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State/Territory Name: **New Jersey** / Region II

State Plan Amendment (SPA) #: **NJ-16-0009**

- 1) Approval Letter
- 2) HCFA 179 w/ pen & ink authorizations
- 3) Approved SPA pages

DEPARTMENT OF HEALTH & HUMAN SERVICES
Centers for Medicare & Medicaid Services
Division of Medicaid Field Operations East
26 Federal Plaza, Room 37-100
New York, NY 10278



DIVISION OF MEDICAID & CHILDREN'S HEALTH OPERATIONS
DMCHO: ZYM: SPA-NJ-16-0009-Approval Letter

February 25, 2019

Meghan Davey
Director of Medical Assistance and Health Services
Department of Human Services
CN 12 Quakerbridge Plaza
Trenton, New Jersey 08625-0712

RE: Title XIX State Plan Amendment (SPA), Transmittal # NJ 16-0009

Dear Ms. Davey:

We have reviewed the proposed New Jersey State Plan Amendment 16-0009, which was submitted to the New York Regional Office on September 26, 2016. The SPA allows NJ to implement certain Substance Use Disorder (SUD) benefits already in NJ's Alternative Benefit Plan to the Title 19 state plan. This plan further updates mental health rates and change the manner to which Medication Assisted Treatment (MAT) is reimbursed through Medicaid to allow billing of a weekly bundled rate.

Based on the information provided, the Medicaid State Plan Amendment 16-0009 was approved on February 25, 2019. The effective date of this amendment is July 1, 2016. We are enclosing the approved CMS-179 inclusive of pen and ink authorizations and the plan pages.

If you have any additional questions or need further assistance, please contact Tara Porcher for program concerns at (212) 616-2418 or Tara.Porcher@cms.hhs.gov and Yvette Moore for financial concerns at (646) 694-0915 or Yvette.Moore@cms.hhs.gov.

Sincerely,

A black rectangular redaction box covering the signature of Ricardo E. Holligan.

Ricardo E. Holligan
Acting Deputy Director
Division of Medicaid Field Operations East

**TRANSMITTAL AND NOTICE OF APPROVAL OF
STATE PLAN MATERIAL**

1. TRANSMITTAL NUMBER:
16-0009 MA

2. STATE
New Jersey

FOR: CENTERS FOR MEDICARE & MEDICAID SERVICES

3. PROGRAM IDENTIFICATION: TITLE XIX OF THE
SOCIAL SECURITY ACT (MEDICAID)

TO: REGIONAL ADMINISTRATOR
CENTERS FOR MEDICARE & MEDICAID SERVICES
DEPARTMENT OF HEALTH AND HUMAN SERVICES

4. PROPOSED EFFECTIVE DATE
July 1, 2016

5. TYPE OF PLAN MATERIAL (Check One):

- NEW STATE PLAN
- AMENDMENT TO BE CONSIDERED AS NEW PLAN
- AMENDMENT

COMPLETE BLOCKS 6 THRU 10 IF THIS IS AN AMENDMENT (Separate Transmittal for each amendment)

6. FEDERAL STATUTE/REGULATION CITATION:
42 U.S. C. 1396a(a)(30)(A); 42 USC 1396d(a)(13)

7. FEDERAL BUDGET IMPACT:
a. FFY 2017 \$24.9M
b. FFY 2018 \$99.6M

8. PAGE NUMBER OF THE PLAN SECTION OR
ATTACHMENT:

Addendum to Attachment 3.1 A page 13(d)9 I-v
Attachment 4.19 B page 36
Addendum to Attachment 3.1B Page 9
Addendum to Attachment 3.1A Page 9
Attachment 4.19-B Pages 24.2, 24.6, 24.7, 25.1

9. PAGE NUMBER OF THE SUPERSEDED PLAN
SECTION OR ATTACHMENT (If Applicable):
Attachment 4.19-B Page 36

NEW
Same
Same
Same
Same (pages 25.2 and 25.3 deleted)

10. SUBJECT OF AMENDMENT:

July 1, 2016 Mental Health Rates and adding Substance Use Disorder Services

11. GOVERNOR'S REVIEW (Check One):

- GOVERNOR'S OFFICE REPORTED NO COMMENT
- COMMENTS OF GOVERNOR'S OFFICE ENCLOSED
- NO REPLY RECEIVED WITHIN 45 DAYS OF SUBMITTAL

OTHER, AS SPECIFIED:
Not required, pursuant to 7.4 of the Plan

12. SIGNATURE OF STATE AGENCY OFFICIAL:

13. TYPED NAME: Elizabeth Connolly

14. TITLE: Acting Commissioner
Department of Human Services

15. DATE SUBMITTED: 9/26/16

16. RETURN TO:

Meghan Davey, Director
Division of Medical Assistance and Health Services
P.O. Box 712, Mail Code #26
Trenton, NJ 08625-0712

FOR REGIONAL OFFICE USE ONLY

17. DATE RECEIVED:

18. DATE APPROVED:
FEBRUARY 25, 2019

PLAN APPROVED - ONE COPY ATTACHED

19. EFFECTIVE DATE OF APPROVED MATERIAL:
JULY 01, 2016

20. SIGNATURE OF REGIONAL OFFICIAL:

21. TYPED NAME:
RICARDO HOLLIGAN

22. TITLE: ACTING DEPUTY DIRECTOR
DIVISION OF MEDICAID FIELD OPERATIONS EAST

23. REMARKS:

PEN/INK AUTHORIZATIONS:

BLOCK 7a. FFY 2016 \$2.52M and BLOCK 7b. FFY 2017 \$12.27M

BLOCK 8:

BLOCK 9:

Remove 4.19B, Page 36 - Add 4.19B, Page 36a

SAME

BLOCK 8 cont.

ADD: 3.1A.pages 13(d).9w, 13(d).9x, 13(d).9y, 13(d).9z, 13(d).9aa, 13(d).9bb, 13(d).9cc,
13(d).9dd, 13(d).9ee, 13(d).9ff, 13(d).9gg, 13(d).9hh, 13(d).9ii, 13(d).9jj, 13(d).9kk, 13(d).9ll,
13(d).9mm, 13(d).9nn, 13(d).9oo and 13(d).9pp - BLOCK 9 - NEW Pages

**STATE PLAN UNDER TITLE XIX OF THE SOCIAL SECURITY ACT
Limitation on Amount, Duration and Scope of Services
Provided to the Categorically Needy**

9. Clinic Services:

Services requiring prior authorization, second opinion, or certification of medical necessity, when performed in other approved settings, similarly require prior authorization when performed in an independent clinic. This limitation pertains to dental services, physician services, podiatrist services, rehabilitation services, ambulatory surgical center services, and optical appliances.

