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State/Territory Name: Louisiana

State Plan Amendment (SPA) #: 15-29

This file contains the following documents in the order listed:

- 1) Approval Letter
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- 3) Approved Page(s)



DIVISION OF MEDICAID & CHILDREN'S HEALTH - REGION VI

June 7, 2016

Our Reference: SPA LA 15-0029

Ms. Jen Steele, Interim State Medicaid Director Department of Health and Hospitals 628 North 4th St. Post Office Box 91030 Baton Rouge, LA 70821-9030

Attention: Darlene Budgewater

Dear Ms. Steele:

We have reviewed the State's proposed amendment to the Louisiana State Plan submitted under Transmittal Number 15-0029 dated November 10, 2015. This state plan amendment amends the provisions governing substance use services to update the terminology and service criteria; revises the provisions governing provider certification; and revises the reimbursement methodology for children's services to reflect the integration of specialized behavioral health services into Bayou Health by establishing a capitated rate for recipients enrolled in one of the managed care organizations (MCOs). The non-risk reimbursement methodology will continue to be utilized for children/youth enrolled in the coordinated system of care (CSoC) through a CSoC contractor.

Based on the information submitted, we have approved the amendment for incorporation into the official Louisiana State Plan with an effective date change of December 1, 2015. A copy of the CMS-179 and approved plan pages are enclosed with this letter.

If you have any questions, please contact Cheryl Rupley at (214) 767-6278 or by email at <u>Cheryl.Rupley@cms.hhs.gov</u>.

Sincerelv.



Bill Brooks Associate Regional Administrator

DEPARTMENT OF HEALTH AND HUMAN SERVICES HEALTH CARE FINANCING ADMINISTRATION		FORM APPROVED OMB NO. 0938-0193
TRANSMITTAL AND NOTICE OF APPROVAL OF	1. TRANSMITTAL NUMBER:	2. STATE
STATE PLAN MATERIAL	15-0029	Louisiana
FOR: HEALTH CARE FINANCING ADMINISTRATION	3. PROGRAM IDENTIFICATION: SOCIAL SECURITY ACT (MED	
TO: REGIONAL ADMINISTRATOR	4. PROPOSED EFFECTIVE DATE	
HEALTH CARE FINANCING ADMINISTRATION DEPARTMENT OF HEALTH AND HUMAN SERVICES	December 1, 2015	
5. TYPE OF PLAN MATERIAL (Check One):		_
NEW STATE PLAN AMENDMENT TO BE CONS	SIDERED AS NEW PLAN	IENDMENT
COMPLETE BLOCKS 6 THRU 10 IF THIS IS AN AME	NDMENT (Separate Transmittal for eac	h amendment)
6. FEDERAL STATUTE/REGULATION CITATION:	7. FEDERAL BUDGET IMPACT:	
42 CFR 447, Subparts B & F	a. FFY <u>2016</u> b. FFY <u>2017</u>	<u>\$0</u> <u>\$0</u>
8. PAGE NUMBER OF THE PLAN SECTION OR ATTACHMENT:	9. PAGE NUMBER OF THE SUPE SECTION OR ATTACHMENT (
Attachment 3.1-A, Item 13.d, Pages 5 and 6		
Attachment 3.1-A, Item 13.d, Pages 7 and 8, 9, 10 and 11	SAME (TN 11-10)	
Attachment 4.19-B, Item 13.d, Page 4	NONE – New Pages SAME (TN 13-38)	
Attachment 4.19-B, Item 13.d, Page 4a	SAME (TN 13-38)	
Attachment 4.19-B, Item 13.d, Page 4b	NONE – New Page	
10. SUBJECT OF AMENDMENT: The SPA proposes to amend the		convince to: 1) undete
11. GOVERNOR'S REVIEW (Check One): GOVERNOR'S OFFICE REPORTED NO COMMENT COMMENTS OF GOVERNOR'S OFFICE ENCLOSED NO REPLY RECEIVED WITHIN 45 DAYS OF SUBMITTAL	OTHER, AS SPECIFIED: The Governor does not revi	ew state plan material
12. SIGNATURE OF CTATE AGENCY OFFICIAL:	16. RETURN TO:	
	J. Ruth Kennedy, Medicaid	Director
13. TYPED NAME:	State of Louisiana	Director
Kathy H. Kliebert	Department of Health and	Hospitals
14. TITLE:	628 N. 4 th Street	
Secretary	P.O. Box 91030	
15. DATE SUBMITTED:	Baton Rouge, LA 70821-9	D 30
November 10, 2015	U .	
FOR REGIONAL OF		
17. DATE RECEIVED: 10 November, 2015 PLAN APPROVED - ON	18. DATE APPROVED: 7 June, 20	16
19. EFFECTIVE DATE OF APPROVED MATERIAL:	20. SIGNATURE OF REGIONAL OF	FICIAL:
1 December, 2015		
21. TYPED NAME:	22. TITLE: Associate Regional A	dministrator
Bill Brooks	Division of Medicaid	
23. REMARKS:		and Children's Healt
PER RAI RESPONSE: The State requests page s	substitutions (from original submi	ssion)
for Attachment 3.1-A, Item 13d, Pages 5-8 and	0	
	a to add hew rages 3-11 (see levis	
8 above).		

