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## **Table of Contents**

**State/Territory Name:** Oregon

**State Plan Amendment (SPA) #:** 17-0006

This file contains the following documents in the order listed:

- 1) Approval Letter
- 2) CMS 179 Form/Summary Form (with 179-like data)
- 3) Approved SPA Pages
- 4) Additional Attachments that are part of the state plan

DEPARTMENT OF HEALTH & HUMAN SERVICES  
Centers for Medicare & Medicaid Services  
Seattle Regional Office  
701 Fifth Avenue, Suite 1600, MS/RX-200  
Seattle, WA 98104



Division of Medicaid & Children's Health Operations

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July 19, 2017

Lynne Saxton, Director  
Oregon Health Authority  
500 Summer Street Northeast, E-15  
Salem, Oregon 97301-1079

**RE: Oregon State Plan Amendment (SPA) Transmittal Number 17-0006**

Dear Ms. Saxton:

The Centers for Medicare & Medicaid Services (CMS) has completed its review of Oregon State Plan Amendment (SPA) Transmittal Number 17-0006. This SPA is being submitted in order to move Doula services from the other licensed provider section to the preventive services option and increasing the fee for those services. This SPA is approved effective May 1, 2017, as requested by the state.

If there are additional questions please contact me, or your staff may contact Bill Vehrs at [bill.vehrs@cms.hhs.gov](mailto:bill.vehrs@cms.hhs.gov) or at (503) 399-5682.

Sincerely,

A black rectangular box redacting the signature of David L. Meacham.

Digitally signed by David L. Meacham  
-S  
DN: c=US, o=U.S. Government,  
ou=HHS, ou=CMS, ou=People,  
0.9.2342.19200300.100.1.1=20000418  
58, cn=David L. Meacham -S  
Date: 2017.07.20 10:20:54 -07'00'

David L. Meacham  
Associate Regional Administrator

**TRANSMITTAL AND NOTICE OF APPROVAL OF  
STATE PLAN MATERIAL**1. TRANSMITTAL NUMBER:  
**17-0006**2. STATE  
**Oregon****FOR: HEALTH CARE FINANCING ADMINISTRATION**3. PROGRAM IDENTIFICATION: TITLE XIX OF THE  
SOCIAL SECURITY ACT (MEDICAID) Medical AssistanceTO: REGIONAL ADMINISTRATOR  
HEALTH CARE FINANCING ADMINISTRATION  
DEPARTMENT OF HEALTH AND HUMAN SERVICES4. PROPOSED EFFECTIVE DATE  
**5/1/17**

5. TYPE OF PLAN MATERIAL (Check One):

☐ NEW STATE PLAN☐ AMENDMENT TO BE CONSIDERED AS NEW PLAN☒ AMENDMENT

COMPLETE BLOCKS 6 THRU 10 IF THIS IS AN AMENDMENT (Separate Transmittal for each amendment)

6. FEDERAL STATUTE/REGULATION CITATION:

42 CFR 440.130(c)

7. FEDERAL BUDGET IMPACT:

a. FFY 2017 \$ 134,061

b. FFY 2018 \$ 384,668

8. PAGE NUMBER OF THE PLAN SECTION OR ATTACHMENT:

6-a-5

Attachment 3.1-A, page 3-b, 6-a-3, 6-a-4, 6-4-5, (P&amp;I)

Attachment 4.19-B, page 1a.5 1a.6 (P&amp;I)

9. PAGE NUMBER OF THE SUPERSEDED PLAN SECTION  
OR ATTACHMENT (If Applicable):

Attachment 3.1-A, page 3-b

10. SUBJECT OF AMENDMENT: This transmittal is being submitted in order move Doula services from the OLP section to the preventive services option and increasing the fee for those services.

11. GOVERNOR'S REVIEW (Check One):

☐ GOVERNOR'S OFFICE REPORTED NO COMMENT☐ COMMENTS OF GOVERNOR'S OFFICE ENCLOSED☐ NO REPLY RECEIVED WITHIN 45 DAYS OF SUBMITTAL☒ OTHER, AS SPECIFIED: The Governor  
does not wish to review any plan materials.

12. SIGNATURE OF STATE AGENCY OFFICIAL:

13. TYPED NAME/ Lori Coyner, MA

14. TITLE: Medicaid Director, OHA

15. DATE SUBMITTED:

June 21, 2017

16. RETURN TO:

Oregon Health Authority  
Medical Assistance Programs  
500 Summer Street NE E-35  
Salem, OR 97301

ATTN: Jesse Anderson, State Plan Manager

**FOR REGIONAL OFFICE USE ONLY**

17. DATE RECEIVED:

6/21/17

18. DATE APPROVED:

7/19/2017

**PLAN APPROVED - ONE COPY ATTACHED**

19. EFFECTIVE DATE OF APPROVED MATERIAL:

5/01/2017

20. SIGNATURE:

David L. Meacham

21. TYPED NAME: Associate Regional  
Administrator

22. REMARKS:

6/27/17: State authorized P&amp;I change to box 8

7/3/17: State authorized P&amp;I change to box 8

STATE PLAN UNDER TITLE XIX OF THE SOCIAL SECURITY ACT  
State/Territory: OREGON

AMOUNT, DURATION, AND SCOPE OF MEDICAL AND REMEDIAL  
CARE AND SERVICES PROVIDED TO THE CATEGORICALLY NEEDY

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6. d. Other Practitioner Services (Cont)

Non-licensed practitioners (Cont):

2. Non-traditional health workers (referred to a traditional health workers in OAR) Must be supervised by existing licensed practitioners and perform services for them within the licensed practitioner's scope of practice. Licensed health providers are responsible for the work that they order, delegate or supervise when health care professionals work under their supervision. The state assures that any non-licensed service providers authorized by this section of Oregon's state plan will be supervised by a Licensed Health Care Professional. For purposes of this State Plan a Licensed Health Care Professional (LHCP) includes Physicians\*, Certified Nurse Practitioners, Physician Assistants, Dentists, Dental hygienists with an Expanded Practice Permit, Ph.D. Psychologists, PsyD Psychologists, LCSW Social Workers and Licensed Professional Counselors. (\*covered in the state plan under physician services).