Only one mental health service can be provided per patient per day with the exception of Individual, group or family psychotherapy services which may be provided on the same date of service but are limited to 1 unit each of individual psychotherapy, group therapy, family therapy or family conference. A maximum of three individual or group therapies may be provided a day but are limited to 5 units per week. An assessment may be completed on the same date of service as individual, group or family psychotherapy but shall count toward the total of 3 units per day and 5 units per week. These services shall not be provided on the same date of service as another mental health service. Medication management is not considered a mental health service and can be provided on the same date of service as any mental health service. Prior authorization is required for partial care to ensure beneficiaries meet program requirements and to ensure treatment plans meet the beneficiary's needs. Partial care is an individualized, outcome oriented psychiatric service, provided under the direction of a psychiatrist, which provides a comprehensive, structured, non-residential, interdisciplinary treatment and psychiatric rehabilitation program consisting of group therapy, individual therapy and psychopharmacological management to assist beneficiaries with a serious mental illness to increase or maximize their independence and community living skills. The limitations on partial care may be exceeded if medically necessary, however, those beneficiaries requiring additional services should be referred to an alternate level of care that can meet those needs. Behavioral health psychotherapy services do not need prior authorization.

Physical therapy, occupational therapy, and therapy for speech/language pathology do not require prior authorization. Only one treatment session of physical therapy, occupational therapy or speech/language therapy can be provided per recipient per day.

Immunizations are limited according to Division guidelines as follows:

- (1) Routine childhood immunizations provided in accordance with Division guidelines;
- (2) * Post-exposure prophylaxis; or
- (3) * Selected high-risk groups.

*Regardless of age

Medical services, medical procedures or prescription drugs whose use is to promote or enhance fertility are not a covered service.

Family Planning Services rendered in clinics are available as described in Addendum to Attachment 3.1-A page 4(c) and 4(d). Family Planning Clinics and FQHCs may also provide expanded adolescent family planning services, to individuals under age 21, including provision of: risk behavior assessment; contraception education and counseling; health education and counseling; and care management activities. Services provided in or by an independent clinic are provided in accordance with 42 CFR 440.90.

16-0009-MA (NJ)

TN: 16-0009

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13(d).9 Rehabilitation Services (cont'd)

Community Mental Health Rehabilitation Services –

**Substance Abuse Disorder non-Hospital based Detox
Substance Abuse Disorder Outpatient (Non-Hospital)
Substance Abuse Disorder Partial Care
Substance Abuse Disorder Intensive Outpatient (Non-Hospital)
Substance Abuse Disorder Short-Term Residential
Medication Assisted Treatment**

Substance Abuse Disorder Non-Hospital based detox -Rehabilitative Services

Service Descriptions:

Non-hospital-based detoxification is offered in either a residential rehabilitative substance use disorder treatment facility or by an ambulatory outpatient withdrawal management service provider licensed by DOH and approved by the Division of Medical Assistance and Health Services (DMAHS) to provide outpatient withdrawal management (WM).

Non-hospital-based detoxification services, including evaluation, monitoring and withdrawal management, are prescribed by a physician and conducted under medical supervision in a residential rehabilitative substance use disorder treatment facility. Services are designed primarily to provide short-term care to treat a client's physical symptoms caused by addiction(s) according to medical protocols appropriate to each type of addiction. All other licensing requirements for medical services must be followed. This service meets ASAM, Level 3.7 WMD treatment modality.

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Ambulatory outpatient withdrawal management (WM) is a treatment service that provides monitoring and withdrawal management of individuals undergoing withdrawal from drugs, including alcohol. Ambulatory outpatient WM is provided by an independent clinic who offers a substance abuse treatment program licensed by DOH and approved by DMAHS to provide outpatient WM, including opioid treatment programs providing short term (less than 30 days) opiate withdrawal management using methadone and/or other approved medications. This service meets ASAM, Level 2 WM treatment modality.

Service Limitations:

- Prior authorization is required to ensure the beneficiary's needs are appropriate for ASAM Level 3.7 WM (per diem) for residential detox or ASAM Level 2.0 WM for ambulatory outpatient WM. ASAM is a nationally recognized set of guidelines developed by the American Society of Addiction Medicine, used to determine clinically appropriate placement, determine the need for continued stay and to develop an appropriate discharge plan for individuals with addiction and co-occurring conditions.
- Service admission is recommended by a physician or other licensed practitioner of the healing arts within their scope of practice under State law.

Provider Specifications:

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- Licensed Substance Abuse facility (an independent clinic licensed by DOH and approved by DMAHS, to provide substance use disorder treatment by, or under the direction of, a physician affiliated with the clinic who shall assure that the services provided are medically appropriate. Services may be provided under their supervision by licensed clinicians, practicing within the scope of their practice as determined by their State licensing board).
- Licensed residential rehabilitative substance use disorder treatment facilities are not restricted to 16 beds. Those facilities with more than 16 beds, which are primarily engaged in rehabilitative substance use disorder treatment, are not eligible for reimbursement under the state plan.
- Providers of service:
 - Medical Director/Physicians- shall ensure the provision or documentation of a complete medical examination; ordering, interpreting and documenting medical screening tests, as appropriate; document all orders for medical services to be provided to the client, including frequency and type of treatment, therapies to be administered or coordinated, medications prescribed; and shall ensure that all medical interventions are documented in the client's clinical record. Physicians must be licensed to practice in New Jersey and must be ASAM certified, with 5 years of experience in a substance abuse treatment facility or program.

