

**AMOUNT, DURATION AND SCOPE OF MEDICAL AND REMEDIAL CARE AND SERVICES PROVIDED
CATEGORICALLY NEEDY****13.d Rehabilitative Services (continued)****13.d.1. Outpatient Behavioral Health Services (continued)****C. Covered Services (continued)**

STATE	<u>Oklahoma</u>
DATE REC'D	<u>2-28-12</u>
DATE APP'D	<u>5/24/2012</u>
DATE EFF	<u>7-1-12</u>
ISSUED BY	<u>12-02</u>

A

The following services are included in the Outpatient Behavioral Health Services and are included in the fee schedule which is kept current on the Agency data base, the Agency library, and are available to the public.

Mental Health Assessment by a Non-Physician – Mental Health Assessment by a Non-Physician includes a history of psychiatric symptoms, concerns and problems, mental health status, psychosocial history, a DSM multi-axial diagnosis for all five Axis, an evaluation of alcohol and other drug use, as well as the client's strengths. A moderate complexity modifier is allowed for clients seeking services. This service is performed by a licensed behavioral health professional (LBHP). Refer to Attachment 3.1-A, Page 6a-1.3a for provider qualifications.

Behavioral Health Services Plan Development by a Non-Physician – This is a process by which the information obtained in the assessment is evaluated and used to develop a service plan that has individualized goals, objectives, activities and services that will enable a client to improve. It is to focus on recovery and must include a discharge plan. This service is conducted by the treatment team, which includes the client and all involved practitioners. Refer to Attachment 3.1-A, Pages 6a-1.3a and b for provider qualifications.

Individual/Interactive Psychotherapy – Individual Psychotherapy is a face-to-face treatment for mental illnesses and behavioral disturbances in which the clinician, through definitive therapeutic communication attempts to alleviate, reverse or change maladaptive behaviors or emotional disturbances. Interactive Psychotherapy is generally furnished to children or other individuals who lack the expressive language or communication skills necessary to understand the clinician and usually involves the use of equipment or an interpreter. This service is performed by a licensed behavioral health professional (LBHP) or a Certified Alcohol and Drug Counselor (CADC) for substance abuse only. CADC's are permitted to provide Individual/Interactive Psychotherapy for substance abuse only through June 30, 2013. Effective July 1, 2013 all Individual/Interactive Psychotherapy must be provided by LBHPs. Refer to Attachment 3.1-A, Pages 6a-1.3a and 1.3e for provider qualifications

Family Psychotherapy – Family Psychotherapy is a face-to-face psychotherapeutic interaction between a LBHP or a CADC for substance abuse only and the client's family, guardian and/or support system. CADC's are permitted to provide family psychotherapy through June 30, 2013; effective July 1, 2013 all family psychotherapy must be provided by LBHP's. It must be performed for the direct benefit of the Medicaid recipient. Refer to Attachment 3.1-A, Pages 6a-1.3a and 1.3e for provider qualifications.

Group Psychotherapy – Group Psychotherapy is a method of treating behavioral disorders using the interaction between two or more individuals and the practitioner or therapist. It is provided by a LBHP or a CADC for substance abuse only. CADCs are permitted to provide group psychotherapy when treating alcohol and other drug disorders only through June 30, 2013; effective July 1, 2013 all group psychotherapy must be provided by LBHPs. Refer to Attachment 3.1-A, Pages 6a-1.3a and 1.3e for provider qualifications.

