern Band of the Cherokee Indians (ECBI), which is the only federally recognized tribe in NC, were notified of 1915(b) Waiver Amendment to update the waiver to include a new 1915 (b)(3) services and cost projection. NC Medicaid submitted a request for Tribal consultation to EBCI and Unity health on August 26, 2024, feedback was received from the EBCI on September 26, 2024; a response was not received from Unity Health. NC Medicaid submitted the 1915(b)amendment effective January 1, 2025, the State included a new 1915 (b)(3) service definition for Long Term Residential and Day Supports and updated the cost effectiveness numbers. NC Medicaid responded to the Tribal consultation on September 26, 2024, and received a response from the ECBI on September 26, 2024. The Tribal consultation form has been uploaded for reference. NC Medicaid indicated the goals for the waiver amendment is to include the addition of a new 1915(b) (3) services, Long Term Residential and Day Supports, which covers community-based, health related, social needs services targeted to individuals who meet an intermediate care facility (ICF) level of care. Services are designed to avoid institutionalization and provide supports so the individual is able to live and/or work in the community. The service is currently provided by all Prepaid Inpatient Health Plans as an in lieu of service (ILOS), but it will be transitioned under 1915(b)(3) authority on January 1, 2025.

On November 8, 2024, NC submitted a request for additional Tribal consultation to EBCI and Unity Health requesting. NC Medicaid detailed the goal to update the cost effectiveness report to include the legislative change to enroll all individuals in the Reentry population. The Tribal consultation also included the update of the cost effectiveness report to include Mental Health Parity due to removing treatment limits that previously applied to 1915(b) waiver enrollees.

The Eastern Band of the Cherokee Indians (EBCI) and the Cherokee Indian Hospital Authority (CIHA) provided the following comments:

The Eastern Band of the Cherokee Indians (EBCI) and the Cherokee Indian Hospital Authority (CIHA) received a request for consultation on August 26, 2024. We have reviewed the waiver and understand that the rational for the change from an In Lieu of Service (ILOS) to a 1915b/3 service is to address a percentage limitation established by CMS.

We have reviewed the accompanying documentation and offer the following comments:

1. We are in agreement to maintaining the service by moving the service to the 1915 b/3 authority.
- 2.The licensure options under the residential and meaningful day components reference on NC General Statutes and do not take into account the exceptions granted for Tribal equivalence, or those programs operated by Indian Health Services/638 Compacts as allowed by Federal Law. We have attached recommendations to the attached draft definition. Please note that we are agreeable to changing our suggested wording or to put an overarching statement that federally recognized tribal providers/IHS are not subject to NC licensure and may have substantial equivalency as allowed by Federal law.
- 3.We have reviewed the accompanying definition shared with us and the definition does not include the nuisances for tribal providers (such as licensure by NC DHHS, reference to state laws and not tribal code, etc. We have provided comments on the attached definition for your review.

The State implemented the changes requested by the EBCI.

Program History.

For renewal waivers, please provide a brief history of the program(s) authorized under the waiver. Include implementation date and major milestones (phase-in timeframe; new populations added; major new features of existing program; new programs added).

The 1915 (b) waiver operates concurrently with two 1915 (c) waivers: 1) NC Innovations Waiver, which serves individuals with intellectual and developmental disabilities; and 2) NC TBI Waiver, which serves individuals with traumatic brain injury, which became effective on May 1, 2018. 1915(i) authority was added effective 7/1/23. With this renewal, some individuals who had previously been enrolled in the PIHPs will be transitioned to the Tailored Plan which is a comprehensive managed care program for individuals with behavioral health needs and intellectual/developmental disability (I/DD) and is authorized through the state's 1115 waiver. Tailored Plan goes live July 1, 2024.

Additional history can be found in the previous waiver document.

While physical health services are the same for all individuals with Medicaid, some services for people with an I/DD, mental illness, traumatic brain injury (TBI), or substance use disorder are only available through the LME/MCO's, whether in the 1915(b) NC Medicaid Directed Program or in the 1115 Tailored Plan Program.

Section A: Program Description

Part I: Program Overview

A. Statutory Authority (1 of 3)

1. Waiver Authority. The State's waiver program is authorized under section 1915(b) of the Act, which permits the Secretary to waive provisions of section 1902 for certain purposes. Specifically, the State is relying upon authority provided in the following subsection(s) of the section 1915(b) of the Act (if more than one program authorized by this waiver, please list applicable programs below each relevant authority):

- a. 1915(b)(1)** - The State requires enrollees to obtain medical care through a primary care case management (PCCM) system or specialty physician services arrangements. This includes mandatory capitated programs.
-- *Specify Program Instance(s) applicable to this authority*

NC Innovations

NC MH/IDD/SUD

NC TBI

- b. 1915(b)(2)** - A locality will act as a central broker (agent, facilitator, negotiator) in assisting eligible individuals in choosing among PCCMs or competing MCOs/PIHPs/PAHPs in order to provide enrollees with more information about the range of health care options open to them.
-- *Specify Program Instance(s) applicable to this authority*

NC Innovations

NC MH/IDD/SUD

NC TBI

- c. 1915(b)(3)** - The State will share cost savings resulting from the use of more cost-effective medical care with enrollees by providing them with additional services. The savings must be expended for the benefit of the Medicaid beneficiary enrolled in the waiver. Note: this can only be requested in conjunction with section 1915(b)(1) or (b)(4) authority.
-- *Specify Program Instance(s) applicable to this authority*

NC Innovations

NC MH/IDD/SUD

NC TBI

- d. 1915(b)(4)** - The State requires enrollees to obtain services only from specified providers who undertake to provide such services and meet reimbursement, quality, and utilization standards which are consistent with access, quality, and efficient and economic provision of covered care and services. The State assures it will comply with 42 CFR 431.55(f).
-- *Specify Program Instance(s) applicable to this authority*

NC Innovations

NC MH/IDD/SUD

NC TBI

The 1915(b)(4) waiver applies to the following programs

MCO

PIHP

PAHP

PCCM (Note: please check this item if this waiver is for a PCCM program that limits who is eligible to be a primary care case manager. That is, a program that requires PCCMs to meet certain quality/utilization criteria beyond the minimum requirements required to be a fee-for-service Medicaid contracting provider.)

FFS Selective Contracting program
Please describe:

Section A: Program Description

Part I: Program Overview

A. Statutory Authority (2 of 3)

2. Sections Waived. Relying upon the authority of the above section(s), the State requests a waiver of the following sections of 1902 of the Act (if this waiver authorizes multiple programs, please list program(s) separately under each applicable statute):

- a. **Section 1902(a)(1)** - Statewide--This section of the Act requires a Medicaid State plan to be in effect in all political subdivisions of the State. This waiver program is not available throughout the State.
-- *Specify Program Instance(s) applicable to this statute*

NC Innovations

NC MH/IDD/SUD

NC TBI

- b. **Section 1902(a)(10)(B)** - Comparability of Services--This section of the Act requires all services for categorically needy individuals to be equal in amount, duration, and scope. This waiver program includes additional benefits such as case management and health education that will not be available to other Medicaid beneficiaries not enrolled in the waiver program.
-- *Specify Program Instance(s) applicable to this statute*

NC Innovations

NC MH/IDD/SUD

NC TBI

- c. **Section 1902(a)(23)** - Freedom of Choice--This Section of the Act requires Medicaid State plans to permit all individuals eligible for Medicaid to obtain medical assistance from any qualified provider in the State. Under this program, free choice of providers is restricted. That is, beneficiaries enrolled in this program must receive certain services through an MCO, PIHP, PAHP, or PCCM.
-- *Specify Program Instance(s) applicable to this statute*

NC Innovations

NC MH/IDD/SUD

NC TBI

- d. **Section 1902(a)(4)** - To permit the State to mandate beneficiaries into a single PIHP or PAHP, and restrict disenrollment from them. (If state seeks waivers of additional managed care provisions, please list here).

-- *Specify Program Instance(s) applicable to this statute*

NC Innovations

NC MH/IDD/SUD

NC TBI

- e. **Other Statutes and Relevant Regulations Waived** - Please list any additional section(s) of the Act the State

requests to waive, and include an explanation of the request.

-- Specify Program Instance(s) applicable to this statute

NC Innovations

NC MH/IDD/SUD

NC TBI

Section A: Program Description

Part I: Program Overview

A. Statutory Authority (3 of 3)

Additional Information. Please enter any additional information not included in previous pages:

Section A: Program Description

Part I: Program Overview

B. Delivery Systems (1 of 3)

1. Delivery Systems. The State will be using the following systems to deliver services:

- a. **MCO:** Risk-comprehensive contracts are fully-capitated and require that the contractor be an MCO or HIO. Comprehensive means that the contractor is at risk for inpatient hospital services and any other mandatory State plan service in section 1905(a), or any three or more mandatory services in that section. References in this preprint to MCOs generally apply to these risk-comprehensive entities.
- b. **PIHP:** Prepaid Inpatient Health Plan means an entity that: (1) provides medical services to enrollees under contract with the State agency, and on the basis of prepaid capitation payments or other payment arrangements that do not use State Plan payment rates; (2) provides, arranges for, or otherwise has responsibility for the provision of any inpatient hospital or institutional services for its enrollees; and (3) does not have a comprehensive risk contract. Note: this includes MCOs paid on a non-risk basis.
 - The PIHP is paid on a risk basis**
 - The PIHP is paid on a non-risk basis**
- c. **PAHP:** Prepaid Ambulatory Health Plan means an entity that: (1) provides medical services to enrollees under contract with the State agency, and on the basis of prepaid capitation payments, or other payment arrangements that do not use State Plan payment rates; (2) does not provide or arrange for, and is not otherwise responsible for the provision of any inpatient hospital or institutional services for its enrollees; and (3) does not have a comprehensive risk contract. This includes capitated PCCMs.
 - The PAHP is paid on a risk basis**
 - The PAHP is paid on a non-risk basis**
- d. **PCCM:** A system under which a primary care case manager contracts with the State to furnish case management services. Reimbursement is on a fee-for-service basis. Note: a capitated PCCM is a PAHP.

- e. **Fee-for-service (FFS) selective contracting:** State contracts with specified providers who are willing to meet certain reimbursement, quality, and utilization standards.

the same as stipulated in the state plan
different than stipulated in the state plan
 Please describe:

- f. **Other:** (Please provide a brief narrative description of the model.)

Section A: Program Description

Part I: Program Overview

B. Delivery Systems (2 of 3)

- 2. **Procurement.** The State selected the contractor in the following manner. Please complete for each type of managed care entity utilized (e.g. procurement for MCO; procurement for PIHP, etc):

Procurement for MCO

- Competitive** procurement process (e.g. Request for Proposal or Invitation for Bid that is formally advertised and targets a wide audience)
- Open** cooperative procurement process (in which any qualifying contractor may participate)
- Sole source** procurement
- Other** (please describe)

Procurement for PIHP

- Competitive** procurement process (e.g. Request for Proposal or Invitation for Bid that is formally advertised and targets a wide audience)
- Open** cooperative procurement process (in which any qualifying contractor may participate)
- Sole source** procurement
- Other** (please describe)

Procurement for PAHP

- Competitive** procurement process (e.g. Request for Proposal or Invitation for Bid that is formally advertised and targets a wide audience)
- Open** cooperative procurement process (in which any qualifying contractor may participate)
- Sole source** procurement
- Other** (please describe)

Procurement for PCCM

Competitive procurement process (e.g. Request for Proposal or Invitation for Bid that is formally advertised and targets a wide audience)

Open cooperative procurement process (in which any qualifying contractor may participate)

Sole source procurement

Other (please describe)

Procurement for FFS

Competitive procurement process (e.g. Request for Proposal or Invitation for Bid that is formally advertised and targets a wide audience)

Open cooperative procurement process (in which any qualifying contractor may participate)

Sole source procurement

Other (please describe)

Section A: Program Description

Part I: Program Overview

B. Delivery Systems (3 of 3)

Additional Information. Please enter any additional information not included in previous pages:

Historical information can be found in the previous amendment.

Section A: Program Description

Part I: Program Overview

C. Choice of MCOs, PIHPs, PAHPs, and PCCMs (1 of 3)

1. Assurances.

The State assures CMS that it complies with section 1932(a)(3) of the Act and 42 CFR 438.52, which require that a State that mandates Medicaid beneficiaries to enroll in an MCO, PIHP, PAHP, or PCCM must give those beneficiaries a choice of at least two entities.

The State seeks a waiver of section 1932(a)(3) of the Act, which requires States to offer a choice of more than one PIHP or PAHP per 42 CFR 438.52. Please describe how the State will ensure this lack of choice of PIHP or PAHP is not detrimental to beneficiaries ability to access services.

PIHPs are local management entities (LMEs) coordinating publicly-funded MH/IDD/SUD services. NC General Statute 122C designates LMEs as the “locus of coordination” for the provision of all publicly-funded MH/IDD/SUD services in each LME/MCO’s respective geographic catchment area. The State believes that the PIHPs are in a unique position to bring together the services and supports (formal and informal) and providers (professional and paraprofessional) that are needed to meet the complex needs of these populations. The LME/MCOs have decades of experience locating and developing services for consumers with MH/IDD/SAS needs, and have built strong, collaborative working relationships with the providers of these services. These providers support this initiative and enrollees have at least as much choice of individual providers as they had in the non-managed care environment. By delivering, managing and paying for services through this one public entity with the appropriate experience, the State has streamlined and simplified the delivery system, better identified those in need of services and better assessed enrollee service needs.

AI/AN individuals can choose any provider, including IHCPs.

2. Details. The State will provide enrollees with the following choices (please replicate for each program in waiver):

Program: " NC Innovations. "

Two or more MCOs

Two or more primary care providers within one PCCM system.

A PCCM or one or more MCOs

Two or more PIHPs.

Two or more PAHPs.

Other:

please describe

PIHPs are local management entities-Managed Care Organizations (LME-MCOs) coordinating publicly-funded MH/IDD/SUD services. NC General Statute 122C designates LME-MCOs as the “locus of coordination” for the provision of all publicly-funded MH/IDD/SUD services in each LME-MCO’s respective geographic catchment area. The State believes that the PIHPs are in a unique position to bring together the services and supports (formal and informal) and providers (professional and paraprofessional) that are needed to meet the complex needs of these populations. The LME-MCOs have decades of experience locating and developing services for consumers with MH/IDD/SAS needs, and have built strong, collaborative working relationships with the providers of these services. These providers support this initiative and enrollees have at least as much choice of individual providers as they had in the non-managed care environment. By delivering, managing and paying for services through this one public entity with the appropriate experience, the State has streamlined and simplified the delivery system, better identified those in need of services and better assessed enrollee service needs.

AI/AN individuals can choose any provider, including IHCPs.

Program: " State of North Carolina NC MH/IDD/SAS Health Plan. "

Two or more MCOs

Two or more primary care providers within one PCCM system.

A PCCM or one or more MCOs

Two or more PIHPs.

Two or more PAHPs.

Other:

please describe

PIHPs are local management entities-Managed Care Organizations (LME-MCOs) coordinating publicly-funded MH/IDD/SUD services. NC General Statute 122C designates LMEs as the “locus of coordination” for the provision of all publicly-funded MH/IDD/SUD services in each LME’s respective geographic catchment area. The State believes that the PIHPs are in a unique position to bring together the services and supports (formal and informal) and providers (professional and paraprofessional) that are needed to meet the complex needs of these populations. The LMEs have decades of experience locating and developing services for consumers with MH/IDD/SAS needs, and have built strong, collaborative working relationships with the providers of these services. These providers support this initiative and enrollees have at least as much choice of individual providers as they had in the non-managed care environment. By delivering, managing and paying for services through this one public entity with the appropriate experience, the State has streamlined and simplified the delivery system, better identified those in need of services and better assessed enrollee service needs.

AI/AN individuals can choose any provider, including IHCPs.

Program: " NC Traumatic Brain Injury. "

Two or more MCOs

Two or more primary care providers within one PCCM system.

A PCCM or one or more MCOs

Two or more PIHPs.

Two or more PAHPs.

Other:

please describe

PIHPs are local management entities-Managed Care Organizations (LME-MCOs) coordinating publicly-funded MH/IDD/SUD services. NC General Statute 122C designates LME-MCOs as the “locus of coordination” for the provision of all publicly-funded MH/IDD/SUD services in each LME’s respective geographic catchment area. The State believes that the PIHPs are in a unique position to bring together the services and supports (formal and informal) and providers (professional and paraprofessional) that are needed to meet the complex needs of these populations. The LMEs have decades of experience locating and developing services for consumers with MH/IDD/SAS needs, and have built strong, collaborative working relationships with the providers of these services. These providers support this initiative and enrollees have at least as much choice of individual providers as they had in the non-managed care environment. By delivering, managing and paying for services through this one public entity with the appropriate experience, the State has streamlined and simplified the delivery system, better identified those in need of services and better assessed enrollee service needs.

AI/AN individuals can choose any provider, including IHCPs.

Section A: Program Description

Part I: Program Overview

C. Choice of MCOs, PIHPs, PAHPs, and PCCMs (2 of 3)

3. Rural Exception.

The State seeks an exception for rural area residents under section 1932(a)(3)(B) of the Act and 42 CFR 438.52(b), and assures CMS that it will meet the requirements in that regulation, including choice of physicians or case managers, and ability to go out of network in specified circumstances. The State will use the rural exception in the following areas ("rural area" must be defined as any area other than an "urban area" as defined in 42 CFR 412.62(f)(1)(ii)):

4. 1915(b)(4) Selective Contracting.

Beneficiaries will be limited to a single provider in their service area

Please define service area.

Beneficiaries will be given a choice of providers in their service area

Section A: Program Description

Part I: Program Overview

C. Choice of MCOs, PIHPs, PAHPs, and PCCMs (3 of 3)

Additional Information. Please enter any additional information not included in previous pages:

2. Details. The State will provide enrollees with the following choices (please replicate for each program in waiver):

Enrollees have free choice of providers enrolled in the PIHP network for their geographic area and may change providers as often as desired. If an individual joins a PIHP and is already established with a provider who is not a member of that PIHP’s network the PIHP will make every effort to arrange for the individual to continue with the same provider, if the individual so desires. The provider would be required to meet the same qualifications as network providers. In addition, if an enrollee needs a specialized service that is not available through the network, the PIHP will arrange for the service to be provided outside of the network. Enrollees are generally given the choice between two qualified providers. Exceptions are made for certain institutional or other highly specialized services that are usually available through one facility or agency within the geographic area.

Each year, LME-MCOs are required to submit a Network Adequacy and Accessibility Analysis and a Network Development Plan to the State. The LME-MCOs submissions follow a standard format and include a standardized form for requesting exceptions. The LME-MCOs are required to request exceptions for any services that do not meet the network accessibility requirements set by the state. Each exception request includes the following details:

1. The name of service requested.
2. The number of contracted providers with the LME-MCO.
3. The number of individuals in need of the service.
4. Reason(s) why the access and choice standard(s) cannot be met.
5. If an exception for the service has been requested previously, the date of the previous request.
6. How the LME-MCO will meet an individual’s need for access to the service?
7. How with the LME-MCO offer a choice of providers to individuals needing the service?
8. What is the expected end date for the exception (not to exceed one year).

These documents are reviewed by cross functional teams from the Division of Health Benefits (NC Medicaid) and the Division of Mental Health, Developmental Disabilities and Substance Abuse Services. The cross functional team determines if an exception is appropriate and if the LME-MCO has a plan in place to ensure member access and choice. If it is determined that the exception is appropriate, and members have access to needed services, an exception is granted and communicated to the LME-MCO thru an approval letter. If the exception is not appropriate and/or the LME-MCO does not have an adequate plan to ensure that members have access to needed services, the request is denied and a corrective action plan is issued.

Tribal providers/IHS/Urban Indian Organizations are not required to meet licensure or accreditation requirements.

Section A: Program Description

Part I: Program Overview

D. Geographic Areas Served by the Waiver (1 of 2)

1. General. Please indicate the area of the State where the waiver program will be implemented. (If the waiver authorizes more than one program, please list applicable programs below item(s) the State checks.

- **Statewide** -- all counties, zip codes, or regions of the State
 -- *Specify Program Instance(s) for Statewide*

NC Innovations

NC MH/IDD/SUD

NC TBI

- **Less than Statewide**
 -- *Specify Program Instance(s) for Less than Statewide*

NC Innovations

NC MH/IDD/SUD

NC TBI

2. Details. Regardless of whether item 1 or 2 is checked above, please list in the chart below the areas (i.e., cities, counties, and/or regions) and the name and type of entity or program (MCO, PIHP, PAHP, HIO, PCCM or other entity) with which the State will contract.

City/County/Region	Type of Program (PCCM, MCO, PIHP, or PAHP)	Name of Entity (for MCO, PIHP, PAHP)
7 Counties	PIHP	Alliance Behavioral Healthcare
15 Counties	PIHP	Partners Behavioral Health Management
32 Counties	PIHP	Vaya Health
46 Counties	PIHP	Trillium Health Resources

Section A: Program Description

Part I: Program Overview

D. Geographic Areas Served by the Waiver (2 of 2)

Additional Information. Please enter any additional information not included in previous pages:

Partners Behavioral Health Management Counties served: Burke, Cabarrus, Catawba, Cleveland, Davie, Davidson, Forsyth, Gaston, Iredell, Lincoln, Rutherford, Stanly, Surry, Union and Yadkin

Alliance Behavioral Healthcare Counties served: Cumberland, Durham, Harnett, Johnston, Mecklenburg, Orange, and Wake

Trillium Health Resources Counties served: Bladen, Brunswick, Carteret, Columbus, Halifax, Nash, New Hanover, Onslow, Pender, Beaufort, Bertie, Camden, Chowan, Craven, Currituck, Dare, Gates, Hertford, Hyde, Jones, Martin, Northampton, Pamlico, Pasquotank, Perquimans, Pitt, Tyrrell, Washington, Duplin, Edgecombe, Greene, Lenoir, Robeson, Sampson, Scotland, Warren, Wayne Wilson, Anson, Guilford, Hoke, Lee, Montgomery, Moore, Randolph, and Richmond

Vaya Health: Alamance, Alexander, Alleghany, Ashe, Avery, Buncombe, Caldwell, Caswell, Chatham, Cherokee, Clay, Franklin, Graham, Granville, Haywood, Henderson, Jackson, Macon, Madison, McDowell, Mitchell, Person, Polk, Rowan, Rockingham; Stokes, Swain, Transylvania, Vance, Watauga, Wilkes and Yancey

Section A: Program Description

Part I: Program Overview

E. Populations Included in Waiver (1 of 3)

Please note that the eligibility categories of Included Populations and Excluded Populations below may be modified as needed to fit the States specific circumstances.

1. Included Populations. The following populations are included in the Waiver Program:

Section 1931 Children and Related Populations are children including those eligible under Section 1931, poverty-level related groups and optional groups of older children.

Mandatory enrollment

Voluntary enrollment

Section 1931 Adults and Related Populations are adults including those eligible under Section 1931, poverty-level pregnant women and optional group of caretaker relatives.

Mandatory enrollment

Voluntary enrollment

Blind/Disabled Adults and Related Populations are beneficiaries, age 18 or older, who are eligible for Medicaid due to blindness or disability. Report Blind/Disabled Adults who are age 65 or older in this category, not in Aged.

Mandatory enrollment

Voluntary enrollment

Blind/Disabled Children and Related Populations are beneficiaries, generally under age 18, who are eligible for Medicaid due to blindness or disability.

Mandatory enrollment

Voluntary enrollment

Aged and Related Populations are those Medicaid beneficiaries who are age 65 or older and not members of the Blind/Disabled population or members of the Section 1931 Adult population.

Mandatory enrollment

Voluntary enrollment

Foster Care Children are Medicaid beneficiaries who are receiving foster care or adoption assistance (Title IV-E), are in foster-care, or are otherwise in an out-of-home placement.

Mandatory enrollment

Voluntary enrollment

TITLE XXI SCHIP is an optional group of targeted low-income children who are eligible to participate in Medicaid if the State decides to administer the State Childrens Health Insurance Program (SCHIP) through the Medicaid program.

Mandatory enrollment

Voluntary enrollment

Other (Please define):

Optional categorically needy families and children and all medically needy individuals; Medicaid for Infants and Children; Special Assistance for the Disabled and Special Assistance for the Aged; Medicaid for Pregnant Women (MPW).

The 1915(b) waiver includes all populations with full Medicaid benefits that are excluded from enrolling in a comprehensive MCO and those populations that are exempt from mandatory enrollment in a comprehensive MCO or exempt from, and not opting into a Standard Plan. Populations excluded from comprehensive managed care and mandatorily enrolled in the (b) waiver include the medically needy, Health Insurance Premium Program, Long-stay nursing facility (over 90 days), State Operated Healthcare Facility/VA home, foster care, former foster youth adoption populations, full dual eligible, CAP/C, CAP/DA and reentry population.

There are populations who are by default enrolled in the (b) waiver but can choose to opt into comprehensive managed care, therefore making (b) waiver enrollment voluntary. These populations include American Indians and Alaska Natives (AI/AN) eligible for health care services from IHS, Tribal and Urban Indian Organizations.”)