AMOUNT DURATION AND SCOPE OF MEDICAL AND REMEDIAL CARE AND SERVICES PROVIDED LIMITATIONS ON THE AMOUNT, DURATION AND SCOPE OF CERTAIN ITEMS OF PROVIDED MEDICAL AND REMEDIAL CARE AND SERVICES ARE DESCRIBED BELOW:

CITAT	TION
42 CFF	R 440.130(d)

Rehabilitation Services

Substance Use Disorder Services

The Medicaid program provides coverage under the Medicaid State Plan for substance use disorders (SUD) services rendered to children and adults. SUD services rendered shall be those services which are medically necessary to reduce the disability resulting from the illness and to restore the individual to his/her best possible functioning level in the community. Children and adults who meet Medicaid eligibility and clinical criteria shall qualify to receive medically necessary SUD services. Qualifying children and adults with an identified SUD diagnosis shall be eligible to receive SUD services.

The agency or individual who has the decision-making authority for a child or adolescent in state custody must approve the provision of services to the recipient. Children who are in need of SUD services shall be served within the context of the family and not as an isolated unit.

The American Society of Addiction Medicine (ASAM) levels of care require previews on an ongoing basis as determined necessary by Department of Health and Hospitals (DHH) to document compliance with the national standards.

These services include a continuum of individually centered outpatient, intensive outpatient and residential services consistent with the individual's assessed treatment needs. The rehabilitation and recovery focus is designed to promote skills for coping with and managing substance use symptoms and behaviors. Services should address an individual's major lifestyle, attitudinal and behavioral problems that have the potential to undermine the goals of treatment.

> State: Louisiana Date Received: 11-10-15 Date Approved: 6-7-16 Date Effective: 12-1-15 Transmittal Number: 15-0029

AMOUNT DURATION AND SCOPE OF MEDICAL AND REMEDIAL CARE AND SERVICES PROVIDED LIMITATIONS ON THE AMOUNT, DURATION AND SCOPE OF CERTAIN ITEMS OF PROVIDED MEDICAL AND REMEDIAL CARE AND SERVICES ARE DESCRIBED BELOW:

CITATION		
42 CFR 440.130(d)		

Rehabilitation Services

The following ASAM levels are covered for outpatient treatment:

Level I: Outpatient

Outpatient level 1 services are professionally directed assessment, diagnosis, treatment and recovery services provided in a non-residential treatment setting. Outpatient services are organized activities which may be delivered in any appropriate community setting that meets State licensure.

Level II.1 Intensive Outpatient Treatment

Intensive outpatient treatment is professionally directed assessment, diagnosis, treatment and recovery services provided in non-residential treatment setting. Intensive outpatient services are organized activities which may be delivered in any appropriate community setting that meets State licensure.

These services include, but are not limited to, individual, group, family counseling and psycho-education on recovery, as well as monitoring of drug use, medication management, medical and psychiatric examinations, crisis intervention coverage and orientation to community-based support groups. Intensive outpatient program services should include evidence-informed practices, such as cognitive behavioral therapy (CBT), motivational interviewing and multidimensional family therapy.

