



Final Spending plan for implementation of the American Rescue Plan Act of 2021, Sect. 9817

Additional support for Medicaid home and community-based services during the COVID-19 public health emergency

Final Revised April 2024
Final January 2024
Updated July 2023
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Washington State
Health Care Authority



STATE OF WASHINGTON
HEALTH CARE AUTHORITY
626 8th Avenue, SE • P.O. Box 45502 • Olympia, Washington 98504-5502

January 23, 2023
~~October 18, 2022~~

Jennifer Bowdoin
Director, Division of Community Systems Transformation
Center for Medicaid and CHIP Services
7500 Security Boulevard
Baltimore, Maryland 21244

SUBJECT: Updated spending plan to implement the American Rescue Plan Act (ARPA) of 2021

Dear Ms. Bowdoin:

In accordance with the Center for Medicare and Medicaid Services (CMS) guidance, enclosed please find Washington State's updated section 9817 ARPA Spending Plan Narrative for the October 2022 report. This narrative acknowledges that the state of Washington will not utilize ARPA funds for the initiatives that were proposed but not approved by CMS, specifically the payment of room and board. In addition, the state has highlighted how the strategies and implementation efforts have been executed to date.

The state of Washington respectfully submits this updated spending plan that acknowledges all of the feedback the state received from CMS and the following requirements:

- The federal funds attributable to the increased FMAP will be used to supplement and not supplant existing state funds invested in Medicaid HCBS programs in effect as of April 1, 2021.
- The state is using the funds attributable to the increased FMAP to both supplement current HCBS activities and to implement activities designed to substantially enhance its Medicaid HCBS programs.
- The state has not made changes to HCBS eligibility standards, methodologies or procedures that are stricter than the policies that were in place on April 1, 2021.
- The investments that the state is making to HCBS programs preserve the programs and services, including the amount, duration and scope of the services that were in place as of April 1, 2021.
- The state continues to pay HCBS providers at a rate equal to, or more than, the rates that were in place as of April 1, 2021.

The state of Washington will continue to update CMS on its implementation of section 9817 via quarterly spending plan submissions. Rebecca Carrell, Deputy Director Medicaid Programs, will coordinate our quarterly submissions. Please direct any questions to me and Ms. Carrell. Washington State appreciates this opportunity and your partnership in this effort.

Sincerely,

Charissa Fotinos, MD, MSc



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American Rescue Plan Act of 2021

President Biden signed the American Rescue Plan Act of 2021 (ARPA) on March 11, 2021. Section 9817 of the ARPA provides states with a temporary 10 percentage point increase to the federal medical assistance percentage (FMAP) for certain Medicaid expenditures for home and community-based services (HCBS). These services are person-centered care delivered in the home or community to support people who need assistance with everyday activities.

States are required to use the federal funds attributed to the increased FMAP to supplement, not supplant, existing state funds expended for Medicaid HCBS in effect as of April 1, 2021. States must use funds equivalent to the amount of federal funds attributed to the increased FMAP to enhance, expand, or strengthen HCBS under the Medicaid program.

Increased FMAP estimates: Washington will receive an estimated \$524 million in additional federal funding because of the FMAP enhancement between April 1, 2021, and March 31, 2022. This includes the additional federal funds for current spending along with the additional federal funds resulting from initial reinvestments.

The table below illustrates state dollars spent on eligible HCBS and rehabilitative behavioral health services that are offset by the FMAP enhancement.

- The first row represents offsets on base spending.
- The second row identifies the portion of freed up state funds that are being reinvested to expand, enhance, and strengthen HCBS.
- The third row illustrates the additional FMAP generate from Washington’s initial HCBS investments.

<i>Dollars in thousands</i>	FFY 2021	FFY 2022	FFY 2023	FFY 2024	Total
State funds offset by enhanced FMAP - Base spend	207,800	208,215			416,015
State funds reinvested in eligible services	122,981	144,740	TBD	TBD	267,721
Additional FMAP on reinvested funds	55,551	50,849			106,401
Total State funds offset by FMAP Increase	263,351	259,064			522,416

Washington State Legislature allocations and the spending plan: The Washington State Legislature was in session when ARPA was signed into law. As part of the state’s 2021-2023 operating budget, the Legislature identified a list of investments to enhance, strengthen, or expand HCBS. That list is the basis for Washington’s initial HCBS spending plan. The Legislature invested \$273 million in new state spending. These investments are described in detail in the next section and a summary is available as Appendix A.

Washington plans to set aside the remaining \$251 million needed to hit our spending targets for future spending subject to legislative deliberations. Many of the investment items were funded in the operating budget on an ongoing basis. However, due to the timing of ARPA passage and Center for Medicare and Medicaid Services (CMS) spending guidance, Washington’s initial investment list only captures spending between April 1, 2021, and March 31, 2022. The Legislature may choose to count spending on ongoing items through March 31, 2024, now that CMS has clarified the spending timeline. The state intends to update the spending plan through the quarterly update process as information emerges. The Medicaid program also intends to review other services not currently delivered through the Rehabilitation portion of the State Plan Amendment (SPA) but could be based on what CMS has previously approved for other states.



On August 13, 2021, the state submitted the following: As described in Washington’s original submission, the Legislature identified an initial list of HCBS investments. Many of the items on that initial list were funded on an ongoing basis. However, due the timing of legislative session and CMS guidance on spending guidelines, the Legislature only included months of that spending as part of the initial list. If the Legislature chooses to count spending between April 1, 2021, through March 31, 2024, for those same items identified in Washington’s initial spending list, the amounts would be as follows:

<i>Dollars in thousands</i>	FFY 2021	FFY 2022	FFY 2023	FFY 2024	Total
State funds offset by enhanced FMAP - Base spend	207,800	208,215	-	-	416,015
State funds reinvested in eligible services	112,423	236,007	205,526	107,621	661,576
Additional FMAP on reinvested funds	50,260	40,266	-	-	90,526
Total State funds offset by FMAP Increase	258,060	248,481	-	-	506,541

Under this scenario, the State will have exceeded its non-supplant target as illustrated in the table above. The Legislature would then need to choose which specific items to count toward the non-supplant target. It is also possible that the Legislature will identify a different set of spending items for FFY 2023 and FFY 2024. Washington intends to update the spending plan through the quarterly update process as more information is available. Please note, while revising our initial estimates to create the table above, Washington noticed a few FMAPs that needed to be adjusted slightly. This is what accounts for the difference in line three between the table above and Washington’s original submission.

Washington can confirm that it is not imposing stricter eligibility standards, methodologies, or procedures for HCBS programs and services in place as of April 1, 2021.

For any activities focused on behavioral health providers or people with mental or substance use disorders, clearly indicate if any of the activities are focused on behavioral health providers that are not delivering services listed in Appendix B or could be listed in Appendix B; or targeting individuals with mental or substance use disorders who are not receiving any of the services listed in Appendix B or services that could be listed in Appendix B.

Final Spending Narrative: Washington fully expended the state funds equivalent to the amount of federal funds attributable to the increased FMAP. The state has continued the initiatives outlined in this spending plan and has made additional investments to ensure funding now that the enhanced FMAP period has ended.

Washington’s legislative body identified the initiatives listed in the sending plan and each was at different phases of development. The state experienced several implementation challenges including licensing of new facilities who had not previously billed the Medicaid program and working with existing stakeholder processes that delayed implementation of some of its programs.

The Medicaid program is leveraging its existing oversight, monitoring, and auditing programs to ensure the proper use of Medicaid funding.

Home and Community-Based Services spending plan



The HCBS investment opportunity will allow Washington to make substantial investments in the HCBS programs that directly impact the lives of our most vulnerable populations, including individuals with disabilities, experiencing homelessness, people with behavioral health needs, and other adults. Washington's spending plan outlines targeted investments that:

- Improve access to services.
- Support client transitions from institutional to community-based settings.
- Expand HCBS service offerings.
- Provide additional support to providers.
- Address critical workforce development and expansion needs.

The initiatives below make investments in areas that are critical to Washington's HCBS system to address both the short and long-term needs of Washington residents.

Increased funding to support transitions from institutional to community-based settings

The transition initiatives below serve to enhance and expand existing community-based programs. Strengthening the transition services reduce health disparities among older adults, clients with behavioral health needs, and those recovering from substance use disorders. These initiatives support whole-person care and create pro-social determinants of health (SDOH) by supporting positive transitions, including services in places where people live, learn, work, and play.

Transitions and diversions from psychiatric state hospitals: Beginning in January 2022, funding and full-time employees have been allocated to support the transition of civil patients in state and local psychiatric hospitals to community settings. Funding is sufficient to support an additional 120 individuals with a need for community-based services in licensed residential settings with additional staffing and training to address their needs of long-term services and supports.

Transitions from acute care hospitals to geriatric and dementia specialty providers in the community: Funding is provided for incentive payments to contracted Department of Social and Health Services (DSHS) providers who accept clients being discharged from acute care hospitals. This is part of an effort to create and maintain COVID-19 surge capacity in acute care hospitals. Funding is sufficient to phase in an additional 185 individuals who have a need for community-based services in licensed residential settings that have additional staffing and training to address their needs for long-term services and supports.

Hospital surge, non-citizens: Funding is provided for community supports to contracted DSHS providers who accept clients being discharged from acute care hospitals. This is part of an effort to create and maintain COVID-19 surge capacity in acute care hospitals. Funding is sufficient to phase in placements for 20 individuals who are ineligible for Medicaid due to citizenship status at an average daily rate of \$225 per-client per-day. This is critical for the Medicaid system because it streamlines the pathway to both Medicaid HCBS and allows acute care hospitals to provide care to patients who are truly in need of hospital care, especially when still dealing with COVID-19 related surges.

***On August 13, 2021, the state submitted the following:** The Hospital surge project expands and enhances HCBS under Medicaid by allowing non-citizens who are stuck in hospitals and do not meet medical necessity requirements to be served in the community. The funding will provide much needed HCBS services to individuals who are in the process of becoming citizens. These activities not only better serve individuals living in Washington by affording them the opportunity to live in a setting of their choice with paid home and*



community-based supports, but they also ensure needed capacity in acute care hospitals, which has been exacerbated by the COVID-19 pandemic.

Washington confirms that the following item has been removed from the spending plan per CMS' February 14, 2022 letter:

Transitions from skilled nursing facilities to in-home (rental subsidies): A state-funded housing program is created to help clients transition from nursing homes to their own homes in the community. Since the cost of a nursing home placement exceeds the cost of an average client's in-home personal care services, General Fund-State (GF-State) savings are achieved after the cost of the rental subsidies and staff support are accounted for. DSHS plans to phase in 300 subsidized housing opportunities at an average subsidy of \$775 per month to support individuals who otherwise would not be able to transition from a skilled nursing facility. This is critical to serve Medicaid clients and prevent homelessness and the resulting critical and emergency treatment that often results, especially with behavioral health conditions.