Section A: Program Description

Part I: Program Overview

E. Populations Included in Waiver (2 of 3)

2. Excluded Populations. Within the groups identified above, there may be certain groups of individuals who are excluded from the Waiver Program. For example, the Aged population may be required to enroll into the program, but Dual Eligibles within that population may not be allowed to participate. In addition, Section 1931 Children may be able to enroll voluntarily in a managed care program, but Foster Care Children within that population may be excluded from that program. Please indicate if any of the following populations are excluded from participating in the Waiver Program:

Medicare Dual Eligible --Individuals entitled to Medicare and eligible for some category of Medicaid benefits. (Section 1902(a)(10) and Section 1902(a)(10)(E))

Poverty Level Pregnant Women -- Medicaid beneficiaries, who are eligible only while pregnant and for a short time after delivery. This population originally became eligible for Medicaid under the SOBRA legislation.

Other Insurance --Medicaid beneficiaries who have other health insurance.

Reside in Nursing Facility or ICF/IID --Medicaid beneficiaries who reside in Nursing Facilities (NF) or Intermediate Care Facilities for the Individuals with Intellectual Disabilities (ICF/IID).

Enrolled in Another Managed Care Program --Medicaid beneficiaries who are enrolled in another Medicaid managed care program

Eligibility Less Than 3 Months --Medicaid beneficiaries who would have less than three months of Medicaid eligibility remaining upon enrollment into the program.

Participate in HCBS Waiver --Medicaid beneficiaries who participate in a Home and Community Based Waiver (HCBS, also referred to as a 1915(c) waiver).

American Indian/Alaskan Native --Medicaid beneficiaries who are American Indians or Alaskan Natives and members of federally recognized tribes.

Special Needs Children (State Defined) --Medicaid beneficiaries who are special needs children as defined by the State. Please provide this definition.

SCHIP Title XXI Children Medicaid beneficiaries who receive services through the SCHIP program.

Retroactive Eligibility Medicaid beneficiaries for the period of retroactive eligibility.

Other (Please define):

Medicaid beneficiaries enrolled in a Standard Plan or Tailored Plan under the 1115 waiver are not eligible for the (b) waiver. 1915(b) enrollees can participate in the 1932(a) PCCM entity programs (CCNC and EBCI Tribal Option).

Section A: Program Description

Part I: Program Overview

E. Populations Included in Waiver (3 of 3)

Additional Information. Please enter any additional information not included in previous pages:

Section A: Program Description

Part I: Program Overview

F. Services (1 of 5)

List all services to be offered under the Waiver in Appendices D2.S. and D2.A of Section D, Cost-Effectiveness.

1. Assurances.

The State assures CMS that services under the Waiver Program will comply with the following federal requirements:

- Services will be available in the same amount, duration, and scope as they are under the State Plan per 42 CFR 438.210(a)(2).
- Access to emergency services will be assured per section 1932(b)(2) of the Act and 42 CFR 438.114.
- Access to family planning services will be assured per section 1905(a)(4) of the Act and 42 CFR 431.51(b)

The State seeks a waiver of section 1902(a)(4) of the Act, to waive one or more of more of the regulatory requirements listed above for PIHP or PAHP programs. Please identify each regulatory requirement for which a waiver is requested, the managed care program(s) to which the waiver will apply, and what the State proposes as an alternative requirement, if any. (See note below for limitations on requirements that may be waived).

The CMS Regional Office has reviewed and approved the MCO, PIHP, PAHP, or PCCM contracts for compliance with the provisions of 42 CFR 438.210(a)(2), 438.114, and 431.51 (Coverage of Services, Emergency Services, and Family Planning) as applicable. If this is an initial waiver, the State assures that contracts that comply with these provisions will be submitted to the CMS Regional Office for approval prior to enrollment of beneficiaries in the MCO, PIHP, PAHP, or PCCM.

This is a proposal for a 1915(b)(4) FFS Selective Contracting Program only and the managed care regulations do not apply. The State assures CMS that services will be available in the same amount, duration, and scope as they

are under the State Plan.

The state assures CMS that it complies with Title I of the Medicare Modernization Act of 2003, in so far as these requirements are applicable to this waiver.

Note: Section 1915(b) of the Act authorizes the Secretary to waive most requirements of section 1902 of the Act for the purposes listed in sections 1915(b)(1)-(4) of the Act. However, within section 1915(b) there are prohibitions on waiving the following subsections of section 1902 of the Act for any type of waiver program:

- Section 1902(s) -- adjustments in payment for inpatient hospital services furnished to infants under age 1, and to children under age 6 who receive inpatient hospital services at a Disproportionate Share Hospital (DSH) facility.
- Sections 1902(a)(15) and 1902(bb) prospective payment system for FQHC/RHC
- Section 1902(a)(10)(A) as it applies to 1905(a)(2)(C) comparability of FQHC benefits among Medicaid beneficiaries
- Section 1902(a)(4)(C) -- freedom of choice of family planning providers
- Sections 1915(b)(1) and (4) also stipulate that section 1915(b) waivers may not waive freedom of choice of emergency services providers.

Section A: Program Description

Part I: Program Overview

F. Services (2 of 5)

- 2. Emergency Services.** In accordance with sections 1915(b) and 1932(b) of the Act, and 42 CFR 431.55 and 438.114, enrollees in an MCO, PIHP, PAHP, or PCCM must have access to emergency services without prior authorization, even if the emergency services provider does not have a contract with the entity.

The PAHP, PAHP, or FFS Selective Contracting program does not cover emergency services.

Emergency Services Category General Comments (optional):

- 3. Family Planning Services.** In accordance with sections 1905(a)(4) and 1915(b) of the Act, and 42 CFR 431.51(b), prior authorization of, or requiring the use of network providers for family planning services is prohibited under the waiver program. Out-of-network family planning services are reimbursed in the following manner:

The MCO/PIHP/PAHP will be required to reimburse out-of-network family planning services.

The MCO/PIHP/PAHP will be required to pay for family planning services from network providers, and the State will pay for family planning services from out-of-network providers.

The State will pay for all family planning services, whether provided by network or out-of-network providers.

Other (please explain):

Family planning services are not included under the waiver.

Family Planning Services Category General Comments (optional):

Section A: Program Description

Part I: Program Overview

F. Services (3 of 5)

4. FQHC Services. In accordance with section 2088.6 of the State Medicaid Manual, access to Federally Qualified Health Center (FQHC) services will be assured in the following manner:

The program is **voluntary**, and the enrollee can disenroll at any time if he or she desires access to FQHC services. The MCO/PIHP/PAHP/PCCM is not required to provide FQHC services to the enrollee during the enrollment period.

The program is **mandatory** and the enrollee is guaranteed a choice of at least one MCO/PIHP/PAHP/PCCM which has at least one FQHC as a participating provider. If the enrollee elects not to select a MCO/PIHP/PAHP/PCCM that gives him or her access to FQHC services, no FQHC services will be required to be furnished to the enrollee while the enrollee is enrolled with the MCO/PIHP/PAHP/PCCM he or she selected. Since reasonable access to FQHC services will be available under the waiver program, FQHC services outside the program will not be available. Please explain how the State will guarantee all enrollees will have a choice of at least one MCO/PIHP/PAHP/PCCM with a participating FQHC:

The program is **mandatory** and the enrollee has the right to obtain FQHC services **outside** this waiver program through the regular Medicaid Program.

FQHC Services Category General Comments (optional):

5. EPSDT Requirements.

The managed care programs(s) will comply with the relevant requirements of sections 1905(a)(4)(b) (services), 1902(a)(43) (administrative requirements including informing, reporting, etc.), and 1905(r) (definition) of the Act related to Early, Periodic Screening, Diagnosis, and Treatment (EPSDT) program.

EPSDT Requirements Category General Comments (optional):

Section A: Program Description

Part I: Program Overview

F. Services (4 of 5)

6. 1915(b)(3) Services.

This waiver includes 1915(b)(3) expenditures. The services must be for medical or health-related care, or other services as described in 42 CFR Part 440, and are subject to CMS approval. Please describe below what these expenditures are for each waiver program that offers them. Include a description of the populations eligible, provider

type, geographic availability, and reimbursement method.

1915(b)(3) Services Requirements Category General Comments:

The following applies to (b)(3) services:

- Services are available statewide
- Reimbursement is made through a separate capitation rate certified by the State's actuarial vendor. Total (b)(3) expenditures cannot exceed the resources available in the waiver.

-Service providers must be enrolled in the PIHP network and meet all state and federal requirements, including, but not limited to, those found in 10 NCAC 27G.0204. IHCP's are not required to enroll in a network, and must be paid for Medicaid services they provided, including managed care services.

Providers (42 C.F.R. § 438.14) The PIHP shall make good faith efforts to contract with Indian Health Care Providers (IHCPs) and demonstrate that a sufficient number of IHCPs are participating in its network to ensure timely access to contracted services for the members of federally recognized tribes and other individuals eligible to receive services at IHS facilities.

-Cannot be provided to children ages 3-20th year who are receiving Medicaid MH/SUD residential treatment; cannot duplicate services currently being provided by educational institutions or Vocational Rehabilitation (VR)

-Medicaid services require a service order.

-Medical necessity for services must be documented in a treatment plan (Person Centered Plan, Individual Support Plan, etc.) unless otherwise noted.

-Additional staff training may be required by the PIHP based on individuals served.

Long Term Residential and Day Support: Targeted Population-This service is only for individuals in need of, and receiving, active treatment services: which consist of Active treatment aggressive, consistent implementation of a program of specialized and generic training, treatment and integrated health services.

o Primary group home staff who deliver the residential component of Long Term Residential and Day Support to the individual shall not provide the day activity component (defined below) of Long Term Residential and Day Support to the individual on the same day the staff delivers the residential component of Long Term Residential and Day Support.

Long Term Residential and Day Support Levels:

Level 5 is Group Living: (New group homes with 4 beds or less with overnight staffing or virtual monitoring; existing 5 and 6 beds facilities will be grandfathered in accepted for coverage with this benefit; Provider owned and/or operated setting and meaningful person-centered Day Services an average of 6 hours per day 5 days per week with different staff.

Level 4 is Supervised Living: (3 beds or less with 24-hour staffing in a Provider owned and/or operated setting but may include virtual monitoring) and meaningful person-centered day services an average of 6 hours per day 5 days per week with different staff.

Level 3 is Companion Living: (supported living with overnight staffing or Alternative family living (Provider owned and/or operated) and meaningful person-centered day services an average of 6 hours a day 5 days per week with different staff.

Level 2 is Supported Living: (living in own apartment or with unpaid roommate individual has full tenancy rights, must have a roommate agreement no overnight staff but may include virtual monitoring-) and meaningful person-centered day services an average of 6 hours a day 5 days per week with different staff.

Level 1 is Home Living: (living at home with family or no supports (live at home alone)) and meaningful person-centered day services an average of 6 hours a day 5 days per week with different staff.

The service includes:

- o Choosing direct support professionals and/or housemates;
- o Acquiring household furnishings; for new individuals
- o Common daily living activities and emergencies;
- o Choosing and learning to use appropriate assistive technology to reduce the need for staffing supports;
- o Becoming a participating individual in community life through meaningful day services separate from the residential setting and,
- o Managing personal financial affairs, as well as other supports.

Long Term Residential and Day Support includes both direct in-person, face-to-face, virtual monitoring and indirect contacts, collaboration with other systems

Coverable Day Program.

A “day program” is defined as a group, non-residential facility-based service that provides assistance to the individual with acquiring, retaining, and/or improving socialization and daily living skills. All day programs must meet the following criteria:

- “Facility-based” means individuals receive a portion of this service in a DHSR-licensed Day Supports or Adult Day Vocational Program (ADVP) provider facility that serves individuals with I/DD; if the day program is managed by a provider different than the Long Term Residential and Day Support provider, the Long Term Residential and Day Support provider is responsible for working on a pay arrangement for the individual to attend chosen day program. Separate day supports should not be billed.
- The day program provides an organized program of services during the day in a community group setting to support the personal independence of adults and promote their social, physical, and emotional well-being;
- Group activities are acceptable when warranted and Individualized Day Program activities shall be made available to meet any specific needs of an individual.

Other Coverable Community Activities

Other “Community Activities” are furnished in an integrated community-based setting, separate from the individual’s place of residence or from a facility-based setting, and are defined to include:

- Engaging in community interests and activities of the individual’s choice with people who are not disabled, including:
 - o Participation in adult education (college, vocational studies, and other educational opportunities) with staff support;
 - o Participation in Integrated Community-based classes for meaningful engagement to develop and improve health and social needs or goals;
 - o Volunteering may not be performed at locations that would not typically have volunteers or in positions that would be paid positions if performed by an individual that was not receiving Long Term Residential and Day Support; and
 - o Participants cannot volunteer for, or in locations associated with, the Long Term Residential and Day Support provider.
 - o Participation in formal/informal associations and/or community groups;
 - o Participation in training and education in self-determination and self-advocacy;
 - o Use of public transportation; and
 - o Inclusion in a broad range of community settings that allow the beneficiary to make community connections.
- Participating in ADLs in the community to achieve personal outcomes and goals identified in the person-centered plan.
- Long Term Residential and Day Support includes integrated health care services and nutrition as a part of the active treatment and may include nursing support when needed based on the person-centered plan of care. Meals provided as part of these services shall not constitute a “full nutritional regimen” (3 meals per day) The service needs are based on an evaluation and noted in the person-centered plan (PCP) developed by the individual with input from their chosen provider agency and team.

Long Term Residential and Day Support reduces placement of the individual into a higher level of care. Individuals receiving Long Term Residential and Day Support must either stay in homes they own, their family owns, or provider owned and operated settings. Individuals residing in a provider owned and operated settings must be provided, at a minimum, the same responsibilities and protections from eviction that tenants have under the landlord tenant law for the state, county, city or other designated entity. Long Term Residential and Day Support can be provided in licensed and unlicensed settings. The individual must be able to control where they live. Long Term Residential and Day Support does not include room and board payments. Long Term Residential and Day Support must be provided at the least restrictive level, based on the assessed needs and health and safety of the individual.

Tribal providers/IHS/Urban Indian Organizations do not need to meet licensure or accreditation requirements.

7. Self-referrals.

The State requires MCOs/PIHPs/PAHPs/PCCMs to allow enrollees to self-refer (i.e. access without prior authorization) under the following circumstances or to the following subset of services in the MCO/PIHP/PAHP/PCCM contract:

Self-referrals Requirements Category General Comments:

Beneficiaries through self-referral can access services without prior authorization. Beneficiaries can access the following basic benefits:
Outpatient services
Medically managed detoxification
Mobile crisis
Diagnostic assessment

8. Other.

Other (Please describe)

[Empty text box for describing other services]

Section A: Program Description

Part I: Program Overview

F. Services (5 of 5)

Additional Information. Please enter any additional information not included in previous pages:

[Empty text box for additional information]

Section A: Program Description

Part II: Access

A. Timely Access Standards (1 of 7)

Each State must ensure that all services covered under the State plan are available and accessible to enrollees of the 1915(b) Waiver Program. Section 1915(b) of the Act prohibits restrictions on beneficiaries access to emergency services and family planning services.

1. Assurances for MCO, PIHP, or PAHP programs

The State assures CMS that it complies with section 1932(c)(1)(A)(i) of the Act and 42 CFR 438.206 Availability of Services; in so far as these requirements are applicable.

The State seeks a waiver of section 1902(a)(4) of the Act, to waive one or more of the regulatory requirements listed for PIHP or PAHP programs.

Please identify each regulatory requirement for which a waiver is requested, the managed care program(s) to which the waiver will apply, and what the State proposes as an alternative requirement, if any:

The CMS Regional Office has reviewed and approved the MCO, PIHP, or PAHP contracts for compliance with the provisions of section 1932(c)(1)(A)(i) of the Act and 42 CFR 438.206 Availability of Services. If this is an initial waiver, the State assures that contracts that comply with these provisions will be submitted to the CMS Regional Office for approval prior to enrollment of beneficiaries in the MCO, PIHP, PAHP, or PCCM.

If the 1915(b) Waiver Program does not include a PCCM component, please continue with Part II.B. Capacity Standards.

Section A: Program Description

Part II: Access

A. Timely Access Standards (2 of 7)

2. Details for PCCM program. The State must assure that Waiver Program enrollees have reasonable access to services. Please note below the activities the State uses to assure timely access to services.

- a. **Availability Standards.** The States PCCM Program includes established maximum distance and/or travel time requirements, given beneficiary's normal means of transportation, for waiver enrollees access to the following providers. For each provider type checked, please describe the standard.

- 1. PCPs

Please describe:

- 2. Specialists

Please describe:

- 3. Ancillary providers

Please describe:

- 4. Dental

Please describe:

- 5. Hospitals

Please describe:

6. Mental Health

Please describe:

7. Pharmacies

Please describe:

8. Substance Abuse Treatment Providers

Please describe:

9. Other providers

Please describe:

Section A: Program Description

Part II: Access

A. Timely Access Standards (3 of 7)

2. Details for PCCM program. (Continued)

b. **Appointment Scheduling** means the time before an enrollee can acquire an appointment with his or her provider for both urgent and routine visits. The States PCCM Program includes established standards for appointment scheduling for waiver enrollees access to the following providers.

1. PCPs

Please describe:

2. Specialists

Please describe:

3. Ancillary providers

Please describe:

4. Dental

Please describe:

5. Mental Health

Please describe:

6. Substance Abuse Treatment Providers

Please describe:

7. Urgent care

Please describe:

8. Other providers

Please describe:

Section A: Program Description

Part II: Access

A. Timely Access Standards (4 of 7)

2. Details for PCCM program. (Continued)

c. **In-Office Waiting Times:** The States PCCM Program includes established standards for in-office waiting

times. For each provider type checked, please describe the standard.

1. PCPs

Please describe:

2. Specialists

Please describe:

3. Ancillary providers

Please describe:

4. Dental

Please describe:

5. Mental Health

Please describe:

6. Substance Abuse Treatment Providers

Please describe:

7. Other providers

Please describe:

Section A: Program Description

Part II: Access

A. Timely Access Standards (5 of 7)

2. Details for PCCM program. (Continued)

d. Other Access Standards

[Empty text box]

Section A: Program Description

Part II: Access

A. Timely Access Standards (6 of 7)

3. Details for 1915(b)(4)FFS selective contracting programs: Please describe how the State assures timely access to the services covered under the selective contracting program.

n/a

Section A: Program Description

Part II: Access

A. Timely Access Standards (7 of 7)

Additional Information. Please enter any additional information not included in previous pages:

Any Indian Healthcare Provider (IHCP) in the geographic area served by the managed care entity will be entitled to participate in the entity's network in order to ensure timely access to Medicaid services for Indian enrollees entitled to receive IHS- funded services and Medicaid managed care services. IHCPs are not required to enroll in the managed care entity's network to provide and be reimbursed for services.

Section A: Program Description

Part II: Access

B. Capacity Standards (1 of 6)

1. Assurances for MCO, PIHP, or PAHP programs

The State assures CMS that it complies with section 1932(b)(5) of the Act and 42 CFR 438.207 Assurances of adequate capacity and services, in so far as these requirements are applicable.

The State seeks a waiver of section 1902(a)(4) of the Act, to waive one or more of the regulatory requirements listed for PIHP or PAHP programs.

Please identify each regulatory requirement for which a waiver is requested, the managed care program(s) to which the waiver will apply, and what the State proposes as an alternative requirement, if any:

[Empty text box]

The CMS Regional Office has reviewed and approved the MCO, PIHP, or PAHP contracts for compliance with the provisions of section 1932(b)(5) and 42 CFR 438.207 Assurances of adequate capacity and services. If this is an initial waiver, the State assures that contracts that comply with these provisions will be submitted to the CMS Regional Office for approval prior to enrollment of beneficiaries in the MCO, PIHP, PAHP, or PCCM.

If the 1915(b) Waiver Program does not include a PCCM component, please continue with Part II, C. Coordination and Continuity of Care Standards.

Section A: Program Description

Part II: Access

B. Capacity Standards (2 of 6)

2. Details for PCCM program. The State must assure that Waiver Program enrollees have reasonable access to services. Please note below which of the strategies the State uses assure adequate provider capacity in the PCCM program.

- a. The State has set enrollment limits for each PCCM primary care provider.

Please describe the enrollment limits and how each is determined:

[Empty text box for enrollment limits description]

- b. The State ensures that there are adequate number of PCCM PCPs with open panels.

Please describe the States standard:

[Empty text box for States standard description]

- c. The State ensures that there is an adequate number of PCCM PCPs under the waiver assure access to all services covered under the Waiver.

Please describe the States standard for adequate PCP capacity:

[Empty text box for States standard for adequate PCP capacity description]

Section A: Program Description

Part II: Access

B. Capacity Standards (3 of 6)

2. Details for PCCM program. (Continued)

- d. The State compares numbers of providers before and during the Waiver.

Provider Type	# Before Waiver	# in Current Waiver	# Expected in Renewal

Please note any limitations to the data in the chart above:

[Empty text box for limitations to data description]

- e. The State ensures adequate geographic distribution of PCCMs.

Please describe the States standard:

[Empty text box for States standard description]

Section A: Program Description

Part II: Access

B. Capacity Standards (4 of 6)

2. Details for PCCM program. (Continued)

- f. **PCP:Enrollee Ratio.** The State establishes standards for PCP to enrollee ratios.

Area/(City/County/Region)	PCCM-to-Enrollee Ratio
---------------------------	------------------------

Please note any changes that will occur due to the use of physician extenders.:

[Empty text box for notes]

- g. **Other capacity standards.**

Please describe:

[Empty text box for description]

Section A: Program Description

Part II: Access

B. Capacity Standards (5 of 6)

3. Details for 1915(b)(4)FFS selective contracting programs: Please describe how the State assures provider capacity has not been negatively impacted by the selective contracting program. Also, please provide a detailed capacity analysis of the number of beds (by type, per facility) for facility programs, or vehicles (by type, per contractor) for non-emergency transportation programs, needed per location to assure sufficient capacity under the waiver program. This analysis should consider increased enrollment and/or utilization expected under the waiver.

n/a

Section A: Program Description

Part II: Access

B. Capacity Standards (6 of 6)

Additional Information. Please enter any additional information not included in previous pages:

n/a

Section A: Program Description

Part II: Access

C. Coordination and Continuity of Care Standards (1 of 5)

1. Assurances for MCO, PIHP, or PAHP programs

The State assures CMS that it complies with section 1932(c)(1)(A)(i) of the Act and 42 CFR 438.206 Availability of Services; in so far as these requirements are applicable.

The State seeks a waiver of a waiver of section 1902(a)(4) of the Act, to waive one or more of more of the regulatory requirements listed above for PIHP or PAHP programs.

Please identify each regulatory requirement for which a waiver is requested, the managed care program(s) to which the waiver will apply, and what the State proposes as an alternative requirement, if any:

The CMS Regional Office has reviewed and approved the MCO, PIHP, or PAHP contracts for compliance with the provisions of section 1932(c)(1)(A)(i) of the Act and 42 CFR 438.206 Availability of Services. If this is an initial waiver, the State assures that contracts that comply with these provisions will be submitted to the CMS Regional Office for approval prior to enrollment of beneficiaries in the MCO, PIHP, PAHP, or PCCM.

Section A: Program Description

Part II: Access

C. Coordination and Continuity of Care Standards (2 of 5)

2. Details on MCO/PIHP/PAHP enrollees with special health care needs.

The following items are required.

- a. The plan is a PIHP/PAHP, and the State has determined that based on the plans scope of services, and how the State has organized the delivery system, that the **PIHP/PAHP need not meet the requirements** for additional services for enrollees with special health care needs in 42 CFR 438.208.

Please provide justification for this determination:

- b. **Identification.** The State has a mechanism to identify persons with special health care needs to MCOs, PIHPs, and PAHPs, as those persons are defined by the State.

Please describe:

As outlined in our most recent quality strategy, the State identifies members with SED, severe SUD, TBI, DD and SMI which is transmitted to LMEs through a daily data file.

- c. **Assessment.** Each MCO/PIHP/PAHP will implement mechanisms, using appropriate health care professionals, to assess each enrollee identified by the State to identify any ongoing special conditions that require a course of treatment or regular care monitoring. Please describe:

Please describe the enrollment limits and how each is determined:

PIHP contracts require them to assess each Medicaid enrollee identified as having special health care needs in order to identify any ongoing special conditions of the enrollee that require a course of treatment or regular care monitoring. The assessment mechanisms must use appropriate healthcare professionals.

- d. **Treatment Plans.** For enrollees with special health care needs who need a course of treatment or regular care monitoring, the State requires the MCO/PIHP/PAHP to produce a treatment plan.If so, the treatment plan meets the following requirements:

1. Developed by enrollees primary care provider with enrollee participation, and in consultation with any specialists care for the enrollee.
2. Approved by the MCO/PIHP/PAHP in a timely manner (if approval required by plan).
3. In accord with any applicable State quality assurance and utilization review standards.

Please describe:

Treatment plans are person centered plans that include an assessment of individuals strengths, natural supports and treatment needs.

- e. **Direct access to specialists.** If treatment plan or regular care monitoring is in place, the MCO/PIHP/PAHP has a mechanism in place to allow enrollees to directly access specialists as appropriate for enrollees condition and identified needs.

Please describe:

Enrollees may contact specialists directly – they are not required to contact the LME-MCO for referral. The LME/MCOs will coordinate with the member’s care manager where appropriate, such as the Tribal PCCM. Tailored Care Manager, and CCNC PCCM. Tribal members may receive services from tribal providers, from the LME-MCO, or from a combination of the two. If an enrollee receives services through both entities, the LME-MCO coordinates with the tribe to ensure that the individual is getting the services needed. The EBCI Tribe is not required to use the standard treatment planning forms. The EBCI Tribe uses a person-centered planning process consistent with the process used by the LME-MCO but uses forms and documentation consistent with the Cherokee Indian Health Authority (CIHA) and the Federal Indian Health Service (IHS) program.