Level II-D Ambulatory Detoxification with Extended On-site Monitoring

This level of care is an organized outpatient service, which may be delivered in an office setting, health care or addiction treatment facility by trained clinicians, who provide medically supervised evaluation, detoxification and referral services. These services are designed to achieve safe withdrawal from mood-altering chemicals and to effectively facilitate the individual's entry into ongoing treatment and recovery. Counseling services may be available through the detoxification program or may be accessed through affiliation with entities providing outpatient services. Ambulatory detoxification is provided in conjunction with intensive outpatient treatment services (Level II.1).

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CITATION		
42 CFR 440.130(d)		

Rehabilitation Services

The following ASAM levels are covered for residential treatment:

Level III.1 Clinically Managed Low Intensity Residential Treatment – Adolescent and Adult

Residential programs offer at least five hours per week of a combination of low-intensity clinical and recovery-focused services. All facilities are licensed by DHH. Treatment is directed toward applying recovery skills, preventing relapse, improving emotional functioning, promoting personal responsibility and reintegrating the individual into the worlds of work, education and family life. Services provided may include individual, group and family therapy, medication management and medication education. Mutual/self-help meetings usually are available on site. Does not include sober houses, boarding houses or group homes where treatment services are not provided (ex: halfway house).

Level III.2D Clinically Managed Residential Social Detoxification - Adolescent and Adult

Residential programs provided in an organized, residential, non-medical setting delivered by an appropriately trained staff that provides safe, 24-hour medication monitoring, observation and support in a supervised environment for a person served, to achieve initial recovery from the effects of alcohol and/or other drugs. All facilities are licensed by DHH.

Social detoxification is appropriate for individuals who are able to participate in the daily residential activities and is often used as a less restrictive, non-medical alternative to inpatient detoxification.

Level III.3 Clinically Managed Medium Intensity Residential Treatment - Adult

Residential programs offer at least 20 hours per week of a combination of medium-intensity clinical and recovery-focused services. All facilities are licensed by DHH. Frequently referred to as extended or long-term care, Level III.3 programs provide a structured recovery environment in combination with medium-intensity clinical services to support recovery from substance-related disorders.

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TN	15-0029
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Approval Date <u>6-7-2016</u>

AMOUNT DURATION AND SCOPE OF MEDICAL AND REMEDIAL CARE AND SERVICES PROVIDED LIMITATIONS ON THE AMOUNT, DURATION AND SCOPE OF CERTAIN ITEMS OF PROVIDED MEDICAL AND REMEDIAL CARE AND SERVICES ARE DESCRIBED BELOW:

CITATION		
42 CFR 44	0.130(d)	

Rehabilitation Services

Level III.5 Clinically Managed High Intensity Residential Treatment – Adolescent and Adult

Designed to treat persons who have significant social and psychological problems. All facilities are licensed by DHH. Programs are characterized by their reliance on the treatment community as a therapeutic agent. Treatment goals are to promote abstinence from substance use and antisocial behavior and to effect a global change in participants' lifestyles, attitudes and values. Individuals typically have multiple deficits, which may include substance-related disorders, criminal activity, psychological problems, impaired functioning and disaffiliation from mainstream values. (Example: therapeutic community or residential treatment center.) The program must include an in-house education/vocational component if serving adolescents.

Level III.7 Medically Monitored Intensive Residential Treatment - Adult

The Co-occurring Disorder (COD) residential treatment facility provides 24 hours of structured treatment activities per week including, but not limited to, psychiatric and substance use assessments, diagnosis treatment, habilitative and rehabilitation services to individuals with co-occurring psychiatric and substance disorders (ICOPSD), whose disorders are of sufficient severity to require a residential level of care. All facilities are licensed by DHH.

It also provides a planned regiment of 24-hour professionally directed evaluation, observation and medical monitoring of addiction and mental health treatment in a residential setting. They feature permanent facilities, including residential beds, and function under a defined set of policies, procedures and clinical protocols. Appropriate for patients whose subacute biomedical and emotional, behavior or cognitive problems are so severe that they require co-occurring capable or enhanced residential treatment, but who do not need the full resources of an acute care general hospital. In addition to meeting integrated service criteria, COD treatment providers must have experience and preferably licensure and/or certification in both addictive disorders and mental health.

