

# TABLE OF CONTENTS

State/Territory Name: **New Jersey** / Region II

State Plan Amendment (SPA) #: **NJ-18-0003**

- 1) Approval Letter
- 2) Approved 3.1A Pages
- 3) Approved 4.19B Pages (Attachment 4.19B, Page 28.2 and Page 36)
- 4) CMS 179 with Pen/Ink Changes

**DEPARTMENT OF HEALTH & HUMAN SERVICES**

Centers for Medicare & Medicaid Services  
601 E. 12th St., Room 355  
Kansas City, Missouri 64106



Medicaid and CHIP Operations Group

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January 23, 2020

Ms. Jennifer Jacobs  
Medicaid Director of Medical Assistance and Health Services  
Department of Human Services  
CN 12 Quakerbridge Plaza  
Trenton, New Jersey 08625-0712

RE: Title XIX State Plan Amendment (SPA), Transmittal # NJ 18-0003

Dear Ms. Jacobs:

We have reviewed the proposed New Jersey State Plan Amendment 18-0003, which was submitted to the New York Regional Operations Group on April 24, 2018. This amendment provides coverage of Diabetes Self-Management Education (DSME), Diabetes Prevention Programs (OPP) and Medical Nutrition Therapy (MNT), to New Jersey Medicaid beneficiaries who are referred by a licensed, registered or certified healthcare professional. The services shall be comprised of diabetes prevention education, diabetes self-management and nutrition to promote optimal metabolic control, prevent and manage complications, and ultimately to maximize member quality of life.

Based on the information provided, NJ SPA 18-0003 was approved on January 23, 2020. The effective date of this amendment is July 1, 2018. We are enclosing the approved CMS-179 and the approved state plan page and will forward via email to you at [Jennifer.Jacobs@dhs.state.nj.us](mailto:Jennifer.Jacobs@dhs.state.nj.us) and Julie Hubbs [Julie.Hubbs@dhs.state.nj.us](mailto:Julie.Hubbs@dhs.state.nj.us)

If you have any additional questions or need further assistance, please contact Tara Porcher for program concerns at (212) 616-2418 or [Tara.Porcher@cms.hhs.gov](mailto:Tara.Porcher@cms.hhs.gov) and Yvette Moore for financial concerns at (646) 694-0915 or [Yvette.Moore@cms.hhs.gov](mailto:Yvette.Moore@cms.hhs.gov).

Sincerely,

A solid black rectangular box redacting the signature of James Scott.

James Scott, Director  
Division of Program Operations

**TRANSMITTAL AND NOTICE OF APPROVAL OF  
STATE PLAN MATERIAL**

1. TRANSMITTAL NUMBER:  
18-0003 MA

2. STATE  
New Jersey

**FOR: CENTERS FOR MEDICARE & MEDICAID SERVICES**

3. PROGRAM IDENTIFICATION: TITLE XIX OF THE  
SOCIAL SECURITY ACT (MEDICAID)

TO: REGIONAL ADMINISTRATOR  
CENTERS FOR MEDICARE & MEDICAID SERVICES  
DEPARTMENT OF HEALTH AND HUMAN SERVICES

4. PROPOSED EFFECTIVE DATE  
July 1, 2018

5. TYPE OF PLAN MATERIAL (*Check One*):

NEW STATE PLAN       AMENDMENT TO BE CONSIDERED AS NEW PLAN       AMENDMENT

COMPLETE BLOCKS 6 THRU 10 IF THIS IS AN AMENDMENT (*Separate Transmittal for each amendment*)

6. FEDERAL STATUTE/REGULATION CITATION:

42 CFR 440 Subpart B  
42 CFR 447 Subpart A  
42 CFR 440.50

7. FEDERAL BUDGET IMPACT:

a. FFY 2018 \$ 1.3 M  
b. FFY 2019 \$ 5.3 M

8. PAGE NUMBER OF THE PLAN SECTION OR  
ATTACHMENT:

Attachment 3.1 A Page 9  
Addendum to Attachment 3.1 A Page 24(g)  
Attachment 3.1 B Page 8a  
Attachment 3.1 B Page 8b  
Attachment 3.1 B :Page 8c  
Addendum to Attachment 3.1B page 23(g)  
Attachment 4.19 B Page 28.2

9. PAGE NUMBER OF THE SUPERSEDED PLAN  
SECTION OR ATTACHMENT (*If Applicable*):

Same  
New  
Same  
Same  
Same  
New  
New

10. SUBJECT OF AMENDMENT:

Diabetes Services

11. GOVERNOR'S REVIEW (*Check One*):

GOVERNOR'S OFFICE REPORTED NO COMMENT  
 COMMENTS OF GOVERNOR'S OFFICE ENCLOSED  
 NO REPLY RECEIVED WITHIN 45 DAYS OF SUBMITTAL