Revised 07-01-2012

TN# 12-02
Supersedes
TN# 10-32Approval Date 5/24/2012Effective Date 7-1-12

**AMOUNT, DURATION AND SCOPE OF MEDICAL AND REMEDIAL CARE AND SERVICES PROVIDED
CATEGORICALLY NEEDY****13.d Rehabilitative Services (continued)****13.d.1. Outpatient Behavioral Health Services (continued)****C. Covered Services (continued)****Individual Provider Qualifications
Rehabilitative Services
(continued)**

STATE	<u>Oklahoma</u>
DATE REC'D	<u>2-28-12</u>
DATE APPV'D	<u>5/24/2012</u>
DATE EFF	<u>7-1-12</u>
WFA 179	<u>12-02</u>

A

Individual, family, group treatment for substance abuse	<p>LBHP or Certified Alcohol and Drug Counselor (CADC)</p> <p>CADCs are permitted to provide individual, family and group psychotherapy when treating alcohol and other drug disorders only through June 30, 2013. Effective July 1, 2013 all individual, family and group psychotherapy must be provided by LBHPs.</p>	<p>See descriptions above for LBHP and BHRS.</p> <p>CADC must have:</p> <ol style="list-style-type: none"> (1) At a minimum, a bachelor degree in a behavioral health field that is recognized by the Oklahoma Board of Licensed Alcohol and Drug Counselors as appropriate to practice as a CADC in this state. (2) Successfully completed at least two years of full-time supervised work experience <p>Refer to the Licensed Alcohol and Drug Counselors Act found in Title 59 Chapter 43B of the Oklahoma Statutes for a complete list of education and training requirements.</p>
Alcohol and/or Substance Abuse Skills Development – Individual and Group	LBHP, BHRS, or Certified Alcohol and Drug Counselor (CADC)	<p>See descriptions above for LBHP, CADC and BHRS.</p> <ol style="list-style-type: none"> (3)
Community Recovery Support	Recovery Support Specialist (RSS)	<ol style="list-style-type: none"> (1) High School diploma or GED; (2) Minimum one year participation in local or national member advocacy or knowledge in the area of behavioral health recovery; (3) Current or former member of behavioral health services; (4) Successful completion of the ODMHSAS Recovery Support Provider Training and Test; and (5) Must be trained/credentialed by ODMHSAS.

Revised 07-01-2012

TN# 12-02
Supersedes
TN# 10-32

Approval Date 5/24/2012Effective Date 7-1-12

**AMOUNT, DURATION AND SCOPE OF MEDICAL AND REMEDIAL CARE AND SERVICES PROVIDED
CATEGORICALLY NEEDY****13.d Rehabilitative Services (continued)****13.d.2 Program of Assertive Community Treatment (continued)****A. Service Components and Descriptions**

STATE	<u>Oklahoma</u>
DATE REC'D	<u>2-28-12</u>
DATE APPV'D	<u>5/24/2012</u>
DATE EFF	<u>7-1-12</u>
REFA 178	<u>12-02</u>

Initial Assessment – The Initial Assessment is the initial evaluation of the consumer based upon available information, including self-reports, reports of family members and other significant parties, and written summaries from other agencies, including police, courts, and outpatient and inpatient facilities, where applicable, culminating in a comprehensive initial assessment. Consumer assessment information for admitted consumers shall be completed on the day of admission to the PACT. Some of this information is collected by phone, with participation by designated team members, such as a bachelor's level or recovery support specialist. The person that completes the intake is the team leader or psychiatrist.

Comprehensive Assessment – Comprehensive Assessment is the organized process of gathering and analyzing current and past information with each consumer and the family and/or support system and other significant people to evaluate: 1) mental and functional status; 2) effectiveness of past treatment; 3) current treatment, rehabilitation and support needs to achieve individual goals and support recovery; and 4) the range of individual strengths (e.g., knowledge gained from dealing with adversity or personal/professional roles, talents, personal traits) that can act as resources to the consumer and his/her recovery planning team in pursuing goals. The comprehensive assessment is completed within 6 weeks of admission. This is a face to face service performed by a licensed behavioral health professional.

Treatment Planning and Review – Treatment Planning and Review is a process by which the information obtained in the comprehensive assessment is evaluated and used to develop a service plan that has individualized goals, objectives, activities and services that will enable a client to improve. The initial assessment serves as a guide until the comprehensive assessment is completed. It is to focus on recovery and must include a discharge plan. This service is conducted by the treatment team, which includes the client and all involved practitioners.