Conditionally released sexually violent predators: Funding and staffing is provided to implement [Engrossed Second Substitute Senate Bill 5163](#). DSHS will perform discharge planning for aging and disabled civilly committed residents to develop the initial and ongoing care plans for these individuals. This provides critical Medicaid HCBS system opportunities in the community that would otherwise have significant problems upon transition.

***On August 13, 2021, the state submitted the following:** The anticipated outcome of this activity is to increase the number of providers willing to serve this population and to create access to services for this population while also balancing the need to protect vulnerable adults. A small percent of the conditionally released sexually violent individuals need HCBS services. Currently, it is very difficult to find HCBS providers who are willing and able to serve this population while also meeting requirements to meet the health and safety needs of others they may be also serving. We anticipate this funding will serve an additional 20 Medicaid-eligible individuals to be served in HCBS settings once they transition.*

PASRR capacity increase: Funding is provided for expansion in the caseload and per-capita cost of clients with intellectual and developmental disabilities receiving Preadmission Screening and Resident Review (PASRR) services. The services provided are approved through 1915(c) waivers. The success of Washington's PASRR program has been through services that target HCBS including community engagement, employment supports, and other services that support discharge back to the community.

Peer mentor program: Ongoing funding is provided to support four peer mentors, one for each Residential Habilitation Center, to help transition residents from state facilities to homes in the community. A combination of the federal Roads to Community Living grant and General Fund-State dollars are used to fund the mentors. Establishment of a peer mentor program will enhance HCBS by creating an avenue for those considering or planning to move to an HCBS setting to connect to a peer with similar or related experience.

Increase services offered based upon assessed need

The investments in this section target increases designed to:

- Expand existing in-home personal care hours
- Provide additional in-home personal care hours,
- Reduce the number of clients waiting for services
- Reduce the amount of time an individual is waiting for services; and
- Enhance other highly effective programs.

Shared benefit adjustments: DSHS is making rules to change the way that in-home clients' assessed care hours are determined. Funding is provided for an anticipated increase in in-home personal care hours. This expands HCBS in Washington by increasing benefit amounts to individuals who previously had client hours adjusted for shared benefits.



HCBS supports: One-time funding is provided for durable medical equipment and minor home renovations needed to improve mobility and accessibility of long-term services and support clients. These funds are intended to serve both existing clients and those waiting for services. The HCBS system is strengthened through targeted funding to support environmental adaptations and equipment purchasing, which will improve the stability of those in the community and those waiting for services.

Parent Child Assistance Program (PCAP) expansion: Funding is provided to expand services to pregnant and parenting individuals in the PCAP, which is a critical Medicaid service in the state. PCAP is an award winning, evidence-informed home visitation case-management model for pregnant and parenting individuals with substance use disorders. PCAP goals are to help parents build healthy families and prevent future births of children exposed prenatally to alcohol and drugs.

Pregnant and parenting individuals are enrolled in PCAP for three years. PCAP forms partnerships with and between clients and families and community service providers. PCAP provides participants outreach, engagement, structured goal setting, practical assistance, and coaching to help community service providers understand how to work more effectively with participants and to ensure participants receive needed services.

Update August 2023: PCAP rate increases and expansion of access is in contract and moving forward as anticipated and in line with the plan.

Expand SUD services and supports: One-time funding is provided to expand substance use disorder services and supports, including amounts for prevention, outreach, treatment, recovery supports, and grants to tribes.

***On August 13, 2021, the state submitted the following:** Providers that are to receive payments are delivering services listed in Appendix B. Additionally, the providers will provide services not currently listed in Appendix B. Those services not currently listed in Appendix B include HCA's efforts to increase outreach to individuals who may be currently eligible for Appendix B services to assist in increased rates of identification, initiation, and engagement in treatment, and allowing for increased adherence to retention in treatment. This can strengthen HCBS under Medicaid as these services will produce a reduction in overdose deaths, particularly those due to opioids, a reduction in utilization of emergency departments and inpatient hospital settings for treatment where the use is preventable, and reduction in readmissions to the same or higher level of care where the readmission is preventable or medically inappropriate. Additionally, these outreach services are intended to improve access to care for potential beneficiaries' behavioral health and physical health conditions while improving community/individual knowledge of available services.*

***On September 24, 2021, the state discussed the following with CMS:** The state confirms that providers receiving payments are delivering services listed in Appendix B.*

Expand and enhance services available in the community to improve access to HCBS and delay/divert individuals from institutional services

These initiatives target investments that expand and improve access to community-based services. A strong community-based network of providers reduces access to care barriers, increases a client's ability to receive services in a timely manner, and promotes recovery. As with many of our initiatives, these create pro-SDOH by providing services in the community to ensure services are delivered in the less restrictive setting, and is inclusive of places where people live, learn, work, and play.

Dementia Action Collaborative: Funding is provided for efforts to support individuals with dementia and their families, including two Dementia Resource Catalyst staff positions at the Area Agencies on Aging (AAAs), with one staff position east of the Cascades and one west of the Cascades, and for direct supportive services. This expands



and enhances HCBS by reaching more individuals and families in need of long-term services and supports in relation to a dementia diagnosis.

Fall prevention training: One-time funding is provided for DSHS to contract with an association representing long-term care facilities to develop and provide fall prevention training for long-term care facilities. This strongly supports the Medicaid HCBS program and patients as a preventive measure.

***On August 13, 2021, the state submitted the following:** The budget bill (SB 5092, Section 204(36)) passed by the Washington state legislature this year stipulates that the training shall be developed and provided by an association representing long term care facilities, which could include associations representing nursing homes as well as HCBS providers. Only approximately 11 percent of Washington's 70,000 Medicaid long-term services and supports clients are served in nursing homes, the rest are served in HCBS settings. The legislature stipulated that the training is to be made available on-line and be accessible to the general public as well as to caregivers in long term care settings. The large majority of providers and clients receiving the training will be from in-home or community residential settings.*

Intellectual/Development disability summer programs: Funding is provided for summer programs for those with intellectual and development disabilities. Funding for summer programs strengthens HCBS by supporting school age youth receiving Medicaid residential services up to age 21 with activities when school services are not available.

Washington confirms that the following item has been removed from the spending plan per CMS' September 3, 2021 letter:

Personal Needs Allowance (DSHS): Funding is provided for a cost-of-living-adjustment (COLA) on the Personal Needs Allowance (PNA) for DSHS Medicaid clients living in nursing homes and residential settings in the community. The PNA represents the amount of a Medicaid client's income that they may keep for personal expenses rather than contributing to the cost of their care. Funding is sufficient to increase the PNA by an estimated 1.5 percent on January 1, 2022, and an additional 1.5 percent on January 1, 2023. PNA adjustments in line with COLA helps individuals maintain stability in an HCBS setting.

Subminimum wage: Funding is provided for the Department to work with employment providers to assist individuals with intellectual and development disabilities who are employed in subminimum wage jobs to transition into minimum wage or better employment. This funding will strengthen HCBS by transitioning those still in subminimum wage positions to competitive employment offering at least the minimum wage or better.

Community residential options: Funding is provided to phase-in five, three-bed community-based, State-Operated Living Alternatives (SOLA) homes; 12 beds in supported living settings; and four beds in Adult Family Homes to expand community placement options for individuals with intellectual and developmental disabilities by the end of June 2023. Expansion of the number of beds offered in state-operated setting will improve access to services for adults who need habilitative residential supports. This funding is also tied to expansion in a Developmental Disabilities Administration (DDA) Medicaid waiver offering residential habilitation.

***On September 24, 2021, the state submitted the following:** Capital investments are not included in the funding for community residential options or children's SOLA. These appropriations provide funding for staff to deliver the services of Residential Habilitation which supports individuals to live in their own homes in the community. Residential Habilitation is a service on the Core and Community Protection 1916(c) waivers.*

Children's SOLA: Funding and staffing are provided for four new community-based State-Operated Living Alternative (SOLA) homes to serve a total of 12 children and youth with developmental disabilities age 20 and younger. Client placements will be phased in by June 2023. Expansion of the number of home placement offered in state-operated setting will improve access to services for children who may not otherwise receive the habilitative services needed to live in a community setting. This funding is also tied to expansion in a DSHS waiver offering residential habilitation.



On September 24, 2021, the state submitted the following: Capital investments are not included in the funding for community residential options or children's SOLA. These appropriations provide funding for staff to deliver the services of Residential Habilitation which supports individuals to live in their own homes in the community. Residential Habilitation is a service on the Core and Community Protection 1916(c) waivers.

Washington notes that the following item has been removed from the spending plan:

~~Dan Thompson community investments:~~ ~~This is a critical general community services investment for those with intellectual and developmental disabilities to help with HCBS needs. Under RCW 71A.20.170 funding in this account may only be used for supports and services in a community setting to benefit eligible persons with developmental disabilities.~~

High school transition students: Funding is provided for DSHS for an estimated 102 youth with developmental disabilities transitioning out of public schools to receive employment and day services. Once enrolled in a waiver, clients are entitled to all services under that waiver that DSHS has assessed and authorized. Capacity expansion of the Basic Plus waiver will support individuals exiting high school transition programs to have long-term employment supports.

Increase CIIBS waiver capacity: Funding and staff are provided to increase the capacity of the Children's Intensive In-home Behavioral Supports (CIIBS) waiver by 100 children, which represents a doubling of the current caseload. The CIIBS waiver serves DDA-eligible children who live in their own homes and have behavioral health challenges. Expansion of the CIIBS waiver will double the size of this waiver, strengthening the state's support to children and families and reducing risk of out-of-home placement.

On September 24, 2021, the state discussed the following with CMS: Individuals enrolled on a 1915c waiver through capacity expansion will have access to the services approved by CMS in the Children's Intensive In-Home Behavior Supports, Individual and Family Services and Basic Plus 1915(c) waivers.

Increase IFS and Basic Plus waivers: Funding is provided for expanded capacity of 923 slots for the Individual and Family Services waiver and 467 slots for the Basic Plus waiver. This funding expands capacity in two HCBS waivers.

On September 24, 2021, the state discussed the following with CMS: Individuals enrolled on a 1915c waiver through capacity expansion will have access to the services approved by CMS in the Children's Intensive In-Home Behavior Supports, Individual and Family Services and Basic Plus 1915(c) waivers.

Increase Core and CP waivers: Funding is provided for expanded capacity of three Community Protection waiver slots and to continue a phase-in of 159 slots for the Core waiver. This funding expands capacity in two HCBS waivers.