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Medication Assisted Treatment**

- Director of Substance Abuse- An individual who is responsible for the direction, provision and quality of substance abuse counseling services and must be a:
 - licensed psychologist who possesses a Certification of Proficiency in the Treatment of Alcohol and other Psychoactive Substance Use Disorders from the American Psychological Association, College of Professional Psychology, www.apa.org/college, and is a certified clinical supervisor by The Certification Board, <http://www.certbd.com/pdfs/initial-applications/ccs.pdf>, or is an LCADC; or
 - New Jersey licensed clinical social worker (LCSW), who has a master's degree and is a certified clinical supervisor by The Certification Board or who is an LCADC; or
 - New Jersey licensed professional counselor (LPC), or licensed marriage and family therapist (LMFT), who is a certified clinical supervisor by The Certification Board, or an LCADC; or
 - New Jersey licensed clinical alcohol and drug counselor (LCADC) who, in addition, holds a Master's degree recognized by the New Jersey Board of Marriage and Family Therapy Examiners, Alcohol

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and Drug Counselor Committee, Division of Consumer Affairs, New Jersey Department of Law and Public Safety; or

- New Jersey licensed physician, certified by the American Society of Addiction Medicine, or a Board-certified psychiatrist; or
- New Jersey licensed advanced practice nurse who possess a master's degree and is a certified clinical supervisor by the Certification Board.
- Substance abuse counseling staff- consists of LCADC or CADC, or other licensed health professionals doing work of an alcohol or drug counseling nature within their scope of practice. Counseling staff will also consist of counselor-interns who are actively working toward LCADC or CADC status, or toward another health professional license that includes work of an alcohol or drug counseling nature within its scope of practice.
- Director of Nursing- shall be a registered nurse (RN) who shall be onsite during program hours and when medications are administered. The Director of Nursing shall have 6 months, full time experience in nursing supervision or nursing administration in a licensed substance abuse treatment facility or program. For opioid treatment programs or residential facilities, they shall possess 1 year supervisory or nursing administration or have three years of experience in a substance abuse treatment program or facility.

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- RN- shall be licensed in NJ as a registered nurse (RN) and shall assess clients for nursing services and document all nursing services provided. The licensed nursing staff is responsible for completing the nursing portion of the care plan, recording and administering medications, and documenting any adverse reactions and the intervention if referred.

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Substance Use disorder outpatient - Rehabilitative

Service Descriptions: Outpatient Treatment Services is a set of treatment activities including medication management, individual counseling, family counseling or group therapy designed to help the client achieve positive changes in his or her alcohol or other drug using behaviors. These services are remedial services recommended by a physician or other licensed practitioner of the healing arts, within the scope of their practice under New Jersey State law, which will assist the beneficiary to achieve a maximum reduction of physical and/or mental health disability and restore the beneficiary to their best possible functional level. Services are provided in regularly scheduled sessions of fewer than nine contact hours a week in a licensed substance abuse treatment facility. This service meets ASAM, level 1 treatment modality.

Service Limitations:

Multiple psychotherapy services may be provided on the same date of service but no more than one of the same service type (individual, group, or family). This aligns the service of substance use disorder outpatient treatment with beneficiary need as described within the American Society of Addiction Medicine service definition. Client eligibility criteria and scope and duration of services differ between outpatient and intensive

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13(d).9 Rehabilitation Services (cont'd)

Community Mental Health Rehabilitation Services –

- Substance Abuse Disorder non-Hospital based Detox**
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outpatient care. According to ASAM, outpatient includes services up to 9 hours per week. Intensive Outpatient, designed to serve individuals with increased symptoms and functional impairments, is comprised of 9 to 12 hours of service and includes multiple groups in one day. Limiting beneficiaries to receiving one service modality per day meets ASAM Level 1.0 without approximating an IOP level of care. ASAM guidelines assure that individuals who are assessed for outpatient level of care receive that service that is tailored to their need. If the beneficiary's needs cannot be met in ASAM Level 1.0, they may be transferred to IOP where services more closely fit the needs presented at that time.

Provider Specifications:

- Psychiatrists, Psychologists, and Advanced Practice Nurses (APN) providing services in a private practice.
- NJ DOH licensed substance Abuse facility- An independent clinic approved by DMAHS, to provide substance use disorder treatment by, or under the direction of, a physician affiliated with the clinic who shall assure that the services provided are medically appropriate. Services may be provided under the physician's supervision by licensed clinicians, practicing within the scope of their practice as determined by their State licensing board.

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- **Providers of service:**
 - **Medical Director/Physicians-** shall ensure the provision or documentation of a complete medical examination; ordering, interpreting and documenting medical screening tests, as appropriate; document all orders for medical services to be provided to the client, including frequency and type of treatment, therapies to be administered or coordinated, medications prescribed; and shall ensure that all medical interventions are documented in the client's clinical record. Physicians must be licensed to practice in New Jersey and must be ASAM certified, with 5 years of experience in a substance abuse treatment facility or program.
 - **Director of Substance Abuse-** An individual who is responsible for the direction, provision and quality of substance abuse counseling services and must be a:
 - licensed psychologist who possesses a Certification of Proficiency in the Treatment of Alcohol and other Psychoactive Substance Use Disorders from the American Psychological Association, College of Professional Psychology, www.apa.org/college, and is a certified clinical supervisor by The Certification Board,

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<http://www.certbd.com/pdfs/initial-applications/ccs.pdf>, or is an LCADC; or

- New Jersey licensed clinical social worker (LCSW), who has a master's degree and is a certified clinical supervisor by The Certification Board or who is an LCADC;
- New Jersey licensed professional counselor (LPC), or licensed marriage and family therapist (LMFT), who is a certified clinical supervisor by The Certification Board, or an LCADC; or
- New Jersey licensed clinical alcohol and drug counselor (LCADC) who, in addition, holds a Master's degree recognized by the New Jersey Board of Marriage and Family Therapy Examiners, Alcohol and Drug Counselor Committee, Division of Consumer Affairs, New Jersey Department of Law and Public Safety; or
- New Jersey licensed physician, certified by the American Society of Addiction Medicine, or a Board-certified psychiatrist; or
- New Jersey licensed advanced practice nurse who possesses a master's degree and is a certified clinical supervisor by the Certification Board.

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- Substance abuse counseling staff- consists of LCADC or CADC, or other licensed health professionals doing work of an alcohol or drug counseling nature within their scope of practice. Counseling staff will also consist of counselor-interns who are actively working toward LCADC or CADC status, or toward another health professional license that includes work of an alcohol or drug counseling nature within its scope of practice.
- RN- shall be licensed in NJ as a registered nurse (RN) and shall assess clients for nursing services and document all nursing services provided. The licensed nursing staff is responsible for completing the nursing portion of the care plan, recording and administering medications, and documenting any adverse reactions and the intervention if referred.

