

STATE: MINNESOTA

ATTACHMENT 3.1-A

Effective: August 1, 2009

Page 25

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Approved: DEC 11 2009

Supersedes: 09-18 (06-03, 04-10, 03-10, 01-14)

6.d.A. Other practitioners' services.

Mental health services are limited to those provided by the following mental health professionals within the applicable scope of licensure:

- ~~(1)~~ psychiatrist;
- ~~(2)~~ (1) licensed psychologist;
- ~~(3)~~ (2) licensed psychological practitioner;
- ~~(4)~~ (3) licensed independent clinical social worker;
- ~~(5)~~ (4) registered nurse with:
 - (a) certification as a clinical nurse specialist or nurse practitioner in psychiatric and mental health nursing; or
 - (b) a master's degree in nursing or one of the behavioral sciences or related fields, with at least 4,000 hours of post-master's supervised experience; and
- ~~(6)~~ (5) licensed marriage and family therapists with at least two years of post-master's supervised experience. Covered Medicaid mental health services do not include marriage counseling; and
- ~~(7)~~ (6) effective January 1, 2010, licensed professional clinical counselor with at least 4,000 hours of post-master's supervised experience.

Mental health services are subject to the same limitations as psychiatric services described under Item 5.a., Physicians' services.

Services by mental health professionals include developing individual treatment plans to promote good mental health and self-management of mental health conditions, and directing and overseeing the implementation of the individual treatment plans by community health workers.

Telemedicine services. Mental health services that are otherwise covered as direct face-to-face services may be provided via two-way, interactive video if medically appropriate to the condition and needs of the recipient.

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ATTACHMENT 3.1-A

Page 54b

13.d. Rehabilitative services. (continued)

1. Services recommended by a psychiatrist, licensed psychologist, licensed independent clinical social worker, registered nurse with certification as a clinical nurse specialist in psychiatric and mental health nursing or a master's degree in nursing or one of the behavioral sciences or related fields, with at least 4,000 hours of post-master's supervised experience; licensed psychological practitioner; ~~or~~ licensed marriage and family therapist with at least two years of post-master's supervised experience; or, effective January 1, 2010, licensed professional clinical counselor with at least 4,000 hours of post-master's supervised experience.
 2. Services supervised by an enrolled psychiatrist or other mental health professional listed in item 6.d.A.
 3. Services provided in or by one of the following:
 - A. Joint Commission on the Accreditation of Healthcare Organizations approved outpatient hospital;
 - B. Community Mental Health Center;
 - C. County contracted day treatment provider.
 4. Services provided up to 15 hours per week.
- Community health worker services are recommended by a mental health professional defined in item 6.d.A. after a diagnostic assessment. They are provided pursuant to an individual treatment plan, written by a mental health professional or by a mental health practitioner under the clinical supervision of a mental health professional.
 - **Mental health community support services** are recommended by a mental health professional defined in item 6.d.A. after a diagnostic assessment and a functional assessment. They are provided pursuant to an individual treatment plan, written by a mental health professional or by a mental health practitioner under the clinical supervision of a mental health professional. The services are provided on a one-to-one basis or in a group in a recipient's home, a relative's home, school, place of employment, or other community setting.

Telemedicine services. Mental health community support services, except adult day treatment services and intensive residential treatment services, that are otherwise covered as direct face-to-face services may be provided via two-way, interactive video if medically appropriate to the condition and needs of the recipient.

The following are eligible to provide mental health community

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ATTACHMENT 3.1-A

Page 54c.1

13.d. Rehabilitative services. (continued)

(b) has at least 6,000 hours of supervised experience in the delivery of services to persons with mental illness;

(c) is a graduate student in one of the behavioral sciences or related fields and is formally assigned by an accredited college or university to an agency or facility for clinical training; or

(d) holds a master's or other graduate degree in one of the behavioral sciences or related fields from an accredited college or university and has less than 4,000 hours post-master's experience in the treatment of mental illness.

A mental health practitioner must receive ongoing continuing education training as required by the practitioner's professional license; or, if not licensed, a mental health practitioner must receive ongoing continuing education training of at least 30 hours every two years in areas of mental illness and mental health services.

