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State/Territory Name: Maine

State Plan Amendment (SPA) #: 10-014

This file contains the following documents in the order listed:

- 1) Approval Letter
- 2) CMS 179 Form/Summary Form (with 179-like data)
- 3) Approved SPA Pages

DEPARTMENT OF HEALTH & HUMAN SERVICES

Centers for Medicare & Medicaid Services
601 E. 12th St., Room 355
Kansas City, Missouri 64106



Medicaid and CHIP Operations Group

January 30, 2020

VIA E-Mail

Jeanne Lambrew, Commissioner
Department of Health and Human Services
221 State Street
Augusta, Maine 04333-0011

Dear Commissioner Lambrew:

We are pleased to enclose an approved copy of the Maine State Plan Amendment (SPA) 10-014. The SPA was submitted on September 23, 2010. CMS received the State's formal response to a request for additional information on November 27, 2019. The SPA updates the rehabilitation service language in Attachment 3.1-A of the State plan. The State indicated that there were no changes to coverage, but that more detail was added regarding services and service provider qualifications. The State also indicated that there was no fiscal impact since the SPA reflected current practice. The effective date for this SPA is September 1, 2010, as requested by your agency.

If you have questions concerning this letter, please Nancy Grano at 617-565-1695 or at Nancy.Grano@cms.hhs.gov.

Sincerely,

/s/

James G. Scott, Division Director
Division of Program Operations

TRANSMITTAL AND NOTICE OF APPROVAL OF STATE PLAN MATERIAL FOR: HEALTH CARE FINANCING ADMINISTRATION		1. TRANSMITTAL NUMBER: 10-014	2. STATE: MAINE
		3. PROGRAM IDENTIFICATION: TITLE XIX OF THE SOCIAL SECURITY ACT (MEDICAID)	
TO: REGIONAL ADMINISTRATOR CENTERS FOR MEDICARE AND MEDICAID SERVICES DEPARTMENT OF HEALTH AND HUMAN SERVICES		4. PROPOSED EFFECTIVE DATE(S) 9/1/10	
5. TYPE OF PLAN MATERIAL (CHECK ONE): <input type="checkbox"/> NEW STATE PLAN <input type="checkbox"/> AMENDMENT TO BE CONSIDERED AS NEW PLAN <input checked="" type="checkbox"/> AMENDMENT COMPLETE BLOCKS 6 THRU 10 IF THIS IS AN AMENDMENT (<i>Separate Transmittal for each amendment</i>)			
6. FEDERAL STATUTE/REGULATION CITATION:		7. FEDERAL BUDGET IMPACT: Cost Neutral	
8. PAGE NUMBER OF THE PLAN SECTION OR ATTACHMENT: XXXXXXXXXXXXXX Page 1 of Attachment 3.1-A Page 5 and 6, and XXXXXXXXXXXXXX ATTACHMENT TO 3.1-A, PAGE 7 Page 2 of Attachment 3.1-A Page 5 and 6		9. PAGE NUMBER OF THE SUPERSEDED PLAN SECTION OR ATTACHMENT (<i>If Applicable</i>): Attachment 3.1-A Pages 5 XXXXXXXXXXXXXX through 5(a)(xxv)	
SUBJECT OF AMENDMENT: BEHAVIORAL HEALTH SERVICES			
11. GOVERNOR'S REVIEW (<i>Check One</i>): <input type="checkbox"/> GOVERNOR'S OFFICE REPORTED NO COMMENT <input checked="" type="checkbox"/> OTHER, AS SPECIFIED <input type="checkbox"/> COMMENTS OF GOVERNOR'S OFFICE ENCLOSED COMMISSIONER, DEPT. OF HUMAN SERVICES <input type="checkbox"/> NO REPLY RECEIVED WITHIN 45 DAYS OF SUBMITTAL			
12. SIGNATURE OF STATE AGENCY OFFICIAL: 		16. RETURN TO: ANTHONY MARPLE Director, MaineCare Services #11 State House Station 442 CIVIC CENTER DRIVE Augusta, ME 04333-0011	
13. TYPED NAME: BRENDA HARVEY			
14. TITLE: Commissioner, Maine Department of Health and Human Services			
15. DATE SUBMITTED: 10/24/10			
FOR REGIONAL OFFICE USE ONLY			
17. DATE RECEIVED: 09/23/2010		18. DATE APPROVED: 01/28/2020	
PLAN APPROVED - ONE COPY ATTACHED			
19. EFFECTIVE DATE OF APPROVED MATERIAL: 09/01/2010		20. SIGNATURE OF REGIONAL OFFICIAL: /s/	
21. TYPED NAME: James G. Scott		22. TITLE: Division of Program Operations	
23. REMARKS: Maine and CMS agreed by email on 01/27/2020 and initials to pen and ink changes to correct page numbers in Boxes 8 and 9.			