Level III.7D Medically Monitored Residential Detoxification - Adult

Medically monitored residential detoxification is an organized service delivered by medical and nursing professionals, which provide for 24-hour medically supervised evaluation under a defined set of physician-approved policies and physician-monitored procedures or clinical protocols. All facilities are licensed by DHH.

State: Louisiana Date Received: 11-10-15 Date Approved: 6-7-16 Date Effective: 12-1-15 Transmittal Number: 15-0029

TN <u>15-0029</u> Supersedes TN <u>New Page</u> Approval Date <u>6-7-2016</u>

Effective Date <u>12-1-2015</u>

AMOUNT DURATION AND SCOPE OF MEDICAL AND REMEDIAL CARE AND SERVICES PROVIDED LIMITATIONS ON THE AMOUNT, DURATION AND SCOPE OF CERTAIN ITEMS OF PROVIDED MEDICAL AND REMEDIAL CARE AND SERVICES ARE DESCRIBED BELOW:

CITATION		
42 CFR 440.130(d)		

Rehabilitation Services

State: Louisiana Date Received: 11-10-15 Date Approved: 6-7-16 Date Effective: 12-1-15 Transmittal Number: 15-0029

This level provides care to patients whose withdrawal signs and symptoms are sufficiently severe to require 24-hour inpatient care. It may overlap with Level IV-D services (as a "step-down" service) in a specialty unit of an acute care general or psychiatric hospital. Twenty-four hour observation, monitoring and treatment are available.

Limitations:

These SUD services are provided as part of a comprehensive specialized psychiatric program available to all Medicaid eligible individuals with significant functional impairments resulting from an identified addiction diagnosis. Services must be medically necessary and must be recommended by a licensed mental health practitioner or physician, who is acting within the scope of his/her professional license and applicable state law, to promote the maximum reduction of symptoms and/or restoration of an individual to his/her best age-appropriate functional level according to an individualized treatment plan.

The activities included in the service must be intended to achieve identified treatment plan goals or objectives. The treatment plan should be developed in a person-centered manner with the active participation of the individual, family and providers and be based on the individual's condition and the standards of practice for the provision of rehabilitative services. The treatment plan should identify the medical or remedial services intended to reduce the identified condition as well as the anticipated outcomes of the individual. The treatment plan must specify the frequency, amount and duration of services. The treatment plan must be signed by the licensed mental health practitioner or physician responsible for developing the plan with the participant (or authorized representative) also signing to note concurrence with the treatment plan.

The plan will specify a timeline for re-evaluation of the plan that is at least an annual redetermination. The reevaluation should involve the individual, family and providers and include a reevaluation of plan to determine whether services have contributed to meeting the stated goals. A new treatment plan should be developed if there is no measureable reduction of disability or restoration of functional level. The new plan should identify different rehabilitation strategies with revised goals and services. Providers must maintain medical records that include a copy of the treatment plan, the name of the individual, dates of services provided, nature, content and units of rehabilitation services provided, and progress made toward functional improvement and goals in the treatment plan.

AMOUNT DURATION AND SCOPE OF MEDICAL AND REMEDIAL CARE AND SERVICES PROVIDED LIMITATIONS ON THE AMOUNT, DURATION AND SCOPE OF CERTAIN ITEMS OF PROVIDED MEDICAL AND REMEDIAL CARE AND SERVICES ARE DESCRIBED BELOW:

CITATION		
42 CFR 44	0.130(d)	

Rehabilitation Services

Services provided to children and youth must include communication and coordination with the family and/or legal guardian. Coordination with other child serving systems should occur as needed to achieve the treatment goals. All coordination must be documented in the youth's medical record. Components that are not provided to, or directed exclusively toward the treatment of, the Medicaid eligible individual are not eligible for Medicaid reimbursement.