On September 24, 2021, the state discussed the following with CMS: Individuals enrolled on a 1915c waiver through capacity expansion will have access to the services approved by CMS in the Children's Intensive In-Home Behavior Supports, Individual and Family Services and Basic Plus 1915(c) waivers.

Trueblood Phase 2 implementation: The Trueblood v. DSHS (Trueblood) lawsuit challenged unconstitutional delays in competency evaluation and restoration services for people detained in jails. This is an important measure that supports access treatment options in an individual's community as opposed to a state institution. The first phase, funded in the 2019-21 budget, included Pierce and Spokane counties and the southwest region of Washington. The second phase will include King County. The agreement outlines projects to implement outpatient competency restoration programs, residential supports, and case management services.

- Add inpatient restoration services capacity.
- Ramp down alternate restoration facilities in Yakima and Maple Lane.
- Create forensic navigator positions to facilitate the information sharing needed between the courts, class members, providers, and DSHS.

Many of the problems with untimely competency evaluations are preventable, and attributable to potential unmet needs in the community. If fewer people with mental illness enter the criminal justice system and receive supports in HCBS settings, which these services support, we are helping to divert institutionalization. When people are able to get the treatment they need when they need it, they are more likely to avoid the criminal justice system, be more productive and healthier; thus avoiding more costly Medicaid system care.

On August 13, 2021, the state submitted the following: *According to the Research and Data Analysis (RDA) Cross-System Outcome Measures for Adults Enrolled in Medicaid dashboard, there are 708,117 individuals enrolled in Managed Care (2020Q2). Of those individuals, 43,988 individuals were arrested that same quarter. According to the same report, it is estimated that 266,659 individuals enrolled in MCOs have a treatment need or 38 percent.*

The Trueblood Settlement Agreement consists of several projects intended to reduce unconstitutional delays in competency evaluations or restorations as well as programs to divert individuals from intersecting with the legal system. Washington has struggled to meet the timeliness standards to avoid unconstitutional delays in competency evaluations. One of the fourteen projects in the settlement agreement consist of providing competency restoration services in community settings instead of inpatient settings for individuals charged with misdemeanor or non-violent felonies. These services aimed at educating individuals about the legal process and provide support to increase the person's ability to participate in their own defense and is coupled with outpatient behavioral health treatment. Utilizing the nationally recognized Breaking Barriers curriculum, a multi-disciplinary team conducts classes aimed at increasing the individuals understanding of the legal process.

Approximately half of the Trueblood class members experienced homelessness at the time of their charges or in the 12 months prior to their court-ordered competency evaluation. Assisting individuals to be successful in transitioning from incarceration, or their success in outpatient competency restoration, is dependent on access to are and affordable housing. Using a successful model to help individuals transition from inpatient settings, Trueblood includes a project called Forensic Housing and Recovery through Peer services (F-HARPS). Using certified peer counselors to help individuals obtain and maintain housing combines tenancy support services combined with transitional housing subsidies allows individuals to rapidly access shelter and housing as soon as they leave jail. We can attest that Washington used ARPA Section 9817 funds to add a certified peer counselor to the existing teams. The housing subsidies are being funded by general fund state dollars.

Forensic Navigators assist the individual to 'navigate' the legal system while assisting the individual to obtain community-based services and resources. Ordered by the court, Forensic Navigators maintain extremely close contact with jail and court partners to serve individuals clients. Similarly, forensic navigators have maintained this same close contact with all forensic services partners in Outpatient Competency Restoration Program (OCRP), Forensic Project for the Assistance in Transitions from Homelessness (FHARPS), and Forensic Projects for Assistance in Transition from Homelessness (FPATH); as well as community-based service providers whom they work with on behalf of shared participants.

FPATH is modeled after traditional PATH (Projects for Assistance in Transition from Homelessness) programs. The Trueblood Settlement Agreement refers to this program as "intensive case management." Teams within community behavioral health agencies are multidisciplinary that include certified peer counselors who have lived experience in behavioral health recovery, as well as outreach workers, housing specialists and mental health professionals. These teams are building relationships with people in the community and help connect them with supports to include housing, transportation, and health care services. FPATH connects identified individuals who are at risk of referral in the next six months for competency restoration (which the settlement agreement calls "high utilizers") with services.

The Substance Abuse Mental Health Services Administration (SAMHSA) created the National Guidelines for Crisis Care – A Best Practice Toolkit advances national guidelines in crisis care toolkit that supports program design, development, implementation, and continuous quality improvement efforts. Within the toolkit, SAMHSA identified increasing mobile crisis response (MCR) and crisis stabilization services as strategies to

reduce the intersection between behavioral health and law enforcement. In the Phase 2 Trueblood Settlement, HCA has invested significant resources to enhance and expand both MCR and crisis stabilization services.

On July 18, 2022, the state submitted the following: In the past year the services described in the August 13, 2021 update have continued and in the Spring of 2022 these services have expanded to King County. Because most individuals served by these programs experience homelessness and housing instability these funds were used to increase the staffing levels of the F-HARPS teams. Each of the F-HARPS teams in the Phase 1 regions were provided with funding to add one staff member. This additional staff person has allowed the teams to serve more individuals, the increased staffing also ensures that the teams are staffed at a level that allows for significant face to face time with participants.

Washington confirms that the following item has been removed from the spending plan per CMS' September 3, 2021 letter:

Children's Long-Term Inpatient Program (CLIP) habilitative mental health facility: Ongoing funding is provided for the state to contract for a community based 12-bed CLIP specializing in the provision of habilitative mental health services for children and youth with intellectual or developmental disabilities who have intensive behavioral health support needs. This is a critical HCBS investment to support community based care and prevent institutional care. Start-up funding is provided in FY 2022 and ongoing operational funding is provided beginning in July 2022.

On August 13, 2021 the state submitted the following: The CLIP HMH is an institutional setting not an HCBS.

Washington confirms that the following item has been removed from the spending plan per CMS' February 14, 2022 letter:

and long-term rental subsidies and recovery housing for individuals with mental health or substance use disorders. Numerous studies have demonstrated that addressing the social determinants of health through housing, employment, transportation, and nutrition can improve an individual's overall health. To connect individuals to stable housing, rental subsidies are needed to access housing either through the public affordable housing system or through private market landlords. Subsidies coupled with supportive housing services are being implemented through multiple venues such as Foundational Community Supports (1115 Medicaid waiver), Housing and Recovery through Peer Services (HARPS), Forensic HARPS, and through regional behavioral health administrative service organizations (BHASOs). Short-term subsidies are used to bridge individuals exiting inpatient behavioral health settings until long-term housing subsidies can be obtained. Long-term subsidies are administered by the Department of Commerce through the Community Behavioral Rental Assistance Program (CBRA).

On August 13, 2021 the state submitted the following: The amounts identified in the spending plan are 65% of the total provided in the budget. Washington assumes that 65% of the clients that receive these services would be Medicaid eligible.

According to the Research and Data Analysis (RDA) Cross-System Outcome Measures for Adults Enrolled in Medicaid dashboard, there are 174,491 individuals with a substance use treatment need on Medicaid. Of that total, 50,103 meet the broad definition of homelessness (includes 'couch surfing'). These tabulations are limited to persons aged 18-64 meeting continuous enrollment criteria used for performance measure reporting. The total count of persons with substance use treatment need who experience homelessness or housing instability and are enrolled in Medicaid for at least part of the year is much higher. State Fiscal Year (SFY) 2012 data show that 14,285 Medicaid beneficiaries with "any housing needs" who were in the top cost decile had annual health care costs of \$29,584 per person on average. Of this group, 1,412 people had average annual health care costs of \$107,959 per person according to the Creating a Medicaid Supportive Housing Services Benefit report (WLIHA, 2014). In addition, a report issued in 2012 from RDA entitled The Housing



Status of Individuals Leaving Institutions and Out-of-Home Care: A Summary of Findings from Washington State found:

1. The rate of homelessness among individuals leaving institutional and out-of-homecare settings is quite high. More than one-quarter of all five study populations experienced homelessness at some point over a 12-month follow-up period. By contrast, only 9 percent of the DSHS client population as a whole was homeless in SFY 2010 (n = 184,865 of 1,946,302).

2. Individuals leaving residential chemical dependency treatment facilities and prisons represent particularly high opportunity populations. They were more likely—in both proportion and volume—to experience homelessness but as likely as other groups to exit to permanent housing when they received housing assistance recorded in HMIS.

3. Across the five groups, the proportion of individuals in need of housing who received it was highest for youth aging out of foster care (at 35 percent). Given that the Independent Youth Housing Program is dedicated to providing housing to youth in their transition out of foster care, this finding suggests that targeting housing resources to specific at-risk populations can have an impact on housing assistance penetration rates. This has also been demonstrated with the state's Housing and Essential Needs (HEN) program.

Housing subsidies are issued through HARPS and FCS programs. Both the Housing and Recovery through Peer Services (HARPS) and the Foundational Community Supports (FCS) programs use the permanent supportive housing (PSH) model to provide services to assist individuals obtain and maintain housing. Principles of the PSH model are based on individual's choice in housing as well as low barrier and harm reduction approaches. Transitional housing subsidies pay for deposits, application fees, first/last month's rent until long-term subsidies can be acquired.

Supportive housing services consist of pre-tenancy and post-tenancy support services such as contacting landlords on a person's behalf, teaching a person to budget or complete household tasks. Initial evaluation results of the FCS services program indicate reductions in emergency room and inpatient hospitalizations and connection to housing programs operated by the Department of Commerce (Danielson et al, 2020).

Adult and youth mobile crisis teams: Funding is provided for increasing local behavioral health mobile crisis response team capacity and ensuring each region has at least one adult and one children and youth mobile crisis team that is able to respond to calls coming into the 988-crisis hotline. The state will ensure creation of a minimum of six new children and youth mobile crisis teams, and that there is one children and youth mobile crisis team in each region by the end of fiscal year 2022. The state will establish standards in contracts with managed care organizations and behavioral health administrative service organizations (BHASO) for the services provided by these teams.

On January 12, 2023, the state submitted the following: Washington has successfully distributed funds and all regions who have received them have selected providers and are in the process of hiring staff with the new funds. One region elected to add two youth teams, and both are at full operational capacity. To date out of the six new youth teams five are active and providing services in some capacity and one is expected to be providing services within the next few months. Four teams still have vacancies to fill to be at full staffing.

Washington has started training teams on SAMHSA's best practices of trauma informed care, harm reduction, and de-escalation. For teams that serve youth these trainings are through a developmentally appropriate lens. All trainings are being offered via webinar to all mobile crisis teams in the state. Moving forward these trainings will be available for future teams and new staff and delivered by on an online learning management system. HCA operational staff, BH-ASOs, and youth serving system partners are attending a national Quality Learning Collaborative for Mobile Response and Stabilization Services (MRSS). HCA has scheduled provider workgroups to work on best practices.

