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State/Territory Name: Colorado

State Plan Amendment (SPA) #: 13-059

This file contains the following documents in the order listed:

- 1) Approval Letter
- 2) CMS 179
- 3) Approved SPA Pages

DEPARTMENT OF HEALTH & HUMAN SERVICES
Centers for Medicare & Medicaid Services
1600 Broadway, Suite 700
Denver, CO 80202-4967



Region VIII

March 11, 2014

Susan E. Birch, MBA, BSN, RN, Executive Director
Department of Health Care Policy & Financing
303 East 17th Avenue, 7th floor
Denver, CO 80203

RE: Colorado #13-059

Dear Ms. Birch:

We have reviewed the proposed State Plan Amendment (SPA) submitted under transmittal number (TN) 13-059. This amendment adjusts limits on the substance use disorder benefit.

Please be informed that this State Plan Amendment was approved today with an effective date of January 1, 2014. We are enclosing the CMS-179 and the amended plan page(s).


If you have any questions concerning this amendment, please contact Curtis Volesky at (303) 844-7033.

Sincerely,

/s/

Richard C. Allen
Associate Regional Administrator
Division for Medicaid & Children's Health Operations

cc: Suzanne Brennan
Pat Connally
Barb Prehmus
John Bartholomew
Max Salazar

TRANSMITTAL AND NOTICE OF APPROVAL OF STATE PLAN MATERIAL FOR: CENTERS FOR MEDICARE & MEDICAID SERVICES		1. TRANSMITTAL NUMBER: 13-059	2. STATE: COLORADO
		3. PROGRAM IDENTIFICATION: TITLE XIX OF THE SOCIAL SECURITY ACT (MEDICAID)	
TO: REGIONAL ADMINISTRATOR CENTERS FOR MEDICARE & MEDICAID SERVICES DEPARTMENT OF HEALTH AND HUMAN SERVICES		4. PROPOSED EFFECTIVE DATE January 1, 2014	
5. TYPE OF PLAN MATERIAL (<i>Check One</i>):			
NEW STATE PLAN AMENDMENT TO BE CONSIDERED AS A NEW PLAN <input checked="" type="checkbox"/> AMENDMENT			
COMPLETE BLOCKS 6 THRU 10 IF THIS IS AN AMENDMENT (<i>Separate transmittal for each amendment</i>)			
6. FEDERAL STATUTE/REGULATION CITATION 42 CFR 440.130		7. FEDERAL BUDGET IMPACT a. FFY 2013-14 \$ 9,614.50 b. FFY 2013-14 \$ 9,711.50	
8. PAGE NUMBER OF THE PLAN SECTION OR ATTACHMENT • Supplement to Attachment 3.1-A Limitations to Care and Services, Item 13.d Rehabilitative Services (Substance Abuse Treatment Services)		9. PAGE NUMBER OF THE SUPERSEDED PLAN SECTION OR ATTACHMENT (<i>If Applicable</i>) • Supplement to Attachment 3.1-A Limitations to Care and Services, Item 13.d Rehabilitative Services (Substance Abuse Treatment Services) 10-031	
10. SUBJECT OF AMENDMENT Adjusting limits on the substance use disorder benefit based on State Legislative directive.			
11. GOVERNOR'S REVIEW (<i>Check One</i>)			
GOVERNOR'S OFFICE REPORTED NO COMMENT <input checked="" type="checkbox"/> OTHER, AS SPECIFIED COMMENTS OF GOVERNOR'S OFFICE ENCLOSED NO REPLY RECEIVED WITHIN 45 DAYS OF SUBMITTAL Governor's letter dated 01 September 2011			
12. SIGNATURE OF STATE AGENCY OFFICIAL 		16. RETURN TO Colorado Department of Health Care Policy and Financing 1570 Grant Street Denver, CO 80203-1818 Attn: Barbara Prehmus	
13. TYPED NAME Suzanne Brennan			
14. TITLE Director, Medical & CHP+ Program Administration Office			
15. DATE SUBMITTED 12/11/13			
FOR REGIONAL OFFICE USE ONLY			
17. DATE RECEIVED 12/11/13		18. DATE APPROVED 03/11/14	
PLAN APPROVED – ONE COPY ATTACHED			
19. EFFECTIVE DATE OF APPROVED MATERIAL 01/01/14		20. SIGNATURE OF REGIONAL OFFICIAL /s/	
21. TYPED NAME Richard C. Allen		22. TITLE ARA, DMCHO	
23. REMARKS			