Services provided at a work site must not be job tasks oriented and must be directly related to treatment of an individual's needs. Any services or components of services the basic nature of which are to supplant housekeeping, homemaking, or basic services for the convenience of a person receiving covered services (including housekeeping, shopping, child care, and laundry services) are non-covered. Services cannot be provided in an institute for mental disease (IMD). Room and board is excluded from any rates provided in a residential setting.

Unless otherwise specified, a unit of service is defined according to the Healthcare Common Procedure Coding System (HCPCS) approved code set.

Provider qualifications:

All services shall be delivered in accordance with federal and state laws and regulations, the provider manual, and other notices or directives issued by the Department. Anyone providing SUD services must operate within their scope of practice license. Providers shall meet the provisions of the provider manual and the appropriate statutes.

Services are provided by licensed and unlicensed professional staff, who are at least 18 years of age with a high school or equivalent diploma, according to their areas of competence as determined by degree, required levels of experience as defined by state law and regulations and departmentally approved guidelines. Anyone who is unlicensed providing addiction services must be registered with the Addictive Disorders Regulatory Authority and demonstrate competency as defined by DHH, state law (ACT 803 of the Regular Legislative Session 2004) and regulations. State regulations require supervision of unlicensed professionals by a qualified professional supervisor (QPS).

State: Louisiana Date Received: 11-10-15 Date Approved: 6-7-16 Date Effective: 12-1-15 Transmittal Number: 15-0029

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CITATION		
42	CFR	440.130(d)

Rehabilitation Services

A QPS includes the following professionals who are currently registered with their respective Louisiana board:

- a. licensed psychologists;
- b. licensed clinical social workers;
- c. licensed professional counselors;
- d. licensed addiction counselors;
- e. licensed physicians; and
- f. advanced practice registered nurses.

The following professionals may obtain QPS credentials:

- a. a masters-prepared individual who is registered with the appropriate state board and under the supervision of a licensed psychologist;
- b. licensed professional counselor (LPC); or
- c. licensed clinical social worker (LCSW).

The QPS can provide clinical/administrative oversight and supervision of staff.

Residential addiction treatment facilities shall be accredited by an approved accrediting body and maintain such accreditation. Denial, loss of or any negative change in accreditation status must be reported to the MCO or CSoC contractor, in writing, within the time limit established by the Department.

State: Louisiana Date Received: 11-10-15 Date Approved: 6-7-16 Date Effective: 12-1-15 Transmittal Number: 15-0029

Approval Date <u>6-7-2016</u>

Date Effective: 12-1-15

STATE OF <u>LOUISIANA</u>

PAYMENTS FOR MEDICAL	AND REMEDIAL CARE AND SERVICES PROVI	DED
METHODS AND STANDARDS FOR ESTABLISHING PAYMENT RATES – OTHER TYPES OF CARE OR SERVICE LISTED IN SECTION 1902(A) OF THE ACT THAT IS INCLUDED IN THE PROGRAM UNDER THE		
PLAN ARE DESCRIBED AS FOLLOWS:		State: Louisiana
CITATION	Rehabilitation Health Services	Date Received: 11-10-15
42 CFR 440.130 (d)	Date Approved: 6-7-16

Substance Use Disorders Services Reimbursement Methodology Transmittal Number: 15-0029

Effective for dates of service on or after March 1, 2012, reimbursements for services are based upon a Medicaid fee schedule established by the State of Louisiana. The reimbursement rates for physician services rendered under the Louisiana Behavioral Health Partnership (LBHP) shall be a flat fee for each covered service as specified on the established Medicaid fee schedule. The reimbursement rates shall be based on a percentage of the Louisiana Medicare Region 99 allowable for a specified year.

