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State Name: Delaware

**State Plan Amendment (SPA)** #08-001

This file contains the following documents in the order listed:

- 1) Approval Letter
- 2) CMS-179
- 3) Approved SPA Pages

Centers for Medicare & Medicaid Services 150 S. Independence Mall West Suite 216, The Public Ledger Building Philadelphia, Pennsylvania 19106-3499



### Region III/Division of Medicaid and Children's Health Operations

JAN 27 2010

Rosanne Mahaney, Acting Director Division of Medicaid & Medical Assistance Delaware Health and Social Services P. O. Box 906 New Castle, Delaware 19720-0906

Dear Ms. Mahaney:

We have reviewed State Plan Amendment (SPA) 08-001, which adds coverage of school-based wellness clinics. This SPA also ends the reimbursement methodology for clinics as of September 30, 2010. This SPA as modified by your email notes dated October 5, 2009, November 2, 2009, and January 7, 2010, is acceptable. Therefore, we are approving SPA 08-001 with an effective date of April 1, 2008. Enclosed are the approved SPA pages and signed CMS-179 form.

If you have further questions about this SPA, please contact Jake Hubik at 215-861-4181.

Sincerely,

Tod Gallaghar

Ted Gallagher
Associate Regional Administrator

Enclosures

TRANSMITTAL AND NOTICE OF APPROVAL OF	I. TRANSMITTAL NUMBER: SPA #08-001	2. STATE Delaware
STATE PLAN MATERIAL	31 A #00-001	Delaware
FOR: HEALTH CARE FINANCING ADMINISTRATION	3. PROGRAM IDENTIFICATION: TITLE XIX OF THE SOCIAL SECURITY ACT (MEDICAID)	
TO: REGIONAL ADMINISTRATOR HEALTH CARE FINANCING ADMINISTRATION DEPARTMENT OF HEALTH AND HUMAN SERVICES	4. PROPOSED EFFECTIVE DATE April 1, 2008	
5. TYPE OF PLAN MATERIAL (Check One):		
	ONSIDERED AS NEW PLAN	XXX AMENDMENT
COMPLETE BLOCKS 6 THRU 10 IF THIS IS AN AME		ch amendm <u>ent)</u>
6. FEDERAL STATUTE/REGULATION CITATION:  42 CFR 440,205  42 CFR §440.90  State Medicaid Manual, Section 4320	7. FEDERAL BUDGET IMPACT: a. FFY 2009 \$ -0- b. FFY 2010 \$ -0-	
<ul> <li>8. PAGE NUMBER OF THE PLAN SECTION OR ATTACHMENT:</li> <li>Attachment 3.1-A, Page 4 Addendum</li> <li>Attachment 3.1-A, Page 4a Addendum (NEW)</li> <li>Attachment 4.19 (NEW)</li> <li>Attachment 4.19-B, Page 2</li> </ul>	9. PAGE NUMBER OF THE SUPER OR ATTACHMENT (If Applicable N/A SAME PAGES	
10. SUBJECT OF AMENDMENT: Sunset – September 30, 2010 - Reimbursement Methodology for School-Based Wellness Center Clinic Services  11. GOVERNOR'S REVIEW (Check One):  GOVERNOR'S OFFICE REPORTED NO COMMENT  XXX OTHER, AS SPECIFIED:		
☐ COMMENTS OF GOVERNOR'S OFFICE ENCLOSED ☐ NO REPLY RECEIVED WITHIN 45 DAYS OF SUBMITTAL	Governor's comments u correspondence	nder separate
12. SIGNATURE OF STATE AGENCY OFFICIAL: //Rosanne Mahancy - signature//	16. RETURN TO:	
13. TYPED NAME: Rosanne Mahaney, Acting Director, Division of Medicaid and Medical Assistance  14. TITLE: Designee for Rita M. Landgraf, Secretary, Delaware Health and Social Services	Rosanne Mahancy Acting Director, Division of Medicaid and Medicai Assistance P.O. Box 906 New Castle, Delaware 19720-0906	
15. DATE SUBMITTED: October 2, 2009	_	
FOR REGIONAL OF	FICE USE ONLY	26.074
17. DATE RECEIVED: 3/28/08		2010
PLAN APPROVED – ONE COPY ATTACHED		
19. EFFECTIVE DATE OF APPROVED MATERIAL:	20. SIGNATURE OF REGIONAL OFFICIAL:	
TED GAllagher	ASSOCIATE REGIONAL	ADMINISTRATIO