On July 18, 2022, the state submitted the following: Washington distributed funds to our BHASOs for them to procure and stand-up mobile crisis teams. Each region that received funding is in various stages of standing up these teams. Two regions have found providers for youth teams and are hiring staff for the teams. Three other regions are still trying to find a provider to operate the team and one region has not started the formal process due to their concerns about finding a provider.

Washington has put a series of standards into the BHASAO contacts and we are working with our regional partners and providers to adapt SAMHSA's best practices and MRSS models into these standards. We plan to provide training to all adult and youth teams on these standards as well as core competency identified in the best practices which are harm reduction, trauma informed care, and de-escalation. This training will take place in fall 2022.

On May 9, 2023, the state submitted the following: Funding has distributed to all regions and most regions have fully operational teams with some struggling to fully staff due to work force challenges.

HCA has delivered training to all mobile crisis teams on SAMHSA's best practices (of trauma informed care, harm reduction, and de-escalation). Training will be available ongoing via an online learning management system for new mobile crisis team staff. HCA operational staff, BH-ASOs, and youth serving system partners continue to attend a national Quality Learning Collaborative for Mobile Response and Stabilization Services (MRSS). HCA continues to engage workgroups to review and improve best practices ongoing.

Mobile integrated health pilot: Funding is provided for a pilot project to provide mobile integrated health services for residents who cannot navigate behavioral health and primary care resources through typical methods through brief therapeutic intervention, biopsychosocial assessment, and referral, and community care coordination.

The adult and youth mobile crisis teams Mobile Integrated Health Pilot services fall under the rehabilitative services benefit as an optional Medicaid state plan benefit authorized at section 1905(a)(13) of the Act and codified in regulation at 42 CFR § 440.130(d) as "medical or remedial services recommended by a physician or other licensed practitioner of the healing arts, within the scope of his practice under State law, for maximum reduction of physical or mental disability and restoration of a beneficiary to his best possible functional level." (source: appendix b doc – (page 15))

Outreach or intensive case management: The state will contract with BHASOs to implement statewide recovery navigator programs, which provide HCBS community-based outreach and case management services based on the Law Enforcement Assisted Diversion (LEAD) model. Recovery navigators will accept referrals from the criminal legal system, community outreach organizations, emergency departments and emergency medical services. The program will provide community case management services to non-Medicaid and Medicaid eligible individuals. It is critical that this serves all people as law enforcement cannot check Medicaid eligibility, but this in turn greatly supports and builds a successful HCBS Medicaid system. The response will be field-based and prior to clinical diagnosis. The goal is to meet individuals where they are, while addressing their needs through a housing first/harm reduction model, prior to engagement with any formalized treatment program. Once the acute needs of the individual have been addressed, navigators will refer to medical, social, educational, and other services. Funding has been provided through June 30, 2023.

On January 20, 2023 the state provided the following update: As of December 2022, the Recovery Navigator Program has hired almost 200 staff across the state and is actively operating in all 39 counties. During the quarter from July-September 2022, RNP staff responded to over 4000 community-based referrals and over 400 law enforcement referrals, with additional reporting upcoming in early 2023. In the upcoming year, RNP providers will continue to expand their operations to provide for 24/7 response time for law enforcement referrals and will continue to work closely with State and local partners on implementing protocol and policy around pre-arrest diversion alternatives for the program. Ongoing funding has been proposed in the Governor's Operating Budget for SFY24-SFY26 as well as expanded

support for targeted counties with high concentrations of potential program participants. HCA is currently developing plans for continued operational expansion in those areas with demonstrated demographic need and supporting the providers and the BHASOs who are working with their regional partners to ensure that the Recovery Navigator Program is responsive to the needs of each community that it serves. This program is essential for providing immediate engagement, while meeting individuals where they are, while addressing their needs through a housing first/harm reduction model, prior to engagement with any formalized treatment program. Once the acute needs of the individual have been addressed, navigators will refer to medical, social, educational, and other services that the individual is not already engaging with, increasing overall access to Medicaid funded services.

On May 9, 2023, the state submitted the following: As of February 2023, the Recovery Navigator Program has hired 241 staff across the state and is actively operating in all 39 counties. During the quarter from October-December 2022, RNP staff responded to 5397 community-based referrals and 519 law enforcement referrals. This represents a positive growth trajectory from the previous quarter, and ongoing reporting will continue on a quarterly basis. In the upcoming year, RNP providers will continue to expand their operations to provide for 24/7 response time for law enforcement referrals and will continue to work closely with State and local partners on implementing protocol and policy around pre-arrest diversion alternatives for the program. Ongoing funding has been provided by the state Operating Budget for the SFY24-SFY26 biennium at a level that reflects current program needs, and also includes expanded support for three counties with high concentrations of potential program participants due to their population and size. HCA is currently developing plans for continued operational expansion in those areas with demonstrated demographic need and supporting the providers and the BHASOs who are working with their regional partners to ensure that the Recovery Navigator Program is responsive to the needs of each community that it serves. This program is essential for providing immediate engagement, while meeting individuals where they are, while addressing their needs through a housing first/harm reduction model, prior to engagement with any formalized treatment program. Once the acute needs of the individual have been addressed, navigators make referrals to medical, social, educational, and other services that the individual is not already engaging with, increasing overall access to Medicaid funded services.

On August 2, 2023, the state submitted the following: As of the end of July 2023, the Recovery Navigator Program has hired 241 staff across the state and is actively operating in all 39 counties. During the quarter from January to March 2023, RNP staff responded to 6534 community-based referrals and 712 law enforcement referrals. This continues a positive growth trajectory from the previous quarter, and ongoing reporting will continue on a quarterly basis. RNP providers continue to expand their operations to provide for 24/7 response time for law enforcement referrals and are also working to ensure that programs are able to comply with new legislative mandates as well. RNP providers will continue to work closely with State and local partners on implementing protocol and policy around pre-arrest diversion alternatives for the program. Ongoing funding has been provided by the state Operating Budget for the SFY24-SFY26 biennium at a level that reflects current program needs, and also includes expanded support for three counties with high concentrations of potential program participants due to their population and size. HCA is currently developing plans for continued operational expansion in those areas with demonstrated demographic need and supporting the providers and the BHASOs who are working with their regional partners to ensure that the Recovery Navigator Program is responsive to the needs of each community that it serves. This program is essential for providing immediate engagement, while meeting individuals where they are and addressing their needs through a housing first/harm reduction model, prior to engagement with any formalized treatment program. Once the acute needs of the individual have been addressed, navigators make referrals to medical, social, educational, and other services that the individual is not already engaging with, increasing overall access to Medicaid funded services.

Washington confirms that the following item has been removed from the spending plan per CMS' February 14, 2022 letter:

Short-term substance use disorder housing vouchers: [Senate Bill 5476](#) amends provisions relating to criminal justice and substance use disorder treatment in response to the State v. Blake decision. The bill includes an appropriation for short-term housing vouchers for individuals with substance use disorders. Short-term subsidies are used to bridge individuals exiting inpatient behavioral health settings until long-term housing subsidies can be obtained. Long-term subsidies are administered by the Department of Commerce through the Community Behavioral Rental Assistance Program (CBRA). This is critical HCBS work that substantially supports the Medicaid program because housing is critical to prevent worsening health conditions.

Recovery residences: [Senate Bill 5476](#) adds provisions relating to criminal justice and substance use disorder treatment in response to the State v. Blake decision. The bill includes an appropriation to increase recovery housing availability through partnership with private landlords, increase accreditation of recovery residences statewide, operate a grievance process for resolving challenges with recovery residences, and conduct a recovery capital outcomes assessment for individuals living in recovery residences. Washington is required to: Create and maintain a registry of approved recovery residences in Washington; Contract with the state affiliate of the National Association for Recovery Residences to provide technical assistance to residence operators; and establish and manage an operating and a capital revolving loan fund to provide funds to recovery residence operators. This is critical HCBS work that substantially supports the Medicaid program because housing is critical to prevent worsening health conditions.

***On September 24, 2021, the state submitted the following:** Capital investments are not included in the funding for the recovery residences activity. These appropriations provide funding for ensuring the quality of recovery residences are in-line with the National Alliance of Recovery Residences (NARR) standards and to facilitate stronger relationships between private market landlords. Recovery Residences provide individuals with mutually supported recovery through shared housing post inpatient substance use treatment. This is critical HCBS work that substantially supports individuals enrolled in the Medicaid program because housing is critical to prevent worsening health conditions and supports individuals in their recovery path.*

***On October 7, 2021, the state submitted the following:** Activities under this project will include staffing supports, training and technical assistance to environments where individuals share housing in mutually supported recovery. Recovery Residences and Recovery Houses provide an environment where individuals participate in a program of care and treatment with social, vocational, and recreational activities designed to aid individuals diagnosed with substance use disorder in the adjustment to abstinence and to aid in job training, reentry to employment, or other types of community activities, excluding room and board. Most individuals in recovery residences and recovery homes are not on Medicaid but we do not have the specific data that shows who may be living in these settings. We can assume, based on the percentage of individuals who participate in substance use treatment services, that a great percentage of them will be Medicaid eligible and enrolled. We do know that over 26 percent of Medicaid enrolled individuals with a substance use diagnosis were homeless in the fourth quarter of 2020. This definition of homelessness includes couch surfing and unstably housed.*

In a 2012 evaluation conducted by WA's Research and Data Analysis, in the 12 months following a client's last discharge month that nearly half of the 9,909 clients discharged from residential chemical dependency (CD) treatment facilities had an indication of housing need, yet only 18 percent of those in need received housing assistance recorded in Homeless Management Information System. Of note, 32 percent of residential CD treatment facility leavers and 39 percent of state mental hospital leavers had housing need identified through the chemical dependency and mental health systems, respectively. Washington is attempting to create a menu of options to meet these social determinants of health needs by providing an array of options to individuals to create choice and community-based options. Recovery Residences and Recovery Houses contribute to those community-based options.

In 2019, House Bill 1528 was written to create the Recovery Residence program. One of the purposes of the bill was to increase the number and quality of recovery residences in the state of Washington. As of the

date of the bill, Washington with the assistance of the Washington Alliance of Quality Recovery Residences (WAQRR) has registered 43 new recovery residences in Washington and that number is still growing.