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Substance Use Disorder - Partial Care

Service Descriptions:

Partial Care-Day or Evening - A licensed rehabilitative program that provides a broad range of clinically intensive treatment services in a structured environment for a minimum of twenty (20) hours a week, during the day or evening hours. Services are delivered for no less than 4 hours per day and include individual, group, family therapy. This service meets ASAM, Level 2.5 treatment modality.

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Service Limitations:

- Service admission is recommended by a physician or other licensed practitioner of the healing arts within their scope of practice under State law.
- If an individual needs more than 20 hours per week, services can be increased if medically necessary or an individual is reassessed for appropriate level of care.
- Prior authorization verifying that ASAM Level 2.5 is appropriate.

Provider Specifications:

- NJ DOH Licensed Substance Abuse Facility- An independent clinic approved by the Division of Mental Health and Addiction Services, to provide substance use disorder treatment by, or under the direction of, a physician affiliated with the clinic who shall assure that the services provided are medically appropriate. Services may be provided under the physician's supervision by licensed clinicians, practicing within the scope of their practice as determined by their State licensing board.

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- **Providers of service:**
 - **Medical Director/Physicians-** shall ensure the provision or documentation of a complete medical examination; ordering, interpreting and documenting medical screening tests, as appropriate; document all orders for medical services to be provided to the client, including frequency and type of treatment, therapies to be administered or coordinated, medications prescribed; and shall ensure that all medical interventions are documented in the client's clinical record. Physicians must be licensed to practice in New Jersey and must be ASAM certified, with 5 years of experience in a substance abuse treatment facility or program.
 - **Director of Substance Abuse-** An individual who is responsible for the direction, provision and quality of substance abuse counseling services and must be a:
 - licensed psychologist who possesses a Certification of Proficiency in the Treatment of Alcohol and other Psychoactive Substance Use Disorders from the American Psychological Association, College of Professional Psychology, www.apa.org/college, and is a certified clinical supervisor by The Certification Board, <http://www.certbd.com/pdfs/initial-applications/ccs.pdf>, or is an LCADC; or

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- New Jersey licensed clinical social worker (LCSW), who has a master's degree and is a certified clinical supervisor by The Certification Board or who is an LCADC; or
 - New Jersey licensed professional counselor (LPC), or licensed marriage and family therapist (LMFT), who is a certified clinical supervisor by The Certification Board, or an LCADC; or
 - New Jersey licensed clinical alcohol and drug counselor (LCADC) who, in addition, holds a Master's degree recognized by the New Jersey Board of Marriage and Family Therapy Examiners, Alcohol and Drug Counselor Committee, Division of Consumer Affairs, New Jersey Department of Law and Public Safety; or
 - New Jersey licensed physician, certified by the American Society of Addiction Medicine, or a Board-certified psychiatrist; or
 - New Jersey licensed advanced practice nurse who possess a master's degree and is a certified clinical supervisor by the Certification Board.
- Substance abuse counseling staff- consists of LCADC or CADC, or other licensed health professionals doing work of an alcohol or drug counseling nature within their scope of practice. Counseling staff will also consist of counselor-interns who are actively working toward LCADC or CADC status,

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Substance Abuse Disorder Intensive Outpatient (Non-Hospital)
Substance Abuse Disorder Short-Term Residential
Medication Assisted Treatment**

or toward another health professional license that includes work of an alcohol or drug counseling nature within its scope of practice.

- RN- shall be licensed in NJ as a registered nurse (RN) and shall assess clients for nursing services and document all nursing services provided. The licensed nursing staff is responsible for completing the nursing portion of the care plan, recording and administering medications, and documenting any adverse reactions and the intervention if referred.

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Limitations on Amount, Duration and Scope of Services
Provided to the Categorically Needy**

13(d).9 Rehabilitation Services (cont'd)

Community Mental Health Rehabilitation Services –

**Substance Abuse Disorder non-Hospital based Detox
Substance Abuse Disorder Outpatient (Non-Hospital)
Substance Abuse Disorder Partial Care
Substance Abuse Disorder Intensive Outpatient (Non-Hospital)
Substance Abuse Disorder Short-Term Residential
Medication Assisted Treatment**

Substance Use Disorder Intensive Outpatient

Service Descriptions: A rehabilitative service designed to help clients change his or her alcohol or other drug using and related behaviors. This service consists of approximately nine to 12 hours of services each week and provides counseling about substance related problems. Services delivered are at a minimum of three hours per day for a minimum of three days per week and consist of individual counseling, group substance abuse counseling, group counseling and family counseling. This service meets ASAM, Level 2.1 treatment modality.

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13(d).9 Rehabilitation Services (cont'd)

Community Mental Health Rehabilitation Services –

**Substance Abuse Disorder non-Hospital based Detox
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Substance Abuse Disorder Partial Care
Substance Abuse Disorder Intensive Outpatient (Non-Hospital)
Substance Abuse Disorder Short-Term Residential
Medication Assisted Treatment**

Service Limitations:

- Service admission is recommended by a physician or other licensed practitioner of the healing arts within their scope of practice under State law.
- Services delivered are at a minimum of three hours per day for a minimum of three days per week.
- If an individual needs more than 12 hours per week, services can be increased if it is medically necessary or an individual is reassessed for appropriate level of care.
- Prior authorization is required to ensure the beneficiary's needs are appropriately met by Intensive Outpatient services.

Provider Specifications:

- NJ DOH Licensed Substance Abuse Facility- An independent clinic approved by DMAHS, to provide substance use disorder treatment by, or under the direction of, a physician affiliated with the clinic who shall assure that the services provided are medically appropriate. Services may be provided under the physician's supervision by licensed clinicians, practicing within the scope of their practice as determined by their State licensing board.

