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State/Territory Name: District of Columbia

State Plan Amendment (SPA) #: 17-001

This file contains the following documents in the order listed:

- 1) Approval Letter
- 2) CMS 179
- 3) Approved SPA Pages

DEPARTMENT OF HEALTH & HUMAN SERVICES Centers for Medicare & Medicaid Services 150 S. Independence Mall West Suite 216, The Public Ledger Building Philadelphia, Pennsylvania 19106-3499



Region III/Division of Medicaid and Children's Health Operations

SWIFT # 021020174074

April 3, 2017

Claudia Schlosberg, J.D. Senior Deputy Director/State Medicaid Director Department of Health Care Finance 441 4th Street, N.W., Suite 900 South Washington, D.C. 20001

Dear Ms. Schlosberg:

I am writing to inform you that we have reviewed the District of Columbia's State Plan Amendment (SPA) #17-001 entitled, Personal Care Aide (PCA) Services Scope of Services Technical Correction. This SPA proposes to clarify the scope of services available for individuals eligible for State Plan PCA services, under the SPA recently approved by CMS, SPA #15-007.

We are pleased to inform you that, after extensive review, this amendment is approved; its effective date is November 14, 2015. A copy of the approved SPA pages and signed CMS-179 form are included under this cover.

If you have any further questions regarding this SPA, please contact LCDR Frankeena Wright at 215-861-4754 or by email at Frankeena.Wright@cms.hhs.gov.

Sincerely,

-04'00'

Francis T. McCullough Associate Regional Administrator

cc: Alice Weiss, DHC Sabrina Tillman Boyd, CMS

| ENTERS FOR MEDICARE & MEDICAID SERVICES | | ON2 IIO, 5838-0193 |
|---|---|----------------------------------|
| TRANSMITTAL AND NOTICE OF APPROVAL OF STATE PLAN MATERIAL | 1.TRANSMITTAL NUMBER: 17-001 | 2. STATE District of Columbia |
| FOR: CENTERS FOR MEDICARE & MEDICAID SERVICES | PROGRAM DENTIFICATION: Title XIX of the Social Security Act | |
| TO: Regional Administrator Centers for Medicare & Medicaid Services Department of Health and Human Services | 4. PROPOSED EFFECTIVE DATE November 14, 2015 | |
| 5. TYPE OF PLAN MATERIAL (Check One): | | |
| 0 NEW STATE PLAN 0 AMENDMENT TO BECON | SIDERED AS NEWPLAN X AM | MENDMENT |
| COMPLETE BLOCKS 6 THRU 10 IF THIS IS AN AMEN | IDMENT Separate Transmittal for each | amendment) |
| 6. FEDERAL STATUTE/REGULATION CITATION | 7. FEDERAL BUDGET MPACT | |
| 42 C.F.R. § 440.167 | NA (technical correction) | |
| 8. PAGE NUMBER OF THE PLAN SECTION OR ATTACHMENT | 9. PAGE NUMBER OF THE SUPERSEDED PLAN SECTION OR ATTACHMENT (If Applicable) | |
| Supplement 1to Attachment 3.1A, Page 30 | Supplement 1to Attachment 3.1A, Page 30 | |
| Supplement 1 to Attachment 3.1B, Page | Supplement 1 to Attachment 3.1B, Page 29 | |
| 10. SUBJECT OF AMENDMENT: Personal Care Aide (PCA) Services Scope of S | Services Technical Correction | |
| 11. GOVERNOR'S REVIEW (Check One) | | |
| OGOVERNOR'S OFFICE REPORTED NOCOMMENT | OTHER, AS SPECIFIED: | |
| O COMMENTS OF GOVERNOR'S OFFICE ENCLOSED O NO REPLY RECEIVED WITHIN 45 DAYS OF SUBMITTAL | Resolution Number: 21-158 | |
| 12. SIGNATURE OF STATE AGENCY OFFICIAL | 16. RETURN TO | |
| 13. TYPED NAME: | Claudia Schlosberg, J.D. | |
| Claudia Schlosberg JD | Senior Deputy Director/Medicaid Director Department of Health Care Finance | |
| 14. TITLE: | 441 4th Street, NW, 9th Floor, South | |
| Senior Deputy Director Medicaid Director | Washington, DC 20001 | |
| 15. DATE SUBMITTED: February 9, 2017 | | |
| 17. DATE RECEIVED FOR REGIONAL OF | FFICE USE ONLY | |
| February 9, 2017 | 18. DATE APPROVED March 30, 20 | 17 |
| PLAN APPROVED - ON | | |
| 19. EFFECTIVE DATE OF APPROVED MATERIAL November 14, 2015 | 20. SIGNATURE OF REGIONAL OFFICIAL | |
| TYPED NAME Francis McCullough | 22. TITLE Associate Regional Administrator | |

- 4. The face-to-face assessment will utilize a standardized assessment tool, adopted by DHCF, to determine each person's level of need for Long Term Care Supports Services (LTCSS).
- 5. DHCF shall issue an assessment determination (PCA Service Authorization) that specifies the amount, frequency, duration, and scope of PCA services authorized to be provided to the person.
- 6. A R.N. employed by DHCF or its agent shall conduct a face-to-face reassessment of each person's need for the receipt of PCA services at least every twelve (12) months, or when there is a significant change in the person's condition. Any requests to conduct a re-assessment based upon a significant change in the person's condition may be made by the person seeking services, the person's representative, family member, or their physician or APRN.
- 7. DHCF may authorize the validity of the face-to-face reassessment for a period not to exceed eighteen (18) months to align the level of need assessment date with the Medicaid renewal date.
- 8. The twelve (12) month assessment and any re-assessment based upon a significant change in the person's condition shall be accompanied by an order for services signed by the person's physician or APRN.
- 9. DHCF, or its agent, will make a referral for services to the person's choice of qualified provider upon completion of the initial assessment determination that authorizes PCA services (PCA Service Authorization).

c. Scope of Services

- 1. PCA services are provided to individuals who require assistance with activities of daily living.
- 2. In order to receive Medicaid reimbursement, PCA services shall include, but not be limited to, the following:
 - (a) Cueing or hands-on assistance with performance of routine activities of daily living (such as bathing, transferring, toileting, dressing, feeding, and maintaining bowel and bladder control);
 - b) Assisting with incontinence, including bed pan use, changing urinary drainage bags, changing protective underwear, and monitoring urine input and output;
 - (c) Assisting persons with transfer, ambulation and range of motion exercises;

- 3. A R.N. employed by DHCF or its designated agent shall conduct the initial face-to-face assessment following the receipt of a request for an assessment.
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TN No. <u>17-001</u> Supersedes TN No. <u>15-007</u>

Approval Date: March 30, 2017 Effective Date: November 14, 2015