

4.b **Early and periodic screening, diagnostic and treatment services for individuals under 21 years of age, and treatment of conditions found. (continued)**

Critical Access Behavioral Health Agency (CABHA) (continued)

Each CABHA is required to offer at a minimum the following five services;

1. Comprehensive clinical assessment, which is defined as a face to face evaluative review by a qualified licensed practitioner, of a recipient’s medical, psychological, familial, social and psychiatric treatment history; current mental status and functioning, strengths, natural supports, current treatment and medication regime, for the purpose of developing a diagnostic formulation of the recipient’s treatment needs and treatment plan.; may be provided under Diagnostic Assessment, Attachment 3.1-A1, Page 7c.2 or under Rehabilitative Services for Behavioral Health, Page 7c.12 – 13.
2. Medication management defined as pharmacologic management including review of medication use, both current and historical, if indicated; evaluation of symptoms being treated, side effects and effectiveness of current medication(s), adjustment of medications if indicated, and prescription, provided by a medical professional practicing within the scope of his or her licensure; may be provided under Physician Services, Attachment 3.1-A.1, Page 7h or under Rehabilitative Services for Behavioral Health, Page 7c.12 – 13.
3. Outpatient therapy defined as outpatient psychotherapy including individual insight oriented, behavior modifying, and/or supportive psychotherapy; interactive psychotherapy; family psychotherapy; and group psychotherapy. Service can be billed by all licensed clinicians according to their scope of practice, as indicated on Attachment 3.1-A.1., page 7c.12 – 13.
- 4- At least two additional mental health and/or substance abuse services from the list below for which the agency has been credentialed from the Local Management Entity in the same region where it provides the services and which provide a continuum of service which is age and disability specific. There is a description of each of the services, including who provides the services and their qualifications in the State Plan in Attachment 3.1-A.1.,-on the page as indicated below.

These services must include two or more of the following:

Services	Page Reference
Intensive In-Home (IIH)	Page 7c.6
Community Support Team (CST)	Page 15a.6
Substance Abuse Intensive Outpatient Program (SAIOP)	Pages 7c.8 & 15a.9-A
Substance Abuse Comprehensive Outpatient Treatment (SACOT)	Page 15a.10
Child and Adolescent Day Treatment	Page 7c.4
Psychosocial Rehabilitation (PSR)	Page 15a.3
Assertive Community Treatment Team (ACTT)	15a.7
Multi-Systemic Therapy (MST)	Page 7c.7
Partial Hospitalization (PH)	Pages 7c.5 & 15a.4
Substance Abuse Medically Monitored Community Residential Treatment	Page 15a.11-A
Substance Abuse Non-Medical Community Residential Treatment	Page 15a.11
Outpatient Opioid Treatment	Page 15a.9
(Therapeutic Foster Care) Child Residential Level II – Family Type	Page 15a.19
Child Residential Level II – Program Type	Page 15a.19
Child Residential Level III and IV	Page 15a.20

CABHAs and non-CABHA agencies may provide Comprehensive Clinical Assessments, Medication Management, and Outpatient Therapy.

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(b) a graduate of a college or university with a Masters degree in a human service field and has one year of full-time, post-graduate degree accumulated MH/DD/SA experience with the population served, or a substance abuse professional who has one year of full-time, post-graduate degree accumulated supervised experience in alcoholism and drug abuse counseling; or

(c) a graduate of a college or university with a bachelor's degree in a human service field and has two years of full-time, post-bachelor's degree accumulated MH/DD/SA experience with the population served, or a substance abuse professional who has two years of full-time, post-bachelor's degree accumulated supervised experience in alcoholism and drug abuse counseling; or

(d) a graduate of a college or university with a bachelor's degree in a field other than human services and has four years of full-time, post-bachelor's degree accumulated MH/DD/SA experience with the population served, or a substance abuse professional who has four years of full-time, post-bachelor's degree accumulated supervised experience in alcoholism and drug abuse counseling.

Providers wish to offer MST as a service must be credentialed by their Local Management Entity, be licensed by MST Inc, and be enrolled as a North Carolina Medicaid provider. These providers agree to adhere to the principles of MST.

Staff is required to participate in MST introductory training and quarterly training on topics related to the needs of MST youth and their family on an ongoing basis. All MST staff shall receive a minimum of one hour of group supervision and one hour of telephone consultation per week from specially trained MST supervisors. Limitations are in place to prevent reimbursement for duplication of services.

13. d. Diagnostic, Screening, Treatment, Preventive and Rehabilitative Services

These services are available to categorically needy and medically needy recipients. Services provided under this section are provided by licensed practitioners (within their scope of practice as determined by the North Carolina Practice Acts per discipline) or programs/agencies for the mentally ill and substance abusers certified as meeting the program standards of the Commission on Mental Health, Developmental Disabilities and Substance Abuse Services or as Critical Access Behavioral Health Care Agencies (CABHA), and directly enrolled in Medicaid. See Section 4.b.(8) in this Attachment 3.1-A.1 for a description of a CABHA. Staff of the agency providing services will also meet requirements set forth in Federal regulations or the requirements for one of the three categories described in the North Carolina Practice Act.