AMOUNT, DURATION, AND SCOPE OF MEDICAL
AND REMEDIAL CARE AND SERVICES PROVIDED TO THE CATEGORICALLY NEEDY

Item 13a. Diagnostic Services

AMOUNT, DURATION, AND SCOPE OF MEDICAL
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- 1) Assessment:** Consists of evaluation, testing, diagnosis, including co-occurring mental health and substance abuse diagnoses, additionally focusing on identification of strengths, developmental and emotional needs, and problems of the members and their families. Services may be performed by a physician (MD/DO), psychiatrist, psychological examiner, psychologist, mental health agency, independently licensed clinician (Licensed Clinical Social Worker (LCSW), Licensed Clinical Professional Counselor (LCPC), Licensed Marriage and Family Therapist (LMFT)), or substance abuse professional (Licensed Alcohol and Drug Counselor (LADC), Certified Alcohol and Drug Counselor (CADC)). These services are prior authorized. These services are for adults and children.

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- 2) **One-time Lead Investigations:** Coverage of one-time lead investigations is limited to a health profession's (lead inspectors) time and activities during an on-site investigation of a child's primary residence that result from evidence of elevated blood lead levels according to the levels recommended by the Centers for Disease Control and Prevention. Medicaid does not reimburse for testing of secondary dwellings. Medicaid reimbursement is not available for testing of substances (water, paint, etc.), which are sent to a lab for analysis.

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Item 13b. Screening Services

TN No. 10-014
Supersedes
TN No. 98-007

Approval Date: 1-28-20

Effective Date: 9-1-10

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Item 13c. Preventative Services

These services are recommended by a physician or other licensed practitioner of the healing arts within the scope of his practice under State law to (a) prevent disease, disability, and other health conditions or their progression; (b) prolong life; and (c) promote physical and mental health and efficiency.

- 1) **Residential Services for Children:** Residential services means individually tailored supports that assist with the acquisition, retention, or improvement in skills related to living in the community. These supports are delivered according to different models and may include:
- a) Assessment;
 - b) Crisis support;
 - c) Behavioral and developmental therapy;
 - d) Medication management;
 - e) Emotional development skills training aimed at promoting behaviors that affect a member's relations with other people and the member's attitudes, interest, values, and emotional expression;
 - f) Daily living skills training, aimed at addressing member dysfunction in areas necessary to maintain independent living;
 - g) Interpersonal skills training, such as structured learning therapy, which are aimed at addressing member dysfunction in areas of social appropriateness and social integration;
 - h) Community skill training, such as modeling therapy that is aimed at ameliorating member dysfunction in the awareness and appropriate use of community resources;

(1) Services may be performed by a combination of professionals including a psychiatrist, psychologist, MD, APRN (PMHNP or CNS), RN American Academy Certified Nurse (ANCC) Board Certified (RNBC), or RN Certified: AACN (RNC), clinical staff (LCSW, LMSW-CC, LCPC, LCPC-C, LMFT), BHP, OQMHP, and/or Licensed Foster Parent. Residential service providers are licensed by the State of Maine. This service is prior authorized. Services are not provided in Institutions of Mental Disease.

