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State/Territory Name: Missouri

State Plan Amendment (SPA) #: 20-0012

This file contains the following documents in the order listed:

1) Approval Letter
2) CMS 179 Form
3) Approved SPA Pages
June 17, 2020

Jennifer Tidball  
Acting Director  
Missouri Department of Social Services  
Broadway State Office Building  
P.O. Box 1527  
Jefferson City, Missouri 65102

Re: Missouri State Plan Amendment (SPA) 20-0012

Dear Ms. Tidball:

We have reviewed the proposed amendment to add section 7.4 Medicaid Disaster Relief for the COVID-19 National Emergency to your Medicaid state plan, as submitted under transmittal number (TN) 20-0012. This amendment proposes to implement temporary policies, which are different from those policies and procedures otherwise applied under your Medicaid state plan, during the period of the Presidential and Secretarial emergency declarations related to the COVID-19 outbreak (or any renewals thereof).

On March 13, 2020, the President of the United States issued a proclamation that the COVID-19 outbreak in the United States constitutes a national emergency by the authorities vested in him by the Constitution and the laws of the United States, including sections 201 and 301 of the National Emergencies Act (50 U.S.C. 1601 et seq.), and consistent with section 1135 of the Social Security Act (Act). On March 13, 2020, pursuant to section 1135(b) of the Act, the Secretary of the United States Department of Health and Human Services invoked his authority to waive or modify certain requirements of titles XVIII, XIX, and XXI of the Act as a result of the consequences of the COVID-19 pandemic, to the extent necessary, as determined by the Centers for Medicare & Medicaid Services (CMS), to ensure that sufficient health care items and services are available to meet the needs of individuals enrolled in the respective programs and to ensure that health care providers that furnish such items and services in good faith, but are unable to comply with one or more of such requirements as a result of the COVID-19 pandemic, may be reimbursed for such items and services and exempted from sanctions for such noncompliance, absent any determination of fraud or abuse. This authority took effect as of 6PM Eastern Standard Time on March 15, 2020, with a retroactive effective date of March 1, 2020. The emergency period will terminate, and this state plan provision will no longer be in effect, upon termination of the public health emergency, including any extensions.

Pursuant to section 1135(b)(5) of the Act, for the period of the public health emergency, CMS is modifying the requirement at 42 C.F.R. 430.20 that the state submit SPAs related to the COVID-
19 public health emergency by the final day of the quarter, to obtain a SPA effective date during the quarter, enabling SPAs submitted after the last day of the quarter to have an effective date in a previous quarter, but no earlier than the effective date of the public health emergency.

The State of Missouri also requested a waiver of public notice requirements applicable to the SPA submission process. Pursuant to section 1135(b)(1)(C) of the Act, CMS is waiving public notice requirements applicable to the SPA submission process. Public notice for SPAs is required under 42 C.F.R. §447.205 for changes in statewide methods and standards for setting Medicaid payment rates, 42 C.F.R. §447.57 for changes to premiums and cost sharing, and 42 C.F.R. §440.386 for changes to Alternative Benefit Plans (ABPs). Pursuant to section 1135(b)(1)(C), CMS is approving the state’s request to waive these notice requirements otherwise applicable to SPA submissions.

These waivers or modifications of the requirements related to SPA submission timelines and public notice apply only with respect to SPAs that meet the following criteria: (1) the SPA provides or increases beneficiary access to items and services related to COVID-19 (such as by waiving or eliminating cost sharing, increasing payment rates or amending ABPs to add services or providers); (2) the SPA does not restrict or limit payment or services or otherwise burden beneficiaries and providers; and (3) the SPA is temporary, with a specified sunset date that is not later than the last day of the declared COVID-19 public health emergency (or any extension thereof). We nonetheless encourage states to make all relevant information about the SPA available to the public so they are aware of the changes.

We conducted our review of your submittal according to the statutory requirements at section 1902(a) of the Act and implementing regulations. This letter is to inform you that Missouri’s Medicaid SPA Transmittal Number 20-0012 is approved effective March 1, 2020. This SPA is in addition to Missouri’s Disaster Relief SPA 20-0013, approved on May 1, 2020 and does not supersede anything approved in that SPA, with the exception of Section C – Premiums and Cost Sharing.