- a) Community Health Worker services are provided under the supervision of LHCP;
- b) Peer Wellness Specialist services are provided under the supervision of LHCP;
- c) Personal Health Navigators services are provided under the supervision of LHCP.

The state assures that only the Licensed Health Care Professional will bill for services.

STATE PLAN UNDER TITLE XIX OF THE SOCIAL SECURITY ACT  
State/Territory: OREGON

AMOUNT, DURATION, AND SCOPE OF MEDICAL AND REMEDIAL  
CARE AND SERVICES PROVIDED TO THE CATEGORICALLY NEEDY

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13.c. Preventive Services: Doula services

Doula services include personal, non-medical support to women and families throughout a woman's pregnancy, childbirth and postpartum experience. This includes emotional and physical support, provided during pregnancy, labor, birth and the postpartum period.

A doula's scope of practice includes the following:

- a) Provides prenatal counseling and assists the woman in preparing for and carrying out her plans for birth;
- b) Provider evidence-based information on general health practices pertaining to pregnancy, childbirth, postpartum, newborn health, and family dynamics;
- c) Has a general understanding of complications that can arise during pregnancy, labor, and delivery;
- d) Provider emotional support, physical comfort measures, and helps the woman get the information she needs to make informed decisions pertaining to childbirth and postpartum;
- e) Provides support for the whole birth team including a woman's partner and family members and hospital staff;
- f) Provides evidence-based information on infant feeding;
- g) Provides general breastfeeding guidance and resources;
- h) Provides infant soothing and coping skills for the new parents;
- i) Provides postpartum support and honors cultural and family traditions;
- j) Facilitates and assures access to resources that can improve birth-related outcomes including transportation, housing, Alcohol, Tobacco and Drug cessation, WIC, SNAP, and intimate partner violence resources.

STATE PLAN UNDER TITLE XIX OF THE SOCIAL SECURITY ACT  
State/Territory: OREGON

AMOUNT, DURATION, AND SCOPE OF MEDICAL AND REMEDIAL  
CARE AND SERVICES PROVIDED TO THE CATEGORICALLY NEEDY

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13.c. Preventive Services: Doula services

Provider qualifications:

Must be certified and registered with the OHA, Office of Equity and Inclusion with approved curricula used to train birth doulas. To be certified as a birth doula an individual must: Complete all required training specified by OHA through an authority approved training program, complete an authority approved oral health training, be CPR-certified, document attendance at a minimum of three births and three post-partum visits.

Certification standards include the following:

- (a) A minimum of 28 in-person contact hours addressing the core curricula topics through an Authority approved training program for birth doulas or through another training program provided by a birth doula certification organization;
- (b) Six contact hours in cultural competency training; and
- (c) Six contact hours in one or more of the following topics as they relate to doula care:
  - (A) Inter-professional collaboration;
  - (B) Health Insurance Portability and Accountability Act (HIPAA) compliance; and
  - (C) Trauma-informed care.

Core curriculum:

All core curriculum for training birth doulas shall, at a minimum, introduce students to the key principles of the following topics:

- (a) Anatomy and physiology of labor, birth, maternal postpartum, neonatal transition, and breastfeeding;
- (b) Labor coping strategies, comfort measures and non-pharmacological techniques for pain management;
- (c) The reasons for, procedures of, and risks and benefits of common medical interventions, medications, and Cesarean birth;
- (d) Emotional and psychosocial support of women and their support team;
- (e) Birth doula scope of practice, standards of practice, and basic ethical principles;
- (f) The role of the doula with members of the birth team;

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13.c. Preventive Services: Doula services

Core curriculum (Cont):

- (g) Communication skills, including active listening, cross-cultural communication, and inter-professional communication;
- (h) Self-advocacy and empowerment techniques;
- (i) Breastfeeding support measures;
- (j) Postpartum support measures for the mother and baby relationship;
- (k) Perinatal mental health;
- (l) Family adjustment and dynamics;
- (m) Evidence-informed educational and informational strategies;
- (n) Community resource referrals;
- (o) Professional conduct, including relationship boundaries and maintaining confidentiality; and
- (p) Self-care.

Non-covered Services:

Travel time and mileage are not covered services.

STATE PLAN UNDER TITLE XIX OF THE SOCIAL SECURITY ACT  
State/Territory: OREGON  
METHODS AND STANDARDS FOR ESTABLISHING PAYMENT RATES

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13.c. Preventive Services: Doula services

Effective for services on or after May 1, 2017, doula services provided during labor and delivery (includes antepartum and postpartum period) are reimbursed at the lower of:

1. Submitted charge;
2. \$350 per pregnancy, includes a minimum of 2 prenatal care visits, care during delivery and 2 postpartum home visits.

Doulas services can be billed once per pregnancy. Multiple births (i.e twins, triplets) are not eligible for additional reimbursement.

Except as otherwise noted in the plan, state-developed fee schedule rates are the same for both governmental and private providers. The agency's fee schedule rate is effective for services provided on or after 5/1/2017. All rates are published on the agency web at:  
<http://www.oregon.gov/oha/HSD/OHP/Pages/Fee-Schedule.aspx>