STATE PLAN UNDER TITLE XIX OF THE SOCIAL SECURITY ACT
MEDICAL ASSISTANCE PROGRAM

STATE OF COLORADO

Supplement to Attachment 3.1-A

LIMITATIONS TO CARE AND SERVICES

Item 13.d Rehabilitative Services (continued)

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Substance Use Disorder Treatment Services

Outpatient substance abuse treatment services are provided to all Medicaid clients based on medical necessity. Approved services must be offered in facilities that have been licensed by the Office of Behavioral Health (OBH), formerly known as the Alcohol and Drug Abuse Division (ADAD), of the Department of Human Services or by physicians or other identified licensed practitioners of the healing arts licensed and certified by the Department of Regulatory Agencies (DORA) or nationally licensed and certified by the National Association of Alcohol and Drug Abuse Counselors (NAADAC), the American Society of Addiction Medicine (ASAM), or the American Board of Psychiatry and Neurology (ABPN).

1. Licensed practitioners include:

- a. Psychologist, PhD. Doctoral degree from an accredited program offering psychology courses approved by the American Psychological Association and licensed by the State Board of Psychologist Examiners with certification in addiction counseling.
- b. Nurse Practitioner. Registered Nurse with a master's degree in Nursing licensed by DORA as an advanced practice nurse and certified in addiction counseling.
- c. Licensed Clinical Social Worker (LCSW). Master's degree from an accredited graduate program offering full time course work approved by the Council on Social Work Education, licensed as an LCSW by DORA and certified in addiction counseling.
- d. Licensed Professional Counselor (LPC). Holds a master's or doctoral degree in professional counseling from an accredited college or university, licensed by DORA and certified in addiction counseling.
- e. Marriage and Family Therapist. Master's degree from a graduate program with course study accredited by the Commission on Accreditation for Marriage and Family Therapy Education, licensed by DORA and certified in addiction counseling.
- f. Licensed Addiction Counselor (LAC). Holds a master's degree in the healing arts. Licensed in addiction counseling by NAADAC/National Board for Certified Counselors (NBCC).

2. Allowable services include:

- a. Substance use disorder assessment. An evaluation designed to determine the level of drug or alcohol abuse or dependence, and the comprehensive treatment needs of a client. Assessment is limited to two annual assessments which may involve more than one session per state fiscal year. This service can be provided by all licensed practitioners identified above.
- b. Individual and family therapy. Therapeutic substance abuse counseling and treatment services with one client per session. Family therapy will be directly related to the client's treatment for substance use or dependence. Individual and family therapy is limited to 35 sessions at 15

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LIMITATIONS TO CARE AND SERVICES

Item 13.d Rehabilitative Services (continued)

(Page 2 of 2)

minutes per unit, four units (one hour) per session per state fiscal year. This service can be provided by all licensed practitioners identified above.

- c. Group therapy. Therapeutic substance abuse counseling and treatment services with more than one client. One unit of service equals one hour, and a maximum of three units shall be reimbursed per session. A maximum of 36 sessions shall be reimbursed per state fiscal year. This service can be provided by all licensed practitioners identified above.
- d. Alcohol/drug screening counseling. Counseling services provide in conjunction with the collection of urine to test for the presence of alcohol or drugs. Alcohol/drug screening counseling is limited to 52 specimen collections per state fiscal year. This service can be provided by all licensed practitioners identified above.
- e. Social/ambulatory detoxification. Social/ambulatory detoxification services exclude room and board, and are limited to a maximum of five sessions of three days each per state fiscal year. These services can be provided by all licensed practitioners identified above. Social/ambulatory detoxification includes the following services and limitations:
 - i. Physical assessment of detoxification progression where one unit of service equals fifteen minutes. A maximum of three units of service shall be reimbursed per date of service.
 - ii. Evaluation of level of motivation for treatment where one unit of service equals fifteen minutes. A maximum of three units of service shall be reimbursed per date of service.
 - iii. Safety assessment, including suicide ideation and other mental health issues. A maximum of one unit of service shall be reimbursed per date of service.
 - iv. Provision of daily living needs where one unit of service equals fifteen minutes. A maximum of three units of service shall be reimbursed per date of service.
- f. Medication Assisted Treatment (MAT). MAT consists of administration, management, and oversight of methodone or another approved controlled substance to an opiate dependent person for the purpose of decreasing or eliminating dependence on opiate substances. A maximum of one unit of service shall be reimbursed per date of service. Administration, management and oversight of methodone or another approved controlled substance shall only be provided by:
 - i. Physicians;
 - ii. Physician Assistants; and
 - iii. Nurse Practitioners.