

Table of Contents

State/Territory Name: Missouri

State Plan Amendment (SPA) #: 20-0001

This file contains the following documents in the order listed:

- 1) Approval Letter
- 2) CMS 179 Form
- 3) Approved SPA Pages

DEPARTMENT OF HEALTH & HUMAN SERVICES
Centers for Medicare & Medicaid Services
601 East 12th Street, Suite 355
Kansas City, Missouri 64106-2898



Medicaid & CHIP Operations Group

August 12, 2020

Jennifer Tidball
Acting Director
Missouri Department of Social Services
Broadway State Office Building
P.O. Box 1527
Jefferson City, Missouri 65102

Re: Missouri State Plan Amendment (SPA) 20-0001

Dear Ms. Tidball:

On March 2, 2020, the Centers for Medicare & Medicaid Services (CMS) received Missouri State Plan (SPA) No. 20-0001. This SPA was submitted to provide Diabetes Prevention Program Services for Adults.

We are pleased to inform you that SPA 20-0001 was approved on August 7, 2020, with an effective date of September 1, 2020, as requested by the state. Enclosed is a copy of the CMS 179 summary form, as well as the approved pages for incorporation into the Missouri State Plan.

If you have any questions regarding this matter you may contact Deborah Read (816) 426-5925 or by e-mail at Deborah.read@cms.hhs.gov.

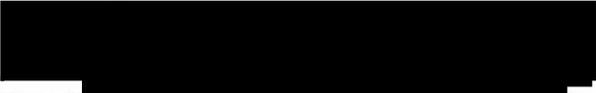
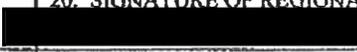
Sincerely,



James G. Scott, Director
Division of Program Operations

Enclosures

cc: Todd Richardson, SMD, MHD
Nanci Nicodym, MHD
Megan Buck, Program Branch Manager

TRANSMITTAL AND NOTICE OF APPROVAL OF STATE PLAN MATERIAL FOR: HEALTH CARE FINANCING ADMINISTRATION		1. TRANSMITTAL NUMBER: <u>2 0 --- 0001</u>	2. STATE Missouri
TO: REGIONAL ADMINISTRATOR HEALTH CARE FINANCING ADMINISTRATION DEPARTMENT OF HEALTH AND HUMAN SERVICES		3. PROGRAM IDENTIFICATION: TITLE XIX OF THE SOCIAL SECURITY ACT (MEDICAID)	
5. TYPE OF PLAN MATERIAL (Check One): <input type="checkbox"/> NEW STATE PLAN <input type="checkbox"/> AMENDMENT TO BE CONSIDERED AS NEW PLAN <input checked="" type="checkbox"/> AMENDMENT COMPLETE BLOCKS 6 THRU 10 IF THIS IS AN AMENDMENT (Separate Transmittal for each amendment)		4. PROPOSED EFFECTIVE DATE <u>July 1, 2020</u> September 1, 2020*	
6. FEDERAL STATUTE/REGULATION CITATION: 42 CFR 440.130(c) 42 CFR Subpart F*		7. FEDERAL BUDGET IMPACT: a. FFY <u>2020</u> \$ <u>-30,441</u> 13.7* b. FFY <u>2021</u> \$ <u>-377,792</u>	
8. PAGE NUMBER OF THE PLAN SECTION OR ATTACHMENT: Attachment 3.1.A, Pages 16aaa (new), 16aaaa (new), 16aaaaa (new), 16aaaaaa (new), 17* Attachment 4.19 B, Page 4DD (new)		9. PAGE NUMBER OF THE SUPERSEDES PLAN SECTION OR ATTACHMENT (If Applicable): New Material	
10. SUBJECT OF AMENDMENT: This State Plan Amendment proposes to provide Diabetes Prevention Program Services for adults. These services will require a physician's referral and will utilize eligibility criteria set forth by the CDC in order for the participant to be eligible for this program. These services include structured lifestyle interventions including dietary coaching, lifestyle intervention, and moderate physical activity, all with the goal of preventing the onset of diabetes.			
11. GOVERNOR'S REVIEW (Check One) <input checked="" type="checkbox"/> GOVERNOR'S OFFICE REPORTED NO COMMENT <i>SLV</i> <input type="checkbox"/> OTHER, AS SPECIFIED: <input type="checkbox"/> COMMENTS OF GOVERNOR'S OFFICE ENCLOSED <input type="checkbox"/> NO REPLY RECEIVED WITHIN 45 DAYS OF SUBMITTAL			
12. SIGNATURE OF STATE AGENCY OFFICIAL: 		16: RETURN TO: MO HealthNet Division P.O. Box 6500 Jefferson City, MO 65102	
13. TYPE NAME: Jennifer R. Tidball			
14. TITLE: Acting Director			
15. DATE SUBMITTED: <u>02-28-2020</u>			
FOR REGIONAL OFFICE USE ONLY			
17. DATE RECEIVED: <u>March 2, 2020</u>		18. DATE APPROVED: <u>August 7, 2020</u>	
PLAN APPROVED - ONE COPY ATTACHED			
19. EFFECTIVE DATE OF APPROVED MATERIAL: <u>September 1, 2020</u>		20. SIGNATURE OF REGIONAL OFFICIAL: 	
21. TYPED NAME: <u>James G. Scott</u>		22. TITLE: <u>Director, Division of Program Operations</u>	
23. REMARKS: *Pen-and-ink changes to Boxes 4, 6, 7, and 8 authorized by state via email on 8/7/2020.			