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2) **Day Habilitation for Children with Cognitive Impairments and Functional Limitation:**

Provision of regularly scheduled activities, such as assistance with acquisition, retention, or improvement in self-help, socialization and adaptive skills that enhance social development and develop skills in performing activities of daily living and community living. Activities and environments are designed to foster the acquisition of skills, building positive social behavior and interpersonal competence, greater independence and personal choice. Day habilitation services focus on enabling the participant to attain or maintain his or her maximum potential and shall be coordinated with any needed therapies. Services may be provided individually or in a group setting. Services must be provided by a BHP. These services are prior authorized. These services are for children.

a) **Specialized Services for Children with Cognitive Impairments and Functional Limitations:**

Treatment services for children who utilize behavioral interventions designed to improve socially significant behaviors and developmentally appropriate skills to a measurable degree. Services are scientifically-based interventions that have been shown to significantly improve the behavioral achievement of the children. Services may be provided by a Board Certified Behavior Analyst (BCBA) or BHP under the supervision of a psychologist or a BCBA. These services are prior authorized.

b) **Children's Behavioral Health Day Treatment:** Services provided in schools in coordination with an Individual Education Plan (IEP) or Individual Family Service Plan (IFSP). Services are structured therapeutic services designed to improve a member's functioning in daily living and community living. Services include a mixture of individual, group, and activities therapy and also include therapeutic treatment oriented toward developing a child's emotional and physical capability in the area of interpersonal functioning. Services may include behavioral strategies and interventions. Services may be performed by clinicians (psychiatrist, psychologist, LCSW, LMSW, LCPC, LMFT), MHRT, BCBA, and BHP. Services are delivered in school-based settings. These services are prior authorized.

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13d. Rehabilitative Services –all rehabilitative services are recommended by a physician or other licensed practitioner.

- 1) **Community Integration Services:** Provides biopsychological assessment, treatment planning, and care coordination to members in order to restore independent community living. Community Integration workers coordinate referrals and advocates access by the member to service(s) and natural support(s) identified in his or her Individual Support Plan. Services are performed by a Mental Health Rehabilitation Technician – Community (MHRT/C). These services are prior authorized. These services are for adults.

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- 2) **Community Rehabilitation Services (CRS):** Includes individualized combinations of Community Integration Services, and Behavioral Health Skills Training and Development and must be available 24 hours per day, 7 days a week. Services are performed by a MHRT/C and Mental Health Rehabilitation Technician – Level One (MHRT-I). These services are prior authorized to avoid duplication of services. These services are for adults.

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- 3) Assertive Community Treatment (ACT):** Provides individualized intensive integrative services delivered via a multi-disciplinary team of practitioners that are available twenty-four (24) hours a day, seven (7) days a week, 365 days a year. ACT services are recovery based and primarily community-based. They are intended to prevent future admission to psychiatric hospitalization or a residential care facility. Services include assessments, substance abuse treatment, employment-support, treatment planning, illness management and recovery skills, individual supportive therapy, assistance with activities of daily living, medication monitoring, and day-to-day interventions with member and support networks. These services are prior authorized. Services may be performed by the following providers depending on whether the service is for an adult or child:
- a) **Adult ACT services:** Team may include a psychiatrist or Advanced Practice Registered Nurse (APRN) (psychiatric and mental health clinical nurse specialist (CNS), or Advance Practice Psychiatric and Mental Health Registered Nurse Practitioner (PMHNP)), Registered Nurse (RN), certified rehabilitation counselor, employment specialist, Certified Intentional Peer Support Specialist (CIPSS), LADC, CADC, licensed occupational therapist (OT), MHRT/C, psychologist, LCSW or LCPC.
 - b) **Children's ACT services:** Team may include a psychiatrist, APRN (PMHNP or CNS with advanced training in children's psychiatric mental health and approval of OCFS Medical Director or working under the supervision of a psychiatrist), and LCSW, LCPC, LMFT, psychologist; physician assistant with advanced training in children's psychiatric mental health; RN with advanced training in children's psychiatric mental health, LMSW-clinical conditional (LMSW-cc), LCPC conditional (LCPC-c), LADC, CADC, or Other Qualified Mental Health Professional (OQMHP).