ATTACHMENT 3.1-A Page 4e Addendum

#### State DELAWARE

# AMOUNT, DURATION AND SCOPE OF MEDICAL AND REMEDIAL CARE AND SERVICES PROVIDED TO THE CATEGORICALLY NEEDY

- 11. Physical therapy and related services provided under 42 CFR 440.110 are limited to the following:
  - a. Physical therapy (PT) services are provided in order to restore functions, improve mobility, relieve pain, and to prevent or limit permanent physical disabilities and patient suffering from injuries or disease. They include such treatments as: Hot packs, Hydrocollator, Infra-Red Treatments, Gait Training, Ultrasound, Range of Motion Tests and Therapeutic Exercises. The patient must be under the care of a physician who must review the written plan of care at least every 30 days. Physical therapy services can be performed only by a qualified physical therapist or under his or her supervision. Qualified physical therapy practitioners must be licensed per Delaware licensure requirements codified in section 2600, Title 24 of the <u>Delaware Administrative Code</u>, Regulated Professions and Occupations. The amount, frequency, and duration of the PT services must be reasonable and necessary. PT services are limited to services provided in the therapist's office or client's home.
  - b. Occupational therapy (OT) services treat individuals with a temporary or permanent mental, physical, developmental, or emotional disability by means of constructive activities designed to promote the restoration of an individual's ability to perform required daily living tasks and those required by the person's particular occupational role. Occupational therapists assist individuals in performing activities of all types that are necessary in their daily living and working environments. Those activities range from using a computer, to caring for daily needs such as dressing, cooking, and cating. Physical exercises may be used to increase strength and dexterity, but they shall not be duplicated by physical therapy. Paper and pencil exercises may be chosen to improve visual acuity and the ability to recognize or comprehend pattern. Occupational therapists may also instruct individuals in the use of adaptive equipment such as wheelchairs, splints and aids for eating and dressing. The patient must be under the care of a physician who must review the written plan of care at least every 30 days. OT services can be performed only by a qualified physical therapist or under his or her supervision.

TN No. <u>SPA #08-001</u> Supersedes

TN No. SP-402

Approval Date JAN. 27, 2010

Effective Date April 1, 2008

ATTACHMENT 3.1-A Page 4d Addendum

#### State <u>DELAWARE</u>

# AMOUNT, DURATION AND SCOPE OF MEDICAL AND REMEDIAL CARE AND SERVICES PROVIDED TO THE CATEGORICALLY NEEDY

Qualified occupational therapy practitioners must be licensed per Delaware licensure requirements codified in section 2000, Title 24 of the <u>Delaware Administrative Code</u>. Regulated Professions and Occupations. The amount, frequency, and duration of the OT services must be reasonable and necessary. OT services are limited to services provided in the therapist's office or client's home.

c. Speech/Language Pathology Services include assessing, diagnosing, treating, and helping to prevent speech, language, cognitive, communication, voice, swallowing, fluency, and other related disorders. Common treatments include: language intervention activities, articulation therapy and oral motor/feeding therapy. The patient's condition must be such that the services required can be safely and effectively performed only by or under the supervision of a qualified speech pathologist. The therapy must be furnished under a written plan of treatment established and signed by either a physician or therapist caring for the patient. Such services can be performed only by a qualified Speech/Language Pathologist or under his or her supervision. Qualified practitioners must be licensed per Delaware licensure requirements codified in section 3700, Title 24 of the Delaware Administrative Code, Regulated Professions and Occupations. The amount, frequency, and duration of these services must be reasonable and necessary. Services covered under this section are limited to services provided in the therapist's office or client's home.

TN No. <u>SPA #08-001</u>

Supersedes

TN No. SP-402

Approval Date JAN, 27, 2010

Effective Date April 1, 2008