OTHER, AS SPECIFIED:  
Not required, pursuant to 7.4 of the Plan

12. SIGNATURE OF STATE AGENCY OFFICIAL:

13. TYPED NAME: Carole Johnson

14. TITLE: Commissioner,  
Department of Human Services

15. DATE SUBMITTED: 4/24/18

16. RETURN TO:

Meghan Davey, Director  
Division of Medical Assistance and Health  
Services  
P.O. Box 712, Mail Code #26  
Trenton, NJ 08625-0712

**FOR REGIONAL OFFICE USE ONLY**

17. DATE RECEIVED: 04/24/2018

18. DATE APPROVED: 01/23/2020

**PLAN APPROVED – ONE COPY ATTACHED**

19. EFFECTIVE DATE OF APPROVED MATERIAL:  
07/01/2018

20. SIGNATURE OF REGIONAL OFFICIAL:

21. TYPED NAME:  
James G. Scott

22. TITLE:  
Director, Division of Program Operations

23. REMARKS: PEN & AUTHORIZATIONS:

**BLOCK 8:**  
ADD: Attachment 4.19B, Page 36  
ADD: Addendum to Attachment 3.1B, Pages 13 (c)(2)-(5)  
REMOVE: Attachment 3.1A, Page 9

**BLOCK 9:**  
ADD: Attachment 4.19B, Page 36  
ADD: Addendum to Attachment 3.1B, Pages 13 (c)(2)-(5)  
REMOVE: Attachment 3.1A, Page 9

REMOVE: Attachment 3.1B, Pages 8a, 8b and 8c

REMOVE: Attachment 3.1B, Pages 8a, 8b and 8c

**STATE PLAN UNDER TITLE XIX OF THE SOCIAL SECURITY ACT**

**Limitations on Amount, Duration and Scope of Services Provided to the Categorically Needy**

13(c) Preventive Services - Diabetes Services:

General Description Diabetes services are provided as preventive services pursuant to 42 C.F.R. Section 440.130(c) and must be recommended by a physician or other licensed practitioner of the healing arts within his or her scope of practice under state law to prevent diabetes or the progression of diabetes, prolong life, and/or promote the physical and mental health of the beneficiary. Services may be provided in the home, clinic, hospital out-patient facility, or any other setting as authorized and include: counseling related to long-term dietary change, increased physical activity, and behavior change strategies for weight control; counseling and skill building to facilitate the knowledge, skill, and ability necessary for diabetes self-care; and nutritional counseling services.

Provider Participation Standards

Diabetes services shall be rendered by qualified individuals as follows:

Qualified individuals must be a Medicaid/NJFamilyCare provider or work for a Medicaid/NJFamilyCare provider and must possess a State license to practice independently and/or a national certification appropriate to the services they provide.

Individuals authorized to provide counseling related to long-term dietary change, increased physical activity, and behavior change strategies for weight control; counseling and skill building to facilitate the knowledge, skill, and ability necessary for diabetes self-care include:

Licensed individuals include:

- Physicians
- Pharmacists

18-0003-MA (NJ)

TN: 18-0003-MA

Approval Date: **01/23/2020**

**07/01/2018**

Supersedes: NEW

Effective Date: \_\_\_\_\_

**STATE PLAN UNDER TITLE XIX OF THE SOCIAL SECURITY ACT**

**Limitations on Amount, Duration and Scope of Services Provided to the Categorically Needy**

13(c) Preventive Services - Diabetes Services: (cont'd)

- Chiropractors
- Advanced Practice Nurses, Registered Nurses, or Nurse Midwives
- Physician Assistants
- Any other licensed individual meeting CDC and/or American Diabetes Association (ADA) standards

Certified individuals include:

- Certified Diabetes Educators (CDE) as defined by National Certification Board of Diabetes Educators (NCBDE)
- Board Certified-Advanced Diabetes Management educators (BC-ADM) as defined by American Association of Diabetes Educators (AADE)

Individuals authorized to provide nutritional counseling services include:

- Registered Dietitians who are registered by a nationally recognized professional association of dietitians
- Certified Nutritionist Specialists (CNS) as defined by Board for Certification of Nutrition Specialists

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18-0003-MA (NJ)

TN: 18-0003-MA

Approval Date: **01/23/2020**

Supersedes: NEW

Effective Date: **07/01/2018**

**STATE PLAN UNDER TITLE XIX OF THE SOCIAL SECURITY ACT**

**Limitations on Amount, Duration and Scope of Services Provided to Medically Needy Groups Pregnant Woman, Dependent Children, and the Aged, Blind, or Disabled**

13(c) Preventive Services - Diabetes Services:

General Description

Diabetes services are provided as preventive services pursuant to 42 C.F.R. Section 440.130(c) and must be recommended by a physician or other licensed practitioner of the healing arts within his or her scope of practice under state law to prevent diabetes or the progression of diabetes, prolong life, and/or promote the physical and mental health of the beneficiary. Services may be provided in the home, clinic, hospital out-patient facility, or any other setting as authorized and include: counseling related to long-term dietary change, increased physical activity, and behavior change strategies for weight control; counseling and skill building to facilitate the knowledge, skill, and ability necessary for diabetes self-care; and nutritional counseling services.

