

### Specialized Services for PASRR

Specialized Services for Preadmission Screen and Residential Review ("PASRR") means services that are provided in addition to the routine care provided by a nursing facility that result in the continuous and aggressive implementation of an individualized plan of care for mental illness or mental retardation and related conditions.

### Mental Illness

Specialized Services for Mental Illness ("MI") are defined as services specified by the state which, combined with services provided by the nursing facility, result in the continuous and aggressive implementation of an individualized plan of care that:

- a. Is developed and supervised by an interdisciplinary team that includes a physician, qualified mental health professional and other professionals;
- b. Prescribes specific therapies and activities for the treatment of persons experiencing an acute episode of serious mental illness that necessitates supervision by trained mental health personnel; and
- c. Is directed at diagnosing and reducing the resident's behavioral symptoms that necessitated institutionalization, improving his or her level of independent functioning, and achieving a functioning level that permits reduction in the intensity of mental health services to below the level of specialized services at the earliest possible time.

### Mental Retardation and Related Conditions

Specialized Services for Mental Retardation or a Related Condition ("MR/RC") consist of a continuous active treatment program that includes aggressive, consistent implementation of a program of specialized and generic training, treatment, health services and related services directed toward:

- a. The acquisition of the behaviors necessary for the client to function with as much self determination and independence as possible; and
- b. The prevention or deceleration of regression or loss of current optimal functional status.

Active treatment does not include services to maintain generally independent clients who are able to function with little supervision or in the absence of a continuous active treatment program.

STATE PLAN UNDER TITLE XIX OF THE SOCIAL SECURITY ACT  
MEDICAL ASSISTANCE PROGRAM

State/Territory: Iowa

**PASRR Level II Preadmission Screening by Categorical Determination**

The following categories developed by the State mental health or mental retardation authorities may be made applicable to individuals identified by Level I as possibly having serious mental illness / mental retardation when existing data on the individual appear to be current and accurate and are sufficient to allow the reviewer readily to determine that the individual fits into the category. The data available includes physical, mental, and functional assessments as required by 42 CFR 483.132(c). An adequate inspection of records for a categorical determination takes the place of the NF or the Specialized Services individualized Level II evaluation. The State mental health or mental retardation authority produces categorical evaluation and determination reports as required by 42 CFR 483.128 and .130, prior to admission. When existing data is not adequate, or any judgment is required about the presence of serious mental illness / mental retardation, the individual is referred for individualized Level II evaluation. Individuals are either discharged or evaluated by Level II Resident Review within the specified time limits (if any). (Check each that applies, and supply definitions and time limits as required.)

**Categorical Determination that NF placement is appropriate.** Specialized Services evaluation and determination by the SMH/MRA is individualized.

- Convalescent care from an acute physical illness which required hospitalization and does not meet all the criteria for an exempt hospital discharge, (which, as specified in 42 CFR 483.106(b)(2) is not subject to preadmission screening).

Definition	Time limit
The individual: 1. Is admitting to a NF directly from a hospital after receiving acute inpatient medical care at the hospital; 2. Requires NF services for the condition for which he or she received care in the hospital; 3. Is clearly/sufficiently psychiatrically and/or behaviorally stable for NF admission; 4. Has been certified by his/her attending physician before admission to the facility that the individual is likely to require less than 60 days nursing facility services.	60 days
The Level II authority has determined that the individual's medical/physical/functional status suggests likelihood for transition/discharge to the community by or before 60 days from the date of NF admission and has identified any services of lesser intensity, if or as appropriate, for the NF to administer to meet the individual's needs.	

STATE PLAN UNDER TITLE XIX OF THE SOCIAL SECURITY ACT  
MEDICAL ASSISTANCE PROGRAM

State/Territory: Iowa

- Terminal illness, as defined for hospice purposes in 42 CFR 418.3.

Additional Definition (optional)

The patient's attending physician certifies:

- That the patient is terminally ill with death expected within six months;
- The patient requires nursing care or supervision due to their physical condition; and
- The patient is not a danger to themselves or others.

The Level II authority has identified any services of lesser intensity, if or as appropriate, for the NF to administer to meet the individual's needs

- Severe physical illness such as coma, ventilator dependence, functioning at a brain stem level, or diagnosis such as chronic obstructive pulmonary disease, Parkinson's disease, Huntington's disease, amyotrophic lateral sclerosis, and congestive heart failure which result in a level of impairment so severe that the individual could not be expected to benefit from specialized services.

