

Medicaid and CHIP Maternal and Infant Quality Improvement Resource List

Summer 2024

The Center for Medicaid and CHIP Services (CMCS) partners with states to share promising practices and provide technical assistance (TA) to improve quality of care for beneficiaries of Medicaid and the Children's Health Insurance Program (CHIP). This document provides links to resources developed by CMCS that address maternal and infant health (MIH). More information can be found at Maternal and Infant Health Care Quality and through the links below.

QUALITY IMPROVEMENT

The CMCS Quality Improvement (QI) Program provides state Medicaid and CHIP agencies and their QI partners (such as health care plans, maternal health providers, state departments of health, and community-based organizations) with the information, tools, and support they need to improve care and health outcomes. Tools focused on improving MIH are available to help states build QI knowledge and skills; develop QI projects; and implement, spread, and scale up QI initiatives. Resources for additional topics are available at the links in the box to the right. MIH-specific tools include the following:

• NEW! In May 2024, the Centers for Medicare & Medicaid Services (CMS) kicked off the Maternal Health Summer 2024 Webinar Series. This series focuses on the challenges pregnant and postpartum people face in addressing mental health, substance use, and hypertension management. CMS invites all interested staff from state Medicaid and CHIP agencies, along with their heavital and obstetrical providers. Medicaid and CHIP

Links to other QI TA focus areas and resources on Medicaid.gov

- Postpartum Care
- Infant Well-Child Visits
- Reducing Low-Risk Cesarean Delivery
- <u>Timely Health Care for Children and</u>
 Youth in Foster Care
- Advancing Oral Health
 Prevention in Primary Care
- Asthma Control
- Tobacco Cessation
- Behavioral Health Follow-up Care

with their hospital and obstetrical providers, Medicaid and CHIP managed care plans, public health agencies, and other QI partners, to take part in this webinar series. To listen to recordings of the webinars, go to Maternal and Infant Health Care Quality.

- NEW! In fall 2024, CMS will launch two new affinity groups focused on Improving Maternal Mental Health and Substance Use Care and Outcomes and Improving Maternal Hypertension Control and Cardiovascular Health. State teams, led by Medicaid or CHIP staff, may join this action-oriented affinity group to learn through workshops and one-on-one coaching, and work alongside peers focused on improvement projects in their states.
- **Postpartum Toolkit:** This toolkit offers practical information to maximize the use of existing Medicaid and CHIP authorities to improve quality, including a checklist and suggestions for partnering with Medicaid and CHIP managed care plans. MIH toolkits include <u>Increasing Access, Quality, and Equity in Postpartum Care in Medicaid and CHIP: A Toolkit for State Medicaid and CHIP Agencies.</u>
- Affinity Group State Highlights: From 2020 to 2024, CMS supported 54 state team QI projects as part of seven affinity groups. State team projects and lessons learned are described in Affinity Group Highlights briefs.
- **Getting Started Videos:** These videos describe how Medicaid and CHIP agencies can start a QI project. The approach begins with driver diagrams and small tests of change, enabling state teams to "learn their way" toward strong programs and policies. The MIH Getting Started in Quality Improvement videos include Improving



<u>Postpartum Care: Getting Started on Quality Improvement</u> and <u>Improving Infant Well-Child Visits: Getting Started on Quality Improvement</u>.

- Driver Diagrams and Change Idea Tables: A driver diagram is a visual display of what "drives" or contributes to
 improvements. Understanding drivers can help agencies identify change ideas, or evidence-based or evidence-informed
 QI interventions, tailored for Medicaid and CHIP. MIH driver diagrams and change idea tables include Improving Infant Well-Child Visits: Driver Diagram and Change Ideas.
- Measurement Strategies: These resources provide examples of measures that can be used to test, launch, and monitor
 QI projects. MIH measurement strategies include <u>Improving Postpartum Care: Measurement Strategies</u> and <u>Improving</u>
 Infant Well-Child Visits: Measurement Strategies.
- Data and Additional Resources: Medicaid.gov has additional data driven and other QI resources on the impact of
 and opportunities to improve MIH for people covered by Medicaid and CHIP, including a <u>Maternal Health</u>
 <u>Infographic</u>; <u>Maternal and Infant Health Beneficiary Profile</u>; webinars; state stories; and more on <u>Improving</u>
 <u>Postpartum Care</u>, <u>Improving Infant Well-Child Visits</u>, and <u>Improving Maternal Health by Reducing Low-Risk</u>
 <u>Cesarean Delivery</u>.
- Medicaid and CHIP QI—Open School and Office Hours: Open School offers state Medicaid and CHIP staff an opportunity to learn QI skills through short lessons. Office Hours enable state staff to discuss their QI questions with an improvement advisor and CMS staff. State Medicaid agencies interested in these opportunities can email MedicaidCHIPQI@cms.hhs.gov to find out more.
- Coming soon—QI TA worksheets: These worksheets will provide step-by-step guides to designing and launching a Medicaid and CHIP QI project, based on the Institute for Healthcare Improvement's Model for Improvement.

FOR MORE INFORMATION

For questions about any of CMCS's QI initiatives, such as information on Open School and Office Hours, or to request TA, please contact MedicaidCHIPQI@cms.hhs.gov.