October 12, 2022, the funds from SB5476 for the SFY23 will be used for the following to help increase the number, capacity, and interest in recovery residences:

- Finalize and educate on the Private Landlord toolkit WAQRR created to help support the increasing number of recovery residences in Washington by partnering with private landlords rather than the operator of the residence owning the home.
- Finalize and educate on the Partnering with Community Behavioral Health Agencies (CBHA) toolkit created by WAQRR to help recovery residence operators partner with CBHAs to offer Medicaid services in the residences.

On January 12, 2023, the state submitted the following: On January 1, 2023 the state implemented RCW 71.24.660 that mandates that a licensed or certified service provider may not refer a client who is appropriate for housing in a recovery residence, to support the client's recovery from a substance use disorder, to a recovery residence that is not included in the registry of approved recovery residences maintained by the authority. This section does not otherwise limit the discharge or referral options available for a person in recovery from a substance use disorder to any other appropriate placements or services. The implementation of the RCW has encouraged recovery residences to become accredited by the WAQRR to be approved to be on the HCA Recovery Residence Registry. A total of 24 recovery residences have been added to the registry for a total of 67 houses encompassing 548 beds. Three current providers will be adding 12 additional beds and 11 new providers are in the process of being accredited and approved to be on the HCA registry. This will provide an additional 71 beds.

WAQRR created two toolkits to support expansion of recovery residences in Washington State, The Community Behavioral Health Agency Toolkit, and the Private Landlord toolkit and will be providing webinars to inform providers. WAQRR continues to provide technical assistance to new and established recovery residences to include in person and virtual training, webinars, and fidelity reviews.

On May 9, 2023, the state submitted the following: As of May 2023, WAQRR has accredited an additional 35 homes for a total of 102 that have been approved to be on the HCA Recovery Residence Registry. There are currently 799 recovery residence beds in Washington state within these 102 accredited houses. WAQRR is in process of accrediting 64 additional homes that have submitted applications to be added to the HCA Recovery Residence Registry. WAQRR has scheduled training sessions toolkits to support community awareness and engagement and continues to provide technical assistance to new and established recovery residences to include in person and virtual training, webinars, and fidelity reviews.

On August 2, 2023, the state submitted the following: At the end of fiscal year 2023 WAQRR has accredited an additional 40 homes for a total of 107 that have been approved to be on the HCA Recovery Residence Registry. There are currently 830 recovery residence beds in Washington state within these 107 accredited houses. WAQRR is in process of accrediting 70 additional homes that have submitted applications to be added to the HCA Recovery Residence Registry. WAQRR has scheduled training sessions on the Community Behavioral Health Agency and the Private Landlord toolkits to support community awareness and engagement and continues to provide technical assistance to new and established recovery residences to include in person and virtual training, webinars, and fidelity reviews.

Clubhouse (Peer Run) expansion: Clubhouse programs benefit individuals in mental health recovery. Based on the core principles of peer support, self-empowerment, and functionality within a community setting, Clubhouses strive to help members:

- Participate in mainstream employment and educational opportunities.
- Find community-based housing.

- Join health and wellness activities.
- Reduce hospitalizations.
- Reduce involvement with the criminal justice system.
- Improve social relationships, satisfaction, and quality of life.

A workgroup consisting of external stakeholders, subject matter experts and people with lived experience made a recommendation to expand the definition of Clubhouse programs to include more consumer-run, consumer-operated and recovery café-type services. The Legislature has provided funding in Senate Bill 1109, since 2018 for existing Clubhouse services, developing new programs, and developing options for Washington Apple Health (Medicaid) funding. As per legislative directive, priorities for expansion include establishing programs in areas that do not currently have Clubhouse-Peer Run organizations and/or initial focus on marginalized and underserved populations. Between 2018-2022 HCA added 14 Clubhouse International sites and 9 Peer Run or Recovery Café programs in (7 regions). In addition to program expansion, funding for consultation services for Clubhouse International Model new and existing providers for fidelity and program support. The consultation includes facilitation of monthly learning collaborative, webinars and one to one provider consultations.

[Senate Bill 5476](#) amends provisions relating to criminal justice and substance use disorder treatment in response to the State v. Blake decision. The bill includes appropriations for implementation of Clubhouse Peer Run services in every region of the state. With the additional funding from SB 5476 HCA DBHR was able to expand across all 10 regions and added 20 more Peer Run or Recovery Café programs. Funding is dedicated to consultation services to support the new and existing peer run organizations contracted with HCA. Under Blake 5476, Peer Expansion program contracts with four peer organizations to offer support on specific fidelity models such as Recovery Community Organization and Recovery Café. These services include facilitation of monthly learning collaboratives, webinars and one to one provider consultations.

On January 12, 2023, the state submitted the following: HCA continued expansion efforts for Clubhouses and peer-run organizations across the state. This was accomplished by providing two procurements for 2021-2022. The first procurement focused on the Clubhouse International Model with funds from the operating budget for HB 5092. The second procurement utilized General State Funds from the Blake Proviso (SB 5476). Expansion efforts for HB 5092 focused solely on the expansion of Clubhouse for the balance of unobligated funds (\$1,428,000). This included Hero House to support expansion efforts and support for new and existing organizations receiving funding. This resulted in the expansion of nine new HCA funded Clubhouses in nine Washington State behavioral health regions. The addition of General State Funds in the Blake Proviso (SB 5476) HCA distributed \$1,673,000 to 11 new peer-run/peer-operated or recovery café-type programs for expansion.

ESSB 5092 has 14 Clubhouse models and 9 Peer-run models receiving funding. ESHB 5476 currently has 21 Peer-run organizations receiving funding and implementing services throughout Washington State. The Clubhouse Peer-run program has a total of 44 organizations contracting for services. Blake Proviso (ESSB 576) also provided funding for four peer-run consultants to support new and existing HCA Clubhouse peer-run organizations.

On May 9, 2023, the state submitted the following: The Clubhouse Peer-run Program funding has supported several agencies in the categories of startup, expansion, or development of program services. HCA's efforts to expand into regions lacking peer-run or clubhouse services have been quite successful. As of May 2023, 11 peer-run agencies receiving 5476 Blake funding have either opened their doors as new organizations or expanded services across Washington State to provide SUD/ peer services in Aberdeen, Kennewick, Ocean Park, Shelton, San Juan Islands, Wenatchee, Kelso, Ellensburg, and Marysville. This is especially true for our frontier or remote communities. Recovery Café of Clark County has expanded peer services utilizing an innovative approach of pop-up recovery cafés to reach individuals in rural areas such as Goldendale, Stevenson and Washougal. The New Day Recovery Café on San Juan Island and the Heart and Soul Café on Lopez Island opened in December to provide services to island residents. Community Lifelines Recovery Café in Shelton opened in February 2023 offering services for the rural community.

recovery community organization model recently opened their doors to provide peer serves in Kennewick. Kittitas County Recovery Community Organization (KCRCO) in Ellensburg has utilized Blake funding to expand their services to justice impacted individuals and development of a youth services in their community. The organization is now accessing the local county jail to provide peer services to individuals incarcerated making a connection prior to release.

Expansion for clubhouse specific models receiving funding under ESSB 5092 has expanded in rural and urban areas. The HCA Clubhouse Peer-run Program currently supports 14 Clubhouse Model organizations in Washington State. There are seven new startup clubhouses located in Kennewick, Ephrata, Marysville, Belfair, Bremerton, Pasco, and a future location in Yakima. Of the seven new Clubhouses 4 have secured locations and opened for services as of May 2023. Bridgeways Clubhouse in Marysville opened their doors with a soft launch for services in February and is hosting a grand opening event in May. Kitsap Behavioral Health is the Auspice agency for Kitsap Clubhouse that opened this year providing services in Bremerton. Three Rivers Clubhouse in Kennewick recently opened in December of last year. The North Central Washington Clubhouse in Ephrata opened in January building community connections with outreach to enhance services. On the horizon, Capital Recovery Center will be having a grand opening for their Clubhouse in Belfair, Washington on June 2nd. Whatcom Clubhouse in Bellingham are planning on opening the clubhouse on June 1st. HERO House NW with programs locations in Seattle, Bellevue and Everett is leading the efforts in establishing a new clubhouse in Yakima which is currently in early development phase. We are excited to have Evergreen Clubhouse as one of our new contractors as well. Evergreen Clubhouse is the longest standing accredited clubhouse in Washington State. HCA Clubhouse Peer-run Program continues to provide technical assistance and support for our providers through quarterly status reviews, in-person site review monitoring, monthly learning collaboratives, webinar trainings and one to one consultation services with subject matter experts also funded by 5476 and 5092.

On August 2, 2023, the state submitted the following: As the end of the state fiscal year, the Clubhouse Peer-run Program's efforts to expand recovery support organizations and services has resulted in an increase from 14 to 44 providers in all 10 BHO regions in Washington State. The program recognizes various promising and best practices in addressing recovery community needs and currently funds 14 Clubhouse (International) Model, 15 Recovery Community Organizations, 13 Recovery Cafes and 2 Alternative Cultural Practices (Tribal Communities).

Moving forward, the program contract manager will continue to focus on providing support for new and existing contractors with development and expansion of recovery support services for individuals with SUD and co-occurring mental health. Technical assistance and trainings for organizations consist of monthly learning collaboratives and webinars facilitated by HCA contracted Clubhouse and Peer-run consultants. The Clubhouse Peer-run Program Manager also has virtual quarterly status reports meetings and onsite review monitoring with agencies across Washington to assess current program status and services to determine if additional support and/or recommendations are required.

Homeless outreach stabilization: Outreach and engagement are fundamental to diverting people from incarceration and crisis services. SAMHSA has funded homeless outreach and engagement through the [Projects for Assistance in Transition from Homelessness \(PATH\)](#) for many years. Limitations to PATH are the focus on people with just a suspected serious mental illness and limited resources (\$1.3M is allocated to Washington), including a match requirement (33 percent match to federal funds). Washington expanded outreach and engagement efforts to the SUD population through the State Opioid Response grant creating the [Peer Pathfinder program](#). The goals of PATH and Peer Pathfinder are to engage and conduct outreach efforts to connect individuals to treatment and resources. [Senate Bill 5476](#) (State v. Blake decision) creates an opportunity to conduct outreach and engagement but bring treatment to an individual rather than connecting or linking them to treatment. The bill includes an appropriation to implement homeless outreach stabilization teams (HOST) consisting of mental health, substance use disorder, and medical professionals. This multi-disciplinary team provides treatment to individuals who are

experiencing homelessness. The teams help individuals with behavioral health disorders access necessities, nursing and prescribing services, case management, and stabilization services. ~~A HOST program will be established in each of the 10 regional service areas.~~ HOST programs will be established in each of six regions statewide.