2. A mental health rehabilitation worker must:

A. Be at least 21 years of age;

B. Have a high school diploma or equivalent;

C. Have successfully completed 30 hours of training before provision of direct services or during the past two years immediately prior to the date of hire, in all the following areas: covering recipient rights, recipient-centered individual treatment planning, behavioral terminology, mental illness, co-occurring mental illness and substance abuse, psychotropic medications and side effects, functional assessment, local community resources, adult vulnerability, and recipient confidentiality; and

D. Meet the qualifications in (1) or (2) below:

(1) Have an associate of arts degree or two year full-time post secondary education in one of the behavioral sciences or human services, be a registered nurse without a bachelor's degree, or within the previous ten years:

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ATTACHMENT 3.1-A

Page 54d

13.d. Rehabilitative services. (continued)

- (a) Have three years of personal life experience with serious and persistent mental illness;
 - (b) Have three years of life experience as a primary caregiver to a person with a serious mental illness or traumatic brain injury; or
 - (c) Have 4,000 hours of supervised paid work experience in the delivery of mental health services to persons with serious mental illness or traumatic brain injury; or
- (2) (a) Be fluent in the language or competent in the culture of the ethnic group to which at least 20 percent of the mental health rehabilitation worker's clients belong;
- (b) Receive monthly individual clinical supervision by a mental health professional during the first 2,000 hours of work. Supervision must be documented;
 - (c) Have 18 hours of documented field supervision by a mental health professional or mental health practitioner during the first 160 hours of contact work with recipients and at least six hours of field supervision quarterly during the following year;
 - (d) Have review and cosignature of charting of recipient contacts during field supervision by a mental health professional or mental health practitioner; and
 - (e) Have ~~40~~ 15 hours of additional continuing education on mental health topics during the first year of employment and 15 hours during every additional year of employment.
- E. Receive ongoing continuing education training of at least 30 hours every two years in areas of mental illness and mental health services and other areas specific to the population being served.

STATE: MINNESOTA

ATTACHMENT 3.1-B

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Page 24

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6.d.A. Other practitioners' services.

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 - (a) certification as a clinical nurse specialist or nurse practitioner in psychiatric and mental health nursing; or
 - (b) a master's degree in nursing or one of the behavioral sciences or related fields, with at least 4,000 hours of post-master's supervised experience; ~~and~~
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ATTACHMENT 3.1-B
Page 53b

13.d. Rehabilitative services. (continued)

1. Services recommended by a psychiatrist, licensed psychologist, licensed independent clinical social worker, registered nurse with certification as a clinical nurse specialist in psychiatric and mental health nursing or a master's degree in nursing or one of the behavioral sciences or related fields, with at least 4,000 hours of post-master's supervised experience; licensed psychological practitioner; ~~or~~ licensed marriage and family therapist with at least two years of post-master's supervised experience; or, effective January 1, 2010, licensed professional clinical counselor with at least 4,000 hours of post-master's supervised experience.
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ATTACHMENT 3.1-B

Page 53c.1

13.d. Rehabilitative services. (continued)

(b) has at least 6,000 hours of supervised experience in the delivery of services to persons with mental illness;

(c) is a graduate student in one of the behavioral sciences or related fields and is formally assigned by an accredited college or university to an agency or facility for clinical training; or

(d) holds a master's or other graduate degree in one of the behavioral sciences or related fields from an accredited college or university and has less than 4,000 hours post-master's experience in the treatment of mental illness.