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4) Behavioral Health Skills Training and Development Services

- (1) Includes therapeutic support to restore the adult member's skills and abilities essential to independent living and avoiding crises intervention or hospitalization. These services reorient members to time, place, and circumstance. Services may be in an individual or group setting and may use various evidence based models. Services may be performed by a MHRT/C, MHRT-I, with a Certified Residential Medication Aide (CRMA) and other qualified mental health professional. These services are prior authorized. These services are for adults.

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- 5) **Crisis Services:** Consists of immediate crisis-oriented therapeutic intervention services provided to members with a serious problem of disturbed thought, behavior, mood, or social relationships. Services are oriented toward the amelioration and stabilization of these acute emotional disturbances to ensure the safety of a member or society. Services include all components of screening, assessment, planning, evaluation, intervention, and disposition, and are available twenty-four (24) hours a day, seven (7) days a week. Providers are contracted with DHHS. Services must be performed by a certified MHRT. Out-of-home Crisis Residential Services are prior authorized. These services are for adults and children.

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- 6) **Medication Assisted Treatment (MAT):** Consists of treatment for substance use disorder that includes the use of methadone and in accordance with regulations from the Substance Abuse and Mental Health Services Agency. Services include assessment, planning, counseling, drug use disorder testing, and medication administration. Services may be performed by a MD/DO, psychologist, APRN, LADC, CADC, LCSW, LCPC, and LMFT. These services are for adults and children.

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- 7) **Enhanced Family Treatment:** Designed for youth needing a higher intensity of services than outpatient therapy, but lower than Children's Assertive Community Treatment. Enhanced Family Treatment is a structured, consistent, strength-based therapeutic relationship between a licensed clinician and the youth and family for the purpose of treating the youth's behavioral health needs, including improving the family's ability to provide effective support for the youth to promote his/her healthy functioning within the family. Interventions include behavior modification and family therapy. Enhanced Family Treatment may utilize various evidence-based models. This service is prior authorized. Services are provided to members via a team approach or by an individually licensed mental health professional (Psychologist, LCSW, LMSW-CC, LCPC, LCPC-C, LMFT, LMFT-C) and a certified Behavioral Health Professional (BHP). These services are for children. These services are for the direct benefit of the child.

TN No. 10-014

Approval Date: 1-28-20

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TN No. 98-007

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- 8) Therapy and Counseling Services:** Therapy and Counseling services are provided in an individual or group setting, focusing on developmental, emotional needs, and problems of members and their families. These services include specific therapies based on evidence-based models. Services may be provided to members with mental health and/or substance abuse disorders. These services are prior authorized and have a limit of seventy-two (72) quarter-hour units of service per year. Additional units may be authorized if medical necessity standards are met. Services may be performed by a psychologist, LCSW, LMSW-CC, LCPC, LCPC-C, LMFT, LADC, CADC, MD/DO, or APRN. Certain evidence-based models may also include a CIPSS, psychiatric nurse, certified rehabilitation counselor, RN under supervision of a psychiatrist, physician assistant under the supervision of a psychiatrist, PMHNP, OT, certified employment specialist, MHRT, or CRMA. These services are for adults and children.

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- 9) **Family Psychoeducation Treatment:** Evidence-based practice provided via single-family session or multi-family groups. Clinical elements include engagement sessions, psychoeducational workshops, and on-going treatment sessions focused on solving problems that interfere with treatment and rehabilitation, including co-occurring mental health and substance abuse diagnoses. Services are performed by a physician, psychiatrist, psychologist, PA, LCSW, LFMT, LCPC, LMSW, APRN (PMHNP, CNS), or a MHRT. Psychoeducational treatment to the beneficiary's family is for the direct benefit of the beneficiary, in accordance with the beneficiary's needs and treatment goals identified in the beneficiary's treatment plan, and for the purpose of assisting in the beneficiary's recovery.