Provider Participation Standards

Diabetes services shall be rendered by qualified individuals as follows:

Qualified individuals must be a Medicaid/NJFamilyCare provider or work for a Medicaid/NJFamilyCare provider and must possess a State license to practice independently and/or a national certification appropriate to the services they provide.

Individuals authorized to provide counseling related to long-term dietary change, increased physical activity, and behavior change strategies for weight control; counseling and skill building to facilitate the knowledge, skill, and ability necessary for diabetes self-care include:

Licensed individuals include:

- Physicians
- Pharmacists
- Chiropractors

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18-0003-MA (NJ)

TN: 18-0003-MA

Approval Date: 01/23/2020

**07/01/2018**

Supersedes: NEW

Effective Date: \_\_\_\_\_

**STATE PLAN UNDER TITLE XIX OF THE SOCIAL SECURITY ACT**

**Limitations on Amount, Duration and Scope of Services Provided to Medically Needy Groups Pregnant Woman, Dependent Children, and the Aged, Blind, or Disabled**

13(c) Preventive Services - Diabetes Services: (cont'd)

- Advanced Practice Nurses, Registered Nurses, or Nurse Midwives
- Physician Assistants
- Any other licensed individual meeting CDC and/or American Diabetes Association (ADA) standards

Certified individuals include:

- Certified Diabetes Educators (CDE) as defined by National Certification Board of Diabetes Educators (NCBDE)
- Board Certified-Advanced Diabetes Management educators (BC-ADM) as defined by American Association of Diabetes Educators (AADE)

Individuals authorized to provide nutritional counseling services include:

- Registered Dietitians who are registered by a nationally recognized professional association of dietitians
- Certified Nutritionist Specialists (CNS) as defined by Board for Certification of Nutrition Specialists

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18-0003-MA (NJ)

TN: 18-0003-MA

Approval Date: 01/23/2020

**07/01/2018**

Supersedes: NEW

Effective Date: \_\_\_\_\_

**STATE PLAN UNDER TITLE XIX OF THE SOCIAL SECURITY ACT  
State of New Jersey**

**Methods and Standards for Establishing Payment Rates For Non-  
Institutional Services**

Reimbursement for Diabetes Services

Reimbursement for Diabetes services shall be made in accordance with the published "Medicaid fee schedule". The effective date, the applicable fee schedules, and link to their electronic publication, can be found on page 36 of Attachment 4.19-B of the State Plan. Except as otherwise noted in the plan, state-developed fee schedule rates are the same for both governmental and private providers of Medicaid services listed above. Services for both ABP and non-ABP beneficiaries utilize the same rates unless otherwise noted in the plan. All applicable procedure code listings and/or rates are published on the State's website at [www.njmmis.com](http://www.njmmis.com) under the link for "Rates and Code Information" and Medicaid fee for services sections.

18-0003-MA (NJ)

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TN 18-0003  
Supersedes: New

Approval Date: 01/23/2020  
Effective Date: 07/01/2018



STATE PLAN UNDER TITLE XIX OF THE SOCIAL SECURITY ACT  
STATE OF NEW JERSEY

METHODS AND STANDARDS FOR ESTABLISHING PAYMENT RATES FOR NON-  
INSTITUTIONAL SERVICES

FEE SCHEDULE EFFECTIVE DATES AND LINKS

The fees in the State's fee schedules referenced in Attachment 4.19-B were set on July 1, 2018 and are effective for services provided on or after that date. Except as otherwise noted in the plan, state-developed fee schedule rates are the same for both governmental and private providers of the Medicaid services listed below. Services for both ABP and non-ABP beneficiaries utilize the same rates unless otherwise noted in the plan. All applicable procedure code listings and/or rates are published on the State's website at [www.njmmis.com](http://www.njmmis.com) under the link for 'Rate and Code Information' and can be found in the following locations:

- **Medicaid Fee Schedules:**
  - **Location: Procedure Master Listing – Medicaid Fee for Service - CY 2018 (last updated in SPA 18-0003 effective 7/1/2018)**
  - **Description:** Main file of procedure codes billable to Medicaid for all services except as listed below.
- **Children's Rates: (excluding Special Education Medicaid Initiative (SEMI))**

All applicable procedure code listings and/or rates are published on the State's website at [www.njmmis.com](http://www.njmmis.com) under the link for 'Rate and Code Information' and can be found in the following locations:

- **Location: Procedure Master Listing – Children's Rates – CY 2018 (SPA 18-0001 – effective 1/1/2018)**
  - **Description:** File contains procedure codes billable to Medicaid for services provided to beneficiaries under the age of 21 except as listed below.
- **Outpatient Laboratory Billing Only:**

All applicable procedure code listings and/or rates are published on the State's website at [www.njmmis.com](http://www.njmmis.com) under the link for 'Rate and Code Information' and can be found in the following locations:

- **Location: Procedure Master Listing - Outpatient Hospital Laboratory Billing Only – CY 2018 (SPA NJ 18-0001 effective 1/1/2018)**
- **Description:** File contains procedure codes billable to Medicaid for laboratory services conducted in an outpatient hospital setting as described beginning on Page 2 of this Section.