Definition

The individual:

1. Presents with physical symptoms so severe that it would be impossible to benefit from or participate in a program of specialized treatment for his/her MI and/or MR/RC. Physical conditions might include coma, ventilator dependence, functioning at a brain stem level, or advanced diagnosis of chronic obstructive pulmonary disease, Parkinson's disease, Huntington's disease, amyotrophic lateral sclerosis, and congestive heart failure.
5. Is clearly/sufficiently psychiatrically and/or behaviorally stable for NF admission.

The Level II authority has determined that the individual's status is progressed and/or severe to the extent that the individual could not benefit from a program of specialized services. The reviewing entity has identified any services of lesser intensity, if or as appropriate, for the NF to administer to meet the individual's needs.

- Other category(s) defined by the State. **Previous Evaluation**

Definition	Time limit (optional)
<p>The patient has a prior PASRR Level II individualized evaluation and approved specialized and/or rehabilitative service plan and is transferring to another facility and:</p> <ul style="list-style-type: none"> <li>• The specialized services still meet the needs of the resident;</li> <li>and</li> </ul>	<p>NA (only if the previous PASRR decision was time limited)</p>

AUG 15 2011

SEP 01 2011

STATE PLAN UNDER TITLE XIX OF THE SOCIAL SECURITY ACT  
MEDICAL ASSISTANCE PROGRAM

State/Territory: Iowa

<ul style="list-style-type: none"> <li>The receiving facility agrees to provide the specialized services.</li> </ul> <p>The Level II authority has determined that the individual's service plan remains appropriate and his/her needs can be met by the admitting NF.</p>	
--	--

**Categorical Determination that NF placement is appropriate.** Option to also categorically determine by the SMH/MRA that Specialized Services (SS) are not needed. No categorical determinations are made that Specialized Services are needed.

- Provisional admission pending further assessment in case of delirium where an accurate diagnosis cannot be made until the delirium clears.

Additional Definition (optional)	Categorical SS Not Needed	Time limit
<p>The patient is suffering from delirium. Advance categorical determinations made on a basis of delirium are valid until the delirium clears or 7 days, whichever is sooner.</p> <p>The Level II authority has identified any services of lesser intensity, if or as appropriate, for the NF to administer to meet the individual's needs</p>	<input checked="" type="checkbox"/>	7 days

- Provisional admission pending further assessment in emergency situations requiring protective services, with placement in the nursing facility not to exceed 7 days.

Additional Definition (optional)	Categorical SS Not Needed	Time limit (≤7 days)
<p>The patient is in an emergency situation requiring protective services with placement in the nursing facility. A PASRR Level II individualized evaluation must be completed if the admission lasts more than seven days.</p> <p>The Level II authority has identified services of lesser intensity, if or as appropriate, for the NF to administer to meet the individual's needs</p>	<input checked="" type="checkbox"/>	7 days

- Very brief and finite stays of up to a fixed number of days to provide respite to in-home caregivers to whom the individual with MI or MR is expected to return following the brief NF stay.

AUG 15 2011

SEP 01 2011

STATE PLAN UNDER TITLE XIX OF THE SOCIAL SECURITY ACT  
MEDICAL ASSISTANCE PROGRAM

State/Territory: Iowa

Additional Definition (optional)	Categorical SS Not Needed	Time limit
<p>The individual:</p> <ol style="list-style-type: none"> <li>Requires brief and finite NF care for the purpose of respite for an in-home caregiver to whom the individual is expected to return following the brief NF stay.</li> <li>Is clearly/sufficiently psychiatrically and/or behaviorally stable for NF admission.</li> </ol> <p>The Level II authority has identified any services of lesser intensity, if or as appropriate, for the NF to administer to meet the individual's needs.</p>	<input checked="" type="checkbox"/>	30 days

**Categorical determination that Specialized Services are not needed.** No categorical determinations are made that Specialized Services are needed. Determination by the SMH/MRA that NF placement is appropriate is individualized.

- Dementia and MR. The State mental retardation authority (not Level I screeners) may make categorical determinations that individuals with dementia, which exists in combination with mental retardation or a related condition, do not need specialized services.

Additional Definition (optional)
<p>The individual:</p> <ol style="list-style-type: none"> <li>Has dementia, which exists in combination with MR/RC.</li> <li>The dementia is progressed to the extent that the individual could or would not benefit from a program of specialized services.</li> <li>Is clearly/sufficiently behaviorally stable for NF admission.</li> </ol> <p>The Level II authority has identified any services of lesser intensity, if or as appropriate, for the NF to administer to meet the individual's needs.</p>

AUG 15 2011

SEP 01 2011