Section A: Program Description

Part II: Access

C. Coordination and Continuity of Care Standards (3 of 5)

3. Details for PCCM program. The State must assure that Waiver Program enrollees have reasonable access to services. Please note below which of the strategies the State uses assure adequate provider capacity in the PCCM program.

- a. Each enrollee selects or is assigned to a **primary care provider** appropriate to the enrollees needs.
- b. Each enrollee selects or is assigned to a designated **designated health care practitioner** who is primarily responsible for coordinating the enrollees overall health care.
- c. Each enrollee is receives **health education/promotion** information.

Please explain:

- d. Each provider maintains, for Medicaid enrollees, **health records** that meet the requirements established by the State, taking into account professional standards.
- e. There is appropriate and confidential **exchange of information** among providers.
- f. Enrollees receive information about specific health conditions that require **follow-up** and, if appropriate, are given training in self-care.
- g. Primary care case managers **address barriers** that hinder enrollee compliance with prescribed treatments or regimens, including the use of traditional and/or complementary medicine.
- h. **Additional case management** is provided.

Please include how the referred services and the medical forms will be coordinated among the practitioners, and documented in the primary care case managers files.

i. Referrals.

Please explain in detail the process for a patient referral. In the description, please include how the referred services and the medical forms will be coordinated among the practitioners, and documented in the primary care case managers files.

Section A: Program Description

Part II: Access

C. Coordination and Continuity of Care Standards (4 of 5)

4. Details for 1915(b)(4) only programs: If applicable, please describe how the State assures that continuity and coordination of care are not negatively impacted by the selective contracting program.

n/a

Section A: Program Description

Part II: Access

C. Coordination and Continuity of Care Standards (5 of 5)

Additional Information. Please enter any additional information not included in previous pages:

The LME-MCO will coordinate with the Tribal targeted care manager for individuals where appropriate.

Tribal members may receive services from tribal providers, from the LME-MCO, or from a combination of the two. If an enrollee receives services through both entities, the LME-MCO coordinates with the tribe to ensure that the individual is getting the services needed. The EBCI Tribe is not required to use the standard treatment planning forms.

The EBCI Tribe uses a person-centered planning process consistent with the process used by the LME-MCO but uses forms and documentation consistent with the Cherokee Indian Health Authority (CIHA) and the Federal Indian Health Service (IHS) program.

Section A: Program Description

Part III: Quality

1. Assurances for MCO or PIHP programs

The State assures CMS that it complies with section 1932(c)(1)(A)(iii)-(iv) of the Act and 42 CFR 438.202, 438.204, 438.210, 438.214, 438.218, 438.224, 438.226, 438.228, 438.230, 438.236, 438.240, and 438.242 in so far as these regulations are applicable.

The State seeks a waiver of section 1902(a)(4) of the Act, to waive one or more of the regulatory requirements listed for PIHP programs.

Please identify each regulatory requirement for which a waiver is requested, the managed care program(s) to which the waiver will apply, and what the State proposes as an alternative requirement, if any:

The CMS Regional Office has reviewed and approved the MCO, PIHP, or PAHP contracts for compliance with the provisions of section 1932(c)(1)(A)(iii)-(iv) of the Act and 42 CFR 438.202, 438.204, 438.210, 438.214, 438.218, 438.224, 438.226, 438.228, 438.230, 438.236, 438.240, and 438.242. If this is an initial waiver, the State assures that contracts that comply with these provisions will be submitted to the CMS Regional Office for approval prior to enrollment of beneficiaries in the MCO, PIHP, PAHP, or PCCM.

Section 1932(c)(1)(A)(iii)-(iv) of the Act and 42 CFR 438.202 requires that each State Medicaid agency that contracts with MCOs and PIHPs submit to CMS a written strategy for assessing and improving the quality of managed care services offered by all MCOs and PIHPs.

The State assures CMS that this **quality strategy** was initially submitted to the CMS Regional Office on:

04/11/23

 (mm/dd/yy)

The State assures CMS that it complies with section 1932(c)(2) of the Act and 42 CFR 438 Subpart E, to arrange for an annual, independent, **external quality review** of the outcomes and timeliness of, and access to the services delivered under each MCO/ PIHP contract. Note: EQR for PIHPs is required beginning March 2004.

Please provide the information below (modify chart as necessary):

Program Type	Name of Organization	Activities Conducted		
		EQR study	Mandatory Activities	Optional Activities
MCO				
PIHP	HSAG	X		

Program Type	Name of Organization	Activities Conducted		
		EQR study	Mandatory Activities	Optional Activities
			Activities the EQR is currently contracted to perform for the PIHPs are listed below: Performance Measurement Validation Performance Improvement Project (PIP) Validation A review, conducted within the previous 3-year period, to determine the MCO's, PIHP's, or PAHP's compliance with the standards set forth in Subpart D Network Adequacy validation	Encounter data validation Information Systems Capability Assessment (ISCA) Administration or validation of consumer or provider surveys of quality care. Calculation of performance measures Collaborative Quality Improvement Forums Program Integrity Reviews

Section A: Program Description

Part III: Quality

2. Assurances For PAHP program

The State assures CMS that it complies with section 1932(c)(1)(A)(iii)-(iv) of the Act and 42 CFR 438.210, 438.214, 438.218, 438.224, 438.226, 438.228, 438.230 and 438.236, in so far as these regulations are applicable.

The State seeks a waiver of section 1902(a)(4) of the Act, to waive one or more of the regulatory requirements

listed for PAHP programs.

Please identify each regulatory requirement for which a waiver is requested, the managed care program(s) to which the waiver will apply, and what the State proposes as an alternative requirement, if any:

The CMS Regional Office has reviewed and approved the PAHP contracts for compliance with the provisions of section 1932(c) (1)(A)(iii)-(iv) of the Act and 42 CFR 438.210, 438.214, 438.218, 438.224, 438.226, 438.228, 438.230 and 438.236. If this is an initial waiver, the State assures that contracts that comply with these provisions will be submitted to the CMS Regional Office for approval prior to enrollment of beneficiaries in the MCO, PIHP, PAHP, or PCCM.

Section A: Program Description

Part III: Quality

3. Details for PCCM program. The State must assure that Waiver Program enrollees have access to medically necessary services of adequate quality. Please note below the strategies the State uses to assure quality of care in the PCCM program.

- a. The State has developed a set of overall quality **improvement guidelines** for its PCCM program.

Please describe:

Section A: Program Description

Part III: Quality

3. Details for PCCM program. (Continued)

- b. **State Intervention:** If a problem is identified regarding the quality of services received, the State will intervene as indicated below.
 1. Provide education and informal mailings to beneficiaries and PCCMs
 2. Initiate telephone and/or mail inquiries and follow-up
 3. Request PCCMs response to identified problems
 4. Refer to program staff for further investigation
 5. Send warning letters to PCCMs
 6. Refer to States medical staff for investigation
 7. Institute corrective action plans and follow-up
 8. Change an enrollees PCCM
 9. Institute a restriction on the types of enrollees
 10. Further limit the number of assignments
 11. Ban new assignments
 12. Transfer some or all assignments to different PCCMs
 13. Suspend or terminate PCCM agreement
 14. Suspend or terminate as Medicaid providers
 15. Other

Please explain:

Section A: Program Description

Part III: Quality

3. Details for PCCM program. (Continued)

- c. **Selection and Retention of Providers:** This section provides the State the opportunity to describe any requirements, policies or procedures it has in place to allow for the review and documentation of qualifications and other relevant information pertaining to a provider who seeks a contract with the State or PCCM administrator as a PCCM. This section is required if the State has applied for a 1915(b)(4) waiver that will be applicable to the PCCM program.

Please check any processes or procedures listed below that the State uses in the process of selecting and retaining PCCMs. The State (please check all that apply):

1. Has a documented process for selection and retention of PCCMs (please submit a copy of that documentation).
2. Has an initial credentialing process for PCCMs that is based on a written application and site visits as appropriate, as well as primary source verification of licensure, disciplinary status, and eligibility for payment under Medicaid.
3. Has a recredentialing process for PCCMs that is accomplished within the time frame set by the State and through a process that updates information obtained through the following (check all that apply):
 - A. Initial credentialing
 - B. Performance measures, including those obtained through the following (check all that apply):
 - The utilization management system.
 - The complaint and appeals system.
 - Enrollee surveys.
 - Other.

Please describe:

4. Uses formal selection and retention criteria that do not discriminate against particular providers such as those who serve high risk populations or specialize in conditions that require costly treatment.
5. Has an initial and recredentialing process for PCCMs other than individual practitioners (e.g., rural health clinics, federally qualified health centers) to ensure that they are and remain in compliance with any Federal or State requirements (e.g., licensure).
6. Notifies licensing and/or disciplinary bodies or other appropriate authorities when suspensions or terminations of PCCMs take place because of quality deficiencies.
7. Other

Please explain:

Section A: Program Description

Part III: Quality

3. Details for PCCM program. (Continued)

d. Other quality standards (please describe):

Section A: Program Description

Part III: Quality

4. Details for 1915(b)(4) only programs: Please describe how the State assures quality in the services that are covered by the selective contracting program. Please describe the provider selection process, including the criteria used to select the providers under the waiver. These include quality and performance standards that the providers must meet. Please also describe how each criteria is weighted:

Section A: Program Description

Part IV: Program Operations

A. Marketing (1 of 4)

1. Assurances

The State assures CMS that it complies with section 1932(d)(2) of the Act and 42 CFR 438.104 Marketing activities; in so far as these regulations are applicable.

The State seeks a waiver of section 1902(a)(4) of the Act, to waive one or more of the regulatory requirements listed for PIHP or PAHP programs.

Please identify each regulatory requirement for which a waiver is requested, the managed care program(s) to which the waiver will apply, and what the State proposes as an alternative requirement, if any:

The CMS Regional Office has reviewed and approved the MCO, PIHP, PAHP, or PCCM contracts for compliance with the provisions of section 1932(d)(2) of the Act and 42 CFR 438.104 Marketing activities. If this is an initial waiver, the State assures that contracts that comply with these provisions will be submitted to the CMS Regional Office for approval prior to enrollment of beneficiaries in the MCO, PIHP, PAHP, or PCCM.

This is a proposal for a 1915(b)(4) FFS Selective Contracting Program only and the managed care regulations do not apply.

Section A: Program Description

Part IV: Program Operations

A. Marketing (2 of 4)

2. Details

a. Scope of Marketing

- 1. The State does not permit direct or indirect marketing by MCO/PIHP/PAHP/PCCM or selective contracting FFS providers.
- 2. The State permits indirect marketing by MCO/PIHP/PAHP/PCCM or selective contracting FFS providers (e.g., radio and TV advertising for the MCO/PIHP/PAHP or PCCM in general).

Please list types of indirect marketing permitted:

- 3. The State permits direct marketing by MCO/PIHP/PAHP/PCCM or selective contracting FFS providers (e.g., direct mail to Medicaid beneficiaries).

Please list types of direct marketing permitted:

Section A: Program Description

Part IV: Program Operations

A. Marketing (3 of 4)

2. Details (Continued)

b. Description. Please describe the States procedures regarding direct and indirect marketing by answering the following questions, if applicable.

- 1. The State prohibits or limits MCOs/PIHPs/PAHPs/PCCMs/selective contracting FFS providers from offering gifts or other incentives to potential enrollees.

Please explain any limitation or prohibition and how the State monitors this:

- 2. The State permits MCOs/PIHPs/PAHPs/PCCMs/selective contracting FFS providers to pay their marketing representatives based on the number of new Medicaid enrollees he/she recruited into the plan.

Please explain how the State monitors marketing to ensure it is not coercive or fraudulent:

- 3. The State requires MCO/PIHP/PAHP/PCCM/selective contracting FFS providers to translate marketing materials.

Please list languages materials will be translated into. (If the State does not translate or require the

translation of marketing materials, please explain):

Materials are translated into the prevalent languages for each PIHP geographic coverage area. Prevalent is defined as 5% or more of the population and includes Spanish.

The State has chosen these languages because (check any that apply):

- a. The languages comprise all prevalent languages in the service area.

Please describe the methodology for determining prevalent languages:

All written materials, including marketing materials, given to enrollees by the PIHP must be translated into the "prevalent" languages for the PIHP coverage area. Any language that is the primary language of 5% or more of the population is considered to be prevalent.

- b. The languages comprise all languages in the service area spoken by approximately percent or more of the population.

- c. Other

Please explain:

Section A: Program Description

Part IV: Program Operations

A. Marketing (4 of 4)

Additional Information. Please enter any additional information not included in previous pages:

n/a

Section A: Program Description

Part IV: Program Operations

B. Information to Potential Enrollees and Enrollees (1 of 5)

1. Assurances

The State assures CMS that it complies with Federal Regulations found at section 1932(a)(5) of the Act and 42 CFR 438.10 Information requirements; in so far as these regulations are applicable.

The State seeks a waiver of a waiver of section 1902(a)(4) of the Act, to waive one or more of more of the regulatory requirements listed above for PIHP or PAHP programs.

Please identify each regulatory requirement for which a waiver is requested, the managed care program(s) to which the waiver will apply, and what the State proposes as an alternative requirement, if any:

The CMS Regional Office has reviewed and approved the MCO, PIHP, PAHP, or PCCM contracts for

compliance with the provisions of section 1932(a)(5) of the Act and 42 CFR 438.10 Information requirements. If this is an initial waiver, the State assures that contracts that comply with these provisions will be submitted to the CMS Regional Office for approval prior to enrollment of beneficiaries in the MCO, PIHP, PAHP, or PCCM.

This is a proposal for a 1915(b)(4) FFS Selective Contracting Program only and the managed care regulations do not apply.

Section A: Program Description

Part IV: Program Operations

B. Information to Potential Enrollees and Enrollees (2 of 5)

2. Details

a. Non-English Languages

- 1. Potential enrollee and enrollee materials will be translated into the prevalent non-English languages.

Please list languages materials will be translated into. (If the State does not require written materials to be translated, please explain):

Enrollee materials are translated into Spanish. PIHPs translate enrollee written materials based on the prevalent languages in their geographic areas.

If the State does not translate or require the translation of marketing materials, please explain:

The State defines prevalent non-English languages as: (check any that apply):

- a. The languages spoken by significant number of potential enrollees and enrollees.

Please explain how the State defines significant.:

[Empty text box for explanation]

- b. The languages spoken by approximately 5.00 percent or more of the potential enrollee/enrollee population.

- c. Other

Please explain:

[Empty text box for explanation]

- 2. Please describe how oral translation services are available to all potential enrollees and enrollees, regardless of language spoken.

See Section A: Part IV 2 Information to Potential Enrollee and Enrollees (5 of 5).

- 3. The State will have a mechanism in place to help enrollees and potential enrollees understand the managed care program.

Please describe:

See Section A: Part IV 3 Information to Potential Enrollee and Enrollees (5 of 5).

Section A: Program Description

Part IV: Program Operations

B. Information to Potential Enrollees and Enrollees (3 of 5)

2. Details (Continued)

b. Potential Enrollee Information

Information is distributed to potential enrollees by:

State

Contractor

Please specify:

[Empty text box for specifying distribution methods]

There are no potential enrollees in this program. (Check this if State automatically enrolls beneficiaries into a single PIHP or PAHP.)

Section A: Program Description

Part IV: Program Operations

B. Information to Potential Enrollees and Enrollees (4 of 5)

2. Details (Continued)

c. Enrollee Information

The State has designated the following as responsible for providing required information to enrollees:

the State

State contractor

Please specify:

[Empty text box for specifying designated providers]

The MCO/PIHP/PAHP/PCCM/FFS selective contracting provider.

Section A: Program Description

Part IV: Program Operations

B. Information to Potential Enrollees and Enrollees (5 of 5)

Additional Information. Please enter any additional information not included in previous pages:

Section A: Part IV 2 and 3 Information to Potential Enrollee and Enrollees (5 of 5).

The NC DHHS has implemented a language access policy to ensure that people with LEP have equal access to benefits and services for which they may qualify from entities receiving federal financial assistance. The policy applies to the NC DHHS, all divisions/institutions within DHHS and all programs and services administered, established or funded by DHHS, including subcontractors, vendors and subrecipients.

The policy requires all divisions and institutions with DHHS and all local management entities, including the PIHPs, to maintain a Language Access Plan. The Plan must include a system for assessing the language needs of LEP populations and individual LEP applicants/recipients; securing resources for language services; providing language access services; assessing and providing staff training; and monitoring the quality and effectiveness of language access services. PIHPs must ensure that effective bilingual/interpretive services are provided to serve the needs of the LEP population at no cost to the enrollee. PIHPs must also provide written materials in languages other than English where a significant number or percentage of the population eligible to be served or likely to be directly affected by the program needs services or information in a language other than English.

Section A: Program Description

Part IV: Program Operations

C. Enrollment and Disenrollment (1 of 6)

1. Assurances

The State assures CMS that it complies with section 1932(a)(4) of the Act and 42 CFR 438.56 Disenrollment; in so far as these regulations are applicable.

The State seeks a waiver of section 1902(a)(4) of the Act, to waive one or more of the regulatory requirements listed for PIHP or PAHP programs. (Please check this item if the State has requested a waiver of the choice of plan requirements in section A.I.C.)

Please identify each regulatory requirement for which a waiver is requested, the managed care program(s) to which the waiver will apply, and what the State proposes as an alternative requirement, if any:

The State seeks a waiver of section 1902(a)(4) of the Act, waiving enrollee disenrollment. The MH/IDD/SUD system available in North Carolina to deliver these services to Medicaid enrollees through Medicaid Direct and the Tailored Plans.

Additionally, the State seeks a waiver of section 1932(a)(3) of the Act, which requires States to offer a choice of more than one PIHP per 42 CFR 438.52 as identified in section A.I.C of the waiver application. Enrollees are given choice of providers. Beneficiaries who have a choice of delivery systems (MCO or FFS/PIHP) do not have a lock in.

The CMS Regional Office has reviewed and approved the MCO, PIHP, PAHP, or PCCM contracts for compliance with the provisions of section 1932(a)(4) of the Act and 42 CFR 438.56 Disenrollment requirements. If this is an initial waiver, the State assures that contracts that comply with these provisions will be submitted to the CMS Regional Office for approval prior to enrollment of beneficiaries in the MCO, PIHP, PAHP, or PCCM.

This is a proposal for a 1915(b)(4) FFS Selective Contracting Program only and the managed care regulations do not apply.

Section A: Program Description

Part IV: Program Operations

C. Enrollment and Disenrollment (2 of 6)

2. Details

Please describe the States enrollment process for MCOs/PIHPs/PAHP/PCCMs and FFS selective contracting provider by checking the applicable items below.

a. Outreach

The State conducts outreach to inform potential enrollees, providers, and other interested parties of the managed care program.

Please describe the outreach process, and specify any special efforts made to reach and provide information to special populations included in the waiver program:

The State notifies all potential PIHP enrollees through written communication. The State notifies providers prior to program implementation and periodically thereafter through Medicaid Bulletins. Individuals with questions on eligibility and enrollment are directed to a toll-free number for the PIHP member services unit. The unit provides information and referral for benefits assessment as needed.

Section A: Program Description

Part IV: Program Operations

C. Enrollment and Disenrollment (3 of 6)

2. Details (Continued)

b. Administration of Enrollment Process

State staff conducts the enrollment process.

The State contracts with an independent contractor(s) (i.e., enrollment broker) to conduct the enrollment process and related activities.

The State assures CMS the enrollment broker contract meets the independence and freedom from conflict of interest requirements in section 1903(b) of the Act and 42 CFR 438.810.

Broker name:

Please list the functions that the contractor will perform:

- choice counseling
- enrollment
- other

Please describe:

State allows MCO/PIHP/PAHP or PCCM to enroll beneficiaries.

Please describe the process:

Section A: Program Description

Part IV: Program Operations

C. Enrollment and Disenrollment (4 of 6)

2. Details (Continued)

c. **Enrollment** . The State has indicated which populations are mandatorily enrolled and which may enroll on a voluntary basis in Section A.I.E.

This is a **new** program.

Please describe the **implementation schedule** (e.g. implemented statewide all at once; phased in by area; phased in by population, etc.):

This is an **existing program** that will be expanded during the renewal period.

Please describe: Please describe the **implementation schedule** (e.g. new population implemented statewide all at once; phased in by area; phased in by population, etc.):

If a potential enrollee **does not select** an MCO/PIHP/PAHP or PCCM within the given time frame, the potential enrollee will be **auto-assigned** or default assigned to a plan.

- i. Potential enrollees will have **day(s) / month(s)** to choose a plan.
- ii. There is an auto-assignment process or algorithm.

In the description please indicate the factors considered and whether or not the auto-assignment process assigns persons with special health care needs to an MCO/PIHP/PAHP/PCCM who is their current provider or who is capable of serving their particular needs:

The State automatically enrolls beneficiaries.

on a mandatory basis into a single MCO, PIHP, or PAHP in a rural area (please also check item A.I.C.3).

on a mandatory basis into a single PIHP or PAHP for which it has requested a waiver of the requirement of choice of plans (please also check item A.I.C.1).

on a voluntary basis into a single MCO, PIHP, or PAHP. The State must first offer the beneficiary a choice. If the beneficiary does not choose, the State may enroll the beneficiary as long as the beneficiary can opt out at any time without cause.

Please specify geographic areas where this occurs:

The State provides **guaranteed eligibility** of months (maximum of 6 months permitted) for MCO/PCCM enrollees under the State plan.

The State allows otherwise mandated beneficiaries to request **exemption** from enrollment in an MCO/PIHP/PAHP/PCCM.

Please describe the circumstances under which a beneficiary would be eligible for exemption from enrollment. In addition, please describe the exemption process:

[Empty rectangular box]

The State **automatically re-enrolls** a beneficiary with the same PCCM or MCO/PIHP/PAHP if there is a loss of Medicaid eligibility of 2 months or less.

Section A: Program Description

Part IV: Program Operations

C. Enrollment and Disenrollment (5 of 6)

2. Details (Continued)

d. Disenrollment

The State allows enrollees to **disenroll** from/transfer between MCOs/PIHPs/PAHPs and PCCMs. Regardless of whether plan or State makes the determination, determination must be made no later than the first day of the second month following the month in which the enrollee or plan files the request. If determination is not made within this time frame, the request is deemed approved.

- i.** Enrollee submits request to State.
- ii.** Enrollee submits request to MCO/PIHP/PAHP/PCCM. The entity may approve the request, or refer it to the State. The entity may not disapprove the request.
- iii.** Enrollee must seek redress through MCO/PIHP/PAHP/PCCM grievance procedure before determination will be made on disenrollment request.

The State **does not permit disenrollment** from a single PIHP/PAHP (authority under 1902 (a)(4) authority must be requested), or from an MCO, PIHP, or PAHP in a rural area.

The State has a **lock-in** period (i.e. requires continuous enrollment with MCO/PIHP/PAHP/PCCM) of [] months (up to 12 months permitted). If so, the State assures it meets the requirements of 42 CFR 438.56(c).

Please describe the good cause reasons for which an enrollee may request disenrollment during the lock-in period (in addition to required good cause reasons of poor quality of care, lack of access to covered services, and lack of access to providers experienced in dealing with enrollees health care needs):

[Empty rectangular box]

The State does not have a **lock-in**, and enrollees in MCOs/PIHPs/PAHPs and PCCMs are allowed to terminate or change their enrollment without cause at any time. The disenrollment/transfer is effective no later than the first day of the second month following the request.

The State permits **MCOs/PIHPs/PAHPs and PCCMs to request disenrollment** of enrollees.

- i.** MCO/PIHP/PAHP and PCCM can request reassignment of an enrollee.

Please describe the reasons for which enrollees can request reassignment

[Empty rectangular box]

- ii.** The State reviews and approves all MCO/PIHP/PAHP/PCCM-initiated requests for enrollee transfers or disenrollments.
- iii.** If the reassignment is approved, the State notifies the enrollee in a direct and timely manner of the desire of the MCO/PIHP/PAHP/PCCM to remove the enrollee from its membership or from the

PCCMs caseload.

- iv. The enrollee remains an enrollee of the MCO/PIHP/PAHP/PCCM until another MCO/PIHP/PAHP/PCCM is chosen or assigned.

Section A: Program Description

Part IV: Program Operations

C. Enrollment and Disenrollment (6 of 6)

Additional Information. Please enter any additional information not included in previous pages:

n/a

Section A: Program Description

Part IV: Program Operations

D. Enrollee Rights (1 of 2)

1. Assurances

The State assures CMS that it complies with section 1932(a)(5)(B)(ii) of the Act and 42 CFR 438 Subpart C Enrollee Rights and Protections.

The State seeks a waiver of section 1902(a)(4) of the Act, to waive one or more of the regulatory requirements listed for PIHP or PAHP programs.

Please identify each regulatory requirement for which a waiver is requested, the managed care program(s) to which the waiver will apply, and what the State proposes as an alternative requirement, if any:

--

The CMS Regional Office has reviewed and approved the MCO, PIHP, PAHP, or PCCM contracts for compliance with the provisions of section 1932(a)(5)(B)(ii) of the Act and 42 CFR Subpart C Enrollee Rights and Protections. If this is an initial waiver, the State assures that contracts that comply with these provisions will be submitted to the CMS Regional Office for approval prior to enrollment of beneficiaries in the MCO, PIHP, PAHP, or PCCM.

This is a proposal for a 1915(b)(4) FFS Selective Contracting Program only and the managed care regulations do not apply.