Enclosed is a copy of the CMS-179 summary form and the approved state plan pages.

Please contact Deborah Read at 816-426-6363 or by email at Deborah.Read@cms.hhs.gov if you have any questions about this approval. We appreciate the efforts of you and your staff in responding to the needs of the residents of the State of Missouri and the health care community.

Sincerely,
Anne M.
Costello -S
Anne Marie Costello
Deputy Director
Center for Medicaid & CHIP Services

Enclosures
TRANSMITTAL AND NOTICE OF APPROVAL OF
STATE PLAN MATERIAL
FOR: CENTERS FOR MEDICARE & MEDIACAID SERVICES

TO: REGIONAL ADMINISTRATOR
CENTERS FOR MEDICARE & MEDIACAID SERVICES
DEPARTMENT OF HEALTH AND HUMAN SERVICES

5. TYPE OF PLAN MATERIAL (Check One)
☐ NEW STATE PLAN ☐ AMENDMENT TO BE CONSIDERED AS NEW PLAN ☐ AMENDMENT

COMPLETE BLOCKS 6 THRU 10 IF THIS IS AN AMENDMENT (Separate transmittal for each amendment)

6. FEDERAL STATUTE/REGULATION CITATION
Section 1135 of the Social Security Act, Title XIX of the Social Security Act

7. FEDERAL BUDGET IMPACT
a. FFY 20 $ 0
b. FFY 21 $ 0

8. PAGE NUMBER OF THE PLAN SECTION OR ATTACHMENT
Section 7.4 Medicaid Disaster Relief For COVID-19 National Emergency - New Pages 99-109 *

9. PAGE NUMBER OF THE SUPERSEDED PLAN SECTION OR ATTACHMENT (If Applicable)
New

10. SUBJECT OF AMENDMENT
The purpose of this amendment is to make state plan changes needed due to COVID-19.

11. GOVERNOR’S REVIEW (Check One)
☐ GOVERNOR’S OFFICE REPORTED NO COMMENT ☐ OTHER, AS SPECIFIED
☐ COMMENTS OF GOVERNOR’S OFFICE ENCLOSED ☐ NO REPLY RECEIVED WITHIN 45 DAYS OF SUBMITTAL

12. SIGNATURE OF OFFICIAL

13. TYPE
Jennifer R. Tidball

14. TITLE
Acting Director

15. DATE SUBMITTED
05-07-2020

16. RETURN TO
MO HealthNet Division
P.O. Box 6500
Jefferson City, MO 65102

FOR REGIONAL OFFICE USE ONLY

17. DATE RECEIVED
May 7, 2020

18. DATE APPROVED
June 17, 2020

19. EFFECTIVE DATE OF APPROVED MATERIAL
March 1, 2020

20. TYPED NAME
Anne Marie Costello

21. SIGNATURE OF REGIONAL OFFICIAL
Anne M. Costello - S
Digitally signed by Anne M. Costello Date: 2020.05.17 08:22:43 -04'00'

22. TITLE
Deputy Director, CMCS

23. REMARKS
Pen and Ink change per states request dated 5.22.20

Instructions on Back
Section 7 – General Provisions

7.4. Medicaid Disaster Relief for the COVID-19 National Emergency

On March 13, 2020, the President of the United States issued a proclamation that the COVID-19 outbreak in the United States constitutes a national emergency by the authorities vested in him by the Constitution and the laws of the United States, including sections 201 and 301 of the National Emergencies Act (50 U.S.C. 1601 et seq.), and consistent with section 1135 of the Social Security Act (Act). On March 13, 2020, pursuant to section 1135(b) of the Act, the Secretary of the United States Department of Health and Human Services invoked his authority to waive or modify certain requirements of titles XVIII, XIX, and XXI of the Act as a result of the consequences COVID-19 pandemic, to the extent necessary, as determined by the Centers for Medicare & Medicaid Services (CMS), to ensure that sufficient health care items and services are available to meet the needs of individuals enrolled in the respective programs and to ensure that health care providers that furnish such items and services in good faith, but are unable to comply with one or more of such requirements as a result of the COVID-19 pandemic, may be reimbursed for such items and services and exempted from sanctions for such noncompliance, absent any determination of fraud or abuse. This authority took effect as of 6PM Eastern Standard Time on March 15, 2020, with a retroactive effective date of March 1, 2020. The emergency period will terminate, and waivers will no longer be available, upon termination of the public health emergency, including any extensions.