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13(d).9 Rehabilitation Services (cont'd)

Community Mental Health Rehabilitation Services –

**Substance Abuse Disorder non-Hospital based Detox
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Substance Abuse Disorder Partial Care
Substance Abuse Disorder Intensive Outpatient (Non-Hospital)
Substance Abuse Disorder Short-Term Residential
Medication Assisted Treatment**

- **Providers of service:**
 - **Medical Director/Physicians-** shall ensure the provision or documentation of a complete medical examination; ordering, interpreting and documenting medical screening tests, as appropriate; document all orders for medical services to be provided to the client, including frequency and type of treatment, therapies to be administered or coordinated, medications prescribed; and shall ensure that all medical interventions are documented in the client's clinical record. Physicians must be licensed to practice in New Jersey and must be ASAM certified, with 5 years of experience in a substance abuse treatment facility or program.
 - **Director of Substance Abuse-** An individual who is responsible for the direction, provision and quality of substance abuse counseling services and must be a:
 - licensed psychologist who possesses a Certification of Proficiency in the Treatment of Alcohol and other Psychoactive Substance Use Disorders from the American Psychological Association, College of Professional Psychology, www.apa.org/college, and is a certified clinical supervisor by The Certification Board, <http://www.certbd.com/pdfs/initial-applications/ccs.pdf>, or is an LCADC; or

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13(d).9 Rehabilitation Services (cont'd)

Community Mental Health Rehabilitation Services –

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Substance Abuse Disorder Short-Term Residential
Medication Assisted Treatment**

- New Jersey licensed clinical social worker (LCSW), who has a master's degree and is a certified clinical supervisor by The Certification Board or who is an LCADC; or
- New Jersey licensed professional counselor (LPC), or licensed marriage and family therapist (LMFT), who is a certified clinical supervisor by The Certification Board, or an LCADC; or
- New Jersey licensed clinical alcohol and drug counselor (LCADC) who, in addition, holds a Master's degree recognized by the New Jersey Board of Marriage and Family Therapy Examiners, Alcohol and Drug Counselor Committee, Division of Consumer Affairs, New Jersey Department of Law and Public Safety; or
- New Jersey licensed physician, certified by the American Society of Addiction Medicine, or a Board-certified psychiatrist; or
- New Jersey licensed advanced practice nurse who possess a master's degree and is a certified clinical supervisor by the Certification Board. Substance abuse counseling staff- consists of LCADC or CADC, or other licensed health professionals doing work of an alcohol or drug counseling nature within their scope of practice. Counseling staff will also consist of counselor-interns who are actively working toward LCADC or CADC status, or toward another

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13(d).9 Rehabilitation Services (cont'd)

Community Mental Health Rehabilitation Services –

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Substance Abuse Disorder Intensive Outpatient (Non-Hospital)
Substance Abuse Disorder Short-Term Residential
Medication Assisted Treatment**

health professional license that includes work of an alcohol or drug counseling nature within its scope of practice.

- RN- shall be licensed in NJ as a registered nurse (RN) and shall assess clients for nursing services and document all nursing services provided. The licensed nursing staff is responsible for completing the nursing portion of the care plan, recording and administering medications, and documenting any adverse reactions and the intervention if referred.

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13(d).9 Rehabilitation Services (cont'd)

Community Mental Health Rehabilitation Services –

**Substance Abuse Disorder non-Hospital based Detox
Substance Abuse Disorder Outpatient (Non-Hospital)
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Substance Abuse Disorder Short-Term Residential
Medication Assisted Treatment**

Substance Use Disorder - short term residential

Service Descriptions:

Short-term residential substance use disorder treatment facilities are designed to address specific addiction and living skills problems through a prescribed 24 hour per day activity regiment on a short term basis. Services are a combination of medical and remedial services which include medical and nursing services (including assessment, diagnostic and treatment), counseling, (including individual, group, and family counseling), psycho-educational services, care management and other supportive services. Services shall be recommended by a physician or other licensed practitioner of the healing arts, within the scope of their practice under New Jersey state law, for the maximum reduction of physical and mental disability and the restoration of the beneficiary to their best possible level of function. This service meets ASAM, Level 3.7 treatment modality.

Service Limitations:

- Service admission is recommended by a physician or other licensed practitioner of the healing arts within their scope of practice under State law.
- Prior Authorization is required to ensure the beneficiary is receiving an appropriate level of care per ASAM guidelines.

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13(d).9 Rehabilitation Services (cont'd)

Community Mental Health Rehabilitation Services –

- Substance Abuse Disorder non-Hospital based Detox**
- Substance Abuse Disorder Outpatient (Non-Hospital)**
- Substance Abuse Disorder Partial Care**
- Substance Abuse Disorder Intensive Outpatient (Non-Hospital)**
- Substance Abuse Disorder Short-Term Residential**
- Medication Assisted Treatment**

Provider Specifications:

- NJ DOH Licensed Substance Abuse facility- An independent clinic approved by DMAHS, to provide substance use disorder treatment by, or under the direction of, a physician affiliated with the clinic who shall assure that the services provided are medically appropriate. Services may be provided under the physician's supervision by licensed clinicians, practicing within the scope of their practice as determined by their State licensing board.
- Licensed residential rehabilitative substance use disorder treatment facilities are not restricted to 16 beds. Those facilities with more than 16 beds, which are primarily engaged in rehabilitative substance use disorder treatment, are not eligible for reimbursement under the state plan.
- Providers of service:
 - Medical Director/Physicians- shall ensure the provision or documentation of a complete medical examination; ordering, interpreting and documenting medical screening tests, as appropriate; document all orders for medical services to be provided to the client, including frequency and type of treatment, therapies to be administered or coordinated, medications prescribed; and shall ensure that all medical interventions are documented

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13(d).9 Rehabilitation Services (cont'd)

Community Mental Health Rehabilitation Services –

- Substance Abuse Disorder non-Hospital based Detox**
- Substance Abuse Disorder Outpatient (Non-Hospital)**
- Substance Abuse Disorder Partial Care**
- Substance Abuse Disorder Intensive Outpatient (Non-Hospital)**
- Substance Abuse Disorder Short-Term Residential**
- Medication Assisted Treatment**

in the client's clinical record. Physicians must be licensed to practice in New Jersey and must be ASAM certified, with 5 years of experience in a substance abuse treatment facility or program.