The State assures CMS it will satisfy all HIPAA Privacy standards as contained in the HIPAA rules found at 45 CFR Parts 160 and 164.

Section A: Program Description

Part IV: Program Operations

D. Enrollee Rights (2 of 2)

Additional Information. Please enter any additional information not included in previous pages:

n/a

Section A: Program Description

Part IV: Program Operations

E. Grievance System (1 of 5)

1. Assurances for All Programs States, MCOs, PIHPs, PAHPs, and States in PCCM and FFS selective contracting programs are required to provide Medicaid enrollees with access to the State fair hearing process as required under 42 CFR 431 Subpart E, including:

- a. informing Medicaid enrollees about their fair hearing rights in a manner that assures notice at the time of an action,
- b. ensuring that enrollees may request continuation of benefits during a course of treatment during an appeal or reinstatement of services if State takes action without the advance notice and as required in accordance with State Policy consistent with fair hearings. The State must also inform enrollees of the procedures by which benefits can be continued for reinstated, and
- c. other requirements for fair hearings found in 42 CFR 431, Subpart E.

The State assures CMS that it complies with section 1932(a)(4) of the Act and 42 CFR 438.56 Disenrollment; in so far as these regulations are applicable.

Section A: Program Description

Part IV: Program Operations

E. Grievance System (2 of 5)

2. Assurances For MCO or PIHP programs. MCOs/PIHPs are required to have an internal grievance system that allows an enrollee or a provider on behalf of an enrollee to challenge the denial of coverage of, or payment for services as required by section 1932(b)(4) of the Act and 42 CFR 438 Subpart H.

The State assures CMS that it complies with section 1932(b)(4) of the Act and 42 CFR 438 Subpart F Grievance System, in so far as these regulations are applicable.

Please identify each regulatory requirement for which a waiver is requested, the managed care program(s) to which the waiver will apply, and what the State proposes as an alternative requirement, if any:

n/a

The CMS Regional Office has reviewed and approved the MCO or PIHP contracts for compliance with the provisions of section 1932(b)(4) of the Act and 42 CFR 438 Subpart F Grievance System. If this is an initial waiver, the State assures that contracts that comply with these provisions will be submitted to the CMS Regional Office for approval prior to enrollment of beneficiaries in the MCO, PIHP, PAHP, or PCCM.

Section A: Program Description

Part IV: Program Operations

E. Grievance System (3 of 5)

3. Details for MCO or PIHP programs

a. Direct Access to Fair Hearing

The State **requires** enrollees to **exhaust** the MCO or PIHP grievance and appeal process before enrollees may request a state fair hearing.

The State **does not require** enrollees to **exhaust** the MCO or PIHP grievance and appeal process before enrollees may request a state fair hearing.

b. Timeframes

The States timeframe within which an enrollee, or provider on behalf of an enrollee, must file an **appeal** is days (between 20 and 90).

The States timeframe within which an enrollee must file a **grievance** is days.

c. Special Needs

The State has special processes in place for persons with special needs.

Please describe:

Section A: Program Description

Part IV: Program Operations

E. Grievance System (4 of 5)

4. Optional grievance systems for PCCM and PAHP programs. States, at their option, may operate a PCCM and/or PAHP grievance procedure (distinct from the fair hearing process) administered by the State agency or the PCCM and/or PAHP that provides for prompt resolution of issues. These grievance procedures are strictly voluntary and may not interfere with a PCCM, or PAHP enrollees freedom to make a request for a fair hearing or a PCCM or PAHP enrollees direct access to a fair hearing in instances involving terminations, reductions, and suspensions of already authorized Medicaid covered services.

The State has a grievance procedure for its PCCM and/or PAHP program characterized by the following (please check any of the following optional procedures that apply to the optional PCCM/PAHP grievance procedure):
The grievance procedures are operated by:

- the State
- the States contractor.

Please identify:

- the PCCM
- the PAHP

Requests for review can be made in the PCCM and/or PAHP grievance system (e.g. grievance, appeals):

Please describe:

Has a committee or staff who review and resolve requests for review.

Please describe if the State has any specific committee or staff composition or if this is a fiscal agent, enrollment broker, or PCCM administrator function:

Specifies a time frame from the date of action for the enrollee to file a request for review.

Please specify the time frame for each type of request for review:

Has time frames for resolving requests for review.

Specify the time period set for each type of request for review:

Establishes and maintains an expedited review process.

Please explain the reasons for the process and specify the time frame set by the State for this process:

Permits enrollees to appear before State PCCM/PAHP personnel responsible for resolving the request for review.

Notifies the enrollee in writing of the decision and any further opportunities for additional review, as well as the procedures available to challenge the decision.

Other.

Please explain:

Section A: Program Description

Part IV: Program Operations

E. Grievance System (5 of 5)

Additional Information. Please enter any additional information not included in previous pages:

n/a

Section A: Program Description

Part IV: Program Operations

F. Program Integrity (1 of 3)

1. Assurances

The State assures CMS that it complies with section 1932(d)(1) of the Act and 42 CFR 438.610 Prohibited Affiliations with Individuals Barred by Federal Agencies. The State assures that it prohibits an MCO, PCCM, PIHP, or PAHP from knowingly having a relationship listed below with:

1. An individual who is debarred, suspended, or otherwise excluded from participating in procurement activities under the Federal Acquisition Regulation or from participating in nonprocurement activities under regulations issued under Executive Order No. 12549 or under guidelines implementing Executive Order No. 12549, or
2. An individual who is an affiliate, as defined in the Federal Acquisition Regulation, of a person described

above.

The prohibited relationships are:

1. A director, officer, or partner of the MCO, PCCM, PIHP, or PAHP;
2. A person with beneficial ownership of five percent or more of the MCOs, PCCMs, PIHPs, or PAHPs equity;
3. A person with an employment, consulting or other arrangement with the MCO, PCCM, PIHP, or PAHP for the provision of items and services that are significant and material to the MCOs, PCCMs, PIHPs, or PAHPs obligations under its contract with the State.

The State assures that it complies with section 1902(p)(2) and 42 CFR 431.55, which require section 1915(b) waiver programs to exclude entities that:

1. Could be excluded under section 1128(b)(8) of the Act as being controlled by a sanctioned individual;
2. Has a substantial contractual relationship (direct or indirect) with an individual convicted of certain crimes described in section 1128(b)(8)(B) of the Act;
3. Employs or contracts directly or indirectly with an individual or entity that is
 - a. precluded from furnishing health care, utilization review, medical social services, or administrative services pursuant to section 1128 or 1128A of the Act, or
 - b. could be exclude under 1128(b)(8) as being controlled by a sanctioned individual.

Section A: Program Description

Part IV: Program Operations

F. Program Integrity (2 of 3)

2. Assurances For MCO or PIHP programs

The State assures CMS that it complies with section 1932(d)(1) of the Act and 42 CFR 438.608 Program Integrity Requirements, in so far as these regulations are applicable.

State payments to an MCO or PIHP are based on data submitted by the MCO or PIHP. If so, the State assures CMS that it is in compliance with 42 CFR 438.604 Data that must be Certified, and 42 CFR 438.606 Source, Content, Timing of Certification.

The State seeks a waiver of section 1902(a)(4) of the Act, to waive one or more of the regulatory requirements listed for PIHP or PAHP programs.

Please identify each regulatory requirement for which a waiver is requested, the managed care program(s) to which the waiver will apply, and what the State proposes as an alternative requirement, if any:

The CMS Regional Office has reviewed and approved the MCO or PIHP contracts for compliance with the provisions of section 1932(d)(1) of the Act and 42 CFR 438.604 Data that must be Certified; 438.606 Source, Content, Timing of Certification; and 438.608 Program Integrity Requirements. If this is an initial waiver, the State assures that contracts that comply with these provisions will be submitted to the CMS Regional Office for approval prior to enrollment of beneficiaries in the MCO, PIHP, PAHP, or PCCM.

Section A: Program Description

Part IV: Program Operations

F. Program Integrity (3 of 3)

Additional Information. Please enter any additional information not included in previous pages:

n/a

Section B: Monitoring Plan

Part I: Summary Chart of Monitoring Activities

Summary of Monitoring Activities (1 of 3)

The charts in this section summarize the activities used to monitor major areas of the waiver program. The purpose is to provide a big picture of the monitoring activities, and that the State has at least one activity in place to monitor each of the areas of the waiver that must be monitored.

Please note:

- **MCO, PIHP, and PAHP** programs:
 - There must be at least one checkmark in each column.
- **PCCM and FFS selective contracting** programs:
 - There must be at least one checkmark in each column under Evaluation of Program Impact.
 - There must be at least one check mark in one of the three columns under Evaluation of Access.
 - There must be at least one check mark in one of the three columns under Evaluation of Quality.

Summary of Monitoring Activities: Evaluation of Program Impact

Evaluation of Program Impact						
Monitoring Activity	Choice	Marketing	Enroll Disenroll	Program Integrity	Information to Beneficiaries	Grievance
Accreditation for Non-duplication	MCO	MCO	MCO	MCO	MCO	MCO
	PIHP	PIHP	PIHP	PIHP	PIHP	PIHP
	PAHP	PAHP	PAHP	PAHP	PAHP	PAHP
	PCCM	PCCM	PCCM	PCCM	PCCM	PCCM
	FFS	FFS	FFS	FFS	FFS	FFS
Accreditation for Participation	MCO	MCO	MCO	MCO	MCO	MCO
	PIHP	PIHP	PIHP	PIHP	PIHP	PIHP
	PAHP	PAHP	PAHP	PAHP	PAHP	PAHP
	PCCM	PCCM	PCCM	PCCM	PCCM	PCCM
	FFS	FFS	FFS	FFS	FFS	FFS
Consumer Self-Report data	MCO	MCO	MCO	MCO	MCO	MCO
	PIHP	PIHP	PIHP	PIHP	PIHP	PIHP
	PAHP	PAHP	PAHP	PAHP	PAHP	PAHP
	PCCM	PCCM	PCCM	PCCM	PCCM	PCCM
	FFS	FFS	FFS	FFS	FFS	FFS
Data Analysis (non-claims)	MCO	MCO	MCO	MCO	MCO	MCO
	PIHP	PIHP	PIHP	PIHP	PIHP	PIHP
	PAHP	PAHP	PAHP	PAHP	PAHP	PAHP
	PCCM	PCCM	PCCM	PCCM	PCCM	PCCM
	FFS	FFS	FFS	FFS	FFS	FFS
Enrollee Hotlines	MCO	MCO	MCO	MCO	MCO	MCO
	PIHP	PIHP	PIHP	PIHP	PIHP	PIHP
	PAHP	PAHP	PAHP	PAHP	PAHP	PAHP
	PCCM	PCCM	PCCM	PCCM	PCCM	PCCM
	FFS	FFS	FFS	FFS	FFS	FFS
Focused Studies	MCO	MCO	MCO	MCO	MCO	MCO

Evaluation of Program Impact						
Monitoring Activity	Choice	Marketing	Enroll Disenroll	Program Integrity	Information to Beneficiaries	Grievance
	PIHP PAHP PCCM FFS	PIHP PAHP PCCM FFS	PIHP PAHP PCCM FFS	PIHP PAHP PCCM FFS	PIHP PAHP PCCM FFS	PIHP PAHP PCCM FFS
Geographic mapping	MCO PIHP PAHP PCCM FFS	MCO PIHP PAHP PCCM FFS	MCO PIHP PAHP PCCM FFS	MCO PIHP PAHP PCCM FFS	MCO PIHP PAHP PCCM FFS	MCO PIHP PAHP PCCM FFS
Independent Assessment	MCO PIHP PAHP PCCM FFS	MCO PIHP PAHP PCCM FFS	MCO PIHP PAHP PCCM FFS	MCO PIHP PAHP PCCM FFS	MCO PIHP PAHP PCCM FFS	MCO PIHP PAHP PCCM FFS
Measure any Disparities by Racial or Ethnic Groups	MCO PIHP PAHP PCCM FFS	MCO PIHP PAHP PCCM FFS	MCO PIHP PAHP PCCM FFS	MCO PIHP PAHP PCCM FFS	MCO PIHP PAHP PCCM FFS	MCO PIHP PAHP PCCM FFS
Network Adequacy Assurance by Plan	MCO PIHP PAHP PCCM FFS	MCO PIHP PAHP PCCM FFS	MCO PIHP PAHP PCCM FFS	MCO PIHP PAHP PCCM FFS	MCO PIHP PAHP PCCM FFS	MCO PIHP PAHP PCCM FFS
Ombudsman	MCO PIHP PAHP PCCM FFS	MCO PIHP PAHP PCCM FFS	MCO PIHP PAHP PCCM FFS	MCO PIHP PAHP PCCM FFS	MCO PIHP PAHP PCCM FFS	MCO PIHP PAHP PCCM FFS
On-Site Review	MCO PIHP PAHP PCCM FFS	MCO PIHP PAHP PCCM FFS	MCO PIHP PAHP PCCM FFS	MCO PIHP PAHP PCCM FFS	MCO PIHP PAHP PCCM FFS	MCO PIHP PAHP PCCM FFS
Performance Improvement Projects	MCO PIHP PAHP PCCM FFS	MCO PIHP PAHP PCCM FFS	MCO PIHP PAHP PCCM FFS	MCO PIHP PAHP PCCM FFS	MCO PIHP PAHP PCCM FFS	MCO PIHP PAHP PCCM FFS

Evaluation of Program Impact						
Monitoring Activity	Choice	Marketing	Enroll Disenroll	Program Integrity	Information to Beneficiaries	Grievance
Performance Measures	MCO	MCO	MCO	MCO	MCO	MCO
	PIHP	PIHP	PIHP	PIHP	PIHP	PIHP
	PAHP	PAHP	PAHP	PAHP	PAHP	PAHP
	PCCM	PCCM	PCCM	PCCM	PCCM	PCCM
	FFS	FFS	FFS	FFS	FFS	FFS
Periodic Comparison of # of Providers	MCO	MCO	MCO	MCO	MCO	MCO
	PIHP	PIHP	PIHP	PIHP	PIHP	PIHP
	PAHP	PAHP	PAHP	PAHP	PAHP	PAHP
	PCCM	PCCM	PCCM	PCCM	PCCM	PCCM
	FFS	FFS	FFS	FFS	FFS	FFS
Profile Utilization by Provider Caseload	MCO	MCO	MCO	MCO	MCO	MCO
	PIHP	PIHP	PIHP	PIHP	PIHP	PIHP
	PAHP	PAHP	PAHP	PAHP	PAHP	PAHP
	PCCM	PCCM	PCCM	PCCM	PCCM	PCCM
	FFS	FFS	FFS	FFS	FFS	FFS
Provider Self-Report Data	MCO	MCO	MCO	MCO	MCO	MCO
	PIHP	PIHP	PIHP	PIHP	PIHP	PIHP
	PAHP	PAHP	PAHP	PAHP	PAHP	PAHP
	PCCM	PCCM	PCCM	PCCM	PCCM	PCCM
	FFS	FFS	FFS	FFS	FFS	FFS
Test 24/7 PCP Availability	MCO	MCO	MCO	MCO	MCO	MCO
	PIHP	PIHP	PIHP	PIHP	PIHP	PIHP
	PAHP	PAHP	PAHP	PAHP	PAHP	PAHP
	PCCM	PCCM	PCCM	PCCM	PCCM	PCCM
	FFS	FFS	FFS	FFS	FFS	FFS
Utilization Review	MCO	MCO	MCO	MCO	MCO	MCO
	PIHP	PIHP	PIHP	PIHP	PIHP	PIHP
	PAHP	PAHP	PAHP	PAHP	PAHP	PAHP
	PCCM	PCCM	PCCM	PCCM	PCCM	PCCM
	FFS	FFS	FFS	FFS	FFS	FFS
Other	MCO	MCO	MCO	MCO	MCO	MCO
	PIHP	PIHP	PIHP	PIHP	PIHP	PIHP
	PAHP	PAHP	PAHP	PAHP	PAHP	PAHP
	PCCM	PCCM	PCCM	PCCM	PCCM	PCCM
	FFS	FFS	FFS	FFS	FFS	FFS

Section B: Monitoring Plan

Part I: Summary Chart of Monitoring Activities

Summary of Monitoring Activities (2 of 3)

The charts in this section summarize the activities used to monitor major areas of the waiver program. The purpose is to provide a big picture of the monitoring activities, and that the State has at least one activity in place to monitor each of the areas of the waiver that must be monitored.

Please note:

- **MCO, PIHP, and PAHP** programs:
 - There must be at least one checkmark in each column.
- **PCCM and FFS selective contracting** programs:
 - There must be at least one checkmark in each column under Evaluation of Program Impact.
 - There must be at least one check mark in one of the three columns under Evaluation of Access.
 - There must be at least one check mark in one of the three columns under Evaluation of Quality.

Summary of Monitoring Activities: Evaluation of Access

Evaluation of Access			
Monitoring Activity	Timely Access	PCP / Specialist Capacity	Coordination / Continuity
Accreditation for Non-duplication	MCO	MCO	MCO
	PIHP	PIHP	PIHP
	PAHP	PAHP	PAHP
	PCCM	PCCM	PCCM
	FFS	FFS	FFS
Accreditation for Participation	MCO	MCO	MCO
	PIHP	PIHP	PIHP
	PAHP	PAHP	PAHP
	PCCM	PCCM	PCCM
	FFS	FFS	FFS
Consumer Self-Report data	MCO	MCO	MCO
	PIHP	PIHP	PIHP
	PAHP	PAHP	PAHP
	PCCM	PCCM	PCCM
	FFS	FFS	FFS
Data Analysis (non-claims)	MCO	MCO	MCO
	PIHP	PIHP	PIHP
	PAHP	PAHP	PAHP
	PCCM	PCCM	PCCM
	FFS	FFS	FFS
Enrollee Hotlines	MCO	MCO	MCO
	PIHP	PIHP	PIHP
	PAHP	PAHP	PAHP
	PCCM	PCCM	PCCM
	FFS	FFS	FFS
Focused Studies	MCO	MCO	MCO
	PIHP	PIHP	PIHP
	PAHP	PAHP	PAHP
	PCCM	PCCM	PCCM
	FFS	FFS	FFS

Evaluation of Access			
Monitoring Activity	Timely Access	PCP / Specialist Capacity	Coordination / Continuity
Geographic mapping	MCO PIHP PAHP PCCM FFS	MCO PIHP PAHP PCCM FFS	MCO PIHP PAHP PCCM FFS
Independent Assessment	MCO PIHP PAHP PCCM FFS	MCO PIHP PAHP PCCM FFS	MCO PIHP PAHP PCCM FFS
Measure any Disparities by Racial or Ethnic Groups	MCO PIHP PAHP PCCM FFS	MCO PIHP PAHP PCCM FFS	MCO PIHP PAHP PCCM FFS
Network Adequacy Assurance by Plan	MCO PIHP PAHP PCCM FFS	MCO PIHP PAHP PCCM FFS	MCO PIHP PAHP PCCM FFS
Ombudsman	MCO PIHP PAHP PCCM FFS	MCO PIHP PAHP PCCM FFS	MCO PIHP PAHP PCCM FFS
On-Site Review	MCO PIHP PAHP PCCM FFS	MCO PIHP PAHP PCCM FFS	MCO PIHP PAHP PCCM FFS
Performance Improvement Projects	MCO PIHP PAHP PCCM FFS	MCO PIHP PAHP PCCM FFS	MCO PIHP PAHP PCCM FFS
Performance Measures	MCO PIHP PAHP PCCM	MCO PIHP PAHP PCCM	MCO PIHP PAHP PCCM

Evaluation of Access			
Monitoring Activity	Timely Access	PCP / Specialist Capacity	Coordination / Continuity
	FFS	FFS	FFS
Periodic Comparison of # of Providers	MCO PIHP PAHP PCCM FFS	MCO PIHP PAHP PCCM FFS	MCO PIHP PAHP PCCM FFS
Profile Utilization by Provider Caseload	MCO PIHP PAHP PCCM FFS	MCO PIHP PAHP PCCM FFS	MCO PIHP PAHP PCCM FFS
Provider Self-Report Data	MCO PIHP PAHP PCCM FFS	MCO PIHP PAHP PCCM FFS	MCO PIHP PAHP PCCM FFS
Test 24/7 PCP Availability	MCO PIHP PAHP PCCM FFS	MCO PIHP PAHP PCCM FFS	MCO PIHP PAHP PCCM FFS
Utilization Review	MCO PIHP PAHP PCCM FFS	MCO PIHP PAHP PCCM FFS	MCO PIHP PAHP PCCM FFS
Other	MCO PIHP PAHP PCCM FFS	MCO PIHP PAHP PCCM FFS	MCO PIHP PAHP PCCM FFS

Section B: Monitoring Plan

Part I: Summary Chart of Monitoring Activities

Summary of Monitoring Activities (3 of 3)

The charts in this section summarize the activities used to monitor major areas of the waiver program. The purpose is to provide a big picture of the monitoring activities, and that the State has at least one activity in place to monitor each of the areas of the waiver that must be monitored.

Please note:

- **MCO, PIHP, and PAHP** programs:
 - There must be at least one checkmark in each column.
- **PCCM and FFS selective contracting** programs:
 - There must be at least one checkmark in each column under Evaluation of Program Impact.
 - There must be at least one check mark in one of the three columns under Evaluation of Access.
 - There must be at least one check mark in one of the three columns under Evaluation of Quality.

Summary of Monitoring Activities: Evaluation of Quality

Evaluation of Quality			
Monitoring Activity	Coverage / Authorization	Provider Selection	Quality of Care
Accreditation for Non-duplication	MCO	MCO	MCO
	PIHP	PIHP	PIHP
	PAHP	PAHP	PAHP
	PCCM	PCCM	PCCM
	FFS	FFS	FFS
Accreditation for Participation	MCO	MCO	MCO
	PIHP	PIHP	PIHP
	PAHP	PAHP	PAHP
	PCCM	PCCM	PCCM
	FFS	FFS	FFS
Consumer Self-Report data	MCO	MCO	MCO
	PIHP	PIHP	PIHP
	PAHP	PAHP	PAHP
	PCCM	PCCM	PCCM
	FFS	FFS	FFS
Data Analysis (non-claims)	MCO	MCO	MCO
	PIHP	PIHP	PIHP
	PAHP	PAHP	PAHP
	PCCM	PCCM	PCCM
	FFS	FFS	FFS
Enrollee Hotlines	MCO	MCO	MCO
	PIHP	PIHP	PIHP
	PAHP	PAHP	PAHP
	PCCM	PCCM	PCCM
	FFS	FFS	FFS
Focused Studies	MCO	MCO	MCO
	PIHP	PIHP	PIHP
	PAHP	PAHP	PAHP
	PCCM	PCCM	PCCM
	FFS	FFS	FFS
Geographic mapping	MCO	MCO	MCO
	PIHP	PIHP	PIHP
	PAHP	PAHP	PAHP
	PCCM	PCCM	PCCM

Evaluation of Quality			
Monitoring Activity	Coverage / Authorization	Provider Selection	Quality of Care
	FFS	FFS	FFS
Independent Assessment	MCO PIHP PAHP PCCM FFS	MCO PIHP PAHP PCCM FFS	MCO PIHP PAHP PCCM FFS
Measure any Disparities by Racial or Ethnic Groups	MCO PIHP PAHP PCCM FFS	MCO PIHP PAHP PCCM FFS	MCO PIHP PAHP PCCM FFS
Network Adequacy Assurance by Plan	MCO PIHP PAHP PCCM FFS	MCO PIHP PAHP PCCM FFS	MCO PIHP PAHP PCCM FFS
Ombudsman	MCO PIHP PAHP PCCM FFS	MCO PIHP PAHP PCCM FFS	MCO PIHP PAHP PCCM FFS
On-Site Review	MCO PIHP PAHP PCCM FFS	MCO PIHP PAHP PCCM FFS	MCO PIHP PAHP PCCM FFS
Performance Improvement Projects	MCO PIHP PAHP PCCM FFS	MCO PIHP PAHP PCCM FFS	MCO PIHP PAHP PCCM FFS
Performance Measures	MCO PIHP PAHP PCCM FFS	MCO PIHP PAHP PCCM FFS	MCO PIHP PAHP PCCM FFS
Periodic Comparison of # of Providers	MCO PIHP PAHP	MCO PIHP PAHP	MCO PIHP PAHP

Evaluation of Quality			
Monitoring Activity	Coverage / Authorization	Provider Selection	Quality of Care
	PCCM FFS	PCCM FFS	PCCM FFS
Profile Utilization by Provider Caseload	MCO PIHP PAHP PCCM FFS	MCO PIHP PAHP PCCM FFS	MCO PIHP PAHP PCCM FFS
Provider Self-Report Data	MCO PIHP PAHP PCCM FFS	MCO PIHP PAHP PCCM FFS	MCO PIHP PAHP PCCM FFS
Test 24/7 PCP Availability	MCO PIHP PAHP PCCM FFS	MCO PIHP PAHP PCCM FFS	MCO PIHP PAHP PCCM FFS
Utilization Review	MCO PIHP PAHP PCCM FFS	MCO PIHP PAHP PCCM FFS	MCO PIHP PAHP PCCM FFS
Other	MCO PIHP PAHP PCCM FFS	MCO PIHP PAHP PCCM FFS	MCO PIHP PAHP PCCM FFS

Section B: Monitoring Plan

Part II: Details of Monitoring Activities

Details of Monitoring Activities by Authorized Programs

For each program authorized by this waiver, please provide the details of its monitoring activities by editing each program listed below.