On August 13, 2021, the state submitted the following: *The amounts identified in the spending plan are 65% of the total provided in the budget. Washington assumes that 65% of the clients that receive these services would be Medicaid eligible. Each year the U.S. Department of Housing and Urban Development (HUD) and Washington state require a statewide count of all persons staying in temporary housing programs (sheltered count) and places not meant for human habitation (unsheltered count). In January 2020 there were 22,923 individuals identified as homeless on that specific point in time count in Washington State. Of that number, 10,814 were unsheltered (living in places not meant for human habitation), 6,609 individuals self-identified as having a serious mental illness (4,743 of those same individuals were unsheltered), and 5,298 individuals self-identified as having a substance use disorder (3,876 of those same individuals were unsheltered).*

According to the Research and Data Analysis (RDA) Cross-System Outcome Measures for Adults Enrolled in Medicaid dashboard, there are 174,491 individuals with a substance use treatment need on Medicaid. Of that total, 50,103 meet the broad definition of homelessness (includes 'couch surfing'). That same dashboard report indicates there are 446,570 Medicaid enrolled individuals with a mental health treatment need with 62,469 individuals that meet the broad definition of homeless. These tabulations are limited to persons aged 18-64 meeting continuous enrollment criteria used for performance measure reporting. The total count of persons with substance use or mental health treatment need who experience homelessness or housing instability and are enrolled in Medicaid for at least part of the year is much higher.

Expanding services to meet the needs of individuals with behavioral health treatment needs 'where they are at' means that we need to bring the services to the individual rather than require the individual to access services within a facility. Washington's efforts to conduct outreach and engagement services to some of our most vulnerable require a multi-disciplinary team approach using assertive and persistent outreach and engagement. PATH, Peer Pathfinder and HOST teams enhance the treatment system by engaging individuals who may be frequent utilizers of emergency rooms, inpatient, and institutional settings.

On January 12, 2023, the state submitted the following: HOST contracted providers began to serve high-acuity clients in the contracted regions since August 2022. HCA currently contracts with five Behavioral Health Administrative Services Organizations covering six regional service areas. King County, Southwest Washington, North Sound, Pierce, Thurston Mason and Spokane. HOST programs are currently established in five regions. King County BHASO is currently negotiating contracts with a Housing Organization but not yet established.

Agencies receive technical assistance on a routine basis and as needed. Technical assistance is provided through partnership with an experienced outreach provider. HCA has begun onsite reviews to monitor program performance.

On May 9, 2023, the state submitted the following: As of March 31, 2023, HOST programs in four regions had provided nearly 4000 services to 774 unique individuals meeting the HOST eligibility criteria. The HOST provider in the Spokane region is actively providing services but has not submitted data pending questions about data definitions. King County BHASO has contracted a provider and is moving forward with implementation. HCA staff and technical assistance contractors have conducted three in person site visits to monitor performance and develop a fidelity tool for future monitoring, and a fourth is scheduled for June. The contract for technical assistance will end on June 30, 2023, after which point HCA staff will use the finalized fidelity tool and HOST model manual to ensure HOST sites operate effectively within the standards of the model.

On August 2, 2023, the state submitted the following: The technical assistance contract for HOST successfully completed at the end of June, including development of a finalized fidelity tool and a provider

self-assessment tool. HCA is beginning to analyze data from the first year of service provision to guide future development of the HOST program and to inform our efforts to support providers in implementation. King County BHASO continues to struggle with implementation and has not executed a contract with a provider, but the other five regions are providing services and submitting service data. As of June 30, 2023, HOST teams statewide had provided 6,357 services to 1,249 unique individuals. Of the total funding amount for FY23, we will be underspent by \$180,000 (2.4%). The end of the technical assistance contract allowed us to direct more funding to providers, which they had identified as a need to address rising personnel costs. In addition, two HOST sites (Pierce and Spokane) have been selected to receive opioid settlement funding in the form of short-term housing subsidies for HOST-eligible individuals for FY24. In person site reviews have been conducted in Southwest, Pierce, North Sound, and Spokane. A site visit is tentatively scheduled for Thurston in September. HCA will continue to conduct on-site monitoring of program fidelity, incorporating peer reviewers from other HOST teams in those visits. We will also lean into the learning collaborative model, facilitating virtual cross-training and skill-sharing among our HOST sites.

Safe station pilot programs: Per [Senate Bill 5092](#), grants will be awarded to fire departments to implement safe station pilot programs. Programs may combine the safe station approach with fire department mobile integrated health programs such as the community assistance referral and education services program under [RCW 35.21.930](#). Certified substance use disorder peer specialists may be employed in a safe station pilot program. The pilot programs will collaborate with BHASOs, local crisis providers, and other stakeholders to develop a streamlined process for referring safe station clients to the appropriate level of care. This supports the Medicaid system as an integral part of our HCBS behavioral health response.

On January 20, 2023, the state submitted the following: Procurement for funds were approved the end of November 2021. A Request for applications went out in March 2022. HCA ended contracting with the Puget Sound Regional Fire Authority, who were awarded \$333,000 for contracting period of July 1, 2022 through June 30, 2023. PSFA's Behavioral Health Agency License was approved by Washington State Department of Health in September of 2022 in order to better serve the needs of Medicaid beneficiaries.

Program Summary: The substance use prevention and treatment services will serve 109 square miles and 240,265 residents in South King County, including the cities of Kent, SeaTac, Covington, Maple Valley, King County Fire Districts #37 and #43, and unincorporated areas in King County. The program aims to provide direct services to 125+ clients by the end of the grant. The Program has served 22 individuals between November and December 2022.

Local providers and residents refer people with unmet medical, behavioral, social, and functional needs into the program. Central intake coordinators receive referrals, determine whether they are an appropriate fit for the program; if appropriate, they are assigned to a mobile team. Mobile Teams engage clients and coordinate/deliver care, with the following elements: complete a screening, complete vital signs/clinical exam, develop and execute care plans, including referring clients into appropriate health and social services. The Mobile Team then monitor and track outcomes, while adjusting care plans as needed.

Program Implementation Phases:

- Phase 1: Introduce pilot test program to local agencies with the goal of identifying initial partners to co-design/develop substance abuse prevention and treatment services (within first 30 days)
- Phase 2: Begin co-design/co-development process with initial pilot partners (within first 90 days)
- Phase 3: Launch new service and enroll first 5 clients; review what worked and what didn't work; and make refinements as needed (within first 120 days)
- Phase 4: If successful, enroll additional clients and expand to additional partners; establish benchmark and target measures; continuously improve system until target measures are reached (within first 180 days)

- Phase 5: Present progress updates and program summary to HCA with a 'Safe Station' Program Implementation Toolkit; explore long-term funding options to sustain services / system (by end of grant period)

On May 9, 2023 the state submitted the following: The Safe Station program is available 24 hours a day to individuals suffering from all forms of addiction and substance abuse, not just heroin/opioid addiction. The goal of safe station is to connect individuals to recovery at a time and place where they are ready to seek it. Fire departments are designated as safe stations that provide assessment and referral services at their station locations. Alternatively, or in addition, fire departments may have a mobile response unit that responds to requests for assistance in community-based locations. Basic screening is provided by mental health professionals, substance use disorder professionals, licensed practical nurses, paramedics, registered nurses, or emergency medical technicians who are trained to provide a welcoming environment and connect persons to treatment support and services, including transportation to acute medical services when 21 warranted. Safe stations break down barriers for individuals and ENGROSSED SUBSTITUTE SENATE BILL 5074. Safe stations provide an alternative to emergency rooms and can serve as a diversion for people who need help but are not at the point of crisis.

HCA has one contract with Puget Sound Regional Fire Authority which began July 1, 2022, and will end on June 30, 2023, for the maximum amount of \$333,000.00.

This contract is funded through state general funds and Medicaid federal funds. For the fire department to become eligible to receive federal funding they needed to become licensed as a Behavioral Health program. They received their license in August of 2022.

To date the Puget Sound Fire Department has worked with 114 individuals with Substance Use Disorders. As of April 1, 2023, they have used 217,808.66 of their contracted amounts.

On August 2, 2023, the state submitted the following: The Safe Station Pilot program ended on June 30, 2023. The program was able to identify alternative funding sources and is continuing to support their community through a mobile safe station program,

Opioid treatment network: [Senate Bill 5476](#) amends provisions relating to criminal justice and substance use disorder treatment in response to the State v. Blake decision. The bill includes an appropriation to expand opioid treatment network (OTN) programs for people with co-occurring opioid and stimulant use disorder to provide direct treatment options. The state contracts with 15 organizations: Seven emergency departments, five jails, one syringe exchange, one shelter, and one fire department, creating the existing opioid treatment networks (OTNs). These networks, also known as initiation sites, provide medication for individuals experiencing opioid use disorder; funding to build OTN infrastructure; funding for staff; and facilitation to transition individuals to community treatment providers. Expansion of OTNs could include shelters, fire departments, syringe exchanges, and community day centers to ensure sites are meeting individuals where they are in the community and providing the first pathway to treatment. Estimated cost for a new OTN site is \$450,000 per year. Also needed is an additional \$33,000 per site, per year for training and technical assistance and \$25,000 per site, per year for program evaluation and data collection, for a total of \$508,000 for each new site, per year. Depending on the number of expansions, an optional expense for 1 FTE to provide technical assistance, fiscal, and contractual oversight is budgeted at \$125,000 annually. Medicaid currently supports this funding, and this ARPA funding will help grow this critical Medicaid HCBS opportunity to help people needing services.

On January 20, 2023, the state submitted the following: Washington State Health Care Authority Division of Behavioral Health and Recovery have implemented contingency management programs within participating opioid treatment network sites. Contingency Management (CM) is an evidence-based behavioral intervention for stimulant use disorder. In CM, people are provided with positive reinforcement

(e.g., gift cards or other tangible rewards) contingent upon objective evidence of the target behavior, such as a negative urine drug test. Systematic provision rewards increase the likelihood of a person being abstinent from drugs.

The participating sites receive State general funds to provide incentives to individuals with co-occurring opioid and stimulant use disorders. The funding is used to purchase gift cards which are then provided to participants upon submitting a negative drug test. The State has also established a comprehensive Technical Assistance and Training curriculum through Washington State University, which includes weekly teleconferences, webinars, and in-depth fidelity assessment and measurement. This program was funded through 1.5 million GF-S during the 21-23 biennium. Most of that funding was one time funding, which will end June 30, 2023.

Participating sites completed their CM training in early 2022; 23 sites were trained. Of these trained sites, 12 are currently working with our CM training partners to implement their programs and engage in fidelity monitoring. Each CM project and the WSU trainers are required to adhere to the National “Culturally and Linguistically Appropriate Services” or CLAS. These standards focus on health and health care intended to advance health equity, improve quality, and help eliminate health disparities by establishing a blueprint for health and health care organizations.