- Director of Substance Abuse- An individual who is responsible for the direction, provision and quality of substance abuse counseling services and must be a:
 - licensed psychologist who possesses a Certification of Proficiency in the Treatment of Alcohol and other Psychoactive Substance Use Disorders from the American Psychological Association, College of Professional Psychology, www.apa.org/college, and is a certified clinical supervisor by The Certification Board, <http://www.certbd.com/pdfs/initial-applications/ccs.pdf>, or is an LCADC; or
 - New Jersey licensed clinical social worker (LCSW), who has a master's degree and is a certified clinical supervisor by The Certification Board or who is an LCADC; or
 - New Jersey licensed professional counselor (LPC), or licensed marriage and family therapist (LMFT), who is a certified clinical supervisor by The Certification Board, or an LCADC; or

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Substance Abuse Disorder Short-Term Residential
Medication Assisted Treatment**

- New Jersey licensed clinical alcohol and drug counselor (LCADC) who, in addition, holds a Master's degree recognized by the New Jersey Board of Marriage and Family Therapy Examiners, Alcohol and Drug Counselor Committee, Division of Consumer Affairs, New Jersey Department of Law and Public Safety; or New Jersey licensed physician, certified by the American Society of Addiction Medicine, or a Board-certified psychiatrist; or
 - New Jersey licensed advanced practice nurse who possess a master's degree and is a certified clinical supervisor by the Certification Board.
- Substance abuse counseling staff- consists of LCADC or CADC, or other licensed health professionals doing work of an alcohol or drug counseling nature within their scope of practice. Counseling staff will also consist of counselor-interns who are actively working toward LCADC or CADC status, or toward another health professional license that includes work of an alcohol or drug counseling nature within its scope of practice.
 - Director of Nursing- shall be a registered nurse (RN) who shall be onsite during program hours and when medications are administered. The Director of Nursing shall have 6 months, full time experience in nursing supervision or nursing administration in a licensed substance abuse

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13(d).9 Rehabilitation Services (cont'd)

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Medication Assisted Treatment**

treatment facility or program. For opioid treatment programs or residential facilities, they shall possess 1 year supervisory or nursing administration or have three years of experience in a substance abuse treatment program or facility.

- RN- shall be licensed in NJ as a registered nurse (RN) and shall assess clients for nursing services and document all nursing services provided. The licensed nursing staff is responsible for completing the nursing portion of the care plan, recording and administering medications, and documenting any adverse reactions and the intervention if referred.

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Substance Abuse Disorder Short-Term Residential
Medication Assisted Treatment**

Medication Assisted Treatment

Service Descriptions: Medication-assisted treatment (MAT) is medical treatment for addiction that includes the use of medication along with counseling and support services. Medication Assisted Treatment is licensed by the Department of Health (DOH) when it includes the administering of an opioid agonist or partial agonist medication including but not limited to methadone, buprenorphine or buprenorphine-naloxone medication, along with a comprehensive range of medical and rehabilitative services to alleviate the adverse medical, psychological, or physical effects attributed to the use of opiates. Services are intended to remediate the symptoms of withdrawal to a level that the beneficiary no longer is compelled to use an opiate substance and to restore that beneficiary to their highest level of functioning.

Individual or group counseling sessions are a remedial service intended to assist a beneficiary to deal with their psychological dependence on an opiate substance and to deal with associated depression and/or other mental health outcomes associated with withdrawal.

Care management services are remedial services intended to assist the client to navigate their recovery and to assist the beneficiary to deal with needs that may be outside of the MAT process but within their environment that may affect their recovery process.

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13(d).9 Rehabilitation Services (cont'd)

Community Mental Health Rehabilitation Services –

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Substance Abuse Disorder Short-Term Residential
Medication Assisted Treatment**

Service Limitations:

When billing the weekly bundled rate, the provider cannot bill separately for medication administering, drug cost, individual or group therapy, care management sessions or medication monitoring. A weekly bundled rate applies to Methadone and non-Methadone opioid treatment services including but not limited to buprenorphine/buprenorphine-naloxone. The bundled weekly rate includes coverage for medication administering, drug costs, individual or group counseling session(s), care management session(s), and medication monitoring related to MAT.

Medication administering, counseling, medication monitoring and the associated cost of the medication (including but not limited to methadone, buprenorphine/buprenorphine naloxone, or other opiate agonist) is a medical service ordered by and provided by a physician or other licensed practitioner of the healing arts, within the scope of their practice under state law, for the maximum reduction of physical discomfort in the absence of an opiate to which they are addicted.

Provider Specifications:

- NJ DOH Licensed Independent Clinic, Substance Abuse facility are independent clinics, approved by the Division of Medical Assistance and Health Services (DMAHS), to provide substance use disorder treatment by, or under the direction of, a physician affiliated with the clinic who shall assure that the services provided are medically appropriate. Services may be provided under their supervision by

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13(d).9 Rehabilitation Services (cont'd)

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Medication Assisted Treatment**

licensed clinicians, practicing within the scope of their practice as determined by their State licensing board.

- Providers of service:
 - Medical Director/Physicians- shall ensure the provision or documentation of a complete medical examination; ordering, interpreting and documenting medical screening tests, as appropriate; document all orders for medical services to be provided to the client, including frequency and type of treatment, therapies to be administered or coordinated, medications prescribed; and shall ensure that all medical interventions are documented in the client's clinical record. Physicians must be licensed to practice in New Jersey and must be ASAM certified with 5 years of experience in a substance abuse treatment facility.
 - Director of Substance Abuse- An individual who is responsible for the direction, provision and quality of substance abuse counseling services and must be a:
 - licensed psychologist who possesses a Certification of Proficiency in the Treatment of Alcohol and other Psychoactive Substance Use Disorders from the American Psychological Association, College of Professional Psychology, www.apa.org/college, and is a certified clinical supervisor by The Certification Board, <http://www.certbd.com/pdfs/initial-applications/ccs.pdf>, or is an LCADC; or

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13(d).9 Rehabilitation Services (cont'd)

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- New Jersey licensed clinical social worker (LCSW), who has a master's degree and is a certified clinical supervisor by The Certification Board or who is an LCADC; or
 - New Jersey licensed professional counselor (LPC), or licensed marriage and family therapist (LMFT), who is a certified clinical supervisor by The Certification Board, or an LCADC; or
 - New Jersey licensed clinical alcohol and drug counselor (LCADC) who, in addition, holds a Master's degree recognized by the New Jersey Board of Marriage and Family Therapy Examiners, Alcohol and Drug Counselor Committee, Division of Consumer Affairs, New Jersey Department of Law and Public Safety; or
 - New Jersey licensed physician, certified by the American Society of Addiction Medicine, or a Board-certified psychiatrist; or
 - New Jersey licensed advanced practice nurse who possess a master's degree and is a certified clinical supervisor by the Certification Board.
- Substance abuse counseling staff- consists of LCADC or CADC, or other licensed health professionals doing work of an alcohol or drug counseling nature within their scope of practice. Counseling staff will also consist of counselor-interns who are actively working toward LCADC or CADC status,

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13(d).9 Rehabilitation Services (cont'd)

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or toward another health professional license that includes work of an alcohol or drug counseling nature within its scope of practice.