The State Medicaid agency (agency) seeks to implement the policies and procedures described below, which are different than the policies and procedures otherwise applied under the Medicaid state plan, during the period of the Presidential and Secretarial emergency declarations related to the COVID-19 outbreak (or any renewals thereof), or for any shorter period described below:

Describe shorter period here.

NOTE: States may not elect a period longer than the Presidential or Secretarial emergency declaration (or any renewal thereof). States may not propose changes on this template that restrict or limit payment, services, or eligibility, or otherwise burden beneficiaries and providers.

Request for Waivers under Section 1135

___X___ The agency seeks the following under section 1135(b)(1)(C) and/or section 1135(b)(5) of the Act:

a. ___X___ SPA submission requirements – the agency requests modification of the requirement to submit the SPA by March 31, 2020, to obtain a SPA effective date during the first calendar quarter of 2020, pursuant to 42 CFR 430.20.

b. ___X___ Public notice requirements – the agency requests waiver of public notice requirements that would otherwise be applicable to this SPA submission. These requirements may include those specified in 42 CFR 440.386 (Alternative Benefit Plans), 42 CFR 447.57(c) (premiums and cost sharing), and 42 CFR 447.205 (public notice of changes in statewide methods and standards for setting payment rates).

TN: ___20-0012________ Approval Date: _June 17, 2020_
Supersedes TN: __new_____________ 1 Effective Date: _March 1, 2020_
This SPA is in addition to Disaster Relief SPA 20-0013, approved on May 1, 2020 and does not supersede anything approved in that SPA, with the exception of Section C – Premiums and Cost Sharing, item 1.
c. _____ Tribal consultation requirements – the agency requests modification of tribal consultation timelines specified in [insert name of state] Medicaid state plan, as described below:

Please describe the modifications to the timeline.

Section A – Eligibility

1. _____ The agency furnishes medical assistance to the following optional groups of individuals described in section 1902(a)(10)(A)(ii) or 1902(a)(10)(c) of the Act. This may include the new optional group described at section 1902(a)(10)(A)(ii)(XXIII) and 1902(ss) of the Act providing coverage for uninsured individuals.

Include name of the optional eligibility group and applicable income and resource standard.

2. _____ The agency furnishes medical assistance to the following populations of individuals described in section 1902(a)(10)(A)(ii)(XX) of the Act and 42 CFR 435.218:

   a. _____ All individuals who are described in section 1905(a)(10)(A)(ii)(XX)

      Income standard: _____________

      -or-

   b. _____ Individuals described in the following categorical populations in section 1905(a)
      of the Act:

      Income standard: _____________

3. _____ The agency applies less restrictive financial methodologies to individuals excepted from financial methodologies based on modified adjusted gross income (MAGI) as follows.

Less restrictive income methodologies:
Less restrictive resource methodologies:

<table>
<thead>
<tr>
<th>Number</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>4.</td>
<td>_____ The agency considers individuals who are evacuated from the state, who leave the state for medical reasons related to the disaster or public health emergency, or who are otherwise absent from the state due to the disaster or public health emergency and who intend to return to the state, to continue to be residents of the state under 42 CFR 435.403(j)(3).</td>
</tr>
<tr>
<td>5.</td>
<td>_____ The agency provides Medicaid coverage to the following individuals living in the state, who are non-residents:</td>
</tr>
<tr>
<td>6.</td>
<td>_____ The agency provides for an extension of the reasonable opportunity period for non-citizens declaring to be in a satisfactory immigration status, if the non-citizen is making a good faith effort to resolve any inconsistencies or obtain any necessary documentation, or the agency is unable to complete the verification process within the 90-day reasonable opportunity period due to the disaster or public health emergency.</td>
</tr>
</tbody>
</table>