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10) Intensive Outpatient Services (IOP): Intensive and structured service of alcohol and drug assessment, diagnosis, including co-occurring mental health and substance abuse diagnoses, and treatment services in a non-residential setting aimed at members who meet ASAM placement criteria level II.1 or level II.5. Services may include individual, group, or family counseling as part of a comprehensive treatment plan. Services are delivered for a minimum of three (3) hours per diem, three (3) days a week. Services must be provided under the direction of a physician (MD/DO) or psychologist, and delivered by a qualified staff (APRN, LADC, CADC, LCSW, LMSW-CC, LCPC, LCPC-C, LMFT, LMFT-C). These services are for adults and children.

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- 11) **Neurorehabilitation/Neurobehavioral Services:** Designed to address the unique medical, physical, cognitive, psychological, and behavioral needs of members with acquired brain injuries. Services include clinical assessment services, intensive integrated neurorehabilitation, neurobehavioral rehabilitation, compensatory interventions and treatment,, a. Services are performed both one-on-one and in groups by the following professionals: MD, DO, neuropsychologist, RN, certified therapeutic recreation specialist, OT, certified Occupational Therapist Assistant-Licensed (OTA-L), Physical Therapist (PT), licensed Physical Therapist Assistant (PTA), speech language pathologist, speech language pathology assistant, social worker, Licensed Professional Counselors (LPC), LCPC, or other qualified staff. These services are for adults and children.

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12) Clinically Managed Residential Services (includes high-intensity adult criteria and medium-intensity adolescent criteria): Delivered in accordance to ASAM Level 3.5, these services are designed to treat persons who have significant social and psychological problems. Services include therapeutic treatment and planning consisting of assessment, diagnostic, and counseling services. The treatment mode may vary with the member's needs and may be in the form of individual, group or family counseling. These services are delivered by a physician, psychiatrist, psychologist, LCSW, LCPC, LPC, RN, Licensed Practical Nurse (LPN), LADC, other qualified alcohol and drug treatment staff. These services are for adults and children.

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13) Medically Monitored Inpatient Programs (intensive for adults, high-intensity for adolescents):

Delivered in accordance to ASAM Level 3.7 which provides a planned a structured regimen of 24-hour professionally directed evaluation, observation, medical monitoring, and addiction treatment in an inpatient setting. Services are intended for individuals who have recent history of lower levels of treatment or have comorbid physical emotional, behavioral, or cognitive conditions, which increases clinical severity and complicate withdrawal management. Services provide immediate diagnosis and care to members having acute physical problems related to substance abuse. Each episode is limited to seven (7) days, but may be extended if medically necessary. Services are provided by physicians, psychiatrists, psychologists, social workers, LPCP, LPC, RN, LPN, LADC, psychiatric nurses, CADC, and other qualified alcohol and drug treatment staff. These services are for adults and children.

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- 14) **Clinically Managed Population- Specific High Intensity Residential Programs (specified for adults only):** Delivered in accordance with ASAM Level 3.3, this service provides scheduled therapeutic plan consisting of treatment services designed to enable the member to sustain a substance free life style within a supportive environment. The treatment mode may vary with the member's needs and may be in the form of individual, group or family counseling. These services are limited to two hundred seventy (270) covered days on an annual basis per member, unless the member has a documented need to exceed that limit. Services are provided by a physician, psychiatrist, psychologist, social worker, LCPC, LPC, RN, LPN, LADCs, Psychiatric nurse, CADC, and other qualified alcohol and drug treatment staff. These services are for adults.