Clinical Supervision – Clinical Supervision is a systematic process to review each consumer's clinical status and to ensure that the individualized services and interventions that the team members provide (including the peer specialist) are planned with, purposeful for, effective, and satisfactory to the consumer. The team leader and the psychiatrist have the responsibility to provide clinical supervision which occurs during daily organizational staff meetings, treatment planning meetings, and in individual meetings with team members. Clinical supervision also includes review of written documentation (e.g., assessments, treatment plans, progress notes, and correspondence). This service is performed by the team leader or psychiatrist.

Individual Psychotherapy – Individual Psychotherapy is a face-to-face treatment for mental illnesses and behavioral disturbances, in which the clinician, through definitive therapeutic communication attempts to alleviate, reverse or change maladaptive behaviors or emotional disturbances. This service is performed by a licensed behavioral health professional or a Certified Alcohol and Drug Counselor (CADC), for substance abuse only. CADCs are permitted to provide individual psychotherapy for substance abuse only through June 30, 2013; effective July 1, 2013 all individual psychotherapy must be provided by LBHPs.

Family Psychotherapy – Family Psychotherapy is a face-to-face psychotherapeutic interaction between a licensed behavioral health professional or a CADC, for substance abuse only, and the client's family, guardian and/or support system. CADC's are permitted to provide family psychotherapy through June 30, 2013; effective July 1, 2013 all family psychotherapy must be provided by LBHP's It must be performed for the direct benefit of the Medicaid recipient.

Revised 07-01-12

TN# 12-02
Supersedes
TN# 10-32

Approval Date 5/24/2012 Effective Date 7-1-12

**AMOUNT, DURATION AND SCOPE OF MEDICAL AND REMEDIAL CARE AND SERVICES PROVIDED
CATEGORICALLY NEEDY****13.d Rehabilitative Services (continued)****13.d.2 Program of Assertive Community Treatment (continued)**

Group Psychotherapy – Group Psychotherapy is a method of treating behavioral disorders using the interaction between two or more individuals and the practitioner or therapist. It is provided by a licensed behavioral health professional or a Certified Alcohol and Drug Counselor (CADC), for substance abuse only. CADCs are permitted to provide group psychotherapy when treating alcohol and other drug disorders only through June 30, 2013; effective July 1, 2013 all group psychotherapy must be provided by LBHPs.

Psychiatric-Social Rehabilitation Services – Psychiatric-Social Rehabilitation Services are behavioral health remedial services that are necessary to improve the client's ability to function in the community. They are performed to improve the client's social skills and ability of the client to live independently in the community. They may be performed in a group or one to one. This service is performed by a LBHP or a Behavioral Health Rehabilitation Specialist (BHRS).

Crisis Intervention Services – Crisis Intervention Services are performed to respond to acute behavioral or emotional dysfunction as evidenced by severe psychiatric distress. It is performed by a licensed behavioral health professional.

Medication Training and Support – Medication Training and Support includes the following: A review and educational session performed focusing on a client's response to medication and compliance with the medication regimen, and/or medication administration. These are performed by a registered nurse, or a physician assistant as a direct service under the supervision of a physician. Support services also include medication delivery by a bachelor's level or recovery support specialist.

Peer Support Services – Peer Support Services include but are not limited to: Teaching and mentoring the value of every individual's recovery experience; assisting consumers in determining objectives and how to articulate to reach recovery goals; assist in creating a crisis plan; facilitate peer support groups; and utilize and teach problem solving techniques with patients. This team member works from the perspective of their experiential expertise and specialized credential training. This service is performed by the Recovery Support Specialist.

STATE	<u>Oklahoma</u>
DATE REC'D	<u>2-28-12</u>
DATE APPV'D	<u>5/24/2012</u>
DATE EFF	<u>7-1-12</u>
NCEA 179	<u>12-02</u>

A

Revised 07-01-12

TN# 12-02
Supersedes
TN# 10-32

Approval Date 5/24/2012Effective Date 7-1-12