Section B – Enrollment

1. _____ The agency elects to allow hospitals to make presumptive eligibility determinations for the following additional state plan populations, or for populations in an approved section 1115 demonstration, in accordance with section 1902(a)(47)(B) of the Act and 42 CFR 435.1110, provided that the agency has determined that the hospital is capable of making such determinations.

   Please describe the applicable eligibility groups/populations and any changes to reasonable limitations, performance standards or other factors.

2. _____ The agency designates itself as a qualified entity for purposes of making presumptive eligibility determinations described below in accordance with sections 1920, 1920A, 1920B, and 1920C of the Act and 42 CFR Part 435 Subpart L.

   Please describe any limitations related to the populations included or the number of allowable PE periods.
3. _____ The agency designates the following entities as qualified entities for purposes of making presumptive eligibility determinations or adds additional populations as described below in accordance with sections 1920, 1920A, 1920B, and 1920C of the Act and 42 CFR Part 435 Subpart L. Indicate if any designated entities are permitted to make presumptive eligibility determinations only for specified populations.

*Please describe the designated entities or additional populations and any limitations related to the specified populations or number of allowable PE periods.*

4. _____ The agency adopts a total of _____ months (not to exceed 12 months) continuous eligibility for children under age enter age _____ (not to exceed age 19) regardless of changes in circumstances in accordance with section 1902(e)(12) of the Act and 42 CFR 435.926.

5. _____ The agency conducts redeterminations of eligibility for individuals excepted from MAGI-based financial methodologies under 42 CFR 435.603(j) once every _____ months (not to exceed 12 months) in accordance with 42 CFR 435.916(b).

6. _____ The agency uses the following simplified application(s) to support enrollment in affected areas or for affected individuals (a copy of the simplified application(s) has been submitted to CMS).
   a. _____ The agency uses a simplified paper application.
   b. _____ The agency uses a simplified online application.
   c. _____ The simplified paper or online application is made available for use in call-centers or other telephone applications in affected areas.

**Section C – Premiums and Cost Sharing**

1. **X** The agency suspends deductibles, copayments, coinsurance, and other cost sharing charges as follows:

   Missouri Medicaid suspends Medicaid copayments for all items and services for all eligibility groups.

   The cost sharing policy approved in 20-0012 supersedes the cost sharing policy approved in 20-0013.

2. _____ The agency suspends enrollment fees, premiums and similar charges for:
   a. _____ All beneficiaries

TN: __20-0012_____________ Approval Date: _June 17, 2020_
Supersedes TN: __new______________ 1 Effective Date: _March 1, 2020_

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b. _____ The following eligibility groups or categorical populations:

Please list the applicable eligibility groups or populations.

3. _____ The agency allows waiver of payment of the enrollment fee, premiums and similar charges for undue hardship.

Please specify the standard(s) and/or criteria that the state will use to determine undue hardship.

Section D – Benefits

Benefits:

1. __X__ The agency adds the following optional benefits in its state plan (include service descriptions, provider qualifications, and limitations on amount, duration or scope of the benefit):

Other Practitioner Services

Allow licensed pharmacists practicing within their scope of practice to: order, collect specimens, conduct tests, interpret tests, and administer vaccines for the diagnosis, treatment, and prevention of COVID-19.

Allow licensed pharmacists practicing within their scope of practice to administer any prescribed injectable covered outpatient drug during the COVID-19 pandemic.

2. __X___ The agency makes the following adjustments to benefits currently covered in the state plan:

Home Health (Attachment 3.1.A- page 12c)

An advanced practice registered nurse who is working in accordance with State law, or a physician assistant who is working in accordance with State law may: (1) order home health services; (2) establish and periodically review a plan of care for home health services (e.g., sign the plan of care), (3) certify and re-certify that the patient is eligible for home health services.