- If a Medicare fee exists for a defined covered procedure code, then Louisiana will pay Psychologists and APRNs at 80 percent of the LBHP physician rates. If a Medicare fee exists for a defined covered procedure code, then Louisiana will pay LCSWs, LPCs, LMFTs, and LAC's as well as qualified unlicensed practitioners delivering substance abuse services at 70 percent of the LBHP physician rates.
- Where Medicare fees do not exist for a covered code, the fee development methodology will build fees considering each component of provider costs as outlined below. These reimbursement methodologies will produce rates sufficient to enlist enough providers so that services under the Plan are available to individuals at least to the extent that these services are available to the general population, as required by 42 CFR 447.204. These rates comply with the requirements of Section 1902(a)(3) of the Social Security Act 42 CFR 447.200, regarding payments and consistent with economy, efficiency and quality of care. Provider enrollment and retention will be reviewed periodically to ensure that access to care and adequacy of payments are maintained. The Medicaid fee schedule will be equal to or less than the maximum allowable under the same Medicare rate, where there is a comparable Medicare rate. Room and board costs are not included in the Medicaid fee schedule.
- Except as otherwise noted in the Plan, the State-developed fee schedule is the same for both governmental and private individual providers. The Agency's fee schedule rate was set as of August 1, 2011 and is effective for services provided on or after that date. All rates are published on the agency's website at <u>www.lamedicaid.com</u>.

STATE OF LOUISIANA

PAYMENTS FOR MEDICAL AND REMEDIAL CARE AND SERVICES PROVIDED

METHODS AND STANDARDS FOR ESTABLISHING PAYMENT RATES – OTHER TYPES OF CARE OR SERVICE LISTED IN SECTION 1902(A) OF THE ACT THAT IS INCLUDED IN THE PROGRAM UNDER THE PLAN ARE DESCRIBED AS FOLLOWS:

CITATION Rehabilitation Health Services 42 CFR 440.130 (d)

- The fee development methodology will primarily be composed of provider cost modeling, though Louisiana provider compensation studies, cost data and fees from similar State Medicaid programs may be considered, as well. The following list outlines the major components of the cost model to be used in fee development.
 - 1) Staffing Assumptions and Staff Wages
 - 2) Employee-Related Expenses Benefits, Employer Taxes (e.g., FICA, unemployment, and workers compensation)
 - 3) Program-Related Expenses (e.g., supplies)
 - 4) Provider Overhead Expenses
 - 5) Program Billable Units
- The fee schedule rates will be developed as the ratio of total annual modeled provider costs to the estimated annual billable units.

Effective for dates of service on or after July 1, 2012, the reimbursement rates for outpatient substance use disorders (SUD) services provided to children/adolescents shall be reduced by 1.44 percent of the rates in effect on June 30, 2012.

Effective for dates of service on or after April 20, 2013, the reimbursement for behavioral health services rendered by a physician under the LBHP shall be 75 percent of the 2009 Louisiana Medicare Region 99 allowable for services rendered to Medicaid recipients.

Effective for dates of service on or after September 1, 2013, the reimbursement for procedure codes 90791, 90792, 90832, 90834, and 90837 shall be excluded from the January 2013 Medicare rate changes and shall remain at the Medicaid fee schedule on file as of December 31, 2012.

State: Louisiana Date Received: 11-10-15 Date Approved: 6-7-16 Date Effective: 12-1-15 Transmittal Number: 15-0029 STATE OF LOUISIANA

PAYMENTS FOR MEDICAL AND REMEDIAL CARE AND SERVICES PROVIDED

METHODS AND STANDARDS FOR ESTABLISHING PAYMENT RATES – OTHER TYPES OF CARE OR SERVICE LISTED IN SECTION 1902(A) OF THE ACT THAT IS INCLUDED IN THE PROGRAM UNDER THE PLAN ARE DESCRIBED AS FOLLOWS:

CITATION Rehabilitation Health Services 42 CFR 440.130 (d)

Effective for dates of service on or after December 1, 2015, substance use disorders services shall be reimbursed as follows:

- Reimbursement for services shall be based upon the established Medicaid fee schedule for SUD services rendered to recipients enrolled with the Coordinated System of Care (CSoC) contractor. The fee schedule is published on the Medicaid provider website at <u>www.lamedicaid.com</u>.
- Monthly capitation payments shall be made by the Department, or its fiscal intermediary, to the managed care organizations (MCOs) for recipients enrolled in the MCOs. The capitation rates paid to MCOs shall be actuarially sound rates and the MCOs will determine the rates paid to its contracted providers. No payment shall be less than the minimum Medicaid rate.

State: Louisiana Date Received: 11-10-15 Date Approved: 6-7-16 Date Effective: 12-1-15 Transmittal Number: 15-0029