Programs Authorized by this Waiver:

Program	Type of Program
NC Innovations	PIHP;
NC MH/IDD/SUD	PIHP;
NC TBI	PIHP;

Note: If no programs appear in this list, please define the programs authorized by this waiver on the

Section B: Monitoring Plan

Part II: Details of Monitoring Activities

Program Instance: NC Innovations

Please check each of the monitoring activities below used by the State. A number of common activities are listed below, but the State may identify any others it uses. If federal regulations require a given activity, this is indicated just after the name of the activity. If the State does not use a required activity, it must explain why. For each activity, the state must provide the following information:

- Personnel responsible (e.g. state Medicaid, other state agency, delegated to plan, EQR, other contractor)
- Detailed description of activity
- Frequency of use
- How it yields information about the area(s) being monitored

a.

Accreditation for Non-duplication (i.e. if the contractor is accredited by an organization to meet certain access, structure/operation, and/or quality improvement standards, and the state determines that the organizations standards are at least as stringent as the state-specific standards required in 42 CFR 438 Subpart D, the state deems the contractor to be in compliance with the state-specific standards)

Activity Details:

PIHPs are required to be accredited by NCQA, URAC or other accreditation agency recognized by CMS for non-duplication and approved by the State. The state ensures that it does not duplicate these activity requirements to the extent possible, only using the results of accreditation review to the extent that the accreditation review would demonstrate that operations are compliant with federal and state requirements.

NCQA

JCAHO

AAAHC

Other

Please describe:

URAC

b.

Accreditation for Participation (i.e. as prerequisite to be Medicaid plan)

Activity Details:

NCQA

JCAHO

AAAHC

Other

Please describe:

c.

Consumer Self-Report data

Activity Details:

The State, through its contractor Health Services Advisory Group (HSAG), administers an annual survey for adults and children. The survey measures the consumer perception of the PIHP’s performance in areas of access and timeliness of services and quality of care. The state uses the results of these surveys to monitor grievances, timely access, service availability, provider selection and quality of care. The survey includes demographic information including enrollee’s age, gender and race or ethnic group. Survey results are analyzed to create a composite and to measure enrollee satisfaction with care. This information is used to identify issues regarding quality of care.

CAHPS

Please identify which one(s):

Experience of Care and Health Outcomes Survey (ECHO)

State-developed survey

Disenrollment survey

Consumer/beneficiary focus group

d.

Data Analysis (non-claims)

Activity Details:

The PIHPs are required to track grievances and appeals. The PIHPs provide this data to the DHHS monthly via a standard monthly monitoring report. The data includes the number of complaints and grievances received per month, and specifies who made the complaint (consumer or provider) and if the complaint or grievance is against the PIHP or a provider. The data also includes the number and percentage of authorization requests denied, the number and percentage of appeals received, and the number of authorization denials overturned due to the appeal. DHB reviews the information on a quarterly basis and may require a written plan of correction to address areas of low performance. The information is also included in the PIHP Quality Management reporting. Grievance and appeals data is used to monitor grievances and complaints, timely access to services, network capacity, service authorization and quality of care. PIHPs maintain records of grievances and appeals within an internal Continuous Quality Improvement Program. Performance Improvement Projects are implemented when indicated

Denials of referral requests

Disenrollment requests by enrollee

From plan

From PCP within plan

Grievances and appeals data

Other

Please describe:

e.

Enrollee Hotlines

Activity Details:

The PIHPs are required to track grievances and appeals. The PIHPs provide this data to the DHHS monthly via a standard monthly monitoring report. The data includes the number of complaints and grievances received per month and specifies who made the complaint (consumer or provider) and if the complaint or grievance is against the PIHP or a provider. The data also includes the number and percentage of authorization requests denied, the number and percentage of appeals received, and the number of authorization denials overturned due to the appeal. DHB reviews the information on a quarterly basis and may require a written plan of correction to address areas of low performance. The information is also included in the PIHP Quality Management reporting. Grievance and appeals data are used to monitor grievances and complaints, timely access to services, network capacity, service authorization and quality of care. PIHPs maintain records of grievances and appeals within an internal Continuous Quality Improvement Program. Performance Improvement Projects are implemented when indicated

- f. **Focused Studies** (detailed investigations of certain aspects of clinical or non-clinical services at a point in time, to answer defined questions. Focused studies differ from performance improvement projects in that they do not require demonstrable and sustained improvement in significant aspects of clinical care and non-clinical service)

Activity Details:

- g. **Geographic mapping**

Activity Details:

The PIHPs are required to maintain geographic mapping of the provider network for the DHHS’s review. The geographic mapping identifies the distribution of provider types across the state. Examples of provider types shown through mapping include psychiatrists, psychologists, treatment programs and facilities. Geographic mapping is generated and reported on annually through the PIHPs’ submission of Network Adequacy. DHHS staff review the information and may require a written plan of correction to address areas of concern. PIHPs are required to report on their progress in addressing gaps quarterly. Geographic mapping is used to monitor timely access, primary care provider/specialist capacity, and provider selection.

- h. **Independent Assessment** (Required for first two waiver periods)

Activity Details:

- i. **Measure any Disparities by Racial or Ethnic Groups**

Activity Details:

The State, through its EQR, administers an annual survey to measure consumer satisfaction. This survey is used to collect demographic information and to assess cultural sensitivity. Results of the survey are used to identify issues related to quality of care, including racial and ethnic disparities. The measurement of disparities by racial or ethnic groups is used to monitor timely access and coverage/authorization of care.

- j. **Network Adequacy Assurance by Plan** [Required for MCO/PIHP/PAHP]

Activity Details:

Both the monitoring of NC Innovations Waiver and TBI Waiver as well as the 1915(b)(3) services follow the monitoring protocol outlined for the PIHP. Network Adequacy Standards are found in the PIHP Contract Section VI. Attachment E. PIHP Network Adequacy Standards.

k.

Ombudsman

Activity Details:

[Empty box for activity details]

l.

On-Site Review

Activity Details:

The State administers annual on-site monitoring reviews through the EQR. Designated DHHS staff from DHB and DMH/DD/SAS participate in the EQR on-site reviews. The on-site reviews consist of both interviews and documentation review. The EQR process includes an extensive review of PIHP policies, procedures, processes and documentation of PIHP functions. The review focuses on monitoring services, reviewing grievances and appeals received and reviewing medical charts as needed. The EQR on-site review allows a review of automated systems and communication with the contractor staff that perform each of the above processes. It also obtains additional information that was not gathered during the state monitoring. Data from all sources is analyzed for compliance. If indicated, the contractor is required to implement corrective actions. The EQRO compiles the information for all PIHPs. On-site review is used to monitor marketing, program integrity, information to beneficiaries, grievances, timely access, primary care provider/specialist capacity, coordination/continuity of care, coverage/authorization, provider selection and quality of care.

m.

Performance Improvement Projects [Required for MCO/PIHP]

Activity Details:

Both the monitoring of NC Innovations Waiver and TBI Waiver as well as the 1915(b)(3) services follow the monitoring protocol outlined for the PIHP. Performance Improvement Projects requirements can be found in the PIHP Contract Section IV.I.1.m Performance Improvement Projects.

Clinical

Non-clinical

n.

Performance Measures [Required for MCO/PIHP]

Activity Details:

Both the monitoring of NC Innovations Waiver and TBI Waiver as well as the 1915(b)(3) services follow the monitoring protocol outlined for the PHIP. PIHP Performance Measures are found in the PIHP Contract Section VI. Attachment D. PIHP Quality Metrics.

The State has established a comprehensive list of Performance Measures (PMs) for the PIHPs. These PMs are included and described in the PIHP / DHB contract. The PIHPs use Health Effectiveness Data and Information Set (HEDIS) technical specifications pertaining to the Medicaid population when applicable. PIHPs report on these measures on a schedule determined by the state. Reports are due on a monthly, quarterly or annual basis. PIPs are used to monitor grievance, timely access, primary care provider/specialist capacity, coordination/continuity of care, coverage authorization and quality of care. Performance indicator data is reported in the annual Quality Improvement report and is reviewed by DHB on a quarterly basis and may require a written plan of correction to address areas of low performance.

- Process**
- Health status/ outcomes**
- Access/ availability of care**
- Use of services/ utilization**
- Health plan stability/ financial/ cost of care**
- Health plan/ provider characteristics**
- Beneficiary characteristics**

o. Periodic Comparison of # of Providers

Activity Details:

PIHPs report annually on the number and types of Medicaid providers relative to the number and types of Medicaid providers prior to the start date of the contract. The state compares the PIHP provider network numbers and types on an annual basis using results from the PIHP’s reported network capacity. Periodic comparison of number and types of Medicaid providers before and after waiver is used to monitor information related to primary care provider/specialist capacity and provider selection.

p. Profile Utilization by Provider Caseload (looking for outliers)

Activity Details:

q. Provider Self-Report Data

Activity Details:

The State, through its contractor (HSAG) administers an annual survey to measure provider satisfaction with the PIHPs’ performance. The survey includes provider satisfaction with claims submissions, timeliness of payments, assistance from the PIHPs and communications with the PIHPs. Survey results are analyzed to create a composite and to measure provider satisfaction with the PIHPs. This information is used to identify issues related to the impact of managed care programs on providers. DHB reviews these results and may require a written plan to address areas of low performance. Efforts to improve provider satisfaction are reviewed as part of the EQR process

- Survey of providers**
- Focus groups**

r. **Test 24/7 PCP Availability**

Activity Details:

s. **Utilization Review** (e.g. ER, non-authorized specialist requests)

Activity Details:

PIHPs are required to conduct statistically valid sample utilization management (UM) reviews on required utilization measures. The PIHPs perform ongoing monitoring of UM data, on-site review results and claims data review. DHB reviews the PIHP utilization review process. PIHPs analyze over and under-utilization through the use of regular utilization and outlier reports. Data related to the utilization review are reported in the PIHP quality report and are reviewed DHB annually. Utilization review is used to monitor program integrity, timely access, coverage/authorization and quality of care. The data is used to indicate opportunities for improvement and to assess compliance with utilization policies and procedures at the provider and contractor level. This information is primarily used for provider and enrollee monitoring and is part of the quality improvement statistical report. Analysis is reported to DHB. If areas for improvement are noted, the PIHPs work with the specific provider noted or incorporate the identified aspects into the implementation of performance measures. If the utilization review process identifies issues with program integrity, the contractor shall follow up with providers, recoup overpayments or report abusive or fraudulent claiming to the Medicaid Fraud Control Unit via the State Medicaid Agency.

t. **Other**

Activity Details:

PIHPs are required to administer Quality of Life Surveys (QOLS) as part of the August 23, 2012 settlement agreement with the US Department of Justice. The state implemented the QOLSs to be completed by individuals with mental illness who are transitioned out of an adult care home or a State psychiatric hospital to community living as a result of the settlement agreement. The goal of the settlement agreement is to ensure that services and supports to individuals with SMI and SPMI are of good quality, are supportive of these individuals in achieving increased independence and integration in the community, maintaining stable housing in a safe environment, and preventing unnecessary hospitalization and/or institutionalization. The PIHPs, through care and transition coordination and in-reach activities, are responsible for facilitating these transitions and making community based services available to support individuals in their transitions. Three QOLSs are completed per transition. One is completed prior to transition, 11 months after transition and 24 months after transition. The QOLSs are used to monitor quality of care, timely access, coordination and continuity, and provider selection. The QOLSs measure various domains which have been identified as indicators of an individual's perception of quality of life. Pre- and post-transition data is compared to determine if the State's goals for the settlement agreement are being met. Utilization review activities are completed by the PIHP. Waiver providers and beneficiaries are included in the annual consumer and provider services. Waiver providers are included in Network Adequacy evaluations. The waivers are included in the EQR review including validation of performance measures.

Section B: Monitoring Plan

Part II: Details of Monitoring Activities

Program Instance: State of North Carolina NC MH/IDD/SAS Health Plan

Please check each of the monitoring activities below used by the State. A number of common activities are listed below, but the State may identify any others it uses. If federal regulations require a given activity, this is indicated just after the name of the

activity. If the State does not use a required activity, it must explain why.

For each activity, the state must provide the following information:

- Personnel responsible (e.g. state Medicaid, other state agency, delegated to plan, EQR, other contractor)
- Detailed description of activity
- Frequency of use
- How it yields information about the area(s) being monitored

a.

Accreditation for Non-duplication (i.e. if the contractor is accredited by an organization to meet certain access, structure/operation, and/or quality improvement standards, and the state determines that the organizations standards are at least as stringent as the state-specific standards required in 42 CFR 438 Subpart D, the state deems the contractor to be in compliance with the state-specific standards)

Activity Details:

PIHPs are required to be accredited by NCQA, URAC or other accreditation agency recognized by CMS for non-duplication and approved by the State. The state ensures that it does not duplicate these activity requirements to the extent possible, only using the results of accreditation review to the extent that the accreditation review would demonstrate that operations are compliant with federal and state requirements.

NCQA

JCAHO

AAAHC

Other

Please describe:

URAC

b.

Accreditation for Participation (i.e. as prerequisite to be Medicaid plan)

Activity Details:

NCQA

JCAHO

AAAHC

Other

Please describe:

c.

Consumer Self-Report data

Activity Details:

The State, through its contractor Health Services Advisory Group (HSAG) - administers an annual survey for adults and children. The survey measures the consumer perception of the PIHP's performance in areas of access and timeliness of services and quality of care. The state uses the results of these surveys to monitor grievances, timely access, service availability, provider selection and quality of care. The survey includes demographic information including enrollee's age, gender and race or ethnic group. Survey results are analyzed to create a composite and to measure enrollee satisfaction with care. This information is used to identify issues regarding quality of care.

CAHPS

Please identify which one(s):

Experience of Care and Health Outcomes Survey (ECHO)

State-developed survey

Disenrollment survey

Consumer/beneficiary focus group

d.

Data Analysis (non-claims)

Activity Details:

The PIHPs are required to track grievances and appeals. The PIHPs provide this data to the DHHS monthly via a standard monthly monitoring report. The data includes the number of complaints and grievances received per month, and specifies who made the complaint (consumer or provider) and if the complaint or grievance is against the PIHP or a provider. The data also includes the number and percentage of authorization requests denied, the number and percentage of appeals received, and the number of authorization denials overturned due to the appeal. DHB reviews the information on a quarterly basis and may require a written plan of correction to address areas of low performance. The information is also included in the PIHP Quality Management reporting.

Grievance and appeals data is used to monitor grievances and complaints, timely access to services, network capacity, service authorization and quality of care. PIHPs maintain records of grievances and appeals within an internal Continuous Quality Improvement Program. Performance Improvement Projects are implemented when indicated.

Denials of referral requests

Disenrollment requests by enrollee

From plan

From PCP within plan

Grievances and appeals data

Other

Please describe:

[Empty text box for description]

e.

Enrollee Hotlines

Activity Details:

NC DHHS operates a toll-free customer hotline to address consumer coverage questions and requests for assistance. The hotline operates 16 hours per day. Items that cannot be addressed by hotline staff are referred to the appropriate program or staff person within DHHS. The PIHPs are required to operate a toll-free customer service line 24/7 to address enrollee needs and concerns. The PIHPs provide data to the DHHS monthly via a standard monthly monitoring report regarding the total number of calls received, the percentage and number of calls abandoned, the average speed to answer calls, and the number and percentage of calls answered within 30 seconds. DHB reviews the information on a quarterly basis and may require a written plan of correction to address areas of low performance.

Hotline information is used to monitor information to beneficiaries, grievances, timely access, coordination/continuity of care, coverage and authorization, provider selection and quality of care.

DHB's enrollment broker has a hotline for enrollment/disenrollment and maintains data on enrollment/disenrollment and beneficiary survey information which is available to the department which DHB uses to monitor trends and concerns.

f.

Focused Studies (detailed investigations of certain aspects of clinical or non-clinical services at a point in time, to answer defined questions. Focused studies differ from performance improvement projects in that they do not require demonstrable and sustained

improvement in significant aspects of clinical care and non-clinical service)

Activity Details:

n/a

g.

Geographic mapping

Activity Details:

The PIHPs are required to maintain geographic mapping of the provider network for the DHHS’s review. The geographic mapping identifies the distribution of provider types across the state. Examples of provider types shown through mapping include psychiatrists, psychologists, treatment programs and facilities. Geographic mapping is generated and reported on annually through the PIHPs’ submission of Network Adequacy. DHHS staff review the information and may require a written plan of correction to address areas of concern. PIHPs are required to report on their progress in addressing gaps quarterly. Geographic mapping is used to monitor timely access, primary care provider/specialist capacity, and provider selection.

h.

Independent Assessment (Required for first two waiver periods)

Activity Details:

n/a

i.

Measure any Disparities by Racial or Ethnic Groups

Activity Details:

The State, through its EQR, administers an annual survey to measure consumer satisfaction. This survey is used to collect demographic information and to assess cultural sensitivity. Results of the survey are used to identify issues related to quality of care, including racial and ethnic disparities. The measurement of disparities by racial or ethnic groups is used to monitor timely access and coverage/authorization of care.

j.

Network Adequacy Assurance by Plan [Required for MCO/PIHP/PAHP]

Activity Details:

The PIHPs are required to establish and maintain appropriate provider networks. The PIHP contract with DHB requires PIHPs to establish policies and procedures to monitor the adequacy, accessibility and availability of its provider network to meet the needs of enrollees. The PIHPs conduct an in-depth analysis of their provider networks to demonstrate an appropriate number, mix and geographic distribution of providers, including geographic access of its members to practitioners and facilities.

Network adequacy assurance is generated and reported on annually through the PIHPs' submission of Network Adequacy report. The PIHPs submit a network development plan to address any reported gaps in service capacity or access. DHHS staff review the information and may require a written plan of correction to address areas of concern. PIHPs are required to report on their progress in addressing quarterly. PIHPs submit requests for exception to DHHS for gaps in service coverage of specialty providers and institutions. PIHPs notify DHHS of any significant change in the PIHP network that would create a gap.

Measurement of network adequacy reports is used to monitor primary care provider/specialist capacity and provider selection.

Network adequacy data is used as follows: 1) develop a quantitative, regional understanding of the healthcare or service delivery system, including the subsystems and their relation; 2) identify needs for further data collection; and 3) identify processes and areas for detailed study.

- k. **Ombudsman**
Activity Details:

n/a

- l. **On-Site Review**
Activity Details:

The State administers annual on-site monitoring reviews through the EQR. Designated DHHS staff from DHB and DMH/DD/SAS participate in the EQR on-site reviews. The on-site reviews consist of both interviews and documentation review. The EQR process includes an extensive review of PIHP policies, procedures, processes and documentation of PIHP functions. The review focuses on monitoring services, reviewing grievances and appeals received and reviewing medical charts as needed.

The EQR on-site review allows a review of automated systems and communication with the contractor staff that perform each of the above processes. It also obtains additional information that was not gathered during the state monitoring. Data from all sources is analyzed for compliance. If indicated, the contractor is required to implement corrective actions. The EQRO compiles the information for all PIHPs

On-site review is used to monitor marketing, program integrity, information to beneficiaries, grievances, timely access, primary care provider/specialist capacity, coordination/continuity of care, coverage/authorization, provider selection and quality of care.

- m. **Performance Improvement Projects** [Required for MCO/PIHP]
Activity Details:

PIHPs are required to conduct Performance Improvement Projects (PIPs) that are designed to achieve, through on-going measurements and intervention, significant improvement, sustained over time, in clinical care and non-clinical care areas that are expected to have a favorable effect on health outcomes and enrollee satisfaction. The PIHPs were required to develop, implement and report to the state a minimum of two PIHP-specific and self-funded PIPs during the first year of their PIHP contract with DHB. They were required to add a third PIHP in the second year and a fourth in the third year. At least one of the four PIPs must be clinical and at least one must be non-clinical. PIP topics are chosen based upon the information obtained through other monitoring processes.

PIPs must measure performance using objective quality indicators, implementation of system interventions to achieve improvement in quality, evaluation of the effectiveness of the interventions, and planning/initiation of activities for increasing or sustaining improvement. Baseline measures for each PIP are established in the first year of each project and benchmarks are set based on currently accepted standards, past performance data or available national data. PIHPs will need DHBs approval prior to terminating a project. PIHPs will implement new PIPs as projects are terminated.

Two PIPs must be in process each year. The EQR reports the status and results of each PIP to DHB. Each PIP must be completed in a reasonable time period so as to generally allow information on the success of PIPs in the aggregate to produce new information on quality of care every year.

PIPs are used to monitor program integrity, coordination/continuity of care, quality of care and access to care. Data from PIPs is used to:

1. Develop a quantitative, regional understanding of the healthcare or service delivery system, including the subsystems and their relation;
2. Identify needs for further data collection; and
3. Identify processes and areas for detailed study.

The results of the analyses are reported to the DHB. DHB reviews the information on a quarterly basis and may require a written plan of correction to address areas of low performance.

Clinical

Non-clinical

n. Performance Measures [Required for MCO/PIHP]

Activity Details:

The State has established a comprehensive list of Performance Measures (PMs) for the PIHPs. These PMs are included and described in the PIHP / DHB contract. The PIHPs use Health Effectiveness Data and Information Set (HEDIS) technical specifications pertaining to the Medicaid population when applicable. PIHPs report on these measures on a schedule determined by the state. Reports are due on a monthly, quarterly or annual basis.

PIPs are used to monitor grievance, timely access, primary care provider/specialist capacity, coordination/continuity of care, coverage authorization and quality of care. Performance indicator data is reported in the annual Quality Improvement report and is reviewed by DHB on a quarterly basis and may require a written plan of correction to address areas of low performance.

Process

Health status/ outcomes

Access/ availability of care

Use of services/ utilization

Health plan stability/ financial/ cost of care

Health plan/ provider characteristics

Beneficiary characteristics

o. Periodic Comparison of # of Providers

Activity Details:

PIHPs report annually on the number and types of Medicaid providers relative to the number and types of Medicaid providers prior to the start date of the contract. The state compares the PIHP provider network numbers and types on an annual basis using results from the PIHP's reported network capacity.
Periodic comparison of number and types of Medicaid providers before and after waiver is used to monitor information related to primary care provider/specialist capacity and provider selection.

P. Profile Utilization by Provider Caseload (looking for outliers)

Activity Details:

n/a

Q. Provider Self-Report Data

Activity Details:

The State, through its contractor (HSAG)- administers an annual survey to measure provider satisfaction with the PIHPs' performance. The survey includes provider satisfaction with claims submissions, timeliness of payments, assistance from the PIHPs and communications with the PIHPs.
Survey results are analyzed to create a composite and to measure provider satisfaction with the PIHPs. This information is used to identify issues related to the impact of managed care programs on providers. DHB reviews these results and may require a written plan to address areas of low performance. Efforts to improve provider satisfaction are reviewed as part of the EQR process.

- Survey of providers
- Focus groups

R. Test 24/7 PCP Availability

Activity Details:

n/a

S. Utilization Review (e.g. ER, non-authorized specialist requests)

Activity Details:

PIHPs are required to conduct statistically valid sample utilization management (UM) reviews on required utilization measures. The PIHPs perform ongoing monitoring of UM data, on-site review results and claims data review. DHB reviews the PIHP utilization review process. PIHPs analyze over and under-utilization through the use of regular utilization and outlier reports. Data related to the utilization review are reported in the PIHP quality report and are reviewed DHB annually.

Utilization review is used to monitor program integrity, timely access, coverage/authorization and quality of care. The data is used to indicate opportunities for improvement and to assess compliance with utilization policies and procedures at the provider and contractor level. This information is primarily used for provider and enrollee monitoring and is part of the quality improvement statistical report. Analysis is reported to DHB. If areas for improvement are noted, the PIHPs work with the specific provider noted or incorporate the identified aspects into the implementation of performance measures. If the utilization review process identifies issues with program integrity, the contractor shall follow up with providers, recoup overpayments or report abusive or fraudulent claiming to the Medicaid Fraud Control Unit via the State Medicaid Agency.

t. **Other**
Activity Details:

PIHPs are required to administer Quality of Life Surveys (QOLS) as part of the August 23, 2012 settlement agreement with the US Department of Justice. The state implemented the QOLSs to be completed by individuals with mental illness who are transitioned out of an adult care home or a State psychiatric hospital to community living as a result of the settlement agreement. The goal of the settlement agreement is to ensure that services and supports to individuals with SMI and SPMI are of good quality, are supportive of these individuals in achieving increased independence and integration in the community, maintaining stable housing in a safe environment, and preventing unnecessary hospitalization and/or institutionalization. The PIHPs, through care and transition coordination and in-reach activities, are responsible for facilitating these transitions and making community based services available to support individuals in their transitions.

Three QOLSs are completed per transition. One is completed prior to transition, 11 months after transition and 24 months after transition. The QOLSs are used to monitor quality of care, timely access, coordination and continuity, and provider selection.

The QOLSs measure various domains which have been identified as indicators of an individual’s perception of quality of life. Pre- and post-transition data is compared to determine if the State’s goals for the settlement agreement are being met.

Both the monitoring of the NC Innovations Waiver and the TBI Waiver as well as the 1915(b)(3) services follow the monitoring protocol outlined for the MH/IDD/SAS waiver. Utilization review activities are completed by the PIHP. Waiver providers and beneficiaries are included in the annual consumer and provider services. Waiver providers are included in Network Adequacy evaluations. The waivers are included in the EQR review including validation of performance measures.