Personal Care (Attachment 3.1.A- page 18ee, 18f and 18g)
Allow flexibility to deliver personal care services not in accordance with a service plan approved by the state. Providers able to meet the needs or participants may deliver any personal care task deemed necessary to protect the health and welfare of the participant, within the authorized unit limit, even if the specific task is not listed in the plan of care.

Authorized nurse supervisory visits may be provided through telehealth, if based on professional judgment, the service can be appropriately provided.

Authorized nurse visits may be performed by graduate nurses. A graduate nurse may provide services until receipt of the results of the first licensure examination taken by the graduate nurse or until ninety (90) days after graduation, whichever comes first.

3. ___X__ The agency assures that newly added benefits or adjustments to benefits comply with all applicable statutory requirements, including the statewideness requirements found at 1902(a)(1), comparability requirements found at 1902(a)(10)(B), and free choice of provider requirements found at 1902(a)(23).

4. ____ Application to Alternative Benefit Plans (ABP). The state adheres to all ABP provisions in 42 CFR Part 440, Subpart C. This section only applies to states that have an approved ABP(s).
   a. ___ The agency assures that these newly added and/or adjusted benefits will be made available to individuals receiving services under ABPs.
   b. ___ Individuals receiving services under ABPs will not receive these newly added and/or adjusted benefits, or will only receive the following subset:

       Please describe.

Telehealth:

5. _____ The agency utilizes telehealth in the following manner, which may be different than outlined in the state’s approved state plan:

       Please describe.

Drug Benefit:

6. _____ The agency makes the following adjustments to the day supply or quantity limit for covered outpatient drugs. The agency should only make this modification if its current state plan pages have limits on the amount of medication dispensed.
Please describe the change in days or quantities that are allowed for the emergency period and for which drugs.

7. _____ Prior authorization for medications is expanded by automatic renewal without clinical review, or time/quantity extensions.

8. _____ The agency makes the following payment adjustment to the professional dispensing fee when additional costs are incurred by the providers for delivery. States will need to supply documentation to justify the additional fees.

Please describe the manner in which professional dispensing fees are adjusted.

9. _____ The agency makes exceptions to their published Preferred Drug List if drug shortages occur. This would include options for covering a brand name drug product that is a multi-source drug if a generic drug option is not available.

Section E – Payments

Optional benefits described in Section D:

1. _____ Newly added benefits described in Section D are paid using the following methodology:
   a. ____ Published fee schedules –
      
      Effective date (enter date of change): _____________
      
      Location (list published location): _____________
      
   b. ____ Other:
      
      Describe methodology here.

Increases to state plan payment methodologies:

2. _____ The agency increases payment rates for the following services:

Please list all that apply.
a. Payment increases are targeted based on the following criteria:

Please describe criteria.

b. Payments are increased through:

i. A supplemental payment or add-on within applicable upper payment limits:

Please describe.

ii. An increase to rates as described below.

Rates are increased:

- Uniformly by the following percentage: _____________
- Through a modification to published fee schedules –
  Effective date (enter date of change): _____________
  Location (list published location): _____________
- Up to the Medicare payments for equivalent services.
- By the following factors:

Please describe.

Payment for services delivered via telehealth:

3. For the duration of the emergency, the state authorizes payments for telehealth services that:

a. Are not otherwise paid under the Medicaid state plan;

b. Differ from payments for the same services when provided face to face;

c. Differ from current state plan provisions governing reimbursement for
telehealth;

*Describe telehealth payment variation.*

d. _____ Include payment for ancillary costs associated with the delivery of covered services via telehealth, (if applicable), as follows:

i. _____ Ancillary cost associated with the originating site for telehealth is incorporated into fee-for-service rates.

ii. _____ Ancillary cost associated with the originating site for telehealth is separately reimbursed as an administrative cost by the state when a Medicaid service is delivered.