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- 15) Clinically Managed Low-Intensity Residential Services:** Delivered in accordance with ASAM Level 3.1, this service provides scheduled therapeutic and rehabilitative treatments consisting of transitional services designed to enable the member to sustain a substance free life style in an unsupervised community situation. Members are taught attitudes, skills, and habits conducive to facilitating their transition back to the community. Treatment services may be in the mode of individual, group, or family counseling. These services are limited to a single admission of one hundred eighty (180) covered days per member per year, unless a member has a documented need to exceed that limit. Services are provided by a physician, psychiatrist, psychologist, social worker, LCPC, LPC, RN, LPN, LADCs, Psychiatric nurse, CADC, and other qualified alcohol and drug treatment staff. These services are for adults.

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16) Adult Day Health: Services are available for individuals requiring assistance with ADLs. This service provides health monitoring and personal care services in addition to a group program of care, and therapeutic activities. Therapeutic activities include restorative activities designed to maintain or improve the quality of one's life or delay deterioration of skills. Services must be provided under an individual plan of care based on an assessment by an approved medical eligibility assessment form. Members eligible for Level I of care may receive up to sixteen (16) hours per week of covered services under this Section. Members eligible for Level II of care may receive up to twenty-four (24) hours per week of covered services under this Section. Members eligible for Level III of care may receive up to forty (40) hours per week of covered services under this Section. Day health services are provided at facilities licensed by the Department. Direct services are provided by a CNA, RN, LPN, LCSW, OT/PT, or Speech Language Pathologist. This service is prior authorized. This service is for adults.

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- 17) **Medication Management:** Services that are directly related to the psychiatric evaluation, prescription, administration, education and/or monitoring of medications intended for the treatment and management of mental health disorders, substance abuse disorders and/or co-occurring disorders. Services are provided by a physician, psychiatrist, PAs, or APRNs.

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Licensed Providers

- Advanced Practice Registered Nurse (APRN)
 - Advance Practice Psychiatric and Mental Health Registered Nurse Practitioner (PMHNP)
 - Clinical Nurse Specialist (CNS)
 - Nurse Practitioner (NP)
- Doctor of Osteopathy (DO)
- Foster Parents: have at least six (6) months experience working with children with disabilities and receive ongoing training in the Treatment Foster Care model and are licensed by the State of Maine. For multidimensional foster care, foster parents must complete a minimum of 12 hours of training on the model of treatment, and they have ongoing support from a treatment parent consultant/recruiter/trainer.
- Licensed Alcohol and Drug Counselor (LADC)
- Licensed Clinical Professional Counselor (LCPC)
- Licensed Clinical Professional Counselor-Conditional (LCPC-C)
- Licensed Clinical Social Worker (LCSW)
- Licensed Marriage and Family Therapist (LMFT)
- Licensed Marriage and Family Therapist-Conditional (LMFT-C)
- Licensed Master Social Worker (LMSW)
- Licensed Master Social Worker-Conditional Clinical (LMSW-CC)
- Licensed Physical Therapy Assistant
- Licensed Practical Nurse (LPN)
- Licensed Professional Counselor (LPC)
- Licensed Psychological Examiner
- Licensed Social Worker (LSW)
- Medical Doctor (MD)
- Mental Health Clinical Nurse Specialist (CNS)
- Neuropsychologist
- Nurse Practitioner (NP)
- Occupational Therapist (OT)
- Occupational Therapist Assistant-Licensed
- Physical Therapist (PT)
- Psychiatrist
- Psychiatric nurses: hold a current active RN license and have specialized training and clinical practice in psychiatric-mental health nursing.
- Psychological Examiner
- Psychologist
- Registered Nurse (RN)

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- Registered Nurse, ANCC Board Certified (RNBC)
- Registered Nurse, Certified: American Academy Certified Nurse (RNC)
- Registered Professional Nurse (RN)
- Speech Language Pathologist