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2. A mental health rehabilitation worker must:

A. Be at least 21 years of age;

B. Have a high school diploma or equivalent;

C. Have successfully completed 30 hours of training before provision of direct services or during the past two years immediately prior to the date of hire, in all the following areas: ~~covering~~ recipient rights, recipient-centered individual treatment planning, behavioral terminology, mental illness, co-occurring mental illness and substance abuse, psychotropic medications and side effects, functional assessment, local community resources, adult vulnerability, and recipient confidentiality; and

D. Meet the qualifications in (1) or (2) below:

(1) Have an associate of arts degree or two year full-time post secondary education in one of the behavioral sciences or human services, be a registered nurse without a bachelor's degree, or within the previous ten years:

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ATTACHMENT 3.1-B
Page 53d

13.d. Rehabilitative services. (continued)

- (a) Have three years of personal life experience with serious and persistent mental illness;
 - (b) Have three years of life experience as a primary caregiver to a person with a serious mental illness or traumatic brain injury; or
 - (c) Have 4,000 hours of supervised paid work experience in the delivery of mental health services to persons with serious mental illness or traumatic brain injury; or
- (2) (a) Be fluent in the language or competent in the culture of the ethnic group to which at least 20 percent of the mental health rehabilitation worker's clients belong;
- (b) Receive monthly individual clinical supervision by a mental health professional during the first 2,000 hours of work. Supervision must be documented;
 - (c) Have 18 hours of documented field supervision by a mental health professional or mental health practitioner during the first 160 hours of contact work with recipients and at least six hours of field supervision quarterly during the following year;
 - (d) Have review and cosignature of charting of recipient contacts during field supervision by a mental health professional or mental health practitioner; and
 - (e) Have ~~40~~ 15 hours of additional continuing education on mental health topics during the first year of employment and 15 hours during every additional year of employment.
- E. Receive ongoing continuing education training of at least 30 hours every two years in areas of mental illness and mental health services and other areas specific to the population being served.

STATE: MINNESOTA

ATTACHMENT 4.19-B

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Page 16

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6.d. Other practitioners' services.

- A. With the exception listed below, **mental health services performed by a doctoral prepared mental health professional** are paid the lower of:
- (1) submitted charge; or
 - (2) (a) 75% of the 50th percentile of the charges submitted by all providers of the service (except for services provided by home health agencies, home and community-based waiver services providers, IEP providers and providers whose payment rate is based on a percentage of the physicians' payment rate) in the calendar year specified in legislation governing maximum payment rates; or
 - (b) State agency established rate, except that psychotherapy services are paid using the same methodology as item 5.a., Physicians' services.

Effective January 1, 2000, the rate is increased by three percent.

Effective July 1, 2007, psychotherapy is paid the lower of the submitted charge or 23.7% over the rates in effect on January 1, 2006, when provided by:

- 1) ~~psychiatrists and~~ advanced practice registered nurses with a psychiatric specialty;
- 2) community mental health centers described in Attachment 3.1-A and 3.1-B at item 6.d.A; or
- 3) essential community providers as designated under Minnesota Statutes §62Q.19, in mental health clinics and centers certified under Minnesota Rules, parts 9520.0750 to 9520.0870, or hospital outpatient psychiatric departments.

Community health worker services are paid using the same methodology that applies to community health workers in item 5.a., Physicians' services.

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ATTACHMENT 4.19-B
Page 45a

13.d. Rehabilitative services. (continued)

graduate trainee at the clinical site.

(2) (Total amount available for this purpose in the Minnesota Medical Education and Research Trust Fund, divided by the state matching rate) minus \$4,850,000, multiplied by .9, multiplied by .33, multiplied by the ratio of the site's public program revenue to the public program revenue for all teaching sites.

(3) A portion of: [(the total amount available for this purpose in the Minnesota Medical Education and Research Trust Fund, divided by the state matching rate) minus \$4,850,000, multiplied by .10, multiplied by the provider's sponsoring institution's ratio of the amounts in subitems (1) and (2) to the total dollars available under subitems (1) and (2)], in the amount the sponsoring institution determines is necessary to offset clinical costs at the site.

- Community health worker services are paid using the same methodology that applies to community health workers in item 5.a., Physicians' services.
- Effective October 1, 2008, **basic living and social skills** provided as part of mental health community support services are paid:
 - for mental health professionals or mental health practitioners, the lower of the submitted charge or \$13.01 per 15 minute unit;
 - for mental health rehabilitation workers, the lower of the submitted charge or \$9.75 per 15 minute unit; or
 - in a group setting, regardless of the provider, the lower of the submitted charge or \$5.72 per 15 minute unit. For the purposes of mental health community support services, "group" is defined as two to 10 recipients.