Next Steps: HCA is seeking approval from Centers for Medicare & Medicaid Services (CMS) to renew our existing MTP waiver, called “MTP 2.0.” The goal in MPT 2.0 is to expand coverage and access to care, ensuring people can get the care they need; advance whole-person primary, preventive, and home- and community-based care; accelerate care delivery and payment innovation focused on health-related social needs. If approved, the MTP renewal waiver will allow our state to continue to develop innovative projects, activities, and services that improve Apple Health (Washington State’s Medicaid program). Included within MTP 2.0, Washington requests new expenditure and waiver authorities to provide Contingency Management (CM) in order to expand access to evidence-based treatment for Apple Health enrollees with stimulant use disorder through contingency management.

On August 3, 2023, the state submitted the following: Additional funding for contingency management was awarded through the state legislature. This funding allows the sites to continue their established programs and to expand CM programs to other OTNs. This funding supported the creation of the OTN Plymouth Housing pilot and will assist in expanding the Lummi Nation’s CM program. HCA received approval from CMS on June 30, 2023 which expands access to the evidenced-based intervention of CM to Apple Health enrollees. The State Opioid Response (SOR) grant continues to support Washington State University’s training and technological assistance for sites providing CM. WSU is contracted to provide TA and training to the current OTN CM projects and will also be providing the training and TA for sites that will be providing CM under the MTP 2.0 CM waiver.

Housing Trust Fund: Funding is provided to develop and provide housing for individuals with intellectual and developmental disabilities through the Housing Trust Fund program. The source of the funds is General Fund-State savings due to the enhanced Federal Medicaid Assistance Percentages provided through ARPA.

Washington has limited housing availability and costs that exceed the national average. Targeted funding to create affordable housing for people with developmental disabilities is essential for those waiting for services. Without an affordable home, clients waiting for services cannot discharge from institutional settings.

On August 13, 2021, the state submitted the following: Housing Trust Fund (HTF) dollars support a wide range of capital projects that house a diverse array of populations with low incomes, including those with developmental disabilities. The funds set-aside to create housing for people with developmental disabilities are issued as low-interest, fully deferred loans, payable in full, including accrued 1% simple interest, at the end of the commitment period, which is either 40 or 50 years, unless otherwise negotiated at maturity or upon change of use or sale of the property. Categorically, HTF investments are not a subsidy and do not pay for room or board. These investments expand affordable housing infrastructure for people with disabilities who

receive HCBS services and help to ensure individuals long-term success in the community. The HTF set-aside creates affordable housing throughout communities in Washington State. These funds will be used for projects meeting HCBS settings requirements. Access to affordable housing is an essential component in supporting timely access to HCBS.

On July 18, 2022, the state submitted the following: Commerce made awards through its 2021 Traditional application process and funded two projects serving households with Intellectual or Developmental Disabilities, creating 8 units. These projects are expected to proceed with contracting and begin construction within 15 months. The total award made from the \$10,000,000 General Fund budget was \$1,117,500. HTF released a Notice of Funding Availability in June 2022 to solicit competitive applications and plans to award the remaining funds to eligible projects in December, 2022.

On January 20, 2023: Notice of funding availability was released in December 2022 to award the remaining available funds to nine (9) eligible projects. All \$10,000,000 in funding is now committed.

Increase in home and community-based rates

Improving rates for providers, including raising wages and increasing benefits for individual providers and home care agencies improves HCBS services by assuring provider stability, especially now during a behavioral health workforce crisis with increasing needs from Medicaid clients.

Adult family home award/agreement: Funding is provided to implement new items identified in the 2021-23 collective bargaining agreement (CBA) reached between the Governor and the Adult Family Home (AFH) Council. Among other provisions, the CBA increases the hourly wage component of the AFH rate by 3 percent.

Additional funding was also provided by the Legislature in the 2022 session for implementation of an additional agreement reached between the Governor and the Adult Family Home Council for state fiscal year 2023 (July 2022 – June 2023).

On August 13, 2021, the state submitted the following: *The new collective bargaining agreements all contain additional funding over prior agreements for vendor rate increases to Adult Family Homes, home care agencies and Individual Providers, who are self-directed employees hired directly by consumers served in their own homes. The Adult Family Home Collective Bargaining Agreement increases the following components within the daily vendor rate: direct care wages, health care, training, and administration. The Collective Bargaining Agreement covering Individual Providers contains increases of 3% on hourly wages as well as increases for health care coverage and retirement benefits for these direct care workers. Through statute, increases appropriated through the Individual Provider CBA are converted to increases in the vendor rate for Medicaid contracted home care agencies and those additional funds must be used to increase compensation and benefits for direct care workers. Currently the biggest challenge facing the Washington's HCBS providers is recruiting and retaining a workforce of qualified caregivers. The intent of leveraging the enhanced FMAP is to maintain and expand the workforce of contracted providers who are the backbone of the state's HCBS services.*

In-home care provider agreement: Funding is provided to implement new items identified in the 2021-23 CBA reached between the Governor and Service Employees International Union (SEIU) 775, the official bargaining representative for individual providers (IPs).

Additional funding was also provided by the Legislature in the 2022 session for implementation of an additional agreement reached between the Governor and Service Employees International Union (SEIU) 775 for state fiscal year 2023 (July 2022-June 2023).

Agency provider agreement parity: Funding is provided to create rate parity between agency providers and individual providers related to new items identified under the 2021-23 individual provider CBA.

Additional funding was provided by the Legislature in the 2022 session to increase home care agency provider rates for an adjustment made to the employer tax rate for state fiscal year 2023 (July 2022 – June 2023).

Agency provider administrative rate: Funding is provided to increase the administrative rate paid to home care agencies by \$0.05 per hour effective July 1, 2021.

Additional funding was provided by the Legislature in the 2022 session to increase home care agency provider rates for an adjustment made to the employer tax rate for state fiscal year 2023 (July 2022 – June 2023).

Assisted living facility rates: Funding is provided to increase the base Medicaid daily rates for assisted living facilities to a level that covers 60 percent of costs. This is a critical and needed rate increase to support Medicaid HCBS options for people.

Additional funding was provided by the Legislature in the 2022 session to increase funding of the Assisted Living Facilities (ALF) rate model from 60 percent to 68 percent of full model funding effective July 1, 2022. ALFs with Specialized Dementia Care contracts are included in this rate increase.

Specialty dementia care rate add-on: Funding is provided to increase the daily Medicaid rate paid to specialty dementia care (SDC) providers for approximately \$10 per client. The SDC providers are licensed assisted living facilities under contract with DSHS to care for individuals with dementia.

COVID temporary rate increases: One-time funding is provided to continue the COVID-19 rate enhancements in effect as of June 2021 to contracted providers through June 2024. Funding is provided to address increases in staffing costs/hazard pay, training, infection control and personal protective equipment.

Enhanced community residential rate: Funding is provided to increase rates for Medicaid HCBS supported living IDD and other community residential service providers by 2 percent effective January 1, 2022, and by an additional 2 percent effective January 1, 2023.

Consumer-directed employer (CDE) vendor rate: Increased the administrative rate paid to the Medicaid IP CDE vendor.

Subminimum wage: Funding is provided for DSHS to work with employment providers to assist individuals with intellectual and development disabilities who are employed in subminimum wage jobs to transition into minimum wage employment. This is an important HCBS Medicaid service.

COVID-related investments

The state recognizes the ongoing impact of COVID-19 within the HCBS provider network. Providers continue to experience significant pandemic related costs. The necessity to implement telemedicine/telehealth technologies during the pandemic highlighted the broadband divide in our communities. The remote technology support initiative below works to close this divide and reduce the disparities experienced by clients with developmental disabilities.

Area Agency on Aging case management: One-time funding is provided to offset cost impacts associated with COVID-19 on the in-home Medicaid long-term services and supports case management program operated by Washington's 13 Area Agencies on Aging, a critical support for the HCBS Medicaid system.

Remote technology support: Funding is provided for DSHS to purchase an estimated 4,394 devices that may be distributed to clients with developmental disabilities and their contracted providers, with the purpose of helping clients and providers utilize services remotely during the COVID-19 pandemic. Targeted funding for remote technology strengthens HCBS by enhancing the connectivity of individuals who may not otherwise have access to the technology needed to engage fully in remote services.

On August 13, 2021, the state submitted the following: Remote technology support will not be utilized to purchase ongoing internet connectivity. Remote technology support will fund the purchase of devices to be distributed to DDA clients and contracted providers, with the purpose of helping clients and providers access and deliver services remotely during the COVID-19 pandemic.

Improved provider rates, recruitment, retention, and skills training for HCBS providers

Expanding HCBS services requires a multi-prong strategy and strengthening our provider network is a critical requirement. The initiatives in this section make investments in training, recruitment of Washington's HCBS providers. These are especially important now with growing Medicaid based community behavioral health workforce shortages and increasing patient needs to access care.

Managed care behavioral health rate increase: Funding is provided to invest in workforce supports through a 2 percent increase to Medicaid reimbursement for community behavioral health providers contracted.

MCO wraparound services: Funding is provided for Medicaid MCOs to increase provider rates by 2 percent for non-Medicaid wraparound services effective July 2021. These are critical supportive services for the Medicaid program. Without this HCBS funding the Medicaid program would fall short and people would not receive the care necessary, necessitating more expensive emergency room and institutional care.

Parent Child Assistance Providers (PCAP) rate increase: Funding is provided for a 2 percent rate increase for PCAP providers effective July 2021.

On August 13, 2021, the state submitted the following: Parent Child Assistance Program (PCAP) is described in full in the submittal language, see above. PCAP folds into Appendix B services under Case Management as defined under sections 1905(a)(19) and 1915(g) of the Act and 42 CFR § 440.169 and 42 CFR § 441.18, assist Medicaid-eligible individuals in gaining access to needed medical, social, educational, and other services.

On July 18, 2022, the state submitted the following: The 2 percent rate increase is in contract to providers and ongoing.

Caregiver/provider training: One-time funding is provided to invest in additional training for Medicaid caregivers and developmental disabilities providers. Improvements in training will strengthen the HCBS system by improving provider skills and knowledge in services to people with developmental disabilities.

Paid time off (PTO) transfer: Funding PTO for Medicaid individual providers will enhance the retention of providers. Funding for an accrued, but unpaid, obligation for earned PTO is paid to the new Consumer Directed Employer (CDE) entity that will employ individual provider home care workers within the year. This new funding is necessary to allow the CDE to pay full benefits and wages to the individual providers.

Home health social worker: Funding is provided for a social worker as part of the medical assistance home health benefit. This is a critical HCBS Medicaid service.