- Director of Nursing- shall be a registered nurse (RN) who shall be onsite during program hours and when medications are administered. The Director of Nursing shall have 6 months, full time experience in nursing supervision or nursing administration in a licensed substance abuse treatment facility. For opioid treatment programs or residential facilities, they shall possess 1 year supervisory or nursing administration or have three years of experience in a substance abuse treatment program or facility.
- RN- shall be licensed in NJ as a registered nurse (RN) and shall assess clients for nursing services and document all nursing services provided. The licensed nursing staff is responsible for completing the nursing portion of the care plan, recording and administering medications, and documenting any adverse reactions and the intervention if referred.

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STATE PLAN UNDER TITLE XIX OF THE SOCIAL SECURITY ACT
Limitation on Amount, Duration and Scope of Services
Provided to Medically Needy Groups

PREGNANT WOMEN, DEPENDENT CHILDREN, AND THE AGED, BLIND, OR DISABLED

9. Clinic Services:

Services requiring prior authorization, second opinion, or certification of medical necessity, when performed in other approved settings, similarly require prior authorization when performed in an independent clinic. This limitation pertains to dental services, physician services, podiatrist services, rehabilitation services, ambulatory surgical center services, and optical appliances.

Only one mental health service can be provided per day except for individual, group or family psychotherapy services which may be provided on the same date of service but are limited to 1 unit each of individual psychotherapy, group therapy, family therapy or family conference. A maximum of three individual or group therapies may be provided a day but are limited to 5 units per week. An assessment may be completed on the same date of service as individual, group or family psychotherapy but shall count toward the total of 3 units per day and 5 units per week. These services shall not be provided on the same date of service as other mental health services. Medication management is not considered a mental health service and may be provided on the same date of service as any mental health service. Prior authorization is required for partial care to ensure beneficiaries meet partial care program requirements. Partial care is an individualized, outcome oriented psychiatric service, provided under the direction of a psychiatrist, which provides a comprehensive, structured, non-residential, interdisciplinary treatment and psychiatric rehabilitation program consisting of group therapy, individual therapy and psychopharmacological management to assist beneficiaries with a serious mental illness to increase or maximize their independence and community living skills. Limitations on partial care can be exceeded when medically necessary. However, those beneficiaries meeting medical necessity for additional services should be referred to an alternate level of care that will meet those needs. Behavioral health psychotherapy services do not need prior authorization until the services exceed a limit of 468 units of service per provider, per year. All prior authorization is based on medical necessity without limit.

Physical therapy, occupational therapy, and therapy for speech/language pathology do not require prior authorization. Only one treatment session of physical therapy, occupational therapy or speech/language therapy can be provided per recipient per day.

Immunizations are limited according to Division guidelines as follows:

- (4) Routine childhood immunizations provided in accordance with Division guidelines;
 - (5) * Post-exposure prophylaxis; or
 - (6) * Selected high-risk groups.
- *Regardless of age

Medical services, medical procedures or prescription drugs whose use is to promote or enhance fertility are not a covered service. Family Planning Services rendered in clinics are available as described in Addendum to Attachment 3.1-A page 4(c) and 4(d). Family Planning Clinics and FQHCs may also provide expanded adolescent family planning services, to individuals under age 21, including provision of: risk behavior assessment; contraception education and counseling; health education and counseling; and care management activities. Services provided in or by an independent clinic are provided in accordance with 42 CFR 440.90.

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**STATE PLAN UNDER TITLE XIX OF THE SOCIAL SECURITY ACT
Reimbursement for Mental Health Rehabilitation Services
Programs of Assertive Community Treatment (PACT)**

PACT services will be reimbursed at a monthly rate of \$1,487.81 by NJ Medicaid for each calendar month in which at least two hours of face-to-face contact was performed with, or behalf of, the client. Providers cannot bill for services for any month during which the minimum service level has not been achieved.

The monthly rate includes the provision of any, or all, of the range of services included in the PACT service description, based on each individual's need for one or more of those services in a given month, as indicated in the individual's treatment plan.

The PACT rate was developed based on an analysis and average of the reasonable costs expected to be provided for the population during one month of service divided by the anticipated number of recipients receiving the service. This included the cost of personnel, which reflected the staffing make-up/credentials and the relative weight of each staff person towards the service provision. Wage rates were determined using the most recent U.S. Bureau of Labor Statistics and then indexed for inflation. These direct care salary costs were grossed up by applying factors for fringe benefits and general and administrative costs, the assumptions for which were based on available contract data and a provider cost survey. The assumed staff to client ratio was 1:8. The State also included a factor for "on-call" staffing, i.e. additional staff that would be needed, for example, on weekends to deliver required services.

The effective date, the applicable fee schedules, and link to their electronic publication for rates for any service received outside of the PACT bundled rate, can be found on page 36 of Attachment 4.19-B of the State Plan.

Except as otherwise noted in the plan, state-developed fee schedule rates are the same for both governmental and private providers of Medicaid services listed above. Services for both ABP and non-ABP beneficiaries utilize the same rates unless otherwise noted in the plan. All applicable procedure code listings and/or rates are published on the State's website at www.njmms.com under the link for "Rates and Code Information" and Medicaid fee for services sections.

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STATE PLAN UNDER TITLE XIX OF THE SOCIAL SECURITY ACT
STATE OF NEW JERSEY

METHODS AND STANDARDS FOR ESTABLISHING PAYMENT RATES FOR NON-
INSTITUTIONAL SERVICES

**Reimbursement for Community Mental Health Rehabilitation Services in/by
Community Residences Licensed by the Division of Mental Health Services and
Addiction Services**

Reimbursement for community mental health rehabilitation services for eligible Medicaid and NJ FamilyCare-Plan A individuals is based on site-specific levels of care delivered by each provider. Licensed residences include group homes of 15 beds or less, supervised apartments and private residences serving up to five individuals. Adult mental health rehabilitation services support and encourage the development and maintenance of appropriate skills needed by the beneficiary to ensure successful living within the community, reducing or eliminating the need for inpatient psychiatric hospitalization. AMHR services shall include, at a minimum, but are not limited to assessment and evaluation, individual services coordination, training in daily living skills, residential counseling, support services, and crisis intervention counseling. Reimbursement is only made on dates the recipients received services.