Critical Access Behavioral Health Agencies (CABHA):

Critical Access Behavioral Health Agencies (CABHA), for profit, not for profit, public, or private behavioral health care, behavioral health services provider agencies, will be certified by the North Carolina Department of Health and Human Services (the Department) as meeting the following staffing, and operational certification requirements.

A Critical Access Behavioral Health Agency must meet all statutory, rule and policy requirements for Medicaid mental health and substance abuse service provision and monitoring; be determined to be in good standing with the Department; and have a three year (or longer) accreditation from an accrediting body recognized by the Secretary of the Department of Health and Human Services. State statutory requirements regulating the provision of mental health and substance abuse services are in North Carolina General Statute, Chapter 122C; administrative rules relating to these services are in 10A NCAC 27 and clinical policy requirements are specified in Medicaid Clinical Policy Section 8. Medicaid and enrollment policy require compliance with Federal Medicaid Policy relating to confidentiality, record retention, fraud and abuse reporting and education, documentation, staff qualifications and compliance with clinical standards for each service.

Required staff for a CABHA includes a Medical Director; a Clinical Director and a Quality Management/Training Director. Each CABHA is required to offer at a minimum the following five services:

1. Comprehensive clinical assessment, which is defined as a face to face evaluative review by a qualified licensed practitioner, of a recipient's medical, psychological, familial, social and psychiatric treatment history; current mental status and functioning, strengths, natural supports, current treatment and medication regime, for the purpose of developing a diagnostic formulation of the recipient's treatment needs and treatment plan; may be provided under Diagnostic Assessment, (Attachment 3.1-A.1, Page 15a.1) or under Behavioral Health Rehabilitative Services (Pages 15a.16 -17).
2. Medication management, defined as pharmacologic management including review of medication use, both current and historical if indicated; evaluation of symptoms being treated, side effects and effectiveness of current medication(s), adjustment of medications if indicated, and prescription provided by a medical professional practicing within the scope of his or her licensure; may be provided under Physician Services, Attachment 3.1-A.1, Page 7h or under Behavioral Health Rehabilitative Services, Page 15a.16-17.
3. Outpatient therapy, defined as outpatient psychotherapy including individual insight oriented, behavior modifying, and/or supportive psychotherapy; interactive psychotherapy; family psychotherapy; and group psychotherapy. Service can be billed by all licensed clinicians according to their scope of practice, as indicated in Attachment 3.1-A.1 on Page 15a.16-17.
4. At least two additional mental health and/or substance abuse services from the list below for which the agency has been credentialed from the Local Management Entity in the same region where it provides the services and which provide a continuum of service which is age and disability specific. There is a description of each of the services, including who provides the services and their qualifications in the State plan, in Attachment 3.1-A.1, on the Pages as indicated below:

Staff Qualifications for Each Specific Service.

Service	Agency Qualifications		Staff Qualifications					
			Authorization	See Definitions for QP, AP, PP in Text of SPA:		Medical Coverage		
	Licensed	Credentialed	Service Ordered by: MD, Nurse Practitioner, Physicians Assistant or PhD Psychologist	Qualified Professional (QP), includes SA Professionals	Under Supervision of a Qualified Professional:		Medical Oversight/ Participation by:	
	All facilities must be 16 beds or less				Associate Professional	Para-Professional	Psychiatrist/ MD	Registered Nurse* RNs are considered QPs as well
Psychosocial Rehabilitation	X	X	X	X	X	X		
Partial Hospitalization	X	X	X	X	X	X	X	
Mobile Crisis Management		X		X (Nurse, LCSW or Psychologist)		X	X (Must be available for face to face or tel. Consult)	
Community Support Team (adults)		X	X	X (required)	X	X		
Assertive Community Treatment (ACTT) <i>minimum required per team</i>		X	X	X		X (includes certified peer specialist)	X	X
Professional Treatment Services in a Facility Based Crisis Program	X	X	X	X	X	X	X	
Opioid Treatment	X	X	X				Must be provided by RN, LPN, Pharmacist or MD	
Substance Abuse (SA) Intensive Outpatient	X		X	X	X	X		
SA Comprehensive Output Treatment	X	X	X	X	X	X	Recipients must have access to MD assessment and tx.	

