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State/Territory Name: Arkansas

State Plan Amendment (SPA) #: 17-0009

This file contains the following documents in the order listed:

- 1) Approval Letter
- 2) CMS 179 Form
- 3) Approved Page

DEPARTMENT OF HEALTH & HUMAN SERVICES Centers for Medicare & Medicaid Services Dallas Regional Office 1301 Young Street, Suite 833 Dallas, Texas 75202



DIVISION OF MEDICAID & CHILDREN'S HEALTH - REGION VI

October 27, 2017

Our Reference: SPA AR 17-009

Ms. Dawn Stehle State Medicaid Director Arkansas Department of Health and Human Services Division of Medical Services P.O. Box 1437 Little Rock, Arkansas 72203-1437

Dear Ms. Stehle:

Enclosed is a copy of approved Arkansas State Plan Amendment (SPA) No. 17-009, with an effective date of January 1, 2018. This amendment was submitted to revise state plan language for specific state plan pages where references to "mentally retarded" are replaced with "individuals with intellectual disabilities."

This letter affirms that AR 17-09 is approved effective January 1, 2018 as requested by the State.

We are enclosing the CMS-179 and the following amended plan page:

o Attachment 3.1-A, Page 10aa

If you have any questions regarding this matter you may contact Stacey Shuman at 214-767-6479, or by email at <u>stacey.shuman@cms.hhs.gov</u>.

Sincerely,

Bill Brooks Associate Regional Administrator

CC: Billy Bob Farrell, DMCH Dallas Stacey Shuman, DMCH Dallas Erick Carrera, CMS Baltimore

DEPARTMENT OF HEALTH AND HUMAN SERVICES HEALTH CARE FINANCING ADMINISTRATION		FORM APPROVED OMB NO, 0938-0193
TRANSMITTAL AND NOTICE OF APPROVAL OF	1. TRANSMITTAL NUMBER:	2. STATE
STATE PLAN MATERIAL	2017-009	ARKANSAS
	3. PROGRAM IDENTIFICATION: TIT	
F HEALTH CARE FINANCING ADMINISTRATION	SOCIAL SECURITY ACT (MEDICAID)	
TO: REGIONAL ADMINISTRATOR	4. PROPOSED EFFECTIVE DATE	
HEALTH CARE FINANCING ADMINISTRATION DEPARTMENT OF HEALTH AND HUMAN SERVICES	January 1, 2018	
5. TYPE OF PLAN MATERIAL (Check One):		
□ NEW STATE PLAN □ AMENDMENT TO BE CONSIDERED AS NEW PLAN ☑ AMENDMENT		
COMPLETE BLOCKS 6 THRU 10 IF THIS IS AN AMENDMENT (Separate Transmittal for each amendment)		
6. FEDERAL STATUTE/REGULATION CITATION:	7. FEDERAL BUDGET IMPACT:	
42 CFR 440.167	a. FFY 2018 \$-0- b. FFY 2019 \$-0-	
8. PAGE NUMBER OF THE PLAN SECTION OR ATTACHMENT:	9. PAGE NUMBER OF THE SUPERS	EDED PLAN SECTION
	OR ATTACHMENT (If Applicable):	
Attachment 3.1-A, Page 10aa	Attachment 3.1-A, Page 10aa, Approved 04-26-12, TN 12-02	
10. SUBJECT OF AMENDMENT:		
The Arkansas Title XIX State Plan has been amended to change reference from "mentally retarded" to "individuals with		
intellectual disabilities".		
11. GOVERNOR'S REVIEW (Check One):		
GOVERNOR'S OFFICE REPORTED NO COMMENT	OTHER, AS SPEC	CIFIED:
COMMENTS OF GOVERNOR'S OFFICE ENCLOSED		
] NO REPLY RECEIVED WITHIN 45 DAYS OF SUBMITTAL		
12. SIGNATURE OF STATE AGENCY OFFICIAL:	16. RETURN TO:	
	Division of Medical Services	
13. TYPED NAME:	PO Box 1437, Slot S295	
Rose M. Naff	Little Rock, AR 72203-1437	
14. TITLE:	Attention: Brad Nye	
Director, Division of Medical Services 15. DATE SUBMITTED:	_	
October 3, 2017		
FOR REGIONAL OFFICE USE ONLY		
17. DATE RECEIVED: 3 October, 2017	18. DATE APPROVED: 27 October, 2017	
PLAN APPROVED – ON		
19. EFFECTIVE DATE OF APPROVED MATERIAL: 1 January, 2018	20. SIG	L:
21. TYPED NAME: Bill Brooks	22. TITLE: Associate Regional Admi	
23. REMARKS:	Division of Medicaid and Ch	illaren s Health

STATE PLAN UNDER TITLE XIX OF THE SOCIAL SECURITY ACT MEDICAL ASSISTANCE PROGRAM STATE: <u>ARKANSAS</u>

AMOUNT, DURATION AND SCOPE OF SERVICES PROVIDED

CATEGORICALLY NEEDY

Revised: January 1, 2018

26. Personal Care

- A. Personal care services are provided by a personal care aide to assist with a client's physical dependency needs. The personal care aide must have at least 24 hours classroom training and a minimum of supervised practical training of 16 hours provided by or under the supervision of a registered nurse for a total of no less than 40 hours.
- B. Personal care services furnished to an individual who is not an inpatient or resident of a hospital, nursing facility, intermediate care facility for **individuals with intellectual disabilities**, or institution for mental disease that are
 - 1. Authorized for the individual in accordance with a service plan approved by the State;
 - 2. Provided by an individual who is qualified to provide such services and who is not a member of the individual's family, and
 - 3. Furnished in a home, and at the State's option, in another location, including licensed residential care facilities and licensed assisted living facilities.
- C. The State defines "a member of the individual's family" as:
 - 1. A spouse,
 - 2. A minor's parent, stepparent, foster parent or anyone acting as a minor's parent,
 - 3. A minor's "guardian of the person" or anyone acting as a minor's "guardian of the person" or
 - 4. An adult's "guardian of the person" or anyone acting as an adult's "guardian of the person".
- D. Personal care services are covered for categorically needy individuals only.
- E. Personal care services are medically necessary, prescribed services to assist clients with their physical dependency needs.
 - 1. Personal care services involve "hands-on" assistance, by a personal care aide, with a client's physical dependency needs (as opposed to purely housekeeping services).
 - 2. The tasks the aide performs are similar to those that a nurse's aide would normally perform if the client were in a hospital or nursing facility.
- F. Prior authorization is required for personal care **pursuant to the Independent Assessment** for **all** beneficiaries.

State: Arkansas Date Received: 3 October, 2017 Date Approved: 27 October, 2017 Effective Date: 1 January, 2018 Transmittal Number: 17-09