1. Level A+ means community mental health rehabilitation services available in the community residence or in a community setting 24 hours per day delivered by the provider. Rates are paid on a per diem basis based on the cost of required services and using the service time of 24 hours in calculating the average daily cost of level A+ services.
2. Level A means community mental health rehabilitation services available in the community residence or in a community setting at least 12 hours per day, but less than 24 hours per day, delivered by the provider.
 - a. Rates are paid on a per diem basis based on the cost of required services and using the service time of 18 hours (median of the minimum and maximum required time) to determine the average daily cost of level A services.
3. Level B means community mental health rehabilitation services provided in the community residence or in a community setting at least 4 hours per day, but less than 12 hours per day, delivered by the provider.

For services provided in a group home setting, rates are paid on a per diem basis based on the cost of required services and using the service time of 8 hours (median of the minimum and maximum required time) to determine the average daily cost of level B services. For services provided in a supervised apartment setting, rates shall be based on a 15 minute service unit payable for services actually provided. Rates are based on an analysis of the reasonable cost to provide the service.

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STATE PLAN UNDER TITLE XIX OF THE SOCIAL SECURITY ACT
STATE OF NEW JERSEY

METHODS AND STANDARDS FOR ESTABLISHING PAYMENT RATES FOR NON-
INSTITUTIONAL SERVICES

Reimbursement for Community Mental Health Rehabilitation Services in/by
Community Residences Licensed by the Division of Mental Health Services and
Addiction Services (cont'd)

4. Level D means community mental health rehabilitation services available in the community residence, in residences not to exceed five residents, or in a community setting, 24 hours per day, delivered by the provider.
 - a. Level D rates are paid on a per diem basis based on the cost of required services and using the anticipated service time of two hours to determine the average daily cost of providing level D services.

Reimbursement for each level of care shall be made in accordance with a fee schedule. Rates specific to each level of care were developed based on the average cost per billable unit. The fees are all-inclusive and are based on the range of services delivered within the specific levels of care.

The effective date for all rates, the applicable fee schedules as well as a link to their electronic publication can be found on page 36 of Attachment 4.19-B of the State Plan. Except as otherwise noted in the plan, state-developed fee schedule rates are the same for both governmental and private providers of Medicaid services listed above. Services for both ABP and non-ABP beneficiaries utilize the same rates unless otherwise noted in the plan. All applicable procedure code listings and/or rates are published on the State's website at www.njmms.com under the link for "Rates and Code Information" and Medicaid fee for services sections.

16-0009 MA (NJ)

TN: 16-0009 MA (NJ)

Approval Date: February 25, 2019

SUPERCEDES: TN: 13-14 MA (NJ)

Effective Date: July 1, 2016

STATE PLAN UNDER TITLE XIX OF THE SOCIAL SECURITY ACT
STATE OF NEW JERSEY

**Reimbursement for Rehabilitation Services – Mental Health Community
Support Services**

The effective date for all rates, the applicable fee schedules as well as a link to their electronic publication can be found on page 36 of Attachment 4.19-B of the State Plan.

Except as otherwise noted in the plan, state-developed fee schedule rates are the same for both governmental and private providers of Medicaid services listed above. Services for both ABP and non-ABP beneficiaries utilize the same rates unless otherwise noted in the plan. All applicable procedure code listings and/or rates are published on the State's website at www.njmms.com under the link for "Rates and Code Information" and Medicaid fee for services sections.

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**STATE PLAN UNDER TITLE XIX OF THE SOCIAL SECURITY ACT
STATE OF NEW JERSEY
Reimbursement for Rehabilitation Services – Mental Health Community Support Services**

DELETED

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STATE PLAN UNDER TITLE XIX OF THE SOCIAL SECURITY ACT
STATE OF NEW JERSEY
Reimbursement for Rehabilitation Services – Mental Health Community Support Services

DELETED

STATE PLAN UNDER TITLE XIX OF THE SOCIAL SECURITY ACT
STATE OF NEW JERSEY

METHODS AND STANDARDS FOR ESTABLISHING PAYMENT RATES FOR NON-
INSTITUTIONAL SERVICES

FEE SCHEDULE EFFECTIVE DATES AND LINKS (Cont'd)

- **Outpatient Psychiatric Services Only:**

The fees in the State's fee schedules referenced in Attachment 4.19-B were set on July 1, 2016 and are effective for services provided on or after that date. Except as otherwise noted in the plan, state-developed fee schedule rates are the same for both governmental and private providers of the Medicaid services listed below. Services for both ABP and non-ABP beneficiaries utilize the same rates unless otherwise noted in the plan.

All applicable procedure code listings and/or rates are published on the State's website at www.njmmis.com under the link for 'Rate and Code Information' and can be found in the following locations:

- **Location: Procedure Code Master Listing – Outpatient Psychiatric Services Only – CY 2016**
- **Description:** File containing Revenue Codes and rates for Outpatient Psychiatric Services provided to adults and children, as described under Outpatient Mental Health Services on Page 2a of this Section.
<https://www.njmmis.com/documentDownload.aspx?document=CPTHCPSCODES2016.pdf>

- **Home Health Rates Only:**

The fees in the State's fee schedules referenced in Attachment 4.19-B were set on January 1, 2016 and are effective for services provided on or after that date. Except as otherwise noted in the plan, state-developed fee schedule rates are the same for both governmental and private providers of the Medicaid services listed below. Services for both ABP and non-ABP beneficiaries utilize the same rates unless otherwise noted in the plan.

All applicable procedure code listings and/or rates are published on the State's website at www.njmmis.com under the link for 'Rate and Code Information' and can be found in the following locations:

- **Location: Skilled Nursing Service Rates – Statewide and Provider Specific Rates**
- **Description:** File containing Revenue Codes and rates for statewide Home Health services as described on Page 6a of this Section.

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