Section B: Monitoring Plan

Part II: Details of Monitoring Activities

Program Instance: NC Traumatic Brain Injury

Please check each of the monitoring activities below used by the State. A number of common activities are listed below, but the State may identify any others it uses. If federal regulations require a given activity, this is indicated just after the name of the activity. If the State does not use a required activity, it must explain why.

For each activity, the state must provide the following information:

- Personnel responsible (e.g. state Medicaid, other state agency, delegated to plan, EQR, other contractor)
- Detailed description of activity

- Frequency of use
- How it yields information about the area(s) being monitored

a.

Accreditation for Non-duplication (i.e. if the contractor is accredited by an organization to meet certain access, structure/operation, and/or quality improvement standards, and the state determines that the organizations standards are at least as stringent as the state-specific standards required in 42 CFR 438 Subpart D, the state deems the contractor to be in compliance with the state-specific standards)

Activity Details:

PIHPs are required to be accredited by NCQA, URAC or other accreditation agency recognized by CMS for non-duplication and approved by the State. The state ensures that it does not duplicate these activity requirements to the extent possible only using the results of accreditation review to the extent that the accreditation review would demonstrate that operations are compliant with federal and state requirements.

NCQA

JCAHO

AAAHHC

Other

Please describe:

URAC

b.

Accreditation for Participation (i.e. as prerequisite to be Medicaid plan)

Activity Details:

NCQA

JCAHO

AAAHHC

Other

Please describe:

c.

Consumer Self-Report data

Activity Details:

The State, through its contractor Health Services Advisory Group (HSAG) administers an annual survey for adults and children. The survey measures the consumer perception of the PIHP's performance in areas of access and timeliness of services and quality of care. The state uses the results of these surveys to monitor grievances, timely access, service availability, provider selection and quality of care. The survey includes demographic information including enrollee's age, gender and race or ethnic group. Survey results are analyzed to create a composite and to measure enrollee satisfaction with care. This information is used to identify issues regarding quality of care.

CAHPS

Please identify which one(s):

Experience of Care and Health Outcomes Survey (ECHO).

State-developed survey

Disenrollment survey

Consumer/beneficiary focus group

d.

Data Analysis (non-claims)

Activity Details:

The PIHPs are required to track grievances and appeals. The PIHPs provide this data to the DHHS monthly via a standard monthly monitoring report. The data includes the number of complaints and grievances received per month, and specifies who made the complaint (consumer or provider) and if the complaint or grievance is against the PIHP or a provider. The data also includes the number and percentage of authorization requests denied, the number and percentage of appeals received, and the number of authorization denials overturned due to the appeal. DHB reviews the information on a quarterly basis and may require a written plan of correction to address areas of low performance. The information is also included in the PIHP Quality Management reporting. Grievance and appeals data is used to monitor grievances and complaints, timely access to services, network capacity, service authorization and quality of care. PIHPs maintain records of grievances and appeals within an internal Continuous Quality Improvement Program. Performance Improvement Projects are implemented when indicated.

Denials of referral requests

Disenrollment requests by enrollee

From plan

From PCP within plan

Grievances and appeals data

Other

Please describe:

e.

Enrollee Hotlines

Activity Details:

NC DHHS operates a toll-free customer hotline to address consumer coverage questions and requests for assistance. The hotline operates 16 hours per day. Items that cannot be addressed by hotline staff are referred to the appropriate program or staff person within DHHS. The PIHPs are required to operate a toll-free customer service line 24/7 to address enrollee needs and concerns. The PIHPs provide data to the DHHS monthly via a standard monthly monitoring report regarding the total number of calls received, the percentage and number of calls abandoned, the average speed to answer calls, and the number and percentage of calls answered within 30 seconds. DHB reviews the information on a quarterly basis and may require a written plan of correction to address areas of low performance. Hotline information is used to monitor information to beneficiaries, grievances, timely access, coordination/continuity of care, coverage and authorization, provider selection and quality of care. DHB's enrollment broker has a hotline for enrollment/disenrollment and maintains data on enrollment/disenrollment and beneficiary survey information which is available to the department which DHB uses to monitor trends and concerns.

f.

Focused Studies (detailed investigations of certain aspects of clinical or non-clinical services at a point in time, to answer defined questions. Focused studies differ from performance improvement projects in that they do not require demonstrable and sustained improvement in significant aspects of clinical care and non-clinical service)

Activity Details:

g. Geographic mapping

Activity Details:

The PIHPs are required to maintain geographic mapping of the provider network for the DHHS’s review. The geographic mapping identifies the distribution of provider types across the state. Examples of provider types shown through mapping include psychiatrists, psychologists, treatment programs and facilities. Geographic mapping is generated and reported on annually through the PIHPs’ submission of Network Adequacy. DHHS staff review the information and may require a written plan of correction to address areas of concern. PIHPs are required to report on their progress in addressing gaps quarterly. Geographic mapping is used to monitor timely access, primary care provider/specialist capacity, and provider selection.

h. Independent Assessment (Required for first two waiver periods)

Activity Details:

i. Measure any Disparities by Racial or Ethnic Groups

Activity Details:

The State, through its EQR, administers an annual survey to measure consumer satisfaction. This survey is used to collect demographic information and to assess cultural sensitivity. Results of the survey are used to identify issues related to quality of care, including racial and ethnic disparities. The measurement of disparities by racial or ethnic groups is used to monitor timely access and coverage/authorization of care.

j. Network Adequacy Assurance by Plan [Required for MCO/PIHP/PAHP]

Activity Details:

Both the monitoring of NC Innovations Waiver and TBI Waiver as well as the 1915(b)(3) services follow the monitoring protocol outlined for the PIHP. Network Adequacy Standards are found in the PIHP Contract Section VI. Attachment E. PIHP Network Adequacy Standards

k. Ombudsman

Activity Details:

l. On-Site Review

Activity Details:

The State administers annual on-site monitoring reviews through the EQR. Designated DHHS staff from DHB and DMH/DD/SAS participate in the EQR on-site reviews. The on-site reviews consist of both interviews and documentation review. The EQR process includes an extensive review of PIHP policies, procedures, processes and documentation of PIHP functions. The review focuses on monitoring services, reviewing grievances and appeals received and reviewing medical charts as needed. The EQR on-site review allows a review of automated systems and communication with the contractor staff that perform each of the above processes. It also obtains additional information that was not gathered during the state monitoring. Data from all sources is analyzed for compliance. If indicated, the contractor is required to implement corrective actions. The EQRO compiles the information for all PIHPs. On-site review is used to monitor marketing, program integrity, information to beneficiaries, grievances, timely access, primary care provider/specialist capacity, coordination/continuity of care, coverage/authorization, provider selection and quality of care.

m. Performance Improvement Projects [Required for MCO/PIHP]

Activity Details:

Both the monitoring of NC Innovations Waiver and TBI Waiver as well as the 1915 (b)(3) services follow the monitoring protocol outlined for the PHIP. Performance Improvement Projects requirements are found in the PIHP Contract Section IV.I.1.m Performance Improvement Projects.

Clinical

Non-clinical

n. Performance Measures [Required for MCO/PIHP]

Activity Details:

Both the monitoring of NC Innovations Waiver and TBI Waiver as well as the 1915(b)(3) services follow the monitoring protocol outlined for the PHIP. PIHP Performance Measures are found in the PIHP Contract Section VI. Attachment D. PIHP Quality Metrics.

Process

Health status/ outcomes

Access/ availability of care

Use of services/ utilization

Health plan stability/ financial/ cost of care

Health plan/ provider characteristics

Beneficiary characteristics

o. Periodic Comparison of # of Providers

Activity Details:

PIHPs report annually on the number and types of Medicaid providers relative to the number and types of Medicaid providers prior to the start date of the contract. The state compares the PIHP provider network numbers and types on an annual basis using results from the PIHP's reported network capacity. Periodic comparison of number and types of Medicaid providers before and after waiver is used to monitor information related to primary care provider/specialist capacity and provider selection.

p. Profile Utilization by Provider Caseload (looking for outliers)

Activity Details:

q. Provider Self-Report Data

Activity Details:

The State, through its contractor (HSAG) administers an annual survey to measure provider satisfaction with the PIHPs' performance. The survey includes provider satisfaction with claims submissions, timeliness of payments, assistance from the PIHPs and communications with the PIHPs. Survey results are analyzed to create a composite and to measure provider satisfaction with the PIHPs. This information is used to identify issues related to the impact of managed care programs on providers. DHB reviews these results and may require a written plan to address areas of low performance. Efforts to improve provider satisfaction are reviewed as part of the EQR process.

Survey of providers

Focus groups

r. Test 24/7 PCP Availability

Activity Details:

s. Utilization Review (e.g. ER, non-authorized specialist requests)

Activity Details:

PIHPs are required to conduct statistically valid sample utilization management (UM) reviews on required utilization measures. The PIHPs perform ongoing monitoring of UM data, on-site review results and claims data review. DHB reviews the PIHP utilization review process. PIHPs analyze over and under-utilization through the use of regular utilization and outlier reports. Data related to the utilization review are reported in the PIHP quality report and are reviewed DHB annually. Utilization review is used to monitor program integrity, timely access, coverage/authorization and quality of care. The data is used to indicate opportunities for improvement and to assess compliance with utilization policies and procedures at the provider and contractor level. This information is primarily used for provider and enrollee monitoring and is part of the quality improvement statistical report. Analysis is reported to DHB. If areas for improvement are noted, the PIHPs work with the specific provider noted or incorporate the identified aspects into the implementation of performance measures. If the utilization review process identifies issues with program integrity, the contractor shall follow up with providers, recoup overpayments or report abusive or fraudulent claiming to the Medicaid Fraud Control Unit via the State Medicaid Agency.

t. Other

Activity Details:

PIHPs are required to administer Quality of Life Surveys (QOLS) as part of the August 23, 2012 settlement agreement with the US Department of Justice. The state implemented the QOLSs to be completed by individuals with mental illness who are transitioned out of an adult care home or a State psychiatric hospital to community living as a result of the settlement agreement. The goal of the settlement agreement is to ensure that services and supports to individuals with SMI and SPMI are of good quality, are supportive of these individuals in achieving increased independence and integration in the community, maintaining stable housing in a safe environment, and preventing unnecessary hospitalization and/or institutionalization. The PIHPs, through care and transition coordination and in-reach activities, are responsible for facilitating these transitions and making community based services available to support individuals in their transitions. Three QOLSs are completed per transition. One is completed prior to transition, 11 months after transition and 24 months after transition. The QOLSs are used to monitor quality of care, timely access, coordination and continuity, and provider selection. The QOLSs measure various domains which have been identified as indicators of an individual's perception of quality of life. Pre- and post-transition data is compared to determine if the State's goals for the settlement agreement are being met.

Utilization review activities are completed by the PIHP. Waiver providers and beneficiaries are included in the annual consumer and provider services. Waiver providers are included in Network Adequacy evaluations. The waivers are included in the EQR review including validation of performance measures.

Section C: Monitoring Results

Renewal Waiver Request

Section 1915(b) of the Act and 42 CFR 431.55 require that the State must document and maintain data regarding the effect of the waiver on the accessibility and quality of services as well as the anticipated impact of the project on the States Medicaid program. In Section B of this waiver preprint, the State describes how it will assure these requirements are met. For an initial waiver request, the State provides assurance in this Section C that it will report on the results of its monitoring plan when it submits its waiver renewal request. For a renewal request, the State provides evidence that waiver requirements were met for the most recent waiver period. Please use Section D to provide evidence of cost-effectiveness.

CMS uses a multi-pronged effort to monitor waiver programs, including rate and contract review, site visits, reviews of External Quality Review reports on MCOs/PIHPs, and reviews of Independent Assessments. CMS will use the results of these activities and reports along with this Section to evaluate whether the Program Impact, Access, and Quality requirements of the waiver were met.

This is a renewal request.

This is the first time the State is using this waiver format to renew an existing waiver. The State provides below the results of the monitoring activities conducted during the previous waiver period.

The State has used this format previously The State provides below the results of the monitoring activities conducted during the previous waiver period.

For each of the monitoring activities checked in Section B of the previous waiver request, the State should:

- **Confirm** it was conducted as described in Section B of the previous waiver preprint. If it was not done as described, please explain why.
- **Summarize the results** or findings of each activity. CMS may request detailed results as appropriate.
- **Identify problems** found, if any.
- **Describe plan/provider-level corrective action**, if any, that was taken. The State need not identify the provider/plan by name, but must provide the rest of the required information.
- **Describe system-level program changes**, if any, made as a result of monitoring findings.

The Monitoring Activities were conducted as described:

Yes No

If No, please explain:

Monitoring activities were conducted as described. Additional monitoring activities and supplemental information is as follows:

Summary of Monitoring Activities: Other ways of collecting feedback include feedback from advocacy groups, provider organizations, etc. Additional information is collected through complaints and grievances.

Enrollee Hotlines: The NC DHHS Customer Service Center is open during normal business hours. LME-MCOs are required to have 24-hour accessibility.

Consumer Self-Report Data: The PIHPs are given individual reports that include the results for their area. The areas identified for improvement will vary based on PIHP. Each PIHP reviews the results as part of their continuous quality improvement process and determines the root cause for each problem identified in their area. Once the root cause(s) is(are) determined, the PIHP prioritizes action on the problems identified. Performance improvement projects are implemented for prioritized problem areas. These State reviews and approves each performance improvement project prior to implementation and prior to closing the project for completion. These performance improvement projects are reported on and monitored during quarterly Intra-Departmental Monitoring Team meetings with each PIHP. They are also reviewed during the annual External Quality Review.

PIHPs also address areas for improvement related to network accessibility and access during their annual Network Adequacy Analysis and through the development of their Network Development Plan.

Performance Measures: The current contracts between the PIHPs and North Carolina Medicaid include financial penalties for PIHPs that do not meet the identified benchmark for these measures. PIHPs are highly motivated to improve performance in these areas. Each PIHP has unique qualities based on geography, population, etc. and therefore, the strategies between PIHPs varies. Some strategies include automatic assignment to care coordination for individuals being discharged, co-location of PIHP behavioral health staff in hospital location, patient reminder calls, increasing availability of community providers include after hours and weekend appointments, etc.

Geographic Mapping and Periodic Comparison of Provider: Facility based opioid treatment is a Medicaid State Plan service. There are a limited number of facilities in North Carolina available to operate this service and access is limited in many areas. The goal is to ensure that Medicaid enrollees are getting the services they need. Rather than open new facilities, the State and the PIHPs are working to develop community based opioid treatment options, including the use of Medication Assisted Treatment (MAT) and specialized services by outpatient therapy providers.

Provider Self-Report Data: The EQR results indicate that the PIHPs are meeting the requirements of the appeals process in 42 CFR 438.400-424. There has not been an increase in the number of state-level appeals, nor has there been an increase in provider complaints against the PIHPs. The state does not have any concerns at this time.

2022 Quality of life surveys for measurements were completed in 2023 and will be available in Spring 2024.

Provide the results of the monitoring activities:

Consumer Self-Report Date

Summary: The Adult & Child ECHO surveys were each sent to approx. 1,181 enrollee households. The response rates 12.15% (adult) and 7.85% (child) rate.

Problems identified: Overall health and mental health ratings did not change appreciably between 2019 (pre-pandemic) and the current report, with the exception of child mental health, which declined slightly during the public health emergency. Both adults and children were less likely to use non-emergency care in 2021, but there were no differences across years in the ability to access care when needed. The majority of respondents who were offered telehealth chose to use it.

Corrective action taken: PIHPs discuss ECHO report findings at quality improvement committees and create performance improvement projects, as appropriate. The EQR process monitors PIHP steps toward improvement in problem areas.

System level program changes: same

Data Analysis

Summary: In the 2021 EQR, all of the PIHPs met 100% of the Grievance and Appeals standard.

Problems identified: An identified trend was that Grievance and Appeal requirements outlined in the NC Medicaid Contract were not consistently followed within the files reviewed. CCME continues to recommend PIHPs closely and routinely monitor Grievance and Appeal files to identify compliance issues and potential areas of quality improvement. PIHPs would benefit from continuing to routinely monitor Grievance and Appeal files for compliance issues and opportunities for quality improvement.

Corrective action: All PIHPs implemented their approved Corrective Action Plan (CAP). CAPs included revising Member/Enrollee and Stake Holder Complaints/Grievances, policy updating grievance procedures and timelines, correct Provider manual to clearly identify client rights and timeline for Appeals and Grievance.

System level program changes: same

Enrollee Hotlines

Summary: PIHPs meet required benchmarks in this area. Staff available 24 hours per day, seven days per week to perform telephone assessments and crisis interventions: Immediate access to PIHP staff is available 24/7 for urgent issues.

Problems identified: N/A

Corrective action: N/A

System level program changes: same

Geographic Mapping

Summary: PIHPs continue to report an adequate network of providers in most regions for most services.

Problems identified: There has been an increased in rural facility based opioid treatment, PIHPs continue building capacity for Facility based treatment in rural areas.

Corrective action: The State and PIHPs are working together through intradepartmental monitoring and DHHS waiver advisory committees. Goals include appropriate use and access to crisis services to avoid inappropriate ED use; co-location/coordination of primary and specialty care; increase access to psychiatric services in collaboration with the State' PCCM program; engaging stakeholders to further the continuum of care for children and adults with substance use issues and to increase access to services in rural areas. System level program change: Same.

Disparities by Racial/Ethnic Group

Summary of results: Survey data shows 95% enrollees believe that their services are culturally competent.

Problems identified: No specific issue. PIHPs work toward increased cultural competence.

Summary of results: PIHPs report an adequate network of providers who ensure culturally competent service delivery.

Problems identified: n/a

Corrective action: n/a

System level program change: Same

On-site Review

Summary of results: PIHPs had on-site reviews annually through the EQR process. Results summarized annual in individual PIHP and comprehensive reports.

Problems identified: Varies based on PIHP and are managed through a corrective action process.

Corrective action: The state provides TA as needed and monitors progress on corrective action items during the quarterly monitoring team meetings.

Program change: N/A

Performance Improvement Project

Summary: In 2021 validation of PIPs for six PIHPs was completed, all scored in the high confidence range. Strengths included, data analysis, collection method, clear documentation. Opportunities for improvement, create fewer and more focused interventions to monitor actions that impact the indicator rate.

<p>Problems identified: n/a Corrective action: n/a Program change: same</p> <p>Performance Measures Summary: PIHP indicator rates did not improve for two PIPs: 7-day follow up after discharge for MH/SUD services. Problems identified: PIHPs displayed some improvement from previous data through the updated monitoring processes through Care management and face to face monitoring as a method used to ensure 7-day follow up after discharge. Corrective action: CAP was not implemented. PIHPs plan improve through continued implementation of their current interventions and monitoring of new processes such as care management, which was reorganized in 2021, in addition to provider network meetings with facilities. Program change: same</p> <p>Periodic Comparison of Providers Summary: PIHPs report an adequate network of providers in most regions for most services. Problems identified: Access to Opioid treatment has increased, there is recommendation for the plans to Continue with current active interventions including, RRT and Opioid Treatment Centers, and examine rate after review of State validated data. Corrective action: n/a System level program change: same</p> <p>Utilization Review/Utilization Management Summary of results: In the 2021 EQR, three of the six PIHPs met 100% of the UM EQR standards, and three PIHPs met 96% of the standards. Problems identified: No significant problems have been identified. Corrective action: N/A Program change: same</p>
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Section D: Cost-Effectiveness

Medical Eligibility Groups

Title	
Capitated-M-CHIP	
MDBH Expansion	
Capitated-TBI Waiver	
Capitated-Innovations CAP-IDD	
Medicaid Direct BH-Meeting TP Criteria	
Medicaid Direct BH - not meeting TP Criteria	
Foster Children - meeting TP criteria	
Foster Children - not meeting TP criteria	
Tailored Plan (Temporary)	

	First Period		Second Period	
	Start Date	End Date	Start Date	End Date
Actual Enrollment for the Time Period**	07/01/2022	06/30/2023	07/01/2023	06/30/2024
Enrollment Projections for the Time Period*	07/01/2024	06/30/2025	07/01/2025	06/30/2026

**Include actual data and dates used in conversion - no estimates
 *Projections start on Quarter and include data for requested waiver period

Section D: Cost-Effectiveness

Services Included in the Waiver

Document the services included in the waiver cost-effectiveness analysis:

Service Name	State Plan Service	1915(b)(3) Service	Included in Actual Waiver Cost	
Intensive Recovery Supports				
Partial Hospitalization				
Behavioral Health Long-Term Residential - Children				
TBI Waiver Services				
Individual and Transitional Supports				
Community Living and Supports 1915(i)				
Child/Adolescent Day Treatment				
Supported Employment				
Outpatient Clinic - Psych				
Intensive In-Home Services				
In-Home Skill Building				
Innovations Waiver Services				
One-Time Transitional Costs				
Community Transition - 1915(i)				
Opioid Treatment				
ICF-IID				
Psychosocial Rehabilitation				
Diagnostic Assessment				
Mobile Crisis Management				
Community Support				
Inpatient Hospital - Psych				
Supported Employment/Individual Placement Supports - 1915(i)				
Prescribed Drugs - BH				
Personal Care (Individual Support)				
Multi-Systemic Therapy				
Psychiatrist Services - including E&M codes				
Transitional Living Skills				
Professional Treatment in facility based crisis				
SA - Residential Rehab				

Service Name	State Plan Service	1915(b)(3) Service	Included in Actual Waiver Cost	
Respite - 1915(i)				
Emergency Room Services with Primary MH/SA/DD Dx				
Respite				
SA-Detox				
Assertive Community Treatment Team				
Physician Consultation				
SA - Rehab (SAIOP and SACOT)				
Long Term Residential and Day Supports				

Section D: Cost-Effectiveness

Part I: State Completion Section

A. Assurances

a. [Required] Through the submission of this waiver, the State assures CMS:

- The fiscal staff in the Medicaid agency has reviewed these calculations for accuracy and attests to their correctness.
- The State assures CMS that the actual waiver costs will be less than or equal to or the States waiver cost projection.
- Capitated rates will be set following the requirements of 42 CFR 438.6(c) and will be submitted to the CMS Regional Office for approval.
- Capitated 1915(b)(3) services will be set in an actuarially sound manner based only on approved 1915(b)(3) services and their administration subject to CMS RO prior approval.
- The State will monitor, on a regular basis, the cost-effectiveness of the waiver (for example, the State may compare the PMPM Actual Waiver Cost from the CMS 64 to the approved Waiver Cost Projections). If changes are needed, the State will submit a prospective amendment modifying the Waiver Cost Projections.
- The State will submit quarterly actual member month enrollment statistics by MEG in conjunction with the States submitted CMS-64 forms.

Signature:

State Medicaid Director or Designee

Submission Date:

Note: The Signature and Submission Date fields will be automatically completed when the State Medicaid Director submits the application.

Cost-effectiveness spreadsheet is required for all 1915b waiver submissions.

b. Name of Medicaid Financial Officer making these assurances:

c. Telephone Number:

d. E-mail:

e. The State is choosing to report waiver expenditures based on

date of payment.

date of service within date of payment. The State understands the additional reporting requirements in the CMS-64 and has used the cost effectiveness spreadsheets designed specifically for reporting by date of service within day of payment. The State will submit an initial test upon the first renewal and then an initial and final test (for the preceding 4 years) upon the second renewal and thereafter.

Section D: Cost-Effectiveness

Part I: State Completion Section

B. Expedited or Comprehensive Test

To provide information on the waiver program to determine whether the waiver will be subject to the Expedited or Comprehensive cost effectiveness test. Note: All waivers, even those eligible for the Expedited test, are subject to further review at the discretion of CMS and OMB.

- b. The State provides additional services under 1915(b)(3) authority.
- c. The State makes enhanced payments to contractors or providers.
- d. The State uses a sole-source procurement process to procure State Plan services under this waiver.
- e. The State uses a sole-source procurement process to procure State Plan services under this waiver. Note: do not mark this box if this is a waiver for transportation services and dental pre-paid ambulatory health plans (PAHPs) that has overlapping populations with another waiver meeting one of these three criteria. For transportation and dental waivers alone, States do not need to consider an overlapping population with another waiver containing additional services, enhanced payments, or sole source procurement as a trigger for the comprehensive waiver test. However, if the transportation services or dental PAHP waiver meets the criteria in a, b, or c for additional services, enhanced payments, or sole source procurement then the State should mark the appropriate box and process the waiver using the Comprehensive Test.

If you marked any of the above, you must complete the entire preprint and your renewal waiver is subject to the Comprehensive Test. If you did not mark any of the above, your renewal waiver (not conversion or initial waiver) is subject to the Expedited Test:

- Do not complete Appendix D3
- Your waiver will not be reviewed by OMB at the discretion of CMS and OMB.

The following questions are to be completed in conjunction with the Worksheet Appendices. All narrative explanations should be included in the preprint. Where further clarification was needed, we have included additional information in the preprint.

Section D: Cost-Effectiveness

Part I: State Completion Section

C. Capitated portion of the waiver only: Type of Capitated Contract

The response to this question should be the same as in A.I.b.

- a. MCO
- b. PIHP
- c. PAHP
- d. PCCM
- e. Other

Please describe:

[Empty rectangular box for description]

Section D: Cost-Effectiveness

Part I: State Completion Section

D. PCCM portion of the waiver only: Reimbursement of PCCM Providers

Under this waiver, providers are reimbursed on a fee-for-service basis. PCCMs are reimbursed for patient management in the following manner (please check and describe):

a. Management fees are expected to be paid under this waiver.

The management fees were calculated as follows.