Substance use disorder (SUD) family navigators: Funding is provided for grants for Medicaid serving substance use disorder family navigators. Navigators will work to advance the peer workforce and increase the knowledge and skills of peer support providers in working with adults, families, and youth navigating substance use disorder treatment as well as family members of those experiencing a substance use disorder. A series of online train-the-trainer events for identified peers and organizations, follow-up coaching, and technical assistance as participants move toward mastery of the content has been completed and a new contract was executed to continue these trainings. We expect to host twelve trainings between July 1, 2022 through June 30, 2023.

On May 1, 2023, the state submitted the following: This project provides a 16-hour online training for parents, family members, and caregivers who were interested in learning how to support their loved ones with substance use disorder (SUD). It includes developmentally specific elements for family members with youth experiencing SUD and a Diversity, Equity, and Inclusion elements. Trainers were partnered with individuals with clinical expertise and lived expertise. The purpose of these training was to share the most up-to-date information around substance use disorder addiction and its effects on the adolescent brain, skills for families navigating their relationship with someone with SUD, and systems navigation.

WSCC held four (4) statewide virtual SUD Family trainings from November 2022 through February 2023. The training dates were:

Date	Number of Participates
July 11-14, 2022	11
July 18-20, 2022	12
August 1-4, 2022	19
August 29-September 1, 2022	14
September 26-29, 2022	10
October 10-13, 2022	6
November 14-17	6
December 9-12	2
January 9-12	5
February 21-24	11
March 13-16	TBD
April 17-20	TBD
May 15-18	TBD
Total:	96

All training this reporting period was provided virtually via Zoom. Healthcare Authority (HCA) and En Route Coaching & Training Services provided curriculum review, coaching, and feedback. A sampling of participants included representatives from various community partners, including:

- WA State Department of Social & Health Services
- Yakima Valley Farm Workers
- Youth Emergency Services
- Confederated Tribes of the Colville Reservation
- Vashon Youth & Family Services
- Whatcom Community College
- Health and Justice Recovery Alliance
- Tacoma Housing Authority
- Skokomish Tribe

WSSC also completed a Train the Trainer event. The goal was to focus on cultivating young adults with lived experience to step into training roles. En Route Coaching & Training Services provided support at this training.

Date	Number of Participates
June 27-30, 2022	9

Evaluations show that 60% to 80% of participants felt that the information contained in the training was useful for their role in their daily lives. Evaluations consistently showed that more than 60% of participants felt the training exceeded their expectations.

Participant Feedback:

The culture sections in this training promoted great conversation from participants. Participants added to the curriculum’s examples by providing feedback and suggestions around diversity, equity, and inclusion and by sharing their personal knowledge or experience with available resources. A consensus among participants in one training session was that interpretation services for telehealth create a barrier for effective access to this service.

November 2022- February 2023

Participation this quarter was notably low. Many in attendance were professionals and the content may not have been new as they have had more opportunities than laypeople to receive previous training. Several professionals mentioned that, although the information was not new to them, they felt the information was especially beneficial for families navigating support of loved ones with substance use disorders.

Creating pathways to HCBS services

This plan outlines initiatives that enhance and expand HCBS services, strengthen the provider network, and broaden access for some of Washington's most vulnerable populations. The initiatives outlined in this section of the plan are investments that the state believes will build new pathways for eligible clients to access HCBS services.

Rural behavioral health pilot: Funding is provided for a one-time grant to Island County to fund a pilot program to improve behavioral health outcomes for young people in rural communities. School districts, community groups, and health care providers will coordinate to increase access to behavioral health programs for children and youth birth to 24 years old. Services that may be provided with the grant funding include, but are not limited to: Support for children and youth with significant behavioral health needs to address learning loss caused by COVID-19 and remote learning; School based behavioral health education, assessment, and brief treatment; Screening and referral of children and youth to long-term treatment services; Behavioral health supports provided by community agencies serving youth year-round; Expansion of mental health first aid, a program designed to prepare adults who regularly interact with youth for how to help people in both crisis and noncrisis mental health situations; Peer support services; and Compensation for the incurred costs of clinical supervisors and internships.

On July 18, 2022, the state submitted the following: Provider travel: reimbursement structures in place for all Apple Health Fee-For-Service and Managed Care providers.

DC:0-5 training: contract executed with training entity. 10 trainings hosted so far, training 277 providers.

Child assessment and diagnosis: Funding provided to support provider travel to home and community-based settings has been rolled into contracts with managed care organizations and appropriate funding streams for fee-for-service providers. Education and technical support for providers in accessing these funds has been provided by both the HCA and managed care organizations. During SFY22, there were no requests for utilization of these funds.

Funding provided for training and professional development has been rolled into an ongoing contract with a training entity, the Washington Association for Infant Mental Health. During SFY22, six Clinical DC:0-5 trainings and six Overview DC:0-5 trainings were held, training 175 Apple Health mental health clinicians and 160 allied professionals.

On September 24, 2021, the state submitted the following: *The child assessment and diagnosis activities will not impose stricter eligibility standards, methodologies, or procedures for HCBS programs and services than were in place on April 1, 2021.*

Stakeholder feedback

Washington state is deeply committed to stakeholder participation at all stages of program and policy development. Throughout the pandemic, we engaged stakeholders in development of our response strategies. Special efforts were made to engage stakeholders in developing ideas for use of funds made available through the American Rescue Plan Act. The Governor's Office and the Office of Financial Management (OFM) requested funding ideas and received a substantial response from constituents around the state. The Washington State Legislature passed legislation and appropriated these items, which necessitates substantial open public processes with substantial opportunity for stakeholder and public comment. Washington state actively engaged with stakeholders using different methods. Our methods have included statewide town halls held online, request for feedback sent via email distribution lists, and engagement meetings with client and provider advocacy groups. We received feedback from individuals as well as groups, including:

- Self-advocacy groups
- Disability advocacy groups
- Provider representatives and associations
- Area Agencies on Aging

- Labor representatives

Ideas generated by stakeholders

The following are themes for how to use funding to enhance, expand or strengthen home and community-based services generated by stakeholders and collected from the engagement work, which greatly informed this spending plan:

- Workforce building enhancements and incentives
- Enhancements to provider rates and incentives
- Behavioral health crisis support in the form of mobile crisis teams
- Rental assistance
- Homeless outreach and support through program expansion and enhancements
- Chemical dependency treatment and support
- Support for unpaid family caregivers
- Training and outreach to support families and caregivers of children with complex behavioral health needs
- Purchase of technology devices, infrastructure, and pre-paid plans for clients
- Provide adult day centers with funding to make physical, operational, or other changes to safely deliver services during the COVID-19 public health emergency
- Purchase PPE and testing supplies
- Workforce training in rural areas and in tribal communities
- Develop culturally attuned educational materials in accessible formats
- Address social determinants of health and health disparities
- Support outreach to decrease social isolation

Tribal meetings

There are 29 federally recognized tribes in Washington, as well as urban Indian centers in Seattle and Spokane. Through our commitment to a government-to-government approach to seek consultation and participation by representatives of tribal governments in policy development and enhancement of programs, we have engaged tribal leaders in the process of soliciting ideas for additional HCBS enhancements. This came in the form of presentations and conversations at our agency's Indian Policy Advisory Committee meetings, the annual Centennial Accord meeting with the Governor, and direct solicitation in the form of agency communications and communications from the Governor's office and the Office of Financial Management.

We recognize that tribes are uniquely positioned to offer suggestions for program enhancements that help to elevate and address inequities in our systems to provide more culturally relevant and full-spectrum services. Some themes that came from this engagement include:

- Workforce training in rural areas and in tribal communities
- Enhancements to provider rates and incentives
- Support for unpaid family caregivers
- Purchase of technology devices, infrastructure, and pre-paid plans for clients
- Purchase PPE and testing supplies
- Support homeless elders and individuals with disabilities to receive care (this may be enhanced case management or other methods)
- Develop culturally attuned educational materials in accessible formats
- Address social determinants of health and health disparities
- Support outreach to decrease social isolation
- Rebuilding infrastructure for Tribal LTSS that suffered during the pandemic

Appendix A

Item	Total (\$ in Thousands)
Behavioral Health Transitions	630
Hospital Surge- Geriatric-Specialty	548
Hospital Surge-Specialized Dementia	1,024
Hospital Surge- Non-Citizens	1,069
Shared Benefit Adjustment	19,985
Shared Benefit Adjustment	10,088
AFH Award/Agreement	2,534
AFH Award/Agreement	405
Children's SOLA	888
AL TSA - In-Home Care Provider Agreement	4,585
DDA - In-Home Care Provider Agreement	1,986
AL TSA - Agency Provider Agreement-Parity	1,456
DDA - Agency Provider Agreement-Parity	218
High School Transition Students (PL)	560
Increase CIBS Waiver Capacity	1,040
PASRR Capacity Increase	446
Dementia Action Collaborative	563
AL TSA - COVID Temporary Rate Increases	61,411
DDA - COVID Temporary Rate Increases	34,089
AL TSA - Agency Provider Administrative Rate	196
DDA - Agency Provider Administrative Rate	29
Enhanced Community Residential Rate	1,737
Caregiver/Provider Training	231
AL TSA - HCBS Supports	1,775
DDA - HCBS Supports	808
Increase IFS and Basic Plus Waivers	6,883
Increase Core and CP Waivers	7,609
I/DD Summer Programs	1,845
AL TSA - Assisted Living Facility Rates	453
DDA - Assisted Living Facility Rates	12
Specialty Dementia Care Rate Add-On	785
Subminimum Wage	111
Community Residential Options	995
Dan Thompson Community Investments	50,000
Remote Technology Support	1,140
Peer Mentor Program	35
Conditionally Released SVPs	63

Item	Total (\$ in Thousands)
Fall Prevention Training	50
AAA Case Management	3,063
AL TSA - CDE Vendor Rate	259
Developmental Disability Services	119
DDA - CDE Vendor Rate	109
CDE PTO Transfer	9,290
Housing Trust Fund	10,000
Home Health Social Worker	232
PCAP Expansion	464
SUD Family Navigators	244
Safe Station Pilot Programs	98
Expand SUD Services and Supports	2,434
MCO Behavioral Health Rate Increase	4,811
Rural Behavioral Health Pilot	183
Trueblood Phase 2 Implementation	2,363
Child Assessment & Diagnosis	54
Adult and Youth Mobile Crisis Teams	6,520
MCO Wraparound Services	158
Mobile Integrated Health Pilot	183
PCAP Rate Increase	79
SUD Family Navigators	122
Outreach/Intensive Case Management	4,875
Recovery Residences	37
Clubhouse Expansion	816
Homeless Outreach Stabilization	2,438
Opioid Treatment Network	244
Total	273,045