TN No: 12-014
Supersedes
TN No: 07-003

Approval Date: 11-21-12

Effective Date: 7/01/2012

Staff qualifications for each specific service. (Continued)

Service	Agency Qualifications		Staff Qualifications					
			Authorization	See Definitions for QP, AP, PP in Text of SPA:			Medical Coverage	
	Licensed		Credentialed	Service Ordered by: MD, Nurse Practitioner, Physicians Assistant or PhD Psychologist			Qualified Professional (QP), includes SA Professionals	
SA Non-Medical Community Residential Tx	X	X	X	X	X	X		
SA Medically Monitored Residential Tx	X	X	X	X	X	X	X	X
Ambulatory Detoxification	X	X	X	X	X	X	X (provides assessment w/n 24 hrs.)	X (provides admission assessment /monitors tx)
Non-hospital Medical Detoxification	X	X	X	X	X	X	X (provides assessment w/n 24 hrs.)	X (provides admission assessment /monitors tx)
Medically Monitored or Alcohol Drug Addiction Tx Center Detoxification/ Crisis Stabilization	X	X	X	X	X	X	X Service delivered by medical and nursing staff/24 hour medically supervised evaluation and withdrawal management	

TN No: 12-014
Supersedes
TN No: 07-003

Approval Date: 11-21-12

Effective Date: 7/01/2012

13. D. Diagnostic, Screening, Treatment, Preventive and Rehabilitative Services (Continued)

Provider Agency Qualifications:

The Community Intervention Service provider has met the requirements either with:

The required Licensure through the Division of Health Service Regulation (DHSR); and /or Credentialing through the PIHP indicating that the provider is in compliance with requirements for the specific service per service specific Credentialing protocols.

These pre-requisites must be completed prior to enrollment with the Division of Medical Assistance (DMA). Additionally, providers must be accredited by a national accrediting body within three years of enrollment into Medicaid; per requirement during this SPA's effective dates.

Qualifications for Staff Employed by Agencies Enrolled with Medicaid

- i) Paraprofessional
"Paraprofessional" within the mental health and substance system means an individual who has a GED or high school diploma (or no GED or high school diploma if employed prior to November 1, 2001). Supervision shall be provided by a qualified professional or associate professional with the population served.
- ii) Associate Professional (AP)
"Associate Professional" within the mental health and substance abuse services system means an individual who is a:
 - graduate of college or university with a Masters degree in a human service field and less than one year of full time post-graduate mental health or substance abuse experience with the population served or a substance abuse professional with less than one year of full-time, post-graduate degree supervised experience in alcoholism and drug abuse counseling. Supervision shall be provided by a qualified professional with the population served until the individual meets one year of experience; or
 - graduate of college or university with a bachelor's degree in a human service field with less than two years of full-time post-bachelor's degree mental health or substance abuse experience with the population served, or a substance abuse professional with less than two years post bachelor's degree accumulated supervised experience in alcoholism and drug abuse counseling. Supervision shall be provided by a qualified professional with the population served until the individual meets two years of experience; or
 - graduate of a college or university with a bachelor's degree in a field other than human services with less than four years of full-time, post bachelor's degree accumulated supervised experience in mental health or substance abuse with the population served. Supervision shall be provided by a qualified professional with the population served until the individual meets four years of experience; or

13. D. Diagnostic, Screening, Treatment, Preventive and Rehabilitative Services (continued)
Description of Services (42 CFR 30.130(a))

Provider agencies for Psychosocial Rehabilitation are licensed by the Division of Health Service Regulation, credentialed by the LMEs as meeting the program specific requirements for provision of Psychosocial Rehabilitation and enrolled in Medicaid. The staffs providing this service are employees of the enrolled agency. Their qualifications and the discrete service components they perform are listed below.

The Psychosocial Rehabilitation program shall be under the direction of a person who meets the requirements specified for Qualified Professional status. The Qualified Professional is responsible for supervision of other program staff which may include Associate Professionals and Paraprofessionals. All staff must have the knowledge, skills, and abilities required by the population and age to be served.

The following sets forth the activities included in this service definition. These activities reflect the appropriate scope of practice for the Psychosocial Rehabilitation program staff identified below.

Qualified Professional: In addition to the following activities, the Qualified Professional may provide any activity listed under Associate Professional or Paraprofessional: case management components; developing, implementing, and monitoring the Person Centered Plan; behavioral interventions/management; social and other skill development, adaptive skill training; enhancement of communication and problem solving skills, anger management, family support, medication monitoring, monitoring of changes in psychiatric symptoms/or functioning.

Associate Professional: In addition to the following activities, the Associate Professional may provide the activities listed under Paraprofessionals: behavioral interventions/management; social and other skill development, adaptive skill training; enhancement of communication and problem solving skills, anger management, family support, medication monitoring, monitoring of changes in psychiatric symptoms/or functioning.

Paraprofessional: Community living, such as housekeeping, shopping, cooking, use of transportation facilities, money management; personal care such as health care, medication self-management, grooming; social relationships; use of leisure time; prevocational activities which focus on the development of positive work habits; assisting the client in securing needed education services.

Operating Requirements

Each facility shall have a designated program director.

A minimum of one staff member on-site to each eight or fewer clients in average daily attendance shall be maintained.