- 1. Year 1: \$ [] per member per month fee.
- 2. Year 2: \$ [] per member per month fee.
- 3. Year 3: \$ [] per member per month fee.
- 4. Year 4: \$ [] per member per month fee.

b. Enhanced fee for primary care services.

Please explain which services will be affected by enhanced fees and how the amount of the enhancement was determined.

c. Bonus payments from savings generated under the program are paid to case managers who control beneficiary utilization. Under D.I.H.d., please describe the criteria the State will use for awarding the incentive payments, the method for calculating incentives/bonuses, and the monitoring the State will have in place to ensure that total payments to the providers do not exceed the Waiver Cost Projections (Appendix D5). Bonus payments and incentives for reducing utilization are limited to savings of State Plan service costs under the waiver. Please also describe how the State will ensure that utilization is not adversely affected due to incentives inherent in the bonus payments. The costs associated with any bonus arrangements must be accounted for in Appendix D3. Actual Waiver Cost.

d. Other reimbursement method/amount.

\$ []

Please explain the State's rationale for determining this method or amount.

[]

Section D: Cost-Effectiveness

Part I: State Completion Section

E. Member Months

Please mark all that apply.

- a. [Required] Population in the base year and R1 and R2 data is the population under the waiver.
- b. For a renewal waiver, because of the timing of the waiver renewal submittal, the State did not have a complete R2 to submit. Please ensure that the formulas correctly calculated the annualized trend rates. *Note: it is no longer acceptable to estimate enrollment or cost data for R2 of the previous waiver period.*
- c. [Required] Explain the reason for any increase or decrease in member months projections from the base year or over time:

Below is a chart that summarizes the historical membership trends by quarter and MEG used as the basis for determining the R1–P1 and P1–P5 membership trends:

MEG	R5-P1 Quarterly	Projected Trends P2-P5 Quarterly
Innovations CAP-MR	0.0%	0.0%
TBI Waiver	0.0%	0.0%
M-CHIP	3.5%	3.5%
MD BH Expansion	0.0%	0.0%
Medicaid Direct BH – Meeting TP Criteria	1.0%	1.0%
Medicaid Direct BH – Not Meeting TP Criteria	0.0%	0.0%
Foster Children – Meeting TP Criteria	3.5%	3.5%
Foster Children – Not Meeting TP Criteria	0.0%	0.0%
Residual B3 Tailored Plan	3.5%	N/A
Total	1.5%	0.3%

Enrollment projections for R5 through P5 were calculated based on anticipated changes due to the implementation of comprehensive managed care for populations with significant BH needs and/or intellectual/developmental disability diagnosis through Tailored Plans under 1115 waiver authority. Populations eligible for Tailored Plan will transition out of the existing 1915(b) waiver BH program effective July 1, 2024. Populations that remain in the 1915(b) waiver BH program will include full benefit Medicaid beneficiaries who are excluded from the Standard Plan and Tailored Plan programs, such as dual eligible, foster children or long stay nursing facility individuals. Trend assumptions were informed by review of actual historical enrollment patterns for these identified populations in CY 2023.

Additionally, the MEG structure has been revised from the prior waiver to align more appropriately with the remaining populations. The new MEGs will also align with the rate cell structure utilized in capitation rate development for the program. The 1915(b) waiver MEGs that will continue to be reported after the 7/1/2024 Tailored Plan launch include:

- Innovations Waiver (for tribal and IHS populations only)
- TBI Waiver (for tribal and IHS populations only)
- M-CHIP (those who are not enrolled in Standard Plan or Tailored Plan)
- MD BH Expansion (those who are not enrolled in Standard Plan or Tailored Plan)
- Medicaid Direct BH – meeting TP criteria
- Medicaid Direct BH – not meeting TP criteria
- Foster Children – meeting TP criteria
- Foster Children – not meeting TP criteria
- Tailored Plan (temporary) to report residual 1915(b)(3) coverage for Tailored Plan beneficiaries during the 1915(i)-transition period or until approval of coverage for 150%+ FPL under 1115.

The MEG changes were reflected in the projection as a shift of the remaining populations from the historical MEGs to the applicable new MEG. Thus, after the transition 7/1/2024, no membership is reflected in the prior MEGs.

1/1/2025 Amendment: An adjustment was made to the Projected Quarter 3 MMs to reflect an increase in enrollment due to the change in reentry eligibility effective 1/1/2025. The adjustment was a small increase based on analysis of the historical incarcerated population for Standard Plan and Tailored Plans, that would now be enrolled in the BH managed care program instead.

d. [Required] Explain any other variance in eligible member months from BY/R1 to P2:

Note the majority of beneficiaries enrolled in the Innovation and TBI 1915(c) waivers will transition to the Tailored Plan program. However, waiver enrollees who are members of federally-recognized tribes and/or eligible for Indian Health Services may remain enrolled in the 1915(b) waiver BH program through the PIHPs. Historically, these populations have had very low membership, so one member month per month for TBI and 10 member months per month are included for Innovations. However, these MEGs (Innovations and TBI) will be maintained and reported against (as needed) in order to accommodate this population if they are enrolled in the program.

- e. [Required] Specify whether the BY/R1/R2 is a State fiscal year (SFY), Federal fiscal year (FFY), or other period:

RThe Tailored Plan (temporary) MEG will represent only 1915(b)(3) services for Tailored Plan beneficiaries covered under the 1115 waiver, including estimates of residual 1915(b)(3) services due to the 1915(i) transition period or those who are not eligible to receive 1915(i) services in the Tailored Plan program until these services are available under a different permanent authority because they are above 150% of the FPL. Transition to 1915(i) services is expected to be complete by 1/1/25. Therefore, the membership for this population goes to zero effective 1/1/25 and MEG is excluded in P2-P5.

Appendix D1 Member Months

Section D: Cost-Effectiveness

Part I: State Completion Section

F. Appendix D2.S - Services in Actual Waiver Cost

For Conversion or Renewal Waivers:

- a. [Required] Explain if different services are included in the Actual Waiver Cost from the previous period in Appendix D3 than for the upcoming waiver period in Appendix D5.

Explain the differences here and how the adjustments were made on Appendix D5:

The total actual waiver costs reported on Appendix D3, including total service and administration costs, are summarized directly from the waiver reporting schedules, specifically Schedules E and F. Total service costs were allocated to capitated state plan and 1915(b)(3) services using supplemental calculations. 1915(b)(3) costs are summarized from the separately certified 1915(b)(3) service rates multiplied by the actual member months under the waiver. The remaining costs were allocated to capitated state plan expenditures.

1915(b)(3) services will continue to phase-out with the transition to 1915(i) services, thus adjustments were applied in Appendix D5 to account for this transition as well as increased utilization expected under the 1915(i) service definitions. As part of this transition 1915(b)(3) Innovations Waiver services and Community Guide were discontinued in SFY 2023. These changes are also considered in the 1915(i) adjustment.

1/1/25 Amendment: The State will introduce a new 1915(b)(3) service, Long Term Residential and Day Support (LTRDS), effective January 1, 2025. This will result in the transition of services provided through the former Intermediate Care Facility for Individuals with Intellectual Disabilities (ICF/IID) in lieu of services (ILOS), including Community Living and Facility Supports and Long-Term Community Support, into the new LTRDS 1915(b)(3) service. The historical ICF ILOS expenditures are captured in the State Plan actual waiver costs in Appendix D3. An adjustment was incorporated in Appendix D5 to shift projected costs for this service from the State Plan (under the prior ILOS authority) projection into the 1915(b)(3) projection. Total projections for a given year have not changed from those submitted for the July 2024 waiver renewal.

The State has submitted supplemental documentation for the managed care savings demonstration to support the introduction of this new 1915(b)(3) service. There are sufficient managed care savings to cover the estimated cost of this new 1915(b)(3) service.

- b. [Required] Explain the exclusion of any services from the cost-effectiveness analysis.

For States with multiple waivers serving a single beneficiary, please document how all costs for waiver covered individuals taken into account.

Effective 1/1/25 it is assumed that all users utilizing existing 1915(b)(3) services will have transitioned to utilizing 1915(i) services. Therefore, existing 1915(b)(3) services are not included in Appendix D5 for P2 through P5. P2 through P5 reflect only projected expenditures for the new 1915(b)(3) services, LTRDS.

1/1/25 Amendment: With the introduction of the new LTRDS 1915(b)(3) service effective January 1, 2025, this amendment establishes 1915(b)(3) projections in Appendix D5 for P2 through P5 attributable to the new service. Projections attributable to periods after January 1, 2025 are fully attributable to the new 1915(b)(3) service.

Appendix D2.S: Services in Waiver Cost

State Plan Services	MCO Capitated Reimbursement	FFS Reimbursement impacted by MCO	PCCM FFS Reimbursement	PIHP Capitated Reimbursement	FFS Reimbursement impacted by PIHP	PAHP Capitated Reimbursement	FFS Reimbursement impacted by PAHP
Intensive Recovery Supports							
Partial Hospitalization							
Behavioral Health Long-Term Residential - Children							
TBI Waiver Services							
Individual and Transitional Supports							
Community Living and Supports 1915(i)							
Child/Adolescent Day Treatment							
Supported Employment							
Outpatient Clinic - Psych							
Intensive In-Home Services							
In-Home Skill Building							
Innovations Waiver Services							
One-Time Transitional Costs							
Community Transition - 1915(i)							
Opioid Treatment							
ICF-IID							
Psychosocial Rehabilitation							
Diagnostic Assessment							
Mobile Crisis Management							
Community Support							
Inpatient Hospital - Psych							

State Plan Services	MCO Capitated Reimbursement	FFS Reimbursement impacted by MCO	PCCM FFS Reimbursement	PIHP Capitated Reimbursement	FFS Reimbursement impacted by PIHP	PAHP Capitated Reimbursement	FFS Reimbursement impacted by PAHP
Supported Employment/Individual Placement Supports - 1915(i)							
Prescribed Drugs - BH							
Personal Care (Individual Support)							
Multi-Systemic Therapy							
Psychiatrist Services - including E&M codes							
Transitional Living Skills							
Professional Treatment in facility based crisis							
SA - Residential Rehab							
Respite - 1915(i)							
Emergency Room Services with Primary MH/SA/DD Dx							
Respite							
SA-Detox							
Assertive Community Treatment Team							
Physician Consultation							
SA - Rehab (SAIOP and SACOT)							
Long Term Residential and Day Supports							

Section D: Cost-Effectiveness

Part I: State Completion Section

G. Appendix D2.A - Administration in Actual Waiver Cost

[Required] The State allocated administrative costs between the Fee-for-service and managed care program depending upon the program structure. *Note: initial programs will enter only FFS costs in the BY. Renewal and Conversion waivers will enter all waiver and FFS administrative costs in the R1 and R2 or BY.*

The allocation method for either initial or renewal waivers is explained below:

- a. The State allocates the administrative costs to the managed care program based upon the number of waiver enrollees as a percentage of total Medicaid enrollees *Note: this is appropriate for MCO/PCCM programs.*
- b. The State allocates administrative costs based upon the program cost as a percentage of the total Medicaid budget. It would not be appropriate to allocate the administrative cost of a mental health program based upon the percentage of enrollees enrolled. *Note: this is appropriate for statewide PIHP/PAHP programs.*
- c. **Other**
Please explain:

Appendix D2.A: Administration in Actual Waiver Cost

Section D: Cost-Effectiveness

Part I: State Completion Section

H. Appendix D3 - Actual Waiver Cost

- a. The State is requesting a 1915(b)(3) waiver in **Section A.I.A.1.c** and will be providing non-state plan medical services. The State will be spending a portion of its waiver savings for additional services under the waiver.

For a renewal or conversion waiver, in the chart below, please state the actual amount spent on each 1915(b)(3) service in the retrospective waiver period. This amount must be built into the States Actual Waiver Cost for R1 and R2 (BY for Conversion) on **Column H in Appendix D3**. Please state the aggregate amount of 1915(b)(3) savings budgeted for each additional service in the upcoming waiver period in the chart below. This amount must be built into the States Waiver Cost Projection for P1 and P2 on **Column W in Appendix D5**.

1915(b)(3) Service	Amount Spent in Retrospective Period	Inflation projected	Amount projected to be spent in Prospective Period
Intensive Recovery Supports	\$43,001 or \$0.00 PMPM in R1 \$31,550 or \$0.00 PMPM in R2 \$32,775 or \$0.01 PMPM in R3 \$31,528 or \$0.01 PMPM in R4 \$9,475 or \$0.00 PMPM in R5	6.3% inflation and -87.3% adjustment equate to \$0.00 decrease in P1 Transition to 1915(i) complete, -100% decrease in P2 N/A N/A N/A	\$0.00 PMPM in P1 \$0.00 PMPM in P2 \$0.00 PMPM in P3 \$0.00 PMPM in P4 \$0.00 PMPM in P5
Partial Hospitalization			
Total:	\$109,942,137 or \$5.98 PMPM in R1 \$80,665,818 or \$3.98 PMPM in R2 \$83,797,891 or \$13.90 PMPM in R3 \$80,608,046 or \$12.99 PMPM in R4 \$18,803,908 or \$5.78 PMPM in R5	Inflation and other adjustments equate to net \$2.26 increase in P1 5.0% inflation and 84.0% adjustment equate to \$10.11 increase in P2 5.0% inflation adjustment equate to \$1.45 increase in P3 5.0% inflation adjustment equate to \$1.54 increase in P4 5.0% inflation adjustment equate to \$1.64 increase in P5	\$8.03 PMPM in P1 \$18.14 PMPM in P2 \$19.59 PMPM in P3 \$21.13 PMPM in P4 \$22.77 PMPM in P5

1915(b)(3) Service	Amount Spent in Retrospective Period	Inflation projected	Amount projected to be spent in Prospective Period
Behavioral Health Long-Term Residential - Children			
TBI Waiver Services			
Individual and Transitional Supports			
Community Living and Supports 1915(i)			
Child/Adolescent Day Treatment			
Supported Employment	<p>\$18,643,974 or \$1.01 PMPM in R1 \$13,679,299 or \$0.68 PMPM in R2 \$14,210,436 or \$2.36 PMPM in R3 \$13,669,502 or \$2.20 PMPM in R4 \$4,108,145 or \$1.26 PMPM in R5</p>	<p>6.3% inflation and -87.3% adjustment equate to \$0.98 decrease in P1 Transition to 1915(i) complete, -100% decrease in P2 N/A N/A N/A</p>	<p>\$0.28 PMPM in P1 \$0.00 PMPM in P2 \$0.00 PMPM in P3 \$0.00 PMPM in P4 \$0.00 PMPM in P5</p>
Total:	<p>\$109,942,137 or \$5.98 PMPM in R1 \$80,665,818 or \$3.98 PMPM in R2 \$83,797,891 or \$13.90 PMPM in R3 \$80,608,046 or \$12.99 PMPM in R4 \$18,803,908 or \$5.78 PMPM in R5</p>	<p>Inflation and other adjustments equate to net \$2.26 increase in P1 5.0% inflation and 84.0% adjustment equate to \$10.11 increase in P2 5.0% inflation adjustment equate to \$1.45 increase in P3 5.0% inflation adjustment equate to \$1.54 increase in P4 5.0% inflation adjustment equate to \$1.64 increase in P5</p>	<p>\$8.03 PMPM in P1 \$18.14 PMPM in P2 \$19.59 PMPM in P3 \$21.13 PMPM in P4 \$22.77 PMPM in P5</p>

1915(b)(3) Service	Amount Spent in Retrospective Period	Inflation projected	Amount projected to be spent in Prospective Period
Outpatient Clinic - Psych			
Intensive In-Home Services			
In-Home Skill Building	\$0 or \$0.00 PMPM in R1 \$0 or \$0.00 PMPM in R2 \$0 or \$0.00 PMPM in R3 \$0 or \$0.00 PMPM in R4 \$0 or \$0.00 PMPM in R5	6.3% inflation and -87.3% adjustment equate to \$0.00 decrease in P1 Transition to 1915(i) complete, -100% decrease in P2 N/A N/A N/A	\$0.00 PMPM in P1 \$0.00 PMPM in P2 \$0.00 PMPM in P3 \$0.00 PMPM in P4 \$0.00 PMPM in P5
Innovations Waiver Services			
One-Time Transitional Costs	\$785,715 or \$0.04 PMPM in R1 \$576,488 or \$0.03 PMPM in R2 \$598,872 or \$0.10 PMPM in R3 \$576,075 or \$0.09 PMPM in R4 \$173,130 or \$0.05 PMPM in R5		\$0.01 PMPM in P1 \$0.00 PMPM in P2 \$0.00 PMPM in P3 \$0.00 PMPM in P4 \$0.00 PMPM in P5
Total:	\$109,942,137 or \$5.98 PMPM in R1 \$80,665,818 or \$3.98 PMPM in R2 \$83,797,891 or \$13.90 PMPM in R3 \$80,608,046 or \$12.99 PMPM in R4 \$18,803,908 or \$5.78 PMPM in R5	Inflation and other adjustments equate to net \$2.26 increase in P1 5.0% inflation and 84.0% adjustment equate to \$10.11 increase in P2 5.0% inflation adjustment equate to \$1.45 increase in P3 5.0% inflation adjustment equate to \$1.54 increase in P4 5.0% inflation adjustment equate to \$1.64 increase in P5	\$8.03 PMPM in P1 \$18.14 PMPM in P2 \$19.59 PMPM in P3 \$21.13 PMPM in P4 \$22.77 PMPM in P5

1915(b)(3) Service	Amount Spent in Retrospective Period	Inflation projected	Amount projected to be spent in Prospective Period
		6.3% inflation and -87.3% adjustment equate to \$0.04 decrease in P1 Transition to 1915(i) complete, -100% decrease in P2 N/A N/A N/A	
Community Transition - 1915(i)			
Opioid Treatment			
ICF-IID			
Psychosocial Rehabilitation			
Diagnostic Assessment			
Mobile Crisis Management			
Total:	<p>\$109,942,137 or \$5.98 PMPM in R1 \$80,665,818 or \$3.98 PMPM in R2 \$83,797,891 or \$13.90 PMPM in R3 \$80,608,046 or \$12.99 PMPM in R4 \$18,803,908 or \$5.78 PMPM in R5</p>	<p>Inflation and other adjustments equate to net \$2.26 increase in P1 5.0% inflation and 84.0% adjustment equate to \$10.11 increase in P2 5.0% inflation adjustment equate to \$1.45 increase in P3 5.0% inflation adjustment equate to \$1.54 increase in P4 5.0% inflation adjustment equate to \$1.64 increase in P5</p>	<p>\$8.03 PMPM in P1 \$18.14 PMPM in P2 \$19.59 PMPM in P3 \$21.13 PMPM in P4 \$22.77 PMPM in P5</p>

1915(b)(3) Service	Amount Spent in Retrospective Period	Inflation projected	Amount projected to be spent in Prospective Period
Community Support			
Inpatient Hospital - Psych			
Supported Employment/Individual Placement Supports - 1915(i)			
Prescribed Drugs - BH			
Personal Care (Individual Support)	<p>\$33,179,533 or \$1.80 PMPM in R1 \$24,344,207 or \$1.20 PMPM in R2 \$25,289,438 or \$4.19 PMPM in R3 \$24,326,772 or \$3.92 PMPM in R4 \$7,311,013 or \$2.25 PMPM in R5</p>	<p>6.3% inflation and -87.3% adjustment equate to \$1.74 decrease in P1 Transition to 1915(i) complete, -100% decrease in P2 N/A N/A N/A</p>	<p>\$0.51 PMPM in P1 \$0.00 PMPM in P2 \$0.00 PMPM in P3 \$0.00 PMPM in P4 \$0.00 PMPM in P5</p>
Multi-Systemic Therapy			
Psychiatrist Services - including E&M codes			
Total:	<p>\$109,942,137 or \$5.98 PMPM in R1 \$80,665,818 or \$3.98 PMPM in R2 \$83,797,891 or \$13.90 PMPM in R3 \$80,608,046 or \$12.99 PMPM in R4 \$18,803,908 or \$5.78 PMPM in R5</p>	<p>Inflation and other adjustments equate to net \$2.26 increase in P1 5.0% inflation and 84.0% adjustment equate to \$10.11 increase in P2 5.0% inflation adjustment equate to \$1.45 increase in P3 5.0% inflation adjustment equate to \$1.54 increase in P4 5.0% inflation adjustment equate to \$1.64 increase in P5</p>	<p>\$8.03 PMPM in P1 \$18.14 PMPM in P2 \$19.59 PMPM in P3 \$21.13 PMPM in P4 \$22.77 PMPM in P5</p>

1915(b)(3) Service	Amount Spent in Retrospective Period	Inflation projected	Amount projected to be spent in Prospective Period
Transitional Living Skills	\$318,363 or \$0.02 PMPM in R1 \$233,587 or \$0.01 PMPM in R2 \$242,656 or \$0.04 PMPM in R3 \$233,419 or \$0.04 PMPM in R4 \$70,150 or \$0.02 PMPM in R5	6.3% inflation and -87.3% adjustment equate to \$0.02 decrease in P1 Transition to 1915(i) complete, -100% decrease in P2 N/A N/A N/A	\$0.00 PMPM in P1 \$0.00 PMPM in P2 \$0.00 PMPM in P3 \$0.00 PMPM in P4 \$0.00 PMPM in P5
Professional Treatment in facility based crisis			
SA - Residential Rehab			
Respite - 1915(i)			
Emergency Room Services with Primary MH/SA/DD Dx			
Respite			
Total:	\$109,942,137 or \$5.98 PMPM in R1 \$80,665,818 or \$3.98 PMPM in R2 \$83,797,891 or \$13.90 PMPM in R3 \$80,608,046 or \$12.99 PMPM in R4 \$18,803,908 or \$5.78 PMPM in R5	Inflation and other adjustments equate to net \$2.26 increase in P1 5.0% inflation and 84.0% adjustment equate to \$10.11 increase in P2 5.0% inflation adjustment equate to \$1.45 increase in P3 5.0% inflation adjustment equate to \$1.54 increase in P4 5.0% inflation adjustment equate to \$1.64 increase in P5	\$8.03 PMPM in P1 \$18.14 PMPM in P2 \$19.59 PMPM in P3 \$21.13 PMPM in P4 \$22.77 PMPM in P5

1915(b)(3) Service	Amount Spent in Retrospective Period	Inflation projected	Amount projected to be spent in Prospective Period
	\$32,363,703 or \$1.76 PMPM in R1 \$23,745,623 or \$1.17 PMPM in R2 \$24,667,613 or \$4.09 PMPM in R3 \$23,728,617 or \$3.82 PMPM in R4 \$7,131,248 or \$2.19 PMPM in R5	6.3% inflation and -87.3% adjustment equate to \$1.70 decrease in P1 Transition to 1915(i) complete, -100% decrease in P2 N/A N/A N/A	\$0.49 PMPM in P1 \$0.00 PMPM in P2 \$0.00 PMPM in P3 \$0.00 PMPM in P4 \$0.00 PMPM in P5
SA-Detox			
Assertive Community Treatment Team			
Physician Consultation	\$0 or \$0.00 PMPM in R1 \$0 or \$0.00 PMPM in R2 \$0 or \$0.00 PMPM in R3 \$0 or \$0.00 PMPM in R4 \$0 or \$0.00 PMPM in R5	6.3% inflation and -87.3% adjustment equate to \$0.00 decrease in P1 Transition to 1915(i) complete, -100% decrease in P2 N/A N/A N/A	\$0.00 PMPM in P1 \$0.00 PMPM in P2 \$0.00 PMPM in P3 \$0.00 PMPM in P4 \$0.00 PMPM in P5
SA - Rehab (SAIOP and SACOT)			
Total:	\$109,942,137 or \$5.98 PMPM in R1 \$80,665,818 or \$3.98 PMPM in R2 \$83,797,891 or \$13.90 PMPM in R3 \$80,608,046 or \$12.99 PMPM in R4 \$18,803,908 or \$5.78 PMPM in R5	Inflation and other adjustments equate to net \$2.26 increase in P1 5.0% inflation and 84.0% adjustment equate to \$10.11 increase in P2 5.0% inflation adjustment equate to \$1.45 increase in P3 5.0% inflation adjustment equate to \$1.54 increase in P4 5.0% inflation adjustment equate to \$1.64 increase in P5	\$8.03 PMPM in P1 \$18.14 PMPM in P2 \$19.59 PMPM in P3 \$21.13 PMPM in P4 \$22.77 PMPM in P5

1915(b)(3) Service	Amount Spent in Retrospective Period	Inflation projected	Amount projected to be spent in Prospective Period
Long Term Residential and Day Supports	N/A N/A N/A N/A N/A	Adjustment of \$6.73 PMPM for shift from State Plan ILOS authority 5.0% inflation and 156.7% adjustment equate to \$11.41 increase in P2 5.0% inflation adjustment equate to \$1.45 increase in P3 5.0% inflation adjustment equate to \$1.54 increase in P4 5.0% inflation adjustment equate to \$1.64 increase in P5	\$6.73 PMPM in P1 \$18.14 PMPM in P1 \$19.59 PMPM in P1 \$21.13 PMPM in P1 \$22.77 PMPM in P1
Total:	\$109,942,137 or \$5.98 PMPM in R1 \$80,665,818 or \$3.98 PMPM in R2 \$83,797,891 or \$13.90 PMPM in R3 \$80,608,046 or \$12.99 PMPM in R4 \$18,803,908 or \$5.78 PMPM in R5	Inflation and other adjustments equate to net \$2.26 increase in P1 5.0% inflation and 84.0% adjustment equate to \$10.11 increase in P2 5.0% inflation adjustment equate to \$1.45 increase in P3 5.0% inflation adjustment equate to \$1.54 increase in P4 5.0% inflation adjustment equate to \$1.64 increase in P5	\$8.03 PMPM in P1 \$18.14 PMPM in P2 \$19.59 PMPM in P3 \$21.13 PMPM in P4 \$22.77 PMPM in P5

b. The State is including voluntary populations in the waiver.