State Missouri

12.d. Eyeglasses

Eyeglasses can be dispensed by physicians, optometrists, or opticians. Eyeglasses are covered only for children (Medicaid recipients under age 21). One pair of eyeglasses is covered for adults 21 years or older following cataract surgery.

Supportive documentation of medical necessity is required for the repair of frames or replacement of parts of frames. Replacement of lenses covered within 24 months of Medicaid eyeglasses only when supported by Medical Necessity and prescription for change of 0.50 diopters for at least one eye.

13.c Preventive Services

Diabetes Prevention Program Services

Diabetes Prevention Program (DPP) services are a set of structured, medically necessary services recommended by a physician or other licensed practitioner of the healing arts to prevent or delay the onset of type 2 diabetes for participants ages twenty-one (21) years of age and older who are at risk for diabetes or have indications of prediabetes, in accordance with 42 CFR 440.130(c).

DPP services provide a variety of behavioral and nutritional interventions identified as evidence-based by clinical research or studies and/or nationally recognized organizations specializing in disease control and prevention. DPP services are provided during sessions that occur at regular, periodic intervals over the course of one year, and, if eligible based upon individual measurable health-outcomes, additional ongoing maintenance sessions at regular, periodic intervals for another year. At these sessions, DPP services include:

- Ongoing nutrition or behavioral counseling focusing on weight reduction and lifestyle changes.
- Physical activity and fitness assessments.

Additional DPP service requests beyond the initial allocation shall be requested through the prior authorization process and be deemed medically necessary.

State Missouri
Diabetes Prevention Program Services

Qualified Providers:

A DPP service provider must be enrolled as a MO HealthNet provider and must have either pending, preliminary, or full recognition by the Centers for Disease Control and Prevention (CDC) for DPP.

DPP service providers use lifestyle coaches for delivery of DPP services to participants. The lifestyle coaches must have completed nationally recognized training for delivery of DPP services. Lifestyle coaches may be:

- Physicians
- Licensed nonphysician practitioners, such as nurses, and physical therapists.
- Unlicensed practitioners under the supervision of a DPP services provider or a licensed MO HealthNet practitioner.

For DPP services delivered by unlicensed lifestyle coaches, the supervising MO HealthNet provider will assume professional liability for care of the patient and furnish services within its scope of practice according to state law.

All lifestyle coaches must complete a minimum of 12 hours of training in DPP services from an organization recognized by the CDC for DPP.

State Missouri

Diabetes Prevention Program (DPP) Services for Adults

Reimbursement for services is made on a fee-for-service basis. MHD has determined the maximum allowable fee for a unit of service as a reasonable fee, consistent with efficiency, economy, and quality of care. The state payment for each service will be lower of:

- (1) The provider's actual charge for the services; or
- (2) The Medicaid maximum allowable amount per unit of service.

Reimbursement shall be only for services authorized by the state agency or its designee. Except as otherwise noted in the plan, state-developed fee schedule rates are the same for both governmental and private providers of DPP services. The agency's fee schedule rate was set as of September 1, 2020 and is effective for services provided on or after that date. All rates are published on the fee schedule:

<https://dss.mo.gov/mhd/providers/pages/cptagree.htm>. To navigate the site providers must agree to the licensure terms and conditions, select download or full search and select Medical Services.