Other:

4. __X__ Other payment changes:

*Please describe.*

**Personal Care Services (4.19-B page 4a)**

Agency Model: The total monthly payment made on behalf of an individual may exceed 60% of the average monthly statewide cost for care in a nursing institution (excluding state mental intermediate care facilities), and the total monthly payment for an individual eligible for advanced personal care may exceed 100% of the average monthly statewide cost for care in a nursing institution (excluding state mental intermediate care facilities) for the following reasons:

*for participants receiving services in a residential care facility or assisted living facility to receive three additional units per day to comply with CDC guidelines of no congregate dining, participants may only go above the respective cost maximum by the amount of units authorized for this purpose; and

*for participants receiving 20 units of telehealth personal care services in order to ensure their health, safety and welfare during the emergency situation, participants may only go above the respective cost maximum by the amount of units authorized for this purpose.

Consumer Directed Model: The total monthly payment for personal care assistance for individuals may exceed 60% of the average monthly statewide cost for care in a nursing institution (excluding state mental intermediate care facilities) for the following reason:

*for participants receiving 20 units of telehealth personal care services in order to ensure their health, safety and welfare during the emergency situation, participants may only go above the 60% cost maximum by the amount of units authorized for this purpose.

**Section F – Post-Eligibility Treatment of Income**

1. _____ The state elects to modify the basic personal needs allowance for institutionalized

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individuals. The basic personal needs allowance is equal to one of the following amounts:

a. ___ The individual’s total income
b. ___ 300 percent of the SSI federal benefit rate
c. ___ Other reasonable amount: ________________

2. ____ The state elects a new variance to the basic personal needs allowance. (Note: Election of this option is not dependent on a state electing the option described the option in F.1. above.)

The state protects amounts exceeding the basic personal needs allowance for individuals who have the following greater personal needs:

Please describe the group or groups of individuals with greater needs and the amount(s) protected for each group or groups.

Section G – Other Policies and Procedures Differing from Approved Medicaid State Plan /Additional Information

Personal Care (Agency Model) and Personal Care Assistance (Consumer Directed Services)

All evaluations, assessments, and person centered care plan meeting completed by DSDS or designated providers assessors shall be conducted via telephone. Required forms and other necessary documents shall be discussed with HCBS participants or their designee via telephone. Participant or designee acknowledgment shall be accepted verbally by telephone for all documents/ forms. Verbal signatures must be documented with the acknowledging party’s name with a case note: “via telephone.”

As needed, reevaluation and reassessments along with care plans may be extended for up to one year past the due date.

For agency model personal care, family members who do not live in the same residence and are not legally responsible individuals, spouses or legal guardians, may provide services when no other care giver is available and must be employed by or contracted with a Medicaid HCBS contracted provider.

Training requirements are suspended for personal care and advanced personal care aides. Providers are expected to train each individual on the person-specific needs of each participant they will begin serving via telephone or other means. The training must include information on participant rights and all information regarding abuse, neglect and exploitation of participants and the importance of reporting fraudulent activities to the State.
PRA Disclosure Statement

According to the Paperwork Reduction Act of 1995, no persons are required to respond to a collection of information unless it displays a valid OMB control number. The valid OMB control number for this information collection is 0938-1148 (Expires 03/31/2021). The time required to complete this information collection is estimated to average 1 to 2 hours per response, including the time to review instructions, search existing data resources, gather the data needed, and complete and review the information collection. Your response is required to receive a waiver under Section 1135 of the Social Security Act. All responses are public and will be made available on the CMS web site. If you have comments concerning the accuracy of the time estimate(s) or suggestions for improving this form, please write to: CMS, 7500 Security Boulevard, Attn: PRA Reports Clearance Officer, Mail Stop C4-26-05, Baltimore, Maryland 21244-1850. ***CMS Disclosure*** Please do not send applications, claims, payments, medical records or any documents containing sensitive information to the PRA Reports Clearance Office. Please note that any correspondence not pertaining to the information collection burden approved under the associated OMB control number listed on this form will not be reviewed, forwarded, or retained. If you have questions or concerns regarding where to submit your documents, please contact the Centers for Medicaid & CHIP Services at 410-786-3870.

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