Describe below how the issue of selection bias has been addressed in the Actual Waiver Cost calculations:

c. Capitated portion of the waiver only -- Reinsurance or Stop/Loss Coverage: Please note how the State will be providing or requiring reinsurance or stop/loss coverage as required under the regulation. States may require

MCOs/PIHPs/PAHPs to purchase reinsurance. Similarly, States may provide stop-loss coverage to MCOs/PIHPs/PAHPs when MCOs/PIHPs/PAHPs exceed certain payment thresholds for individual enrollees. Stop loss provisions usually set limits on maximum days of coverage or number of services for which the MCO/PIHP/PAHP will be responsible. If the State plans to provide stop/loss coverage, a description is required. The State must document the probability of incurring costs in excess of the stop/loss level and the frequency of such occurrence based on FFS experience. The expenses per capita (also known as the stoploss premium amount) should be deducted from the capitation year projected costs. In the initial application, the effect should be neutral. In the renewal report, the actual reinsurance cost and claims cost should be reported in Actual Waiver Cost.

Basis and Method:

1. **The State does not provide stop/loss protection for MCOs/PIHPs/PAHPs, but requires MCOs/PIHPs/PAHPs to purchase reinsurance coverage privately. No adjustment was necessary.**

2. **The State provides stop/loss protection**

Describe below how the issue of selection bias has been addressed in the Actual Waiver Cost calculations:

d. Incentive/bonus/enhanced Payments for both Capitated and fee-for-service Programs:

1. **[For the capitated portion of the waiver] the total payments under a capitated contract include any incentives the State provides in addition to capitated payments under the waiver program.** The costs associated with any bonus arrangements must be accounted for in the capitated costs (Column D of Appendix D3 Actual Waiver Cost). Regular State Plan service capitated adjustments would apply.

Document

- i. **Document the criteria for awarding the incentive payments.**
- ii. **Document the method for calculating incentives/bonuses, and**
- iii. **Document the monitoring the State will have in place to ensure that total payments to the MCOs/PIHPs/PAHPs do not exceed the Waiver Cost Projection.**

The Tailored Care Management Capacity Building Performance Incentive Program was implemented to incentivize activities that will support successful launch and ongoing operations of the Tailored Care Management model. PIHPs were eligible to receive quarterly incentive payments for the achievement of milestones that support care management capabilities and care management providers. DHHS had defined milestones, such as developing Healthcare Information Technology infrastructure, hiring additional care managers, completing training with care management providers, and developing other operational competencies. The incentive program was effective May 2022 through June 2023. In alignment with the prospective April 1, 2023, 1915(b) amendment, only payments applicable to the prospective April 1, 2023, to June 30, 2023, period have been reflected in R4 of D3. No incentive arrangements are applicable to the projection period.

2. **For the fee-for-service portion of the waiver, all fee-for-service must be accounted for in the fee-for-service incentive costs (Column G of Appendix D3 Actual Waiver Cost).** For PCCM providers, the amount listed should match information provided in D.I.D Reimbursement of Providers. Any adjustments applied would need to meet the special criteria for fee-for-service incentives if the State elects to provide incentive payments in addition to management fees under the waiver program (See D.I.I.e and D.I.J.e)

Document:

- i. **Document the criteria for awarding the incentive payments.**
- ii. **Document the method for calculating incentives/bonuses, and**
- iii. **Document the monitoring the State will have in place to ensure that total payments to the MCOs/PIHPs/PAHPs/PCCMs do not exceed the Waiver Cost Projection.**

Appendix D3 Actual Waiver Cost

Section D: Cost-Effectiveness

Part I: State Completion Section

I. Appendix D4 - Adjustments in the Projection OR Conversion Waiver for DOS within DOP (1 of 8)

This section is only applicable to Initial waivers

Section D: Cost-Effectiveness

Part I: State Completion Section

I. Appendix D4 - Adjustments in the Projection OR Conversion Waiver for DOS within DOP (2 of 8)

This section is only applicable to Initial waivers

Section D: Cost-Effectiveness

Part I: State Completion Section

I. Appendix D4 - Adjustments in the Projection OR Conversion Waiver for DOS within DOP (3 of 8)

This section is only applicable to Initial waivers

Section D: Cost-Effectiveness

Part I: State Completion Section

I. Appendix D4 - Adjustments in the Projection OR Conversion Waiver for DOS within DOP (4 of 8)

This section is only applicable to Initial waivers

Section D: Cost-Effectiveness

Part I: State Completion Section

I. Appendix D4 - Adjustments in the Projection OR Conversion Waiver for DOS within DOP (5 of 8)

This section is only applicable to Initial waivers

Section D: Cost-Effectiveness

Part I: State Completion Section

I. Appendix D4 - Adjustments in the Projection OR Conversion Waiver for DOS within DOP (6 of 8)

This section is only applicable to Initial waivers

Section D: Cost-Effectiveness

Part I: State Completion Section

I. Appendix D4 - Adjustments in the Projection OR Conversion Waiver for DOS within DOP (7 of 8)

This section is only applicable to Initial waivers

Section D: Cost-Effectiveness

Part I: State Completion Section

I. Appendix D4 - Adjustments in the Projection OR Conversion Waiver for DOS within DOP (8 of 8)

This section is only applicable to Initial waivers

Section D: Cost-Effectiveness

Part I: State Completion Section

J. Appendix D4 - Conversion or Renewal Waiver Cost Projection and Adjustments. (1 of 5)

a. State Plan Services Trend Adjustment the State must trend the data forward to reflect cost and utilization increases. The R1 and R2 (BY for conversion) data already include the actual Medicaid cost changes for the population enrolled in the program. This adjustment reflects the expected cost and utilization increases in the managed care program from R2 (BY for conversion) to the end of the waiver (P2). Trend adjustments may be service-specific and expressed as percentage factors. Some states calculate utilization and cost separately, while other states calculate a single trend rate. The State must document the method used and how utilization and cost increases are not duplicative if they are calculated separately. . **This adjustment must be mutually exclusive of programmatic/policy/pricing changes and CANNOT be taken twice. The State must document how it ensures there is no duplication with programmatic/policy/pricing changes.**

- 1. [Required, if the States BY or R2 is more than 3 months prior to the beginning of P1] The State is using actual State cost increases to trend past data to the current time period (i.e., trending from 1999 to present).**

The actual trend rate used is:

Please document how that trend was calculated:

Overall, rate trends as documented in Appendix D3 reflect program trends in the State’s Medicaid program between R1 and R5. Given pandemic and program design changes, this data is not a clear indicator of ongoing trends in the program. Noteworthy influences on these changes include population and acuity shifts due to the implementation of comprehensive managed care under the 1115 waiver (Standard Plans) between R2 and R3, as well as decreases due to removal of temporary COVID-19 provider rate increases between R3 and R4. Appendix D3 Data: MEG R1 to R2,FY20>FY21 R2 to R3, FY21>FY22 R3 to R4,FY22>FY23 R4 to R5,FY23>FY24. MEG 01 AFDC 28.5% 894.5% -23.5% 3.8%, MEG 02 Blind/Disabled and Foster Children 5.5% 59.9% 0.2% -6.4%, MEG 03 Aged 31.3% 18.9% -14.5% -0.8%, MEG 04 Innovations 17.9% -5.1% 19.4% -1.6%, MEG 05 M-CHIP 31.3% 797.1% 0.5% 2.3%, Total* 13.6% 55.0% -0.1% -2.8%. *Total based on constant case mix with R5 MMs. Recent Capitation Rate Trends Capitation Rate Cell Change from April 2023 Rates to July 2023 Rates Change from July 2023 Rates to January 2024 Rates. Non-ABD (AFDC) -3.0% 8.0%, Blind and Disabled Children 2.6% 8.5%, Aged/Blind/Disabled Adult-5.2% 3.0%, Foster Children -1.6% 7.7%, Innovations 12.0% -0.2%. Prospective trend factors consistent with actuarial analysis for rate-setting were used to trend from the available R5 base period (SFY24 Q1-Q2) to P1 (15 months of trend). The TBI population continues to be a very small population. Trends for this population are assumed to be the same as the consistent, more credible Innovations population. The new Medicaid Expansion populations reflected in Appendix D5 will assume similar trends and impacts as the Non-ABD proxy population. The actuarial analysis for rate-setting relied on SFY 2022 and SFY 2023 encounter data. The data is reviewed on a rolling average basis to evaluate changes to historical cost and utilization patterns while normalizing the influence of historical program changes, significant outliers, and seasonality. Regression models were also created to fit the historical data to a linear equation by service category. The slope of the fitted line from the historical data informed the prospective trend assumptions for rate-setting. The results of these analyses for the applicable populations suggest an aggregate overall trend of approximately 5% annually. This analysis is a better representation of future prospective trends for the applicable populations because it was reviewed specific to populations that will remain in the 1915(b) waiver after Tailored Plan launch, unlike the historical trends represented in the tables above. Additionally, this analysis is performed on a normalized basis to ensure the prospective trend assumptions are not duplicative of other policy/programmatic changes. Additional information uploaded as an attachment word document.

- 2. **[Required, to trend BY/R2 to P1 and P2 in the future] When cost increases are unknown and in the future, the State is using a predictive trend of either State historical cost increases or national or regional factors that are predictive of future costs (same requirement as capitated ratesetting regulations) (i.e., trending from present into the future).**

- i. **State historical cost increases.**

Please indicate the years on which the rates are based: base years. In addition, please indicate the mathematical method used (multiple regression, linear regression, chi-square, least squares, exponential smoothing, etc.). Finally, please note and explain if the States cost increase calculation includes more factors than a price increase such as changes in technology, practice patterns, and/or units of service PMPM.

For the prospective trend analysis, as discussed above, five years of waiver reported data was available to assist in the development of the trend assumptions, in addition to capitated rate-setting data for SFY 2022 and SFY 2023 periods. As noted above, there was limitations to review of trend with the waiver data given various pandemic and population change influences. An actuarial analysis consistent with the rate-setting process was used to develop assumptions by MEG with a focus on trends in the actual PIHP claims data which should be more indicative of future rate-setting trends. The detailed claims data allowed for normalization of influences related to the pandemic and program design changes.

The new populations in Appendix D5 will be accessing many of the same services as the existing populations and the State expects the providers of these services (qualifications, etc.) to be similar, as those serving the current Non-ABD waiver participants. Thus, the trends for these MEGs have been set equal to those of the existing proxy population.

In the analysis of rate-setting trends, the State’s actuary considers historical year over year trends, as well as rolling averages in making these estimates. Historical reimbursement changes, that will be handled as programmatic changes, were normalized from the data before analyzing trends; therefore, trend estimates do not duplicate the effect of any other adjustments.

- ii. **National or regional factors that are predictive of this waivers future costs.**

Please indicate the services and indicators used. In addition, please indicate how this factor was determined to be predictive of this waivers future costs. Finally, please note and explain if the States cost increase calculation includes more factors than a price increase such as changes in technology, practice patterns, and/or units of service PMPM.

- 3. **The State estimated the PMPM cost changes in units of service, technology and/or practice patterns that would occur in the waiver separate from cost increase.**

Utilization adjustments made were service-specific and expressed as percentage factors. The State has documented how utilization and cost increases were not duplicated. This adjustment reflects the changes in utilization between R2 and P1 and between years P1 and P2.

- i. **Please indicate the years on which the utilization rate was based (if calculated separately only).**
 - ii. **Please document how the utilization did not duplicate separate cost increase trends.**

Appendix D4 Adjustments in Projection

Section D: Cost-Effectiveness

Part I: State Completion Section

J. Appendix D4 - Conversion or Renewal Waiver Cost Projection and Adjustments. (2 of 5)

b. State Plan Services Programmatic/Policy/Pricing Change Adjustment: This adjustment should account for any programmatic changes that are not cost neutral and that affect the Waiver Cost Projection. For example, changes in rates, changes brought about by legal action, or changes brought about by legislation. For example, Federal mandates, changes in hospital payment from per diem rates to Diagnostic Related Group (DRG) rates or changes in the benefit coverage of the FFS program. **This adjustment must be mutually exclusive of trend and CANNOT be taken twice. The State must document how it ensures there is no duplication with trend.** If the State is changing one of the aspects noted above in the FFS State Plan then the State needs to estimate the impact of that adjustment. *Note: FFP on rates cannot be claimed until CMS approves the SPA per the 1/2/01 SMD letter. Prior approval of capitation rates is contingent upon approval of the SPA.* The R2 data was adjusted for changes that will occur after the R2 (BY for conversion) and during P1 and P2 that affect the overall Medicaid program.

Others:

- Additional State Plan Services (+)
- Reductions in State Plan Services (-)
- Legislative or Court Mandated Changes to the Program Structure or fee
- Graduate Medical Education (GME) Changes - This adjustment accounts for **changes** in any GME payments in the program. 42 CFR 438.6(c)(5) specifies that States can include or exclude GME payments from the capitation rates. However, GME payments must be included in cost-effectiveness calculations.
- Copayment Changes - This adjustment accounts for changes from R2 to P1 in any copayments that are collected under the FFS program, but not collected in the MCO/PIHP/PAHP capitated program. States must ensure that these copayments are included in the Waiver Cost Projection if not to be collected in the capitated program. If the State is changing the copayments in the FFS program then the State needs to estimate the impact of that adjustment.

1. The State has chosen not to make an adjustment because there were no programmatic or policy changes in the FFS program after the MMIS claims tape was created. In addition, the State anticipates no programmatic or policy changes during the waiver period.
2. An adjustment was necessary. The adjustment(s) is(are) listed and described below:
 - i. The State projects an externally driven State Medicaid managed care rate increases/decreases between the base and rate periods.
Please list the changes.

An adjustment was made to P1 and P2 PMPMs to reflect the removal of limits due to mental health parity requirements. This adjustment was based on fiscal analysis to determine the impact of removal of various quantitative and non-quantitative limits on capitation rates. The impacts reflect a partial year impact in P1 and an incremental impact in P2 to reflect a full year impact moving forward.

For the list of changes above, please report the following:

- A. The size of the adjustment was based upon a newly approved State Plan Amendment (SPA).
PMPM size of adjustment
- B. The size of the adjustment was based on pending SPA.
Approximate PMPM size of adjustment
- C. Determine adjustment based on currently approved SPA.
PMPM size of adjustment
- D. Determine adjustment for Medicare Part D dual eligibles.
- E. Other:
Please describe

- ii. The State has projected no externally driven managed care rate increases/decreases in the managed care rates.
- iii. Changes brought about by legal action:
Please list the changes.

For the list of changes above, please report the following:

- A. The size of the adjustment was based upon a newly approved State Plan Amendment (SPA).
PMPM size of adjustment
- B. The size of the adjustment was based on pending SPA.
Approximate PMPM size of adjustment
- C. Determine adjustment based on currently approved SPA.
PMPM size of adjustment
- D. Other
Please describe

- iv. Changes in legislation.
Please list the changes.

For the list of changes above, please report the following:

- A. The size of the adjustment was based upon a newly approved State Plan Amendment (SPA).
PMPM size of adjustment
- B. The size of the adjustment was based on pending SPA.
Approximate PMPM size of adjustment
- C. Determine adjustment based on currently approved SPA
PMPM size of adjustment
- D. Other
Please describe

v. Other
Please describe:

A. The size of the adjustment was based upon a newly approved State Plan Amendment (SPA).

PMPM size of adjustment

B. The size of the adjustment was based on pending SPA.

Approximate PMPM size of adjustment

C. Determine adjustment based on currently approved SPA.

PMPM size of adjustment

D. Other
Please describe

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c. Administrative Cost Adjustment: This adjustment accounts for changes in the managed care program. The administrative expense factor in the renewal is based on the administrative costs for the eligible population participating in the waiver for managed care. Examples of these costs include per claim claims processing costs, additional per record PRO review costs, and additional Surveillance and Utilization Review System (SURS) costs; as well as actuarial contracts, consulting, encounter data processing, independent assessments, EQRO reviews, etc. *Note: one-time administration costs should not be built into the cost-effectiveness test on a long-term basis. States should use all relevant Medicaid administration claiming rules for administration costs they attribute to the managed care program.* If the State is changing the administration in the fee-for-service program then the State needs to estimate the impact of that adjustment.

1. No adjustment was necessary and no change is anticipated.
2. An administrative adjustment was made.
 - i. Administrative functions will change in the period between the beginning of P1 and the end of P2.
Please describe:

- ii. Cost increases were accounted for.
 - A. Determine administration adjustment based upon an approved contract or cost allocation plan amendment (CAP).
 - B. Determine administration adjustment based on pending contract or cost allocation plan

amendment (CAP).

- C. State Historical State Administrative Inflation. The actual trend rate used is PMPM size of adjustment

Please describe:

- D. Other
Please describe:

- iii. [Required, when State Plan services were purchased through a sole source procurement with a governmental entity. No other State administrative adjustment is allowed.] If cost increase trends are unknown and in the future, the State must use the lower of: Actual State administration costs trended forward at the State historical administration trend rate or Actual State administration costs trended forward at the State Plan services trend rate.
Please document both trend rates and indicate which trend rate was used.

- A. Actual State Administration costs trended forward at the State historical administration trend rate.

Please indicate the years on which the rates are based: base years

In addition, please indicate the mathematical method used (multiple regression, linear regression, chi-square, least squares, exponential smoothing, etc.). Finally, please note and explain if the States cost increase calculation includes more factors than a price increase.

- B. Actual State Administration costs trended forward at the State Plan Service Trend rate. Please indicate the State Plan Service trend rate from Section D.I.J.a. above

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d. 1915(b)(3) Adjustment: The State must document the amount of State Plan Savings that will be used to provide additional 1915(b)(3) services in *Section D.I.H.a* above. The Base Year already includes the actual trend for the State Plan services in the program. This adjustment reflects the expected trend in the 1915(b)(3) services between the Base Year and P1 of the waiver and the trend between the beginning of the program (P1) and the end of the program (P2). Trend adjustments may be service-specific and expressed as percentage factors.

- 1. [Required, if the States BY is more than 3 months prior to the beginning of P1 to trend BY to P1] The State is using the actual State historical trend to project past data to the current time period (i.e., trending

from 1999 to present).

The actual documented trend is:

5.00

Please provide documentation.

Trends have continued to increase rolling 6-month PMPM trends observed from actuarial analyses for rate-setting, suggest annual trends ranging from 5-13% into SFY 2023. prospective trends are assumed to trend at levels consistent with the State Plan trends and has been set accordingly for P1. The 5% annual trend was applied from the available base period (SFY24 Q1-Q2) to P1 (15 months of trend).

2. [Required, when the States BY is trended to P2. No other 1915(b)(3) adjustment is allowed] If trends are unknown and in the future (i.e., trending from present into the future), the State must use the lower of State historical 1915(b)(3) trend or States trend for State Plan Services. Please document both trend rates and indicate which trend rate was used.

i. A. State historical 1915(b)(3) trend rates

1. Please indicate the years on which the rates are based: base years

Not applicable

2. Please provide documentation.

The ICF ILOS which will transition under 1915(b)(3) authority effective January 1, 2025. Significant trends (exceeding State Plan assumptions) historically due to regional expansion and ongoing ramp-up of utilization. Prospective trends for the new 1915(b)(3) service are assumed to be consistent with State Plan trends. The 5% annual trend was applied for the P2-P5 periods.

B. State Plan Service trend

Please indicate the State Plan Service trend rate from Section D.I.J.a. above

5.00

e. Incentives (not in capitated payment) Trend Adjustment: If the State marked Section D.I.H.d , then this adjustment reports trend for that factor. Trend is limited to the rate for State Plan services.

1. List the State Plan trend rate by MEG from Section D.I.I.a

2. List the Incentive trend rate by MEG if different from Section D.I.I.a

3. Explain any differences:

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p. Other adjustments including but not limited to federal government changes.

- If the federal government changes policy affecting Medicaid reimbursement, the State must adjust P1

and P2 to reflect all changes.

- Once the States FFS institutional excess UPL is phased out, CMS will no longer match excess institutional UPL payments.
- - Excess payments addressed through transition periods should not be included in the 1915(b) cost effectiveness process. Any State with excess payments should exclude the excess amount and only include the supplemental amount under 100% of the institutional UPL in the cost effectiveness process.
 - For all other payments made under the UPL, including supplemental payments, the costs should be included in the cost effectiveness calculations. This would apply to PCCM enrollees and to PAHP, PIHP or MCO enrollees if the institutional services were provided as FFS wrap around. The recipient of the supplemental payment does not matter for the purposes of this analysis.
- **Pharmacy Rebate Factor Adjustment (Conversion Waivers Only) ***: Rebates that States receive from drug manufacturers should be deducted from Base Year costs if pharmacy services are included in the capitated base. If the base year costs are not reduced by the rebate factor, an inflated BY would result. Pharmacy rebates should also be deducted from FFS costs if pharmacy services are impacted by the waiver but not capitated.

Basis and Method:

1. Determine the percentage of Medicaid pharmacy costs that the rebates represent and adjust the base year costs by this percentage. States may want to make separate adjustments for prescription versus over the counter drugs and for different rebate percentages by population. States may assume that the rebates for the targeted population occur in the same proportion as the rebates for the total Medicaid population **which includes accounting for Part D dual eligibles**. Please account for this adjustment in **Appendix D5**.
2. The State has not made this adjustment because pharmacy is not an included capitation service and the capitated contractors providers do not prescribe drugs that are paid for by the State in FFS or **Part D for the dual eligibles**.
3. Other

Please describe:

1. No adjustment was made.
2. This adjustment was made. This adjustment must be mathematically accounted for in Appendix D5. Please describe

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K. Appendix D5 Waiver Cost Projection

The State should complete these appendices and include explanations of all adjustments in Section D.I.I and D.I.J above.

Program changes adjustments impacting Projection Year 1 that were considered in the original renewal are described in the supplemental documentation. Additional adjustments were incorporated for the 1/1/2025 amendment and are described below:

New 1915(b)(3) Service, LTRDS: Effective 1/1/25 amendment, former ICF ILOS will be transitioned under a new 1915(b)(3) service called LTRDS. Positive adjustments were applied to the prior 1915(b)(3) projection to capture expenditures for the new LTRDS service. A corresponding downward adjustment was applied to the State Plan component of the projections to reflect that this is a shift from the former ICF ILOS to the 1915(b)(3) authority. There is no change in the overall total projections as this is expected to be a budget neutral shift of services between authorities. This adjustment is partial in P1 given the mid-period transition, while the P2 adjustment reflects a full year of impact. PMPM projections are consistent with the savings demonstration documentation.

Limit Changes due to Mental Health Parity: Effective 1/1/25, North Carolina will be removing several quantitative and non-quantitative treatment limits to support compliance with mental health parity requirements. Positive adjustments were applied to the State Plan projections to capture the expectation of increased utilization after removal of limits. The fiscal analysis completed to inform impact to capitation rates was based on review of historical utilization and prior authorization data. Adjustments, specific to each MEG, were applied to P1 and P2 PMPM projections. The impacts reflect a partial year impact in P1 and an incremental impact in P2 to reflect a full year impact moving forward.

Appendix D5 Waiver Cost Projection

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L. Appendix D6 RO Targets

The State should complete these appendices and include explanations of all trends in enrollment in Section D.I.E. above.

Appendix D6 RO Targets

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M. Appendix D7 - Summary

- a. Please explain any variance in the overall percentage change in spending from BY/R1 to P2.

The overall percentage change in spending from R1 through R4 has been a steady increase. This has been driven by general medical trend and programmatic changes. Note a large shift in average PMPMs in R3 due to implementation of Standard Plans. There is a reduction in overall spending levels between R4 and R5 data because R5 reflects only a partial year.

P1 reflects a significant reduction in overall spending due to the launch of Tailored Plan. The increases in P2 through P5 are due to inflationary trends. Not a shift in average PMPM in P2 due to discontinuation of the temporary Tailored Plan.

- 1. Please explain caseload changes contributing to the overall annualized rate of change in Appendix D7 Column I. This response should be consistent with or the same as the answer given by the State in Section D.I.E.c & d:

Higher enrollment trends in the Foster Children meeting TP criteria (3.5% vs 0-1% for others) results in higher overall annualized rates of change in the projection period, as this is a higher PMPM cost population.

- 2. Please explain unit cost changes contributing to the overall annualized rate of change in Appendix D7 Column I. This response should be consistent with or the same as the answer given by the State in the States explanation of cost increase given in Section D.I.I and D.I.J:

Many of the policy/programmatic changes applied in the P1 development are related to unit cost reimbursement changes, including BH and SUD rate increases. These are contributing to the overall rate of change from BY to P1. Prospective annual medical trends are assumed to be 5%, including unit cost and utilization impacts.

3. Please explain utilization changes contributing to the overall annualized rate of change in Appendix D7 Column I. This response should be consistent with or the same as the answer given by the State in the States explanation of utilization given in Section D.I.I and D.I.J:

Some of the policy/programmatic changes applied in the P1 development are related to utilization changes. These are contributing to the overall rate of change from BY to P1. Prospective annual medical trends are assumed to be 5%, including unit cost and utilization impacts

- b. Please note any other principal factors contributing to the overall annualized rate of change in Appendix D7 Column I.

No other factors to note.

Appendix D7 - Summary