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Unlicensed Providers

- **Behavioral Health Professional:** complete 50-hour training program to earn BHP certification within one year of hire as a BHP, at least 18 years of age, have high school diploma or equivalent, have Bachelor's degree in related field, and have certification in CPR, First Aid, and Blood Borne Pathogens
- **Board Certified Behavior Analyst (BCBA):** Master's or Doctoral level degree from accredited college or university with completion of acceptable graduate coursework in behavior analysis. BCBA's must take and pass a BCBA exam, and must be certified by the Behavior Analyst Certification Board.
- **Certified Alcohol and Drug Counselor:** At least 18 years of age, take and pass board exam, pay application and certification fee, and meet one of the following education requirements: high school diploma or equivalent and minimum of 4,000 hours documented clinically supervised work experience as an alcohol and drug counseling aide consisting of at least 3 of the following functions: clinical evaluation consisting of intake screening and differential assessment, treatment planning including initial, ongoing and discharge planning, counseling of individuals, groups, couples or families, case management, and/or client and family education OR at a minimum, course work as defined by board rule or an associate degree from accredited college or university in behavioral sciences, addiction counseling or a related field as defined by board rule.
- **Certified Employment Specialist:** completed Association of Community Rehabilitation Educators (ACRE) approved course, or other employment specialist training approved by Department of Health and Human Services (DHHS) and maintains certification
- **Certified Rehabilitation Counselor:** national certification from Commission on Rehabilitation Counselor Certification
- **Certified Intentional Peer Support Specialist:** completed DHHS Office of Substance Abuse and Mental Health Services (SAMHS) curriculum for CIPSS and receives and maintains certification
- **Certified Residential Medication Aide:** certification from DHHS as CRMA, which requires 40-hour certified CRMA training program.
- **Certified Therapeutic Recreation Specialist:** completed 4-year program in therapeutic recreation from accredited college or university and be certified as a therapeutic recreation specialist under National Council for Therapeutic Recreation Certification
- **Employment Specialist:** other qualified individual who has completed DHHS approved employment specialist training.
- **Mental Health Rehabilitation Technician (MHRT/1):** Be at least 18 years old, Complete 35-hour Mental Health Support Specialist training program, Complete an approved behavioral intervention program, Complete the 40-hour Certified Residential Medication Aide (CRMA) training program, Complete CPR and first-aid training

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- Mental Health Rehabilitation Technician/Community (MHRT/C): certification from DHHS, which requires the following ten courses be completed: Introduction to Community Mental Health, Psychosocial Rehabilitation, Interviewing and Counseling, Crisis Identification and Resolution, Cultural Competency/Diversity, Vocational Aspects of Disability, Substance Abuse with a Dual Diagnosis Component, Sexual Abuse, Trauma, and Recovery, Case Management, Mental Health and Aging
- Other Qualified Alcohol and Drug Treatment Staff: are staff that have appropriate education, training, and experience in substance abuse treatment services, related disciplines as approved by the Office of Substance Abuse (OSA), or behavioral sciences; who work under a substance abuse treatment professional, consisting of at least one (1) hour per week for each twenty (20) hours of covered services rendered; and who are approved by the State Board of Alcohol and Drug Counseling as documented by written evidence on file with that office pursuant to Section 4.19 of the Regulations for Licensing/Certifying Substance Abuse Treatment Facilities in the State of Maine.
- Other Qualified Mental Health Professional (OQMHP): Is staff that has education, training, or experience that qualifies them to perform certain specified mental health functions. They receive certification from the Department, or its designee, that they are qualified to perform such functions and such verification is recorded in writing and kept in the files of the Department, or its designee; and they perform such functions under the supervision of a licensed, certified, or registered health professional with the supervisory relationship having been described to and approved by the Department in accordance with its licensing and certification regulations.
- Other Qualified Staff: staff with appropriate education, training, and experience in treatment of individuals with brain injury as approved by the Commission on Accreditation of Rehabilitation Facilities (CARF), have a satisfactory criminal background check annually, and work under documented supervision, conducted at least monthly, by the professionals as defined here.
- Speech Language Pathology Assistant: must be register under the license of a speech-language pathologist in the state or province in which services are provided; and work only under the supervision of that speech-language pathologist.